		2024 Break	mestown, N.Y. • Ser			UCAS CAT			nore
Date	Meet	2024 break	Dist.	Time	Date	Meet	2024 Break	Dist.	Time
9/6	Little Three Cl	hamnionshin	5K	DNR	9/6		Championship	5K	17:15.
9/21	Yellowjacket I		8K	28:56.5	9/21	Yellowjacket		8K	DNR
9/28	Lock Haven Ir		8K	27:35.7*	9/28	Lock Haven		8K	DNR
10/19	Aubrey Shenk		8K	26:33.2*	10/19		nk Invitational	8K	DNR
11/2	Atlantic 10 Ch		8K	27:15.3	11/2	Atlantic 10 Cl		8K	DNR
11/15	Northeast Reg		10K	27.13.3 DNR	11/15	Northeast Re		10K	DNR
11/15	Northeast Neg	gioriais	IOK	DIVIC	11/15	Northeastike	egioriais	IOK	DIVIN
Career Dist.	r Bests Date	Meet		Time	Career Dist.	Bests Date	Meet		Time
5K	9/3/21		ree Championship		5K	9/3/23		ree Championship	
8K	10/19/24		Shenk Invitational		8K	9/23/23		ven Invitational	26:51
BRE	NDAN CHA		terloo, Ontario • So	phomore		NICK CR		on, Ohio • Freshma	n
D-4-	N4 +	2024 Break		T:	Б.		2024 Break		- .
Date	Meet	h 1 .	Dist.	Time	Date	Meet	21	Dist.	Time
9/6	Little Three Cl		5K	16:44.8*	9/6		Championship	5K	18:08
9/21	Yellowjacket I		8K	27:41.2*	9/21	Yellowjacket		8K	31:52
9/28	Lock Haven Ir		8K	27:06.2*	9/28	Lock Haven		8K	30:59
10/19	Aubrey Shenk		8K	26:26.3*	10/19		k Invitational	8K	29:32
11/2 11/15	Atlantic 10 Ch		8K	DNF	11/2	Atlantic 10 Cl		8K	DNR
11/15	Northeast Reg	gionais	10K	DNR	11/15	Northeast Re	egionals	10K	DNR
Career				- .	Career				
Dist.	Date	Meet	CI	Time	Dist.	Date	Meet		Time
5K 8K	9/6/24 10/19/24		ree Championship		5K	9/6/24		ree Championship	
OK	10/19/24	Aubiey	Shenk Invitational	20.20.3	8K	10/19/24	Aubrey	Shenk Invitational	29.32
	IARED D	ENO • Cliffo	on Park, N.Y. • Senic						
	JAKLD			or	JA	AMES FITZM		Villow Grove, Pa. • S	Senior
Date		2024 Breal	kdown				1AURICE • v 2024 Break	<u>kdown</u>	
Date 9/6	Meet	2024 Break	kdown Dist.	Time	Date	Meet	2024 Break	<u>kdown</u> Dist.	Time
9/6	Meet Little Three C	2024 Breal	kdown Dist. 5K	Time 16:50.4*	Date 9/6	Meet Little Three 0	2024 Break	down Dist. 5K	Time 16:55
9/6 9/21	Meet Little Three C Yellowjacket I	2024 Breal Championship Invitational	xdown Dist. 5K 8K	Time 16:50.4* 28:33.9	<u>Date</u> 9/6 9/21	Meet Little Three C	2024 Break Championship Invitational	kdown Dist. 5K 8K	Time 16:55 29:05
9/6 9/21 9/28	Meet Little Three C Yellowjacket I Lock Haven Ir	2024 Breal Championship Invitational nvitational	Obst. 5K 8K 8K	Time 16:50.4* 28:33.9 27:25.5	Date 9/6 9/21 9/28	Meet Little Three (Yellowjacket Lock Haven	2024 Break Championship Invitational Invitational	odown Dist. 5K 8K 8K	Time 16:55 29:05 27:09
9/6 9/21 9/28 10/19	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk	2024 Breal Championship Invitational nvitational k Invitational	Acdown Dist. 5K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1	Date 9/6 9/21 9/28 10/19	Meet Little Three (Yellowjacket Lock Haven (Aubrey Shen	2024 Break Championship Invitational Invitational Ik Invitational	cdown Dist. 5K 8K 8K 8K	Time 16:55 29:05 27:09 26:43
9/6 9/21 9/28	Meet Little Three C Yellowjacket I Lock Haven Ir	2024 Breal Championship Invitational nvitational k Invitational nampionship	Obst. 5K 8K 8K	Time 16:50.4* 28:33.9 27:25.5	Date 9/6 9/21 9/28	Meet Little Three (Yellowjacket Lock Haven	2024 Break Championship Invitational Invitational Ik Invitational hampionship	odown Dist. 5K 8K 8K	Time 16:55 29:05 27:09
9/6 9/21 9/28 10/19 11/2	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch	2024 Breal Championship Invitational nvitational k Invitational nampionship	Dist. 5K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR	Date 9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 Cl Northeast Re	2024 Break Championship Invitational Invitational Ik Invitational hampionship	cdown Dist. 5K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR
9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenl Atlantic 10 Ch Northeast Reg	2024 Breal Championship Invitational nvitational k Invitational nampionship gionals	Dist. 5K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR	Date 9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 CI Northeast Re	2024 Break Championship Invitational Invitational Ink Invitational hampionship egionals	cdown Dist. 5K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist.	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenl Atlantic 10 Ch Northeast Reg	2024 Breal Championship Invitational nvitational k Invitational nampionship gionals Meet	Xdown Dist. 5K 8K 8K 8K 8K 10K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist.	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 Cl Northeast Re	2024 Break Championship Invitational Invitational Ink Invitational hampionship egionals Meet	cdown Dist. 5K 8K 8K 8K 8K 10K	Time 16:55 29:05 27:09 26:43 DNR DNR
