

**2016-17**  
**Information and Procedures**

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PALLADIUM ATHLETIC FACILITY  
404 FITNESS  
and  
BROOKLYN ATHLETIC FACILITY

New York University Department of  
Athletics, Intramurals, and Recreation

*[www.gonyuathletics.com](http://www.gonyuathletics.com)*



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## OPERATING HOURS

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### 404 FITNESS

404 Lafayette Street, New York, NY 10003  
212-998-2020  
Web site: [www.gonyuathletics.com](http://www.gonyuathletics.com)

ADMINISTRATIVE OFFICES: 212-998-2030  
Monday-Friday, 9 a.m.-5 p.m.

MEMBERSHIP OFFICE: 212-998-2045  
Monday, Tuesday, Wednesday, Friday, 10 a.m.-4 p.m.  
Thursday, 11 a.m.-7 p.m.  
Saturday, 9 a.m.-2 p.m. (closed Saturdays during summer)

### GENERAL USE HOURS

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#### ACADEMIC YEAR (2016 - 17 September 6 - May 21):

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Monday-Friday, 7:30 a.m.-10 p.m.  
(activity areas cleared 1/2 hour before listed closing time)  
Saturday and Sunday, 8:30 a.m.-8 p.m.  
(activity areas cleared 1/2 hour before listed closing time)

#### SUMMER (May 23-September 2, 2016 & May 22-September 1 2017):

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Monday-Friday, 7:30 a.m.-10 p.m.  
(activity areas cleared 1/2 hour before listed closing time)  
Saturday and Sunday, 9 a.m.-5 p.m.  
(activity areas cleared 1/2 hour before listed closing time)

### 404 FITNESS CLOSINGS

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#### 2016-2017

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Independence Day 2016	July 3-4
Maintenance Summer 2016	Aug 5-7
Labor Day 2016	Sep 3-5
Thanksgiving 2016	Nov 24-25
Christmas 2016	Dec 24-15
New Year's	Dec 31-Jan 1
Easter	April 16 2017
Memorial Day 2017	May 27-29 2017
Independence Day	July 4 2017
Maintenance Summer 2017	Aug. 23-25 2017
Labor Day Weekend	Sept. 4 2017

### ADJUSTED SCHEDULE

Thanksgiving Weekend	Nov 23, 26-27
Winter Recess	Dec 26-Jan 22
President's Day	Feb 20
Spring Recess	March 11-19

Hours of operation, dates of closings, and facility offerings are subject to change. Consult web site,

**PALLADIUM ATHLETIC FACILITY**

140 East 14th Street, New York, NY 10003-4170  
212-992-8500  
Web site: www.gonyuathletics.com

**MEMBERSHIP OFFICE**

Monday, Tuesday, Thursday, Friday, 9:30 a.m.-4:30 p.m.  
Wednesday, 11 a.m.-7 p.m.  
212-992-8510

**GENERAL USE HOURS****ACADEMIC YEAR (2016 - 17 September 6 - May 21):**

Monday-Friday, 6:30 a.m.-12 a.m.  
(activity areas close 1/2 hour before listed closing time)  
Saturday and Sunday, 8:30 a.m.-9 p.m.  
(activity areas close 1/2 hour before listed closing time)

**SUMMER (May 23-September 2, 2016 & May 22-September 1 2017):**

Monday-Friday, 7 a.m.-10 p.m.  
(activity areas close 1/2 hour before listed closing time)  
Saturday and Sunday, 8:30 am -8 p.m.  
(activity areas close 1/2 hour before listed closing time)

**PALLADIUM ATHLETIC FACILITY CLOSINGS****2016-2017**

Independence Day 2016	July 3-4 2016
Maintenance Summer 2016	Aug 13-19 2016
Thanksgiving 2016	Nov 24-25 2016
Christmas 2016	Dec 24-15 2016
New Year's	Jan 1, 2017
Maintenance Summer 2017	May 17-19 2017
Memorial Day 2017	May 27-29 2017
Independence Day	July 3-4 2017
Maintenance Summer 2017	Aug. 12-21 2017
Labor Day 2017	Sept. 4 2017

**ADJUSTED SCHEDULE**

Labor Day 2016	Sep 3-5
Thanksgiving Weekend	Nov 23, 26-27
Winter Recess	Dec 26-Jan 22
President's Day	Feb 20
Spring Recess	March 11-19
Easter	April 16 2017

Hours of operation, dates of closings, and facility offerings are subject to change. Consult web site, www.gonyuathletics.com, for holiday hours.

**BROOKLYN ATHLETIC FACILITY**

Six MetroTech Center, Brooklyn, NY 11201  
646-997-3255  
Web site: www.gonyuathletics.com

**GENERAL USE HOURS****ACADEMIC YEAR (2016 - 17 September 6 - May 21):**

Monday-Friday, 7:30 a.m.-10 p.m.  
(activity areas close 1/2 hour before listed closing time)  
Saturday and Sunday, 9:30 a.m.-5 p.m.  
(activity areas close 1/2 hour before listed closing time)

**SUMMER (May 23-September 2, 2016 & May 22-September 1 2017):**

Monday-Friday, 7:30 a.m.-9 p.m. (activity areas close 1/2 hour before listed closing time)

Saturday and Sunday, 10 a.m.-5 p.m. (activity areas close 1/2 hour before listed closing time)

**BROOKLYN ATHLETIC FACILITY CLOSINGS****2016-2017**

Independence Day 2016	July 3-4 2016
Labor Day 2016	Sep 3-5
Thanksgiving 2016	Nov 24-27 2016
Christmas/New Year's	Dec 24, 2016-Jan 1, 2017
Easter	April 16 2017
Maintenance Summer 2017	May 17-19 2017
Memorial Day 2017	May 27-29 2017
Independence Day	July 4 2017
Labor Day 2017	Sep 2-4 2017

**ADJUSTED SCHEDULE**

Thanksgiving Weekend	Nov 23
Winter Recess	Jan 2-22
President's Day	Feb 20
Spring Recess	March 11-19

Hours of operation, dates of closings, and facility offerings are subject to change. Consult web site, www.gonyuathletics.com, for holiday hours.

## 6 ELIGIBILITY, FEES, ADMISSION TO THE NYU ATHLETIC FACILITIES, AND FACULTY/EMPLOYEE ORIENTATION

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### MEMBERSHIP YEAR:

The membership year extends from September 1 to August 31. Membership fees do not include admission to recreation courses; additional fees are required.

### STUDENTS:

New York University students who are enrolled in credit-bearing courses, including employees enrolled as degree-seeking students, and who have currently valid student ID cards are eligible to use the NYU Athletic Facilities. Full-time, part-time, and summer session students may use all facilities except the Varsity Performance Center according to availability at no charge. Consult posted room schedules for availability. Spring semester students continuing in the fall semester but not registered for courses in the summer session are eligible to purchase memberships for the summer period for \$45

### COLES/PALLADIUM RATE SCHEDULE EFFECTIVE 9/1/2016-8/31/2017

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#### Membership Categories

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Alumni: \$366 + \$150 = \$516

Alumni Family (Full Access): \$463 + \$150 = \$613

Alumni Family (Limited Access): \$185

Faculty/Admin: \$366

Union Staff: \$130

FT Employee Family: \$148 (per member)

PT Employee Family \$366 (per member)

Student Leave: \$88

NYU-ALI: \$88

HUC: \$88

NYPD/FDNY: \$366

Community Passes \$55 for 6 passes (No Refunds)

\*All Alumni membership categories include a \$150 tax-deductible donation to the NYU school or department of the applicant's choice.

