

# FLUKID

Men's Swimming & Diving

2 National Championships | 44 NCAA titles | 37 SEC Championships | 23 SEC Male Swimmer of the Year Awards | 4 SEC Male Diver of the Year Awards

Women's Swimming & Diving

3 National Championships | 89 NCAA titles | 17 SEC Championships | 19 SEC Female Swimmer of the Year Awards | 5 SEC Female Diver of the Year Awards

# March 23-26, at NCAA Championships McAuley Aquatic Center | Atlanta, Ga.

Events are scheduled to begin at 10 a.m. ET



Florida Men **Record:** 6-4, 2-2 SEC Head Coach: Gregg Troy

The University of Florida men's swimming and diving teams return to action on Wednesday, March 23, when they open up the 2016 NCAA Championships in Atlanta, Fourteen Gators have earned the right to compete through four days of competition and seven sessions inside the McAuley Aquatic Center.



NCAA Championships Atlanta, Ga. Feb. 16-19

The Georgia Institute of Technology will serve as the host of this year's NCAA Championships at the McAuley Aquatic Center on Georgia Tech's campus in downtown Atlanta, Georgia. The Men's Championships are March 23-26, and will feature college swimming's top talent across four days and seven sessons of

# FLORIDA HISTORY AT THE NCAA CHAMPIONSHIPS

Last Outing: March 29, 2015 | GATORS FINISH FIFTH AT NCAA CHAMPIONSHIPS

Quick Cap: IOWA CITY, Iowa -- Florida men's swimming & diving team tallied one national title, set four school records and ended the NCAA Championships in fifth place with 248 team points. The meet was held in the Campus Recreation and Wellness Center Natatorium in Iowa City, Iowa.

Since head coach Gregg Troy took over the men's team before the 1999-2000 season, the Gators have scored a top-10 finish every year at the NCAA meet. This season, Texas won the team title with 528 points, followed by California (399), Michigan (312), USC (270) and UF (248) round out the top-five in the standings.

Florida had 15 individuals earn 40 All-American honors and sent their senior class out in style.

## **2016 CSCAA RANKINGS: AS OF 3/12/16**

	MEN			WOMEN	
Rank	Team	Points	Rank	Team	Points
1	Texas	225	1	Stanford	245
2	California	216	2	Georgia*	234
3	Florida	204	3	Michigan	221
4	Georgia*	201	4	Southern Cal	208
5	Michigan	181	5	Virginia	206
6	Auburn*	177	6	California	204
7	NC State	175	7	Texas	196
8	Indiana	155	8	Texas A&M*	183
9	USC	153	9	Florida	165
10	Alabama*	151	10	NC State	154
11	Stanford	128	11	Auburn*	129
12	Missouri*	124	12	Wisconsin	124
13	Louisville	121	13	Indiana	120
14	Tennessee*	116	14	Arizona	115
15	Ohio State	93	15	North Carolina	111
16	Wisconsin	87	16	Tennessee*	107
17	Arizona	84	17	Louisville	99
18	North Carolina	67	18	Ohio State	81
19	Duke	56	19	UCLA	79
20	Arizona State	43	20	Louisiana State	54
21	Denver	34	21	Purdue	51
22	South Carolina*	32	22	Minnesota	44
23	Princeton	28	23	Missouri	39
24	Virginia Tech	22	24	South Carolina	24
25	Minnesota	20	25	Penn State	22

<sup>\* -</sup> Denotes Southeastern Conference Opponent

# 2015-16 GATOR SWIMMING & DIVING SCHEDULE

Date	Meet	Location	Time
Sept. 18-20	All Florida Invitational	Gainesville, Fla.	All Day
Oct. 8	Vanderbilt (No Divers)*	Nashville, Tenn.	8 p.m.
Oct. 10	Minnesota	Gainesville, Fla.	10 a.m.
Oct. 16-17	Texas/Indiana	Austin, Texas	4 p.m./10 a.m.
Oct. 30	Georgia (50 LCM)*	Gainesville, Fla.	10 a.m.
Nov. 6	South Carolina*	Gainesville, Fla.	2 p.m.
Nov. 20-22	Buckeye Invite	Columbus, Ohio	All Day
Dec. 3-5	USA Swim. Nationals (50 LCM)	Federal Way, Wa.	All Day
Dec. 15-20	USA Diving Nationals	Indianapolis, Ind.	All Day
	2010	6	
Jan. 2	Florida State (50 LCM)	Gainesville, FLa.	2 p.m.
Jan. 23	Auburn* (50 LCM)	Gainesville, Fla.	11 p.m.
Jan. 30	Tennessee*	Knoxville, Tenn.	10 a.m.
Feb. 16-20	SEC Championships	Columbia, Mo.	All Day
Mar. 7-9	NCAA Diving Zones	Atlanta, Ga.	All Day
Mar. 16-19	NCAA Championships (w)	Atlanta, Ga.	All Day
Mar. 23-26	NCAA Championships (m)	Atlanta, ga.	All Day
* indicates SEC ma	tchup		

