

Tentative 2023 Time Schedule- TCU Invite

Friday March 17

Noon- Hammer (w) 15 athletes

Hammer (m) w follow 15 athletes

3:30 pm- Discus (w) 15 athletes

Discus (m) follow 15 athletes

Saturday March 18

Field Events

10:30 am - HJ woman (men follow)

LJ Woman / Men Both Pits (4 jumps)

11:00 am Pole Vault (woman) 20 athletes

Shot Put- w/ m follow

1:30 pm - Javelin – w/ m follow

Long Jump Invite w/m same time (Top 9)

2:30 pm - Pole Vault (m) 20 athletes

3:00 pm Triple Jump (w/m same time)

Running Events- Saturday March 18

12:30 3000 M Steeple Chase woman/men Follow

1:00 pm 4 x 100 w/m

1:15 pm 1500 w / m

1:35 pm 100 Hurdles w

1:50 pm 110 Hurdles m

2:05 pm 400 w / m

2:15 pm 100 w/m

2:30 pm 800 w/m

2:50 pm 400 Hurdles w/m

3:05 pm 200 w/m

3:25pm 3000 w/m

3:45 pm 4 x 400 w/m