MARCH 12-13 | WAVERLY, IA | HOOVER FIELDHOUSE

MEET INFORMATION

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Spirit of The goal of this meet is to provide an opportunity for the very best Division III track and field athletes to

the meet: compete against each other in a high-quality meet. All Division III institutions sponsoring indoor track and field are invited.

Facility: Hoover Field House & Indoor Track (The Wartburg-Waverly Sports and Wellness Center) 100 Wartburg Blvd,

Waverly, IA 50677

Track: The track is a 200 meter, 6 lane (8 lanes for 60 dash/hurdles) un-banked Beynon Sports Surface BSS 100 Hobart. 1/4" exposed

Pyramid Spikes only!! All spikes will be inspected. Jump and runways are of the same Material. We will be utilizing 1 concrete

throwing ring.

Entry Limits: No limits on individual events. 1 relay entry per event institution

Entries: All entries will be submitted online at DirectAthletics.com. Entries open up Saturday, March 6th by 6pm. Entries are due Sunday

March 7th by 11:59pm. Accepted entries will be sent Monday, March 8th by 9:00am. Final declarations will be due by 3pm on

Monday, March 8th. Official heat sheets will be sent by noon on Tuesday, March 9th.

Entry Fee: \$25 per athlete declared for the meet. Each athlete is unlimited in events. All relay athletes and alternates count for entry fee.

Maximum \$125 per gender per team. Payment will be done online through direct athletics at your time of declaration.

Accepted Entry marks must be from the 2021 indoor track and field season as verified by TFRRS from January 1 to March 7, **Entries:** 2021. The top 16 individual event marks and top 12 relay event marks entered into the meet will be accepted for

2021. The top 16 individual event marks and top 12 relay event marks entered into the meet will be accepted for competition. We encourage you to enter any athletes and marks you want to be considered for the meet, whether they fall in the top 16/12 marks on final TFRRS lists. Marks not entered by 11:59pm on Sunday, March 7th will not be considered for the meet.

The men's and women's multi will be competed as a pentathlon. We will accept men's marks in both the pentathlon and heptathlon on direct athletics. Final list will be determined by using entered pentathlon marks and extrapolating pentathlon marks

from completed heptathlons from the current indoor season if a heptathlon mark is used.

COVID 19 See Attached DIII Elite Indoor Championships Covid Requirements. All additional questions should be directed to

ryan.callahan@wartburg.edu (Head Athletic Trainer)

Athletic Our Assistant Athletic Trainer will be available throughout the meet. Questions contact David Kragness at 319-352-8725

Training: or email david.kragness@wartburg.edu

Spectators: There will be no spectators allowed at any time during the two-day championships. Only competing athletes, coaches, and

certified athletic trainers will be allowed in the building.

Facility Access: Athletes and staff may enter the building 90 minutes prior to the start of their respective events. Athletes and staff must leave the

building within 60 minutes of completion of the event. Teams with multiple events competing may enter 90 minutes prior to team's first event and leave 60 minutes after completion of team's last event. THERE IS NO PRACTICE AVAILABILITY

PRIOR TO THE COMPETITION.

Team Area: Socially distanced areas will be designated in the Levick Arena adjacent to the indoor track. ABSOLUTELY NO FOOD OR

DRINK ALLOWED IN THE INFIELD AREA!!!

Mask: Mask wearing will be required by all athletes, coaches, and officials at all times except when at the starting line, on the runway, or

in the ring for competition. Mask will be worn during all warmups within the building.

Check In: Running event athletes (all heats) should check in at the check in table no later than 30 minutes prior to the start of the event, and

report to the event no later than 10 minutes prior to start time. Field event athletes (all flights) should check in at the event no later than 30 minutes prior to the start. Athletes competing in both field and running events should check in and out with the head field event official and report back for remaining field event prelim attempts within 10 minutes of check out. No checking out

during finals of field events.

