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HY-TEK's Meet Manager 1/24/2024 12:21 PM

Jack Johnson Classic - 1/26/2024 to 1/27/2024

University of Minnesota Fieldhouse

Meet Program

Event 26 Women Pole Vault Championship

Friday 1/26/2024 - 4:00 PM

Fieldhouse: 4.43m 1/27/2023 Marleen Mulla, South Dakota

Meet: 4.43m 1/27/2023 Marleen Mulla, South Dakota

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Jordan Salzman	SO	Wis.-River Falls	2.40m	
2	Megan Hintzman	SR	Wis.-River Falls	2.90m	
3	Sabrina Segar	JR	Minnesota-Duluth	3.10m	
4	Kalea Dale	FR	Wis.-River Falls	3.17m	
5	Morgan Koppelman	FR	St. Thomas (Minn	3.40m	
6	Olivia Passeri	JR	St. Thomas (Minn	3.45m	
7	Annika Gunderson	SO	Wis.-River Falls	3.47m	
8	Katie Nollette	JR	St. Thomas (Minn	3.50m	
9	Kennedy Martinson	NA	Unat-Minnesota	3.70m	
10	Sofia Condon	FR	Minnesota	4.00m	
11	Alexys Berger	SR	Minnesota	4.22m	

Event 42 Indoor Pentathlon: #5 Women 800 Meter Run

Friday 1/26/2024 - 3:15 PM

Fieldhouse: 2:15.12 2008 Carly Ducharme, Wisconsin

Meet: 2:16.17 1/30/2015 Jess Herauf, Minnesota

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

1	Jacqi Rae	SR	Minnesota-Duluth	NT	
2	Tina Samson	FR	Iowa Central CC	NT	
3	Elena Fuglestad	FR	Wis.-River Falls	NT	
4	Olivia Keller	SO	St. Thomas (Minn	NT	
5	Brielle Kuechle	NA	Unat-Minnesota	NT	
6	Zoey Hermel	FR	St. Thomas (Minn	NT	
7	Bryn London	SR	Minnesota-Duluth	NT	
8	Lillian Allen	FR	St. Thomas (Minn	NT	
9	Autumn Glover	JR	Minnesota	NT	
10	Josie Liebl	JR	St. Thomas (Minn	NT	
11	Lauren Triarsi	SR	Minnesota	NT	
12	Hailey Anchor	FR	Minnesota	NT	
13	Mehlayna Straub	FR	Concordia-St. Pa	NT	
14	Arika Harbo	6	Unattached	NT	
15	Lexi LeFever		Multistars	NT	
16	Haylie Rasmussen	FR	Wis.-River Falls	NT	

Event 42 Indoor Pentathlon: #1 Women 60 Meter Hurdles

Friday 1/26/2024 - 3:15 PM

Fieldhouse: 8.44 1/31/2020 Ayesha Champagne, Minnesota

Meet: 8.44 1/31/2020 Ayesha Champagne, Minnesota

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

2	Olivia Keller	SO	St. Thomas (Minn	NT	
4	Bryn London	SR	Minnesota-Duluth	NT	
6	Lillian Allen	FR	St. Thomas (Minn	NT	
8	Mehlayna Straub	FR	Concordia-St. Pa	NT	
9	Elena Fuglestad	FR	Wis.-River Falls	NT	

Section 2 Timed Finals

2	Brielle Kuechle	NA Unat-Minnesota	NT
4	Zoey Hermel	FR St. Thomas (Minn	NT
6	Lauren Triarsi	SR Minnesota	NT
8	Autumn Glover	JR Minnesota	NT

Section 3 Timed Finals

2	Hailey Anchor	FR Minnesota	NT
4	Josie Liebl	JR St. Thomas (Minn	NT
6	Haylie Rasmussen	FR Wis.-River Falls	NT
8	Jacqi Rae	SR Minnesota-Duluth	NT

Section 4 Timed Finals

2	Lexi LeFever	Multistars	NT
4	Tina Samson	FR Iowa Central CC	NT
6	Arika Harbo	6 Unattached	NT

Event 42 Indoor Pentathlon: #2 Women High Jump

Friday 1/26/2024 - 3:15 PM

Fieldhouse: 1.79m 2008 Peaches Roach, Unattached

Meet: 1.79m 2010 Liz Roehrig, Unattached

Name	Year School	Seed Mark	Finals
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Flight 1 Finals

1	Mehlayna Straub	FR Concordia-St. Pa	NH
2	Elena Fuglestad	FR Wis.-River Falls	NH
3	Brielle Kuechle	NA Unat-Minnesota	NH
4	Arika Harbo	6 Unattached	NH
5	Tina Samson	FR Iowa Central CC	NH
6	Lexi LeFever	Multistars	NH
7	Bryn London	SR Minnesota-Duluth	NH
8	Hailey Anchor	FR Minnesota	NH
9	Haylie Rasmussen	FR Wis.-River Falls	NH
10	Zoey Hermel	FR St. Thomas (Minn	NH
11	Josie Liebl	JR St. Thomas (Minn	NH
12	Lauren Triarsi	SR Minnesota	NH
13	Olivia Keller	SO St. Thomas (Minn	NH
14	Autumn Glover	JR Minnesota	NH
15	Jacqi Rae	SR Minnesota-Duluth	NH
16	Lillian Allen	FR St. Thomas (Minn	NH

Event 42 Indoor Pentathlon: #4 Women Long Jump

Friday 1/26/2024 - 3:15 PM

Fieldhouse: 6.36m 1992 Anu Kaljurand, Brigham Young

Meet: 6.05m 2010 Whitney Carlson, NDSU

Name	Year School	Seed Mark	Finals
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Flight 1 Finals

1	Lauren Triarsi	SR Minnesota	ND
2	Elena Fuglestad	FR Wis.-River Falls	ND
3	Jacqi Rae	SR Minnesota-Duluth	ND
4	Josie Liebl	JR St. Thomas (Minn	ND
5	Lexi LeFever	Multistars	ND
6	Zoey Hermel	FR St. Thomas (Minn	ND
7	Brielle Kuechle	NA Unat-Minnesota	ND
8	Arika Harbo	6 Unattached	ND
9	Tina Samson	FR Iowa Central CC	ND
10	Olivia Keller	SO St. Thomas (Minn	ND
11	Mehlayna Straub	FR Concordia-St. Pa	ND
12	Hailey Anchor	FR Minnesota	ND
13	Lillian Allen	FR St. Thomas (Minn	ND
14	Autumn Glover	JR Minnesota	ND
15	Haylie Rasmussen	FR Wis.-River Falls	ND
16	Bryn London	SR Minnesota-Duluth	ND