old indicates Gator home mee

Florida Records (M: 6-4, 2-2; W: 4-5-1, 4-1)

# **FOLLOWING THIS WEEK'S ACTION**

Live Stats: http://www.atlswim.net/LiveResults/2016NCAAW/index.htm

Watch it Live: http://atlantaswimming.com/Webcast

For live updates via Twitter, please visit: https://twitter.com/GatorsSwimDV

# **KEEPIN' UP WITH THE GATORS**



**Florida Gators** Check the official website of Florida Athletics for all the latest news and information about the Gators.



www.floridagators.com **FACEBOOK** 

# Become a fan on Facebook by searching 'University of Florida Men's and Women's Swimming & Diving'





For the most up-to-date information about the Gators, follow us on Twitter! @GatorsSwimDv



Instagram For the behind-the-scenes photos from the Florida S&D program, follow us on Instagram at @GatorsSwimDv

#### **CONTACT INFORMATION**

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Gainesville, FL 32611

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2015-16 UNIVERSITY OF FLORIDA WOMEN'S ROSTER			
NAME	EVENTS	CLASS	HOMETOWN/HIGH SCHOOL
Hannah Burns	Breast/IM	FR	Lake City, Fla./Columbia High
Delaney Dye (D)	Diving	SR	Tallahassee, Fla./Leon
Brianna Félegi (D)	Diving	SO	West Palm Beach, Fla./Suncoast
Autumn Finke	Free	JR	Clearwater, Fla./Countryside
Miranda Goss (D)	Diver	FR	Jacksonville, Fla./Mandarin
Natalie Hinds*	Free/Fly	SR	Midland, Texas/Midland
Georgia-Mae Hohmann	Back	RSO	Nottingham, England
Abigail Howell (D)	Diving	FR	Clermont, Fla./East Ridge
Morgan Kairslik	Free	FR	Clermont, Fla.
Taylor Katz	Free	JR	Sarasota, Fla./Riverview
Sierra Kuhn	Back/IM	SR	Verona, Wis./Verona Area
Chelsea Lawson	Back/Free	S0	Fife, Scotland/Inverkeithing
Ashlee Linn*	Back/IM	SR	Sarasota, Fla./Riverview
Georgia Marris	Free	SO	Auckland, New Zealand/St. Cuthbert's
Lexie Martorana (D)	Diving	SO	Jacksonville, Fla./Fleming Island
Tyla Martin	IM/Fly	FR	Fort Lauderdale, Fla./Pine Crest
Amelia Maughan	Free	SO	Bath, England/Kingswood School
Lindsey McKnight*	Free/IM	SR	Coral Springs, Fla./American Heritage
Emily Mosher (D)	Diving	SR	Cincinnati, Ohio/Saint Ursula
Elisavet Panti	Back	SO	Thessaloniki, Greece/Saint Paul
Mollie Pulte	Free	FR	Troy, Mich./Marian
Taylor Roy	Free	SR	Woodstock, Ga./Sequoyah
Paige Scheriger	Breast	SO	Hendersonville, Tenn./Pope John Paul II
Sydney Sell	Back/Free	FR	Frankfort, Ky./Western Hills
Teya Syskakis	Diving	FR	Edmonton, Alberta/Edmonton
Jessica Thielmann*	Free/IM	SR	Newcastle, England
Kahlia Warner *	Diving	SR	Queensland, Australia/Redlands College
Kahra Williams	Free/Fly	FR	Gainesville, Florida/P K Young Research
Alyssa Yambor-Maul	Back	JR	Tallahassee, Fla./Lawton Chiles

