



Atlantic 10 Cross Country Championships

Pole Green Park

Mechanicsville, VA - Hosted by Univ. of Richmond

November 2, 2024

Results

Women 6k

TEMPERATURE
56 °

HUMIDITY
63%

CONDITIONS
SUNNY

PI	Athlete Name		Affiliation	2k	2k PI	+/-	4k	4k PI	+/-	Time	Pts
1	Gwenno Goode	SO	La Salle	6:39.3	2	▲1	13:18.2	1	—	20:10.4	1
2	Katarina Birimac	SR	Fordham	6:46.9	12	▲10	13:37.8	2	—	20:31.9	2
3	Haley Hamilton	SR	Duquesne	6:43.9	5	▲2	13:41.1	3	—	20:38.8	3
4	Delia McDade Clay	SR	Loyola	6:45.1	6	▲1	13:42.1	5	▲1	20:45.4	4
5	Emma Watcke	SR	Loyola	6:45.5	9	▲3	13:42.2	6	▲1	20:45.4	5
6	Grace Kuhn	SR	Loyola	6:45.6	10	▲3	13:42.4	7	▲1	20:45.4	6
7	Roisin Treacy	JR	Loyola	6:45.1	6	▲2	13:42.0	4	▼3	20:45.5	7
8	Laurel Kurtz	SR	Richmond	6:49.4	14	▲3	13:58.0	11	▲3	20:54.6	8
9	Sydney Adams	JR	UMass	6:45.2	8	▼7	14:01.5	15	▲6	20:57.3	9
10	Ella Semple	JR	George Mason	6:39.1	1	▼7	13:46.7	8	▼2	21:01.0	10
11	Ava Curry	SR	St. Joseph's	6:51.3	20	▲8	13:59.5	12	▲1	21:02.3	11
12	Eugenia Fairhurst	SR	UMass	6:57.4	40	▲22	14:05.0	18	▲6	21:02.5	12
13	Maisie Burns	FR	George Mason	6:42.2	4	▼6	13:54.3	10	▼3	21:02.9	13
14	Grace Jostock	SR	Loyola	6:53.2	27	▲13	14:01.3	14	—	21:07.9	14
15	McKenzie Dillman	JR	George Mason	6:51.9	22	▼1	14:08.4	23	▲8	21:11.1	15
16	Sarah Mitchell	JR	George Washington	6:52.9	25	▲5	14:05.6	20	▲4	21:13.7	16
17	Helene Usher	SO	La Salle	6:45.8	11	▲2	13:49.8	9	▼8	21:15.3	17
18	Eileen Seebon	SO	Loyola	6:49.6	15	▲2	14:00.5	13	▼5	21:17.5	18
19	Marissa Pritchett	JR	Dayton	6:54.4	29	▲10	14:05.4	19	—	21:19.0	19
20	Emery Mayfield	FR	Saint Louis	6:51.0	18	▼5	14:08.4	23	▲3	21:19.4	20
21	Gina Bolla	JR	Duquesne	6:50.3	16	—	14:04.8	16	▼5	21:20.2	21
22	Emily Morden	SO	Saint Louis	6:49.1	13	▼12	14:08.5	25	▲3	21:21.7	22
23	Abby Nasse	SR	Davidson	6:52.3	23	▲1	14:06.1	22	▼1	21:22.7	23
24	Klara Hansen	FR	UMass	6:51.5	21	▼6	14:09.1	27	▲3	21:25.9	24
25	Sofia Piccone	JR	Rhode Island	6:56.0	35	▲19	14:04.8	16	▼9	21:26.9	25
26	Mollie Fenn	JR	Richmond	6:53.0	26	▼3	14:10.3	29	▲3	21:29.1	26
27	Ellie Desmond	JR	George Mason	6:41.3	3	▼18	14:05.8	21	▼6	21:32.3	27
28	Lily Saul	SO	Rhode Island	7:05.9	67	▲20	14:27.3	47	▲19	21:32.5	28
29	Ryley Schwalm	JR	Duquesne	6:54.8	30	▲4	14:08.7	26	▼3	21:34.2	29
30	Lara Mannes Diaz de Caceres	SO	UMass	6:56.8	39	▲4	14:21.9	35	▲5	21:37.7	30
31	Molly Sullivan	JR	Davidson	6:56.1	36	▲2	14:20.8	34	▲3	21:38.4	31
32	Neve Moulai	JR	La Salle	6:59.8	45	▼6	14:28.1	51	▲19	21:38.7	32
33	Ali Gillooly	SR	Loyola	7:02.1	52	▲8	14:26.5	44	▲11	21:39.3	33

