



DUQUESNE TRACK & FIELD

2025 ATLANTIC 10 OUTDOOR CHAMPIONSHIPS

MAY 3-4 - FAIRFAX, VA. [GEORGE MASON STADIUM]

2025 OUTDOOR SCHEDULE

Date	Meet (Location)
3/21-22	at 49er Classic (Charlotte, N.C.)
3/28-29	at CMU Invite (Pittsburgh, Pa.)
4/4-5	at Dalton Ebanks Invitational (Fairfax, Va.)
4/12-14	at Bison Outdoor Classic (Lewisburg, Pa.)
4/18-19	at UVA Challenge (Charlottesville, Va.)
4/26	at Red Flash Open (Loretto, Pa.)
5/3-4	at Atlantic 10 Champs (Fairfax, Va.)
5/16-18	at ECAC/IC4A Championships
5/28-31	at NCAA East Regional Championships

THE UNIVERSITY

Name of School	Duquesne University
Street Address	600 Forbes Avenue
Location	Pittsburgh, Pa. 15282
Founded	1878 by the Holy Ghost Fathers
Enrollment	8,333
Nickname	Dukes
School Colors	Red and Blue
Varsity Sports	20
Affiliation	Atlantic 10 / NEC (BOWL/FB)
President	Ken Gormley (Pittsburgh '77)
VP of Athletics	Dave Harper (Wright State '92)
Athletic Dept. Phone	412.396.6565
University Website	www.duq.edu
Athletics Website	www.GoDuquesne.com

DUQUESNE AT 2024 A-10 CHAMPIONSHIPS

Men's Team Finish	11th (23 points)
Men's Medal Count	(1) - 0 G - 0 S - 1 B
Women's Team Finish	3rd (101.2 points)
Women's Medal Count	(10) - 3 G - 5 S - 2 B

DUQUESNE TEAM HISTORY

Best A-10 Finish (M)	3rd (2005, 14, 15)
Best A-10 Finish (W)	2nd (2005, 14, 17)
Most Points at A-10s (M)	159 (2005)
Most Points at A-10s (W)	137 (2014)
Most Medals at A-10s (M)	13 (2005)
Golds	5 (2022)
Silvers	3 (2004, 05, 08, 09, 11)
Bronze	6 (2004)
Most Medals at A-10s (W)	15 (2014)
Golds	5 (2005)
Silvers	5 (2014, 17, 24)
Bronze	8 (2002)

COACHES & SUPPORT STAFF

Jeff Gibson	Head Coach (4th Season)
Brian Reed	Sprints/Hurdles/Relays
Shannon Taub	Multi/Throws/Jumps
Jim Spisak	Distance
Colin Ebling	Assistant Coach
Ricky Wheeler	Athletic Trainer
Paul Hightower	Sport Administrator

SOCIAL MEDIA

Duquesne XCTF - Twitter/IG/FB	@DuqXCTF
Duquesne Athletics - Twitter/IG/FB	@GoDuquesne

STRATEGIC COMMUNICATIONS

Ben Prantl	Asst. Director (Intern)
Email	prantlb@duq.edu
Jacob Davey	Director
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STARTING LINE

- Duquesne will compete in the 2025 Atlantic 10 Outdoor Track & Field Championships over the weekend, featuring a total of 58 competitors across 23 events.

PROGRAM RECORDS SET THIS SEASON

- Decathlon: **Christian Cupp** set a record score of 6,745 in the decathlon at Bucknell.
- Pole Vault: **Nadia Constantakis** cleared a mark of 3.76m (12'-4") at Carnegie Mellon.
- Triple Jump: **Rose Kuchera** set a distance of 12.52 meters (41'-1") at Bucknell.
- Heptathlon: **Halle Walcutt's** set a score of 5,253 in the heptathlon at Bucknell.

A-10 HONORS

- A-10 Rookie of the Week: **Louie Liberatore** (4/1, 4/8), **Rose Kuchera** (4/8, 4/15)

- Freshman **Louie Liberatore** became the second Duke in history to win Rookie of the Week twice, as well as becoming the second to do so in back-to-back weeks. Liberatore, who set the second-best distance in the javelin at Carnegie Mellon before resetting it at George Mason, ranks second in the A-10 and 11th in the NCAA DI Mid-Atlantic Region.

- Freshman **Rose Kuchera** became the fourth Duke in history to be named Rookie of the Week in both the indoor and outdoor season. Kuchera also became the third Duke in history to win multiple rookie of the week titles in each of the two seasons - a feat none had accomplished in 20 years. Kuchera set a new program record in the triple jump en route to earning her second title. Kuchera ranks second in the A-10 and eighth in the NCAA DI Mid-Atlantic Region in the triple jump and fifth in the A-10 and 18th in the NCAA DI Mid-Atlantic Region in the long jump.

WHAT TO WATCH FOR

- Duquesne boasts 38 competitors in the top 10 of the A-10 in their respective events. 22 of which rank in the top 20 of the NCAA DI Mid-Atlantic Region. The Dukes have a total of 25 competitors in the top seven in the A-10 in their respective events.

