



Honors and Awards

CARDS ON NATIONAL TEAMS

USA Field Hockey

U.S. Women's National Team

Carter Ayars..... 2025 (as an alum)
 Erin McCrudden 2017
 Nicole Woods 2017-21

USWNT National Development Squad

Carter Ayars..... 2019
 Hollyn Barr 2019
 Erin McCrudden 2017-19
 Taylor Stone..... 2018-19
 Katie Walsh..... 2018-19

USWNT Under 21 Squad

Janelle Avila..... 2006-07
 Carter Ayars..... 2018-19
Izzy Bianco 2023, 2024, 2025
 Alli Bitting..... 2019
 Erin Conrad..... 2010-11
 Erica Cooper 2019
 Jessica Javelet..... 2004-05
 Margot Lawn 2019
 Lauren Masters..... 2025
 Dominique Pasqualichio..... 2011-12
 Sofia Pendolino 2022
 Katie Schneider..... 2019
 Meghan Schneider 2018-19
 Minna Tremonti..... 2020
 Taylor Stone..... 2016
 Rylie Wollerton..... 2025
 Nicole Woods 2015-16

USWNT RISE Women's National Team

Izzie Bianco 2022
 Sofia Pendolino 2019

USWNT Under 19 Squad

Margot Lawn 2019
 Katie Schneider..... 2019
 Meghan Schneider 2016-17
 Taylor Stone..... 2015
 Minna Tremonti..... 2019
 Nicole Woods 2014

USWNT Under 18 Squad

Lauren Masters 2023
Emily Eaton 2024
Jaelen Perez 2018

INTERNATIONAL CARDINALS

Elisa Garcia - Chile (U21)..... 2011-12
 Lizzie Gittens - England (U21) 2014
 Niamh Gowing - Ireland (Development Squad)
 Tess Hannah - Scotland (U18) 2014-15
 Ayeisha McFerran - Ireland 2014-present
 Minout Mink -Netherlands (U18)..... 2015-16
 Marisa Martin Pellegrina - Germany (U18)
 2017
 Mercedes Pastor - Argentina (U21) 2017
 Aimee Plumb - England (U19)..... 2018-19
 Chloe Plumb - England (U19) 2022

NCAA Honda Sport Award Finalist

Jessica Javelet 2005-06
 Mercedes Pastor..... 2019-20
 Meghan Schneider 2020

NCAA ELITE 90 AWARD WINNER

Meghan Schneider 2020

NCAA ALL-TOURNAMENT TEAM

Alli Bitting, Aimee Plumb 2020

NFHCA ALL-AMERICANS

Janelle Avila Third Team(2007)
 Carter Ayars..... Third Team(2019)
 Alli Bitting Second Team(2019, 2020)
 First Team(2022)
 Heather Bustanoby..... Third Team(2009)
 Mia Duchars Second Team(2023)
 Christy Hershey Third Team(2001, 2003)
 Jessica Javelet Third Team(2004)
 First Team(2005)
 Second Team(2006)
 Julie Kouijzer..... Third Team(2021)
 Julie Kouijzer..... Second Team(2022)
 First Team(2023)
 Erin McCrudden Second Team(2016)
 Ayeisha McFerran..... Third Team(2015)
 First Team(2016, 2017, 2018)
 Mercedes Pastor..... Second Team(2018)
 First Team(2019, 2020)
 Aimee Plumb Third Team(2021, 2022, 2024)
 Pip Sanders..... Third Team(2002)
 Meghan Schneider Third Team(2020)
 Taylor Stone..... Third Team(2017, 2018)
 Victoria Stratton Third Team(2015)
 Hayley Turner Second Team(2011)
 Alyssa Voelmle..... First Team(2014)
 Nicole Woods First Team(2017)
 Nicole Youman..... Second Team(2010)

NFHCA WEST REGION PLAYER OF THE YEAR

Nicole Woods 2017
 Mercedes Pastor..... 2020

NFHCA ALL-WEST REGIONAL SELECTIONS

Carter Ayars..... First Team (2019)
 Second Team (2017, 2018)
 Janelle Avila..... 2005, 2006, 2007
 Alli Bitting First Team (2019, 2020, 2021)
 Second Team (2018)
 Heather Bustanoby..... First Team (2009)
 Second Team (2008)
 Caitlin Collins..... Second Team (2011)
 Erica Cooper Second Team (2019)
 Mia Duchars First Team (2023)
 Jen Felker..... Second Team (2000)
 Joanie Frame Second Team (2002)
 Elisa Garcia First Team (2014, 2015)
 Second Team (2013)
 Lizzie Gittens Second Team (2016)
 Marie-Claire Heller Second Team (2007)
 Christy Hershey First Team (2001, 2003)
 Second Team (2000)