Results available at www.flashresults.com



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34	Lexy Rivard	SO	La Salle	7:04.8	60	▲21	14:25.6	39	▲5	21:40.4	34
35	Anna Berquist	SR	Davidson	6:51.0	18	▼10	14:09.8	28	▼7	21:40.6	35
36	Daphne Dornic	FR	Loyola	7:01.5	49	▲4	14:26.8	45	▲9	21:41.0	
37	Olivia Syftestad	SR	George Washington	6:53.6	28	▼2	14:13.0	30	▼7	21:41.0	36
38	Megan Churchill	SR	George Washington	6:58.0	41	▲10	14:18.7	31	▼7	21:41.3	37
39	Annika Zuschlag	JR	UMass	6:55.7	33	▼4	14:22.7	37	▼2	21:41.3	38
40	Amelia Artz	SO	La Salle	7:01.9	51	▼1	14:29.0	52	▲12	21:44.4	39
41	Justine Smith	SR	Dayton	6:58.0	41	▲8	14:20.5	33	▼8	21:44.7	40
42	Rylee Davis	SO	UMass	6:59.3	43	▲6	14:22.7	37	▼5	21:45.5	41
43	Nia Warren	SR	VCU	7:08.9	75	▲29	14:27.0	46	▲3	21:47.1	42
44	Amelia Ogawa	FR	George Washington	6:52.8	24	▼8	14:20.4	32	▼12	21:48.7	43
45	Amelia Green	FR	La Salle	7:00.0	46	▲5	14:25.8	41	▼4	21:51.6	44
46	Anna Todd	SO	UMass	7:02.5	55	▲7	14:27.4	48	▲2	21:51.7	45
47	Kaylie Dalgar	FR	UMass	7:02.3	54	▲1	14:29.6	53	▲6	21:51.9	
48	Una Boylan	JR	George Washington	6:55.0	31	▼5	14:22.1	36	▼12	21:53.1	46
49	Aiden Grasse	SR	Loyola	7:02.1	52	▲9	14:26.4	43	▼6	21:54.5	
50	Hadley Mahoney	FR	George Washington	6:56.5	38	▼16	14:30.7	54	▲4	21:55.9	47
51	Julia Shanes	SO	George Washington	7:01.6	50	▼6	14:31.5	56	▲5	21:58.1	48
52	Brooke Krally	SR	Duquesne	7:01.1	47	▼3	14:27.8	50	▼2	21:58.6	49
53	Madelyn Anderson	FR	VCU	7:09.1	77	▲10	14:39.4	67	▲14	21:59.1	50
54	Olivia Kindbom	SO	Dayton	7:05.5	64	▲6	14:33.3	58	▲4	22:00.9	51
55	Danika Slits	FR	St. Joseph's	6:59.5	44	▼13	14:32.0	57	▲2	22:02.3	52
56	Leann Lombardi	FR	UMass	7:03.7	58	▼5	14:37.3	63	▲7	22:03.2	
57	Sophia Pelligreen	SO	Saint Louis	6:50.5	17	▼23	14:25.7	40	▼17	22:03.4	53
58	Bryn Hothem	SO	Dayton	7:08.9	75	▲10	14:38.9	65	▲7	22:03.6	54
59	Linsey Arends	JR	Rhode Island	7:11.2	85	▲16	14:40.4	69	▲10	22:03.9	55
60	Nourene Nabbus	JR	George Mason	7:03.2	56	▼3	14:33.8	59	▼1	22:05.5	56
61	Hallie Muniz	FR	Richmond	6:55.7	33	▼9	14:26.2	42	▼19	22:06.4	57
62	Sarah Clark	SO	George Mason	7:05.5	64	▼2	14:39.0	66	▲4	22:06.7	58
63	Erin Hurley	SR	Rhode Island	7:10.9	84	▲16	14:40.2	68	▲5	22:07.8	59
64	Paige Joyce	JR	Richmond	6:55.0	31	▼18	14:27.5	49	▼15	22:08.5	60
65	Stella Hammond	SO	La Salle	7:05.3	62	▲2	14:34.2	60	▼5	22:09.2	61
66	Lola Dinneen	SO	George Washington	7:06.5	69	▼1	14:40.7	70	▲4	22:10.8	
67	Brooke Reif	JR	Richmond	6:56.3	37	▼18	14:31.1	55	▼12	22:11.9	62
68	Ava Miller	JR	VCU	7:18.1	104	▲18	14:49.1	86	▲18	22:12.4	63
69	Gillian Lovett	FR	La Salle	7:08.4	74	▼2	14:46.5	76	▲7	22:13.5	



