

GEORGE MASON UNIVERSITY
Department of Intercollegiate Athletics



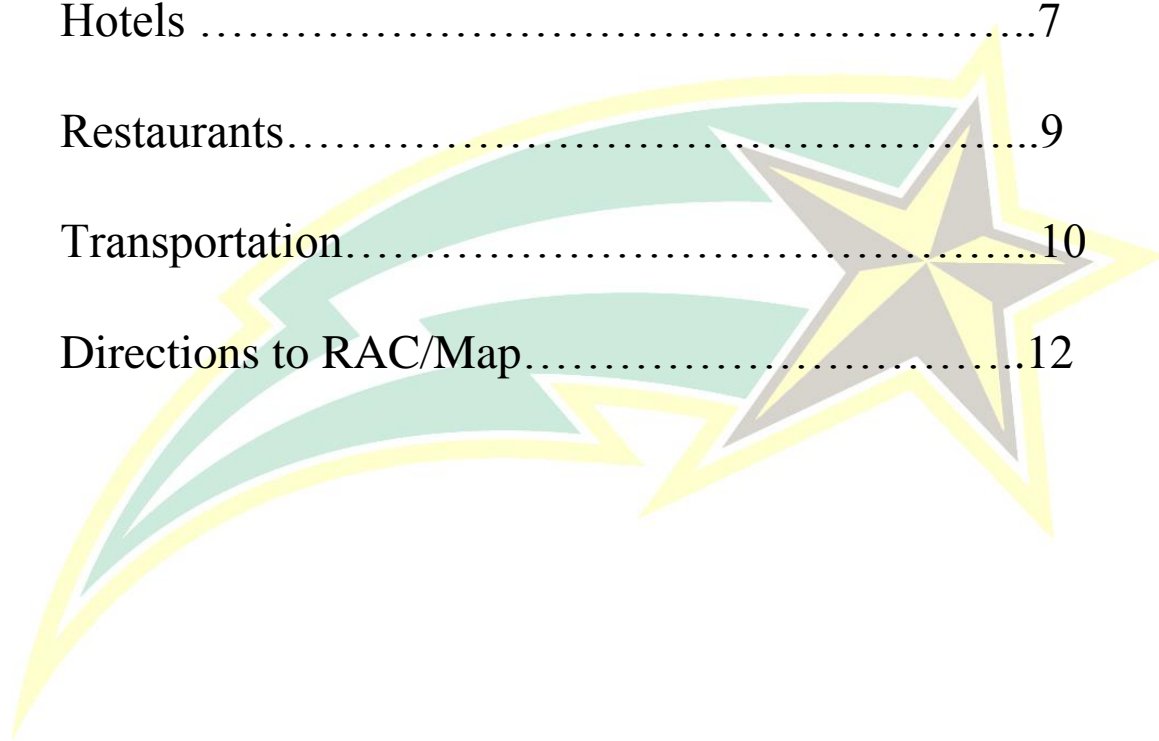
2016-2017

Visiting Team Guide

Recreation and Athletic Complex (RAC)
Men's and Women's Volleyball and Wrestling

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George Mason University Game Operations Contacts

General Information for Game Day Operations

Stacy A. Natoli, Assistant Athletic Director/Events

703-993-3195 (office)

571-423-8624 (cell)

snatoli@gmu.edu

Keith Morrisroe, Event Coordinator/Game Operations

703-993-9378 (office)

703-254-3108 (cell)

kmorrisr@gmu.edu

Scheduling Visiting Team Practices

Stacy A. Natoli, Assistant Athletic Director/Events

703-993-3195 (office)

571-423-8624 (cell)

snatoli@gmu.edu

Marketing and Ticket Information

James Meyer, Director of Tickets and Promotions

703-993-3265 (office)

jmeyer2@gmu.edu

Athletic Training

Main Athletic Training Office

703-993-3279

Linda Pullen, Coordinator of Sports Medicine

703-993-3280 (office)

lpullen@gmu.edu

Ray Yamrus, Head Athletic Trainer

703-993-3280 (office)

ryamrusj@gmu.edu

Visiting Team Information

Scheduling Practices

Visiting teams that wish to practice before the event should contact the scheduling coordinator at least two weeks in advance.

Locker Rooms

Visiting Teams will be assigned a locker room for the event. When you arrive please see the front desk to receive locker room combination. General locker room showers are available and if towels are needed, please contact an event staff worker when you arrive.

