



NC STATE TRACK & FIELD
2023-24 RECORD BOOK



ALL-TIME PROGRAM RECORDS

MEN'S

ATHLETE(S)	MARK	YEAR	OUTDOOR EVENT
Alvis Whitted	10.02	1996	100m
Kevin Braunskill	19.9(h)	1990	200m
Tyrone Dozier	45.74	2000	400m
Zach Hughes	1:49.12	2022	800m
Ryan Hill	3:38.36	2012	1,500m
Ryan Hill	3:56.78	2012	1 Mile
Bob Henes	7:55.81	1990	3,000m
Ian Shanklin	13:23.48	2021	5,000m
Chad Pearson	28:37.95	2004	10,000m
Cam Murray	13.39	2023	110/100m Hurdles
Ron Foreman	50.10	1980	400m Hurdles
Bakri Abushouk	6:01.27	2015	2,000m Steeplechase
Andy Smith	8:29.66	2005	3,000m Steeplechase
Bryant, Frazier, Brooks, Braunskill	39.07	1989	4x100m Relay
Taylor, Fields, Grell, Braunskill	3:05.86	1990	4x400m Relay
Omarr Dixon	7' 6"	1996	High Jump
Neil Chance	26' 11"	1993	Long Jump
Michael Patton	53' 11.5"	1987	Triple Jump
Mitchell Pope	65' 5"	2007	Shot Put
James Rowell	190' 7"	2004	Discus Throw
Joshua Davis	218' 9"	2017	Hammer Throw
Eric Schoenborn / Chris Corcoran	215' 10"	1990 / 1991	Javelin Throw
Jason Johnson	17' 7"	1997	Pole Vault
Fidelus Obikwu	7,726	1983	Decathlon - Heptathlon

WOMEN'S

ATHLETE(S)	MARK	YEAR
Gabriele Cunningham	11.21	2018
McKenzie Long	23.00	2022
Jada Griffin	52.27	2022
Kenyetta Iyevbele	2:02.43	2015
Katelyn Tuohy	4:06.84	2022
Jemissa Hess	4:37.39	2006
Betty Springs	8:59.79	1983
Katelyn Tuohy	15:03.12	2023
Allie Hays	32:21.13	2023
Ebony Foster	12.81	2004
Tammy Streater	58.52	1994
Olivia Enright	7:00.71	2015
Hannah Steelman	9:43.08	2021
Pate, Wright, Long, Cunningham	44.11	2019
Patillo, Pate, Postell, Griffin	3:40.11	2018
Yvonne Heinrich	6' 0"	1981
Alexis Perry	21' 6.75"	2016
Sherlane Armstrong	44' 0.5"	1998
Tremanshia Taylor	57' 9"	2014
SeQuoia Watkins	180' 4"	2014
Makala Wright	191'0.00"	2023
Katie Horne	147'6.00"	2023
Katie Bolac	13' 1.5"	2002
Timara Chapman	5,746	2023

ATHLETE(S)	MARK	YEAR	INDOOR EVENT
Alvis Whitted	6.00	1994	55m
Cam Murray	7.62	2023	60m
Kevin Braunskill	20.75	1991	200m
Shannon Patterson	34.11	2017	300m
Tyrone Dozier	46.15	2000	400m
Brian Davis	1:04.49	2015	500m
Kyle Durham	1:19.48	2022	600m
Zach Hughes	1:49.55	2023	800m
Tim Bason	2:24.71	2020	1,000m
Ryan Hill	3:54.89	2013	1 Mile
Ryan Hill	7:43.08	2012	3,000m
Ian Shanklin	13:29.61	2023	5,000m
Terry Reese	7.17	1988	55m Hurdles
Cameron Murray	7.62	2023	60m Hurdles
Hoffmann, Kelly, Krehnbrink, Patterson	3:10.85	2018	4x400m Relay
Toomey, Branker, Hughes, Gardner	9:35.82	2024	Distance Medley Relay
Kris Kornegay-Gober	7' 4.25"	2012	High Jump
Jonathan Addison	26' 9.75"	2016	Long Jump
Tyrell Taitt	54' 6.5"	1993	Triple Jump
Mitchell Pope	64' 8.75"	2007	Shot Put
Joshua Davis	78' 2.25"	2018	Weight Throw
Jason Johnson	17' 2.75"	1994	Pole Vault
Grant Rivers	5,131	2017	Heptathlon - Pentathlon

ATHLETE(S)	MARK	YEAR
Joya Rodgers	6.93	2007
Gabriele Cunningham	7.23	2019
Gabriele Cunningham	23.67	2019
Jada Griffin	38.29	2022
Ariah Graham	54.77	2013
Renae Robinson	1:16.31	1999
Angelina Napoleon	1:33.78	2024
Angelina Napoleon	2:06.70	2024
Sam Bush	2:43.30	2022
Katelyn Tuohy	4:24.26	2023
Katelyn Tuohy	8:35.20	2023
Katelyn Tuohy	15:15.92	2022
Nasheena Quick	8.25	2004
Gabriele Cunningham	8.05	2018
Long, Griffin, Cunningham, Postell	3:44.51	2019
Shaw, Lewis, Bush, Tuohy	10:52.16	2023
Y. Heinrich/Q. Floyd/K. Pace	6' 0"	1981/1996/2000
Karimah Shepherd	21' 2"	2013
Sherlane Armstrong	44' 0.5"	1998
Lauren Evans	55'3.75"	2014
Nicole Chavis	71' 10.75"	2016
Katie Bolac	12' 5.5"	2002
Timara Chapman	4094	2023

MARKS IN BOLD WERE ACHIEVED IN THE 2023-24 SEASON



ALL-TIME TOP 10: MEN'S INDOOR

60 Meters

Cravont Charleston	6.54	2019
A'Tolani Akinkuotu	6.60	2010
T.J. Graham	6.61	2011
Alex Lang	6.61	2023
Nyheim Hines	6.71	2017
Cameron Murray	6.74	2023
J Johnson	6.74	2018
Dexter Adams	6.75	2008
Jonathan Addison	6.75	2015
Kevin Braunskill	6.75	1990

60-Meter Hurdles

Cameron Murray	7.62	2023
Josh Brockman	7.69	2023
Jason Perry	7.79	1998
Butch McClelland	7.90	1999
William Taylor-Hanes	8.10	2014
Belgie McClelland	8.17	1997
Joshua Gandy	8.20	2016
Dorian Williams	8.22	2016
Aahmese King	8.38	2001
Timothy Majors	8.39	2010

200m

Kevin Braunskill	20.75	1991
T.J. Graham	20.79	2011
Dylan Peebles	20.87	2018
Danny Peebles	20.89	1988
Cravont Charleston	20.91	2020
Shannon Patterson	21.06	2018
Quashawn Cunningham	21.12	2017
Ben Major	21.13	2010
Alvis Whitted	21.20	1995
Junpai Dowdy	21.35	2021

400m

Tyrone Dozier	46.15	2000
Monterrio Adams	47.39	2004
Derrick High	47.44	2002
Will Krehnbrink	47.56	2016
Junpai Dowdy	47.65	2020
David Fields	48.01	1994
Kevin Hutton	48.04	2007
Derrick High	48.04	2003
Abdur Rahmaan Kelly	48.19	2018
Brian Davis	48.62	2013

800m

Zach Hughes	1:49.55	2023
Kyle Durham	1:50.46	2021
Jake Toomey	1:51.24	2022
Abdur Rahmaan-Kelly	1:51.41	2017
Ares Epps	1:51.49	2021
Clay Jones	1:51.71	2015
Jonathan Knight	1:51.89	2016
Nelson Solorzano	1:52.11	1991
Tim Bason	1:52.21	2020
Vibushan Sivakumaran	1:52.17	2015

Mile

Ryan Hill	3:54.89	2013
Brett Gardner	3:58.15	2023
Gavin Gaynor	4:00.22	2022
Graham Crawford	4:00.56	2014
Ian Harrison	4:01.09	2023
Tony Riley	4:02.44	1993
Brendan Rodgers	4:02.75	1999
Chris Kollar	4:02.76	2008
Travis Koekemoer	4:04.23	2023
Brian Himelright	4:04.33	2012

3,000m

Ryan Hill	7:43.08	2012
Luis Vargas	7:54.26	2016
Ian Harrison	7:55.35	2023
Graham Crawford	7:55.89	2015
Bob Henes	7:55.91	1991
Ian Shanklin	7:56.82	2023
Chris Dugan	7:58.49	2000
Andrew Colley	7:58.87	2014
John Martinez	8:00.76	2009
Todd Lopeman	8:00.84	1992

5,000m

Ian Shanklin	13:29.61	2023
Ian Harrison	13:35.71	2023
David Vorbach	13:42.68	2023
Ryan Hill	13:43.52	2013
Luis Vargas	13:47.00	2016
JP Flavin	13:47.67	2021
Sam Parsons	13:52.26	2017
David Patterson	13:56.54	2003
Chad Pearson	13:59.28	2004
Pat Joyce	14:01.26	1998

4x400

Patterson, Kelly, S. Krehnbrink, Peebles	3:10.85	2018
Dowdy, Kelly, S. Krehnbrink, Peebles	3:13.39	2017
Fretz, Major, Graham, Walker	3:13.39	2011
Murray, Fretz, Major, Walker	3:13.70	2011
Davis, W. Krehnbrink, S. Krehnbrink, Patterson	3:14.53	2016
Charleston, Kelly, Krehnbrink, Peebles	3:14.66	2018
Charleston, Johnson, Kelly, Peebles	3:14.71	2018
Cunningham, Patterson, Peebles, S. Krehnbrink	3:14.78	2017
Hoffmann, Krehnbrink, Patterson, Peebles	3:14.95	2018
Cunningham, Patterson, B. Davis, Krehnbrink	3:15.03	2016

Charleston, Kelly, Krehnbrink, Peebles	3:14.66	2018
Charleston, Johnson, Kelly, Peebles	3:14.71	2018
Cunningham, Patterson, Peebles, S. Krehnbrink	3:14.78	2017
Hoffmann, Krehnbrink, Patterson, Peebles	3:14.95	2018
Cunningham, Patterson, B. Davis, Krehnbrink	3:15.03	2016

DMR

Toomey, Branker, Hughes, Gardner 9:35.82 2024

Branker, Hughes, Larson, Toomey 9:37.96 2024

Gardner, Durham, Hughes, Gaynor	9:38.27	2022
Hall, Simon, Patterson, Vargas	9:39.01	2016
Moldovan, Fretz, Sivakumaran, Hill	9:40.05	2012
Pons, Whitted, Rodgers, Howell	9:42.02	1998
Henken, Walker, Dame, Hill	9:43.31	2011
Long, Foreman, Mantini, Francis	9:43.93	1981
Baldwin, Dowdy, Kelly, Hanson	9:45.32	2017
Toomey, Durham, Hughes, Gardner	9:45.51	2023
Bason, Bistriz, Hall, Kelly	9:45.69	2018
Milder, Sivakumaran, Davis, Crawford	9:48.27	2015

High Jump

Kris Kornegay-Gober	7' 4.25"	2013
Kevin Elliott	7' 3.00"	1984
Mike Ripberger	7' 3.00"	1984
Jesse Williams	7' 3.00"	2003
Lee Shuler	7' 2.50"	1978
Kevin Ankrom	7' 2.50"	1991
Omar Dixon	7' 1.50"	1995
Sean Garland	7' 1.00"	1992
Christopher Garrick	7' 0.50"	2017
Kyzaiah Stone	7'0.50"	2023

Long Jump

Jonathan Addison	26'9.75"	2016
Von Douglas	26'6.25"	2022
Neil Chance	26' 3.50"	1993
Dexter Adams	26' 0.25"	2008
Jake Howard	25' 4.00"	1985
Chris Alexander	25'2.5"	2020
Tyrell Tait	25' 2.50"	1993
Jamar Davis	25'2.00"	2022
Frank Bailey	25' 0.75"	1992
Chuckie Simmons	25' 0.00"	1990

Triple Jump

Tyrell Tait	54' 6.50"	1993
Michael Patton	54' 5.50"	1988
William Turner	53'11.00"	1987
Emmanuel Barnes	53' 1.50"	1993
Chris Alexander	53'0"	2022
Jamar Davis	52'6.5"	2019
Ladi Oluwole	52' 1.00"	1984
Chris Alexander	51' 8.50"	2021
Arnold Bell	51' 8.00"	1982

Dennis Ivory	51' 7.50"	1978
Ruben Malone	50' 11.00"	2012

Pole Vault

Jason Johnson	17' 2.75"	1994
Zack Whitlow	16' 8.75"	2000
Alvin Charleston	16' 3.00"	1982
David Kessler	16' 2.75"	1999
Jason Johnson	16' 2.75"	1995
Steve Taylor	16' 0.75"	2004
Eric Hoverstad	15' 9.50"	2005
Mike Shankle	15' 6.00"	1978
David Kessler	15' 3.00"	2002
Tito Chinyavong	15' 1.00"	1995

Shot Put

Mitchell Pope	64' 8.75"	2007
Bob Medlin	62' 1.00"	1976
Jason Jones	59' 5.50"	2010
Tyson Fortenberry	57'4.75"	2019
Chris Crawford	56' 5.25"	2007
Jule Rich	55' 7.00"	2014
John Patterson	54' 11.25"	1998
Darwin Walker	54' 9.50"	1996
Lance Penegar	51'11.75"	2022
Isaiah Oglesby	51' 9.75"	2000
Jeff Pflumbaum	51' 9.25"	1997

Weight Throw

Joshua Davis	78' 2.25"	2018
Isaiah Oglesby	68' 3.75"	2001
James Rowell	67' 10.50"	2003
Jule Rich	65' 11.75"	2015
John Patterson	64' 5.25"	1997
Nathan Lau	64'2.25"	2024
John Williamson	63' 4.75"	1998
James Rowell	62' 1.75"	2001
Tyson Fortenberry	61'11.75"	2020
Grant Pearce	61' 7.50"	2013

Heptathlon

Grant Rivers	5,131	2017
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Non-NCAA Championships Events:

55m

Alvis Whitted	6.00	1994
Kevin Braunskill	6.0(h)	1990
Chuckie Simmons	6.0(h)	1990
Kevin Braunskill	6.17	1991
Danny Peebles	6.18	1987
David Fields	6.20	1994
A'Tolani Akinkuotu	6.20	2007
Reggie Lawrence	6.22	1992
Mike Williams	6.22	1992
Perry Williams	6.22	1983

55 Hurdles

Terry Reese	7.17	1988
Greg Smith	7.24	1982



ALL-TIME TOP 10: MEN'S INDOOR

Auguston Young	7.33	1983
Jason Perry	7.42	1996
Reggie Barnes	7.37	1993
Brent Underwood	7.42	1999
Butch McClelland	7.42	1999
Mike Quick	7.43	1980
Calvin Lanier	7.44	1978
Greg Chandler	7.44	1976

300m

Shannon Patterson	34.11	2017
Ben Major	34.12	2010
Junpai Dowdy	34.70	2021
Alexander Nunley	34.83	2022
Will Krehnbrink	35.00	2015
Shawn Murray	35.09	2010
Alan Alvarez	35.16	2022
J. Johnson Jr.	35.27	2019
Will Hoffman	35.37	2019
Miles Walker	35.41	2011
Sam Krehnbrink	35.52	2017

500m

Brian Davis	1:04.49	2015
David Fields	1:05.30	1993
Abdur Rahmaan Kelly	1:05.32	2015
Garrett Jackson	1:06.12	2010
James Robinson	1:06.18	2011
Austin Jackson	1:06.77	2010
Bernel Hall	1:06.84	1995
Clay Jones	1:07.03	2015
Kevin Blair	1:07.16	1997
Miles Walker	1:07.19	2010

600m

Kyle Durham	1:19.69	2023
Jake Toomey	1:20.15	2024
Abdur Rahmaan Kelly	1:20.92	2015
Adam McGugan	1:21.80	2003
Wesley Larson	1:21.83	2024
Daniel Fretz	1:22.02	2011
James Robinson	1:22.95	2011
Austin Jackson	1:23.03	2010
Wesley Larson	1:23.23	2023
Monterrio Adams	1:23.90	2002

1,000m

Zach Hughes	2:23.28	2023
Tim Bason/ Jake Toomey	2:24.21	2020/24
Ares Epps	2:25.62	2020
Brendan Rodgers	2:25.83	1998
Ian Milder	2:26.02	2015
Kyle Durham	2:26.42	2020
John Wolfe	2:26.52	2013
Miles Ally	2:26.93	2024
Ares Epps	2:27.56	2022
Gavin Gaynor	2:27.89	2019

1,500m

Mike Mantini	3:51.60	1981
Brendan Rodgers	3:57.38	1996
Jose Gonzalez	3:58.74	1996
Ron Tucker	3:59.48	1990
Tony Riley	4:11.52	1996

Mile Relay

Mcintyre, Young, Beltrez, Foreman	3:11.83	1981
Grell, Taylor, Daye, Braunskill	3:12.55	1991
Savage, Daye, Grell, Taylor	3:14.75	1991
Taylor, Daye, Savage, Boyd	3:16.59	1990
Grell, Taylor, Braunskill, Fields	3:19.03	1990
NC State	3:21.49	1999
NC State	3:27.07	1998
Daye, Abrams, Boyd, Jordan	3:28.95	1990
Williams, Henry, Rodriguez, Brookshire	3:34.74	1997
Nelson, Ankrom, Dvork, Halberg	3:35.10	1990

4x200

Williams, Glenn, Hoggard, Howard	1:26.86	1983
Grell, Daye, Taylor, Moore	1:29.23	1991

2 Mile Relay

Thompson, Ackley, Hayes, Wilkins	7:40.0	1971
Long, Mantini, Brown, Dunston	7:43.09	1980
Solorzano, Jordan, Tucker, Abrams	7:45.95	1990
NC State	7:48.76	1995
NC State	7:49.7(h)	1999
Solorzano, Bloodworth, Novitsky, Tuttle	7:49.86	1991
NC State	7:51.32	1998
Pons, Pluchos, Blair, Rogers	7:59.02	1997

4 Mile Relay

Hayes, Ackley, Allen, Wilkins	17:18.4	1971
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4x800

NC State	8:01.10	1998
NC State	8:07.33	1997
NC State	8:11.87	2003
Griggs, Tuttle, D. Williams, Abrams	8:15.85	1992
NC State	8:22.81	2002

