

2026 DUKE TWILIGHT

Morris Williams Stadium

Sunday, May 3rd

FINAL SCHEDULE OF EVENTS *as of 4/29/26

Time	Gender	Field Event
9:30am	Women	Hammer
followed by	Men	Hammer
~12:30pm	Women	Discus
followed by	Men	Discus
~12:30pm	Men	Shot Put
followed by	Women	Shot Put
~5:30pm	Women	Javelin
followed by	Men	Javelin
12:30pm	Men	High Jump – 2 Pits
followed by	Women	High Jump – 1 Pit
2:30pm	Women	Pole Vault – 2 Pits
followed by	Men	Pole Vault – 2 Pits
3:00pm	Men	Long Jump
followed by	Men	Triple Jump
3:00pm	Women	Long Jump
followed by	Women	Triple Jump
Time	Gender	Track Events
2:30pm	Women	4x100 Relay
2:35	Men	4x100 Relay
2:50	Women	100 Hurdles
3:05	Men	110 Hurdles
3:20	Women	400
3:35	Men	400
3:55	Women	100
4:10	Men	100
4:40	Women	400 Hurdles
5:00	Men	400 Hurdles
5:15	Women	200
5:40	Men	200
6:00	Women	800
6:25	Men	800
6:55	Women	5,000 (Heat 1)
7:20	Women	4x400 Relay
7:30	Men	4x400 Relay
7:45	Women	1,500
8:25	Men	1,500
9:10	Women	3,000 Steeplechase
9:25	Men	3,000 Steeplechase
9:40	Women	5,000 (Heat 2)
10:00	Men	5,000
10:20	Men	3,000

*Events 800 meters and down will run FAST to SLOW.

*Events 1500 meters and up will run SLOW to FAST.