Event 42 Indoor Pentathlon: #3 Women Shot Put

Friday 1/26/2024 - 3:15 PM

Fieldhouse: 14.68m 1/26/2018 Ayesha Champagnie, Minnesota

Meet: 14.68m 1/26/2018 Ayesha Champagnie, Minnesota

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1 Zoey Hermel	FR	St. Thomas (Minn		ND	
2 Lauren Triarsi	SR	Minnesota		ND	
3 Lexi LeFever		Multistars		ND	
4 Josie Liebl	JR	St. Thomas (Minn		ND	
5 Hailey Anchor	FR	Minnesota		ND	
6 Olivia Keller	SO	St. Thomas (Minn		ND	
7 Elena Fuglestad	FR	Wis.-River Falls		ND	
8 Arika Harbo		6 Unattached		ND	
9 Jacqi Rae	SR	Minnesota-Duluth		ND	
10 Brielle Kuechle	NA	Unat-Minnesota		ND	
11 Mehlayna Straub	FR	Concordia-St. Pa		ND	
12 Lillian Allen	FR	St. Thomas (Minn		ND	
13 Haylie Rasmussen	FR	Wis.-River Falls		ND	
14 Autumn Glover	JR	Minnesota		ND	
15 Bryn London	SR	Minnesota-Duluth		ND	
16 Tina Samson	FR	Iowa Central CC		ND	

Event 43 Heptathlon: #1 Men 60 Meter Dash

Friday 1/26/2024 - 3:00 PM

Fieldhouse: 6.86 2010 Neamen Wise, South Florida

Meet: 6.86 2010 Neamen Wise, South Florida

Name	Year	School	Seed	Finals
Section 1 Timed Finals				
2 Charlie Theis	JR	Wis.-River Falls	NT	
3 Nate Raddatz	JR	St. Thomas (Minn	NT	
4 Jack Rosner	JR	Unattached	NT	
5 Cooper Spurgeon	FR	Iowa Central CC	NT	
6 Grayson Spronk	FR	St. Thomas (Minn	NT	
7 Jacob Balcome	FR	Wis.-River Falls	NT	
8 Henry Skinner	FR	St. Thomas (Minn	NT	

Event 43 Heptathlon: #4 Men High Jump

Friday 1/26/2024 - 3:00 PM

Fieldhouse: 2.14m 2010 Lance Moe, Purdue

Meet: 2.11m 2011 Ben Jasinski, So Dakota St

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1 Grayson Spronk	FR	St. Thomas (Minn		NH	
2 Nate Raddatz	JR	St. Thomas (Minn		NH	
3 Charlie Theis	JR	Wis.-River Falls		NH	
4 Cooper Spurgeon	FR	Iowa Central CC		NH	
5 Henry Skinner	FR	St. Thomas (Minn		NH	
6 Jack Rosner	JR	Unattached		NH	
7 Jacob Balcome	FR	Wis.-River Falls		NH	

Event 43 Heptathlon: #2 Men Long Jump

Friday 1/26/2024 - 3:00 PM

Fieldhouse: 7.53m 1/30/2015 Andre Dorsey, Kennesaw State

Meet: 7.53m 1/30/2015 Andre Dorsey, Kennesaw State

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					

1	Charlie Theis	JR Wis.-River Falls	ND
2	Jacob Balcome	FR Wis.-River Falls	ND
3	Nate Raddatz	JR St. Thomas (Minn	ND
4	Cooper Spurgeon	FR Iowa Central CC	ND
5	Grayson Spronk	FR St. Thomas (Minn	ND
6	Jack Rosner	JR Unattached	ND
7	Henry Skinner	FR St. Thomas (Minn	ND

Event 43 Heptathlon: #3 Men Shot Put

Friday 1/26/2024 - 3:00 PM

Fieldhouse: 14.61m 2008 RJ McGinnis, Minnesota

Meet: 14.57m 1/31/2020 Zachery Ziemek, adidas

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1	Grayson Spronk	FR St. Thomas (Minn	ND		
2	Jack Rosner	JR Unattached	ND		
3	Henry Skinner	FR St. Thomas (Minn	ND		
4	Nate Raddatz	JR St. Thomas (Minn	ND		
5	Jacob Balcome	FR Wis.-River Falls	ND		
6	Cooper Spurgeon	FR Iowa Central CC	ND		
7	Charlie Theis	JR Wis.-River Falls	ND		

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University of Minnesota Fieldhouse

Meet Program

Event 1 Women 60 Meter Dash

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Saturday 1/27/2024 - 12:10 PM

Fieldhouse: 7.31 1/28/2023 Odell Frye, Minnesota

Meet: 7.31 1/28/2023 Odell Frye, Minnesota

Name	Year	School	Seed	relim	Time
Heat 1 Prelims					
1	Myesha Thompson	FR St. Cloud State	NT		
2	Tina Samson	FR Iowa Central CC	NT		
3	Brooke Silloway	FR Minnesota-Duluth	8.20		
4	Andrea White	SO St. Thomas (Minn	8.40		
5	Serena Lanes	JR North Central (M	8.58		
6	Emily Anderson	SO Minnesota-Duluth	7.70		
7	Chloey Evans	SR Minnesota-Duluth	8.15		
8	Katie Lavato	SR St. Cloud State	7.81		
Heat 2 Prelims					
1	Cassia Cady	FR St. Thomas (Minn	7.99		
2	Lindsey Root	JR Minnesota-Duluth	8.21		
3	Dominica Bernstein	JR St. Thomas (Minn	8.24		
4	Alexis Pratt	SO St. Thomas (Minn	7.68		
5	Sarah Hansen	SR Wis.-River Falls	7.89		
6	Elizabeth Dahl	FR North Central (M	NT		
7	Abigail Frey	SO Iowa Central CC	NT		
8	Kyla Kubera	JR Wis.-River Falls	8.59		
Heat 3 Prelims					
1	Nevaeh Henderson	FR North Central (M	NT		
2	Hannah Cornelius	JR St. Thomas (Minn	7.89		
3	Victory Godah	FR Minnesota	7.50		
4	Viola Okey-Ezealah	FR St. Cloud State	8.23		
5	Ava Wilmanns	SO St. Cloud State	8.72		
6	Landry McCoid	FR Iowa Central CC	8.63		
7	Jordan Grell	SO Minnesota-Duluth	7.98		
8	Ava Wolfe	SO St. Thomas (Minn	8.22		

9 Deshawna Hodges

FR North Central (M

NT

Event 3 Women 200 Meter Dash

Saturday 1/27/2024 - 2:45 PM

Fieldhouse: 22.87 1993

Jacqueline Poelman, Team Europe

Meet: 24.19 2006

Shellene Williams, Unattached

Name	Year School	Seed	Finals
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Section 1 Timed Finals

2 Hope Naegelen	FR North Central (M	NT	
3 Audrey Rabitz	NA Unat-St. Cloud S	NT	
4 Katie Lavato	SR St. Cloud State	26.05	
5 Jordan Grell	SO Minnesota-Duluth	25.94	
6 Ashley Plum	Copper Country T	25.70	

Section 2 Timed Finals

2 Nicole Schaefer	FR Iowa Central CC	NT	
3 Landry McCoid	FR Iowa Central CC	NT	
4 Emily Anderson	SO Minnesota-Duluth	26.90	
5 Dayvione Briggs	SO Iowa Central CC	26.82	
6 Reilly Lovercheck	Copper Country T	26.10	