9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenl Atlantic 10 Ch Northeast Reg	2024 Breal Championship Invitational nvitational k Invitational nampionship gionals Meet Little Th	Dist. 5K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR	Date 9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 CI Northeast Re	2024 Break Championship Invitational Invitational Ink Invitational hampionship egionals Meet Little Th	cdown Dist. 5K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenl Atlantic 10 Ch Northeast Rec r Bests Date 9/6/24 10/14/23	2024 Breal Championship Invitational nvitational k Invitational nampionship gionals Meet Little Tr Gettysb	Acdown Dist. 5K 8K 8K 8K 8K 10K Tree Championship burg Invitational	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K	Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24	2024 Break Championship Invitational Invitational Ink Invitational Institutional Insti	cdown Dist. 5K 8K 8K 8K 8K 10K ree Championship Shenk Invitational	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch Northeast Rec r Bests Date 9/6/24 10/14/23 LAYNE HAL	2024 Breal Championship Invitational nvitational k Invitational nampionship gionals Meet Little Tr Gettysb	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Tree Championship burg Invitational Surgh, Pa. • Freshickdown	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 CI Northeast Re Bests Date 9/6/24 10/19/24	2024 Break Championship Invitational Invitational Ink Invitational Inampionship Invitational Indicate Invitational Indicate Invitational Indicate Invitational Indicate Invitational Invita	cdown Dist. 5K 8K 8K 8K 10K ree Championship Shenk Invitational Mitchell, Ky. • Junion kdown	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU	2024 Breal Championship Invitational nvitational k Invitational nampionship gionals Meet Little Tr Gettysb UGHT • Pittt 2024 Breal	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Dist. Tree Championship burg Invitational Surgh, Pa. • Freship codown Dist.	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 CI Northeast Re Bests Date 9/6/24 10/19/24 AIDEN I	2024 Break Championship Invitational Invitational Ink Invitational hampionship egionals Meet Little Th Aubrey HOLT • Fort N 2024 Break	cdown Dist. 5K 8K 8K 8K 10K Tree Championship Shenk Invitational Mitchell, Ky. • Junion cdown Dist.	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenl Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C	2024 Breal Championship Invitational nvitational k Invitational nampionship gionals Meet Little Tr Gettysb UGHT • Pittt 2024 Breal Championship	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9*	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 CI Northeast Re Bests Date 9/6/24 10/19/24 AIDEN I Meet Little Three C	2024 Break Championship Invitational Invitational Ink Invitational hampionship regionals Meet Little Th Aubrey HOLT • Fort N 2024 Break	cdown Dist. 5K 8K 8K 8K 10K ree Championship Shenk Invitational Mitchell, Ky. • Junion cdown Dist. 5K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I	2024 Breal Championship Invitational Invitational Invitational Inampionship Invitational Inampionship Invitational Inampionship Invitational Inampionship Invitational	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1*	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN I Meet Little Three C Yellowjacket	2024 Break Championship Invitational Invitational Ink Invitational hampionship egionals Meet Little Th Aubrey HOLT • Fort N 2024 Break Championship	cdown Dist. 5K 8K 8K 8K 10K ree Championship Shenk Invitational Mitchell, Ky. • Junion cdown Dist. 5K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43 Time DNF DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21 9/28	Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenk Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I Lock Haven In	2024 Breal Championship Invitational Invitational Invitational Inampionship Invitational Inampionship Invitational Invitational Invitational Invitational Invitational Invitational	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1* 28:31.8*	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28	Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN Meet Little Three C Yellowjacket Lock Haven	2024 Break Championship Invitational Invitational Ink Invitational Ink Invitational Indicate Invitational Invitational Invitational Invitational Invitational Invitational	cdown Dist. 5K 8K 8K 8K 8K 10K ree Championship Shenk Invitational Mitchell, Ky. • Junion cdown Dist. 5K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43 Time DNF DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21 9/28 10/19	Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl	2024 Breal Championship Invitational Invitational Invitational Inampionship Invitational Inampionship Invitational Invitational Invitational Invitational Invitational Invitational Invitational	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Dist. Dist. Dist. Dist. Sk 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1* 28:31.8* 28:22.7*	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28 10/19	Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN Meet Little Three C Yellowjacket Lock Haven Aubrey Shen	2024 Break Championship Invitational Invitational Ink Invitational Ink Invitational Invitational Invitational Invitational Invitational Invitational Invitational Ink Invitational	cdown Dist. 5K 8K 8K 8K 8K 10K aree Championship Shenk Invitational Mitchell, Ky. • Junion cdown Dist. 5K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43 Time DNF DNR DNR DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2	Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl Atlantic 10 Ch	2024 Breal Championship Invitational k Invitational hampionship gionals Meet Little Tr Gettysb UGHT • Pitt 2024 Breal Championship Invitational hvitational