16 LINUVEDCITY OF FLODIDA WOMENIC DOCT

	2015-16 UNIVERSITY OF FLORIDA MEN'S ROSTER			
NAME	EVENTS	CLASS	HOMETOWN/HIGH SCHOOL	
Brennan Balogh	IM/Fly/Back	FR	Lincoln, Neb./Lincoln Select	
Jack Blyzinskyj*	Back/Free	JR	Weston, Mass./Weston	
Andrew Brady	Free/IM	SO SO	San Diego, Calif./Point Loma	
Max Bungert´	Free	SO	Gainesville, Fla./Gainesville	
Quinn Cassidy	Breast/IM	RSO	Boca Raton, Fla./Saint Andrews School	
Mitch D'Arrigo*	Free	JR	Rome, Italy/Gainesville P.K. Yonge	
Alex Dehner	Free/Back	JR	Tallahassee, Fla./Lawton Chiles	
Caeleb Dressel*	Free/Fly	SO	Green Cove Springs, Fla./Clay	
Arthur Frayler*	Free	SR	Fort Washington, Pa./Germantown Academy	
Emiro Goossen	Free	RSO	Jacksonville, Fla./The Bolles School	
Dalton Goss	Diving	RSO	Jacksonville, Fla./Mandarin	
Harrison Haines	Back/Free	SO	Lexington, Mass./Lexington	
Grady Heath	Free	FR	Green Cove Springs, Fla.	
Zach Hernandez*	Diving	RSR	Johns Creek, Ga./Wesleyan	
Justin Kaisrlik	Free/IM	SR	Clermont, Fla./East Ridge	
Alex Katz	Back/Free	SO	Sarasota, Fla./Riverview/Michigan	
Ben Kennedy	Free/Fly	SO	Salem, Va./Glenver	
Ben Lawless	Free	SO	Owings, Md./Northern	
Alex Lebed	IM	FR	Fort Washington, Pa.	
Bayley Main	Free	RFR	Auckland, New Zealand/Macleans College	
Corey Main*	Back	SR	Auckland, New Zealand/Macleans College	
Austin Manganiello	IM/Free	RSR	Miami, Fla./Palmetto	
Blake Manganiello	Free/Back	RSO	Miami, Fla./Palmetto	
Christopher Margotti	Free/Back	FR	Austria	
Enzo Martinez-Scarpe	Free	RSO	Maldonado, Uruguay/I.H.H.C	
Mel Nash	Free/Back	S0	Jacksonville, Fla./Crossroads Christian	
Ross Palazzo	IM/Breast	FR	Hudson, Ohio/Hudson	
Colin Rockwell	Free	RSO .	Houston, Texas/Memorial	
Samuel Smith (D)	Diving	FR	Knoxville, Tenn.	
Jack Szaranek	Back/Free	FR	Glenrothes, Scotland/Auchmuty	
Mark Szaranek*	Back/Free	S0	Glenrothes, Scotland/Auchmuty	
Jan Switkowski	Free/IM/Fly/Back	FR	Lublin, Poland/Virginia Tech	
Luke Torres	Free/Fly	SR	Fort Lauderdale, Fla./American Heritage	
Pawel Werner*	Free	SR	Wroclaw, Poland/Gimbasket	
Stanley Wu	Fly/Free	FR	Concord, Calif./Northgate	

# **UNIVERSITY OF FLORIDA QUICK FACTS**

**Founded** | 1853

**Location** | Gainesville, Fla.

Enrollment | 49,042

**Nickname** | Gators

Colors | Orange (PMS 172) & Blue (PMS 287)

**Conference** | Southeastern

President | Dr. W. Kent Fuchs Athletics Director | Jeremy Foley

Facility | Stephen C. O'Connel Center

Natatorium (1,200)

#### **GATOR SWIM & DIVE COACHING STAFF**

**Head Coach |** Gregg Troy (TCU '72)

Years @ Florida | 19th season

Florida Dual Meet Record | Combined: 321-87-2

Women: 174-43-1 Men: 147-44-1

#### **Associate Head Coaches**

Anthony Nesty (Florida '94) Martyn Wilby (Kentucky '86)

**Diving Coach |** Dale Schultz (Kansas State '84)

# Assistant Coaches

Steve Jungbluth (UMass '94) Leah Martindale-Stancil (Florida '02)

Coordinator, Carse Complex & Ops. |

Erva Gilliam

**Swimming Office Phone** | 352.375.4683 ext. 4545

# 2014-15YEAR-IN-REVIEW

**Dual Meet Record |** M, 6-1/W, 6-2

**SEC Record** | M, 4-1/W,5-1

SEC Championship Finish | M, 1st/W, 3rd ALL-SEC |

> Men: 13 Women: 8

NCAA Championship Finish | M, 5TH/W, 9th All-Americans |

> Men: 15 (40 honors) Women: 6 (15 honors)

