*Morris Williams Stadium*Thursday, April 6th – Saturday, April 8th

Validated as a World Rankings Competition - worldathletics.org



MEET INFORMATION

DUKE CONTACT INFORMATION

Name	Title	Phone	E-Mail
Matt LoPiccolo	Meet Director, Director of Ops	607-435-1043	matt.lopiccolo@duke.edu
Shawn Wilbourn	Director of Track & Field	919-812-4293	shawn.wilbourn@duke.edu
Becca Wilusz	Director of Athletic Facilities	919-684-1002	rebecca.wilusz@duke.edu
Kersten Schubert	Athletic Trainer	919-684-2707	kersten.schubert@duke.edu
Jalen Manning	Athletics Communications	919-668-7938	jalen.manning@duke.edu

IMPORTANT DATES

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Date	Time	Deadline			
Saturday, March 25, 2023	5:00pm EST	Entries Open on DirectAthletics			
Saturday, April 1, 2023	11:59pm EST	Entry Deadline			
Monday, April 3, 2023	5:00pm EST	Accepted Entries Posted			
Wednesday, April 5, 2023	5:00pm EST	Heat Sheets & Final Schedule Posted			
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TEAM ENTRY INVITATION

The 2023 Duke Invitational is an invitation only meet.

If you would like to attend, please email Matt LoPiccolo (matt.lopiccolo@duke.edu).

Entries/Results will be found at: www.directathletics.com / www.flashresults.com / www.goduke.com



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ENTRY STANDARDS

Below are the suggested entry standards and/or goal field sizes. Meeting the entry standard does not guarantee entry into the meet – likewise, additional entries not meeting the below standards *may* be accepted to the meet at the discretion of meet management. Our goal is to provide competitive fields

of manageable size.

Event	Men	Women
100	10.90	12.10
200	21.80	24.70
400	49.20	56.50
800	1:54.00	2:14.00
1,500	3:52.00	4:35.00
5,000	14:45.00	17:20.00
100/110 Hurdles	14.99	14.50
400 Hurdles	55.20	1:03.00
3,000 Steeplechase	9:15.00	10:40.00
4x100 Relay	-	-
4x400 Relay	-	-
Long Jump	Three Flights Maximum	Three Flights Maximum
Triple Jump	Three Flights Maximum	Three Flights Maximum
High Jump	2.00m	1.65m
Pole Vault	36 Vaulters (Top 16 in A Section)	36 Vaulters (Top 16 in A Section)
Shot Put	Three Flights Maximum	Three Flights Maximum
Discus Throw	Two Flights Maximum	Two Flights Maximum
Hammer Throw	Two Flights Maximum	Two Flights Maximum
Javelin Throw	Two Flights Maximum	Two Flights Maximum
Heptathlon/Decathlon	Top 14 Entries	Top 14 Entries

ENTRY INFORMATION

Entries will open Saturday, March 25th at 5:00pm and close **SATURDAY, April 1st at 11:59pm EST.** No late entries will be accepted and only verified marks from 2022 and 2023 will be accepted. Marks that cannot be verified or justified will be adjusted and seeded accordingly. Please email additional seed notes to Matt LoPiccolo (matt.lopiccolo@duke.edu).

ENTRY FEE

\$800 per team per gender. Payment must be made online via DirectAthletics.

\$60 per individual athlete. Payment must be made online via DirectAthletics.

THIS IS AN ENTRY FEE, NOT A PARTICIPATION FEE... Duke has a strict no refund policy. Your entries will not be finalized until they are paid for on DirectAthletics.



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SCHEDULE OF EVENTS

Tentative Schedule is listed on Pages 5 and 6, but a Final Schedule will be posted on www.GoDuke.com on Wednesday, April 5th.

HEIGHT PROGRESSIONS (*subject to change)

Women's High Jump - 1.50 / 1.55 / 1.60 / 1.65 / 1.70 / 1.74 then by 3cm Men's High Jump - 1.85 / 1.90 / 1.95 / 2.00 / 2.03 / 2.06 then by 3cm Women's Pole Vault (Section B) - 3.20 / 3.40 / 3.55 / 3.70 / 3.85 / 4.00 then by 10cm Women's Pole Vault (Section A) - 3.70 / 3.85 / 4.00 then by 10cm Men's Pole Vault (Section B) - 4.30 / 4.45 / 4.60 / 4.75 / 4.90 / 5.05 then by 10cm Men's Pole Vault (Section A) - 4.75 / 4.90 / 5.05 then by 10cm

FACILITY INFORMATION

The triple jump board lengths are as follows: Men - 41' Women - 36'

TIMING/RESULTS

Live Results will be done by Flash Results, Inc. (www.FlashResults.com) Final Results will be available at the conclusion of the competition on www.GoDuke.com

PRACTICE TIMES

The facility will be tentatively open on both Thursday, April 6th and Friday, April 7th from 8:00am until 10:30am for practice. If you are interested in arranging practice times at the facility outside of this, please contact Matt LoPiccolo (matt.lopiccolo@duke.edu).

EVENT CHECK-IN

Participants in the running events must check in with the clerk no later than 15 minutes before the scheduled start of their race. Failure to do so may result in being scratched. Participants in the 200m must check in no later than 45 minutes prior to the start of the event. If you do not check in, you will be scratched. The 200m will be seeded after check in.

Participants in the field events must check in with the officials at their event no later than 60 minutes prior to the scheduled start of their event. Failure to do say may result in being scratched.

IMPLEMENT WEIGH-IN

ALL Implements must be checked in at the bottom of Kennedy Tower in the North Bay no later than 90 minutes prior to the scheduled start of the event.

Day of Event Implement Check in ONLY - we will not hold implements overnight.



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WARM-UP AREA

The designated warm up area will be the turf fields located directly south of the stadium on Bassett Drive.

ATHLETIC TRAINING

Trainers will be available trackside in the bottom of Kennedy Tower in the north end. Please bring your own supplies. For other arrangements, please contact Kersten Schubert (kersten.schubert@duke.edu).

WEATHER & EVENT UPDATES

All weather and event related updates will be communicated via Twitter: @DukeTFXC

TEAM TENT RENTAL

If you are interested in renting a team tent, please email Becca Wilusz (<u>rebecca.wilusz@duke.edu</u>) prior to April 1^{st.}