hvitational hampionship	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Dist. Dist. Dist. Swarph, Pa. • Freshing Company Dist. Kodown Dist. 5K 8K 8K 8K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1* 28:31.8* 28:22.7* DNR	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2	Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN I Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 C	2024 Break Championship Invitational Inhampionship	cdown Dist. 5K 8K 8K 8K 8K 10K Tree Championship Shenk Invitational Witchell, Ky. • Junion Cdown Dist. 5K 8K 8K 8K 8K 8K	Time 16:55 29:09 26:43 DNR DNR 16:55 26:43 Time DNF DNR DNR DNR DNR DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21 9/28 10/19	Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl	2024 Breal Championship Invitational k Invitational hampionship gionals Meet Little Tr Gettysb UGHT • Pitt 2024 Breal Championship Invitational hvitational hvitational hampionship	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Dist. Dist. Dist. Dist. Sk 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1* 28:31.8* 28:22.7*	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28 10/19	Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN Meet Little Three C Yellowjacket Lock Haven Aubrey Shen	2024 Break Championship Invitational Inhampionship	cdown Dist. 5K 8K 8K 8K 8K 10K aree Championship Shenk Invitational Mitchell, Ky. • Junion cdown Dist. 5K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43 Time DNF DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I Lock Haven In Aubrey Shenl Atlantic 10 Ch	2024 Breal Championship Invitational k Invitational hampionship gionals Meet Little Tr Gettysb UGHT • Pitt 2024 Breal Championship Invitational hvitational hvitational hampionship	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Dist. Dist. Dist. Swarph, Pa. • Freshing Company Dist. Kodown Dist. 5K 8K 8K 8K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1* 28:31.8* 28:22.7* DNR	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN I Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 C Northeast Re	2024 Break Championship Invitational Inhampionship	cdown Dist. 5K 8K 8K 8K 8K 10K Tree Championship Shenk Invitational Witchell, Ky. • Junion Cdown Dist. 5K 8K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43 Time DNR DNR DNR DNR DNR DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch Northeast Reg	2024 Breal Championship Invitational k Invitational hampionship gionals Meet Little Tr Gettysb UGHT • Pitt 2024 Breal Championship Invitational hvitational hvitational hampionship	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Dist. Dist. Dist. Swarph, Pa. • Freshing Company Dist. Kodown Dist. 5K 8K 8K 8K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1* 28:31.8* 28:22.7* DNR	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three C Yellowjacket Lock Haven I Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN I Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 C Northeast Re	2024 Break Championship Invitational Inhampionship	cdown Dist. 5K 8K 8K 8K 8K 10K Tree Championship Shenk Invitational Witchell, Ky. • Junion Cdown Dist. 5K 8K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43 Time DNR DNR DNR DNR DNR DNR
9/6 9/21 9/28 10/19 11/2 11/15 Caree Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2 11/15 Caree	Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch Northeast Reg r Bests Date 9/6/24 10/14/23 LAYNE HAU Meet Little Three C Yellowjacket I Lock Haven II Aubrey Shenk Atlantic 10 Ch Northeast Reg	2024 Breal Championship Invitational Invitational Invitational Inampionship Invitational Inampionship Invitational Invitational Invitational Invitational Invitational Invitational Inampionship Invitational Invitational Inampionship Invitational Intitute	Acdown Dist. 5K 8K 8K 8K 8K 10K Dist. Dist. Dist. Dist. Swarph, Pa. • Freshing Company Dist. Kodown Dist. 5K 8K 8K 8K 8K 8K 8K	Time 16:50.4* 28:33.9 27:25.5 27:18.1 DNR DNR Time 16:50.4 27:05.6 man Time 17:53.9* 29:30.1* 28:31.8* 28:22.7* DNR DNR Time 17:53.9	Date 9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28 10/19 11/2 11/15 Career	Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 Cl Northeast Re Bests Date 9/6/24 10/19/24 AIDEN I Meet Little Three C Yellowjacket Lock Haven Aubrey Shen Atlantic 10 C Northeast Re Pests	2024 Break Championship Invitational Invitational Ink Invitational Ink Invitational Indicate the Invitational Invitational Invitational Invitational Invitational Invitational Invitational Invitational Inhampionship Invitational Invitationa	cdown Dist. 5K 8K 8K 8K 8K 10K Tree Championship Shenk Invitational Witchell, Ky. • Junion Cdown Dist. 5K 8K 8K 8K 8K 8K	Time 16:55 29:05 27:09 26:43 DNR DNR Time 16:55 26:43 Time DNR DNR DNR DNR DNR DNR DNR DNR TIME TIME TIME TIME TIME TIME TIME TIME



			ading, Pa. • Freshm	nan	1			od, MD • Sophomo	re
Date	Meet	2024 Break	<u>(down</u> Dist.	Time	Data	Meet	2024 Break	<u>kdown</u> Dist.	Time
)/6	Little Three Ch	ampionship	5K	16:52.7*	<u>Date</u> 9/6	Little Three Cha	amnionchin	5K	16:14.8
/21	Yellowjacket In		8K	28:08.1*	9/0			8K	DNF
/21	Lock Haven In		8K	27:24.3*	9/21	Yellowjacket In		8K	
0/19						Lock Haven Inv			26:19.4
	Aubrey Shenk		8K	26:35.6*	10/19	Aubrey Shenk I		8K	26:25.
