

2026 Chowan University Flag Football Overall Statistics (as of Apr 6, 2026)

Team Statistics	CHOWAN	OPP
SCORING	115	659
Points Per Game	10.45	59.91
FIRST DOWNS	104	120
Rushing	28	25
Passing	65	69
Penalty	11	26
RUSHING YARDAGE	322	740
Yards gained	322	740
Yards lost	0	0
Attempts	181	118
Avg Per Attempt	1.8	6.3
Avg Per Game	29.3	67.3
TDs Rushing	4	15
PASSING YARDAGE	1722	3085
Att-Comp-Int	465-244-38	417-266-14
Avg Per Attempt	3.70	7.40
Avg Per Catch	7.06	11.60
Avg Per Game	156.55	280.45
TDs Passing	12	69
TOTAL OFFENSE	2044	3825
Total Plays	646	535
Avg Per Play	3.2	7.1
Avg Per Game	185.8	347.7
KICK RETURNS: #-YARDS	0-0	0-0
PUNT RETURNS: #-YARDS	4-24	25-322
INT RETURNS: #-YARDS	14-140	38-445
KICK RETURN AVERAGE	0.00	0.00
PUNT RETURN AVERAGE	6.00	12.88
INT RETURN AVERAGE	10.00	11.71
FUMBLES-LOST	3-0	0-0
PENALTIES-YARDS	33-154	56-315
Avg Per Game	14.00	28.64
PUNTS-YARDS	36-840	6-126
Avg Per Punt	23.33	21.00
Net Punt Avg	13.83	17.00
KICKOFFS-YARDS	0-0	0-0
Avg Per Kick	0.00	0.00
Net Kick Avg	NaN	NaN
TIME OF POSSESSION	01:40:22	01:44:28
Per Game	09:07	09:30
3RD-DOWN CONVERSIONS	7-39	9-19
3rd-Down Pct	17.95%	47.37%
4TH-DOWN CONVERSIONS	4-20	3-10
4th-Down Pct	20.00%	30.00%
SACKS BY-YARDS	12-73	31-164
MISC YARDS	0	0
TOUCHDOWNS SCORED	17	99
FIELD GOALS-ATTEMPTS	0-0	0-0
ON-SIDE KICKS	0-0	0-0
RED-ZONE SCORES	0-0	0-0
RED-ZONE TOUCHDOWNS	0-0	0-0
PAT-ATTEMPTS	0-0	0-0
ATTENDANCE	47	0
Dates-Avg Per Date	6-8	4-0
Neutral Site #-Avg	-	1-0

Conf	Date	Opponent	WL	Score	Record	Time	Attend
	2/21/2026	WINSTON-SALEM	L	6-37			0
	2/21/2026	LINDSEY WILSON	L	0-87			0
*	2/25/2026	LEES-MCRAE	L	6-87			0
*	3/18/2026	at Barton	L	0-54			0
*	3/18/2026	at Barton	L	0-66			0
	3/21/2026	at Virginia Wesleyan	W	34-13			0
	3/24/2026	at Mount Olive	L	13-42			0
	3/26/2026	vs Emmanuel (Ga.)	L	6-75			0
	4/4/2026	MOUNT ST. MARYS	L	32-47			0
	4/4/2026	WINGATE	L	0-99			0
*	4/6/2026	MOUNT OLIVE	L	18-52			47

* = Conference game

Score by Quarters	1st	2nd	3rd	4th	Total
Chowan	30	7	19	59	115
Opponents	164	197	153	145	659

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#	Rushing	GP	ATT	GAIN	LOSS	NET	AVG	TD	LG	AVG/G
7	Higdon, Nevaeh	11	116	294	0	294	2.5	3	51	26.73
9	Hill, Tanaezja	4	4	16	0	16	4.0	0	12	4.00
1	Arguello, Kiara	11	29	11	0	11	0.4	0	12	1.00
13	Lopez, Kiara	11	6	11	0	11	1.8	1	13	1.00
5	Lightfoot, Adriana	8	11	5	0	5	0.5	0	9	0.63
2	Perry, Janaya	10	7	-2	0	-2	-0.3	0	7	-0.20
10	Heyligar, Zyian	11	7	-3	0	-3	-0.4	0	5	-0.27
	Team	16	1	-10	0	-10	-10.0	0	0	-0.63
	Total	11	181	322	0	322	1.8	4	51	29.27
	Opponents	11	118	740	0	740	6.3	15	61	67.27

