



SUMMER 2021

UNIVERSITY OF WINDSOR ATHLETICS

# Lancers Illustrated

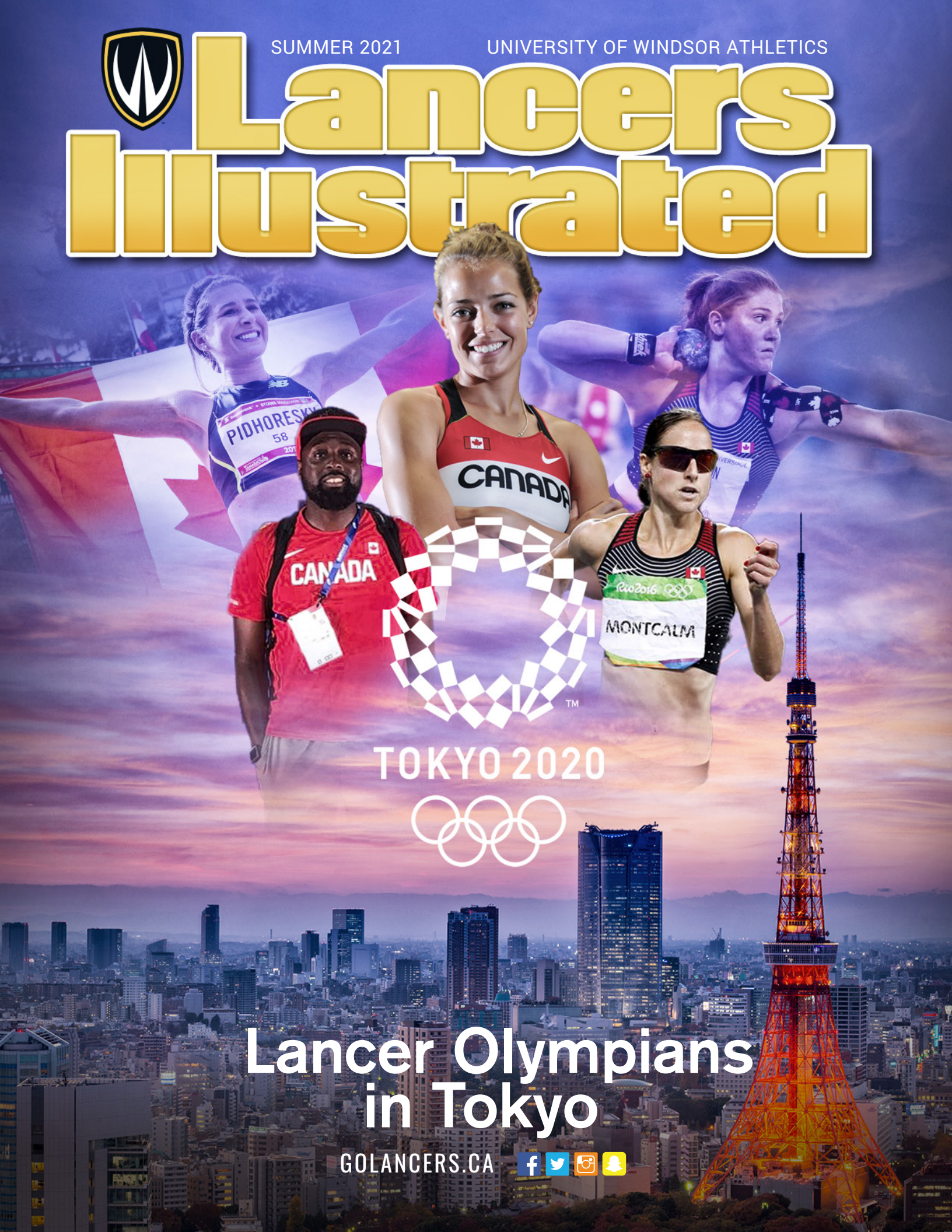


TOKYO 2020



## Lancer Olympians in Tokyo

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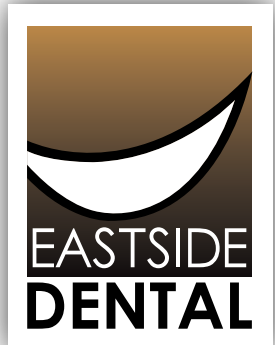
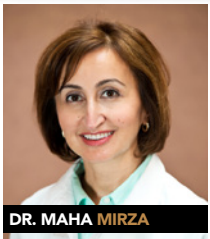
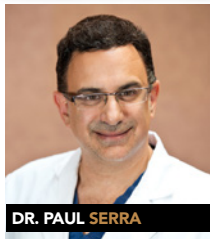
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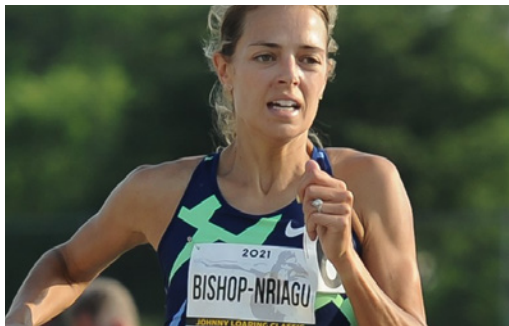
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# LANCER TOKYO 2020 OLYMPIANS



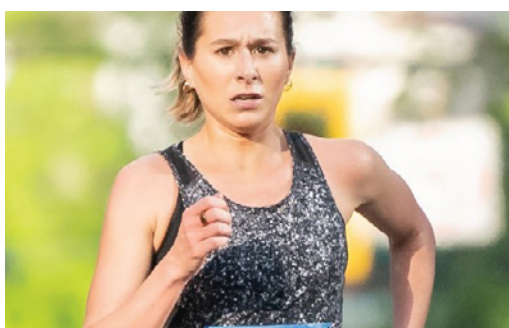
**Name: Melissa Bishop-Nriagu**  
Olympic Event: Women's 800m  
Personal Best: 1:57.01  
Hometown: Eganville, ON  
UWin Program: BHK 2010, B.Ed 2011  
Career Highlights:  
2012 & 2016 Canadian Olympian  
Canadian Record Holder 800m (1:57.01)  
& 4x800m relay



**Name: Sarah Mitton**  
Olympic Event: Women's Shot Put  
Personal Best: 18.89m  
Hometown: Brooklyn, NS  
UWin Program: BSc 2018  
Career Highlights:  
Gold Medalist 2019 Summer Universiade



**Name: Noelle Montcalm**  
Olympic Event: Women's 400m Hurdles & 4x400m relay  
Personal Best: 55.81 & 3:24.94  
Hometown: Windsor, ON  
UWin Program: BScN 2012  
Career Highlights:  
Five-Time National Champion in women's 4x400m hurdles



**Name: Dayna Pidhoresky**  
Olympic Event: Women's Marathon  
Personal Best: 2:29:03.00  
Hometown: Tecumseh, ON  
UWin Program: BSc 2009, BA 2010  
Career Highlights:  
2019 Canadian Marathon National Champion



**Name: Kurt Downes**  
Olympic Event: Team Canada Athletics Coaching Staff  
Hometown: Scarborough, ON  
UWin Program: BA 2003, B.Ed 2005  
Career Highlights:  
2018-19 Athletics Canada Coach of the Year

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# CELEBRATING LOVING DAY

By Elisa Mitton

Twenty-two years ago when Jamie Adjetey-Nelson and Stefanie Burch briefly met at the Legion National Youth Track & Field Championships in Sudbury, Ontario, they knew it was something special. Well, he did, but it took him an entire year to work up the courage to talk to her. And he did just that the next year at the same event in Calgary.

