

GEORGE MASON UNIVERSITY  
Department of Intercollegiate Athletics



2015-2016  
Visiting Team Guide  
Men's and Women's Swimming and Diving

# George Mason University Game Operations Contacts

## ***General Information for Meet Operations***

Stacy A. Natoli, Assistant Athletic Director/Events

703-993-3195 (office)

571-423-8624 (cell)

[snatoli@gmu.edu](mailto:snatoli@gmu.edu)

Jay Marsh, Sr. Associate Athletic Director/Events

703-993-3191 (office)

571-221-8156 (cell)

[jmars1@gmu.edu](mailto:jmars1@gmu.edu)

Keith Morrisroe, Event Coordinator/Game Operations

703-993-9378 (office)

703-254-3108 (cell)

[kmorrisr@gmu.edu](mailto:kmorrisr@gmu.edu)

## ***Scheduling Visiting Team Practices/Warm-ups***

Peter Ward, Men's and Women's Swimming/Diving Head Coach

703-993-3930 (office)

[pward@gmu.edu](mailto:pward@gmu.edu)

## ***Marketing and Ticket Information***

James Meyer, Director of Tickets and Promotions

703-993-3265 (office)

[jmeyer2@gmu.edu](mailto:jmeyer2@gmu.edu)

## ***Athletic Training***

Main Athletic Training Office

703-993-3279

Linda Pullen, Coordinator of Sports Medicine

703-993-3280 (office)

[lpullen@gmu.edu](mailto:lpullen@gmu.edu)

Ray Yamrus, Head Athletic Trainer

703-993-3280 (office)

[ryamrusj@gmu.edu](mailto:ryamrusj@gmu.edu)

# Visiting Team Information

## *Locker Rooms*

Locker Rooms are available for visiting teams. Please be sure to take your belongings with you to the pool deck after use. George Mason is not responsible for any lost or stolen items. Note: Body shaving is not permitted in the locker rooms.

## *Parking*

Parking is available for team vans and spectators in Lots A & C, which are located behind the Aquatic and Fitness Center. Team bus drop-off and pick-up will be at the end of York River Road across from the Aquatic Center. Buses can park in the back of Lot K. Spectators may also park in Shenandoah parking deck for a fee.

## *Tickets*

George Mason Swim and Dive meets are free of charge with the exception of the Patriot Invite in November.

Please check [www.gomason.com](http://www.gomason.com) on updated ticket information.

## *Event/Facility Policies*

The following items are NOT permitted inside the Aquatic and Fitness Center/Jim McKay Natatorium.









- Alcoholic Beverages
- Artificial Noise Makers (air horns, drums, etc.)
- Glass Containers
- Objects That Can Be Thrown
- Pets

# Athletic Training Information

## *Athletic Training*

Please contact the athletic training staff at 703-993-3279 if you need to make arrangements for events or practices. The following will be available to visiting teams when they arrive:

-  Water, cups, ice, ice bags and emergency equipment.
-  Access to the athletic training room before and after practices and competitions.
-  Certified athletic trainer for all home contests and on-site for practices if a team travels without a certified athletic trainer.
-  Staff assistance with emergency procedures and communication at practices and contests.
-  Team physician available at all home soccer, basketball, and wrestling contests.
-  Access to a physician and emergency facility within five minutes of campus.

Please notify athletic training staff as early as possible if your team is traveling without an athletic trainer. Our staff will be glad to assist any visiting team. We do however request that the necessary supplies be provided for taping. Also, in order to use the electrotherapy and ultrasound units, athletes must be accompanied by a certified athletic trainer or provide a written prescription from a certified athletic trainer or team physician.

INOVA Emergency Care Center  
(Emergency clinic near campus)  
**703-877-8200**

INOVA Fairfax Hospital  
**703-776-4001**

INOVA Fair Oaks Hospital  
(Fair Lakes area)  
**703-391-3600**

Giant Pharmacy  
(University Mall Shopping Center)  
**703-591-0020**

# Hotel Information

*Preferred Partners of George Mason Athletics*



**LIKE YOUR TEAM, WE ARE ALWAYS ON OUR GAME.**

Preferred Marriott Hotels for George Mason Athletics:

- |   |   |
|---|---|
| 1 - RESIDENCE INN FAIRFAX CITY<br>1.9 Miles from Campus<br><a href="http://www.marriott.com/IADRF">www.marriott.com/IADRF</a>             | 7 - SPRINGHILL SUITES<br>CENTREVILLE CHANTILLY<br>7.7 Miles from Campus<br><a href="http://www.marriott.com/WASCV">www.marriott.com/WASCV</a>   |
| 2 - COURTYARD FAIRFAX FAIR OAKS<br>2.7 Miles from Campus<br><a href="http://www.marriott.com/IADFO">www.marriott.com/IADFO</a>            | 8 - COURTYARD DULLES<br>AIRPORT CHANTILLY<br>10.0 Miles from Campus<br><a href="http://www.marriott.com/IADCA">www.marriott.com/IADCA</a>       |
| 3 - SPRINGHILL SUITES FAIRFAX FAIR OAKS<br>2.8 Miles from Campus<br><a href="http://www.marriott.com/IADFR">www.marriott.com/IADFR</a>    | 9 - TOWNEPLACE SUITES<br>CHANTILLY DULLES SOUTH<br>10.1 Miles from Campus<br><a href="http://www.marriott.com/IADTS">www.marriott.com/IADTS</a> |
| 4 - FAIRFAX MARRIOTT AT FAIR OAKS<br>3.8 Miles from Campus<br><a href="http://www.marriott.com/IADMC">www.marriott.com/IADMC</a>          | 10 - RESIDENCE INN<br>CHANTILLY DULLES SOUTH<br>10.8 Miles from Campus<br><a href="http://www.marriott.com/IADFX">www.marriott.com/IADFX</a>    |
| 5 - RESIDENCE INN FAIR LAKES<br>5.7 Miles from Campus<br><a href="http://www.marriott.com/IADFL">www.marriott.com/IADFL</a>               |   |
| 6 - FALLS CHURCH MARRIOTT<br>FAIRVIEW PARK<br>7.6 Miles from Campus<br><a href="http://www.marriott.com/WASFP">www.marriott.com/WASFP</a> |   |



For Individual Reservations please visit [www.Marriott.com](http://www.Marriott.com)  
and enter Corporate Code: G57

For 5 or More rooms, Special Mason Athletics Rates, Visiting Team Rates, Group Arrangements and Extra Special Incentives Contact:

Becky Tobin - Account Executive, Marriott Global Sales  
T: (202) 365-8984 | [GoMason@Marriott.com](mailto:GoMason@Marriott.com)



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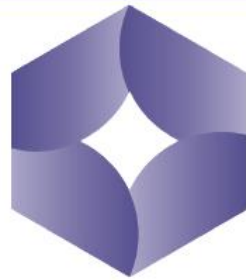
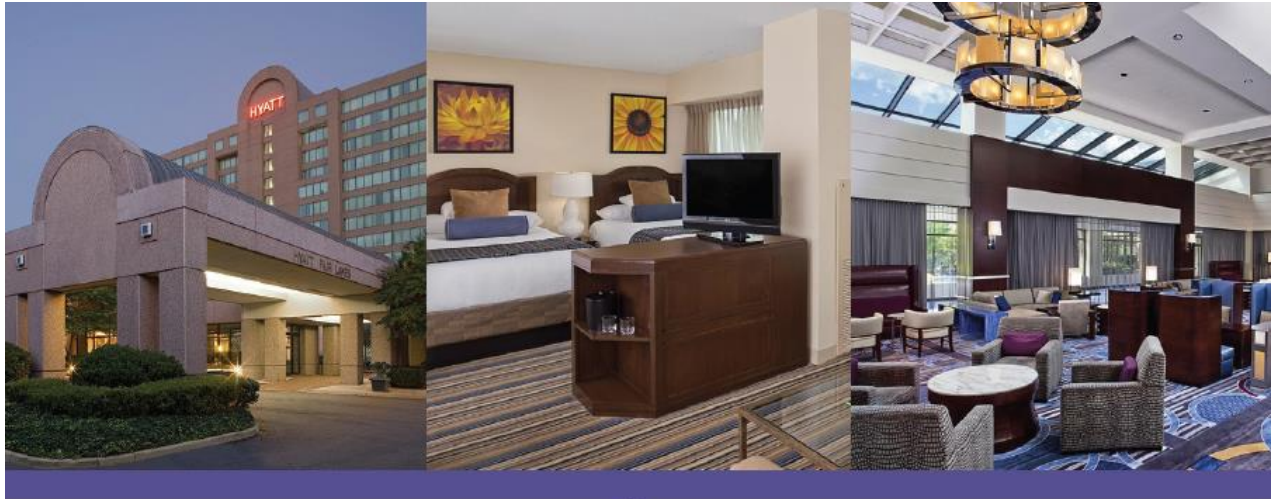


- Indoor Heated Pool with Outdoor Patio
- Complimentary Shuttle
- Restaurant On Site
- Room Service



Comfort Inn University Center  
Fairfax, VA 22030  
703-591-5900  
Contact: Cinthia Garcia  
Email: [cgarcia@comfortinnfairfax.com](mailto:cgarcia@comfortinnfairfax.com)  
[www.comfortinnfairfax.com](http://www.comfortinnfairfax.com)





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703.653.6047 or [tricia.devine@hyatt.com](mailto:tricia.devine@hyatt.com) to secure your rooms.