Final Rank (CSCAA) | M, 5th/W, 9th SEC Academic Honor Roll | M, 18/W, 16

# **2015-16 PREVIEW**

**Letterwinners Returning-Lost** | M, 24-11/W, 24-5 **All-Americans Returning-Lost** | M, 6-9/W, 6-0 **Newcomers** | M, 13 /W, 9

# PRONUNCIATION GUIDE

Women	PRONUNCIATION GUIDE
Brianna Felegi	Brianna Fe-LAY-gay
Autumn Finke	Autumn Fink
Georgia Hohmann	Georgia HOE-man
Lexie Martorana	Lexie Martor-ON-na
Mollie Pullte	Molly POOL-tea
Teya Syskakis	Tay-YA Siss-KAK-iss
Jessica Thielmann	Jessica TEAL-men
Kahlia Warner	Call-EE-ahh Warner

# Men Jack Blyzinksyj Jack Bli-Zin-skee Quinn Cassidy Quinn Cass-sa-de Mitch D'Arrigo Mitch De-uh-Ree-go Alex Dehner Alex Day-Ner Emiro Goosen E-mirror-ro Who-sen Justin Kaisrlik Justin Kai-zer-lick Alex Katz Cats Austin Manganiello Austin Man-Ga-nello Blake Manganiello Blake Man-Ga-nello Mark Szaranek Mark Sir-ram-ick Pawel Werner Pa-Vel Werner Stanley Wu Stanley Woo

#### 2015-16 FLORIDA GATORS COACHING STAFF



# **HEAD COACH | GREGG TROY**

Gregg Troy is in his 19th season as the head coach of the Florida Gators' women's team and 18th as the leader of the men's squad. Troy has created an atmosphere of consistency and excellence around both programs. His efforts have allowed UF to become one of the most storied collegiate programs in the country.

2015 SEC Men's Swimming Coach of the Year 2014 SEC Men's Swimming Coach of the Year 2013 SEC Men's Swimming Coach of the Year 2012 U.S. Olympic Men's Head Coach 2011 ASCA Coach of the Year 2010 U.S. Swimming Coach of the Year 2010 ASCA Coach of the Year 2010 NCAA Women's Swimming Coach of the Year 2010 SEC Men's Swimming Coach of the Year 2010 Pan Pacific Games U.S. Head Coach 2008 U.S. Men's Olympic Assistant Coach 2007 SEC Men's Swimming Coach of the Year 2004 U.S. Asst. Coach (W) FINA World Championships

2004 NCAA Men's Swimming Coach of the Year 2002 NCAA Men's Swimming Coach of the Year 2002 SEC Men's Swimming Coach of the Year 2001 Head Coach (M), FINA World Championships 2000 SEC Men's Swimming Coach of the Year 1999 U.S. Head Coach (M) for Pan American Games 1998 U.S. Head Coach (W) World Championships 1997 U.S. Olympic Swimming Developmental Coach of the Year

1996 U.S. Women's Olympic Assistant Coach 1995 U.S. Pan American Team Head Coach 1992 Thailand Olympic Head Coach



# ASSOCIATE HEAD COACH | ANTHONY NESTY

Over the last 17 seasons, Nesty has shown the ability to transfer his penchant for fast times in the water to the Gator swimmers he has coached. Primarily working with the men's team, Nesty has played a key role in guiding UF men to three-consecutive Southeastern Conference Championships and a fifth-place finish at the 2015 NCAA Championships.

2012 Head Coach, Suriname Olympic Team 2011 Asst. Coach, United States National Team, at World **University Games** 2006-present, Associate Head Coach, University of Florida 1991 World Champion (100m fly) 2009-10 Assistant Coach, Cayman Islands National Team 1991, Part of NCAA Champion 400y MR team 2008 Head Coach, Suriname Olympic Team 2004 Assistant Coach, Suriname National Swim Team 2002 Inducted into UF Athletic Hall of Fame

1999-2006, Assistant Coach, University of Florida 1998-99, Assistant Men's Coach, University of Florida

1996-98, Swim Florida Club Coach 1992 Olympic Bronze Medalist (100m fly) 1990-92, Three-Time NCAA Champion (100y fly) 1990 NCAA Champion (200y fly) 1990 Goodwill Games Gold Medalist (100 fly) 1988 Olympic Gold Medalist (100m fly)



