

Click the page numbers to access each page

2020 Quick Facts/2019 Recap..... 2
 Media Information 3
 Rosters 4

MEET THE LADY BULLDOGS 5-11

Charlotte Augenstein, Emma Rose Bagwell, Sara Bailey, Sophia Baker 5
 Anna Marian Block, Grace Clements, Aleesa de Castro 6
 Emily Doherty, Samantha Drop 7
 Grace Ellsworth, Skylar English, Ellie Hall 8
 Ani Henderson, Caroline McArthur, Gracie O’Neal, Nicole Pachuta 9
 Marisa Petit, Victoria Schneider, Morgan Vaden 10
 Jayda Woods, Maggie Yankovich, Tiffany Yue 11

MEET THE BULLDOGS 12-17

Sam Adams, John-Isaac Autry, Sam Bowers, Jack Bradley 12
 Quinn Burden, Chase Condra, Nico Fontova, Tyler Fox 13
 Jacob Hadden, Michael Hans, Noah Hayes, Cole Heron 14
 KC Heron, Wesley John, Michael Malkowski, Clay Pender 15
 Nate Reichard, Zachary Roe, Taylor Scarbrough..... 16
 Athni Tesfaye, Nicholas Yanek 17

UGA NCAA / SEC HONOR ROLL 18

YEAR IN REVIEW 19-20

COACHES

Distance Coach Patrick Cunniff..... 21-22
 Head Coach Petros Kyprianou 23-24
 2020 Georgia Cross Country Schedule..... 25



The Bulldogs kicked off their 2020 campaign by winning the Florida State Invitational after RSo. **Sam Bowers** grabbed top honors.



2020 QUICK FACTS / 2019 HIGHLIGHTS

University Of Georgia Quick Facts

Location:

Athens, Ga.

President:

Jere W. Morehead
(Univ. of Georgia, JD, '80)

J. Reid Parker Director of Athletics:

Greg McGarity (Univ. of Georgia '76)

Faculty Athletic Rep:

David Shipley (Oberlin College '72
Univ. of Chicago, JD, '75)

Course:

University of Georgia Golf Course

Enrollment:

38,920

Nickname:

Bulldogs

Colors:

Red and Black

Conference:

Southeastern

A Glimpse At The Lady Bulldogs Last Season (2019)

NCAA Championships (6k)

Jessica Drop (*40th, 20:48.4)

Samantha Drop (45th, 20:54.3)

*All-American

NCAA South Regional (6k)

Team Finish: 7th (178 pts)

All-Region

Jessica Drop (3rd, 20:16.7)

Samantha Drop (5th, 20:23.2)

Southeastern Conference Championships (6k)

Team Finish: 8th (184 pts)

All-SEC

Jessica Drop (1st Team, 6th, 20:12.0)

Samantha Drop (2nd Team, 8th, 20:24.9)

A Glimpse At The Bulldog Men Last Season (2019)

NCAA South Regional (10k)

Team Finish: 13th (364 pts)

Top Finisher: Nicholas Yanek (26th, 31:07.0)

Southeastern Conference Championships (8k)

Team Finish: 11th (261 pts)

Top Finisher: Nicholas Yanek (All-SEC Freshman Team; 19th; 23:28.0)

Coaching Staff

Head Track and Field Coach:

Petros Kyprianou (Aristotle Univ. '01)

Phone: (706) 542-7915

E-mail: petrosk@sports.uga.edu

Track and Field Fax: (706) 542-5224

Cross Country Coach:

Patrick Cunniff (Univ. of Georgia '91)

Phone: (706) 542-7915

E-mail: pcunniff@sports.uga.edu

SEC Information

SEC statistics, schedules and other information can be found at www.secsports.com.

For further information, please contact:

Ben Beaty:

(SEC Cross Country Contact)

Southeastern Conference

2201 Richard Arrington Blvd. North

Birmingham, AL 35203-1103

Media Relations Direct Line:

(205) 458-3000 ext. 3031

E-mail: bbeaty@sec.org

Bulldogs Social Media



[@ugatrack](https://www.facebook.com/ugatrack)



[@UGATrack](https://twitter.com/UGATrack)



[@ugatrack](https://www.instagram.com/ugatrack)

UGA Sports Communications Staff



Claude Felton
Loran Smith Sr. Associate AD
for Sports Communications



Leland Barrow
Sports Communications
Assoc. Director/XC, TF, SID

Loran Smith Sr. Associate AD/Sports Comm. Director..... Claude Felton
Associate Sports Communications Director..... Tim Hix
Associate Sports Communications Director..... Christopher Lakos
Associate Sports Communications Director..... Mike Mobley
Associate Sports Communications Director..... Steven Colquitt
Associate Sports Communications Director..... Leland Barrow
Associate Sports Communications Director..... Tray Littlefield
Assistant Sports Communications Director..... Karra Logan
Assistant Sports Communications Director..... Jake Stanley
Assistant Sports Communications Director..... Sean Stevenson
Media Operations Coordinator Kim Vachon
Grad. Assistants/Interns..... Matthew Jesus, Olivia Puttin, Eleanor Stublely
Sports Comm. Assistants..... Catherine Harris, Tony Walsh, Chamberlain Smith
Office Phone..... (706) 542-1621
Office Fax (706) 542-9339
Mailing Address Sports Communications Office
..... P.O. Box 1472, Athens, Ga. 30603-1472
Website www.georgiadogs.com
Student Assistants.....
Micah Barich, Madison Castle, Caroline Clark, Lilly Parmer, Addie Grace Trejo,
Alex Niktin

The 2020 Georgia Cross Country Media Guide was produced by Leland Barrow and Kevin Mobley.

2020 Bulldog Cross Country Support Staff



Josh Brooks
Cross Country Sport Admin./
Senior Deputy Athletic
Director - Operations



Stacey Kisil
Athletic Trainer



Georgina Nembhard
Academic Advisor



Cori Brinson
Academic Advisor

MEDIA INFORMATION

Covering Georgia Cross Country

Media covering Georgia Cross Country in need of assistance beyond this media guide, including photographs, interviews, etc., should please contact:

Leland Barrow

Office Phone: (706) 542-1621; Cell: (678) 378-3085

Fax: (706) 542-9339; Email: leland@sports.uga.edu

Mailing Address:

P.O. Box 1472 Athens, GA, 30603

Overnight Address:

Butts-Mehre Building

One Selig Circle Athens, GA, 30603

Coach & Player Interviews

Throughout the fall semester, the Bulldogs will practice at a variety of training grounds and compete on courses around the Southeast. Because of the ongoing COVID-19 pandemic, please contact **Leland Barrow** with any media requests. Interviews will generally be conducted by Zoom or phone this season.

Photography / Video

Similar to above, please contact Barrow regarding all photography and video requests. Please check in regarding the coverage of meets with the current health situation.

Raceday Media Services

Prior to each meet, a preview and other information will be emailed to the media and posted on www.georgiadogs.com, the official website of Georgia Athletics. After each meet, a recap and full results will sent out and posted in the same fashion.

Post-Race Interviews

If necessary, Zoom or telephone interviews can be arranged by Barrow.

ROSTERS

WOMEN

Name	Height	Year	Hometown	High School/Previous College
Charlotte Augenstein	5-5	Fr.	Albany, Ga.	Deerfield-Windsor
Emma Rose Bagwell	5-5	RSo.	Alpharetta, Ga.	Blessed Trinity
Sara Bailey	5-1	So.	Roswell, Ga.	Blessed Trinity
Sophia Baker	5-4	Fr.	Cumming, Ga.	South Forsyth
Anna Marian Block	5-8	Jr.	Athens, Ga.	Athens Academy
Grace Clements	5-9	Jr.	Bremen, Ga.	Bremen
Aleesa de Castro	5-10	RFr.	Cumming, Ga.	South Forsyth
Emily Doherty	5-4	Jr.	Athens, Ga.	Athens Academy
Samantha Drop	5-3	Sr.	Durham, Conn.	Coginchaug
Grace Ellsworth	5-5	Fr.	Marietta, Ga.	Hillgrove
Skylar English	5-8	Jr.	Dacula, Ga.	Dacula
Ellie Hall	5-3	So.	Marietta, Ga.	Marietta
Ani Henderson	5-8	So.	Marietta, Ga.	Marietta
Caroline McArthur	5-5	So.	Watkinsville, Ga.	Oconee County
Gracie O'Neal	5-7	Fr.	Chickamauga, Ga.	Gordon Lee
Nicole Pachuta	5-7	Jr.	Watkinsville, Ga.	Oconee County
Marisa Petit	5-5	Jr.	Braselton, Ga.	Mill Creek
Victoria Schneider	5-7	Fr.	Concord, N.C.	Cannon School
Morgan Vaden	5-9	Fr.	Atlanta, Ga.	St. Pius
Jayda Woods	5-10	RSo.	Cold Spring, Minn.	Rocori
Maggie Yankovich	5-7	So.	Atlanta, Ga.	St. Pius X
Tiffany Yue	5-7	Sr.	Lawrenceville, Ga.	Northview

MEN

Name	Height	Year	Hometown	High School/Previous College
Sam Adams	6-1	Fr.	Atlanta, Ga.	Pace Academy
John-Isaac Autry	5-11	RFr.	Evans, Ga.	Lakeside-Evans
Sam Bowers	5-8	RSo.	Milton, Ga.	Milton
Jack Bradley	5-7	Sr.	Duluth, Ga.	Peachtree Ridge
Quinn Burden	5-8	Jr.	Atlanta, Ga.	Marist
Chase Condra	5-8	RFr.	Suwanee, Ga.	Peachtree Ridge
Nico Fontova	5-10	So.	Atlanta, Ga.	St. Pius X
Tyler Fox	6-0	RSo.	Suwanee, Ga.	Lambert
Jacob Hadden	5-9	Jr.	Watkinsville, Ga.	Oconee County/Oglethorpe
Michael Hans	6-0	Sr.	Watkinsville, Ga.	Oconee County
Noah Hayes	5-10	Fr.	Marietta, Ga.	Hillgrove
Cole Heron	5-9	Fr.	Marietta, Ga.	Pope
KC Heron	5-9	Fr.	Marietta, Ga.	Pope
Wesley John	5-11	So.	Watkinsville, Ga.	Oconee County
Michael Malkowski	6-2	RSo.	Baltimore, Md.	Milton
Dru Milton	5-8	RSo.	Alpharetta, Ga.	Milton
Connor Old	5-9	Fr.	Marietta, Ga.	Walton
Clay Pender	5-10	RSo.	Winder, Ga.	Jefferson
Nate Reichard	6-0	Sr.	Duluth, Ga.	Peachtree Ridge
Zachary Roe	6-0	Fr.	Atlanta, Ga.	Westminster School
Taylor Scarbrough	5-6	Sr.	Canton, Ga.	Cherokee/Western Kentucky
Athni Tesfaye	6-1	Fr.	Loganville, Ga.	Loganville
Nicholas Yanek	5-7	RSo.	Bettendorf, Iowa	Milton

MEET THE LADY BULLDOGS

Charlotte Augenstein

5-5 ● Freshman ● Albany, Ga. ● Deerfield-Windsor



High School: Part of the GISA 3AAA state champion track and field team as a freshman and sophomore... Captured state titles in both the 800-meter run and 1600m in her third season... Finished second at the state cross country meet and on the track in the 3200m and 4x400m relay as a junior... Was third at the state cross country meet as a senior... Personal-best times of 59.08 (400m), 2:20 (800m), 5:14 (1600m), 11:34 (3200m) and 19:25 (5k)... Ran a leg on the state champion 4x400m and 4x100m relay teams as a sophomore... Secured runner-up honors in the 400m, 800m and triple jump as a sophomore... Earned All-State honors in cross country as a freshman and sophomore... Garnered All-State honors in the 400m, 800m, 4x400m and 4x100m relays in her first season... Also played basketball and soccer through her sophomore year... Honor Graduate who was also a Beta Club Graduate.