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70	Avery Beike	FR	Richmond	7:06.6	70	▲8	14:37.0	62	▼8	22:14.2	64
71	Sarah Zahaykevich	SO	Fordham	7:14.0	94	▲9	14:48.9	85	▲14	22:14.6	65
72	Rylee Shunney	SO	UMass	7:03.6	57	▼14	14:42.0	71	▼1	22:14.9	
73	Alison Pankowicz	FR	Rhode Island	7:09.5	79	▲6	14:43.0	73	—	22:15.1	66
74	Mia Winters	JR	St. Bonaventure	7:09.4	78	▼3	14:47.9	81	▲7	22:15.7	67
75	Clara Gillen	FR	Saint Louis	7:10.2	81	▲4	14:47.0	77	▲2	22:15.9	68
76	Phoebe Rubio	JR	Richmond	7:06.8	71	▼11	14:48.1	82	▲6	22:16.0	69
77	Morgan Roemer	FR	Duquesne	7:06.2	68	▼4	14:42.2	72	▼5	22:16.3	70
78	Olivia Wilson	SR	Duquesne	7:01.2	48	▼13	14:35.7	61	▼17	22:19.8	71
79	Addy Ciecierski	SR	Duquesne	7:05.8	66	▼21	14:51.0	87	▲8	22:20.4	72
80	Ella Verello	JR	La Salle	7:11.6	88	▲4	14:48.5	84	▲4	22:21.6	
81	Abby Smith	FR	Davidson	7:05.4	63	▼12	14:43.9	75	▼6	22:22.4	73
82	Starr Scott	SO	Saint Louis	7:04.5	59	▼15	14:43.2	74	▼8	22:22.6	74
83	Monika Kubai	SR	George Washington	7:13.5	92	▲13	14:47.6	79	▼4	22:27.3	
84	Charlotte Hudson	FR	Richmond	7:12.2	89	▲11	14:47.4	78	▼6	22:29.9	
85	Kathryn Saum	JR	Duquesne	7:07.6	73	▼10	14:48.3	83	▼2	22:31.8	
86	Mara Whalen	SR	Duquesne	7:07.1	72	▼16	14:53.1	88	▲2	22:37.7	
87	Kate Meeks	SO	Fordham	7:21.6	111	▲14	15:02.4	97	▲10	22:38.4	75
88	Georgia-Rose Dawson	JR	La Salle	7:05.2	61	▼3	14:38.5	64	▼24	22:38.4	
89	Grace Rudder	SO	St. Joseph's	7:17.1	99	▲5	14:59.3	94	▲5	22:39.3	76
90	Sophia Trevenen	JR	Duquesne	7:17.0	98	▲5	14:58.2	93	▲3	22:40.2	
91	Danielle Juliano	SR	St. Joseph's	7:11.3	87	▼5	14:57.8	92	▲1	22:40.8	77
92	Sophia DiMuccio	SR	Rhode Island	7:17.9	102	▲2	15:03.3	100	▲8	22:41.3	78
93	Ava Bordner	SO	George Mason	7:10.1	80	▼9	14:55.6	89	▼4	22:41.8	79
94	Tegan Bishop	SO	Saint Louis	7:22.8	113	▲9	15:08.1	104	▲10	22:42.6	80
95	Mary Shoop	JR	Davidson	7:10.6	82	▼8	14:56.6	90	▼5	22:44.6	81
96	Clara Schad	FR	Davidson	7:21.3	110	▲4	15:09.4	106	▲10	22:44.9	82
97	Anna Newkirk	SO	Dayton	7:21.7	112	▲14	15:02.9	98	▲1	22:45.7	83
98	Sabrina Paz	FR	St. Joseph's	7:17.3	100	▲1	15:03.0	99	▲1	22:46.6	84
99	Izzy Blaylock	SR	Richmond	7:19.6	108	▲6	15:05.3	102	▲3	22:47.2	
100	Renee Ballard	FR	Saint Louis	7:18.3	105	▲2	15:06.7	103	▲3	22:49.3	85
101	Madison Buddenbohn	SR	St. Joseph's	7:13.7	93	▼2	15:00.3	95	▼6	22:50.7	86
102	Maura Keane	SR	St. Joseph's	7:12.9	91	▼5	15:01.6	96	▼6	22:51.8	87
103	Melina Johnston	FR	Richmond	7:14.5	95	▼6	15:04.4	101	▼2	22:53.6	
104	Sonja Morin	JR	Saint Louis	7:10.7	83	▼8	14:57.4	91	▼13	22:57.8	
105	Katryna Aulenbach	JR	George Mason	7:27.4	123	▲16	15:09.9	107	▲2	22:58.9	



