

OLIVER NIKOLOFF INVITATIONAL

2023

March 31st – April 1st

Updated March 12, 2023

ENTRY PROCEDURE	Register at www.directathletics.com Please email rothenlj@ucmail.uc.edu to request access into the meet.
ENTRY	5 per running & field event, 1 per relay. <i>All entries are not guaranteed acceptance into the meet due to flight/heat limits.</i>
UNATTACHED ENTRIES	Unattached entries are only permitted by individuals associated with an invited team. Email Coach Rothenberger rothenlj@ucmail.uc.edu by the entry deadline to make unattached entries. Unattached athletes entry fee - \$30.
ENTRY DEADLINE	Tuesday March 28, 2023, 2:00pm Eastern
ENTRIES POSTED	Thursday, March 30, 2023 www.gobearcats.com
ENTRY FEE	\$500 per gender. Men's & women's teams are separate fees. Make check payable to the UNIVERSITY OF CINCINNATI Pay team fees and collect meet packet from Alex Coleman. Please call Alex Coleman (937) 546-1197 upon arrival at the meet.
WEIGH-IN	Friday 8:30-3:00pm At the Coy Field throwing facility. Saturday 8:30-1:00pm Gettler Stadium Storage Room near the finish line.
FACILITY	Gettler Stadium. 400 M. Beynon surface. 8 x 42" lanes. 1,500 seats. Hammer & javelin at Coy Field - 1.5 miles away, 2797 Coy St. Cincinnati. (Coy St – narrow Street for car use only, no buses or vans.)
PARKING	Buses: Park on west side of Jefferson Ave. (no charge) Vans: Park at the Calhoun Garage next to the track (no charge)
FIELD EVENTS	3 attempts in prelims, 3 in finals. Top 9 to finals The flights will be arranged from worst to best with random seeding Minimum marks may be used for the horizontal jumps & throws if field sizes are large
RUNNING EVENTS	Multiple sections will be run from fast to slow.
RESULTS	http://live.finishtiming.com/#/results Hard copies posted up below press box
SCORING	10-8-6-5-4-3-2-1 (8 Places)

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SCHEDULE (Updated Mar 12)

FRIDAY, March 31st

Maximum Field Size

10:30	JAVELIN	(M)	Coy Field	2 flights
12:00	JAVELIN	(W)	Coy Field	2 flights
2:00	HAMMER	(M)	Coy Field	2 flights
4:15	HAMMER	(W)	Coy Field	2 flights

SATURDAY, April 1

10:00	DISCUS	(M)	2 flights
11:00	POLE VAULT	(M)	1 section
11:00	LONG JUMP	(M)	2 flights
11:00	LONG JUMP	(W)	2 flights
12:00	HIGH JUMP	(M)	1 section
12:00	DISCUS	(W)	2 flights
1:00	SHOT PUT	(M)	2 flights
2:00	TRIPLE JUMP	(M)	1 flight
2:00	TRIPLE JUMP	(W)	1 flight
2:00	POLE VAULT	(W)	1 section
2:30	HIGH JUMP	(W)	1 section
3:00	SHOT PUT	(W)	2 flights

11:15 Senior recognition

11:45 National Anthem

12:00	3,000m STEEPLE	(W)	1 heat
12:20	3,000m STEEPLE	(M)	1 heat
12:40	4 x 100 relay	(W)	2 heats
12:45	4 x 100 relay	(M)	2 heats
12:55	1,500m	(W)	3 heats
1:20	1,500m	(M)	3 heats
1:45	100m	(W)	4 heats
1:55	100m	(M)	3 heats
2:05	400m	(W)	3 heats
2:15	400m	(M)	3 heats
2:30	110H	(M)	2 heats
2:45	100H	(W)	2 heats
3:00	800m	(W)	4 heats
3:20	800m	(M)	4 heats
3:40	400H	(W)	2 heats
3:50	400H	(M)	1 heat
3:55	200m	(W)	5 heats
4:10	200m	(M)	4 heats
4:20	5,000m	(W)	1 heat
4:45	5,000m	(M)	1 heat
5:05	4 x 400 relay	(W)	2 heats
5:15	4 x 400 relay	(M)	2 heats