1/2 1/15	Atlantic 10 Cha Northeast Regi		8K 10K	27:07.9 DNR	11/2 11/15	Atlantic 10 Cha Northeast Regi		8K 10K	26:30.1 DNR
^aroo!	r Bests								
Dist.	Date	Meet		Time	Career Dist.	Bests Date	Meet		Time
5K	9/6/24	Little Th	ree Championship	16:52.7	5K	9/6/24	Little Th	ree Championship	16:14.8
3K	10/19/24	Aubrey	Shenk Invitational	26:35.6	8K 10K	9/23/23 11/10/23	Lock Ha	aven Invitational ast Regionals	26:14.9 34:33.
	ETHAN L I	UCE • Lake	ewood, N.Y. • Junior		(CASEY MAL	LOY • Nev	v Hartford, N.Y. • Ju	
		2024 Break			_	_	2024 Break		
Date	Meet		Dist.	Time	Date	Meet		Dist.	Time
9/6	Little Three Ch		5K	16:26.8*	9/6	Little Three Cha		5K	16:15.4
9/21	Yellowjacket In	vitational	8K	28:12.5	9/21	Yellowjacket In		8K	27:02.8
9/28	Lock Haven Inv	vitational	8K	27:17.7	9/28	Lock Haven Inv		8K	26:11.6
0/19	Aubrey Shenk	Invitational	8K	26:23.0	10/19	Aubrey Shenk I	Invitational	8K	26:30.
1/2	Atlantic 10 Cha	mpionship	8K	27:28.6	11/2	Atlantic 10 Cha	mpionship	8K	26:10.2
1/15	Northeast Regi		10K	DNR	11/15	Northeast Regi	onals	10K	33:33.1
Caree i Dist.	r Bests Date	Meet		Time	Career	Bests			
<u>лы.</u> 5К	9/6/24		ree Championship		Dist.	Date	Meet		Time
SK 8K	10/19/24		Shenk Invitational		5K	9/6/24	Little Th	ree Championship	16:15.4
IOK	11/10/23		st Regionals	34:20.5	8K 10K	11/2/24 11/15/24	Atlantic	10 Championship ast Regional	26:10.2 33:33.
		2024 Break	Yorktown, N.Y. • Se						
Date	Meet	2024 Diear	Dist.	Time	Date	Meet	2024 Break	<u>cdown</u> Dist.	Time
	_			Time 17:06.7	Date 9/6	_			
9/6	Meet	ampionship	Dist.			Meet	ampionship	Dist.	16:02.9
9/6 9/21	Meet Little Three Ch Yellowjacket In	ampionship avitational	Dist. 5K 8K	17:06.7 29:19.4	9/6	Meet Little Three Cha	ampionship vitational	Dist. 5K	Time 16:02.9 27:25.9 26:12.3
9/6 9/21 9/28	Meet Little Three Ch Yellowjacket In Lock Haven Inv	nampionship nvitational vitational	Dist. 5K	17:06.7	9/6 9/21	Meet Little Three Character Yellowjacket In	ampionship vitational vitational	Dist. 5K 8K	16:02.9 27:25.9 26:12.3
9/6 9/21 9/28 9/19	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk	ampionship ovitational vitational Invitational	Dist. 5K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7	9/6 9/21 9/28	Meet Little Three Cha Yellowjacket Int Lock Haven Inv	ampionship vitational vitational Invitational	Dist. 5K 8K 8K	16:02.9 27:25.9 26:12.3 26:00.7
9/6 9/21 9/28 10/19 11/2	Meet Little Three Ch Yellowjacket In Lock Haven Inv	nampionship nvitational vitational Invitational nmpionship	Dist. 5K 8K 8K	17:06.7 29:19.4 27:07.1	9/6 9/21 9/28 10/19	Meet Little Three Cha Yellowjacket In Lock Haven Inv Aubrey Shenk	ampionship vitational vitational Invitational mpionship	Dist. 5K 8K 8K 8K	16:02.9 27:25.9
9/6 9/21 9/28 10/19 11/2	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha	nampionship nvitational vitational Invitational nmpionship	Dist. 5K 8K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR	9/6 9/21 9/28 10/19 11/2	Meet Little Three Cha Yellowjacket In Lock Haven Inv Aubrey Shenk I Atlantic 10 Cha Northeast Regin	ampionship vitational vitational Invitational mpionship	Dist. 5K 8K 8K 8K 8K	16:02.9 27:25.9 26:12.3 26:00.7 26:17.5
9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi	nampionship nvitational vitational Invitational nmpionship	Dist. 5K 8K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist.	Meet Little Three Cha Yellowjacket In Lock Haven Inv Aubrey Shenk I Atlantic 10 Cha Northeast Regin	ampionship vitational vitational Invitational mpionship onals	Dist. 5K 8K 8K 8K 8K 10K	16:02.9 27:25.9 26:12.3 26:00.7 26:17.5 33:19.4
9/6 9/21 9/28 10/19 11/2 11/15 Career Dist.	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Region	nampionship nvitational vitational Invitational ampionship ionals	Dist. 5K 8K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K	Meet Little Three Cha Yellowjacket Int Lock Haven Inv Aubrey Shenk I Atlantic 10 Chai Northeast Regin	ampionship vitational ritational Invitational mpionship onals Meet Little Th	Dist. 5K 8K 8K 8K 10K	16:02.9 27:25.9 26:12.3 26:00.7 26:17.5 33:19.4 Time
