## **2025 PNC Lenny Lyles Invitational**

FINAL Meet Schedule - Updated January 30, 2025

	Friday January 31, 2025									
Track Events					Field Events					
Start Time	Location	Event		Start Time	Location	Event				
10:00 AM	Middle Track	Heptathlon 60m		10:00 AM	Inside Runway	Men's Long Jump Flight 1				
10:10 AM		Men's 60m Qualifying Round			Inside Runway	Men's Long Jump Flight 2				
		Women's 60m Qualifying Round			Inside Runway	Men's Long Jump Final				
10:50 AM	Middle Track	Pentathion 60m Hurdles								
				12:05 PM	Outside Runway	Women's Long Jump Flight 1				
11:05 AM		Raise Track			Outside Runway	Women's Long Jump Flight 2				
					Outside Runway	Women's Long Jump Final				
11:15 AM	Oval	Women's DMR		4:30 PM	Inside Runway	Men's Seeded Long Jump				
11:40 AM	Oval	Women's Unseeded 200		4:30 PM	Outside Runway	Women's Elite Long Jump				
12:05 PM	Oval	Men's Unseeded 200				•				
12:30 PM	Oval	Women's Unseeded 3000		3:30 PM	North Track	Women's Seeded High Jump				
12:55 PM	Oval	Men's 3000		3:30 PM	South Track	Women's Unseeded High Jump				
1:50 PM	Oval	Women's Unseeded 400								
2:20 PM	Oval	Men's Unseeded 400		11:30 PM	Inside Runway	Men's Unseeded Pole Vault				
2:55 PM	Oval	Women's 800		2:00 PM	Outside Runway	Men's Seeded Pole Vault				
3:15 PM	Oval	Men's 800								
3:35 PM	Oval	Women's Seeded 200		10:30 AM	Throws Cage	Men's Weight Throw Flight 1				
3:50 PM	Oval	Men's Seeded 200			Throws Cage	Men's Weight Throw Flight 2				
4:10 PM	Oval	Pentathlon 800			Throws Cage	Men's Weight Throw Final				
				After Men	Throws Cage	Women's Weight Throw Flight 1				
						Women's Weight Throw Flight 2				
						Women's Weight Throw Flight 3				
						Women's Weight Throw Final				
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Start Time   Location   Event   Start Time   Location   Event   10:00 AM   Mode track   Heptathlon 60m Hurdles   Men's 60m Hurdles   Men's 60m Hurdles Prelims   Mode track   Men's 60m Hurdles Prelims   Mode track   Men's 60m Prelims   Mode track   Momen's Seeded 3000   Momen's Seeded 400   Momen's Seeded 400   Momen's Seeded 400   Momen's Unseeded Mile   Men's Unseeded Mile   Men's Unseeded Mile   Men's Unseeded Mile   Mode track   Momen's Common's C			Track Events			Field Events
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10:30 AM Middle Track 10:45 AM Middle Track 10:55 AM Middle Track	10:00 AM	Middle Track	Heptathlon 60m Hurdles	10:30 AM	Outside Runway	Women's Triple Jump Flight 1
10:45 AM Middle Track Men's 60m Prelims 10:55 AM Middle Track Women's 60m Prelims 11:05 AM Raise Track / National Anthem 11:05 AM Raise Track / National Anthem 11:15 AM Oval Women's Seeded 3000 11:30 AM Oval Women's Seeded 400 11:30 AM Oval Men's Seeded 400 12:35 PM Oval Men's Unseeded Mile 12:35 PM Lower Track 11:10 PM Middle Track Women's 60m Hurdles Finals 11:35 PM Middle Track Men's 60m Hurdles Finals 11:35 PM Raise Track 11:30 AM Inside Runway Men's Triple Jump Flight 1 11:30 AM Inside Runway Men's Triple Jump Flight 1 11:30 AM Inside Runway Men's Triple Jump Flight 2 12:30 PM South Track Men's Triple Jump Flight 1 12:30 PM South Track Men's Triple Jump Flight 1 12:30 PM South Track Men's Unseeded High Jump 12:30 PM North Track Men's Little High Jump 13:30 PM North Track Men's Little High Jump 13:3	10:15 AM	Middle Track	Men's 60m Hurdles Prelims		Outside Runway	Women's Triple Jump Flight 2
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12:35 PM				3:40 PM	North Track	Men's Elite High Jump
1:30 PM Outside Runway Women's Seeded Pole Vault  1:10 PM Middle Track Women's 60m Hurdles Finals 1:15 PM Middle Track Women's 60m Hurdles Finals 1:25 PM Middle Track Women's 60m Finals 1:30 PM Middle Track Women's 60m Finals  After Men Throws Cage Women's Shot Put Flight 1 Throws Cage Women's Shot Put Flight 2 Throws Cage Women's Shot Put Flight 1 Throws Cage Women's Shot Put Flight 2 Throws Cage Women's Shot Put Flight 1 Throws Cage W		Oval				
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Throws Cage   Women's Shot Put Flight 2   Throws Cage   Women's Shot Put Flight 2   Throws Cage   Women's Shot Put Final						
1:35 PM	1:30 PM	Middle Track	Men's 60m Finals	After Men		
1:45 PM         Oval         Women's 5000           2:05 PM         Oval         Heptathlon 1000m           2:10 PM         Oval         Men's 5000           2:45 PM         Oval         Women's Seeded Mile           2:55 PM         Oval         Men's Seeded Mile           3:05 PM         Oval         Women's 4x400	1.05 DM		D. C. T I			
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3:05 PM Oval Women's 4x400	2:45 PM	Oval	Women's Seeded Mile			
	2:55 PM	Oval	Men's Seeded Mile			
3:30 PM Oval Men's 4x400	3:05 PM	Oval	Women's 4x400			
	3:30 PM	Oval	Men's 4x400			
	Pentathlon - Friday January 31, 2025				Ministra Transla	Hantathlan 60m

## 10:50 AM Model Track Pentathlon 60m Hurdles 11:45 AM Model Track Pentathlon High Jump (2 Pits) 1:25 PM SE Corner Ring Pentathlon Shot Put 2:45 PM Inside Runway Pentathlon Long Jump 4:10 PM Oval Pentathlon 800m 10:00 AM Middle Track Heptathlon Long Jump 11:25 PM SE Corner Ring Pentathlon Shot Put 11:25 PM Middle Track Heptathlon Shot Put 11:25 PM Middle Track Heptathlon High Jump (2 Pits) 10:00 AM Middle Track Heptathlon 60m Hurdles 10:00 AM Middle Track Heptathlon 60m Hurdles 11:00 AM Inside Runway Heptathlon 60m Hurdles 11:00 AM Inside Runway Heptathlon 60m Hurdles 11:00 AM Inside Runway Heptathlon 1000m

## **Additional Information**

Final Schedule will be published and sent out Thursday at 11:30 AM.

Please send scratces directly to Wyatt Rhoads - wyatt@gocards.com