### STUDENTS ON OFFICIAL LEAVE OF ABSENCE OR MAINTAINING MATRICULATION:

Students on official leave of absence may purchase memberships per semester. Forms for certifying students in these categories and instruction for their completion may be obtained from the Membership Office. At all times, a properly validated NYU student photo ID card is required for admission to the NYU Athletic Facilities.

### STUDENT FAMILY MEMBERSHIPS:

Full-time, matriculated students (graduate and undergraduate) are eligible to purchase family memberships for spouses and declared domestic partners only

residing at the same address for \$128. Spouses and domestic partners of part-time, matriculated students may purchase memberships at the \$366 rate for each qualifying family member. An NYU ID card will be issued. The Membership Office will sell these memberships only after verifying the spouse's proof of marriage and residence and only after verifying the domestic partner's registration form. A properly validated NYU ID card must be presented at all times for admission to the NYU Athletic Facilities. Members may elect to purchase a family membership or a domestic partner membership, but not both.

### FACULTY/ADMINISTRATION:

Full-time University employees, adjunct faculty teaching in degree-granting programs, SCPS nondegree faculty members (upon meeting eligibility requirements as determined by the SCPS Personnel Office), and part-time permanent administrators who are currently paid on the monthly payroll and who are not in arrears to the University are eligible to purchase memberships for use of the NYU Athletic Facilities. Membership entitles these individuals to use all facilities except the Varsity Performance Center according to availability at no additional charge. Consult posted room schedules for availability. Faculty or administration employees terminated during the academic year may be refunded \$30 per month for each remaining complete month. No refunds will be made after May 1. Faculty members who are granted official sabbatical leaves for the spring semester and who present letters granting leave approval to the Membership Office may also receive refunds at the same rate. The refund will be determined based on the official start of the leave or the date on which the Coles/Palladium membership label is returned to the Membership Office, whichever occurs later. Refunds for sabbatical leaves will not be granted after May 1. If a faculty member wishes to regain membership for the summer after a spring leave, a prorated fee will be applicable.

When a membership is purchased, your NYU photo ID card is validated. This properly validated NYU ID card is required at all times for admission to the NYU Athletic Facilities.

### STAFF:

Full-time and part-time permanent University employees who are paid biweekly and who are not in arrears to the University are eligible to purchase memberships for use of the NYU Athletic Facilities. Membership entitles these individuals to use all facilities except the Coles Varsity Performance Center according to availability at no additional charge. Consult posted room schedules for availability.

When a membership is purchased, your NYU photo ID card is validated. This properly validated ID card is required at all times for admission to the NYU Athletic Facilities. Medical Center staff and other employees should refer to their personnel office for fee schedules relevant to their

**EMPLOYEE FAMILY MEMBERSHIPS:**

Faculty, administration, and staff are eligible to purchase family memberships for all eligible family members, i.e., spouse, domestic partner, and any children 16 to 21 years of age residing at the same address. Part-time employees may obtain family memberships by paying an additional fee (\$148 for FT Employees and \$366 for PT Employees) per member. New York University photo ID cards must be obtained for each eligible family member. ID cards and proof of age and residence for spouses, domestic partners, and children must be presented at the Membership Office before family memberships are sold. When family memberships are purchased, your NYU photo ID card is validated. A properly validated ID card must be presented at all times for admission to the NYU Athletic Facilities.

**ALUMNI:**

All University alumni who have contributed a minimum of \$150 per year to the Department of Athletics, Intramurals, and Recreation-sponsored Violet Booster Club, their school's alumni fund, or other University fund-raising campaigns are eligible to purchase memberships for use of the NYU Athletic Facilities. This level is valid for 2016-2017. Membership entitles those individuals to use all facilities except for the Varsity Performance Center according to availability at no additional charge. Alumni members should realize that the centers are programmed primarily to fill student needs and that annual schedules are prepared accordingly. Consult published and posted schedules for facility and room availability. Once a membership is purchased, the Membership Office will issue a New York University Athletic Facilities photo ID card.

These cards must be presented at all times for admission to the NYU Athletic Facilities.

Graduating students may purchase an alumni membership, beginning the Monday after Commencement, for the summer and following academic year, at the yearly rate. This provides three extra months of membership without cost.

**ALUMNI FAMILY MEMBERSHIP:**

An off-peak family membership is available to all alumni who purchase a membership. The alumni member's spouse, domestic partner, and dependent children (16 to 21 years of age) residing with the alumni member can purchase a membership for the academic year.

The off-peak membership is good only on Saturdays and Sundays during the fall and spring semesters and during all hours of the summer

schedule. This type of membership provides access only to those recreation courses that are offered when family members are eligible to use the facility. Proof of age and residence for children plus marriage certificate or Statement of Domestic Partnership must be presented at the Membership Office before memberships are sold.

The ID card will be issued by the Membership Office. The properly validated ID card must be presented at all times for admission to the NYU Athletic Facilities.

**ALUMNI FAMILY FULL-USE MEMBERSHIP:**

A limited number of full-use memberships may be purchased by current alumni members for use by their spouses, domestic partners, or children over the age of 18 who reside at the same address. The memberships will be on a first-come, first-served basis.

The full-use membership is good during the fall, spring, and summer semesters during all hours of operation at the NYU Athletic Facilities. This type of membership provides access to the full offerings of our recreation class program at an additional cost. Consult the Athletics Department Recreation Guide for details.

The Membership Office will issue the ID card. The properly validated ID card must be presented at all times for admission to the NYU Athletic Facilities.

**DOMESTIC PARTNER MEMBERSHIP:**

A domestic partner membership is available for partners who reside at the same address as students, faculty, staff, administration, or alumni who are members. These NYU Athletic Facilities members may purchase this membership for one individual, age 18 or older, who meets the criteria established for recognition of domestic partners by the University Benefits Office, Human Resources Division. Employees who have partners must be registered with the Benefits Office and obtain NYU ID cards to be eligible for this membership category. Students and alumni who have partners must present a copy of their completed "Statement of Domestic Partnership" form. This form must be approved by the Associate Director and signed by a representative of the NYU Athletic Facilities Membership Office. The current member must be present before the membership is processed. Domestic partners of faculty, staff, and administration must present a copy of their completed "Statement of Domestic Partnership" form. This form must be approved and signed by a representative of the NYU Benefits Office.

Domestic partner members will be allowed to enter NYU Athletic Facilities on their own upon presentation of their ID card.

The primary member of NYU Athletic Facilities will be responsible for purchasing the membership. Both

the member and his/her partner must be present when processing the membership. An NYU ID card authorization will be issued by the Membership Office. Applications must first be obtained from the Membership Office.