Packets Meet information and heat sheets will be in team packets upon first arrival at the facility. Please be ready to confirm negative

Covid test results for all athletes, coaches, and staff entering the building at this time.

Implement All implements will be certified next to the throwing area between 8:30am-9:30am and 3:00pm-4:00pm on Friday and between

Certification: 8:30am-9:30am on Saturday. All implements will be impounded until the end of the event.

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Scoring: 10-8-6-5-4-3-2-1

Award: Individual, Relay, and Team awards will be given, as well as a meet memento for every student athlete competing.

Running Men then Women unless otherwise noted. Slow heats will be run first.

Events:

Meet Conduct: NCAA rules will be followed

Bus Drop Off: Off of NW 12th St (across from Wartburg's Maintenance Building)

Bus Parking: Maintenance Parking Lot

Media: All media requests are to be made through our SID (Trent Jackson Office 319-352-8208 Mobile 952-905-4995

e-mail trent.jackson@wartburg.edu)

Event Seeding and Advancement to finals

60 meter dash: 2 heat prelim. Serpentine seeding. Heat winners and next 6 fastest times advance

60 meter hurdles: 2 heat prelim. Serpentine seeding. Heat winners and next 6 fastest times advance

200 meter dash: 4 heat final. Lane order-5,6,4,3 Seed Order: Heat 1-7,8,12,16; Heat 2-5,6,11,15;

Heat 3-3,4,10,14; Heat 4-1,2,9,13

400 meter dash: 4 heat final. Lane order-5,6,4,3 Seed Order: Heat 1-10,11,12,16; Heat 2-7,8,9,15;

Heat 3-4,5,6,14; Heat 4-1,2,3,13

800 meter run: 2 heat final. Seeded. Random within heat

Mile run: 2 heat final. Seeded. Random within heat

3,000 meter run: 1 heat final. Random within heat

5,000 meter run: 1 heat final. Random within heat

4x400 meter Relay: 3 heat final. Lane order-5,6,4,3 Seed Order: Heat 1-9,10,11,12; Heat 2-5,6,7,8;

Heat 3-1,2,3,4

Distance Medley: 1 heat final. Random within heat

Shot Put: 2 Flights. Seeded. Random within flight. 3 Preliminary attemps. Top 9 plus ties to final.

Weight Throw: 2 Flights. Seeded. Random within flight. 3 Preliminary attemps. Top 9 plus ties to final.

Long Jump: 2 Flights. Seeded. Random within flight. 3 Preliminary attemps. Top 9 plus ties to final.

Triple Jump: 2 Flights. Seeded. Random within flight. 3 Preliminary attemps. Top 9 plus ties to final.

