



Youree Spence-Garcia Meet
Saturday, December 2, 2023 – Ocean Breeze Athletic Complex
Tentative Meet Schedule

RUNNING EVENTS (Fastest to slower)

4:00 – Women's 60m HH Final – 42 entries, 6 heats

4:15 – Men's 60m HH Final – 23 entries, 3 heats

4:25 – Women's 60m – 80 entries, 10 heats

4:45 – Men's 60m – 76 entries, 10 heats

5:05 – Girls High School 60m – 7 entries, 1 heat

5:10 – Women's 3000m – 43 entries, 3 heats

5:50 – Men's 3000m – 38 entries, 3 heats

6:25 – Women's 400m – 47 entries, 8 heats

6:50 – Men's 400m – 38 entries, 7 heats

7:05 – Women's 500m – 36 entries, 6 heats

7:20 – Men's 500m – 28 entries, 5 heats

7:35 – Women's 300m – 51 entries, 9 heats

7:55 – Men's 300m – 32 entries, 6 heats

8:10 – Girls High School 300m – 13 entries, 2 heats

8:20 – Boys High School 300m – 18 entries, 3 heats

8:30 – Women's 1000m – 44 entries, 3 heats

8:45 – Men's 1000m – 36 entries, 3 heats

Women's 200m – 68 entries, 12 heats

Men's 200m – 67 entries, 10 heats

Women's 4x800m – 6 entries, 1 heat

Men's 4x800m – 5 entries, 1 heat

Women's 4x400m – 18 entries, 3 heats

Men's 4x400m – 18 entries, 3 heats

FIELD EVENTS

Throws

4 PM – Women's Shot Put top 8 goes to finals (44 entries)

Followed by Men's Shot top 8 goes to finals (36 entries)

Followed by Women's Weight Throw top 8 goes to finals (28 entries)

Followed Men's Weight Throw top 8 goes to finals (17 entries)

Horizontal Jumps top 8 to final

5:00 PM – Women's Long Jump (32 entries) followed by Women's Triple Jump (25 entries)

5:00 PM – Men's Long Jump (33 entries) followed by Men's Triple Jump (17 entries)

Vertical Jumps/vault

4 PM – Women's Pole Vault (26 entries)

Followed by Men's Pole Vault (4 entries)

Women's High Jump (29 entries) follows the 60m dashes

Followed by Men's High Jump (13 entries)

