



# PENN STATE WOMEN'S SWIMMING & DIVING

2022 - 23 MEDIA GUIDE



**PSU**



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## 2022-23 QUICK FACTS

### GENERAL INFORMATION

Location . . . . . University Park, Pa.  
Founded . . . . . 1855  
Enrollment . . . . . 45,901  
Colors . . . . . Blue and White  
Conference . . . . . Big Ten  
Nickname . . . . . Nittany Lions  
President . . . . . Neel Bendapudi  
Athletic Director . . . . . Patrick Kraft  
Athletic Website . . . . . www.GoPSUsports.com

### COACHING STAFF

Head Coach . . . . . Tim Murphy  
Tenth Season (West Chester, Pa. '79)  
Record at Penn State . . . . . Women: 47-21-0  
Diving Coach . . . . . Jeff DiNicola  
Fifth Season (Southwest Missouri State '99)  
Associate Head Coach . . . . . Erin Matyus  
First Season (Maryland '10)  
Associate Head Coach . . . . . Dan Carrington  
First Season (Ball State '02)  
Assistant Coach . . . . . Mia Nonnenberg  
Second Season (Alabama '18)  
Assistant Coach . . . . . Austin Pillado  
Second Season (Davis & Elkins '17)  
Vol. Assistant Coach . . . . . Emily Lundstrom  
Fifth Season (South Dakota '18)  
Grad. Assistant Coach . . . . . Logan Krabbe  
First Season (Penn State '22)  
Director of Operations . . . . . Demetris Ogburn  
Second Season (Mobile '17)

### TEAM INFORMATION

Captains . . . . . Emma Harvey, Ellie Tiskus, Wei Wei  
Twitter . . . . . @PennStateSWIM  
Instagram . . . . . @PennStateSwimDive  
Facebook . . . . . Penn State Swimming & Diving

### 2021-22 RECAP

2020-21 Dual Meet Record . . . . . 6-1  
2020-21 Big Ten Finish . . . . . 10th (396 pts)  
2020-21 NCAA Finish . . . . . N/A  
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### STRATEGIC COMMUNICATIONS

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## CREDITS

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# SCHEDULE AND CONTENTS

## 2021-22 WOMEN'S SWIMMING AND DIVING ROSTER

Name	Event(s)	Yr.	Hometown/High School
Abbie Amdor	Free	Sr.	Dresher, Pa./Upper Dublin
Charlize Beniquez	Diving	Fr.	Hourston, Texas/Clear Lake
Ellie Brandbergh	Back/Fly	Jr.	Newtown, Pa./Council Rock North
Mary Brinker	Free	Jr.	East Aurora, N.Y./East Aurora
Delaney Burns	Free/Fly	Fr.	Berwyn, Pa./Conestoga
Molly Carson	Free/Back	So.	West Chester, Pa./Unionville
Mackenzie Clark	Diving	Jr.	Cranberry Township, Pa./Seneca Valley
Tatum Evans	Diving	So.	Southlake, Texas/Carroll
Maura Fluehr	Free/Fly/IM	So.	Glenside, Pa./Springfield Township
Devon Forker	Breast/IM	Sr.	Laguna Niguel, Calif./Dana Hills
Emma Harvey*	Back/Fly	Sr.	Hamilton, Bermuda/Millfield
Abby Henderson	Free/Back/IM	Jr.	Newtown, Pa./Council Rock North
Olivia Jack	Free/Breast	Gr.	Glenville, N.Y./Scotia-Glenville
Marly Lough	Free/IM	So.	Upland, Calif./Saint Lucy's Priory
Casey Loughlin	Back/Fly/IM	Jr.	Wallingford, Conn./Lyman Hall
Margaret Markvardt	IM/Fly/Back	Sr.	Tallinn, Estonia/Rocca al Mare
Courtney Marlin	Free	Sr.	Exton, Pa./West Chester Henderson
Krista Marlin	IM/Back/Free	Fr.	Exton, Pa./B. Reed Henderson
Brooke Matthias	Fly/Back	Gr.	Ashburn, Va./Stone Bridge
Shannon Meadway	IM/Back	Sr.	Toronto, Ontario/Uxbridge Secondary
Catherin Meisner	Free/IM	Fr.	Berkeley Heights, N.J./Mount Saint Mary Academy
Julia Meisner	Free/Fly/IM	Fr.	Berkeley Heights, N.J./Mount Saint Mary Academy
Nikolette Nolte	Breast	Gr.	Lenhartsville, Pa./Kutztown
Anna Redican	Free/Back	Jr.	Reston, Va./South Lakes
Morgan Rinn	Fly/IM	Jr.	Oceanside, N.Y./Oceanside
Nya Robinson	Free/Fly	Fr.	Northbrook, Ill./Glenbrook North
Kylie Rydland	Breast	Jr.	Eden Prairie, Minn./Eden Prarie
Cat Stanford	Free	Jr.	Oceanside, N.Y./Oceanside
Mac Sullivan	Fly	So.	Malvern, Pa./Great Valley
Ellie Tiskus*	Free/Back	Sr.	Pittsburgh, Pa./Oakland Catholic
Wei Wei*	Diving	Sr.	Queens, N.Y./Baccalaureate School for Global Education
Daphne Wils	Diving	Sr.+	Oudewater, NED/University of Hawai'i

\*Team Captains

**Head Coach:** Tim Murphy (Tenth Season)

**Associate Head Coach:** Erin Matyus (First Season)

**Assistant Coach:** Mia Nonnenberg (Second Season)

**Volunteer Asst. Coach:** Emily Lundstrom (Fifth Season)

**Director of Operations:** Demetris Ogburn (Second Season)

**Diving Coach:** Jeff DiNicola (Fifth Season)

**Associate Head Coach:** Dan Carrington (First Season)

**Assistant Coach:** Austin Pillado (Second Season)

**Grad. Asst. Coach:** Logan Krabbe (First Season)

## 2021-22 WOMEN'S SWIMMING AND DIVING SCHEDULE

### September

16 BLUE/WHITE UNIVERSITY PARK, Pa. 4 P.M.

### October

8 at Navy/Boston College Annapolis, Md. 11 A.M.  
21-22 at Pitt/Notre Dame Pittsburgh, Pa. 5 P.M./11 A.M.

### November

4 WEST VIRGINIA UNIVERSITY PARK, Pa. 5 P.M.  
17-19 NC State Invitational Raleigh, N.C. TBA  
21-22 at Virginia Tech Blacksburg, Va. TBA

### January

13 ARMY (SWIMMING) UNIVERSITY PARK, Pa. 4 P.M.  
21 VIRGINIA TECH UNIVERSITY PARK, Pa. 10 A.M.  
27 at Villanova Villanova, Pa. 5 P.M.

### February

3-5 PSU INVITE UNIVERSITY PARK, Pa. 5 P.M.  
15-18 Big Ten Championships Ann Arbor, Mich. TBA

### March

6-8 NCAA Diving Zones Morgantown, W.Va. TBA  
15-18 NCAA Championships Knoxville, Tenn. TBA

All Times Eastern

HOME MEETS at McCoy Natatorium IN BOLD CAPS



**TIM MURPHY**  
**HEAD COACH**  
**TENTH SEASON**  
**WEST CHESTER (PA.) '79**

Tim Murphy begins his tenth season of at the helm of the Penn State men's and women's swimming and diving programs in 2022-23.

During the 2021-22 season, the Nittany Lions had great showings in the post-season, breaking six school records at the Big Ten Championships as well as earning 64 top-24 finishes.

Penn State sent six men's swimmers (Will Roberson, Tommy Hurley, Michael Daly, Daniel Raisanen, Lachlan Byrne and Victor Baganha) and one women's swimmer (Marie Schobel) to the NCAA Championships, marking ten straight years of scoring points at the national meet.

For the men, Raisanen swam in the 200 breast and came in 27th place with a time of 1:53.79, dropping his entry time by 0.24 seconds and breaking a school record held by Mitch Scherer in 2012 with a time of 1:56.78.

In the 100 fly, Baganha came in 17th place, and in the 100 breast, Raisanen placed 18th. The relay team came in 21st place and broke a school record with a time of 1:23.85.

On the women's side, Schobel excelled in the backstroke events, earning A-Final appearances in the 200 and 100 at the Big Ten Championships securing her spot in the national meet for the third year in a row.

In the 100 back, she broke Penn State's eight-year record by 0.06 seconds and placed 23rd in the nation.

In 2020-21, Murphy guided the Nittany Lions back to competition after the COVID-19 pandemic abruptly canceled the remainder of the 2020 postseason.

The Nittany Lions jumped right back into preparations and into the water, posting milestones of success with four school records, 18 top-10 times, dozens of personal bests and the program's 21st Big Ten champion in Daly (400 IM). In back-to-back years, at least five Penn State competitors have qualified for the NCAA Championships, with seven who would have represented the Nittany Lions in the 2020 NCAA Championships.

Penn State scored points in the NCAA Championships for the ninth-straight year in 2020-21 and have placed in the top 30 at NAAs in five of the last seven years. Six Nittany Lion swimmers (5 men, 1 woman) and a men's diver competed in the 2020-21 postseason. The five men earned All-America honorable-mention honors as Daly and the 200 free relay team of Gabe Castano, Will Roberson, Jake Houck and Zane Sutton set a Penn State record and finished 13th.

Two podium finishes, including a first Big Ten Champion in the 400 IM, were highlights for the Nittany Lion men at the conference championships, posting 14 top-16 finishes. In addition to Daly's Big Ten victory in the 400 IM for a personal best and school record, he finished fifth in the 200 backstroke and seventh in the 100 back. Will Roberson earned a silver medal leading three Nittany Lions among the top eight in the 50 freestyle with Houck taking sixth and Castano eighth.

Schobel, who became the first Penn State women's swimmer to advance to B final of the U.S. Olympic Trials in the 100 back, scored 42 points at the Big Ten Championship and qualified for the NCAA Championships in the 100 and 200 back events. She finished 22nd in the 100 back and 39th in the 200 back.

Murphy has coached three NCAA medalists earning five medals, including 2016 Olympian Shane Ryan's silver (2014) and bronze (2015) medal performances in the men's 100 back, Ally McHugh's silver (2018) and gold (2019) in the women's mile and Hector Garcia Boissier's silver in the 1-meter dive (2019). They have also captured one relay and nine individual Big Ten Championships as Daly added to that total with Penn State's first conference crown in the 400 IM in 2021.

In 24 seasons as an NCAA Division I head coach, Murphy has seen 49 student-

athletes earn All-America honors on 129 occasions, with 31 of those garnering first-team All-America honors 75 times. He has watched his contingents bring home 107 individual league championships and 32 relay titles, winning at least five individual or relay championships on 13 occasions.

Three Nittany Lions competed in the 2020 Tokyo Olympics. Gabe Castano competed in the 50 freestyle for Mexico. Melissa Rodriguez raced in the 100 and 200 Breaststroke events for Mexico. Shane Ryan, competing in his second Olympic games, raced in the 800 freestyle relay and 100 butterfly events for Ireland as part of Ireland's first men's relay in the Olympics since 1979. Ryan set an Ireland record with a time of 52.52, a personal best, in the 100 butterfly.

Murphy was designated as a U.S. National Team coach prior to the 2017-18 and 2018-19 seasons. The next summer, in 2019, five different Nittany Lions totaled 11 Olympic Trials cuts, led by Daly's five, and Castano earned a bronze medal at the Pan-Am Games. Daly competed in three events (400 IM, 200 free, 200 back), finishing seventh in the 400 IM in the U.S. Olympic Trials, held in summer of 2021 after the COVID-19 pandemic delayed the Tokyo Olympic Games for a year. Hayden Harlow (200 IM), Jake Houck (50 free) and Will Roberson (50 free) also represented Penn State while Maddie Cooke, Maddie Hart, Schobel and Ally McHugh competed for a chance to complete on the women's side.

The Nittany Lions have been successful in the classroom as well, with the Nittany Lion women surpassing a 3.0 team grade point average for 21-straight semesters and the men doing the same over the last 10 semesters. Individually, 200 have earned recognition from the CSCAA as Scholar All-Americans or honorable mention All-Americans. The 2020-21 academic year produced a total of 42 Academic All-Big Ten accolades with both teams hitting high-water marks as the women had a program single-year best 26 honorees and the men tied a single-year best with 16 earning honors. The women's team led all Penn State athletics teams with 18 honorees in 2020-21 with five on the men's side.

Nittany Lions earned the 2016-17 and 2017-18 Penn State women's Big Ten Postgraduate Scholarships with swimmer Casey Francis earning the prestigious honor in 2017 and diver McKayla Mawn doing the same in 2018.

Murphy's NCAA qualifiers shined once again at the 2020 Big Ten Championships with highlighted by Daly who finished with three top-five finishes after winning silver in the 200 back, fourth in the 400 IM, and fifth in the 500 free. In addition, Olympic hopeful Gabe Castano placed second in the 50 free after swimming the nation's fifth-fastest time. On the women's side, Maddie Hart finished with two top-eight times with a third-place finish in the 100 fly and a sixth-place finish in the 100 back, and Schobel swam for ninth in both the 100 and 200 back. The men's 200 free relay team composed of Castano, Will Roberson, Juliusz Gosieniecki, and Austin Wilson also qualified.

The 2018-19 season was highlighted by the Penn State women's program's first individual NCAA National Championship, as Ally McHugh won gold in the mile. McHugh also broke her own record in the 400 IM to lead Penn State to a top-30 finish at NAAs, and she won the Big Ten mile championship. On the men's side, Hector Garcia Boissier became Penn State's highest-finishing diver, with a silver medal at NAAs, while swimmers Michael Daly and Gabe Castano stood out with Daly earning a new school record in the mile and Castano placing 17th in the 50 free.

Several Nittany Lions have distinguished themselves on the international stage during Murphy's Penn State tenure. Shane Ryan posted the best finish by a Penn State men's swimmer at the Olympics in 2016 and became the first to advance out of the preliminaries, placing 16th in the 100m back. Competing for Ireland, Ryan was just the second from the Penn State men's side to compete in the Olympics and the first since 2004. He went on to compete in the 2017 FINA World Championships and earned gold in the 50m back at the World University games. Ryan has added three bronze medals in the 50 back in the 2018 World Championships and the 2018 and 2019 European Championships to his haul. Ryan also competed at the 2020 Tokyo Olympics in the 100 Butterfly and 800 Freestyle Relay events.

The mentoring of McHugh to National Champion status has been one of the highlights of Murphy's tenure. She won a silver medal in the 400 IM at the 2017 Big Ten Championships and improved at the NCAA Championships, cracking the top 16 in both the 400 IM and mile. She then made her presence known at the U.S. National Championships with four top-12 finishes, highlighted by fourth-place efforts in the 400m IM and 1500m freestyle, thus earning a trip to the World University Games with Team USA. There, she silvered in the 400m IM and 4x200m Free events.

McHugh shattered Penn State's 400 IM and 500, 1000 and 1650 freestyle records en route to her first Big Ten and NCAA medals. McHugh took gold in



the mile and silver in the 400 IM at Big Tens, and then won silver in the mile at NCAAs. She followed that with a U.S. National Championship in the 400m IM. She advanced to the finals of the 2020 U.S. Olympic Trials in the 400 IM in a session that featured four of the fastest times in the world, she placed fifth.

Murphy has also overseen a resurgence for Penn State diving, now working with diving coach Jeff DiNicola. Hector Garcia Boissier, a 2019 graduate, reached the NCAA Championships in all four seasons, highlighted by a second-place finish in the 1-meter at the 2019 NCAA Championships. Garcia broke all of Penn State's diving records and ranked as an honorable mention All-American five times. Kevin Sullivan competed at the NCAA Championships in 2021, looking to continue the progress.

In 2017-18, growth was the theme for the pair of young squads. According to SwimSwam.com the Penn State women were the most improved major conference team at a conference championship for the year. On the men's side, the Nittany Lion men's swimmers posted 47 career-best times during the Big Ten Championships, and 18 of the 25 who traveled to the meet scored.

In his first season in 2013-14, Murphy led both the men's and women's programs to top-20 finishes at the 2014 NCAA Championships and top-five finishes at the Big Ten Championships, marking one of the most successful seasons in school history for either program. A total of 20 school records were broken throughout the season, including nine for the men's team and 11 for the women's squad. Penn State sent 19 swimmers to the 2014 NCAA Championships, where the Nittany Lion men placed 17th and the women finished 18th. Of the seven men and 12 women who competed at the national meet, 12 received College Swimming Coaches Association of America (CSCAA) honorable mention All-America recognition while sophomores Shane Ryan and Alyson Ackman claimed first team All-America accolades for their efforts.

The men's 17th-place finish at the NCAA National Championships counts as the fifth-best in program history while the squad's total of 72.5 points is the second most by any Nittany Lion team. With their 42-point, 18th-place performance, the women's team turned in the fifth-most points and fourth-highest finish in school history.

Murphy, named the head coach for the Penn State programs on August 12, 2013, and is Penn State's seventh coach in men's history and the fifth coach for the women's program. He spent the previous 15 seasons, from 1998-2013, as Harvard's men's head coach.

During his time with the Crimson, Murphy compiled a 122-11 dual meet record and captured six Eastern Intercollegiate Swimming League titles. He posted seven undefeated dual meet seasons and brought three top-20 recruiting classes to Cambridge, Massachusetts, during his final three seasons.

At the time of his arrival to Penn State, Murphy's swimmers owned 13 Harvard school records, four of the five relays marks and almost 80 percent of the top-10 marks in Crimson history. He saw seven of his student-athletes earn Academic All-Ivy League and his 2006 squad earned the College Swimming Coaches Association of American Academic Team Award.

Eighteen different Crimson student-athletes earned All-America honors on 72 occasions, with 14 garnering first team All-American honors 44 times. Murphy watched as his contingent brought home 97 individual league championships and 31 relay titles, winning at least five individual or relay championships on 13 occasions.

He saw 63 swimmers or divers earn first team All-Ivy League on 251 different occasions, along with numerous second team All-Ivy League picks. Alex Meyer finished 10th at the 2012 Olympic Games in the 10K Marathon event and is an Open Water World Champion in the 25K event.

Murphy was appointed as the head Olympic coach for the men's open water team at the 2012 Olympic Games and serves on the OIOC committee for USA Swimming.

Murphy, who served as an assistant men's coach at the 2009 World University Games in Belgrade, Serbia, also worked as an assistant at the 2001 World University Games in Beijing, China, and at the 1993 World Short Course Championships.

Before arriving at Harvard, Murphy served as the Wilton YMCA Wahoos' head coach for 13 years. He led the team to seven national championships, was named the YMCA National Coach of the Year (1989), and garnered Connecticut Swimming Coaches Association Coach of the Year honors (1988 and 1998).

Murphy graduated from West Chester (Pa.) University in 1979 with a bachelor's degree in health and physical education and earned his master's in physical education in 1988. Murphy was inducted into the West Chester Hall of Fame in 2012.



## JEFF DiNICOLA

**DIVING COACH**  
FIFTH SEASON  
SOUTHWEST MISSOURI  
STATE '99

The 2022-23 season marks Jeff DiNicola's fifth as the Penn State diving coach. His tenure has already included the highest-finishing diver in the men's programs history and broken two of three broken school records on the women's side.

DiNicola has guided several individuals to the NCAA Championships during his career as a collegiate diving coach and has had athletes at the three of the last five NCAA Championships years that were held.

DiNicola's first season in Happy Valley was highlighted by the individual success of Hector Garcia Boissier claiming a silver finish on one meter, and his first NCAA Swimming & Diving Championships medal.

Garcia Boissier became the second diver in Penn State history to qualify for the NCAA Championships in all four years of his career and the highest-finishing diver in school history at NCAAs with his All-American and medal-winning 1-meter performance. It capped an impressive year that included a second-place score on the 1-meter at the NCAA Championships, a pair of fourth-place finishes at the Big Ten Championships, fourth on the 3-meter at the ACC-Big Ten Challenge two Big Ten Diver of the Week Awards and wins in 13 out of 16 events entered in dual meets. Additionally, fellow senior Jack Crow qualified for the NCAA Championships for the first time since his freshman year and Crowell led the women's team, earning Big Ten Diver of the Week honors during the season.

In his second season, DiNicola coached senior Christina Crowell and sophomore Sierra Shurts to historic performances at the 2020 Big Ten Championships in Iowa City. Crowell placed 12th overall in the 3-meter, which was the highest-place finish for a Penn State women's diver since 2004. Shurts placed 19th in the platform, making her the first Penn State women's diver to score at Big Ten Championships in the event in at least 13 years. Additionally, Crowell achieved the Penn State women's diving 1-meter and platform record, which was also broken by Shurts and freshman Wei Wei earlier in the season.

DiNicola led freshman Kevin Sullivan, and three others to NCAA Zones qualifications. Sullivan qualified for the 1-meter finals alongside junior Bryce Hoch. Sullivan finished 14th overall in the 1-meter and Hoch finished 17th. Sophomore Sierra Shurts led the team in the platform, finishing 10th followed by Hoch finishing in 11th.

During the 2021-22 season, Jonah Cey represented Penn State on the boards at the Big Ten Championships. Cey placed 20th in the platform dive and 22nd in the 3M dive.

Coming to Penn State in 2018, DiNicola brought a wealth of major conference coaching experience with previous stints at Arkansas, Nebraska, New Mexico, Missouri State and spent the previous year-and-a-half with the Mustangs in the Sun diving team in Dallas, Texas. He served as the Arkansas diving coach for three seasons (2013-16) and coached the Razorbacks' first NCAA qualifier since 2008. In 2014, DiNicola had 100% Diving Zone and had two divers achieve career bests at the NCAA Zone Diving Championships.

DiNicola coached at Nebraska from 2003-05, coaching multiple NCAA Zone Diving Championship divers and an NCAA qualifier in 2005. He also coached at New Mexico from 2000-03, building the university's first diving program in five years. DiNicola was named Mountain West Conference Diving Coach of the Year in 2003 and placed divers at the NCAA Zone Diving Championships in each of his three seasons. In his first year of college coaching, he was also Diving coach of the year for the Mountain West Conference in 2000.

DiNicola has a wife, Vanessa, son, Talan, and daughter, Taryn.



## ERIN MATYUS

**ASSOCIATE HEAD COACH**  
FIRST SEASON  
MARYLAND '10

The 2022-23 season marks Matyus's first with the Nittany Lions. She comes to Penn State after spending the last 11 years at Lehigh, including this past year as their associate head coach.

Tim Murphy on Matyus: "I'm extremely excited to announce and welcome our new associate head coach Erin Matyus to the men and women's swimming and diving program. Erin is a tremendous addition for our student athletes, coaching staff and entire team!"

Matyus on joining Penn State swimming and diving: "I am grateful to Coach Murphy for this incredible opportunity to join the Penn State program. He has put together a fantastic staff and strong team for us to work with and grow together. Penn State is a place with deep traditions and a bright future, and I couldn't be more excited to get to Happy Valley and get to work!"

Matyus Bio: She was a coach for nine seasons overall at Lehigh. She coached Lehigh's student-athletes through practices, meets and other training events while also playing a major role in student-athlete recruitment.

During her tenure, Matyus helped coach nine Patriot League Champions, 46 All-Patriot League selections (30 women, 23 men), four Olympic Trial qualifiers and 29 U.S. Winter Nationals qualifiers.

Her first stint with the Mountain Hawks started in 2011 and ended following the 2016-17 season. Matyus re-joined the program during the 2019-20 campaign and earned the promotion to associate head coach during the 2021-22 season. She spent the two seasons away from the swimming and diving program as Assistant Director of Athletics Leadership at Lehigh.

The Liberty High School graduate spent two winters as an assistant coach for the Bethlehem YMCA where she worked with age group swimmers. She also served as an assistant coach for the Northwest Swim Club in Allentown, Pa. in the summer from 2002-2010.

Matyus competed in cross country and track and field for the University of Maryland after transferring from Colorado State where she redshirted as a freshman. She served as a team captain for the Terrapins, competing in cross country and distance running events.

Matyus earned degrees in Animal Science and Environmental Science from Maryland in 2010. She spent one season as an assistant men's and women's cross country coach at Moravian College and served as a volunteer swim coach at Liberty High School and volunteer assistant with Lehigh's cross country program in the fall of 2011.

A four-sport athlete at Liberty, Matyus competed in cross country, track and field, swimming and soccer. Matyus held three school records in track and several others in swimming, where she was an All-American in the 200 and 400 yard free relay events.



## DAN CARRINGTON

**ASSOCIATE HEAD COACH**  
FIRST SEASON  
BALL STATE, '02

The 2022-23 season is Carrington's first with the Nittany Lions after serving as an assistant coach for the last six seasons at Florida State.

Tim Murphy on Carrington: "We are excited to welcome Dan Carrington and his family to the Penn State swimming and diving program. Dan brings a wealth of experience to our staff and will provide the necessary leadership for our student-athletes to achieve success both in and out of the pool!"

Carrington on joining Penn State swimming and diving: "I'm excited to work with Coach Murphy and his staff in their pursuit of excellence. The entire Penn State athletic department is well prepared to achieve greatness. My wife and I grew up in Big Ten country, and we're excited to return and show our daughters, Grace and Liana, all about the traditions and success."

Carrington Bio: In his tenure at Florida State, the men were ranked in the final poll every season (No. 21-2021-22, No. 16-2020-21, No. 14-2019-20, No. 22-2018-19, No. 20-2017-18 and No. 21-2016-17) with the women ranked No. 25-2020-21 and receiving votes several other years.

Carrington primarily coached the distance group and instructed with a big focus on technique, which includes the use of video feedback and personalization of stroke for each swimmer. In total, he helped the school produce six All-Americans, six ACC gold medals and 25 ACC podium performances.

Serving as the recruiting coordinator, FSU consistently secured top recruiting classes, including the eighth-ranked women's class according to swimswam.com for the 2018-19 season.

Carrington was as an assistant coach for Miami (Ohio) University the previous two seasons, following a second stint at Duke.

While at Duke, Carrington helped 12 swimmers achieve All-ACC status from 2011-2014, in addition to qualifying athletes for the NCAA Championships. Under his guide, the 2013-14 women's team became the first NCAA automatically qualified relay (200 Medley Relay) in school history.

Carrington also served as the head coach at Southwestern University from 2009-11 in Georgetown Texas, where he helped produce the first SCAC champion in two seasons and first NCAA automatic qualifier and All-American in school history.

In 2011, Carrington earned the ASCA Award of Excellence, which is an honor that recognizes those coaches who coach a swimmer to a top-eight finish at one or several USA national championships.

His first stint at Duke came in 2007-08 season, which was his first collegiate job.

In addition, Carrington served as the site director and coach at the Durham YMCA and was an assistant and age group coach for Delaware Community Schools and Yorktown High School.

Carrington earned his Bachelor of Science Degree from Ball State in 2002. In addition to his coaching experience, he served as an Associate at Biogen Idec from 2013-2014 and was a QC Chemist for Eisai from 2011-2013.

Carrington and his wife, Kim, have two daughters, Grace and Liana.



# NITTANY LION COACHING STAFF



**MIA  
NONNENBERG**  
**ASSISTANT COACH**  
**SECOND SEASON**  
**ALABAMA, '18**

Mia Nonnenberg enters her second season with Penn State swimming & diving as an assistant coach and works primarily with the long stroke and IM squads.

Joining the staff in September 2021, her close work with distance freestylers helped the Nittany Lions to finals appearances and top-24 finishes at the women's B1G Championships in Wisconsin and the men's championship in Indiana. Notably, freshman Eduardo Moraes lead Penn State in the 1650 and 500, earning a program top-10 time in the process (1650 - 15:20.87). After his freshman year work with Nonnenberg, Moraes now holds Penn State's fifth and tenth fastest times in the 500 (4:19.34) and 1650 (15:20.87). On the women's squad, Nonnenberg helped coach the Nittany Lions to 1 school record, 10 new program top-10 performances, 26 top-24 finishes and nearly 400 points at the B1G Championships.

Nonnenberg came to Happy Valley after spending the 2021 season as an assistant coach at Eastern Michigan University. During her time at Eastern Michigan, Nonnenberg helped to develop training plans, helped with recruiting and coordinated all team travel.

From 2019-21, she served as a graduate assistant at the University of West Florida, helping the women's team to back-to-back New South Intercollegiate Swim Conference titles in 2020 and 2021.

During 2020-21, Nonnenberg also was a team manager of the Toronto Titans of the International Swim League (ISL), where she assisted with team operations for an organization that included professional and Olympic athletes from over 20 countries.

Nonnenberg is a graduate of the University of Alabama where she was a team captain. She was an NCAA All-American, four-time SEC Academic Honor Roll student, and 2016 Olympic Trial qualifier and top-20 finisher in 400 IM and 200 Butterfly. She graduated in 2018 with a Bachelor of Science in Psychology.

After graduation, Nonnenberg was a volunteer assistant coach for Alabama.

Nonnenberg earned a Master of Science in Physical Education and Human Performance from West Florida.



**AUSTIN  
PILLADO**  
**ASSISTANT COACH**  
**SECOND SEASON**  
**DAVIS & ELKINS, '17**

Austin Pillado enters his second season with Penn State swimming & diving as an assistant coach and works primarily with the breaststroke and sprint freestyle squads.

Joining the staff in September 2021, his close work with breaststroke and middle-distance swimmers helped Nittany Lions break Penn State records and earn NCAA and international appearances. Junior Daniel Raisanen competed four times at the NCAA Championships and broke three school records, placing 18th in the 100 breast (51.98 - school record) and 27th in the 200 breast (1:53.79 - school record). He also swam the breaststroke leg in the record-making 200 medley relay (1:23.85). On the women's squad, Pillado helped coach the Nittany Lions to one school record, 10 new program top-10 performances, 26 top-24 finishes and nearly 400 points at the B1G Championships.

Pillado's first year continued through the summer as he accompanied Raisanen and graduate student William Lulek to Rome and served as an assistant coach at the European Aquatics Championship for team Sweden. Both swimmers earned their spots on the national squad earlier in the summer by sweeping the IM and breaststroke events and missing a national record by less than 0.3 seconds.

Pillado comes to Happy Valley after spending time as an assistant coach at Saginaw Valley State from 2020-21. Pillado ran daily training sessions, spearheaded the recruiting process and monitored academic progress. SVSU had seven school records broken at the GLIAC Championships.

Prior to Saginaw Valley State, Pillado was a volunteer assistant coach for the women's team at Texas A&M, from 2017-2020, where he helped to run practices and daily workouts. For the Aggies, Pillado helped run daily training sessions and coached the post-grad/professional group in his final two years in College Station. Pillado helped guide the Aggies to back-to-back SEC Championships in 2018 and 2019 and a third-place finish at the NCAA Championships in 2018. During his time at Texas A&M, eight school records were broken and the Aggies captured 11 individual conference championships, including two relay teams. Pillado helped coach 33 All-Americans and aided four swimmers to finish in the top-eight in the 200 breaststroke at the 2018 NCAA Championships.

Pillado coached five Olympians and multiple national team swimmers, from various countries, during the 2017-2020 tenure.

Pillado attended Davis & Elkins College and was a member of the swimming & diving team from 2013-17. He held nine different program records at one point. His 400 freestyle relay and 800 freestyle relay records still stand. Pillado was the first and only swimmer in school history to achieve all-conference honors at the Bluegrass Mountain Championships in 2016 for his performance in the 1,000-yard freestyle. He was named the Male Athlete of the Year in 2016 and was an Academic All-American every semester as a student-athlete. Pillado competed in track & field for the Senators in 2017 as well and still holds the school record in the javelin, an event where he was a GMAC finalist.

Pillado, a native of Coral Springs, Florida, earned his bachelor's degree in sport management from Davis & Elkins in 2017. He earned his master's degree in sport management from Texas A&M in 2020.



## EMILY LUNDSTROM

**VOL. ASSISTANT COACH**  
FIFTH SEASON  
SOUTH DAKOTA, '18

The 2022-23 season marks Emily Lundstrom's fifth with Penn State swimming & diving as a volunteer assistant coach.

Lundstrom has primarily coached the sprint group, specifically sprint freestyle and butterfly. She has helped lead the team to impressive finishes at both the Big Ten and NCAA Championships and has assisted in coaching student-athletes that represented Penn State in the NCAA Swimming & Diving Championships, Pan American games, Mexican Nationals and Phillips 66 U.S. Nationals.

Three Nittany Lions competed in the 2020 Tokyo Olympics, including Gabe Castano, who competed in the 50 freestyle for Mexico.

In 2020-21, The Nittany Lions jumped right back into preparations and into the water, posting milestones of success with four school records, 18 top-10 times, dozens of personal bests and the program's 21st Big Ten champion in Michael Daly (400 IM). In back-to-back years, at least five Penn State competitors have qualified for the NCAA Championships, with seven who would have represented the Nittany Lions in the 2020 NCAA Championships.

Lundstrom received her Master of Science Degree in Kinesiology with an Exercise Physiology specialization from Penn State in August 2020. She is currently furthering her education at PSU pursuing her doctorate degree in exercise physiology. She is currently employed at Penn State in the Kinesiology Department as a graduate teaching assistant and a research assistant.

Outside of Penn State, Lundstrom has coached at the swim camps of Texas and Stanford, as well as coaching several club swim teams in Minnesota. She has also interned with Performance Athletix, an elite performance group. As a performance enhancement specialist and coach with numerous professional and elite athletes from many different sports, she was responsible for creating and implementing sport-specific, individualized strength and performance workouts into athlete's training sessions, as well as assessing and analyzing other factors influencing response to training. She also interned with Avera Sports Performance Center, where she helped facilitate strength development in youth and high school athletes, and rehabilitation through exercise in individuals with physical injuries and disabilities.

As a student-athlete originating from Minnesota, Lundstrom was an All-American in swimming and state champion on the Olympic-style weightlifting team. She continued to swim at the University of South Dakota, specializing in sprint freestyle and butterfly. She achieved numerous Distinguished Summit League Scholar statuses and was on the Summit League Academic Honor Roll. In addition, she graduated with a bachelor's degree in kinesiology exercise science with a minor in psychology in 2018.



## LOGAN KRABBE

**GRAD. ASSISTANT COACH**  
FIRST SEASON  
YOUNGSTOWN STATE, '17

Logan Krabbe joined the Penn State swimming & diving coaching staff for the 2022-2023 season in August.

Krabbe continues with the team as a Graduate Assistant Coach directly after his two years as an athlete on the dive squad, gaining relatively short but high experience in the sport. He became a member of the program in 2020 directly after being a part of the gymnastics team at Penn State. Though his diving career was a short tenure, he helped the team in various ways including multiple podium placings, Big Ten Championship scorer and NCAA Zone A qualifier.

Krabbe formally interned for the Penn State Athletics department in 2021, expanding his knowledge with leadership in Division I athletics. He earned his Bachelor's Degree in Business Management from and is continuing his education as a graduate student in Management and Organizational Leadership.



## DEMETRIS OGBURN

**DIRECTOR OF OPERATIONS**  
SECOND SEASON  
MOBILE, '17

Ogburn begins his second season as the Penn State swimming & diving director of operations.

2022-23 marks his fourth season in Happy Valley, having served as director of operations since September 2021 after a two-season stint as the Aquatics Coordinator which began in January 2020. Prior to arriving at Penn State, Ogburn was an Aquatics Administrator at Wisconsin (2019) and North Carolina (2018-2019).

He graduated from the University of Mobile in 2017 with a Bachelor of Science degree in kinesiology.



**OLIVIA  
JACK**

**GLENVILLE, N.Y.  
SCOTIA GLENVILLE  
BUSINESS ANALYTICS**

**GR | BREAST/FREE**

### Career Accolades

- Owns the seventh-fastest 50 Free (22.49) and the third-fastest 100 Breast (1:00.02) in Nittany Lion program history.
- Part of the record-setting 200 Medley Relay (1:36.79).
- Scored at the Big Ten Championships in the 100 breast (2019, 20) and 50 free (2021, 2022).
- CSCAA Scholar All-America Second Team (2022) and Honorable Mention (2019, 20).
- Academic All-Big Ten (2020).

### National

- **Phillips 66 National Championships (2022):** Competed in the 100 Breast (1:15.21) and swam the 50 Free (26.59) and the 50 Breast (33.38) in time trials.
- **St. Vincent and the Grenadines Flow National Invitational (2019):** Claimed gold in five events: the 50-meter fly (28.09), 100m breaststroke (1:10.82), 50m free (26.47), 50m breast (33.41) and 100m free (1:00.85).

### 2021-22 (Senior)

- **BIG Championships (2/16-19):** Part of the record-setting 200 Medley Relay (1:36.79), led the Nittany Lions in the 50 Free finals, swimming to 15th place with a program top-10 time of 22.49 and placed 11th in the 100 Breast (1:00.68), another program top-10.
- **Virginia Tech (1/22):** Led Penn State against Virginia Tech with a win in the 100 Breast (1:01.77).
- **NC State Invitational (11/18-20):** Event finalist in the 50 Free (23.64) and the 100 Breast, leading the Nittany Lions in the breaststroke with a 12th place finish (1:02.66).
- **Liberty/ECU (10/29-30):** Won the 100 Breast (1:03.79) and contributed to the winning 100 Free Relay (42.00).
- **West Virginia (10/15):** Won the 100 (1:04.63) and finished second in the 200 Breast (2:23.28).

### 2020-21 (Junior)

- **Big Ten Championships (2/23-27):** Scored in the 50 free by placing 23rd (23.21). Narrowly missed 100 breast finals at 25th place (1:02.50).
- **Ohio State/Rutgers (1/16):** Placed fifth in the 100 breast (1:03.18).
- **Michigan State (2/5-6):** Touched second in the 50 breast (28.33) and third in the 100 breast (1:02.35).

### 2019-20 (Sophomore)

- **Awards:** CSCAA Scholar All-America Honorable Mention... Academic All-Big Ten.
- **Big Ten Championships (2/19-22):** Competed in the 100 breast finals with a personal best time of 1:01.33 to place 20th and swam for another personal best in the 50 free (22.91).
- **Princeton Invitational (12/6-8):** Placed third in the 100 breast (1:01:45) with an NCAA B-Cut time and eighth in the 50 free (23.20).
- **Buffalo (1/10-11):** Finished fourth in the 50 free (24.46), 200 IM (2:09.98) and 200 breast (2:25.34).
- **Villanova (1/31):** Touched second in the 100 breast (1:03.38).

## CAREER BESTS

Event	Time	Date	Site/Opponent
50 Free	22.49	2/25/22	Big Ten Championships
100 Free	50.81	2/23/19	Big Ten Championships
100 Breast	1:00.022	2/27/22	Last Chance Meet
200 Breast	2:19.86	12/1/18	Tennessee Invitational
100 Butterfly	54.95	2/25/21	Big Ten Championships
200 IM	2:09.98	1/11/20	Buffalo

### 2018-19 (Freshman)

- **Awards:** CSCAA Scholar All-America Honorable Mention.
- **Big Ten Championships (2/20-2/23):** Earned an NCAA B-cut time with a season-best swim in the 100 breast (1:01.46) to place 19th... Also swam bests in the 50 free (23.53) and 100 free (50.81).
- **at Virginia (10/6):** Finished in sixth place in both the 100 breast (1:04.48) and 200 breast (2:23.76) in collegiate debut.
- **George Washington (10/12):** Won the 50 free (23.59) at the home-opener and placed second in the 100 fly (56.75).
- **at Virginia Tech/Ohio State (10/26-10/27):** Finished third in the 100 breast (1:04.02).
- **Big Al Open (11/9-11/10):** Won the 100 breast (1:02.91), placed fifth in the 50 free (23.55) and placed ninth in the 200 breast (2:21.78).
- **Tennessee Invitational (11/29-12/1):** Placed fifth in the 100 breast (1:01.75) and swam a season-best time 200 breast (2:19.86) final at the same meet.
- **Bloomsburg (1/19):** Won the 50 free (24.02).
- **Villanova (2/1):** Won the 100 breast (1:03.13) at the last regular-season meet.

### High School

- Five-year letterwinner for Scotia-Glenville High School in Scotia, New York, for head coach Dirk Francois.
- Five-time 100 breaststroke NISCA All-American and All-American in the 100 freestyle.
- State champion in the 100 breaststroke and runner-up in the 100 butterfly.
- State runner-up in 100 freestyle and 100 breaststroke as a junior and runner-up in the 100 breast as a sophomore and freshman.
- Team captain as a senior and five-time team MVP.
- Also swam for Schenectady-Saratoga Sharks
- Speedo Winter Junior National Competitor and finalist at age 14, 15 and 16.
- Also lettered in track twice and lacrosse once.
- Special Olympics Volunteer at local swimming competition.
- President of school's National Honor Society and Student Government.

### Personal

- Full name is Olivia Grace Jack.
- Born on May 23, 2000 in Saginaw, Michigan.
- Parents are Amy Wechter and Osborne Jack.
- Has two younger brothers, Dominic and Kofi, and a younger sister, Tia.
- Graduated with a degree in marketing and is currently working towards a masters in business analytics.
- Hobbies include painting, photography, singing, dancing and playing violin, guitar and piano.



## BROOKE MATTHIAS

ASHBURN, VA.  
STONE BRIDGE  
ACCOUNTING

GR | BACK/FLY

### Career Accolades

- Ranks as ninth-fastest 100 Fly (53.67) performer in Penn State history.
- Championship finalist in the 100 Fly (53.75) at the Big Ten Championships (2020, 2021).
- Scored at the Big Ten Championships in the 100 Fly (2019, 2020, 2021).
- CSCAA Scholar All-America Honorable Mention (2020).
- Academic All-Big Ten (2020).
- Big Ten Distinguished Scholar (2020).

### 2021-22 (Senior)

- **Villanova (1/28):** Contributed to the winning 200 Medley Relay (1:42.36).

### 2020-21 (Junior)

- **Big Ten Championships (2/23-27):** Scored in the 100 fly with a 17th place finish (53.94).
- **Ohio State/Rutgers (1/16):** Placed fourth in the 100 fly (55.79).
- **Michigan State (2/5-6):** Touched first in the 100 fly (55.26) and 50 fly (24.99).

### 2019-20 (Sophomore)

- **Awards:** CSCAA Scholar All-America Honorable Mention...Big Ten Distinguished Scholar...Academic All-Big Ten.
- **Big Ten Championships (2/19-22):** Competed in the 100 fly (53.88, 13th) and 200 fly (1:58.17, 10th) B-finals. Achieved personal bests in the 100 fly (53.67) and 200 fly (1:58.05) prelims.
- **Liberty/St. Bonaventure (10/4):** Placed second in the 100 fly (57.07) and third in the 50 back (26.75).
- **Ohio State/Virginia Tech (11/1-2):** Touched second in the 100 fly (55.74) and fourth in the 200 fly (2:02.99).
- **Princeton Invitational (12/6-8):** Won the 200 fly (1:58.23) with an NCAA B-Cut time and placed seventh in both the 100 back (55.54) and 100 fly (54.42).
- **Buffalo (1/10-11):** Won the 100 fly (56.53) and 200 fly (2:03.46).
- **Villanova (1/31):** Won the 100 fly (56.00) and 200 fly (2:03.17).