- Duquesne's women's indoor track & field team finished sixth at the 2025 A-10 Indoor Championships. The team picked up three silver medals, coming from **Halle Walcutt** (pentathlon), **Hannah Seitzinger** (500m) and the 4x400m relay (**Alyssa Willis, Eva Leatherman, Amy Allen, Seitzinger**).

- Duquesne has seen four new program records in the 2025 season, as well as 20 new additions to the top five in respective events - 11 of which have come from the men's team, and nine have come from the women's.

- **Madelyn Moretti**, who ranks fourth in the A-10 in the shot put, looks to repeat her performance at last years A-10 Outdoor Championships, in which she won gold in the shot put and silver in the discus en route to being named Co-Most Outstanding Field Performer.

REGIONAL WATCHLIST

- DU's **Rose Kuchera** is currently 44th in the NCAA East Region in the triple jump, with the top 48 qualifying for the Regional Championships.

- **Halle Walcutt** is 30th nationally in the heptathlon, with only the top 24 in the nation qualifying for the NCAA Championships.

- Last season, **Madelyn Moretti, Haley Hamilton** and **Hannah Seitzinger** all qualified for the East Regional. 2024 was the first time since 2016 DU had three qualifiers.

RETURNING MEDALISTS

- **Madelyn Moretti** - Shot Put (Gold in 2024), Discus (Silver in 2024)
- Women's 4x400m Relay (Gold in 2024 - returning only **Hannah Seitzinger**)
- **Halle Walcutt** - Heptathlon (Silver in 2024)
- **Hannah Seitzinger** - 800m (Silver in 2024)
- **Anna Rorrer** - 400m Hurdles (Bronze in 2024)
- **Vincent Rupp** - High Jump (Bronze in 2024)
- Women's 4x800m Relay (Bronze in 2023 - returning only **Mara Whalen**)
- **David Williams** - 4x100m Relay (Gold in 2022), 4x400m Relay (Bronze in 2022)

BACK IN FAIRFAX

- Duquesne will be competing in Fairfax, Va. for the second time this season, with the first time being the George Mason Dalton Ebanks Invitational, a meet in which the Dukes boasted nine new entries to the record books and 15 top-three finishes. Next week's ECAC/IC4A Championships are also being held at George Mason Stadium.

**100M****Women** (DUQ record: 11.91 / A-10 Championships Record: 11.44)**Alyssa Willis - Senior, Twinsburg, Ohio** 11.91

- Holds Duquesne program record in the 100m (11.91), 200m (24.32) ... Ranks eighth in the 200m in the A-10 this season ... 2x ECAC Qualifier in both 100m and 200m ... Earned a silver and bronze medal at A-10 Indoor Championships in 4x400m relay (2023-24, 2022-23) ... Indoor ECAC 4x400m gold medal in 2023-24 ... Finished second in the 100m at Carnegie Mellon this season.

200M**Women** (DUQ record: 24.32 / A-10 Championships Record: 23.46)**Alyssa Willis - Senior, Twinsburg, Ohio** 11.91

- Holds Duquesne program record in the 100m (11.91), 200m (24.32) ... Ranks eighth in the 200m in the A-10 this season ... 2x ECAC Qualifier in both 100m and 200m ... Earned a silver and bronze medal at A-10 Indoor Championships in 4x400m relay (2023-24, 2022-23) ... Indoor ECAC 4x400m gold medal in 2023-24 ... Finished second in the 100m at Carnegie Mellon this season.

400M**Women** (DUQ record: 54.24 / A-10 Championships Record: 52.80)**Amy Allen - Senior, South Fayette, Pa.** 55.36

- Ranks fifth in the A-10 in the 400m ... 3x ECAC Outdoor Qualifier in the 400m ... 2 A-10 Indoor silver medals (4x400m: 2023-24, 2024-25), 3 bronze (500m - 2022-23, 2023-24, 4x400m - 2022-23) ... Member of 4x400m relay team that ranks third in the A-10 and 15th in NCAA DI Mid-Atlantic Region ... 4 top-three finishes in the 400m this season ... Member of 4x400m relay team that ranks fifth all-time at Duquesne (3:45.61 at 2023 Penn Relays).

Kaylin Cousin - Senior, West Grove, Pa. 57.46

- 2022 ECAC Outdoor qualifier in the 400m ... Recorded three top-four finishes in the 400m this season, including finishing second at the Benson/Hodge Memorial Invitational.

Men (DUQ record: 47.40 / A-10 Championships Record: 46.14)**Landon Lacey - Freshman, Pittsburgh, Pa.** 49.23

- Set personal record in the 400m at Benson/Hodge Memorial Invitational in a first-place finish ... Finished fourth in the 400m at Saint Francis ... Finished fifth in the 4x400m relay at Bison Outdoor Classic.