Rachel Hollenbach..... Second Team (2010)
 Kimberly Hughes Second Team (2004)
 Jessica Javelet... First Team (2004, 2005, 2006)
 Emilia Kaczmarczyk..... First Team (2023)
 Second Team (2022)
 Lotta Kahlert..... Second Team (2016)
 Jen Kastelic Second Team (2006)
 Sydney King First Team (2013)
 Second Team (2014)
 Julie Kouijzer..... First Team (2021, 2022, 2023)
 Second Team (2020)
 Tuli Lim Second Team (2008, 2009, 2010)
 Allison Maffitt..... Second Team (2007)
 Mallory Mason Second Team (2014)
 Erin McCrudden First Team (2016)
 Second Team (2015)
 Ayeisha McFerran..... First Team (2015, 2016,
 2017, 2018)
 Minout Mink..... First Team (2016, 2017)
 Paige Monsen..... First Team (2014)
 Olivia Netzler..... Second Team (2001, 2003)
 Mercedes Pastor First Team(2018, 2019, 2020)
 Aimee Plumb First Team (2021, 2022, 2024)
 Second Team (2020, 2023)
 India Reed Second Team (2023)
 Bethany Russ First Team (2019)
 Second Team (2018)
 Pip Sanders..... First Team (2000, 2001, 2002)
 Lauren Schaefer..... First Team (2008)
 Meghan Schneider First Team (2020)
 Second Team (2019)
 Erin Schneidtmiller First Team (2013)
 Taylor Stone..... First Team (2017, 2018)
 Victoria Stratton First Team (2015)
 Amber Thomas First Team (2012)
 Minna Tremonti..... Second Team (2023)
 Hayley Turner First Team (2010, 2011)
 Second Team (2009)
 Merlijn van der Vegt..... Second Team (2023)
 Charlie van Oirschot Second Team (2020)
 Madison Walsh..... Second Team (2019)
 Lisa Wasser First Team (2006)
 Second Team (2004)
 Nicole Woods ... First Team (2015, 2016, 2017)
 Nicole Youman.. First Team (2007, 2008, 2009,
 2010)
 Alyssa Voelmle..... First Team (2013, 2014)

NFHCA SENIOR ALL-STAR SELECTIONS

Jen Felker..... 2001
 Danielle Barr, Pip Sanders 2003
 Christy Hershey, Olivia Netzler 2004
 Rachel Overton, April White 2005
 Jessica Javelet, Lisa Wasser 2006
 Janelle Avila, Marie-Claire Heller 2007
 Lauren Schaefer..... 2008
 Heather Bustanoby..... 2009
 Nicole Youman, Rachel Hollenbach..... 2010
 Hayley Turner, Caitlin Collins..... 2011
 Alyssa Voelmle..... 2014
 Elisa Garcia, Victoria Stratton..... 2015
 Erin McCrudden 2016
 Abby Grimes, Nicole Woods..... 2017



Honors and Awards

Ayeisha McFerran, Taylor Stone 2018
 Carter Ayars, Bethany Russ 2019
 Mercedes Pastor, Meghan Schneider 2020
 Alli Bitting 2021
 Julie Kouijzer 2022
 India Reed 2023

NFHCA COLLEGIATE WATCH LIST

2022..... Aimee Plumb
2023..... Izzy Bianco, Emilia Kaczmarczyk, Julie Kouijzer, Lauren Masters, Aimee Plumb

NFHCA NATIONAL PLAYER OF THE WEEK

2017
 Hollyn Barr (Aug. 30 - Defensive)
 Taylor Stone (Oct. 18 - Defensive)
2018
 Ayeisha McFerran (Sept. 18 - Defensive)
2020
 Mercedes Pastor (Sept. 29, Oct. 7, Oct. 28 - Offensive)
 Meghan Schneider (Oct. 7 - Defensive)
 Alli Bitting (Oct. 28 - Defensive)
2021
 Aimee Plumb (Oct. 27 - Offensive)
2022
 Sasha Elliott (Sept. 14, Oct. 19 - Defensive)

ALL-ATLANTIC COAST CONFERENCE

Carter AyarsSecond Team(2019)
 Alli Bitting..... Second Team(2019,2020)
 First Team(2021)
 Mia Duchars..... First Team(2023)
 Sasha Elliott First Team(2022)
 Elisa Garcia.....Second Team(2015)
 Lizzie Gittens.....Second Team(2016)
 Emilia Kaczmarczyk.....Second Team(2023)
 Julie Kouijzer First Team(2021, 2022)
Second Team(2023)
 Mila de Kuijzer..... First Team(2021)
 Erin McCrudden.....Second Team(2016)
 Ayeisha McFerran First Team(2016, 2017, 2018)
 Minout Mink..... Second Team(2016, 2017)
 Paige MonsenSecond Team(2014)
 Mercedes Pastor.. First Team(2018, 2019, 2020)
 Aimee Plumb First Team(2021)
Second Team(2022)
 Bethany Russ Second Team(2018, 2019)
 Katie Schneider.....Second Team(2021)
 Taylor Stone..... Second Team(2017, 2018)
 Charlie van OirschotSecond Team(2020)
 Alyssa Voelmle..... First Team(2014)
 Nicole Woods Second Team(2015, 2016)
 First Team(2017)