Personal: Born April 14, 2002... Daughter of Ralf Augenstein and Hanna Lin... Intending to major in Biology.

Emma Rose Bagwell

5-5 ● Redshirt Sophomore ● Alpharetta, Ga. ● Blessed Trinity



2019: Redshirted.

2018: Ran in three races for the Lady Bulldogs as a freshman... Finished 38th at the 6k Berry Invitational with a 24:46.97.

High School: Finished with All-State honors in cross country her freshman, sophomore and junior seasons... Five-time All-State performer on the track (800 meters, 1600m)... State runner-up in the 4x400m relay... Won two region titles in the 800m... Named 2017 MVP in both cross and track... Part of school record times in the 4x400m relay, 4x800m relay and DMR... Earned the Blessed Trinity Mission Statement Award in Athletics... Personal-best times of 2:15 (800m) and 5:09 (1600m)... Graduated Summa Cum Laude and was part of National Honor Society, National English Honor Society and National Spanish Honor Society.

Personal: Born Oct. 11, 1999... Daughter of Amelie and Mike Bagwell... Majoring in political science.

Sara Bailey

5-1 ● Sophomore ● Roswell, Ga. ● Blessed Trinity



2019: Competed in four meets for Georgia in her opening season... Concluded her year with a 118th-place finish (23:01.6) finish at the 6k SEC Championships.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014... Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up... Two-time All-State in cross... Captain of both track and cross teams as a senior... Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)... Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Sept. 20, 2000... Daughter of Jennifer and Brad Bailey... Intended major in health and physical education.

Sophia Baker

5-4 ● Freshman ● Cumming, Ga. ● South Forsyth



High School: Rounded out her cross country career by taking eighth individually at the 2019 GHSA 7A state cross country meet as her team finished second for the third consecutive year... Personal-best times of 2:16 (800 meters), 5:18 (1600m) and 18:52 (5k)... Part of cross country team that was second at the state meet for the second time in a row as a junior... Ran on school record-breaking distance medley relay with a time that ranks in the top 10 all-time in Georgia... Earned the Coaches Award in cross country as a sophomore while leading her team to runner-up honors at the state meet... Part of school record-breaking sprint medley relay... Helped lead South Forsyth to the 2016 state cross country title as a freshman... Was awarded All-County First Team for track and cross country every eligible season... Named Rookie of the Year in track as a freshman... Member of National Honor Society and Beta Club... Was a Literacy Lab tutor and graduated with Honors and Distinction... Earned War Eagle Student-Athlete Award and was an AP Scholar with Honors.

Personal: Born June 2, 2002... Daughter of Karen Baker and Greg Baker... Intending to major in Health Promotion.

MEET THE LADY BULLDOGS

Anna Marian Block

5-8 ● Junior ● Athens, Ga. ● Athens Academy



2019: Was in the top five in all six of her meets...Had a season-best 6k time of 20:49.1 for 41st at the Paul Short Run...Was 77th at the 6k SEC Championships thanks to a time of 22:02.8...Finished 62nd at the 6k NCAA South Regional after completing the course in 21:37.9.

2018: Competed in six meets for Georgia...Was 12th in the 6k Pre-Nationals open race thanks to a 21:59.3... Scored at the 6k SEC Championships after running a 20:34.64 for 43rd...Was 65th overall (one spot out of scoring) at the 6k NCAA South Regional thanks to a time of 20:34.64.

High School: Won a combined eight GHSA individual state titles in cross country and track (800 meters – 2015-18, 1600m – 2015-16, 2018, cross country – 2016)...Winning times in the 800m and 1600m in 2015 were state records...Helped lead the Spartans to the 2017 and 2016 state track team championships...Ran for the

Athens Academy cross and track teams that placed third at state during the 2015-16 school year...Scorer on state runner-up cross team in 2016...Finalist (top 40 runners) at 2016 Footlocker Cross Country Nationals...Finished sixth in the mile for All-America honors at the 2016 New Balance National...Won the 2016 Meet of Champions in the 800m...Collected Athens Banner-Herald Athlete of the Year as a junior and Track Athlete of the Year as a sophomore...Personal-best times of 4:46.6 (mile, converts to 4:45 1600), 2:09.1 (800m) and 17:50 (5k CC)...Also played basketball during her first two years at Athens Academy...Co-President of the Care Club and part of the high school branch for UGA Miracle...Volunteered with Extra Special People (ESP).

Personal: Born Feb. 25, 2000...Daughter of Joe and Marian Block, who was a walk-on for the Georgia women's basketball team in 1986-87...Undecided major.

Grace Clements

5-9 ● Junior ● Bremen, Ga. ● Bremen HS



2019: Ran in five meets for the Lady Bulldogs...Took 90th at the 6k SEC Championships after registering a 22:16.7.

2018: Ran in one meet for the Lady Bulldogs, taking 34th at the 5k Charlotte Opener with a 19:42.1.

High School: Won the 2017 GHSA 3A state cross country individual title to help lead Bremen to a ninth-place finish...Garnered All-State honors in cross as a sophomore and finished in the state's top five as a junior before her victory as a senior...Was the state runner-up in the 3200 meters and seventh in the 1600m in her final track season...Four-time region cross champion...Broke into the state's top 20 and earned MileSplit's Silver Standard as a freshman...Earned high school's Nike Award (MVP) all four years...Collected six region track titles...Took eighth in the 800m and 1600m at the state meet as a sophomore and was named

the MVP...Was eighth again in the 800m and 1600m at the state championships as a junior...Personal-best times of 18:16 (5k CC), 2:26 (800m), 5:18 (1600m) and 11:40 (3200m)...Also swam and played soccer at Bremen...Part of Final Four soccer squad as a senior...First Team All-Region her last three years...Selected twice for the DiVarsity State of Georgia All-Star Game...Played club soccer for the Southern Soccer Academy and participated in the Georgia

Aleesa de Castro

5-10 ● Redshirt Freshman ● Cumming, Ga. ● South Forsyth HS



2019: Redshirted.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior...Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Aug. 10, 2001...Daughter of Laura and Chris de Castro...Has a twin sister named Cate... Cousin of former Bulldog football greats and NFL veterans Matt and Jon Stinchcomb...Intended major in

Psychology.

MEET THE LADY BULLDOGS

Emily Doherty

5-4 ● Junior ● Athens, Ga. ● Athens Academy



2019: Competed in Georgia's first two meets of the year...Finished 167th (25:08.9) at the 6k Commodore Classic.

2018: Ran in one race for the Lady Bulldogs, clocking a 23:54.00 for 24th at the 6k Berry Invitational.

2017: Redshirted for the Lady Bulldogs.

High School: Helped lead the Athens Academy track team to the 2016 and 2017 GHSA Class A-Private titles, alongside Georgia sophomore Anna Marian Block...Also ran for a Spartan cross country squad, which featured Doherty and Block, that was the state runner-up in 2015...Personal-best times of 5:24 (1600 meters) and 11:42 (3200m)...National Honor Society member and founded the French Club at Athens Academy.

Personal: Born Jan. 22, 1999...Daughter of Jud Doherty and Frances Cross...Sister, Caroline, played tennis at Rhodes College...Majoring in human development and family science.

Samantha Drop

5-4 ● Senior ● Durham, Conn. ● Coginchaug HS

2017, 2019 NCAA XC All-Region / 2017 NCAA South Region Champion / 2017 NCAA XC All-American



2019: Led Georgia with a victory in the season-opening 4k Bulldog Invitational thanks to a 13:14.7...Scored in four other meets for the Lady Bulldogs, including an All-SEC Second Team finish at the 6k SEC Championships with a 20:24.9...Earned All-Region honors after crossing the 6k finish line in 20:23.2 at the NCAA South Regional...Took 45th at the 6k NCAA Championships after registering a 20:54.3...earned her first USTFCCCA All-Academic recognition alongside her sister, Jessica.

2018: Redshirted for the Bulldogs.

2017: Finished with runner-up honors at the two-mile WCU Festival after taking second with a 10:44.45... Second at the 6k Bulldog SEC Preview thanks to a time of 21:15.9...Was fifth at the 6k Paul Short meet thanks to a 20:00...Led Georgia for the first time in 2017 after taking 13th (20:06.4) at the 6k NCAA Pre-Nationals...

Earned All-SEC First Team honors taking fifth (20:19.8) at the 6k SEC Championships...Was voted the USTFCCCA Women's Athlete of the Year following her victory at the 6k NCAA South Regional thanks to a time of 19:40.9... Became the first Lady Bulldog across the 6k finish line at the NCAA Championships after earning All-America honors with a 30th-place finish (20:06.34).

2016: Was the second Lady Bulldog across the line at four meets...Scored at the 5K UGA Cross Country Invitational with a fifth-place finish thanks to her 18:17.34...Was the second Georgia finisher at the 5K Commodore Classic, taking 20th (17:39.6)...Took 43rd (20:50) at the 6K Paul Short Run...Had a top-10 finish at the 6K Crimson Classic with a 21:08.3... Earned All-Freshman honors at the 6K SEC Championships after running a 21:15.6 for 24th place...Brought All-Region honors back to Athens and led UGA for the first time in her career with a 17th-place finish (20:45.2) at the 6K NCAA South Regionals.

High School: Earned All-America honors on her indoor distance medley relay team...Captured Shoreline championships in the 1600 meters and 3200m...Won the Class SS individual cross country title and was on the winning Class S 4x800m relay squad...Personal-best times of 18:48 (5K cross), 5:04 (mile), 10:46 (3200m) and 7:19 (2000m steeplechase)...All-State in cross from sophomore to senior years and in cross, indoor and outdoor during junior and senior seasons...Named cross team MVP from sophomore to senior years...Earned First Team All-Shoreline honors in cross and indoor and outdoor track as a sophomore, junior and senior...Selected to All-New England team indoors as a junior and to squad indoors and in cross as a senior...Named New Haven Register cross MVP...Member of National Honor Society, French Honor Society and Best Buds... Graduated with Honors and Distinction...Volunteer for Special Olympics.

Personal: Born October 7, 1998...Daughter of Daniel and Anne Drop...Twin sister, Jessica, is also running for Georgia's track and field team...Majoring in nutritional sciences.

MEET THE LADY BULLDOGS

Grace Ellsworth

5-5 ● Freshman ● Marietta, Ga. ● Hillgrove



High School: Led Hillgrove to Cobb County, regional and state cross country championships (first team state XC title in school history) as a senior while taking third individually...Cobb County individual cross champion her final fall...Selected by the Atlanta Track Club to run for Team Georgia at the Footlocker South Regional as a junior...ATC All-Metro Cross Country Team and All-State medalist in cross country as a junior and senior...Personal-best times of 2:21 (800 meters), 5:08 (1600m), 11:04 (3200m), 18:21 (5000m) and 18:19 (5k)...Eye Opener individual girls champion in her third year...Great American Cross Country Festival Seeded girls champion and All-State medalist in the 3200m and in cross country as a sophomore...Individual qualifier for the state meet in cross country, 1600m and 3200m as a sophomore...New Balance Nationals Outdoor qualifier as a freshman...Individual qualifier for the state meet in cross country and 3200m as a freshman...

