



2023 CAL POLY TRACK & FIELD Mustang Invitational – Meet Information

- Date:** Friday, April 21st, 2023
- Location:** Steve Miller & John Capriotti Athletic Complex
1429 Slack St, San Luis Obispo, CA 93405
- Meet Director:** Ryan Vanhoy, Director of Track and Field/Cross Country
rvanhoy@calpoly.edu, 919-357-7354
- Entries:** This meet is open to all collegiate teams and individuals, including unattached competitors. All entries must be submitted online at Direct Athletics. Entries are due **Wednesday, April 19th at 12 PM.**
- Entry Fees:** Teams: \$300/Gender; Individual/Unattached Entry: \$20/each.
Payment must be made online at Direct Athletics at time of entry.
- Parking:** Team drop-off should take place in parking lot G-2 at the corner of Slack St and Longview Lane. Teams should enter the facility through the main entrance of Doerr Field (see attached map). All vehicles should park in Grand Ave Parking Deck (daily permit required) while buses may park at H-1 Lot near baseball facility.
- Team Camps:** Team camps may be set around the perimeter of Doerr Field against wall/fence. Please leave field open for warm-ups.





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Medical:

The CP athletic training tent will be located near the 200m start on the track. Ice and emergency medical equipment (AED) will also be available in this area. Contact Kulsum Baig (kbaig@calpoly.edu) for any questions regarding medical needs.

Weigh-Ins:

Weigh-ins will be conducted at the shed by the finish line, starting 2 hours before the start of competition. Any implements that do not meet weigh-in will be held until the end of the meet when they must be picked up.

Check-In:

Running Events: The check-in tent will be in the warm-up area near the entrance to the track. Athletes can check in up to an hour prior to their event's scheduled start time and must report back to the clerk tent 10 minutes before race time. Athletes should report race ready. A starting clerk will ensure lane and heat assignments and escort athletes to the start line. Events will not be reseeded.

Field Events: All field event athletes must check-in at the event site 25 minutes prior to the start of your assigned flight where competition instructions will be delivered at that time. There will be no general check-in/warm-up at the start of the event. All check-in/warm-up will be flight dependent. Pole vaulters must begin check-in 45 minutes before the event (runway will open for warm-ups). Please leave the event area once your flight is completed.

Progressions:

Progressions and starting heights will be provided in the meet packet upon arrival to Cal Poly, based on entries. Per NCAA rules, there will be no minimum marks. Measurements shall be immediate after each valid trial or immediate oral protest. In the case of the triple jump and long jump, short boards will not be provided. Triple Jump Boards - 32', 36'6" and 41'10.





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Restrooms:

Restrooms are located near the shed next to the finish line, and near the parking structure behind the start of the 100m.

Spike Policy:

¼ Pyramid Spikes ONLY

Timing:

All CP meets are timed by Doug Lynch / Photo Timing.

Results:

Live Results will be available at Phototiming.com and will be posted to GoPoly.com at the conclusion of the meet.

Food Delivery:

Teams wishing to have food delivered to Cal Poly should have it dropped off at parking lot G-2 located at the corner of Slack St. and Longview Lane next to Doerr Field. This will provide the best access to team camps. Please be sure to pick up all trash and keep your team area clean.





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Tentative Schedule (as of 12/14/22)

Field Events (Rolling Schedule):

11:00 AM Men's High Jump (Women's to Follow)

11:30 AM Men's Hammer (Women's to Follow)
Men's Javelin to Follow
Women's Javelin to Follow
Men's Discus to Follow
Women's Discus to Follow

11:30 AM Men's Shot Put (Women's to Follow)

12:00 PM Men's Pole Vault (Women's to Follow)

1:30 PM Men's Long Jump (Women's to Follow)
Men's Triple Jump to Follow
Women's Triple Jump to Follow





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Running Events (Rolling Schedule):

2:00 PM 3000m Steeplechase (M)
3000m Steeplechase (W)
4 x 100m (M)
4 x 100m (W)
1500m (M)
1500m (W)
110m Hurdles (M)
100m Hurdles (W)
400m (M)
400m (W)
100m (M)
100m (W)
800m (M)
800m (W)
200m (M)
200m (W)
5000m (M)
5000m (W)
4 x 400m (M)
4 x 400m (W)





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