# ASSOCIATE HEAD COACH | MARTYN WILBY

Wilby is in his tenth season as an associate head coach and 19th as a member of the Gators' coaching staff. This past season, Wilby helped lead the Gator women to a ninthplace finish at the NCAA Championships and a third-place mark at the SEC Championships. UF has now finished in the top-10 at the NCAA Championships in 15 consecutive

2014, on deck at Commonwealth Games 2014, on deck at European Games 2009, on deck at FINA World Championships 2006-present, Associate Head Coach, University of Florida 1998-2006, Assistant Coach, University of Florida 2000 Barbados Olympic Team Coach 1997 Malaysian National Team Coach

1994 Florida Age Group Coach of the Year 1992-98, Assistant Coach, The Bolles School 1990-92, Head Coach, Lakeside Hawks Swim Club 1990, Swimming Developer, Stockton Council (England) 1989-90, Wildcat Acquatics Club Coach (Lexington, Ky.) 1982-86, British National Team member



2014-present, Diving Coach, University of Florida 2014, Head Coach, Ripfest Diving 2008-14, Diving Coach, Hawg Diving 2008-13, Diving Coach, Arkansas 1989-2000, Diving Coach, Arkansas 1993 Team Leader, World University Games

# **DIVING HEAD COACH | DALE SCHULTZ**

Dale Schultz is in his second season at Florida after being named the head diving coach last summer. Schultz came to Gainesville from Noblesville, Indiana, where he was the Associate Head Coach at Ripfest Diving. Prior to that, Schultz spent 16 years at Southeastern Conference rival Arkansas (1989-2000, 2008-13), as the Razorbacks' head diving coach.

> 1993 SEC Diving Coach of the Year 1992 Diving Coach, Japanese National Divers 1988-89, Diving Coach, Purdue 1985-88, Diving Coach, Northern Michigan 1984-85, Diving Coach, Idaho 1982-84, Diving Coach, Manhattan High School



## ASSISTANT COACH | STEVE JUNGBLUTH

Steve Jungbluth is in his sixth season with the Orange and Blue working with the sprinters. This past season, Jungbluth coached Caeleb Dressel to UF's first-ever 50-yard freestyle (18.67) NCAA Championship, which he achieved on day one of the NCAA meet. Dressel became the ninth Gator swimmer under Jungbluth and Head Coach Gregg Troy's tutelage to win SEC Male Freshman of the Year.

2010-present, Assistant Coach, University of Florida 2003-10, Head Coach, Colgate University 2000-03, Assistant Coach, U.S. Naval Academy 1999-2000, Head Coach, Austin College 1995-98, Assistant Coach/Interim Head Coach, Amherst (Mass.) College



#### ASSISTANT COACH | LEAH MARTINDALE-STANCIL

A 12-time NCAA All-American at Florida, two-time Olympian and a four-time national record holder for her native country, Barbados, Stancil's impact has been felt in both the men's and women's teams during her seven seasons on the coaching staff. Individually, the two teams had 21 student-athletes combine for 55 All-America honors.

2008-present, Assistant Coach, University of Florida 2006-08, Assistant Coach, South Carolina 2005-06 Assistant Coach, Savannah College of Art & Design 2003-05, Graduate Assistant, University of Florida Sports & Fitness Department 2003-05, Volunteer Assistant Coach, University of Florida

#### 2015-16 FLORIDA SWIMMING & DIVING SUPPORT STAFF

**DIRECTOR OF SWIMMING OPERATIONS | Erva Gilliam ACADEMIC ADVISOR |** Tim Aydt **STRENGTH & CONDITIONING | Matt Delancey HEAD ATHLETIC TRAINER** | Tommy Stich **ATHLETIC TRAINER** | Sarah Paul **HEAD TEAM MANAGER** | Cameron Martin **TEAM MANAGER** | Stephanie Proud **DIRECTOR OF NUTRITION** | Stephanie Wilson **TEAM PHYSICIAN** | Katie Edenfield **TEAM ORTHOPEDIST** | Michael Moser **MARKETING & PROMOTIONS** | Forrest Gmitro **COMMUNICATIONS** | Ben Schmitz MASSAGE THERAPISTS | Ricky Ray

#### **2015-16 UNIVERSITY OF FLORIDA NOTES**

#### THE SCENE

The University of Florida men's swimming and diving teams return to action on Wednesday, March 23, when they open up the NCAA Championships in Atlanta. Fourteen Gators have earned the right to compete through four days of competition and seven sessions inside the McAuley Aquatic Center.