### 2018-19 (Freshman)

- **Awards:** CSCAA Scholar All-America Honorable Mention.
- **Big Ten Championships (2/20-23):** Scored in a pair of events, placing 16th in the 100 fly (54.81) 21st in the 200 fly (2:00.14)...Swam season bests in both events in the preliminaries, posting an NCAA B-cut in the 100 fly (53.74) and finishing in 1:59.67 in the 200 fly.
- **at Virginia (10/6):** Placed third in the 100 fly (57.73) in collegiate debut.
- **George Washington (10/12):** Won the 100 fly (56.23) and placed second in the 100 back (57.36).
- **at Virginia Tech/ vs. Ohio State (10/26-27):** Placed third in the 100 fly (56.14) and fourth in the 200 fly (2:04.23).
- **Big Al Invitational (11/9-11/10):** Placed fourth in the 200 fly (2:02.78).
- **Tennessee Invitational (11/29-12/02):** Swam season-bests in the 100 back (55.76, 10th) and 200 back, 17th)...Also earned night swims

## CAREER BESTS

Event	Time	Date	Site/Opponent
100 Back	55.09	2/21/20	Big Ten Championships
200 Back	2:01.96	12/1/18	Tennessee Invitational
100 Fly	53.67	2/21/20	Big Ten Championships
200 Fly	1:58.05	2/20/20	Big Ten Championships

- in the 100 fly (55.03, 17th) and 200 fly (2:01.62).
- **Bloomsburg (1/19):** Won the 200 fly (2:03.83) and 100 fly (56.84).
- **at Villanova (2/1):** Won the 200 fly (2:03.93).

### High School

- Four-year letterwinner swimming at Stone Bridge High School for head coach Brent Miller.
- State runner-up in the 100 fly as a sophomore and senior and in the 100 back as a senior.
- Three-time VHSL All-State and NISCA All-American in the 100 fly and 100 back as a senior.
- Four-time LOCO All-Loudoun Team pick.
- Swam school record in 100 fly (54.50), 200 medley, and 400 free relay.
- Helped team to conference championship as a freshman.
- Chosen as captain and MVP for her senior year.
- Swam for Nations Capital Swim Club where she won first in PVS Senior Championship (2017).
- NCSAA All-American sophomore through senior year.
- USA Scholastic All-American and National Honor Society member.

### Personal

- Full name is Brooke Diane Matthias.
- Born May 25, 2000 in Ashburn, Virginia.
- Parents are Diane Matthias and Robert Matthias. Dad, Robert, played football at Carnegie Mellon.
- Has an older sister Ragan.
- Majoring in accounting and hopes to have a job at Google.
- Cousin, Christopher Matthias, also attends Penn State
- Hobbies include listening to music and cooking.



**NIKOLETTE  
NOLTE**  
LENHARTSVILLE, Pa.  
KUZTOWN  
BIOBEHAVIORAL HEALTH

**GR | BREAST**

**Career Accolades:**

- Ellen Perry & Robert Krimmel Academic Achievement Award (2022).
- Nittany All-Academic Team (2022).

**2021-22 (Senior)**

- **NC State Invitational (11/18-20):** Finalist in the 100 Breast (1:10.74).

**2020-21 (Sophomore)**

- Did not compete.

**2019-20 (Freshman)**

- Did not compete as she recovered from her second bout with cancer and a bone marrow transplant.

**High School**

- Four-year letter winner swimming for Kutztown High School.
- NISCA All-American in the 100 breast as a sophomore.
- Three-time all-state in the 100 breast and two-time all-state in the 200 IM.
- Two-time district champion in the 100 breast.
- Berks County First Team in the 200 IM and 100 breast as a sophomore and second team in the 100 breast as a freshman.
- Two-year team captain.
- Three-year team MVP.
- Also swam for Boyertown YMCA.
- USA Junior National qualifier and YMCA National finalist in breaststroke.
- Also lettered twice in field hockey.
- USA Swimming Scholastic All-American.
- Swam for Boyertown YMCA and Kutztown Dolphins.
- National Honor Society member and Tri-M National Honor Society president.
- Marching band drum major and debate team captain.
- Senior class homecoming queen and class secretary.

**Personal**

- Full name is Nikolette Marie Nolte.
- Born March 1, 2000 in Allentown, Pa.
- Parents are Melissa and Karl Nolte.
- Dad, Karl, attended Penn State, and mom, Melissa, played softball at Drexel.
- Has an older sister, Krystal, and a younger brother, Blake.



**DAPHNE  
WILS**  
OUDEWATER N.E.D.  
HAWAII AT MANOA  
BIOBEHAVIORAL HEALTH  
(PhD)

**GR | BACK/FLY**

**Career Accolades:**

- Has competed with TeamNL since 2011 with coach Ramon de Meijer, placing third in the European Championships and eighth at World Championships for synchronized diving.
- Named the Dutch National Champion since 2018.

**Personal**

- Daughter of Annemieke van Leeuwen and Rob Wils.
- Born on December 29, 2007 in Woerden, NED.
- Has two siblings, Berend (18) and Koen (23).
- Graduated from the University of Hawaii at Manoa with a bachelor's degree in psychology and a minor in sociology.

## CAREER BESTS

Event	Time	Date	Site/Opponent
50 Free	24.37	12/6/19	Princeton Invitational
100 Back	54.83	2/21/20	Big Ten Championships
200 Back	2:01.74	2/22/20	Big Ten Championships
100 Fly	55.16	2/25/21	Big Ten Championships



## ABBIE AMDOR

**DRESHER, PA.  
UPPER DUBLIN  
REHABILITATION AND HUMAN  
SERVICES**

**SR | FREE/FLY**

### Career Accolades

- Holds ninth fastest 50 free time (22.61), 6th fastest 100 free time (49.16), seventh fastest 200 free time (1:47.12).
- Part of record-holding 400 medley relay (3:33.26).
- Scored in the 50 and 100 free at the 2020, 2021, and 2022 B1G Championships.
- CSCAA Scholar All-America Second Team (2022) and Honorable Mention.

### 2021-22 (Junior)

- **Big Ten Championships (2/16-19):** Scored in the 50 free (22.85), 200 free (1:49.01), 100 free (49.39), finishing in 23rd, 24th and 15th. Swam free in sixth placing 400 medley relay (3:33.47).
- **Villanova (1/28):** Won the 100 free (50.92).
- **NC State Invitational (11/18-20):** Finalist in the 50 free, 200 free and 100 free finishing 22nd (23.29), 21st (1:49.58) and 19th (50.28). Part of fourth place 200 free relay (1:30.66).
- **Liberty/ECU (10/29-30):** Won the 200 free (1:50.61) and the 100 free (50.91). Placed third in the 50 free (23.62).
- **West Virginia (10/15):** Won the 50 free (23.63).
- **Navy (10/9):** Won the 200 (1:49.11) and 100 free (50.72).

### 2020-21 (Sophomore)

- **Big Ten Championships (2/23-27):** Scored in the top 20 in the 50 free (22.99) and 100 free (49.87). Swam final leg in fifth-place 200 free relay (22.75).
- **Michigan State (2/5-6):** Placed second in the 200 free (1:50.86) and third in the 100 free (51.94).

### 2019-20 (Freshman)

- **Awards:** CSCAA Scholar All-America Honorable Mention.
- **Big Ten Championships (2/19-22):** Scored in both the 100 (49.78) and 50 (22.82) freestyles, placing 15th in 100 and 19th in the 50 with a season-best time.
- **West Virginia (10/11-12):** Won the 100 (50.42) and 200 free (1:50.28).
- **Ohio State/Virginia Tech (11/1-2):** Won the 200 free (1:49.94) and placed second in the 100 free (50.36).
- **Princeton Invitational (12/6-8):** Won the 200 free (1:47.12) with a season-best time and placed second in the 100 free (49.16), achieving NCAA B-Cut times in both races. Also placed ninth in the 50 free (23.26).
- **Villanova (1/31):** Won the 100 free (51.34) and 200 free (1:50.51).

### High School

- Four-year letter winner at Upper Dublin High school under Coaches Pat Redican, Brandon Pierce, Geoff Scheuer, and Kate Scheuer.
- Named team captain as a senior.
- Four-time state champion, winning the 400 freestyle relay as a sophomore and senior and the 100 and 200 freestyle as a senior.
- Runner-up in the 400 free relay and 200 free as a junior.
- Broke high school records in 200, 100, and 50 freestyle.
- Swam for Upper Dublin Aquatic Club.

## CAREER BESTS

Event	Time	Date	Site/Opponent
50 Free	22.61	2/17/22	Big Ten Championships
100 Free	49.16	12/08/19	Princeton Invitational
200 Free	1:47.12	12/07/19	Princeton Invitational

### Personal

- Full name is Abigail Marlee Amdor.
- Born January 14, 2001 in Lansdale, Pa.
- Daughter of Brett and Tawnya Amdor.
- Has an older brother, Wyatt, who swims at Kentucky.
- Uncle, Chad Larson, attended Penn State.



## DEVON FORKER

LAGUNA NIGUEL, CALIF.  
DANA HILLS  
VETERINARY & BIOMEDICAL  
SCIENCES

SR | BREAST/IM

### 2021-22 (Junior)

**B1G Championships (2/16-19):** Competed in the 200 IM, the 400 IM and the 200 fly.

**Virginia Tech (1/22):** Fifth in the 200 fly (2:05.13).

**NC State Invitational (11/18-20):** Finalist in the 400 IM and finished 22nd overall (4:25.09).

**Bloomsburg (11/6):** Third in the 200 free (1:56.76).

**West Virginia (10/15):** Placed fourth in the 100 (1:08.67) and 200 breast (2:26.84).

**Navy (10/9):** Fifth in the 200 fly (2:05.88) and the 200 IM (2:09.03).

### 2020-21 (Sophomore)

**Big Ten Championships (2/23-27):** Nearly qualified for finals in the 200 breast (2:18.58) and also competed in both the 200 IM and 400 IM.

• **Ohio State/Rutgers (1/16):** Placed in the top 10 in the 200 fly, 200 breast, and 200 IM.

• **Northwestern/Iowa (1/22-23):** Finished sixth in the 400 IM (4:26.17).

• **Michigan State (2/5-6):** Placed first in the 200 breast (2:17.59) and 200 IM (2:04.68) along with second in the 400 IM (4:25.27). Swam for personal bests in the 200 IM and 400 IM.

### 2019-20 (Freshman)

• **Big Ten Championships (2/19-22):** Swam a personal best in the 200 fly (2:05.36) and also competed in the 200 IM and 400 IM.

• **Princeton Invitational (12/6-8):** Swam personal bests in the 200 IM (2:08.17) and 400 IM (4:32.21).

• **Villanova (1/31):** Finished third in the 200 breast (2:31.35).

### High School

• Four-year letter winner at Dana Hills High School under Coach Mark Schubert.

• Made it to League Championships and was a finalist at CIF Division I Championships.

• Named team captain senior year.

• Named team MVP freshman, sophomore and junior year.

• Broke high school record times in 100 breaststroke, 200 IM, 200 free relay, 200 medley relay, and 400 free relay.

• Lettered in cross-country during sophomore year.

• Swam for Mission Viejo Nadadores club team.

• Winter Junior Nationals qualifier.

• Scholastic All-American, National Honors Society member, California Scholarship Federation member and high school Valedictorian.

## CAREER BESTS

Event	Time	Date	Site/Opponent
200 Fly	2:03.21	11/20/21	NC State Invitational
200 IM	2:04.57	11/18/21	NC State Invitational
400 IM	4:24.85	11/19/21	NC State Invitational

### Personal

• Full name is Devon Elizabeth Forker.

• Daughter of Jane and Gerry Forker.

• Has an older brother, Shane, and older sister, Britton.

• Brother, Shane, swims at Cal and sister, Britton, swam for Michigan State.

• Veterinary and biomedical sciences major.

• Aspires to be a large animal veterinarian.

• Enjoys surfing, skydiving, scuba diving, and traveling.

• Born May 17, 2001 in Mission Viejo, Calif.



## EMMA HARVEY

**BERMUDA  
MILLFIELD SCHOOL  
ECONOMICS &  
INTERNATIONAL POLITICS**

**JR | BACK/FLY**

### Career Accolades:

- Owns the 10th-fastest 100 Fly (53.76) in program history.
- Part of the record-setting 200 Medley Relay (1:36.79).
- CSCAA Scholar All-American Second Team (2022).
- Jerome Weinstein Award winner (2022).

### International:

- **Commonwealth Games (2022):** Represented Bermuda in the semifinals for the 50 (29.27) and 100 (1:03.82) Back, finishing 13th in both events. Also competed in the 50 (27.78) and 100 (1:02.27) Fly.
- **Bermuda National Swimming Championships (2022):** Won the 100 Back (1:05.13) and 100 Fly (1:02.18) and placed second in the 50 Back (29.63), 50 Fly (27.54) and 50 Free (26.92).

### 2021-22 (Junior):

- **Big Ten Championships (2/16-19):** Part of the record-setting 200 Medley Relay (1:36.79) and represented Penn State in the 100 Back (54.97) and 100 Fly (53.76) finals.
- **NC State Invitational (11/18-20):** Event finalist in the 50 Free (23.30), the 200 Back (1:58.80) and the 100 Fly, which she notably swam for eighth place in, leading Penn State with a time of 54.80.
- **Liberty/ECU (10/29-30):** Won the 50 Fly (25.08) and contributed to the winning 100 (46.00) and 200 Medley Relays (1:42.51).

### 2020-21 (Sophomore)

- **Big Ten Championships (2/23-27):** Narrowly missed finals in the 100 back (55.05) and competed in the 100 fly and 200 back.
- **Ohio State/Rutgers (1/16):** Placed third in the 100 back (55.14) and sixth in the 100 fly (56.07).
- **Michigan State (2/5-6):** Won both the 50 back (25.75) and 50 fly (25.24) along with a second place finish in the 100 fly (55.32).

### 2019-20 (Freshman)

- **Big Ten Championships (2/19-22):** Achieved personal bests in all three races competed in: 100 back (54.83), 100 fly (55.46) and 200 back (2:01.74). Placed 25th in the 100 back, just one-spot shy of advancing to C-finals.
- **Liberty/St. Bonaventure (10/4):** Placed third in the 100 back (57.40).
- **West Virginia (10/11-12):** Placed third in the 100 back (56.82).
- **Princeton Invitational (12/6-8):** Swam in the fourth place 200 medley relay (1:40.69) and had a top individual finish of 17th in the 100 back (55.64).
- **Villanova (1/31):** Touched third in the 100 back (56.34).

### High School

- Swam four years at Millfield School in Somerset, England under Coach Euan Dale.
- Named team captain senior year.
- British National medalist.
- Won bronze medal for Scotland at the Youth Commonwealth Games.
- Won Academic Endeavour and Top Academic awards.

### Personal

- Full name is Emma Rose Harvey.

## CAREER BESTS

Event	Time	Date	Site/Opponent
100 Back	54.55	2/18/22	Big Ten Championships
200 Back	1:58.80	2/20/22	Big Ten Championships
100 Fly	53.76	2/18/21	Big Ten Championships

- Daughter of Michael and Alison Harvey.
- Has a younger brother, Jack.
- Aspires to own her own company one day.
- Has a passion for bettering the environment.
- Born July 23, 2001 in Bermuda.



## MARGARET MARKVARDT

TALLINN, ESTONIA  
ROCCA AL MARE SCHOOL  
BIOTECHNOLOGY

SR | BACK/FLY/IM

## CAREER BESTS

Event	Time	Date	Site/Opponent
100 Back	54.31	2/26/21	Big Ten Championships
100 Fly	53.99	2/25/21	Big Ten Championships
200 IM	1:59.39	2/24/21	Big Ten Championships

### Career Accolades

- Scored in the 200 IM at the Big Ten Championships in 2020 and 2021, and 100 fly and 100 back in 2021.
- Ranked for Penn State all-time in the 200 IM.

### 2021-22 (Junior)

- **Villanova (1/28)**: Helped Penn State sweep the 100 Back by touching in third (57.38).

### 2020-21 (Sophomore)

- **Big Ten Championships (2/23-27)**: Finished 14th in the 200 IM (2:00.54), 16th in the 100 back (54.09) and 18th in the 100 fly (53.99). Achieved a personal best in all three races. Entered Penn State top 10 in 100 back and 200 IM. Swam fly in fourth-place 200 medley relay team (23.90).
- **Ohio State/Rutgers (1/16)**: Won the 200 IM (2:01.87), placed third in the 100 fly (55.59) and fifth in the 100 back (55.71).
- **Michigan State (2/5-6)**: Placed first in the 100 fly (56.00) and 200 IM (2:02.54), and placed second in the 100 back (55.66).

### 2019-20 (Freshman)

- **Big Ten Championships (2/19-22)**: Swam in the 200 IM finals (2:00.54) after swimming for a personal best in prelims (1:59.89). Also swam personal bests in the 100 back (54.97) and 100 fly (55.09).
- **Liberty/St. Bonaventure (10/4)**: Touched third in the 100 IM (58.77) and 200 IM (2:06.78).
- **West Virginia (10/11-12)**: Placed second in the 100 back (56.08).
- **Ohio State/Virginia Tech (11/1-2)**: Swam for third in the 200 IM (2:05.00).
- **Princeton Invitational (12/6-8)**: Touched first in the 200 IM (2:01.18) and placed 10th in both the 100 back (55.53) and 200 back (2:01.41).
- **Buffalo (1/10-11)**: Finished second in the 100 back (56.23) and third in the 100 breast (1:06.30).

### High School

- Swam for TOP Swim Club in Tallinn, Estonia under Coach Heidi Kaasik.
- 56-time Estonian national champion and 66-time national age group champion.
- Won eighth-place at the 2016 European long course championship.
- Three-time silver medalist in the Nordic Junior Swimming Championships from 2015-2016 in the 200 IM and 100 fly.
- Broke 10 national records, three of which were individual in the 200 IM and 100 backstroke.
- Won Estonian junior of the year in 2015 and 2017.
- Attended Rocca al Mare High School in Tallinn, Estonia.
- Received 5/5 for all grades on high school transcript.

### Personal

- Daughter of Tiina Karjahärm and Ago Markvardt.
- Has younger sister, Keira Olivia Markvardt.
- Father, Ago, competed in three Winter Olympic Games in the Nordic combined event and placed fifth individually at Lillehammer.
- Intends to major in biomedical engineering.
- Aspires to be a lawyer.



## COURTNEY MARLIN

EXTON, PA.  
WEST CHESTER HENDERSON  
VETERINARY & BIOMEDICAL  
SCIENCES

SR | FREE/FLY

### 2021-22 (Junior)

- **B1G Championships (2/16-19):** Swam to 23rd place in the 1650 with a time (16:47.73) seven and a half seconds faster than her previous mark set at the 2021 B1G Championships.
- **Bloomsburg (11/6):** Led the team to victory with a pair of individual wins in the 1000 (10:11.51) and 500 Free (5:00.22)
- **Liberty/ECU (10/29-30):** Won the 400 IM (4:27.73) and finished second in the 500 Free (5:02.42).

### 2020-21 (Sophomore)

- **Big Ten Championships (2/23-27):** Swam for personal bests in both the 1650 free (16:55.38) and 500 free (4:55.68).
- **Michigan State (2/5-6):** Placed second in the 500 free (5:04.76).

### 2019-20 (Freshman)

- **West Virginia (10/11-12):** Swam for third in the 500 free (5:10.10) and fourth in the 1000 (10:37.93).
- **Princeton Invitational (12/6-8):** Swam season bests in the 500 free (5:04.12), 1000 free (10:29.17), 1650 free (17:20.02), 200 fly (2:08.27) and 400 IM (4:32.77).

### High School

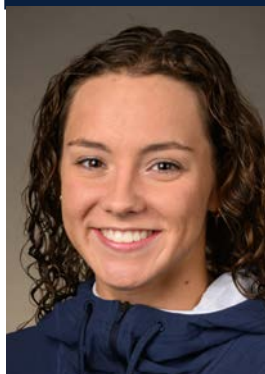
- Four-year letterwinner swimming at West Chester Henderson High School for head coach Jeff Bott.
- Four-time state qualifier and state finalist.
- Selected as DLN Winter All-Area Second Team and helped lead team to a conference championship senior year.
- Holds school record in 100 butterfly (57.92) and 200 IM (2:06.41).
- Named team captain and Outstanding Swimmer as a senior.
- Swam for Suburban Swim Club and Golden Ram Aquatics.
- NCSA Junior National qualifier.
- Played volleyball as a freshman and softball as a senior.
- Member of Latin Honors Society and National Honors Society.

### Personal

- Parents are Lisa and Robert Marlin, who both swam for Penn State.
- Has an older sister, Erika, and a younger sister, Krista. Erika is also a member of the Penn State swimming and diving team.
- Several extended family members previously attended Penn State.
- Aspires to become a veterinarian.

## CAREER BESTS

Event	Time	Date	Site/Opponent
500 Free	4:55.68	2/24/21	Big Ten Championships
1000 Free	10:07.20	2/19/22	Big Ten Championships
1650 Free	16:47.73	2/19/22	Big Ten Championships
400 IM	4:25.30	2/18/22	Big Ten Championships



## SHANNON MEADWAY

TORONTO, ONTARIO  
UXBRIDGE SECONDARY  
INTERNATIONAL POLITICS

SR | IM/BACK

### 2020-21 (Sophomore)

- **Big Ten Championships (2/23-27):** Placed in top 30, narrowly missing finals with a personal best in the 400 IM (4:21.49). Competed in the 200 IM and 200 back.
- **Ohio State/Rutgers (1/16):** Finished sixth in the 200 IM (2:06.00) and seventh in the 100 back (57.13) and 200 back (2:03.91).
- **Northwestern/Iowa (1/22-23):** Placed fifth in the 200 back (2:01.11) and also competed in the 100 back and 400 IM.
- **Michigan State (2/5-6):** Won the 400 IM (4:23.74), placed second in the 200 IM (2:05.22) and third in the 200 back (2:05.80).

### 2019-20 (Freshman)

- **Big Ten Championships (2/19-22):** Swam for a season-best in the 200 IM (2:02.31) and also swam the 200 back (1:59.26) and 400 IM (4:25.52).
- **West Virginia (10/11-12):** Swam for third in the 200 back (2:03.98).
- **Princeton Invitational (12/6-8):** Placed ninth in the 200 back (1:58.84), 13th in the 400 IM (4:24.54) and 14th in the 100 back (56.66) with season-best times in all three events.
- **Buffalo (1/10-11):** Finished third in the 200 back (2:03.31) and fourth in the 400 IM (4:32.86).

### High School

- Swam for Uxbridge Swim Club under head coach Mischa Sommerville.
- Honor Roll student and Ontario Scholar at Uxbridge High School.
- Canadian Junior Nationals 200 backstroke gold medalist and 200 IM silver medalist.
- Canadian Junior Internationals 200 IM silver medalist.
- Canadian Eastern Championships 200 and 400 IM silver medalist.

### Personal

- Daughter of James and Clare Meadway.
- Mother, Clare, is a swim coach.
- Has a younger brother, Patrick, and younger sister, Louise.
- Enjoys reading in her spare time.
- Aspires to work for government in counter-terrorism or as a detective.

## CAREER BESTS

Event	Time	Date	Site/Opponent
100 Back	56.35	2/6/21	Northwestern/Iowa
200 Back	1:58.84	12/8/19	Princeton Invitational
200 IM	2:02.31	2/20/20	Big Ten Championships
400 IM	4:21.49	2/25/21	Big Ten Championships



## ELLIE TISKUS

**PITTSBURGH, PA.  
OAKLAND CATHOLIC  
INTERNATIONAL POLITICS**

**SR | BACK/FREE**

### 2021-22 (Junior)

• **NC State Invitational (11/18-20):** Finalist in the 50 (23.31) and 100 (51.46) Free and contributed to the team's fourth place finish in the 200 Free Relay (1:30.66).

### 2020-21 (Sophomore)

• **Michigan State (2/5-6):** Finished third in the 50 free (24.01) and 50 back (27.22).

### 2019-20 (Freshman)

• **Big Ten Championships (2/19-22):** Swam for three season bests in the 50 free (23.56), 100 free (51.51) and 100 back (57.07).  
• **Princeton Invitational (12/6-8):** Swam in the second place 200 free relay (1:32.24).

### High School

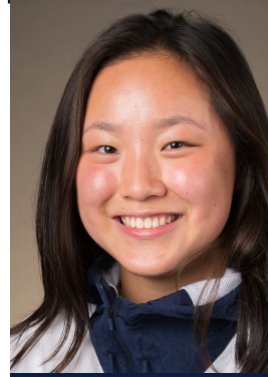
- Four-year letter winner at Oakland Catholic High School under Coach Mercedes McCarthy.
- Named team captain junior and senior year.
- WPIAL two-time top-five finisher in 50 freestyle and 100 backstroke.
- PIAA State Medalist in 50 freestyle and 100 backstroke.
- PIAA State Finalist senior year.
- USA Swimming All-American.
- PIAA All-State Honorable Mention.
- NISCA All-American.
- Broke high school record in 50 freestyle.
- Club Junior National finalist and qualifier.
- National Honors Society member and AP Scholar.

### Personal

- Parents are Robert and Eva Tiskus.
- Father, Robert, graduated from Penn State.
- Has a younger brother, Reed.
- Schreyer Honors College student.
- Aspires to be a lawyer.
- Enjoys music, crafting, and reading.

## CAREER BESTS

Event	Time	Date	Site/Opponent
50 Free	23.15	11/18/21	NC State Invitational
100 Free	50.77	2/19/22	Big Ten Championships



## WEI WEI

**NEW YORK, N.Y.  
BACCALAUREATE SCHOOL FOR GLOBAL EDUCATION  
BIOBEHAVIORAL HEALTH**

**SR | DIVING**

### 2021-22 (Junior)

• **B1G Championships (2/16-19):** Represented Penn State on the boards in the 1-Meter (226.30), the 3-Meter (233.70) and the Platform Dive (163.80).  
• **NC State Invitational (11/18-20):** Led the Nittany Lions on the boards, winning the 1-Meter consolation final (261.45) and placing sixth overall in the platform dive (183.50) two days later.  
• **Navy (10/9):** Won the 1-Meter Dive with a score of 261.60, narrowly missing an NCAA zone cut in the first meet of the season

### 2020-21 (Sophomore)

• **Big Ten Championships (2/23-27):** Placed 24th in the 1 meter (247.95), and competed in the 3-meter and platform.  
• **Ohio State/Rutgers (1/16):** Finished seventh in the 3-meter (274.90) and eighth in the 1-meter (259.10).  
• **Michigan State (2/5-6):** Dove for a personal best in the 3-meter (289.65).

### 2019-20 (Freshman)

• **Big Ten Championships (2/19-22):** Competed in the 1-meter (231.75), 3-meter (223.75) and platform dive (144.40).  
• **Princeton Invitational (12/6-8):** Placed fourth in the platform (193.95) and fifth in the 1-meter (2:56.25).  
• **Penn State Invitational (1/3-4):** Placed fifth in the platform (184.50).  
• **Buffalo Invitational (1/11-12):** Scored a personal best and placed fifth in the 1-meter (256.55).  
• **Villanova (1/31):** Placed third and dove for a personal best in the 3-meter (262.05). Scored fourth in the 1-meter (240.15).

### High School

- Dove at New York Dive Club under coach Zhihua Hu.
- Club team won Regional Championship in 2018 and 2019.
- Scored 447.95 at 1 meter and 410.15 at 3 meters.
- Played soccer for three years at the Baccalaureate School for Global Education in Queens.
- Named Vice Captain of the soccer team senior year.
- Received International Baccalaureate (IB) diploma.

## CAREER BESTS

Event	Score	Date	Site/Opponent
1-Meter	261.60	10/9/21	vs. Navy
3-Meter	289.65	2/5/21	Michigan State
Platform	193.95	12/8/19	Princeton Invitational



**ELLIE BRANDBERGH**  
**NEWTOWN, PA.**  
**COUNCIL ROCK NORTH**  
**HOSPITALITY MANAGEMENT**

**JR | BACK/FLY**

**2021-22 (Sophomore)**

- **Villanova (1/28):** Placed second in the 100 back (55.77), a season and personal best.
- **NC State Invitational (11/18-20):** Competed in the 100 fly (56.84), setting personal bests in both by over half a second, the 100 back (56.90) and the 200 back (2:08.50).
- **Bloomsburg (11/9):** Won the 100 back (57.74).
- **Liberty/ECU (10/29-30):** Sixth fastest time of the meet in the 50 back (26.83)
- **Navy (10/9):** Competed in the 100 back (58.72) and 100 fly (59.03)

**2020-21 (Freshman)**

- **Northwestern/Iowa (1/22-23):** Competed in the 100 back, 100 fly and 200 medley relay.
- **Michigan State (2/5-6):** Placed second in the 50 fly (25.79), third in the 100 fly (57.56), and fourth in the 50 back (27.30). Swam the 100 back in the 400 medley relay with a season-best split (57.51). 100 Fly swim was also a season best.

**High School**

- Four-year letter winner at Council Rock North High School in backstroke and butterfly.
- Chosen as captain of her high school and club team during her senior year.
- Swam for Central Bucks Swim Team
- Achieved MVP honors for her freshman and junior year.
- Won league championships in the 100 back and 100 fly from 2017-20.
- Three-time state finalist in the 100 back and 100 fly.
- NISCA All-American and PIAA All-State swimmer from 2018-20.
- Swam for school records in the 100 back (56.06) and 100 fly (56.15), in addition to being in the record-breaking 200 medley and 200 free relays.
- Winter Junior National qualifier.

**Personal**

- Parents are John and Stacey Brandbergh.
- Has two older siblings and one younger sister: Erica, Kevin and Ana.
- Brother Kevin is a senior on the swim team at Fairfield University.
- Intends to major in business.
- Enjoys surfing and going to the beach.

**CAREER BESTS**

Event	Time	Date	Site/Opponent
100 Fly	55.58	1/28/22	vs. Villanova
100 Back	55.77	1/28/22	vs. Villanova
200 Back	2:06.52	11/24/20	Blue White Invitational
50 Free	23.50	1/28/22	vs. Villanova



**MARY BRINKER**  
**EAST AURORA, N.Y.**  
**EAST AURORA**  
**PSYCHOLOGY**

**JR | FREE**

**2021-22 (Sophomore)**

- **B1G Championships (2/16-19):** Competed in the 50 free (22.97) and the 100 free (51.30). Scored for Penn State as a part of the 200 free relay.
- **Virginia Tech (1/22):** Second in the 50 free (23.19)
- **NC State Invitational (11/18-20):** Finalist in the 50 free and the 100 free, finishing 15th (22.96) and 32nd (51.64). Set a personal best in the 100 free in prelims (51.28).
- **Bloomsburg (11/9):** Won the 50 free (23.62).
- **Liberty/ECU (10/29-30):** Second place in the 25 free (10.93) and the 50 free (23.47).
- **West Virginia (10/15):** Placed third in the 50 free (24.12)
- **Navy (10/9):** Placed third in the 50 free (23.94).

**2020-21 (Freshman)**

- **Big Ten Championships (2/23-27):** Scored for Penn State in the 50 free (23.22). Achieved season-bests in both 50 and 100 free.
- **Northwestern/Iowa (1/22-23):** Placed sixth in the 50 free (23.52) and competed in the 100 free.
- **Michigan State (2/5-6):** Won the 50 free (23.54) and placed fourth in the 100 free (52.08).

**High School**

- Four-year letterwinner for East Aurora High School in sprint freestyle under coaches Chris Musshafen and Art Aungst.
- Chosen as captain for her senior year.
- Won team MVP award her freshman, sophomore, and junior year.
- Broke school record in the 50, 100, and 200 free.
- New York Section VI Class B champion in the 50 free her senior year and 100 free her junior year.
- Placed in the top five of the New York State meet in the 50 and 100 free as a senior and top ten in the 100 her junior year.
- Section VI ECIC swimmer of the meet during senior year.
- Swam for school records in the 50 free (23.47) and 100 free (52.01).
- National Honors Society member and Scholastic All-American.
- Swam for club team Orchard Park Town Wreckers Swim Team under coach Becky Sapio.

**Personal**

- Parents are John and Ann Marie Brinker.
- Has an older sister Emma and younger sister Anna.
- Mother Ann Marie played basketball at Georgetown University.

**CAREER BESTS**

Event	Time	Date	Site/Opponent
50 Free	22.96	11/18/21	NC State Invitational
100 Free	51.28	11/20/21	NC State Invitational
200 Free	1:57.08	11/24/20	Blue White Invitational



## MACKENZIE CLARK

CRANBERRY TOWNSHIP, PA.  
SENECA VALLEY  
SECONDARY EDUCATION  
TEACHING

JR | DIVING

### 2021-22 (Sophomore)

- **Villanova (1/28)**: Placed 4th in the 1-meter (205.73) and third in the 3-meter (230.70).
- **West Virginia (10/15)**: Scored in the 1-meter with a fifth place finish (231.90).
- **Navy (10/9)**: Competed in the 1-meter and 3-meter dives.

### 2020-21 (Freshman)

- **Ohio State/Rutgers (1/16)**: Placed ninth in the 1-meter (250.25) and 3-meter (234.20).
- **Northwestern/Iowa (1/22-23)**: Finished ninth in the 1-meter (226.10) and competed in the 3-meter (227.70).

### High School

- Letterwinner at Seneca Valley High School in diving under coach Nancy Laslavic.
- Achieved third place at WPIALS her junior year.
- Placed 12th at state championships her junior year.
- Dove for the Pittsburgh Diving Club.
- Volunteered for the Allegheny Health Network in the physical therapy unit.
- Also lettered in track & field.

### Personal

- Parents are Jason and Amy Clark.
- Mother, Amy, is a Penn State alumna.
- Father, Jason, ran track at Stetson University.
- Has a younger brother, Colin.
- Intends to major in biology.
- Enjoys traveling and loves animals.

## CAREER BESTS

Event	Time	Date	Site/Opponent
3-Meter	247.05	10/15/21	vs. West Virginia



## ABBY HENDERSON

NEWTOWN, PA.  
COUNCIL ROCK NORTH  
COMMUNICATIONS SCIENCES  
& DISORDERS

JR | FREE/BACK/IM

### 2021-22 (Sophomore)

- **NC State Invitational (11/18-20)**: Event finalist in the 200 (2:01.91) and 400 (4:21.19) IMs and the 200 Back (2:01.50).
- **Liberty/ECU (10/29-30)**: Placed in two IM events, winning the 200 (2:06.42) and touching second in the 400 (4:29.15)
- **Navy (10/9)**: Won the 200 IM (2:05.90)

### 2020-21 (Freshman)

- **Big Ten Championships (2/23-27)**: Competed in the 200 back (2:00.53), 200 IM (2:04.03) and 400 IM (4:27.05). All were season-best times.
- **Ohio State/Rutgers (1/16)**: Placed fifth in the 200 free (1:53.29), competed in the 200 back and 200 medley relay.
- **Michigan State (2/5-6)**: Finished third in the 400 IM (4:29.78) and fourth in the 200 IM (2:08.60).

### High School

- Three-year letterwinner for Council Rock North High School in freestyle, IM, and backstroke.
- Chosen as team captain for her senior year.
- Placed seventh and eighth in the 200 IM and 500 free at the PIAA State Championships during her junior year.
- Swam a school-record time of 2:03.43 in the 200 IM.
- Achieved All-American, All-State, and All-District I honors her junior year.
- Swam for Penn Charter Aquatics Club.
- Placed third in the PIAA State Championships in the 200 free relay.
- Placed seventh in the 200 IM her junior year at the PIAA State Championships.
- Earned All-State honors sophomore and junior year and All-American junior year.

### Personal

- Mother Kathy Henderson is a nurse practitioner and swam for West Chester University in college.
- Has a twin brother, Jack.
- Intends to major in kinesiology.
- Aspires to be a physical therapist.
- Enjoys running, going to the beach, and spending time with friends.

## CAREER BESTS

Event	Time	Date	Site/Opponent
200 Fly	2:07.75	11/24/20	Blue White Invitational
200 IM	2:01.91	11/18/21	NC State Invitational
400 IM	4:21.19	11/19/21	NC State Invitational



**CASEY LOUGHLIN**  
**WALLINGFORD, CONN.**  
**LYMAN HALL**  
**ADVERTISING**

**JR | BACK/FLY/IM**

**2021-22 (Sophomore)**

- **Villanova (1/28):** Finished second in the 200 Fly (2:03.36), helping Penn State to sweep the event.

**2020-21 (Freshman)**

- **Ohio State/Rutgers (1/16):** Finished third in the 200 back (2:02.71) and fourth in the 200 fly (2:05.94).
- **Michigan State (2/5-6):** Placed second in the 200 back (2:02.75) and fourth in the 200 fly (2:08.10).

**High School**

- Letterwinner at Lyman Hall High School under coach Donna Neary, swimming backstroke, butterfly, freestyle, and IM.
- Voted as team MVP her freshman year.
- Swam for first place in the 100 fly in the SCC 2016 finals.
- Swam for Cheshire YMCA Sea Dog Swim Club.
- Competed in YMCA Nationals every year of high school.
- Placed eighth in the 800 free at 2017 YMCA Nationals and tenth in the 200 fly in 2019.

**Personal**

- Has two sisters, Paige and Meredith.
- Father, Jim, swam for Trinity College.
- Enjoys calligraphy, skateboarding and surfing.
- Favorite food is pasta.



**ANNA REDICAN**  
**RESTON, VA.**  
**SOUTH LAKES**  
**MANAGEMENT INFORMATION**  
**SYSTEMS**

**JR | FREE/BACK**

**2021-22 (Sophomore)**

- **Villanova (1/28):** Helped Penn State sweep the 100 Back by touching in fifth (58.09).
- **NC State Invitational (11/18-20):** Finalist in the 100 (55.15) and 200 (1:59.61) Back.
- **Bloomsburg (11/6):** Placed second in the 1000 Free (10:41.36), helping Penn State to a home victory.

**2020-21 (Freshman)**

- **Northwestern/Iowa (1/22-23):** Competed in the 100 back, 200 back, and 200 medley relay.
- **Michigan State (2/5-6):** Won the 100 back (56.54), 200 back (2:01.70) and placed second in the 50 back (26.81).

**High School**

- Four-year letterwinner at South Lakes High School in freestyle and backstroke.
- Selected as captain for her junior and senior year.
- Liberty conference champion in the 100 back for all four years of high school.
- Became the Northern Virginia Regional champion in the 100 back as a sophomore and senior, and in the 100 fly as a senior.
- VHSL 6-A state runner-up in the 100 back as a freshman and sophomore.
- Broke the South Lakes school record in the 100 back (55.25) and 200 free (1:51.30).
- Swam for Machine Aquatics.

**Personal**

- Parents are Patty and Terry Redican
- Has twin brothers Sean and Joseph (14), older sister Emi (20), and younger sister Mara (16).
- Enjoys the TV series "Friends" and is a fan of the Philadelphia Eagles.

## CAREER BESTS

Event	Time	Date	Site/Opponent
200 Back	1:59.68	1/19/21	Penn State Invitational
200 Fly	2:02.19	1/20/21	Penn State Invitational

## CAREER BESTS

Event	Time	Date	Site/Opponent
100 Back	55.10	2/18/22	Big Ten Championships
200 Back	1:59.61	11/20/21	NC State Invitational



**MORGAN RINN**  
**OCEANSIDE, N.Y.**  
**OCEANSIDE**  
**ELEMENTARY/EARLY**  
**CHILDHOOD EDUCATION**

**JR | FLY/IM**

### 2021-22 (Sophomore)

- **B1G Championships (2/16-19):** First appearance in Big Ten finals in the 400 IM (19th - 4:19.59) and earned 18th in the 200 Fly at finals by breaking the two-minute barrier.
- **Villanova (1/28):** Led the Nittany Lions in sweeping the 200 Fly, winning the event with a time of 2:02.03
- **NC State Invitational (11/18-20):** Finalist in the 400 IM (4:24.46) and the 100 (56.79) and 200 Fly (1:59.68). In the 200 she led the Nittany Lions with a 13th place finish.
- **Bloomsburg (11/6):** Won the 200 Fly (2:02.13) for the third consecutive time.
- **Liberty/ECU (10/29-30):** Won the 200 Fly (2:02.78)
- **West Virginia (10/15):** Won the 200 Fly (2:03.61) and finished second in the 1000 Free (10:30.43)

### 2020-21 (Freshman)

- **Ohio State/Rutgers (1/16):** Placed third in the 200 fly (2:03.73), swam in the 400 free relay and 200 medley relay.
- **Northwestern/Iowa (1/22-23):** Finished eighth in the 100 fly (57.16) and 200 fly (2:03.11).
- **Michigan State (2/5-6):** Won the 200 fly (2:02.74), placed second in the 100 fly (57.15) and third in the 50 fly (27.09).

### High School

- Five-year letterwinner at Oceanside High School in butterfly, IM, and freestyle.
- Chosen as team captain her senior year.
- Two-time Nassau county champion in the 100 fly and 200 IM.
- Placed fourth in the 100 fly and 200 IM at the New York State Championships her junior year.
- Received All-County honors from eighth grade to senior year.
- Swam and placed at NCSA Junior Nationals and Winter Nationals.
- Swam a 2020 Olympic Trial cut in the 200 fly (2:13.62).

### Personal

- Parents are Andrew and Deirde Rinn.
- Has two younger brothers Trevor and Cole.
- Majoring in education.
- Aspires to make it to NCAA's during her Penn State swim career.

### CAREER BESTS

Event	Time	Date	Site/Opponent
400 IM	4:19.59	2/19/22	Big Ten Championships
200 Fly	2:02.74	2/6/21	vs. Michigan State



**KYLIE RYDLAND**  
**EDEN PRAIRIE, MINN.**  
**EDEN PRAIRIE**  
**ADVERTISING**

**JR | BREAST**

### 2021-22 (Sophomore)

- **Villanova (1/28):** Swept the breaststroke events, winning the 100 (1:04.30) and 200 (2:17.08).
- **NC State Invitational (11/18-20):** Finalist in the 100 (1:03.49) and 200 Breast, leading Penn State in the latter by finishing 20th with a time of 2:18.20.
- **Bloomsburg (11/6):** Led the team to victory by sweeping the breaststroke events, winning the 100 in 1:07.02 and the 200 in 2:24.60.
- **West Virginia (10/15):** Won the 200 (2:22.76) and finished second in the 100 Breast (1:06.98).
- **Navy (10/9):** Touched first in the 200 Breast (2:20.68)

### 2020-21 (Freshman)

- **Ohio State/Rutgers (1/16):** Finished fifth in the 200 breast (2:20.21) and sixth in the 100 breast (1:03.74).
- **Northwestern/Iowa (1/22-23):** Placed seventh in both the 100 breast (1:04.61) and 200 breast (2:19.21).
- **Michigan State (2/5-6):** Won the 50 breast (30.27) and placed third in the 200 breast (2:19.88).

### High School

- Four-year letterwinner at Eden Prairie High School in the 100 breaststroke and 200 IM.
- Chosen as team captain for her senior year and team MVP for her junior and senior year.
- Achieved All-Conference and All-State honors from freshman to junior year.
- Swam a school record time of 1:03.00 in the 100 breast.
- Swam for Aquajets Swim Club.
- Competed at Speedo Junior Nationals.
- Earned Scholastic All-American honors for junior and senior year.