David Williams - Senior, Mechanicsburg, Pa. 47.61

- Holds third-best 200m, 400m times in Duquesne history (21.43 seconds at 2025 Bison Outdoor Classic and 47.61 at 2025 GMU Dalton Ebanks Invitational) ... Ranked fifth in 200m in A-10, ranked third in A-10 and 19th in NCAA DI Mid-Atlantic Region in 400m ... 3x ECAC Outdoor qualifier in the 400m, qualified in the 200m, 4x100m relay in 2022 ... Won Gold and Bronze Medal in 2022 A-10 Outdoor Championships on 4x100m and 4x400m teams ... Finished first in the 400m at both GMU Dalton Ebanks Invitational and Charlotte 49er Classic this season.

800M**Women** (DUQ record: 2:04.92 / A-10 Championships Record: 2:03.09)**Cydney Blahovec - Sophomore, Youngwood, Pa.** 2:18.55

- Member of 4x800m relay team that ranks fifth in the A-10 ... Finished sixth in the 800m at the Benson/Hodge Memorial Invitational ... Recorded two top-three finishes in the 4x800m relay, highlighted by taking second at the Charlotte 49er Classic ... Finished third in the 4x400m relay at the GMU Dalton Ebanks Invitational.

Reagan Ryen - Sophomore, Marion Center, Pa. 2:18.86

- Member of 4x800m relay team that ranks fifth in the A-10 ... Set a personal record in the 800m at the Bison Outdoor Classic ... Finished second in the 4x800m relay at the Charlotte 49er Classic ... Finished ninth in the 800m at the Benson/Hodge Memorial Invitational.

Hannah Seitzinger - Senior, Belle Vernon, Pa. 2:04.92

- Holds program record in the 800m, ranks fifth in Duquesne history in the 400m (55.25 seconds in 2023) ... 3rd in the A-10 in the 800m, ranks 16th in NCAA DI Mid-Atlantic Region ... Earned gold medal in 4x800m relay, silver medal in 800m at 2024 A-10 Outdoor Championships ... NCAA Regional Qualifier in the 800m in 2024 ... ECAC Outdoor gold medalist in 800m in 2024 ... ECAC Outdoor silver medalist in 4x400m in 2021 ... ECAC Outdoor qualifier in 800m (2024), 400m (2021) and 4x400m (2021).

Men (DUQ record: 1:47.88 / A-10 Championships Record: 1:49.34)**Belal Abdelrahman - Freshman, Royersford, Pa.** 1:56.04

- Set a personal record in the 800m at Benson/Hodge Memorial Invitational in which he finished third ... Finished third in 4x800m relay at Charlotte 49er Classic ... Has four 800m finishes in under 2:00.00 this season.

Sam de la Riva - Junior, Mechanicsburg, Pa. 1:53.89

- Member of 4x800m relay team that ranks fifth in the A-10 ... Set a personal record in the 800m at GMU Dalton Ebanks Invitational ... Has two top-four finishes in the 800m, including a second-place finish at Saint Francis ... Finished third in the 4x800m relay at GMU Dalton Ebanks Invitational.

Maxwell Hamilton - Sophomore, Pittsburgh, Pa. 1:54.73

- Member of 4x800m relay team that ranks fifth in the A-10 ... Finished sixth in the 800m at the Benson/Hodge Memorial Invitational ... Finished third in the 4x800m relay at the GMU Dalton Ebanks Invitational.

Jadon Rahman - Junior, Canonsburg, Pa. 1:53.68

- 2024 ECAC Outdoor qualifier ... Member of 4x800m relay team that ranks fifth in the A-10 ... Finished second in the 800m at the Benson/Hodge Memorial Invitational ... Finished third in the 4x800m relay at the GMU Dalton Ebanks Invitational.

**1500M****Women** (DUQ record: 4:26.64 / A-10 Championships Record: 4:17.00)Grace Senneway - *Freshman, McMurray, Pa.* 4:46.05

- Set a personal record in the 1,500m at GMU Dalton Ebanks Invitational ... Finished fifth in the 1,500m at Saint Francis ... Set a personal record in the 5,000m in an eighth-place finish at Carnegie Mellon.

Mara Whalen - *Senior, Hickory, Pa.* 4:28.18

- Set second-best 1,500m time in program history at GMU Dalton Ebanks Invitational in a third-place finish ... Set fifth-best 800m time in Duquesne history at Carnegie Mellon ... Ranks 10th in the A-10 in the 1,500m, ranks eighth in the A-10 in the 800m ... Member of 4x800m relay team that ranks fifth in the A-10.

Men (DUQ record: 3:48.01 / A-10 Championships Record: 3:44.26)Jack Barnhisel - *Junior, Pittsburgh, Pa.* 3:51.53

- 2x ECAC Outdoor qualifier, (2023, 24) ... Set personal record in the 1,500m at GMU Dalton Ebanks Invitational in a fifth-place finish ... Finished first in the 3,000m at Carnegie Mellon.

Sam Freedman - *Freshman, Lancaster, Pa.* 4:03.98

- Set a personal record in the 1,500m at Saint Francis in a second-place finish ... Finished fourth in the 800m at the Benson/Hodge Memorial Invitational, finishing in second place ... Finished third in the 4x800m relay at the Charlotte 49er Classic.

Gio Mastromonaco - *Freshman, Nazareth, Pa.* 3:55.18

- Set a personal record in the 1,500m at the Bison Outdoor Classic ... Finished first in the 800m at Saint Francis, finishing in first place ... Finished fifth in the 800m at Carnegie Mellon.

