

UNC @ USAFA - 1/9/2026

Results - Session 1

Event 1 Women 400 Yard Medley Relay

Team	Relay			Finals Time
1 U.S. Air Force Academy-CO	A			3:50.02
1) Tsuei, Kai-Min 21	2) Furman, Naomi G 20	3) Martin, Amber 21	4) Larson, Lily A 19	
27.87	58.40 (58.40)	1:26.79 (28.39)	2:00.27 (1:01.87)	
2:26.89 (26.62)	2:58.35 (58.08)	3:23.01 (24.66)	3:50.02 (51.67)	
2 U.S. Air Force Academy-CO	B			3:53.16
1) Forbes, Addy K 20	2) Linscott, Maeve I 22	3) Doig, Natalie M 19	4) Seal, Hannah M 19	
28.93	59.74 (59.74)	1:29.44 (29.70)	2:04.31 (1:04.57)	
2:30.89 (26.58)	3:01.31 (57.00)	3:26.13 (24.82)	3:53.16 (51.85)	
3 U.S. Air Force Academy-CO	C			x3:53.89
1) Black, Eliza C 19	2) Fleetwood, Mandy 21	3) Le, Hannah T 19	4) Bachl, Lily A 21	
27.52	58.56 (58.56)	1:28.17 (29.61)	2:03.25 (1:04.69)	
2:30.02 (26.77)	3:02.24 (58.99)	3:26.18 (23.94)	3:53.89 (51.65)	
4 Northern Colorado, University	A			3:55.27
1) Bernier, Ariane 20	2) Erokhina, Maria 22	3) Tromp, Avi 20	4) Mishler, Alexis 20	
29.00	59.76 (59.76)	1:28.72 (28.96)	2:02.49 (1:02.73)	
2:29.82 (27.33)	3:02.22 (59.73)	3:26.90 (24.68)	3:55.27 (53.05)	
5 Northern Colorado, University	B			4:01.92
1) Haan, Linnea 19	2) Ley, Rachel 21	3) Manoli, Agathi 20	4) Konter, Lora 21	
28.73	59.12 (59.12)	1:30.46 (31.34)	2:07.36 (1:08.24)	
2:35.19 (27.83)	3:08.00 (1:00.64)	3:33.55 (25.55)	4:01.92 (53.92)	
6 U.S. Air Force Academy-CO	D			x4:02.04
1) Landry, Kylie L 19	2) Kampschror, Reagan N 18	3) Rudik, Ella M 22	4) Donlin, Ella R 20	
28.69	59.50 (59.50)	1:30.78 (31.28)	2:06.30 (1:06.80)	
2:34.10 (27.80)	3:07.06 (1:00.76)	3:33.03 (25.97)	4:02.04 (54.98)	