A total of 270 participants (235 swimmers and 35 divers) will compete in the championships. Swimmers qualified for the championships by meeting the prestablished times for the events in which they entered. Divers were determined by performances achieved at the Zone Diving meets March 7-12.

#### **LIVE RESULTS**

**Live Stats:** http://www.atlswim.net/liveResults/2016NCAAM/index.htm

Watch it Live: http://atlantaswimming.com/Webcast

For live updates via Twitter, please visit: https://twitter.com/GatorsSwimDV

#### **ESPN COVERAGE**

ESPN3.com will stream finals sessions Friday and Saturday for both championships. Additionally, ESPNU will air a two-hour show at 7 p.m. Eastern time, Tuesday, March 29 for the women's championships and 5 p.m. Eastern time, Wednesday, April 8 for the men's champsionships.

#### **SCOUTING THE FIELD: NCAA CHAMPIONSHIPS**

Year in and year out, the NCAA Championships are comprised of the country's top talent in collegiate swimming. Of the schools this season, Florida ranks fourth in terms of qualified swimmers. Only Texas (17), California (16), and Stanford (14) sit in front of them. The Gators are looking for their third NCAA Championship, after winning the men's titles in 1983 and 1984.

#### WHO'S IN:

Seniors (4): Arthur Frayler, Corey Main, Austin Manganiello, Pawel Werner.

Juniors (2): Jack Blyzniskyj, Mitch D'Arrigo. Sophomores (5): Caeleb Dressel, Ben Lawless, Blake Manginello, Jan Switkowski, Mark Szaranek.

Freshman (3): Brennan Balogh, Alex Lebed, Sam Smith.

#### **LOOKING AHEAD**

The 2016 NCAA Championships mark the end of the 2015-16 collegiate season. Several Gator men and women will compete in their home country's Olympic trials for a chance to compete at the 2016 Summer Olympics in Rio.

# **LOOKING BACK AT THE 15' NCAA CHAMPIONSHIPS**

The University of Florida men's swimming & diving team tallied one national title, set four school records and ended the NCAA Championships in fifth place with 248 team points. The meet was held in the Campus Recreation and Wellness Center Natatorium in Iowa City, Iowa.

Since head coach Gregg Troy took over the men's team before the 1999-2000 season, the Gators have scored a top-10 finish every year at the NCAA meet. This season, Texas won the team title with 528 points, followed by California (399), Michigan (312), USC (270) and UF (248) round out the top-five in the standings.

Florida had 15 individuals earn 40 All-American honors and sent their senior class out in style.

The 10-man class of Matt Curby, Matt Elliott, Colin Hamilton, Christian Homer, Ricky Munch, Carlos Omana, Billy Silva, Eduardo Solaeche-Gomez, Thomas Veale and Dan Wallace leaves Florida with 47 All-American Honors, including 14 this week.

#### **NOTABLE NUMBERS FROM 2015**

For the week, UF was led by freshman Caeleb Dressel as he became the first Gator to EVER win a 50-yard freestyle (18.67) NCAA Championship, which he achieved on day one of the competition. Overall, the Green Cove Springs, Fla. product garnered seven All-American accolades that included three as an individual ((50 Free, 100 Free\*, 100 Fly\*) and four as a member on UF's relays (200 FR\*, 400 FR\*, 200 MR, 400 MR).

#### MAKE IT FOUR IN A ROW

Three weeks ago, Florida's men won the program's fourth-straight and 37th overall Southeastern Conference Championship. On the women's side, the Gators ended their conference championship in sixth place. Overall, Florida won 11 SEC championships, broke eight school records and registered 11 NCAA 'A' Cuts. UF's 37 SEC team championships ranks second amongst all sports in the history of the SEC (Kentucky Men's Basketball, 45).

#### **RECORD-BREAKING WEEK AT SECS**

Six of the Florida men's school records fell throughout the week at the 2016 SEC Championships. Three of those were individual events and three were relays. Caeleb Dressel was a member of all six of those records.

#### DRESSEL NAMED NATIONAL S.O.W.

Caeleb Dressel was amed College Swimming's National Swimmer of the Week for the second time this season after leading the University of Florida men's team to their fourth straight and 37th overall SEC title.

Dressel, who was also named the men's 2016 SEC Swimmer of the Meet, finished the week with six SEC titles, seven NCAA 'A' cuts, and six newly acquired UF school records. Marcin Cieslak (2014) was the last Gator to receive the men's SEC Athlete of the Meet recognition.