The pair lived in different cities at the time and wrote letters to each other throughout their high school years. They finally began dating when they entered their first year of university and became Windsor Lancers. The rest, as they say, is history.

Eighteen years and two children later, the two continue to be happily married living in Windsor. However, things have not always been easy for the Lancer alumni. As an interracial couple, Jamie and Stef have faced many obstacles and know that not everyone supports their union. "We are not blind to the fact that there are people that do not agree with our relationship," said Jamie. "In our country and around the world, we have seen the looks and heard the negative comments."

Although some people may still not agree with interracial marriage, acceptance has come a long way over the past 50 years, in part thanks to Mildred and Richard Loving and Loving Day.

Loving Day is the anniversary of a historic court decision supporting interracial marriage, and every year on June 12th, it's a global day of visibility, education, and community.



The story of Mildred and Richard Loving began in 1958 when the pair was arrested for being married because they were an interracial couple living in the state of Virginia. The couple took their case to the U.S. Supreme Court and nine years after their arrest, the Lovings won their case on June 12th, 1967, striking down all state laws against interracial marriage in the United States and opening doors for couples around the country.

For Jamie and Stef, Loving Day is a day of remembrance and reflection. "We choose to acknowledge this day because even though it was a legal victory, we remember the sacrifice that Mildred and Richard Loving made," Stef commented. "The circumstances they had to bear and the separation of their family was something they endured so

that many interracial couples could love each other publicly in their communities. Even though interracial relationships are still a problem for many. The Lovings' actions was movement that has allowed the world to see our relationships in our streets, in our school and even on our televisions. Their love was transforming to North America."

The Lovings laid the groundwork for equality in relationships regardless of skin colour. Now it is up to interracial couples and frankly, every human who is an advocate for equality, equity and inclusion to pass the baton in this journey to educate and advocate interracial relationships.

# THE BIRTHDAY CELEBRATION OF A CENTURY



By Andrew Papadopoulos

Dr. Frank DeMarco turned 100 years old on Sunday, February 14, 2021 celebrating his centennial birthday virtually and remotely with his many children and grandchildren all over the country on Zoom. Dr. DeMarco was the Lancers first athletic director and a key integral founder to the University of Windsor in its early stages of its institutional inception.

When asked about how impactful the University of Windsor and the Lancers been on his life especially throughout a great portion of it, Dr. DeMarco knew exactly what to say right away.

"I love the U!" He jubilantly stated. "I miss my time there. Go Lancers!"

When asked what the key to living 100 years is, Dr. DeMarco advised that you have to maintain a healthy mind and body regularly through consistent mental and physical exercise.

"You just have to keep moving," the centenarian explained. "Exercise is key, especially swimming. Puzzles and crosswords too."

Two of Dr. DeMarco's grandchildren, Laura and Thomas DeMarco, currently represent the blue and gold. Laura, plays for the Lancer golf team and is studying law, while her brother Thomas recently committed to the University of Windsor and the golf team for the 2021-22 season, joining his sister on the continual DeMarco family legacy which still casts its shadow over UWindsor to this day.

"It's been an honour to represent the University of Windsor and I know my grandfather was really excited when I originally told him that I was joining the golf team," Laura said.

Laura and Thomas' older brother, Robert, ran cross country for the Lancers for two seasons (2015-2016) while studying nursing at UWindsor.

Dr. DeMarco has earned the distinct honour of having a major perennial Lancer award named after him – The DeMarco Award – which is presented annually to both a Windsor Lancer male and female athlete that best combines athletic and academic excellence. Dr. DeMarco was inducted into the University of Windsor Alumni Sports Hall of Fame in 1989, and the Windsor-Essex Sports Hall of Fame in 1996.

# LANCERS 4 ANTIRACISM

The Windsor Lancers are committed to creating an environment that is diverse, welcoming, and inclusive for all students, staff, and community members.

