



GCU Invitational

Friday/Saturday, March 17-18, 2023

Meet information:

All outdoor events including the hammer throw, 5k & steeplechase. The hammer throw will be held at Glendale Community College on Friday afternoon. All other events will be held at the GCU Track and Field facility. This will be a non-scoring competition.

Invited Teams:

Arizona Christian University, Arizona State University, Northern Arizona University, Ottawa University, University of Arizona, Central Arizona College, Glendale CC, Mesa CC, Paradise Valley CC, Pima CC. **Priority will be given to teams from Arizona. Teams may enquire to gain invite.**

Individual invitations:

Individuals wishing to secure an invite to compete will need to submit proof of performance in the last 18 months that meets a standard for the meet.

Requests to compete with proof of performance (POP) shall be emailed to Todd Lehman (todd.lehman@gcu.edu) no later than Wednesday, March 8th.

Only collegiate or post collegiate athletes will be considered. Field sizes will be restricted with preference given to collegiate athletes. Requests will be considered on an individual basis and are not guaranteed an invitation. Accepted requests will receive a link to Direct Athletics granting access to meet entry NLT Friday, March 10th.

Meet entry:

Entries must be submitted on Direct Athletics between Monday, February 27th and Monday, March 13th by 11:59 PM PST. Entries may be changed and edited online any time before the entry deadline. Once entries close there will be no additional entries accepted. All submitted entries to Direct Athletics by the March 13th deadline would be considered FINAL. Please be sure to print a copy of your team's entries and bring it to the meet as confirmation.

Athletes will be seeded into sections based on times listed in a descending order list. Descending order lists and heat sheets will be published Wednesday, March 15th. Final time schedule will be published and shared Thursday, April 16th.

The GCU Invitational will not adhere to the NCAA requirement for non-speculative marks. Please use your discretion when doing entry performances. The Grand Canyon University Track & Field Program reserves the right to make additional changes in the seeding process.

THE ONLY METHOD to enter the GCU Invitational is via www.directathletics.com.

There will be an entry fee of \$400 per team. Men's and Women's teams are considered separate, and all entry fees are non-refundable and nontransferable. Teams entering with Eight (8) or less athletes, as well as invited individual athletes, will pay a fee of \$25 per athlete. Teams will have an option to pay entry fee online at DirectAthletics, however all payments must be received prior to the competition or on the day of the competition. Team packets will not be released if payment is not received

Timing and Results:

Winged Food Finish will do all seeding and timing for the GCU Invitational. Accepted entries, Heat sheets, live results, and final results will be posted on www.live.wingfootfinish.com as well as on our website www.gculopes.com. Post-meet results will be posted on our website www.gculopes.com and on www.directathletics.com.

Team Camps/Restrooms:

The turf fields to the North of the track facility will be provided for team camps and warmups.
Restrooms for visiting teams available at North end of Baseball facility, the Lopes Performance Center, Antelope Gym, and at the Softball Stadium

Warm-up area:

Athletes will warm up at the turf field to the North of the facility where team camps will be located. Hurdles and blocks will be provided in this area.

Horizontal Jumps / Throws procedures:

Athletes in the horizontal jumps and throwing events will each receive a minimum of 3 attempts. The top nine competitors will advance to the finals and receive an additional 3 attempts.

Weigh-in and throwing procedures:

All weigh-ins for implements on Saturday will take place at the track shed in the NE corner of the track facility. Weigh-ins will be open from 10:00am through 12:00pm. All implements must be weighed in and marked prior to the start of warm-ups for the specific event, i.e., NLT 20' prior to the event start. Implements certified in advance will be marked and returned to the competitor or coach.

The javelin will be conducted from the South D-zone (85' runway) throwing to the North on the interior of the track facility. The Shot Put and Discus throws will be conducted from portable rings at the turf field to the NE of the track facility. The hammer throw will be held at Glendale Community College. Hammer certifications will be done at GCC throwing site from 12:30pm to 1:30pm.

Athletic Trainer / Medical:

Grand Canyon University Athletics will have an Athletic Trainer on site and will provide space for your own ATC's. EMT staff will be on hand as well. GCU ATC's will not be available for treatment for any non-GCU athletes. Ice bags will be made available upon request.

Athlete check-in:

Clerk table will be located at the track shed at the NE corner of the track. Running events athletes will need to check in with the starting clerk NLT 15 minutes prior to their race. All field event athletes will check in with their event official no later than 15 minutes prior to the start of competition.

GCU Invitational

FINAL Event Schedule
Friday/Saturday – March 17-18, 2023

Friday, March 17th

Held at Glendale Community College (6000 W Olive Ave, Glendale, AZ 85302)

Enter off 63rd Avenue, 1/4 mile North of Olive. Turn into campus at Via Gaucho and park in lot to the East of the throwing facility. Map listed in meet info.

START TIME

12:30 – 1:30 PM

2:00 PM

4:00 PM

FIELD EVENTS

Weigh-in at GCC Hammer facility

HAMMER THROW (W)

HAMMER THROW (M)

Saturday, March 18th

Held at Grand Canyon University Track and Field Facility

START TIME

11:00 AM

1:00 PM

3:00 PM

3:00 PM

3:00 PM

4:00 PM

5:00 PM

5:00 PM

5:00 PM

5:30 PM

5:30 PM

FIELD EVENTS

JAVELIN (W)

JAVELIN (M)

LONG JUMP (W South pit – M North pit)

POLE VAULT (W)

DISCUS (M)

SHOT PUT (W)

HIGH JUMP (W)

DISCUS (W)

SHOT PUT (M)

POLE VAULT (M)

TRIPLE JUMP (W South pit – M North pit)

HIGH JUMP (M)

START TIME

3:55 PM

4:00 PM

4:10 PM

4:20 PM

4:28 PM

4:45 PM

4:57 PM

5:10 PM

5:20 PM

5:30 PM

5:40 PM

6:02 PM

6:13 PM

6:30 PM

6:42 PM

7:06 PM

7:26 PM

7:56 PM

8:16 PM

8:36 PM

8:52 PM

9:16 PM

9:36 PM

TRACK EVENTS

NATIONAL ANTHEM / PRAYER

4 X 100 RELAY (W)

4 X 100 RELAY (M)

800 (W)

800 (M)

100 HURDLES (W)

110 HURDLES (M)

400 (W)

400 (M)

100 (W)

100 (M)

400 HURDLES (W)

400 HURDLES (M)

1500 (W)

1500 (M)

200 (W)

200 (M)

3000m SC (W)

3000m SC (M)

4 X 400 RELAY (W)

4 X 400 RELAY (M)

5000m (W)

5000m (M)

Bus Parking info:

Parking map included. Busses will enter campus from the 35th Ave gate (between Missouri and Camelback). Bus drop off and parking will be on East side of Halo parking Garage.



Glendale Community College
6000 W Olive Ave, Glendale, AZ 85302

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