Event 2 Women 1000 Yard Freestyle

Name	Age	School	Finals Time	
1 Rabess, Kyra	21	Northern Colorado, University	10:37.61	
28.46	59.29 (30.83)	1:30.38 (31.09)	2:02.07 (31.69)	
2:33.65 (31.58)	3:05.38 (31.73)	3:37.16 (31.78)	4:09.23 (32.07)	
4:41.46 (32.23)	5:13.75 (32.29)	5:46.18 (32.43)	6:18.40 (32.22)	
6:50.86 (32.46)	7:23.32 (32.46)	7:55.84 (32.52)	8:28.46 (32.62)	
9:01.02 (32.56)	9:33.45 (32.43)	10:06.02 (32.57)	10:37.61 (31.59)	
2 Miller, Abby S	18	U.S. Air Force Academy-CO	10:48.68	
28.81	59.91 (31.10)	1:31.50 (31.59)	2:03.28 (31.78)	
2:35.36 (32.08)	3:07.38 (32.02)	3:39.64 (32.26)	4:12.21 (32.57)	
4:44.75 (32.54)	5:17.51 (32.76)	5:50.68 (33.17)	6:23.74 (33.06)	
6:56.96 (33.22)	7:30.38 (33.42)	8:03.86 (33.48)	8:37.35 (33.49)	
9:10.79 (33.44)	9:43.94 (33.15)	10:16.80 (32.86)	10:48.68 (31.88)	
3 Hartig, Sadie R	18	U.S. Air Force Academy-CO	10:50.75	
29.00	1:00.28 (31.28)	1:32.20 (31.92)	2:03.96 (31.76)	
2:36.03 (32.07)	3:08.26 (32.23)	3:40.56 (32.30)	4:13.15 (32.59)	
4:45.84 (32.69)	5:18.48 (32.64)	5:51.36 (32.88)	6:24.45 (33.09)	
6:57.61 (33.16)	7:30.97 (33.36)	8:04.39 (33.42)	8:37.77 (33.38)	
9:11.34 (33.57)	9:45.25 (33.91)	10:18.46 (33.21)	10:50.75 (32.29)	
4 Nickell, Grace E	19	U.S. Air Force Academy-CO	10:55.38	
28.75	1:00.22 (31.47)	1:32.13 (31.91)	2:04.24 (32.11)	
2:36.77 (32.53)	3:09.43 (32.66)	3:42.20 (32.77)	4:15.16 (32.96)	
4:48.12 (32.96)	5:21.10 (32.98)	5:54.39 (33.29)	6:27.65 (33.26)	
7:01.04 (33.39)	7:34.30 (33.26)	8:07.65 (33.35)	8:41.06 (33.41)	
9:14.43 (33.37)	9:47.96 (33.53)	10:21.30 (33.34)	10:55.38 (34.08)	

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(Event 2 Women 1000 Yard Freestyle)

Name	Age	School	Finals Time			
5 On-The-Hill, Emma A	20	Northern Colorado, University	10:56.91			
29.95	1:02.18 (32.23)	1:34.49 (32.31)	2:07.31 (32.82)			
2:40.03 (32.72)	3:12.97 (32.94)	3:45.82 (32.85)	4:18.61 (32.79)			
4:51.66 (33.05)	5:24.62 (32.96)	5:57.66 (33.04)	6:30.99 (33.33)			
7:04.32 (33.33)	7:37.54 (33.22)	8:10.95 (33.41)	8:44.40 (33.45)			
9:17.94 (33.54)	9:51.43 (33.49)	10:24.57 (33.14)	10:56.91 (32.34)			
6 La, Yvy H	17	U.S. Air Force Academy-CO	x11:20.14			
29.65	1:02.14 (32.49)	1:35.16 (33.02)	2:08.32 (33.16)			
2:41.83 (33.51)	3:15.71 (33.88)	3:49.74 (34.03)	4:24.15 (34.41)			
4:58.38 (34.23)	5:32.92 (34.54)	6:07.62 (34.70)	6:42.62 (35.00)			
7:17.34 (34.72)	7:51.99 (34.65)	8:26.85 (34.86)	9:01.66 (34.81)			
9:36.66 (35.00)	10:11.22 (34.56)	10:46.26 (35.04)	11:20.14 (33.88)			
7 Varet, Audrey	19	Northern Colorado, University	11:21.00			
29.77	1:02.03 (32.26)	1:34.77 (32.74)	2:07.95 (33.18)			
2:41.44 (33.49)	3:15.22 (33.78)	3:49.39 (34.17)	4:23.75 (34.36)			
4:58.09 (34.34)	5:32.91 (34.82)	6:07.69 (34.78)	6:42.62 (34.93)			
7:17.49 (34.87)	7:52.44 (34.95)	8:27.40 (34.96)	9:02.44 (35.04)			
9:37.63 (35.19)	10:12.69 (35.06)	10:47.36 (34.67)	11:21.00 (33.64)			
8 Cordova, Cheyanna A	21	Northern Colorado, University	x11:25.93			
29.73	1:01.84 (32.11)	1:34.12 (32.28)	2:06.98 (32.86)			
2:40.27 (33.29)	3:13.67 (33.40)	3:47.40 (33.73)	4:21.24 (33.84)			
4:55.37 (34.13)	5:30.10 (34.73)	6:05.04 (34.94)	6:41.11 (36.07)			
7:16.70 (35.59)	7:52.15 (35.45)	8:28.83 (36.68)	9:04.69 (35.86)			
9:40.01 (35.32)	10:16.21 (36.20)	10:51.43 (35.22)	11:25.93 (34.50)			