***MARKS LISTED IN BOLD WERE
ACHIEVED IN THE 2023-24 SEASON**

ALL-TIME TOP 10: MEN'S OUTDOOR



100m			Andrew Colley 3:44.21 2014			Peter Beltres 51.68 1979			Scott Hill 7' 0.5" 1980		
Alvis Whitted	10.02	1996	3,000m Steeplechase			Scott Grell	51.97	1990	Jason Kimble 7' 0.5" 1994		
Cravont Charleston	10.10	2021	Andy Smith	8:29.66	2005	Teddy Pauling	51.99	1989	Long Jump		
Harvey McSwain	10.18	1985	Chris Dugan	8:34.00	2000	Chris Jenkins	52.65	2022	Neil Chance	26' 11"	1993
Perry Williams	10.24	1987	Jose Gonzalez	8:35.50	1996	4x100			Jonathan Addison	26' 2.75"	2015
Braunskill/C. Murray	10.25	1991/2023	Brett Gardner	8:37.75	2022	Bryant, Frazier, Brooks, Braunskill	39.07	1989	Jake Howard	26' 2.5"	1985
Danny Peebles	10.31	1985	Brian Himelright	8:38.96	2013	Young, Glenn, Peebles, McSwain	39.10	1985	Dexter Adams	25' 9.25"	2008
Reggie Reese	10.31	2008	Meron Simon	8:39.26	2016	Williams, Glenn Hoggard, Nunez	39.11	1982	Cameron Murray	25' 7.5"	2022
Auguston Young	10.33	1984	Gavin Gaynor	8:39.47	1988	Hines, Addison, Patterson, Cunningham	39.11	2016	Von Douglas	25' 1.75"	2022
Quashawn Cunningham	10.33	2016	Ryan Grote	8:43.4(h)	1994	Hines, Charleston, Dowdy, Peebles	39.14	2017	Jamar Davis	25' 0.5"	2022
200m			John Martinez	8:43.70	2010	Young, Glenn, Peebles, McSwain	39.17	1985	Charles Simmons	24' 11.75"	1990
Kevin Braunskill	19.9(h)	1990	Jeff Wenworth	8:46.20	1982	Dowdy, Charleston, Patterson, Cunningham	39.17	2019	Emmanuel Barnes	24' 11"	1995
Alvis Whitted	20.03	1996	Tibor Vegh	8:46.50	2008	Young, Douglas, Dowdy, Alvarez	39.24	2021	Eric Riddick	24' 9.75"	1998
Cravont Charleston	20.16	2021	5,000m			Young, Glenn, Howard, McSwain	39.38	1983	Dee Dee Hoggard	24' 8.75"	1982
Danny Peebles	20.19	1987	Ian Shanklin	13:23.48	2021	Bryant, Braunskill, Brooks, Frazier	39.39	1989	Triple Jump		
Harvey McSwain	20.36	1985	Ryan Hill	13:26.34	2012	4x400			Michael Patton	53' 11.50"	1987
Juan Nunez	20.5(h)	1982	Nate Kawalec	13:39.40	2022	Taylor, Fields, Grell, Braunskill	3:05.86	1990	Ladi Oluwole	53' 10.50"	1983
Shannon Patterson	20.54	2018	Graham Crawford	13:42.55	2016	Taylor, Grell, Daye, Braunskill	3:05.92	1991	Reggie Barnes	52' 6.75"	1995
Alston Glenn	20.6(h)	1982	Andrew Colley	13:44.79	2011	McIntyre, Beltrez, Young, Foreman	3:07.06	1981	Will Turner	52' 6"	1990
Dylan Peebles	20.66	2018	Bob Henes	13:46.93	1991	Adams, Dozier, Graham, High	3:07.18	2002	Emmanuel Barnes	52' 4.50"	1994
Quashawn Cunningham	20.67	2016	Todd Lopeman	13:47.38	1992	Goldsby, Frazier, Peebles, McSwain	3:07.20	1986	Chris Alexander	52' 0.5"	2021
400m			Robinson Snider	13:49.13	2022	Taylor, Grell, Pauling, Merriweather	3:07.76	1989	Arnold Bell	52' 0"	1982
Tyrone Dozier	45.74	2000	Stephen Furst	13:49.19	2008	Paterson, Beltrez, Foreman, McIntyre,	3:08.13	1979	Jamar Davis	51' 5"	2019
Alvis Whitted	45.88	1995	Andy Smith	13:49.84	2004	McIntyre, Jones, Patterson, Foreman,	3:08.34	1980	Simon Ware	51' 0"	1983
Kevin Braunskill	45.99	1991	10,000m			Taylor, Fields, Grell, Braunskill	3:08.36	1990	Pole Vault		
Derrick High	46.16	2002	Chad Pearson	28:37.95	2004	McIntyre, Grell, Daye, Braunskill	3:05.92	1991	Jason Johnson	17' 7"	1997
David Fields	46.49	1990	Sam Parsons	28:43.74	2017	McIntyre, Beltrez, Young, Foreman	3:07.06	1981	Alvin Charleston	16' 9"	1982
Ed McIntyre	46.54	1980	Pat Joyce	28:46.54	1998	Adams, Dozier, Graham, High	3:07.18	2002	Eric Hoverstad	16' 6.75"	2005
Monterrio Adams	46.84	2004	Bob Henes	28:48.37	1991	Goldsby, Frazier, Peebles, McSwain	3:07.20	1986	Zach Whitlow	16' 5.5"	2000
Demetrius Taylor	46.90	1990	Ian Shanklin	28:56.37	2022	Taylor, Grell, Pauling, Merriweather	3:07.76	1989	David Kessler	16' 1.25"	2003
Ron Foreman	47.00	1978	Chris Seaton	28:58.19	2002	Paterson, Beltrez, Foreman, McIntyre,	3:08.13	1979	Justin Farmer	15' 7"	2003
Will Krehnbrink	47.18	2016	Robinson Snider	28:58.99	2022	McIntyre, Jones, Patterson, Foreman,	3:08.34	1980	David Forsythe	15' 6.25"	1979
800m			JP Flavin	28:58.98	2019	Taylor, Fields, Grell, Braunskill	3:08.36	1990	Dave Beshears	15' 6"	1975
Gavin Gaynor	1:48.59	2023	Tibor Vegh	29:00.52	2008	Cunningham, Patterson, Davis, Krehnbrink	3:08.75	2016	Bob Corbett	15' 6"	1976
Zach Hughes	1:49.12	2022	Pat Piper	29:04.37	1988	High Jump			Phillip Moore	15' 6"	1989
Kyle Durham	1:49.52	2022	Andrew Colley	29:11.08	2014	Omarr Dixon	7' 6"	1996	Shot Put		
Gavin Gaynor	1:49.95	2022	110 Hurdles			Jesse Williams	7' 4"	2003	Mitchell Pope	65' 5"	2007
Ron Brown	1:50.0(h)	1977	Cam Murray	13.39	2023	Kevin Ankrom	7' 3.25"	1990	Bob Medlin	65' 4.5"	1977
Vibushan Sivakumaran	1:50.37	2013	Josh Brockman	13.55	2022	Sean Garland	7' 3.25"	1994	Tom Huminik	61' 11"	1989
Abdur-Rahmaan Kelly	1:50.43	2017	Terry Reese	13.60	1988	Ivan Wagner	7' 3.25"	1996	LeBaron Caruthers	61' 10.75"	1976
Kyle Durham	1:50.57	2021	Cameron Murray	13.70	2022	Kyzaiah Stone	7' 0.50"	2023	Joe Hannah	60' 8.75"	1978
Myles Bagley	1:50.4(h)	1975	Mike Quick	13.74	1982	Kris Kornegay-Gober	7' 3"	2012	Wilbert Carter	60' 3.5"	1983
Jake Toomey	1:50.84	2022	Greg Smith	13.74	1982	Mike Ripberger	7' 2.75"	1981	Jason Jones	59' 11.75"	2010
Brendan Rodgers	1:50.86	1999	Jason Perry	13.75	1997	Kevin Elliott	7' 2.5"	1982	Dean Leavitt	59' 9.5"	1980
1,500m			Greg Chandler	13.94	1976	Discus			John Holladay	56' 7.5"	1976
Ryan Hill	3:38.36	2012	Auguston Young	13.96	1984	James Rowell	190' 7"	2004	Ernest Butler	56' 5.5"	1983
Graham Crawford	3:38.49	2015	Butch McClelland	13.96	1999	Nathaniel Williams	189' 1"	2012	Shot Put		
Gavin Gaynor	3:40.05	2023	400 Hurdles			Wilbert Carter	188' 5"	1983	Tom Huminik	61' 11"	1989
Luis Vargas	3:42.67	2016	Ron Foreman	50.10	1980	Dean Leavitt	182' 6"	1980	LeBaron Caruthers	61' 10.75"	1976
Jim Wilkins	3:42.7(h)	1972	Kevin Hutton	50.44	2007	Tom Huminik	180' 7"	1988	Joe Hannah	60' 8.75"	1978
Brendan Rodgers	3:42.76	1999	Izel Jenkins	50.56	1986	Terry Thomas	179' 1"	1987	Wilbert Carter	60' 3.5"	1983
Ian Shaklin	3:43.08	2023	Frank Anderson	50.91	1985	Allan Baginski	177' 3"	1981	Jason Jones	59' 11.75"	2010
Robbie Howell	3:43.15	1998	Pete Bletrez	51.09	1981	Shot Put			Dean Leavitt	59' 9.5"	1980
Brett Gardner	3:43.72	2022	Grant Anderson	51.48	1984	Mitchell Pope	65' 5"	2007	John Holladay	56' 7.5"	1976
Tony Riley	3:43.76	1993	Shot Put			Bob Medlin	65' 4.5"	1977	Ernest Butler	56' 5.5"	1983



ALL-TIME TOP 10: MEN'S OUTDOOR

Julie Rich	176' 1"	2011
Bob Medlin	175' 1"	1977
Jeff Pflaumbaum	173' 10"	1997

Hammer Throw

Joshua Davis	218' 9"	2017
Isaiah Oglesby	208' 1"	2001

Andrew Haberman 203' 2" 2022

John Williamson	197' 11"	1997
Chris Crawford	191' 10"	2007
James Rowell	186' 6"	2003
Mitchell Pope	184' 5"	2007
Julie Rich	183' 11"	2015
Nathaniel Williams	181' 1"	2012
John Patterson	177' 11"	1997

Javelin (new)

Eric Schoenborn	215' 10"	1990
Chris Corcoran	215' 10"	1991
Jay Kanekoa	197' 4"	1996
Brad Richardson	190' 0"	1989
Steve Rowlette	190' 0"	1989
Derek Halberg	185' 4"	1991
Ray Douglas	181' 4"	1992
Grant Rivers	172' 8"	2017
Charles Weinfield	171' 6"	2009
Ryan Furlough	167' 5"	2000

Decathlon

Fidelus Obikwu	7,726	1983
Doug Scott	7,360	1993
Marco Meulink	7,150	1987
Phil Hatcher	7,123	1982
Derek Halberg	6,990	1993
Grant Rivers	6,832	2017
Cordell Smith	6,692	1997
Jeremy Willis	6,522	1995
Jay Kanekoa	6,496	1996
Troy Wright	6,455	1985

Non-NCAA Championship Events:

Mile

Ryan Hill	3:56.78	2012
Andrew Colley	3:59.34	2014
Jim Wilkins	4:00.05	1973
Graham Crawford	4:00.05	2014
Brian Himelright	4:04.23	2013
Jacob Thomson	4:08.06	2015
Michael Mansey	4:08.99	2013
Gareth Hayes	4:09.40	1970
Jim Lee	4:10.80	1970
Sam Roberson	4:13.96	2014

2,000m Steeplechase

Bakri Abushouk	6:01.27	2015
Aaron Saft	6:02.75	1998
Aaron Thomas	6:03.71	2016

John Henderson	6:04.58	2005
Scott Wirgau	6:05.02	2001
Chris Dugan	6:05.88	1998

3,000m

Bob Henes	7:55.81	1990
Abdul Alzindani	8:13.30	1999
Chris Kollar	8:16.25	2006
Chris Pluchos	8:17.94	1999
Fredy Torres	8:22.27	2007
David Christian	8:22.95	2001
Neil Pettijohn	8:23.42	2002
Aaron Thomas	8:24.09	2017
Joe Wirgau	8:24.10	1998
David Patterson	8:24.59	1999

4x200m

Young, Glenn, Peebles, McSwain	1:21.08	1985
McSwain, Glenn, Hoggard, Williams	1:21.12	1983
Young, Glenn, Howard McSwain	1:21.34	1983
Young, Glenn, Peebles, McSwain	1:21.53	1985
Peebles, McSwain, Goldsby, Howard	1:21.73	1986
Frazier, Braunskill, Bryant, Brooks	1:22.29	1989
Williams, Glenn, Hoggard, Nunez	1:22.53	1982
Young, McIntyre, Smith, Foreman	1:23.12	1982
NC State	1:23.18	2002
Lanier, Foreman, Paterson, Lometey	1:23.84	1978

4x800m

Abrams, Jordan, Bloodworth, Solorzano	7:35.56	1991
Francis, Dunston, Long, Mantini	7:37.37	1980
Jordan, Solorzano, Tucker, Abrams	7:42.90	1990
Solorzano, Jordan, Abrams, Tucker	7:45.95	1990
NC State	7:46.55	1995
Bloodworth, Solorzano, Tuttle, Novitsky	7:49.86	1991
NC State	7:50.67	1997
Solorzano, Bloodworth, Tuttle, Novitsky	7:51.91	1990
NC State	7:52.01	1994

4x1,500m

Rodgers/Gonzalez/Riley/Bache	15:32.43	1996
Rodgers/Howell/Keller/Saft	16:40.18	1998

4xMile

NC State	16:44.22	2003
NC State	17:03.31	1999

4x1,600m

NC State	16:27.23	2000
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DMR

NC State	9:39.36	2000
NC State	9:43.87	1998
Daye/Solorzano/Tucker/Jordan	9:57.16	1990
NC State	10:02.95	1996
Saft, Henry, Rodgers, Howell	10:11.59	1998

SMR

Patterson, Smith, Burns, Dunston	3:21.00	1980
Peebles, Charleston, S. Krehnbrink, Kelly	3:21.59	2017
Patterson, Krehnbrink, Kelly, Addison	3:32.53	2015

Javelin (old)

Mark Ryan	256'7"	1983
Mike Murphy	252'7"	1980
Erin Schoenborn	229'6"	1987
Bill Buffalo	228'8"	1966
Curt Renz	227'8"	1971
John Kaveny	227'4"	1966
Brett Clark	224'7"	1982
Jim Crowell	212'10"	1970

Historic Event Records*

100 yd

Haywood Ray	9.4	5-17-75
Dick Trichter	9.6	4-5-67

220 yd (turn)

Pat Adair	20.9	5-1-76
Dick Trichter	21.3	5-13-67

440 yd

Jerome Napier	47.0	5-1-76
Ron England	47.4	5-13-67

600 yd

Ron Brown	1:10.20	1979
Izel Jenkins	1:10.10	1896
Myles Bagley	1:11.24	1976
Ron Foreman	1:11.34	1979
Eric Townsend	1:11.44	1981
Jim Bennett	1:11.64	1976
Mitch Williams	1:11.74	1977
Steve Goldsby	1:12.08	1987
Teddy Pauling	1:12.31	1987
Pete Beltrez	1:12.34	1981

880 yd

Myles Bagley	1:50.77	1976
Jim Wilkins	1:51.3	1973

1,000 yd

Myles Bagley	2:09.30	1975
David Senter	2:11.00	1975
David Long	2:12.44	1977
Ron Brown	2:13.60	1977
Mike Mantini	2:15.20	1981
Pete Merritt	2:15.30	1973
Ron England	2:16.40	1966
Vince Tierney	2:16.40	1977

Two-Mile

Jim Wilkins	8:36.2	1974
Gareth Hayes	8:52.5	1971
Tony Bateman	8:53.8	1978
Andy Herr	8:54.97	1987
Neil Ackley	8:56.3	1973
Bob Henes	8:56.66	1987
Steve Francis	8:59.25	1980
Jeff Wentworth	8:59.6	1981
John George	8:59.8	1983
Mike Mantini	9:05.3	1983

Three-Mile

Jim Wilkins	13:36.60	1974
Tony Bateman	13:42.60	1978
Gareth Hayes	13:48.60	1970
Neil Ackley	13:52.00	1973
Jeff Wentworth	13:52.20	1981
Tom Papst	13:53.00	1975
Dan Lyon	13:58.75	1980
Mike Bailey	13:59.00	1975

Six-Mile

Tony Bateman	29:36.6	1973
Bob Wilson	29:44.4	1973

120HH

Greg Chandler	13.7	1976
David Bracey	14.2	1973
Dorsey Smallwood	14.2	1973

440 IH

Steve Koob	52.5	1971
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440 Relay

Adair, Williams, Napier, Ray	41.23	1976
Bennett, Robinson, Bracey, Smallwood	41.5	1973

4x800

Buttermark, Phillips, Senter, Bagley	7:32.4	1975
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Mile Relay (outdoor)

Trichter, Prather, Sicoli, England	3:09.7	1967
Sam Roberson	4:13.96	2014
Sam Parsons	4:15.10	2017
Bobby Mintz	4:16.08	2014

***MARKS LISTED IN BOLD WERE ACHIEVED IN THE 2023-24 SEASON**

ALL-TIME TOP 10: WOMEN'S INDOOR



60m Dash

Gabriele Cunningham	7.23	2019
McKenzie Long	7.39	2019
Felicia Fant	7.39	2004
Ebony Foster	7.44	2006
Joya Rodgers	7.48	2006
Paisley Simmons	7.49	2014
Courtney Patterson	7.57	2005
J'Den Williams	7.57	2016
Janel Pate	7.58	2018
Lauren White	7.59	2018

200 Meters

Gabrielle Cunningham	23.67	2019
Paisley Simmons	23.78	2017
Ebony Foster	23.88	2006
McKenzie Long	23.99	2019
Felicia Fant	24.06	2004
Tyra Lee	24.48	2014
Tiana Patillo	24.54	2014
Lauren White/Jordyn Parker	24.60	2018/24
Mia D'Ambrosio	24.61	2021
Lashawnda McKinnon	24.61	1999

400 Meters

Jada Griffin	54.35	2022
Ariah Graham	54.77	2013
Tiana Patillo	55.31	2014
Timara Chapman	56.21	2023
Annemarie Clark	56.52	2003
Lashawnda McKinnon	56.70	1999
Michele Hudson	56.72	1999
Ebony Foster	56.80	2002
Renae Robinson	56.87	2002
Lauren Montgomery	57.12	2008

800 Meters

Angelina Napoleon	2:06.70	2024
Kenyetta Iyevbele	2:07.55	2013
Megan Moya	2:08.58	2016
Tiayonna Blackmon	2:08.79	2012
Angelina Blackmon	2:08.94	2006
Anna Vess	2:09.30	2022
Emma Ferguson	2:11.14	2019
Mary Ann Carraher	2:11.15	1990
Jemissa Hess	2:11.17	2006
Ryanna Henderson	2:12.17	2014

Mile

Katelyn Tuohy	4:24.26	2023
Sam Bush	4:35.67	2024
Kelsey Chmiel	4:36.03	2022
Grace Hartman	4:36.52	2024
Megan Moya	4:36.76	2017
Anna Vess	4:37.42	2022
Dominique Clairmonte	4:38.55	2019
Elly Henes	4:38.75	2019
Savannah Shaw	4:39.98	2022

Mary Ann Carraher	4:39.98	1989
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3,000 Meters

Katelyn Tuohy	8:35.20	2023
Sam Bush	8:54.12	2022
Kelsey Chmiel	8:59.25	2023
Elly Henes	9:00.53	2021
Wesley Frazier	9:01.26	2016
Julia Lucas	9:03.47	2007
Allie Hays	9:05.12	2022
Hannah Steelman	9:05.33	2021
Erika Kemp	9:06.07	2016
Savannah Shaw	9:06.22	2022

5,000 Meters

Katelyn Tuohy	15:15.92	2022
Kelsey Chmiel	15:27.36	2021
Sam Bush	15:32.67	2024
Allie Hays	15:33.84	2021
Sydney Seymour	15:35.61	2022
Grace Hartman	15:37.04	2024
Elly Henes	15:41.63	2018
Erika Kemp	15:45.46	2016
Hannah Steelman	15:47.43	2021
Gionna Quarzo	15:51.12	2023

60-Meter Hurdles

Gabriele Cunningham	8.05	2018
Ebony Foster	8.07	2006
Alexis Perry	8.21	2016
Akira Rhodes	8.24	2021
Ally Henson	8.29	2024
Mikieja Covington	8.49	2022
Timara Chapman	8.55	2022
Alexis Postell	8.65	2019
Nasheena Quick	8.68	2004
Jennifer Webster	8.75	2006

4x400

ACC Indoors	3:44.51	2019
Postell, Cunningham, Long, Griffin	3:45.57	2019
Cunningham, Griffin, Pate, Postell	3:46.64	2018
NC State	3:48.38	1999
NC State	3:48.59	1993
McGuire, Roberts, Ford, Iyevbele	3:49.60	2013
NC State	3:51.49	1998
Arnold, Cunningham, Patillo, Simmons	3:51.55	2017
NC State	3:51.95	2000
Cunningham, Pate, Postell, White	3:52.79	2017

