



DUQUESNE

TRACK & FIELD

MEN'S OUTDOOR RECORD BOOK

UPDATED 4.8.2026



100M	Isaac Elliott	10.22	2022	SPRINT MEDLEY RELAY	Ian Thrush	3:19.15	2022
110M HURDLES	Ryan Ellison	14.41	May 7, 2023		Isaac Elliott		
200M	Isaac Elliott	20.74	2022		Matt Busche		
400M	David Williams	47.22	May 17, 2025	4X800M	Collin Ebling		
400M HURDLES	Kyle Trinch	52.10	2016		Mark Bucklaw	7:27.75	2011
800M	Collin Ebling	1:47.88	2022		Oliver Dugas		
1500M	Jim Spisak	3:48.01	2012	DISTANCE MEDLEY RELAY	Adam Shrawder		
3000M	Rico Galassi	8:21.95	2017		Dave Farina		
3000M STEEPLECHASE	Tom Slosky	8:43.39	2007	4X1500M	Zack Dorman	15:50.93	2006
5000M	Jim Spisak	13:50.44	2012		Tom Slosky		
10000M	Jim Spisak	29:02.09	2014		Derek Dutille		
4X100M	Ryan Marcella	40.49	2022	HIGH JUMP	Gary Malink		
	David Williams				Mike Murawski	2.04m	2005
	Ian Thrush			POLE VAULT	Mark Saylor	4.70m	2010
	Isaac Elliott			LONG JUMP	Ian Welch	7.65m	2015
4X200M	Andrew George	1:28.58	2018	TRIPLE JUMP	Ian Welch	15.48m	2015
	Robert Norman			SHOT PUT	Tyler Bishop	16.71m	2021
	David O'Such			DISCUS	Chuck Mohan	52.27m	2005
	Isaac Elliott			HAMMER	Chuck Mohan	56.06m	2005
4X400M	Landon Lacey	3:12.72	May 4, 2025	JAVELIN	Louie Liberatore	64.50m	May 17, 2025
	Ian Baughman			DECATHLON	Christian Cupp	6745	Apr. 10-11, 2025
	Isaac Wetzel						
	David Williams						

**100M**

Isaac Elliott	10.22	2022
Nick Keller	10.55	Apr. 4, 2026
Ian Thrush	10.57	2022
Shakeil Carter	10.64	2014
Paul Blinn	10.69	2011

110M HURDLES

Ryan Ellison	14.41	May 7, 2023
Matthew Hurley	14.69	2021
Kyle Trinch	14.99	2017
Jared Horne	15.22	2015
Luchin Lee	15.39	2005

200M

Isaac Elliott	20.74	2022
Ian Thrush	21.27	2022
David Williams	21.43	Apr. 13, 2025
Shakeil Carter	21.45	2014
Nick Keller	21.50	Mar. 21, 2026

400M

David Williams	47.22	May 17, 2025
Mohammed Cisse	47.40	2016
David O'Such	47.48	2015
Collin Ebling	47.64	2022
Nick Keller	47.54	Apr. 4, 2026

400M HURDLES

Kyle Trinch	52.10	2016
Ian Baughman	52.28	May 4, 2025
Preston Hogue	53.24	2018
Matt DeMatteo	53.61	May 14, 2023
Isaac Wetzal	53.71	May 3, 2025

800M

Collin Ebling	1:47.88	2022
Matt Busche	1:50.10	2021
Tim Majewski	1:50.90	2009
Jadon Rahman	1:51.89	Apr. 3, 2026
Chris Culley	1:52.76	2015

1500M

Jim Spisak	3:48.01	2012
Tom Slosky	3:48.37	2007
Rico Galassi	3:48.96	2014
Gary Malinko	3:49.20	2006
Jeff Van Kooten	3:49.43	2018

3000M

Rico Galassi	8:21.95	2017
--------------	---------	------

3000M STEEPLECHASE

Tom Slosky	8:43.39	2007
Derek Dutille	8:52.44	2009
Evan Gomez	9:02.95	2013
Cameron Bogdan	9:03.98	May 3, 2025
Bob Gasior	9:06.62	2013

5000M

Jim Spisak	13:50.44	2012
Tom Slosky	14:08.38	2007
Rico Galassi	14:14.89	2017
Josh Eddy	14:15.40	2009
Mike Stolar	14:24.53	2011

10000M

Jim Spisak	29:02.55	2014
Mike Stolar	29:35.91	2010
Alex Woodrow	29:44.50	2013
Josh Eddy	29:50.76	2009
Chuck Lockwood	30:01.71	2014