*Proud Corporate Partner of George Mason Athletics*



# Restaurant Guide

## *Preferred Partners of George Mason Athletics*

### **Brion's Grille**

10621 Braddock Rd. (University Mall), Fairfax, VA 22030  
Phone: 703-352-7272 Contact: Terry Walline  
Website : [www.brionsgrille.com](http://www.brionsgrille.com)



### **Chick-Fil-A**

9509 Fairfax Boulevard, Fairfax, VA 22031  
Phone: 703-034-2150 Contact: John Natolly  
Website: [chick-fil-a.com](http://chick-fil-a.com)



### **Glory Days Grill (20 area locations)**

3059 Nutley St., Fairfax, VA 22031  
Phone: (703) 204-0900 Contact: Katie Easterbrook 571-237-1029  
Website: [www.glorydaysgrill.com](http://www.glorydaysgrill.com)



### **Paisano's Pizza**

10330 Main St., Fairfax, VA 22030 Contact: Chris Kenney  
Phone: 703-273-9900 Website: [www.paisanospizza.com](http://www.paisanospizza.com)



### **Jersey Mike's Fairfax**

10394 Willard Way, Fairfax, VA 22030  
Phone: (703) 293-6293 Contact: Todd Cohen 917-494-7114  
Website: [www.jerseymikes.com/6028/Fairfax-VA](http://www.jerseymikes.com/6028/Fairfax-VA)



### **Jason's Deli**

12955 Fair Lakes Shopping Center, Fairfax, VA 22033  
Phone: (703) 449-0924 Website: [www.jasonsdeli.com](http://www.jasonsdeli.com)



### **Maggiano's – Little Italy**

6500 Springfield Mall, Suite 6805, Springfield, VA 22150  
Phone: 703-923-9209 Contact : Marc Antony Pickering  
Website : <http://locations.maggianos.com/virginia/springfield/22150/6500-springfield-mall/>



### **Hard Times Cafe**

4069 Chainbridge Road, Fairfax, VA 22030  
Phone: 703-267-9590 Contact : RB Cobean  
Website : [www.hardtimes.com](http://www.hardtimes.com)



**HARD TIMES CAFE**

### **Chuy's Tex Mex**

11219 Lee Highway, Fairfax, VA 22030  
Phone: 703-364-5933  
Website : [www.chuys.com/locations/virginia/fairfax](http://www.chuys.com/locations/virginia/fairfax)



### **Booeymonger – A Unique Delicatessen**

1010 N Glebe Road, Arlington, VA 22201  
Email: [booey.ballston@verizon.net](mailto:booey.ballston@verizon.net) Contact: Ron Vogel  
Phone: (301) 873-1736 Website: [www.booeymonger.com](http://www.booeymonger.com)





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## Two Jason's Deli Locations:

12955 Fair Lakes Shopping Center  
Fairfax, VA  
(703) 449-0924

7505 Leesburg Pike  
Falls Church, VA  
(703) 448-5514

To plan your team meal or schedule post-game delivery to Mason Athletics facilities, please contact:

Kristen Hunter, Local Sales Manager  
Email: [kristen.hunter@jasonsdeli.com](mailto:kristen.hunter@jasonsdeli.com)  
Cell Phone: (703) 898-2220

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SPRINGFIELD 6500 Springfield Mall, Suite 6805 | Springfield, VA 22150 | 703.923.9309

# Bus Transportation

*Preferred Partners of George Mason Athletics*

## Academy Bus, LLC

792 Gainsford Court  
Bristow, Virginia 20136

Contact: Dena Ennis

Phone Number: 800-322-7733

Charter E-Mail: [dennis@academybus.com](mailto:dennis@academybus.com)

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 *Academy*

703-392-8687  
[academybus.com](http://academybus.com)



Directions to the Aquatic and Fitness Center  
Jim McKay Natatorium  
**4520 Patriot Circle**  
**Fairfax, VA 22030**