Taking necessary steps to better support BIPOC (Black, Indigenous, and People of Colour) students and staff of colour, the #Lancers4AntiRacism campaign was launched, promoting a zero-tolerance stance of all forms of racism and discrimination.

We must say no to racism. The truth is, racism is everywhere, and we need to do better. We cannot stay silent.

Over the course of the last year, the blue and gold have brought awareness and education to the black lives matter movement, celebrated Black history

month, Asian awareness month, Pride month, as well as national Indigenous Peoples history month.

We must come together, stand together and strive to be better together as a Lancer family. To make that happen, we must hold ourselves and each other accountable to better support our athletes, our coaches, staff members, and fans who identify as Black, Indigenous and People of Colour.

We are determined to stay hungry for change. We are focused on building a Lancer family of diversity and inclusivity. We encourage our Lancer family to join the fight against racism.

Click here to view the Blue & Gold's [#Lancers4AntiRacism video](#).



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\*Opensignal Awards – Canada: Mobile Network Experience Report, February 2021

21-1063

# LANCERS MOURN THE PASSING OF THREE LANCER LEGENDS



The University of Windsor Lancers were extremely saddened by the passing of three legendary figures in the Lancer family, track & field/cross country head coach Dennis Fairall, former dean Dr. Bob Boucher, and former athletic director Dr. Dick Moriarty.

Dennis passed away on November 6, 2020 after a courageous battle with progressive supranuclear palsy (PSP), while Dr. Boucher passed away just nine days later on November 15, 2020, and Dr. Moriarty passed away on June 23, 2021.

## **Dennis Fairall**

The “Big Dawg”, as he was affectionately known, was part of the Lancer family for thirty years as head coach of the cross country and track & field programs from 1985 until his retirement in 2015. He had a lifetime of great personal athletic achievement and reached great heights as one of the best track and field coaches in Canadian history.

“Dennis Fairall was a special person,” said director of athletics Mike Havey. “His record of accomplishment put the University of Windsor and the Lancers track and field and cross country programs on the map. But that was not what made him special. He was a humble and incredibly effective team builder and collaborator. He positively impacted so many student-athletes and community groups over the years that keeping count was impossible. When you met with Dennis you always felt better afterwards. He made you feel good. That was his gift.”

Among the hundreds of outstanding achievements in a stellar career, Dennis led the Lancers to 25 Canadian Interuniversity Sport (CIS) championships, 46 Ontario University Athletics (OUA) titles, and had been honoured 65 times as either CIS or OUA coach of the year in track and field and/or cross country.



### **Dr. Bob Boucher**

As a former dean, professor, and director of athletics in the Faculty of Human Kinetics, Dr. Boucher had an outstanding career at the University of Windsor that spanned 37 years from 1974 to his retirement in 2011. He provided outstanding leadership for the school's athletic and recreation programs and played a central role in developing several widely respected programs in the faculty.

While athletic director, Dr. Boucher served as the Chef de Mission for the 1997 World University Games in Sicily, Italy and as the Assistant Chef de Mission for the 1995 World University Games in Fukuoka, Japan. In 2005, he was the chairperson of the organizing committee for the Junior Pan-American Track and Field Championships.

In addition to his many awards and recognitions, he was awarded the U SPORTS Austin-Matthews award posthumously in June 2021. Upon his



retirement in 2011, Dr. Boucher was the Richard Peddie Leadership Award which is presented to an individual who has provided outstanding leadership and made significant contributions to the overall success of Lancer Athletics.

### **Dr. Dick Moriarty**

Our unofficial Lancer historian, Dr. Moriarty was born in Rochester, New York on April 22, 1933. He came to Windsor in 1953 to study at Assumption College and he never left.