#### COMMUNITY RESIDENTS

A limited number of Community Board No. 2 area residents are eligible to apply to purchase memberships for restricted use of 404 Fitness. Membership entitles these individuals to use the facilities on a swipe-card basis, according to the schedules, rules, and regulations available at the 404 Fitness front desk. To purchase swipe cards, eligible residents must obtain a special NYU athletic facilities access card. With the ID access card, these members may purchase limited-use swipe cards for \$55 (6 visits) or \$110 (12 visits). The NYU issued photo ID card and valid paid visits are required for admission to the Coles Center. All community residents applying for membership who cannot be immediately accommodated will be placed on a waiting list. Community members who are 65 years of age or older with 10 years of continuous membership should contact the Membership Office for membership fees.

Community members may now register for recreation courses on designated registration days. See the Athletics Department Recreation Guide or email [KLK200@nyu.edu](mailto:KLK200@nyu.edu) for further information.

Community members who do not purchase a minimum of 6-visits during any one academic year may have their membership canceled. Community residents in this category will have to reapply and be placed on the waiting list prior to regaining membership.

Inquiries concerning community membership should be directed to the Membership Office at 212-998-2045.

#### GUESTS:

All eligible users (except community members) may bring two guests per day into the centers. The guest fee for use of Palladium Athletic Facility and 404 Fitness is \$10 per visit. (Cash only; no refunds; \$20 bills or less) A receipt will be issued and should be kept by the guest at all times while using the centers. All guests must be over 16 years of age (proper photo ID and proof of age are required) and must be personally accompanied by the host member. Members will be required to sign the guest receipt book attesting to the fact that they know their guest, that they know where he or she lives, and that they accept full responsibility for their guest's actions while using the NYU Athletic Facilities. Members should not bring individuals into the centers who solicit invitations near the entrance

of the centers and/or with whom they are not acquainted.

#### REFUNDS:

Fees collected for memberships and other center requirements are not refundable except as indicated on pages 6 and 7.

### FEE COLLECTION (Membership Office)

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All fees (except guest fees and recreation course fees) are collected in the Membership Offices. Hours of operation are listed on pages 3 and 4.

Forms for all available services are provided in these offices. Membership forms are also available at the Benefits Office at the Medical Center. These forms must be accurately completed and presented together with the proper ID card to the office staff before any transaction can be finalized. Please note that on University employee membership applications, a signature from the appropriate dean's office or personnel representative is required upon application for membership. (Continuing, full-time, 12-month employees who renew membership need not obtain a personnel representative's signature if they are on the updated roster of payroll recipients maintained by the Membership Office.)

All purchases (e.g., memberships, lockers) may be made by cash, check, or credit card. All NYU Athletic Facilities membership labels are issued through this office only.

- Community cards will be swiped at the entrance to the 404 Fitness. Cash or checks will not be accepted by monitors for use of the facilities.
- Persons in arrears to the University will be denied membership.
- A \$25 service fee will be charged for any uncollected check.
- A \$20 fee will be charged to replace a lost or stolen Athletic Facilities Membership card. A police report must accompany notification of a stolen membership card. The \$20 fee will be waived for the first occurrence of theft, but only if a police report is provided.
- No fees are refundable except those indicated on pages 6 and 7.

### ACCESSIBILITY FOR PERSONS WITH DISABILITIES

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The athletics department staff is acutely aware of the special needs of individuals with disabilities in the New York University community. These needs have been kept in mind in the design and construction of

the NYU Athletic Facilities, resulting in barrier-free recreational facilities. Doors and areas throughout the centers are of ample size to allow wheelchair access, and the elevator services all the main levels of both centers. Braille markings, contrasting color paint, and continuous stairwell railings have been included for those with visual impairments. Stairs, railings, and a hydraulic chairlift make pool access easier for persons with disabilities.

In addition to unstructured general recreational use of the centers, these individuals may find instruction and supervision in a number of sports and fitness courses. Interpreters will be available on request for those with hearing impairments. Students and members should not hesitate to call 212-998-2026 for 404 Fitness, 212-992-8503 for the Palladium and 646-997-4036 at Brooklyn Athletic Facility to make arrangements to meet and discuss an individual program.

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## PROTECT YOUR VALUABLES

In any center that supports the usage that the NYU Athletic Facilities do, there are invariably incidents of loss and theft of personal property. You alone are responsible for your valuables. While the athletics department staff continually strives to maintain security, you must accept this responsibility when it comes to your possessions:

1. Do not bring valuables into the centers.
2. Always lock your locker and make sure it is properly locked.
3. Never leave items on the benches or floor in front of your locker, even when you go to the lavatory or to comb your hair.
4. Report any suspicious behavior to the Coles/Palladium staff or NYU protection officer.
5. Do not bring individuals into the centers as guests unless you know them.
6. Use the valuables lockers located outside the locker rooms.

Remember, NYU Athletic Facilities are not responsible for your valuables.

Articles found in 404 Fitness and Brooklyn Athletic Facility should be brought to the nearest attendant and at the Palladium Athletic Facility should be turned in to the Equipment Room. Nonvaluable items may be claimed at the Equipment Areas during all operating hours. Valuable items (watches, wallets, ID cards, etc.) will be kept separately and may be claimed from the Facility Managers

Remember, New York University is not responsible for lost property of NYU Athletic Facilities users. Items unclaimed beyond 90 days will be disposed of through the appropriate University office.

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## FIRST AID AND INJURIES

In the event of injury, members should immediately report the occurrence to a monitor, a staff member, or the security control desk at the main entrance. NYU Athletic Facilities staff will assist you with minor injuries. All other injuries will be referred to the Student Health Center, a hospital emergency room, or the 911 emergency number. A member who has sustained an injury will be required to provide information for an injury report form.

Warning: During the hot summer months, all users should be particularly cautious when exercising. Heat exhaustion and heat stroke are serious conditions that require immediate attention. Avoid the hazards. Do not overexert. Maintain a normal body temperature. Replenish lost fluids.

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## SWEAT-N-SHOP

Sweat-n-Shop is located on Level C1 of the Palladium Athletic Facility. It offers patrons quality athletic apparel and accessories commonly needed by members at affordable prices. Available athletic apparel includes, but is not limited to, T-shirts, shorts, sweatshirts, yoga pants, hats, swimsuits, and other workout gear. Accessories include swim caps, goggles, flip-flops, gym bags, towels, locks, headphones, and monogrammed gear.

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## VENDING MACHINES

Vending machines with bottled water, juice, soft drinks, and sports drinks are located throughout the centers. Please discard empty containers in the trash receptacles located throughout the centers. Problems with machines should be reported to the front desk.

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## KEEP OUR FACILITIES CLEAN

In facilities the size of 404 Palladium, and Brooklyn,

14 cleanliness must be constantly maintained if all members are to benefit fully from their use. Be sure to discard all papers, ball cans, gum, and other debris in trash receptacles. Do not leave papers on locker room floors. Dry off in the specified drying areas after showering. If you observe unclean areas, you are encouraged to report them to the front desk.