4X100M

Ryan Marcella David Williams Ian Thrush Isaac Elliott	40.49	2022
Andrew George Robert Norman David O'Such Isaac Elliott	40.66	2018
Andrew George Isaac Elliott Ian Thrush Matthew Hurley	41.09	2021
Antonio Pitts Jalin Cooper David Williams Matt DeMatteo	41.27	Apr. 13, 2023
Ian Welch Joe Borsuk Mike Bryk Shakeil Carter	41.43	2015

4X800M

Mark Bucklaw Oliver Dugas Adam Shrawder Dave Farina	7:27.75	2011
Mark Bucklaw Adam Shrawder Cole Klinchock Dave Farina	7:30.26	2010
Mark Bucklaw Kyle Reeping Kyle Dorman Dave Farina	7:30.43	2009
Mark Bucklaw Evan Gomez Brandon Krszal Adam Shrawder	7:31.39	2012
Bryan Culley Brandon Krszal Joe O'Such Bob Gasior	7:31.43	2015

4X400M

Landon Lacey Ian Baughman Isaac Wetzel David Williams	3:12.72	May 4, 2025
Isaac Elliott David O'Such Preston Hogue Kenny Bauerle	3:13.42	2018
Dedric Love Oliver Dugas Mike Strein Aaron Fitzpatrick	3:14.35	2011
David O'Such Joe Borsuk Mike Bryk Mohamed Cisse	3:15.30	2016
Dillon Carrington Kenny Bauerle Preston Hogue David O'Such	3:15.99	2017



HIGH JUMP

Mike Murawski	2.04m	2005
Vincent Rupp	2.01m	Apr. 27, 2024
John Clifford	1.98m	2007
Harvey Kane	1.95m	2018
Cody Mankowski	1.95m	Apr. 4, 2026

POLE VAULT

Mark Saylor	4.70m	2010
Jon Dorph	4.67m	2013
Ryan Wotus	4.60m	2005
Boom Nuanual	4.35m	2011
Bryan Stepanic	4.35m	2012

LONG JUMP

Ian Welch	7.65m	2015
Jared Horne	7.26m	2015
Christian Cupp	7.21m	May 17, 2025
VJ DeFreitas	7.18m	2012
Harvey Kane	7.07m	2018

TRIPLE JUMP

Ian Welch	15.48m	2015
Logan Williamson	15.28m	2021
Cam Mbalo	15.06m	May 7, 2023
Alex Long	14.70m	2018
Brandon Stanback	14.63m	2017
VJ DeFreitas	14.63m	2012

SHOT PUT

Tyler Bishop	16.71m	2021
Bob Healy	15.97m	2006
Chuck Mohan	15.19m	2003
Matt Dombrowski	15.28m	2017
Gabe Spurlock	15.03m	2019

DISCUS

Chuck Mohan	52.27m	2005
Bob Healy	48.96m	2006
Dino Nadarevic	48.52m	Apr. 4, 2026
Tyler Bishop	47.01m	2019
Ryan Miller	45.95m	2007

HAMMER

Chuck Mohan	56.06m	2005
Nick Payne	52.05m	Apr. 3, 2026
Drew Hofbauer	51.87m	2011
Rocco Caprara	51.21m	Apr. 18, 2025
Tim Criss	49.85m	2018

JAVELIN

Louie Liberatore	64.50m	May 17, 2025
Alex Gladysiewski	62.20m	2014
Joe Klanchar	59.60m	May 3, 2025
Brian Uhrinek	55.26m	2011
Kevin Yacker	53.98m	2015

DECATHLON

Christian Cupp	6745	Apr. 10-11, 2025
Colm Matheney	6300	Apr. 10-11, 2025
Mike Murawski	6140	2007
Cody Mankowski	5928	Apr. 10-11, 2025
Sean King	5187	2014

**MOST OUTSTANDING TRACK PERFORMER**

Issac Elliot	2022
Isaac Elliot	2021

MOST OUTSTANDING FIELD PERFORMER

Chuck Mohan	2005
-------------	------

MOST OUTSTANDING ROOKIE PERFORMER

Issac Elliot	2018
--------------	------

COACH OF THE YEAR

Bryan Delsite	2005
Bryan Delsite	2004

STUDENT ATHLETE OF THE YEAR

Bob Healy	2006
Ryan Bender	2005

ATLANTIC 10 ALL-ROOKIE TEAM

Christian Cupp	2024
Matt DeMatteo	2023
Ryan Ellison	2022
Logan Williamson	2021
Casey Conboy	2018
Timothy Criss, Jr.	2018
Isaac Elliott	2018
Harvey Kane	2018
Alex Long	2017