Broke the school record in the mile, 3200m, 5000m, 5k, distance medley relay (one of state's all-time top-10 times), 4x800m relay and 4x1600m relay, which all still stand...1600m region champion in her first year and named to Marietta Daily Journal First Team in cross country all four years...Named cross country and track MVP all four years...Member of BETA Club, Athletic Honor Society and National Honor Society.

Personal: Born Dec. 31, 2001...Daughter of Dave and Tina Ellsworth...Father played baseball at VMI...Intending to major in Sports Medicine/Sports Science.

Skylar English

5-8 ● Junior ● Dacula, Ga. ● Dacula HS



2019: Scored in two of the three meets she competed at...Had a season-best 8k time of 21:20.7 at the Paul Short Run.

2018: Opened her career by competing in six races for the Lady Bulldogs, scoring in four of them...Took 71st at the 6k Pre-Nationals with a 21:31.1...Was 51st (20:41.13) at the 6k SEC Championships and finished 68th (22:06.8) at the 6k NCAA South Regional.

High School: Ran on the varsity cross country team in her final two years...Finished third at the 2016 GHSA 6A state meet...2017 Gwinnett County Co-Runner of the Year and won the county championship...Earned Captain's Award...Finished first at the North Georgia meet and the Rock Ranch Invitational (18:49.59)...Named to Gwinnett All-County Team both years...Region champion who was named the team's Most

Valuable Runner...Third Team All-Metro...Personal-best time of 18:30.13 (5k CC)...Also lettered for the soccer team all four years... Scholar-Athlete who received the Jared and Jaison Scholarship for soccer... Team captain as a junior and earned Captain's Award...Helped lead team to 2017 playoffs after winning the region...Part of co-region champions as a sophomore and advanced to the 2016 playoffs...Named Dacula HS Female Senior Scholar-Athlete of the Year...Member of Beta Club, National Honor Society, National English and Spanish Honor Society, Fellowship of Christian Athletes, Mu Alpha Theta and Student Council...Honor graduate who received the Georgia Certificate of Merit, Miss Dacula Collegiate Highest GPA Award and two-time Falcon Award recipient.

Personal: Born Jan. 23, 2000...Daughter of Melissa and Michael English, both UGA graduates...Intended major in marketing.

Ellie Hall

5-3 ● Sophomore ● Marietta, Ga. ● Marietta HS



2019: Scored at her final five meets of the year, including her 56th-place finish at the 6k NCAA South Regional with a time of 21:28.7...Was also 60th (21:39.2) at the 6k SEC Championships.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior...Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Jan. 16, 2001...Daughter of Paul and Susan Hall...Has a twin sister Emmie, who is also attending UGA...Intended major in Business.

MEET THE LADY BULLDOGS

Ani Henderson

5-8 ● Sophomore ● Marietta, Ga. ● Marietta HS



2019: Ran at the 4k Bulldog Invitational and was 38th after registering a 17:31.4.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior....Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born August 22, 2001...Daughter of Kimmy and Kevin Henderson...Undecided major.

Caroline McArthur

5-5 ● Sophomore ● Watkinsville, Ga. ● Oconee County HS



2019: Opened her career by scoring at the 4k Bulldog Invitational...Wrapped up her season at the 6k SEC Championships by taking 96th with a time of 22:27.0.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior....Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Jan. 19, 2001...Daughter of Anna and Bryan McArthur, a 1995 graduate of LSU who ran on the cross country and track and field teams...Intended major in criminal justice.

Gracie O'Neal

5-7 ● Freshman ● Chickamauga, Ga. ● Gordon Lee HS



High School: Captured top honors at the GHSA A state cross country meet as a sophomore, junior and senior...Named the 2019 Chattanooga Best of Preps XC Athlete of the Year...Finished first in the 1600 meters and 3200m at the state meet and helped lead her team to the state championship as a junior...Swept the 1600m and 800m during her sophomore spring...Won the 1600m state title and was the 800m runner-up as a freshman...Named 2017-2019 Walker County Female Athlete of the Year...Also played basketball and volleyball at Gordon Lee...Valedictorian, Class President and S.T.A.R. Student (highest SAT score)...Member of National Honor Society (President), Student Council (President), Key Club and Fellowship of Christian Athletes Leadership Team.

Personal: Born June 13, 2002...Daughter of Terry and Janet O'Neal...Brother, Caleb, plays football at Kennesaw State and sister, Alli, graduated from UGA...Intending to major in Biology.

Nicole Pachuta

5-7 ● Junior ● Watkinsville, Ga. ● Oconee County HS



2019: Scored in all six of her meets, including a fourth-place showing at the season-opening 4k Bulldog Invitational with a 13:45.7...Was 52nd (21:28.6) at the 6k SEC Championships...Wrapped up her season with a 55th-place finish at the 6k NCAA South Regional after clocking a 21:27.2.

2018: Ran in five meets for the Lady Bulldogs, including a team best 15th-place finish in her first collegiate action at the 5k Charlotte Opener with a time of 19:07.2...Had a season-best time of 22:04.9 to take 127th at the 6k Pre-Nationals.

High School: Swept the individual cross country, 800 meters and 1600m at the GHSA 4A state cross country and track and field meets as a senior...Individual state runner-up in cross country as a junior...Also was third in the 1600m and fourth in the 800m at the state meet in her third year...Won the 2017 Georgia Meet of Champions' 1600m...Took sixth in the 800m and eighth in the 1600m as a sophomore at the 3A state championships...Finished third in the 800m and fifth in the 1600m at the 3A state meet as a freshman...

Personal-best times of 18:18 (5k CC), 5:01 (1600m) and 2:16 (800m)...Named the Athens Banner-Herald's Cross Country Runner of the Year and Woman's Athlete of the Year...Also was a part of Oconee's competitive cheerleading team...Member of National Honor Society and Beta Club.

Personal: Born April 28, 2000...Daughter of Johnny and Alicia Pachuta...Intended major in management.

MEET THE LADY BULLDOGS

Marisa Petit

5-5 ● Junior ● Braselton, Ga. ● Mill Creek HS



2019: Ran in the Lady Bulldogs' first five meets of the year, finishing with the 6k SEC Championships (98th – 22:28.7).

2018: Competed in five meets for the Lady Bulldogs, including a collegiate debut of 26th (19:20.2) to score at the 5k Charlotte Opener...Was 114th at the 6k SEC Championships after registering a 21:47.18.

High School: Helped lead Mill Creek to the 2015 GHSA 6A state cross country title as a sophomore ... Finished fourth in the 3200 meters at the 2018 state meet as a senior after taking eighth in the event at the meet as a junior...Won the 2017 3200m region championship as a junior and was second as a senior...Captain of cross team and distance squad on the track as a senior...Personal-best times of 10:59 (3200m) and 5:13 (1600m)...Finished with a 4.0 grade point average and in the top 4 percent of Mill Creek's graduating class of

1,000...Four-year All-A Honor Roll member who was a Georgia Certificate of Merit recipient...Junior and senior class vice president who was member of the National Honor Society, Spanish National Honor Society and Beta Club.

Personal: Born June 4, 2000...Daughter of Rex and Julie Petit...Has a twin sister named Camryn who runs at North Carolina... Older sister, Hannah, runs at Georgia Tech...Majoring in nutritional sciences.

Victoria Schneider

5-7 ● Freshman ● Concord, N.C. ● Cannon School HS



High School: Ran on a 4x200-meter relay team at the 2019 New Balance National Meet...Finished as the runner-up at the 2019 NCISAA Division I Championship in the 4x200m relay and was fifth in the 800m...Part of second-place 4x400m relay team at the NCISAA Division I state championship...Personal-best times of 2:22.68 (800m), 47.13 (300mH), 11:37 (3200m, time trial during the quarantine) and 20:19 (5k)...Was Second Team All-Conference in cross country as a junior...Took second in the 300m hurdles at the 2018 NCISAA 3A state championships...Finished fifth in the 100m hurdles at the 2017 NCISAA 3A state championships... Earned the Cross Country Coaches' Award as a freshman, junior and senior and the Track Coaches' Award as a sophomore and junior...Editor in Chief of Yearbook staff...President of Robotics Club and served on Upper School Honor Council...Chair of Cannon Athletic Leadership Council and part of the Cum Laude Society (top

10 percent of the class based on weighted GPA)...Earned the Faculty Cup Award, which is the highest award given in the senior class for excellence and leadership in and out of the classroom...Part of National Chinese Honors Society, Rho Kappa National Social Studies Honors Society, Mu Alpha Theta National Math Honors Society, National English Honors Society and Quill and Scroll Honors Society.

Personal: Born March 26, 2002...Daughter of Susan and John Schneider...Intending to major in Biological Engineering.

Morgan Vaden

5-9 ● Freshman ● Atlanta, Ga. ● St. Pius HS

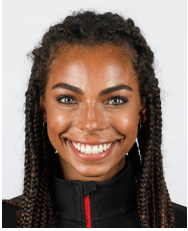


High School: Led St. Pius to the GHSA 4A state cross country title as a senior...Collected a top-10 finish at the Great American Invitational in her final year...Won the Coach Wood Invitational and was the runner-up at the Wingfoot Invitational as a senior...Placed on Atlanta Track Club's All-Metro First Team...Personal-best times of 17:43 (5k), 10:53 (3200 meters) and 5:12 (1600m)...Finished second in the 3200m at the state track meet as a junior...Part of relay team that broke the 4x1600m, 4x800m and distance medley relay school records as a junior...Earned MVP award in cross country three years and in track two years...Took third at the state cross country meet and was again runner-up in the 3200m at the state track meet during her second year...Set school cross record as a sophomore and senior and named to ATC's All-Metro Third Team as a sophomore...Named to Dean's List as a freshman.

Personal: Born Nov. 20, 2001...Daughter of Suzanne Vaden and Bo Vaden...Intending to major in Communication Sciences and Disorders.

Jayda Woods

5-10 ● Redshirt Sophomore ● Cold Spring, Minn. ● Rocori HS



2019: Did not compete.

2018: Redshirted for the Bulldogs.

High School: Helped lead Rocori to three state track and field team championships...Ran on 4x800-meter relay team that finished fourth and 4x400m relay team that took sixth at the state meet as a senior...Was on the runner-up 4x800m relay, part of third-place 4x400m relay and eighth-place finisher in 800m at state meet as a junior...Finished seventh in the 800m and fourth in the 4x400m relay at the state championship as a sophomore...Earned a spot on Central Lakes All-Conference cross country and track and field teams all four years...Two-time All-Area cross country and three-time All-Area track team selection...Set school records in the 1600m (5:09) and as part of 4x800m relay (9:16)...Personal-best times of 2:14.3 (800m) and 5:09.9

(1600m)...Earned All-Conference honors and was team Defensive Player of the Year in basketball at Rocori...Named an All-State Academic Student-Athlete and part of Student Senate and Rocori Against Destructive Decisions.

Personal: Born Feb. 22, 2000...Daughter of Julie Woods, who ran track and cross country at St. Thomas University...Has five siblings...Majoring in psychology.