## NYU ATHLETIC FACILITIES RULES

1. Proper valid ID cards will be required at all times. No exceptions. When you enter the NYU Athletic Facilities, you must hand your ID card to the monitor for inspection. Do not leave your ID card in the center when you leave. You will not be permitted to return without it.
  - Do not lend your ID card to others. These ID cards will be confiscated by the Coles/Palladium staff. For these instances, a range of sanctions has been instituted. Sanctions may range from suspension to revocation of membership privileges. ID card misuse is a serious violation of University policy and will be dealt with accordingly.
  - Failure to present your ID to the Coles/Palladium staff upon request may result in the revocation of membership privileges.
  - With the popularity of the Coles Sports and Recreation Center and the Palladium Athletic Facility, numerous unauthorized persons attempt to gain access. When they are successful, they deprive students and other members of facilities for which they have paid. During the past year, a continuing effort has been carried on to keep unauthorized persons out. In many of these cases, invalid or counterfeit ID instruments have been confiscated from persons attempting to enter the facilities. In other instances, it was determined that authorized members were assisting others in their efforts to gain access. To deal with such cases, an established series of sanctions, such as the suspension or revocation of membership privileges, has been instituted. This is a serious matter, and all members are requested to cooperate in protecting their membership privileges for their own benefit and the benefit of others.
2. Neither NYU Athletic Facilities nor New York University will assume responsibility for valuables lost or stolen from users of the facilities. There are always individuals who will seize an opportunity to take the property of others. We are well aware of this and take all reasonable and responsible precautions to deter acts of theft and to apprehend those who commit these acts. We urge

you not to bring valuables into the NYU Athletic Facilities unless you intend to keep them with you. Should you bring valuables into the centers and leave them in your locker, be sure it is properly locked and that you have left nothing out. Exercise good judgment and protect yourself.

3. No smoking, food, or beverages are allowed in the centers. (The only exceptions to this rule are those items dispensed by the centers' vending machines or the Palladium Sweat-n-Shop.)
4. No pets are allowed in the centers.
5. No radios, mp3 players, tablets, etc. are allowed in the centers except that headphones may be worn by those using personal music devices.
6. No profane or boisterous language is permitted in NYU Athletic Facilities.
7. No one under 16 years of age is allowed in the centers except for viewing intercollegiate competition.
8. No one under the influence of drugs or alcohol is allowed in NYU Athletic Facilities.
9. Proper workout attire as determined by the athletic department is required at all times. Shirts are required at all times in Coles and Palladium. Shoes worn directly in from the street are not allowed on any activity surface. Apparel or shoes that hinder safety or are deemed by the Department of Athletics to be potentially damaging to the facilities or equipment are not permitted. Clothing items not classified as workout attire due to zippers, rivets, buckles, or other items on garments are not permitted, and you will be asked to change into proper attire. If you do not have acceptable attire to change into, you will not be permitted to exercise in the facilities. Boots, open-toed shoes, and shoes with cleats/spikes are not allowed on any activity surface.
10. All users of the centers must change clothes in the locker rooms. No changing in the restrooms or any activity areas is allowed. No gym bags or attire may be placed in activity areas. Bags and clothing left unattended will be brought to the equipment room for claiming. Lockers must be used.
11. No throwing, kicking, or hitting balls off walls is allowed in any part of the centers.
12. Free-play and pick-up activities are based on a challenge system; reservations (when available) are based on a time system.
13. No camera or videotape equipment is allowed in the centers without written permission of the athletics department administration.
14. Individuals with medical problems should consult a doctor before strenuous exercise. Individuals use the NYU Athletic Facilities at their own risk.
15. The department staff and the student monitors are responsible for activities in the centers. Users

- should obey all instructions. Any questions should be referred to the operations supervisor on duty.
16. All equipment throughout the centers must be set up by the Athletics department staff only. If equipment malfunctions, do not attempt to fix it. Call a staff member for assistance.
  17. The department reserves the right to close any facility for any reason.
  18. Schedules are posted at various locations throughout the centers and should be consulted to determine when areas are closed for classes, intramural events, special events, or intercollegiate activities.
  19. The department reserves the right to suspend or revoke any or all privileges for misconduct, fighting, harassing, or annoying other members or staff or any other abuse. This includes expulsion from the NYU Athletic Facilities.
  20. Membership privileges in the NYU Athletic Facilities are solely for the private recreational and educational use of members and appropriate guests. Under no circumstances may any member or guest conduct any commercial solicitation or for-profit activity at or in the name of the NYU Athletic Facilities.
  21. Providing private lessons or personal training sessions to members or guests for a fee or some other form of compensation is prohibited.
  22. Cell phone use is strictly prohibited in the NYU Athletic Facilities locker rooms.
  23. Contact sports, including, but not limited to, mixed martial arts, boxing, kickboxing, jiu jitsu, are not permitted in any area except under the supervision of NYU Athletics Department staff.
  24. Outside equipment, including, but not limited to, basketballs and footballs, is not permitted.

## 404 FITNESS FACILITIES

### LOCKER ROOMS AND LOCKER RENTAL

For locker rentals and/or renewals, members must apply and pay for the rental at the Membership Office. Once payment is made, a receipt will be issued that must be presented immediately at the equipment room, where a locker will be assigned and a combination will be issued.

Once assigned, lockers may be used only to store athletic clothing and equipment. When a renter is using the locker facilities, his/her rental lock should not be transferred to a daily use locker. A personal lock or one borrowed from NYU Athletics is recommended for this purpose in order to prevent those users who are unfamiliar with the center from putting items in rental lockers when they are left unlocked. Locks and/or athletic items left in daily-use lockers after the center closes will be removed and placed in storage for claim. A fee of \$10 (cash only)

will be charged upon the return of the equipment. The department is not responsible for equipment left in lockers after the center closes.

Rental lockers will be cleared at the end of each rental term. Equipment left in lockers after the term expires will be held for claim for 15 days in storage. Equipment can only be claimed Mon-Fri. There will be a service charge of \$10 (cash only) each time equipment is claimed. Twenty-four hours' notice is required to retrieve locker contents from storage. Appointments must be made and are based on availability. The department is not responsible for items left in rental lockers upon the expiration of each term. If a lock is lost, a fee of \$10 (cash only) will be charged to replace it.

In the event of a malfunction of a lock or the loss of a combination, renters should report their problem to an equipment room attendant. Locker Rules:

1. Valuables should not be brought into the NYU Athletic Facilities or stored in either rental or daily-use lockers. The University is not responsible for lost or stolen property.
2. Be sure your lock is securely fastened on your locker when you leave it.
3. If a lock is lost, a fee of \$10 will be charged.
4. Damp clothing and towels should not be stored inside or hung outside rental lockers. If odor becomes offensive, damp items will be removed from the locker and placed for claim for 15 days in the equipment room. A fee of \$10 (cash only) will be charged for the claim of equipment removed for this reason.
5. If items are hung on locker exteriors, these items will be removed and placed for claim for 15 days in the equipment room. A fee of \$10 (cash only) will be charged for claim of equipment removed for this reason.
6. Lockers not vacated or renewed will be cleared on the announced dates, and equipment taken from them will be placed for claim for 15 days in storage. A fee of \$10 (cash only) will be charged for the claim of equipment removed for this reason. Announcements of locker clearance deadlines will be posted throughout the centers.
7. Sharing of lockers is not permissible.
8. Only locks issued by NYU Athletics will be placed on rental lockers. Personal locks may be used only on daily-use lockers. Locks are available for loan at the equipment room. However, users are encouraged to bring their own.
9. No locks may be left on daily-use lockers overnight. Locks left on these lockers after the building closes will be removed by the equipment manager, and the contents will be placed for claim for 15 days in storage. Twenty-four hours will be required to

bring locker contents from the storage area after you request them to be returned. A fee of \$10 (cash only) will be charged for the claim of equipment removed for this reason.