DMR

Shaw, Lewis, Bush, Tuohy	10:52.16	2023
Shaw, Chapman, Bush, Tuohy	10:55.49	2023
Hartman, Putman, Napoleon, Bush	10:55.91	2024
Bush, Griffin, Vess, Chmiel	10:58.10	2022
Bush, Griffin, Vess, Shaw	11:05.85	2022
Tuohy, Postell, Vess, Shaw	11:06.14	2021
Bush, Postell, Vess, Henes	11:07.64	2021
George, Patillo, Iyevbele, Moya	11:10.41	2015
George, Patillo, Rempel, Iyevbele	11:11.23	2015
George, Patillo, Moya, Rempel	11:15.62	2015
Tuohy, Postell, Vess, Henes	11:15.90	2021
Henes, Patillo, Neeley, Frazier	11:20.08	2017
Clairmonte, Postell, Mareno, Shaw	11:22.52	2020
Clairmonte, Griffin, Henes, Neeley	11:22.96	2018

High Jump

Yvonne Heinrich	6' 0"	1981
Kristen Pace	6' 0"	2000
Quicha Floyd	6' 0"	1996
Mattie Bethea	5' 10.75"	2009
Kristin Pace	5' 10.75"	2002
Elizabeth Shuman	5' 10.75"	2015
Kayla Lawson	5' 10.75"	2010
Alesha Patterson	5' 8.5"	2008
Timara Chapman	5' 7.25"	2020
Danielle Adams	5' 7.75"	2013

Long Jump

Karimah Shepherd	21' 2"	2013
Alexis Perry	21.15"	2015
Jirah Sidberry	20' 5.25"	2023
DeMiracle Washington	20' 1.5"	2008
Janel Pate	19' 11.75"	2019
Sherlane Armstrong	19' 11"	1998
Sheena Dawkins	19' 11"	2004
Keione Convington	19' 8.25"	1999
Zahra Bichara	19' 6.00"	2023
Mattie Bethea	19' 5.5"	2006

Triple Jump

Sherlane Armstrong	43' 9.25"	1998
Michelle Cobb	43' 7.75"	2020
Karimah Shepherd	43' 0.5"	2013

Jirah Sidberry	42' 2"	2022
Jayda Hunter	41' 8.50"	2024
Jazueline Daniels	41' 10"	2011
DeMiracle Washington	41' 4.25"	2008
Javonne Antoine	41' 3"	2017
Amara Bell	39' 8"	2017
Kayla Lawson/Desiree Mittman	39' 7.25"	2001/09

Pole Vault

Katie Bolac	12' 5.5"	2002
Tabitha Woodard	12' 2"	2006
Teresa Reed	11' 7.75"	2004
Annemarie Clark	11' 6.25"	2001
Allison Weavil	10' 11.75"	2003

Shot Put

Lauren Evans	55' 3.75"	2019
Tremanisha Taylor	54' 4.5"	2014
Lawanda Henry	53' 2.25"	2009
Kelly Smoke	48' 6.75"	2003
Alyssa Dunn	47' 4.25"	2017
SeQuoia Watkins	47' 3.75"	2014
Ta'Honny Exum	46' 4.00"	2024
Mahkayla Hart	45' 09.00"	2023
Kayla Beasley	44' 5.5"	2022
Nicole Chavis	44' 1.25"	2015

20-Pound Weight

Nicole Chavis	71' 10.75"	2016
Lauren Evans	68' 11.25"	2019
SeQuoia Watkins	64' 7.25"	2016
Lawanda Henry	64' 0.5"	2010
Makala Wright	63' 9.50"	2024
Kelly Smoke	62' 4.5"	2003
Grace Gaudin	60' 7.75"	2019
Mahkayla Hart	59' 7.75"	2023
Sydney Freeman	59' 3.50"	2024
Brittany McCain	59' 0.25"	2009

Pentathlon

Timara Chapman	4094	2023
Mikieja Covington	3986	2022
Mattie Bethea	3934	2009
Alexis Perry	3477	2013
Laila Thomas	3352	2006
Christine Black	3187	2007
Kayla Lawson	2905	2007
Jennifer Webster	2757	2006

Non-NCAA Championship Events:

55 Meters		
Joya Rodgers	6.93	2007
Felicia Fant	6.95	2004
Courtney Patterson	7.02	2005
Nasheena Quick	7.03	2004
Monica Hall	7.21	1995
Paige Eley	7.29	2010
Sherlane Armstrong	7.32	1998



ALL-TIME TOP 10: WOMEN'S INDOOR

Lashawnda McKinnon	7.33	1998
Kim Richardson	7.44	1996
Courtney Neal	7.44	1998

55-Meter Hurdles

Nasheena Quick	8.25	2004
Tammy Streater	8.48	1995
Jennifer Webster	8.51	2007
Laila Thomas	8.60	2007
Adrienne Vinson	8.64	1999
Mattie Bethea	8.66	2007
Kim Richardson	8.70	1998
Taylor Graham	8.73	2010
Kim Richardson	9.14	1999
Kayla Lawson	9.16	2007

300m

Jada Griffin	38.29	2022
Gabriele Cunningham	38.78	2019
Ariah Graham	39.04	2013
Tyra Lee	39.46	2014
Paisley Simmons	39.74	2015
Tiana Patillo	40.26	2017
Mia D'Ambrosio	40.61	2021
Paige Eley	40.70	2010
Denae Ford	40.78	2013
Gabriele Daniel	40.84	2010

500m

Timara Chapman	1:15.58	2023
Renae Robinson	1:16.31	1999
Caroline Lewis	1:16.85	2023
Lashawnda McKinnon	1:18.97	1997
Denae Ford	1:18.99	2012
Marika Walker	1:19.54	2010
Michele Hudson	1:20.89	1998
Karen Sykes	1:21.20	1999
Amira Chowyuk	1:21.99	2010
Brittany View	1:22.71	2010

600m

Angelina Napoleon	1:33.78	2024
Caroline Lewis	1:34.73	2023
Kate Putman	1:34.81	2024
Renae Robinson	1:36.80	2002
Marika Walker	1:36.85	2012
Amira Chowyuk	1:38.95	2012
Tiana Patillo	1:39.57	2015
Brittany View	1:41.20	2012
Melanie Yelardy	1:42.08	2010
Chapin Payne	1:42.74	2008

1000m

Sam Bush	2:43.30	2022
Angelina Napoleon	2:45.99	2024
Grace Hartman	2:47.49	2024
Kelsey Chmiel	2:48.34	2022
Kate Putman	2:50.07	2024
Allie Hays	2:50.43	2022

Jemissa Hess	2:50.50	2006
Sydney Seymour	2:51.28	2023
Megan Moye	2:52.18	2014
Angelina Blackmon	2:53.42	2006

1,500m

Amy Herrman	4:38.44	1996
Meredith Faircloth	4:42.08	1996
Chris Shea	4:51.25	1996
Toby Kearns	4:54.05	1996

1,600m

Laura Rhoads	4:57.50	1998
Ami Herrman	5:03.02	1998
Sunsierre Newsome	5:12.73	1998
Tobey Kearns	5:28.85	1998
Tanisha Sluss	5:36.73	1998

4x800

NC State	9:42.90	1998
Faircloth, Kearns, Shea, Herrman	9:43.15	1996

***MARKS LISTED IN BOLD WERE
ACHIEVED IN THE 2023-24 SEASON**



ALL-TIME TOP 10: WOMEN'S OUTDOOR

100m Dash

Gabriele Cunningham	11.21	2018
Felicia Fant	11.41	2004
McKenzie Long	11.49	2022
Paisley Simmons	11.50	2016
McKenzie Long	11.74	2019
Ebony Foster	11.75	2004
Crystal Broxton	11.83	2000
Lashawnda McKinnon	11.83	1999
Joya Rodgers	11.84	2006
Courtney Patterson	11.93	2005
Lauren White	11.95	2017

200m

McKenzie Long	23.00	2022
Gabriele Cunningham	23.04	2017
Lashawnda McKinnon	23.31	1999
Jada Griffin	23.39	2022
Paisley Simmons	23.43	2016
Ebony Foster	23.51	2004
Felicia Fant	23.58	2003
Tiana Patillo	24.34	2018
Timara Chapman	24.38	2022
Jennifer Dunklin	24.48	1985

400m

Jada Griffin	52.27	2022
Lashawnda McKinnon	52.71	1998
Ariah Graham (USATF)	53.57	2013
Renae Robinson	54.61	2002
Jennifer Dunklin	54.84	1986
Michelle Hudson	54.86	1999
Tiana Patillo	55.10	2018
Denae Ford	55.70	2014
Lauren Montgomery	55.78	2008

800m

Kenyetta Iyevbele	2:02.43	2015
Megan Moye	2:04.93	2016
Sam Bush	2:04.99	2022
Angelina Blackmon	2:05.78	2009
Tiayonna Blackmon	2:06.95	2012
Anna Vess	2:06.99	2021
Samantha George	2:07.30	2015
Mary Ann Carraher	2:07.66	1989
Jemissa Hess	2:07.83	2007
Ryanna Henderson	2:08.82	2014

1,500 Meters

Katelyn Tuohy	4:06.49	2023
Elly Henes	4:10.23	2021
Megan Moye	4:11.91	2016
Anna Vess	4:12.04	2022
Nevada Mareno	4:13.49	2022
Sam Bush	4:13.50	2022
Savannah Shaw	4:16.39	2022
Samantha George	4:16.46	2015
Erika Kemp	4:17.93	2018

Lynn Strauss	4:17.94	1983
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3,000m Steeplechase

Hannah Steelman	9:43.08	2021
Nell Crosby	9:58.09	2019
Katie Sabino	10:01.00	2002
Sarah LaTour	10:04.64	2021
Kristina Roth	10:09.85	2005
Megan Coombs	10:10.74	2002
Erin Mercer	10:15.19	2013
Samantha Norman	10:15.87	2012
Julia Zachgo	10:18.43	2021
Lucinda Hull	10:19.01	2004

5,000m

Katelyn Tuohy	15:14.61	2022
Elly Henes	15:18.75	2021
Amaris Tynnismaa	15:30.37	2023
Hannah Steelman	15:30.87	2021
Savannah Shaw	15:33.42	2022
Betty Springs	15:33.43	1983
Kristin Price	15:35.67	2002
Sam Bush	15:35.55	2022
Marlee Starliper	15:36.51	2022
Kelsey Chmiel	15:38.39	2023

10,000 Meters

Allie Hays	32:21.13	2023
Kathy Ormsby	32:36.20	1986
Kelsey Chmiel	32:45.83	2021
Kristin Price	32:50.01	2003
Dominique Clairmonte	32:50.80	2021
Betty Springs	33:01.02	1983
Julie Shea	33:02.32	1980
Mary Shea	33:04.54	1980
Janet Smith	33:05.43	1987
Gionna Quarzo	33:06.47	2023

100-Meter Hurdles

Ebony Foster ('04 trials)	12.81	2004
Alexis Perry	12.90	2016
Gabriele Cunningham	12.99	2019
Akira Rhodes	13.06	2021
Ally Henson	13.36	2023
Brandi Hughes	13.48	2022
Ally Henson	13.65	2022
Timara Chapman	13.92	2022
Alexis Postell	14.02	2018
Mikieja Covington	14.12	2019

400-Meter Intermediate Hurdles

Tammy Streater	58.52	1994
Alexis Postell	1:01.15	2021
Brandi Hughes	1:01.96	2021
Tiana Patillo	1:02.14	2016
Nancy May	1:03.00	1986
Timara Chapman	1:03.36	2019
Sharese Roberts	1:05.45	2014

Allison Payton	1:05.64	2023
Marilyn Angell	1:05.88	2007
Dionne Williams	1:07.36	1994

4x100

Rodgers/Patterson/Foster/Fant	44.63	2004
Pate, Cunningham, Patillo, Postell	45.03	2018
Patillo, Simmons, Williams, Perry	45.39	2015
Cunningham, Patillo, Perry, Simmons	45.41	2016
Cunningham, Patillo, Pate, Wright	45.41	2018
Henson, D'Ambrosio, Postell, Griffin	45.63	2021
Cunningham, Patillo, Williams, Simmons	45.97	2016
Judkins, Pate, Postell, Griffin	46.10	2019
NC State	46.22	2003
Henson, Rhodes, Archie, D'Ambrosio	46.24	2021

4x400

Patillo, Pate, Postell, Griffin	3:40.11	2018
Cunningham, Griffin, Patillo, Pate	3:42.34	2018
Hudson/McKinnon/Robinson/Saunders	3:42.69	1999
Cunningham, Griffin, Patillo, Postell	3:42.90	2018
Saunders/McKinnon/Hudson/Richardson	3:43.17	1998
Blumenthal, Wayhon, Rogers, Streater	3:48.50	1993
Moye, Iyevbele, Patillo Simmons	3:48.61	2015
Montgomery/Daniel/Blackmon/Blackmon	3:48.62	2009
McGuire, Henderson, Roberts, Ford	3:48.82	2013
Postell, D'Ambrosio, Archie, Hughes	3:49.23	2021

High Jump

Yvonne Heinrich	6' 0"	1981
Mattie Bethea	5' 11.25"	2008
Quicha Floyd	5' 11.5"	1996
Kayla Lawson	5' 11.25"	2010
Danielle Adams	5' 11.25"	2013
Lacey Shuman	5' 11.25"	2014
Kristin Pace	5' 10.5"	2000
Laila Thomas	5' 8.75"	2007
Margaret Edwards/Timara Chapman		

Alexis Perry	5' 8"	2016/23
	5' 7.25"	2013

Long Jump

Alexis Perry	21' 6.75"	2016
Karimah Shepherd	21' 1.25"	2013
Jirah Sidberry	20' 10.00"	2023
Janel Pate	20' 9.75"	2019
DeMiracle Washington	20' 6.25"	2008
Timara Chapman	19' 11"	2022
Sheena Dawkins	19' 7.5"	2004
Javonne Antoine	19' 4"	2016
Sherlane Armstrong	19' 3.25"	1998
Zahra Bichara	19' 05.0"	2023

Triple Jump

Sherlane Armstrong	44' 0.5"	1998
Karimah Shepherd	43' 1"	2013
Michelle Cobb	42' 11"	2022
Javonne Antoine	42' 7"	2017
Jazueline Daniels	41' 10"	2013
DeMiracle Washington	41' 9.75"	2008
Jirah Sidberry	41' 2.5"	2022
Cheryl Weaver	41' 0"	1989
Amara Bell	40' 8.75"	2017
Brooke Woodard	39' 6"	1996

Pole Vault

Katie Bolac	13' 1.5"	2002
Taitha Woodard	12' 2"	2006
Teresa Reed	12' 1.5"	2002
Caroline Fraisse	11' 6.25"	2003
Annemarie Clark	11' 2.5"	2000
Allison Weavil	10' 11.75"	2003
Megan Kearney	10' 0"	2002
Nicole Griffin	9' 0"	2001
Kim Collins	8' 0.5"	2002

Shot Put

Tremanisha Taylor	57' 9"	2014
Lauren Evans	55' 7.75"	2019
Lawanda Henry	53' 0.75"	2012
Alyssa Dunn	49' 9.25"	2017
Kelly Smoke	48' 5.5"	2003
SeQuoia Watkins	46' 2.75"	2013
Angela Hudson	44' 7.25"	1983
Kayla Beasley	44' 4.25"	2022
Mahkayla Hart	43' 4.25"	2023
Timara Chapman	43' 3.25"	2022

Discus

SeQuoia Watkins	180' 4"	2014
Tremanisha Taylor	179' 0"	2014
Brittany Hampton	174' 8"	2010
Nicole Chavis	170' .75"	2016
Kelly Smoke	163' 10"	2005
Alyssa Dunn	152' 7"	2017
Angela Hudson	143' 2"	1983



ALL-TIME TOP 10: WOMEN'S OUTDOOR

Kortney Pearce 139' 10" 2012
Grace Gaudin 139' 8" 2019
Jessica Hawkins 136' 11" 2000

Hammer Throw

Makala Wright 191' 0" 2023
Lauren Evans 190' 7" 2017
Lawanda Henry 188' 3" 2009
Nicole Chavis 178' 2" 2013
Brittany Hampton 174' 7" 2011
Sydney Freeman 173' 11" 2023
Kelly Smoke 171' 11" 2003
Makala Wright 170' 9" 2022
SeQuoia Watkins 170' 4" 2015
Alyssa Dunn 169' 3" 2015
Kortney Pearce 166' 9" 2012
Caitlyn Vester 160' 4" 2022

Javelin

Katie Horne 147' 6.0" 2023
Jakerra Covington 143' 2.0" 2023
Susan Childers 130' 10" 1987
Keione Covington 130' 3" 2001
Julie Hamilton 130' 2" 1980
Timara Chapman 127' 9" 2023
Alicia Messina 125' 9" 1987
Natalie Lew 123' 5" 1986
Mattie Bethea 119' 0" 2008
Timara Chapman 118' 6" 2021

Hepathlon

Timara Chapman 5746 2023
Natalie Lew 5331 1985
Mattie Bethea 5118 2009
Mikieja Covington 4983 2019
Ursula McLean 4756 2000
Kim Richardson 4585 1997
Laila Thomas 4540 2006
Jazmyne Childs 4371 2013
Keione Covington 4053 1998
Brandi Parks 3794 2000

Non-NCAA Championships Events: Mile

Jemissa Hess 4:37.39 2006
Ryanna Henderson 4:44.57 2014
Kenyetta Iyevbele 4:48.63 2014
Samantha Norman 4:50.67 2014
Megan Rempel 4:52.25 2015
Erika Kemp 4:55.56 2014
Kaitlyn Kramer 4:57.59 2015
Olivia Enright 4:57.64 2014
Halsey Merritt 4:58.42 2014
Erin Mercer 4:58.46 2014

2,000m Steeplechase

Olivia Enright 7:00.71 2015
Rachel Bartolomeo 7:08.10 2016

Lauren Doherty 7:29.91 2012

Two-Mile

Janet Smith 10:02.95 1987
Suzie Tuffey 10:03.99 1987

4x200 Relay

Arnold, Cunningham, Patillo, Simmons 1:37.52 2016
NC State 1:38.86 2000
NC State 1:39.11 2002
Arnold, Cunningham, McLean, Patillo 1:39.05 2016
Graham, Eley, Ford, Love 1:42.60 2012
NC State 1:43.19 1999
Daniel/Montgomery/Payne/Angell 1:44.16 2008
NC State 1:47.90 1994

4x800

NC State 9:12.46 2001
Blackmon/Griebesland/Henderson/Iyevbele 9:17.85 2011
Newsome/Hollowell/Sluss/Strickland 9:31.42 1998
NC State 9:39.64 1997
NC State 9:46.39 1999

4x1,500m

Vess/Bush/Shaw/Tuohy 16:55.19 2022
Blackmon/Hess/Roth/Lucas 17:54.50 2006
Kebert, Hess, Lucas, A. Blackmon 18:06.88 2006
Price/Dumas/Dean/Gomez 18:15.46 1990
Brown/Kebert/Blackmon/Lucas 18:20.44 2005
NC State 18:42.45 2000

1,600m Relay

Satzer, Young, Gholson, Smith 4:00.34 1979
Springs, Cullinane, Shea, Smith 4:02.37 1981
Thomas, Bethea, Rumley, Payne 4:30.58 2006

Sprint Medley Relay

NC State 4:03.79 2000

DMR

Moye, Ford, Iyevbele, Henderson 11:22.88 2014
NC State 11:33.27 2000
NC State 12:11.04 1998

***MARKS LISTED IN BOLD WERE
ACHIEVED IN THE 2023-24 SEASON**

MEN'S ALL-AMERICANS: A-Z



Dexter Adams (1)

2008	indoor	long jump	6th
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Jonathan Addison (5)

2015	indoor	long jump	14th
2015	outdoor	long jump	4th
2016	indoor	long jump	2nd
2016	outdoor	long jump	7th
2016	outdoor	4x100	7th

Chris Alexander (1)

2022	indoor	triple jump	13th
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Pete Beltrez (1)

