



**DUQUESNE**

**TRACK & FIELD**

**MEN'S OUTDOOR RECORD BOOK**

**UPDATED END OF 2026 SEASON**



<b>100M</b>	Isaac Elliott	10.22	2022	<b>SPRINT MEDLEY RELAY</b>	Ian Thrush	3:19.15	2022
<b>110M HURDLES</b>	Ryan Ellison	14.41	May 7, 2023	Isaac Elliott	Matt Busche	Collin Ebling	
<b>200M</b>	Isaac Elliott	20.74	2022	<b>4X800M</b>	Mark Bucklaw	7:27.75	2011
<b>400M</b>	David Williams	46.75	May 3, 2026	Oliver Dugas	Adam Shrawder	Dave Farina	
<b>400M HURDLES</b>	Kyle Trinch	52.10	2016	<b>DISTANCE MEDLEY RELAY</b>	Gary Malinko	9:56.81	2006
<b>800M</b>	Collin Ebling	1:47.88	2022	Ed Guelfi	Tim Majewski	Zack Dorman	
<b>1500M</b>	Jim Spisak	3:48.01	2012	<b>4X1500M</b>	Zack Dorman	15:50.93	2006
<b>3000M</b>	Rico Galassi	8:21.95	2017	Tom Slosky	Derek Dutille	Gary Malink	
<b>3000M STEEPLECHASE</b>	Tom Slosky	8:43.39	2007	<b>HIGH JUMP</b>	Mike Murawski	2.04m	2005
<b>5000M</b>	Jim Spisak	13:50.44	2012	<b>POLE VAULT</b>	Mark Saylor	4.70m	2010
<b>10000M</b>	Jim Spisak	29:02.09	2014	<b>LONG JUMP</b>	Ian Welch	7.65m	2015
<b>4X100M</b>	Ryan Marcella	40.49	2022	<b>TRIPLE JUMP</b>	Ian Welch	15.48m	2015
David Williams	Ian Thrush	Isaac Elliott		<b>SHOT PUT</b>	Tyler Bishop	16.71m	2021
<b>4X200M</b>	Andrew George	1:28.58	2018	<b>DISCUS</b>	Chuck Mohan	52.27m	2005
Robert Norman	David O'Such	Isaac Elliott		<b>HAMMER</b>	Chuck Mohan	56.06m	2005
<b>4X400M</b>	Landon Lacey	3:12.72	May 4, 2025	<b>JAVELIN</b>	Louie Liberatore	64.50m	May 17, 2025
Ian Baughman	Isaac Wetzel	David Williams		<b>DECATHLON</b>	Christian Cupp	7234	May 2-3, 2026

**100M**

Isaac Elliott	10.22	2022
<b>Nick Keller</b>	<b>10.55</b>	<b>Apr. 4, 2026</b>
Ian Thrush	10.57	2022
Shakeil Carter	10.64	2014
Paul Blinn	10.69	2011

**110M HURDLES**

Ryan Ellison	14.41	May 7, 2023
Matthew Hurley	14.69	2021
Kyle Trinch	14.99	2017
Jared Horne	15.22	2015
Luchin Lee	15.39	2005

**200M**

Isaac Elliott	20.74	2022
<b>Nick Keller</b>	<b>21.13</b>	<b>Apr. 12, 2026</b>
Ian Thrush	21.27	2022
David Williams	21.43	Apr. 13, 2025
Shakeil Carter	21.45	2014

**400M**

<b>Nick Keller</b>	<b>46.75</b>	<b>May 3, 2026</b>
David Williams	47.22	May 17, 2025
Mohammed Cisse	47.40	2016
David O'Such	47.48	2015
Collin Ebling	47.64	2022

**400M HURDLES**

Kyle Trinch	52.10	2016
Ian Baughman	52.28	May 4, 2025
Preston Hogue	53.24	2018
Matt DeMatteo	53.61	May 14, 2023
Isaac Wetzell	53.71	May 3, 2025

**800M**

Collin Ebling	1:47.88	2022
Matt Busche	1:50.10	2021
Tim Majewski	1:50.90	2009
<b>Jadon Rahman</b>	<b>1:51.89</b>	<b>Apr. 3, 2026</b>
Chris Culley	1:52.76	2015

**1500M**

Jim Spisak	3:48.01	2012
Tom Slosky	3:48.37	2007
Rico Galassi	3:48.96	2014
Gary Malinko	3:49.20	2006
Jeff Van Kooten	3:49.43	2018

**3000M**

Rico Galassi	8:21.95	2017
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**3000M STEEPLECHASE**

Tom Slosky	8:43.39	2007
Derek Dutille	8:52.44	2009
Evan Gomez	9:02.95	2013
Cameron Bogdan	9:03.98	May 3, 2025
Bob Gasior	9:06.62	2013