10. Food may not be stored in lockers.
11. The department reserves the right to open and inspect the contents of any locker.
12. Locker rooms are gender specific. Please be aware that bringing an opposite-sex child into a locker room may cause discomfort to others. Please use discretion.
13. Cell phone use is strictly prohibited in the NYU Sports and Recreation Center's locker rooms.

### EQUIPMENT ISSUE

Located on the Main Level, this area serves patrons looking for daily-issue locks and jumpropes, as well as dealing with the issuance of all rental lockers.

To check out equipment, you must deposit your current valid NYU photo ID card in exchange for the items. No other type of card or item is acceptable. Guests may not borrow equipment. Members will be permitted to borrow extra items for their guests. Members must retrieve their own ID card upon return of equipment.

Issued equipment is the responsibility of the borrower, and that person will be held financially responsible for loss or damage. It is a good idea to inspect equipment as it is issued to ensure that it was not previously damaged. Equipment should be returned to the equipment room immediately after use.

### VALUABLES LOCKERS

Valuables lockers are available at 404 Fitness valuables are available free of charge, and we encourage you to make use of them.

#### Valuables Locker Rules:

1. Keys are located in the equipment checkout.
2. One key per ID card.
3. Valuables only. No clothing or food items.
4. Be sure to lock locker when you leave.
5. No overnight use.
6. Keep key to locker with you at all times. Do not store key in another locker.
7. The department reserves the right to open and inspect the contents of any locker.
8. If a key is lost, a fee of \$25.00 (cash only) will be charged.

The Department of Athletics, Intramurals, and Recreation is not responsible for lost or stolen

property.

### MAIN LEVEL

The main level of 404 Fitness features LifeFitness cardio equipment as well as Hmmer Strength free weight equipment. In addition, dumbbells and kettle bells ranging from 5 lbs-150 lbs are available, as well as a turf area for stretching.

### UPPER LEVEL

The upper level of 404 Fitness features LifeFitness cardio equipment as well as selectorized weight training equipment. In addition, dumbbells and kettle bells ranging from 5 lbs-52.5 lbs are available, as well rowing machines.

#### Main Level and Upper Level Fitness Rules

1. To regulate and maintain safety, obey monitors at all times. Monitors have the authority to expel anyone violating any Coles Center rules including those for the weight room and involving courtesy.
2. All equipment must be used for its designed purpose only. Please refer to information sheets and charts on all weight machines. If you have any questions, please ask the monitors. Do not experiment.
3. Athletic attire, including shirts and athletic shoes, is required at all times. No street clothes, sandals, slippers, or any type of boots will be allowed. Do not change clothes in the weight room; use locker rooms. Also see page 17, rule 9.
4. No personal property is allowed in the room, with the exception of hand grips and weight belts. No radios, tape players, or gym bags are permitted. Bags and clothing present in the room will be brought to the equipment room for claiming.
5. Aisles marked by purple tiles should be kept clear at all times to allow members to move freely about the room.
6. Free weights, dumbbells, barbells, and plates must be returned to their proper places. Do not leave weights on the floor or benches or against the wall. Do not block access to free weights.
7. Do not drop weights. If you have to drop a weight, it is too heavy for you.
8. Spotting and collars are required on free-weight benches.
9. Be polite. Share weights and machines. Users may not occupy a machine between sets if another user is waiting to use that machine. Do not break down weights without first asking if they are in use.

10. Weight-training machines are not designed for high repetition/multiset workouts. Move quickly from machine to machine.
11. No horseplay is allowed.
12. No profane or boisterous language is allowed.
13. Jumping rope, yoga, and calisthenics are not permitted. Other areas of the center are available for these activities.
14. Gravity boots are not permitted.
15. If equipment malfunctions, do not attempt to fix it. Call the monitor for assistance.
16. Obey all signs posted in the weight room.

### DANCE STUDIO

Located on the Lower Level, this area accommodates recreational and other types of dance classes, workshops, and individual practice. The room also features spin bikes for patron use as well as spin classes offered through our Recreation program.

- Consult the posted schedules for availability of these studios.
- Athletic attire is required in the room.
- No food or beverages are allowed.
- No changing of clothes is permitted; use locker rooms.

### FITNESS ROOM

Located on the Lower Level, this area accommodates recreational and other types of dance classes, workshops, and individual practice. It is ideal for stretchin, yoga, or other individual activities

- Consult the posted schedules for availability of these studios.
- Athletic attire is required in the room.
- No food or beverages are allowed.
- No changing of clothes is permitted; use locker rooms.

### LOBBY

Located on the main level, the lobby features couches to relax on prior to or after a workout, and features a free Zephyr phone charging station.

## PALLADIUM ATHLETIC FACILITY

Located on East 14th Street near Union Square, the Palladium Athletic Facility (PAF) is the latest in cutting-edge sports complexes designed to feel like a private health club. Boasting a hydrodynamically designed, L-shaped, deep-water pool, perfect for anything from swimming laps to varsity-level competition in

swimming, diving, and water polo, the Palladium is sure to wow even the hardened New York City sports-club-goer.

The lounge area, which overlooks both the pool and the main gym area, has one LED TV, a snack bar that features nutritional fare, and a pro shop that sells NYU athletic merchandise. One can choose to lounge in perfect comfort or venture into the more challenging parts of the complex that contain state-of-the-art machines and weights.

Some of the highlights include a 3,140-square-foot weight room complete with free weights, plate-loaded machines, and selectorized machines. On the lower level is a 3,433-square-foot aerobic fitness room dedicated to cardio equipment, including stairsteppers, treadmills, cross trainers, and exercycles. Each machine is outfitted with personal TV consoles into which patrons can plug their own headphones to choose from 31 TV stations and 4 radio stations. From this environment, one can move to the 30-foot-high climbing center that spans the two floors between the exercise room and the weight room. Existing separately from the two rooms is a group cycling room perfect for classes or general use.

The main gym can be used for either volleyball or basketball. As a regulation-sized basketball court housing six baskets, it is suitable for both half- and full-court play. The auxiliary gym is outfitted with additional strength and cardio equipment, including ellipticals, stairsteppers, stationary bicycles, rowing machines, and progressive fitness equipment, such as exercise balls and body bars, making it the perfect haven for recreation classes. Each cardio machine is outfitted with consoles into which patrons can plug their own headphones to receive audio from 4 radio stations. In addition, it has a half-sized basketball court that can be used when recreation classes are not in session.

### SWEAT-N-SHOP

The facility's shop sells both athletic gear and nutritional items that cater to the members of the PAF. Clothing ranges from Sweat-n-Shop exclusive attire to classic NYU apparel. A wide variety of athletic accessories are also available. In addition, protein drinks, energy bars, and other light health food can be purchased. Cash and credit cards are all accepted (campus cash is not accepted). Visit the virtual Sweat-n-Shop store at [www.sweat-n-shop.com](http://www.sweat-n-shop.com)

### EQUIPMENT ROOM

Recreation equipment such as basketballs, volleyballs, stretch bands, and medicine balls are available for daily use. For your convenience, personal laundry

**22** services are obtainable per semester for a fee. A towel service is also offered daily or per semester for a small charge, and locks for the daily use lockers can be found here free of charge.

