

2024 DUKE INVITATIONAL

Morris Williams Stadium

Thursday, April 11th – Saturday, April 13th

Validated as a World Rankings Competition - worldathletics.org



MEET INFORMATION

DUKE CONTACT INFORMATION

Name	Title	Phone	E-Mail
Matt LoPiccolo	Meet Director, Director of Ops	607-435-1043	matt.lopiccolo@duke.edu
Shawn Wilbourn	Director of Track & Field	919-812-4293	shawn.wilbourn@duke.edu
Becca Wilusz	Director of Athletic Facilities	919-684-1002	rebecca.wilusz@duke.edu
Kersten Schubert	Athletic Trainer	919-684-2707	kersten.schubert@duke.edu
Jalen Manning	Athletics Communications	919-668-7938	jalen.manning@duke.edu

IMPORTANT DATES

Date	Time	Deadline
Saturday, March 30, 2024	5:00pm EST	Entries Open on DirectAthletics
Monday, April 1, 2024	5:00pm EST	Tent Order Due
Sunday, April 7, 2024	11:59am EST	Entry Deadline
Monday, April 8, 2024	5:00pm EST	Accepted Entries Posted
Wednesday, April 10, 2024	5:00pm EST	Heat Sheets & Final Schedule Posted

TEAM ENTRY INVITATION

The 2024 Duke Invitational is an invitation only meet. E-mail matt.lopiccolo@duke.edu to attend. Entries/Results will be found at: www.directathletics.com / www.flashresults.com / www.goduke.com



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ENTRY STANDARDS

Below are the suggested entry standards and/or goal field sizes. Meeting the entry standard does not guarantee entry into the meet – likewise, additional entries not meeting the below standards *may* be accepted to the meet at the discretion of meet management. Our goal is to provide competitive fields of manageable size.

Event	Men	Women
100	10.90	12.40
200	21.90	24.90
400	49.20	56.50
800	1:54.00	2:14.00
1,500	3:52.00	4:35.00
5,000	14:45.00	17:20.00
100/110 Hurdles	15.00	14.50
400 Hurdles	55.20	1:03.00
3,000 Steeplechase	9:15.00	10:40.00
4x100 Relay	-	-
4x400 Relay	-	-
Long Jump	3 Flights (6.55m in 2023)	3 Flights (5.63m in 2023)
Triple Jump	3 Flights (13.58m in 2023)	3 Flights (11.14m in 2023)
High Jump	2.00m	1.65m
Pole Vault	Top 36 Entries (4.51m in 2023) Top 16 in A Section	Top 36 Entries (3.65m in 2023) Top 16 in A Section
Shot Put	3 Flights (13.17m in 2023)	3 Flights (10.39m in 2023)
Discus Throw	2 Flights (45.11m in 2023)	2 Flights (43.89m in 2023)
Hammer Throw	2 Flights (49.38m in 2023)	2 Flights (51.64m in 2023)
Javelin Throw	2 Flights (32.25m in 2023)	2 Flights (25.39m in 2023)
Heptathlon/Decathlon	Top 14 Entries	Top 14 Entries

ENTRY INFORMATION

Entries will open Saturday, March 30th at 5:00pm and close **SUNDAY, April 7th at 11:59am EST.**

No late entries will be accepted and only verified marks from 2023 and 2024 will be accepted. Marks that cannot be verified or justified will be adjusted and seeded accordingly. Please email additional seed notes to Matt LoPiccolo (matt.lopiccolo@duke.edu).

ENTRY FEE

\$1,000 per team per gender or \$80 per individual athlete. Payment must be made online via DirectAthletics. **THIS IS AN ENTRY FEE, NOT A PARTICIPATION FEE...** Duke has a strict no refund policy. Your entries will not be finalized until they are paid for on DirectAthletics.

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SCHEDULE OF EVENTS

The *Tentative* Schedule is listed on Pages 5-7, but a Final Schedule will be posted on www.GoDuke.com on Wednesday, April 10th.

HEIGHT PROGRESSIONS (*subject to change)

Women's High Jump - 1.50 / 1.55 / 1.60 / 1.65 / 1.70 / 1.74 then by 3cm

Men's High Jump - 1.85 / 1.90 / 1.95 / 2.00 / 2.03 / 2.06 then by 3cm

Women's Pole Vault (Section B) - 3.35 / 3.50 / 3.65 / 3.80 / 3.95 / 4.10 then by 10cm

Women's Pole Vault (Section A) - 3.65 / 3.80 / 3.95 / 4.10 then by 10cm

Men's Pole Vault (Section B) - 4.30 / 4.45 / 4.60 / 4.75 / 4.90 / 5.05 then by 10cm

Men's Pole Vault (Section A) - 4.75 / 4.90 / 5.05 then by 10cm

FACILITY INFORMATION

The triple jump board lengths are as follows:

Men – 41'

Women – 36'

TIMING/RESULTS

Live Results will be done by Flash Results, Inc. (www.FlashResults.com)

Final Results will be available at the conclusion of the competition on www.GoDuke.com

PRACTICE TIMES

The facility will be tentatively open after 5:00pm on Wednesday, April 10th and on both Thursday, April 11th and Friday, April 12th from 7:30am until 10:00am for practice. These are the only options for practice time.