Event 3 Women 200 Yard Freestyle

Name	Age	School	Finals Time			
1 Larson, Lily A	19	U.S. Air Force Academy-CO	1:52.52			
27.02	55.51 (28.49)	1:24.75 (29.24)	1:52.52 (27.77)			
2 Bond, Brynn T	20	U.S. Air Force Academy-CO	1:53.78			
25.91	54.62 (28.71)	1:24.05 (29.43)	1:53.78 (29.73)			
3 Seal, Hannah M	19	U.S. Air Force Academy-CO	1:55.03			
26.56	55.61 (29.05)	1:25.40 (29.79)	1:55.03 (29.63)			
4 Sistrunk, Hanah H	19	U.S. Air Force Academy-CO	x1:55.38			
26.49	55.85 (29.36)	1:25.64 (29.79)	1:55.38 (29.74)			
5 Fish, Gabi M	19	Northern Colorado, University	1:59.91			
27.48	57.47 (29.99)	1:28.45 (30.98)	1:59.91 (31.46)			
6 Konter, Lora	21	Northern Colorado, University	2:00.59			
28.06	58.36 (30.30)	1:29.71 (31.35)	2:00.59 (30.88)			
7 Simioni, Vitoria	19	Northern Colorado, University	2:01.05			
26.45	56.26 (29.81)	1:27.24 (30.98)	2:01.05 (33.81)			
--- Surratt, Kaitlyn	21	U.S. Air Force Academy-CO	X1:57.73			
27.24	56.37 (29.13)	1:26.59 (30.22)	1:57.73 (31.14)			
--- Bresnahan, Zoe E	22	U.S. Air Force Academy-CO	X2:01.42			
28.46	59.25 (30.79)	1:30.60 (31.35)	2:01.42 (30.82)			
--- Dona, Hanani C	21	U.S. Air Force Academy-CO	X2:01.54			
28.26	58.51 (30.25)	1:29.70 (31.19)	2:01.54 (31.84)			
--- Andrist, Katie D	21	U.S. Air Force Academy-CO	X2:02.07			
28.60	59.58 (30.98)	1:31.09 (31.51)	2:02.07 (30.98)			
--- Gembicki, Natalie M	20	U.S. Air Force Academy-CO	X2:03.61			
28.41	59.95 (31.54)	1:32.23 (32.28)	2:03.61 (31.38)			

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Event 4 Women 100 Yard Backstroke

Name	Age	School	Finals Time
1 Tsuei, Kai-Min	21	U.S. Air Force Academy-CO	57.73
28.44	57.73 (29.29)		
2 Black, Eliza C	19	U.S. Air Force Academy-CO	58.21
27.86	58.21 (30.35)		
3 Haan, Linnea	19	Northern Colorado, University	59.26
28.90	59.26 (30.36)		
4 Forbes, Addy K	20	U.S. Air Force Academy-CO	59.43
28.85	59.43 (30.58)		
5 Bernier, Ariane	20	Northern Colorado, University	1:00.34
29.25	1:00.34 (31.09)		
6 Landry, Kylie L	19	U.S. Air Force Academy-CO	x1:00.36
29.42	1:00.36 (30.94)		
7 Vannelli, Audrey M	19	Northern Colorado, University	1:02.88
30.48	1:02.88 (32.40)		