Maggie Yankovich

5-7 ● Sophomore ● Atlanta, Ga. ● St. Pius X



2019: Competed in a pair of meets to start her career with the Lady Bulldogs...Clocked a 22:57.7 for 75th place at the 6k Commodore Classic.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship...Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior....Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born May 23, 2001...Daughter of Rob Yankovich and Lynne Wurzburg...Intended major in Biology.

Tiffany Yue

5-7 ● Senior ● Lawrenceville, Ga. ● Northview HS



2019: Did not compete for the Bulldogs...Named to the 2019-20 SEC Community Service Team for track & field and cross country.

2018: Ran in five meets for Georgia, leading her team with a fifth-place finish (22:55.64) at the 6k Berry Invitational...Took 109th at the 6k SEC Championships after registering a 21:42.26.

2017: Started her season by taking 14th (11:47.92) at the two-mile WCU Festival...Finished fifth at the 5k Gene Mullin Invite after running a time of 19:03.38.

2016: Finished 19th in her first collegiate meet with a 19:13.41 at the 5K UGA Cross Country Invitational...Took 131st (18:59.0) at the 5K Commodore Classic...Wrapped up her first season at the 6K SEC Championship after taking 123rd (23:44.2).

High School: Part of Northview's GHSA 6-A state cross country titles in 2013-14...Ran on squad that finished third at the 2015 state cross meet...Finished eighth individually at 2015 state cross meet and named to Atlanta Track Club All-Metro Team (recipient of 2016 Patty Foell Scholarship)...Personal-best times of 18:32 (5K cross), 11:23 (3200 meters), 5:10 (1600m) and 2:20 (800m)...Part of 2016 4x1600-meter relay team who ran the second-fastest time in state history at the time...Leg on 4x1600m, 4x800m and distance medley relay teams who set school records...Recipient of cross country Newcomer Award and track's Most Improved as a sophomore...Earned track's Rookie Award and a varsity letter as a freshman (lettered in cross and track all four years)...Graduated Summa Cum Laude and as an AP Scholar with Distinction...Was in 99 percentile on National Spanish Exam 2013-15 and first place in state in 2013-15...Member of National Honor Society, National Spanish Honor Society, HOSA and Project RAIN (treasurer).

Personal: Born January 8, 1998...Daughter of Eric Yue and Diane Dong...Mother, Diane, finished pharmacy graduate school at UGA...Dual-major in anthropology and biology.

MEET THE BULLDOGS

Sam Adams

6-1 ● Freshman ● Atlanta, Ga. ● Pace Academy

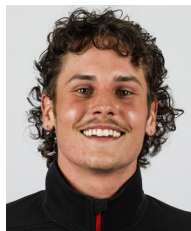


High School: Part of GHSA AAA state runner-up cross country team as a senior...Established a fresh indoor school record in the 800 meters and the distance medley relay in his final year...Finished second for second straight year in the 800m at the state championship as a junior...Personal-best times of 48.94 (400m) and 1:55.08 (800m)...Also improved school records in the 800m, DMR, sprint medley relay and 4x800m relay his third year...State runner-up in the 800m while setting school records in the 800m, DMR, SMR and 4x800m as a sophomore...Also played basketball at Pace...Member of National Honor Society and an AP Scholar.

Personal: Born Nov. 21, 2001...Son of Stephanie and Rob Adams...Brother, George, is competing for the University of Pennsylvania's track team...Undecided major.

John-Isaac Autry

5-11 ● Redshirt Freshman ● Evans, Ga. ● Lakeside-Evans HS



2019: Redshirted.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship...Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior...Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Jan. 17, 2001...Son of Shelley Underwood and Joey Autry...Grandmother, Lynn Autry, attended UGA...Hometown of Thomasville, Georgia...Intended major in marketing.

Sam Bowers

5-8 ● Redshirt Sophomore ● Milton, Ga. ● Milton HS



2019: Redshirted.

2018: Competed and scored in four meets for the Bulldogs, including a team best 103rd-place finish (25:05.4) at the 8k Pre-Nationals...Earned SEC All-Freshman honors after taking 28th at the 8k SEC Championships thanks to a time of 23:46.49...Was Georgia's top finisher at the 10k NCAA South Regional after clocking a 32:44.4.

High School: Captured the GHSA Class 7A individual cross country and 3200-meter run titles on the track twice each...Claimed the state individual cross title his senior year as the only competitor to break 16 minutes in the 5000 meters, and was joined on the podium by teammate Nicholas Yanek to complete a 1-2 sweep by the Milton runners in Carrolton...Named Georgia Gatorade Boys Cross Country Runner of the

Year...Finished eighth at the state cross country meet as a sophomore...Personal-best times of 14:50 (5k CC), 9:16 (3200m) and 4:15 (1600m).

Personal: Born Oct. 5, 1999...Son of Richard and Cindy Bowers...Father, Richard, also attended UGA...Intended major in management.

Jack Bradley

5-7 ● Senior ● Duluth, Ga. ● Peachtree Ridge HS



2019: Scored at four meets for the Bulldogs, including his 13th-place finish at the 6k Bulldog Invitational with a 18:54.4...Posted a season-best 8k time of 24:38.1 to score in 61st at the SEC Championships...Completed his season with a 92nd-place finish at the 10k NCAA South Regional thanks to his 32:43.4.

2018: Scored in a pair of meets after taking 22nd (16:06.5) in the 5k Charlotte Opener and 15th (25:07.1) in the 7.6k Bulldog Invitational...Took 89th in the 8k SEC Championships with a time of 25:26.45.

2017: Ran a 26:55.5 for 43rd place at the 8k Bulldog SEC Preview...Finished sixth at the 5k Gene Mullin Invite with a 16:02.45...Completed his season with a 98th-place finish (26:34.5) at the 8k SEC Championships.

2016: Redshirted for the Bulldogs.

High School: Helped his team take third at the 2016 GHSA Class 6A Cross Country Championships as he finished 21st overall...Took 10th in the 1600 meters at the 2016 state meet...Personal-best times of 4:23 (1600m), 9:44 (3200m) and 16:29 (5K cross)...Named Most Outstanding Men's Distance Athlete as a senior...Lettered with Recognition as a junior...Ran on a Peachtree Ridge team that finished second at the state cross meet as a sophomore...Lettered in cross as a freshman...Graduated with Honors and in the top 10 percent of his 750-person graduating class...Member of his school's Leadership Team.

Personal: Born Feb. 10, 1998...Son of Tucker and Trish Bradley...Mother, Trish, attended UGA...Majoring in finance.

Quinn Burden

5-8 ● Junior ● Atlanta, Ga. ● Marist School



2019: Finished in the top five for Georgia twice, including his 19th-place showing at the 6k Bulldog Invitational with a 19:02.9...Scored at the 8k SEC Championships after registering a 24:39.4...Wrapped up his campaign by finishing 139th (34:06.8) at the 10k NCAA South Regional.

2018: Competed in two meets for the Bulldogs, including a 27th-place finish (26:01.5) at the 7.6k Bulldog Invitational.

2017: Redshirted for the Bulldogs.

High School: Finished as the runner-up at the 2016 GHSA Class 4A cross country meet...Won the region cross title and was named team captain...Named 2017 Atlanta Track Club First Team All-Metro in cross country...Also competed on Marist's varsity wrestling team and JV lacrosse squad...National Honor Society,

German Honor Society, Honor Roll student...2017 track team Scholar Athlete Award.

Personal: Born Aug. 13, 1998...Son of Mark and Maura Burden...Father, Mark, played golf at Duke University...Intended dual-major in international business and sports management.

Chase Condra

5-8 ● Redshirt Freshman ● Suwanee, Ga. ● Peachtree Ridge HS



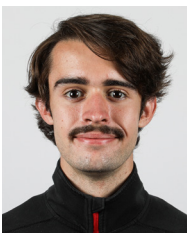
2019: Redshirted.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior...Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Sept. 7, 2000...Son of Steve Condra...Sisters, Stacey and Crystal, both played softball at Mercer...Intended major in engineering.

Nico Fontova

5-10 ● Sophomore ● Atlanta, Ga. ● St. Pius X



2019: Ran at four meets for the Bulldogs, including the 8k SEC Championships where he was 100th with a season-best time of 25:42.3.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior...Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Feb. 13, 2001...Son of Connie and Alberto Fontova...Intended major in electrical engineering.

Tyler Fox

6-0 ● Redshirt Sophomore ● Suwanee, Ga. ● Lambert HS



2019: Redshirted.

2018: Ran in three meets during his first season and scored in a pair of them...Took 169th to score at the 8k Pre-Nationals with a time of 25:46.8.

High School: Helped lead his team to the 2016 GHSA Class 7A cross country state title as a junior after taking seventh individually...Improved to fifth individually at the 2017 state cross meet his senior year... Finished eighth in the 1600 meters at the 2017 state track and field meet as a junior...Was on the Atlanta Track Club's First Team All-Metro squad as a senior and Second Team All-Metro as a junior...Personal-best times of 15:29 (5k CC), 4:19 (1600m) and 9:25 (3200m)...Also played basketball at Lambert.

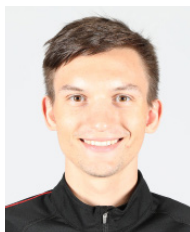
Personal: Born Jan. 13, 2000...Son of Mark and Krista Fox...Mother, Krista, played soccer at Wright State...

Intended major in economics.

MEET THE BULLDOGS

Jacob Hadden

5-9 ● Junior ● Watkinsville, Ga. ● Oconee County HS/Oglethorpe University



2019: Redshirted.

Oglethorpe University (2017-19): Qualified for the NCAA Division III Cross Country Championships... Earned All-Southern Athletic Association first team honors from the league's coaches and South/Southeast All-Region honors from the U.S. Track & Field and Cross Country Coaches Association...His 11th place finish at the regional meet marked the program's best individual finish since 1993...Three-time SAA Men's Cross Country Runner of the Week...Personal-best times of 9:24 (3,000-meter steeplechase), 15:09.10 (5,000 meters) and 25:51.30 (8k CC).

High School: Competed in the 5k (16:23.73) at the 2016 Georgia Cross Country Meet of Champions after a 13th-place finish in the event at the 2015 Class 3A championships, backing up OCHS and Georgia teammate

Michael Hans who was the fifth-place finisher...Qualified for the state cross country meet as a sophomore, junior and senior... Personal-best times of 2:04.33 (800 meters), 4:35.23 (1600 meters), 10:25.31 (3200 meters) and 16:23.73 (5k CC)...Positive Athlete of East Atlanta in 2015...Future Business Leaders of America and German Club.

Personal: Born May 15, 1999...Son of Deborah Hadden, who also attended UGA...Majoring in ecology.

Michael Hans

6-0 ● Senior ● Watkinsville, Ga. ● Oconee County HS



2019: Was limited to a pair of meets...Took 59th at the 8k Commodore Classic and 152nd at the 8k Paul Short Run.

2018: Scored in all six of his meets, topping his teammates in four competitions...Had a season-best finish of fourth (24:29.0) at the 7.6k Bulldog Invitational...Top finisher for Georgia at the SEC Championships, taking 26th with an 8k time of 23:44.54...Scored at the 10k NCAA South Regional with a 33:05.4 for 60th.