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### LOUNGE

Relax in the comfortable seating area that overlooks the natatorium and the main gym. Chat with a friend, enjoy a snack, or watch TV equipped with surround sound.

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### NATATORIUM

The 25-yard-by-25-meter L-shaped hydrodynamically designed pool offers lap swimming and a diving well with one- and three-meter diving boards. Diving is available at scheduled times only and is always subject to the availability of lifeguards. Diving may occur only when at least three lanes are closed and the lane flags and lane lines have been removed. Swimming equipment, such as kickboards, buoys, and aqua belts, is always available on deck. Because of its depth, this pool is not recommended for beginning swimmers.

See Pool Rules and Sauna Rules, pages 30-31.

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### PAF COURTS

Play basketball on the regulation-sized full court of the main gym or half-court at any of the six baskets. The main gym is also used for intramurals. The auxiliary gyms serve as either stretching areas, individual workout space, or basketball half-courts. Feel free to use the exercise balls, weighted body bars, mats, and other stretching equipment provided in either of the two auxiliary gyms. Equipment such as jump ropes, dumbbells, stretch mats, and kettlebells is not permitted on the main court, and sitting on the sidelines is prohibited. Equipment provided in the auxiliary gyms may not be removed.

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### LOCKER ROOMS

Locker room facilities are available on both levels of the PAF, each connected by an internal staircase. Daily lockers are available, as well as rental lockers, which are obtainable through the Membership Office for a per-semester fee. The rental price for a locker is \$100 for the fall and spring, \$140 for a full year, and \$50 for the Summer only. To rent lockers, members must apply and pay for the rental in the Membership Office.

See Locker Rules, page 21.

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### SPINNING ROOM

Spinning at its finest is available at the PAF. The

spinning room features Life Fitness Lifecycles with computer data display and a full surround-sound stereo system. Spinning classes are offered, and when classes are not in session the room is available for general use.

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### WEIGHT ROOM

Life Fitness, Precor, and Hammer Strength equipment make this room one of the best for a top-quality workout. Free weights as well as selectorized weight-lifting equipment and kettlebells cater to all fitness levels.

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### AEROBIC FITNESS ROOM

Challenge yourself on one of the many treadmills, stepmills, ellipticals, cross-trainers, and recumbent or upright bikes. Have the option of personal TVs while you work out and get a good stretch on the available mats.

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### ROCK CLIMBING WALL

Both novice and experienced climbers will be thrilled by the 30-foot-high Nicros A.R.T.Wall™ and challenging bouldering cave. Enthusiastic and caring staff members are ready to instruct all levels of climbers. Harnesses and climbing shoes are available to borrow free of charge. Please check for hours of operations.

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## BROOKLYN ATHLETIC FACILITY

Brooklyn Athletic Facility (BAF) is located at Six MetroTech Center in downtown Brooklyn. The majority of activity area space is located within the Jacobs Academic portion of the complex. The Physical Fitness Room and Administrative Office, on the other hand, are located in the Rogers Hall section, while the Sky Box (overlooking the Gymnasium's regulation-sized basketball court) is located in the Jacobs Administrative wing.

**24** Capital improvements were made to Facility spaces in the summer of 2014 with the merger of NYU and Poly Athletics. All aerobic and strength training equipment, in what is now the Aerobic Fitness Room, was upgraded to form a state of the art fitness circuit. A subsequent expansion of activity area space into the basement level of Rogers Hall in the fall of 2015, into what is now the Physical Fitness Room, allowed for the development of cardio and weight training dedicated spaces in the Aerobic and Physical Fitness Rooms respectively.

When visiting the Facility, members may enjoy partaking in the many free-play activities scheduled in the Gymnasium or engross themselves in online content while utilizing the fitness industry's most advanced cardio equipment. Patrons can complement their activity in the Facility by using our vast assortment of free weight equipment or traverse our various cutting edge selectorized strength training pieces. Either way, the Facility offers its members exercise amenities to satisfy a wide spectrum of fitness and recreation goals.

#### GYMNASIUM

Located in the lobby level of the Jacob's Academic wing, the 8,000+ square foot Gymnasium contains a regulation-sized basketball court that is generally available for free play basketball. In addition to this, other free-play activities that are occasionally scheduled for the space include futsal, volleyball, table tennis, cricket and and badminton. Free play activities are based on a challenge system. The Gymnasium also hosts a number of University-related events including new student convocations, admissions events, career fairs, student activities events, and technology conferences. The Gymnasium is home to NYU's badminton and table tennis clubs, Women's and Men's softball and baseball practices respectively, and select varsity volleyball contests. An assortment of basketballs are available for general use while volleyballs, futsals, and jump-ropes may be available, activity-permitting, upon request.

#### AEROBIC FITNESS ROOM

This 2,900+ square foot area is located in the basement level of the Jacobs Academic wing of the building. In August 2014, the Aerobic Fitness Room was upgraded with Life Fitness Discover equipment. This state-of-the-art technology in cardio equipment features an LCD personal viewing screen. The consoles have touch

technology controls with android and iPod/iPhone compatibility. Users can surf the internet during their workouts and track their progress through LF Connect. Patrons can challenge themselves cardiovascularly on one of the many treadmills, ellipticals, spin bikes, flexstriders, stairclimbers, recumbent or upright bikes. Additionally, Aerobic Fitness Room also includes a full circuit of selectorized plate-loaded weight training machines, medicine and plyometric stability balls, stretch mats, foam rollers, and an open area that can be utilized for stretching or calisthenics.

**25**

#### PHYSICAL FITNESS ROOM

The 3,300+ square foot Physical Fitness Room hosts all of Brooklyn Athletic Facility's strength and weight training equipment. It includes adjustable benches, free weights ranging from 1lbs to 100lbs, plate-loaded cable column equipment, weighted barbells, and combo racks to satisfy a vast array of weightlifting exercises. Patrons may obtain a daily use lock here in exchange for their NYU ID cards. The space also includes office space for NYU Athletics staff.

#### SKY BOX

The 760+ square foot Sky Box, located in the Jacobs Academic Wing of the complex, overlooks the Gymnasium. This space is equipped with a balcony, ample seating, a conference room table, wheelchair accessible restroom, and a functioning kitchenette.

#### MEN'S AND WOMEN'S LOCKER ROOM

Locker room facilities are available in the basement level of the Jacobs Academic wing. Both men's and women's locker rooms are equipped with daily use lockers, single stall showers, toilet stalls and a general sink area with available electrical outlets. In the event of maximum occupancy of lockers in the locker rooms, additional lockers are available in the hallways leading to and between Athletics' spaces in the basement level. Daily use locks can be obtained in our Physical Fitness Room in exchange for a member's NYU ID card.