Dr. Moriarty was fundamental in developing the Department of Athletics & Recreational Services into what it is today. At the start of his 29 year career as Director in 1956, there were only three men's teams and two women's teams that competed for the University of Windsor. Upon leaving the position in 1985, the Lancers competed in 12 men's sports and 10 women's. "The Lancer family has lost another legend with the passing of Dr. Richard Moriarty. His handprints are all over the history of the Windsor Lancers and Assumption Purple Raiders," commented Havey. "Dick led the development and growth of University of Windsor sports programs as Athletic Director. Even in retirement Dick was a regular attendee at Lancer home events. He loved the Lancers, and we loved him back."

An initial inductee into the University of Windsor Hall of Fame in 1986, Dr. Moriarty founded the University of Windsor Christmas Boys Basketball High School Tournament, which today remains Canada's longest standing tournament. Dr. Moriarty was also heavily involved with the



Ontario University Athletic Union and was one of the founders of the Canadian Interuniversity Athletic Union movement (CIAU) in Canada. At both levels, he served as an executive, chaired several committees, and convened multiple sports.

Each year the Department of Athletics presents the Dr. Dick Moriarty academic team of the year in his honour at the annual Evening of Excellence.

# DION STARS IN THE MIGHTY DUCKS: GAME CHANGERS



By Andrew Papadopoulos

Windsor Lancer women's hockey player Devynn Dion had no ordinary off-season and made the most of her time during the current OUA/U SPORTS hiatus due to the COVID-19 pandemic.

The first year athlete from Surrey, B.C. embarked on a new endeavour starring as an 'acting double' for the lead actress portraying the character, Maya, in the new Disney+ series *The Mighty Ducks: Game Changers* which premiered in March.

"I have been acting since I was about 4 and normally, I would have gone through an agent for a role like this," Dion explained.

"But this time for 'Mighty Ducks' one of my hockey friends texted me to let me know they were looking for extras and that I should try to get on."

Dion's initial interest to be a background extra instantly developed into an even greater opportunity. She was overjoyed to receive a role promotion instead of taking on a minor complimentary role like originally thought.

**"I really enjoyed being on set and wanted to do it again, so I followed up with the show executives for an audition."**

"I really enjoyed being on set and wanted to do it again, so I followed up with the show executives for an audition," Dion recalled. "I received a text back from the show's hockey coordinator who believed I was 'spitting

image' of one of the characters casted and I was offered to be a double for the actress playing the part over the course of a longer period."

Dion met Hollywood stars Emilio Estevez, who once again stars as coach Gordon Bombay, but also Lauren Graham from Gilmore Girls and Parenthood, who takes on the female lead.

"The new cast was also really great to work with and fun to meet. Some parts from the original Mighty Ducks film series are integrated into the new Disney+ series but it has a new modern spin on it now. They have added more female cast members and there is more equal representation of both male and female athletes on the team which is pretty cool to see. It's definitely a more modern spinoff that writes a new chapter in the classic franchise's respective storyline."

When asked to talk about her character's personality..."My character is Maya, the girly girl of the team. She started off as a figure skater who eventually transitioned into a hockey player. I had to learn how to skate on figure skates, which was something I had never done



before...an interesting challenge at first, but I enjoyed it all throughout."

You can catch "The Mighty Ducks: Game Changers" series on Disney+ by signing up and subscribing to the new streaming service and Lancer fans are highly encouraged to check out the show and support one of our own if you are looking for a new streaming series to binge during the absence of OUA/U SPORTS action.



# LANCER SOCCER CONQUERS THE 4X4X48 CHALLENGE



From March 5-7, 2021 the Windsor Lancer soccer program took on the David Goggins 4x4x48 Challenge and raised an outstanding \$20,000 for the University of Windsor Human Kinetics Voices of Excellence BIPOC Scholarship.

The Lancers ran four miles, every four hours, for 48 hours. They broke themselves into groups, and each group completed the 48 total miles.

However, head coaches Ryan Mendonca, Daniel Mendonca, and assistant coach James Lanbourne each completed the 48 miles individually. "This was an immense challenge, one we were excited to conquer as a team and program.