Event 5 Women 100 Yard Breaststroke

Name	Age	School	Finals Time
1 Erokchina, Maria	22	Northern Colorado, University	1:03.04
29.84	1:03.04 (33.20)		
2 Furman, Naomi G	20	U.S. Air Force Academy-CO	1:03.62
30.29	1:03.62 (33.33)		
3 Fleetwood, Mandy	21	U.S. Air Force Academy-CO	1:06.00
31.09	1:06.00 (34.91)		
4 Ley, Rachel	21	Northern Colorado, University	1:07.68
31.61	1:07.68 (36.07)		
5 Kampschor, Reagan N	18	U.S. Air Force Academy-CO	1:07.75
32.33	1:07.75 (35.42)		
6 Tromp, Avi	20	Northern Colorado, University	1:08.03
32.00	1:08.03 (36.03)		
--- Linscott, Maeve I	22	U.S. Air Force Academy-CO	DQ
31.26	DQ (34.67)		

Event 6 Women 200 Yard Butterfly

Name	Age	School	Finals Time
1 Doig, Natalie M	19	U.S. Air Force Academy-CO	2:08.02
28.50	1:00.60 (32.10)	1:34.49 (33.89)	2:08.02 (33.53)
2 Diab, Hlaa	18	Northern Colorado, University	2:08.36
29.09	1:01.22 (32.13)	1:34.84 (33.62)	2:08.36 (33.52)
3 Hardy, Abigail	21	U.S. Air Force Academy-CO	2:08.84
28.77	1:00.96 (32.19)	1:33.86 (32.90)	2:08.84 (34.98)
4 Nowoswiat, Jena M	19	U.S. Air Force Academy-CO	2:08.89
28.96	1:01.24 (32.28)	1:34.87 (33.63)	2:08.89 (34.02)
5 Manoli, Agathi	20	Northern Colorado, University	2:11.18
29.72	1:02.73 (33.01)	1:36.48 (33.75)	2:11.18 (34.70)
6 Le, Hannah T	19	U.S. Air Force Academy-CO	x2:15.79
30.46	1:04.13 (33.67)	1:39.82 (35.69)	2:15.79 (35.97)
7 Vannelli, Audrey M	19	Northern Colorado, University	2:20.47
30.23	1:05.21 (34.98)	1:42.51 (37.30)	2:20.47 (37.96)
--- Putchinski, Kat M	20	U.S. Air Force Academy-CO	X2:13.22
29.78	1:04.20 (34.42)	1:38.66 (34.46)	2:13.22 (34.56)
--- Rudik, Ella M	22	U.S. Air Force Academy-CO	X2:13.44
28.72	1:01.47 (32.75)	1:36.59 (35.12)	2:13.44 (36.85)

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(Event 6 Women 200 Yard Butterfly)

Name	Age	School	Finals Time
--- Fuchs, Addison	20	U.S. Air Force Academy-CO	X2:19.33
29.32	1:03.49 (34.17)	1:41.47 (37.98)	2:19.33 (37.86)

Event 7 Women 50 Yard Freestyle

Name	Age	School	Finals Time
1 Mills, Ryan W	21	U.S. Air Force Academy-CO	24.12
2 Mishler, Alexis	20	Northern Colorado, University	24.20
3 Simioni, Vitoria	19	Northern Colorado, University	24.38
4 Bachl, Lily A	21	U.S. Air Force Academy-CO	24.51
5 Rabess, Kyra	21	Northern Colorado, University	24.80
6 Donlin, Ella R	20	U.S. Air Force Academy-CO	25.01
7 Martin, Amber	21	U.S. Air Force Academy-CO	x25.20