1981	indoor	mile relay	5th
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Kevin Braunskill (10)

1988	outdoor	4x100	4th
1989	indoor	200m	4th
1989	outdoor	200m	9th
1989	outdoor	4x100	5th
1990	indoor	200m	7th
1990	outdoor	200m	4th
1991	indoor	200m	3rd
1991	indoor	55m	8th
1991	outdoor	200m	4th
1991	outdoor	4x100	6th

Josh Brockman (1)

2022	outdoor	110H	12th
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Michael Brooks (2)

1988	outdoor	4x100	4th
1989	outdoor	4x100	5th

Darian Bryant (3)

1986	outdoor	4x100	6th
1987	outdoor	4x100	7th
1989	outdoor	4x100	5th

LeBaron Caruthers (3)

1976	indoor	shot put	5th
1976	outdoor	shot put	7th
1977	indoor	shot put	5th

Neil Chance (1)

1995	outdoor	long jump	9th
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Cravont Charleston (2)

2019	indoor	60m	9th
2019	outdoor	100m	14th

Andrew Colley (2)

2013	outdoor	5,000m	12th
2014	outdoor	5,000m	11th

Graham Crawford (1)

2015	outdoor	1,500m	7th
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Quashawn Cunningham (1)

2016	outdoor	4x100	7th
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Jamar Davis (1)

2019	indoor	triple jump	12th
2023	Outdoor	triple jump	14th

Joshua Davis (3)

2016	indoor	weight throw	16th
2017	indoor	weight throw	5th
2018	indoor	weight throw	3rd

Thomas Daye (1)

1991	outdoor	4x100	6th
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Omar Dixon (1)

1995	outdoor	high jump	3rd
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Von Douglas (2)

2021	indoor	long jump	14th
2022	indoor	long jump	12th

Chris Dugan (2)

2000	outdoor	steeplechase	8th
2001	outdoor	steeplechase	7th

Ron Foreman (2)

1981	indoor	mile relay	5th
1981	outdoor	400 hurdles	7th

Dwight Frazier (3)

1987	outdoor	4x100	7th
1988	outdoor	4x100	4th
1989	outdoor	4x100	5th

Stephen Furst (1)

2008	outdoor	5,000m	10th
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Gavin Gaynor (1)

1988	outdoor	steeplechase	4th
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Alston Glenn (2)

1983	outdoor	4x100	5th
1985	outdoor	4x100	1st

T.J. Graham (1)

2011	indoor	60m	11th
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Scott Grell (1)

1991	outdoor	4x100	6th
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Nyheim Hines (1)

2016	outdoor	4x100	7th
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Joe Hannah (1)

1977	outdoor	shot put	8th
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Bob Henes (5)

1988	outdoor	5,000m	11th
1990	indoor	3,000m	6th
1990	outdoor	5,000m	4th
1991	indoor	3,000m	4th
1991	outdoor	5,000m	5th

Ryan Hill (7)

2010	outdoor	5,000m	7th
2011	indoor	3,000m	9th
2012	indoor	3,000m	5th
2012	outdoor	1,500m	3rd
2013	indoor	mile	2nd
2013	indoor	3,000m	11th
2013	outdoor	1,500m	9th

Jake Howard (3)

1983	outdoor	4x100	5th
1985	indoor	long jump	8th
1986	outdoor	4x100	6th

Tom Huminik (2)

1988	outdoor	shot put	4th
1989	outdoor	shot put	9th

Izel Jenkins (1)

1984	indoor	500 yds.	2nd
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Pat Joyce (2)

1998	indoor	5,000m	9th
1998	outdoor	10,000m	7th

Reggie Lawrence (1)

1991	outdoor	4x100	6th
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Todd Lopeman (2)

1992	indoor	3,000m	6th
1992	outdoor	5,000m	9th

Gerald Martin (1)

1987	outdoor	4x100	7th
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MEN'S ALL-AMERICANS: A-Z

John Martinez (2)

2008	outdoor	steeplechase	16th
2010	outdoor	steeplechase	10th

Ed McIntyre (1)

1981	indoor	mile relay	5th
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Harvey McSwain (6)

1983	outdoor	200 yds.	6th
1983	outdoor	100 yds.	8th
1983	outdoor	4x100	5th
1985	outdoor	4x100	1st
1986	outdoor	200 yds.	3rd
1986	outdoor	4x100	6th

Bob Medlin (4)

1975	outdoor	shot put	9th
1976	indoor	shot put	4th
1976	outdoor	shot put	6th
1977	indoor	shot put	2nd

Mike Murphy (1)

1980	outdoor	javelin	2nd
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Isaiah Oglesby (1)

2001	outdoor	hammer throw	14th
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Fidelis Obikwu (1)

1982	outdoor	decathlon	7th
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Ladi Oluwole (1)

1983	outdoor	triple jump	8th
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Sam Parsons (1)

2017	outdoor	10,000m	15th
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Shannon Patterson (1)

2016	outdoor	4x100	7th
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Mike Patton (5)

1986	indoor	triple jump	6th
1986	outdoor	triple jump	11th
1987	indoor	triple jump	2nd
1987	outdoor	triple jump	6th
1988	indoor	triple jump	6th

Chad Pearson (1)

2004	outdoor	10,000m	5th
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Danny Peebles (9)

1985	outdoor	4x100	1st
1986	outdoor	200 yds.	4th
1986	outdoor	4x100	6th
1987	indoor	55m	6th

1987	outdoor	200m	2nd
1987	outdoor	4x100	7th
1988	indoor	200m	2nd
1988	outdoor	200m	4th
1988	outdoor	4x100	4th

Jason Perry (1)

1997	outdoor	110 hurdles	8th
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Pat Piper (1)

1988	outdoor	10,000m	10th
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Chan Pons (4)

1998	indoor	3,000m	9th
1999	indoor	3,000m	12th
2000	indoor	5,000m	9th
2000	indoor	3,000m	4th

Mitchell Pope (3)

2006	indoor	shot put	10th
2007	indoor	shot put	7th
2007	outdoor	shot put	2nd

Terry Reese (1)

1989	outdoor	110 hurdles	7th
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Tony Riley (1)

1993	indoor	3,000m	6th
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Brenden Rodgers (1)

2000	outdoor	1,500m	10th
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Doug Scott (1)

1993	outdoor	decathlon	10th
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Ian Shanklin (1)

2019	outdoor	5,000m	11th
2021	outdoor	5,000m	9th

Andy Smith (3)

2003	outdoor	steeplechase	7th
2004	outdoor	steeplechase	2nd
2005	outdoor	steeplechase	3rd

Tyrell Taitt (3)

1993	indoor	triple jump	2nd
1993	outdoor	triple jump	1st
1994	outdoor	triple jump	3rd

William Turner (1)

1988	outdoor	triple jump	5th
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Luis Vargas (3)

2016	indoor	5,000m	5th
2016	indoor	3,000m	7th
2016	outdoor	10,000m	7th

Alvis Whitted (2)

1996	outdoor	100m	11th
1996	outdoor	200m	10th

Jim Wilkins (4)

1971	outdoor	mile	7th
1972	outdoor	1,500	7th
1974	indoor	two-mile	5th
1974	outdoor	three-mile	11th

Jesse Williams (2)

2003	indoor	high jump	3rd
2003	outdoor	high jump	7th

Nate Williams (2)

2012	outdoor	discus	11th
2013	outdoor	discus	16th

Perry Williams (1)

1983	indoor	60 yds.	7th
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Ryan Woods (1)

2002	outdoor	5,000m	11th
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Auguston Young (3)

1981	indoor	mile relay	5th
1983	outdoor	4x100	5th
1985	outdoor	4x100	1st

MEN'S ALL-AMERICANS: BY YEAR



<u>1971 Outdoor (1)</u>		
Jim Wilkins	mile	7th

<u>1972 Outdoor (1)</u>		
Jim Wilkins	1,500m	7th

<u>1974 Indoor (1)</u>		
Jim Wilkins	two-mile	5th

<u>1974 Outdoor (1)</u>		
Jim Wilkins	three-mile	11th

<u>1975 Outdoor (1)</u>		
Bob Medlin	shot put	9th

<u>1976 Indoor (2)</u>		
LeBaron Caruthers	shot put	5th
Bob Medlin	shot put	4th

<u>1976 Outdoor (2)</u>		
LeBaron Caruthers	shot put	7th
Bob Medlin	shot put	6th

<u>1977 Indoor (2)</u>		
LaBaron Caruthers	shot put	5th
Bob Medlin	shot put	2nd

<u>1977 Outdoor (1)</u>		
Joe Hannah	shot put	8th

<u>1980 Outdoor (1)</u>		
Mike Murphy	javelin	2nd

<u>1981 Indoor (4)</u>		
Pete Beltrez	mile relay	5th
Ron Foreman	mile relay	5th
Ed McIntyre	mile relay	5th
Auguston Young	mile relay	5th

<u>1981 Outdoor (1)</u>		
Ron Foreman	400m hurdles	7th

<u>1982 Outdoor (1)</u>		
Fidelis Obikwu	decathlon	7th

<u>1983 Indoor (1)</u>		
Perry Williams	60 yds.	7th

<u>1983 Outdoor (7)</u>		
Alston Glenn	4x100m	5th
Jake Howard	4x100m	5th
Harvey McSwain	4x100m	5th
Harvey McSwain	200 yds.	6th
Harvey McSwain	100 yds.	8th
Ladi Oluwole	triple jump	8th
Auguston Young	4x100m	5th

<u>1984 Indoor (1)</u>		
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Izel Jenkins	500 yds.	2nd
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<u>1985 Indoor (1)</u>		
Jake Howard	long jump	8th

<u>1985 Outdoor (4)</u>		
Alston Glenn	4x100m	1st
Harvey McSwain	4x100m	1st
Danny Peebles	4x100m	1st
Auguston Young	4x100m	1st

<u>1986 Indoor (1)</u>		
Mike Patton	triple jump	6th

<u>1986 Outdoor (7)</u>		
Darian Bryant	4x100m	6th
Jake Howard	4x100m	6th
Harvey McSwain	4x100m	6th
Harvey McSwain	200 yds.	3rd
Mike Patton	triple jump	11th
Danny Peebles	200 yds.	4th
Danny Peebles	4x100m	6th

<u>1987 Indoor (2)</u>		
Mike Patton	triple jump	2nd
Danny Peebles	55m	6th

<u>1987 Outdoor (6)</u>		
Darian Bryant	4x100m	7th
Dwight Frazier	4x100m	7th
Gerald Martin	4x100m	7th
Mike Patton	triple jump	6th
Danny Peebles	200m	2nd
Danny Peebles	4x100m	7th

<u>1988 Indoor (2)</u>		
Mike Patton	triple jump	6th
Danny Peebles	200m	2nd

<u>1988 Outdoor (10)</u>		
Kevin Braunskill	4x100m	4th
Michael Brooks	4x100m	4th
Dwight Frazier	4x100m	4th
Gavin Gaynor	steeplechase	4th
Bob Henes	5,000m	11th
Tom Huminik	shot put	4th
Danny Peebles	200m	4th
Danny Peebles	4x100m	4th
Pat Piper	10,000m	10th
William Turner	triple jump	5th

<u>1989 Indoor (1)</u>		
Kevin Braunskill	200m	4th

<u>1989 Outdoor (7)</u>		
Kevin Braunskill	200m	9th
Kevin Braunskill	4x100m	5th
Michael Brooks	4x100m	5th

Darian Bryant	4x100m	5th
Dwight Frazier	4x100m	5th
Tom Huminik	shot put	9th
Terry Reese	110m hurdles	7th

<u>1990 Indoor (2)</u>		
Kevin Braunskill	200m	7th
Bob Henes	3,000m	6th

<u>1990 Outdoor (2)</u>		
Kevin Braunskill	200m	4th
Bob Henes	5,000m	4th

<u>1991 Indoor (3)</u>		
Kevin Braunskill	200m	3rd
Kevin Braunskill	55m	8th
Bob Henes	3,000m	4th

<u>1991 Outdoor (6)</u>		
Kevin Braunskill	200m	4th
Kevin Braunskill	4x100m	6th
Thomas Daye	4x100m	6th
Scott Grell	4x100m	6th
Bob Henes	5,000m	5th
Reggie Lawrence	4x100m	6th

<u>1992 Indoor (1)</u>		
Todd Lopeman	3,000m	6th

<u>1992 Outdoor (1)</u>		
Todd Lopeman	5,000m	9th

<u>1993 Indoor (2)</u>		
Tony Riley	3,000m	6th
Tyrell Tait	triple jump	2nd

<u>1993 Outdoor (2)</u>		
Doug Scott	decathlon	10th
Tyrell Tait	triple jump	1st

<u>1994 Outdoor (1)</u>		
Tyrell Tait	triple jump	3rd

<u>1995 Outdoor (2)</u>		
Neil Chance	long jump	9th
Omarr Dixon	high jump	3rd

<u>1996 Outdoor (2)</u>		
Alvis Whitted	100m	11th
Alvis Whitted	200m	10th

<u>1997 Outdoor (1)</u>		
Jason Perry	110m Hurdles	8th

<u>1998 Indoor (2)</u>		
Pat Joyce	5,000m	9th
Chan Pons	3,000m	9th



MEN'S ALL-AMERICANS: BY YEAR

1998 Outdoor (1)

Pat Joyce	10,000m	7th
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1999 Indoor (1)

Chan Pons	3,000m	12th
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2000 Indoor (2)

Chan Pons	5,000m	9th
Chan Pons	3,000m	4th

2000 Outdoor (2)

Chris Dugan	steeplechase	8th
Brenden Rodgers	1,500m	10th

2001 Outdoor (2)

Chris Dugan	steeplechase	7th
Isaiah Oglesby	hammer throw	14th

2002 Outdoor (1)

Ryan Woods	5,000m	11th
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2003 Indoor (1)

Jesse Williams	high jump	3rd
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2003 Outdoor (2)

Andy Smith	steeplechase	7th
Jesse Williams	high jump	7th

2004 Outdoor (2)

Chad Pearson	10,000m	5th
Andy Smith	steeplechase	2nd

2005 Outdoor (1)

Andy Smith	steeplechase	3rd
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2006 Indoor (1)

Mitchell Pope	shot put	10th
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2007 Indoor (1)

Mitchell Pope	shot put	7th
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2007 Outdoor (1)

Mitchell Pope	shot put	2nd
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2008 Indoor (1)

Dexter Adams	long jump	6th
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2008 Outdoor (2)

Stephen Furst	5,000m	10th
John Martinez	steeplechase	16th

2010 Outdoor (2)

Ryan Hill	5,000m	7th
John Martinez	steeplechase	10th

2011 Indoor (2)

T.J. Graham	60m	11th
Ryan Hill	3,000m	9th

2012 Indoor (1)

Ryan Hill	3,000m	5th
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2012 Outdoor (2)

Ryan Hill	1,500m	3rd
Nate Williams	discus	11th

2013 Indoor (2)

Ryan Hill	mile	2nd
Ryan Hill	3,000m	11th

2013 Outdoor (3)

Andrew Colley	5,000m	12th
Ryan Hill	1,500m	9th
Nate Williams	discus	16th

2014 Outdoor (1)

Andrew Colley	5,000m	11th
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2015 Indoor (1)

Jonathan Addison	long jump	14th
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2015 Outdoor (2)

Jonathan Addison	long jump	4th
Graham Crawford	1,500m	7th

2016 Indoor (4)

Jonathan Addison	long jump	2nd
Joshua Davis	weight throw	16th
Luis Vargas	5,000m	5th
Luis Vargas	3,000m	7th

2016 Outdoor (6)

Jonathan Addison	long jump	7th
Jonathan Addison	4x100m	7th
Quashawn Cunningham	4x100m	7th
Nyheim Hines	4x100m	7th
Shannon Patterson	4x100m	7th
Luis Vargas	10,000m	7th

2017 Indoor (1)

Josh Davis	weight throw	5th
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2017 Outdoor (1)

Sam Parsons	10,000m	15th
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2018 Indoor (1)

Joshua Davis	weight throw	3rd
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2019 Indoor (2)

Cravont Charleston	60m	9th
Jamar Davis	triple jump	12th

2019 Outdoor (2)

Cravont Charleston	100m	14th
Ian Shanklin	5,000m	11th

2021 Indoor (1)

Von Douglas	long jump	14th
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2021 Outdoor (1)

Ian Shanklin	5,000m	9th
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2022 Indoor (2)

Chris Alexander	triple jump	13th
Von Douglas	long jump	12th

2022 Outdoor (1)

Josh Brockman	110H	12th
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2023 Indoor (1)

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2023 Outdoor (1)

Jamar Davis	triple jump	14th
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MEN'S ALL-AMERICANS: BY EVENT



Indoor (51)

<u>55m (2)</u>		
Danny Peebles	1987	6th
Kevin Braunskill	1991	8th

<u>60 yds. (1)</u>		
Perry Williams	1983	7th

<u>60m (2)</u>		
T.J. Graham	2011	11th
Cravont Charleston	2019	9th

<u>200m (4)</u>		
Danny Peebles	1988	2nd
Kevin Braunskill	1989	4th
Kevin Braunskill	1990	7th
Kevin Braunskill	1991	3rd

<u>500 yds. (1)</u>		
Izel Jenkins	1984	2nd

<u>Mile (1)</u>		
Ryan Hill	2013	2nd

<u>Two-Mile (1)</u>		
Jim Wilkins	1974	5th

<u>3,000m (11)</u>		
Bob Henes	1990	6th
Bob Henes	1991	4th
Todd Lopeman	1992	6th
Tony Riley	1993	6th
Chan Pons	1998	9th
Chan Pons	1999	12th
Chan Pons	2000	4th
Ryan Hill	2011	9th
Ryan Hill	2012	5th
Ryan Hill	2013	11th
Luis Vargas	2016	7th

<u>5,000m (3)</u>		
Pat Joyce	1998	9th
Chan Pons	2000	9th
Luis Vargas	2016	5th

<u>Mile Relay (4)</u>		
Pete Beltrez	1981	5th
Ron Foreman	1981	5th
Ed McIntyre	1981	5th
Auguston Young	1981	5th

<u>High Jump (1)</u>		
Jesse Williams	2003	3rd

<u>Long Jump (6)</u>		
Jake Howard	1985	8th
Dexter Adams	2008	6th

Jonathan Addison	2015	14th
Jonathan Addison	2016	2nd
Von Douglas	2021	14th
Von Douglas	2022	12th

<u>Triple Jump (4)</u>		
Mike Patton	1986	6th
Mike Patton	1987	2nd
Mike Patton	1988	6th
Tyrell Taitt	1993	2nd
Chris Alexander	2022	13th

<u>Shot Put (6)</u>		
LeBaron Caruthers	1976	5th
Bob Medlin	1976	4th
LeBaron Caruthers	1977	5th
Bob Medlin	1977	2nd
Mitchell Pope	2006	10th
Mitchell Pope	2007	7th

<u>Weight Throw (3)</u>		
Joshua Davis	2016	16th
Joshua Davis	2017	5th
Joshua Davis	2018	3rd

Outdoor (79)

<u>100 yds. (1)</u>		
Harvey McSwain	1983	8th

<u>100m (2)</u>		
Alvis Whitted	1996	11th
Cravont Charleston	2019	14th

<u>200 yds. (3)</u>		
Harvey McSwain	1983	6th
Harvey McSwain	1986	3rd
Danny Peebles	1986	4th

<u>200m (6)</u>		
Danny Peebles	1987	2nd
Danny Peebles	1988	4th
Kevin Braunskill	1989	9th
Kevin Braunskill	1990	4th
Kevin Braunskill	1991	4th
Alvis Whitted	1996	10th

<u>1,500m (5)</u>		
Jim Wilkins	1972	7th
Brenden Rodgers	2000	10th
Ryan Hill	2012	3rd
Ryan Hill	2013	9th
Graham Crawford	2015	7th