#### COLES SPORTS AND RECREATION CENTER 1981-2016

Coles Sports Center, which opened in September of 1981 and closed in February 2016, was the hub of recreational and athletic needs for the University's students, faculty, staff, and alumni for over 34 years. The Sports Center was located at 181 Mercer Street and accommodated a wide range of individual and group recreational sports and fitness activities, including over 140 different courses at various skill levels, serving

over 10,000 participants. It also housed club sports and an intramural program enjoyed by approximately 3,500 students. The facility serves as home to 23 of the University's 25 intercollegiate athletic programs. In addition to being home to the intercollegiate teams, the Coles Sports Center also played host to the following events: 1997 NCAA Women's Basketball National Championship; NCAA Men's and Women's Basketball Championships; NCAA Regional Wrestling Championships; NCAA Regional Fencing Championships; NCAA Women's Volleyball Regional Championships; ECAC Regional Basketball Championships; Metropolitan Wrestling Championships; international wrestling events; international fencing events; University Athletic Association Championships in volleyball, wrestling, and fencing; and the National Collegiate Taekwondo Championships.

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## RECREATION PROGRAMS

The athletics department offers recreation courses in three venues: 404 Fitness, and Palladium Athletic Facility. The facilities are ideally suited for numerous personal interests, and the department has effectively developed a comprehensive recreation schedule for each center's use.

The instructional recreation program comprises more than 140 courses (over 500 sections), available at a nominal fee to the centers' users. These supervised recreation classes are offered to promote health and physical fitness, to develop leisure and recreational skills, and to impart knowledge of skills, game strategy, and rules for understanding specific sports. Participants can choose from the wide range of noncredit courses listed in the department's recreation course listing, which is available at the centers' information desks and online at [www.gonyuathletics.com](http://www.gonyuathletics.com). Recreation courses are offered on a quarterly basis. A calendar is provided. Primary emphasis is on beginning and intermediate levels of instruction, although advanced instruction is offered in some areas.

Courses are taught by trained and qualified instructors and provide an excellent opportunity for personal development. Unless specified, all classes are open to men and women. Individual private

instruction, outside the recreation courses offered, is prohibited. The department does have an opportunity for one-on-one personal training, and it can be found in the Athletics Department Recreation Guide.

For the entire recreation program to be responsive to its users' interests and needs, the department maintains a wide degree of programming flexibility. As these interests and needs change, the department will innovate and implement new activities and augment its program to meet new demands of the NYU community. We welcome your suggestions. The intention of the department is to increase or improve skills and confidence and to convey to NYU Athletic Facilities members the value of achieving and maintaining physical fitness throughout their lives.

**Eligibility:** Registration is open to all NYU students, staff, faculty, administration, alumni, family, and domestic partner members of Coles and the Palladium. Off-peak members may register only for those recreation courses that are offered on the days and times when they are eligible to use the facilities. A valid NYU student photo ID card, an NYU photo ID card with a valid athletics department membership, or an athletics department photo ID card with a valid membership must be presented at the time of registration. ID cards are required; there are no exceptions. The department may, at its discretion, require a doctor's note as a condition to register for any recreation course.

**Payment and refunds:** All payments must be made at the time of registration. Personal checks will not be accepted for amounts under \$75. We do accept credit cards (Visa, MasterCard, and Discover) and NYU Campus Cash. Fees are not refundable except in the case of course cancellation by the athletics department. To receive a refund for a canceled class, you need to present your official receipt, by appointment only. If you pay by credit card, you will be reimbursed by check in four to six weeks. Please contact the recreation assistant for an appointment or further information. Other alternatives to refunds include class transfers or registration period transfers. All refunds over \$150 will be issued by check. There are no tuition remission benefits extended for these courses.

**Registration:** To facilitate the registration process, members will be permitted to register in advance during any registration period for any subsequent quarter or semester during the current academic year. For example, you may register during A quarter registration for B quarter or CD semester offerings. This accommodation does not include tennis courses, children's swimming courses, or any other courses for which there is a high demand for a limited number of spaces. Questions concerning multiquarter registration should be

Please consult the Athletics Department Recreation Guide 2013-2018 for further details.

Please visit [www.gonyuathletics.com](http://www.gonyuathletics.com) for current recreation class information and schedules.

#### 404 COMMUNITY SWIPE MEMBERS

Community members may now register for recreation courses through the 404 Community Swipe Members program. See the Athletics Department Recreation Guide or call 212-998-2018 for further information.

### INTRAMURAL PROGRAM AND CLUB SPORTS

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The department's intramural sports program makes it possible for men and women with a wide variety of interests and abilities to participate in informal sports contests on the New York University campus. The program seeks to ensure that every individual has an opportunity to find relaxation from the pressures of class and work, realize his or her own physical well-being, and forge friendships through a structured form of competition. An extensive array of competition is offered consisting of leagues and tournaments. There are also competitive intramural leagues that are just for students, which take place at Chelsea Piers. Intramural entry forms are available outside the staff offices on the lobby level of Coles Sports and Recreation Center. The intention of the program is for all NYU students to find an organized interest at Coles/Palladium that they enjoy.

Visit [www.gonyuathletics.com/intramurals](http://www.gonyuathletics.com/intramurals) and watch the 404 Fitness, Brooklyn Athletic Facility, and Palladium Athletic Facility bulletin boards for announcements.

To support club sports, the department has established standard rules and procedures for club activities and advises in the development of new club sports on campus. All existing club sports that represent New York University and make use of 404/Palladium must be approved by the department annually.

For detailed information on intramurals and club sports, see the Athletics Department Recreation Guide.

For club sports, call 212-998-2018. For intramurals, call 212-998-2025.

### VIOLET BOOSTER CLUB

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The Violet Booster Club was established in 1983 and provides parents, alumni and boosters of NYU Athletics the opportunity to continually show their support for NYU's outstanding intercollegiate programs. Violet Booster Club members are entitled to a variety of exclusive benefits, including access to NYU home athletic competitions and invitations to receptions and special events throughout the year. VBC members also have the opportunity to get to know other NYU supporters, alumni, and members of the current varsity teams.

New York University is proud to offer a unique experience to our student-athletes as we are dedicated to the highest level of success in both academics and athletics. We continually strive to offer competitive intercollegiate athletics programs that reflect the academic prestige of our university. The consistent contributions made by VBC members allow NYU to make programming, facility improvements and opportunities for our student-athletes possible.

Please join the NYU Department of Athletics, Intramurals and Recreation in recognizing the excellence of NYU Athletics by becoming a member of the Violet Booster Club! For further information, contact Corey Saleh at [corey.saleh@nyu.edu](mailto:corey.saleh@nyu.edu) or 212-998-2029. Also, be sure to save the date for two of NYU Athletics' outstanding annual events:

The 2017 NYU Athletics Hall of Fame event will be held on Saturday, May 6, 2017. Join us as we recognize the outstanding achievement of five current varsity student-athletes, and as we induct the four newest members of the prestigious NYU Athletics Hall of Fame! For further information, contact Corey Saleh at [corey.saleh@nyu.edu](mailto:corey.saleh@nyu.edu) or 212-998-2029.

The NYU Athletics' Annual Golf Outing will be held on Monday, May 15, 2017. Supporters of NYU are invited to join us for a day of golf, a live raffle and auction, a tremendous breakfast and dinner, and a ton of great NYU gear! To register as a single or a foursome, contact Corey Saleh at [corey.saleh@nyu.edu](mailto:corey.saleh@nyu.edu) or 212-998-2029.

### INTERCOLLEGIATE ATHLETICS

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New York University offers its students a program of

**30** 25 varsity intercollegiate teams, which participate on the NCAA Division III level. The teams compete in the University Athletic Association, which includes Brandeis University, Carnegie Mellon University, Case Western Reserve University, the University of Chicago, Emory University, University of Rochester, and Washington University in St. Louis.