Section 3 Timed Finals

2 Ramiyah Words	FR North Central (M	NT	
3 Jenna Marxhausen	NA Unat-St. Cloud S	NT	
4 Chloe Evans	SR Minnesota-Duluth	27.05	
5 Brooke Silloway	FR Minnesota-Duluth	26.92	
6 Serena Lanes	JR North Central (M	26.90	

Section 4 Timed Finals

2 Elizabeth Dahl	FR North Central (M	NT	
3 Nevaeh Henderson	FR North Central (M	NT	
4 Viola Okey-Ezealah	FR St. Cloud State	27.79	
5 Ava Wolfe	SO St. Thomas (Minn	27.50	
6 Ava Wilber	SO St. Thomas (Minn	27.17	

Section 5 Timed Finals

2 Deshawna Hodges	FR North Central (M	NT	
3 Sydney Trzebiatowski	Copper Country T	28.60	
4 Ava Wilmanns	SO St. Cloud State	28.57	
5 Andrea White	SO St. Thomas (Minn	28.33	
6 Myesha Thompson	FR St. Cloud State	27.94	

Event 44 Women 300 Meter Dash

Saturday 1/27/2024 - 2:20 PM

Fieldhouse: 40.03 12/9/2022

Birken Nelson, Gustavus Adolphu

Meet: 40.43 1/28/2023

Amy Stieh, Lakehead Uni

Name	Year School	Seed	Finals
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Section 1 Timed Finals

1 Jenna Marxhausen	NA Unat-St. Cloud S	NT	
2 Abigail Frey	SO Iowa Central CC	NT	
3 Dominica Bernstein	JR St. Thomas (Minn	44.40	
4 Hannah Cornelius	JR St. Thomas (Minn	43.00	
5 Rebecca Randleman	FR St. Thomas (Minn	42.00	
6 Hailey Hindt	JR St. Thomas (Minn	41.90	

Section 2 Timed Finals

4 Lauren Sertich	NA Unat-St. Cloud S	NT	
5 Audrey Rabitz	NA Unat-St. Cloud S	NT	
6 Viola Okey-Ezealah	FR St. Cloud State	NT	

Event 5 Women 400 Meter Dash

Saturday 1/27/2024 - 1:45 PM

Fieldhouse: 53.40 2008

Shana Cox, Penn State

Meet: 54.62 1/30/2016

Titania Markland, Minnesota

Name	Year School	Seed	Finals
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Section 1 Timed Finals

3	Megan Gilles	JR Minnesota-Duluth	59.12
4	Ashley Plum	Copper Country T	58.88
5	Mariana Guerra-Reese	SR St. Cloud State	58.79
6	Rachel Boelke	SR Minnesota-Duluth	57.56

Section 2 Timed Finals

2	Chloe Bjorlin	FR North Central (M	NT
3	Kate Kariniemi	FR St. Thomas (Minn	NT
4	Makaylin Christenson	JR St. Cloud State	1:03.16
5	Kate Fitzgerald	SO Minnesota-Duluth	59.66
6	Ellie Kuechle	NA Unat-Minnesota	59.29

Event 7 Women 600 Meter Run

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Saturday 1/27/2024 - 2:30 PM

Fieldhouse: 1:27.77 1995 Amy Wickus, Wisconsin
Meet: 1:28.74 2007 Kineke Alexander, Iowa

Name	Year School	Seed	Finals
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Section 1 Timed Finals

2	Cailyn Kuechle	SR Wis.-River Falls	1:40.00
3	Kennedy Martinson	NA Unat-Minnesota	1:38.00
4	Emmy Schulz	FR St. Thomas (Minn	1:38.00
5	Mariana Guerra-Reese	SR St. Cloud State	1:37.93
6	Alicia Belany	JR St. Thomas (Minn	1:34.00

Section 2 Timed Finals

2	Megan Halbach	SR Wis.-River Falls	1:46.89
3	Rebekah Muhlenkamp	JR Minnesota-Duluth	1:44.61
4	Marybeth Matthews	SO Minnesota-Duluth	1:41.52
5	Reese Gustafson	FR St. Thomas (Minn	1:40.00
6	Grace Swanson	FR St. Thomas (Minn	1:40.00

Section 3 Timed Finals

1	Lauren Swanson	FR Minnesota-Duluth	NT
2	Sarah Baum	FR Minnesota-Duluth	NT
3	Makaylin Christenson	JR St. Cloud State	NT
4	Megan Sandgren	SO Minnesota-Duluth	1:48.17
5	Aften Robinson	FR Minnesota-Duluth	1:47.80
6	Lauren Sertich	NA Unat-St. Cloud S	1:47.57

Event 9 Women 800 Meter Run

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Saturday 1/27/2024 - 2:00 PM

Fieldhouse: 2:04.18 2012 Heather Kampf, Wisconsin
Meet: 2:05.49 1/23/2010 Heather Dorniden, Team USA MN

Name	Year School	Seed	Finals
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Section 1 Timed Finals

1	Savannah Schley	JR Minnesota-Duluth	2:11.31
2	Syd Kretlow	SR Minnesota	2:11.47
3	Francine Seidel	SR Minnesota-Duluth	2:12.98
4	Grace Weber	NA Unat-Minnesota	2:15.00
5	Rachel Ulrich	FR Minnesota-Duluth	2:15.00
6	Anna Lien	FR Minnesota	2:18.06
7	Hannah Constable	JR Minnesota	2:18.98
8	Alaina Steele	SR Minnesota-Duluth	2:19.75
9	Julia Kuhnke	FR Minnesota-Duluth	2:21.13

Section 2 Timed Finals

1	Ellie Hanowski	FR Minnesota-Duluth	2:24.97
2	Megan Halbach	SR Wis.-River Falls	2:31.50
3	Sammy Braunlich	SR Wis.-River Falls	2:32.00
4	Jaidyn McAlpine	SO Wis.-River Falls	2:32.58
5	Jaileen Medina	SO St. Cloud State	2:35.10
6	Maddie Greelis	SR Wis.-River Falls	2:48.26
7	Emma Gudahl	SO Wis.-River Falls	2:58.98

8 Avah Kraushaar

FR North Central (M

NT

Event 13 Women 1 Mile Run

Saturday 1/27/2024 - 12:35 PM

Fieldhouse: 4:34.78 1/31/2015 Erin Teschuk, North Dakota St.

Meet: 4:34.78 1/31/2015 Erin Teschuk, North Dakota St.