<u>Mile (1)</u>		
Jim Wilkins (4)	1971	7th

<u>Three-Mile (1)</u>		
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Jim Wilkins (4)	1974	11th
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<u>5,000m (11)</u>		
Bob Henes	1988	11th
Bob Henes	1990	4th
Bob Henes	1991	5th
Todd Lopeman	1992	9th
Ryan Woods	2002	11th
Stephen Furst	2008	10th
Ryan Hill	2010	7th
Andrew Colley	2013	12th
Andrew Colley	2014	11th
Ian Shanklin	2019	11th
Ian Shanklin	2021	9th

<u>10,000m (5)</u>		
Pat Piper	1988	10th
Pat Joyce	1998	7th
Chad Pearson	2004	5th
Luis Vargas	2016	7th
Sam Parsons	2017	15th

<u>110m Hurdles (3)</u>		
Terry Reese	1989	7th
Jason Perry	1997	8th
Josh Brockman	2022	12th

<u>400m Hurdles (1)</u>		
Ron Foreman	1981	7th

<u>3,000m Steeplechase (8)</u>		
Gavin Gaynor	1988	4th
Chris Dugan	2000	8th
Chris Dugan	2001	7th
Andy Smith	2003	7th
Andy Smith	2004	2nd
Andy Smith	2005	3rd
John Martinez	2008	16th
John Martinez	2010	10th

<u>4x100m Relay (8)</u>		
Alston Glenn	1983	5th
Jake Howard	1983	5th
Harvey McSwain	1983	5th
Auguston Young	1983	5th

Alston Glenn	1985	1st
Harvey McSwain	1985	1st
Danny Peebles	1985	1st
Auguston Young	1985	1st

Darian Bryant	1986	6th
Jake Howard	1986	6th
Harvey McSwain	1986	6th
Danny Peebles	1986	6th

Darian Bryant	1987	7th
Dwight Frazier	1987	7th
Gerald Martin	1987	7th



MEN'S ALL-AMERICANS: BY EVENT

Danny Peebles	1987	7th	<u>Decathlon (2)</u>		
Kevin Braunskill	1988	4th	Fidelis Obikwu	1982	7th
Michael Brooks	1988	4th	Doug Scott	1993	10th
Dwight Frazier	1988	4th			
Danny Peebles	1988	4th			
Kevin Braunskill	1989	5th			
Michael Brooks	1989	5th			
Darian Bryant	1989	5th			
Dwight Frazier	1989	5th			
Kevin Braunskill	1991	6th			
Thomas Daye	1991	6th			
Scott Grell	1991	6th			
Reggie Lawrence	1991	6th			
Jonathan Addison	2016	7th			
Quashawn Cunningham	2016	7th			
Nyheim Hines	2016	7th			
Shannon Patterson	2016	7th			
<u>High Jump (2)</u>					
Omarr Dixon	1995	3rd			
Jesse Williams	2003	7th			
<u>Long Jump (3)</u>					
Neil Chance	1995	9th			
Jonathan Addison	2015	4th			
Jonathan Addison	2016	7th			
<u>Triple Jump (7)</u>					
Ladi Oluwole	1983	8th			
Mike Patton	1986	11th			
Mike Patton	1987	6th			
William Turner	1988	5th			
Tyrell Taitt	1993	1st			
Tyrell Taitt	1994	3rd			
Jamar Davis	2023	14th			
<u>Discus (2)</u>					
Nate Williams	2012	11th			
Nate Williams	2013	16th			
<u>Hammer Throw (1)</u>					
Isaiah Oglesby	2001	14th			
<u>Javelin (1)</u>					
Mike Murphy	1980	2nd			
<u>Shot Put (7)</u>					
Bob Medlin	1975	9th			
LeBaron Caruthers	1976	7th			
Bob Medlin	1976	6th			
Joe Hannah	1977	8th			
Tom Huminik	1988	4th			
Tom Huminik	1989	9th			
Mitchell Pope	2007	2nd			

WOMEN'S ALL-AMERICANS: A-Z



Chris Arends (1)

1984	indoor	high jump	5th
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Sherlane Armstrong (2)

1998	indoor	triple jump	8th
2000	indoor	triple jump	7th

Sam Bush (2)

2022	indoor	3,000m	6th
2022	outdoor	5,000m	10th

Mary Ann Carraher (2)

1989	indoor	mile	4th
1989	outdoor	1,500m	5th

Timara Chapman (1)

2023	outdoor	heptathlon	16th
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Nicole Chavis (3)

2014	indoor	weight throw	6th
2015	indoor	weight throw	6th
2016	indoor	weight throw	5th

Kelsey Chmiel (4)

2021	indoor	5,000m	11th
2021	outdoor	10,000m	8th
2022	indoor	3,000m	7th
2022	indoor	5,000m	5th
2023	outdoor	10,000m	8th
2023	outdoor	1500m	7th
2023	outdoor	5000m	16th

Megan Coombs (1)

2002	outdoor	steeplechase	9th
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Andie Cozzarelli (2)

2011	outdoor	10,000m	13th
2012	outdoor	10,000m	11th

Nell Crosby (1)

2019	outdoor	3,000S	12th
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Sande Cullinane (2)

1981	outdoor	3,000m	9th
1983	outdoor	3,000m	10th

Gabriele Cunningham (3)

2018	indoor	60H	15th
2019	indoor	60H	13th
2019	indoor	60m	11th

Kim Dean (1)

1992	indoor	3,000m	9th
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Francine Dumas (1)

1991	outdoor	5,000m	8th
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Lauren Evans (1)

2019	indoor	shot put	13th
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Meredith Faircloth (1)

1996	outdoor	5,000m	11th
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Ebony Foster (3)

2004	indoor	60m hurdles	10th
2005	outdoor	100m hurdles	4th
2006	outdoor	100m hurdles	6th

Samantha George (1)

2015	indoor	DMR	6th
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Suzanne Girard (2)

1981	outdoor	3,000m	3rd
1982	outdoor	1,500m	6th

Laurie Gomez (6)

1990	indoor	5,000m	5th
1990	outdoor	5,000m	2nd
1991	outdoor	5,000m	1st
1991	indoor	5,000m	3rd
1992	indoor	5,000m	3rd
1992	outdoor	3,000m	3rd

Renee Gunning (2)

2004	indoor	5,000m	10th
2004	outdoor	5,000m	9th

Kristen Hall (2)

1995	outdoor	10,000m	6th
1996	indoor	3,000m	7th

Allie Hays (1)

2022	indoor	3,000m	14th
2022	indoor	5,000m	9th
2022	outdoor	10,000m	5th

Elly Henes (7)

2018	indoor	5,000m	7th
2018	outdoor	5,000m	16th
2019	indoor	5,000m	14th
2019	indoor	3,000m	15th
2021	indoor	5,000m	3rd
2021	indoor	3,000m	14th
2021	outdoor	5,000m	1st

Jemissa Hess (1)

2006	indoor	3,000m	8th
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Kenyetta Iyevbele (2)

2011	outdoor	800m	7th
2015	indoor	DMR	6th

Erika Kemp (5)

2016	indoor	5,000m	5th
2016	indoor	3,000m	11th
2017	indoor	5,000m	11th
2017	outdoor	5,000m	13th
2018	outdoor	5,000m	10th

Rachel Koon (1)

2017	indoor	3,000m	15th
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Julia Lucas (3)

2005	outdoor	5,000m	8th
2007	indoor	5,000m	6th
2007	outdoor	5,000m	4th

Megan Moye (3)

2015	indoor	DMR	6th
2016	indoor	Mile	7th
2017	indoor	Mile	12th

Christy Nichols (2)

1997	indoor	3,000m	9th
1999	outdoor	5,000m	9th

Kathy Ormsby (1)

1984	outdoor	5,000m	7th
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Sue Overbey (1)

1981	outdoor	3,000m	11th
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Kristen Pace (2)

2000	indoor	high jump	10th
2002	indoor	high jump	9th

Tiana Patillo (1)

2015	indoor	DMR	6th
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Alexis Perry (4)

2015	indoor	long jump	15th
2015	outdoor	100m hurdles	13th
2016	outdoor	long jump	4th
2016	outdoor	100m hurdles	5th

Alexis Postell (1)

2021	indoor	DMR	7th
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Katrina Price (3)

1989	indoor	5,000m	10th
1989	outdoor	5,000m	10th
1990	indoor	3,000m	3rd

Kristin Price (8)

2002	indoor	3,000m	10th
2002	indoor	5,000m	7th
2002	outdoor	5,000m	3rd
2002	outdoor	10,000m	1st
2003	indoor	5,000m	6th
2003	outdoor	10,000m	3rd
2004	indoor	3,000m	9th
2004	indoor	5,000m	6th

Gionna Quarzo (1)

2022	outdoor	10,000m	16th
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Connie Jo Robinson (2)

1983	outdoor	3,000m	9th
1986	outdoor	10,000m	6th

Katie Sabino (3)



WOMEN'S ALL-AMERICANS: A-Z

2001	outdoor	steeplechase	8th
2002	indoor	3,000m	12th
2002	outdoor	steeplechase	7th

Savannah Shaw (2)

2021	indoor	DMR	7th
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Julie Shea (8)

1978	outdoor	3,000m	5th
1978	outdoor	5,000m	6th
1979	outdoor	5,000m	1st
1979	outdoor	3,000m	2nd
1980	outdoor	3,000m	1st
1980	outdoor	5,000m	1st
1980	outdoor	10,000m	1st
1981	outdoor	5,000m	1st

Mary Shea (5)

1980	outdoor	10,000m	2nd
1980	outdoor	5,000m	3rd
1980	outdoor	3,000m	6th
1981	outdoor	5,000m	2nd
1981	outdoor	10,000m	7th

Karimah Shepherd (4)

2013	indoor	long jump	11th
2013	indoor	triple jump	10th
2013	outdoor	long jump	7th
2013	outdoor	triple jump	11th

Janet Smith (7)

1986	outdoor	5,000m	7th
1987	outdoor	5,000m	10th
1988	outdoor	5,000m	12th
1988	outdoor	10,000m	4th
1989	indoor	5,000m	6th
1989	outdoor	5,000m	9th
1989	outdoor	10,000m	5th

Betty Springs (6)

1980	outdoor	10,000m	3rd
1980	outdoor	5,000m	4th
1981	outdoor	10,000m	4th
1981	outdoor	5,000m	3rd
1983	outdoor	5,000m	1st
1983	outdoor	10,000m	1st

Marlee Starliper (1)

2022	outdoor	5,000m	9th
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Lynne Strauss (1)

1983	indoor	mile	6th
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Hannah Steelman (3)

2021	indoor	5,000m	8th
2021	outdoor	3,000S	14th
2022	outdoor	5,000m	11th

Tremanisha Taylor (2)

2013	outdoor	shot put	15th
2014	indoor	shot put	11th

Joanna Thompson (1)

2014	outdoor	10,000m	11th
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Katelyn Tuohy (5)

2021	indoor	DMR	7th
2022	indoor	3,000m	2nd
2022	indoor	5,000m	2nd
2022	outdoor	5,000m	1st
2023	outdoor	1500m	7th

Amaris Tyynismaa (1)

2023	outdoor	5000m	4th
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Anna Vess (1)

2021	indoor	DMR	7th
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SeQuoia Watkins (1)

2014	outdoor	discus	10th
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WOMEN'S ALL-AMERICANS: BY YEAR



<u>1978 Outdoor (2)</u>		
Julie Shea	3,000m	5th
Julie Shea	5,000m	6th

<u>1979 Outdoor (2)</u>		
Julie Shea	3,000m	2nd
Julie Shea	5,000m	1st

<u>1980 Outdoor (8)</u>		
Julie Shea	3,000m	1st
Julie Shea	5,000m	1st
Julie Shea	10,000m	1st
Mary Shea	3,000m	6th
Mary Shea	5,000m	3rd
Mary Shea	10,000m	2nd
Betty Springs	5,000m	4th
Betty Springs	10,000m	3rd

<u>1981 Outdoor (8)</u>		
Sande Cullinane	3,000m	9th
Suzanne Girard	3,000m	3rd
Sue Overbey	3,000m	11th
Julie Shea	5,000m	1st
Mary Shea	5,000m	2nd
Mary Shea	10,000m	7th
Betty Springs	5,000m	3rd
Betty Springs	10,000m	4th

<u>1982 Outdoor (1)</u>		
Suzanne Girard	1,500m	6th

<u>1983 Indoor (1)</u>		
Lynne Strauss	mile	6th

<u>1983 Outdoor (4)</u>		
Sande Cullinane	3,000m	10th
Connie Jo Robinson	3,000m	9th
Betty Springs	5,000m	1st
Betty Springs	10,000m	1st

<u>1984 Indoor (1)</u>		
Chris Arends	high jump	5th

<u>1984 Outdoor (1)</u>		
Kathy Ormsby	5,000m	7th

<u>1986 Outdoor (2)</u>		
Connie Jo Robinson	10,000m	6th
Janet Smith	5,000m	7th

<u>1987 Outdoor (1)</u>		
Janet Smith	5,000m	10th

<u>1988 Outdoor (2)</u>		
Janet Smith	5,000m	12th
Janet Smith	10,000m	4th

<u>1989 Indoor (3)</u>		
Mary Ann Carraher	mile	4th
Katrina Price	5,000m	10th
Janet Smith	5,000m	6th

<u>1989 Outdoor (4)</u>		
Mary Ann Carraher	1,500m	5th
Katrina Price	5,000m	10th
Janet Smith	5,000m	9th

Janet Smith	10,000m	5th
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<u>1990 Indoor (2)</u>		
Laurie Gomez	5,000m	5th
Katrina Price	3,000m	3rd

<u>1990 Outdoor (1)</u>		
Laurie Gomez	5,000m	2nd

<u>1991 Indoor (1)</u>		
Laurie Gomez	5,000m	3rd

<u>1991 Outdoor (2)</u>		
Francine Dumas	5,000m	8th
Laurie Gomez	5,000m	1st

<u>1992 Indoor (2)</u>		
Kim Dean	3,000m	9th
Laurie Gomez	5,000m	3rd

<u>1992 Outdoor (1)</u>		
Laurie Gomez	3,000m	3rd

<u>1995 Outdoor (1)</u>		
Kristen Hall	10,000m	6th

<u>1996 Indoor (1)</u>		
Kristen Hall	3,000m	7th

<u>1996 Outdoor (1)</u>		
Meredith Faircloth	5,000m	11th

<u>1997 Indoor (1)</u>		
Christy Nichols	3,000m	9th

<u>1998 Indoor (1)</u>		
Sherlane Armstrong	triple jump	8th

<u>1999 Outdoor (1)</u>		
Christy Nichols	5,000m	9th

<u>2000 Indoor (2)</u>		
Sherlane Armstrong	triple jump	7th
Kristen Pace	high jump	10th

<u>2001 Outdoor (1)</u>		
Katie Sabino	3,000S	8th

<u>2002 Indoor (4)</u>		
Kristen Pace	high jump	9th
Kristin Price	3,000m	10th
Kristin Price	5,000m	7th
Katie Sabino	3,000m	12th

<u>2002 Outdoor (4)</u>		
Megan Coombs	3,000S	9th
Kristin Price	5,000m	3rd
Kristin Price	10,000m	1st
Katie Sabino	3,000S	7th

<u>2003 Indoor (1)</u>		
Kristin Price	5,000m	6th

<u>2003 Outdoor (1)</u>		
Kristin Price	10,000m	3rd

<u>2004 Indoor (4)</u>		
Ebony Foster	60m hurdles	10th
Renee Gunning	5,000m	10th
Kristin Price	3,000m	9th
Kristin Price	5,000m	6th

<u>2004 Outdoor (1)</u>		
Renee Gunning	5,000m	9th

<u>2005 Outdoor (2)</u>		
Ebony Foster	100m hurdles	4th
Julia Lucas	5,000m	8th

<u>2006 Indoor (1)</u>		
Jemissa Hess	3,000m	8th

<u>2006 Outdoor (1)</u>		
Ebony Foster	100m hurdles	6th

<u>2007 Indoor (1)</u>		
Julia Lucas	5,000m	6th

<u>2007 Outdoor (1)</u>		
Julia Lucas	5,000m	4th

<u>2011 Outdoor (2)</u>		
Andie Cozzarelli	10,000m	13th
Kenyetta Iyevbele	800m	7th

<u>2012 Outdoor (1)</u>		
Andie Cozzarelli	10,000m	11th

<u>2013 Indoor (2)</u>		
Karimah Shepherd	long jump	11th
Karimah Shepherd	triple jump	10th

<u>2013 Outdoor (3)</u>		
Karimah Shepherd	long jump	7th
Karimah Shepherd	triple jump	11th
Tremanisha Taylor	shot put	15th

<u>2014 Indoor (2)</u>		
Nicole Chavis	weight throw	6th
Tremanisha Taylor	shot put	11th

<u>2014 Outdoor (2)</u>		
Joanna Thompson	10,000m	11th
SeQuoia Watkins	discus	10th

<u>2015 Indoor (6)</u>		
Nicole Chavis	weight throw	6th
Samantha George	DMR	6th
Kenyetta Iyevbele	DMR	6th
Megan Moye	DMR	6th
Tiana Patillo	DMR	6th
Alexis Perry long jump	15th	

<u>2015 Outdoor (1)</u>		
Alexis Perry	100 hurdles	13th

<u>2016 Indoor (4)</u>		
Nicole Chavis	weight throw	5th
Erika Kemp	5,000m	5th
Erika Kemp	3,000m	11th
Megan Moye	Mile	7th



WOMEN'S ALL-AMERICANS: BY YEAR

2016 Outdoor (2)

Alexis Perry	long jump	4th
Alexis Perry	100 hurdles	5th

2017 Indoor (3)

Erika Kemp	5,000m	11th
Rachel Koon	3,000m	15th
Megan Moye	Mile	12th

2017 Outdoor (1)

Erika Kemp	5,000m	13th
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2018 Indoor (2)

Elly Henes	5,000m	7th
Gabriele Cunningham	60H	15th

2018 Outdoor (2)

Elly Henes	5,000m	16th
Erika Kemp	5,000m	10th

2019 Indoor (5)

Elly Henes	5,000m	14th
Elly Henes	3,000m	15th
Gabriele Cunningham	60H	13th
Gabriele Cunningham	60m	11th
Lauren Evans	shot put	13th

2019 Outdoor (2)

Nell Crosby	3,000S	12th
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2021 Indoor (8)

Kelsey Chmiel	5,000m	11th
Elly Henes	5,000m	3rd
Elly Henes	3,000m	14th
Alexis Postell	DMR	7th
Savannah Shaw	DMR	7th
Hannah Steelman	5,000m	8th
Katelyn Tuohy	DMR	7th
Anna Vess	DMR	7th

2021 Outdoor (3)

Kelsey Chmiel	10,000m	8th
Elly Henes	5,000m	1st
Savannah Shaw	5,000m	
Hannah Steelman	3,000S	14th

2022 Indoor (7)

Sam Bush	3,000m	6th
Kelsey Chmiel	5,000m	5th
Kelsey Chmiel	3,000m	7th
Allie Hays	5,000m	9th
Allie Hays	3,000m	14th
Katelyn Tuohy	3,000m	2nd
Katelyn Tuohy	5,000m	2nd

2022 Outdoor (6)

Sam Bush	5,000m	10th
Allie Hays	10,000m	5th
Gionna Quarzo	10,000m	16th
Marlee Starliper	5,000m	9th
Hannah Steelman	5,000m	11th
Katelyn Tuohy	5,000m	1st

2023 Outdoor (6)

Timara Chapman	heptathlon	16th
Kelsey Chmiel	10,000m	8th
Kelsey Chmiel	5000m	4th
Allie Hays	10,000m	12th
Katelyn Tuohy	1500m	7th
Amaris Tyynismaa	5000m	4th



WOMEN'S ALL-AMERICANS: BY EVENT

Indoor (65)