ACC ALL-TOURNAMENT TEAM

Carter Ayars..... 2017
 Alli Bitting2017, 2019, 2020
 Julie Kouijzer.....2020-21, 2021
 Ayeisha McFerran.....2017
 Mercedes Pastor..... 2019, 2020
 Aimee Plumb 2020
 Merlijn van der Vegt..... 2023
Rylie Wollerton 2023

ACC DEFENSIVE PLAYER OF THE YEAR

Alli Bitting 2021

ACC FRESHMAN OF THE YEAR

Mila de Kuijzer 2021

ACC COACH OF THE YEAR

Justine Sowry..... 2021

ACC PLAYER OF THE WEEK

2014
 Mallory Mason (Sept. 23 - Defensive)
 Elisa Garcia (Oct. 7 - Defensive)
2015
 Ayeisha McFerran (Nov. 3 - Defensive)
2016
 Ayeisha McFerran (Oct. 18 -Defensive)
 Lotta Kahlert (Sept. 8 - Offensive)
 Erin McCrudden (Oct. 18 Co-Offensive)
 Nicole Woods (Oct. 25 - Offensive)
2017
 Marisa Martin Pelegrina (Aug. 28 - Offensive)
 Hollyn Barr (Aug. 28 - Defensive)
 Ayeisha McFerran (Sept. 25 - Co.)
 Taylor Stone (Oct. 16 - Defensive)
2018
 Ayeisha McFerran (Sept. 18 - Defensive)
2019
 Carter Ayars (Oct. 15 - Defensive)
 Hollyn Barr (Oct. 22 - Defensive)
2020
 Mercedes Pastor (Sept. 28, Oct. 6, Oct. 27, April 6 - Offensive)
 Alli Bitting (Oct. 27 - Defensive)
 Julie Kouijzer (April 20 - Defensive)
2021
 Alli Bitting (Aug. 31 - Defensive)
 Julie Kouijzer (Sept. 7, Sept. 28, Nov. 2 - Defensive)
 Aimee Plumb (Oct. 19, Oct. 26 - Offensive)
2022
 Julie Kouijzer (Sept. 6 - Defensive)
 Sasha Elliott (Sept. 13, Oct. 18 -Defensive)
 Katie Schneider (Sept. 6 -Offensive)
2023
 Merlijn van der Vegt.....Aug. 29 (Defensive)
Tyler EverslageSept. 5 (Offensive)
 Mia Duchars Oct. 3, Oct. 10(Def); Oct. 31 (Off)
 Julie Kouijzer..... Oct. 31 (Defensive)

BIG EAST CONFERENCE

BIG EAST Conference Coach of the Year
 Pam Bustin 2008
Aeropostale BIG EAST Female Scholar Athlete
 Jessica Javelet.....2006-07

ALL-BIG EAST CONFERENCE

Janelle Avila..... First Team(2005, 2006, 2007)
 Heather Bustanoby..... Second Team(2008)
 Caitlin Collins..... 2009, 2011
 Erin Conrad... Second Team(2010, 2011, 2012)
 Elisa Garcia Second Team(2013)
 Marie-Claire Heller . Second Team(2006, 2007)

Rachel Hollenbach..... First Team(2010)
 Jessica Javelet..... First Team(2005, 2006)
 Jen Kastelic Second Team(2006)
 Sydney King Second Team(2013)
 Tuli Lim Second Team(2008)
 Allison Maffitt..... Second Team(2007)
 Rachel Overton..... First Team(2005)
 Dominique Pasqualichio... Second Team(2011)
 Lauren Schaefer..... First Team(2008)
 Erin Schneidtmiller First Team(2013)
 Courtney Shepstone Second Team(2006)
 Amber Thomas First Team(2012)
 Hayley Turner First Team(2010, 2011)
 Alyssa Voelmle..... Second Team(2011, 2012)
 First Team(2013)
 Lisa Wasser Second Team(2005, 2006)
 April White Second Team(2005)
 Nicole Youman .. First Team(2007, 2008, 2010)

BIG EAST GOALKEEPER OF THE YEAR

Heather Bustanoby..... 2009

BIG EAST OFFENSIVE PLAYER OF THE YEAR

Jessica Javelet 2005 (Co), 2006
 Nicole Youman..... 2010
 Hayley Turner 2011 (Co)