Parking

Buses should unload/load teams in front of the RAC without impeding traffic flow. Bus and vans should park in the back of Lot K located to the left of the RAC or PV Lot located behind the RAC unless otherwise directed by event/facility personnel.










Tickets

George Mason Athletics charges for admission into the following sports: baseball (three game series only), M/W basketball, M/W soccer, and M/W volleyball. Teams providing a complimentary pass list must submit the list to the Athletic Ticket Office at least 90 minutes prior to the start of the event. Each guest must have their first and last name on the list and will be required to show a photo ID. *Athletic ticket policy is subject to change. Please visit GoMason.com for the most up to date information.*

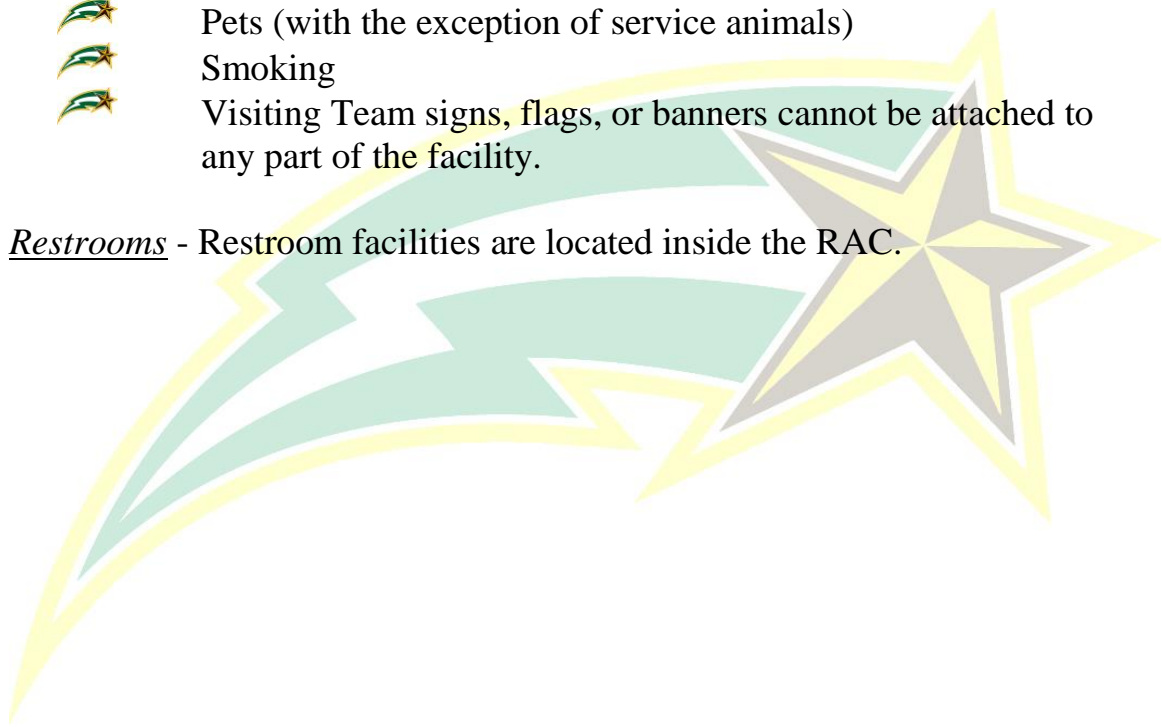
Visiting Team Information

Event/Facility Policies

The following items are NOT permitted inside the Recreation and Athletic Complex (RAC):

-  Alcoholic Beverages
-  Artificial Noise Makers (air horns, drums, etc.)
-  Glass Containers
-  Helium Balloons
-  Outside Food or Beverages
-  Objects That Can Be Thrown (balls, frisbees, etc.)
-  Pets (with the exception of service animals)
-  Smoking
-  Visiting Team signs, flags, or banners cannot be attached to any part of the facility.







Restrooms - Restroom facilities are located inside the RAC.



Athletic Training Information

Athletic Training

Please contact the athletic training staff at 703-993-3279 if you need to make arrangements for events or practices. The following will be available to visiting teams when they arrive:

-  Water, cups, ice, ice bags and emergency equipment.
-  Access to the athletic training room before and after practices and competitions.
-  Certified athletic trainer for all home contests and on-site for practices if a team travels without a certified athletic trainer.
-  Staff assistance with emergency procedures and communication at practices and contests.
-  Team physician available at all home soccer, basketball, and wrestling contests.
-  Access to a physician and emergency facility within five minutes of campus.