<u>Mile (4)</u>			<u>High Jump (3)</u>			<u>Long Jump (2)</u>			<u>Triple Jump (3)</u>			<u>Shot Put (2)</u>			<u>Weight Throw (3)</u>		
Lynne Strauss (1)	1983	6th	Chris Arends (1)	1984	5th	Karimah Shepherd (4)	2013	11th	Sherlane Armstrong (2)	1998	8th	Tremanisha Taylor (2)	2014	11th	Nicole Chavis (3)	2014	6th
Mary Ann Carraher (2)	1989	4th	Kristen Pace (2)	2000	10th	Alexis Perry (4)	2015	15th	Sherlane Armstrong (2)	2000	7th	Lauren Evans (1)	2019	13th	Nicole Chavis (3)	2015	6th
Megan Moya (3)	2016	7th	Kristen Pace (2)	2002	9th				Karimah Shepherd (4)	2013	10th				Nicole Chavis (3)	2016	5th
Megan Moya (3)	2017	12th															
<u>3,000m (16)</u>			<u>Long Jump (2)</u>			<u>Triple Jump (3)</u>			<u>Shot Put (2)</u>			<u>Weight Throw (3)</u>			<u>Weight Throw (3)</u>		
Katrina Price (3)	1990	3rd	Chris Arends (1)	1984	5th	Karimah Shepherd (4)	2013	11th	Sherlane Armstrong (2)	1998	8th	Nicole Chavis (3)	2014	6th	Nicole Chavis (3)	2015	6th
Kim Dean (1)	1992	9th	Kristen Pace (2)	2000	10th	Alexis Perry (4)	2015	15th	Sherlane Armstrong (2)	2000	7th	Lauren Evans (1)	2019	13th	Nicole Chavis (3)	2016	5th
Kristen Hall (2)	1996	7th	Kristen Pace (2)	2002	9th				Karimah Shepherd (4)	2013	10th						
Christy Nichols (2)	1997	9th															
Kristin Price (8)	2002	10th															
Katie Sabino (3)	2002	12th															
Kristin Price (8)	2004	9th															
Jemissa Hess (1)	2006	8th															
Erika Kemp (4)	2016	11th															
Rachel Koon (1)	2017	15th															
Elly Henes (7)	2019	15th															
Elly Henes (7)	2021	12th															
Katelyn Tuohy (3)	2022	2nd															
Sam Bush (1)	2022	6th															
Kelsey Chmiel (4)	2022	7th															
Allie Hays (1)	2022	14th															
<u>5,000m (20)</u>			<u>Long Jump (2)</u>			<u>Triple Jump (3)</u>			<u>Shot Put (2)</u>			<u>Weight Throw (3)</u>			<u>Weight Throw (3)</u>		
Katrina Price (3)	1989	10th	Chris Arends (1)	1984	5th	Karimah Shepherd (4)	2013	11th	Sherlane Armstrong (2)	1998	8th	Tremanisha Taylor (2)	2014	11th	Nicole Chavis (3)	2014	6th
Janet Smith (7)	1989	6th	Kristen Pace (2)	2000	10th	Alexis Perry (4)	2015	15th	Sherlane Armstrong (2)	2000	7th	Lauren Evans (1)	2019	13th	Nicole Chavis (3)	2015	6th
Laurie Gomez (6)	1990	5th	Kristen Pace (2)	2002	9th				Karimah Shepherd (4)	2013	10th				Nicole Chavis (3)	2016	5th
Laurie Gomez (6)	1991	3rd															
Laurie Gomez (6)	1992	3rd															
Kristin Price (8)	2002	7th															
Kristin Price (8)	2003	6th															
Renee Gunning (2)	2004	10th															
Kristin Price (8)	2004	6th															
Julia Lucas (3)	2007	6th															
Erika Kemp (4)	2016	5th															
Erika Kemp (4)	2017	11th															
Elly Henes (7)	2018	7th															
Elly Henes (7)	2019	14th															
Elly Henes (7)	2021	3rd															
Hannah Steelman (2)	2021	8th															
Kelsey Chmiel (4)	2021	11th															
Katelyn Tuohy (3)	2022	2nd															
Kelsey Chmiel (4)	2022	5th															
Allie Hays (1)	2022	9th															
<u>60m Hurdles (3)</u>			<u>Long Jump (2)</u>			<u>Triple Jump (3)</u>			<u>Shot Put (2)</u>			<u>Weight Throw (3)</u>			<u>Weight Throw (3)</u>		
Ebony Foster (3)	2004	10th	Chris Arends (1)	1984	5th	Karimah Shepherd (4)	2013	11th	Sherlane Armstrong (2)	1998	8th	Tremanisha Taylor (2)	2014	11th	Nicole Chavis (3)	2014	6th
Gabriele Cunningham (3)	2018	15th	Kristen Pace (2)	2000	10th	Alexis Perry (4)	2015	15th	Sherlane Armstrong (2)	2000	7th	Lauren Evans (1)	2019	13th	Nicole Chavis (3)	2015	6th
Gabriele Cunningham (3)	2019	13th	Kristen Pace (2)	2002	9th				Karimah Shepherd (4)	2013	10th				Nicole Chavis (3)	2016	5th
<u>60m Dash (1)</u>																	
Gabriele Cunningham (3)	2019	11th															
<u>Distance Medley Relay (8)</u>																	
Samantha George (1)	2015	6th															
Kenyetta Iyevbele (2)	2015	6th															



WOMEN'S ALL-AMERICANS: EVENT

3,000m Steeplechase (5)

Katie Sabino (3)	2001	8th
Megan Coombs (1)	2002	9th
Katie Sabino (3)	2002	7th
Nell Crosby (1)	2019	12th
Hannah Steelman (2)	2021	14th

Long Jump (2)

Karimah Shepherd (4)	2013	7th
Alexis Perry (4)	2016	4th

Triple Jump (1)

Karimah Shepherd (4)	2013	11th
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Discus (1)

SeQuoia Watkins (1)	2014	10th
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Shot Put (1)

Tremanisha Taylor (2)	2013	15th
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Heptathlon (1)

Timara Chapman	2023	16th
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NCAA NOTABLES

MEN'S NCAA FINISHES

INDOOR

Year	Site	Place	Pts.
1974	Detroit, Mich.	T-48	1
1976	Detroit, Mich.	T-32	3
1977	Detroit, Mich.	20	5
1981	Detroit, Mich.	T-48	2
1984	Syracuse, N.Y.	T-21	8
1986	Oklahoma City, Okla.	T-46	1
1987	Oklahoma City, Okla.	43	3
1988	Oklahoma City, Okla.	6	16
1989	Indianapolis, Ind.	T-36	4
1990	Indianapolis, Ind.	50	1
1991	Indianapolis, Ind.	T-14	10
1992	Indianapolis, Ind.	T-42	1
1993	Indianapolis, Ind.	T-21	9
2000	Fayetteville, Ark.	T-34	5
2003	Fayetteville, Ark.	T-32	7
2007	Fayetteville, Ark.	T-57	2
2008	Fayetteville, Ark.	T-54	3
2012	Nampa, Idaho	T-45	4
2013	Fayetteville, Ark.	T-25	8
2016	Birmingham, Ala.	T-14	14
2017	College Station, Texas	42	5
2018	College Station, Texas	T-36	6
2019	Birmingham, Ala.	T-57	0
2021	Fayetteville, Ark.	T-60	0
2022	Birmingham, Ala.	T-61	0

OUTDOOR

Year	Site	Place	Pts.
1976	Philadelphia, Pa.	T-47	1
1980	Austin, Texas	T-25	8
1982	Provo, Utah	67	6
1983	Houston, Texas	T-22	20
1985	Austin, Texas	T-24	10
1986	Indianapolis, Ind.	T-18	14
1987	Baton Rouge, La.	25	13
1988	Eugene, Ore.	9	24
1989	Provo, Utah	T-39	6
1990	Durham, N.C.	T-28	10
1991	Eugene, Ore.	T-26	12
1993	New Orleans, La.	T-25	10
1994	Boise, Idaho	T-42	6
1995	Knoxville, Tenn.	46	5.5
1996	Eugene, Ore.	T-36	8
1997	Bloomington, Ind.	T-74	1
1998	Buffalo, N.Y.	T-62	2
2000	Durham, N.C.	T-72	1
2001	Eugene, Ore.	T-64	2
2003	Sacramento, Calif.	T-52	4
2004	Austin, Texas	25	12
2005	Sacramento, Calif.	T-37	6
2007	Sacramento, Calif.	T35	8
2010	Eugene, Ore.	T-60	2
2012	Des Moines, Iowa	T-40	6
2015	Eugene, Ore.	T-44	5

2016	Eugene, Ore.	33	7
2019	Austin, Texas	T-62	0
2021	Eugene, Ore.	T-66	0
2022	Eugene, Ore.	T-69	0
2023	Austin, Texas	T-69	0

WOMEN'S NCAA FINISHES

INDOOR

Year	Site	Place	Pts.
1983	Pontiac, Mich.	T-38	1
1984	Syracuse, N.Y.	T-35	2
1989	Indianapolis, Ind.	27	5
1990	Indianapolis, Ind.	T-41	2
1991	Indianapolis, Ind.	T-11	12
1992	Indianapolis, Ind.	T-26	6
1996	Indianapolis, Ind.	T-47	2
1998	Indianapolis, Ind.	T-56	1
2000	Fayetteville, Ark.	T-50	2
2002	Fayetteville, Ark.	T-46	2
2003	Fayetteville, Ark.	T-40	3
2004	Fayetteville, Ark.	T-38	3
2006	Fayetteville, Ark.	T-58	1
2007	Fayetteville, Ark.	56	3
2014	Albuquerque, N.M.	T-48	3
2015	Fayetteville, Ark.	35	6
2016	Birmingham, Ala.	17	10
2018	College Station, Texas	T-51	2
2019	Birmingham, Ala.	T-65	0
2021	Fayetteville, Ark.	T-24	9
2022	Birmingham, Ala.	9th	25

OUTDOOR

Year	Site	Place	Pts.
1978	AIAW	32	—
1979	AIAW	9	—
1980	AIAW	2	—
1981	AIAW	5	—
1982	Provo, Utah	T-36	7
1983	Houston, Texas	T-10	37
1984	Eugene, Ore.	T-54	6
1986	Indianapolis, Ind.	T-39	5
1988	Indianapolis, Ind.	T-30	5
1989	Provo, Utah	T-29	8
1990	Durham, N.C.	T-25	8
1991	Eugene, Ore.	T-18	11
1992	Austin, Texas	T-29	6
1995	Knoxville, Tenn.	T-47	3
2001	Eugene, Ore.	T-67	1
2002	Baton Rouge, La.	13	18
2003	Sacramento, Calif.	T-39	6
2005	Sacramento, Calif.	T-44	6
2006	Sacramento, Calif.	T-58	3
2007	Sacramento, Calif.	T-45	5
2011	Des Moines, Iowa	T-60	2
2013	Eugene, Ore.	T-56	2
2016	Eugene, Ore.	25	9
2019	Austin, Texas	T-67	0
2021	Eugene, Ore.	T-26	11

2022	Eugene, Ore.	T-17	14
2023	Austin, Texas	35	8

INDIVIDUAL NATIONAL CHAMPIONS

MEN'S OUTDOOR

1985	Glenn, McSwain		
	Peebles, Young	4x100	39.12
1993	Tyrell Taitt	TJ	55' 5.75"

WOMEN'S OUTDOOR

1979	Julie Shea	5,000m (AIAW)	16:05.9
1980	Julie Shea	3,000m (AIAW)	9:13.15
	Julie Shea	5,000m (AIAW)	15:41.28
	Julie Shea	10,000m (AIAW)	33:02.32
1981	Julie Shea	5,000m (AIAW)	16:11.04
1983	Betty Springs	5,000m	15:51.97
	Betty Springs	10,000m	33:01.02
1991	Laurie Gomez	5,000m	16:07.96
2002	Kristin Price	10,000m	34:26.63
2021	Elly Henes	5,000m	15:28.05
2022	Katelyn Tuohy	5,000m	15:18.39



MEN'S ACC CHAMPIONSHIP HISTORY

INDOOR				OUTDOOR			
Year	Site	Finish	Points	Year	Site	Finish	Points
1955	Chapel Hill, N.C.	5th.....	9	1954	College Park, Md.	7th.....	5
1956	Raleigh, N.C.	4th.....	15	1955	Chapel Hill, N.C.	7th.....	13
1957	Raleigh, N.C.	6th.....	6.50	1956	Durham, N.C.	7th.....	8.70
1958	Chapel Hill, N.C.	7th.....	5.40	1957	Chapel Hill, N.C.	7th.....	5
1959	Chapel Hill, N.C.	6th.....	3	1958	Durham, N.C.	7th.....	2
1960	Chapel Hill, N.C.	6th.....	8.20	1959	Columbia, S.C.	7th.....	6
1961	Chapel Hill, N.C.	7th.....	3	1960	College Park, Md.	8th.....	1
1962	Chapel Hill, N.C.	7th.....	4	1961	Durham, N.C.	7th.....	0
1963	Chapel Hill, N.C.	7th.....	2	1962	Columbia, S.C.	8th.....	2
1964	Raleigh, N.C.	7th.....	6	1963	Chapel Hill, N.C.	8th.....	2
1965	Chapel Hill, N.C.	5th.....	12	1964	College Park, Md.	7th.....	6
1966	Chapel Hill, N.C.	3rd.....	16	1965	Raleigh, N.C.	6th.....	17
1967	Chapel Hill, N.C.	6th.....	13	1966	Columbia, S.C.	5th.....	17
1968	Chapel Hill, N.C.	5th.....	10	1967	Durham, N.C.	2nd.....	37
1969	Chapel Hill, N.C.	7th.....	2	1968	Chapel Hill, N.C.	7th.....	10
1970	Chapel Hill, N.C.	7th.....	6	1969	Durham, N.C.	7th.....	7
1971	Chapel Hill, N.C.	6th.....	12	1970	Raleigh, N.C.	7th.....	12
1972	Chapel Hill, N.C.	4th.....	20	1971	Columbia, S.C.	7th.....	16
1973	College Park, Md.	5th.....	16	1972	Charlottesville, Va.	6th.....	20
1974	College Park, Md.	3rd.....	29	1973	Raleigh, N.C.	3rd.....	45
1975	College Park, Md.	3rd.....	25.33	1974	Chapel Hill, N.C.	3rd.....	49
1976	College Park, Md.	3rd.....	40.50	1975	Raleigh, N.C.	2nd.....	67.50
1977	College Park, Md.	3rd.....	38	1976	Durham, N.C.	2nd.....	57.50
1978	Raleigh, N.C.	2nd.....	44	1977	Charlottesville, N.C.	3rd.....	83
1979	College Park, Md.	3rd.....	29.50	1978	Clemson, S.C.	2nd.....	121
1980	Greensboro, N.C.	4th.....	60.50	1979	Chapel Hill, N.C.	4th.....	75.5
1987	Johnson City, Tenn.	2nd.....	97	1980	Raleigh, N.C.	3rd.....	106
1988	Johnson City, Tenn.	1st.....	128	1981	Durham, N.C.	2nd.....	157
1989	Johnson City, Tenn.	2nd.....	113	1982	Charlottesville, Va.	2nd.....	144
1990	Johnson City, Tenn.	3rd.....	77	1983	Clemson, S.C.	1st.....	169
1991	Johnson City, Tenn.	2nd.....	107.20	1984	Chapel Hill, S.C.	1st.....	161
1992	Johnson City, Tenn.	3rd.....	68	1985	Raleigh, N.C.	1st.....	161
1993	Johnson City, Tenn.	5th.....	78	1986	Chapel Hill, N.C.	1st.....	171
1994	Greensboro, N.C.	5th.....	66	1987	Atlanta, Ga.	1st.....	157
1995	Greensboro, N.C.	4th.....	76	1988	Durham, N.C.	1st.....	174.5
1996	Greensboro, N.C.	2nd.....	147.50	1989	Charlottesville, S.C.	2nd.....	146
1997	Greensboro, N.C.	4th.....	69	1990	Clemson, S.C.	2nd.....	135
1998	Blacksburg, Va.	3rd.....	130	1991	Chapel Hill, N.C.	2nd.....	115
1999	Blacksburg, Va.	3rd.....	108	1992	Tallahassee, Fla.	5th.....	74.50
2000	Blacksburg, Va.	3rd.....	86	1993	Chapel Hill, N.C.	3rd.....	126.50
2001	Blacksburg, Va.	5th.....	69	1994	Raleigh, N.C.	4th.....	105
2002	Chapel Hill, N.C.	4th.....	82	1995	Winston-Salem, N.C.	5th.....	85
2003	Chapel Hill, N.C.	5th.....	84.50	1996	College Park, Md.	1st.....	196.50
2004	Clemson, S.C.	3rd.....	88	1997	Atlanta, Ga.	3rd.....	125.50
2005	Chapel Hill, N.C.	8th.....	37	1998	Orlando, Fla.	3rd.....	123
2006	Blacksburg, Va.	7th.....	52	1999	Clemson, S.C.	4th.....	98.50
2007	Clemson, S.C.	3rd.....	70	2000	Durham, N.C.	3rd.....	117
2008	Chapel Hill, N.C.	6th.....	67	2001	Orlando, Fla.	6th.....	84.50
2009	Blacksburg, Va.	6th.....	49	2002	Charlottesville, Va.	4th.....	103
2010	Blacksburg, Va.	5th.....	63	2003	Raleigh, N.C.	4th.....	94
2011	Blacksburg, Va.	3rd.....	83.5	2004	Chapel Hill, N.C.	5th.....	81
2012	Roxbury, Mass.	6th.....	61	2005	Tallahassee, Fla.	7th.....	47
2013	Blacksburg, Va.	8th.....	35	2006	Winston-Salem, N.C.	6th.....	60
2014	Clemson, S.C.	10th.....	32	2007	College Park, Md.	3rd.....	99.5
2015	Blacksburg, Va.	9th.....	29	2008	Atlanta, Ga.	3rd.....	96.5
2016	Boston, Ma.	4th.....	62	2009	Coral Gables, Fla.	12th.....	7
2017	South Bend, Ind.	7th.....	39	2010	Clemson, S.C.	9th.....	37
2018	Clemson, S.C.	5th.....	52	2011	Durham, N.C.	7th.....	50
2019	Blacksburg, Va.	3rd.....	61	2012	Charlottesville, Va.	7th.....	58
2020	South Bend, Ind.	7th.....	34	2013	Raleigh, N.C.	8th.....	39
2021	Clemson, S.C.	T-11th.....	25	2014	Chapel Hill, N.C.	10th.....	32
2022	Blacksburg, Va.	12th.....	24	2015	Tallahassee, Fla.	12th.....	33
2023	Louisville, Ky.	11th.....	27	2016	Tallahassee, Fla.	2nd.....	93
				2017	Atlanta, Ga.	4th.....	78
				2018	Coral Gables, Fla.	8th.....	49
				2019	Charlottesville, Va.	13th.....	27
				2021	Raleigh, N.C.	T8th.....	40
				2022	Durham, N.C.	11th.....	40
				2023	Raleigh, N.C.	13th.....	23

