



2021 Bison Open
February 5, 2021
Shelly Ellig Indoor Track and Field
Facility Updated 2-2-21

Teams:

- Open to specific collegiate teams.

Entries:

- Unlimited entries, including relays. We will try to accommodate each school's requests in the field events.
- **Unattached athletes are welcome, a limited number of open athletes will be accepted to enhance the field at meet director's discretion.**
- Horizontal jumps and throwing event competitors will receive three preliminary attempts. The top **nine** competitors (rule 6-2.5) from the preliminary round will receive three more jumps/throws in the final.

Entry Procedures:

- On-line only at Direct Athletics
- Entries will open on Monday, February 1st.
- Entry deadline: Thursday, February 4th @ 11:59am

Entry Fees:

- \$35.00 per entry and/or relay, not to exceed \$500 per team. Combined team entry fee not to exceed \$1,000 for dual gender programs.
- Payment will only be accepted online through Direct Athletics.

COVID Guidelines:

- Masks must be worn at all times unless you are warming-up or competing.
- All Non-Conference Schools must complete The Summit League COVID-19 Attestation Form for Non-Conference Contests (refer to page 5). This document needs to be completed and sent back to Reece Vega (reece.vega@ndsu.edu) 48-24 hours prior to competition.
- All Student-Athletes, Coaches, Support Staff, Medical Staff and Travel Party who will participate in the contest must be tested for COVID-19 the week of the meet and get a negative test.

- The Summit League's preferred testing system is the Quidel Sofia 2. Institutions may use other PCR or antigen/rapid PCR testing systems that meet or exceed the Quidel Sofia 2 and are approved by the NCAA.
- The day of competition ALL SCHOOLS must be screened by a designated medical provider; temperature checks and symptoms screening will take place for the whole travel party. Pre-Competition Travel Party Screen Attestation Form will be submitted to the NDSU Staff on arrival (Attestation Form on page 6).
- Student-Athlete, Coaches, Support Staff, and Travel Party that present any symptoms or are considered a close contact cannot attend the meet.
- Student-Athletes, Coaches, and Officials should be Social Distancing throughout the meet when possible.
- Student-athletes must stay in designated team camps unless warming-up or competing.
- Unattached athlete will be checked by schools medical provider.

Facility Entrance for Teams:

- Competing teams, student-athletes, and coaches will access the building on the Northwest Corner of the Shelly Ellig Facility.
- There will be no access on the East Side of the building (front doors will be locked).

Seeding:

- All races will be seeded as finals against time, with the exception of the 60m dash and 60m hurdles.
- In the 200, 300, 400, 600, 800, mile, 3000 and 4x400m relay, heats will be run fast to slow.
- In the LJ, TJ, SP and WT, the top nine preliminary marks will advance to the finals (Rule 6-2.5).
- **NCAA Rule 4-2.3 Misconduct:** Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics. Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct are subject to reprimand or ejection by the referee or meet management.

Team Seating/Team Camps:

- Team camps will be in the bleachers on the east side of the facility. There will be a designate area for each team in the bleachers.
- The bubble will open at 7:15pm for warm-ups and team camps.
- Each team will also get a bay area for team camps. The bay area's are located on the backside of the track (refer to facility map).

Warm-Up Area:

- Warm-up area will be located on the indoor track.
- The bubble will open at 7:15pm for warm-ups and team camps.

Event Areas:

- **In conclusion of warm-ups, only competitors in the active flight are allowed on the infield. Once you are finished competing, you will be asked to leave the infield.**
- **ONLY COMPETING ATHLETES WILL BE ALLOWED ON THE INFIELD!**

Coaching Boxes:

- Coaching boxes will be clearly marked. Please keep your coaching staff in that area.

Event Check-In:

- **Track Athletes** - Check in 30 minutes prior to your event at the Clerking Area (refer to Facility Map). Five minutes prior to your event, report to the clerk of the course at the event start area. **If athletes fail to check-in 10 minutes prior to their event, they will be scratched.**
- **Field Event Athletes** - Contestants should check-in with the head official at their event, no later than 30 minutes prior to their event. Only the first flight will be allowed to use the competition area for warm up. Each additional flight we be giving 10-15min to warm up in the competition area.