### Personal

- Parents are Rick and Valerie Rydland.
- Mother, Valerie, was a member of the Penn State swimming & diving team.
- Has an older brother, Quinn, and older sister, Kate. Sister, Kate, graduated from Penn State in 2020 and was a member of the women's hockey team.
- Grandfather, Pat Quinn, is in the NHL Hall of Fame and an Olympic gold medal winner.
- Enjoys traveling, classic rock music, and watching the Office.

### CAREER BESTS

Event	Time	Date	Site/Opponent
100 Breast	1:03.74	1/16/21	Ohio State/Rutgers
200 Breast	2:19.21	1/23/21	Northwestern/Iowa



**CAT  
STANFORD**  
**OCEANSIDE, N.Y.**  
**OCEANSIDE  
KINESIOLOGY**

**JR | FREE**

### Career Accolades

- Owns the fifth-fastest 100 Free (49.15) in Nittany Lion program history.
- Scored for Penn State in the 50 and 100 free at 2021 Big Ten Championships.
- Wave 1 Olympic Trials finalist in the 50 Meter Free, placing 15th.
- CSCAA Scholar All-America Second Team (2022).

### 2021-22 (Sophomore)

- **Big Ten Championships (2/16-19):** Finalist in the 50 (22.89) and 100 Free (49.44).
- **NC State Invitational (11/18-20):** Led Penn State in finals in the 50 (22.92), 100 (49.15) and 200 Free (1:49.58). Her time in the 100 is the 5th fastest in the Nittany Lions' program record book.
- **Bloomsburg (11/6):** Led the Nittany Lions in sweeping the 200 Free by winning the event in 1:52.85 and helped the team to victory in the 400 Free Relay (3:26.07).
- **Liberty/ECU (10/29-30):** Won the 25 (10.87) and 50 Free (23.23) and competed in the winning 200 Medley (1:42.51) and Free Relays (1:34.23).
- **West Virginia (10/15):** Won the 100 Free (51.37) and outtouched her opponent for second place in tight 200 Free (1:52.87). Also swam in the winning 400 Medley Relay (3:44.19), leading PSU to sweep the event.
- **Navy (10/9):** Won the 50 Free (23.18) and contributed to the winning 200 medley relay (1:40.16)

### 2020-21 (Freshman)

- **Big Ten Championships (2/23-27):** Finished 17th in the 50 free (22.95), scoring points for Penn State with a season best. Also finished 17th in the 100 free (49.48) with another season best.
- **Ohio State/Rutgers (1/16):** Placed fifth in the 100 free (51.70) and sixth in the 50 free (23.67).
- **Northwestern/Iowa (1/22-23):** Touched third in the 50 free (23.38), fourth in the 100 free (50.90) and competed in the 100 fly.
- **Michigan State (2/5-6):** Placed second in the 50 free (23.33) and the 100 free (51.70), finished third in the 200 free (1:52.78).

### High School

- Six-year letterwinner at Oceanside High School.
- Won Nassau County Championship in the 50 and 100 freestyle from freshman through senior year.
- Holds Nassau County record in the 50 free (22.84).
- Elected team captain for her senior year in swimming and for her junior year in softball.
- Achieved all-county, all-Long Island, and all-American honors in the 50 and 100 free for senior year, and all-state for her sophomore and junior year.
- Placed first in the 50 free for the New York State public school championships during her junior year and first overall her senior year.
- Placed in the top ten at New York State Championships in the 50 and 100 free from freshman through senior year.

## CAREER BESTS

Event	Time	Date	Site/Opponent
50 Free	22.72	11/18/21	NC State Invitational
100 Free	49.15	11/18/21	NC State Invitational
200 Free	1:49.52	2/25/21	Big Ten Championships

- Competed in Junior Nationals in the 50, 100, and 200 free, in addition to the 100 fly and 200 IM
- Swam for Long Beach Aquatics Club.
- Five-year letterwinner in softball for Oceanside High School and achieved all-county, all-Long Island, and all-state honors.

### Personal

- Parents are Jack and Catherine Stanford.
- Mother, Catherine, is a swim instructor and coach at Long Beach Aquatics.
- Has an older sister, Brittany, who swam at Edinboro University and Adelphi University.
- Enjoys running and playing softball.
- Fan of the NY Mets and enjoys watching ESPN SportsCenter.



**MOLLY  
CARSON**  
WEST CHESTER, PA.  
UNIONVILLE  
WILDLIFE & FISHERIES  
SCIENCE

SO | FREE/BACK/FLY



**TATUM  
EVANS**  
SOUTHLAKE, TEXAS  
CARROLL  
REHAB & HUMAN SERVICES

SO | DIVING

#### Career Accolades:

- Seventh fastest time for Penn State in the 100 back (53.20).
- Scored for Penn State at B1G Championships in the 100 back.
- Won the Nittany Lion Award (2022)
- CSCAA Scholar All-America Second Team (2022)

#### National:

- **Phillips 66 National Championships (2022):** Competed in the 100 Back (1:03.80) and swam the 50 Back (30.20) in time trials.

#### 2021-22 (Freshman):

- **B1G Championships (2/16-19):** Swam a season best in the 50 free (22.99). Scored in the 100 back by placing 16th (53.70) and swam Penn State's seventh fastest time in the event earlier in prelims (53.20).
- **NC State Invitational (11/18-20):** Finalist in the 50 free, 100 back and 200 back placing 28th (23.25), 14th (54.05) and 18th (1:58.63).
- Bloomsburg (11/9): Won the 50 free (23.62).
- **Liberty/ECU (10/29-30):** Placed third in the 50 back (25.83), and second in the 100 (55.43) and 200 back (2:02.39).
- **West Virginia (10/15):** Third in the 100 back (56.62), second in the 200 back (2:03.32).
- **Navy (10/9):** Second in the 100 (55.33) and 200 back (2:02.14).

#### High School

- Four-year letter winner at Unionville High School under Coach Elizabeth Smith.
- 2021 all-American in the 100 back and 200 medley relay.
- Four-time recipient of all-state honors, all-district honors and all-league honors.
- Swam for Kennett Area YMCA Sea Dragons.
- Broke club team records in 100 and 200 back, 200 medley relay, 400 medley relay and 200 free relay.
- National Honors Society member and Distinguished Honors recipient.

#### Personal

- Full name is Molly Ann Carson.
- Daughter of Charles and Elizabeth Carson.
- Has an two brothers, Sean (19) and Kevin (17).
- Majors in fisheries science with minors in marine science and film.

#### 2021-22 (Freshman)

- **NC State Invitational (11/18-20):** 1-Meter dive finalist, placing eighth in the consolation final (193.70).
- **West Virginia (10/15):** Second in the 3-meter (258.98).
- **Navy (10/9):** Third in the 1-meter (249.00).

#### High School

- Team captain, all-American and letter winner at Southlake Carroll High School under Coach Hryorchuk.
- Dove for GC Diving.
- National team member for club team.

#### Personal

- Full name is Tatum Ashley Evans.
- Daughter of Chris and Melissa Evans.
- Has a younger sister, Reagan (16).
- Plans to major in rehabilitation health and services.
- Born January 9, 2003 in Phoenix, Arizona.

### CAREER BESTS

Event	Time	Date	Site/Opponent
100 Back	53.20	2/18/22	Big Ten Championships
200 Back	1:58.63	11/20/21	NC State Invitational
50 Free	22.99	2/17/22	Big Ten Championships

### CAREER BESTS

Event	Score	Date	Site/Opponent
1-Meter	249.00	10/9/21	vs. Navy
3-Meter	258.98	10/15/21	vs. West Virginia



**MAURA  
FLUEHR**  
GLENSIDE, PA.  
SPRINGFIELD TOWNSHIP  
BIOBEHAVIORAL HEALTH

SO | FREE/FLY/IM

#### Career Accolades

- Holds Penn State's eighth fastest time in the 100 fly (53.62).
- Scored for Penn State in the 100 fly at BIG Championships freshman year.

#### 2021-22 (Freshman)

- **BIG Championships (2/16-19):** Scored in the 100 fly (53.62) and competed as a part of the ninth place 800 free relay (7:15.00).
- **NC State Invitational (11/18-20):** Finished ninth in the 100 fly (54.17) and swam in finals in the 100 free (50.52).
- **Liberty/ECU (10/29-30):** Won the 100 fly (56.40)
- **West Virginia (10/15):** Swam fly leg in the winning 400 medley relay and placed fifth in the 200 free (1:54.99).
- **Navy (10/9):** Fourth in the 100 fly (56.20).

#### High School

- Four-year letter winner at Springfield Township High School under Coach Bud Reiner.
- Named team captain as a senior.
- First all-state honors (2019-21) and all-state honors (2018-19) recipient.
- Swam for Plymouth Whitemarsh Aquatic Club.
- 4-year Principle's Honor Roll recipient.

#### Personal

- Full name is Maura Kathryn Fluehr.
- Daughter of Rob and Lisa Fluehr.
- Has three brothers, Brennan (20), Gabe (16) and Adam (16).
- Majoring in biobehavioral health on the physicians assistant track.
- Born March 18, 2003 in Abington, Pennsylvania.



**MARLY  
LOUGH**  
UPLAND, CALIF.  
SAINT LUCY'S PRIORY  
COMMUNICATION SCIENCES  
& DISORDERS

SO | FREE/IM

#### 2021-22 (Freshman)

- **NC State Invitational (11/18-20):** Event finalist in the 50 (23.31), 100 (50.63) and 200 (1:50.16) Free.

#### High School

- Four-year letter winner at St. Lucys Priory High School under Coach David Fahey.
- Named team captain and team MVP from freshman to senior year.
- Holds the school record in every event.
- Swam for the Brea Aquatics club team.
- Earned first place in the 400 free relay at the 2018 and 2019 Women's Jr National Championships.
- Is the Southern California Swimming (SCS) record holder in the 200 and 400 medley relays and the 200, 400 and 800 free relays.

#### Personal

- Full name is Marly Danielle Lough.
- Daughter of Dan and Linda Lough.
- Has a younger brother, Max (16).
- Plans on being a speech pathologist.
- Born May 1, 2003 in Upland, California.

### CAREER BESTS

Event	Time	Date	Site/Opponent
100 Fly	53.62	2/18/22	Big Ten Championships
100 Free	50.52	11/20/21	NC State Invitational

### CAREER BESTS

Event	Time	Date	Site/Opponent
50 Free	23.31	11/18/22	NC State Invitational
200 Free	1:49.08	2019	CIF
200 IM	2:02.30	2021	CIF



**MAC  
SULIVAN**  
MALVERN, PA.  
GREAT VALLEY  
BIOBEHAVIORAL HEALTH

SO | FLY

**2021-22 (Freshman)**

- **Villanova (1/28):** Finished fourth in the 200 Fly (2:03:55) and third in the 100 Fly (55.84), helping Penn State to sweep both events.
- **NC State Invitational (11/18-20):** Event finalist in the 200 Fly (2:08.56), dropping nearly a second off her previous season best.



**CHARLIZE  
BENIQUEZ**  
HOUSTON TX.  
CLEAR LAKE  
BUSINESS ADMINISTRATION

FR | DIVING

**High School**

- Attended Clear Lake High School with coach Melissa Prince.
- Named a four-time district champion and a three-time regional champion.
- Three-time state finalist.
- Member of the Spanish National Honors Society, Science National Honors Society, and the National Honors Society, as well as Best Buddies.

**Personal**

- Dove with Easy Valley Dive Club and Woodlands Diving Academy with coaches Lauren Thiel, Gabi Chereches, Kenny Armstrong, and Dr. Lauren LeRoy.
- Team was named the 2022 USA Team Champions.
- Named a two-time USA Zones qualifier and a four-time AAU National qualifier.
- Daughter of Shelly Weddington and Sibiu Beniquez.
- Has three siblings, Jaida (21), Jonah (16), and Sibella (13).
- Born on December 17, 2003 in Scottsdale, Ariz.

## CAREER BESTS

Event	Time	Date	Site/Opponent
100 Fly	55.84	1/28/22	vs. Villanova
200 Fly	2:03.55	1/28/22	vs. Villanova



**DELANEY  
BURNS**  
**BERWYN, Pa.**  
**CONESTOGA**  
**BUSINESS ADMINISTRATION**

**FR | FREE/FLY**

**High School**

- Swam for Conestoga High School with coach Rob Kirkby.
- Team runner-up at the 2022 PIAA AAA State swimming championships.
- Five-time All-American and team record holder.
- Received all-school academic honors all four years.
- Member of the National Honor Society and co-founder of the Cure4Cam club at Conestoga High School.

**Personal**

- Swam for Upper Main Line YMCA for 13 years with coach Todd Conrad as a club record holder.
- Recipient of the Jim Ryan award.
- Daughter of Heather and Eric Burns.
- Has an older brother, Brendan (21), who is a swimmer at Indiana Born in Fairfield, Conn.

**MARGARET  
MABRY**  
**KELLER TX.**  
**KELLER**  
**D.U.S.**

**FR | BACK/FLY**

**High School**

- Swam for Keller High School with coach Linda Shults as four-time District and Regional Champions.
- 2021-2022 NISCA All-American for the 100 Back and 200 Medley Relay.
- Four-time TISCA all-state, all-region, and all-district athlete.
- Texas UIL Division 6A State Finalist for the 100 Back (four-time), for the 100 Medley Relay and 400 Free Relay (three-time), and the 100 Fly.
- 2022 Keller High School Gold Award Recipient and Varsity Team captain in her senior year.
- Four-time Swimmer of the Year and Most Valuable Player awards recipient with KISD Athletics.
- 2019 USA Swimming Scholastic All-American.
- National Honor Society and National Charity League member.
- 2022 North Texas Nadadores Ambassador Award Recipient.

**Personal**

- Swam with the North Texas Nadadores (2020-2022) with coach Dan Balint and Lakeside Aquatic Club (2008-2020) with coach Jason Walter.
- Born October 16, 2003 in Plano, Texas.
- Parents are David and Jennifer Mabry.
- Has two older siblings, Gretchen (21), and Michael (23) who swims for the University of Hawaii.



**KRISTA  
MARLIN**  
**EXTON, Pa.**  
**B. REED HENDERSON  
AGRICULTURE**

**FR | IM/BACK/FREE**

**High School**

- Swam with B. Reed Henderson High School with coach Jeff Bott, qualifying for state relays all four years.
- 2022 PIAA State Champion for the 200 Free and a high school All-American from 2018-2022.
- Achieved academic honor roll all four years.
- Member of the National Honor Society and the Latin National Honor Society.
- Volunteered with Kids4Kids and Cure4Cam.

**Personal**

- Swam with Golden Ram Aquatics (2008-2017) with coach Scott Elliot, and with Suburban Seahawks Club (2017-2022) with coaches Charlie Kennedy, Andrew Austria, and Ray Horn.
- Team finished as the 2021 NCSA Women's Team runner-up and were the 2022 Senior Championship Women's Team Champions.
- Born July 7, 2004 in Paoli, Pa.
- Daughter of Lisa, Penn State Class of 1991, and Robert Marlin, Penn State Class of 1990.
- Has two older sisters, Courtney (21) and Erika (23).
- Both parents and sisters swam for Penn State swimming and diving.



**CATHERINE  
MEISNER**  
**BERKELEY HEIGHTS, N.J.**  
**MOUNT SAINT MARY ACAD-  
EMY  
D.U.S.**

**FR | FREE/IM**

**High School**

- Swam for Mount Saint Mary Academy with coach Megan Decker.
- Team acquired wins at Somerset county meets, the Skyland conference, at the NJ Prep Championship, and at the Non-Public A State Championship.
- Named a three time NJ High School State Champion.
- High School Meet of Champions record holder for the 200 Free, and high school record holder for the 100, 200, and 500 Free.
- Named three time first-team all-state for the 200 Free, and second-team all-state for the 200 Free.
- Held academic High Honors in all four years.
- Member of the National Honors Society, as well the National Honors Society for Spanish and math.

**Personal**

- Daughter of Amy and Joseph Meisner.
- Has a sister, Julia (19), and an older brother, Andrew (21).
- Swam for the Greater Somerset County YMCA for eight years (2016-2022) with coach Eric Horowitz.
- Team named the 2022 YMCA Champions.
- Four time Scholastic All-American and 2022 YMCA National Champion for the 500 Free.
- Born on August 11, 2003 in New York, N.Y.



**JULIA  
MEISNER**

**BERKELEY HEIGHTS, N.J.  
MOUNT SAINT MARY  
ACADEMY  
D.U.S.**

**FR | FLY/IM/FREE**

**High School**

- Swam for Mount Saint Mary Academy with coach Megan Decker.
- Went on to win conference, county, state, and prep titles.
- 200 IM school record holder, 200 IM Somerset county and Skyland record holder, and 100 Fly prep meet record holder.
- Two-time Most Valuable Player and Coaches Award recipient.
- Attained academic High Honors in all four years.
- Member of the National Honors Society and Spanish National Honors Society.

**Personal**

- Swam for the Greater Somerset County YMCA with coach Eric Horowitz.
- Three-time All-American and second-team all-state for the 200 IM for NJ high school swimming.
- Daughter of Joseph and Amy Meisner.
- Has a sister, Catherine (19), and an older brother, Andrew (21).
- Born on August 11, 2003 in New York, N.Y.



**MORGAN  
MOORE**

**EAST HAVEN, Conn.  
LAURALTON HALL  
HEALTH AND HUMAN  
DEVELOPEMENT**

**FR | FREE**

**High School**

- Swam as part of the Connecticut Interscholastic Athletic Conference (CIAC).
- Broke the 200 Free school record.
- Named to CHSCA all-state, all-SCC, SCC all-division, GameTime CT all-state second team, and NH Register all-area team.
- Member of the National Honors Society, SNUGS, and the Branford Compassion Club.

**Personal**

- Swam with Bulldog Swimming for five years with coach Adriana Shack.
- Multiple event record holder for club swim and a club national team member.
- Born March 15, 2004 in Lake Tahoe, Calif.
- Daughter of Kristi Moore.



**NYA  
ROBINSON**  
**NORTHBROOK III.  
GLENBROOK NORTH  
COMMUNICATIONS**

**FR | FREE/FLY**

**High School**

- Swam for Glenbrook North High School with coach Jarod Schroeder.
- Team finished second at the Central Suburban League (South) championship and ninth overall in Illinois, finishing second for IHSA Sectional District 06.
- A 2022 IHSA All-American athlete and named team captain during her senior season.
- 2022 state finalist and placed in the top 10 for the 100 Free at IHSA State.
- Four-time recipient of the all-conference award.
- Participated at the Purdue, Notre Dame, and Northwestern swim camps, as well at Summer Zones.
- Four-time Most Valuable Player.
- Member of BSU, National Honors Society, student government, and the Special Education Olympics.

**Personal**

- Swam for Glenbrook Aquatics for three years (2015-2018) with coach Rob Bond, and for Glenbrook Swim Club for four years (2018-2022) with coaches Steve Ilda and Callan Heidcamp.
- Two-time Highest Championship Women's point winner in 2021 and 2022.
- Served as a member of Jack and Jill America for seven years (2015-2022).
- Volunteered at Teaching kids how to Swim America (Ill.), Homeless Shelter Help, and Feed My Starving Children.
- Daughter of Katina Robinson and Donovan Robinson.
- Has a younger brother, Donovan (15).
- Born on November 25, 2003 in Lower Merion, Pa.

**50 YARD FREESTYLE (FITTING, 21.98; 2015)**

1. Olivia Jack	22.49 %	2/16/2022
2. Abbie Amdor	22.61 %	2/16/2022
3. Cat Stanford	22.72 %	NC State
4. Mary Brinker	22.96	NC State
5. Molly Carson	22.99	2/16/2022

**100 YARD FREESTYLE (ACKMAN, 48.01; 2014)**

1. Cat Stanford	49.15 %	NC State
2. Abbie Amdor	49.39 %	2/16/2022
3. Kate Sheridan	50.12	2/16/2022
4. Madison Ledwith	50.29	2/16/2022
5. Maura Fleuhr	50.52	NC State

**200 YARD FREESTYLE (ACKMAN, 1:43.59; 2014)**

1. Abbie Amdor	1:47.15	2/16/2022
2. Cat Stanford	1:49.58	NC
3. Anna Redican	1:49.75	NC
4. Madison Murtagh	1:49.83	2/16/2022
5. Sadie Schumann	1:50.15	NC

**500 YARD FREESTYLE (McHUGH, 4:36.17; 2018)**

1. Madison Murtagh	4:47.91	10
2. Morgan Rinn	4:56.14	10
3. Annie Walls	4:56.74	NC
4. Anna Redican	4:56.88	NC
5. Courtney Marlin	4:59.28	NC

**1000 FREESTYLE (McHUGH, 9:30.09; 2018)**

1. Madison Murtagh	9:54.42	10
2. Courtney Marlin	10:07.20	10
3. Annie Walls	10:07.64	10

**1650 YARD FREESTYLE (McHUGH, 15:36.27; 2018)**

1. Madison Murtagh	16:28.59	10
2. Courtney Marlin	16:47.73	10
3. Annie Walls	16:48.14	10

**100 YARD BACKSTROKE (SCHOBEL, 52:13; 2022)**

1. Marie Schobel	52.13 *	NCAA
2. Molly Carson	53.20 %	10
3. Emma Harvey	54.55	10
4. Anna Redican	55.10	10
5. Margaret Markvardt	55.21	vs. Virginia

**200 YARD BACKSTROKE (HART, 1:53.37; 2020)**

1. Marie Schobel	1:54.37 %	10
2. Molly Carson	1:58.63	NC
3. Emma Harvey	1:58.80	NC
4. Anna Redican	1:59.61	NC
5. Abby Henderson	2:00.04	10

**100 YARD BREASTSTROKE (KRAWCZYK, 59.68; 2012)**

1. Olivia Jack	1:00.02 %	2/27/2022
2. Maddie Cooke	1:01.81 %	10
3. Kylie Rydland	1:02.56	10
4. Devon Forker	1:08.67	WVU
5. Nikolette Nolte	1:10.47	Vil.

**200 YARD BREASTSTROKE (RODRIGUEZ, 2:07.80; 2016)**

1. Kylie Rydland	2:15.82	10
2. Olivia Jack	2:17.60	10
3. Devon Forker	2:25.03	NC
4. Abby Henderson	2:27.46	WVU

**100 YARD BUTTERFLY (POWERS, 51.56; 2014)**

1. Madison Ledwith	53.41 %	10
2. Maura Fleuhr	53.62 %	10
3. Emma Harvey	53.76 %	10
4. Marie Schobel	54.28	10
5. Margaret Markvardt	55.11	VT

**200 YARD BUTTERFLY (POWERS, 51.56; 2014)**

1. Morgan Rinn	1:59.69	NC
2. Devon Forker	2:03.21	NC
3. Catherine Loughlin	2:03.36	Vil.
4. Annie Walls	2:03.50	NC
4. Marget Shelly	2:03.50	Vil.

**200 IM (POWERS, 51.56; 2014)**

1. Sadie Schumann	2:01.55	NC
2. Abby Henderson	2:01.91	NC
3. Lizzie Danforth	2:02.18	NC
4. Marly Lough	2:03.71	NC
5. Devon Forker	2:04.57	NC

**400 IM (POWERS, 51.56; 2014)**

1. Morgan Rinn	4:19.59	10
2. Lizzie Danforth	4:20.65	NC
3. Abby Henderson	4:21.19	NC
4. Devon Forker	4:24.85	NC
5. Courtney Marlin	4:25.30	10

\* - School Record  
 # - PSU Pool Record  
 \$ - Big Ten Record  
 ! - NCAA "A" Qualifier  
 % - NCAA "B" Qualifier  
 ^ - Leadoff Split



## 50 FREESTYLE

2021-22	Olivia Jack	22.49
2020-21	Maddie Cooke	22.39
2019-20	Maddie Cooke	22.45
2018-19	Katrina Kuhn	23.26
2017-18	Katrina Kuhn	22.90
2016-17	Katie Saloky	22.39
2015-16	Alyson Ackman	22.41
<b>2014-15</b>	<b>Carolyn Fittin</b>	<b>21.98</b>
2013-14	Alyson Ackman	22.35
2012-13	Paige Whitmire	22.22
2011-12	Paige Whitmire	22.33
2010-11	Paige Whitmire	22.52
2009-10	Paige Whitmire	22.87
2008-09	Michelle Myers	22.58
2007-08	Michelle Myers	22.71
2006-07	Michelle Myers	23.34
2005-06	Sarah Haupt	23.45
2004-05	Dee Dlugonski	22.80
2003-04	Dee Dlugonski	22.95
2002-03	Katie Hostetler	23.18
2001-02	Katie Hostetler	23.07
2000-01	Katie Hostetler	22.99
1999-00	Piper Chamberlin	23.24
1998-99	Arianne Adams	23.29
1997-98	Carmen Kondra	23.66
1996-97	Carmen Kondra	24.05
1995-96	Carmen Kondra	26.98
1994-95	Deni Rudy	23.46
1993-94	Sarah Duttera	23.68
1992-93	Fran McDermid	23.21
1991-92	Fran McDermid	23.43
1990-91	Fran McDermid	23.81
1989-90	Fran McDermid	23.51
1988-89	Kristin Lilly	23.88

## 100 FREESTYLE

2021-22	Cat Stanford	49.15
2020-21	Cat Stanford	49.48
2019-20	Abbie Amdor	49.16
2018-19	Kate Sheridan	50.32
2017-18	Niki Price	49.35
2016-17	Siena Salvaggio	49.78
2015-16	Alyson Ackman	48.59
2014-15	Alyson Ackman	48.27
<b>2013-14</b>	<b>Alyson Ackman</b>	<b>48.01</b>
2012-13	Paige Whitmire	48.74
2011-12	Samantha Palser	48.93
2010-11	Samantha Palser	49.03
2009-10	Samantha Palser	50.18
2008-09	Lindsey DeForrest	49.70
2007-08	Michelle Myers	49.97
2006-07	Michelle Myers	50.92
2005-06	Kelly Nelson	51.45
2004-05	Dee Dlugonski	49.84
2003-04	Dee Dlugonski	50.39
2002-03	Dee Dlugonski	50.51
2001-02	Dee Dlugonski	50.51
2000-01	Katie Hostetler	50.22
1999-00	Tasha Kulka	51.49
1998-99	Arianne Adams	50.17
1997-98	Arianne Adams	50.93
1996-97	Carmen Kondra	52.18
1995-96	unavailable	
1994-95	Deni Rudy	50.19
1993-94	Deni Rudy	50.49
1992-93	Fran McDermid	50.41

1991-92	Fran McDermid	50.12
1990-91	Fran McDermid	51.23
1989-90	Fran McDermid	50.68
1988-89	Kristin Lilly	50.95

## 200 FREESTYLE

2021-22	Abbie Amdor	1:47.15
2020-21	Sadie Schumann	1:48.83
2019-20	Abbie Amdor	1:47.12
2018-19	Camryn Barry	1:47.90
2017-18	Tommie Dillione	1:46.87
2016-17	Tommie Dillione	1:46.19
2015-16	Alyson Ackman	1:44.61
2014-15	Alyson Ackman	1:43.79
<b>2013-14</b>	<b>Alyson Ackman</b>	<b>1:43.59</b>
2012-13	Alyson Ackman	1:44.83
2011-12	Erin Thomas	1:47.42
2010-11	Monika Mialka	1:48.35
2009-10	Lyndsey Smith	1:48.40
2008-09	Kelly Nelson	1:44.94
2007-08	Kelly Nelson	1:45.75
2006-07	Kelly Nelson	1:47.58
2005-06	Kelly Nelson	1:47.30
2004-05	Lauren Preyss	1:48.56
2003-04	Sally Anderson	1:48.84
2002-03	Sally Anderson	1:48.33
2001-02	Sally Anderson	1:48.28
2000-01	Katie Anderson	1:47.92
1999-00	Christina Stocki	1:49.69
1998-99	Arianne Adams	1:48.33
1997-98	Arianne Adams	1:48.63
1996-97	Arianne Adams	1:51.27
1995-96	Kim Kephart	1:50.46
1994-95	Deni Rudy	1:50.49
1993-94	Regan Stacey	1:50.80
1992-93	Fran McDermid	1:48.30
1991-92	Fran McDermid	1:47.66
1990-91	Fran McDermid	1:49.55
1989-90	Kristin Lilly	1:49.83
1988-89	Kristin Lilly	1:48.78

## 500 FREESTYLE

2021-22	Madison Murtagh	4:47.91
2020-21	Madison Murtagh	4:52.67
2019-20	Madison Murtagh	4:48.50
2018-19	Ally McHugh	4:38.46
<b>2017-18</b>	<b>Ally McHugh</b>	<b>4:36.17</b>
2016-17	Ally McHugh	4:40.73
2015-16	Katelyn Sowinski	4:42.06
2014-15	Katelyn Sowinski	4:40.72
2013-14	Gabrielle Shishkoff	4:42.51
2012-13	Alyson Ackman	4:42.11
2011-12	Megan Siverling	4:49.72
2010-11	Amy Modglin	4:46.36
2009-10	Kailey Morris	4:45.41
2008-09	Kailey Morris	4:42.51
2007-08	Kelly Nelson	4:43.54
2006-07	Nikki Collins	4:45.55
2005-06	Erin Morris	4:44.82
2004-05	Erin Morris	4:44.09
2003-04	Margy Keefe	4:45.93
2002-03	Sally Anderson	4:45.49
2001-02	Sally Anderson	4:49.03
2000-01	Katie Anderson	4:46.27
1999-00	Katie Anderson	4:49.62
1998-99	Katie Anderson	4:47.90
1997-98	Arianne Adams	4:49.26

1996-97	Kim Kephart	4:53.29
1995-96	Kim Kephart	4:50.29
1994-95	Elizabeth Rossi	4:53.33
1993-94	Regan Stacey	4:50.94
1992-93	Regan Stacey	4:50.75
1991-92	Regan Stacey	4:55.26
1990-91	Heather Nicholson	4:56.96
1989-90	Kristin Lilly	4:51.01
1988-89	Jill Fretz	4:58.50

## 1,000 FREESTYLE

2021-22	Madison Murtagh	9:54.42
2020-21	Madison Murtagh	10:02.24
2019-20	Madison Murtagh	9:53.91
2018-19	Ally McHugh	9:40.12
<b>2017-18</b>	<b>Ally McHugh</b>	<b>9:30.09</b>
2016-17	Ally McHugh	9:43.94
2015-16	Casey Francis	9:42.99
2014-15	Megan Siverling	9:45.88
2013-14	Megan Siverling	9:45.41
2012-13	Gabi Shishkoff	9:55.72
2011-12	Megan Siverling	9:59.92
2010-11	Diana Greco	10:10.44
2009-10	Stephanie Roop	9:59.16
2008-09	Karie Haglund	9:58.05
2007-08	Kailey Morris	9:54.72
2006-07	Nikki Collins	9:47.88
2005-06	Nikki Collins	9:56.18
2004-05	Nikki Collins	9:54.82
2003-04	Margy Keefe	9:50.35
2002-03	Sally Anderson	10:03.07
2001-02	Sally Anderson	10:02.36
2000-01	Sally Anderson	10:06.76
1999-00	Katie Anderson	9:57.30
1998-99	Katie Anderson	10:02.09
1997-98	Katie Anderson	10:04.26
1996-97	unavailable	
1995-96	unavailable	
1994-95	Elizabeth Rossi	9:59.61
1993-94	Regan Stacey	9:58.47
1992-93	Regan Stacey	10:00.25
1991-92	Regan Stacey	10:06.14
1990-91	Heather Nicholson	10:09.07
1989-90	Kristin Lilly	10:13.24
1988-89	Kristin Lilly	10:16.14

## 1,650 FREESTYLE

2021-22	Madison Murtagh	16:28.59
2020-21	Madison Murtagh	16:32.39
2019-20	Madison Murtagh	16:23.96
2018-19	Ally McHugh	15:39.22
<b>2017-18</b>	<b>Ally McHugh</b>	<b>15:36.27</b>
2016-17	Ally McHugh	15:58.92
2015-16	Casey Francis	16:05.37
2014-15	Megan Siverling	16:07.55
2013-14	Megan Siverling	16:08.90
2012-13	Megan Siverling	16:09.40
2011-12	Claire Singley	16:32.86
2010-11	Diana Greco	16:29.32
2009-10	Stephanie Roop	16:22.24
2008-09	Diana Greco	16:28.48
2007-08	Stephanie Roop	16:19.25
2006-07	Nikki Collins	16:12.44
2005-06	Nikki Collins	16:13.35
2004-05	Claire Hawley	16:16.59
2003-04	Margy Keefe	16:13.50
2002-03	Sally Anderson	16:30.27

2001-02	Alecia Kornacki	16:39.63
2000-01	Katie Anderson	16:34.35
1999-00	Katie Collins	17:01.48
1998-99	Sami Bausher	17:15.32
1997-98	Katie Anderson	16:42.80
1996-97	Elizabeth Rossi	16:41.72
1995-96	Elizabeth Rossi	16:32.89
1994-95	Elizabeth Rossi	16:33.79
1993-94	Regan Stacey	16:26.02
1992-93	Regan Stacey	16:27.78
1991-92	Heather Nicholson	16:49.80
1990-91	Heather Nicholson	16:46.19
1989-90	Heather Nicholson	16:59.24
1988-89	Erin Dittmar	17:17.73

## 100 BACKSTROKE

<b>2021-22</b>	<b>Marie Schobel</b>	<b>52.13</b>
2020-21	Marie Schobel	52.34
2019-20	Marie Schobel	52.69
2018-19	Maddie Hart	53.19
2017-18	Maddie Hart	52.72
2016-17	Niki Price	54.71
2015-16	Alyson Ackman	53.63
2014-15	Alyson Ackman	53.30
2013-14	Mackenzie Powers	52.19
2012-13	Paige Whitmire	52.50
2011-12	Paige Whitmire	53.26
2010-11	Paige Whitmire	53.85
2009-10	Paige Whitmire	55.13
2008-09	Kaitlyn Ferguson	54.10
2007-08	Michelle Myers	54.24
2006-07	Michelle Myers	55.14
2005-06	Sarah Haupt	53.03
2004-05	Sarah Haupt	54.01
2003-04	Sarah Haupt	53.17
2002-03	Sarah Haupt	53.44
2001-02	Susan Janoski	56.23
2000-01	Katie Bruzda	55.40
1999-00	Katie Bruzka	55.79
1998-99	K. Keane/L. Spada	56.67
1997-98	Lesley Spada	56.97
1996-97	Lesley Spada	57.93
1995-96	Lisa Pastrana	57.02
1994-95	Lisa Pastrana	57.26
1993-94	Janet Worobel	56.70
1992-93	Janet Worobel	56.97
1991-92	Janet Worobel	57.57
1990-91	Janet Worobel	58.54
1989-90	Lori Williams	58.60
1988-89	Denise Sonntag	1:00.11

## 200 BACKSTROKE

2021-22	Marie Schobel	1:54.37
2020-21	Marie Schobel	1:56.17
<b>2019-20</b>	<b>Maddie Hart</b>	<b>1:53.37</b>
2018-19	Maddie Hart	1:55.78
2017-18	Maddie Hart	1:58.96
2016-17	Niki Price	1:57.40
2015-16	Niki Price	1:57.44
2014-15	Casey Fazio	1:57.60
2013-14	Kathryn Rowe	1:55.16
2012-13	Amy Modglin	1:54.63
2011-12	Amy Modglin	1:56.18
2010-11	Amy Modglin	1:53.66
2009-10	Amy Modglin	1:54.02
2008-09	Daphne Skelos	1:56.78
2007-08	Daphne Skelos	1:55.65

**Bold indicates PSU school record**



# YEARLY TOP TIMES

2006-07	Daphne Skelos	1:57.86
2005-06	Erin Morris	1:57.25
2004-05	Erin Morris	1:57.94
2003-04	Sarah Haupt	1:58.62
2002-03	Sarah Haupt	1:59.70
2001-02	Katie Bruzda	1:59.17
2000-01	Christina Stocki	1:59.92
1999-00	Jenelle Ritchie	1:58.98
1998-99	Christina Stocki	2:00.61
1997-98	Lesley Spada	2:02.78
1996-97	Lesley Spada	2:03.67
1995-96	Lisa Pastrana	2:02.91
1994-95	Lisa Pastrana	2:01.69
1993-94	Lisa Pastrana	2:00.51
1992-93	Lisa Pastrana	2:02.54
1991-92	Lori Williams	2:02.79
1990-91	Lori Williams	2:04.22
1989-90	Lori Williams	2:04.25
1988-89	Lisa Maximo	2:06.57

## 100 BREASTSTROKE

2021-22	Olivia Jack	1:00.02
2020-21	Maddie Cooke	1:00.19
2019-20	Maddie Cooke	1:00.83
2018-19	Olivia Jack	1:01.46
2017-18	Jane Donahue	1:02.38
2016-17	Annalee Johnson	1:02.68
2015-16	Melissa Rodriguez	1:00.75
2014-15	Taylor Cameron	1:00.88
2013-14	Melissa Rodriguez	1:00.25
2012-13	Melissa Rodriguez	1:00.54
<b>2011-12</b>	<b>Merritt Krawczyk</b>	<b>59.68</b>
2010-11	Merritt Krawczyk	1:00.56
2009-10	Merritt Krawczyk	1:01.53
2008-09	Karie Haglund	1:00.65
2007-08	Caitlin Meehan	1:01.76
2006-07	Lyndsey Smith	1:01.87
2005-06	Abby Hoisington	1:03.10
2004-05	Kristen Woodring	1:01.41
2003-04	Kristen Woodring	1:00.35
2002-03	Courtney Stanchock	1:00.83
2001-02	Kristen Woodring	1:01.15
2000-01	Kristen Woodring	59.77
1999-00	Lindsey Wilson	1:03.94
1998-99	Barb Mulshine	1:03.36
1997-98	unavailable	
1996-97	Karna Lorhammer	1:05.43
1995-96	Kristi Swix	1:05.22
1994-95	Karna Lorhammer	1:05.65
1993-94	Julie Krail	1:02.66
1992-93	Julie Anderson	1:07.15
1991-92	Julie Anderson	1:06.56
1990-91	Sheri Evey	1:07.74
1989-90	Marianne Quinn	1:05.70
1988-89	Beth Haas	1:06.07

## 200 BREASTSTROKE

2021-22	Kylie Rydland	2:15.82
2020-21	Carly Hart	2:14.79
2019-20	Carly Hart	2:14.11
2018-19	Jane Donahue	2:15.23
2017-18	Jane Donahue	2:15.63
2016-17	Annalee Johnson	2:13.67
<b>2015-16</b>	<b>Melissa Rodriguez</b>	<b>2:07.80</b>
2014-15	Melissa Rodriguez	2:09.87
2013-14	Melissa Rodriguez	2:09.54
2012-13	Melissa Rodriguez	2:10.29

2011-12	Merritt Krawczyk	2:11.33
2010-11	Merritt Krawczyk	2:14.26
2009-10	Merritt Krawczyk	2:14.92
2008-09	Kaitlin O'Brien	2:11.84
2007-08	Kaitlin O'Brien	2:12.96
2006-07	Kaitlin O'Brien	2:16.18
2005-06	Kaitlin O'Brien	2:16.36
2004-05	Kristen Woodring	2:16.56
2003-04	Courtney Stanchock	2:14.30
2002-03	Courtney Stanchock	2:13.03
2001-02	Corrie Clark	2:13.06
2000-01	Corrie Clark	2:12.16
1999-00	Lindsey Wilson	2:17.19
1998-99	Barb Mulshine	2:18.95
1997-98	Karna Lorhammer	2:18.23
1996-97	Sarah Jay	2:19.70
1995-96	Karna Lorhammer	2:19.50
1994-95	Tiffany Crandell	2:19.56
1993-94	Julie Krail	2:16.08
1992-93	Julie Anderson	2:22.54
1991-92	Julie Anderson	2:22.78
1990-91	Megan Smothergill	2:22.16
1989-90	Megan Smothergill	2:22.32
1988-89	Beth Haas	2:24.15

## 100 BUTTERFLY

2021-22	Madison Ledwith	53.41
2020-21	Maddie Cooke	53.89
2019-20	Maddie Hart	51.64
2018-19	Maddie Hart	52.09
2017-18	Maddie Hart	52.71
2016-17	Katie Saloky	53.43
2015-16	Niki Price	53.80
2014-15	Carolyn Fittin	53.05
<b>2013-14</b>	<b>Mackenzie Powers</b>	<b>51.56</b>
2012-13	Mackenzie Powers	52.80
2011-12	Mackenzie Powers	52.25
2010-11	Mackenzie Powers	52.72
2009-10	Alexandra Young	55.44
2008-09	Lauren Smart	54.72
2007-08	Kelly Nelson	55.13
2006-07	Karie Haglund	55.88
2005-06	Amberle Biedermann	54.04
2004-05	Amberle Biedermann	53.81
2003-04	Amberle Biedermann	53.63
2002-03	Amberle Biedermann	53.47
2001-02	Corrie Clark	54.35
2000-01	Corrie Clark	54.06
1999-00	Megan Smith	55.94
1998-99	Lesley Spada	56.20
1997-98	Megan Smith	56.41
1996-97	Carol Girvin	59.26
1995-96	Lisa Pastrana	57.00
1994-95	Julie Borleske	58.22
1993-94	Lisa Pastrana	57.07
1992-93	Jennifer Baird	57.13
1991-92	Jennifer Baird	56.91
1990-91	Jennifer Baird	56.92
1989-90	Fran McDermid	56.73
1988-89	Kristen Elias	55.09

## 200 BUTTERFLY

2021-22	Morgan Rinn	1:59.69
2020-21	Brooke Matthias	1:59.08
2019-20	Brooke Matthias	1:58.05
2018-19	Maddie Hart	1:56.26
2017-18	Maddie Hart	1:57.82

2016-17	Katelyn Sowinski	1:55.97
2015-16	Katie Rowe	1:56.23
2014-15	Katie Rowe	1:56.11
2013-14	Katie Rowe	1:55.34
2012-13	Merritt Krawczyk	1:57.81
2011-12	Chelsea Weedman	1:56.85
2010-11	Alexandra Young	1:57.19
2009-10	Kailey Morris	1:58.75
<b>2008-09</b>	<b>Kelly Nelson</b>	<b>1:54.96</b>
2007-08	Kelly Nelson	1:55.86
2006-07	Kailey Morris	1:58.27
2005-06	Kelly Nelson	1:58.93
2004-05	Amberle Biedermann	1:58.65
2003-04	Amberle Biedermann	1:57.87
2002-03	Amberle Biedermann	1:58.08
2001-02	Corrie Clark	2:00.52
2000-01	Katie Anderson	2:00.64
1999-00	Katie Anderson	2:01.49
1998-99	Katie Anderson	2:00.67
1997-98	Katie Anderson	2:01.95
1996-97	Samantha Bausher	2:06.00
1995-96	Julie Borleske	2:05.67
1994-95	Julie Borleske	2:05.70
1993-94	Jennifer Baird	2:04.64
1992-93	Jen Wilson	2:02.88
1991-92	Jen Wilson	2:02.92
1990-91	Jen Wilson	2:02.39
1989-90	Jen Wilson	2:02.90
1988-89	Kristen Elias	2:00.93