With our recent education initiatives surrounding anti-racism, we saw an opportunity to take lessons learned and turn them into action," said men's soccer head coach Ryan Mendonca. "With fundraising for a BIPOC Scholarship such as Voices of Excellence, we believe that we can make a difference at our school and in society, for today and for the future. With the risk of sounding cliché, it all starts with the first step, speaking up, standing up and taking action. This was our first step, our first action, this is who we are as Lancer soccer."



# LANCERS LAUNCH BEHIND THE SHIELD PODCAST

The Windsor Lancers have launched a brand new podcast channel. The podcast channel, sponsored by the Alumni Association, features multiple new student-staff led podcast shows, including the main series known as Behind The Shield, which is now available on all mainstream podcasting platforms including Spotify and Apple Podcasts.

The podcasts are widely available on our social media pages including Facebook, Instagram, Twitter, and YouTube and on goLancers.ca.

## ABOUT THE PODCAST

Behind The Shield is co-hosted by Cailey Theos and Andrew Papadopoulos and airs throughout the school year and was created to keep Lancer fans engaged during the hiatus of regularly scheduled varsity sports seasons due to the COVID-19 pandemic.

Our hosts take Lancer fans 'Behind The Shield' by speaking with many members of the Lancer Family whether they are current athletes, alumni, coaches, training staff, administrative staff, broadcasters, and anyone directly associated with the blue and gold who has dawned the Lancers shield at one point in time. The pair lead engaging key and insightful discussions by offering a wide range of topics and a diversity of guests to showcase unique perspectives on current events surrounding the Lancers and impacting our University of Windsor Lancer community.



## EPISODE ONE – THE YEAR OF OSI

In the first episode of the series, Theos and Papadopoulos welcomed former Lancer all-star and world-class track and field athlete Osi Nriagu and Melissa Bishop-Nriagu to reminisce and reflect on their respective successful OUA and CIS (U SPORTS) careers with the Lancers.

Nriagu and Bishop-Nriagu indulge in topics relating to their own personal endeavours including life as parents to their three-year-old daughter, Corinne, Bishop-Nriagu's training for the 2020 Tokyo Olympic Games (which have been postponed to 2021), and also highlighting Nriagu's recent achievement of being inducted into the upcoming University of Windsor Alumni Sports Hall of Fame (see Pg. 17).

Nriagu (track & field) joins a highly touted induction class along with fellow Lancer alumni and SHOF 2020 inductees Matt Butler (swimming), Scott Hillman (hockey), and Noelle Montcalm (track & field).

The Lancer track and field alumni power-couple discuss these topics among other things ranging from how they have come to make the Windsor-Essex county region their family's new home, to how they have managed to stay engaged during the pandemic by adjusting their routines to the new normal. In addition to keeping themselves positive mentally and physically throughout these uncertain times.

Check out this, and our many other episodes by visiting mainstream podcasting platforms including Spotify and Apple Podcasts, or the Lancer website at goLancers.ca.

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# 2020 ALUMNI SPORTS HALL OF FAME INDUCTEES

The University of Windsor's Alumni Association and the Department of Athletics announced the 2020 class that was inducted into the Alumni Sports Hall of Fame this past September. In lieu of an in-person ceremony due to the COVID-19 pandemic, a video commemoration was released virtually.

Star athletes from swimming, hockey, and track & field highlight the inductees. Track & field stars Noelle Montcalm and Ositadinma (Osi) Nriagu, hockey standout Scott Hillman and swimming all-Canadian Matt Butler will be honoured as a part of this year's ceremony.

**Noelle Montcalm (BScN '12)** was a four-time OUA all-star and all-Canadian for the Lancer track & field team. She led the blue and gold to four provincial and national championships, while being named the winner of the Wendy Jerome Trophy as OUA female track overall MVP three times. A Canadian Olympian in 2016, she brought home the Lancers' prestigious DeMarco award twice and continues to hold the Lancer record in the 60m hurdles, while placing in the all-time top five in the 300m, 60m, 4x200m relay and 4x400m relay.