#	Passing	GP	Rating	COMP-ATT-INT	PCT	YDS	TD	LG	AVG/G
7	Higdon, Nevaeh	11	77.78	213-411-33	51.82%	1584	12	66	144.00
1	Arguello, Kiara	11	72.28	29-46-3	63.04%	122	0	13	11.09
18	Hammock, Jacelyn	7	-29.00	1-6-2	16.67%	15	0	15	2.14
5	Lightfoot, Adriana	8	108.40	1-1-0	100.00%	1	0	1	0.13
9	Hill, Tanaezja	4	0.00	0-1-0	0.00%	0	0	0	0.00
	Total	11	75.75	244-465-38	52.47%	1722	12	66	156.55
	Opponents	11	173.82	266-417-14	63.79%	3085	69	70	280.45

#	Receiving	GP	NO	YDS	AVG	TD	LG	AVG/G
2	Perry, Janaya	13	42	394	9.38	3	66	30.31
5	Lightfoot, Adriana	8	84	388	4.62	0	20	48.50
1	Arguello, Kiara	11	49	325	6.63	1	52	29.55
10	Heyligar, Zyian	11	28	193	6.89	4	35	17.55
13	Lopez, Kiara	11	10	149	14.90	3	47	13.55
16	James, Maya	8	14	114	8.14	2	24	14.25
12	Darden, Tara	6	2	18	9.00	0	18	3.00
7	Higdon, Nevaeh	11	6	12	2.00	0	5	1.09
4	Uwera, Dusabe	10	2	9	4.50	0	6	0.90
18	Hammock, Jacelyn	7	3	-1	-0.33	0	6	-0.14
	Total	11	240	1601	6.67	13	66	145.55
	Opponents	11	266	3053	11.48	69	70	277.55

#	Punt Returns	NO	YRDS	AVG	TD	LG
7	Higdon, Nevaeh	1	16	16.00	0	16
1	Arguello, Kiara	1	6	6.00	0	6
10	Heyligar, Zyian	2	2	1.00	0	2
	Total	4	24	6.00	0	16
	Opponents	25	322	12.88	2	64

#	Interceptions	NO	YRDS	AVG	TD	LG
16	James, Maya	4	34	8.50	0	21
2	Perry, Janaya	3	10	3.33	0	9
10	Heyligar, Zyian	2	67	33.50	0	66
7	Higdon, Nevaeh	2	0	0.00	2	0
1	Arguello, Kiara	1	15	15.00	0	15
5	Lightfoot, Adriana	1	12	12.00	0	12
18	Hammock, Jacelyn	1	2	2.00	0	2
	Total	14	140	10.00	2	66
	Opponents	38	445	11.71	13	45

#	Kick Returns	NO	YRDS	AVG	TD	LG
	No data to report.					

#	Fumble Returns	NO	YRDS	AVG	TD	LG
	No data to report.					

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#	Scoring	TD	FG	PAT					SAF	PTS
				KICK	RUSH	RCV	PASS	DXP		
7	Higdon, Nevaeh	5	—	—	—	—	—	—	—	30
10	Heyligar, Zyian	4	—	—	—	—	—	—	—	24
13	Lopez, Kiara	3	—	—	—	—	—	—	—	18
2	Perry, Janaya	3	—	—	—	—	—	—	—	18
16	James, Maya	2	—	—	—	—	—	—	—	12
Total		17	—	—	—	—	—	—	—	102
Opponents		99	—	—	—	—	—	—	—	594

#	Field Goals	FGM-FGA	PCT	I20	20-29	30-39	40-49	50+	LG	BLK
Total		0-0	0.00%	0-0	0-0	0-0	0-0	0-0	0	0
Opponents		0-0	0.00%	0-0	0-0	0-0	0-0	0-0	0	0

FG Sequence	Chowan	Opponents
Winston-Salem	-	-
Lindsey Wilson	-	-
Lees-McRae	-	-
Barton	-	-
Barton	-	-
Virginia Wesleyan	-	-
Mount Olive	-	-
Emmanuel (Ga.)	-	-
Mount St. Marys	-	-
Wingate	-	-
Mount Olive	-	-

Numbers in (parentheses) indicate field goal was made.