9/6 9/21 9/28 0/19 1/2 1/15 Career Dist.	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi	nampionship nvitational vitational Invitational ampionship ionals Meet Little Th	Dist. 5K 8K 8K 8K 8K 10K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K	Meet Little Three Chayellowjacket Interpretation Lock Haven Inv. Aubrey Shenk Interpretation Chain Northeast Region Bests Date 9/6/24 10/19/24	ampionship vitational invitational mpionship onals Meet Little Th Aubrey	Dist. 5K 8K 8K 8K 10K 8K 10K	16:02.9 27:25.9 26:12.3 26:00.2 26:17.5 33:19.4 Time 16:02.9 26:00.
9/6 9/21 9/28 0/19 1/2 1/15 Career Dist. 5K	Meet Little Three Ch Yellowjacket In Lock Haven Inv Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23	ampionship nvitational vitational Invitational impionship ionals Meet Little Th	Dist. 5K 8K 8K 8K 10K 8K 10K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K	Meet Little Three Cha Yellowjacket Int Lock Haven Inv Aubrey Shenk I Atlantic 10 Cha Northeast Regin Bests Date 9/6/24 10/19/24 11/15/24	ampionship vitational ivitational Invitational mpionship onals Meet Little Th Aubrey Northea	Dist. 5K 8K 8K 8K 10K 8K 10K 1ree Championship Shenk Invitational ast Regionals	16:02.9 27:25.9 26:12.3 26:00.2 26:17.5 33:19.4 Time 16:02.9 26:00.33:19.4
9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE	mampionship nvitational Invitational Impionship ionals Meet Little Th Lock Ha	Dist. 5K 8K 8K 8K 8K 10K ree Championship aven Invitational	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K	Meet Little Three Cha Yellowjacket Int Lock Haven Inv Aubrey Shenk I Atlantic 10 Chai Northeast Region Bests Date 9/6/24 10/19/24 11/15/24 EVIN RENNE	ampionship vitational Invitational mpionship onals Meet Little Th Aubrey Northea	Dist. 5K 8K 8K 8K 8K 10K Tree Championship Shenk Invitational ast Regionals Canton, Ohio • Fres	16:02.9 27:25.1 26:12.3 26:00.1 26:17.5 33:19.4 Time 16:02.1 26:00.1 33:19.4
9/6 9/21 9/28 0/19 1/2 1/15 Career Dist. 5K	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE	ampionship nvitational vitational Invitational impionship ionals Meet Little Th	Dist. 5K 8K 8K 8K 8K 10K stree Championship oven Invitational ouglass, Mass. • Sericdown	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K	Meet Little Three Chayellowjacket Interpretation Lock Haven Inv. Aubrey Shenk Interpretation Chain Northeast Region Bests Date 9/6/24 10/19/24 11/15/24 EVIN RENNE	ampionship vitational ivitational Invitational mpionship onals Meet Little Th Aubrey Northea	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	16:02.9 27:25.9 26:12.3 26:00.1 26:17.5 33:19.4 Time 16:02.9 26:00.3 33:19.4
9/6 9/21 9/28 0/19 1/2 1/15 Career Dist. 5K 3K	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE	mampionship nvitational Invitational Impionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break	Dist. 5K 8K 8K 8K 8K 10K stree Championship aven Invitational buglass, Mass. • Serectown Dist.	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K	Meet Little Three Charvellowjacket Interpretation Lock Haven Invaluation Aubrey Shenk Interpretation Charvellow Atlantic 10 Charvellow Charvell	ampionship vitational Invitational mpionship onals Meet Little Th Aubrey Northea	Dist. 5K 8K 8K 8K 8K 10K stree Championship Shenk Invitational ast Regionals Canton, Ohio • Fres (down Dist.)	16:02.9 27:25.9 26:12.3 26:00. 26:17.5 33:19.4 Time 16:02.9 26:00. 33:19.4