2017: Finished fourth at the 5k WCU Festival with a time of 15:39.66...Took 37th (26:29.8) at the 8k Bulldog SEC Preview...Scored at the 8k SEC Championships thanks to a time of 25:19.0 for 52nd place...Completed his season taking 91st (33:15.8) at the NCAA South Regional.

2016: Redshirted for the Bulldogs.

High School: Finished third at the GHSA Class 3A state cross country meet as a junior and took fifth at the meet as a senior... On the track, finished seventh in the 1600 meters and fourth in the 3200m as a junior and seventh in the 1600m and fifth in the 3200m as a senior...Personal-best times of 1:58.66 (800m), 4:20.95 (1600m), 9:34.69 (3200m) and 15:28.8 (5K cross)...Was 23rd at the state cross meet as a sophomore while qualifying for the state track meet in the 1600m and the 3200m...Also qualified for the state cross meet as a freshman...Was the Alexander Asics Invitational Class 3A champion...Earned the Principal's Award and posted an 'A' average all four years...Member of HOSA, FBLA and BETA clubs.

Personal: Born April 12, 1998...Son of Michael and Debby Hans...Majoring in landscape architecture.

Noah Hayes

5-10 ● Freshman ● Marietta, Ga. ● Hillgrove

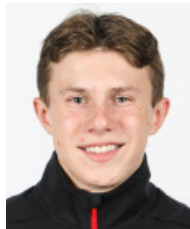


High School: Was the GHSA 7A state runner-up in cross country and set a school record as a senior...Qualified for the indoor 5k nationals in his final season...Improved his own school record in the 3200 meters as a senior...Personal-best times of 15:14 (5k) and 9:24 (3200m)...Finished in the top 10 at the state cross meet as a junior...Set a school record in cross and on the track in the 3200m his third year...Four-year letterman in track and cross...Four-year state qualifier in cross and two-year qualifier in track.

Personal: Born Feb. 8, 2002...Son of Cynthia and Alec Hayes...Intending to major in Psychology.

Cole Heron

5-9 ● Freshman ● Marietta, Ga. ● Pope



High School: Guided Pope to the GHSA 6A state cross country title as a junior by finishing 13th individually...Set school records in both the 5k and the 3200 meters as a senior and was third overall at the state cross country championships his final season...Also garnered his school's Most Outstanding Runner honors...Took sixth in the 1600m at the state meet as a junior...Personal-best times of 1:59.02 (800m), 4:23 (1600m), 9:20.79 (3200m) and 15:10 cross 5k...Helped lead team to three runner-up performances at the state cross country meet (freshman, sophomore, senior)...Earned varsity letters in both cross and track all four years...Also wrestled at Pope...Part of German Honors Society.

Personal: Born Aug. 14, 2001...Son of Leslie Heron and Todd Heron...Brother, KC, is a twin and is also running for the Bulldogs...Intending to major in Business.

KC Heron

5-9 ● Freshman ● Marietta, Ga. ● Pope



High School: Named to Pope's Cross Country Hall of Fame...Part of state champion cross country team at the GHSA 6A meet in his third year...Finished third in the 1600 meters at the state meet as a junior...Personal-best times of 15:42 (5k), 4:18 (1600m), 1:58 (800m) and 9:36 (3200m)...Named Most Valuable Distance Runner for track as a junior...Ran on state runner-up cross team as a sophomore...Helped lead Pope to four consecutive region titles in cross...Earned varsity letter in both track and cross all four years...Named team's Rookie of the Year...Part of team that was state runner-up as a freshman...Part of German Honors Society and was a two-year Scholar-Athlete.

Personal: Born Aug. 14, 2001...Son of Leslie Heron and Todd Heron...Brother, Cole, is a twin and is also running for the Bulldogs...Intending to major in Business.

Wesley John

5-11 ● Sophomore ● Watkinsville, Ga. ● Oconee County HS



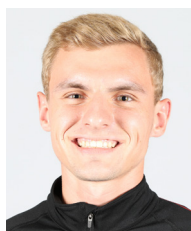
2019: Ran at five meets during his first season, scoring at both the 8k SEC Championships and the 10k NCAA South Regional...Finished 69th at SECs with a 24:42.4 and took 101st (32:52.1) at the Regional.

High School: Won the 2014 GHSA AA 3200-meter state title after also winning the region championship... Guided Lovett to its first state track and field title since 1996 in 2014...Also captured the 2014 region crown in the 1600 and was the 2013 cross country region runner-up...Two-time All-State in cross...Captain of both track and cross teams as a senior...Personal-best times of 5:12 (mile), 11:10 (3200) and school record mark of 18:36 (cross country 5000)...Volunteered with Habitat for Humanity, as well as a member of Student Service Board and Project Horizon.

Personal: Born Jan. 22, 2001...Son of Brian and Christa John, who both attended UGA...Aunt and uncles Chad and Karen Young and Brant and Holly Suddath also attended the university...Intended major in sports management.

Michael Malkowski

6-2 ● Redshirt Sophomore ● Baltimore, Md. ● Milton HS



2019: Scored in a pair of meets for the Bulldogs...Had a season-best time of 25:03.3 at the 8k Paul Short Run...Was 95th (25:32.8) at the 8k SEC Championships.

2018: Redshirted for the Bulldogs.

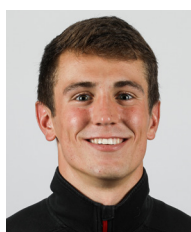
High School: Ran on the 2017 GHSA Class 7A state champion cross country team...Finished second in the 1600 meters at the 2017 state track meet as a junior...Also a state finalist in the 800m that year...Took sixth at the 2016 state cross meet as a junior...Was eighth in the 800m at the 2017 state track meet his junior year... Won the 2017 Fulton County 1600m and 800m as a junior...Named to the 2016 All-Metro cross team as a junior...Set school records in the 1500m and 1600m...Personal-best time of 4:15.63 (1600m)...Earned Milton's Spanish and Calculus Awards for Student Excellence...Named the May 2017 Fulton County Chamber

of Commerce Male Athlete of the Month, as well as the West Stride April Student-Athlete of the Month.

Personal: Born Nov. 17, 1999...Son of Paul and Kathy Malkowski...Majoring in political science.

Clay Pender

5-10 ● Redshirt Sophomore ● Winder, Ga. ● Jefferson HS



2019: Competed in four meets for the Bulldogs, including the 8k SEC Championships where he was 85th with a 25:05.5.

2018: Redshirted for the Bulldogs.

High School: Qualified for the New Balance Nationals in the 800 meters as a senior...Was GHSA state runner-up in both the 800m and 1600m in his fourth year and took second at the Georgia Meet of Champions in the 800m...Also collected region titles in both the 800m and 1600m as a senior...Ran at New Balance Nationals and was second in the 800m at the state meet as a junior...Won the region title in the 400m, was ninth in the event at the state meet and finished fifth at the USATF Junior Olympics in his third year...Took third in the 800m at the state meet as a sophomore, topping a 46-year-old school record...Placed

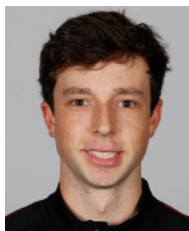
10th at the state meet in the 1600m as a freshman...Personal-best times of 50.03 (400m), 4:19.97 (1600m) and 1:52.68 (800m)... Earned U.S. Army Scholar-Athlete, MVP and Captain awards...Was an All-American at the USATF Junior Olympics...Also played football and basketball at Jefferson...Honor graduate who was part of Beta Club and Total Person Program.

Personal: Born May 4, 2000...Son of Ted and Andrea Pender...Father, Ted, graduated from UGA...Intended major in finance.

MEET THE BULLDOGS

Nate Reichard

6-0 ● Senior ● Duluth, Ga. ● Peachtree Ridge HS



2019: Ran in five meets and scored in four of them...Had a season-best 8k time of 24:27.9 to take 60th at the SEC Championships...Completed his year with a 72nd-place finish (32:13.6) to score at the 10k NCAA South Regional.

2018: Ran and scored in four meets for the Bulldogs, including as Georgia's second finisher at the 10k NCAA South Regional with a 32:45.8 for 47th...Finished 52nd (24:15.70) at the 8k SEC Championships.

2017: Did not compete for the Bulldogs.

2016: Redshirted for the Bulldogs.

High School: Led Peachtree Ridge to a third-place finish at the 2015 GHSA Class 6A state cross country meet...Competed at state cross meet all four years...Ran to a seventh-place finish in the 3200 meters at the state track meet as a senior...Personal-best times of 15:53 (5K cross), 9:20 (3200m) and 4:27 (1600m)...Received Peachtree Ridge's 2016 Coach's Award for being the most outstanding track athlete and was on the Gwinnett Daily Post All-County Second Team...Earned school's Most Outstanding Distance Runner Award in 2015...Was the individual runner-up at the Gwinnett County Cross Country Championships as a senior and was named to the All-County First Team...Named to Gwinnett County All-County Cross Country Team and was 15th in the 3200m at the state meet as a junior...Scored on 2013 cross team that finished second at state as a sophomore...Graduated as an Honor student and as an AP Scholar with Distinction...Member of 2014 Student-Athlete Leadership Team and the inaugural class of the Suwanee Youth Leaders program...Included on the 2014-15 Gwinnett Daily Post Cross Country Preseason Super Six team.

Personal: Born April 11, 1998...Son of Scott and Whitney Reichard...Grandfather, Carl Ritter, attended UGA...Dual-majoring in accounting and management information systems.

Zachary Roe

6-0 ● Freshman ● Atlanta, Ga. ● Westminster School



High School: After running on the second-place cross country team at the GHSA AAA state meet as a freshman, went on to help Westminster win three straight team titles between his sophomore and senior years... Had top career finish of fifth at the state cross meet as a senior...Personal-best times of 9:30 (3200 meters), 4:27 (1600m) and 15:23 (5k)...Set a school record in the 5k in his final fall and was the team's captain...Earned a spot on the Powerade All-Metro Second Team and was awarded the Westminster Cross Country Victory Award in his fourth season...Also named Track and Field Most Outstanding Runner...Four-year cross and track letter winner...After finishing sixth at the state cross meet, he took third in the 3200m at the state track meet as a junior...Named to Powerade All-Metro Third Team and earned Westminster Cross Country Coaches Award as a junior...Part of school record-breaking 4x1600m relay squad...Secured runner-up honors in the

3200m at the state meet as a sophomore...Finished seventh individually at the state cross meet in his second season...Earned Cross Country Personal Achievement Award as a sophomore...Received the Mac Shreve Memorial Award and Christian Leadership Award...Member of National Honor Society and Christian Leadership Council.

Personal: Born Sept. 20, 2001...Son of David Roe and Charity Roe...Mother ran cross country and track at Samford...Intending to major in Biology with pre-Med intentions.

Taylor Scarbrough

5-6 ● Senior ● Canton, Ga. ● Cherokee HS/Western Kentucky



2019: Scored for the Bulldogs four times...Had a season-best 8k time of 24:48.0 for 73rd at the SEC Championships...Concluded his year by taking 106th at the NCAA South Regional.

2018: Redshirted for the Bulldogs.

Western Kentucky (2016-18): Ran times of 14:49 (5000 meters), 8:31 (3000m) and 25:44 (8k CC)...Named to 2018 CoSIDA Academic All-District Team for track and was part of cross country team that was awarded All-Academic Team honors...Earned a spot on Conferenced USA honor roll and received the Commissioner's Academic Medal both years.