#### **GATOR RELAYS PRIMED FOR SUCCESS**

All five of Florida's relays have qualified for the 2016 NCAA Championships. In addition, each of the five relays also hold one of the country's Top-5 national qualifying times.

# **GATOR MEN RANKED NO. 3 | WOMEN NO. 9**The UF men are ranked third nationally while

The UF men are ranked third nationally while the Gator women come in at No. 9 in the most recent CollegeSwimming Coaches Association of America (CSCAA) poll. The Florida men have a point total of 204, and join SEC members Georgia (fourth), Auburn (sixth), Alabama (10th), Missouri (12th) Tennessee (14th), and South Carolina (22nd).

The Florida women came in at No. 9 last week (165 points). UF joins SEC foes Georgia (second), Texas A&M (eighth), Auburn (11th) Tennessee (16th), LSU (20th), Missouri (23rd), and South Carolina (24th).

#### WARNER TABBED SEC DIVER OF THE MEET

Senior Kahlia Warner was named the 2016 SEC Diver of the meet at the SEC Championships following a remarkable performance on the one and 3-Meter boards. The Queensland, Australia, native swept both springboards -- marking the first time for a Gator in 30 years. Gator Great Megan Neyer, the last UF diver to accomplish the feat, was on hand to witness to accomplishment live.

#### HINDS, WARNER GATHER SEC TITLES

Seniors Natalie Hinds and Kahlia Warner totaled three individual SEC Titles for the Gator Women. Warner dove to a pair of titles on the one and 3-Meter springboards while Hinds gathered hers in the pool, taking first place in the 100-Yard Freestyle.

#### WINNING WAYS

Six Gators accounted for double-digit wins this season between indivual and relay events. Caeleb Dressel led the group with 40, and Corey Main (27), Jack Blyzinskyj (23), Jan Switkowski (21), Mark Szaranek (19), and Pawel Werner (19) followed behind.

#### **SWIMMING TO THE POSTSEASON**

Fourteen Gators posted qualifying times in 10 induividual events and five relay races come competition on Wednesday, eight of which swimmers are returners from last year's meet.

#### **DIVING TO THE POSTSEASON**

Freshman Sam Smith will represent the Gator men on the diving boards this week. Smith, a Top-10 finisher on every board at the 2016 SEC Championships, qualified on the one and 3-Meter diving events at the 2016 NCAA Zone Diving Championships in Atlanta.

#### **WARNER SWEEPS AGAIN**

Senior Kahlia Warner dove to a pair of wins on the one and 3-Meter boards at the 2016 NCAA Zone Diving Championships for the second time in three weeks. The Queensland, Australia, native had previously swept the springboards at the 2016 SEC Championships in Columbia, Missouri.

#### **GATOR WOMEN AT THE NCAA CHAMPIONSHIPS**

The University of Florida women's swimming and diving team saved it's best for last on March 20, on the fourth and final day of competition at the 2016 NCAA Championships. The Gators sent five swimmers into Saturday's finals and generated 28 points, which in turn, propelled the Orange and Blue to a 19th-place finish as they finalized the 2015-16 season. Overall, eight Florida women will be leaving Atlanta with All-America Honors. In addition, the Gators registered seven season-best times while renewing one school record.

#### A SPECIAL YEAR

The Gators' swim teams aren't only looking to make a run at the 2016 NCAA Championships this season. Rather, they'll have the opportunity to make Olympic trial-qualifying standards with the 2016 Summer Games approaching -- in addition to their NCAA 'A' and 'B' cut standard times.

To this point in the 2016 season, 13 American Gators have already met U.S. Olympic Time Trial-qualifying standards in their respective events (Complete Chart on pg. 13).

## DRESSEL, BALOGH GATHER SEC HONORS: 2/2/16

Two members from the University of Florida men's swimming and diving team -- Caeleb Dressel and Brennan Balogh -- were named Southeastern Conference Swimmers of the Week following UF's 185-115 win over Tennessee on Jan. 30, inside the Allen Jones Aquatic Center in Knoxville, Tennessee. The SEC announced the recognitions on February 2.

#### HINDS TABBED SEC SWIMMER OF THE WEEK: 1/26

Senior Natalie Hinds was named the SEC Swimmer of the Week following a four-win performance in UF's 192-108 win over the No. 10 Auburn Tigers on Jan. 23. Hinds, a Midland, Texas, native, swam to a first-place finish in the 50-Meter freestyle after clocking a U.S. Olympic Trial-qualifying time of 26.10. The American sprinter added top finishes in the 100-Meter freestyle (57.03), 100-Meter butterfly (1:02.06) and 400-Meter freestyle relay (3:54.03).