Please notify athletic training staff as early as possible if your team is traveling without an athletic trainer. Our staff will be glad to assist any visiting team. We do however request that the necessary supplies be provided for taping. Also, in order to use the electrotherapy and ultrasound units, athletes must be accompanied by a certified athletic trainer or provide a written prescription from a certified athletic trainer or team physician.

INOVA Emergency Care Center
(Emergency clinic near campus)
703-877-8200

INOVA Fairfax Hospital
703-776-4001

INOVA Fair Oaks Hospital
(Fair Lakes area)
703-391-3600

Giant Pharmacy
(University Mall Shopping Center)
703-591-0020

Hotel Information

Preferred Partners of George Mason Athletics



LIKE YOUR TEAM, WE ARE ALWAYS ON OUR GAME.

Preferred Marriott Hotels for George Mason Athletics:

- | | |
|---|---|
| 1 - RESIDENCE INN FAIRFAX CITY
1.9 Miles from Campus
www.marriott.com/IADRF | 7 - SPRINGHILL SUITES
CENTREVILLE CHANTILLY
7.7 Miles from Campus
www.marriott.com/WASCV |
| 2 - COURTYARD FAIRFAX FAIR OAKS
2.7 Miles from Campus
www.marriott.com/IADFO | 8 - COURTYARD DULLES
AIRPORT CHANTILLY
10.0 Miles from Campus
www.marriott.com/IADCA |
| 3 - SPRINGHILL SUITES FAIRFAX FAIR OAKS
2.8 Miles from Campus
www.marriott.com/IADFR | 9 - TOWNEPLACE SUITES
CHANTILLY DULLES SOUTH
10.1 Miles from Campus
www.marriott.com/IADTS |
| 4 - FAIRFAX MARRIOTT AT FAIR OAKS
3.8 Miles from Campus
www.marriott.com/IADMC | 10 - RESIDENCE INN
CHANTILLY DULLES SOUTH
10.8 Miles from Campus
www.marriott.com/IADFX |
| 5 - RESIDENCE INN FAIR LAKES
5.7 Miles from Campus
www.marriott.com/IADFL | |
| 6 - FALLS CHURCH MARRIOTT
FAIRVIEW PARK
7.6 Miles from Campus
www.marriott.com/WASFP | |



For Individual Reservations please visit www.Marriott.com
and enter Corporate Code: G57

For 5 or More rooms, Special Mason Athletics Rates, Visiting Team Rates, Group Arrangements and Extra Special Incentives Contact:

Becky Tobin - Account Executive, Marriott Global Sales
T: (202) 365-8984 | GoMason@Marriott.com



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- Located just minutes from the Patriot Center
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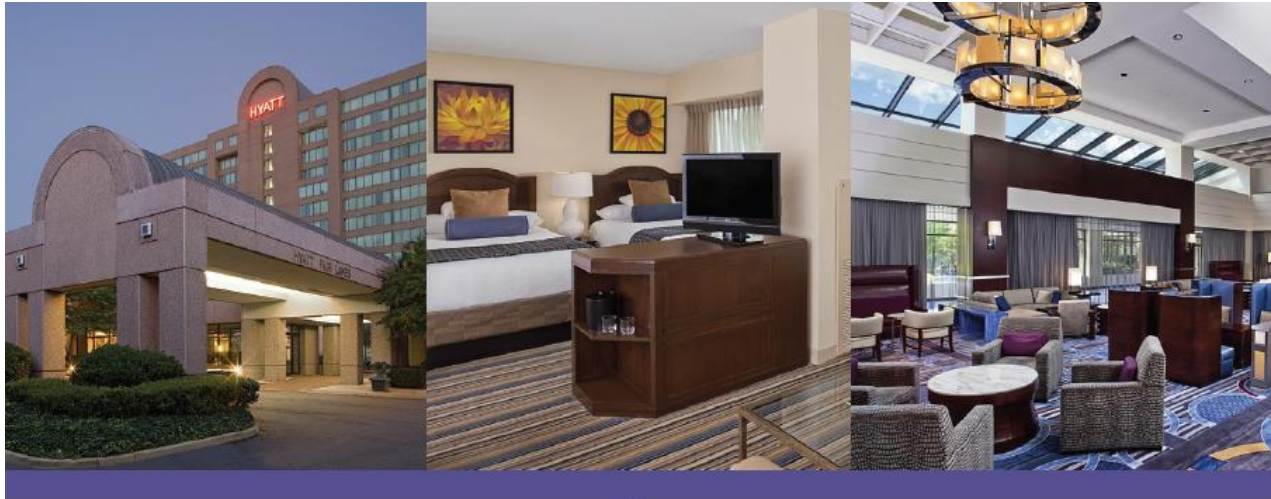