Event 9 Women 100 Yard Freestyle

Name	Age	School	Finals Time
1 Mills, Ryan W	21	U.S. Air Force Academy-CO	51.89
25.24	51.89 (26.65)		
2 Simioni, Vitoria	19	Northern Colorado, University	53.85
26.02	53.85 (27.83)		
3 Mishler, Alexis	20	Northern Colorado, University	54.53
26.16	54.53 (28.37)		
4 Konter, Lora	21	Northern Colorado, University	55.27
26.88	55.27 (28.39)		
5 Fish, Gabi M	19	Northern Colorado, University	x55.52
26.54	55.52 (28.98)		
--- Larson, Lily A	19	U.S. Air Force Academy-CO	X52.50
25.85	52.50 (26.65)		
--- Seal, Hannah M	19	U.S. Air Force Academy-CO	X53.05
25.72	53.05 (27.33)		
--- Le, Hannah T	19	U.S. Air Force Academy-CO	X54.07
26.21	54.07 (27.86)		
--- Donlin, Ella R	20	U.S. Air Force Academy-CO	X54.11
26.24	54.11 (27.87)		
--- Bachl, Lily A	21	U.S. Air Force Academy-CO	X55.19
26.85	55.19 (28.34)		
--- La, Yvy H	17	U.S. Air Force Academy-CO	X56.19
27.13	56.19 (29.06)		
--- Gembicki, Natalie M	20	U.S. Air Force Academy-CO	X56.24
27.07	56.24 (29.17)		

Event 10 Women 200 Yard Backstroke

Name	Age	School	Finals Time
1 Sistrunk, Hanah H	19	U.S. Air Force Academy-CO	2:04.76
29.09	1:00.01 (30.92)	1:32.18 (32.17)	2:04.76 (32.58)
2 Haan, Linnea	19	Northern Colorado, University	2:10.22
30.88	1:03.79 (32.91)	1:37.10 (33.31)	2:10.22 (33.12)
3 Bernier, Ariane	20	Northern Colorado, University	2:11.11
31.35	1:04.85 (33.50)	1:38.53 (33.68)	2:11.11 (32.58)
4 Vannelli, Audrey M	19	Northern Colorado, University	2:15.87
31.67	1:06.16 (34.49)	1:41.12 (34.96)	2:15.87 (34.75)
--- Landry, Kylie L	19	U.S. Air Force Academy-CO	X2:10.06
30.67	1:03.04 (32.37)	1:36.22 (33.18)	2:10.06 (33.84)
--- Tsuei, Kai-Min	21	U.S. Air Force Academy-CO	X2:10.54
30.59	1:04.27 (33.68)	1:38.69 (34.42)	2:10.54 (31.85)

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Name	Age	School	Finals Time	
--- Forbes, Addy K	20	U.S. Air Force Academy-CO	X2:10.75	
30.70	1:03.90 (33.20)	1:37.28 (33.38)	2:10.75 (33.47)	
--- Surratt, Kaitlyn	21	U.S. Air Force Academy-CO	X2:13.43	
31.12	1:04.17 (33.05)	1:38.38 (34.21)	2:13.43 (35.05)	
--- Fuchs, Addison	20	U.S. Air Force Academy-CO	X2:17.36	
31.51	1:05.93 (34.42)	1:41.62 (35.69)	2:17.36 (35.74)	
--- Dona, Hanani C	21	U.S. Air Force Academy-CO	X2:18.92	
32.06	1:07.02 (34.96)	1:43.41 (36.39)	2:18.92 (35.51)	

Event 11 Women 200 Yard Breaststroke

Name	Age	School	Finals Time	
1 Erokhina, Maria	22	Northern Colorado, University	2:18.27	
31.19	1:06.88 (35.69)	1:43.14 (36.26)	2:18.27 (35.13)	
2 Linscott, Maeve I	22	U.S. Air Force Academy-CO	2:21.65	
32.12	1:07.80 (35.68)	1:44.47 (36.67)	2:21.65 (37.18)	
3 Fleetwood, Mandy	21	U.S. Air Force Academy-CO	2:24.44	
32.57	1:08.88 (36.31)	1:46.52 (37.64)	2:24.44 (37.92)	
4 Furman, Naomi G	20	U.S. Air Force Academy-CO	2:25.80	
31.55	1:08.97 (37.42)	1:48.21 (39.24)	2:25.80 (37.59)	
5 Ley, Rachel	21	Northern Colorado, University	2:26.25	
33.48	1:10.88 (37.40)	1:48.76 (37.88)	2:26.25 (37.49)	
6 Kampschorr, Reagan N	18	U.S. Air Force Academy-CO	x2:28.54	
33.73	1:11.03 (37.30)	1:49.37 (38.34)	2:28.54 (39.17)	
7 Diab, Hlaa	18	Northern Colorado, University	2:30.73	
34.24	1:12.42 (38.18)	1:51.48 (39.06)	2:30.73 (39.25)	
--- McNeil, Jessie J	21	U.S. Air Force Academy-CO	X2:30.38	
34.00	1:11.79 (37.79)	1:50.93 (39.14)	2:30.38 (39.45)	
--- Putchinski, Kat M	20	U.S. Air Force Academy-CO	X2:34.11	
34.42	1:14.02 (39.60)	1:54.12 (40.10)	2:34.11 (39.99)	