**Ositadinma (Osi) Nriagu (BComm '05, BEd '07)** was a two time all-Canadian and three-time OUA all-star as a long jumper and high jumper with the Lancer track & field team. He helped lead the Blue & Gold to five consecutive OUA championships and three CIS men's track & field championships over his five-year career. Osi continues to rank in the Lancer all-time top ten in both the men's high jump and long jump.

**Matt Butler (BA '90)** is one of the most talented athletes in Lancer swimming history. The recipient of the Olympic Shield in 1990, Scott captured two OUAA gold medals in the 100m backstroke over his five-year career with the blue and gold. Scott captured seven provincial medals over this career, while also being named an all-Canadian. The five-time team MVP also competed at the Olympic Trials three times and brought home a gold medal in the 100m backstroke at the 2009 World Master Games in Sydney, Australia.



**Scott Hillman (BHK '99)** is one of the few athletes in Lancer history to win both the Olympic Shield and DeMarco Award during their Lancer career. In 1998, the OUA all-star led all Canadian defensemen in scoring and led the blue and gold to their first ever Queen's Cup provincial championship. The following year, the team captain was again named an OUA all-star and CIAU all-Canadian and guided the Lancers to their second straight appearance at the national championships. Scott went on to have a successful ten-year career as a professional hockey player and was named the CHL Man of the Year in 2001.



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# 2020-21 LANCER STUDENT-ATHLETE COMMITTEE (LSAC)



## Introducing Lancer Student Athlete Committee

The Department of Athletics and Recreational Services would like to thank the 2020-21 Lancer Student-Athlete Committee (LSAC) for all of their hard-work throughout a very difficult and challenging year.

 <b>Nyamuoch Teny</b> <i>Women's Basketball</i> Co-President	 <b>Tristan Carter</b> <i>Football</i> Co-President	 <b>Tanner Page</b> <i>Men's Soccer</i>	 <b>Chris Hennigar</b> <i>Golf</i>	 <b>Rachel Katzman</b> <i>Curling</i>
 <b>Thomas Kennedy</b> <i>Men's Basketball</i> Co-Vice President	 <b>Jade Samping</b> <i>Women's Soccer</i> Co-Vice President	 <b>Weajue Mombo</b> <i>Track &amp; Field</i>	 <b>Eve Uwayesu</b> <i>Women's Basketball</i>	 <b>Adam Burnett</b> <i>Men's Hockey</i>
 <b>Paige Phills</b> <i>Women's Volleyball</i> Social Media Rep	 <b>Mya Vialva</b> <i>Cross Country</i> Social Media Rep	 <b>Mazin Salman</b> <i>Football</i>	 <b>Leslee Ward</b> <i>Fastpitch</i>	 <b>Darcee Hall</b> <i>Women's Hockey</i>
 <b>Zion Webb</b> <i>Track &amp; Field</i>	 <b>Kaycyn Hernandez</b> <i>Women's Hockey</i>	 <b>Sam McKeague</b> <i>Men's Volleyball</i>	 <b>Haley Smith</b> <i>Women's Soccer</i>	 <b>Max Musyi</b> <i>Baseball</i>
 <b>Sean Spencer</b> <i>Men's Volleyball</i>	 <b>Lorenzo Barbieri</b> <i>Men's Basketball</i>	 <b>Isabel Sashegyi</b> <i>Track &amp; Field</i>	 <b>Jillian Holland-Penney</b> <i>Fastpitch</i>	 <b>Jackson Moy</b> <i>Men's Soccer</i>
 <b>Curtis Zimmerman</b> <i>Baseball</i>	 <b>Ian Parker</b> <i>Men's Hockey</i>			

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