## 200 IM

2021-22	Sadie Schumann	2:01.55
2020-21	Margaret Markvardt	1:59.39
2019-20	Margaret Markvardt	1:59.89
2018-19	Heather MacDougall	2:02.29
2017-18	Niki Price	1:58.18
2016-17	Megan Wujciak	2:01.14
2015-16	Katie Rowe	1:58.06
2014-15	Katie Rowe	1:58.75
2013-14	Gabrielle Shishkoff	1:58.32
<b>2012-13</b>	<b>Merritt Krawczyk</b>	<b>1:57.16</b>
2011-12	Merritt Krawczyk	1:57.77
2010-11	Merritt Krawczyk	1:58.05
2009-10	Lyndsey Smith	1:59.42
2008-09	Kaitlin O'Brien	1:58.50
2007-08	Kaitlin O'Brien	1:58.88
2006-07	Karie Haglund	2:00.84
2005-06	Kelly Nelson	2:00.78
2004-05	Courtney Stanchock	2:02.32
2003-04	Erin Morris	2:01.90
2002-03	Courtney Stanchock	2:01.32
2001-02	Erin Mulshenock	2:00.92
2000-01	Corrie Clark	2:00.66
1999-00	Tasha Kulka	2:03.24
1998-99	Barb Mulshine	2:03.22
1997-98	Karna Lorhammer	2:06.07
1996-97	Karna Lorhammer	2:06.51
1995-96	Karna Lorhammer	2:06.15
1994-95	Lisa Pastrana	2:06.12
1993-94	Julie Krail	2:04.00
1992-93	Janey Worobel	2:08.61
1991-92	Jennifer Baird	2:09.06
1990-91	Janet Worobel	2:08.33
1989-90	Denise Sonntag	2:06.22
1988-89	Kristin Lilly	2:06.14

## 400 IM

2021-22	Morgan Rinn	4:19.59
2020-21	Stephanie Szekely	4:15.63
2019-20	Stephanie Szekely	4:16.62
<b>2018-19</b>	<b>Ally McHugh</b>	<b>4:05.78</b>
2017-18	Ally McHugh	4:06.43
2016-17	Ally McHugh	4:06.27
2015-16	Katie Rowe	4:09.77
2014-15	Katie Rowe	4:15.08
2013-14	Gabrielle Shishkoff	4:06.85
2012-13	Gabrielle Shishkoff	4:09.92
2011-12	Chelsea Weedman	4:11.81
2010-11	Chelsea Weedman	4:11.34
2009-10	Kailey Morris	4:13.92
2008-09	Kaitlin O'Brien	4:08.10
2007-08	Kaitlin O'Brien	4:08.40
2006-07	Kaitlin O'Brien	4:11.56
2005-06	Kaitlin O'Brien	4:12.03
2004-05	Megan Palera	4:15.35
2003-04	Megan Palera	4:17.89
2002-03	Jaime Ryan	4:31.57
2001-02	Erin Mulshenock	4:18.96
2000-01	Jenna Lopano	4:22.74
1999-00	Jenna Lopano	4:23.66
1998-99	Sarah Jay	4:27.32
1997-98	unavailable	
1996-97	Tiffany Crandell	4:32.51
1995-96	Karna Lorhammer	4:28.40
1994-95	Tiffany Crandell	4:28.88
1993-94	Tiffany Crandell	4:29.71
1992-93	Gretchen Bausher	4:50.71
1991-92	Regan Stacey	4:33.51
1990-91	Lisa Maximo	4:32.25
1989-90	Jill Fretz	4:30.39
1988-89	Lisa Maximo	4:28.94

Bold indicates PSU school record



## 50 FREESTYLE

*McCoy Natatorium Record* 22.75, Lauren Perdue, Virginia, 2012

1.	Carolyn Fittin	21.98	2015
2.	Paige Whitmire	22.22	2013
3.	Maddie Cooke	22.39	2021
	Katie Saloky	22.39	2017
5.	Aly Ackmann	22.41	2014
	Samantha Palsler	22.41	2012
7.	<b>Olivia Jack</b>	<b>22.49</b>	<b>2022</b>
8.	Michelle Myers	22.58	2009
9.	<b>Abbie Amdor</b>	<b>22.61</b>	<b>2022</b>
10.	Katelyn Miller	22.69	2015

## 100 FREESTYLE

*McCoy Natatorium Record* 49.61, S. Williams, Bloomsburg HS, 1998

1.	Alyson Ackman	48.01	2014
2.	Carolyn Fittin	48.69	2015
3.	Paige Whitmire	48.74	2013
4.	Samantha Palsler	48.93	2012
5.	<b>Cat Stanford</b>	<b>49.15</b>	<b>2021</b>
6.	<b>Abbie Amdor</b>	<b>49.16</b>	<b>2020</b>
6.	Niki Price	49.35	2018
7.	Kaitlin Jones	49.44	2015
9.	Lindsey DeForrest	49.70	2009
10.	Siena Salvaggio	49.78	2017

## 200 FREESTYLE

*McCoy Natatorium Record* 1:47.37, S. Williams, Bloomsburg HS, 1998

1.	Alyson Ackman	1:43.59	2014
2.	Kelly Nelson	1:44.94	2009
3.	Kaitlin Jones	1:45.67	2015
4.	Tommie Dillione	1:46.19	2017
5.	Caitlyn Karr	1:46.61	2014
6.	Siena Salvaggio	1:46.90	2017
7.	<b>Abbie Amdor</b>	<b>1:47.12</b>	<b>2019</b>
8.	Sarah Baker	1:47.13	2009
9.	Lauren Preyss	1:47.33	2005
10.	Erin Thomas	1:47.42	2012

## 500 FREESTYLE

*McCoy Natatorium Record* 4:46.46, Rachel Naurath, Virginia, 2012

1.	Ally McHugh	4:36.17	2018
2.	Katelyn Sowinski	4:40.72	2015
3.	Megan Silverling	4:41.86	2014
4.	Casey Francis	4:42.06	2016
5.	Alyson Ackman	4:42.11	2013
6.	Erin Morris	4:42.17	2005
7.	Gabrielle Shishkoff	4:42.51	2013
	Kailey Morris	4:42.51	2009
9.	Kelly Nelson	4:42.75	2009
10.	Siena Salvaggio	4:44.28	2017

## 1000 FREESTYLE

*McCoy Natatorium Record* 9:41.53, Sara McLarty, Florida, 2002

1.	Ally McHugh	9:30.09	2018
2.	Casey Francis	9:42.99	2015
3.	Megan Silverling	9:45.41	2014
4.	Nikki Collins	9:47.88	2007
5.	Margy Keefe	9:50.35	2004
6.	Steph Roop	9:50.37	2007
7.	Claire Hawley	9:50.46	2005
8.	Kaitlin O'Brien	9:53.58	2009
9.	Erin Morris	9:53.79	2005
10.	Madison Murtagh	9:53.91	2020

## 1650 FREESTYLE

*McCoy Natatorium Record* 16:21.62, Cara Lane, Virginia, 2002

1.	Ally McHugh	15:36.27	2018
2.	Casey Francis	16:06.25	2015
3.	Megan Silverling	16:07.55	2015
4.	Nikki Collins	16:12.44	2007
5.	Claire Hawley	16:16.59	2005
6.	Margy Keefe	16:16.98	2004
7.	Erin Morris	16:18.98	2005
8.	Stephanie Roop	16:19.25	2008
9.	Katelyn Sowinski	16:19.56	2016
10.	Madison Murtaugh	16:23.96	2019

## 100 BACKSTROKE

*McCoy Natatorium Record* 54.32, Mei Christensen, Virginia, 2009

1.	Marie Schobel	52.13	2022
2.	Mackenzie Powers	52.19	2014
3.	Alyson Ackman	52.45	2014
4.	Paige Whitmire	52.50	2013
5.	Maddie Hart	52.71	2020
6.	Sarah Haupt	53.03	2006
7.	<b>Molly Carson</b>	<b>53.20</b>	<b>2022</b>
8.	Kaitlyn Ferguson	53.75	2009
9.	Hailey Campbell	53.87	2011
10.	Casey Fazio	54.06	2014

## 200 BACKSTROKE

*McCoy Natatorium Record* 1:56.43, Mei Christensen, Virginia, 2012

1.	Maddie Hart	1:53.37	2020
2.	Amy Modglin	1:53.66	2011
3.	Marie Schobel	1:54.37	2021
4.	Kathryn Rowe	1:55.16	2014
5.	Daphne Skelos	1:55.50	2009
6.	Mackenzie Powers	1:56.18	2014
7.	Casey Fazio	1:56.46	2014
8.	Stephanie Szekely	1:56.73	2020
9.	Allie Roberts	1:56.82	2012
10.	Erin Morris	1:57.25	2006



# PENN STATE RECORD BOOK

## 100 BREASTSTROKE

*McCoy Natatorium Record* 1:00.48, Kristen Woodring, Penn State, 2000

1.	Merritt Krawczyk	59.68	2012
2.	Kristen Woodring	59.77	2001
3.	Maddie Cooke	1:00.19	2021
4.	Melissa Rodriguez	1:00.25	2014
5.	Karie Haglund	1:00.65	2009
<b>6.</b>	<b>Olivia Jack</b>	<b>1:00.68</b>	<b>2022</b>
7.	Courtney Stanchock	1:00.83	2003
8.	Taylor Cameron	1:00.88	2015
9.	Carly Hart	1:00.93	2020
10.	Lyndsey Smith	1:00.95	2012

## 200 BREASTSTROKE

*McCoy Natatorium Record* 2:12.60, Kristen Woodring, Penn State, 2000

1.	Melissa Rodriguez	2:07.80	2016
2.	Merritt Krawczyk	2:11.33	2012
3.	Taylor Cameron	2:11.67	2015
4.	Kaitlin O'Brien	2:11.84	2009
5.	Karie Haglund	2:12.03	2009
6.	Corrie Clark	2:12.11	2002
7.	Kristen Woodring	2:12.60	2001
8.	Lyndsey Smith	2:12.96	2009
9.	Courtney Stanchock	2:13.03	2003
10.	Rachel Butler	2:13.43	2012

## 100 BUTTERFLY

*McCoy Natatorium Record* 54.02, Buddemeyer, PHH, 1984

1.	Mackenzie Powers	51.56	2014
2.	Maddie Hart	51.64	2020
3.	Carolyn Fittin	53.05	2014
4.	Katie Rowe	53.09	2014
5.	Madison Ledwith	53.30	2020
6.	Katie Saloky	53.43	2017
7.	Amberle Biedermann	53.47	2003
<b>8.</b>	<b>Maura Fluehr</b>	<b>53.62</b>	<b>2022</b>
<b>9.</b>	<b>Brooke Matthias</b>	<b>53.67</b>	<b>2020</b>
<b>10.</b>	<b>Emma Harvey</b>	<b>53.76</b>	<b>2022</b>

## 200 BUTTERFLY

*McCoy Natatorium Record* 1:57.99, Liz Shaw, Virginia, 2009

1.	Kelly Nelson	1:54.96	2009
2.	Katie Rowe	1:55.34	2014
3.	Katelyn Sowinski	1:55.97	2017
4.	Maddie Hart	1:56.26	2019
5.	Kailey Morris	1:56.80	2009
6.	Chelsea Weedman	1:56.85	2012
7.	Alexandra Young	1:57.19	2011
8.	Gabrielle Shishkoff	1:57.43	2014
9.	Merritt Krawczyk	1:57.81	2013
10.	Amberle Biedermann	1:57.87	2004

## 200 IM

*McCoy Natatorium Record* 2:00.90, Allysa Vavra, Indiana, 2012

1.	Merritt Krawczyk	1:57.16	2013
2.	Chelsea Weedman	1:57.55	2013
3.	Katie Rowe	1:58.06	2016
4.	Niki Price	1:58.18	2018
5.	Gabrielle Shishkoff	1:58.32	2013
6.	Kaitlin O'Brien	1:58.50	2009
7.	Haley Sinatro	1:58.99	2014
<b>8.</b>	<b>Margaret Markvardt</b>	<b>1:59.39</b>	<b>2021</b>
9.	Lyndsey Smith	1:59.42	2010
10.	Monika Gonzalez-Hermosillo	1:59.63	2015

## 400 IM

*McCoy Natatorium Record* 4:14.70, Kaitlin O'Brien, Penn State, 2007

1.	Ally McHugh	4:05.78	2019
2.	Gabrielle Shishkoff	4:06.85	2014
3.	Kaitlin O'Brien	4:08.10	2009
4.	Katie Rowe	4:09.77	2016
5.	Daphne Skelos	4:11.14	2008
6.	Chelsea Weedman	4:11.18	2012
7.	Kailey Morris	4:11.41	2009
8.	Monika Gonzalez-Hermosillo	4:11.80	2015
9.	Casey Francis	4:13.69	2016
10.	Merritt Krawczyk	4:13.76	2013

## 200 FREESTYLE RELAY

*McCoy Natatorium Record* 1:32.02, Penn State, 2015

1.	Alyson Ackman, Carolyn Fittin Katie Saloky, Katelyn Miller	1:28.30	2015
2.	Paige Whitmire, Carolyn Fittin Katelyn Miller, Alyson Ackman	1:28.96	2013
3.	Alyson Ackman, Katie Saloky Haley Sinatro, Kaitlin Jones	1:29.41	2016
<b>4.</b>	<b>Maddie Cooke, Elizabeth Gaspari Cat Stanford, Abbie Amdor</b>	<b>1:29.48</b>	<b>2021</b>

## 400 FREESTYLE RELAY

*McCoy Natatorium Record* 3:20.44, Penn State, 2014

1.	Alyson Ackman, Niki Price Haley Sinatro, Kaitlin Jones	3:15.45	2016
2.	Samantha Palsler, Katie Pulos Erin Thomas, Paige Whitmire	3:16.12	2012
3.	Alyson Ackman, Carolyn Fittin Katelyn Miller, Paige Whitmire	3:16.15	2013
4.	Alyson Ackman, Carolyn Fittin Katelyn Miller, Caitlyn Karr	3:16.33	2014



## 800 FREESTYLE RELAY

*McCoy Natatorium Record* 7:22.42, Penn State, 2010

1.	Alyson Ackman, Kaitlin Jones Carolyn Fittin, Caitlyn Karr	7:03.07	2015
2.	Alyson Ackman, Niki Price Megan Wujciak, Kaitlin Jones	7:04.42	2016
3.	Megan Siverling, Alyson Ackman Kaitlin Jones, Caitlyn Karr	7:05.42	2015
4.	Alyson Ackman, Kaitlin Jones Caitlyn Karr, Gabrielle Shishkoff	7:05.44	2014

## 200 MEDLEY RELAY

*McCoy Natatorium Record* 1:42.13, Penn State, 2012

1.	Marie Schobel, <b>Olivia Jack,</b> <b>Emma Harvey,</b> Maddie Cooke	<b>1:36.79</b>	<b>2022</b>
2.	Marie Schobel, Carly Hart Maddie Hart, Maddie Cooke	1:37.09	2020
3.	Mackenzie Powers, Haley Sinatro Carolyn Fittin, Katelyn Miller	1:37.61	2014

## 400 MEDLEY RELAY

*McCoy Natatorium Record* 3:42.74, Virginia, 2012

1.	Marie Schobel, Carly Hart Maddie Hart, <b>Abbie Amdor</b>	<b>3:33.26</b>	<b>2020</b>
2.	Alyson Ackman, Melissa Rodriguez Mackenzie Powers, Carolyn Fittin	3:33.27	2014
3.	Marie Schobel, <b>Olivia Jack,</b> Madison Ledwith, <b>Abbie Amdor</b>	<b>3:33.47</b>	<b>2022</b>



# SCHOOL RECORD CHRONOLOGY

## 50 FREESTYLE

21.98	Carolyn Fittin	2015-pres.
22.22	Paige Whitmire	2013-2015
22.33	Paige Whitmire	2012-2013
22.52	Paige Whitmire	2011-2012
22.58	Michelle Myers	2009-2011
22.60	Michelle Myers	2009
22.71	Michelle Myers	2008-2009
22.80	Dee Dlugonski	2005-2008
22.99	Katie Hostetler	2001-2005
23.21	Fran McDermid	1993-2001
23.43	Fran McDermid	1992-1993
23.51	Fran McDermid	1990-1992
23.70	Kristin Whitner	1986-1990
23.78	Kristin Whitner	1985-1986
24.60	Cindy Aungst	1979-1985
24.79	Karen Schoeholtz	1976-1979
25.17	Laura Fedon	1975-1976

## 100 FREESTYLE

48.01	Alyson Ackman	2014-pres.
48.74	Paige Whitmire	2013-2014
48.93	Samantha Palser	2012-2013
49.03	Samantha Palser	2011-2012
49.70	Lindsey DeForrest	2009-2011
49.84	Dee Dlugonski	2005-2009
50.12	Fran McDermid	1992-2005
50.68	Fran McDermid	1990-1992
51.12	Megan Tompkins	1983-1990
53.02	Cindy Aungst	1979-1983
53.96	Janice Fischer	1975-1979

## 200 FREESTYLE

1:43.59	Alyson Ackman	2014-pres.
1:44.83	Alyson Ackman	2013-2014
1:44.94	Kelly Nelson	2009-2013
1:45.75	Kelly Nelson	2008-2009
1:47.30	Kelly Nelson	2006-2008
1:47.33	Lauren Preyss	2005-2006
1:47.61	Fran McDermid	1992-2006
1:48.78	Kristin Lilly	1989-1992
1:49.70	Megan Tompkins	1984-1989
1:55.45	Cindy Aungst	1979-1984
1:59.39	Tammy Brush	1977-1979
1:59.86	Janice Fischer	1975-1977

## 500 FREESTYLE

4:36.17	Ally McHugh	2018-pres.
4:40.72	Katleyn Sowinski	2015-2018
4:41.86	Megan Siverling	2014-2015
4:42.11	Alyson Ackman	2013-2014
4:42.17	Erin Morris	2005-2013
4:45.49	Sally Anderson	2003-2005
4:45.71	Sally Anderson	2002-2003
4:46.27	Katie Anderson	2001-2002
4:47.90	Katie Anderson	1999-2001
4:49.26	Arianne Adams	1998-1999
4:50.29	Kim Kephart	1996-1998
4:50.75	Regan Stacey	1993-1996
4:51.01	Kristin Lilly	1990-1993
4:53.68	Denise Sonntag	1988-1990
4:55.69	Megan Tompkins	1984-1988
5:10.84	Cindy Aungst	1979-1984
5:21.41	Tammy Brush	1977-1979
5:36.27	Janice Fischer	1976-1977

## 1,000 FREESTYLE

9:30.09	Ally McHugh	2018-pres.
9:36.29	Ally McHugh	2018-2018
9:42.52	Ally McHugh	2017-2018
9:42.99	Casey Francis	2015-2017
9:45.41	Megan Siverling	2014-2015
9:47.88	Nikki Collins	2007-2014
9:48.36	Nikki Collins	2006-2007
9:50.35	Margy Keefe	2004-2006
9:57.30	Katie Anderson	2000-2004
9:58.47	Regan Stacey	1994-2000
10:00.25	Regan Stacey	1993-1994
10:06.14	Regan Stacey	1992-1993
10:08.10	Alisa Hess	1987-1992
10:15.50	Linda Krauser	1983-1987
10:40.76	Cindy Aungst	1979-1983
11:17.10	Trisha Lang	1978-1979

## 1,650 FREESTYLE

15:36.27	Ally McHugh	2018-pres.
15:43.34	Ally McHugh	2018-2018
15:58.92	Ally McHugh	2017-2018
16:05.25	Casey Francis	2015-2017
16:07.55	Megan Siverling	2015-2015
16:08.90	Megan Siverling	2014-2015
16:09.40	Megan Siverling	2013-2014
16:12.44	Nikki Collins	2007-2013
16:13.35	Nikki Collins	2006-2007
16:16.59	Claire Hawley	2005-2006
16:16.98	Margy Keefe	2004-2005
16:26.02	Regan Stacey	1994-2004
16:28.78	Regan Stacey	1993-1994
16:46.96	Heather Nicholson	1991-1993
16:59.24	Heather Nicholson	1990-1991
17:02.28	Linda Krauser	1983-1990
18:11.95	Peggy Hale	1979-1983
18:23.44	Carol Mazzer	1978-1979
19:30.34	Barbara Koepf	1977-1978

## 100 BACKSTROKE

52.13	Marie Schobel	2022-pres.
52.19	Mackenzie Powers	2014-2022.
52.50	Paige Whitmire	2013-2014
53.03	Sarah Haupt	2006-2013
53.17	Sarah Haupt	2004-2006
53.44	Sarah Haupt	2003-2004
55.40	Katie Bruzda	2001-2003
55.79	Katie Bruzda	2000-2001
56.26	Lisa Pastrana	1995-2000
56.70	Janet Worobel	1994-1995
56.97	Janet Worobel	1993-1994
57.57	Janet Worobel	1992-1993
58.49	Denise Sonntag	1988-1992
59.23	Rita Maximo	1985-1988
1:01.22	Bobbi Millard	1979-1985
1:02.22	Cindy Fry	1976-1979
1:05.50	Laura Fedon	1975-1976

## 200 BACKSTROKE

1:53.37	Maddie Hart	2020-pres.
1:53.66	Amy Modglin	2011-2020
1:54.02	Amy Modglin	2010-2011
1:55.65	Daphne Skelos	2008-2010
1:57.25	Erin Morris	2006-2008
1:58.62	Sarah Haupt	2004-2006
1:58.89	Erin Mulshenock	2002-2004
1:58.98	Jenelle Ritchie	2000-2002
2:00.51	Lisa Pastrana	1994-2000
2:02.54	Lisa Pastrana	1993-1994
2:02.79	Lori Williams	1992-1993
2:04.22	Lori Williams	1991-1992
2:04.25	Lori Williams	1990-1991
2:04.42	Denise Sonntag	1988-1990
2:06.59	Denise Sonntag	1987-1988
2:08.18	Rita Maximo	1985-1987
2:13.65	Sue Cosgarea	1979-1985
2:13.65	Sue Cosgarea	1978-1979
2:18.23	Cindy Fry	1977-1978

## 100 BREASTSTROKE

59.68	Merritt Krawczyk	2012-14
59.77	Kristen Woodring	2001-2012
1:02.66	Julie Krail	1994-2001
1:05.11	Jan Leeshock	1985-1994
1:10.30	Lynn Scovazzo	1976-1985

## 200 BREASTSTROKE

2:07.80	Melissa Rodriguez	2016-pres.
2:09.54	Melissa Rodriguez	2014-2016
2:10.29	Melissa Rodriguez	2013-2014
2:11.33	Merritt Krawczyk	2012-2013
2:11.84	Kaitlin O'Brien	2009-2012
2:12.03	Karie Haglund	2009
2:12.09	Kaitlin O'Brien	2009
2:12.11	Corrie Clark	2002-2009
2:12.16	Corrie Clark	2001-2002
2:16.08	Julie Krail	1994-2001
2:20.50	Kathleen Dick	1988-1994
2:21.59	Kathleen Dick	1987-1988
2:22.20	Jan Leeshock	1985-1987
2:31.08	Chris Venneri	1979-1985
2:32.80	Lynn Scovazzo	1976-1979

## 100 BUTTERFLY

51.56	Mackenzie Powers	2014-pres.
52.25	Mackenzie Powers	2012-2014
52.72	Mackenzie Powers	2011-2012
53.47	Amberle Biedermann	2003-2011
54.06	Corrie Clark	2001-2003
55.08	Kristen Elias	1988-2001
55.45	Kristen Elias	1987-1988
56.19	Kathy Zoranski	1985-1987
58.22	Sandy Bizal	1979-1985
1:01.17	Carol Mazzer	1978-1979
1:01.37	Carol Mazzer	1977-1978
1:01.70	Joan Peto	1975-1977

## 200 BUTTERFLY

1:54.96	Kelly Nelson	2009-pres.
1:55.32	Kelly Nelson	2009
1:55.86	Kelly Nelson	2008-2009
1:57.38	Kelly Nelson	2008
1:57.79	Kailey Morris	2008
1:57.87	Amberle Biedermann	2004-2008
1:58.08	Amberle Biedermann	2003-2004
2:00.52	Corrie Clark	2002-2003
2:00.63	Kristen Elias	1987-2002
2:05.60	Doreen Kase	1984-1987
2:09.64	Sandy Bizal	1979-1984
2:13.30	Carol Mazzer	1977-1979

## 200 IM

1:57.16	Merritt Krawczyk	2013-pres.
1:57.77	Merritt Krawczyk	2012-2013
1:58.05	Merritt Krawczyk	2011-2012
1:58.50	Kaitlin O'Brien	2009-2011
1:58.59	Kaitlin O'Brien	2009
1:58.88	Kaitlin O'Brien	2007-2009
2:00.11	Corrie Clark	2002-2007
2:00.66	Corrie Clark	2001-2002
2:03.22	Barb Mulshine	1999-2001
2:04.00	Julie Krail	1994-1999
2:06.14	Kristin Lilly	1989-1994
2:06.27	Kirstin Lilly	1988-1989
2:07.36	Kathy Zoranski	1986-1988
2:14.12	Bobbi Millard	1979-1986
2:17.50	Janice Fischer	1978-1979
2:18.40	Janice Fischer	1975-1978

## 400 IM

4:05.78	Ally McHugh	2019-pres.
4:06.27	Ally McHugh	2017-2019
4:06.85	Gabrielle Shishkoff	2014-2017
4:08.10	Kaitlin O'Brien	2009-2014
4:08.18	Kaitlin O'Brien	2009
4:08.40	Kaitlin O'Brien	2007-2009
4:11.56	Kaitlin O'Brien	2007-2007
4:12.03	Kaitlin O'Brien	2006-2007
4:17.89	Megan Palera	2004-2006
4:18.96	Erin Mulshenock	2002-2004
4:22.74	Jenna Lopano	2001-2002
4:23.66	Jenna Lopano	2000-2001
4:26.47	Lisa Maximo	1988-2000
4:32.10	Kristen Elias	1987-1988
4:33.06	Nancy McCarthy	1985-1987
4:44.84	Chris Venneri	1979-1985
4:56.37	Carol Mazzer	1977-1979

# ALL-TIME AWARDS & HONORS



## OLYMPIC MEDALISTS

### 1996

Mary Ellen Clark Bronze Medal - 10m Diving  
USA XXVI Olympiad (Atlanta, USA)

### 1992

Mary Ellen Clark Bronze Medal - 10m Diving  
USA XXV Olympiad (Barcelona, Spain)

## INTERNATIONAL PERFORMERS

### 2022

Emma Harvey Gold - 100 Back, 100 Fly  
Silver - 50 Free, 50 Back, 50 Fly  
BASA Championship

Emma Harvey 50 Back, 100 Back  
50 Fly, 100 Fly  
Commonwealth Games

Olivia Jack 50 Free, 50 Breast  
100 Breast

Molly Carson 50 Back, 100 Back  
USA Swimming Phillips 66 National Championships

Daphne Wils 1-Meter  
3-Meter  
European Championships

### 2021

Melissa Rodriguez 100 Breast  
Mexico 200 Breast  
Olympic Games (Tokyo)

### 2019

Ally McHugh Gold Medal - 800m Free  
USA 1500m Free  
400m Free  
Bronze Medal - 400m IM  
USA Swimming Phillips 66 National Championships

Ally McHugh Silver Medal - 400m IM  
USA 800m Free  
Toyota US Open Championships

### 2018

Ally McHugh Gold Medal - 400m IM  
USA Silver Medal - 1500m Free  
800m Free  
USA Swimming Phillips 66 National Championships

Ally McHugh 1500m Free  
USA 400m Free  
400m IM  
Pan Pacific Championships

### 2017

Ally McHugh Silver Medal - 400 IM  
USA Silver Medal - 4x200 Free Relay  
World University Games (Taipei)

### 2015

Alyson Ackman Bronze Medal - 4x200 Free Relay  
Canada 4x100 Free Relay  
Pan American Games (Toronto)

4x200 Free Relay  
FINA World Championships (Kazan, Russia)

Melissa Rodriguez 200 Breast  
Mexico Pan American Games (Toronto)

Monika Gonzalez-Hermosillo 4x200 Free Relay  
Mexico 400 IM  
Pan American Games (Toronto)

### 2014

Alyson Ackman Bronze Medal - 4x200 Free Relay  
Canada 4x100 Free, 200 Free,  
100 Free, 400 Free  
Pan Pacific Championships (Gold Coast, Australia)

Silver Medal - 4x200 Free Relay  
Bronze Medal - 4x100 Free Relay  
100 Free, 200 Free  
Commonwealth Games (Glasgow, Scotland)

### 2013

Melissa Rodriguez 100/200 Breast  
Mexico World University Games (Kazan, Russia)

### 2011

Amy Modglin 200 Back  
USA World University Games (Erzurum, Turkey)

### 2007

Kaitlin O'Brien 400 IM, 200 Breast  
USA Japan International Grand Prix (Chiba, Japan)

### 2006

Claire Hawley 25K Race  
USA World Championships (Naples, Italy)  
USA Open Water Team

### 2005

Margy Keefe Silver Medal - 5K Race  
USA World Championships (Montreal, Quebec)  
USA Open Water Team

### 2001

Corrie Clark 100 Breast  
USA World University Games (Zakopane, Poland)

### 1997

Sharon Werner 50 Free, 100 Free, 200 Free  
USA Maccabiah Games (Tel Aviv, Israel)

### 1993

Fran McDermid 200 Free, 400 Free Relay  
USA World University Games (Zakopane, Poland)

### 1989

Kristen Elias Silver Medal - 100 Fly  
USA World University Games (Sofia, Bulgaria)

## USA OLYMPIC TRIAL QUALIFIERS

### 2021

Maddie Cooke 50 Free  
Carly Hart 100 Breast  
Maddie Hart 100 Fly  
Ally McHugh 400 Free, 800 Free, 1500 Free & 400 IM  
Morgan Rinn 200 Fly  
Marie Schobel 100 Back  
Cat Stanford 50 Free

### 2016

Tommie Dillione 200 Free  
Casey Francis 400 Free & 400 IM  
Kaitlin Jones 50 Free  
Ally McHugh 200 IM & 400 IM  
Katie Rowe 200 IM  
Katie Saloky 50 Free  
Katelyn Sowinski 400 Free, 200 Fly & 800 Free

### 2016

Tommie Dillione 200 Free  
Casey Francis 400 Free & 400 IM  
Kaitlin Jones 50 Free  
Ally McHugh 200 IM & 400 IM  
Katie Rowe 200 IM  
Katie Saloky 50 Free  
Katelyn Sowinski 400 Free, 200 Fly & 800 Free

### 2012

Jenna Bickel 100 Back & 200 Back  
Rachel Butler 100 Breast & 200 Breast  
Karie Haglund 100 Breast, 200 Breast,  
200 Fly, 200 IM, & 400 IM

Caitlyn Karr 200 Free  
Merritt Krawczyk 100 Breast, 200 Breast  
100 Fly & 200 Fly

Amy Lewis 100 Breast

Amy Modglin 100 Back, 200 Back  
& 400 IM  
Kelly Nelson 200 IM  
Sam Palsler 50 Free  
Mackenzie Powers 100 Fly  
Allie Roberts 200 Back  
Katie Rowe 200 Back  
Gabrielle Shishkoff 200 Back & 400 IM  
Claire Singley 400 IM  
Chelsea Weedman 200 IM, 400 IM  
& 200 Fly  
Paige Whitmire 50 Free, 100 Back  
& 100 Fly  
Alex Young 200 Fly

### 2008

Clare Clemens 200 Breast & 200 IM  
Kaitlyn Ferguson 100 Back & 200 Back  
Karie Haglund 400 Free, 100 Fly,  
200 Fly, 200 IM & 400 IM  
Abby Hoisington 100 Breast & 200 Breast  
Caitlin Meehan 100 Breast & 200 Breast  
Kailey Morris 400 Free, 200 Fly &  
400 IM

Michelle Myers 50 Free, 100 Back &  
200 Back

Kelly Nelson 200 Free, 100 Fly &  
200 Fly

Kaitlin O'Brien 200 Breast, 200 IM &  
400 IM

Daphne Skelos 100 Back, 200 Back,  
200 IM & 400 IM

Lyndsey Smith 100 Breast, 200 Breast

### 2004

Amberle Biedermann 100 Fly  
Sarah Haupt 100 Back  
Claire Hawley 800 Free  
Margy Keefe 400 Free & 800 Free  
Megan Palera 400 IM  
Courtney Stanchock 100 Breast  
Kristen Woodring 100 Breast

### 2000

Katie Anderson 200 Free & 400 Free,  
800 Free & 200 Fly  
Katie Bruzda 100 Back & 200 Back  
Piper Chamberlin 50 Free  
Corrie Clark 100 Breast, 200 Breast &  
200 IM

Katie Hostetler 50 Free  
Kelli Keane 100 Back  
Alecia Kornacki 200 Back  
Tasha Kulka 200 IM  
Jenelle Ritchie 100 Back & 200 Back  
Megan Smith 100 Fly  
Christina Stocki 200 Free & 200 Back  
Lindsey Wilson 100 Breast & 200 Breast  
Kristen Woodring 100 Breast & 200 Breast

### 1996

Katie Anderson 200 Fly

### 1992

Fran McDermid 200 Free  
Casey Keiber 100 Breast

### 1988

Kristen Elias 100 Fly & 200 Fly

### 1984

Megan Tompkins 100 Free  
Becky Binney

## CANADIAN OLYMPIC TRIAL QUALIFIERS

### 2021

Alyson Ackman

### 2016

Alyson Ackman

### 1996



# ALL-TIME AWARDS & HONORS

## FIRST TEAM ALL-AMERICANS

### 2020

Maddie Hart 100 Back, 200 Back, 100 Fly  
 Marie Schobel 100 Back

### 2019

Ally McHugh 1650 Freestyle

### 2018

Ally McHugh 1650 Freestyle

### 2015

Alyson Ackman 800 Free Relay  
 Carolyn Fittin 800 Free Relay  
 Kaitlyn Jones 800 Free Relay  
 Caitlyn Karr 800 Free Relay

### 2014

Alyson Ackman 200 Free

### 2008

Kelly Nelson 200 Fly

### 2007

Nikki Collins 1650 Free

### 2006

Nikki Collins 1650 Free  
 Kaitlin O'Brien 400 IM

### 2005

Amberle Biedermann 200 & 400 Medley Relay  
 Dee Dlugonski 200 & 400 Medley Relay  
 Sarah Haupt 200 & 400 Medley Relay  
 Kristen Woodring 200 & 400 Medley Relay

### 2004

Amberle Biedermann 200 & 400 Medley Relay  
 Dee Dlugonski 200 & 400 Medley Relay  
 Sarah Haupt 100 Back,  
 200 & 400 Medley Relay  
 Kristen Woodring 100 Breast,  
 200 & 400 Medley Relay

### 2002

Corrie Clark 200 Breast

### 2001

Piper Chamberlin 200 Medley Relay  
 Corrie Clark 100 Fly & 200 IM  
 Katie Hostetler 200 Medley Relay  
 Megan Smith 200 Medley Relay  
 Kristen Woodring 100 Breast  
 200 Medley Relay

### 1999

Jaime Jaax One Meter Diving

### 1996

Kim Kephart 200 Free

### 1995

Deni Rudy 200 & 400 Free Relay  
 Sarah Duttera 200 & 400 Free Relay  
 Karen Van Tassel 200 & 400 Free Relay  
 Carmen Kondra 200 & 400 Free Relay

### 1994

Deni Rudy 100 Free  
 Regan Stacey 1650 Free  
 Julie Krail 100 & 200 Breast

### 1993

Fran McDermid 50, 100 & 200 Free  
 Regan Stacey 500 & 1650 Free

### 1992

Fran McDermid 100 & 200 Free  
 400 & 800 Free Relay  
 Deni Rudy 400 & 800 Free Relay  
 Christy Rourke 400 & 800 Free Relay  
 Sara h Duttera 400 & 800 Free Relay

### 1991

Lara von Seelen Three Meter Diving  
 Fran McDermid 800 Free Relay  
 Janet Worobel 800 Free Relay  
 Heather Nicholson 800 Free Relay  
 Christy Rourke 800 Free Relay

### 1990

Fran McDermid 400 Free Relay  
 Denise Sonntag 400 Free Relay  
 Jane Kleiderlein 400 Free Relay  
 Kristin Lilly 400 Free Relay

### 1989

Kristen Elias 100 & 200 Fly

### 1988

Kristen Elias 100 & 200 Fly  
 800 Free Relay  
 Jill Fretz 800 Free Relay  
 Kristin Lilly 800 Free Relay  
 Denise Sonntag 800 Free Relay

### 1987

Kristen Elias 100 & 200 Fly

### 1986

Kathy Zoranski 200 Free Relay  
 Jeanne Wilkins 200 Free Relay  
 Michele Maximo 200 Free Relay  
 Kristin Whitner 200 Free Relay

### 1985

Mary Ellen Clark One & Three Meter Diving

### 1984

Megan Tompkins 200 Free,  
 400 & 800 Free Relay  
 Mary Ellen Clark Three Meter Diving  
 Doreen Case 400 & 800 Free Relay  
 Cindy Post 400 & 800 Free Relay  
 Kristin Whitner 400 & 800 Free Relay

### 1983

Megan Tompkins 200 Free Relay  
 Sandy Bizal 200 Free Relay  
 Michele Maximo 200 Free Relay  
 Kristin Whitner 200 Free Relay

### 1982

Mary Ellen Clark Three Meter Diving  
 Megan Tompkins 800 Free Relay  
 Linda Krauser 800 Free Relay  
 Bobbi Millard 800 Free Relay  
 Cindy Post 800 Free Relay

### 1981

Sandy Bizal 50 Fly

### 1980

Sandy Bizal 50 Fly

### 1979

Sandy Bizal 50 Fly  
 Becky Binney One Meter Diving

### 1976

Cindy Fry 200 & 400 Free Relay  
 Lisa Fedon 200 & 400 Free Relay  
 Karen Schoenholtz 200 & 400 Free Relay  
 Janice Fischer 200 & 400 Free Relay

### 1975

Laurie Fedon 50 Free & 200 Free Relay  
 Leslie Hipp 400 Free Relay  
 Janice Fischer 200 & 400 Free Relay  
 Lisa Fedon 200 & 400 Free Relay  
 Joan Peto 200 & 400 Free Relay

### 1974

Lynn Ross 50 Breast

# ALL-TIME AWARDS & HONORS



## HONORABLE MENTION ALL-AMERICANS

### 2019

Ally McHugh 400 IM

### 2018

Ally McHugh 500 Freestyle

### 2017

Ally McHugh 400 IM, 1650 Freestyle

### 2016

Alyson Ackman 200 Free, 400 Free Relay, 800 Free Relay  
Kaitlin Jones 400 Free Relay, 800 Free Relay  
Niki Price 400 Free Relay, 800 Free Relay  
Melissa Rodriguez 200 Breast  
Haley Sinatro 400 Free Relay  
Megan Wujciak 800 Free Relay

### 2015

Alyson Ackman 200 Free Relay, 200 Free, 100 Free  
Carolyn Fittin 50 Free, 200 Free Relay  
Katelyn Miller 200 Free Relay  
Katie Saloky 200 Free Relay

### 2014

Alyson Ackman 100 Free, 200 Medley Relay, 800 Free Relay  
Carolyn Fittin 200 Medley Relay & 400 Free Relay  
Megan Siverling 1650 Free  
Caitlyn Karr 400 Free Relay, 800 Free Relay  
Haley Sinatro 200 Medley Relay, 400 Free Relay  
Gabi Shishkoff 400 IM, 800 Free Relay  
Mackenzie Powers 100 Fly, 200 Medley Relay  
Katelyn Sowinski 800 Free Relay

### 2013

Mackenzie Powers 200 Medley Relay  
Merritt Krawczyk 200 Medley Relay & 200 IM  
Carolyn Fittin 200 Medley & 200 Free Relay  
Paige Whitmire 200 Medley & 200 Free Relay  
Katelyn Miller 200 Free Relay  
Alyson Ackman 200 Free Relay  
Megan Siverling 1650 Free

### 2012

Paige Whitmire 50 Free, 200 & 400 Medley Relay, 400 & 200 Free Relay  
Merritt Krawczyk 100 Breast, 200 & 400 Medley Relay  
Mackenzie Powers 200 & 400 Medley Relay  
Samantha Palsler 200 & 400 Medley Relay, 400 & 200 Free Relay  
Erin Thomas 400 & 200 Free Relay  
Katherine Pulos 400 & 200 Free Relay  
Chelsea Weedman 200 Fly

### 2011

Merritt Krawczyk 200 IM, 100 Breast  
Paige Whitmire 200 Free Relay  
Samantha Palsler 200 Free Relay  
Erin Thomas 200 Free Relay  
Katherine Pulos 200 Free Relay  
Amy Modglin 200 Back

### 2010

Amy Modglin 200 Back

### 2009

Kelly Nelson 200 Fly, 200 Free  
Kaitlin O'Brien 400 IM

### 2008

Kelly Nelson 400 Medley & 800 Free Relay  
Kaitlin O'Brien 400 IM  
Kailey Morris 200 Fly & 800 Free Relay  
Kaitlyn Ferguson 400 Medley Relay  
Abby Hoisington 400 Medley Relay  
Michelle Myers 400 Medley & Relay  
Stephanie Roop 800 Free Relay

### 2007

Kaitlin O'Brien 400 IM  
Kailey Morris 200 Fly  
Kelly Nelson 800 Free Relay  
Nikki Collins 800 Free Relay  
Jessica Barnes 800 Free Relay  
Molly Crispell 800 Free Relay

### 2006

Kelly Nelson 400 IM, 200 Fly, 800 Free Relay  
Sarah Haupt 100 Back, 400 Medley Relay  
Abby Hoisington 400 Medley Relay  
Amberle Biedermann 400 Medley Relay  
Molly Crispell 400 Medley & 800 Free Relay  
Erin Morris 200 Back, 800 Free Relay  
Karie Haglund 200 Fly  
Jessica Barnes 800 Free Relay

### 2005

Sarah Haupt 100 Back, 200 Free Relay  
Claire Hawley 1650 Free  
Kristen Woodring 100 Breast  
Jennifer Eberst 400 Free Relay  
Lauren Preyss 200, 400 & 800 Free Relay  
Dee Dlugonski 200 & 400 Free Relay  
Lauren Semchyshen 200 & 400 Free Relay  
Erin Morris 500 Free, 1650 Free, 800 Free Relay  
Margy Keefe 800 Free Relay  
Claire Hawley 800 Free Relay  
Alison Riccobono Three Meter Diving

### 2004

Margy Keefe 400 Free, 1500 Free, 800 Free Relay  
Erin Morris 800 Free Relay  
Sally Anderson 800 Free Relay  
Megan Palera 800 Free Relay

### 2003

Sarah Haupt 200 & 400 Medley Relay  
Courtney Stanchock 200 & 400 Medley Relay  
Amberle Biedermann 200 & 400 Medley Relay, 400 Free Relay  
Katie Hostetler 200 Medley & 400 Free Relay  
Dee Dlugonski 400 Medley & 400 Free Relay  
Sally Anderson 400 Free Relay

### 2002

Katie Bruzda 400 Medley Relay  
Kristen Woodring 100 Breast, 400 Medley Relay  
Corrie Clark 400 Medley Relay  
Dee Dlugonski 200 Free & 400 Medley Relay  
Piper Chamberlin 200 Free Relay  
Kristen Weinhold 200 Free Relay  
Katie Hostetler 200 Free Relay  
Sally Anderson 500 Free