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

1	Delia Johnson	NA Unat-Minnesota	4:55.00	
2	Molly Desotell	JR St. Thomas (Minn	4:55.00	
3	Madeline Verkerke	JR Minnesota-Duluth	5:01.97	
4	Anna Lien	FR Minnesota	5:05.00	
5	Ava Hill	JR Minnesota	5:05.00	
6	Christina Bolcer	JR St. Thomas (Minn	5:10.00	
7	Ava Pankratz	JR St. Thomas (Minn	5:10.00	
8	Malayh Metcalf	SO St. Thomas (Minn	5:10.00	
9	Gabby Witschen	JR St. Thomas (Minn	5:10.00	
10	Elsie Kmecak	FR St. Thomas (Minn	5:15.00	

Section 2 Timed Finals

1	Cailyn Kuechle	SR Wis.-River Falls	5:30.00	
2	Jaidyn McAlpine	SO Wis.-River Falls	5:36.12	
3	Maddie Greelis	SR Wis.-River Falls	5:50.00	
4	Emma Karnitz	FR Wis.-River Falls	5:50.00	
5	Katie McConkey	JR Minnesota-Duluth	5:53.63	
6	Kate Jenkins	FR Wis.-River Falls	6:01.02	
7	Sammy Braunlich	SR Wis.-River Falls	6:01.88	
8	Hailey Thomson	FR Wis.-River Falls	6:38.17	
9	Anna Russell	FR North Central (M	NT	
10	Madison Leverty	FR North Central (M	NT	

Event 15 Women 3000 Meter Run

Saturday 1/27/2024 - 3:05 PM

Fieldhouse: 9:07.88 1/26/2019 Breanna Sieracki, 30-Unattache

Meet: 9:07.88 1/26/2019 Breanna Sieracki, 30-Unattache

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

1	Jessica Scheriff	SR Unattached	9:40.00	
2	Molly Desotell	JR St. Thomas (Minn	9:54.87	
3	Ava Pankratz	JR St. Thomas (Minn	10:11.24	
4	Ceci Howes	JR Minnesota	10:28.63	
5	Gabby Witschen	JR St. Thomas (Minn	10:37.06	
6	Emily Rather	JR St. Thomas (Minn	10:40.00	
7	Hannah Dumansky	SO St. Thomas (Minn	10:50.00	
8	Gwen Helgeson	SR St. Thomas (Minn	11:14.17	
9	Chiara White	FR St. Thomas (Minn	11:15.00	
10	Quincy Anderson	FR St. Thomas (Minn	11:20.00	
11	Erica Conrad	SR St. Cloud State	11:25.08	
12	Ann Boland	FR St. Thomas (Minn	11:30.00	
13	Alana Dillinger	Unattached	11:40.00	
14	Kate Jenkins	FR Wis.-River Falls	12:10.62	
15	Paige Beason	FR St. Cloud State	NT	
16	Tegan Michalak	FR St. Cloud State	NT	

Event 20 Women 60 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 7 Best Times

Saturday 1/27/2024 - 12:00 PM

Fieldhouse: 8.06 2008 Tiffany Ofili, Michigan

Meet: 8.20 1/28/2017 Kimberly Golding, Minnesota

Name	Year	School	Seed	relim	Time
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Heat 1 Prelims

2	Kennedy Martinson	NA Unat-Minnesota	8.93
3	Nicole Schaefer	FR Iowa Central CC	9.25
4	Ramiyah Words	FR North Central (M	NT
5	Abigail Frey	SO Iowa Central CC	9.32
6	Taynian Walgrave	JR St. Thomas (Minn	8.67
7	Reilly Lovercheck	Copper Country T	NT

Heat 2 Prelims

3	Zariyah Black	JR Minnesota	8.49
4	Violet Goodwin	FR Minnesota-Duluth	10.20
5	Shelby Romig	JR St. Cloud State	9.17
6	Dayvione Briggs	SO Iowa Central CC	9.09
7	Lily Wanzek	FR Minnesota-Duluth	9.34

Event 22 Women 4x400 Meter Relay

Saturday 1/27/2024 - 3:30 PM

Fieldhouse: 3:40.43 2008 Penn State, Penn State

Simmons, Blake, Barber, Cox

Meet: 3:42.57 1/30/2016 Minnesota, Minnesota

E Hawkins, E Egwim, K Keller, T Markland

School

Seed

Finals

Section 1 Timed Finals

2	Minnesota-Duluth 'B'	4:08.00
1)	Rachel Ulrich FR	2) Ellie Hanowski FR
3)	Julia Kuhnke FR	4) Alaina Steele SR
3	Minnesota 'B'	4:00.00
1)	Grace Weber NA	2) Delia Johnson NA
3)	Ellie Kuechle NA	4) Kennedy Martinson NA
4	St. Thomas (Minn.) 'A'	3:57.00
1)	Hailey Hindt JR	2) Rebecca Randleman FR
3)	Alicia Belany JR	4) Alexis Pratt SO
5	Minnesota-Duluth 'A'	3:57.00
1)	Megan Gilles JR	2) Savannah Schley JR
3)	Rachel Boelke SR	4) Kate Fitzgerald SO
6	Minnesota 'A'	3:34.16
1)	Ava Hill JR	2) Syd Kretlow SR
3)	Anna Lien FR	4) Hannah Constable JR

Section 2 Timed Finals

1	Wis.-River Falls 'C'	5:00.00
1)	Megan Hintzman SR	2) Annika Gunderson SO
3)	Jaidyn McAlpine SO	4) Laina Viere FR
2	Wis.-River Falls 'B'	5:00.00
1)	Kyla Kubera JR	2) Jordan Salzman SO
3)	Peyton Opsahl SO	4) Maddie Greelis SR
3	Wis.-River Falls 'A'	4:30.00
1)	Megan Halbach SR	2) Sarah Hansen SR
3)	Cailyn Kuechle SR	4) Sammy Braunlich SR
4	Minnesota-Duluth 'D'	4:11.00
1)	Lauren Swanson FR	2) Sarah Baum FR
3)	Rebekah Muhlenkamp JR	4) Bryn London SR
5	St. Thomas (Minn.) 'B'	4:10.43
1)	Malayh Metcalf SO	2) Reese Gustafson FR
3)	Emmy Schulz FR	4) Grace Swanson FR
6	Minnesota-Duluth 'C'	4:10.00
1)	Megan Sandgren SO	2) Lily Wanzek FR
3)	Violet Goodwin FR	4) Marybeth Matthews SO

Event 24 Women High Jump

Saturday 1/27/2024 - 11:00 AM

Fieldhouse: 1.87m 2000 Latifah Long, Georgia

Meet: 1.84m 1/28/2023 Daniella Anglin, South Dakota

Name

Year School

Seed Mark

Finals

Flight 1 Finals

1	Alaina Schoenfelder	SR St. Thomas (Minn	1.55m
2	Lauren DuBois	FR Minnesota-Duluth	1.60m
3	Emily Jones	JR Minnesota-Duluth	1.60m
4	Nyalaam Jok	JR Minnesota	1.79m
5	Alliyah McNeil	JR Minnesota	1.80m

Event 29 Women Long Jump

Saturday 1/27/2024 - 12:00 PM

Fieldhouse: 6.56m 1/14/2018 Ayesha Champagnie, Minnesota
 Meet: 6.23m 1/28/2017 Annastacia Forrester, Iowa Central

