University of Louisville

2023 Indoor Track and Field Meet Information

Meet Dates: Friday & Saturday, January 13-14th, 2023 - Louisville Cardinal Classic

Friday & Saturday, January 27-28th, 2023 - PNC Bank Lenny Lyles Invitational

Facility Location: Norton Healthcare Sports & Learning Center:

3029 West Muhammad Ali Boulevard, Louisville, KY 40212

Contact: Meet Director - David Lawhorn lawho9@aol.com

Entry Deadline: 5:00 PM EASTERN TIME Tuesday prior to competition

Tuesday, January 10th, 2023 Louisville Cardinal Classic

Tuesday, January 24th, 2023 PNC Bank Lenny Lyles Invitational

Unattached entries: Open to any post-high school athlete. Unattached entries may be limited in

number. For entry access please email David Lawhorn by the respective entry

deadline including your name, event, and best verifiable performance.

Entry Procedure: Team entries must be done through <u>www.directathletics.com</u>

Entry Fee: \$600 per team, per gender paid via DirectAthletics. All team entry fees will be

paid online through DirectAthletics. Unattached entries will be charged \$50 per

competitor. No refunds will be given.

Team Entry Limits: Louisville Cardinal Classic: The number of athletes accepted into each event will

be restricted to maintain a reasonable schedule of events

PNC Bank Lenny Lyles Invitational: 3 per event, per team

(Additional athletes may be accepted at the discretion of meet management.)

60 meter dash & 60 meter hurdles will be limited to 32 total entries.

Field Events will be limited to 9 entries in seeded sections / 28 entries in open

sections.

Combined events will be limited to 12 total entries.

Entry Marks/Seeding: Entry marks will be verified with TFRRS for accuracy. Sections, heats and flights

will be assigned based on entry performance. Meet Management reserves the right to make exceptions to seeding for individuals with special circumstances. Based on field size, meet management will determine the appropriate starting

heights for High Jump and Pole Vault.

*Invitational sections of field events will be the top 9 verified marks.

Practice Times: Thursday January 12th from 1:00 to 3:30 pm

Thursday January 26th from 1:00 to 3:30 pm

Spike Requirement: The Norton Healthcare Sports and Learning Center only allows 1/4 inch pyramid

spikes on the track and 3/8 inch pyramid spikes in the high jump. Spikes will be

checked prior to entering competition facility and removed upon exiting competition. If a competitor is found to have switched spikes after checking in,

they will be disqualified from the competition.

Marking Restrictions: No athletic tape, duct tape or chalk permitted on the Mondo Surface. Painter's

tape or tack and foam will be provided.

Warm-Up Areas: A general warmup area will be outside on the adjacent outdoor Track and Field.

A 60m straightaway behind throws area will also be available.

Implement Weigh In: Weigh-ins will take place at the throws area; illegal implements will be

impounded. Specific times will be released with final meet schedule.

Check in Procedures: Field Events

Athletes may check-in at their event 90 minutes prior to the scheduled starting

time or at the completion of the previous event.

Track Events

Athletes must check in at least <u>30 minutes</u> prior to the scheduled start time of their race, where they will be asked to return 10 minutes prior to the start of

their event.

Team Camps: Teams may set up areas on the Upper Mezzanine. No Food or Drink on the

track, only water. Food and Drink can be consumed in the bleachers, mezzanine,

or lobby. No Warmups shall take place on the Mezzanine.

Sports Medicine: Contact Shannon Green-Spanolios 407-591-6034 shannon@gocards.com or

Allison Ross 717-850-6267, allisonr@gocards.com with any questions.

Scoring: <u>Louisville Cardinal Classic:</u> will be a non-scored event.

PNC Bank Lenny Lyles Invitational: will be a non-scored event.

Results: Nearly live results will be available via DC Timing

Final Results will be available online at www.gocards.com

Spectators: Spectator Parking (\$5) will be at 3029 West Muhammad Ali Boulevard,

Louisville, KY 40212

Spectator Ticket Price: \$10

Locker Rooms: Restrooms are available, but Norton's Healthcare SLC does not have locker

rooms.

Tentative 11.2.22

2023 Cardinal Classic Schedule of Events

| Friday, January 13 th | | | | | | |
|----------------------------------|------------------------------------|------------|--------------------|--|-----|--|
| Running | | Field | | | | |
| Events | | Events | | | | |
| 5:00 p.m. | Women's 60m Dash Prelim | 4:00 p.m. | Women's WT | | | |
| 5:10 p.m. | Men's 60m Dash Prelim | | Men's WT to follow | | | |
| 5:25 p.m. | Women's 60m Hurdles Prelim | 4:00 p.m. | Women's LJ | | | |
| 5:40 p.m. | Men's 60m Hurdles Prelim | | Men's LJ to follow | | | |
| 6:00 p.m. | Women's Mile | 4:00 p.m. | Women's PV | | | |
| 6:10 p.m. | Men's Mile | | | | | |
| 6:20 p.m. | Women's 400m | | | | | |
| 6:30 p.m. | Men's 400m | | | | | |
| 6:40 p.m. | Women's 60m Dash Final | | | | | |
| 6:45 p.m. | Men's 60m Dash Final | | | | | |
| 7:00 p.m. | Men's 60m Hurdles Final | | | | | |
| 7:10 p.m. | Women's 60m Hurdles Final | | | | | |
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| | Saturday, January 14 th | | | | | |
| Running | | Field | | | | |
| Events | | Events | | | | |
| 10:50 a.m. | Women's 800m | 10:00 a.m. | Women's SP | | | |
| 11:00 a.m. | Men's 800m | | Men's SP to follow | | | |
| 11:10 a.m. | Women's 200m | 10:00 a.m. | Women's HJ | | | |
| 11:30 a.m. | Men's 200m | | Men's HJ to follow | | | |
| 11:50 a.m. | Women's 3000m | 10:00 a.m. | Men's PV | | | |
| 12:05 p.m. | Men's 3000m | 10:00 a.m. | Women's TJ | | | |
| 12:20 p.m. | Women's 4x400m Relay | | Men's TJ to follow | | | |
| 12:30 p.m. | Men's 4x400m Relay | | | | | |
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