

DREW CARLSON • Jamestown, N.Y. • Senior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | DNR |
| 9/21 | Yellowjacket Invitational | 8K | 28:56.5 |
| 9/28 | Lock Haven Invitational | 8K | 27:35.7* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:33.2* |
| 11/2 | Atlantic 10 Championship | 8K | 27:15.3 |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|----------|
| 5K | 9/3/21 | Little Three Championship | 16:03.21 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:33.2 |

BRENDAN CHAPPLE • Waterloo, Ontario • Sophomore2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 16:44.8* |
| 9/21 | Yellowjacket Invitational | 8K | 27:41.2* |
| 9/28 | Lock Haven Invitational | 8K | 27:06.2* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:26.3* |
| 11/2 | Atlantic 10 Championship | 8K | DNF |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:44.8 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:26.3 |

JARED DENO • Clifton Park, N.Y. • Senior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 16:50.4* |
| 9/21 | Yellowjacket Invitational | 8K | 28:33.9 |
| 9/28 | Lock Haven Invitational | 8K | 27:25.5 |
| 10/19 | Aubrey Shenk Invitational | 8K | 27:18.1 |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:50.4 |
| 8K | 10/14/23 | Gettysburg Invitational | 27:05.6 |

LAYNE HAUGHT • Pittsburgh, Pa. • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 17:53.9* |
| 9/21 | Yellowjacket Invitational | 8K | 29:30.1* |
| 9/28 | Lock Haven Invitational | 8K | 28:31.8* |
| 10/19 | Aubrey Shenk Invitational | 8K | 28:22.7* |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 17:53.9 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 28:22.7 |

LUCAS CATARELLA • Vestal, N.Y. • Sophomore2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|---------|
| 9/6 | Little Three Championship | 5K | 17:15.7 |
| 9/21 | Yellowjacket Invitational | 8K | DNR |
| 9/28 | Lock Haven Invitational | 8K | DNR |
| 10/19 | Aubrey Shenk Invitational | 8K | DNR |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|---------|---------------------------|---------|
| 5K | 9/3/23 | Little Three Championship | 16:39.4 |
| 8K | 9/23/23 | Lock Haven Invitational | 26:51.5 |

NICK CRIBBET • Akron, Ohio • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 18:08.4* |
| 9/21 | Yellowjacket Invitational | 8K | 31:52.4* |
| 9/28 | Lock Haven Invitational | 8K | 30:59.0* |
| 10/19 | Aubrey Shenk Invitational | 8K | 29:32.0* |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|----------|
| 5K | 9/6/24 | Little Three Championship | 18:08.4* |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 29:32.0 |

JAMES FITZMAURICE • Willow Grove, Pa. • Senior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 16:55.2* |
| 9/21 | Yellowjacket Invitational | 8K | 29:05.6 |
| 9/28 | Lock Haven Invitational | 8K | 27:09.0* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:43.7* |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:55.2 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:43.7 |

AIDEN HOLT • Fort Mitchell, Ky. • Junior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|------|
| 9/6 | Little Three Championship | 5K | DNF |
| 9/21 | Yellowjacket Invitational | 8K | DNR |
| 9/28 | Lock Haven Invitational | 8K | DNR |
| 10/19 | Aubrey Shenk Invitational | 8K | DNR |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|---------|---------------------------|---------|
| 5K | 9/3/22 | Little Three Championship | 17:45.9 |
| 8K | 9/23/23 | Lock Haven Invitational | 28:21.8 |

*- Career Best

Bonnies

AIDEN KONETSKY • Reading, Pa. • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 16:52.7* |
| 9/21 | Yellowjacket Invitational | 8K | 28:08.1* |
| 9/28 | Lock Haven Invitational | 8K | 27:24.3* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:35.6* |
| 11/2 | Atlantic 10 Championship | 8K | 27:07.9 |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:52.7 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:35.6 |

ETHAN LUCE • Lakewood, N.Y. • Junior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 16:26.8* |
| 9/21 | Yellowjacket Invitational | 8K | 28:12.5 |
| 9/28 | Lock Haven Invitational | 8K | 27:17.7 |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:23.0 |
| 11/2 | Atlantic 10 Championship | 8K | 27:28.6 |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:26.8 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:23.0 |
| 10K | 11/10/23 | Northeast Regionals | 34:20.5 |