**5000M**

Jim Spisak	13:50.44	2012
Tom Slosky	14:08.38	2007
Rico Galassi	14:14.89	2017
Josh Eddy	14:15.40	2009
Mike Stolar	14:24.53	2011

**10000M**

Jim Spisak	29:02.55	2014
Mike Stolar	29:35.91	2010
Alex Woodrow	29:44.50	2013
Josh Eddy	29:50.76	2009
Chuck Lockwood	30:01.71	2014



**4X100M**

Ryan Marcella David Williams Ian Thrush Isaac Elliott	40.49	2022
Andrew George Robert Norman David O'Such Isaac Elliott	40.66	2018
Andrew George Isaac Elliott Ian Thrush Matthew Hurley	41.09	2021
Antonio Pitts Jalin Cooper David Williams Matt DeMatteo	41.27	Apr. 13, 2023
Ian Welch Joe Borsuk Mike Bryk Shakeil Carter	41.43	2015

**4X800M**

Mark Bucklaw Oliver Dugas Adam Shrawder Dave Farina	7:27.75	2011
Mark Bucklaw Adam Shrawder Cole Klinchock Dave Farina	7:30.26	2010
Mark Bucklaw Kyle Reeping Kyle Dorman Dave Farina	7:30.43	2009
Mark Bucklaw Evan Gomez Brandon Krszal Adam Shrawder	7:31.39	2012
Bryan Culley Brandon Krszal Joe O'Such Bob Gasior	7:31.43	2015

**4X400M**

Landon Lacey Ian Baughman Isaac Wetzel David Williams	3:12.72	May 4, 2025
Isaac Elliott David O'Such Preston Hogue Kenny Bauerle	3:13.42	2018
Dedric Love Oliver Dugas Mike Strein Aaron Fitzpatrick	3:14.35	2011
Zach Nash Landon Lacey Isaac Wetzel Nick Keller	3:15.06	2026
David O'Such Joe Borsuk Mike Bryk Mohamed Cisse	3:15.30	2016



### HIGH JUMP

Mike Murawski	2.04m	2005
Vincent Rupp	2.01m	Apr. 27, 2024
John Clifford	1.98m	2007
Harvey Kane	1.95m	2018
Cody Mankowski	1.95m	Apr. 4, 2026

### POLE VAULT

Mark Saylor	4.70m	2010
Jon Dorph	4.67m	2013
Ryan Wotus	4.60m	2005
Boom Nuanual	4.35m	2011
Bryan Stepanic	4.35m	2012

### LONG JUMP

Ian Welch	7.65m	2015
Christian Cupp	7.44m	May 2, 2026
Cody Mankowski	7.28m	2026
Jared Horne	7.26m	2015
VJ DeFreitas	7.18m	2012
Harvey Kane	7.07m	2018

### TRIPLE JUMP

Ian Welch	15.48m	2015
Logan Williamson	15.28m	2021
Cam Mbalo	15.06m	May 7, 2023
Spencer Edey	15.04m	Apr. 19, 2026
Alex Long	14.70m	2018

### SHOT PUT

Tyler Bishop	16.71m	2021
Bob Healy	15.97m	2006
Chuck Mohan	15.79m	2003
Matt Dombrowski	15.28m	2017
Dino Nadarevic	15.16m	May 3, 2026

### DISCUS

Chuck Mohan	52.27m	2005
Dino Nadarevic	50.64m	Apr. 24, 2026
Bob Healy	48.96m	2006
Tyler Bishop	47.01m	2019
Ryan Miller	45.95m	2007

### HAMMER

Chuck Mohan	56.06m	2005
Nick Payne	54.45m	Apr. 18, 2026
Drew Hofbauer	51.87m	2011
Rocco Caprara	51.21m	Apr. 18, 2025
Tim Criss	49.85m	2018

### JAVELIN

Louie Liberatore	64.50m	May 17, 2025
Alex Gladysiewski	62.20m	2014
Joe Klanchar	59.60m	May 3, 2025
Brian Uhrinek	55.26m	2011
Greg Tindle	54.99m	May 2, 2026

### DECATHLON

Christian Cupp	7234	May 2-3, 2026
Colm Matheney	6711	May 2-3, 2026
Mike Murawski	6140	2007
Cody Mankowski	5928	Apr. 10-11, 2025
Jayden Jordan-Loran	5205	Apr. 9-10, 2026

**MOST OUTSTANDING TRACK PERFORMER**

Issac Elliot	2022
Isaac Elliot	2021

**MOST OUTSTANDING FIELD PERFORMER**

Chuck Mohan	2005
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**MOST OUTSTANDING ROOKIE PERFORMER**

Issac Elliot	2018
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**COACH OF THE YEAR**