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106	Kennedy Korzen	SO	VCU	7:23.7	116	▲2	15:18.4	114	▲8	23:01.6	88
107	Elise Boyse	SO	Davidson	7:18.6	106	▲1	15:08.2	105	▼2	23:04.5	89
108	Hailey LaRosa	FR	Rhode Island	7:23.1	114	▲1	15:16.9	113	▲5	23:04.6	90
109	Aylin Yirmibesoglu	SO	George Mason	7:18.0	103	▼5	15:12.5	108	▼1	23:06.9	
110	Zoe Catrambone	SO	Rhode Island	7:11.2	85	▲5	14:47.7	80	▼30	23:09.3	
111	Rita Mazumder	JR	George Washington	7:12.5	90	▼22	15:15.3	112	▲1	23:13.6	
112	Breanna Chandler	SR	Saint Louis	7:14.9	96	▼15	15:15.1	111	▼1	23:15.3	
113	Katherine Sparks	SR	St. Joseph's	7:17.6	101	▼8	15:13.0	109	▼4	23:18.6	
114	Sofie Viscon	FR	Fordham	7:24.0	117	▲2	15:20.1	115	▲1	23:19.6	91
115	Emily Peifer	FR	St. Joseph's	7:26.8	122	▲5	15:23.7	117	▲2	23:21.9	
116	Miranda Hapshi	FR	St. Bonaventure	7:20.1	109	▼7	15:23.3	116	—	23:22.1	92
117	Maddie McMahon	FR	St. Bonaventure	7:32.7	131	▲10	15:32.5	121	▲4	23:24.1	93
118	Shreya Krishnamurthy	SO	VCU	7:29.5	126	▲4	15:32.8	122	▲4	23:26.8	94
119	Megan McCann	SO	Fordham	7:28.5	124	—	15:33.6	124	▲5	23:28.7	95
120	Jordan Kantola	JR	Saint Louis	7:15.1	97	▼13	15:14.3	110	▼10	23:31.5	
121	Katelyn Wilkes	SO	St. Bonaventure	7:30.9	127	▼2	15:38.9	129	▲8	23:33.2	96
122	Sophia Oliva	FR	Fordham	7:23.3	115	▼4	15:28.0	119	▼3	23:38.8	97
123	Molly Gipson	JR	St. Bonaventure	7:32.3	129	▲2	15:37.6	127	▲4	23:39.5	98
124	Lauren Raimy	FR	Fordham	7:24.7	119	▼9	15:38.7	128	▲4	23:41.6	99
125	Tate Arrington	JR	Davidson	7:24.8	120	—	15:31.9	120	▼5	23:42.6	
126	Aitana Abrante De La F	SO	George Mason	7:18.8	107	▼11	15:25.2	118	▼8	23:46.0	
127	Grace Kenny	SO	Fordham	7:24.1	118	▼5	15:33.5	123	▼4	23:52.1	
128	Carlyn Segrave-Daly	JR	St. Joseph's	7:25.4	121	▼5	15:36.4	126	▼2	23:58.2	
129	Kaitlin Skelton	FR	Dayton	7:32.4	130	—	15:43.7	130	▲1	24:00.1	100
130	Mia Gill	FR	Dayton	7:32.8	132	▲1	15:50.6	131	▲1	24:02.6	101
131	Brenna Sears	SO	Fordham	7:28.5	124	▼1	15:34.5	125	▼6	24:10.6	
132	Faith Caldwell	JR	St. Bonaventure	7:44.5	137	▲3	16:05.4	134	▲2	24:13.5	102
133	Claire Cuneo	JR	St. Bonaventure	7:41.7	135	▲2	16:01.6	133	—	24:17.8	103
134	Sarah Haunn	FR	Dayton	7:35.1	133	▲1	16:00.4	132	▼2	24:21.2	
135	Jayne Gavin	SO	St. Bonaventure	7:35.6	134	▼1	16:05.5	135	—	24:39.5	
136	Jayanna Carroll	JR	VCU	7:43.9	136	▼1	16:13.5	137	▲1	24:52.7	104
--	Alexis Smith	JR	Fordham	7:31.5	128	▼8	16:09.3	136		DNF	