9/6 9/21 9/28 0/19 1/2 1/15 Career Dist. 5K 3K	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch	mampionship nvitational Invitational Inpionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break	Dist. 5K 8K 8K 8K 8K 10K aree Championship aven Invitational ouglass, Mass. • Serection Dist. 5K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21*	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K KI Date 9/6	Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation 10 Character Shenk Interpretation 10	ampionship vitational Invitational Invitational mpionship onals Meet Little Th Aubrey Northea ER • North (2024 Break	Dist. 5K 8K 8K 8K 8K 10K arree Championship Shenk Invitational ast Regionals Canton, Ohio • Fres Acdown Dist. 5K	16:02.9 27:25.9 26:12.3 26:00. 26:17.5 33:19.4 Time 16:02.9 26:00. 33:19.4 hman Time 17:14.2
9/6 9/21 9/28 0/19 1/2 1/15 Career Dist. 5K 3K	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In	mampionship nvitational Invitational Invitational Inpionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break ampionship vitational	Dist. 5K 8K 8K 8K 8K 10K aree Championship aven Invitational auglass, Mass. • Serection Dist. 5K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K KI Date 9/6 9/21	Meet Little Three Cha Yellowjacket Int Lock Haven Inv Aubrey Shenk I Atlantic 10 Chai Northeast Regin Bests Date 9/6/24 10/19/24 11/15/24 EVIN RENNE Meet Little Three Chai Yellowjacket Interpretation	ampionship vitational livitational Invitational mpionship onals Meet Little Th Aubrey Northea R • North (2024 Break ampionship vitational	Dist. 5K 8K 8K 8K 8K 10K 10K 1ree Championship Shenk Invitational ast Regionals Canton, Ohio • Fres Kdown Dist. 5K 8K	Time 16:02.9 27:25.1 26:12.3 26:00.1 26:17.5 33:19.4 Time 16:02.1 26:00.1 33:19.4 hman Time 17:14.2 29:44.1
0/6 0/21 0/28 0/19 1/2 1/15 Career Dist. 5K 3K	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In Lock Haven Inv	mampionship ovitational linvitational linvitational mipionship ionals Meet Little Th Lock Ha CKER • Doc 2024 Break ampionship vitational	Dist. 5K 8K 8K 8K 8K 10K aree Championship even Invitational even Invitationa	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR 29:41:4	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K KI Date 9/6 9/21 9/28	Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation Aubrey Shenk Interpretation Chan Northeast Region Bests Date 9/6/24 10/19/24 11/15/24 EVIN RENNE Meet Little Three Chayellowjacket Interpretation Lock Haven Inventorial Characterists	ampionship vitational Invitational Invitational Inpionship onals Meet Little Th Aubrey Northea R • North (2024 Break ampionship vitational	Dist. 5K 8K 8K 8K 8K 10K aree Championship Shenk Invitational ast Regionals Canton, Ohio • Fres cdown Dist. 5K 8K 8K	Time 16:02.9 27:25.1 26:10.3 26:17.5 33:19.4 Time 16:02.9 26:00.3 33:19.4 hman Time 17:14.2 29:44.4 27:58.9
9/6 9/21 9/28 0/19 1/2 1/15 Career Dist. 5K BK	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk	mampionship nvitational linvitational impionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break ampionship vitational invitational linvitational	Dist. 5K 8K 8K 8K 8K 10K aree Championship even Invitational buglass, Mass. • Serectown Dist. 5K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR 29:41:4 29:54.4	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K Date 9/6 9/21 9/28 10/19	Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation Aubrey Shenk Interpretation Lock Haven Invaluation 10 Chain Northeast Region Bests Date 9/6/24 10/19/24 11/15/24 EVIN RENNE Meet Little Three Chayellowjacket Interpretation Invaluation Invaluation Lock Haven Invaluation Lock Haven Invaluation Inv	ampionship vitational Invitational Invitational Inpionship onals Meet Little Th Aubrey Northea R • North (2024 Break ampionship vitational Invitational	Dist. 5K 8K 8K 8K 8K 10K aree Championship Shenk Invitational ast Regionals Canton, Ohio • Fres Kdown Dist. 5K 8K 8K 8K	Time 16:02.9 27:25. 26:12.3 26:00. 26:17.5 33:19.4 Time 16:02.9 26:00 33:19.4 Time 17:14.2 29:44. 27:58. 28:02.