- Indoor Heated Pool with Outdoor Patio
- Complimentary Shuttle
- Restaurant On Site
- Room Service



Comfort Inn University Center
Fairfax, VA 22030
703-591-5900
Contact: Cinthia Garcia
Email: cgarcia@comfortinnfairfax.com
www.comfortinnfairfax.com





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FAIRFAX

12777 Fair Lakes Circle
Fairfax, VA 22033

(703) 818-1234 | fairfax.regency.hyatt.com

A full-service hotel located just minutes from George Mason University, the Hyatt Regency Fairfax offers free wireless high speed internet, on-site restaurants, meeting space and is walking distance from premium shopping and eateries.

Contact Tricia L. DeVine, Sales Manager & GMU Liaison
703.653.6047 or tricia.devine@hyatt.com to secure your rooms.

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Restaurant Guide

Preferred Partners of George Mason Athletics

Brion's Grille

10621 Braddock Rd. (University Mall), Fairfax, VA 22030
Phone: 703-352-7272 Contact: Terry Walline
Website : www.brionsgrille.com



Chick-Fil-A

9509 Fairfax Boulevard, Fairfax, VA 22031
Phone: 703-034-2150 Contact: John Natolly
Website: chick-fil-a.com



Glory Days Grill (20 area locations)

3059 Nutley St., Fairfax, VA 22031
Phone: (703) 204-0900 Contact: Katie Easterbrook 571-237-1029
Website: www.glorydaysgrill.com



Paisano's Pizza

10330 Main St., Fairfax, VA 22030 Contact: Chris Kenney
Phone: 703-273-9900 Website: www.paisanospizza.com



Jersey Mike's Fairfax

10394 Willard Way, Fairfax, VA 22030
Phone: (703) 293-6293 Contact: Todd Cohen 917-494-7114
Website: www.jerseymikes.com/6028/Fairfax-VA



Jason's Deli

12955 Fair Lakes Shopping Center, Fairfax, VA 22033
Phone: (703) 449-0924 Website: www.jasonsdeli.com



Maggiano's – Little Italy

6500 Springfield Mall, Suite 6805, Springfield, VA 22150
Phone: 703-923-9209 Contact : Marc Antony Pickering
Website : <http://locations.maggianos.com/virginia/springfield/22150/6500-springfield-mall/>



Hard Times Cafe

4069 Chainbridge Road, Fairfax, VA 22030
Phone: 703-267-9590 Contact : RB Cobean
Website : www.hardtimes.com



HARD TIMES CAFE

Chuy's Tex Mex

11219 Lee Highway, Fairfax, VA 22030
Phone: 703-364-5933
Website : www.chuys.com/locations/virginia/fairfax



Booeymonger – A Unique Delicatessen

1010 N Glebe Road, Arlington, VA 22201
Email: booey.ballston@verizon.net Contact: Ron Vogel
Phone: (301) 873-1736 Website: www.booeymonger.com





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TACO TUESDAY
\$5.99 TWO TACOS
W/ CHIPS & SALSA

SNACK ATTACK MENU
\$4/\$5/\$6 Appetizers
EVERY DAY AFTER 9PM

DINE IN ONLY. *SELECT APPETIZERS ONLY.

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*With this coupon and with the purchase of 8 or more sandwiches or entrees. Max value of discount \$14.99. Not redeemable for cash, alcoholic beverages, or gratuity. Not combinable with other offers, discounts or promotions. Exp. 6/30/17.

G065

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CONTACT: OWNER, TODD COHEN AT 917-494-7114



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FREE DELIVERY TO ALL MASON ATHLETICS VENUES

Jason's deli®

And so much more...