Event 12 Women 500 Yard Freestyle

Name	Age	School	Finals Time	
1 Rabess, Kyra	21	Northern Colorado, University	5:11.44	
28.20	58.91 (30.71)	1:30.07 (31.16)	2:01.26 (31.19)	
2:32.71 (31.45)	3:04.40 (31.69)	3:36.13 (31.73)	4:07.72 (31.59)	
4:40.01 (32.29)	5:11.44 (31.43)			
2 Bond, Brynn T	20	U.S. Air Force Academy-CO	5:15.10	
27.40	58.24 (30.84)	1:29.59 (31.35)	2:01.20 (31.61)	
2:32.72 (31.52)	3:04.78 (32.06)	3:37.30 (32.52)	4:10.22 (32.92)	
4:43.41 (33.19)	5:15.10 (31.69)			
3 Hartig, Sadie R	18	U.S. Air Force Academy-CO	5:16.44	
28.88	1:00.35 (31.47)	1:32.32 (31.97)	2:04.55 (32.23)	
2:36.63 (32.08)	3:08.92 (32.29)	3:41.05 (32.13)	4:13.43 (32.38)	
4:45.61 (32.18)	5:16.44 (30.83)			
4 Andrist, Katie D	21	U.S. Air Force Academy-CO	5:17.79	
28.35	58.96 (30.61)	1:30.78 (31.82)	2:02.70 (31.92)	
2:34.95 (32.25)	3:07.38 (32.43)	3:39.81 (32.43)	4:12.68 (32.87)	
4:45.59 (32.91)	5:17.79 (32.20)			
5 On-The-Hill, Emma A	20	Northern Colorado, University	5:20.80	
29.65	1:01.42 (31.77)	1:33.58 (32.16)	2:05.96 (32.38)	
2:38.64 (32.68)	3:11.09 (32.45)	3:43.89 (32.80)	4:16.43 (32.54)	
4:48.96 (32.53)	5:20.80 (31.84)			

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Name	Age	School	Finals Time		
6 Bresnahan, Zoe E	22	U.S. Air Force Academy-CO	x5:26.31		
29.72	1:01.59 (31.87)	1:34.22 (32.63)	2:07.08 (32.86)		
2:40.16 (33.08)	3:13.29 (33.13)	3:46.65 (33.36)	4:20.04 (33.39)		
4:53.52 (33.48)	5:26.31 (32.79)				
7 Konter, Lora	21	Northern Colorado, University	5:29.95		
29.48	1:01.56 (32.08)	1:34.84 (33.28)	2:08.41 (33.57)		
2:42.42 (34.01)	3:16.16 (33.74)	3:49.92 (33.76)	4:23.80 (33.88)		
4:57.08 (33.28)	5:29.95 (32.87)				
8 Varet, Audrey	19	Northern Colorado, University	x5:31.65		
29.64	1:02.04 (32.40)	1:35.07 (33.03)	2:08.50 (33.43)		
2:41.94 (33.44)	3:15.61 (33.67)	3:49.49 (33.88)	4:23.78 (34.29)		
4:58.04 (34.26)	5:31.65 (33.61)				