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Deshawna Hodges	FR North Central (M	ND
2	Brianna Fleek	SO St. Thomas (Minn	5.30m
3	Nevaeh Henderson	FR North Central (M	ND
4	Myesha Thompson	FR St. Cloud State	5.29m
5	Ava Wilmanns	SO St. Cloud State	4.89m
6	Maggie Olejnik	JR St. Thomas (Minn	5.08m
7	Lexi LeFever	Multistars	5.50m
8	Lindsey Root	JR Minnesota-Duluth	5.45m
9	Alliyah McNeil	JR Minnesota	6.17m
10	Ava Wilber	SO St. Thomas (Minn	5.07m

Event 32 Women Triple Jump

Saturday 1/27/2024 - 2:00 PM

Fieldhouse: 13.85m 2008 Shani Marks, Unattached
 Meet: 13.85m 2008 Shani Marks, Unattached

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Emily Jones	JR Minnesota-Duluth	10.63m
2	Erin Steinman	FR Minnesota-Duluth	11.07m
3	Cassia Cady	FR St. Thomas (Minn	11.14m
4	Sophia Fabry	SO St. Thomas (Minn	10.34m
5	Reilly Lovercheck	Copper Country T	11.45m
6	Maggie Olejnik	JR St. Thomas (Minn	10.66m
7	Elise Biorn	FR St. Thomas (Minn	11.00m
8	Brenna Schwartz	SO Wis.-River Falls	10.22m

Event 34 Women Shot Put

Saturday 1/27/2024 - 10:30 AM

Fieldhouse: 18.66m 2020 Magadlyn Ewen, Nike
 Meet: 17.12m 2/1/2020 Akealy Moton, North Dakota Sta

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Abby Biniek	FR Wis.-River Falls	10.40m
2	Svea Smestad	JR Minnesota-Duluth	10.78m
3	Alexis Mohlin	SR St. Thomas (Minn	10.25m
4	Olivia Allen	SR Wis.-River Falls	ND
5	Savannah Reinke	FR St. Cloud State	9.46m
6	Alicia Jennissen	FR St. Cloud State	10.30m
7	Justine Carsrud	FR Minnesota-Duluth	10.85m
8	Ali Clifford	FR Wis.-River Falls	10.71m

Flight 2 Finals

1	Lauren Rott	FR St. Thomas (Minn	12.30m
2	Bodine Degli-Umberti	SR South Alabama	14.20m
3	Sabrina Segar	JR Minnesota-Duluth	12.03m
4	Audrey Hatfield	JR St. Thomas (Minn	12.73m

5	Hailey Shimon	JR St. Thomas (Minn	12.50m
6	Emma Potratz	JR St. Thomas (Minn	11.87m
7	Annie Nabwe	FR Minnesota	16.12m
8	Isabelle Schmidt	NA Unat-Minnesota	12.43m
9	Hadley Streit	FR Minnesota	12.81m

Event 38 Women Weight Throw

Saturday 1/27/2024 - 1:15 PM

Fieldhouse: 23.52m 1/26/2019 Kaitlyn Long, Unattached

Meet: 23.52m 1/26/2019 Kaitlyn Long, Unattached

Name	Year School	Seed Mark	Finals
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Flight 1 Finals

1	Savannah Reinke	FR St. Cloud State	9.35m
2	Audrey Hatfield	JR St. Thomas (Minn	12.16m
3	Alicia Jennissen	FR St. Cloud State	8.69m
4	Jasmine Graham	SR Wis.-River Falls	11.37m
5	Colette Argiro	JR St. Thomas (Minn	14.31m
6	Madeline Klun	SR Minnesota-Duluth	14.40m
7	Ali Clifford	FR Wis.-River Falls	11.98m
8	Abby Biniek	FR Wis.-River Falls	10.59m
9	Katie Haase	SR Wis.-River Falls	13.59m
10	Justine Carsrud	FR Minnesota-Duluth	13.14m
11	Lauren Rott	FR St. Thomas (Minn	11.78m
12	Svea Smestad	JR Minnesota-Duluth	12.43m

Flight 2 Finals

1	Isabelle Schmidt	NA Unat-Minnesota	15.60m
2	Bodine Degli-Umberti	SR South Alabama	19.09m
3	Emma Potratz	JR St. Thomas (Minn	15.40m
4	Hadley Streit	FR Minnesota	18.18m
5	Alexis Mohlin	SR St. Thomas (Minn	14.86m
6	Shelby Frank	JR Minnesota	23.06m
7	Kayce Gielski	SR Minnesota-Duluth	16.70m
8	Hailey Shimon	JR St. Thomas (Minn	17.07m
9	Annie Nabwe	FR Minnesota	21.90m
10	Ella Pavlovich	FR Minnesota	16.56m

Event 2 Men 60 Meter Dash

9 Advance: Top 1 Each Heat plus Next 4 Best Times

Saturday 1/27/2024 - 12:20 PM

Fieldhouse: 6.59 2009 Kendall Stevens, Unattached

Meet: 6.60 1/29/2022 Brandon Carnes, Unattached

Name	Year School	Seed relim Time
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Heat 1 Prelims

1	Christian Doumbia	SO Wis.-River Falls	7.13
2	Remington Converse	FR Iowa Central CC	7.14
3	Amos Sieh	FR Iowa Central CC	7.46
4	Will Heydt	SO Minnesota-Duluth	NT
5	Gary Afram	NA Unat-Minnesota	6.87
6	Luke Trochlil	SO Wis.-River Falls	7.44
7	Dante White	NA Unat-Minnesota	6.85
8	Jeancarlo Barquinero	FR Iowa Central CC	NT

Heat 2 Prelims

1	Brayden Brakke	FR Minnesota-Duluth	7.16
2	Youssef Hamed	FR Iowa Central CC	6.76
3	Peyton Sanders	FR Iowa Central CC	7.38
4	Jake Fier	FR Minnesota-Duluth	NT
5	Will DiSessa	FR St. Thomas (Minn	7.12
6	Benjamin VanWyk	SO North Central (M	NT
7	Tramere Cornelius	FR Iowa Central CC	6.91
8	Landon Deneen	FR Unattached	7.60

Heat 3 Prelims

1	Paul Akintade	Unattached	7.18
2	Donovan Cephus	FR Iowa Central CC	NT
3	Zion Campbell	SO Iowa Central CC	6.67
4	Odel Daugherty	FR Iowa Central CC	7.68
5	Ronnie Major	FR Iowa Central CC	NT
6	Mitchell Piehl	SO St. Thomas (Minn	6.99
7	Isaiah O'Connor	SO Wis.-River Falls	7.12
8	Trever Jensen	JR Wis.-River Falls	7.35