Two Jason's Deli Locations:

12955 Fair Lakes Shopping Center
Fairfax, VA
(703) 449-0924

7505 Leesburg Pike
Falls Church, VA
(703) 448-5514

To plan your team meal or schedule post-game delivery to Mason Athletics facilities, please contact:

Kristen Hunter, Local Sales Manager
Email: kristen.hunter@jasonsdeli.com
Cell Phone: (703) 898-2220

**We fit your
team's schedule!
dine-in, to-go, catering & delivery**

MAGGIANO'S
= LITTLE ITALY =

OUR PLACE OR YOURS

HOMEMADE CLASSIC ITALIAN AMERICAN CUISINE. WE OFFER
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ALL MADE-FROM-SCRATCH BY OUR CHEFS.

\$10 OFF \$30 SPENT DINING IN

Minimum purchase of \$30 required. Valid for dine-in only. Not valid for Carryout, Delivery or Banquets. Not valid with other discounts or offers. One coupon per table. No cash value. Cannot be used for taxes, gratuity gift cards, alcohol or cash back. Certificate is void if altered. Coupon code #76. Offer expires 3/15/17.

\$25 OFF YOUR NEXT DELIVERY

Please order by 7:00pm the evening before your event. No cash value. A minimum order of \$150 is required. A delivery fee of \$20 or 15% of total food and beverage, whichever is higher, will be charged within the delivery area. Cannot be combined with any other offer. Offer expires 3/15/17. Use coupon code 51.

SPRINGFIELD 6500 Springfield Mall, Suite 6805 | Springfield, VA 22150 | 703.923.9309

Bus Transportation

Preferred Partners of George Mason Athletics

Academy Bus, LLC

792 Gainsford Court
Bristow, Virginia 20136

Contact: Dena Ennis

Phone Number: 800-322-7733

Charter E-Mail: dennis@academybus.com

We know the way.



703-392-8687
academybus.com



Directions to the RAC

4350 Banister Creek Court
Fairfax, VA 22030

From the North using Route 495 to Route 66 (Philadelphia/Baltimore)

- I-95 South (Stay on I-95 and take tunnel [toll] if coming from north of Baltimore).
- Exit 27 – I-495 West (sign will say Silver Spring).
- Cross Potomac River into Virginia.
- Exit 49A – I-66 West (Front Royal).
- Exit 60 – 123 South (Fairfax).
- Go through 7 traffic lights.
- At the 8th traffic light take a left onto Braddock Road.
- First light take a left onto Roanoke Lane.
- Follow Roanoke and bare left (street becomes Patriot Circle). Recreation and Athletic Complex (RAC) is on your left.

From the South (Richmond, Norfolk, North Carolina)

- I-95 North (take I-295 to avoid congestion if below Richmond).
- Exit 160B – Rte. 123 (sign will say Occoquan/Lake Ridge).
- Go approximately 15 miles to intersection with Braddock Road.
- At traffic signal, right onto Braddock Road.
- At next traffic signal (about 200 yards), left onto Roanoke Lane.
- Follow Roanoke and bare left (street becomes Patriot Circle). Recreation and Athletic Complex (RAC) is on your left.

From the Southwest (Harrisonburg, Roanoke, Blacksburg)

- I-81 North.
- I-66 East.
- Exit 55 – Fairfax County Parkway SOUTH.
- Exit at Braddock Road, turn left at traffic signal at bottom of ramp.
- Go approximately 3 ½ miles to intersection with Ox Road/Rt. 123.
- Go through traffic signal at Ox Road/Rt. 123.
- At next traffic signal (about 200 yards), left onto Roanoke Lane.
- Follow Roanoke and bare left (street becomes Patriot Circle). Recreation and Athletic Complex (RAC) is on your left.

From National Airport

- I-395 South.
- I-495 West.
- Exit 54A – Rte. 620 (Braddock Road WEST).
- Go 5-6 miles to George Mason campus on right.
- At traffic signal, right onto Roanoke Lane.
- Follow Roanoke and bare left (street becomes Patriot Circle). Recreation and Athletic Complex (RAC) is on your left.

From Dulles Airport

- Dulles Toll Road EAST.
- Fairfax County Parkway SOUTH.
- Exit at Braddock Road, turn left at traffic signal at bottom of ramp.
- Go approximately 3 ½ miles to intersection with Braddock Road.
- Go through traffic signal at Braddock Road.
- At next traffic signal (about 200 yards), left onto Roanoke Lane.
- Follow Roanoke and bare left (streets becomes Patriot Circle). Recreation and Athletic Complex (RAC) is on your left

Map of the Recreation Athletic Complex (RAC)