5000M**Women** (DUQ record: 16:34.18 / A-10 Championships Record: 16:17.30)Maggie Danzer - *Junior, Clarence, N.Y.* 18:59.97

- Set a personal record in the indoor 5,000m (18:06.13) at the 2025 A-10 Indoor Championships ... Finished first in the 3,000m at Carnegie Mellon ... Set a personal record in the 10,000m at Bucknell.

Ryley Schwalm - *Junior, Pottsville, Pa.* 17:46.76

- Set a personal record in the 5,000m in a ninth-place finish at GMU Dalton Ebanks Invitational ... Set a personal record in the 3,000m steeplechase at Bucknell ... Finished fifth in the 3,000m steeplechase at Carnegie Mellon.

Grace Senneway - *Freshman, McMurray, Pa.* 18:00.09

- Set a personal record in the 5,000m at Carnegie Mellon ... Finished fifth in the 1,500m at Saint Francis ... Competed in the 3,000m at the 2025 A-10 Indoor Championships.

Men (DUQ record: 13:50.44 / A-10 Championships Record: 14:08.79)Cameron Bogdan - *Sophomore, Hamburg, N.Y.* 15:02.38

- Ranks ninth in the A-10 and 15th in NCAA DI Mid-Atlantic Region in 3,000m steeplechase ... 2024 ECAC Outdoor qualifier ... Set a personal record in the 3,000m steeplechase at GMU Dalton Ebanks Invitational in a second-place finish ... Set personal record in the outdoor 5,000m at 2024 GMU Dalton Ebanks Invitational ... Finished first in the 1,500m at Bucknell, setting a personal record ... Finished first in the 3,000m at Saint Francis.

Nathaniel Woshner - *Junior, Winchester, Va.* 14:58.18

- 2x qualifier for NCAA DI Mid-Atlantic Region Cross Country Championships (2023, 2024) ... Finished second in the 3,000m at Saint Francis ... Set a personal record in the 1,500m at GMU Dalton Ebanks Invitational.

10,000M**Women** (DUQ record: 35:13.18 / A-10 Championships Record: 33:54.62)Gina Bolla - *Senior, Pittsburgh, Pa.* NA

- Set a personal record in a second-place finish in the 1,500m at Carnegie Mellon ... Set a personal record in the 5,000m at Bucknell ... Finished 12th in the 3,000m at the 2025 Indoor IC4A/ECAC Indoor Championships.

Men (DUQ record: 29:02.09 / A-10 Championships Record: 29:33.29)Ben Shields - *Freshman, St. Clairsville, Ohio* 30:20.03

- Ranked ninth in the A-10 and 18th in NCAA DI Mid-Atlantic Region in 10,000m ... 2024 NCAA DI Mid-Atlantic Region Cross Country Championships qualifier ... Set a personal record in the 10,000m at Bucknell ... Finished seventh in the 5,000m at GMU Dalton Ebanks Invitational.

100M HURDLES**Women** (DUQ record: 13.69 / A-10 Championships Record: 13.40)Anna Rorrer - *Sophomore, Woodridge, Ohio* 13.79

- Set second-best 100m-hurdles time at UVA ... Leads the A-10 in the 100m hurdles, ranks 11th in NCAA DI Mid-Atlantic Region ... Ranks fifth in the A-10 in 400m hurdles, ranks 19th in NCAA DI Mid-Atlantic Region ... Member of 4x400m relay team that is third in the A-10, 15th in NCAA DI Mid-Atlantic Region ... Earned a silver medal in the 400m hurdle at the 2024 A-10 Outdoor Championships ... 2024 IC4A/ECAC Outdoor qualifier.

110M HURDLES**Men** (DUQ record: 14.41 / A-10 Championships Record: 13.42)Ryan Ellison - *Senior, Wyncote, Pa.* 14.41

- Holds Duquesne record in 110m hurdles which he set at 2023 A-10 Outdoor Championships ... Ranks 10th in the A-10 in the 110m hurdles ... 3x IC4A/ECAC Outdoor qualifier (110m hurdle: 2022, 23, 24; 400m hurdle: 2022) ... Earned Bronze Medal in 2022 A-10 Outdoor Championships with 4x400m Relay team ... Finished second in the 110m hurdles at SFU.

**400M HURDLES****Women** (DUQ record: 54.24 / A-10 Championships Record: 57.74)Eva Leatherman - *Junior, Carlisle, Pa.* 1:02.30

- Ranks seventh in the A-10 in 400m hurdles ... Member of 4x400m relay team that is third in the A-10, 15th in NCAA DI Mid-Atlantic Region ... Earned a silver medal in 4x400m relay at 2025 A-10 Indoor Championships ... Finished second in the 400m hurdles at Saint Francis ... 2024 IC4A/ECAC Outdoor qualifier.