*No indoor championships held between 1981 and 1986

*No outdoor championships held in 2020 due to COVID-19 pandemic

NC STATE TRACK & FIELD

WOMEN'S ACC CHAMPIONSHIP HISTORY



INDOOR

Year	Site	Finish
1987	Johnson City, Tenn.	5th..... 22
1988	Johnson City, Tenn.	7th..... 14
1989	Johnson City, Tenn.	4th..... 50
1990	Johnson City, Tenn.	6th..... 22
1991	Johnson City, Tenn.	4th..... 26
1992	Johnson City, Tenn.	6th..... 33
1993	Johnson City, Tenn.	7th..... 25
1994	Greensboro, N.C.	9th..... 2
1995	Greensboro, N.C.	8th..... 9
1996	Greensboro, N.C.	4th..... 67
1997	Greensboro, N.C.	6th..... 43
1998	Blacksburg, Va.	5th..... 52
1999	Blacksburg, Va.	7th..... 50.33
2000	Blacksburg, Va.	6th..... 51
2001	Blacksburg, Va.	9th..... 12
2002	Chapel Hill, N.C.	3rd..... 78.50
2003	Chapel Hill, N.C.	5th..... 66
2004	Clemson, S.C.	4th..... 91.50
2005	Chapel Hill, N.C.	8th..... 37
2006	Blacksburg, Va.	6th..... 58.83
2007	Clemson, S.C.	11th..... 19.66
2008	Chapel Hill, N.C.	7th..... 43
2009	Blacksburg, Va.	6th..... 47
2010	Blacksburg, Va.	6th..... 40
2011	Blacksburg, Va.	8th..... 31
2012	Roxbury, Mass.	7th..... 47
2013	Blacksburg, Va.	4th..... 61.5
2014	Clemson, S.C.	9th..... 39
2015	Blacksburg, Va.	6th..... 55.5
2016	Boston, Ma.	7th..... 42
2017	South Bend, Ind.	9th..... 35
2018	Clemson, S.C.	8th..... 36
2019	Blacksburg, Va.	6th..... 58
2021	Clemson, S.C.	8th..... 43
2022	Blacksburg, Va.	4th..... 75
2023	Louisville, Ky.	4th..... 61

OUTDOOR

Year	Site	Finish
1983	Clemson, S.C.	4th..... 76
1984	Chapel Hill, S.C.	5th..... 25.50
1985	Raleigh, N.C.	2nd..... 127
1986	Chapel Hill, N.C.	2nd..... 152
1987	Atlanta, Ga.	5th..... 56
1988	Durham, N.C.	6th..... 38
1989	Charlottesville, S.C.	5th..... 49
1990	Clemson, S.C.	5th..... 22
1991	Chapel Hill, N.C.	5th..... 30
1992	Tallahassee, Fla.	8th..... 15
1993	Chapel Hill, N.C.	8th..... 13
1994	Raleigh, N.C.	8th..... 11
1995	Winston-Salem, N.C.	9th..... 12
1996	College Park, Md.	6th..... 45
1997	Atlanta, Ga.	5th..... 76
1998	Orlando, Fla.	5th..... 78
1999	Clemson, S.C.	8th..... 58.50
2000	Durham, N.C.	5th..... 60.50
2001	Orlando, Fla.	7th..... 40
2002	Charlottesville, Va.	4th..... 99.50
2003	Raleigh, N.C.	6th..... 51
2004	Chapel Hill, N.C.	4th..... 89
2005	Tallahassee, Fla.	5th..... 67
2006	Winston-Salem, N.C.	9th..... 47
2007	College Park, Md.	10th..... 38
2008	Atlanta, Ga.	11th..... 21
2009	Coral Gables, Fla.	7th..... 52.50
2010	Clemson, S.C.	12th..... 21
2011	Durham, N.C.	8th..... 39.5
2012	Charlottesville, Va.	8th..... 58
2013	Raleigh, N.C.	3rd..... 82
2014	Chapel Hill, N.C.	5th..... 73
2015	Tallahassee, Fla.	7th..... 59
2016	Tallahassee, Fla.	7th..... 56
2017	Atlanta, Ga.	9th..... 31
2018	Coral Gables, Fla.	10th..... 37
2019	Charlottesville, Va.	6th..... 56
2021	Raleigh, N.C.	15th..... 69
2022	Durham, N.C.	4th..... 91
2023	Raleigh, N.C.	6th..... 73

*No outdoor championships held in 2020 due to COVID-19 pandemic



ACC NOTABLES

MULTIPLE ACC TITLES - MEN

9	Danny Peebles	1987-88
7	Ryan Hill	2010-13
	Bob Medlin	1974-77
	Mike Patton	1985-89
6	Kevin Braunskill	1989-91
	Gus Young	1981-84
5	Cravont Charleston	2017-20
	Jose Gonzales	1995-96
	Chan Pons	1999-00
	Tyrell Taitt	1991-93
	Alvis Whitted	1995-97
4	Jonathan Addison	2014-16
	Kevin Ankrom	1989-91
	Cravont Charleston	2017-18
	Tom Huminik	1988-89
	Fidelos Obikwu	1982-85
	Isaiah Oglesby	2000-01
3	Dexter Adams	2006-08
	Neil Chance	1993-95
	Chris Dugan	2000-02
	Ron Foreman	1978-80
	Bob Henes	1990-91
	Bob Jones	1955-56
	Pat Joyce	1996-98
	Todd Lopeman	1991-92
	Tony Riley	1992-93
	Andy Smith	2003-05
	Ryan Woods	2001-02
2	Arnold Bell	1981-82
	Tyrone Dozier	2000
	Ron England	1967-68
	Joe Hannah	1979-81
	Nyheim Hines	2016-17
	Kevin Hutton	2007-08
	Dean Leavitt	1980
	Harvey McSwain	1983-86
	Shannon Patterson	2015-18
	John Patterson	1995-97
	Chad Pearson	2002-04
	Jason Perry	1995-98
	Dylan Peebles	2017-18
	Mitchell Pope	2007
	James Rowell	2003-04
	Ian Shanklin	2017-21
	Mike Shea	1955-56
	Cordell Smith	1997-98
	Dick Trichter	1967

MULTIPLE ACC TITLES - WOMEN

6	Kristin Price	2002-04
5	Elly Henes	2018-21
4	Jackie Coscia	1996-99
	Katrina Price	1989-91
3	Felicia Fant	2001-04
	Ebony Foster	2004-06
	Kristen Hall	1995-96
	Chavonda Jacobs	1987-89
	Christy Nichols	1997-99
	Janet Smith	1988-89
2	Jennifer Dunklin	1985-86
	Laurie Gomez	1991-92
	Julia Lucas	2005-06
	Laura Rhoads	1998
	Katie Sabino	2001-02
	Lawanda Henry	2010
	Katelyn Tuohy	2022

1988	Danny Peebles (2)	55	6.28
		200	21.05
	Mike Patton	TJ	16.57
	Tom Huminik	Shot	59'11.25"
	Tom Eckard	35#	15.47
1989	Kevin Ankrom	HJ	6'11.50"
	Kevin Braunskill (2)	55	6.26
		200	20.78
	Terry Reese	55 H	7.42
	Mike Patton	TJ	15.88
1990	Chucky Simmons	LJ	24'09.00"
1991	Kevin Ankrom	HJ	7'02.50"
	Kevin Braunskill	200	20.75
	Bob Henes (2)	Mile	4:05.03
		3,000	8:16.26
	Todd Lopeman	5,000	14:17.3
	Tyrell Taitt	TJ	53'07.50"
1992	Todd Lopeman	5,000	14:15.23
	Tyrell Taitt	TJ	52'00.75"
1993	Tony Riley	Mile	4:02.44
	Tyrell Taitt	TJ	53'02.25"
1994	Sean Garland	HJ	7'01.00"
1995	Alvis Whitted	55	6.24
	John Patterson	Weight	54'10.00"
	Jose Gonzales	3,000	8:23.36
1996	Alvis Whitted	55	6.27
	Jose Gonzalez	3,000	8:25.20
	Pat Joyce	5,000	14:23.33
1997	John Patterson	Weight	64'05.25"
1998	Jason Perry	60 H	7.79
	Pat Joyce	5,000	14:19.11
	Cordell Smith	LJ	24'07.25"
	John Williamson	Weight	62'05.25"
	NC State	DMR	9:54.10
1999	Chan Pons	5,000	14:07.96
2000	Tyrone Dozier	400	46.15
	Isaiah Oglesby	Weight	64'10.75"
	Chan Pons (2)	3,000	8:15.48
		5,000	14:15.74
2001	Isaiah Oglesby	Weight	66'07.25"
	Ryan Woods (2)	3,000	8:20.99
		5,000	14:27.58
2002	Chad Pearson	5,000	14:22.54
2003	NC State	DMR	9:57.07
	James Rowell	Weight	62'03.25"
2004	Manny Lawson	LJ	24'03.50"
	Chad Pearson	5,000	14:21.14
2006	Dexter Adams	LJ	25'06.75"
2007	Mitchell Pope	Shot	63'04.25"
2008	Dexter Adams	LJ	25'07.50"
	John Crews	5,000m	14:27.51"
2009	Bobby Moldovan	3,000m	8:11.89
2010	John Martinez	3,000m	8:09.77
2011	Ryan Hill	3,000m	8:03.57
	NC State	DMR	9:43.31
2012	Ryan Hill	3,000m	8:00.70
	Kris Kornegay-Gober	HJ	7' 3.75"
	NC State	DMR	9:40.05
2013	Ryan Hill	Mile	4:05.71

ACC INDIVIDUAL CHAMPIONS

MEN'S INDOOR

1974	John Holiday	Shot	52'11.00"
1975	Bob Medlin	Shot	56'09.25"
1976	Bob Medlin	Shot	62'01.00"
1977	Bob Medlin	Shot	62'11.00"
1979	Joe Hannah	Shot	58'01.25"
1980	Dean Leavitt	Shot	58'08.75"
1987	Danny Peebles	LJ	24'11.75"
	Mike Patton	TJ	52'06.50"

MEN'S ALL-ACC PERFORMERS



INDOOR

1987	Dwight Frazier Tom Huminik Mike Patton Danny Peebles	2002	James Rowell Ryan Woods David Christian Tyrone Dozier Chad Pearson James Rowell
1988	Malcolm Branham Tom Eckard Dwight Frazier Bob Henes Tom Huminik Mike Patton Danny Peebles	2003	Ryan Woods Monterrio Adams David Christian Derrick High Nick Mangum Kurtis Marlowe David Patterson Jesse Rhodenbaugh James Rowell Jesse Williams
1989	Kevin Ankrom Kevin Braunskill Tom Huminik Mike Patton Terry Reese Kevin Braunskill Bob Henes Chuckie Simmons	2004	Monterrio Adams Manny Lawson Chad Pearson James Rowell Wesley Smith Chris Kollar Michael Hill
1990	Kevin Braunskill Bob Henes Chuckie Simmons Kevin Ankrom Kevin Braunskill Bob Henes Todd Lopeman Tyrell Taitt	2005	Dexter Adams John Crews Mitchell Pope Tibor Vegh Dexter Adams Mitchell Pope Wesley Smith
1991	Todd Lopeman Tyrell Taitt Emmanuel Smith Neil Chance James Davidson Tony Riley Tyrell Taitt	2006	Dexter Adams John Crews Chris Kollar John Martinez John Martinez Robert Moldovan Lamont Savage
1992	Sean Garland Alvis Whitted Emmanuel Barnes Neil Chance Jason Perry Jeremy Willis Alvis Whitted	2007	Kris Kornegay-Gober A'Tolani Akinuotu Andrew Colley Ryan Hill T.J. Graham Kris Kornegay-Gober Ryan Hill
1993	Jose Gonzalez John Patterson Reggie Barnes Jose Gonzalez Jason Johnson Pat Joyce Eric Riddick Alvis Whitted John Williamson Joe Wirgau	2008	Kris Kornegay-Gober Ryan Hill Kris Kornegay-Gober Ryan Hill Kris Kornegay-Gober Jonathan Addison Jonathan Addison Jonathan Addison*
1994	Jason Johnson John Patterson Joe Wirgau Aaron Henry Robbie Howell Pat Joyce John Patterson Jason Perry Chan Pons Eric Riddick Aaron Saft Dan Smitas Cordell Smith John Williamson	2009	Jonathan Addison Jonathan Addison Jonathan Addison Quashawn Cunningham Joshua Davis Graham Crawford* Shannon Patterson* Nyheim Hines* Luis Vargas* Christopher Garrick*
1995	Abdul Alzindani Brandon Brown Tyrone Dozier Chris Dugan Robbie Howell Butch McClelland Chan Pons Aaron Saft Abdul Alzindani Tyrone Dozier Chris Dugan Isaiah Oglesby Chan Pons Abdul Alzindani Isaiah Oglesby David Patterson	2010	Sam Parsons Cravont Charleston Joshua Davis Christopher Garrick* Nyheim Hines* Sam Parsons* Joshua Davis Cravont Charleston Dylan Peebles Christopher Garrick* JaTory Reid* Patrick Sheehan* Shannon Patterson* Cravont Charleston Quashawn Cunningham*
1996		2011	Jamar Davis Philip Hall Grant Rivers Ian Shanklin Chris Alexander*
1997		2012	
1998		2013	
1999		2014	
2000		2015	
2001		2016	

2021	Cravont Charleston Tyson Fortenberry Chris Alexander Josh Brockman Von Douglas* Cameron Murray*
2022	Ian Shanklin Chris Alexander* Von Douglas* Kyle Durham* Brett Gardner* Gavin Gaynor* Zach Hughes* Cameron Murray* Jamar Davis Cam Murray Alex Lang* Ian Shanklin* Kyziah Stone*
2023	

OUTDOOR

1986	Dwight Frazier Jake Howard Mike Patton Danny Peebles Terry Thomas William Turner Troy Wright Harvey McSwain	1999	Abdul Alzindani David Patterson Brendon Rodgers Butch McClelland Tyrone Dozier Scott Wirgau Donte Hunt Eric Cannon Tyrone Dozier Chris Dugan Isaiah Oglesby Chan Pons Brenden Rodgers Aaron Saft Zack Whitlow Ryan Woods Abdul Alzindani Chris Dugan Isaiah Oglesby Zach Whitlow Joseph Brent Chris Dugan Chris Seaton Andy Smith Ryan Woods Ricky Brookshire Nick Mangum James Rowell Andy Smith Jesse Williams A.J. Davis Manny Lawson Chad Pearson James Rowell Andy Smith Andy Smith John Crews Chris Kollar Mitchell Pope Dexter Adams Chris Crawford Kevin Hutton Chris Kollar John Martinez Mitchell Pope Wesley Smith Tibor Vegh A'Tolani Akinuotu Tibor Vegh John Martinez Stephen Furst Kevin Hutton Wesley Smith Dexter Adams Ryan Hill John Martinez Kris Kornegay-Gober Ryan Hill
1987	Steve Brown Darrian Bryant Dwight Frazier Marco Meulink Mike Patton Danny Peebles Eric Schoenborn Terry Thomas Kevin Braunskill Michael Brooks Dwight Frazier Gavin Gaynor Tom Huminik Marco Meulink Danny Peebles Pat Piper William Turner Kevin Braunskill Michael Brooks Darrian Bryant Dwight Frazier Tom Huminik Aaron Merriweather Terry Reese Mike Patton Kevin Braunskill David Fields Bob Henes Joe Johnson Chuckie Simmons Tyrell Taitt Kevin Ankrom Kevin Braunskill Chris Corcoran Derek Hallburg Bob Henes Todd Lopeman David Honea Tony Riley Tony Riley Neil Chance Tyrell Taitt Neil Chance Jose Gonzalez Sean Garland Tyrell Taitt	2000	
1988		2001	
1989		2002	
1990		2003	
1991		2004	
1992		2005	
1993		2006	
1994		2007	
1995		2008	
1996		2009	
1997		2010	
1998		2011	
1999		2012	
2000		2013	
2001		2014	
2002		2015	
2003		2016	
2004		2017	
2005		2018	
2006		2019	
2007		2020	



MEN'S ALL-ACC PERFORMERS

2012	Ryan Hill Brian Himelright Nathaniel Williams
2013	Andrew Colley Graham Crawford Brian Himelright Kris Kornegay-Gober
2014	Jonathan Addison Andrew Colley Graham Crawford Nathaniel Williams
2015	Jonathan Addison Jacob Thomson Jonathan Addison*
2016	Jonathan Addison Quashawn Cunningham Shannon Patterson Nyheim Hines Luis Vargas Meron Simon Christopher Garrick Jonathan Addison* Nyheim Hines* Graham Crawford* Shannon Patterson* Joshua Davis* Sam Parsons*
2017	Cravont Charleston Junpai Dowdy Nyheim Hines Aubrey Myjer Sam Parsons Dylan Peebles Joshua Davis* Christopher Garrick* Dylan Peebles* Grant Rivers* Aaron Thomas*
2018	Cravont Charleston Abdur Rahman Kelly Shannon Patterson Dylan Peebles Joshua Davis* Elijah Moskowitz* Grant Rivers* Shannon Patterson*
2019	Jamar Davis* Von Douglas* Ares Eggs* Tyson Fortenberry* Shannon Patterson* Ian Shanklin*
2021	Chris Alexander Von Douglas Chris Alexander* Alan Alvarez* Josh Brockman* Von Douglas* Junpai Dowdy* Henry Young*
2022	Brett Gardner Chris Alexander* Josh Brockman* Nate Kawalec* Jamar Davis* Cameron Murray*
2023	Ian Shanklin* Jamar Davis* Cam Murray Kyziah Stone*

* denotes 2nd team est. 2015

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WOMEN'S ALL-ACC PERFORMERS

2019 Timara Chapman
Dominique Clairmonte
Michelle Cobb*
Gabriele Cunningham
Lauren Evans
Janel Pate

2021 Elly Henes
Elly Henes
Akira Rhodes
Hannah Steelman
Hannah Steelman
Katelyn Tuohy
Gionna Quarzo*
Savannah Shaw*

2022 Sam Bush
Timara Chapman
Hannah Steelman
Katelyn Tuohy
Katelyn Tuohy
Anna Vess
Dominique Clairmonte*
Mariah Howlett*
Savannah Shaw*
Marlee Starliper*

2023 Jirah Seymour
Katelyn Tuohy
Gionna Quarzo*
Mariah Howlett*
Timara Chapman
Amaris Tynismaa*
Allny Henson*
Amaris Tynismaa
Kelsey Chmiel
Allie Hays

