## NYC Gotham Cup

## 1/16/15

## **Order of Events**

**Track Events** (women then men) We will try to get ahead if we can.

12:45pm Women 3000 Final

60 Hurdles trials (Women than Men)

Men 3000 seeded

60 Hurdle Final Final (Men than Women)

Mile Final 60 Dash trials 400m Final 60 Dash Final 500m Final 800m Final 200m Final

5000m Final (1 heat per gender)

4x800 relayFinalDMRFinal4x400 relayFinal

## **Field Events**

12:30pm Women's Pole Vault, Men's Vault to follow

Opening Height TBD based on Field size.

1:00pm Men's and Women's Seeded LJ (using dual runways)

Unseeded LJ to follow Seeded (4<sup>th</sup> jump to anyone who would be

top 6 in the seeded sections)

12:30pm Men's Shot seeded (top 24), Men's Unseeded to follow

Women's seeded (top 24) then Unseeded Shot to follow

Weight Throws to follow Shot (seeded flight first)

5:30pm Men's and Women's Seeded Triple Jump Boards w-36' m-44'

Unseeded Flights of TJ to follow W- boards 28'/32' M- 36'

Following Dash Men's HJ, Women's HJ-dual mat's

Final Starting Heights TBD

HJ and PV will go through IC4A/ECAC marks