#	Total Offense	G	Plays	Rush	Pass	Total	AVG/G
7	Higdon, Nevaeh	11	527	294	1584	1878	170.73
1	Arguello, Kiara	11	75	11	122	133	12.09
9	Hill, Tanaezja	4	5	16	0	16	4.00
18	Hammock, Jacelyn	7	6	0	15	15	2.14
13	Lopez, Kiara	11	6	11	0	11	1.00
5	Lightfoot, Adriana	8	12	5	1	6	0.75
2	Perry, Janaya	10	7	-2	0	-2	-0.20
10	Heyligar, Zyian	11	7	-3	0	-3	-0.27
Team		16	1	-10	0	-10	-0.63
Total		16	646	322	1722	2044	127.75
Opponents		11	535	740	3085	3825	347.73

#	Punting	NO	YDS	AVG	LG	TB	FC	I20	50+	BLK
2	Perry, Janaya	25	593	23.72	47	1	0	2	0	0
16	James, Maya	5	136	27.20	36	0	0	0	0	0
1	Arguello, Kiara	4	61	15.25	26	0	0	0	0	0
5	Lightfoot, Adriana	1	28	28.00	28	0	0	0	0	0
Team		1	22	22.00	22	0	0	0	0	0
Total		36	840	23.33	47	1	0	2	0	0
Opponents		6	126	21.00	32	0	0	0	0	0

#	Kickoffs	NO	YDS	AVG	TB	OB
No data to report.						

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#	All Purpose	G	RUSH	RCV	PR	KR	IR	Total	AVG/G
5	Lightfoot, Adriana	8	5	388	0	0	12	405	50.63
2	Perry, Janaya	10	-2	394	0	0	10	402	40.20
1	Arguello, Kiara	11	11	325	6	0	15	357	32.45
7	Higdon, Nevaeh	11	294	12	16	0	0	322	29.27
10	Heyligar, Zyian	11	-3	193	2	0	67	259	23.55
13	Lopez, Kiara	11	11	149	0	0	0	160	14.55
16	James, Maya	8	0	114	0	0	34	148	18.50
12	Darden, Tara	6	0	18	0	0	0	18	3.00
9	Hill, Tanaezja	4	16	0	0	0	0	16	4.00
4	Uwera, Dusabe	10	0	9	0	0	0	9	0.90
18	Hammock, Jacelyn	7	0	-1	0	0	2	1	0.14
	Team	16	-10	0	0	0	0	-10	-0.63
	Total	16	322	1601	24	0	140	2087	130.44
	Opponents	11	740	3053	322	0	445	4560	414.55

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#	Defensive Leaders	GP	Tackles				Sacks NO-YDS	Pass Defense			Fumbles		Blocked	
			Solo	ASST	TOT	TFL-YDS		INT-YDS	BU	QBH	RCV-YDS	FF	KICK	SAF
5	Lightfoot, Adriana	8	70	2	72.0	8.0-0	2.0-15	1-12	6	—	—	—	—	—
10	Heyligar, Zyian	11	65	3	68.0	5.0-0	—	2-67	9	—	—	—	—	—
2	Perry, Janaya	13	53	—	53.0	6.0-0	1.0-11	3-10	1	—	—	—	—	—
7	Higdon, Nevaeh	11	32	1	33.0	1.0-0	—	2-0	2	—	—	—	—	—
1	Arguello, Kiara	11	30	2	32.0	5.5-0	—	1-15	3	—	—	—	—	—
4	Uwera, Dusabe	10	27	—	27.0	8.0-0	7.0-44	—	—	—	—	—	—	—
13	Lopez, Kiara	11	15	2	17.0	1.0-0	—	—	7	—	—	—	—	—
16	James, Maya	8	12	—	12.0	1.0-0	—	4-34	2	—	—	—	—	—
12	Darden, Tara	6	7	—	7.0	—	1.0-0	—	—	—	—	—	—	—
9	Hill, Tanaezja	4	5	—	5.0	1.0-0	1.0-3	—	1	—	—	—	—	—
18	Hammock, Jacelyn	7	3	1	4.0	—	—	1-2	—	—	—	—	—	—
TM	Team	16	—	—	—	—	—	—	1	—	—	—	—	—
	Total	11	319	11	330.0	36.5-0	12.0-73	14-140	32	—	—	—	—	—
	Opponents	11	395	28	423.0	79.5-0	31.0-164	38-445	30	—	—	1	—	—