High School: Earned cross country 2014 All-State honors and was a member of that year's Team Georgia for cross...Ran cross for all four years and set five school records...Ran for Team Georgia at the 2014 Foot Locker Southeast Regionals and was seventh at the GHSA Class 6A cross meet...Region runner-up in 2014 and fourth in 2015...Won the 2014-15 county titles and was named All-Region those years...Named to the 2013-15 All-County teams...Competed on the track team for his last three years...Fourth in the 3200m at the region meet...Personal-best times of 9:38 (3200m), 4:33 (1600m) and 15:41 (5k CC)...Also played baseball as a freshman...Graduated with honors.

Personal: Born March 14, 1998...Son of Dan and Christy Scarbrough...Uncle, Hudson, aunt, Melissa, and cousins Hudson, Cole and Riley all attended or currently attend UGA...Intended major in finance.

Athni Tesfaye

6-1 ● Freshman ● Loganville, Ga. ● Loganville



High School: Captured the GHSA 5A state individual cross country crown in his fourth year, marking the first competitor from his high school, county and region to accomplish the feat...Earned 5A All-State honors as a senior...Awarded the Certificate of Excellence for his state title and was given the first Legacy Award at Loganville...Set the school/county/region record in the 1600 meters in his first race as a senior...Also established a fresh 5000m school/county/region track record with his personal-best time in the event as a senior...Led Loganville to its first-ever podium finish at the state meet as his team finished fourth as a junior...Won a cross country individual regional title with a school record time and led his team to its second consecutive regional championship in his fourth year...Personal-best times of 4:17.97 (1600m) and 15:28 (5000m)...

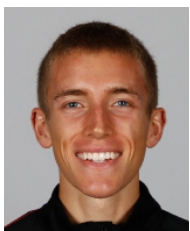
Helped guide Loganville's cross country team to win its first ever region title as a junior...Took third in the 3200m and sixth in the 1600m at the state meet in his third year...Placed 39th at the state cross meet earlier that year...Captured victories in the 3200m at the regional and sectional meets and was fifth in the 1600m at the Meet of Champions with a then school record as a junior...Member of Fellowship of Christian Athletes and Technology Student Association and was a president of VEX Robotics.

Personal: Born Feb. 28, 2002...Son of Dr. Tesfaye R. Tesfaye and Samrawit Kebede...Intending to major in Bioengineering.



Nicholas Yanek

5-7 ● Redshirt Sophomore ● Bettendorf, Iowa ● Milton HS



2019: Named to the 2019-20 SEC Community Service Team for track & field and cross country...Finished as the Bulldogs' leader in all six of their meets, including his season-opening 10th-place finish (18:37.9) at the 6k Bulldog Invitational...Took 34th (24:02.6) at the 8k Paul Short Run...Posted a top-10 finish at the 8k NCAA Pre-Nationals after finishing eighth with a 25:06.1...Earned Freshman All-SEC honors after taking 19th (23:28.0) at the 8k SEC Championships...Narrowly missed All-Region honors by taking 26th with a 10k time of 31:07.0 at the NCAA South Regional.

2018: Redshirted for the Bulldogs.

High School: Finished 44th at the 2017 Nike Cross Nationals after moving to Georgia following his junior year...Helped lead the Eagles to the 2017 GHSA Class 7A state title in cross country his senior year...Part of second-place cross team in Iowa at the 2016 state meet as a junior...Was runner-up in the 3200m at the 2018 Georgia state meet as a senior...Part of First Team at Nike Cross Southeast Regionals after taking sixth...Took second in the 3200m at the Georgia Meet of Champions...Named to Third Team after finishing 16th overall at the 2016 Nike Regionals...Took 13th in the 5000 meters at the 2017 New Balance Outdoor Nationals in the 5000m as a junior...Was 10th at the Iowa Elite All-Star cross meet...Finished seventh at the Iowa Elite All-Star cross meet and won the conference title (his first of two in a row)...Runner-up in the two mile at the 2015 New Balance Outdoor Nationals as a freshman...Qualified for the 3200m as a freshman and sophomore at the Drake Relays and in the 1600m as a sophomore...Earned the Milton Book Award for a top-10 state finish and finishing in the top 10 percent of his class...Member of National Honor Society, National Spanish Honor Society, National Math Honor Society, National Social Studies Honor Society...Senior class secretary who was Academic All-State in Iowa in 2016 and Academic All-Conference from 2014-17...Part of Student Council and earned Academic Excellence honor all four years.

Personal: Born May 22, 2000...Son of Jeremy and Toni Yanek...Sister, McKenzie, ran at Alabama...Intended major in exercise and sport science (Honors Program).





Georgia will open its 2020 cross country season at home and has three regular season meets scheduled before the postseason meet arrives at the end of October.

Leading Off: Georgia maintains the opportunity to open at home by playing host to the Bulldog Invitational at the UGA Golf Course on Sept. 17. In spite of the on-going COVID-10 pandemic, the Bulldogs will welcome a challenging field consisting of South Carolina, Clemson, Georgia Tech and UNC-Charlotte to Athens this week.

Shortened Campaign: For the first time, Georgia's home meet represents a quarter of its entire schedule, including the only postseason meet currently on the schedule which is the Southeastern Conference Championships. The continued effects of the pandemic stalled the start of this season and the SEC announced that the season would consist of a minimum of two meets and a maximum of three competitions prior to the SEC Championships on Oct. 30.

Other conference rules state that the season will take place between Sept. 11 and Oct. 23 and may include competition against non-conference opponents provided those schools adhere to SEC COVID-19 testing protocols. No more than 10 teams may compete in a single race. Schools are also not allowed to compete in consecutive weeks.

On The Road Again: The Bulldogs will follow up their opener with a trip to Tallahassee, Fla., on Oct. 2 for the Florida State Invitational. Two weeks later Georgia will make the trip to the Blazer Invitational in Birmingham, Ala., for its third regular season meet. The slate is scheduled to conclude with the SEC Championships in Baton Rouge, La., on Oct. 30.

Cunniff's Comments: "We are eager and optimistic as we announce this schedule," said Georgia distance coach Patrick Cunniff, who is going into his ninth fall leading the cross country teams. "We look forward to great competition and continuing to develop our student-athletes. We will be tested and challenged, but after many months and many miles our runners are ecstatic to have something to aim for.

"Opening at home gives an awesome opportunity to show off both the beautiful UGA Golf Course and the results of grueling base training," Cunniff explained. "It will let us know where we are physically and mentally and bust off the rust since March.

"After our home meet, everything builds and points towards

the SEC Championships in Baton Rouge," said Cunniff. "FSU and UAB should give us a nice variety of courses and competition and prepare us well. These kids love to run and to race and we can't wait to get after it in a meet setting."

Academic Accolades: Both Bulldog cross country teams finished with UGA's second-best 2019-20 cumulative GPA. The women's team posted a 3.568 to finish just behind the equestrian team (3.5685) while the men's squad managed a 3.40.

Senior **Samantha Drop** also became the 13th track and field and/or cross country team member and third in four years to earn the annual Joel Eaves Scholar-Athlete Award. This award is given annually to the male and female student-athlete with the highest GPA during the fall of their senior year as determined by hours. Winners must have two varsity letters.

Glimpse At 2019: **Jessica Drop**, who completed her cross eligibility last year, and twin sister Samantha highlighted last season by both advancing to the 2019 NCAA Cross Country Championships. Jessica advanced to her third consecutive Nationals and left with her second All-America certificate thanks to her 40th-place finish. Samantha was 45th to narrowly miss All-America honors during her second career trip to the NCAA Championships.

The Drops both earned All-Region honors as the women were seventh at the 2019 NCAA South Regional. During the team's eighth-place finish at the SEC Championships, Jessica was sixth for All-SEC First Team honors while Samantha finished two spots behind her to secure a spot on the Second Team.

The Bulldogs men were 13th at the South Regional behind redshirt sophomore **Nicholas Yanek's** 26th-place finish. At the SEC Championships, Yanek earned SEC All-Freshman honors (19th) and his team took 11th.

Last Team Trip To Nationals: Georgia is three years removed from advancing to the NCAA Championships as a team. In 2017, the Lady Bulldogs made their eighth trip to Nationals in history and finished 17th, which was a 13-spot improvement from their last trip to Nationals in 2012 and the squad's top finish since taking 15th in 2006.

The Drop twins became the first Georgia cross country runners in history to earn All-America honors at the same NCAA Championships during their 2017 trip with Samantha taking 30th overall and Jessica finishing one spot behind in 31st.

2019 REVIEW // 2020 PREVIEW



SEC CHAMPIONSHIPS

Jessica Drop secured her third consecutive All-SEC First Team honor in her final season after taking eighth overall as the women were also eighth in the team race. Just as he had the four races before in 2019, redshirt freshman **Nicholas Yanek** took 19th for All-SEC Freshman honors while the men's team finished 11th.

WOMEN 8th

MEN 11th

“I am incredibly proud of how the (Drops) ran today (at the NCAA Championships). It was muddy, it was nasty and both girls ran gritty races. They were both smart enough to be patient early and then came forward and finished very well.” **PATRICK CUNIFF**
Head Coach



WOMEN 7th

NCAA SOUTH REGIONAL

Three years after crossing the finish line in 33rd, senior **Jessica Drop** locked down her third straight third-place showing for All-Region honors to lead the Lady Bulldogs to seventh place. **Nicholas Yanek** finished one spot outside All-Region honors, taking 26th to help the Bulldogs to a 13th-place finish.

MEN 13th



NCAA CHAMPIONSHIPS

For the second time in their career, twins **Samantha** (left) and **Jessica Drop** competed together at the NCAA Cross Country Championships. Jessica notched her second All-America certificate (40th) while Samantha finished 45th to represent the red and black.

***1st 2-time Bulldog
XC All-American**

MEET DISTANCE COACH PATRICK CUNNIFF

+ Patrick Cunniff +

Bulldog Distance Coach : 9th Season

* 2013 USTFCCCA South Region Men's Coach of the Year *

University of Georgia graduate Patrick Cunniff joined the Bulldog staff as the distance coach in August 2012 after leading the distance program at Long Beach State for five years. During the Lady Bulldogs' run to its first NCAA team indoor title and a second straight runner-up finish outdoors in 2018, he guided Jessica Drop to be a key contributing scorer during both campaigns.

In 2019, Cunniff guided Jessica Drop to lead her team at the SEC Cross Country Championships for the fourth consecutive year with her fourth finish of 14th or better in a row. She later finished third at the NCAA South Regional for the third straight season for All-Region honors. Twin sister Samantha Drop became a four-year scorer at the SEC meet after taking eighth and later earned All-Region honors for the third time.

The Drop sisters combined to each score in a pair of events at the 2020 SEC Indoor Championships with Jessica Drop taking third in the 3000 meters (9:16.25) and fourth in the 5000m (16:07.06) and Samantha finishing seventh in the 5000m (16:16.25, No. 3 in school record books) and eighth in the 3000m (9:26.79). Also at SECs, Anna Marian Block was eighth in the mile (4:50.41) after registering the Lady Bulldogs' seventh-best finish in history (4:46.12) at the Husky Classic. In addition at the conference meet, Ellie Hall was the top freshman finisher in the 5000m, taking 14th. When the year concluded prior to the NCAA Indoor Championships because of the COVID pandemic, Samantha had also recorded UGA's fourth-best 3000m time in history (9:26.50) at the Razorback Invitational.