PERFORMER OF THE WEEK

Jalin Cooper	5/2/2023
Collin Ebling	4/28/2022
Isaac Elliott	3/30/2021
Isaac Elliott	4/14/2021
Isaac Elliott	4/28/2021
David O'Such	4/24/2018
Ian Welch	4/20/2015
Jim Spisak	4/14/2014
VJ DeFreitas	4/02/2012
Derek Dutille	4/27/2009
Tom Slosky	3/31/2008
Tom Slosky	4/9/2007
Tom Slosky	3/27/2006
Chuck Mohan	3/21/2005
Chuck Mohan	5/2/2005

ROOKIE OF THE WEEK

Louie Liberatore	4/8/2025
Louie Liberatore	4/1/2025
Vincent Rupp	5/1/2024
Isaac Elliott	4/17/2018
Isaac Elliott	4/24/2018
Harvey Kane	5/1/2018
Shakeil Carter	4/2/2012
Alex Gladysiewski	4/16/2012
Josh Eddy	3/27/2006
Derek Dutille	4/24/2006
Ryan Shaver	4/4/2005
Tom Slosky	4/18/2005
E.J. Robertson	4/26/2004
Gary Malinko	4/28/2003



ATLANTIC 10 ACADEMIC ALL-CONFERENCE

Ian Baughman	2025
David Williams	2025
David Williams	2024
David Williams	2023
Isaac Elliot	2022
Colin Ebling	2022
Tyler Bishop	2021
Colin Ebling	2021
Noah Ball	2019
Isaac Elliot	2019
Kyle Trinch	2017
Kyle Trinch	2016
Aaron Wilkinson	2016
Evan Gomez	2015
Alex Gladysiewski	2014
Jim Spisak	2014
Jim Spisak	2012
Alex Federinko	2011
Justin Gunter	2007
Mike Murawski	2007
Eric Robertson	2007
Kevin Borrelli	2006
Bob Healy	2006
Ryan Bender	2005
Chuck Mohan	2005
Mike Murawski	2005
Ryan Bender	2004
Ryan Bender	2003
Pat McGuire	2003
Brian Blackburn	2002
Sam Shea	2002
Brian Blackburn	2001
Sam Shea	2001

COSIDA ACADEMIC ALL-AMERICA

Isaac Elliot	2nd Team - 2021-22
Kyle Trinch	3rd Team - 2017
Jim Spisak	1st Team - 2014
Alex Federinko	2nd Team - 2011
Bob Healy	2nd Team - 2006
Ryan Bender	1st Team - 2005
Ryan Bender	2nd Team - 2004
Ryan Bender	3rd Team - 2003

COSIDA ACADEMIC ALL-DISTRICT

Ian Baughman	2025
Christian Cupp	2025
Joe Klanchar	2025
Vincent Rupp	2025
David Williams	2025
Nick Fetzer	2023
Anthony Litrenta	2023
Casey Padgett	2023
Sam Snodgrass	2023
David Williams	2023
Isaac Elliott	2021-22
Tyler Bishop	2020-21
Noah Ball	2018-19
Kyle Trinch	2016-17
Kyle Trinch	2015-16
Jim Spisak	2013-14
Alex Federinko	2010-11
Eric Robertson	2007
Bob Healy	2006
Ryan Bender	2005
Ryan Bender	2004
Ryan Bender	2003
Brian Blackburn	2002
Sam Shea	2002



NCAA EAST PRELIMINARY QUALIFIERS

Tom Slosky	3000m Steeplechase	2006
Tom Slosky	3000m Steeplechase	2007
Tom Slosky	3000m Steeplechase	2008
Derek Dutille	3000m Steeplechase	2008
Derek Dutille	3000m Steeplechase	2009
Mike Stolar	10,000m	2011
Jim Spisak	5,000m	2011
Jim Spisak	5,000m	2012
Alex Woodrow	10,000m	2013
Jim Spisak	10,000m	2014
Kyle Trinch	400m Hurdles	2016
Isaac Elliott	100m	2021
Isaac Elliott	200m	2021
Isaac Elliott	100m	2022
Collin Ebling	800m	2022
Louie Liberatore	Javelin	2025

NCAA NATIONAL QUALIFIERS

Tom Slosky	3000m Steeplechase	2006
Tom Slosky	3000m Steeplechase	2007
Tom Slosky	3000m Steeplechase	2008
Jim Spisak	10,000m	2014
Collin Ebling	800m	2022