Event 13 Women 100 Yard Butterfly

Name	Age	School	Finals Time		
1 Doig, Natalie M	19	U.S. Air Force Academy-CO	58.06		
27.19	58.06 (30.87)				
2 Manoli, Agathi	20	Northern Colorado, University	59.73		
28.18	59.73 (31.55)				
3 Tromp, Avi	20	Northern Colorado, University	59.80		
28.17	59.80 (31.63)				
4 Erokhina, Maria	22	Northern Colorado, University	59.81		
27.96	59.81 (31.85)				
--- Mills, Ryan W	21	U.S. Air Force Academy-CO	X58.16		
27.70	58.16 (30.46)				
--- Hardy, Abigail	21	U.S. Air Force Academy-CO	X58.25		
27.91	58.25 (30.34)				
--- Martin, Amber	21	U.S. Air Force Academy-CO	X59.15		
27.47	59.15 (31.68)				
--- Dona, Hanani C	21	U.S. Air Force Academy-CO	X59.28		
28.02	59.28 (31.26)				
--- Le, Hannah T	19	U.S. Air Force Academy-CO	X1:01.18		
29.42	1:01.18 (31.76)				
--- Fuchs, Addison	20	U.S. Air Force Academy-CO	X1:01.59		
28.33	1:01.59 (33.26)				
--- Black, Eliza C	19	U.S. Air Force Academy-CO	X1:02.97		
28.65	1:02.97 (34.32)				

Event 15 Women 400 Yard IM

Name	Age	School	Finals Time		
1 Diab, Hlaa	18	Northern Colorado, University	4:37.50		
29.89	1:03.49 (33.60)	1:40.30 (36.81)	2:16.38 (36.08)		
2:55.74 (39.36)	3:35.08 (39.34)	4:06.12 (31.04)	4:37.50 (31.38)		
2 Manoli, Agathi	20	Northern Colorado, University	4:41.86		
29.38	1:02.65 (33.27)	1:38.34 (35.69)	2:13.21 (34.87)		
2:52.80 (39.59)	3:33.44 (40.64)	4:07.98 (34.54)	4:41.86 (33.88)		
3 Nickell, Grace E	19	U.S. Air Force Academy-CO	4:44.78		
29.51	1:02.75 (33.24)	1:39.35 (36.60)	2:15.84 (36.49)		
2:57.05 (41.21)	3:39.49 (42.44)	4:12.40 (32.91)	4:44.78 (32.38)		
4 Sistrunk, Hanah H	19	U.S. Air Force Academy-CO	4:45.07		
28.98	1:04.55 (35.57)	1:39.52 (34.97)	2:14.01 (34.49)		
2:54.92 (40.91)	3:37.01 (42.09)	4:10.59 (33.58)	4:45.07 (34.48)		

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(Event 15 Women 400 Yard IM)