Implement Certification:

- Certification will open 90 minutes prior to the first throwing event and close 15 minutes prior to the start of the first throwing event.
- All implements in both the weight throw and shot put will be checked-in by the Weights and Measures Certifying Official. Please have all implements checked in 15 minutes prior to the start of the first throwing event.

Lanes:

- For the 60m dash and 60m hurdles, Preferred lanes are 4-5-3-6-2-7-1-8
- For the 200m, 300m, 400m, and 600m, Lanes 3-6 will be used. Preferred lanes are: 7-8-6-5-4-3

Team Parking:

- Buses and vans can drop off at the northwest side of the facility and park in the Fargodome lots, or the NDSU R Lot on the west side of the track facility.

Results:

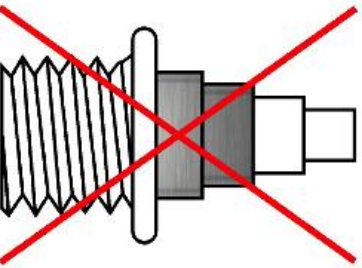
- Results will be posted throughout the meet near the entryway. Results will also be available online at HerosTiming.com and on the Hero's Timing app which can be downloaded free from the App Store.

Athletic Trainers:

- Teams need to bring their own Athletic Trainer or visiting schools without an Athletic Trainer will be provided emergency assistance only.
- Heat packs will not be available.
- 10gal water coolers with water will be available and spread out throughout the facility.
- Each athlete must bring their own water bottler (No cups will be issued).
- Ice packs will be available.
- Modalities available if visiting teams Athletic Trainer is present to apply them.
- Training tables and ice will be located next to the finish line (Refer to Facility Map).

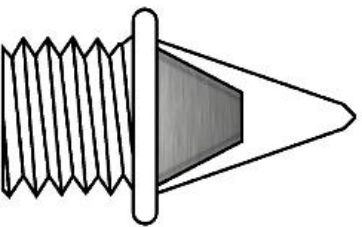
Facility Restrictions:

- The use of ¼" pyramid spikes will be enforced. High Jump spikes with the recessed spike elements will be allowed to use 3/8" spikes.
- No marking chalk will be allowed on track or runway.



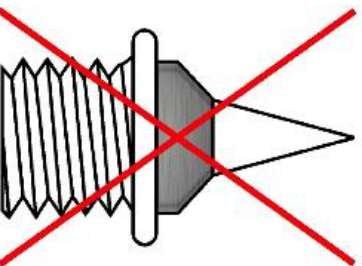
NO

**Christmas
Tree Spike
Pins**



1/4"

Pyramid



NO

**Needle
Spike
Pins**



The Summit League COVID-19 Attestation Form for Non-Conference Contests

Consistent COVID-19 testing is imperative as The Summit League continues to monitor safe return to activities protocols. The Summit League requires all teams competing against its members to meet the weekly testing requirements as set forth by the Summit League Testing and Return to Competition protocols.

Director of Athletics or Sport Administrator and the Team Physician or Head Sports Medicine Director must complete this document and exchange with The Summit League member's Athletic Director and Head Sports Medicine Director, **no more than 48 hours prior to the contest, but no later than 8 p.m. local time for the host institution the day prior to the contest.** *A representative from The Summit League school is responsible for sending a copy to Pam Schut, schut@thesummitleague.org, prior to the competition.*

By signing and dating this form, you attest that your institution has satisfied the policy requirements outlined below:

1. Your institution has complied fully with the Summit League Testing and Return to Competition protocols for testing, surveillance, quarantine, and isolation protocols during the week leading into competition with a Summit League institution. Note this excludes those who are post-positive and are within 150 days of the date of testing positive.
2. All student-athletes, coaches, support staff, medical staff and travel party who will participate in the contest (hereinafter referred to collectively "travel party") have been tested for COVID 19 consistent with the Summit League protocols (see page 2).
3. All members of the travel party have not had a verified positive test within the prior week. All members of the travel party have not been identified as being a close contact to a person who is subject to quarantine under the Summit League guidelines.
4. Upon date and time of signature, no member of the travel party has developed symptoms that might indicate an infection of COVID-19 between the time the most recent test was collected and the beginning of the contest. Should any such person report such symptoms at any time prior to the contest, he/she will be tested and confirmed to be negative. If the student-athlete testing cannot be done before the competition, he/she will be held out of the contest. If the student-athlete tests positive applicable contact tracing and quarantine protocols will be put into effect.
5. Should a member of your institution's travel party become symptomatic or have a positive test for COVID-19 in the 48 hours after the contest, your institution must notify The Summit League institution as soon as possible consistent with Summit League protocols.
6. Participating institutions agree to comply with game management protocols, including masking, social distancing, etc., as outlined in the Summit League protocols.

NON-CONFERENCE INSTITUTION: _____

THE SUMMIT LEAGUE OPPONENT: _____

SPORT: _____

DATE OF COMPETITION: _____

Director of Athletics or Sport Administrator

Team Physician or Head Athletic Trainer

Signature

Signature

Print or Type Name

Print or Type Name

Date

Date

As of 11/16/2020



Pre-Competition Travel Party Screening Attestation Form

The medical personnel (e.g., Athletic Trainer) of each institution are responsible for ensuring a daily screen is conducted by all members of Tier 1 prior to arriving at the competition site for a practice or competition. Once the Pre-Competition Travel Party Screening Attestation Form is executed the completed form must be turned into the host event manager or designee.

By signing this form, I attest that all individuals within the travel party have been screened and do not have any of the symptoms listed below.

Fever greater than 100.4 degrees	Body/Muscle Aches
Body chills	Loss of taste
Extreme level of fatigue	Loss of smell
Pain/Difficulty breathing	Changes to vision or eye discharge
Cough	Skin changes in fingers/toes
Shortness of breath	Diarrhea/Gastrointestinal illness
Sore throat	Skin rash or other skin symptoms

**based on symptoms provided by the CDC and subject to changes and updates*

Institution:	Sport:
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Location of Contest:	
Date of Health Screen:	Time of Health Screen:

Signature:	Date:
Print Name:	Title:

2021 Bison Open Heptathlon/Pentathlon
February 5
Shelly Ellig Indoor Track and Field Facility
Updated 2-2-21

Friday, February 5

Women's Pentathlon

11:00 am	60m Hurdles
12:00 pm	High Jump
TBD	Shot Put
TBD	Long Jump
TBD	800m Run

Men's Heptathlon

12:00 pm	60m Dash
12:35 pm	Long Jump
	Shot Put
	High Jump

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Field Events

4:00pm	Weight Throw	Final	Men-Women
-Following WT	Shot Put	Final	Men – Women
4:30pm	High Jump	Final	Women – Men
4:30pm	Pole Vault	Final	Men--Women
5:00pm	Long Jump	Final	Women East runway
5:00pm	Long Jump	Final	Men West Runway
*Triple Jump 30min following LJ			Men West
			Women East

Running Events: Start at 4:30 with a rolling schedule:

5K	Final	Men – Women
60m Hurdle	Prelim	Men – Women
60m Dash	Prelim	Men – Women
Mile Run	Final	Men – Women
60m Hurdle	Final	Women- Men
60m Dash	Final	Men – Women
300m Dash	Final	Men – Women
400m Dash	Final	Men – Women
600m Run	Final	Men – Women
800m Run	Final	Men – Women
1000m Run	Final	Men – Women
200m Dash	Final	Men – Women
3000m Run	Final	Men – Women
4 x 400m.	Final.	Men – Women

Saturday, February 6

Heptathlon

10:00AM	Heptathlon 60m Hurdles
10:45AM	Heptathlon Pole Vault
TBD	Heptathlon 1000m