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Women 6k Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	Loyola Total Time: 1:44:09.60 Average: 20:49.92	36	4	5	6	7	14	18	33
2	UMass Total Time: 1:46:44.70 Average: 21:20.94	113	9	12	24	30	38	41	45
3	George Mason Total Time: 1:46:52.80 Average: 21:22.56	121	10	13	15	27	56	58	79
4	La Salle Total Time: 1:46:29.20 Average: 21:17.84	123	1	17	32	34	39	44	61
5	Duquesne Total Time: 1:47:48.10 Average: 21:33.62	172	3	21	29	49	70	71	72
6	George Washington Total Time: 1:48:17.80 Average: 21:39.56	178	16	36	37	43	46	47	48
7	Richmond Total Time: 1:48:50.50 Average: 21:46.10	213	8	26	57	60	62	64	69
8	Rhode Island Total Time: 1:49:26.20 Average: 21:53.24	233	25	28	55	59	66	78	90
9	Saint Louis Total Time: 1:49:23.00 Average: 21:52.60	237	20	22	53	68	74	80	85
10	Davidson Total Time: 1:49:48.70 Average: 21:57.74	243	23	31	35	73	81	82	89
11	Dayton Total Time: 1:49:53.90 Average: 21:58.78	247	19	40	51	54	83	100	101
12	St. Joseph's Total Time: 1:51:11.30 Average: 22:14.26	300	11	52	76	77	84	86	87
13	Fordham Total Time: 1:52:13.20 Average: 22:26.64	328	2	65	75	91	95	97	99
14	VCU Total Time: 1:52:27.00 Average: 22:29.40	337	42	50	63	88	94	104	
15	St. Bonaventure Total Time: 1:56:14.60 Average: 23:14.92	446	67	92	93	96	98	102	103