### 2001

Kristen Woodring 200 Breast, 400 Medley Relay  
Katie Anderson 500 Free, 200 Fly  
Katie Bruzda 400 Medley Relay  
Corrie Clark 200 IM, 400 Medley Relay, 200 Free Relay

Piper Chamberlin 200 Free & 400 Medley Relay  
Jamie Jaax Three Meter Diving  
Katie Hostetler 200 Free Relay  
Megan Smith 200 Free Relay

### 1999

Jamie Jaax One Meter Diving

### 1996

Elizabeth Rossi 1650 Free

### 1995

Deni Rudy 200 & 400 Free Relay  
Sarah Duttera 200 & 400 Free Relay  
Karen Van Tasse 200 & 400 Free Relay  
Carmen Kondra 200 & 400 Free Relay

### 1994

Regan Stacey 1650 Free  
Deni Rudy 100 Free  
Julie Krail 100 & 200 Breast

### 1993

Regan Stacey 500 & 1650 Free  
Fran McDermid 50 & 100 Free

### 1992

Fran McDermid 100 Free, 400 & 800 Free Relay  
Deni Rudy 400 & 800 Free Relay  
Christy Rourke 400 & 800 Free Relay  
Sarah Duttera 400 & 800 Free Relay

### 1991

Christy Rourke 800 Free Relay  
Fran McDermid 800 Free Relay  
Heather Nicholson 800 Free Relay  
Janet Worobel 800 Free Relay  
Lara Von Seelen Three Meter Diving

### 1990

Fran McDermid 400 Free Relay  
Denise Sonntag 400 Free Relay  
Jane Kleiderlein 400 Free Relay  
Kristin Lilly 400 Free Relay

### 1989

Kristen Elias 100 & 200 Fly

### 1988

Kristen Elias 100 & 200 Fly

### 1987

Kristen Elias 100 & 200 Fly

### 1986

Kathleen Zoranski 200 Free Relay  
Jeanne Wilkins 200 Free Relay  
Michele Maximo 200 Free Relay  
Kristin Whitner 200 Free Relay

### 1984

Doreen Kase 400 & 800 Free Relay  
Cindy Post 400 & 800 Free Relay  
Kristin Whitner 400 & 800 Free Relay  
Megan Tompkins 200 Free, 400 & 800 Free Relay

### 1983

Megan Tompkins 200 Free Relay  
Sandra Bizal 50 Fly, 200 Free Relay  
Michele Maximo 200 Free Relay  
Kristin Whitner 200 Free Relay



# ALL-TIME AWARDS & HONORS

## FIRST TEAM ALL-BIG TEN

- 2019**  
Ally McHugh
- 2018**  
Ally McHugh
- 2014**  
Alyson Ackman, Mackenzie Powers
- 2013**  
Alyson Ackman, Paige Whitmire
- 2012**  
Merritt Krawczyk, Samantha Palser, Mackenzie Powers, Katie Pulos, Erin Thomas, Paige Whitmire
- 2011**  
Mackenzie Powers
- 2007**  
Kaitlin O'Brien, Lindsey Smith
- 2006**  
Sarah Haupt, Kaitlin O'Brien
- 2005**  
Amberle Biedermann, Dee Dlugonski, Sarah Haupt, Erin Morris, Lauren Preyss, Kristen Woodring
- 2004**  
Amberle Biedermann, Dee Dlugonski, Sarah Haupt, Kristen Woodring
- 2003**  
Dee Dlugonski, Kathryn Hostetler, Amberle Biedermann, Sarah Haupt
- 2002**  
Piper Chamberlin, Corrie Clark, Kristen Woodring, Katherine Bruzda, Dee Dlugonski, Jennifer Eberst, Kathryn Hostetler, Erin Mulshenock, Kristin Weinhold
- 2001**  
Piper Chamberlin, Corrie Clark, Katie Hostetler, Megan Smith, Kristen Woodring
- 2000**  
Jaime Jaax
- 1999**  
Katie Anderson, Jaime Jaax
- 1995**  
Denica Rudy
- 1994**  
Julie Krail, Regan Stacey
- 1993**  
Fran McDermid
- 1992**  
Fran McDermid

## ACADEMIC ALL-BIG TEN

- 2021**  
Abbie Amdor, Ellie Brandbergh, Mary Brinker, Meredith Canova, Mackenzie Clark, Maddie Cooke, Lizzie Danforth, Devon Forker, Emma Harvey, Olivia Jack, Madison Ledwith, Casey Loughlin, Courtney Marlin, Brooke Matthias, Shannon Meadway, Madison Murtagh, Nikolette Nolte, Anna Redican, Morgan Rinn, Kylie Rydland, Marie Schobel, Sadie Schumann, Marget Shelly, Kate Sheridan, Sierra Shurts, Cat Stanford, Ellie Tiskus, Annie Walls, Wei Wei
- 2021**  
Abbie Amdor, Camryn Barry, Meredith Canova, Devon Forker, Elizabeth Gaspari, Carly Hart, Emma Harvey, Olivia Jack, Madison Lewith, Courtney Marlin, Erika Marlin, Brooke Matthias, Shannon Meadway, Madison Murtagh, Niki Nolte, Mackenzie O'Connor, Marie Schobel, Sadie Schumann, Marget Shelly, Kate Sheridan, Sierra Shurts, Stephanie Szekely, Ellie Tiskus, Kamryn Umbel, Wei Wei
- 2020**  
Camryn Barry, Maddie Cooke, Christina Crowell, Jane Donahue, Elizabeth Gaspari, Carly Hart, Maddie Hart, Olivia Jack, Madison Ledwith, Heather MacDougall, Erika Marlin, Brooke Matthias, Madison Murtagh, Marie Schobel, Marget Shelly, Kate Sheridan, Stephanie Szekely, Kamryn Umbel
- 2019**  
Camryn Barry, Hannah Blaser, Maddie Cooke, Christina Crowell, Jane Donahue, Elaina Faerber, Elizabeth Gaspari, Carly Hart, Maddie Hart, Katrina Kuhn, Heather MacDougall, Erika Marlin, Ally McHugh, Siena Salvaggio, Stephanie Szekely, Cara Treble, Aleksandra Tulacz, Kamryn Umbel
- 2018**  
Hannah Blaser, Christina Crowell, Tommie Dillione, Elaina Faerber, Carly Fried, Hannah Harper, Emily Harris, Madison Hart, Annalee Johnson, Katrina Kuhn, Heather MacDougall, Kelly Magri, McKayla Mawn, Niki Price, Siena Salvaggio, Cara Treble, Aleks Tulacz
- 2017**  
Mackenzie Cornell, Tommie Dillione, Casey Francis, Hannah Harper, Emily Harris, Mackenzie Hornbrook, Kelly Magri, McKayla Mawn, Bridget Moody, Niki Price, Kaitlin Saloky, Katelyn Sowinski, Aleksandra Tulacz, Megan Wujciak
- 2016**  
Alyson Ackman, Jenna Bickel, Taylor Cameron, Mackenzie Cornell, Tommie Dillione, Casey Francis, Hannah Harper, Emily Harris, Mackenzie Hornbrook, Kaitlin Jones, Kelly Kusevich, McKayla Mawn, Bridget Moody, Allie Pennetti, Niki Price, Melissa Rodriguez, Tara Rogers, Kaitlin Saloky, Sierra Scoggin, Haley Sinatro, Katelyn Sowinski, Chelsea VanderWeele, Megan Wujciak
- 2015**  
Alyson Ackman, Jenna Bickel, Taylor Cameron, Mackenzie Cornell, Anna Farnsworth, Carolyn Fittin, Casey Francis, Meredith Harbison, Mackenzie Hornbrook, Katelyn Miller, Allie Pennetti, Melissa Rodriguez, Katie Saloky, Sierra Scoggin, Haley Sinatro, Megan Silverling, Katelyn Sowinski, Chelsea VanderWeele, Megan Wujciak
- 2014**  
Alyson Ackman, Jenna Bickel, Carolyn Fittin, Meredith Harbison, Katelyn Miller, Mackenzie Powers, Sierra Scoggin, Gabrielle Shishkoff, Haley Sinatro, Claire Singley, Megan Siverling, Sarah Somers, Megan Springsteen, Chelsea VanderWeele, Chelsea Weedman, Brynja Winnan,
- 2013**  
Meredith Harbison, Ann Kearns, Merritt Krawczyk,

- Amy Lewis, Katelyn Miller, Amy Modglin, Isabelle Ninesling, Mackenzie Powers, Allison Roberts, Gabrielle Shishkoff, Claire Singley, Megan Silverling, Sarah Somers, Megan Springsteen, Chelsea Weedman, Paige Whitmire, Brynja Winnan
- 2012**  
Alexa Hetzel, Chelsea Howard, Ann Kearns, Merritt Krawczyk, Amy Lewis, Amy Modglin, Katherine Oconnell, Mackenzie Powers, Katherine Pulos, Erika Rodman, Kristen Rodman, Gabrielle Shishkoff, Claire Singley, Rebecca Snyder, Sarah Somers, Megan Springsteen, Erin Thomas, Chelsea Weedman, Paige Whitmire, Brynja Winnan, Emily Wolfarth
- 2011**  
Diana Greco, Alexa Hetzel, Samantha Jarmul, Ann Ragan Kearns, Merritt Krawczyk, Amy Lewis, Megan Marco, Monika Mialka, Amy Modglin, Katherine Oconnell, Katherine Pulos, Kristen Rodman, Lauren Smart, Rebecca Rose Snyder, Erin Thomas, Paige Whitmire, Emily Wolfarth, Ilana Zeises
- 2010**  
Margaret Alderman, Lindsey DeForrest, Diana Greco, Alexa Hetzel, Erin Luley, Megan Marco, Kristen McKnight, Kailey Morris, Michelle Myers, Katherine Pulos, Kristen Rodman, Daphne Skelos, Lauren Smart, Lyndsey Smith, Rebecca Snyder, Erin Thomas, Emily Wolfarth, Ilana Zeises
- 2009**  
Courtney Adlam, Sarah Baker, Colby Carpetto, Lindsey DeForrest, Karie Haglund, Erin Luley, Elizabeth Marasco, Megan Marco, Caitlin Meehan, Kailey Morris, Michelle Myers, Kelly Nelson, Kaitlin O'Brien, Daphne Skelos, Lauren Smart, Ilana Zeises
- 2008**  
Courtney Adlam, Sarah Baker, Molly Crispell, Lindsey DeForrest, Karie Haglund, Maureen Hart, Erin Luley, Caitlin Meehan, Kailey Morris, Michelle Myers, Kelly Nelson, Kaitlin O'Brien, Daphne Skelos, Kristin Smith
- 2007**  
Courtney Adlam, Sarah Baker, Jessica Barnes, Genie Cheng, Nikki Collins, Molly Crispell, Karie Haglund, Claire Hawley, Caitlin Meehan, Kelly Nelson, Kaitlin O'Brien, Megan Palera, Kim Peifer, Kristin Smith
- 2006**  
Jessica Barnes, Amberle Biedermann, Nikki Collins, Molly Crispell, Sarah Haupt, Jill Heck, Margaret Keefe, Patty Murphy, Megan Palera, Kimberlee Peifer, Kristin Smith
- 2005**  
Jessica Barnes, Amberle Biedermann, Genie Cheng, Dee Dlugonski, Jennifer Eberst, Chelsea Frank, Sarah Haupt, Claire Hawley, Meredith Holman, Larissa Kavchok, Margaret Keefe, Patricia Murphy, Corey Pagnotta, Megan Patera, Lauren Preyss, Lauren Semchysheh, Sara Shepherd.
- 2004**  
Sally Anderson, Dee Dlugonski, Jennifer Eberst, Krystle Eberwein, Sarah Haupt, Meredith Holman, Larissa Kavchok, Patricia Murphy, Margaret O'Brien, Corey Pagnotta, Lauren Semchysheh, Sara Shepherd, Lisa Silvestri
- 2003**  
Sally Anderson, Dee Dlugonski, Jennifer Eberst, Krystle Eberwein, Meredith Holman, Susan Janoski, Larissa Kavchok, Erin Mulshenock, Margaret O'Brien, Corey Pagnotta
- 2002**  
Sally Anderson, Corrie Clark, Krystle Eberwein, Lindsay Frascilla, Christina Frey, Susan Janoski, Alecia Kornacki, Rebecca Layne, Barbara Mulshine, Margaret O'Brien, Jennelle Ritchie, Jamie Ryan, Lindsey Wilson, Melissa Wilson
- 2001**



Catherine Anderson, Lindsay Fraschilla, Christina Frey, Jamie Jaax, Susan Janoski, Alecia Kornacki, Jenna Lopano, Barbara Mulshine, Jamie Ryan, Meagan Smith, Christina Stocki, Stephanie Thomovsky, Lindsey Wilson, Melissa Wilson

## 2000

Catherine Anderson, Lindsay Fraschilla, Christina Frey, Jamie Jaax, Sarah Jay, Kellie Keane, Alecia Kornacki, Tasha Kulka, Sarah Milligan, Barbara Mulshine, Melinda Rehm, Megan Smith, Stephanie Thomovsky, Melissa Wilson

## 1999

Arienne Adams, Catherine Anderson, Katherine Eckman, Brooke Gilliland, Kristen Grigor, Jamie Jaax, Kelli Keane, Tasha Kulka, Laura Molettiere, Jessica Ray, Megan Smith, Leslie Spada, Stephanie Thomovsky, Jill Wilkinson

## 1998

Arienne Adams, Elissa Bellairs, Katherine Eckman, Carol Girvin, Amy Holt, Carmen Kondra, Tasha Kulka, Karna Lorhammer, Laura Molettiere, Jessica Ray, Leslie Spada, Erica Van Tassel, Sharon Werner

## 1997

Arianna Adams, Elissa Bellairs, Leah Foreman, Carol Girvin, Amy Holt, Carmen Kondra, Karna Lorhammer, Laura Molettiere, Jessica Ray, Elizabeth Rossi, Wendy Rowe, Lesley Spada, Kristina Swix, Karen Van Tassel, Erica Van Tassel

## 1996

Elissa Bellairs, Julie Borleske, Melissa Breen, Carol Girvin, Amy Holt, Ashley Hyneman, Carmen Kondra, Karna Lorhammer, Elizabeth Rossi, Wendy Rowe, Kristina Swix, Erica Van Tassel, Karen Van Tassel

## 1995

Melissa Breen, Jennifer Davis, Sarah Duttera, Ashley Hyneman, Wendy Rowe, Deni Rudy, Carrie Scherer, Regan Stacey, Kristina Swix, Karen Van Tassel

## 1994

Melissa Breen, Jennifer Davis, Sharon Detering, Ashley Hyneman, Deni Rudy, Carrie Scherer, Regan Stacey, Katrina Sullivan, Carrie Webster

## 1993

Deborah Albright, Lauren Brant, Jennifer Davis, Sharon Detering, Sheri Evey, Deni Rudy, Carrie Scherer, Suzi Sloan, Regan Stacey, Katrina Sullivan, Sherri Turner, Amy Weiss, Lori Williams, Jen Wilson

## 1992

Debbie Albright, Beth Haas, Christy Rourke, Amy Schmidt, Suzi Sloan, Sherri Turner, Amy Weiss, Jen Wilson

## BIG TEN DISTINGUISHED SCHOLAR AWARD

## 2021

Abbie Amdor, Meredith Canova, Maddie Cooke, Devon Forker, Emma Harvey, Madison Ledwith, Casey Loughlin, Brooke Matthias, Nikolette Nolte, Anna Redican, Morgan Rinn, Marie Schobel, Marget Shelly, Annie Walls, Wei Wei

## 2021

Abbie Amdor, Meredith Canova, Maddie Cooke, Elizabeth Gaspari, Carly Hart, Emma Harvey, Olivia Jack, Madison Ledwith, Erika Marlin, Madison Murtaugh, Niki Nolte, Marie Schobel, Marget Shelly, Sierra Shurts, Stephanie Szekely, Ellie Tiskus, Kathryn Umbel, Wei Wei

## 2020

Maddie Cooke, Jane Donahue, Elizabeth Gaspari, Carly Hart, Maddie Hart, Madison Ledwith,

Heather MacDougall, Brooke Matthias, Marie Schobel, Marget Shelly, Stephanie Szekely

## 2019

Jane Donahue, Elizabeth Gaspari, Carly Hart, Maddie Hart, Heather MacDougall, Siena Salvaggio, Stephanie Szekely, Aleksandra Tulacz

## 2018

McKayla Mawn, Siena Salvaggio, Tommie Dillione, Carly Fried, Kelly Magri, Aleksandra Tulacz

## 2017

Casey Francis, Mackenzie Hornibrook, McKayla Mawn, Kaitlin Saloky, Katelyn Sowinski

## 2016

Alyson Ackman, Tommie Dillione, Mackenzie Hornibrook, McKayla Mawn, Tara Rogers, Kaitlin Saloky, Haley Sinatro, Katelyn Sowinski, Chelsea VanderWee

## 2015

Anna Farnsworth, Casey Francis, Mackenzie Hornibrook, Katelyn Miller, Allie Pennetti, Kaitlin Saloky, Haley Sinatro, Megan Siverling

## 2014

Mackenzie Powers, Gabi Shishkoff, Megan Siverling, Sarah Somers, Megan Springsteen, Chelsea VanderWee, Chelsea Weedman, Brynja Winnan

## 2013

Meredith Harbison, Merritt Krawczyk, Isabelle Ninesling, Allison Roberts, Gabrielle Shishkoff, Megan Silverling, Sarah Somers, Brynja Winnan

## 2012

Merritt Krawczyk, Katherine O'Connell, Katherine Pulos, Gabrielle Shishkoff, Rebecca Snyder, Sarah Somers, Erin Thomas, Chelsea Weedman

## 2011

Merritt Krawczyk, Megan Marco, Katherine O'Connell, Katherine Pulos, Rebecca Snyder, Erin Thomas

## 2010

Lindsey DeForrest, Erin Hope, Kristen McKnight, Katherine Pulos, Rebecca Snyder, Erin Thomas, Emily Wolfarth

## 2009

Erin Luley, Elizabeth Marasco, Caitlin Meehan, Kelly Nelson, Ilana Zeises

## NCAA POSTGRADUATE SCHOLARSHIP

2008	Molly Crispell
2006	Sarah Haupt
2005	Dee Dlugonski
1982	Bobbi Millard

## COLLEGE SWIMMING COACHES ASSOCIATION OF AMERICA TEAM ACADEMIC ALL-AMERICA

1982, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2009, 2012, 2013, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022

## COLLEGE SWIMMING COACHES ASSOCIATION OF AMERICA ACADEMIC ALL-AMERICA

## 2022

Marie Schobel, Abbie Amdor, Molly Carson, Maddie Cooke, Emma Harvey, Olivia Jack, Madison Ledwith, Madison Murtagh, Cat Stanford, Team All-American Award

## 2021

Maddie Cooke, Carly Hart, Margaret Markvardt, Brooke Matthias, Marie Schobel, Sierra Shurts, Stephanie Szekely, Wei Wei, Team All-American Award

## 2020

Abbie Amdor, Maddie Cooke, Christina Crowell, Team All-America Award

## 2019

Maddie Hart, Carly Hart, Olivia Jack, Brooke Matthias, Ally McHugh, Stephanie Szekely, Team All-America Award

## 2018

Ally McHugh, Team All-America Award

## 2017

Casey Francis, Katelyn Sowinski, Team All-America Award

## 2016

Alyson Ackman, Casey Francis, Kaitlin Jones, Niki Price, Katie Saloky, Haley Sinatro, Katelyn Sowinski, Team All-America Award

## 2015

Alyson Ackman, Carolyn Fittin, Casey Francis, Katelyn Sowinski, Megan Siverling, Team All-America Award

## 2014

Alyson Ackman, Mackenzie Powers, Gabi Shishkoff, Megan Siverling, Katelyn Sowinski, Chelsea Weedman, Team All-America Award

## 2013

Alyson Ackman, Carolyn Fittin, Merritt Krawczyk, Katelyn Miller, Mackenzie Powers, Megan Silverling, Paige Whitmire, Team All-America Award

## 2012

Merritt Krawczyk, Amy Modglin, Katherine Pulos, Allison Roberts, Gabi Shishkoff, Erin Thomas, Chelsea Weedman, Team All-America Award

## 2011

Merritt Krawczyk, Katie Pulos, Erin Thomas

## 2010

Lindsey DeForrest, Merritt Krawczyk, Kailey Morris, Erin Thomas

## 2009

Sarah Baker, Caitlin Meehan, Michelle Myers, Kelly Nelson, Team All-American Award

## 2007

Jessica Barnes, Molly Crispell, Karie Haglund, Claire Hawley, Kelly Nelson, Team All-American Award

## 2006

Jessica Barnes, Amberle Biedermann, Molly Crispell, Sarah Haupt, Erin Morris, Kelly Nelson,



Megan Palera, Team All-American Award

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**2005**

Dee Dlugonski, Jen Eberst, Sarah Haupt, Claire Hawley, Meredith Holman, Margaret Keefe, Megan Palera, Lauren Preyss, Lauren Semchyshen  
Team All-American Award

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**2004**

Sally Anderson, Dee Dlugonski, Sarah Haupt, Maggie O'Brien, Megan Palera, Lisa Silvestri,  
Team All-American Award

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**2003**

Dee Dlugonski, Sarah Haupt, Lisa Silvestri, Lindsey Wilson, Team All-American Award

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**2002**

Krystle Eberwein, Maggie O'Brien, Dee Dlugonski, Lindsey Wilson, Team All-American Award

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**2001**

Jaime Jaax, Katie Anderson, Megan Smith,  
Team All-American Award

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**2000**

Katie Anderson, Tasha Kulka, Kelli Keane, Jenna Lopano, Sarah Jay, Megan Smith, Team All-American Award

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**1999**

Katie Anderson, Jaime Jaax, Tasha Kulka, Lesley Spada, Meghan Smith, Team All-American Award

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**1998**

Katie Anderson, Carmen Kondra,  
Team All-American Award

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**1997**

Carmen Kondra, Karen Van Tassel, Wendy Rowe, Karna Lorhammer, Team All-American Award

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**1996**

Team All-American Award

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**1995**

Deni Rudy, Karen Van Tassel  
Team All-American Award

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**1994**

Deni Rudy, Team All-American Award

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**1993**

Deni Rudy, Team All-American Award

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**1992**

Amy Schmidt, Christy Rourke, Deni Rudy, Team All-American Award

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**1991**

Team All-American Award

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**1986**

Betsy Spiegel, Kristin Whitner

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**1985**

Janeen Leeshock, Kristin Whitner

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**1982**

Bobbi Millard, Team All-American Award



## ELIZABETH McCOY MOST OUTSTANDING SWIMMER

The Elizabeth McCoy Outstanding Swimmer is named in honor of Elizabeth McCoy, a long-time friend of Penn State University and the swimming family. The award is voted on by teammates and is presented to the swimmer(s) that is/are consistent outstanding performer(s) contributing the most to the team's success.

2022	Marie Schobel
2021	Marie Schobel & Stephanie Szekely
2020	Maddie Hart
2019	Ally McHugh
2018	Ally McHugh
2017	Ally McHugh
2016	Melissa Rodriguez
2015	Carolyn Fittin
2014	Alyson Ackman
2013	Paige Whitmire
2012	Merritt Krawczyk
2011	Chelsea Weedman
2010	Amy Modglin
2009	Karie Haglund & Kaitlin O'Brien
2008	Daphne Skelos & Kelly Nelson
2007	Jessica Barnes & Nikki Collins
2006	Sarah Haupt
2005	Erin Morris
2004	Sarah Haupt
2003	Amberle Biedermann
2002	Alecia Kornacki
2001	Corrie Clark & Kristen Woodring
2000	Christina Stocki
1999	Arienne Adams
1998	Arienne Adams
1997	Kim Kephart
1996	Kim Kephart
1995	Deni Rudy
1994	Regan Stacey
1993	Fran McDermid
1992	Fran McDermid
1991	Fran McDermid
1990	Fran McDermid
1989	Kristin Lilly
1988	Kristen Elias
1987	Kristen Elias

## ELLEN PERRY ACADEMIC ACHIEVEMENT AWARD

The Ellen Perry Academic Achievement Award is presented to the student-athlete that has attained the highest level of academic excellence throughout the season. This is based on a minimum of two semesters of class work at Penn State.

2022	Marie Schobel, Marget Shelly, Nikolette Nolte
2021	Carly Hart, Marie Schobel & Stephanie Szekely
2020	Siena Salvaggio & Marget Shelly
2019	Elizabeth Gaspari & Siena Salvaggio
2018	McKayla Mawn & Siena Salvaggio
2017	McKayla Mawn & Mackenzie Hornibrook
2016	McKayla Mawn
2015	Megan Siverling
2014	Gabrielle Shishkoff
2013	Gabrielle Shishkoff
2012	Katherine Pulos & Rebecca Snyder
2011	Rebecca Snyder
2010	Rebecca Snyder
2009	Sarah Baker
2008	Molly Crispell
2007	Molly Crispell
2006	Molly Crispell
2005	Dee Dlugonski
2004	Dee Dlugonski
2003	Dee Dlugonski
2002	Becky Layne
2001	Lindsey Wilson, Alecia Kornacki & Kate Anderson
2000	Melinda Rehm, Katie Anderson & Tasha Kulka
1999	Katie Anderson, Tasha Kulka &

Lesley Spada

## ROBERT E. GALBRAITH OUTSTANDING DIVER

The Robert E. Galbraith Outstanding Diver award is presented in memory of longtime Penn State swimming and diving coach from 1936-44. It recognizes outstanding contributions through performance, loyalty, spirit and leadership by a Penn State diver.

2022	N/A
2021	N/A
2020	Christina Crowell
2019	N/A
2018	N/A
2017	N/A
2016	N/A
2015	N/A
2014	Megan Springsteen
2013	Megan Springsteen
2012	Katherine O'Connell
2011	Megan Marco
2010	Megan Marco
2009	Courtney Adlam
2008	Courtney Adlam
2007	Courtney Adlam & Kim Peifer
2006	Courtney Adlam
2005	Alison Ricobono
2004	Maggie O'Brien
2003	Lisa Silvestri
2002	Maggie O'Brien
2001	Jaime Jaax
2000	Ame Bascomb & Becky Crane
1999	Jaime Jaax
1998	Melanie Jackson
1997	Erika Georgs
1996	Erika Georgs
1995	Carrie Scherer
1994	Carrie Scherer
1993	Tara Stevens
1992	Amy Schmidt
1991	Lara vonSeelen
1990	Amy Schmidt
1989	Beth Fahey
1988	Liz O'Keefe
1987	Liz O'Keefe

## NITTANY LION AWARD

The Nittany Lion Award is presented to the team member whose perseverance in practice and effort in competition has led to the greatest overall improvement in performance during a season or over a career.

2022	Molly Carson
2021	Margaret Markvardt
2020	Maddie Cooke
2019	Maddie Hart
2018	Stephanie Szekely
2017	Ally McHugh
2016	Casey Francis
2015	Taylor Cameron
2014	Katie Rowe
2013	Megan Silverling
2012	Megan Siverling
2011	Alex Young
2010	Merritt Krawczyk
2009	Kailey Morris & Lyndsey Smith
2008	Daphne Skelos
2007	Jessica Barnes
2006	Nikki Collins
2005	Claire Hawley
2004	Megan Palera
2003	Lauren Semchysen
2002	Piper Chamberlin & Barb Mulshine
2001	Katie Anderson
2000	Jennelle Ritchie
1999	Arienne Adams
1998	Katie Anderson
1997	Karna Lorhammer
1996	Lisa Pastrana
1995	Liz Rossi
1994	Ashley Hyneman

## JEROME WEINSTEIN COACHES' AWARD

The Jerome Weinstein Coaches' Award is named in honor of Jerome (Jerry) Weinstein, Class of 1936 and a member of Penn State's first swimming team. His love for the sport touched every aspect of the Penn State aquatic program. A man of integrity, honesty, conviction and impeccable character, he influenced the lives of many people.

This award serves as a lasting tribute to him for all the good things he brought to Penn State swimming. It is presented to the team member who not only is the hardest worker, but is sure to give 100-percent to his teammates emotionally and physically through the joyous times and the struggles. Weinstein was a World War II veteran and a former executive editor of the Centre Daily Times.

2022	Emma Harvey
2021	Carly Hart
2020	Elizabeth Gaspari & Stephanie Szekely
2019	Katrina Kuhn
2018	Hannah Harper
2017	Hannah Blaser
2016	Alyson Ackman
2015	Caitlyn Karr
2014	Casey Francis
2013	Merritt Krawczyk
2012	Amy Modglin & Kristen Rodman
2011	Kristen Rodman
2010	Lindsey DeForrest
2009	Kelly Nelson
2008	Kelly Nelson
2007	Nikki Collins & Claire Hawley
2006	Patty Murphy & Molly Crispell
2005	Dee Dlugonski
2004	Margy Keefe & Lauren Semchysen
2003	Dee Dlugonski & Meredith Holman
2002	Alecia Kornacki
2001	Jaime Jaax
2000	Alecia Kornacki & Sami Bausher
1999	Katie Anderson
1998	Arienne Adams, Megan Smith, Laura Molettiere & Amy Wade
1997	Kristi Swix, Arienne Adams & Sarah Jay
1996	Melissa Breen, Liz Rossi & Erica Van Tassel
1995	Elissa Bellairs & Ashley Hyneman
1994	Lisa Pastrana & Deni Rudy
1993	Fran McDermid
1992	Deb Albright, Sharon Detering & Sherri Turner
1991	Debbie Finn & Debbie Wilder
1990	Jill Fretz

## 1855 AWARD

The 1855 Award is presented to the student-athletes whose improvement, transformation and personal growth mirrors that of Penn State since its founding.

2022	Marie Schobel
2021	Maddie Cooke
2020	Maddie Hart
2019	Ally McHugh
2018	Tommie Dillione
2017	Casey Francis
2016	Kaitlin Jones
2015	Megan Siverling

## IRON LION AWARD

The Iron Lion Award is presented to the student-athletes whose dedication sets them apart. They are the team members that have demonstrated incredible drive, discipline and a relentless work ethic in their pursuit of strength, which has enabled them to maximize their physical and mental potential as competitors.

2022	Madison Ledwith
2021	Elizabeth Gaspari
2020	Christina Crowell



# NCAA CHAMPIONSHIP HISTORY

## 2021 Did Not Score

23rd	Marie Schobel	Sr.	100 Backstroke (52.13)
45th	Marie Schobel	Sr.	200 Backstroke (1:55.95)

## 2021 Did Not Score

22nd	Marie Schobel	Jr.	100 Backstroke (52.66)
39th	Marie Schobel	Jr.	200 Backstroke (1:56.17)

## 2019 27th (27pts.)

1st	Ally McHugh	Sr.	1650 Freestyle (15:39.22)
10th	Ally McHugh	Sr.	400 IM (4:07.98)
18th	Ally McHugh	Sr.	500 Freestyle (4:39.89)
25th	Maddie Hart	Jr.	200 Butterfly (1:56.26)
25th	Maddie Hart	Jr.	100 Butterfly (52.24)
51st	Maddie Hart	Jr.	100 Backstroke (53.70)

## 2018 29th (26pts.)

2nd	Ally McHugh	Jr.	1650 Freestyle (15:36.27)
9th	Ally McHugh	Jr.	500 Freestyle (4:36.17)
17th	Ally McHugh	Jr.	400 IM (4:07.52)

## 2017 36th (10 pts)

10th	Ally McHugh	So.	1650 Freestyle (15:58.92)
14th	Ally McHugh	So.	400 IM (4:06.86)
20th	Ally McHugh	So.	500 Free (4:40.73)
24th	Casey Francis	Sr.	1650 Freestyle (16:08.79)
36th	Casey Francis	Sr.	500 Free (4:42.56)
45th	Katelyn Sowinski	Sr.	200 Butterfly (1:59.67)
47th	Katelyn Sowinski	Sr.	500 Free (4:44.92)
48th	Casey Francis	Sr.	400 IM (4:16.72)

## 2016 25th (23 pts)

11th	Melissa Rodriguez	Sr.	200 Breast (2:07.80)
12th	Alyson Ackman	Sr.	200 Free (1:44.72)
14th	Alyson Ackman	Sr.	800 Free Relay (7:05.67)
	Niki Price	So.	
	Megan Wujciak	Jr.	
	Kaitlin Jones	Sr.	
15th	Alyson Ackman	Sr.	400 Free Relay (3:15.49)
	Niki Price	So.	
	Haley Sinatro	Sr.	
	Kaitlin Jones	Sr.	
19th	Katie Rowe	Sr.	400 IM (4:09.77)
20th	Alyson Ackman	Sr.	100 Free (48.61)
25th	Casey Francis	Jr.	1650 Free (16:13.52)
25th	Alyson Ackman	Sr.	400 Medley Relay (3:36.61)
	Melissa Rodriguez	Sr.	
	Niki Price	So.	
	Kaitlin Jones	Sr.	
28th	Alyson Ackman	Sr.	50 Free (22:41)
28th	Melissa Rodriguez	Sr.	100 Breast (1:00.75)
29th	Katie Rowe	Sr.	200 Butterfly (1:57.49)
37th	Kaitlin Jones	Sr.	200 Free (1:46.59)
37th	Katie Rowe	Sr.	200 IM (1:58.76)
43rd	Katelyn Sowinski	Jr.	200 Butterfly (1:59.53)
45th	Casey Francis	Jr.	400 IM (4:18.27)
47th	Casey Francis	Jr.	500 Free (4:46.18)
54th	Kaitlin Jones	Sr.	50 Free (23.28)
55th	Kaitlin Jones	Sr.	100 Free (49:75)
68th	Katelyn Sowinski	Jr.	500 Free (4:53.58)

## 2015 20th (56 pts)

7th	Alyson Ackman	Jr.	800 Free Relay (7:03.07)
	Kaitlin Jones	Jr.	
	Carolyn Fittin	Sr.	
	Caitlyn Karr	Sr.	
9th	Carolyn Fittin	Sr.	50 Free (21.98)
10th	Alyson Ackman	Jr.	200 Free (1:43.79)
11th	Alyson Ackman	Jr.	100 Free (48.27)
12th	Alyson Ackman	Jr.	200 Free Relay (1:28.30)
	Carolyn Fittin	Sr.	
	Katie Saloky	So.	
	Katelyn Miller	Sr.	
17th	Alyson Ackman	Jr.	400 Freestyle Relay (3:16.48)
	Carolyn Fittin	Sr.	
	Kaitlin Jones	Jr.	
	Caitlyn Karr	Sr.	
21st	Carolyn Fittin	Sr.	100 Free (48.69)
27th	Alyson Ackman	Jr.	400 Medley Relay (3:35.71)

	Melissa Rodriguez	Sr.	
	Carolyn Fittin	Sr.	
	Kaitlin Jones	Jr.	
27th	Melissa Rodriguez	Jr.	200 Breast (2:10.88)
31st	Megan Siverling	Sr.	1650 Free (16:18.49)
36th	Casey Francis	So.	1650 Free (16:33.92)
40th	Katie Rowe	Jr.	200 Fly (1:58.07)
41st	Casey Francis	So.	500 Free (4:45.96)
43rd	Casey Francis	So.	400 IM (4:18.73)
44th	Megan Siverling	Sr.	500 Free (4:46.25)
45th	Katie Rowe	Jr.	200 IM (1:59.30)
45th	Melissa Rodriguez	Jr.	100 Breast (1:01.37)
50th	Katelyn Sowinski	So.	200 Fly (2:00.85)
53rd	Katie Rowe	Jr.	100 Butterfly (54.04)
57th	Megan Siverling	Sr.	200 Free (1:49.58)

## 2014 18th (42 pts)

5th	Alyson Ackman	So.	200 Free (1:43.81)
11th	Gabrielle Shishkoff	Sr.	400 Yard IM (4:06.85)
12th	Mackenzie Powers	Sr.	100 Fly (52.01)
12th	Alyson Ackman	So.	100 Free (48.06)
14th	Alyson Ackman	So.	800 Free Relay (7:07.12)
	Caitlyn Karr	Jr.	
	Katelyn Sowinski	Fr.	
	Gabrielle Shishkoff	Sr.	
15th	Megan Siverling	Jr.	1650 Free (16:08.90)
16th	Mackenzie Powers	Sr.	200 Medley Relay (1:38.17)
	Haley Sinatro	So.	
	Carolyn Fittin	Jr.	
	Alyson Ackman	So.	
16th	Alyson Ackman	So.	400 Free (3:16.41)
	Carolyn Fittin	Jr.	
	Caitlyn Karr	Jr.	
	Haley Sinatro	So.	
17th	Alyson Ackman	So.	400 Medley Relay (3:34.87)
	Melissa Rodriguez	So.	
	Mackenzie Powers	Sr.	
	Carolyn Fittin	Jr.	
19th	Kathryn Rowe	So.	200 Fly (1:56.64)
20th	Melissa Rodriguez	So.	200 Breast (2:09.83)
22nd	Alyson Ackman	So.	200 Free Relay (1:29.83)
	Carolyn Fittin	Jr.	
	Katelyn Miller	Jr.	
	Haley Sinatro	So.	
23rd	Mackenzie Powers	Sr.	100 Back (52.81)
29th	Melissa Rodriguez	So.	100 Breast (1:00.75)
30th	Gabrielle Shishkoff	Fr.	500 Free (4:44.06)
31st	Katelyn Sowinski	Fr.	1650 Free (16:22.50)
33rd	Megan Siverling	Jr.	500 Free (4:44.32)
34th	Kathryn Rowe	So.	200 IM (1:58.33)
39th	Kathryn Rowe	So.	100 Fly (53.53)
42nd	Chelsea Weedman	Sr.	400 Yard IM (4:14.81)
44th	Katelyn Sowinski	Fr.	500 Free (4:46.42)
44th	Chelsea Weedman	Sr.	200 Fly (1:59.03)
46th	Gabrielle Shishkoff	Sr.	200 Fly (1:59.18)
47th	Mackenzie Powers	Sr.	200 Back (1:57.54)
48th	Katelyn Sowinski	Fr.	1:59.59
49th	Chelsea Weedman	Sr.	200 IM (2:00.02)
59th	Melissa Rodriguez	So.	200 IM (2:01.76)

## 2013 29th (21 pts)

12th	Mackenzie Powers	Jr.	200 Medley Relay (1:38.05)
	Merritt Krawczyk	Sr.	
	Carolyn Fittin	So.	
	Paige Whitmire	Sr.	
13th	Merritt Krawczyk	Sr.	200 IM (1:58.01)
14th	Paige Whitmire	Sr.	200 Free Relay (1:30.36)
	Carolyn Fittin	So.	
	Katelyn Miller	So.	
	Alyson Ackman	Fr.	
16th	Megan Silverling	So.	1650 Free (16:09.40)
18th	Gabrielle Shishkoff	Jr.	400 IM (4:10.78)
19th	Melissa Rodriguez	Fr.	200 Breast (2:10.29)
19th	Megan Silverling	So.	500 Free (4:42.34)
19th	Paige Whitmire	Sr.	50 Free (22.45)
19th	Paige Whitmire	Sr.	400 Medley Relay (3:36.38)
	Merritt Krawczyk	Sr.	
	Mackenzie Powers	Jr.	
	Alyson Ackman	Fr.	
20th	Alyson Ackman	Fr.	800 Free Relay (7:10.96)

# NCAA CHAMPIONSHIP HISTORY



	Kaitlin Jones	Fr.	
	Caitlyn Karr	So.	
	Gabrielle Shishkoff	Jr.	
21st	Mackenzie Powers	Jr.	100 Fly (52.94)
21st	Paige Whitmire	Sr.	100 Free (48.86)
22nd	Amy Modglin	Sr.	200 Back (1:54.69)
22nd	Paige Whitmire	Sr.	400 Free Relay (3:18.79)
	Carolyn Fittin	So.	
	Katelyn Miller	So.	
	Alyson Ackman	Fr.	
23rd	Mackenzie Powers	Jr.	200 Fly (1:57.81)
24th	Merritt Krawczyk	Sr.	100 Breast (1:00.54)
25th	Chelsea Weedman	Jr.	200 Fly (1:57.85)
26th	Chelsea Weedman	Jr.	200 IM (1:58.27)
31st	Chelsea Weedman	Jr.	400 IM (4:13.89)
32nd	Melissa Rodriguez	Fr.	100 Breast (1:01.04)
36th	Paige Whitmire	Sr.	100 Back (53.72)
37th	Alyson Ackman	Fr.	200 Free (1:47.19)
37th	Amy Modglin	Sr.	400 IM (4:16.15)
37th	Gabrielle Shishkoff	Jr.	200 Fly (1:59.03)
42nd	Mackenzie Powers	Jr.	100 Back (54.01)
46th	Alyson Ackman	Fr.	500 Free (4:47.68)
47th	Alyson Ackman	Fr.	100 Free (49.73)
50th	Gabrielle Shishkoff	Jr.	200 IM (2:00.63)
59th	Amy Modglin	Sr.	200 IM (2:01.66)
63rd	Melissa Rodriguez	Fr.	200 IM (2:02.57)

**2012** **22nd (30 pts)**

13th	Paige Whitmire	Jr.	200 Medley Relay (1:38.43)
	Merritt Krawczyk	Jr.	
	Mackenzie Powers	So.	
	Samantha Palser	Sr.	
13th	Paige Whitmire	Jr.	400 Medley Relay (3:33.89)
	Merritt Krawczyk	Jr.	
	Mackenzie Powers	So.	
	Samantha Palser	Sr.	
14th	Samantha Palser	Sr.	400 Free Relay (3:16.98)
	Paige Whitmire	Jr.	
	Erin Thomas	Sr.	
	Katherine Pulos	Sr.	
15th	Paige Whitmire	Jr.	200 Free Relay (1:30.54)
	Samantha Palser	Sr.	
	Katherine Pulos	Sr.	
	Erin Thomas	Sr.	
15th	Merritt Krawczyk	Jr.	100 Breast (1:00.24)
15th	Chelsea Weedman	So.	200 Fly (1:56.98)
16th	Paige Whitmire	Jr.	50 Free (22.72)
17th	Merritt Krawczyk	Jr.	200 IM (1:57.87)
18th	Samantha Palser	Sr.	50 Free (22.41)
19th	Chelsea Weedman	So.	200 IM (1:58.13)
20th	Mackenzie Powers	So.	100 Fly (52.84)
22nd	Chelsea Weedman	So.	400 IM (4:11.81)
29th	Samantha Palser	Sr.	100 Free (49.06)
31st	Merritt Krawczyk	Jr.	200 Breast (2:12.17)
33rd	Mackenzie Powers	So.	200 Fly (1:58.64)
41st	Paige Whitmire	Jr.	100 Back (53.87)
46th	Erin Thomas	Sr.	200 Free (1:47.66)
60th	Mackenzie Powers	So.	100 Back (56.23)
65th	Katherine Pulos	Sr.	50 Free (23.30)

**2011** **35th (10 pts)**

13th	Merritt Krawczyk	So.	200 IM (1:58.24)
14th	Merritt Krawczyk	So.	100 Breast (1:00.94)
16th	Paige Whitmire	So.	200 Free Relay (1:30.76)
	Samantha Palser	Jr.	
	Erin Thomas	Jr.	
	Katherine Pulos	Jr.	
16th	Amy Modglin	So.	200 Back (1:55.05)
17th	Paige Whitmire	So.	200 Medley Relay (1:39.62)
	Merritt Krawczyk	So.	
	Mackenzie Powers	Fr.	
	Samantha Palser	Jr.	
17th	Amy Modglin	So.	800 Free Relay (7:20.76)
	Chelsea Weedman	Fr.	
	Erin Thomas	Jr.	
	Alexandra Young	Sr.	
17th	Samantha Palser	Jr.	400 Free Relay (3:18.83)
	Paige Whitmire	So.	
	Katherine Pulos	Jr.	
	Erin Thomas	Jr.	