For the men, redshirt freshman Sam Bowers was the top freshman finisher at the 2020 SEC Championships thanks to his 10th-place finish (8:15.71) in the 3000m. Earlier in the year, Bowers ran UGA's eighth-best 3000m in history with an 8:11.59 at the Husky Classic.

During the 2018 cross season, Jessica Drop's All-SEC First Team performance at the 2018 SEC Championships helped give Georgia fourth as a team. She and senior Grace Tavani

also earned All-Region honors. On the men's side, Sam Bowers was named to the All-Freshman Team for his 28th-place finish at SECs.

Indoors in 2018, Samantha Drop finished eighth in the 5000m at the conference meet. Anna Marian Block, then a true freshman, also registered the school's seventh-best 800m time (2:08.81) in history and was then ninth at the SECs. On the men's side, Michael Hans and freshman Clay Pender composed half of the Bulldog distance medley relay that clocked a 10:00.98 for seventh place at the league meet.

During the 2018 outdoor campaign, Jessica Drop approached her school record with the nation's 12th-best time in 2019 (15:41.53) in the 5000m at the Mt. SAC Relays, was third in the event at the SEC Championships and advanced to the final round of the NCAA meet. Tavani took over the No. 10 spot on Georgia's all-time top-10 list in the 10,000m thanks to her 34:56.08. In his final meet as a Bulldog, senior Jonathan Pelham nearly matched his personal record with a 9:11.59 to score in the 3000m steeplechase.

As it has been for his entire tenure in Athens, the distance corps has been stellar in the classroom. The women's cross country team (3.568) and the men (3.40) each had the second-best GPA of any UGA team of their gender in 2020. In 2019, the men and women's cross teams posted the top GPAs at UGA for the 2019 spring semester with 3.44 and 3.38 clips, respectively. This marked a full-year sweep for the Bulldog men after they also finished at the top with a 3.49 during the fall semester.

Once again, both cross teams earned USTFCCCA All-Academic Team honors for their showing in the classroom in 2019. Jessica Drop also turned his CoSIDA Academic All-District selection into Second Team Academic All-American honors in 2020.

During the 2017 fall, Cunniff, a 1991 Bulldog graduate, led the women's cross country teams to runner-up finishes at the SEC Championships and NCAA South Regional before taking 17th at the 2017 NCAA Championships, which marked their best finish since 2006. His then sophomore sensations, Samantha and Jessica Drop, became the first teammates to earn cross country All-America honors in the same season.

Directing Georgia's runners from 800 meters to 10,000m during the 2018 indoor and outdoor track seasons, Cunniff helped the Lady Bulldogs capture their first NCAA indoor crown and came within a point of the women's national championship outdoors after having a scoring All-American at both meets.

Cunniff led both Drops to the 2018 NCAA Outdoor Championships. Jessica Drop was seventh in the 5000m (15:46.39) after establishing a school record of 15:38.57 earlier in the year at the Mt. SAC Relays. Also at Mt. SAC, Samantha Drop shot to No. 3 on the school's all-time list with a 33:28.89 in the 10,000m.

Lead by Bryan Kamau, the Dawgs' men's distance runners also had tremendous success in 2017-2018. Kamau capped his incredible Bulldog career with one of the best single years in UGA history. In cross country, Kamau posted All-Region and Second Team All-SEC finishes and then during track, he scored at the indoor SEC meet in the 3000m and anchored



Katie, Casidy and Patrick Cunniff

the third-place DMR squad. Outdoors, Kamau posted the school's No. 2 all-time performance at 5000m (13:43.48) shot to No. 3 on the 1500 list (3:43.96). His showings included a mile performance of 4:02.42, which is faster than the indoor school record.

At the 2018 SEC Indoor Championships, the Bulldog men scored at every event from 800m to 5000m, except the mile. Outdoors, the men's distance corps had at least one NCAA Prelims qualifier in each event from 800m to 10,000m, other than the steeplechase. These performances gave Cunniff eight total participants in the meet.

Indoors, Cunniff guided Jessica Drop to a fourth-place finish in the 5000m (15:53.16) to help the Lady Bulldogs secure an 11-point victory for their first national team title. Drop, whose sister Samantha redshirted the indoor campaign, set Georgia records in both the 3000m (9:11.01) and the 5000m (15:43.28) indoors.

Cunniff's crew started the school year with a stellar showing on cross country courses across the land. Led by First Team All-SEC performances by Jessica (fourth) and Samantha Drop (fifth), the Lady Bulldogs finished second at the SEC Championships held at the UGA Golf Course. Then, the Georgia women punched their first ticket to the NCAA Championships since 2012 with a runner-up finish at the NCAA South Regional. Samantha became the Lady Bulldogs' first champion at the meet since Kristie Krueger accomplished the feat in 2010. Jessica (third), Yanelly Gomez (16th) and Hailey Branch (24th) also earned All-Region honors.

At the NCAA Championships, Cunniff directed his women's team to their best finish since taking 15th in 2006 with a 17th-place finish. Samantha (30th) and her sister Jessica



MEET DISTANCE COACH PATRICK CUNNIFF

(31st) became the first All-Americans for Georgia in cross since 2010.

Also during the cross season, Kamau completed his fall career by earning Second Team All-SEC and All-Region honors for the men.

Cuniff finished the 2017 fall season by directing five Bulldogs to All-Region honors in cross, including Samantha Drop, as both squads posted top-five finishes at the NCAA South Regional. The Drop twins started their career by earning SEC All-Freshman honors during their first season in the Red and Black in 2016.

As his teams have done since his arrival, the Bulldog distance corps continued to be outstanding in the classroom and community as well. Both cross teams have earned U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) All-Academic Team honors all eight of his years and a combined 21 have been named All-Academic Individuals. Brandon Lord was also a 2015 Capital One Academic All-America First Team member after garnering Third Team honors in 2014 and Samantha Drop received Academic All-District honors in her second season in 2018.

The men's cross country team has also been the Faculty Athletics Representative for having the top GPA of any UGA men's sport four times already in Cuniff's tenure.

The Bulldog men were named the USTFCCCA National Scholar Team of the Year for the 2014 outdoor season thanks in large part to the contributions from Cuniff's distance crew. Lord complemented his SEC title with the SEC Scholar Athlete Award for outdoor track and Academic All-America Third Team honors.

In 2020, Tiffany Yue and Nicholas Yanek represented the Bulldogs on the SEC Community Service Team a year after Jonathan Pelham and Jessica Drop were selected to the SEC Community Service Team for UGA. Luke Baker and Megan Malasarte were named to the 2014 SEC Community Service Teams to begin the precedent for the presence of the distance corps in the community. After distance runners Kisean Smith and Marrion Kalafut were also named to the 2015 SEC Community Service Team for their work away from the track, Bulldog Zack Sims was named to the squad in 2016 and then Kamau in 2017 and 2018.

During his seven years back in Athens, Cuniff coached the men's cross country team to the 2013 NCAA South Regional championship, marking only the second time in program history that UGA has won, and led the men's team to the highest finish in program history at both NCAA XC Championships (19th in 2012) and SEC XC Championships (second in 2012).

The women also qualified for Nationals in 2012 for the first time in four years. On the track, his student-athletes have set school records 17 times, had 42 competitors at the NCAA East Prelims, won two SEC individual titles and earned 14 All-American certificates.

Over the last four seasons, the Bulldog distance corps had 22 SEC scorers, including a pair of second-place showings and two third-place finishes, and set four school records. A breakthrough performance came from Pelham at the 2019 SEC Championships as he leaned at the line for seventh in the steeplechase in his final meet as a Bulldog.

Cuniff's runners also made up 12 entries at the last three NCAA East Prelims. Christian Harrison clocked arguably the most impressive time in Cuniff's fourth track season after registering a 2016 outdoor time of 1:46.69 at SECs, which ranks second in school history.

The Bulldog men's distance runners

tallied 22 of Georgia's 71.50 points at the 2015 SEC Outdoor Championships, with defending 10,000m champion Brandon Lord taking the track in the 5000m rather than his preferred race. Counting Lord, the Georgia men qualified six for the NCAA Prelims, including a trio in the 800, that year.

On the women's side, Bret McDaniel trimmed 21 seconds off her personal record in the steeplechase in 2015 to set a school record of 10:01.58. This was McDaniel's final collegiate meet as she finished just one spot from advancing to the NCAA Championships.

Lord also had success on the track in 2015. He shattered the indoor 3000m record (7:56.50) and the indoor 5000m mark (13:43.92), shot to No. 2 on the outdoor 10,000m list with a 29:09.46, was a scorer at both SEC Championships and advanced to the NCAA Indoor and Outdoor Championships in his final year.

In 2013, Cuniff was named the USTFCCCA South Region Men's Coach of the Year as the Georgia men made their school record third consecutive trip to the NCAA Cross Country Championships. The Bulldogs assured their spot in Terre Haute, Ind., by winning their first NCAA South Regional championship since 2003 with a one-point victory over the Florida Gators.

Cuniff wasted little time making his presence known across the SEC and the nation during the 2012 cross season. The Bulldog men matched their best finish in history at the SEC Championships (second). Then, the squad automatically qualified for its second consecutive invite to the NCAA Championships thanks to a runner-up finish at the NCAA South Regionals. Georgia wrapped up its season by taking 19th at Nationals, marking the best finish in school history.

The Lady Bulldogs surged to their first trip to the NCAA meet since 2007 during Cuniff's first year at the helm in 2012. The Georgia women answered the challenge at the South Regionals with a third-place finish, the team's best showing in five years, to grab an at-large bid to Nationals. This marked the first time that both the UGA men and women had advanced to the NCAA Championships during the same season since 2004 and only the second time in history.

Cuniff concluded his first eight cross seasons with 27 All-Region performers, including a school record eight in 2012, to go along with 17 runners on one of the All-SEC squads. On the men's side, Luke Baker wrapped up his conference career in 2013 with a fourth-place finish.

The 2014 track season for the Bulldog distance corps saw another series of impressive performances. In addition to Lord locking down the SEC 10,000m crown, Cuniff had middle distance runners score at both the NCAA indoor and outdoor meets where Georgia returned to Athens with a trio of top-10 team finishes. Carly Hamilton earned her second straight First Team All-America certificate by taking fifth in the mile indoors. Outdoors, Megan Malasarte closed out her career by surging for a fourth-place finish in the 800m meters to make her a two-time First Team All-American in the event.

In his first track season with the Bulldogs, Cuniff led Hamilton to the 2013 SEC outdoor crown in the 1500m and a First Team All-America certificate in the mile following her fourth-place finish. The Bulldog men and women completed their 2013 track seasons with a combined three NCAA top-20 team finishes for the first time since 2005.

During Cuniff's eight seasons with the Bulldog track team, his runners have established 86 current entries to Georgia's all-time

top-10 lists in the various distance events, including an astounding 12 school records.

A native of North Kingstown, R.I., Cuniff came to UGA after serving five years as Long Beach States cross country and assistant track coach from 2007-11. His distance runners highlighted Cuniff's final season by winning a conference individual title in cross country, indoor and outdoor track. Each title came with a school record performance at the respective conference meets.

In addition to helping lead Long Beach to 2008 and 2011 Big West Conference men's outdoor team championships, Cuniff put together an impressive resume with the 49ers. He watched his distance runners set school records 25 times, coached seven student-athletes to the NCAA Preliminary Round and led five to qualify for the NCAA Regionals. In the classroom, his runners earned CoSIDA All-Academic Team honors from 2007-11.