Anna Rorrer - *Sophomore, Woodridge, Ohio* 1:01.38

- Set second-best 100m-hurdles time at UVA ... Leads the A-10 in the 100m hurdles, ranks 11th in NCAA DI Mid-Atlantic Region ... Ranks fifth in the A-10 in 400m hurdles, ranks 19th in NCAA DI Mid-Atlantic Region ... Member of 4x400m relay team that is third in the A-10, 15th in NCAA DI Mid-Atlantic Region ... Earned a silver medal in the 400m hurdles at the 2024 A-10 Outdoor Championships.

Men (DUQ record: 52.10 / A-10 Championships Record: 51.47)Ian Baughman - *Graduate Student, Oxford, Pa.* 52.30

- Set second-best 400m-hurdles time in Duquesne history at Bucknell in a second-place finish ... Ranks second in the A-10 and 13th in NCAA DI Mid-Atlantic Region in 400m hurdles ... Member of 4x400m relay team that ranks fourth in A-10 ... Recorded three top-two finishes in 400m hurdles this season, highlighted by a win at Carnegie Mellon.

Colm McGroarty - *Freshman, Pottsville, Pa.* 55.79

- Set personal record in 400m hurdles at Saint Francis in a third-place finish ... Finished first in 400m hurdles at Benson/Hodge Memorial Invitational ... Set a personal record in the 200m at Bucknell.

Isaac Wetzel - *Freshman, Butler, Pa.* 54.45

- Set fifth-best time in 400m hurdles in Duquesne history at Bucknell ... Ranks seventh in the A-10 in the 400m hurdles ... Member of 4x400m relay team that ranks fourth in A-10 ... Finishes first in the 400m hurdles at Saint Francis.

3000M STEEPLECHASE**Men** (DUQ record: 8:43.93 / A-10 Championships Record: 8:37.23)Cameron Bogdan - *Sophomore, Hamburg, N.Y.* 9:08.77

- Ranks ninth in the A-10 and 15th in NCAA DI Mid-Atlantic Region in 3,000m steeplechase ... 2024 ECAC Outdoor qualifier ... Set a personal record in the 3,000m steeplechase at GMU Dalton Ebanks Invitational in a second-place finish ... Set personal record in the outdoor 5,000m at 2024 GMU Dalton Ebanks Invitational ... Finished first in the 1,500m at Bucknell, setting a personal record ... Finished first in the 3,000m at Saint Francis.

Casey Padgett - *Graduate Student, Carlisle, Pa.* 9:26.11

- Set a personal record in the 3,000m steeplechase at Bucknell ... Finished third in the 1,500m at Saint Francis, setting a personal record.

LONG JUMP**Women** (DUQ record: 6.07m / A-10 Championships Record: 6.27m)Capri DeCaro - *Junior, Greensburg, Pa.* 5.12m

- Set career outdoor record in the long jump at Benson/Hodge Memorial Invitational in a fourth-place finish ... Competed at A-10 Outdoor Championships in 2023, 24 and Indoor Championships in 2023, 24, 25.

Rose Kuchera - *Freshman, Canonsburg, Pa.* 5.83m

- 2x A-10 Rookie of the Week during the outdoor season, 2x Rookie of the Week in indoor season ... One of two Dukes to win Rookie of the Week multiple times in both indoor and outdoor seasons, tied for most Rookie of the Week awards in program history ... Set program record in triple jump (12.52m) at Bucknell in second-place finish ... Set fifth-best long jump distance in program history at Charlotte 49er Classic in second-place finish ... Ranks second in A-10 and eighth in NCAA DI Mid-Atlantic Region in triple jump, ranks 44th in NCAA East region ... Ranks fifth in A-10 and 18th in NCAA DI Mid-Atlantic Region in long jump.

Charly Schlauch - *Freshman, Bloomsburg, Pa.* 5.26m

- Set a personal record in the long jump in a sixth-place finish at Saint Francis ... Finished sixth in long jump at Benson/Hodge Memorial Invitational ... Competed in 2025 A-10 Indoor Championships.

Men (DUQ record: 7.65m / A-10 Championships Record: 7.69m)Christian Cupp - *Sophomore, Shaker Heights, Ohio* 7.04m

- Set new program record in decathlon (6745) at Susquehanna in first-place finish ... Tied fifth-best long jump mark in program history at GMU Dalton Ebanks Invitational in sixth-place finish ... Ranks third in A-10 and 11th in NCAA DI Mid-Atlantic Region in long jump ... Ranks second in A-10 and fourth in NCAA DI Mid-Atlantic Region in decathlon ... 2024 IC4A/ECAC Outdoor qualifier in long jump ... Finished fourth at 2024 A-10 Outdoor Championships in decathlon.

Spencer Edey - *Sophomore, Shippensburg, Pa.* ND

- Ranks seventh in the A-10 and 13th in NCAA DI Mid-Atlantic Region in triple jump ... Set a new personal record in the triple jump (14.52m) in a seventh-place finish at Charlotte 49er Classic ... Finished second in triple jump at Carnegie Mellon ... Finished seventh in triple jump at Bucknell.

HIGH JUMP**Women** (DUQ record: 1.75m / A-10 Championships Record: 1.79m)Caroline Garbe - *Sophomore, Webster, N.Y.* 1.70m

- Tied second-best high jump mark in Duquesne history at UVA ... Ranks second in the A-10 and 16th in NCAA DI Mid-Atlantic Region in high jump ... Set indoor high jump program record (1.74m) at Kent State ... Tallied three top-three finishes in the high jump, highlighted by a win at Saint Francis.