Name	Age	School	Finals Time		
5 Nowoswiat, Jena M	19	U.S. Air Force Academy-CO	4:49.47		
29.63	1:02.49 (32.86)	1:39.53 (37.04)	2:16.12 (36.59)		
2:57.41 (41.29)	3:41.11 (43.70)	4:15.32 (34.21)	4:49.47 (34.15)		
6 Miller, Abby S	18	U.S. Air Force Academy-CO	x4:52.51		
31.30	1:07.55 (36.25)	1:45.57 (38.02)	2:23.07 (37.50)		
3:05.39 (42.32)	3:48.13 (42.74)	4:21.30 (33.17)	4:52.51 (31.21)		
7 Ley, Rachel	21	Northern Colorado, University	4:53.45		
31.35	1:08.49 (37.14)	1:46.98 (38.49)	2:24.42 (37.44)		
3:05.16 (40.74)	3:46.28 (41.12)	4:20.83 (34.55)	4:53.45 (32.62)		
--- McNeil, Jessie J	21	U.S. Air Force Academy-CO	X4:41.40		
30.32	1:05.00 (34.68)	1:42.06 (37.06)	2:18.39 (36.33)		
2:57.76 (39.37)	3:36.60 (38.84)	4:09.43 (32.83)	4:41.40 (31.97)		
--- Haan, Linnea	19	Northern Colorado, University	X4:48.00		
30.93	1:06.48 (35.55)	1:42.80 (36.32)	2:18.22 (35.42)		
2:59.46 (41.24)	3:41.99 (42.53)	4:15.95 (33.96)	4:48.00 (32.05)		
--- Rudik, Ella M	22	U.S. Air Force Academy-CO	X4:48.49		
28.81	1:02.14 (33.33)	1:40.17 (38.03)	2:18.66 (38.49)		
2:59.44 (40.78)	3:42.71 (43.27)	4:16.80 (34.09)	4:48.49 (31.69)		
--- Vannelli, Audrey M	19	Northern Colorado, University	X4:48.54		
31.03	1:06.10 (35.07)	1:43.40 (37.30)	2:20.25 (36.85)		
3:01.54 (41.29)	3:42.18 (40.64)	4:15.92 (33.74)	4:48.54 (32.62)		
--- Putchinski, Kat M	20	U.S. Air Force Academy-CO	X4:56.09		
31.28	1:07.44 (36.16)	1:46.22 (38.78)	2:23.65 (37.43)		
3:05.46 (41.81)	3:47.14 (41.68)	4:22.62 (35.48)	4:56.09 (33.47)		
--- Cordova, Cheyanna A	21	Northern Colorado, University	X5:04.74		
31.61	1:08.28 (36.67)	1:47.26 (38.98)	2:25.46 (38.20)		
3:10.84 (45.38)	3:57.14 (46.30)	4:31.73 (34.59)	5:04.74 (33.01)		
--- On-The-Hill, Emma A	20	Northern Colorado, University	DQ		
30.86	1:04.50 (33.64)	1:40.89 (36.39)	2:16.15 (35.26)		
2:59.30 (43.15)	3:42.32 (43.02)	4:13.83 (31.51)	DQ (30.33)		

Event 16 Women 200 Yard Freestyle Relay

Team	Relay	Finals Time
1 U.S. Air Force Academy-CO	A	1:36.01
1) Mills, Ryan W 21	2) Tsuei, Kai-Min 21	3) Bachl, Lily A 21
24.23	48.28 (24.05)	1:12.16 (23.88)
		1:36.01 (23.85)
2 Northern Colorado, University	A	1:36.15
1) Mishler, Alexis 20	2) Simioni, Vitoria 19	3) Tromp, Avi 20
24.64	48.78 (24.14)	1:12.76 (23.98)
		1:36.15 (23.39)
3 Northern Colorado, University	B	1:39.91
1) Bernier, Ariane 20	2) Fish, Gabi M 19	3) On-The-Hill, Emma A 20
25.63	50.22 (24.59)	1:15.34 (25.12)
		1:39.91 (24.57)
4 U.S. Air Force Academy-CO	D	1:41.68
1) Dona, Hanani C 21	2) Gembicki, Natalie M 20	3) La, Yvy H 17
25.29	50.69 (25.40)	1:16.61 (25.92)
		1:41.68 (25.07)
--- U.S. Air Force Academy-CO	B	X1:38.43
1) Martin, Amber 21	2) Black, Eliza C 19	3) Donlin, Ella R 20
25.31	55.25 (29.94)	1:14.36 (19.11)
		1:38.43 (24.07)
--- U.S. Air Force Academy-CO	C	X1:38.76
1) Hartig, Sadie R 18	2) Seal, Hannah M 19	3) Doig, Natalie M 19
25.40	50.01 (24.61)	1:15.20 (25.19)
		1:38.76 (23.56)
		4) Sistrunk, Hanah H 19

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Scores - Women

Women - Team Rankings - Through Event 16

1. U.S. Air Force Academy

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2. Northern Colorado, University

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