

2024 Outdoor Bison Open
April 19
Terry and Donna Dahl Track and Field Facility

Friday April 19

Field Events:

10:00 a.m.	Hammer	<u>Men flight 1-2 followed by Women flights 1-2 (16 per flight)</u>
1:30 p.m.	Inv. Hammer	Women followed by men Top 12 marks per gender
1:30 p.m.	Javelin	Men followed by Women
1:00 p.m.	Long Jump	Women East runway
1:00 p.m.	Long Jump	Men West runway
1:00 p.m.	Pole Vault	Men followed by women
3:30 p.m.	High Jump	Men
3:30 p.m.	High Jump	Women
4:00 p.m.	Shot Put	Men followed by Women
4:00 p.m.	Discus	Women followed by men
5:00 p.m.	Triple Jump	Women
5:00 p.m.	Triple Jump	Men

Running Events:

****we will update the time schedule after entries close (Thursday afternoon)***

3 p.m.	3,000m steeplechase	Men followed by women
	4 x 100m relay	Men followed by women
	1500m run	Men followed by women
	110m hurdles	Men
	100m hurdles	Women
	400m dash	Men followed by women
	100m dash	Men followed by women
	800m run	Men followed by women
	400m hurdles	Men followed by women
	200m dash	Men followed by women
	5,000m run	Men followed by women
	4 x 400m relay	Men followed by women