18th	Chelsea Weedman	Fr.	200 IM (1:58.63)
21st	Chelsea Weedman	Fr.	400 IM (4:11.34)
24th	Chelsea Weedman	Fr.	200 Fly (1:57.64)
29th	Samantha Palser	Jr.	100 Free (49.15)
33rd	Amy Modglin	So.	400 IM (4:15.97)
35th	Alexandra Young	Sr.	200 Fly (1:58.54)
38th	Mackenzie Powers	Fr.	100 Fly (53.83)
40th	Samantha Palser	Jr.	50 Free (22.74)
40th	Paige Whitmire	So.	50 Free (22.74)
42nd	Mackenzie Powers	Fr.	200 Fly (2:01.20)
45th	Amy Modglin	So.	500 Free (4:46.36)
45th	Paige Whitmire	So.	100 Back (54.49)
46th	Merritt Krawczyk	So.	200 Breast (2:14.26)
53rd	Alexandra Young	Sr.	100 Fly (55.26)
53rd	Samantha Palser	Jr.	100 Back (55.46)
55th	Mackenzie Powers	Fr.	100 Back (56.53)
57th	Erin Thomas	Jr.	200 Free (1:49.13)
59th	Erin Thomas	Jr.	100 Free (50.41)
61st	Katherine Pulos	Jr.	50 Free (23.48)
62nd	Paige Whitmire	So.	100 Free (50.83)

**2010** **47th (1 pts)**

16th	Amy Modglin	Fr.	200 Back (1:56.19)
29th	Amy Modglin	Fr.	400 IM (4:15.03)
55th	Amy Modglin	Fr.	200 IM (2:01.78)

**2009** **38th (9 pts)**

9th	Kelly Nelson	Sr.	200 Fly (1:54.96)
14th	Kelly Nelson	Sr.	200 Free (1:45.88)
16th	Kaitlin O'Brien	Jr.	400 IM (4:08.18)
18th	Kelly Nelson	Sr.	800 Free Relay (7:12.98)
	Kaitlin O'Brien	Sr.	
	Kailey Morris	Jr.	
	Karie Haglund	Sr.	
20th	Daphne Skelos	Jr.	400 Medley Relay (3:38.89)
	Karie Haglund	Sr.	
	Kailey Morris	Jr.	
	Kelly Nelson	Sr.	
22nd	Karie Haglund	Sr.	100 Breast (1:00.83)
25th	Kaitlin O'Brien	Sr.	200 Breast (2:11.84)
27th	Kailey Morris	Jr.	200 Fly (1:57.17)
27th	Kelly Nelson	Sr.	500 Free (4:42.75)
28th	Kailey Morris	Jr.	400 IM (4:13.59)
37th	Kaitlin O'Brien	Sr.	200 IM (1:59.41)
45th	Daphne Skelos	Jr.	200 Back (1:57.39)
46th	Daphne Skelos	Jr.	200 IM (2:00.53)
47th	Daphne Skelos	Jr.	400 IM (4:20.02)
48th	Lyndsey Smith	Jr.	200 Fly (4:17.26)
49th	Lyndsey Smith	Jr.	100 Breast (1:03.45)
55th	Lyndsey Smith	Jr.	200 IM (2:02.09)

**2008** **29th (26 pts)**

6th	Kelly Nelson	Jr.	200 Fly (1:55.86)
11th	Kaitlin O'Brien	Jr.	400 IM (4:11.15)
13th	Kailey Morris	So.	200 Fly (1:57.56)
16th	Kaitlyn Ferguson	Jr.	400 Medley Relay (3:38.62)
	Abby Hoisington	Jr.	
	Kelly Nelson	Jr.	
16th	Michelle Myers	So.	800 Free Relay (7:14.25)
	Kelly Nelson	Jr.	
	Michelle Myers	So.	
	Kailey Morris	So.	
	Stephanie Roop	So.	
18th	Michelle Myers	So.	100 Back (54.10)
18th	Kaitlin O'Brien	Jr.	200 IM (1:58.88)
18th	Daphne Skelos	So.	200 Back (1:57.11)
19th	Kaitlyn Ferguson	Jr.	200 Medley Relay (1:40.79)
	Caitlin Meehan	Jr.	
	Kelly Nelson	Jr.	
	Michelle Myers	So.	
19th	Abby Hoisington	Jr.	100 Breast (1:01.75)
19th	Daphne Skelos	So.	400 IM (4:14.53)
20th	Kelly Nelson	Jr.	200 Free (1:46.55)
22nd	Michelle Myers	Jr.	50 Free (22.75)
23rd	Kailey Morris	So.	400 IM (4:15.04)
23rd	Kaitlin O'Brien	Jr.	200 Breast (2:14.30)
27th	Caitlin Meehan	Jr.	100 Breast (1:02.75)
27th	Caitlin Meehan	Jr.	200 Breast (2:15.04)
27th	Kelly Nelson	Jr.	500 Free (4:43.54)
28th	Daphne Skelos	So.	200 IM (2:00.14)
30th	Abby Hoisington	Jr.	200 Breast (2:15.31)



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31st	Claire Clemens	Sr.	200 Breast (2:15.37)
32nd	Stephanie Roop	So.	1650 Free (16:52.15)
33rd	Claire Clemens	Sr.	400 IM (4:19.95)
33rd	Kaitlyn Ferguson	Jr.	100 Back (55.09)
34th	Kaitlyn Ferguson	Jr.	200 Back (1:59.41)
42nd	Kailey Morris	So.	500 Free (4:46.54)
49th	Michelle Myers	So.	100 Free (49.57)
51st	Stephanie Roop	So.	500 Free (4:49.62)
58th	Abby Hoisington	Jr.	200 IM (2:02.33)
61st	Claire Clemens	Sr.	200 IM (2:02.61)

## 2007 26th (30.5 Pts)

7th	Nikki Collins	Sr.	1650 Free (16:12.44)
9th	Kaitlin O'Brien	So.	400 IM (4:11.56)
T13th	Kailey Morris	Fr.	200 Fly (1:58.74)
14th	Kelly Nelson	So.	800 Free Relay (7:16.26)
	Nikki Collins	Sr.	
	Jessica Barnes	Sr.	
	Molly Crispell	Jr.	
17th	Kelly Nelson	So.	400 IM (4:15.23)
18th	Kelly Nelson	So.	200 Fly (1:58.85)
19th	Karie Haglund	So.	200 Fly (1:59.03)
22nd	Kailey Morris	Fr.	500 Free (4:46.51)
22nd	Daphne Skelos	Fr.	200 Back (1:57.86)
22nd	Daphne Skelos	Fr.	400 Medley Relay (3:46.79)
	Lyndsey Smith	Fr.	
	Karie Haglund	So.	
	Kelly Nelson	So.	
24th	Nikki Collins	Sr.	500 Free (4:47.15)
26th	Kailey Morris	Fr.	400 IM (4:18.22)
28th	Karie Haglund	So.	400 IM (4:18.72)
28th	Kaitlin O'Brien	So.	200 Breast (2:16.18)
35th	Karie Haglund	So.	200 IM (2:01.57)
37th	Claire Hawley	Sr.	1650 Free (16:39.56)
38th	Lyndsey Smith	Fr.	100 Breast (1:05.02)
T41st	Daphne Skelos	Fr.	100 Back (56.13)
43rd	Claire Hawley	Sr.	400 IM (4:26.40)
44th	Jessica Barnes	Sr.	200 Back (2:02.88)

## 2006 19th (55 pts)

6th	Nikki Collins	Jr.	1650 Free (16:13.35)
6th	Kaitlin O'Brien	Fr.	400 IM (4:13.90)
11th	Kelly Nelson	So.	400 IM (4:17.41)
12th	Kelly Nelson	Fr.	200 Fly (1:59.03)
13th	Sarah Haupt	Sr.	400 Medley Relay (3:40.18)
	Abby Hoisington	Fr.	
	Amberle Biedermann	Sr.	
	Molly Crispell	So.	
14th	Sarah Haupt	Sr.	100 Back (54.32)
14th	Erin Morris	Jr.	200 Back (1:57.92)
15th	Karie Haglund	Fr.	200 Fly (1:59.91)
16th	Kelly Nelson	Fr.	800 Free Relay (7:20.54)
	Molly Crispell	So.	
	Erin Morris	Jr.	
	Jessica Barnes	Jr.	
17th	Sarah Haupt	Sr.	200 Medley Relay (1:42.39)
	Abby Hoisington	Fr.	
	Amberle Biedermann	Sr.	
	Erin Morris	Jr.	
17th	Megan Palera	Jr.	400 IM (4:18.04)
20th	Karie Haglund	Fr.	400 IM (4:18.38)
22nd	Amberle Biedermann	Sr.	200 Fly (2:00.57)
22nd	Nikki Collins	Jr.	500 Free (4:48.25)
23rd	Erin Morris	Jr.	400 Free Relay (3:24.71)
	Sarah Haupt	Sr.	
	Molly Crispell	So.	
	Amberle Biedermann	Sr.	
25th	Erin Morris	Jr.	500 Free (4:48.79)
26th	Kaitlin O'Brien	Fr.	200 IM (2:01.49)
28th	Amberle Biedermann	Sr.	100 Fly (54.51)
28th	Sarah Haupt	Sr.	200 Back (1:59.39)
29th	Patty Murphy	Jr.	1650 Free (16:39.87)
30th	Kaitlin O'Brien	Fr.	200 Breast (2:16.36)
31st	Molly Crispell	So.	500 Free (4:50.48)
34th	Jessica Barnes	Jr.	500 Free (4:50.84)
37th	Karie Haglund	Fr.	200 IM (2:02.22)
38th	Erin Morris	Jr.	100 Back (55.79)
38th	Megan Palera	Jr.	1650 Free (16:50.18)
39th	Abby Hoisington	Fr.	100 Breast (1:05.19)
40th	Jessica Barnes	Jr.	200 Back (2:02.42)
40th	Abby Hoisington	Fr.	200 Breast (2:18.61)
43rd	Kelly Nelson	Fr.	200 IM (2:03.02)
48th	Patty Murphy	Sr.	500 Free (4:54.93)

49th	Molly Crispell	So.	200 Free (1:50.09)
53rd	Abby Hoisington	Fr.	200 IM (2:03.89)

## 2005 13th (87 pts)

7th	Sarah Haupt	Jr.	200 Medley Relay (1:40.47)
	Amberle Biedermann	Jr.	
	Kristen Woodring	Sr.	
	Dee Dlugonski	Sr.	
7th	Sarah Haupt	Jr.	400 Medley Relay (3:39.58)
	Amberle Biedermann	Jr.	
	Kristen Woodring	Sr.	
	Dee Dlugonski	Sr.	
11th	Sarah Haupt	Jr.	100 Back (54.01)
12th	Claire Hawley	So.	1650 Free (16:17.70)
12th	Kristen Woodring	Sr.	100 Breast (1:01.74)
13th	Jennifer Eberst	Sr.	400 Free Relay (3:21.86)
	Lauren Preyss	So.	
	Dee Dlugonski	Sr.	
	Lauren Semchyshen	Sr.	
13th	Erin Morris	So.	1650 Free (16:18.98)
15th	Sarah Haupt	Jr.	200 Free Relay (1:32.60)
	Lauren Preyss	So.	
	Dee Dlugonski	Sr.	
	Lauren Semchyshen	Sr.	
15th	Erin Morris	So.	800 Free Relay (7:19.48)
	Lauren Preyss	So.	
	Margy Keefe	So.	
	Claire Hawley	So.	
15th	Erin Morris	So.	500 Free (4:46.52)
16th	Alison Riccobono	Sr.	Three Meter diving (460.15)
17th	Margy Keefe	So.	1650 Free (16:23.13)
19th	Erin Morris	So.	200 Back (1:58.15)
23rd	Courtney Stanchock	Sr.	100 Breast (1:02.81)
25th	Nikki Collins	So.	1650 Free (16:30.58)
26th	Sarah Haupt	Jr.	200 Back (1:59.08)
26th	Margy Keefe	So.	500 Free (4:47.90)
26th	Megan Palera	So.	400 IM (4:20.24)
29th	Lauren Preyss	So.	200 Free (1:48.89)
31st	Meredith Holman	Sr.	1650 Free (16:38.38)
33rd	Dee Dlugonski	Sr.	50 Free (23.08)
33rd	Jennifer Eberst	Sr.	100 Back (55.31)
34th	Claire Hawley	So.	400 IM (4:23.08)
34th	Alison Riccobono	Sr.	One Meter Diving (213.20)
35th	Lauren Preyss	So.	100 Free (50.33)
35th	Courtney Stanchock	Sr.	200 IM (2:02.35)
36th	Megan Palera	So.	1650 Free (16:49.80)
40th	Amberle Biedermann	Jr.	100 Fly (55.55)
40th	Nikki Collins	So.	500 Free (4:51.46)
41st	Amberle Biedermann	Jr.	200 Fly (2:02.72)
41st	Courtney Stanchock	Sr.	200 Breast (2:18.65)
44th	Kristen Woodring	Sr.	200 Breast (2:19.72)
47th	Dee Dlugonski	Sr.	100 Free (50.85)
50th	Dee Dlugonski	Sr.	100 Breast (1:05.32)

## 2004 15th (101 pts)

3rd	Sarah Haupt	So.	100 Back (59:45)
4th	Sarah Haupt	So.	400 Medley Relay (4:01.59)
	Kristen Woodring	Jr.	
	Amberle Biedermann	So.	
	Dee Dlugonski	Jr.	
5th	Sarah Haupt	So.	200 Medley Relay (1:50.52)
	Kristen Woodring	Jr.	
	Amberle Biedermann	So.	
	Dee Dlugonski	Jr.	
7th	Kristen Woodring	Jr.	100 Breast (1:07.62)
12th	Margy Keefe	Fr.	1500 Free (16:10:59)
13th	Margy Keefe	Fr.	800 Free Relay (8:06:73)
	Erin Morris	Fr.	
	Sally Anderson	Sr.	
	Megan Palera	Fr.	
15th	Margy Keefe	Fr.	400 Free (4:11:19)
18th	Dee Dlugonski	Jr.	400 Free Relay
	Sally Anderson	Sr.	
	Amberle Biedermann	So.	
	Erin Morris	Fr.	
18th	Courtney Stanchock	Jr.	100 Breast (1:09.37)
19th	Alison Riccobono	Jr.	Three Meter Diving (465.50)
20th	Megan Palera	Fr.	1500 Free (16:26.17)
23rd	Lisa Silvestri	So.	Three Meter Diving (450.40)
24th	Erin Morris	Fr.	200 Back (2:12.86)
25th	Lisa Silvestri	So.	One Meter Diving (243.15)
28th	Amberle Biedermann	So.	100 Fly (1:01.29)
29th	Dee Dlugonski	Jr.	50 Free (25.62)

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29th	Sarah Haupt	So.	200 Back (2:13.75)
30th	Sally Anderson	Sr.	1500 Free (16:39.26)
30th	Megan Palera	Fr.	400 IM (4:47.83)
33rd	Amberle Biedermann	So.	200 Fly (2:16.44)
33rd	Kristen Woodring	Jr.	200 Breast (2:32.68)
34th	Megan Palera	Fr.	400 Free (4:12.36)
35th	Alison Riccobono	Jr.	One Meter Diving (226.40)
36th	Courtney Stanchock	Jr.	200 Breast (2:32.92)
37th	Maggie O'Brien	Sr.	Three Meter Diving (233.60)
38th	Maggie O'Brien	Sr.	One Meter Diving (210.45)
40th	Dee Dlugonski	Jr.	100 Free (56.24)
40th	Erin Morris	Fr.	100 Back (1:03.08)
42nd	Erin Morris	Fr.	200 IM (2:16.05)
46th	Sally Anderson	Sr.	200 Free (2:02.31)
44th	Courtney Stanchock	Jr.	200 IM (2:16.50)
48th	Sally Anderson	Sr.	400 Free (4:14.30)

**2003** **22nd (40 pts)**

9th	Sarah Haupt	Fr.	200 Medley Relay (1:40.85)
	Courtney Stanchock	So.	
	Amberle Biedermann	Fr.	
	Katie Hostetler	Sr.	
9th	Sarah Haupt	Fr.	400 Medley Relay (3:38.55)
	Courtney Stanchock	So.	
	Amberle Biedermann	Fr.	
	Dee Dlugonski	So.	
15th	Dee Dlugonski	Fr.	400 Free Relay (3:23.19)
	Katie Hostetler	Sr.	
	Sally Anderson	Jr.	
	Amberle Biedermann	Fr.	
17th	Courtney Stanchock	So.	100 Breast (1:02.19)
19th	Sarah Haupt	Fr.	100 Back (54.80)
20th	Sally Anderson	Jr.	200 Free (1:48.53)
20th	Lindsey Wilson	Sr.	200 Breast (2:15.45)
21st	Sally Anderson	Jr.	500 Free (4:47.87)
21st	Lisa Silvestri	Fr.	One Meter Diving (252.95)
23rd	Amberle Biedermann	Fr.	200 Fly (2:00.10)
24th	Sally Anderson	Jr.	1650 Free (16:35.29)
24th	Lindsey Wilson	Sr.	100 Breast (1:03.04)
26th	Courtney Stanchock	So.	200 Breast (2:16.45)
27th	Lisa Silvestri	Fr.	Three Meter Diving (250.20)
30th	Amberle Biedermann	Fr.	100 Fly (54.89)
34th	Dee Dlugonski	So.	100 Free (50.40)
35th	Katie Hostetler	Sr.	50 Free (23.23)
44th	Sarah Haupt	Fr.	200 Back (2:02.68)
44th	Courtney Stanchock	So.	200 IM (2:04.12)
48th	Dee Dlugonski	So.	50 Free (23.39)

**2002** **21st (46 pts)**

7th	Corrie Clark	So.	200 Breast (2:12.13)
10th	Katie Bruzda	Jr.	400 Medley Relay (3:40.50)
	Kristen Woodring	So.	
	Corrie Clark	So.	
	Dee Dlugonski	Fr.	
10th	Dee Dlugonski	Fr.	200 Free Relay (1:31.58)
	Piper Chamberlin	Sr.	
	Kristin Weinhold	Jr.	
	Katie Hostetler	Jr.	
13th	Sally Anderson	So.	500 Free (4:46.18)
15th	Kristen Woodring	So.	100 Breast (1:01.84)
17th	Corrie Clark	So.	200 IM (2:00.83)
18th	Sally Anderson	So.	800 Free Relay (7:23.67)
	Dee Dlugonski	Fr.	
	Erin Mulshenock	Fr.	
	Jen Eberst	Fr.	
18th	Katie Hostetler	Jr.	400 Free Relay (3:24.53)
	Dee Dlugonski	Fr.	
	Kristin Weinhold	Jr.	
	Piper Chamberlin	Sr.	
18th	Erin Mulshenock	Fr.	200 Back (1:58.89)
22nd	Sally Anderson	So.	1650 Free (16:38.21)
22nd	Katie Bruzda	Jr.	200 Back (1:59.32)
22nd	Erin Mulshenock	Fr.	200 IM (2:01.62)
24th	Erin Mulshenock	Fr.	400 IM (4:19.23)
24th	Courtney Stanchock	Fr.	200 Breast(2:16.38)
26th	Corrie Clark	So.	100 Fly (54.69)
31st	Sally Anderson	So.	200 Free (1:48.87)
33rd	Katie Bruzda	Jr.	100 Back(56.29)
36th	Maggie O'Brien	So.	3 Meter Diving (226.20)
37th	Jen Eberst	Fr.	200 Fly (2:01.80)
37th	Kristin Woodring	So.	200 Breast (2:19.27)
39th	Maggie O'Brien	So.	One Meter Diving (190.00)
47th	Jen Eberst	Fr.	100 Fly (56.09)

48th	Dee Dlugonski	Fr.	100 Free (50.79)
49th	Piper Chamberlin	Sr.	100 Fly (56.46)

**2001** **11th (100 pts)**

3rd	Kristen Woodring	Fr.	100 Breast (59.96)
6th	Corrie Clark	Fr.	100 Fly (54.11)
7th	Katie Hostetler	So.	200 Medley Relay (1:40.69)
	Kristen Woodring	Fr.	
	Megan Smith	Sr.	
	Piper Chamberlin	Jr.	
8th	Corrie Clark	Fr.	200 Breast (2:13.03)
10th	Kristen Woodring	Fr.	200 Breast (2:13.03)
11th	Katie Anderson	Sr.	500 Free (4:46:06)
12th	Katie Bruzda	Sr.	400 Medley Relay (3:40.33)
	Kristen Woodring	Fr.	
	Corrie Clark	Fr.	
	Piper Chamberlin	Jr.	
12th	Corrie Clark	Fr.	200 IM (2:01.82)
15th	Katie Anderson	Sr.	200 Fly (2:00.64)
15th	Jaime Jaax	Sr.	Three Meter Diving (465.25)
16th	Piper Chamberlin	Jr.	200 Free Relay (1:33.06)
	Katie Hostetler	So.	
	Corrie Clark	Fr.	
	Megan Smith	Sr.	
16th	Katie Hostetler	So.	400 Free Relay (3:25.87)
	Piper Chamberlin	Jr.	
	Katie Anderson	Sr.	
	Corrie Clark	Fr.	
20th	Katie Hostetler	So.	50 Free (23.05)
28th	Katie Bruzda	Sr.	200 Back (2:01.62)
29th	Jaime Jaax	Sr.	One Meter Diving (234.20)
30th	Katie Anderson	Sr.	200 Free (1:49.13)

**2000** **Did Not Score**

24th	Jennelle Ritchie		200 Back (2:13.47)
25th	Christina Stocki		200 Back (2:13.57)

**1999** **33rd (4 pts)**

13th	Jamie Jaax		One Meter Diving (396.25)
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**1998** **Did Not Score**

18th	Arianne Adams		200 Free (1:48.74)
20th	Arianne Adams		500 Free (4:49.26)

**1996** **36th (2 pts)**

15th	Elizabeth Rossi		1650 Free (16:32.89)
22nd	Erica Georgs		One Meter Diving (350.35)
24th	Erica Georgs		Three Meter Diving (400.85)
40th	Kim Kephart		200 Free (1:52.07)
52nd	Kim Kephart		500 Free (5:01.69)

**1995** **30th (14 pts)**

13th	Deni Rudy		200 Free Relay (1:34:02)
	Sarah Duttera		
	Karen Van Tassel		
	Carmen Kondra		
14th	Deni Rudy		400 Free Relay (3:25:16)
	Sarah Duttera		
	Karen Van Tassel		
	Carmen Kondra		
18th	Deni Rudy		100 Free (50.59)
19th	Elizabeth Rossi		1650 Free (16:32.79)
19th	Deni Rudy		800 Free Relay (7:34.27)
	Karen Van Tassel		
	Elizabeth Rossi		
	Carmen Kondra		

**1994** **30th (20 pts)**

9th	Regan Stacey		1650 Free (16:32.41)
13th	Deni Rudy		100 Free (50.49)
13th	Julie Krail		200 Breast (2:16.08)
14th	Julie Krail		100 Breast (1:03.16)
24th	Deni Rudy		50 Free (23.40)
26th	Regan Stacey		500 Free (4:51.94)

**1993** **22nd (31 pts)**

8th	Fran McDermid		200 Free (1:48:54)
9th	Regan Stacey		1650 Free (16:32.06)
11th	Fran McDermid		100 Free (50.35)
14th	Regan Stacey		500 Free (4:50:90)
15th	Fran McDermid		50 Free (23.59)
22nd	Deni Rudy		50 Free (23.45)



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28th Regan Stacey 200 Free (1:51.29)  
 31st Deni Rudy 100 Free (51.20)

**1992 26th (23.5 pts)**

7th Fran McDermid 200 Free (1:47:61)  
 13th Fran McDermid 100 Free (50:38)  
 15th Deni Rudy 800 Free Relay (7:30:03)  
 Fran McDermid  
 Christy Rourke  
 Sarah Duttera  
 15th Deni Rudy 400 Free Relay (3:27:03)  
 Sarah Duttera  
 Christy Rourke  
 Fran McDermid  
 18th Fran McDermid 50 Free (23.43)  
 23rd Amy Schmidt Three Meter Diving (401.00)  
 27th Amy Schmidt One Meter Diving (343.85)

**1991 34th (10 pts)**

13th Christy Rourke 800 Free Relay (7:27:66)  
 Fran McDermid  
 Heather Nicholson  
 Janet Worobel  
 15th Lara Von Seelen Three Meter Diving (426.75)

**1990 32nd (14 pts)**

10th Fran McDermid 400 Free Relay (3:23:32)  
 Denise Sonntag  
 Jane Kleiderlein  
 Kristin Lilly  
 18th Amy Schmidt One Meter Diving (359.75)  
 20th Fran McDermid 200 Free Relay (1:34.91)  
 Jane Kleiderlein  
 Denise Sonntag  
 Kristin Lilly

**1989 32nd (8 pts)**

12th Kristen Elias 100 Fly (55.55)  
 14th Kristen Elias 200 Fly (2:02:02)  
 19th Beth Haas 200 Free Relay (1:35.72)  
 Denise Sonntag  
 Kristen Elias  
 Kristin Lilly  
 20th Denise Sonntag 400 Medley Relay (3:53.90)  
 Beth Haas  
 Kristen Elias  
 Kristin Lilly

**1988 29th (14 pts)**

12th Kristen Elias 200 Fly (2:02:23)  
 14th Kristen Elias 100 Fly (55.46)  
 14th Jill Fretz 800 Free Relay (7:24:31)  
 19th Elizabeth O'Keeffe One Meter Diving (405.50)  
 32nd Elizabeth O'Keeffe Three Meter Diving (388.20)  
 Kristin Lilly  
 Kristen Elias  
 Denise Sonntag  
 45th Kathleen Dick 100 Breast (1:07.12)  
 45th Kathleen Dick 200 Breast (2:25.11)

**1987 32nd (6 pts)**

13th Kristen Elias 100 Fly (55.89)  
 15th Kristen Elias 200 Fly (2:03.14)  
 22nd Elizabeth O'Keeffe One Meter Diving (390.40)  
 26th Elizabeth O'Keeffe Three Meter Diving (383.60)

**1986 42nd (2 pts)**

16th Kathleen Zoranski 200 Free Relay (1:35:65)  
 Jeanne Wilkins  
 Michele Maximo  
 Kristin Whitner  
 20th Betsy Spiegel One Meter Diving (387.50)  
 28th Kristin Whitner 50 Free (23.86)

**1985 24th (26 pts)**

5th Mary Ellen Clark Three Meter Diving (471.90)  
 7th Mary Ellen Clark One Meter Diving (421.50)

**1984 20th (18 pts)**

8th Mary Ellen Clark Three Meter Diving (432.50)  
 10th Doreen Kase 800 Free Relay (7:27.36)  
 Cindy Post  
 Kristin Whitner

12th Megan Tompkins 200 Free (1:50:84)  
 12th Megan Tompkins 400 Free Relay (3:27.39)  
 Kristin Whitner  
 Cindy Post

22nd Doreen Kase One Meter Diving (454.29)  
 Mary Ellen Clark

# ALL-TIME BIG TEN CHAMPIONS



**2019**

Ally McHugh	1650 Free	15:47.18
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**2018**

Ally McHugh	1650 Free	15:43.34
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**2014**

Alyson Ackman	200 Free	1:44.11
Mackenzie Powers	100 Fly	51.56

**2013**

Alyson Ackman	200 Free	1:44.83
Paige Whitmire	100 Free	48.74

**2012**

Mackenzie Powers	100 Fly	52.83
P. Whitmire, M. Krawczyk, M. Powers, S. Palser	400 Medley Relay	3:33.50
S. Palser, E. Thomas, K. Pulos, P. Whitmire	400 Free Relay	3:16.12

**2007**

Kaitlin O'Brien	400 IM	4:14.60
Lyndsey Smith	100 Breast	1:01.87

**2006**

Sarah Haupt	100 Back	54.04
Kaitlin O'Brien	400 IM	4:12.03

**2005**

Amberle Biedermann	100 Fly	54.10
Kristen Woodring	100 Breast	1:01.41
A. Biedermann, S. Haupt, L. Preyss, K. Woodring	200 Medley Relay	1:39.06
A. Biedermann, D. Dlugonski, S. Haupt, K. Woodring	400 Medley Relay	3:38.79

**2004**

Amberle Biedermann	200 Fly	1:57.87
Sarah Haupt	100 Back	54.01
Kristen Woodring	100 Breast	1:00.35
A. Biedermann, D. Dlugonski, S. Haupt, C. Stanchock	200 Medley Relay	1:39.41
A. Biedermann, D. Dlugonski, S. Haupt, K. Woodring	400 Medley Relay	3:36.56

**2003**

Amberle Biedermann	100 Fly	53.54
	200 Fly	1:58.08
Sarah Haupt	100 Back	53.44
A. Biedermann, S. Haupt, K. Hostetler, C. Stanchock	200 Medley Relay	1:39.41
A. Biedermann, D. Dlugonski, S. Haupt, C. Stanchock	400 Medley Relay	3:36.39

**2002**

Corrie Clark	100 Fly	54.35
	200 Breast	2:13.06
Erin Mulshenock	200 IM	2:00.92
Kristen Woodring	100 Breast	1:01.15
K. Bruzda, C. Clark, D. Dlugonski, K. Woodring	200 Medley Relay	1:41.09
J. Eberst, C. Clark, D. Dlugonski, K. Woodring	400 Medley Relay	3:40.16
P. Chamberlin, D. Dlugonski, K. Hostetler, K. W3inhold	200 Free Relay	1:30.45

**2001**

Corrie Clark	100 Fly	54.42
	200 Breast	2:12.16
Kristen Woodring	100 Breast	59.77
K. Bruzda, P. Chamberlin, M. Smith, K. Woodring	200 Medley Relay	1:40.31

**1999**

Jaime Jaax	Three-Meter Diving	547.45
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**1995**

Deni Rudy	100 Free	50.19
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**1994**

Julie Krail	100 Breast	1:02.66
Regan Stacey	1,650 Free	16:26.02

**1993**

Fran McDermid	50 Free	23.21
	100 Free	50.41

**1992**

Fran McDermid	100 Free	50.46
	200 Free	1:48.19

Since joining the Big Ten Conference in 1992, Penn State has captured 42 Big Ten titles in the pool. The Nittany Lions have collected 12 relay titles and 31 individual crowns.

A trio of performers have claimed four individual titles in the pool for Penn State. Amberle Biedermann, Corrie Clark and Fran McDermid. Biedermann is the most decorated Nittany Lion with ten total titles, while Kristen Woodring (eight titles) and Dee Dlugonski (seven titles) are close behind.



# BIG TEN CHAMPIONSHIP HISTORY

## 50 FREESTYLE

Name	Pl.	Time	Year
Fran McDermid	1st	23.21	1993
Paige Whitmire	2nd	22.22	2013
Samantha Palser	2nd	22.41	2012
Katie Hostetler	2nd	23.07	2002
Deni Rudy	2nd	23.26	1993
Dee Dlugonski	3rd	23.20	2002
Fran McDermid	3rd	23.47	1992
Carolyn Fittin	4th	22.34	2015
Paige Whitmire	4th	22.67	2012
Michelle Myers	4th	22.58	2009
Michelle Myers	4th	22.85	2008
Dee Dlugonski	4th	23.03	2005
Piper Chamberlin	4th	23.24	2000
Deni Rudy	4th	23.46	1995
Paige Whitmire	5th	22.57	2011
Alyson Ackman	5th	22:59	2016
Carolyn Fittin	6th	22.55	2014
Paige Whitmire	6th	22.96	2010
Katie Hostetler	6th	23.33	2003
Kristin Weinhold	6th	23.28	2002
Steph Tomovsky	6th	23.26	2001
Alyson Ackman	7th	22.54	2015
Lauren Preyss	7th	23.19	2005
Piper Chamberlin	7th	23.30	2001
Carmen Kondra	7th	23.67	1995
Maddie Cooke	8th	22.49	2020
Katie Saloky	8th	22.60	2017
Dee Dlugonski	8th	23.40	2004
Deni Rudy	8th	23.77	1994

## 100 FREESTYLE

Paige Whitmire	1st	48.74	2013
Deni Rudy	1st	50.19	1995
Fran McDermid	1st	50.41	1993
Fran McDermid	1st	50.46	1992
Alyson Ackman	2nd	48.34	2014
Dee Dlugonski	2nd	50.58	2002
Deni Rudy	3rd	50.73	1994
Deni Rudy	3rd	50.88	1993
Deni Rudy	3rd	51.15	1992
Samantha Palser	4th	48.97	2012
Dee Dlugonski	4th	50.25	2003
Alyson Ackman	5th	48.67	2016
Alyson Ackman	5th	48.93	2013
Arienne Adams	5th	50.17	1999
Carmen Kondra	5th	50.97	1995
Alyson Ackman	6th	48.87	2015
Lindsey DeForrest	6th	49.70	2009
Kristin Weinhold	6th	51.19	2002
Lauren Preyss	7th	50.36	2005
Katie Hostetler	7th	50.94	2001
Carolyn Fittin	8th	49.40	2013
Paige Whitmire	8th	49.88	2012
Dee Dlugonski	8th	50.57	2004

## 200 FREESTYLE

Alyson Ackman	1st	1:44.11	2014
Alyson Ackman	1st	1:44.83	2013
Fran McDermid	1st	1:48.19	1992
Kelly Nelson	2nd	1:46.29	2008
Arienne Adams	2nd	1:48.33	1999
Fran McDermid	2nd	1:48.30	1993
Alyson Ackman	3rd	1:44.99	2015
Kelly Nelson	3rd	1:48.67	2007
Sally Anderson	3rd	1:48.89	2002
Katie Anderson	3rd	1:47.92	2001
Arienne Adams	3rd	1:48.73	1998
Alyson Ackman	4th	1:45.16	2016
Sally Anderson	5th	1:48.72	2003
Sarah Baker	6th	1:47.13	2009
Jessica Barnes	6th	1:49.10	2007
Kim Kephart	6th	1:50.72	1996
Kelly Nelson	7th	1:47.30	2009
Molly Crispell	7th	1:48.97	2006
Lauren Preyss	7th	1:48.67	2005
Christina Stocki	7th	1:50.31	2000
Sally Anderson	8th	1:50.45	2004
Christina Stocki	8th	1:50.21	2001

## 500 FREESTYLE

Erin Morris	2nd	4:42.17	2005
Erin Morris	2nd	4:44.82	2006
Katie Anderson	2nd	4:46.27	2001
Katie Anderson	2nd	4:47.90	1999
Kelly Nelson	3rd	4:43.54	2008
Sally Anderson	3rd	4:49.03	2002
Regan Stacey	3rd	4:50.94	1994
Ally McHugh	4th	4:38.44	2018
Sally Anderson	4th	4:45.49	2003
Nikki Collins	4th	4:46.06	2006
Jessica Barnes	4th	4:47.06	2007
Katie Anderson	4th	4:49.62	2000
Kim Kephart	4th	4:50.29	1996
Arienne Adams	4th	4:50.48	1999
Arienne Adams	4th	4:50.51	1998
Regan Stacey	4th	4:50.75	1993
Alyson Ackman	5th	4:42.53	2014
Kailey Morris	5th	4:42.80	2009
Claire Hawley	5th	4:47.10	2007
Margy Keefe	5th	4:48.39	2005
Megan Silverling	5th	4:42.12	2013
Katelyn Sowinski	6th	4:45.14	2014
Sally Anderson	6th	4:46.84	2004
Jaime Keily	6th	4:48.81	2006
Claire Hawley	6th	4:49.06	2005
Katelyn Sowinski	7th	4:40.72	2015
Molly Crispell	7th	4:49.73	2006
Molly Crispell	7th	4:50.85	2005
Katie Anderson	7th	4:52.68	1998
Kailey Morris	8th	4:46.92	2010
Kailey Morris	8th	4:48.04	2008
Kelly Nelson	8th	4:48.80	2009
Megan Palera	8th	4:50.85	2004

## 1650 FREESTYLE

Ally McHugh	1st	15:43.34	2018
Ally McHugh	1st	15:47.18	2019
Regan Stacey	1st	16:26.02	1994
Claire Hawley	2nd	16:16.59	2005
Nikki Collins	2nd	16:25.79	2006
Regan Stacey	2nd	16:27.78	1993
Stephanie Roop	4th	16:19.25	2008
Nikki Collins	4th	16:19.56	2007
Margy Keefe	4th	16:20.52	2005
Sally Anderson	4th	16:30.27	2003
Heather Nicholson	4th	16:49.86	1992
Megan Silverling	5th	16:15.88	2014
Margy Keefe	5th	16:16.98	2004
Erin Morris	5th	16:24.39	2005
Patty Murphy	5th	16:29.84	2006
Elizabeth Rossi	5th	16:33.22	1995
Elizabeth Rossi	5th	16:38.95	1996
Kim Kephart	5th	16:51.61	1994
Megan Silverling	6th	16:07.55	2015
Stephanie Roop	6th	16:22.24	2010
Sally Anderson	6th	16:26.26	2004
Claire Hawley	6th	16:29.48	2007
Nikki Collins	6th	16:29.49	2005
Megan Palera	6th	16:37.10	2006
Heather Whiting	6th	16:52.82	1994
Heather Nicholson	6th	16:58.65	1993
Megan Silverling	7th	16:24.68	2013
Megan Palera	7th	16:29.30	2004
Meredith Holman	7th	16:30.19	2005
Katie Anderson	7th	16:34.35	2001
Regan Stacey	7th	16:38.27	1995
Alecia Kornacki	7th	16:39.63	2002
Elizabeth Rossi	7th	16:41.72	1997
Patty Murphy	7th	16:43.70	2003
Nikki Collins	8th	16:34.09	2004
Patty Murphy	8th	16:41.01	2005
Katie Anderson	8th	16:42.80	1998

## 100 BACKSTROKE

Sarah Haupt	1st	53.44	2003
Sarah Haupt	1st	54.01	2004
Sarah Haupt	1st	54.04	2006
Mackenzie Powers	2nd	52.19	2014
Paige Whitmire	3rd	53.17	2013
Sarah Haupt	3rd	54.31	2005
Erin Morris	3rd	55.12	2006
Katie Bruzda	3rd	55.79	2000
Paige Whitmire	4th	53.26	2012
Paige Whitmire	5th	53.85	2011
Michelle Myers	5th	55.23	2007
Jen Eberst	5th	55.66	2005
Marie Schobel	6th	53.48	2022
Maddie Hart	6th	52.78	2020
Marie Schobel	6th	53.11	2021
Haile Campbell	6th	53.91	2011
Michelle Myers	6th	54.69	2008
Christina Stocki	6th	55.96	2001
Erin Morris	6th	56.10	2004
Christina Stocki	6th	56.17	2000
Susan Janoski	6th	56.60	2002
Lisa Pastrana	6th	57.02	1996
Kaitlin Ferguson	7th	54.27	2009
Nicole White	7th	56.32	2000
Katie Hostetler	7th	56.37	2003
Kelli Keane	7th	57.13	1999
Lisa Pastrana	8th	57.26	1995
Lesley Spada	8th	57.28	1999

## 200 BACKSTROKE

Daphne Skelos	2nd	1:55.65	2008
Erin Morris	2nd	1:57.25	2006
Erin Morris	2nd	1:57.94	2005
Amy Modglin	3rd	1:54.19	2011
Maddie Hart	4th	1:53.37	2020
Amy Modglin	4th	1:55.18	2013
Jennelle Ritchie	4th	1:58.98	2000
Katie Bruzda	4th	1:59.17	2002
Sarah Haupt	4th	1:59.80	2004
Marie Schobel	5th	1:54.37	2022
Kathryn Rowe	5th	1:56.01	2014
Erin Mulshenock	5th	1:59.60	2002
Sarah Haupt	5th	1:59.70	2003
Erin Morris	5th	1:59.90	2004
Sarah Haupt	5th	2:00.08	2006
Christina Stocki	5th	2:00.61	1999
Mackenzie Powers	6th	1:56.18	2014
Daphne Skelos	6th	1:58.37	2007
Katie Bruzda	6th	1:59.32	2000
Jennelle Ritchie	6th	2:00.71	1999
Lisa Pastrana	6th	2:01.45	1994
Amy Modglin	7th	1:56.91	2010
Christina Stocki	7th	1:59.52	2000
Katie Bruzda	7th	2:00.02	2001
Lisa Pastrana	7th	2:02.91	1996
Lori Williams	7th	2:03.06	1992
Sara Shepherd	8th	2:00.78	2004
Jessica Barnes	8th	2:00.91	2006

## 100 BREASTSTROKE

Kristen Woodring	1st	59.77	2001
Kristen Woodring	1st	1:00.35	2004
Kristen Woodring	1st	1:01.15	2002
Kristen Woodring	1st	1:01.41	2005
Lyndsey Smith	1st	1:01.87	2007
Julie Krail	1st	1:02.66	1994
Courtney Stanchock	2nd	1:00.83	2003
Courtney Stanchock	2nd	1:01.55	2005
Courtney Stanchock	3rd	1:02.07	2002
Caitlin Meehan	3rd	1:02.97	2007
Abby Hoisington	3rd	1:03.10	2006
Merritt Krawczyk	4th	59.68	2012
Melissa Rodriguez	4th	1:00.25	2014
Lindsay Franchilla	4th	1:03.33	2001
Lyndsey Smith	5th	1:00.95	2009
Courtney Stanchock	5th	1:02.12	2004
Lindsey Wilson	5th	1:03.30	2002
Merritt Krawczyk	6th	1:00.86	2011
Melissa Rodriguez	6th	1:01.44	2013
Karie Haglund	6th	1:01.14	2009
Lindsey Wilson	6th	1:02.82	2003
Dee Dlugonski	6th	1:03.26	2005
Barb Mulshine	6th	1:03.34	1999
Lindsey Wilson	6th	1:03.94	2000

Melissa Rodriguez	7th	1:00.76	2016
Taylor Cameron	7th	1:00.88	2015
Rachel Butler	7th	1:01.32	2012
Merritt Krawczyk	7th	1:01.70	2013
Barb Mulshine	7th	1:03.59	2001
Caitlin Meehan	7th	1:04.10	2006
Lyndsey Smith	8th	1:02.48	2010
Lyndsey Smith	8th	1:03.57	2008