9/6 9/21 9/28 10/19 11/2 11/15 Careei Dist. 5K 8K Date 9/6 9/21 9/28 0/19	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In Lock Haven Inv	mampionship nvitational Invitational Invitational Inpionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break ampionship vitational Invitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K aree Championship even Invitational even Invitationa	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR 29:41:4	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K KI Date 9/6 9/21 9/28	Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation Aubrey Shenk Interpretation Chan Northeast Region Bests Date 9/6/24 10/19/24 11/15/24 EVIN RENNE Meet Little Three Chayellowjacket Interpretation Lock Haven Inventorial Characterists	ampionship vitational Invitational Invitational Inpionship onals Meet Little Th Aubrey Northea R • North (2024 Break ampionship vitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K aree Championship Shenk Invitational ast Regionals Canton, Ohio • Fres cdown Dist. 5K 8K 8K	Time 16:02.9 27:25.1 26:10.3 26:17.5 33:19.4 Time 16:02.9 26:00.3 33:19.4 hman Time 17:14.2 29:44.4 27:58.9
9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 3K	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha	mampionship nvitational Invitational Invitational Inpionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break ampionship vitational Invitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K aree Championship even Invitational ouglass, Mass. • Serectown Dist. 5K 8K 8K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR 29:41:4 29:54.4 DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K Date 9/6 9/21 9/28 10/19 11/2	Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation 10 Chain Northeast Region 10 Chain Northeast Regio	ampionship vitational Invitational Invitational Inpionship onals Meet Little Th Aubrey Northea R • North (2024 Break ampionship vitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	Time 16:02.9 27:25.26:00.26:17.5 33:19.4 Time 16:02.26:00 33:19.4 hman Time 17:14.2 29:44.27:58.9 28:02.
Dist. 5K 8K Date 9/6 9/21 9/28 0/19 1/2 1/15	Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In Lock Haven In Aubrey Shenk Atlantic 10 Cha	mampionship nvitational Invitational Invitational Inpionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break ampionship vitational Invitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K aree Championship even Invitational ouglass, Mass. • Serectown Dist. 5K 8K 8K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR 29:41:4 29:54.4 DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K Date 9/6 9/21 9/28 10/19 11/2	Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation 10 Chain Northeast Region 10/19/24 10/19/24 11/15/24 EVIN RENNE Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation 10 Chain Northeast Region 10/19/24 11/15/24	ampionship vitational Invitational Invitational Inpionship onals Meet Little Th Aubrey Northea R • North (2024 Break ampionship vitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	Time 16:02.9 27:25.26:00.26:17.5 33:19.4 Time 16:02.26:00 33:19.4 hman Time 17:14.2 29:44.27:58.9 28:02.
9/6 9/21 9/28 10/19 11/2 11/15 Careei Dist. 5K 8K Date 9/6 9/21 9/28 0/19 1/2	Meet Little Three Ch Yellowjacket In Lock Haven Inv Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In Lock Haven Inv Aubrey Shenk Atlantic 10 Cha Northeast Regi	mampionship nvitational Invitational Invitational Inpionship ionals Meet Little Th Lock Ha CKER • Do 2024 Break ampionship vitational Invitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K aree Championship even Invitational ouglass, Mass. • Serectown Dist. 5K 8K 8K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR 29:41:4 29:54.4 DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K Date 9/6 9/21 9/28 10/19 11/2 11/15	Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation 10 Chain Northeast Region 10/19/24 10/19/24 11/15/24 EVIN RENNE Meet Little Three Chayellowjacket Interpretation Lock Haven Invaluation 10 Chain Northeast Region 10/19/24 11/15/24	ampionship vitational Invitational Invitational Inpionship onals Meet Little Th Aubrey Northea R • North (2024 Break ampionship vitational Invitational Invitational Inpionship	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	Time 16:02.9 27:25.1 26:10.3 26:17.5 33:19.4 Time 16:02.9 40:00.3 33:19.4 Time 17:14.2 29:44.1 27:58.9 28:02.1 DNR