Cuniff guided Matt Maldonado to an Olympic Trials "A" Standard time of 3:37.68 (1500m) and 3:59.08 (mile) to qualify for NCAA indoors, which marked the first sub-4:00 mile in school history. Maldonado went on to advance to the semifinals of the Trials. Another individual, Kip Kangogo, recorded two wins and a runner-up finish at the Canadian Nationals under Cuniff's guidance.

Getting his collegiate coaching start in the state of Texas, Cuniff spend two years coaching at Texas Christian University (2004-06). Similar to his years at Long Beach, his resume was quickly filled with accolades. Cuniff coached seven NCAA Division I Championship qualifiers (three cross, one indoor track, three outdoor track), guided his team members to 12 individual conference championships and coached student-athletes who set school records four times.

Cuniff directed the Horned Frogs to a runner-up finish at the 2004 Conference USA Championships and a fourth-place finish at the NCAA South Central Regional, highlighted by having the individual champion on the women's side. He also assisted in coaching Jackson Langat to the 2006 NCAA indoor 800m crown. His cross country teams maintained a GPA over 3.0 during his tenure.

His first coaching stop came at the University of Texas as a volunteer assistant. During his time in Austin, Cuniff worked to help the Longhorns win the 2003 and 2004 Big XII Outdoor Championships as well as the 2003 South Central Regionals in cross country. Also in 2003, the Texas track team registered a second-place finish at the NCAA Outdoor Championships.

On the Texas distance side, Cuniff, who has a USATF Level I Certification, coached Brian Rue to a personal-best 1:47.21 in the 800m and qualification to the 2004 Olympic Trials. His cross country team also maintained a GPA over 3.0.

Transferring to Georgia from UNC-Charlotte, Cuniff competed for the Bulldogs from the 1988 cross country season to the 1991 track season. He became a regular contributor for Georgia's cross country team and made his way into the school's all-time top-10 list in the 10,000m. Cuniff graduated in June 1991 with a Bachelor's degree in Political Science.

Cuniff and his wife, Katie, have a daughter named Cassidy who was born in June 2011.

MEET TRACK COACH PETROS KYPRIANOU

Petros Kyprianou

Bulldog Track and Field Head Coach: 6th Season

** 2-Time NCAA National Champion (Men's '18 Outdoor, Women's '18 Indoor) **

** 3-Time USTFCCCA National Coach of the Year **

** 2-Time USTFCCCA Regional Coach of the Year **

** 2-Time USTFCCCA National Assistant Coach of the Year **

** 5-Time USTFCCCA Regional Assistant Coach of the Year **

Petros Kyprianou guided his men's and women's track and field teams to national championships in 2018 by scoring in all disciplines (jumps, multi-events, sprints, throws, distance) after becoming the Bulldogs' 14th head coach in June 2015. Kyprianou led the Lady Bulldogs to a convincing victory at the NCAA Indoor Championships two years ago and then directed the Georgia men to the 2018 NCAA outdoor crown. A native of Limassol, Cyprus/Greece, he coaches pole vault, jumps, decathlon and heptathlon.

The 2020 Bulldog women and men worked themselves up to No. 4 and No. 5 national rankings, respectively, before the indoor season was cut short due to the COVID-19 pandemic. Kyprianou guided 14 individuals to the NCAA Indoor Championships and they were all designated All-Americans following the meet's cancellation. His teams posted three school records, captured a trio of Southeastern Conference individual titles, including their eighth straight heptathlon championship, and finished

the shortened year ranked No. 1 (6,114 points), No. 2 (6,019) and No. 3 (5,994) in the collegiate heptathlon.

Jumper Jasmine Moore experienced her first school year under Kyprianou's tutelage and was a finalist for the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) National Women's Field Athlete of the Year, earned the organization's South Region Women's Field Athlete of the Year honor, was named the SEC Women's Freshman Field Athlete of the Year and finished with the country's top triple jump (13.90 meters/45 feet, 7 ¾ inches) and nation's fifth-best long jump (6.47m/21-2.75). Kyprianou, whose teams also featured the 2020 SEC Men's Freshman Runner of the Year and the Men's Freshman Field Athlete of the Year, also worked on the development of 2019 NCAA decathlon champion Johannes Erm, who completed 2020 as the No. 11 performer on the collegiate all-time list in the heptathlon with the world's No. 4 performance of the year (6,114).

During his return to the sport in 2020

following a three-year hiatus, former Bulldog All-American Garrett Scantling, who is one of Georgia's current volunteer assistants, began working with Kyprianou again and finished with the world's second-best score in the heptathlon (6,209) in 2020, which is also the eight best all-time U.S. score.

Kyprianou's teams also continued their stellar showing in the classroom in 2020. In addition to have the SEC Women's Co-Scholar-Athlete of the Year, there were CoSIDA Second and Third Team Academic All-Americans and Samantha Drop was named the 2020-21 Joel Eaves Award winner for having the top GPA of any female UGA student-athlete entering her senior season. While both squads were named USTFCCCA All-Academic Teams and 11 team members earned All-Academic Individual honors, the cross country team topped all other UGA men's quads for the academic year with a 3.30 and the women's cross country squad (3.55) had the second-best GPA in their category at the institution.



MEET TRACK COACH PETROS KYPRIANOU



In 2019, Kyprianou's squads registered another pair of top-10 national team finishes, including reaching the podium with a men's fourth-place finish at the 2019 NCAA Outdoor Championships. Erm secured the decathlon national championship, which was the Bulldogs' third title of that kind in the last six years, and UGA finished with 14 scoring First Team All-Americans. Kyprianou's teams also collected four SEC crowns, including Bulldogs' seventh indoor heptathlon title in as many years.

During the 2019 summer, former Georgia NCAA champion Devon Williams won his first national crown by finishing first in the decathlon (8,295 points) at the USATF Championships while his younger sister and former Lady Bulldog collegiate record holder, Kendell Williams, was runner-up in the heptathlon at the meet with a personal record of 6,610. In addition, an eight-time NCAA champion while suiting up in the red and black, Keturah Orji, won the triple jump at USAs to become the only woman to win four consecutive U.S. outdoor championships in the event.

Kyprianou also conquered a personal challenge during the 2019 summer with his limited free time. He rode his Indian Chief Darkhorse motorcycle more than 2,500 miles from the start to the finish of Route 66 in honor of eradicating childhood cancer. Kyprianou's "Ride for a CURE" has raised more than \$40,000 with hopes of more support in the near future.

Serving as the squads' associate head coach for a year prior to his promotion, Kyprianou is entering his 13th year with the program after earning USTFCCCA National Head Coach of the Year for each of his 2018 championship seasons. He won back-to-back National Women's Assistant Coach of the Year honors indoors in 2014-15 and was the National Women's Head Coach of the Year outdoors in 2017.

Kyprianou, who has also garnered a combined five regional USTFCCCA Assistant Coach of the Year honors and two regional Head Coach of the

Year honors since 2008, has posted an unprecedented seven-year run in Athens. The student-athletes he has coached have locked down 30 NCAA individual titles, including a school record eight in 2017, 49 SEC individual championships, 110 First Team All-America certificates and the 14 All-Americans from the shortened 2020 campaign.

Kyprianou, the 2008 USTFCCCA Indoor West Regional Assistant Coach of the Year, had a significant impact on the Boise State program before arriving in Athens, guiding numerous men and women to Western Athletic Conference Championships and NCAA Championship All-American honors.

During his three-year stint at Boise State, Kyprianou guided Bronco student-athletes to 21 individual WAC Championships, four All-American honors, 10 school records and two WAC records. He also helped the men's team to indoor (2006, 2007) and outdoor (2006, 2008) WAC league titles.

The rest of his 21 WAC champions and NCAA qualifiers came from Eleni Kafourou in the long jump and triple jump. Kyprianou helped Kafourou improve in both events and break her personal bests in both jumps while winning eight WAC championships and being the runner-up at the NCAA West Regionals. Kafourou also was named the WAC freshman of the year during the indoor and outdoor conference meet in 2006. In 2008, Kafourou was awarded the WAC Outstanding Field Performer in both the indoor and outdoor championships.

Prior to arriving on the Boise State campus, Kyprianou spent the previous two seasons as an assistant track and field coach at the University of Nebraska, Omaha and was in charge of the field events. While at UNO, he guided two student-athletes to five All-American performances at the NCAA Division II National Championships.

While competing in track and field, Kyprianou won several Cyprus and Greek Championships from 1991 to 1999. They included the decathlon, pole vault, 110 hurdles and long jump.

He has won several awards during his career which include being named the 2008 Indoor West Region coach of the Year, the Most Improved Coach Award from Cyprus in 2002, the Cyprus Athlete of the Year Award in 1999, an award from the Cyprus Soccer Association for the "Best Fitness Team" in 2003 and the Track and Field Coaching Specialty Academic Award from Greece in 2001.

Kyprianou also began making his mark in the weight lifting world early in his career. He set the Idaho record for Olympic weight lifting after lifting 567 lbs. at the 85kg class in October 2007.

Kyprianou received his Bachelor of Science degree in physical education in June of 2001 from Aristotle University in Greece. He completed his Master of Science degree in Exercise Science/ Biomechanics from the University of Nebraska in 2006. Kyprianou is a certified level III coach in the jumps, a level I and II USA Track and Field certified coach in the combined events, a certified strength and conditioning specialist and a certified USA weightlifting sports performance coach.

Kyprianou and his wife Masa welcomed their first child, Alexander, in 2008 and their second, Stefan, in 2009.

KYPRIANOU

BY THE NUMBERS



2 NCAA CHAMPION TEAMS
2018 Men's Outdoor Title
2018 Women's Indoor Title

161 NCAA TRACK & FIELD ALL-AMERICANS
From 2016-19 as Head Coach

80 MEN
83 WOMEN
59 JUMPS
41 SPRINTS
30 MULTI
24 THROWS
9 DISTANCE

21 NCAA INDIVIDUAL TITLISTS
From 2016-19 as Head Coach

7 Keturah Orji
Jumps

> Indoor Triple Jump
2016, 2017, 2018
> Outdoor Triple Jump
2016, 2017, 2018
> Outdoor Long Jump
2018

2 Mady Fagan
Jumps

> Indoor High Jump
2017
> Outdoor High Jump
2017

2 Denzel Comenentia
Throws

> Outdoor Hammer Throw
2018
> Outdoor Shot Put
2018

1 Devon Williams
Multi-Events

> Indoor Heptathlon
2017

4 Kendell Williams
Multi-Events

> Outdoor Heptathlon
2017, 2018
> Indoor Pentathlon
2017, 2018

2 Kate Hall
Jumps

> Indoor Long Jump
2018
> Outdoor Long Jump
2017

1 Chanice Porter
Jumps

> Outdoor Long Jump
2016

1 Lynna Irby
Sprints

> Outdoor 400 Meters
2018

1 Johannes Erm
Multi-Events

> Outdoor Decathlon
2019

2020 SCHEDULE

Regular Season

Florida State Invitational

Date

Oct. 2nd

Location

Tallahassee, Fla.

Postseason

SEC Championships

Date

Oct. 30th

Location

Baton Rouge, La.

*NCAA Championships *March 15th*

Stillwater, Okla.

**The COVID-19 pandemic delayed Nationals until 2021*