* denotes 2nd team est. 2015

ALL-ACC ACADEMIC TEAM



MEN

2005-06 (5)	John Crews Stephen Furst John Henderson Christ Kollar Tibor Vegh	2016-17 Indoor (3)	Meron Simon Joshua Davis Elijah Moskowitz Sam Parsons	2007-08 (1)	Brittany Tinsley
2006-07 (5)	John Crews Stephen Furst Chris Kollar Wesley Smith Tibor Vegh	2017 Outdoor (4)	Joshua Davis Christopher Garrick Aubrey Myjer Aaron Thomas	2008-09 Indoor (3)	Mattie Bethea Andie Cozzarelli Brittany Tinsley
2007-08 (7)	Stephen Furst* John Crews Adam Gray Chris Kollar Eric Mack Wesley Smith Tibor Vegh	2017-18 Indoor (4)	Joshua Davis Christopher Garrick Shannon Patterson Dylan Peebles	2009 Outdoor (2)	Mattie Bethea Brittany Tinsley
2008-09 Indoor (3)	Jason Jones Tim Majors Bobby Moldovan	2017-18 Outdoor (4)	Joshua Davis Elijah Moskowitz Shannon Patterson Grant Rivers	2009-10 Indoor (2)	Gabrielle Daniel Emily Pritt
2009 Outdoor (3)	Greg Dame Jason Jones Bobby Moldovan	2018-19 Indoor (2)	Jamar Davis Grant Rivers	2010 Outdoor (2)	Julia Kick Emily Pritt
2009-10 Indoor (5)	Jason Jones Ben Major Tim Majors James Robinson Eric Davis	2019 Outdoor (2)	Jamar Davis Shannon Patterson	2011 Outdoor (2)	Andie Cozzarelli Lillian Greibesland
2010 Outdoor (2)	Jason Jones	2019-20 Indoor (2)	Jamar Davis Ian Shanklin	2011-12 Indoor (2)	Laura Hoer Joanna Thompson
2010-11 Indoor (3)	Kwame Boatwright Andrew Colley Greg Dame	2020-21 Indoor (3)	Josh Brockman Von Douglas Cameron Murray	2012 Outdoor (2)	Andie Cozzarelli Joanna Thompson
2011 Outdoor (3)	Andrew Colley Adam Henken Brian Himelright	2021 Outdoor (3)	Josh Brockman Von Douglas Ian Shanklin	2012-13 Indoor (3)	Andie Cozzarelli Alexis Perry Joanna Thompson
2011-12 Indoor (5)	Patrick Campbell Brian Himelright Bobby Moldovan Jule Rich	2021-22 Indoor (5)	Von Douglas Brett Gardner Gavin Gaynor Zach Hughes Cameron Murray	2013 Outdoor (4)	Andie Cozzarelli Erin Mercer Alexis Perry Joanna Thompson
2012 Outdoor (4)	Vibushan Sivakumaran Patrick Campbell Brian Himelright Bobby Moldovan Jule Rich	2022 Outdoor (6)	Josh Brockman Von Douglas Brett Gardner Nate Kawalec Cameron Murray	2013-14 Indoor (2)	Alexis Perry Joanna Thompson Samantha Norman
2012-13 Indoor (2)	Dorian Crawford Jule Rich	2023 Indoor (10)	Ian Shanklin Josh Brockman Brett Gardner Patrick Gibbons Ian Harrison Zach Hughes Travis Koekemoer Wesley Larson Nathan Lau Cam Murray David Vorbach	2014 Outdoor (3)	Alexis Perry Joanna Thompson Erika Kemp Megan Moyer Joanna Thompson
2013 Outdoor (3)	Andrew Colley Brian Himelright Jule Rich	2023 Outdoor (12)	Kevin Antczak Ja'Von Douglas Gavin Gaynor Grant Howlett Zach Hughes Travis Koekemoer Wesley Larson Dan McGoey Cameron Murray Lance Peterson Will Sistruck	2014-15 Indoor (3)	Erika Kemp Megan Moyer Joanna Thompson Erika Kemp Joanna Thompson Erika Kemp Megan Moyer Megan Moyer Alexis Perry Alyssa Rudawsky
2013-14 Indoor (3)	Jonathan Addison Andrew Colley Jule Rich			2015 Outdoor (2)	Erika Kemp Joanna Thompson Erika Kemp Megan Moyer Megan Moyer Alexis Perry Alyssa Rudawsky
2014 Outdoor (2)	Jonathan Addison Andrew Colley			2015-16 Indoor (2)	Erika Kemp Megan Moyer Megan Moyer Alexis Perry Alyssa Rudawsky
2014-15 Indoor (3)	Jonathan Addison Jule Rich Jacob Thomson			2016 Outdoor (3)	Megan Moyer Alexis Perry Alyssa Rudawsky
2015 Outdoor (1)	Jonathan Addison*			2016-17 Indoor (5)	Elly Henes Erika Kemp Rachel Koon Kaitlyn Kramer Megan Moyer Elly Henes Erika Kemp Rachel Koon Megan Moyer Michelle Cobb Elly Henes Erika Kemp
2015-16 Indoor (4)	Jonathan Addison* Joshua Davis Christopher Garrick Grant Rivers			2017 Outdoor (4)	Elly Henes Erika Kemp Rachel Koon Megan Moyer Michelle Cobb Elly Henes Erika Kemp Dominique Clairmonte Michelle Cobb Elly Henes Michelle Cobb Nell Crosby Gabriele Cunningham Kelsey Chmiel Michelle Cobb Savannah Shaw Anna Vess
2016 Outdoor (6)	Jonathan Addison Joshua Davis Sebastian Hanson Nyheim Hines Sam Parsons			2017-18 Indoor (3)	Michelle Cobb Elly Henes Erika Kemp Dominique Clairmonte Michelle Cobb Elly Henes Michelle Cobb Nell Crosby Gabriele Cunningham Kelsey Chmiel Michelle Cobb Savannah Shaw Anna Vess
				2018 Outdoor (3)	Gabriele Cunningham Elly Henes Erika Kemp Dominique Clairmonte Michelle Cobb Elly Henes Michelle Cobb Nell Crosby Gabriele Cunningham Kelsey Chmiel Michelle Cobb Savannah Shaw Anna Vess
				2018-19 Indoor (3)	Michelle Cobb Elly Henes Michelle Cobb Nell Crosby Gabriele Cunningham Kelsey Chmiel Michelle Cobb Savannah Shaw Anna Vess
				2019 Outdoor (3)	Michelle Cobb Nell Crosby Gabriele Cunningham Kelsey Chmiel Michelle Cobb Savannah Shaw Anna Vess
				2019-20 Indoor (4)	Kelsey Chmiel Michelle Cobb Savannah Shaw Anna Vess
				2020-21 Indoor (8)	Kelsey Chmiel Michelle Cobb Sarah LaTour Akira Rhodes Savannah Shaw Hannah Steelman Katelyn Tuohy

WOMEN



ALL-ACC ACADEMIC TEAM

		MEN	
2021 Outdoor (8)	Anna Vess	6	Jonathan Addison 2013-16
	Kelsey Chmiel		Joshua Davis 2015-18
	Dominique Clairmonte		Jule Rich 2011-15
	Elly Henes		Andrew Colley 2010-14
	Gionna Quarzo	5	Von Douglas 2020-22
	Akira Rhodes	4	Brian Himelright 2011-13
	Savannah Shaw		Jason Jones 2008-10
	Hannah Steelman		Bobby Moldovan 2008-12
	Katelyn Tuohy		Josh Brockman 2020-22
	Sam Bush	3	John Crews 2005-08
2021-22 Indoor (8)	Kelsey Chmiel		Jamar Davis 2018-20
	Michelle Cobb		Stephen Furst 2005-08
	Allie Hays		Christopher Garrick 2015-18
	Gionna Quarzo		Chris Kollar 2005-08
	Savannah Shaw		Cameron Murray 2020-22
	Katelyn Tuohy		Ian Shanklin 2019-22
	Anna Vess		Tibor Vegh 2005-08
			Kwame Boatwright 2009-11
			Josh Brockman 2020-21
			Patrick Campbell 2011-12
2022 Outdoor (10)	Dominique Clairmonte	2	Greg Dame 2009-11
	Michelle Cobb		Brett Gardner 2021-22
	Allie Hays		Tim Majors 2008-10
	Mariah Howlett		Elijah Moskowitz 2016-18
	Nevada Mareno		Sam Parsons 2016-17
	Gionna Quarzo		Shannon Patterson 2017-18
	Savannah Shaw		Grant Rivers 2015-18
	Marlee Starliper		Wesley Smith 2006-08
	Katelyn Tuohy		
	Anna Vess		
2023 Indoor (13)	Lulu Black		
	Kelsey Chmiel		
	Nasheeda Facey		
	Sydney Freeman		
	Grace Hartman		
	Ally Henson		
	Caroline Lewis		
	Katelyn Tuohy		
	Makala Wright		
	Gionna Quarzo		
2023 Outdoor (15)	Brooke Rauber	WOMEN	
	Savannah Shaw	8	Joanna Thompson 2011-15
	Sydney Seymour	7	Erika Kemp 2014-18
	Zahra Bichara	6	Michelle Cobb 2017-22
	Kelsey Chmiel		Elly Henes 2016-21
	Sydney Freeman		
	Grace Hartman		
	Allie Hays	5	Andie Cozzarelli 2008-13
	Alyssa Hendrix		Megan Moya 2014-17
	Mariah Howlett		Alexis Perry 2012-16
	Caroline Lewis		Savannah Shaw 2020-22
	Gionna Quarzo	4	Kelsey Chmiel 2019-22
	Jenna Schulz		Katelyn Tuohy 2020-22
	Shannon Sefton		Anna Vess 2020-22
	Savannah Shaw		Dominique Clairmonte 2018-22
	Katelyn Tuohy	3	Gionna Quarzo 2021-22
	Amaris Tyynismaa		Brittany Tinsley 2007-09
	MaKala Wright		Mattie Bethea 2008-09
			Gabriele Cunningham 2017-19
			Allie Hays 2021-22
			Jemissa Hess 2005-07
*Scholar-Athlete of the Year The ACC began honoring Indoor/Outdoor separately in 2008-09		2	Rachel Koon 2016-17
			Emily Pritt 2009-10

MULTIPLE HONORS

USTFCCCA ALL-ACADEMIC



USTFCCCA ALL-ACADEMIC

TEAM AWARDS

NC STATE MEN

2007-08 (3.06)
2013-14 (3.13)
2017-18 (3.02)
2019-20 (3.025)
2020-21 (3.218)
2021-22 (3.06)
2022-23 (3.10)

NC STATE WOMEN

2006-07 (3.09)
2011-12 (3.034)
2013-14 (3.31)
2016-17 (3.16)
2017-18 (3.16)
2018-19 (3.20)
2019-20 (3.284)
2020-21 (3.381)
2021-22 (3.36)
2022-23 (3.375)

2020-21 (6)

2021-22 (8)

2022-23 (7)

Joe Bistrutz
Josh Brockman
Hannes Burger
Jamar Davis
Ian Harrison
Cameron Murray
Josh Brockman
Jamar Davis
Von Douglas
Brett Gardner
Gavin Gaynor
Andrew Haberman
Alex Lang
Cameron Murray
Josh Brockman
Jamar Davis
Brett Gardner
Gavin Gaynor
Zach Hughes
Cam Murray
David Vorbach

2021-22 (14)

2022-23 (12)

Gionna Quarzo
Akira Rhodes
Savannah Shaw
Hannah Steelman
Katelyn Tuohy
Anna Vess
Julia Zachgo
Kelsey Chmiel
Dominique Clairmonte
Michelle Cobb
Allie Hays
Ally Henson
Heather Holt
Mariah Howlett
Brandi Hughes
Nevada Mareno
Gionna Quarzo
Savannah Shaw
Marlee Starliper
Katelyn Tuohy
Anna Vess
Kelsey Chmiel
Grace Hartman
Allie Hays
Ally Henson
Mariah Howlett
Caroline Lewis
Gionna Quarzo
Jenna Schulz
Sydney Seymour
Savannah Shaw
Katelyn Tuohy

Amaris Tynnismaa

MEN'S INDIVIDUAL AWARDS

2004-05 (5)

John Henderson
Eric Hoverstad
Chris Kollar
Anderson Smith

2006-07 (4)

Wesley Smith
John Crews
Chris Kollar
Wesley Smith
Tibor Vegh

2007-08 (5)

John Crews
Stephen Furst
Chris Kollar
Wesley Smith
Tibor Vegh

2008-09 (2)

Greg Dame
Bobby Moldovan

2009-10 (1)

Andrew Colley

2010-11 (3)

Andrew Colley
Adam Henken
Brian Himelright
Patrick Campbell
Andrew Colley
Brian Himelright
Bobby Moldovan
Jule Rich
Sandy Roberts

2012-13 (3)

Andrew Colley
Brian Himelright
Jule Rich

2013-14 (2)

Jonathan Addison

2014-15 (2)

Andrew Colley
Jonathan Addison
Jule Rich

2015-16 (2)

Jonathan Addison (x2)

2016-17 (3)

Sam Krehnbrink
Elijah Moskowitz
Aubrey Myjer

2017-18 (4)

Joshua Davis
Christopher Garrick
Gavin Gaynor
Elijah Moskowitz

2018-19 (4)

Jamar Davis
Gavin Gaynor
Shannon Patterson
Grant Rivers
Jamar Davis

2019-20 (1)

WOMEN'S INDIVIDUAL AWARDS

2004-05 (3)

Renee Gunning
Magin Kebert
Ginger Wheeler

2006-07 (1)

Jemissa Hess

2008-09 (1)

Brittany Tinsley

2009-10 (2)

Laura Hoer

2011-12 (1)

Julia Kick

2012-13 (2)

Laura Hoer

2013-14 (5)

Alexis Perry
Joanna Thompson
Erika Kemp
Ryanna Henderson
Emily Pritt
Alexis Perry

2014-15 (3)

Joanna Thompson
Erika Kemp

2015-16 (6)

Tiana Patillo
Joanna Thompson
Rachel Bartolomeo (x2)
Erika Kemp (x2)

2016-17 (6)

Alyssa Rudawsky (x2)
Ryen Frazier
Elly Henes
Erika Kemp
Megan Moya
Bethany Neeley

2017-18 (4)

Tiana Patillo
Ryen Frazier
Elly Henes
Erika Kemp

2018-19 (6)

Bethany Neeley
Nell Crosby
Emma Ferguson
Elly Henes

2019-20 (4)

Nevada Mareno
Savannah Shaw
Julia Zachgo
Kelsey Chmiel
Michelle Cobb
Nevada Mareno

2020-21 (12)

Savannah Shaw
Kelsey Chmiel
Michelle Cobb
Ally Henson
Mariah Howlett
Nevada Mareno

MULTIPLE HONORS

MEN

5	Andrew Colley	2009-14
	Jamar Davis	2018-23
4	Jonathan Addison	2013-16
	Gavin Gaynor	2017-22
3	Brian Himelright	2010-13
	Chris Kollar	2004-08
	Jule Rich	2011-15
	Wesley Smith	2004-08
	Josh Brockman	2020-23
	Cameron Murray	2020-23
2	John Crews	2006-08
	Bobby Moldovan	2008-12
	Aubrey Myjer	2015-17
	Tibor Vegh	2006-08
	Elijah Moskowitz	2016-18

WOMEN

6	Erika Kemp	2013-18
5	Savannah Shaw	2018-23
4	Nevada Mareno	2018-21
	Kelsey Chmiel	2019-22
4	Michelle Cobb	2019-22
	Elly Henes	2016-19
	Bethany Neeley	2016-18
	Joanna Thompson	2012-15
2	Rachel Bartolomeo	2015-16
	Ryan Frazier	2016-18
	Ally Henson	2020-22
	Laura Hoer	2009-12

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COSIDA ACADEMIC ALL-DISTRICT/AMERICA

Mariah Howlett
Tiana Patillo
Alexis Perry
Gionna Quarzo
Alyssa Rudawsky
Katelyn Tuohy
Anna Vess
Julia Zachgo

2020-22
2014-17
2012-14
2020-22
2015-16
2020-22
2020-22
2018-21

COSIDA ACADEMIC

ALL-DISTRICT

2005	John Henderson Leslie Jimison
2007	John Crews Tibor Vegh
2011	Brian Himelright
2012	Brian Himelright
2015	Jonathan Addison Kaitlyn Kramer
2016	Jonathan Addison Kaitlyn Kramer

ALL-AMERICA

2005	John Henderson (2nd team) Leslie Jimison (2nd team)
2006	John Crews (3rd team)
2007	John Crews (3rd team) Tibor Vegh (3rd team)
2012	Brian Himelright (2nd team)
2016	Jonathan Addison (1st team)

COSIDA ACADEMIC ALL-DISTRICT

2004-05 (2)	Leslie Jimison
2005-06 (3)	John Henderson John Crews Stephen Furst
2006-07 (2)	Tibor Vegh John Crews
2010-11 (1)	Tibor Vegh
2010-11 (1)	Brian Himelright
2011-12 (1)	Brian Himelright
2014-15 (2)	Kaitlyn Kramer Jonathan Addison
2015-16 (2)	Kaitlyn Kramer Jonathan Addison
2018-19 (2)	Nell Crosby Grant Rivers
2019-20 (1)	Elly Henes
2020-21 (4)	Joe Bistriz Kelsey Chmiel Gavin Gaynor Hannah Steelman
2021-22 (3)	Kelsey Chmiel Gavin Gaynor Katelyn Tuohy

COSIDA ACADEMIC ALL-AMERICA

FIRST TEAM

1988 (1)	Gavin Gaynor (At-Large)
1992 (2)	Laurie Gomez (At-Large) David Honea (At-Large)
2016 (1)	Jonathan Addison
2021 (1)	Kelsey Chmiel
2022 (1)	Kelsey Chmiel

SECOND TEAM

1996 (1)	James Bache (At-Large)
1998 (1)	Joseph Wirgau (XC)
2005 (2)	John Henderson Leslie Jimison
2012 (1)	Brian Himelright
2019 (1)	Nell Crosby

THIRD TEAM

1991 (2)	Laurie Gomez (At-Large) David Honea (At-Large)
1996 (1)	Joseph Wirgau (At-Large)
1998 (1)	Joseph Wirgau (T&F)
2006 (1)	John Crews
2007 (2)	John Crews Tibor Vegh
2021 (1)	Hannah Steelman
2022 (2)	Gavin Gaynor Katelyn Tuohy



TRULY OUTSTANDING

Tyrell Taitt ranks as perhaps the most versatile NC State track and field athlete of all time. There is one distinction he does hold all to himself, and that is as the Wolfpack's only individual NCAA Champion.

Boasting he would before he went, Taitt captured the 1993 NCAA outdoor triple jump title in New Orleans. Taitt earned three All-America citations during his career at NC State. He finished second in the triple jump at the NCAA Indoor Championships in 1993, won the outdoor crown in '94 and placed third outdoors in 1994. During his career he owned the triple jump in the Atlantic Coast Conference, winning three indoor titles and outdoor crowns.

Taitt would compete in any event to help his team. Taitt relished competition and at the 1994 ACC Outdoor Championship he competed in four events—the high jump, long jump, triple jump and 100-meter dash.

Taitt had one second and two thirds in the ACC outdoor long jump and in 1993 placed sixth in the high jump, leaping 6'10.75".

Taitt was honored in 1993-94 with NC State's H.C. Kennett Award, which is given annually to the university's top student-athlete.

There was a time when Taitt's track career almost ended. Following his NCAA title in '93 he was diagnosed with two ruptured discs. He struggled to walk across campus and considered retiring from the sport. Taitt wore a back brace for three months to ward off surgery to fuse his vertebrae. But quitting, he said, went against his never-say-die philosophy.

LEADER OF THE PACK

NC State's Danny Peebles is one of just four athletes in ACC track & field history to win the ACC Championship's Most Outstanding Performer award in back-to-back years. In leading the Wolfpack to ACC titles in 1987 and 1998, Peebles was without a doubt the 'Leader of the Pack'.

Peebles, who also excelled as a wide receiver on the football squad, was nothing short of phenomenal as a trackster. Peebles was honored in 1988-89 with the Kennett Award, the university's top athletic accolade.

A Raleigh native, Peebles earned nine All-America citations during his career. He was a seven-time outdoor All-America and twice indoors. In 1987, he finished second outdoors in the 200 meters and in 1988 he was second at the 200 meters indoors and outdoors. Peebles was a strong leg on four Wolfpack All-America 4x100 meter relay teams, including the 1985 squad which captured the NCAA Championship.

On the football field, Peebles caught 65 passes for 1,086 yards and eight touchdowns. He ranks as one of the school's leaders in career yards, and played in the NFL for three seasons before a neck injury forced him to retire.

TRACK/FOOTBALL CONNECTION

NC State has enjoyed the success of many of its football players on the track and field program. The Wolfpack has one of the nation's strongest traditions of football athletes also being a part of the track and field program. Due largely to an outstanding amount of cooperation between track coach Rollie Geiger and the football coaching staff, Wolfpack football athletes with track potential are allowed to come out, stay in shape and help the track squad.

List of NC State student-athletes who lettered in both football and track & field:

Brooks, Michael - FS
Brown, Steve - T
Brown, Ted - RB
Butler, Ernest - G
Chavis, Theodore - TB
Davis, A.J. - CB
Dixon, Omarr - FL
Graham, T.J. - WR
Graham, Troy - S
Green, Bubba - DT
Greene, Dwayne - DB
Hannah, Joe - OLB
Harrison, Lloyd - CB
Hines, Nyheim - WR/RB
Hoggard, Dee Dee - CB
Houston, Bobby - OLB
Jenkins, Izel - CB
Johnson, Joe - CB
Jones, Steve - SE
Lawrence, Reggie - SE
Lawson, Manny - DE
Palmer, Tobais - WR
Peebles, Danny - SE
Perry, Jason - FS
Quick, Mike - SE
Riddick, Eric - FS
Robinson, Joe - DB
Savage, Sebastian - CB
Smith, Cordell - TB
Stephens, Tremayne - TB
Sullivan, Dwight - FB
Thompson, Tony - SS
Turner, William - FL
Vollmar, George - E
Walker, Darwin - DE
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Whitted, Alvis - SE
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