BIG EAST ROOKIE OF THE YEAR

Shannon Sloss..... 2013

BIG EAST ALL-TOURNAMENT TEAM

Heather Bustanoby..... 2009
 Tuli Lim 2008, 2010
 Allison Maffitt..... 2007
 Natasha Leickly..... 2011
 Erin Schneidtmiller 2012
 Alyssa Voelmle..... 2011, 2013

BIG EAST PLAYERS OF THE WEEK

2005
 Jessica Javelet (Sept. 5, Sept. 26, Oct. 31)
 Andrea Roussel (Sept. 5)
 Janelle Avila (Sept. 12)
 Jen Payne (Oct. 24)
2006
 Marie-Claire Heller (Aug. 28)
 Jessica Javelet (Sept. 4, Oct. 9, Oct. 16)
 Andrea Roussel (Oct. 3)
 Lisa Wasser (Sept. 25)
2007
 Marie-Claire Heller (Oct. 8, Oct. 15)
 Lauren Schaefer (Sept. 24)
2008
 Heather Bustanoby (Sept. 30)
 Lauren Schaefer (Nov. 2)
2009
 Heather Bustanoby (Sept. 29),
 Nicole Youman (Oct. 12)
 Hayley Turner (Nov. 2)
2010
 Nicole Youman (Aug. 20, Sept. 20, Oct. 18)
 Hayley Turner (Oct. 4), Karah Nall (Oct. 4)



Athletic Honors

2011

Hayley Turner (Sept. 5),
Elizabeth Vance (Sept. 19)
Erin Conrad (Sept. 19, Oct. 24)

2012

Erin Conrad (Oct. 29)
Alyssa Voelmle (Oct. 22)

2013

Sydney King (Oct. 21)
Erin Schneidtmiller (Sept. 23)
Alyssa Voelmle (Sept. 10, Sept. 30)

ALL MID-AMERICAN CONFERENCE

Danielle Barr..... Second Team(2001, 2002)
Keri Beckhorn Second Team(2000)
Merrit Dever..... Second Team(1995)
Jen Felker..... Second Team(1999)
..... First Team(2000)
Colleen Finn..... Second Team(1999)
Rebecca Gronotte..... Second Team(1998)
Marie-Claire Heller Second Team(2004)
Christy Hershey Second Team(2000)
..... First Team(2001, 2003)
Kimberly Hughes Second Team(2002, 2003)
..... First Team(2004)
Suzanne Irwin..... Second Team(2004)
Jessica Javelet..... First Team(2004)
Casey Lehman Second Team(2003)
Desire' Miller Second Team(2002)
..... First Team(2003)
Olivia Netzler First Team(2001, 2003)
Rachel Overton..... Second Team(2004)
Pip Sanders..... Second Team(1999)
..... First Team(2000, 2001, 2002)
Susan Sattazahn Second Team(2000, 2001)
..... First Team(2002)
Heather Slider Second Team(1999)
Lisa Wasser First Team(2004)
Erin Zantello Second Team(1996)

MAC PLAYER OF THE YEAR

Christy Hershey 2003
Pip Sanders..... 2002
Freshman of the Year
Kimberly Hughes 2000

Coach of the Year

Pam Bustin 2001, 2004

MAC ALL-TOURNAMENT TEAM

Janelle Avila..... 2004
Danielle Barr..... 2000, 2001, 2002
Elisa Eshelman..... 2001
Lauren Groff 2004
Christy Hershey 2003
Suzanne Irwin..... 2004
Jessica Javelet..... 2003
Casey Lehman 2003
Desire' Miller..... 2003
Pip Sanders..... 2000, 2001, 2002
Lisa Wasser 2004

MAC PLAYERS OF THE WEEK

2004

Kimberly Hughes (Oct. 4),
Jessica Javelet (Sept. 6; Oct. 4)
Suzanne Irwin (Sept. 20)

2003

Christy Hershey (Oct. 7; Sept. 8)
Olivia Netzler (Sept. 22)

2002

Kimberly Hughes (Sept. 19; Sept. 30)

2001

Danielle Barr (Oct. 15)
Olivia Netzler (Sept. 24)
Pip Sanders (Sept. 11)

2000

Keri Beckhorn (Sept. 4; Oct. 31)

University of Louisville

Ed Kallay Award (Top Senior Athlete)

Angie Frame 1998-99
Casey Lehman 2003-04
Ayeisha McFerran..... 2018-19

Female Junior of the Year

Mercedes Pastor..... 2019-20

Female Sophomore of the Year

Mercedes Pastor..... 2018-19

Female Freshman of the Year

Janelle Avila 2004-05

Sherrill Brakmeier Award

Jessica Javelet..... 2004-05
Nicole Youman..... 2009-10

Leadership Award

Lisa Wasser 2005-06
Alli Bitting..... 2022

Outstanding Senior Award

Casey Diener/Casey Meizinger..... 2007