9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K Date 9/6 9/21 9/28 0/19 1/2 1/15	Meet Little Three Ch Yellowjacket In Lock Haven Inv Aubrey Shenk Atlantic 10 Cha Northeast Regi r Bests Date 9/3/22 9/23/23 OWEN NOE Meet Little Three Ch Yellowjacket In Lock Haven Inv Aubrey Shenk Atlantic 10 Cha Northeast Regi	mampionship ovitational Invitational Impionship ionals Meet Little Th Lock Ha CKER • Doc 2024 Break ampionship vitational Invitational Invitational Impionship onals Meet	Dist. 5K 8K 8K 8K 8K 10K aree Championship even Invitational ouglass, Mass. • Serectown Dist. 5K 8K 8K 8K 8K 8K	17:06.7 29:19.4 27:07.1 27:05.7 DNR DNR Time 16:21.3 26:23.4 nior Time 17:15.21* DNR 29:41:4 29:54.4 DNR DNR	9/6 9/21 9/28 10/19 11/2 11/15 Career Dist. 5K 8K 10K Date 9/6 9/21 9/28 10/19 11/2 11/15 Career	Meet Little Three Chayellowjacket Inv. Lock Haven Inv. Aubrey Shenk Inv. Atlantic 10 Chan Northeast Regin Bests Date 9/6/24 10/19/24 11/15/24 EVIN RENNE Meet Little Three Chayellowjacket Inv. Lock Haven Inv. Aubrey Shenk Inv. Atlantic 10 Chan Northeast Regin	ampionship vitational Invitational	Dist. 5K 8K 8K 8K 8K 10K 10K 10K 10K 1	Time 16:02.9 27:25.1 26:10.3 26:17.5 33:19.4 Time 16:02.9 26:00. 33:19.4 hman Time 17:14.2 29:44.1 27:58.1 28:02.1 DNR DNR

ST. BONAVENTURE CROSS COUNTRY

	ALEX F		burn, Va. • Junior		'	MATTHEW		ıburn, Va. • Sophon	nore
_		2024 Break			_		2024 Break		
Date	Meet		Dist.	Time	Date	Meet		Dist.	Time
9/6	Little Three C		5K	16:27.9	9/6		Championship	5K	DNR
9/21	Yellowjacket I		8K	28:37.8	9/21	Yellowjacket		8K	DNR
9/28	Lock Haven Ir		8K	26:52.7	9/28	Lock Haven		8K	DNR
10/19	Aubrey Shenk		8K	26:42.6	10/19	•	nk Invitational	8K	DNR
11/2	Atlantic 10 Ch		8K	DNR	11/2	Atlantic 10 Cl		8K	DNR
11/15	Northeast Reg	gionals	10K	DNR	11/15	Northeast Re	egionals	10K	DNR
Career	Bests				Career	Bests			
Dist.	Date	Meet		Time	Dist.	Date	Meet		Time
5K	9/3/22	Little Th	nree Championship	16:19.5	5K	9/3/23	Little Th	ree Championship	17:36
8K	10/14/23	Gettysb	ourg Invitational	26:29.1	8K	10/14/23	Gettysb	urg Invitational	27:02
	AIDEN SCAT	TTERGOO	D • Ambler, Pa. • J	unior		TYLER	SCHOTT •	Derby, N.Y. • Junior	
•		2024 Break		arnor			2024 Break		
Date	Meet	<u> 202 i Bicai</u>	Dist.	Time	Date	Meet		Dist.	Time
9/6	Little Three C	Championship	5K	15:32.89	9/6	Little Three (Championship	5K	18:00.
9/21	Yellowjacket I		8K	25:26.2	9/21	Yellowjacket		8K	30:04
9/28	Lock Haven Ir		8K	24.59.5	9/28	Lock Haven		8K	29:27
10/19	Aubrey Shenk		8K	DNF	10/19	Aubrey Shen	nk Invitational	8K	28:34
11/2	Atlantic 10 Ch		8K	24:48.8*	11/2	Atlantic 10 Cl		8K	DNR
11/15	Northeast Reg		10K	31:49.6*	11/15	Northeast Re		10K	DNR
Career		grorraio		0.11.01.0					
Dist.	Date	Meet		Time	Career	Bests			
5K	9/3/23		ree Championship		Dist.	Date	Meet		Time
8K	11/2/24		10 Championship	24:48.8	5K	9/3/22	Little Th	ree Championship	17:21:
0.1				24.40.0	JIC	0,0,==	Little III		
10K	11/15/24		ast Regionals	31:49.6	8K	10/14/23		urg Invitational	
			· · ·						
10K	11/15/24	Northea (ORSKI - Ro	est Regionals ochester, N.Y. • Fres	31:49.6	8K	10/14/23	Gettysb	urg Invitational	27:45
10K	11/15/24	Northea	ast Regionals ochester, N.Y. • Fres kdown	31:49.6	8K	10/14/23 CARTER S1	Gettysb	urg Invitational	27:45
10K N Date	11/15/24 ATHAN SIK Meet	Northea (ORSKI • Ro 2024 Break	ochester, N.Y. • Freskdown Dist.	31:49.6	8K (10/14/23 CARTER S1 Meet	Gettysb TEVENS • M 2024 Break	urg Invitational lilford, N.Y. • Freshr down Dist.	27:45 man Time
10K N Date 9/6	ATHAN SIK Meet Little Three C	Northea CORSKI • Ro 2024 Break Championship	ochester, N.Y. • Fres kdown Dist. 5K	31:49.6 shman Time 16:43.11*	8K (Date 9/6	10/14/23 CARTER S1 Meet Little Three C	Gettysb FEVENS • M 2024 Break Championship	urg Invitational lilford, N.Y. • Freshr down Dist. 5K	27:45 man Time 16:45.
10K N Date 9/6 9/21	11/15/24 ATHAN SIK Meet	Northea CORSKI • Ro 2024 Break Championship	ochester, N.Y. • Fres kdown Dist. 5K 8K	31:49.6 shman Time 16:43.11* 27:57.1*	Date 9/6 9/21	10/14/23 CARTER S1 Meet	Gettysb FEVENS • M 2024 Break Championship	urg Invitational lilford, N.Y. • Freshr down Dist. 5K 8K	27:45 man Time 16:45.1
10K N. Date 9/6 9/21 9/28	ATHAN SIK Meet Little Three C Yellowjacket I Lock Haven Ir	Northead Championship Invitational	ochester, N.Y. • Fres kdown Dist. 5K	31:49.6 shman Time 16:43.11* 27:57.1* 27:35.8*	8K (Date 9/6	10/14/23 CARTER S1 Meet Little Three C	Gettysb FEVENS • M 2024 Break Championship Invitational	urg Invitational lilford, N.Y. • Freshr down Dist. 5K	27:45 man Time 16:45.1
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