**Men** (DUQ record: 2.04m / A-10 Championships Record: 2.14m)**Vincent Rupp - Sophomore, Erie, Pa.** 2.01m

- Won bronze medal in high jump at 2024 A-10 Outdoor Championships ... Ranks sixth in the A-10 in the high jump ... 2024 IC4A/ECAC qualifier in high jump ... Finished fourth in high jump at Charlotte 49er Classic with season-high mark of 1.96m.

TRIPLE JUMP**Women** (DUQ record: 12.52m / A-10 Championships Record: 12.94m)**Rose Kuchera - Freshman, Canonsburg, Pa.** 12.52m

- 2x A-10 Rookie of the Week during the outdoor season, 2x Rookie of the Week in indoor season ... One of two Dukes to win Rookie of the Week multiple times in both indoor and outdoor seasons, tied for most Rookie of the Week awards in program history ... Set program record in triple jump at Bucknell in second-place finish ... Set fifth-best long jump distance in program history (5.83m) at Charlotte 49er Classic in second-place finish ... Ranks second in A-10 and eighth in NCAA DI Mid-Atlantic Region in triple jump, ranks 44th in NCAA East region ... Ranks fifth in A-10 and 18th in NCAA DI Mid-Atlantic Region in long jump.

Ayuen Mading - Freshman, Harrisburg, Pa. 11.47m

- Set a personal record in the triple jump at Bucknell ... Finished sixth in the triple jump at Benson/Hodge Memorial Invitational ... Competed in triple jump at 2025 A-10 Indoor Championships.

Lauren Stroka - Freshman, Dubois, Pa. 11.46m

- Set personal record in the triple jump in fifth-place finish at GMU Dalton Ebanks Invitational ... Recorded four top-six finishes in the triple jump, including a fourth-place finish at Benson/Hodge Memorial Invitational ... Competed in triple jump at 2025 A-10 Indoor Championships.

Men (DUQ record: 15.48m / A-10 Championships Record: 15.58m)**Spencer Edey - Sophomore, Shippensburg, Pa.** 14.52m

- Ranks seventh in the A-10 and 13th in NCAA DI Mid-Atlantic Region in triple jump ... Set a new personal record in the triple jump in a seventh-place finish at Charlotte 49er Classic ... Finished second in triple jump at Carnegie Mellon ... Finished seventh in triple jump at Bucknell.

POLE VAULT**Women** (DUQ record: 3.76m / A-10 Championships Record: 4.20m)**Nadia Constantakis - Freshman, Gibsonia, Pa.** 3.76m

- Set Duquesne pole vault record in second-place finish at Carnegie Mellon ... Ranks sixth in A-10 and 19th in NCAA DI Mid-Atlantic Region in pole vault ... Set Duquesne indoor pole vault record (3.62m) at Youngstown State and 2025 A-10 Indoor Championships ... Recorded three top-two finishes in pole vault, including a win at Saint Francis.

SHOT PUT**Women** (DUQ record: 15.53m / A-10 Championships Record: 15.34m)**Madelyn Moretti - Junior, Madison, Ohio** 15.53m

- Set Duquesne program record in the shot put en route to becoming champion at 2024 IC4A/ECAC Outdoor Championships ... Ranks fourth in A-10 and eighth in NCAA DI Mid-Atlantic Region in shot put ... Named A-10 Co-Field Performer of the Week during indoor season ... Recorded three top-four finishes in shot put, including second-place finish at Saint Francis.

Men (DUQ record: 16.71m / A-10 Championships Record: 18.23m)**Conor Richardson - Freshman, Morristown, N.J.** 13.63m

- Set personal record for outdoor shot put in second-place finish at Benson/Hodge Memorial Invitational ... Finished fourth in the shot put at Saint Francis ... Set a personal record in the discus at Benson/Hodge Memorial Invitational in a second-place finish.

DISCUS THROW**Women** (DUQ record: 49.34m / A-10 Championships Record: 53.82m)**Mia Pierce - Senior, Twinsburg, Ohio** 47.47m

- Recorded third-best discus mark in program history in first-place finish at Carnegie Mellon ... Ranks third in A-10 and 10th in NCAA DI Mid-Atlantic Region in discus ... Took first place in the discus three times this season: Charlotte 49er Classic, Carnegie Mellon and GMU Dalton Ebanks Invitational ... Finished seventh in the discus and sixth in the shot put at the 2024 IC4A/ECAC Outdoor Championships.

Men (DUQ record: 52.27m / A-10 Championships Record: 57.48m)**Rocco Caprara - Senior, Pittsburgh, Pa.** 40.99m

- Set third-best distance in program history in hammer throw (51.21m) at Benson/Hodge Memorial Invitational ... Ranks eighth in A-10 in the hammer throw ... 2024 IC4A/ECAC Outdoor qualifier in discus ... Set personal record in discus throw at Bucknell in 2024.