COLIN MCCARTHY • Yorktown, N.Y. • Senior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|---------|
| 9/6 | Little Three Championship | 5K | 17:06.7 |
| 9/21 | Yellowjacket Invitational | 8K | 29:19.4 |
| 9/28 | Lock Haven Invitational | 8K | 27:07.1 |
| 10/19 | Aubrey Shenk Invitational | 8K | 27:05.7 |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|---------|---------------------------|---------|
| 5K | 9/3/22 | Little Three Championship | 16:21.3 |
| 8K | 9/23/23 | Lock Haven Invitational | 26:23.4 |

OWEN NOECKER • Douglass, Mass. • Senior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|-----------|
| 9/6 | Little Three Championship | 5K | 17:15.21* |
| 9/21 | Yellowjacket Invitational | 8K | DNR |
| 9/28 | Lock Haven Invitational | 8K | 29:41.4 |
| 10/19 | Aubrey Shenk Invitational | 8K | 29:54.4 |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|---------|---------------------------|----------|
| 5K | 9/6/24 | Little Three Championship | 17:15.21 |
| 8K | 9/23/23 | Lock Haven Invitational | 27:50.5 |

JOSH LOPEZ • Derwood, MD • Sophomore2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|---------|
| 9/6 | Little Three Championship | 5K | 16:14.8 |
| 9/21 | Yellowjacket Invitational | 8K | DNF |
| 9/28 | Lock Haven Invitational | 8K | 26:19.4 |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:25.4 |
| 11/2 | Atlantic 10 Championship | 8K | 26:30.1 |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:14.8 |
| 8K | 9/23/23 | Lock Haven Invitational | 26:14.9 |
| 10K | 11/10/23 | Northeast Regionals | 34:33.9 |

CASEY MALLOY • New Hartford, N.Y. • Junior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 16:15.4* |
| 9/21 | Yellowjacket Invitational | 8K | 27:02.8* |
| 9/28 | Lock Haven Invitational | 8K | 26:11.6* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:30.1 |
| 11/2 | Atlantic 10 Championship | 8K | 26:10.2* |
| 11/15 | Northeast Regionals | 10K | 33:33.1* |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:15.4 |
| 8K | 11/2/24 | Atlantic 10 Championship | 26:10.2 |
| 10K | 11/15/24 | Northeast Regional | 33:33.1 |

WILLIAM MCCARTHY • Yorktown, N.Y. • Sophomore2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 16:02.9* |
| 9/21 | Yellowjacket Invitational | 8K | 27:25.9 |
| 9/28 | Lock Haven Invitational | 8K | 26:12.3* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:00.7* |
| 11/2 | Atlantic 10 Championship | 8K | 26:17.5 |
| 11/15 | Northeast Regionals | 10K | 33:19.4* |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/6/24 | Little Three Championship | 16:02.9 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:00.7 |
| 10K | 11/15/24 | Northeast Regionals | 33:19.4 |

KEVIN RENNER • North Canton, Ohio • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 17:14.2* |
| 9/21 | Yellowjacket Invitational | 8K | 29:44.8* |
| 9/28 | Lock Haven Invitational | 8K | 27:58.9* |
| 10/19 | Aubrey Shenk Invitational | 8K | 28:02.7 |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|---------|---------------------------|----------|
| 5K | 9/6/24 | Little Three Championship | 17:14.2* |
| 8K | 9/28/24 | Lock Haven Invitational | 27:58.9* |

*- Career Best

ALEX RYAN • Ashburn, Va. • Junior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|---------|
| 9/6 | Little Three Championship | 5K | 16:27.9 |
| 9/21 | Yellowjacket Invitational | 8K | 28:37.8 |
| 9/28 | Lock Haven Invitational | 8K | 26:52.7 |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:42.6 |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/3/22 | Little Three Championship | 16:19.5 |
| 8K | 10/14/23 | Gettysburg Invitational | 26:29.1 |

