

2023 JOHN MCKENZIE INVITATIONAL AND HIGH SCHOOL CROSS COUNTRY INVITATIONAL



John McKenzie Invitational (College & High School Sections)

AP Ranch Championship Cross Country Course

Fort Worth, TX

Friday, September 1st, 2023

COURSE ADDRESS:

AP RANCH: 1590 Ranch to Market Rd 2871, Fort Worth, TX 76126

SCHEDULE:

Course Preview (Thursday): 2 p.m. – 5 p.m.

National Anthem: 7:25 a.m.

College Women's 5k: 7:45 a.m.*

College Men's 5k: 8:15 a.m.*

HS Girls 5k: 8:45 a.m.*

HS Boys 5k: 9:15 a.m.*

**Runners will be notified 10 minutes to the start by the firing of a starting pistol, followed by another two minutes before the race.*

TEAM ENTRIES:

Team Entries will be through Direct Athletics. There are unlimited entries per team for college teams. ALL unattached entries need to contact the meet director for permission to enter. High School teams are limited to 16 runners each gender.

ENTRY FEES:

College Entries:

\$200 per team per gender; \$400 for combined team; \$45 unattached Entries (NO High School)

High School Entries:

\$100 per school per gender; \$200 for combined team; \$25 unattached entries (NO College)

PAYMENT:

Pay Link can be found [HERE](#) or on the TCU Cross Country Team Website. **NO PAYMENT WILL BE COLLECTED ON MEET DAY.**

T-shirts will also be sold at the John McKenzie Invitational. **ONLY CASH AND CHECKS WILL BE ACCEPTED.**

MEET DIRECTOR:

Roger Cooke

(682)600-3923

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Men's and Women's 5K Course Map

