

2025 PNC Lenny Lyles Invitational

FINAL Meet Schedule - Updated January 30, 2025

Friday January 31, 2025

Track Events			Field Events		
Start Time	Location	Event	Start Time	Location	Event
10:00 AM	Middle Track	Heptathlon 60m	10:00 AM	Inside Runway	Men's Long Jump Flight 1
10:10 AM	Middle Track	Men's 60m Qualifying Round	Inside Runway		Men's Long Jump Flight 2
10:25 AM	Middle Track	Women's 60m Qualifying Round	Inside Runway		Men's Long Jump Final
10:50 AM	Middle Track	Pentathlon 60m Hurdles			
11:05 AM		Raise Track			
11:15 AM	Oval	Women's DMR	12:05 PM	Outside Runway	Women's Long Jump Flight 1
11:40 AM	Oval	Women's Unseeded 200	Outside Runway		Women's Long Jump Flight 2
12:05 PM	Oval	Men's Unseeded 200	Outside Runway		Women's Long Jump Final
12:30 PM	Oval	Women's Unseeded 3000	4:30 PM	Inside Runway	Men's Seeded Long Jump
12:55 PM	Oval	Men's 3000	4:30 PM	Outside Runway	Women's Elite Long Jump
1:50 PM	Oval	Women's Unseeded 400	3:30 PM	North Track	Women's Seeded High Jump
2:20 PM	Oval	Men's Unseeded 400	3:30 PM	South Track	Women's Unseeded High Jump
2:55 PM	Oval	Women's 800	11:30 PM	Inside Runway	Men's Unseeded Pole Vault
3:15 PM	Oval	Men's 800	2:00 PM	Outside Runway	Men's Seeded Pole Vault
3:35 PM	Oval	Women's Seeded 200	10:30 AM	Throws Cage	Men's Weight Throw Flight 1
3:50 PM	Oval	Men's Seeded 200	Throws Cage		Men's Weight Throw Flight 2
4:10 PM	Oval	Pentathlon 800	Throws Cage		Men's Weight Throw Final
			After Men	Throws Cage	Women's Weight Throw Flight 1
			Throws Cage		Women's Weight Throw Flight 2
			Throws Cage		Women's Weight Throw Flight 3
			Throws Cage		Women's Weight Throw Final

Saturday February 1, 2025

Track Events			Field Events		
Start Time	Location	Event	Start Time	Location	Event
10:00 AM	Middle Track	Heptathlon 60m Hurdles	10:30 AM	Outside Runway	Women's Triple Jump Flight 1
10:15 AM	Middle Track	Men's 60m Hurdles Prelims	Outside Runway		Women's Triple Jump Flight 2
10:30 AM	Middle Track	Women's 60m Hurdles Prelims	Outside Runway		Women's Triple Jump Flight 3
10:45 AM	Middle Track	Men's 60m Prelims	Outside Runway		Women's Triple Jump Final
10:55 AM	Middle Track	Women's 60m Prelims			
11:05 AM		Raise Track / National Anthem	11:30 AM	Inside Runway	Men's Triple Jump Flight 1
11:15 AM	Oval	Women's Seeded 3000	Inside Runway		Men's Triple Jump Flight 2
11:30 AM	Oval	Women's Seeded 400	Inside Runway		Men's Triple Jump Final
11:45 AM	Oval	Men's Seeded 400	2:30 PM	South Track	Men's Unseeded High Jump
12:00 PM	Oval	Women's Unseeded Mile	3:40 PM	North Track	Men's Elite High Jump
12:35 PM	Oval	Men's Unseeded Mile	1:30 PM	Inside Runway	Women's Unseeded Pole Vault
1:05 PM		Lower Track	1:30 PM	Outside Runway	Women's Seeded Pole Vault
1:10 PM	Middle Track	Women's 60m Hurdles Finals	11:00 AM	Throws Cage	Men's Shot Put Flight 1
1:15 PM	Middle Track	Men's 60m Hurdles Finals	Throws Cage		Men's Shot Put Flight 2
1:25 PM	Middle Track	Women's 60m Finals	Throws Cage		Men's Shot Put Final
1:30 PM	Middle Track	Men's 60m Finals	After Men	Throws Cage	Women's Shot Put Flight 1
1:35 PM		Raise Track	Throws Cage		Women's Shot Put Flight 2
1:45 PM	Oval	Women's 5000	Throws Cage		Women's Shot Put Final
2:05 PM	Oval	Heptathlon 1000m			
2:10 PM	Oval	Men's 5000			
2:45 PM	Oval	Women's Seeded Mile			
2:55 PM	Oval	Men's Seeded Mile			
3:05 PM	Oval	Women's 4x400			
3:30 PM	Oval	Men's 4x400			

Pentathlon - Friday January 31, 2025			Heptathlon - Friday January 31, 2025		
10:50 AM	Middle Track	Pentathlon 60m Hurdles	10:00 AM	Middle Track	Heptathlon 60m
11:45 AM	Middle Track	Pentathlon High Jump (2 Pits)	10:40 AM	Outside Runway	Heptathlon Long Jump
1:25 PM	SE Corner Ring	Pentathlon Shot Put	12:00 PM	SE Corner Ring	Heptathlon Shot Put
2:45 PM	Inside Runway	Pentathlon Long Jump	1:25 PM	Middle Track	Heptathlon High Jump (2 Pits)
4:10 PM	Oval	Pentathlon 800m	Heptathlon - Saturday February 1, 2025		
			10:00 AM	Middle Track	Heptathlon 60m Hurdles
			11:00 AM	Inside Runway	Heptathlon Pole Vault (2 Pits)
			2:00 PM	Oval	Heptathlon 1000m

Additional Information

Final Schedule will be published and sent out Thursday at 11:30 AM.

Please send scratches directly to Wyatt Rhoads - wyatt@gocards.com