MATTHEW RYAN • Ashburn, Va. • Sophomore2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|------|
| 9/6 | Little Three Championship | 5K | DNR |
| 9/21 | Yellowjacket Invitational | 8K | DNR |
| 9/28 | Lock Haven Invitational | 8K | DNR |
| 10/19 | Aubrey Shenk Invitational | 8K | DNR |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/3/23 | Little Three Championship | 17:36.7 |
| 8K | 10/14/23 | Gettysburg Invitational | 27:02.9 |

AIDEN SCATTERGOOD • Ambler, Pa. • Junior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|----------|
| 9/6 | Little Three Championship | 5K | 15:32.89 |
| 9/21 | Yellowjacket Invitational | 8K | 25:26.2 |
| 9/28 | Lock Haven Invitational | 8K | 24:59.5 |
| 10/19 | Aubrey Shenk Invitational | 8K | DNF |
| 11/2 | Atlantic 10 Championship | 8K | 24:48.8* |
| 11/15 | Northeast Regionals | 10K | 31:49.6* |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/3/23 | Little Three Championship | 15:30.2 |
| 8K | 11/2/24 | Atlantic 10 Championship | 24:48.8 |
| 10K | 11/15/24 | Northeast Regionals | 31:49.6 |

TYLER SCHOTT • Derby, N.Y. • Junior2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|---------|
| 9/6 | Little Three Championship | 5K | 18:00.0 |
| 9/21 | Yellowjacket Invitational | 8K | 30:04.3 |
| 9/28 | Lock Haven Invitational | 8K | 29:27.9 |
| 10/19 | Aubrey Shenk Invitational | 8K | 28:34.8 |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|---------|
| 5K | 9/3/22 | Little Three Championship | 17:21.1 |
| 8K | 10/14/23 | Gettysburg Invitational | 27:45.8 |

NATHAN SIKORSKI • Rochester, N.Y. • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|-----------|
| 9/6 | Little Three Championship | 5K | 16:43.11* |
| 9/21 | Yellowjacket Invitational | 8K | 27:57.1* |
| 9/28 | Lock Haven Invitational | 8K | 27:35.8* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:25.5* |
| 11/2 | Atlantic 10 Championship | 8K | 26:34.7 |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|----------|
| 5K | 9/6/24 | Little Three Championship | 16:43.11 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:25.5 |

CARTER STEVENS • Milford, N.Y. • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|-----------|
| 9/6 | Little Three Championship | 5K | 16:45.50* |
| 9/21 | Yellowjacket Invitational | 8K | 29:13.7* |
| 9/28 | Lock Haven Invitational | 8K | 28:09.1* |
| 10/19 | Aubrey Shenk Invitational | 8K | 28:48.8 |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|---------|---------------------------|----------|
| 5K | 9/6/24 | Little Three Championship | 16:45.50 |
| 8K | 9/28/24 | Lock Haven Invitational | 28:09.1 |

SAM TOMM • Pendleton, N.Y. • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|-----------|
| 9/6 | Little Three Championship | 5K | 15:59.62* |
| 9/21 | Yellowjacket Invitational | 8K | 28:10.7* |
| 9/28 | Lock Haven Invitational | 8K | 27:08.0* |
| 10/19 | Aubrey Shenk Invitational | 8K | 26:18.6* |
| 11/2 | Atlantic 10 Championship | 8K | 26:44.3 |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|----------|
| 5K | 9/6/24 | Little Three Championship | 15:59.62 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 26:18.6 |

BLAKE WENGER • Carlisle, PA. • Freshman2024 Breakdown

| Date | Meet | Dist. | Time |
|-------|---------------------------|-------|-----------|
| 9/6 | Little Three Championship | 5K | 17:39.50* |
| 9/21 | Yellowjacket Invitational | 8K | 30:08.2* |
| 9/28 | Lock Haven Invitational | 8K | 29:07.3* |
| 10/19 | Aubrey Shenk Invitational | 8K | 29:05.8* |
| 11/2 | Atlantic 10 Championship | 8K | DNR |
| 11/15 | Northeast Regionals | 10K | DNR |

Career Bests

| Dist. | Date | Meet | Time |
|-------|----------|---------------------------|----------|
| 5K | 9/6/24 | Little Three Championship | 17:39.50 |
| 8K | 10/19/24 | Aubrey Shenk Invitational | 29:05.8 |

*- Career Best