## 200 BREASTSTROKE

Corrie Clark	1st	2:12.16	2001
Corrie Clark	1st	2:13.06	2002
Melissa Rodriguez	2nd	2:09.54	2014
Courtney Stanchock	2nd	2:13.03	2003
Kristen Woodring	2nd	2:13.43	2001
Melissa Rodriguez	3rd	2:09.87	2015
Courtney Stanchock	3rd	2:14.30	2004
Kaitlin O'Brien	3rd	2:14.46	2008
Abby Hoisington	3rd	2:16.61	2006
Byanca Rodriguez	4th	2:09.43	2016
Lindsey Wilson	4th	2:14.98	2003
Kaitlin O'Brien	4th	2:16.71	2006
Lindsey Wilson	4th	2:17.18	2000
Karie Haglund	5th	2:12.03	2009
Kristen Woodring	5th	2:15.23	2004
Caitlin Meehan	5th	2:16.23	2007
Melissa Rodriguez	6th	2:11.29	2013
Merritt Krawczyk	6th	2:11.39	2012
Kaitlin O'Brien	6th	2:12.23	2009
Merritt Krawczyk	6th	2:14.92	2010
Kristen Woodring	6th	2:15.36	2002
Kaitlin O'Brien	6th	2:17.22	2007
Karna Lorhammer	6th	2:18.23	1998
Clare Clemens	7th	2:16.28	2008
Kristen Woodring	7th	2:17.61	2005
Barb Mulshine	7th	2:19.36	1999
Karna Lorhammer	7th	2:19.77	1996
Clare Clemens	8th	2:17.73	2007
Julie Krail	8th	2:19.55	1994

## 100 BUTTERFLY

Mackenzie Powers	1st	51.56	2014
Mackenzie Powers	1st	52.25	2012
Amberle Biedermann	1st	53.54	2003
Amberle Biedermann	1st	54.10	2005
Corrie Clark	1st	54.35	2002
Corrie Clark	1st	54.42	2001
Mackenzie Powers	2nd	52.72	2011
Amberle Biedermann	2nd	53.63	2004
Maddie Hart	3rd	51.80	2020
Sarah Haupt	3rd	54.34	2006
Mackenzie Powers	4th	53.12	2013
Amberle Biedermann	4th	54.61	2006
Megan Smith	5th	55.35	2001
Kathryn Rowe	6th	53.09	2014
Jen Eberst	7th	55.26	2005

# BIG TEN CHAMPIONSHIP HISTORY



Katelyn Sowinski	6th	1:57.08	2017
Kathryn Rowe	6th	1:58.27	2016
Kelly Nelson	6th	1:59.74	2007
Karie Haglund	6th	2:00.84	2006
Jen Eberst	6th	2:01.63	2005
Jen Wilson	6th	2:02.88	1993
Kathryn Rowe	7th	1:58.05	2015
Mackenzie Powers	7th	1:59.24	2012
Karie Haglund	7th	2:00.18	2007
Jenna Lopano	7th	2:01.18	2001
Katie Anderson	7th	2:02.95	1998
Jennifer Baird	7th	2:03.44	1993
Jennifer Baird	7th	2:04.64	1994
Katelyn Sowinski	8th	1:58.31	2015
Katelyn Sowinski	8th	2:00.01	2014
Kathryn Rowe	8th	2:01.27	2016

## 200 IM

Erin Mulshenock	1st	2:00.92	2002
Merritt Krawczyk	2nd	1:57.18	2013
Merritt Krawczyk	2nd	1:57.79	2012
Corrie Clark	2nd	2:00.66	2001
Chelsea Weedman	3rd	1:58.12	2013
Kelly Nelson	3rd	2:00.78	2006
Courtney Stanchock	3rd	2:02.32	2005
Lyndsey Smith	4th	1:59.52	2010
Kaitlin O'Brien	4th	1:59.72	2008
Kaitlin O'Brien	4th	2:00.98	2006
Courtney Stanchock	4th	2:01.32	2003
Kaitlin O'Brien	4th	2:01.37	2007
Corrie Clark	4th	2:02.26	2002
Kathryn Rowe	6th	1:58.06	2016
Chelsea Weedman	6th	1:59.30	2012
Merritt Krawczyk	6th	1:59.56	2011
Daphne Skelos	6th	2:00.13	2010
Karie Haglund	6th	2:01.23	2006
Tasha Kulka	6th	2:03.62	2000
Julie Krail	6th	2:04.00	1994
Gabrielle Shishkoff	7th	1:58.74	2014
Daphne Skelos	7th	2:00.14	2008
Merritt Krawczyk	7th	2:00.34	2010
Karie Haglund	7th	2:02.44	2007
Chelsea Weedman	8th	2:00.25	2011
Erin Morris	8th	2:03.94	2004

## 400 IM

Kaitlin O'Brien	1st	4:12.03	2006
Kaitlin O'Brien	1st	4:14.60	2007
Ally McHugh	2nd	4:06.27	2017
Ally McHugh	2nd	4:06.43	2018
Kaitlin O'Brien	3rd	4:08.10	2009
Daphne Skelos	3rd	4:11.14	2008
Kelly Nelson	3rd	4:15.31	2006
Claire Hawley	3rd	4:17.56	2005
Gabrielle Shishkoff	4th	4:09.52	2014
Kaitlin O'Brien	4th	4:11.41	2008
Chelsea Weedman	4th	4:12.81	2011
Megan Palera	4th	4:18.04	2007
Megan Palera	4th	4:18.22	2005
Erin Mulshenock	4th	4:18.96	2002
Gabi Shishkoff	5th	4:12.77	2013
Kailey Morris	5th	4:13.92	2010
Karie Haglund	5th	4:18.46	2007
Chelsea Weedman	6th	4:13.21	2013
Amy Modglin	6th	4:16.54	2011
Megan Palera	6th	4:18.41	2006
Megan Palera	6th	4:19.31	2004
Chelsea Weedman	7th	4:14.44	2012
Amy Modglin	7th	4:14.61	2010
Jenna Lopano	7th	4:23.66	2000
Daphne Skelos	8th	4:16.14	2010
Amy Modglin	8th	4:16.97	2013
Clare Clemens	8th	4:20.07	2008
Larissa Kavchok	8th	4:28.67	2005

## ONE-METER DIVING

Lisa Silvestri	2nd	291.60	2004
Jaime Jaax	4th	409.50	1999
Lisa Silvestri	6th	281.65	2003
Jaime Jaax	7th	274.95	2001
Erika Georgs	8th	328.25	1996

## THREE-METER DIVING

Jaime Jaax	1st	547.45	1999
Jaime Jaax	2nd	504.50	2001

Alison Riccobono	3rd	522.70	2004
Lisa Silvestri	4th	516.15	2004
<b>200 FREESTYLE RELAY</b>			
Dee Dlugonski	1st	1:30.45	2002
Piper Chamberlin			
Kristen Weinhold			
Katie Hostetler			
Alyson Ackman	2nd	1:28.50	2015
Carolyn Fittin			
Kaitlin Saloky			
Katelyn Miller			
Paige Whitmire	2nd	1:28.96	2013
Alyson Ackman			
Samantha Palsler	2nd	1:29.64	2011
Paige Whitmire			
Erin Thomas			
Katherine Pulos			
Deni Rudy	2nd	1:33.89	1993
Ashley Hyneman			
Sarah Duttera			
Fran McDermid			
Deni Rudy	2nd	1:34.10	1992
Tracey Sheleheda			
Sarah Duttera			
Fran McDermid			
Piper Chamberlin	3rd	1:31.71	2001
Kristin Weinhold			
Katie Hostetler			
Steph Thomovsky			
Deni Rudy	3rd	1:32.89	1995
Sarah Duttera			
Karen Van Tassel			
Carmen Kondra			
Deni Rudy	3rd	1:33.91	1994
Sarah Duttera			
Wendy Rowe			
Trina Sullivan			
Alyson Ackman	2nd	1:29.51	2014
Carolyn Fittin			
Katelyn Miller			
Kaitlin Saloky			
Alyson Ackman	4th	1:29.41	2016
Kaitlin Saloky			
Haley Sinatro			
Kaitlin Jones			
Lauren Preyss	4th	1:31.40	2005
Dee Dlugonski			
Sarah Haupt			
Lauren Semchyschen			
Piper Chamberlin	4th	1:32.55	2000
Kristin Weinhold			
Katie Hostetler			
Tasha Kulka			
Maddie Cooke	5th	1:29.48	2021
Elizabeth Gaspari			

<b>Cat Stanford</b>			
<b>Abbie Amdor</b>			
Sarah Baker	5th	1:30.98	2009
Lindsey DeForrest			
Michelle Myers			
Samantha Palsler	5th	1:31.71	2008
Michelle Myers			
Molly Crispell			
Lindsey DeForrest			
Sarah Baker			
Dee Dlugonski	5th	1:32.49	2003
Katie Hostetler			
Amberle Biedermann			
Jen Eberst			
Maddie Cooke	6th	1:30.23	2020
<b>Abbie Amdor</b>			
Elizabeth Gaspari			
Olivia Jack			
Michelle Myers	6th	1:31.13	2010
Paige Whitmire			
Lindsey DeForrest			
Samantha Palsler			
Karen Van Tassel	6th	1:35.20	1997
Elissa Bellairs			
Wendy Rowe			
Carmen Kondra			
Olivia Jack	8th	1:30.05	2022
Abbie Amdor			

## Cat Stanford

<b>Mary Brinker</b>			
Genie Cheng	7th	1:33.08	2007
Michelle Myers			
Lindsey DeForrest			
Molly Crispell			
Katrina Kuhn	8th	1:32.29	2018
Camryn Barry			
Tommie Dillione			
Ann Tolan			
Lauren Semchyschen	8th	1:33.14	2004
Dee Dlugonski			
Amberle Biedermann			
Jen Eberst			
Elissa Bellairs	8th	1:34.83	1998
Sharon Werner			
Laura Molettieri			
Carmen Kondra			

## 400 FREESTYLE RELAY

Samantha Palsler	T-1st	3:16.12	2012
Sarah Duttera			
Katherine Pulos			
Paige Whitmire			
Alyson Ackman	2nd	3:15.88	2016
Nicole Price			
Haley Sinatro			
Kaitlin Jones			
Alyson Ackman	2nd	3:16.15	2013
Carolyn Fittin			
Katelyn Miller			
Paige Whitmire			
Deni Rudy	2nd	3:25.20	1993
Ashley Hyneman			
Sarah Duttera			
Fran McDermid			
Alyson Ackman	3rd	3:16.33	2014
Carolyn Fittin			
Katelyn Miller			
Caitlyn Karr			
Sarah Baker	3rd	3:18.40	2009
Lindsey DeForrest			
Michelle Myers			
Kelly Nelson			
Kristin Weinhold	3rd	3:22.94	2002
Barb Mulshine			
Dee Dlugonski			
Piper Chamberlin			
Deni Rudy	3rd	3:23.40	1995
Sarah Duttera			
Karen Van Tassel			
Carmen Kondra			
Deni Rudy	3rd	3:24.69	1994
Sarah Duttera			
Karen Van Tassel			
Trina Sullivan			
Deni Rudy	3rd	3:24.94	1992
Christy Rourke			
Sharon Duttera			
Fran McDermid			
Samantha Palsler	4th	3:17.44	2011
Katherine Pulos			
Erin Thomas			
Paige Whitmire			
Lauren Semchyschen	4th	3:22.27	2003
Dee Dlugonski			
Amberle Biedermann			
Katie Hostetler			
Alyson Ackman	5th	3:16.48	2015
Carolyn Fittin			
Kaitlin Jones			
Kaitlin Saloky			
Piper Chamberlin	5th	3:24.68	1999
Kelli Keane			
Christina Stocki			
Arianna Adams			
Kelly Nelson	6th	3:21.51	2008
Michelle Myers			
Molly Crispell			
Lindsey DeForrest			
Piper Chamberlin	6th	3:23.61	2000
Christina Stocki			
Kristin Weinhold			
Tasha Kulka			
Arianna Adams	6th	3:28.12	1996

Carmen Kondra			
Ashley Hyneman			
Lisa Pastrana			
Niki Price	7th	3:18.66	2018
Katrina Kuhn			
Tommie Dillione			
Ally McHugh			
Cat Stanford	7th	3:19.21	2021
Maddie Cooke			
Abbie Amdor			
Elizabeth Gaspari			
Larissa Kavchok	7th	3:23.49	2004
Amberle Biedermann			
Dee Dlugonski			
Lauren Semchyschen			
Piper Chamberlin	7th	3:23.56	2001
Katie Hostetler			
Kristin Weinhold			
Sally Anderson			
Cat Stanford	8th	3:18.19	2022
Abbie Amdor			
Madison Ledwith			
Kate Sheridan			
Madison Ledwith	8th	3:20.69	2019
Olivia Jack			
Elizabeth Gaspari			
Kate Sheridan			
Erin Thomas	8th	3:21.24	2010
Paige Whitmire			
Lindsey DeForrest			
Samantha Palsler			
Arianne Adams	8th	3:26.56	1997
Karen Van Tassel			
Wendy Rowe			
Carmen Kondra			

## 800 FREESTYLE RELAY

Kelly Nelson	2nd	7:11.59	2006
Molly Crispell			
Erin Morris			
Jessica Barnes			
Nikki Collins	3rd	7:15.72	2007
Molly Crispell			
Jessica Barnes			
Kelly Nelson			
Lauren Preyss	3rd	7:16.23	2005
Erin Morris			
Nikki Collins			
Molly Crispell			
Regan Stacey	3rd	7:23.18	1994
Kim Kephart			
Lisa Pastrana			
Deni Rudy	3rd	7:26.59	1992
Regan Stacey			
Christy Rourke			
Heather Nicholson			
Fran McDermid			
Alyson Ackman	4th	7:05.44	2014
Kaitlin Jones			
Caitlyn Karr			
Gabi Shishkoff			
Alyson Ackman	4th	7:05.67	2016
Megan Wujciak			
Nicole Price			
Kaitlin Jones			
Alyson Ackman	4th	7:08.97	2013
Kaitlin Jones			
Caitlyn Karr			
Gabi Shishkoff			
Sarah Baker	4th	7:13.96	2008
Molly Crispell			
Kaitlin O'Brien			
Kelly Nelson			
Sally Anderson	4th	7:17.01	2003
Amberle Biedermann			
Dee Dlugonski			
Meredith Holman			
Regan Stacey	4th	7:23.46	1993
Janet Worobel			
Fran McDermid			
Deni Rudy			
Katie Anderson	4th	7:23.88	1999
Christina Stocki			
Sarah Jay			
Arianne Adams			



# BIG TEN CHAMPIONSHIP HISTORY

Katie Anderson	4th	7:26.95	2000
Alecia Kornacki			
Sarah Jay			
Christina Stocki			
Megan Siverling	5th	7:05.42	2015
Alyson Ackman			
Kaitlin Jones			
Caitlyn Karr			
Sarah Baker	5th	7:11.02	2009
Lindsey DeForrest			
Kelly Nelson			
Kaitlin O'Brien			
Katie Anderson	5th	7:24.33	1998
Carmen Kondra			
Sarah Jay			
Arianne Adams			
Camryn Barry	6th	7:07.32	2018
Tommye Dillione			
Niki Price			
Ally McHugh			
Amy Modglin	6th	7:12.74	2011
Monika Mialka			
Erin Thomas			
Chelsea Weedman			
Erin Thomas	7th	7:14.06	2012
Chelsea Weedman			
Caitlyn Karr			
Katherine Pulos			
Lyndsey Smith	7th	7:15.21	2010
Amy Modglin			
Lindsey DeForrest			
Stephanie Roop			
Lyndsey Smith	7th	7:19.37	2004
Sally Anderson			
Nikki Collins			
Margy Keefe			
Alecia Kornacki	7th	7:25.30	2001
Katie Anderson			
Lindsey Wilson			
Sally Anderson			
Sadie Schumann	8th	7:15.69	2021
Camryn Barry			
Elizabeth Gaspari			
<b>Abbie Amdor</b>			
Sally Anderson	8th	7:23.88	2002
Lauren Semchyshen			
Melissa Wilson			
Alecia Kornacki			
Deni Rudy	8th	7:29.12	1995
Regan Stacey			
Lisa Pastrana			
Carmen Kondra			
Arianne Adams	8th	7:34.25	1996
Carmen Kondra			
Kim Kephart			
Lisa Molettiere			

## 200 MEDLEY RELAY

Sarah Haupt	1st	1:39.06	2005
Kristen Woodring			
Amberle Biederman			
Dee Dlugonski			
Sarah Haupt	1st	1:39.22	2004
Kristen Woodring			
Amberle Biedermann			
Dee Dlugonski			
Sarah Haupt	1st	1:39.41	2003
Courtney Stanchock			
Amberle Biedermann			
Katie Hostetler			
Katie Hostetler	1st	1:40.31	2001
Kristen Woodring			
Megan Smith			
Piper Chamberlin			
Jen Eberst	1st	1:41.09	2002
Kristen Woodring			
Corrie Clark			
Dee Dlugonski			
Michelle Myers	3rd	1:41.86	2007
Karie Haglund			
Kelly Nelson			
Genie Cheng			
Katie Bruzda	3rd	1:42.38	2000
Lindsay Fraschilla			
Megan Smith			

Kristin Weinhold			
Lisa Pastrana	3rd	1:43.62	1994
Julie Krail			
Sarah Duttera			
Deni Rudy			
Marie Schobel	4th	1:38.14	2021
Carly Hart			
<b>Margaret Markvardt</b>			
Maddie Cooke			
Paige Whitmire	4th	1:38.59	2012
Merritt Krawczyk			
Mackenzie Powers			
Samantha Palsler			
Hailey Campbell	4th	1:38.59	2011
Merritt Krawczyk			
Mackenzie Powers			
Paige Whitmire			
Kaitlyn Ferguson	4th	1:38.74	2009
Karie Haglund			
Michelle Myers			
Kelly Nelson			
Lisa Pastrana	4th	1:44.58	1995
Kristi Swix			
Sarah Duttera			
Carmen Kondra			
Marie Schobel	5th	1:37.09	2020
Carly Hart			
Maddie Hart			
Maddie Cooke			
Mackenzie Powers	5th	1:37.61	2014
Haley Sinatro			
Carolyn Fittin			
Katelyn Miller			
Mackenzie Powers	5th	1:37.97	2013
Merritt Krawczyk			
Carolyn Fittin			
Paige Whitmire			
Allie Pennetti	5th	1:38.11	2015
Haley Sinatro			
Carolyn Fittin			
Kaitlin Saloky			
Lisa Pastrana	5th	1:45.98	1996
Karna Lorhammer			
Arianne Adams			
Carmen Kondra			
Maddie Hart	6th	1:38.80	2018
Maddie Cooke			
Niki Price			
Katrina Kuhn			
Allie Pennetti	6th	1:38.97	2016
Haley Sinatro			
Kaitlin Saloky			
Kaitlin Jones			
Kaitlyn Ferguson	6th	1:40.79	2008
Abby Hoisington			
Kelly Nelson			
Michelle Myers			
Janet Worobel	6th	1:46.46	1992
Sharon Detering			
Jennifer Baird			
Deni Rudy			
Marie Schobel	7th	1:36.79	2022
<b>Olivia Jack</b>			
<b>Emma Harvey</b>			
Maddie Cooke			
Janet Worobel	7th	1:46.55	1993
Sharon Detering			
Jennifer Baird			
Deni Rudy			
Paige Whitmire	8th	1:41.62	2010
Merritt Krawczyk			
Michelle Myers			
Samantha Palsler			

## 400 MEDLEY RELAY

Paige Whitmire	1st	3:33.50	2012
Merritt Krawczyk			
Mackenzie Powers			
Samantha Palsler			
Sarah Haupt	1st	3:36.39	2003
Courtney Stanchock			
Amberle Biedermann			
Dee Dlugonski			
Sarah Haupt	1st	3:36.56	2004
Kristen Woodring			

Amberle Biedermann			
Dee Dlugonski			
Sarah Haupt	1st	3:38.79	2005
Kristen Woodring			
Amberle Biedermann			
Lauren Preyss			
Katie Bruzka	1st	3:40.16	2002
Kristen Woodring			
Corrie Clark			
Dee Dlugonski			
Alyson Ackman	2nd	3:33.27	2014
Melissa Rodriguez			
Mackenzie Powers			
Carolyn Fittin			
Katie Bruzda	2nd	3:40.41	2001
Kristen Woodring			
Corrie Clark			
Piper Chamberlin			
Alyson Ackman	3rd	3:35.18	2016
Byanca Rodriguez			
Kathryn Rowe			
Nicole Price			
Sarah Haupt	3rd	3:40.08	2006
Abby Hoisington			
Amberle Biedermann			
Molly Crispell			
Lisa Pastrana	3rd	3:46.79	1994
Julie Krail			
Jennifer Baird			
Deni Rudy			
Paige Whitmire	4th	4:34.12	2013
Merritt Krawczyk			
Mackenzie Powers			
Alyson Ackman			
Paige Whitmire	4th	3:36.16	2011
Merritt Krawczyk			
Mackenzie Powers			
Samantha Palsler			
Kaitlyn Ferguson	4th	3:36.37	2009
Karie Haglund			
Kelly Nelson			
Michelle Myers			
Michelle Myers	4th	3:43.38	2007
Karie Haglund			
Kelly Nelson			
Molly Crispell			
Kelli Keane	4th	3:44.08	1999
Barb Mulshine			
Megan Smith			
Tasha Kulka			
Janet Worobel	4th	3:47.75	1993
Sheri Evey			
Fran McDermid			
Deni Rudy			
Alyson Ackman	5th	3:35.35	2015
Taylor Cameron			
Carolyn Fittin			
Katelyn Miller			
Michelle Myers	5th	3:40.64	2008
Caitlin Meehan			
Kelly Nelson			
Molly Crispell			
Lori Williams	5th	3:50.49	1992
Sharon Detering			
Jennifer Baird			
Fran McDermid			
Marie Schobel	6th	3:33.47	2022
<b>Olivia Jack</b>			
Madison Ledwith			
<b>Abbie Amdor</b>			
Carol Girvin	6th	3:50.93	1995
Tiffany Crandell			
Lisa Pastrana			
Deni Rudy			
Marie Schobel	7th	3:33.26	2020
Carly Hart			
Maddie Hart			
<b>Abbie Amdor</b>			
Lisa Pastrana	7th	3:50.87	1996
Karna Lorhammer			
Arianne Adams			
Carmen Kondra			
Paige Whitmire	8th	3:42.86	2010
Lyndsey Smith			
Michelle Myers			

Lindsey DeForrest			
Katie Bruzda	8th	3:47.42	2000
Lindsay Fraschilla			
Megan Smith			
Kristin Weinhold			
Lesley Spada	8th	3:48.01	1998
Karna Lorhammer			
Megan Smith			
Laura Molettiere			

# PROGRAM/COACHING HISTORY



## 1969-70 (14-5) Head Coach: Ellen Perry

1/31	Ithaca	L
	William Smith	L
	Oneonta State	W, 69
2/2	Elizabethtown	W
2/12	at Bucknell	W
2/21	at Wilson College	W
	vs. Hood	L
	vs. Goucher	W, 50-22
2/28	Clarion	W
	Slippery Rock	L
	East Stroudsburg	L
3/6	at West Chester	W
3/7	Temple	W
3/12	Gettysburg	W
3/14	at Eastern Collegiates	6th (22 pts)
4/23	at Lock Haven	W
4/25	Wilson College	W
4/28	at Dickinson	W
5/1-3	at Bryn Mawr Invitational	NTS
5/6	at West Chester	W
5/12	Gettysburg	W
5/15-20	at National Intercollegiate Championships	

## 1970-71 (8-1) Head Coach: Ellen Perry

1/23	Ithaca	W, 80
	Wilson College	W, 23
2/9	Clarion	W, 64-40
2/13	at Temple	W, 55-22
2/20	at Elizabethtown	W, 53-24
2/23	Bucknell	W, 63-40
2/27	vs. East Stroudsburg	L, 179
	at Slippery Rock	W, 92.5
	vs. Clarion	W, 92.5
3/6	at Eastern Intercollegiate Championships	

## 1971-72 (6-3) Head Coach: Ellen Perry

1/23	at East Stroudsburg	L, 74
	Clarion	L, 60
1/29	Centenary	W, 55
	Temple	W, 32
2/5	Elizabethtown	W, 76-28
2/12	at Ithaca	W, 62-51
2/24	at Bucknell	W, 63-49
2/26	Clarion	L, 77
	Slippery Rock	W, 60
3/10-11	at EAIAW	8th (100 pts)
3/8	at National Intercollegiate Championships	31st (15 pts)

## 1972-73 (7-3) Head Coach: Ellen Perry

1/20	Madison College (Va.)	W, 75
	Bloomsburg State	W, 25
1/27	at UPenn Invitational	NTS
2/3	at Elizabethtown	W, 50
	Temple	W, 13
2/10	Ithaca	W, 84-30
2/17	Bucknell	W, 88
	Maryland	W, 31
2/24	vs. Slippery Rock	L, 56-66
	at Clarion	L, 40-84
	vs. East Stroudsburg	L, 48-73
3/2-3	at EAIAW	4th (147 pts)
3/15-17	at AIAW Championships	26th (26 pts)

## 1973-74 (9-1) Head Coach: Ellen Perry

1/26	at Ithaca	W, 58-43
	vs. SUNY-Potsdam	W, 103-28
2/5	at Maryland	W, 94-27.5
	vs. Delaware	W, 94-74.5
2/9	Shippensburg	W, 90-41
2/13	at Bucknell	W, 76-55
2/19	at Madison College	W, 81-31
2/23	Clarion	L, 440-474
	East Stroudsburg	W, 440-242
	Slippery Rock	W, 440-252
3/1-2	at EAIAW	3rd (174 pts)
3/14-16	AIAW Nationals	18th

## 1974-75 (5-3) Head Coach: Ellen Perry

12/6-7	at Penn Relays	1st
1/18	at Springfield College	L, 63-68
1/23	at West Chester	L, 50-81
1/29	Bucknell	W, 87-44
2/1	Bloomsburg	W, 97-34
2/8	at Shippensburg	L, 44-57
2/11	West Virginia	W, 77-54
2/13	Ithaca	W, 75-47
2/18	Maryland	W, 81-47
2/22	at Slippery Rock Quadrangular	
2/27-3/1*	at EAIAW	3rd place
3/11-16	at AIAW Nationals	20th place

\* Penn State's team of Joan Peto, Jan Fischer, Laurie Fedon and Lisa Fedon set the American record in the 200 freestyle relay.

## 1975-76 (12-1) Head Coach: Ellen Perry

12/13	at Bloomsburg	W, 82-49
1/10	Springfield College	W, 86-45
1/17	Pittsburgh	L, 73-58
1/21	vs. Cornell	W, 60
	at Ithaca	W, 48
1/31	at Bucknell	W, 89-42
2/7	West Chester	W, 69-62
	Shippensburg	W, 84-47
2/17	at Maryland	W, 86-45
	vs. William & Mary	W, 88-43
2/21	Clarion	W, 439
	East Stroudsburg	W, 302
	Slippery Rock	W, 159
3/5-6	at EAIAW	5th (267 pts)
3/18-20	at AIAW Nationals	24th

## 1976-77 (10-1) Head Coach: Ellen Perry

12/4	at Pitt Relays	2nd
12/11	Lehigh	W, 93-37
1/15	at Springfield	W, 89-43
1/22	at West Chester	W, 100-31
1/29	at Pittsburgh	L, 55-76
2/3	Bloomsburg	W, 93-38
2/4	Princeton	W, 66-63
2/10	at Shippensburg	W, 76-55
2/17	Bucknell	W, 89-42
2/19	Clarion	W, 98-33
2/19	East Stroudsburg	W, 99-32
2/24	Maryland	W, 81-40
3/1-3	at EAIAW	2nd place

## 1977-78 (7-3) Head Coach: Ellen Perry

12/3	at Pitt Relays	2nd
12/17	Rutgers	L, 35-96
1/21	Pittsburgh	W, 72-59
1/24	West Chester	W, 97-34
2/4	at Princeton	L, 37-94
	vs. Michigan	W, 117-114
2/11	at Slippery Rock	W, 76-54
2/15	at Maryland	W, 89-42
2/18	West Virginia	W, 92-39
2/21	East Stroudsburg	W, 86-45
	Clarion	W, 71-60
3/2-4	at EAIAW	3rd (255 pts)

## 1978-79 (9-1) Head Coach: Ellen Perry

12/2	at Pitt Relays	3rd
12/8	at West Virginia	W, 81-58
12/16	Syracuse	W, 73-58
1/20	at Pittsburgh	L, 50-81
1/23	at West Chester	W, 101-30
1/27	at Rutgers	W, 68-63
2/6	Maryland	W, 81-50
2/10	Slippery Rock	W, 101-26
2/15	East Stroudsburg	W, 101-28
2/17	Princeton	W, 85-46
2/20	at Clarion	W, 87-44
3/1-3	at EAIAW	3rd place
3/15-17	at AIAW	38th place

## 1979-80 (8-1) Head Coach: Ellen Perry

12/1	at Pitt Relays	4th
12/6	Clarion	W, 95-36
12/15	at Syracuse	W, 76-64
1/16	Pittsburgh	W, 66-65
1/22	West Chester	W, 7-0
2/2	at Maryland	W, 68-63
2/5	at Princeton	L, 56-84
2/9	Rutgers	W, 82-49
2/12	at East Stroudsburg	W, 90-41
2/16	West Virginia	W, 103-35
2/28-3/1	at EAIAW	3rd (354 pts)
3/19-22	at AIAW	

## 1980-81 (8-3) Head Coach: Ellen Perry

12/4	Syracuse	W, 74-57
	North Carolina	W
	Penn State Relays	NTS
12/5	Villanova	W, 94-46
12/13	at Clarion	W, 104-46
1/10	at Brown	L, 47-84
1/17	at Pittsburgh	L, 29-111
1/24	Virginia	W, 75-56
2/4	Maryland	W, 86-45
2/7	at Rutgers	W, 87-53
2/14	Princeton	L, 63-68
2/21	at West Virginia	W, 86-64
3/5-7	at EAIAW	3rd (600 pts)
3/18-21	at AIAW	

## 1981-82 (7-4) Head Coach: Bob Krimmel

12/3	Syracuse	W, 87-62
	North Carolina	L, 47-102
12/4-5	Penn State Relays	3rd
12/11	at Princeton	L, 71-78
12/12	at Villanova	W, 97-42
1/9	Brown	L, 73-76
1/16	Pittsburgh	L, 60-80
1/23	at Virginia	W, 77-72
1/29	Clarion	W, 90-59
2/3	Maryland	W, 76-55
2/13	West Virginia	W, 87-53
2/20	Rutgers	W, 92-47
3/4-6	at EAIAW	3rd place
3/17-20	at AIAW	

## 1982-83 (9-2) Head Coach: Bob Krimmel

11/7	George Washington	W, 104-36
11/20	James Madison	W, 104-45
12/2	West Virginia	W, 114-36
	North Carolina	L, 59-90
12/3-4	Penn State Relays	
12/10	at Syracuse	W, 98-51
1/8	at Brown	W
1/15	at Pittsburgh	L, 60-80
1/22	Virginia	W, 96-53
1/30	at Harvard	W, 107-42
2/5	Princeton	W, 95-54
2/19	at Rutgers	W, 68-45
3/17-18	at NCAA Championships	27th (6 pts)

## 1983-84 (9-2) Head Coach: Bob Krimmel

11/6	at George Washington	W, 100-39
11/20	Boston University	W, 86-54
12/1	West Virginia	W
	Texas A&M	W
12/2-3	Penn State Relays	1st
12/9	Syracuse	W
12/11	Harvard	W
1/14	Pittsburgh	W
1/21	at Virginia	L
1/24	Brown	L
1/27	Ohio State	W
2/9	at Princeton	W
2/23-25	at Eastern Championship	1st (820 pts)
3/16-18	at NCAA Championships	20th (18 pts)

## 1984-85 (9-3) Head Coach: Bob Krimmel

11/4	George Washington	W, 90-50
11/13	Clarion	W, 86-54
11/29	Virginia	L, 64-76
	Louisiana State	W, 77-57
11/30-12/1	Penn State Relays	T-1st
12/6	at Syracuse	W, 93-47
12/8	at Boston University	W, 86-54
12/9	at Harvard	W, 84-56
1/12	at Pittsburgh	L, 63-77
1/25	at Ohio State	W, 74-66
2/2	at Brown	L, 59-81
2/10	LaSalle	W, 97-42
2/14	Princeton	W, 90-50
2/28-3/2	at Eastern Championships	2nd (685 pts)
	at NCAA Championships	24th (26 pts)

## 1985-86 (10-2) Head Coach: Bob Krimmel

11/1	at George Washington	W
11/15	at Clarion	W, 75-65
11/23	Bucknell	W, 103-42
	Syracuse	W, 93.5-38.5
	Virginia	W, 80-60
12/5	Penn State Relays	1st
12/12	Bloomsburg	W, 94-54
1/11	Pittsburgh	L, 68-72
1/15	at West Virginia	W, 88-51
1/27	at Princeton	W, 72-68
2/1	Brown	L, 58-82
2/8	at LaSalle	W, 87-49
2/15	at Boston University	W, 81-59
2/27-3/1	Eastern Championships	
3/20-22	at NCAA Championships	42nd (2 pts)

## 1986-87 (9-1) Head Coach: Bob Krimmel

11/1	George Washington	W, 147-102
11/7	Clarion	W, 145-115
11/14-15	Penn State Invitational	1st
11/22	at St. Bonaventure	W, 88-51
12/4	at Pittsburgh	W, 145-123
	Virginia (at Pitt)	L, 61.5-106.5
12/5	at Pitt Invitational	1st
12/13	Princeton	W, 150-113
1/16	Ohio State	W, 180-93
1/31	at Brown	L, 116-152
2/7	LaSalle	W, 159-86
2/14	Boston University	W, 164-93
2/26-28	at EWSLC Championships	3rd
3/20-21	at NCAA Championships	32nd (6 pts)



# PROGRAM/COACHING HISTORY

## 1987-88 (10-2) Head Coach: Bob Krimmel

11/6	at George Washington	W, 79-52
11/7	at North Carolina	L, 103-165
11/13	Penn State Invitational	1st
11/20	Syracuse	W, 165-101
12/3	W. Virginia (at Pitt)	W, 157-109
12/4-5	at Pittsburgh Invitational	3rd
1/4	at Princeton	W, 153.5-113.5
1/9	Pittsburgh	W, 148-120
1/23	Virginia	L, 119-149
1/29	at Ohio State	W, 85-55
	Indiana (at Ohio State)	W, 76-64
1/31	Brown	W, 155-113
2/6	at La Salle	W, 147-91
2/13	Boston University	W, 162-103
2/25-27	at EWSL Championships	2nd
3/6	Lady Lion Invitational	
3/17-19	at NCAA Championships	29th (14 pts)

## 1988-89 (9-3) Head Coach: Bob Krimmel

11/4	LaSalle	W, 177-111
	George Washington	W, 208-88
	St. Bonaventure	W, 278-73
11/18-19	Penn State Invitational	
12/2	at North Carolina	L, 139-161
12/3	at North Carolina State	W, 169-131
1/7	Ohio State	W, 85-55
1/14	at Pittsburgh	L, 129-171
1/20	at Virginia	L, 126-155
1/27	at Boston University	W, 175-99
1/28	at Brown	W, 153-147
2/5	UMBC	W, 177-94
2/10	Colorado State	W, 81-59
2/23-25	at EWSL Championships	2nd
3/16-18	at NCAA Championships	32nd (8 pts)

## 1989-90 (9-2) Head Coach: Bob Krimmel

10/27	Alabama	L, 138-172
11/3	at LaSalle	W, 179-94
	Villanova	L, 93-109
	St. Bonaventure	W, 173-97
11/10	at Syracuse	W, 86-53
12/1-2	Penn State Invitational	1st
1/5	at Princeton	W, 180-118
1/13	Pittsburgh	W, 160-140
1/20	Virginia	L, 132.5-165.5
1/23	Brown	W, 176-111
2/3	at UMBC	W, 183-104
2/10	Boston University	W, 176-120
2/22-24	at EWSL Championships	1st
2/15-17	at NCAA Championships	32nd (14 pts)

## 1990-91 (9-1) Head Coach: Bob Krimmel

11/4	at North Carolina	L, 142-158
11/9	Syracuse	W, 94-44
	Maryland	W, 79-59
11/17	Villanova	W, 161-91
11/30-12/2	at Princeton Invitational	1st
12/8	Princeton	W, 186-105
1/6	UMBC	W, 156-110
1/12	at Pittsburgh	W, 177.5-122.5
1/19	at Virginia	W, 161-139
1/26	LaSalle	W, 179.5-104.5
2/1	at Ohio State	W, 165-135
2/21-23	at EWSL Championships	2nd
3/21-23	at NCAA Championships	34th (10 pts)

## 1991-92 (12-2) Head Coach: Bob Krimmel

11/2	at Northwestern	W, 69-44
	Indiana	W, 89-24
11/3	at Big Ten Relays	4th
11/9	St. Bonaventure	W, 164-100
11/15	at Villanova	W, 178-122
11/22	at Michigan	L, 116.5-198.5
	Iowa	W, 189-100
12/6-7	PSU Jessica Hoy Invitational	1st
12/16	at Michigan State	W, 215-61
	Ball State	W, 215-101
12/17	at Michigan State	W, 171-56
	Ball State	W, 171-113
1/4	at Gold Country Invitational	1st
1/11	Pittsburgh	W, 193-103
1/17	Virginia	L, 143-157
1/25	at American	W, 183-118
2/13-15	at Big Ten Championships	6th (346.5 pts)
2/29	Villanova	W, 149-24
3/19-21	at NCAA Championships	26th (23.5 pts)

## 1992-93 (12-1) Head Coach: Bob Krimmel

10/31	at Iowa Invitational	
	Iowa	W, 154-143
	Wisconsin	W, 186-113
	Minnesota	W, 177-123
11/7	Princeton	W, 203-94
11/20	Michigan	W, 155-144
11/22	St. Bonaventure	W, 197-98
1/9	Ohio State	W, 162-136
1/10	at Pittsburgh	W, 193-106
1/16	at Virginia	L, 139-161
1/23	at Purdue	W, 106-77
	Indiana	W, 162-38
1/30	American	W, 195-98
2/6	at La Salle	W, 144-83
2/18-20	at Big Ten Championships	4th (378 pts)
3/18-20	at NCAA Championships	22nd (31 pts)

## 1993-94 (9-3) Head Coach: Bob Krimmel

10/1	Iowa	W, 190-110
	Michigan State	W, 194-92
	Illinois	W, 186-87
11/14	St. Bonaventure	W, 181-65
	Purdue	L, 144-155
11/19	S. Illinois	W, 233-65
	at Michigan	L, 118-181
1/7	at Minnesota	L, 143-157
1/8	at Gold Country Invitational	2nd
1/15	Virginia	W, 173-127
1/22	Pittsburgh	W, 183-114
1/29	at Wisconsin	W, 173-127
2/5	at Villanova	W, 213-85
2/17-20	at Big Ten Championships	4th (388 pts)
3/17-19	at NCAA Championships	30th (20 pts)

## 1994-95 (10-1) Head Coach: Bob Krimmel

11/4	at Iowa	W, 173-112
	Wisconsin	W, 297-114
11/5	at Iowa Invitational	1st
11/12	at Purdue	W, 156.5-143.5
11/19	Michigan	L, 115-183
11/20	St. Bonaventure	W, 190-98
1/7	at Ohio State	W, 172-128
1/14	at Virginia	W, 176-124
1/21	Indiana	W, 209-94
	Northwestern	W, 151-149
1/22	at Pittsburgh	W, 162-116
2/4	Villanova	W, 167-99
2/16-18	at Big Ten Championships	6th (305 pts)
3/3-4	at Michigan	3rd
	w/ Texas, Eastern Michigan and Ohio Univ.	
3/16-18	at NCAA Championships	30th (14 pts)

## 1995-96 (10-1-1) Head Coach: Bob Krimmel

10/21	at Villanova	W, 172-117
10/27	St. Bonaventure	W, 176-108
11/3	at Illinois	W, 257-89
11/4	California	W, 182-165
11/16	at Michigan	L, 125-170
11/17	at Michigan State	W, 184-95
	Iowa	W, 174-99
1/13	Minnesota	T, 150-150
1/14	Virginia	W, 172.5-127.5
1/20	Pittsburgh	W, 182-111
1/27	Wisconsin	W, 181-111
2/3	at James Madison	W, 189-103
2/22-24	at Big Ten Championships	7th (233 pts)
3/14-17	at NCAA Diving Pre-Quals	NTS
3/21-23	at NCAA Championships	36th (2 pts)

## 1996-97 (8-4) Head Coach: Bob Krimmel

11/9	at Minnesota	L, 118-177
11/16	Purdue	W, 195-104
	St. Bonaventure	W, 193-106
11/22	Michigan	L, 118-178
1/11	Ohio State	L, 140-160
1/12	Virginia	W, 159-141
1/17	at Pittsburgh	W, 163-135
1/19	at Northwestern	L, 102-196
1/25	at Indiana	W, 163.5-136.5
2/1	at St. Francis (Pa.)	W, 119-76
2/8	Brown	W, 182-117
	Villanova	W, 188-98
2/20-22	at Big Ten Championships	11th (145 pts)
3/14-15	at NCAA Diving Pre-Quals	NTS

## 1997-98 (8-4) Head Coach: Bob Krimmel

10/25	Villanova	W, 185-113
	Illinois	L, 135-165
11/1	at Wisconsin	L, 119-181
11/9	at Syracuse	W, 144-97
11/15	at Purdue	W, 158-142
11/21	at Michigan	L, 136-156
12/4-6	Penn State Invitational	1st
1/10	at Navy	W, 164-85
1/17	Minnesota	L, 131-168
1/18	Pittsburgh	W, 179-119
1/22	at St. Francis (Pa.)	W, 124-74
1/31	at Princeton	W, 169-129
2/7	Iowa	W, 173-124
2/19-21	at Big Ten Championships	8th (217 pts)
3/12-14	at NCAA Diving Pre-Quals	NTS

## 1998-99 (4-4) Head Coach: Bill Dorenkott

10/24	Michigan State	W, 149-93
11/7	Syracuse	W, 151.5-91.5
11/14	at Villanova	L, 126.5-173.5
11/20	Michigan	L, 136-164
12/3-5	Penn State Invitational	1st
1/9	at Ohio State	W, 170-129
1/10	at Pittsburgh	W, 170-129
1/30	Northwestern	L, 133-167
2/6	at Iowa	L, 112-131
2/18-20	at Big Ten Championships	5th (368.5 pts)
3/18-20	at NCAA Championships	33rd (4 points)

## 1999-00 (10-1) Head Coach: Bill Dorenkott

10/30	Villanova	W, 179-120
11/5	S. Illinois-Carbondale	W, 118-60
11/6	Missouri	W, 82-65
	N. Texas	W, 96-49
11/7	Kansas	W, 152.5-86.5
	Illinois	W, 124-118
1/8	at Alabama	L, 147-152
1/22	Oakland	W, 157-81
1/28-29	at Michigan State	W, 238-132
	Indiana	W, 221-147
2/4	Pittsburgh	W, 190-110
2/17-19	at Big Ten Championships	4th (435 pts)

## 2000-01 (8-0) Head Coach: Bill Dorenkott

10/27	Villanova	W, 146-59
11/10-11	Continental Airlines Classic	2nd (206 pts)
11/17	Purdue	W, 158-142
12/1-3	Nittany Lion Invitational	1st (1,182.5 pts)
1/5	Clemson	W, 145-61
	Miami	W, 128-66
1/20	Maryland	W, 178-121
1/26-27	Michigan	W, 278-91
	Indiana	W, 207-163
2/2	Iowa	W, 177-111
2/15-17	at Big Ten Championships	2nd (557 pts)
2/24	Penn State Invitational	NTS
3/15-17	at NCAA Championships	11th (100 pts)