EVENT CHECK-IN

Participants in the running events must check in with the clerk no later than 15 minutes before the scheduled start of their race. Failure to do so may result in being scratched.

Participants in the 200m must check in no later than 45 minutes prior to the start of the event. If you do not check in, you will be scratched. The 200m will be seeded after check in.

Participants in the field events must check in with the officials at their event no later than 60 minutes prior to the scheduled start of their event. Failure to do so may result in being scratched.

IMPLEMENT WEIGH-IN

ALL Implements must be checked in at the bottom of Kennedy Tower in the North Bay no later than 90 minutes prior to the scheduled start of the event.

Day of Event Implement Check in ONLY – we will not hold implements overnight.

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WARM-UP AREA

The designated warm up area will be the turf fields located directly south of the stadium on Bassett Drive.

ATHLETIC TRAINING

Trainers will be available trackside in the bottom of Kennedy Tower in the north end. Please bring your own supplies. For other arrangements, please contact Kersten Schubert (kersten.schubert@duke.edu).

WEATHER & EVENT UPDATES

All weather and event related updates will be communicated via X: @DukeTFXC

TEAM TENT RENTAL

If you are interested in renting a team tent, please email Becca Wilusz (rebecca.wilusz@duke.edu) prior to April 1st.

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TENTATIVE SCHEDULE OF EVENTS

* Updated 3/6/24

Thursday, April 11th, 2024

Time	Gender	Combined Event – Day 1
12:00pm	Men	Decathlon – 100
12:15pm	Women	Heptathlon – 100 Hurdles
1:00pm	Men	Decathlon – Long Jump
1:15pm	Women	Heptathlon – High Jump
~2:30pm	Men	Decathlon – Shot Put
~3:45pm	Women	Heptathlon – Shot Put
~4:00pm	Men	Decathlon – High Jump
~5:15pm	Women	Heptathlon – 200
~6:00pm	Men	Decathlon – 400
Time	Gender	Field Event
11:00am	Women	Discus
~1:30pm	Men	Discus
~4:00pm	Women	Hammer
~6:30pm	Men	Hammer

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Friday, April 12th, 2024

Time	Gender	Combined Event – Day 2	
10:00am	Men	Decathlon – 110 Hurdles	
11:00am	Men	Decathlon – Discus	
12:00pm	Women	Heptathlon – Long Jump	
~1:00pm	Men	Decathlon – Pole Vault	
1:30pm	Women	Heptathlon – Javelin	
~3:15pm	Women	Heptathlon – 800	
~3:30pm	Men	Decathlon – Javelin	
~5:30pm	Men	Decathlon – 1500	
Time	Gender	Field Event	
11:00am	Women	High Jump (A and B Sections – 2 Pits)	
12:00pm	Women	Shot Put	
1:00pm	Men	High Jump	
1:30pm	Men	Pole Vault (B Section)	
3:00pm	Men	Long Jump	
3:00pm	Men	Shot Put	
5:00pm	Women	Pole Vault (B Section)	
Time	Gender	Track Event	
4:00pm	Women	200 Final	
4:45pm	Men	200 Final	
The Norm Ogilvie Distance Carnival			
5:45pm	Co-Ed	Alumni Mile	
6:00pm	Women	1,500	5 Sections
6:25pm	Men	1,500	5 Sections
6:50pm	Women	800 Invite	2 Sections
7:00pm	Men	800 Invite	2 Sections
7:10pm	Women	1,500 Invite	3 Sections
7:25pm	Men	1,500 Invite	3 Sections
7:45pm	Women	3,000 Steeplechase	
8:00pm	Men	3,000 Steeplechase	
8:25pm	Women	5,000	Section 1
8:45pm	Men	5,000	Section 1
9:00pm	Women	5,000	Section 2
9:20pm	Men	5,000	Section 2
9:35pm	Women	5,000	Section 3
9:55pm	Men	5,000	Section 3

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Time	Gender	Field Event
11:00am	Women	Javelin
11:00am	Women	Long Jump
11:00am	Men	Triple Jump
11:00am	Men	Pole Vault (A Section)
2:00pm	Men	Javelin
2:00pm	Women	Triple Jump
2:00pm	Women	Pole Vault (A Section)
Time	Gender	Track Event
11:00am	Women	4x100 Relay Final
11:20am	Men	4x100 Relay Final
11:30am		All-Campus 4x100 Relay
11:35am		Duke Senior Recognition
11:55am	Women	100 Hurdles Final
12:20pm	Men	110 Hurdles Final
12:40pm	Women	400 Final
1:10pm	Men	400 Final
1:35pm	Women	100 Final
2:00pm	Men	100 Final
2:25pm	Women	400 Hurdles Final
2:45pm	Men	400 Hurdles Final
3:00pm	Women	800
3:30pm	Men	800
3:55pm	Women	4x400 Relay Final
4:15pm	Men	4x400 Relay Final