Heat 4 Prelims

1	Brandon Carnes	Asics	6.53
2	Sam Duffing	JR St. Thomas (Minn	NT
3	Cole Brisbois	SO Minnesota-Duluth	7.01
4	Vincenzo Miller	FR St. Thomas (Minn	NT
5	Ryan Schwiderson	Copper Country T	7.27
6	Jayson Koel	FR St. Thomas (Minn	7.34
7	Caleb Royal	JR Wis.-River Falls	7.71
8	Nicholas Westphal	JR Minnesota-Duluth	7.11

Heat 5 Prelims

1	Isaiah Hopf	JR St. Thomas (Minn	7.03
2	Joseph Kwong	JR North Central (M	8.32
3	Chayton Ewurs	FR Iowa Central CC	7.84
4	Jeremy Brown	FR Iowa Central CC	NT
5	Miles Reed	FR Iowa Central CC	NT
6	Jacob Gilbertson	FR St. Thomas (Minn	7.34
7	Trey Hovde	JR Wis.-River Falls	7.34
8	Brody Stewart	Copper Country T	6.40
9	Andrew McCall	FR Iowa Central CC	7.10

Event 4 Men 200 Meter Dash

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Saturday 1/27/2024 - 2:55 PM

Fieldhouse: 21.34 2002 Renwood Wells, Unattached

Meet: 21.39 1/21/2011 Justin Austin, Iowa

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

2	Donovan Cephus	FR Iowa Central CC	NT
3	Jeancarlo Barquinero	FR Iowa Central CC	NT
4	Stephen Sydnor	FR Iowa Central CC	22.65
5	Youssef Hamed	FR Iowa Central CC	22.18
6	Ryan Schwiderson	Copper Country T	22.00

Section 2 Timed Finals

2	Benjamin VanWyk	SO North Central (M	NT
3	Odel Daugherty	FR Iowa Central CC	NT
4	Peyton Sanders	FR Iowa Central CC	22.92
5	Cole Brisbois	SO Minnesota-Duluth	22.90
6	Tramere Cornelius	FR Iowa Central CC	22.80

Section 3 Timed Finals

2	Wyatt Abts	FR North Central (M	NT
3	Alec Wyman	FR Iowa Central CC	NT
4	Brody Stewart	Copper Country T	23.50
5	Remington Converse	FR Iowa Central CC	23.23
6	Nicholas Westphal	JR Minnesota-Duluth	23.11

Section 4 Timed Finals

2	Ja'Corey Jazzmere	FR North Central (M	NT
3	Joseph Kwong	JR North Central (M	27.83
4	Caston Frank	FR Iowa Central CC	23.92
5	Jacob Gilbertson	FR St. Thomas (Minn	23.80
6	Andrew McCall	FR Iowa Central CC	23.56

Section 5 Timed Finals

2	Zion Campbell	SO Iowa Central CC	NT
3	Chayton Ewurs	FR Iowa Central CC	25.06
4	Amos Sieh	FR Iowa Central CC	24.49
5	Abraham Ochalla	FR Iowa Central CC	24.12
6	Ian McKowen	FR Minnesota-Duluth	23.92

Event 45 Men 300 Meter Dash

Saturday 1/27/2024 - 2:25 PM

Fieldhouse: 34.03 12/9/2022 Devin Augustine, UNAT-Minnesota

Meet: 34.28 1/28/2023 Devin Augustine, UNAT-Minneso

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

4 Mitchell Piehl	SO	St. Thomas (Minn	34.55	
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5 Jaydon Antoine	NA	Unat-Minnesota	34.10	
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6 Devin Augustine	NA	Unat-Minnesota	34.03	
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Section 2 Timed Finals

3 Alec Wyman	FR	Iowa Central CC	NT	
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4 Miles Reed	FR	Iowa Central CC	NT	
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5 Sam Duffing	JR	St. Thomas (Minn	36.50	
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6 Jayson Koel	FR	St. Thomas (Minn	36.75	
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Event 6 Men 400 Meter Dash

Saturday 1/27/2024 - 1:50 PM

Fieldhouse: 46.67 2010 Thomas Murdaugh, Ohio State

Meet: 47.80 1/22/2011 Patrick Richards, Iowa

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

3 David Palmer		Unattached	50.00	
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4 Calvin Bream	JR	St. Thomas (Minn	49.85	
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5 Joseph Manser	NA	Minnesota	49.81	
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6 Ahmed Khadar	NA	Unat-Minnesota	49.57	
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Section 2 Timed Finals

3 Bereket Loer	SR	Minnesota-Duluth	50.50	
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4 Alexander Croston	JR	Minnesota-Duluth	50.50	
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5 Brady Johnson	FR	Minnesota-Duluth	50.00	
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6 Ted Rogers	SR	Minnesota-Duluth	50.50	
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Section 3 Timed Finals

3 Caston Frank	FR	Iowa Central CC	NT	
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4 Ja'Corey Jazzmere	FR	North Central (M	NT	
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5 Isaac Weiers	JR	North Central (M	NT	
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6 Matt Boche	JR	Wis.-River Falls	54.00	
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Event 8 Men 600 Meter Run

Saturday 1/27/2024 - 2:40 PM

Fieldhouse: 1:16.38 2012 Harun Abda, Minnesota

Meet: 1:16.38 1/21/2012 Harun Abda, Minnesota

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

3 Mitchell Warmington	JR	St. Thomas (Minn	1:28.00	
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4 Mikey Kvaal	JR	Minnesota-Duluth	1:24.00	
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5 Dylan Wachter	SR	Wis.-River Falls	1:23.86	
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6 Ramy Ayoub	NA	Unat-Minnesota	1:20.88	
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Section 2 Timed Finals

3 Wyatt Johnson	FR	Wis.-River Falls	NT	
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4 Luke Lenz	SO	Wis.-River Falls	1:30.76	
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5 Myles Rasmussen	FR	Wis.-River Falls	1:30.00	
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6 Magnus Korstad	SO	Wis.-River Falls	1:30.00	
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Event 10 Men 800 Meter Run

Saturday 1/27/2024 - 2:10 PM

Fieldhouse: 1:49.68 2013 Harun Abda, Minnesota

Meet: 1:49.90 1/21/2012 David Pachuta, Minnesota

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

1	Eli Hoeft	NA Unat-Minnesota	1:53.00
2	Leo Goodman	NA Unat-Minnesota	1:53.80
3	Daniel VanAcker	NA Unat-Minnesota	1:54.00
4	Logan Munson	SO Wis.-River Falls	1:54.09
5	Finn Youberg	JR Minnesota-Duluth	1:54.53
6	Owen Lindseth	NA Unat-Minnesota	1:55.00
7	Owen Dickenson	JR Minnesota-Duluth	1:55.73
8	Jordan Gruenes	SR Minnesota-Duluth	1:56.34
9	Samuel Gausmann	SO St. Thomas (Minn	1:57.00

Section 2 Timed Finals

1	Nathan Amundson	FR Minnesota-Duluth	2:00.92
2	Derek Kreier	FR Wis.-River Falls	2:05.00
3	Cory Pfeifer	JR Wis.-River Falls	2:10.00
4	Luke Lenz	SO Wis.-River Falls	2:11.79
5	Wyatt Johnson	FR Wis.-River Falls	NT