## 2001-02 (4-3) Head Coach: Bill Dorenkott

11/11	Virginia	L, 111-130
1/5	Florida	L, 111-128
1/18	Michigan	W, 129-114
1/19	Northwestern	L, 148.5-151.5
1/25	Indiana	W, 209-159
1/26	MSU	W, 251-113
2/2	Rutgers	W, 133-103
	at Big Ten Championships	1st (594.5 pts)
	at NCAA Championships	21st (46 pts)

## 2002-03 (7-2) Head Coach: Bill Dorenkott

10/26	Florida	L, 87-141
11/8	Virginia	L, 114-127
1/11	South Carolina	W, 144-98
1/11	Tennessee	W, 140-103
1/24	Michigan State	W, 158-83
1/25	Indiana	W, 196-174
2/1	Rutgers	W, 157-86
2/2	West Chester	W, 147-86
2/7	Pittsburgh	W, 159-84
	at Big Ten Championships	3rd (509 pts)
	at NCAA Championships	22nd (40 pts)

# PROGRAM/COACHING HISTORY



## 2003-04 (8-1) Head Coach: Bill Dorenkott

10/25	Auburn	L, 131-214
10/25	Virginia	W, 191-162
11/14	Washington	W, 157-137
11/21	St. Bonaventure	W, 136-90
11/25	West Chester	W, 140-96
12/5-7	at Georgia Invitational	2nd
1/10	North Carolina	W, 157-142
1/24	Indiana	W, 188-180
1/24	Pittsburgh	W, 293-76
1/31	Rutgers	W, 166-76
	at Big Ten Championships	2nd (590.5 pts)
	at NCAA Championships	15th (101 pts)

## 2004-05 (6-1) Head Coach: Bill Dorenkott

10/14	at West Virginia	W, 182-58
10/30	Virginia	L, 108-129
11/19	at St. Bonaventure	W, 172-90
11/23	West Chester	W, 181-108
1/22	Rutgers	W, 169-71
1/28	at Indiana	W, 84-62
1/29	Indiana	W, 211-158
	at Big Ten Championships	1st (693 pts)
	at NCAA Championships	13th (87 pts)

## 2005-06 (9-5) Head Coach: Bill Dorenkott

10/14	West Virginia	W, 143-93
10/28	at Arizona	L, 110-152
10/28	vs. Wisconsin	L, 111-151
10/29	at Arizona State	W, 121-82
10/29	vs. UC-Santa Barbara	W, 102.5-64.5
11/11-12	at Virginia	W, 195-158
	vs. Auburn	L, 150.5-195.5
11/22	West Chester	W, 165-75
12/2-4	Ohio State Invitational	2nd (695.5 pts)
1/7	at Florida	L, 136-152
1/14	St. Bonaventure	W, 136-92
1/21	at Rutgers	L, 112-129
1/26	at Kenyon	W, 113-83
1/27-28	at Ohio State	W, 195-151
1/27-28	vs. Indiana	W, 197.5-152.5
	at Big Ten Championships	1st (552 pts)
	at NCAA Championships	19th (55 pts)

## 2006-07 (11-0) Head Coach: Bill Dorenkott

10/19	at West Virginia	W, 146.5-96.5
10/27-28	at Virginia	W, 192-161
	vs. Clemson	W, 245.5-107.5
	vs. Virginia Tech	W, 243-110
11/24-26	at Bell Grand Prix	3rd
12/2	West Chester	W, 152-83
1/6-7	at Georgia Diving Invitational	NTS
1/19	Ohio State	W, 141.5-98.5
1/20	Rutgers	W, 195-105
1/26-27	at Notre Dame	W, 213.5-156.5
	vs. UConn	W, 291-78
	vs. West Virginia	W, 243-127
	vs. Oakland	W, 310-54
2/8-10	at Big Ten Championships	3rd (537.5 pts)
3/8-10	at NCAA Championships	26th (55 pts)

## 2007-08 (11-0) Head Coach: Bill Dorenkott

10/18	West Virginia	W, 227-73
11/9-10	at Virginia	W, 218-134
11/9-10	vs. Michigan State	W, 264-89
11/9-10	vs. Purdue	W, 236-117
11/15-17	Hoosierland Open Invitational	NTS
11/30-12/2	Princeton Invitational	1st
1/3-4	Georgia Diving Invitational	NTS
1/6	at Florida Gulf Coast	W, 151-54
1/6	vs. Indian River CC	W, 153-48
1/18-19	at Pittsburgh	W, 249-102
1/18-19	vs. Maryland	W, 268-83
1/18-19	vs. Villanova	W, 277-76
1/25	West Chester	W, 219-63
1/26	at Rutgers	W, 230-94
2/21-23	Big Ten Championships	4th (472 pts)
3/20-22	NCAA Championships	29th (26 pts)

## 2008-09 (8-2-1) Head Coach: John Hargis

10/22	at West Virginia	W, 145-84
10/24	Richmond	W, 175-82
10/31	at Texas A&M	L, 88-153
11/1	at Southern Methodist	T, 121.5-121.5
11/14-15	at Virginia	L, 148-201
	at Florida State	W, 207-146
12/5-7	Ohio State Invitational	2nd
12/5-7	Rutgers Diving Invitational	NTS
1/3-5	Tennessee Diving Invitational	NTS
1/16-17	Maryland	W, 224-126
	Pittsburgh	W 248-104
	Villanova	W, 276-76
1/24	Rutgers	W, 109-58
1/30-31	at Ohio State	W, 196-132
2/18-21	at Big Ten Championships	3rd (409 pts)
2/26-27	Last Chance Meet	NTS
3/13-15	NCAA Zone A Diving	NTS
3/19-21	NCAA Championships	38th (9 pts)

## 2009-10 (7-2) Head Coach: John Hargis

10/13	at St. Bonaventure	W 174-60
10/24	West Virginia	W 74-39
	Colgate	W 99-21
10/31	at Virginia Tech	L 140-160
11/20-21	Virginia	L 156-183
12/3	Galbraith Diving Invitational	NTS
12/4-6	Ohio State Invite	4th (458 pts)
1/2	vs. Florida State	NTS
1/3-4	Bulldog Shoot-Out	NTS
1/15-16	at Pittsburgh	W 194-156
	vs. Maryland	W 185-168
	vs. Villanova	W 276-77
1/29-30	at Ohio State	W 176-158
2/17-20	at Big Ten Championships	7th (333 pts)
2/27-28	Last Chance Meet	NTS
3/12-14	NCAA Zone A Diving	NTS
3/18-20	NCAA Championships	47th (1 pt)

## 2010-11 (7-2) Head Coach: John Hargis

10/15-16	at West Virginia	W 174-67
10/23	Virginia Tech	W 187-113
11/19-20	at Virginia	L 158-187
	vs. Indiana	L 158-195
12/3-5	Georgia Invitational	4th Place (538 pts)
12/3-4	Indiana Diving Invite	NTS
1/4	vs. North Carolina	NTS
1/14-15	at Maryland	W 205-146
	vs. Pittsburgh	W 234-117
	vs. Villanova	W 278-73
1/22	St. Bonaventure	W 157-63
1/29	at Michigan	W 123-120
2/12-13	Ohio State Winter Invitational	NTS
2/16-19	Big Ten Championships	4th (391 pts)
3/17-19	NCAA Championships	35th (10 pts)

## 2011-12 (6-3) Head Coach: John Hargis

10/22	West Virginia	W, 137-96
11/4	at Auburn	L, 99.5-138.5
11/5	at Georgia Tech	W, 202.5-93.5
11/19	Indiana	L, 162-191
	Virginia	L, 156-196
12/2-4	Ohio State Invitational	2nd
1/4	vs. North Carolina (Naples, Fla.)	NTS
1/5-6	Bulldog Diving Shootout	NTS
1/14	Arkansas	W, 167.5-132.5
	Navy	W, 237-63
1/27	Villanova	W, 148-95
2/4	Lehigh	W, 187-95
	St. Francis (PA)	W, 181-99
2/11-12	Ohio State Winter Invitational	NTS
2/15-18	Big Ten Championships	5th (379.5 pts)
2/26	Last Chance Invitational	NTS
3/9-10	NCAA Zone A Qualifying Meet	NTS
3/15-17	NCAA Championships	22nd (30 pts)

## 2012-13 (6-2) Head Coach: John Hargis

10/19	at West Virginia	W, 146-97
11/10	Villanova	W, 177-116
11/16-17	at Indiana	W, 207.5-144.5
	vs. Virginia	L, 141-210
11/30-2	Georgia Invitational	5th (482 pts)
1/3-5	Tennessee Diving Invitational	NTS
1/5	vs. North Carolina	NTS
1/12	at Arkansas	L, 146.5-151.5
	vs. Missouri State	W, 235-59
1/26	Navy	W, 185-107
2/2	Towson	W, 186-109
2/16-17	at Ohio State Invitational	NTS
2/21-23	at Big Ten Championships	3rd (498.5 pts)
3/3	Women's Last Chance	NTS
3/15-16	NCAA Zone A Qualifying	NTS
3/21-23	NCAA Championships	29th (21 pts)

## 2013-14 (5-2) Head Coach: Tim Murphy

10/18	West Virginia	W, 152-102
11/8-9	at Virginia	L, 127-226
	vs. Texas	L, 111-242
11/22-24	at Bucknell (Diving)	NTS
12/5-7	at Texas Invitational	NTS
1/4	vs. North Carolina	No Score
1/17	at Villanova	W, 166-118
1/25	at Navy	W, 193-99
2/1	St. Bonaventure	W, 232-64
	Towson	W, 166-133
2/15-16	at Ohio State Invite	NTS
2/19-22	at Big Ten Championships	3rd, 484
3/2	at Women's Last Chance	NTS
3/10-12	at NCAA Zone Qualifying (Diving)	NTS
3/20-22	at NCAA Championships	18th, 42

## 2014-15 (10-1) Head Coach: Tim Murphy

10/03	Georgia Tech.	W, 170-119
10/18	Virginia Tech	W, 197-156
	Old Dominion	W, 285-68
	Liberty	W, 270-74
	James Madison	W, 274-79
	at West Virginia	W, 144-99
10/31	Villanova	W, 156-101
11/7-8	Virginia	W, 183-170
	Michigan	L, 175-178
12/5-7	Georgia Fall Invitational	5th (363 pts)
1/16-17	at Rutgers	W, 212-138
1/24	Navy	W, 174-115
1/31	Bucknell Invitational	NTS
2/7-8	Virginia Tech Invitational	NTS
2/18-21	Big Ten Championships	7th (334 pts)
3/9-11	NCAA Zone Qualifying (Diving)	NTS
3/19-21	NCAA Championships	20th (56)

## 2015-16 (7-2) Head Coach: Tim Murphy

10/2	at Georgia Tech	W, 173-119
	Liberty	W, 197-96
10/3	at Emory	W, 184-115
10/16	Virginia Tech	W, 183-114
10/31-11/1	at Michigan	L, 117-50
	Virginia	L, 117-50
11/13-14	Princeton/UConn	1st (1094 pts)
12/4-6	Georgia Invitational	4th (528.5 pts)
12/4-6	Big Al Invitational	NTS
1/15-16	at Yale	W, 196-157
	Rutgers	W, 242-111
2/6	Villanova	W, 151-104
2/17-20	Big Ten Championships	7th (687.5 pts)
3/7-9	NCAA Zone Qualifying (Diving)	NTS
3/16-19	NCAA Championships	25th (23 pts)

## 2016-17 (4-4) Head Coach: Tim Murphy

10/6	Towson	W, 179-110
10/15	at Virginia Tech	L, 121-174
11/4-5	at Virginia	L, 87-266
	vs. Michigan	L, 83-270
11/12-13	USA College Challenge	NTS
11/18-20	Ohio State Invitational	8th (198.5)
1/13-14	Yale	L, 137-215
	Rutgers	W, 204-148
1/21/17	Navy	W, 199-99
1/28-29	Penn State Zone A Diving Invitational	NTS
2/3	at Villanova	W, 177-86
2/15-18	Big Ten Championships	8th (453 pts.)
2/26	Last Chance Meet	NTS
3/6-8	NCAA Diving Zone A Regional	NTS
3/16-18	NCAA Championships	36th (10 pts.)

## 2017-18 (2-6) Head Coach: Tim Murphy

10/14	Virginia	L, 104-184
10/20	at N.C. State	L, 110.5-185.5
	vs. Duke	L, 139-159
11/3-4	at Minnesota	L, 127-226
	vs. Wisconsin	L, 138-215
	vs. Michigan	L, 68.5-284.5
11/17-19	Ohio State Invitational	7th (175 pts.)
1/13	at North Carolina	L, 91-200
	vs. Navy	W, 181-118
1/27-28	Diving Invitational	NTS
2/2	Villanova	W, 163-127
2/10-11	First Chance Meet	NTS
2/14-17	Big Ten Championships	8th (418 pts.)
2/25	Last Chance Meet	NTS
3/5-6	NCAA Zone A Diving Regionals	NTS
3/15-17	NCAA Championships	29th (26 pts.)



# PROGRAM/COACHING HISTORY

## **2018-19 4-4 Head Coach: Tim Murphy**

10/7	at Virginia	L, 171-121
10/12	George Washington	W, 99-196
10/26-27	at Virginia Tech	L, 190-163
	vs. Ohio State	L, 231-122
11/9-10	Princeton Invitational	3rd (687)
11/15-17	Navy Diving Invitational	NTS
11/29-12/1	Tennessee Invitational	3rd (288)
1/12	at Navy	W, 156-144
	vs. North Carolina	L, 173-127
1/19	Bloomsburg	W, 144-111
2/1	at Villanova	W, 159-139
2/20-23	Big Ten Championships	9th (404)
3/11-12	NCAA Zone Diving	NTS
3/21-23	NCAA Championships	27th (27)

## **2019-20 6-1 Head Coach: Tim Murphy**

10/4	Liberty	W, 212-139
10/4	St. Bonaventure	W, 212-72
10/12	West Virginia	W, 170-115
11/1-2	Ohio State	L, 198-155
	Virginia Tech	W, 216.5-136.5
12/6	Princeton Invitational	2nd (1019.5)
1/11	Buffalo	W, 180-134
1/17-19	Navy Diving Invitational	1st (160)
1/31	Villanova	W, 167.5-93.5
2/19-22	Big Ten Championships	8th (517.5)
3/9-11	NCAA Zone Diving	NTS

*\*NCAA Championships not held due to COVID-19 pandemic*

## **2020-21 3-2 Head Coach: Tim Murphy**

1/16	at Ohio State	L, 141-157
	vs. Rutgers	W, 141-2
1/22-23	at Northwestern	L, 58-242
	vs. Iowa	W 153-146
2/5-6	Michigan State	W, 120-50
2/23-27	Big Ten Championships	10th (410.0)
3/11-13	NCAA Zone Diving	NTS
3/17-20	NCAA Championships	38th

## **2021-22 6-1 Head Coach: Tim Murphy**

10/9	vs. Navy	W, 209-91
10/15	at West Virginia	W, 181-107
10/29-30	at Liberty	W, 301-128
	vs. East Carolina	W, 340-72
11/6	vs. Bloomsburg	W, 176-56
11/18-20	NC State Invitational	6th (856)
1/7	at Army West Point	Canceled
1/22	at Virginia Tech	L, 83-213
1/28	vs. Villanova	W, 202-91
2/16-19	Big Ten Championships	10th (396)
3/17-20	NCAA Championships	Unranked



## ALL-TIME SERIES RECORDS

Opponent	W	L	T	1st Mtg	Opponent	W	L	T	1st Mtg
Alabama	0	2	0	1989	Princeton	14	4	0	1977
American	2	0	0	1992	Richmond	1	0	0	2008
Arizona	0	1	0	2005	Rutgers	15	2	0	1977
Arizona State	1	0	0	2005	St. Bonaventure	16	0	0	1986
Arkansas	1	1	0	2012	St. Francis (Pa.)	3	0	0	1997
Auburn	0	3	0	2003	Shippensburg	3	1	0	1974
Ball State	2	0	0	1991	Slippery Rock	6	2	0	1970
Bloomsburg	7	0	0	1973	South Carolina	1	0	0	2002
Boston University	7	0	0	1983	Southern Illinois	2	0	0	1993
Brown	5	6	0	1981	Southern Methodist	0	0	1	2008
Bucknell	9	0	0	1970	Springfield College	2	1	0	1975
Buffalo	1	0	0	2020	SUNY-Potsdam	1	0	0	1974
California	1	0	0	1995	Syracuse	13	0	0	1978
Carson-Newman	1	0	0	2018	Temple	4	0	0	1970
Centenary	1	0	0	1972	Tennessee	1	1	0	2002
Clarion	13	4	0	1970	Texas	0	1	0	2014
Clemson	2	0	0	2000	Texas A&M	1	1	0	1983
Colgate	1	0	0	2010	Towson	3	0	0	2013
Colorado State	1	0	0	1989	UC-Santa Barbara	1	0	0	2005
Connecticut	2	0	0	2007	Villanova	27	1	0	1980
Cornell	1	0	0	1976	Virginia	14	21	0	1981
Delaware	1	0	0	1974	Virginia Tech	4	6	0	2006
Denver	0	1	0	2018	Washington	1	0	0	2003
Dickinson	1	0	0	1970	West Chester	13	1	0	1970
Duke	0	2	0	2017	West Virginia	24	0	0	1975
East Stroudsburg	6	4	0	1970	William & Mary	1	0	0	1976
Elizabethtown	4	0	0	1970	William Smith	0	1	0	1970
Emory	1	0	0	2015	Wilson	3	0	0	1970
Florida	0	3	0	2002	Wisconsin	4	3	0	1992
Florida Gulf Coast	1	0	0	2008	Yale	1	1	0	2016
Florida State	1	0	0	2008					
George Washington	9	0	0	1982					
Georgia Tech	3	0	0	2012					
Gettysburg	2	0	0	1970					
Goucher	1	0	0	1970					
Harvard	3	0	0	1983					
Hood	0	1	0	1970					
Illinois	3	1	0	1993					
Indian River CC	1	0	0	2008					
Indiana	1	2	0	2011					
Iowa	8	1	0	1991					
Ithaca	6	1	0	1970					
James Madison	3	0	0	1982					
Kansas	1	0	0	1999					
Kenyon	1	0	0	2005					
LaSalle	8	0	0	1985					
Lehigh	3	0	0	1976					
Liberty	3	0	0	2014					
Lock Haven	1	0	0	1970					
LSU	1	0	0	1984					
Madison College	2	0	0	1973					
Maryland	16	0	0	1973					
Maryland-Balt. County	3	0	0	1989					
Michigan	4	12	0	1978					
Michigan State	10	0	0	1991					
Miami (OH)	1	0	0	2001					
Minnesota	1	4	1	1992					
Missouri	1	0	0	1999					
Missouri State	1	0	0	2013					
Navy	9	0	0	1998					
North Carolina	2	8	0	1980					
North Carolina State	1	1	0	1988					
North Texas	1	0	0	1999					
Northwestern	2	5	0	1991					
Notre Dame	1	0	0	2007					
Oakland	2	0	0	1999					
Ohio State	12	5	0	1984					
Old Dominion	1	0	0	2014					
Oneonta	1	0	0	1970					
Pittsburgh	22	9	0	1976					
Purdue	6	1	0	1993					

## YEAR-BY-YEAR

Coach	Year	W	L	T	Conf.	Nat.
1969-70	Ellen Perry	14	5	—	—	—
1970-71	Ellen Perry	8	1	—	—	—
1971-72	Ellen Perry	6	3	8th	31st	—
1972-73	Ellen Perry	7	3	4th	26th	—
1973-74	Ellen Perry	9	1	3rd	18th	—
1974-75	Ellen Perry	5	3	3rd	20th	—
1975-76	Ellen Perry	12	1	5th	24th	—
1976-77	Ellen Perry	10	1	2nd	—	—
1977-78	Ellen Perry	7	3	3rd	—	—
1978-79	Ellen Perry	9	1	3rd	38th	—
1979-80	Ellen Perry	8	1	3rd	—	—
1980-81	Ellen Perry	8	3	3rd	—	—
1981-82	Bob Krimmel	7	4	3rd	—	—
1982-83	Bob Krimmel	9	2	2nd	27th	—
1983-84	Bob Krimmel	9	2	1st	20th	—
1984-85	Bob Krimmel	9	3	2nd	24th	—
1985-86	Bob Krimmel	10	2	1st	42nd	—
1986-87	Bob Krimmel	9	1	3rd	32nd	—
1987-88	Bob Krimmel	10	2	2nd	29th	—
1988-89	Bob Krimmel	9	3	2nd	32nd	—
1989-90	Bob Krimmel	9	2	1st	32nd	—
1990-91	Bob Krimmel	9	1	2nd	34th	—
1991-92	Bob Krimmel	12	2	6th	26th	—
1992-93	Bob Krimmel	12	1	4th	22nd	—
1993-94	Bob Krimmel	9	3	4th	30th	—
1994-95	Bob Krimmel	10	1	6th	30th	—
1995-96	Bob Krimmel	10	1	1	7th	36th
1996-97	Bob Krimmel	8	4	11th	—	—
1997-98	Bob Krimmel	8	4	8th	—	—
1998-99	Bill Dorenkott	4	4	5th	T-33rd	—
1999-00	Bill Dorenkott	10	1	4th	—	—
2000-01	Bill Dorenkott	8	0	2nd	11th	—
2001-02	Bill Dorenkott	4	3	1st	21st	—
2002-03	Bill Dorenkott	7	2	3rd	22nd	—
2003-04	Bill Dorenkott	8	1	2nd	15th	—
2004-05	Bill Dorenkott	6	1	1st	13th	—
2005-06	Bill Dorenkott	9	5	1st	19th	—
2006-07	Bill Dorenkott	11	0	3rd	---	---
2007-08	Bill Dorenkott	11	0	4th	29th	---
2008-09	John Hargis	8	2	1	3rd	38th
2009-10	John Hargis	7	2	7th	47th	---
2010-11	John Hargis	7	2	4th	35th	---
2011-12	John Hargis	6	3	5th	22nd	---
2012-13	John Hargis	6	2	3rd	29th	---
2013-14	Tim Murphy	5	2	3rd	18th	---
2014-15	Tim Murphy	10	1	7th	20th	---
2015-16	Tim Murphy	7	2	7th	25th	---
2016-17	Tim Murphy	4	4	8th	36th	---
2017-18	Tim Murphy	2	6	8th	29th	---
2018-19	Tim Murphy	4	4	9th	27th	---
2019-20	Tim Murphy	6	1	8th	---	---
2020-21	Tim Murphy	3	2	10th	---	---
2021-22	Tim Murphy	6	1	10th	---	---
<b>Totals</b>		<b>407</b>	<b>108</b>	<b>2</b>		

\*NCAA Championships not held due to COVID-19 pandemic



# LETTERWINNERS

<b>A</b>		
Ackman, Alyson	2013-16	
Adams, Arianne	1996-99	
Adlam, Chelsea	2010	
Adlam, Courtney	2006-09	
Ahrenhold, Rachel	2004-07	
Ainbinder, Richa	1986-89	
Albright, Deborah	1990-93	
Alderman, Meg	2009-10	
<b>Amdor, Abbie</b>	<b>2019-21</b>	
Anderson, Catherine	1998-01	
Anderson, Julie	1990-93	
Anderson, Sally	2000-04	
Aungst, Cynthia	1979-82	
Avery, Jocelyn	2007	
<b>B</b>		
Baird, Jennifer	1991-94	
Baker, Elizabeth	1982-85	
Baker, Sarah	2006-09	
Barber, Suzanne	1971-72	
Barnes, Jessica	2004-07	
Barr, Megan	2002	
Barry, Camryn	2018-21	
Basch, Patty Lynne	1973-74	
Bascomb, Ame	1997, 99-01	
Bausher, Gretchen	1993-96	
Bausher, Samantha	1996-99	
Baxter, Sarah	2015	
Beauchamp, Susan	1982-85	
Beeler, Christine	1988	
Bellairs, Elissa	1995-98	
Bellairs, Shana	1999, 01-02	
Beward, Louise	1978	
Bewley, Cathy D.	1978	
Bickel, Jenna	2013-16	
Biedermann, Amberle	2003-06	
Binney, Rebecca E.	1977-80	
Bizal, Colette L.	1976-79	
Bizal, Sandra	1979-81, 83	
Blaser, Hannah	2017-20	
Boehler, Lori	1985	
Borleske, Julie	1995-96	
Bowie, Cyndie	1977-80	
Boyle, Kaeley	2009-10	
Braceland, Diane	1970-71	
Brady, Heather	2010	
<b>Brandbergh, Ellie</b>	<b>2021</b>	
Brant, Lauren	1993-95	
Breckenridge, Maureen	1979-81	
Breen, Melissa	1993-96	
Brink, Hallie	1999	
<b>Brinker, Mary</b>	<b>2021</b>	
Brown, Elizabeth M.	1973-74	
Brush, Tamara A.	1977-79	
Bruzda, Katherine	2000-02	
Buchtel, Therese	1982-85	
Butler, Rachel	2011-12	
<b>C</b>		
Cameron, Taylor	2014-16	
Canova, Meredith	2019-21	
Cantwell, GERALYN J.	1976-78	
Carlson, Lynnanne R.	1972-73	
Capretto, Colby	2008-09	
Celecki, Diane	1975-76	
Chamberlin, Piper	1999-02	
Cheng, Genie	2004-07	
Chiappetta, Lisa	1981	
Clark, Corrie	2001-02	
Clark, Erika	1999-00	
<b>Clark, Mackenzie</b>	<b>2021</b>	
Clark, Mary Ellen	1982-85	
Clemens, Clare	2007-08	
Cole, Susan	1972	
Collins, Katie	1997-00	
Collins, Nikki	2004-07	
Cook, Sandra	1970	
Cooke, Maddie	2018-21	
Cooney, Mary	1974	
Cooper, Alexandria	1990-91	
Cornell, Mackenzie	2014-17	
Cornett, Mary	2019-20	
Cosgarea, Susan M.	1978-81	
Courtet, Patricia	1974-75	
Covey, Rikki	2004	
Crandell, Tiffany	1994-97	
Crane, Rebecca	1999-01	
Cray, Susan	1974	
Crispell, Molly	2005-08	
Crowell, Christina	2017-20	
Cunningham, Gayle	1974	
<b>D</b>		
<b>Danforth, Lizzie</b>	<b>2021</b>	
Davis, Jennifer	1992-95	
Davis, Karen	1975	
DeForrest, Lindsey	2007-10	
Delphus, Sarah	1998	
Detering, Sharon	1991-94	
Devaney, Colleen	1984-87	
Dick, Kathleen	1986-90	
Dillione, Tommie	2015-18	
DiNardo, Sara	2005-06	
Dittmar, Erin M.	1987-90	
Dlugonski, Deirdre	2002-05	
Donahue, Diane	1974-75	
Donahue, Jane	2018-21	
Drahus, Michelle M.	1989-92	
Dunn, Denise	1978	
Duttera, Hannah	1994	
Duttera, Sarah	1992-95	
Dybalski, Monica S.	1973-74	
<b>E</b>		
Easton, Dana	1997-98	
Eberst, Jennifer	2002-05	
Eberwein, Krystle	2001-04	
Eckman, Kate	1997-99	
Elias, Kristen L.	1986-89	
Ellington, Maggie	1999-01	
Ellis, Courtney	1999-00	
Elmeier, Joyce A.	1976-78	
Engle, Kristen	1970-71	
Evey, Sheri	1990-93	
<b>F</b>		
Faerber, Elaina	2017-20	
Fahey, Elizabeth L.	1986-89	
Fahrenbach, Ann L.	1978	
Farnsworth, Anna	2014-15	
Farrell, Shelly	1986	
Fazio, Casey	2013-16	
Fedon, Laura J.	1972-75	
Fedon, Lee Ann	1977	
Fedon, Leslie	1982	
Fedon, Lisa	1974-77	
Ferguson, Kaitlyn	2006-09	
Figueroa, Jonine	1994	
Finn, Deborah A.	1988-91	
Finn, Mary Theresa	1984-87	
Finnegan, Mary	1987	
Fiore, Kimberley	2001-02	
Fischer, Janice E.	1975-78	
Fittin, Carolyn	2013-15	
Fitzgerald, Maureen	1984-85	
Fleming, Kim	1976	
Foley, Nancy	1984-87	
Foreman, Leah	1996-99	
<b>Forker, Devon</b>	<b>2019-21</b>	
Francis, Casey	2014-17	
Frank, Chelsea	2004-05	
Fraschilla, Lindsay	1999-02	
Fraser, Heather	1990-91	
Fraser, Karen	1987	
Fretz, Jill E.	1987-90	
Frey, Christina	1999-02	
Fried, Carly	2017-18	
Fritz, Linda	1970	
Frizzell, Mary Carol	1972-73	
Frost, Stacey	1994	
Fry, Cynthia H.	1976-79	
Fucigna, Margot	1982-85	
Fuller, Arwen	1994	
<b>G</b>		
Gaspari, Elizabeth	2018-21	
Geerts, Leann	1993	
Georgs, Erika	1994-97	
Gilliland, Brooke	1998-01	
Giurvin, Carol	1995-98	
Glenn, Amber	2017-20	
Gonzalez-Hermosillo, Monika	2016	
Gould, Katherine	1978	
Grandy, Leslie	1973-75	
Greco, Diana	2008-10	
Griffiths, Kendra	2000-01	
Grigor, Kristen	1998-99	
Grover, Mollie	2000	
<b>H</b>		
Haas, Beth	1989-92	
Haglund, Karie	2006-09	
Hahn, Patricia	1975-76	
Hale, Margaret	1979-81	
Hall, Barbara	1971	
Harbison, Meredith	2014-15	
Hardy, Susan	1975	
Harper, Hannah	2015-18	
Harris, Emily	2016-18	
Harris, Megan	2012	
Hart, Carly	2018-21	
Hart, Maddie	2017-20	
Hart, Maureen	2007	
<b>Harvey, Emma</b>	<b>2019-21</b>	
Haupt, Sarah	2003-06	
Hawley, Claire	2004-05, 07	
Heck, Jill	2005-06	
Hellman, Emma	2018	
Helms, Jody	1986-87	
Helt, Kelley	1996-97	
<b>Henderson, Abby</b>	<b>2021</b>	
Hendershott, Lizanne	1977-79	
Herrold, Kathy	1977	
Herzing, Debora	1976	
Hess, Alisa	1987-88	
Hetzel, Alexa	2009-12	
Hiestler, Pamela	1980-83	
Hilty, Kimberly A.	1989	
Hipp, Leslie	1975-77	
Hoisington, Abby	2006-09	
Holman, Meredith	2002-05	
Holt, Amy	1995-98	
Hornbrook, Mackenzie	2014-17	
Hostetler, Kathryn	2000-03	
Houck, Mary	1983-84	
Howard, Chelsea	2011-12	
Hrkach, Ann L.	1972-73	
Hughes, Susan	1974	
Hunter, Kim	1975	
Hyneman, Ashley	1993-96	
<b>I</b>		
Ihrig, Rebecca	1977	
<b>J</b>		
Jaax, Jaime	1997-01	
<b>Jack, Olivia</b>	<b>2019-21</b>	
Jackson, Melanie	1997-00	
Jannarone, Nancy M.	1972-74	
Janoski, Susan	2000-03	
Jarmul, Samantha	2010	
Jay, Sarah	1997-00	
Jensch, Eva M.	1973-74	
Jersey, Cheryl E.	1973-76	
Johnson, Annalee	2017-18	
Johnson, Christine	1987-88	
Johnson, Lisa	1983-86	
Jones, Kaitlin	2013-16	
Jones, Kathy	1974	
Jones, Patricia	1980-83	
<b>K</b>		
Karr, Caitlyn	2012-15	
Karvois, Virginia A.	1973-74	
Kase, Doreen	1984	
Kavchok, Larissa	2002-05	
Keane, Kelli	1997-00	
Kearns, Ann Ragan	2010-13	
Keefe, Margy	2004-06	
Keiber, Cassandra	1999-00	
Keily, Jaime	2006-07	
Kephart, Kim	1994-97	
Keyser, Deborah S.	1978-80	
Kijanka, Becky	1999	
King, Cheryl	1974-75	
Kinnear, Wendy	1970	
Klase, Tammy	1980	
Kleiderlein, Jane E.	1988-91	
Kline, Jenna	1981	
Klotz, Cindy	1971	
Koepf, Barbara A.	1976-78	
Kohl, Linda	1982	
Kondra, Carmen	1995-98	
Kornacki, Alecia	1999-02	
Kozlowski, Pam	1995	
Krail, Julie	1994	
Krauser, Linda	1981-84	
Krawczyk, Merritt	2010-13	
Kreider, Debi A.	1973	
Krigger, Arielle	2014	
Kropp, Barbara	1975-76	
Kuhn, Katrina	2016-18	
Kulka, Tasha	1997-00	
Kundrat, Carrie	1993-94	
Kusevich, Kelly	2016	
<b>L</b>		
Lang, Patricia A.	1977-79	
Lauterbach, Robin T.	1989-91	
Layne, Rebecca	2001-02	
Leathery, Kristin	1984	
Ledwith, Madison	2019-21	
Leeshock, Cathleen	1983-84	
Leeshock, Janeen	1983-86	
Lewis, Amy	2010-13	
Lilly, Kristin E.	1988-91	
Lindemuth, Judy	1970-71	
Lindsay, Shawn	1976	
Lines, Nancy	1982-85	
Lloyd, Laura	1977	
Lloyd, Theresa S.	1975-77	
Long, Lorraine	1974	
Lopano, Jenna	2000-01	
Lorhammer, Karna	1995-98	
<b>Loughlin, Casey</b>	<b>2021</b>	
Loughran, Jacqueline	1970	
Lower, Catherine M.	1978-80	
Luger, Julie	1991	
Luley, Erin	2007-10	
<b>M</b>		
MacDougall, Heather	2017-20	
Magnusson, Deborah L.	1973	
Magri, Kelly	2016-18	
Malinowski, Shannon	1998	
Manson, Kyra	2018	
Marco, Megan	2008-10	
<b>Markvadt, Margaret</b>	<b>2019-21</b>	
<b>Marlin, Courtney</b>	<b>2019-21</b>	
Marlin, Erika	2018-21	
Marshall, Ann	1990	
Marshall, Susan	1986	
Matheson, Hannah	2014	
Matson, Carey	1994	
Matson, Stacy	1980-81	



<b>Matthias, Brooke</b>	<b>2019-21</b>	Prenzlin, Lexi	2021	Singley, Claire	2011-14	Walsh, Shirley	1982-85
Matz, Heather	1988	Preyss, Lauren	2005-06	Singley, Judy	1975-78	Ward, Michele	1970-72
Maximo, Lisa A.	1988-91	Prias, Patricia	1970-71	Siverling, Megan	2012-15	Wasser, Leah	1995
Maximo, Michele	1983-86	Price, Niki	2015-18	Skelos, Daphne	2007-10	Watson, Claire	1975
Maximo, Rita	1985-88	Provan, Barbara	1971	Skwirut, Christine	1985-88	Weber, Wendy	1976
Mawn, McKayla	2016-18	Pulos, Katie	2009-12	Slagle, Carol	1983	Webster, Carrie	1993-94
Mazzer, Carol V.	1977-79			Sloan, Suzanne	1990-93	Weedman, Chelsea	2011-14
McCarthy, Nancy	1984-85			Smart, Lauren	2008-10	<b>Wei, Wei</b>	<b>2019-21</b>
McDermid, Helen F.	1990-93	<b>Q</b>		Smith, Kerry	2002-05	Weinhold, Kristin	2000-02
McDonald, Deborah L.	1971-73	Quinn, Madeline	1972	Smith, Kristin	2005-07	Weiss, Amy	1991-92
McHugh, Ally	2016-18	Quinn, Marianne	1987-90	Smith, Lyndsey	2007-10	Wentz, Catherine	1982-85
McKnight, Kristen	2009	Quinn, Valerie	1983-84	Smith, Megan	1998-01	Werner, Sharon	1997-98
McQuaid, Kathleen	1980-83			Smothergill, Megan	1990-93	White, Nicole	2000-01
<b>Meadway, Shannon</b>	<b>2019-21</b>	<b>R</b>		Snook, Meredith	2001	Whiting, Heather	1994
Meehan, Caitlin	2006-09	Raheem, Machiko	2016	Snyder, Laurel	1986	Whitmire, Paige	2010-13
Mercher, Barbara	1979-80	Raquepau, Alexia F.	1973	Snyder, Rose	2009-12	Whitner, Kristin	1983-86
Merkle, Stephanie C.	1989-91	Ray, Jessica	1996-99	Somers, Sarah	2011-14	Wilder, Debbie A.	1988-91
Metz, Betsy M.	1973-74	<b>Redican, Anna</b>	<b>2021</b>	Sonntag, Denise D.	1987-90	Wilkins, Jeanne D.	1986-89
Miceli, Meghan	2012	Redman, Cindy	1972	Sowinski, Katelyn	2014-17	Wilkinson, Elizabeth L.	1986-89
Mikelonis, Kristen	2000-02	Rehm, Melinda	1999-00	Spada, Lesley	1996-99	Wilkinson, Jill	1998-00
Millard, Melinda L.	1976-79	Reich, Sue	1976	Speicher, Lisa	1981	Wilks, Helen	1975-76
Millard, Roberta	1979-82	Riccobono, Alison	2003-05	Spiegel, Elizabeth	1985-86	Williams, Lori	1990-93
Miller, Jennifer L.	1986-89	Riedel, Christine	1983-86	Springsteen, Megan	2011-14	Wilson, Jennifer	1990-93
Miller, Katelyn	2012-15	Riedel, Michelle R.	1988-89	Stacey, Regan	1992-95	Wilson, Lindsey	2000-03
Milligan, Sarah	1999-00	<b>Rinn, Morgan</b>	<b>2021</b>	Stanchock, Courtney	2002-05	Wilson, Melissa	1999-02
Modglin, Amy	2010-13	Ritchie, Jennelle	1999-02	<b>Stanford, Cat</b>	<b>2021</b>	Windsor, Judy	1971
Molese, Robin	1983-84	Ritzie, Susan	1974	Stevens, Tara	1992-93	Wingfield, Sandy	1976
Molettiere, Laura	1996-99	Roberts, Allie	2012-13	Stewart, Sydni	2018	Winnan, Brynja	2011-14
Moody, Bridget	2016-17	Robertson, Karen	1971	Stocki, Christina	1998-01	Wise, Deborah	1970-72
Morris, Erin	2004-07	Rochester, Margaret	1971	Stotesbery, Emily	2013	Wolfarth, Emily	2009-12
Morris, Kailey	2007-10	Rodman, Erika	2011-12	Stuart, Andrea	1994	Wolfe, Rebecca	1970-71
Moyer, Susan	1983-86	Rodman, Kristen	2009-12	Sullivan, Kathleen	1974-75	Wolper, Karen M.	1978
Mueser, Karen	1981-82	Rodriguez, Melissa	2013-16	Sullivan, Katrina	1992-94	Woodring, Kristen	2001-02, 04-05
Mulshenock, Erin	2002-03	Rogers, Carol	1970	Sullivan, Louanne	1976	Woods, Shawna	1992-94
Mulshine, Barbara	1999-02	Rogers, Tara	2016	Sullivan, M. Colleen	1986-89	Worobel, Janet	1991-94
Murphy, Monica	1980, 82-83	Rolish, Melanie	2005-06	Sullivan, Patricia	1983-84	Wujciak, Megan	2014-17
Murphy, Patricia	2003-06	Roop, Stephanie	2008-09	Swix, Kristi	1994-97	Wydan, Mary Ellen	1978
Murtagh, Madison	2019-21	Ross, Leah	2000	Sygena, Julie	1981		
Musko, Terry	1971	Ross, Mary Lynn	1974-76	Sykes, Sarah	1980		
Myers, Michelle	2007-10	Rossi, Elizabeth	1995-98	Szekely, Stephanie	2018-21		
		Rourke, Christy L.	1989-92			<b>Y</b>	
		Rowe, Katie	2013-16			You dell, Peggy	1972
		Rowe, Wendy	1994-97	<b>T</b>		Young, Alexandra	2008-10
		Rudy, Denica	1992-95	Tanabe, Laura M.	1989-92		
		Ryan, Jaime	2000-03	Tapia, Kelley	1994	<b>Z</b>	
		<b>Rydland, Kylie</b>	<b>2021</b>	Thomas, Erin	2009-12	Zeises, Ilana	2008-10
				Thomovsky, Stephanie	1998-01	Zoranski, Kathleen	1985-87
				Thompson, Mandy L.	1986-88	Zurmuhl, Hannah	2017
		<b>S</b>		<b>Tiskus, Ellie</b>	<b>2019-21</b>		
		Saloky, Katie	2014-17	Tolan, Ann	2018		
		Salvaggio, Siena	2017-20	Tompkins, Megan	1981-84		
		Savard, Catherine A.	1977-78	Tonsetic, Mary A.	1973		
		Scherer, Carrie	1992-95	Transue, Susan	1985		
		Schmelzer, Dana	1985-88	Trapp, Kathryn	1988, 90-91		
		Schmidt, Amy M.	1989-92	Treble, Cara	2017-20		
		Schobel, Marie	2019-21	Tressler, Kristin L.	1988-91		
		Schoenholtz, Karen	1976	Treusdell, Kerry	2014		
		Schumann, Sadie	2019-21	Tulacz, Aleksandra	2016-18		
		Schwanhausser, Barbara J.	1980-82	Turner, Sherri	1990-93		
		Schware, Katrine	1974				
		Schweitzer, Laura	1976	<b>U</b>			
		Scoggin, Sierra	2013-16	Umbel, Kamryn	2018-21		
		Scovazzo, M. Lynn	1977	Underwood, Diane	1973-75		
		Seiders, Faith	1986				
		Semchyshen, Lauren	2002-05	<b>V</b>			
		Serfass, Becky	1973	Valentine, Annie	2014		
		Setzer, Anne	1973-74	Valentino, Lori	1983-85		
		Sharkey, Mary	1970	VanderWeele, Chelsea	2013-16		
		Sharp, Michelle	1997	Van Tassel, Erica	1995-98		
		Sheleheda, Tracey L.	1989-92	Van Tassel, Karen	1994-97		
		Shelly, Marget	2019-21	Venner, Christine L.	1979-82		
		Shepherd, Sara	2002-05	Verdin, Andrea	1982		
		Sheppard, Holly	1981	Von Seelen, Lara	1988, 90-91		
		Sheppard, Lisa	1975-76				
		Sheridan, Kate	2019-21	<b>W</b>			
		Shishkoff, Gabrielle	2011-14	Wade, Amy	1996-99		
		Shurts, Sierra	2019-21	Wakeley, Marion	1997-99		
		Silvestri, Lisa	2003-04	Walls, Annie	2021		
		Sinatro, Haley	2013-16	Walmer, Betsy	1986		

**This list of letterwinners was compiled by Thomas F. Butts III for both the men's and women's swimming & diving teams. Some letterwinners may have been missed. If you feel that you or someone you know should be on this list, please direct updates to:**

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