Schedules for both men's and women's intercollegiate events can be found on [www.gonyuathletics.com](http://www.gonyuathletics.com) as well as in the Sports Information Office and by calling 212-998-2031.

Admission to all home athletic events is free to all University matriculated students and all University employees and to alumni members of NYU Athletic Facilities. The appropriate ID card is required for tickets and admission to nonticketed events. In addition, students and employees are eligible for four free tickets for each basketball home game. Alumni members of NYU's Athletic Facilities are also entitled to four free tickets for themselves and guests. Individuals wanting to bring children's groups to games may call 212-998-2034 to make arrangements.

Schedules of team practices, tryouts, and contests are available at the department's offices. All full-time undergraduates interested in participating on an intercollegiate team should contact the coach of the sport in which they have an interest.

Coaches' telephone numbers are listed in the directory at the back of the guide.

For more up-to-date information, visit NYU athletics online at [www.gonyuathletics.com](http://www.gonyuathletics.com).

## DIRECTORY

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### 404 FITNESS

All phone numbers require the 212 area code.

General Information: 998-2020

Fax: 995-4591

Web site: [www.gonyuathletics.com](http://www.gonyuathletics.com)

#### ADMINISTRATIVE OFFICES

998-2040 Director of Athletics—Christopher Bledsoe

998-2033 Sr. Associate Director of Athletics—

Janice Quinn

998-2035 Sr. Associate Director—Frank Sicignano

998-2034 Associate Athletic Director—Carl Villanueva

998-2022 Assistant to the Director—Elizabeth Miller

998-2037 Assistant Athletic Director-Business

Operations and Club Sports—Matt Huck

998-2036 Assistant Business Manager—Marjorie

Mandels-Benhallam

998-2027 Administrative Aide—Myriame Mejias

998-2013 Administrative Secretary—Annette

Maysonet-Hernandez

998-2039 Administrative Secretary—Cindi King

998-2314 Information Systems Coordinator—

Edward Limoncelli

9982018 Club Sports Assistant—

Maria Theodosiadou

#### ATHLETIC DEVELOPMENT AND ALUMNI RELATIONS

998-2029 Coordinator—Corey Saleh

#### MEMBERSHIP OFFICE (998-2045)

998-2047 Director of Membership Services—Sam

Oommen

998-2044 & 998-2046—Tellers

Teller—Yaridis Rimolo

Teller—Angel Vega

Teller—Marion Pasaoglu

#### OPERATIONS (998-2020)

998-2034 Associate Athletic Director—Carl Villanueva

998-2026 Facility and Events Director—Diane

Cassimire

998-2081 Facility Manager—Brian Mecca

998-2023 Facility and Events Supervisor—Harry

Perales

992-8523 Facility and Events Supervisor—Andrew

Nesci

992-8540 Facility and Events Supervisor—Iggy

Rodriguez

646-997-3464 Facility and Events Supervisor—Ron

Guido

992-8505 Facility and Events Supervisor—Emily Wilk

992-8542 Facility and Events Supervisor—Erin Adams

646-997-3255 Facility and Events Supervisor—Luke

RECREATION AND INTRAMURALS

998-2014 Recreation Assistant—Kira Keegstra  
998-2025 Intramural Coordinator-- Devin Roban

SPORTS INFORMATION

998-2031 Director—Jeffrey Bernstein  
998-2071 Assistant Director—Myles Rudnick

PALLADIUM ATHLETIC FACILITY

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All phone numbers require the 212 area code.  
General Information: 992-8500  
Fax: 995-4702

ADMINISTRATIVE STAFF

992-8541 Assistant Athletic Director—Dominick Ciaccia  
992-8503 Facility Operations Manager—Steve Herishen  
992-8505 Facility and Events Supervisor—Emily Wilk  
992-8542 Facility and Events Supervisor—Erin Adams  
992-8514 Evening Facility Manager—Damian Driver  
998-2023 Facility and Events Supervisor—Harry Perales  
992-8523 Facility and Events Supervisor—Andrew Nesci  
992-8540 Facility and Events Supervisor—Iggy Rodriguez  
646-997-3464 Facility and Events Supervisor—Ron Guido  
646-997-3255 Facility and Events Supervisor—Luke Veneskey

MEMBERSHIP OFFICE (992-8510)

992-8507 Assistant Manager—Brian Stapleton  
992-8504—Tellers  
Teller—Yaridis Rimolo  
Teller—Angel Vega  
Teller—Marion Pasaoglu

POOL OFFICE (992-8528)

992-8531 Manager—Robert Sorensen  
998-2061 Manager—Daniel Cordle  
992-8529 Assistant Manager—Kyle McNeilis  
992-8529 Assistant Manager—Erica Belcher  
992-8516 Men's and Women's Swimming & Diving—Trevor Miele  
998-2064

GENERAL EQUIPMENT ROOM (992-8506) VARSITY EQUIPMENT ROOM (998-2012)

998-2011 Manager—Oliver Lester

ATHLETIC TRAINING SERVICES (998-2073)

998-2083 Coordinator—Nikki Webb  
998-2073 Athletic Trainers  
998-2081 Varsity Performance Center

ACADEMIC AFFAIRS

998-2038 Manager—Denise Poole  
998-2028 Academic Affairs Advisor  
998-2032 Academic Affairs Aide—Caroline Quan  
998-2069 Academic Affairs Graduate Assistant

SWEAT-N-SHOP (992-8501)

998-2011 Manager—Oliver Lester

Aerobic Fitness Room (992-8508)

Climbing Wall (992-8521)

Weight Room (992-8522)

VARSIY COACH OFFICES AT UNIVERSITY HALL

998-2056 Men's Basketball—Joe Nesci  
998-2053 Men's Basketball Assistant  
998-2057 Men's Basketball Assistant  
998-2058 Women's Basketball—Lauren Mullen  
998-2059 Women's Basketball Assistant  
998-2060 Women's Basketball Assistant  
998-2052 Men's and Women's Fencing Coach—Steve Mormando  
998-2059 Men's and Women's Golf—Todd Kolean  
998-2072 Men's Soccer—Kim Wyant  
992-8509 Softball—Now-Allah James  
998-2055 Men's and Women's Tennis—Horace Choy  
998-2051 Men's and Women's Track/Cross Country—Erison Hurtault  
998-2084 Men's Volleyball—José Piña  
998-2068 Women's Volleyball—Jolie Ward  
998-2050 Wrestling—Bruce Haberli  
998-2041 Women's Soccer—Michele Canning

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646-997-3322

Administrative Staff

646-997-3502 Assistant Athletic Director—Curtis  
Spence

260-4036 Facility Operations Manager—Alex Martinez

646-997-3255 Facility and Events Supervisor—Luke  
Veneskey

646-997-3464 Facility and Events Supervisor—Ron  
Guido

998-2023 Facility and Events Supervisor—Harry  
Perales

992-8523 Facility and Events Supervisor—Andrew  
Nesci

992-8540 Facility and Events Supervisor—Iggy  
Rodriguez

992-8505 Facility and Events Supervisor—Emily Wilk

992-8542 Facility and Events Supervisor—Erin Adams

Fax: 260-3474

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