Event 14 Men 1 Mile Run

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Saturday 1/27/2024 - 12:50 PM

Fieldhouse: 4:02.30 1977

Mike Slack, Unattached

Meet: 4:03.47 2007

Brad Lowery, Team USA Minn

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

1	josh jarpey	Unattached	4:11.60
2	Adam Lueth	FR St. Thomas (Minn	4:16.00
3	Samuel Fish	NA Unat-Minnesota	4:18.00
4	Emmett Gerres	NA Unat-Minnesota	4:18.00
5	Stephen Loparo	Copper Country T	4:20.00
6	Ethan Starfield	FR St. Thomas (Minn	4:24.22
7	Joe McNeil	FR St. Thomas (Minn	4:26.34
8	Tyler Merrell	JR Unattached	4:28.00
9	Derek Kreier	FR Wis.-River Falls	4:35.00
10	George Edgar	FR St. Thomas (Minn	4:39.24

Section 2 Timed Finals

1	Sam Peters	JR Wis.-River Falls	4:42.51
2	Jordan Opsahl	SO Wis.-River Falls	4:44.53
3	Myles Rasmussen	FR Wis.-River Falls	4:45.85
4	Cory Pfeifer	JR Wis.-River Falls	4:49.86
5	Magnus Korstad	SO Wis.-River Falls	4:55.33
6	Mason Foster	FR Wis.-River Falls	4:56.69
7	Willow Mauel	FR Wis.-River Falls	5:02.09
8	Drew Schutte	FR Wis.-River Falls	5:03.41
9	Michael Herr-Zielke	JR North Central (M	5:24.28
10	Matthew Holstad	SO North Central (M	NT
11	David Bjorge	FR North Central (M	NT

Event 17 Men 3000 Meter Run

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Saturday 1/27/2024 - 3:20 PM

Fieldhouse: 7:56.40 1977

Gary Bjorklund, Unattached

Meet: 8:00.66 1/24/2009

Chris Rombough, Minnesota

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

1	Caden Nordberg	SO St. Thomas (Minn	8:28.00
2	Tony Weeks	JR St. Thomas (Minn	8:30.00
3	Max Westerlund	FR St. Thomas (Minn	8:30.00
4	Jon Roux	SO St. Thomas (Minn	8:30.00
5	Sean McNiesh	SO St. Thomas (Minn	8:30.00
6	Colton Halla	SR St. Thomas (Minn	8:30.00
7	Charles Caven	JR St. Thomas (Minn	8:30.00
8	Harris Anderson	JR St. Thomas (Minn	8:50.00

9	Charlie Power-Theisen	FR St. Thomas (Minn	8:50.00
10	Adam McCollor	SR Unattached	8:54.05
11	Nathaniel Brandt	SO Minnesota-Duluth	9:34.40
12	Garrett Converse	SO North Central (M	NT

Event 21 Men 60 Meter Hurdles

Saturday 1/27/2024 - 1:20 PM

Fieldhouse: 7.74 1/31/2015 Myles Hunter, Minnesota State

Meet: 7.74 1/31/2015 Myles Hunter, Minnesota State

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

3	Ian McKowen	FR Minnesota-Duluth	8.99
4	Jack Rosner	JR Unattached	8.18
5	Michael Buchanan	NA Unat-Minnesota	7.86
6	Christian Martin	NA Unat-Minnesota	7.92
7	Sam Blomberg	SO Minnesota-Duluth	8.70

Event 23 Men 4x400 Meter Relay

Saturday 1/27/2024 - 3:40 PM

Fieldhouse: 3:11.18 2010 Ohio State, Ohio State

Rock, Smith, Toshner, Wittleder

Meet: 3:12.65 1/22/2011 Iowa, Iowa

School	Seed	Finals
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Section 1 Timed Finals

2	Minnesota-Duluth 'B'	3:38.00
1)	Finn Youberg JR	2) Mikey Kvaal JR
3)	Nathan Amundson FR	4) Jordan Gruenes SR
3	Wis.-River Falls 'A'	3:33.18
1)	Christian Dombia SO	2) Logan Munson SO
3)	Dylan Wachter SR	4) Trever Jensen JR
4	Minnesota-Duluth 'A'	3:23.00
1)	Ted Rogers SR	2) Bereket Loer SR
3)	Alexander Croston JR	4) Brady Johnson FR
5	Minnesota 'A'	3:10.00
1)	Ahmed Khadar NA	2) Jaydon Antoine NA
3)	Ramy Ayoub NA	4) Devin Augustine NA
6	Minnesota 'B'	3:10.00
1)	Joseph Manser NA	2) Christian Martin NA
3)	Kashief King NA	4) Brett Ringer NA

Section 2 Timed Finals

4	Wis.-River Falls 'C'	4:00.00
1)	Joel Alexander SR	2) Caleb Royal JR
3)	Yaih Marial SO	4) Joe Stauffer SR
5	Wis.-River Falls 'D'	4:00.00
1)	Luke Trochlil SO	2) Magnus Korstad SO
3)	Zane Habisch FR	4) Jaren Spridco FR
6	Wis.-River Falls 'B'	3:45.00
1)	Isaiah O'Connor SO	2) Myles Rasmussen FR
3)	Luke Lenz SO	4) Trey Hovde JR

Event 25 Men High Jump

Saturday 1/27/2024 - 2:00 PM

Fieldhouse: 2.30m 1999 Staffan Strand, Minnesota

Meet: 2.24m 2006 Jim Dilling, Mankato

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Michael Herr-Zielke	JR North Central (M	1.55m
2	Zane Habisch	FR Wis.-River Falls	1.80m
3	Garrison Murray	SO Iowa Central CC	1.85m

4	Isaac Weiers	JR North Central (M	1.90m
5	Luke Oberleitner	JR Minnesota-Duluth	1.95m
6	Grady Clem	SR St. Thomas (Minn	1.98m
7	Jaden Johnson	SO Minnesota-Duluth	1.99m
8	Sione Lotu Fifita	FR Iowa Central CC	2.00m
9	Christian Beamer	SR Unattached	2.07m
10	Yaih Marial	SO Wis.-River Falls	2.08m

Event 27 Men Pole Vault Championship

Saturday 1/27/2024 - 2:00 PM

Fieldhouse: 5.72m 1/27/2018 Chris Nilsen, South Dakota

Meet: 5.72m 1/27/2018 Chris Nilsen, South Dakota

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1	Kyle Rademeyer	SR South Alabama		NH	
2	Blake Johnson	SO Wis.-River Falls		3.81m	
3	Cole Darling	FR Wis.-River Falls		3.81m	
4	Joel Alexander	SR Wis.-River Falls		4.01m	
5	Baden Bastian	SO Minnesota-Duluth		4.02m	
6	Joe Stauffer	SR Wis.-River Falls		4.36m	
7	Jesse Henderson	Copper Country T		4.70m	
8	Jak Urlacher	NA Unat-Minnesota		5.20m	