Nick Carelli - Freshman, Yardley, Pa. 38.51m

- Set personal record in the discus at Carnegie Mellon ... Finished seventh in the discus at Benson/Hodge Memorial Invitational ... Finished 14th in discus at Saint Francis.

Conor Richardson - Freshman, Morristown, N.J. 38.21m

- Set personal record for outdoor shot put in second-place finish at Benson/Hodge Memorial Invitational ... Finished fourth in the shot put at Saint Francis ... Set a personal record in the discus at Benson/Hodge Memorial Invitational in a second-place finish.

Nick Tarabokia - Senior, Berkeley Heights, N.J. 40.24m

- Set personal record in discus at 2024 GMU Dalton Ebanks Invitational ... Finished fifth in discus at Benson/Hodge Memorial Invitational ... Finished 10th in discus at Saint Francis.

**HAMMER THROW****Women** (DUQ record: 52.93m / A-10 Championships Record: 67.46m)Ella Lindberg - *Sophomore, Johnsonburg, Pa.* 43.61m

- Set personal record in hammer throw at Bucknell ... Finished second in hammer throw at Benson/Hodge Memorial Invitational ... Finished fourth in hammer throw at Saint Francis.

Men (DUQ record: 56.06m / A-10 Championships Record: 67.64m)Rocco Caprara - *Senior, Pittsburgh, Pa.* 51.21m

- Set third-best distance in program history in hammer throw at Benson/Hodge Memorial Invitational ... Ranks eighth in A-10 in the hammer throw ... 2024 IC4A/ECAC Outdoor qualifier in discus ... Set personal record in discus throw at Bucknell in 2024.

Nick Payne - *Sophomore, Girard, Pa.* 45.37m

- Set personal record in hammer throw in second-place finish at Benson/Hodge Memorial Invitational ... Finished seventh in the hammer throw at Saint Francis ... Recorded distance of 43.19m in hammer throw at GMU Dalton Ebanks Invitational.

JAVELIN**Women** (DUQ record: 45.80m / A-10 Championships Record: 51.28m)Megan Penrod - *Junior, Butler, Pa.* 42.71m

- Ranks eighth in A-10 in javelin ... Set personal record in the javelin in first-place finish at 2024 GMU Dalton Ebanks Invitational ... Finished first in the javelin at GMU Dalton Ebanks Invitational ... 2024 IC4A/ECAC Outdoor qualifier.

Men (DUQ record: 62.20m / A-10 Championships Record: 69.98m)Joe Klanchar - *Junior, Greensburg, Pa.* 56.15m

- Set third-best distance in the javelin at GMU Dalton Ebanks Invitational in second-place finish ... Ranks sixth in A-10 in javelin ... Finished seventh in the javelin at 2024 A-10 Outdoor Championships ... Finished fifth in the javelin at Carnegie Mellon.

Louie Liberatore - *Freshman, Canonsburg, Pa.* 61.08m

- Set second-best javelin mark in program history in first-place finish at GMU Dalton Ebanks Invitational ... Became second Duke all-time to be named A-10 Rookie of the Week twice and to win the award in consecutive weeks ... Ranks second in A-10 and 11th in NCAA DI Mid-Atlantic Region in javelin ... Finished first in javelin at Saint Francis.

Roman Lisicky - *Senior, Center Valley, Pa.* 51.37m

- Set personal record in javelin at 2023 Charlotte 49er Classic ... Finished seventh in javelin at Benson/Hodge Memorial Invitational ... Finished eighth in javelin at GMU Dalton Ebanks Invitational.

Gregory Tindle - *Freshman, Miami, Fla.* 51.37m

- Set personal record in javelin in an eighth-place finish at Charlotte 49er Classic ... Finished seventh in the javelin at GMU Dalton Ebanks Invitational.

HEPTATHLON**Women** (DUQ record: 5,253 / A-10 Championships Record: 5,292)Halle Walcutt - *Senior, Cuyahoga Falls, Ohio* 5,253

- Set Duquesne record in the heptathlon at Bucknell in first-place finish ... Leads A-10 and NCAA DI Mid-Atlantic Region in heptathlon, ranks 30th nationally in heptathlon ... 2024 IC4A/ECAC Outdoor qualifier.

DECATHLON**Men** (DUQ record: 6,745 / A-10 Championships Record: 7,393)Mikey Bill - *Freshman* 4,732

- Ranks ninth in A-10 and 17th in NCAA DI Mid-Atlantic Region in decathlon ... Set personal record in decathlon at Susquehanna in 12th-place finish, recording personal records in every heat except the 100m ... Set a personal record in the 100m at Saint Francis.

Christian Cupp - *Sophomore, Shaker Heights, Ohio* 6,745

- Set new program record in decathlon at Susquehanna in first-place finish ... Tied fifth-best long jump mark (7.04m) in program history at GMU Dalton Ebanks Invitational in sixth-place finish ... Ranks third in A-10 and 11th in NCAA DI Mid-Atlantic Region in long jump ... Ranks second in A-10 and fourth in NCAA DI Mid-Atlantic Region in decathlon ... 2024 IC4A/ECAC Outdoor qualifier in long jump ... Finished fourth at 2024 A-10 Outdoor Championships in decathlon.