Bryan Delsite	2005
Bryan Delsite	2004

**STUDENT ATHLETE OF THE YEAR**

Bob Healy	2006
Ryan Bender	2005

**ATLANTIC 10 ALL-ROOKIE TEAM**

Christian Cupp	2024
Matt DeMatteo	2023
Ryan Ellison	2022
Logan Williamson	2021
Casey Conboy	2018
Timothy Criss, Jr.	2018
Isaac Elliott	2018
Harvey Kane	2018
Alex Long	2017

**PERFORMER OF THE WEEK**

Jalin Cooper	5/2/2023
Collin Ebling	4/28/2022
Isaac Elliott	3/30/2021
Isaac Elliott	4/14/2021
Isaac Elliott	4/28/2021
David O'Such	4/24/2018
Ian Welch	4/20/2015
Jim Spisak	4/14/2014
VJ DeFreitas	4/02/2012
Derek Dutille	4/27/2009
Tom Slosky	3/31/2008
Tom Slosky	4/9/2007
Tom Slosky	3/27/2006
Chuck Mohan	3/21/2005
Chuck Mohan	5/2/2005

**ROOKIE OF THE WEEK**

Louie Liberatore	4/8/2025
Louie Liberatore	4/1/2025
Vincent Rupp	5/1/2024
Isaac Elliott	4/17/2018
Isaac Elliott	4/24/2018
Harvey Kane	5/1/2018
Shakeil Carter	4/2/2012
Alex Gladysiewski	4/16/2012
Josh Eddy	3/27/2006
Derek Dutille	4/24/2006
Ryan Shaver	4/4/2005
Tom Slosky	4/18/2005
E.J. Robertson	4/26/2004
Gary Malinko	4/28/2003



**ATLANTIC 10 ACADEMIC ALL-CONFERENCE**

Ian Baughman	2025
David Williams	2025
David Williams	2024
David Williams	2023
Isaac Elliot	2022
Colin Ebling	2022
Tyler Bishop	2021
Colin Ebling	2021
Noah Ball	2019
Isaac Elliot	2019
Kyle Trinch	2017
Kyle Trinch	2016
Aaron Wilkinson	2016
Evan Gomez	2015
Alex Gladysiewski	2014
Jim Spisak	2014
Jim Spisak	2012
Alex Federinko	2011
Justin Gunter	2007
Mike Murawski	2007
Eric Robertson	2007
Kevin Borrelli	2006
Bob Healy	2006
Ryan Bender	2005
Chuck Mohan	2005
Mike Murawski	2005
Ryan Bender	2004
Ryan Bender	2003
Pat McGuire	2003
Brian Blackburn	2002
Sam Shea	2002
Brian Blackburn	2001
Sam Shea	2001

**COSIDA ACADEMIC ALL-AMERICA**

Isaac Elliot	2nd Team - 2021-22
Kyle Trinch	3rd Team - 2017
Jim Spisak	1st Team - 2014
Alex Federinko	2nd Team - 2011
Bob Healy	2nd Team - 2006
Ryan Bender	1st Team - 2005
Ryan Bender	2nd Team - 2004
Ryan Bender	3rd Team - 2003

**COSIDA ACADEMIC ALL-DISTRICT**

Ian Baughman	2025
Christian Cupp	2025
Joe Klanchar	2025
Vincent Rupp	2025
David Williams	2025
Nick Fetzer	2023
Anthony Litrenta	2023
Casey Padgett	2023
Sam Snodgrass	2023
David Williams	2023
Isaac Elliott	2021-22
Tyler Bishop	2020-21
Noah Ball	2018-19
Kyle Trinch	2016-17
Kyle Trinch	2015-16
Jim Spisak	2013-14
Alex Federinko	2010-11
Eric Robertson	2007
Bob Healy	2006
Ryan Bender	2005
Ryan Bender	2004
Ryan Bender	2003
Brian Blackburn	2002
Sam Shea	2002



**NCAA EAST PRELIMINARY QUALIFIERS**

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Tom Slosky	3000m Steeplechase	2006
Tom Slosky	3000m Steeplechase	2007
Tom Slosky	3000m Steeplechase	2008
Derek Dutille	3000m Steeplechase	2008
Derek Dutille	3000m Steeplechase	2009
Mike Stolar	10,000m	2011
Jim Spisak	5,000m	2011
Jim Spisak	5,000m	2012
Alex Woodrow	10,000m	2013
Jim Spisak	10,000m	2014
Kyle Trinch	400m Hurdles	2016
Isaac Elliott	100m	2021
Isaac Elliott	200m	2021
Isaac Elliott	100m	2022
Collin Ebling	800m	2022
Louie Liberatore	Javelin	2025

**NCAA NATIONAL QUALIFIERS**

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Tom Slosky	3000m Steeplechase	2006
Tom Slosky	3000m Steeplechase	2007
Tom Slosky	3000m Steeplechase	2008
Jim Spisak	10,000m	2014
Collin Ebling	800m	2022