Event 30 Men Long Jump

Saturday 1/27/2024 - 12:00 PM

Fieldhouse: 7.75m 1994 Tyrone Minor, Unattached

Meet: 7.56m 1/28/2023 Waukeem Walters, Iowa Central

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1	Isaiah Hopf	JR St. Thomas (Minn		6.97m	
2	Will Heydt	SO Minnesota-Duluth		6.88m	
3	Adreian Roper	SO Iowa Central CC		6.70m	
4	Peyton Sanders	FR Iowa Central CC		6.19m	
5	Isaac Weiers	JR North Central (M		6.13m	
6	Alex VanGundy	JR Wis.-River Falls		6.50m	
7	Abraham Ochalla	FR Iowa Central CC		6.11m	
8	Stephen Sydnor	FR Iowa Central CC		6.89m	
9	Jaren Spridco	FR Wis.-River Falls		5.86m	
10	Ronnie Major	FR Iowa Central CC		6.38m	
11	Trey Hovde	JR Wis.-River Falls		5.67m	
12	Waukeem Walters	SO Iowa Central CC		7.11m	
13	Jake Fier	FR Minnesota-Duluth		6.36m	

Event 33 Men Triple Jump

Saturday 1/27/2024 - 2:00 PM

Fieldhouse: 16.13m 1994 Keita Cline, Minnesota

Meet: 15.68m 1/29/2022 Floyd Whitaker, UNAT-Minnesota

Name	Year	School	Seed	Mark	Finals
Flight 1 Finals					
1	Paul Akintade	Unattached		14.30m	
2	Jaren Spridco	FR Wis.-River Falls		11.59m	
3	Joel Alexander	SR Wis.-River Falls		12.92m	
4	Jayson Simmons	FR Iowa Central CC		12.80m	
5	Will DiSessa	FR St. Thomas (Minn		13.86m	
6	Jeremy Brown	FR Iowa Central CC		13.20m	
7	Adreian Roper	SO Iowa Central CC		14.04m	
8	Zane Habisch	FR Wis.-River Falls		12.54m	

Event 35 Men Shot Put

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Saturday 1/27/2024 - 12:00 PM

Fieldhouse: 21.01m 2/1/2020 Payton Otterdahl, Nike

Meet: 21.01m 2/1/2020 Payton Otterdahl, Nike

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Connor Kostynick	SO	Minnesota-Duluth	13.28m	
2	Jackson Weston	SO	Minnesota-Duluth	15.97m	
3	Dylan Kaiser	FR	Wis.-River Falls	10.46m	
4	Tony Nelson	NA	Unat-Minnesota	17.00m	
5	Jordan Dunigan	NA	Unat-Minnesota	15.22m	
6	Trever Schirmer	FR	St. Thomas (Minn	12.93m	
7	Carter Hughes	NA	Unat-Minnesota	16.87m	
8	Colton Kostynick	SR	Minnesota-Duluth	16.62m	
9	Shane Aberg	JR	St. Thomas (Minn	13.47m	
10	Isaiah Schafer	NA	Unat-Minnesota	19.79m	
11	Eli Bicek	SR	Minnesota-Duluth	16.66m	
12	Brady Sindelir	JR	Wis.-River Falls	14.62m	

Event 39 Men Weight Throw

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Saturday 1/27/2024 - 3:00 PM

Fieldhouse: 23.22m 12/8/2023 Kostas Zaltos, Unattached

Meet: 23.03m 1/28/2017 Sean Donnelly, Unattached

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Connor Kostynick	SO	Minnesota-Duluth	14.00m	
2	Jackson Weston	SO	Minnesota-Duluth	16.93m	
3	Eli Bicek	SR	Minnesota-Duluth	17.96m	
4	Colton Kostynick	SR	Minnesota-Duluth	17.18m	
5	Kostas Zaltos	NA	Unat-Minnesota	23.22m	
6	Trever Schirmer	FR	St. Thomas (Minn	14.29m	
7	Rob Bergstrom-Luoma	JR	Wis.-River Falls	13.14m	
8	Carter Hughes	NA	Unat-Minnesota	18.84m	
9	Isaiah Schafer	NA	Unat-Minnesota	20.16m	
10	Dylan Kaiser	FR	Wis.-River Falls	10.97m	
11	Walker Whalen		Unattached	18.98m	
12	Jordan Dunigan	NA	Unat-Minnesota	16.34m	
13	Angelos Mantzouranis	NA	Unat-Minnesota	22.31m	
14	Shane Aberg	JR	St. Thomas (Minn	14.35m	

Event 43 Heptathlon: #7 Men 1000 Meter Run

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Saturday 1/27/2024 - 2:45 PM

Fieldhouse: 2:42.22 2010 Dan Rolling, Iowa

Meet: 2:41.30 2010 Ted Rud, NDSU

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

1	Grayson Spronk	FR	St. Thomas (Minn	NT	
2	Charlie Theis	JR	Wis.-River Falls	NT	
3	Jack Rosner	JR	Unattached	NT	
4	Nate Raddatz	JR	St. Thomas (Minn	NT	
5	Cooper Spurgeon	FR	Iowa Central CC	NT	
6	Jacob Balcome	FR	Wis.-River Falls	NT	
7	Henry Skinner	FR	St. Thomas (Minn	NT	

Event 43 Heptathlon: #5 Men 60 Meter Hurdles

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Saturday 1/27/2024 - 10:00 AM

Fieldhouse: 7.84 2004 Nick Lagos, Unattached

Meet: 8.08 1/27/2023 Austin Wallace, Milwaukee

Name	Year	School	Seed	Finals
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Section 1 Timed Finals

2	Jack Rosner	JR Unattached	NT
4	Grayson Spronk	FR St. Thomas (Minn	NT
6	Henry Skinner	FR St. Thomas (Minn	NT
8	Nate Raddatz	JR St. Thomas (Minn	NT

Section 2 Timed Finals

2	Jacob Balcome	FR Wis.-River Falls	NT
4	Cooper Spurgeon	FR Iowa Central CC	NT
6	Charlie Theis	JR Wis.-River Falls	NT

Event 43 Heptathlon: #6 Men Pole Vault

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Saturday 1/27/2024 - 10:30 AM

Fieldhouse: 5.26m 2010 Brock Spandl, Minnesota

Meet: 5.20m 1/31/2020 Benjamin Ose, Minnesota

Name	Year	School	Seed	Mark	Finals
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Flight 1 Finals

1	Nate Raddatz	JR St. Thomas (Minn	NH
2	Charlie Theis	JR Wis.-River Falls	NH
3	Grayson Spronk	FR St. Thomas (Minn	NH
4	Jacob Balcome	FR Wis.-River Falls	NH
5	Henry Skinner	FR St. Thomas (Minn	NH
6	Cooper Spurgeon	FR Iowa Central CC	NH
7	Jack Rosner	JR Unattached	NH