Cody Mankowski - *Freshman, Imperial, Pa.* 5,928

- Set fourth-best decathlon score in program history at Susquehanna ... Ranks seventh in A-10 and 15th in NCAA DI Mid-Atlantic Region in decathlon ... Set a personal record in the discus at Saint Francis.

Colm Matheney - *Freshman, Chagrin Falls, Ohio* 6,300

- Set second-best decathlon score in program history at Susquehanna in a seventh-place finish ... Ranks sixth in A-10 and eighth in NCAA DI Mid-Atlantic Region in decathlon ... Set personal records in the 110m hurdles and discus at Saint Francis, finishing seventh in both events.

4X400M RELAY**Women** (DUQ record: 3:42.62 / A-10 Championships Record: 3:38.58)

Amy Allen, Halle Walcutt 3:47.41

Anna Rorrer, Eva Leatherman

- Ranks third in the A-10 and 15th in NCAA DI Mid-Atlantic Region in 4x400m relay ... Set season-high time at UVA.

Men (DUQ record: 3:13.42 / A-10 Championships Record: 3:09.10)

Christian Cupp, Ian Baughman 3:15.01

Isaac Wetzel, David Williams

- Ranks fourth in the A-10 in 4x400m relay ... Set season-high time at UVA ... Williams was on bronze-medal-winning team in 2022. Charlotte 49er Classic.

**4x800M RELAY****Women** (DUQ record: 8:50.27 / A-10 Championships Record: 8:43.10)

Mara Whalen, Reagan Ryan 9:29.40

Cydney Blahovec, Kate Saum

- Ranks fifth in the A-10 in 4x800m relay ... Set season-high time at Charlotte 49er Classic.

Men (DUQ record: 7:27.75 / A-10 Championships Record: 7:23.95)

Jadon Rahman, Sam de la Riva 7:52.87

Gio Mastromonaco, Jack Barnhisel. Sam Freedman

- First time competing together this season ... 4x800m relay team of Rahman, Maxwell Hamilton, de la Riva and Bogdan ranks fifth in A-10 in 4x800m relay.

SATURDAY SCHEDULE**Field**

10:30 AM Men's Hammer

12:00 PM Women's Pole Vault

12:30 PM Women's Hammer

1:00 PM Men's Long Jump

2:30 PM Women's Javelin

3:30 PM Women's Long Jump

4:00 PM Men's Pole Vault

4:30 PM Men's Javelin

Track

2:30 PM Women's 1500 M Trials

2:50 PM Men's 1500 M Trials

3:15 PM Women's 100 H Trials

3:30 PM Men's 110 H Trials

3:45 PM Women's 400 M Trials

4:00 PM Men's 400 M Trials

4:15 PM Women's 100 M Trials

4:30 PM Men's 100 M Trials

4:45 PM Women's 800 M Trials

5:00 PM Men's 800 M Trials

5:15 PM Women's 400 H Trials

5:30 PM Men's 400 H Trials

5:45 PM Women's 200 M Trials

6:05 PM Men's 200 M Trials

6:25 PM Women's 3000 M Steeplechase

6:50 PM Men's 3000 M Steeplechase

7:15 PM Women's 10,000 Meter Run

8:00 PM Men's 10,000 Meter Run

SUNDAY SCHEDULE**Field**

10:30 AM Women's Shot Put

10:30 AM Women's Triple Jump

11:00 AM Men's High Jump

11:00 AM Men's Discus

1:00 PM Women's Discus

1:00 PM Men's Triple Jump

1:00 PM Men's Shot Put

1:00 PM Women's High Jump

Track

11:00 AM Women's 4 x 100

11:10 AM Men's 4 x 100

11:20 AM Women's 1500 M

11:35 AM Men's 1500 M

11:45 AM Women's 100 H

12:00 PM Men's 110 H

12:10 PM Women's 400 M

12:15 PM Men's 400 M

12:25 PM Women's 100 M

12:30 PM Men's 100 M

12:40 PM Women's 800 M

12:45 PM Men's 800 M

12:55 PM Women's 400 H

1:05 PM Men's 400 H

1:15 PM Women's 200 M

1:20 PM Men's 200 M

1:25 PM Women's 5,000 Meter Run

1:50 PM Men's 5,000 Meter Run

2:10 PM Women's 4 x 800

2:25 PM Men's 4 x 800

2:40 PM Women's 4 x 400

2:55 PM Men's 4 x 40

MULTI-EVENTS**Saturday****Decathlon**

11:00 AM 100M

11:45 AM Long Jump

1:00 PM Shot Put

2:15 PM High Jump

4:00 PM 400m

Heptathlon

11:15 AM 100 H

12:00 PM High Jump

2:00 PM Shot Put

3:15 PM 200 M

Sunday**Decathlon**

9:00 AM 110 H

9:40 AM Discus

10:45 Pole Vault

12:45 PM Javelin

2:00 PM 1500 M

Heptathlon

10:00 AM Long Jump

11:15 AM Javelin

12:30 PM 800 M