High Jump: Random order. Five alive

Pole Vault: Random order. Five alive

Pentathlon: Follow NCAA Rule Book for procedures

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Schedule

		Day 1			Day 1	
Fri 10:00 AM	M	60 Meters Hurdles	Pent	Fri 10:00 AM M	Weight Throw	Finals
Fri 12:00 PM	W	60 Meters Hurdles	Pent	Fri 10:50 AM M	High Jump	Pent
Fri 2:00 PM	M	1 Mile	Finals	Fri 11:00 AM W	Triple Jump	Finals
Fri 2:20 PM	W	1 Mile	Finals	Fri 11:00 AM M	Pole Vault	Finals
Fri 2:40 PM	\mathbf{M}	60 Meters Hurdles	Prelims	Fri 12:50 PM W	High Jump	Pent
Fri 3:00 PM	\mathbf{M}	800 Meters	Pent	Fri 1:00 PM M	Triple Jump	Finals
Fri 3:10 PM	W	60 Meters Hurdles	Prelims	Fri 1:00 PM M	Shot Put	Pent
Fri 3:25 PM	\mathbf{M}	400 Meters	Finals	Fri 1:55 PM M	Long Jump	Pent
Fri 3:45 PM	W	400 Meters	Finals	Fri 3:00 PM W	Shot Put	Pent
Fri 4:05 PM	\mathbf{M}	60 Meters	Prelims	Fri 3:00 PM W	Pole Vault	Finals
Fri 4:20 PM	W	60 Meters	Prelims	Fri 3:55 PM W	Long Jump	Pent
Fri 4:35 PM	\mathbf{M}	5000 Meters	Finals	Fri 4:30 PM W	Weight Throw	Finals
Fri 5:00 PM	W	800 Meters	Pent			
Fri 5:10 PM	W	5000 Meters	Finals			
Fri 5:30 PM	\mathbf{M}	200 Meters	Finals			
Fri 5:45 PM	W	200 Meters	Finals			
Fri 6:00 PM	M	Distance Medley	Finals			
Fri 6:15 PM	W	Distance Medley	Finals			
Fri 6:30 PM		Day End				
		Day 2			Day 2	
Sat 12:00 PM	Μ	60 Meters Hurdles	Finals	Sat 10:00 AM W	Long Jump	Finals
Sat 12:10 PM	W	60 Meters Hurdles	Finals	Sat 10:00 AM M	High Jump	Finals
Sat 12:20 PM	M	800 Meters	Finals	Sat 10:00 AM M	Shot Put	Finals
Sat 12:35 PM	W	800 Meters	Finals	Sat 12:30 PM W	Shot Put	Finals
Sat 12:50 PM	M	60 Meters	Finals	Sat 12:30 PM W	High Jump	Finals
Sat 1:00 PM	W	60 Meters	Finals	Sat 12:50 PM M	Long Jump	Finals
Sat 1:10 PM	M	3000 Meters	Finals			
Sat 1:25 PM	W	3000 Meters	Finals			
Sat 1:40 PM	M	4x400 Meters Relay	Finals			
Sat 2:00 PM	W	4x400 Meters Relay	Finals			
Sat 2:20 PM		Meet End				

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COVID-19 Attestation

Director of Athletics, Athletic Healthcare Administrator or Head Athletic Trainer must complete this form within 24 hours of the start of competition on 3/12/21. The form is required to be submitted by each team at your time of check-in at the competition. All questions regarding attestation requirements and COVID-19 protocols can be directed to Ryan Callahan at ryan.callahan@wartburg.edu.

By signing and dating this form, you attest that your institution has satisfied the policy requirements outlined below:

- 1. All individuals from my institution associated with Division III Elite Indoor Championships (Coaches, Athletics Staff, Student-Athletes, etc.) have been tested for COVID-19 (PCR or Antigen) and produced a negative result on 3/8/21 or later. Individuals with a positive COVID-19 test date on 12/13/20 or later are not required to produce a negative test result during the week prior to this competition.
- 2. All members in item 1 have not had a confirmed COVID-19 positive test within 10 days prior to the competition.
- 3. No coach, student-athlete or athletics staff are required to quarantine at time of travel or competition.
- 4. Upon date and time of signature, no student-athlete, coach, or athletics staff associated with this competition has developed symptoms that might indicate an infection of COVID-19. Should any member listed in item 1 exhibit or report such symptoms at any time prior to the contest, he/she will not be permitted to participate in the competition.
- 5. In the event that an individual from your team becomes symptomatic or has a positive test for COVID-19 within the 48 hours following this competition, the Director of Athletics, Athletics Healthcare Administrator or Head Athletic Trainer will communicate the identity of that individual to ryan.callahan@wartburg.edu as soon as possible for the purposes of contact tracing.

Institution					
Signature					
Print or Type Name					
Position Title					
Date/Time					

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Hotels:

Listed below is the contact information for the sales manager for two hotels in the Cedar Valley. There are also many other hotel options in the Cedar falls, Waverly, and Waterloo, Iowa area.

Jordan Martin - Sales Manager Holiday Inn & Bien Venu Event Center | Cedar Falls, IA Fairfield Inn & Suites | Waterloo, IA (319) 830-0032 jmartin@cfholiday.com