#### **WARNER NAMED SEC DIVER OF THE WEEK | 10/20**

Senior diver Kahlia Warner was named SEC Diver of the Week on Oct. 20. It was Warner's fourth time receiving the recognition, and first of the 2015-16 season. The Queensland, Australia, native, gathered the honor following a two-day double dual against No. 6 Texas and No. 14 Indiana. After sweeping the 1 and 3 meter boards with Zone Standard scores of 293.25 and 324.10, the 2015 All-American took home a first-place finish off the platform on Saturday (259.58) -- marking her third Diving Standard on the weekend.

#### SMITH NAMED SEC DIVER OF THE WEEK | 10/13

Freshman Sam Smith was named the SEC Diver of the Week following an outstanding performance against Minnesota on Oct. 10. Smith posted a first-place mark against Minnesota over the weekend with an NCAA-qualifying standard score of 351.60 off the one-meter. Later off the three-meter, Smith added to his accomplishments with a second-place showing -- diving to a score of 392.70.

# **NEW FACES TO THE ROSTER**

The Gator men welcome 10 true freshmen, two redshirt freshman who joined the program last year in January, and two transfers -- one from the University of Virginia, and one from the university of Michigan. On the women's end, Florida welcomes 11 true freshman to the 2015-16 roster.

#### DRESSEL NAMED TO U.S. NATIONAL TEAM

For the first time in his career, sophomore Caeleb Dressel was named to the U.S. men's national team. There, he joins fellow standouts and former Gators Ryan Lochte, and Conor Dwyer.

# PHILLIPS 66 NATIONAL CHAMPIONSHIPS REVIEW

Sixteen members from the University of Florida men's and women's swim team represented the Gators in San Antonio at the 2015 Phillips 66 National Championships from Aug. 6-10. In addition, three former Gators also took part in the five-day competition.

#### **2015-16 UNIVERSITY OF FLORIDA NOTES**

#### 2015 FINA WORLD CHAMPIONSHIPS REVIEW

Five current Gators and 11 former UF swimmers participated in the 2015 FINA World Championships in Kaza, Russia. Former Gator Ryan Lochte led the pack with a pair of gold medals (200m IM / 400m medley relay) and on silver (800m freestyle).

# FLORIDA SWIMMING AND DIVING TRADITION

The Florida swimming and diving program has a remarkable winning tradition. Head Coach Gregg Troy, now in his 19th season at the helm of the Gators, leads a program whose history includes: five national championships, 133 NCAA Titles, 53 SEC Championships, 44 SEC Swimmer of the Year recipients, nine SEC Diver of the Year recipients.

#### FLORIDA SWIMMING AND DIVING TRADITION

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#### IT RUNS IN THE FAMILY

The men's and women's teams have several family connections:

- Redshirt sophomore Dalton Goss and fresman Miranda Goss are brother and sister.
- Senior Justin Kaisrlik and freshman Morgan Kaisrlik are brother and sister.
- Junior Taylor Katz and newcomer Alex Katz are brother and sister
- Redshirt senior Austin Manganiello and redshirt sophomore Blake Manganiello are brothers.
- Sophomore Mark Szaranek is the older brother of newcomer Jack Szaranek.
- Emiro Goosen is the younger brother of former Gator Levar Goosen.
- Sophomore Ben kennedy is the son of former Gator, Patrick Kennedy, who was a member of the schools only two men's NCAA Championship Titles (1982,1983).

#### A LONG WAYS FROM HOME

There are nine Gators on both the men's and women's rosters (18 total) who haven't always called Gainesville home. Rather, they come from overseas and all across the globe.

#### STEPHEN O'CONNELL CENTER

The multipurpose Stephen C. O'Connell Center, named for a former University of Florida president, features a main arena covering more than 3.6 acres and containing 292,000 square feet. In addition to the main arena, there is a practice court, two weight rooms, a natatorium, an indoor track, a private gymnastics arena, dance studio, martial arts studio and several classrooms.

#### **HEAD COACH GREGG TROY**

As head coach of the men's and women's swimming teams, Gregg Troy has created an atmosphere of consistency and excellence over his 19 years at the helm. He has guided the Gators to 31 NCAA event titles, 148 SEC event titles, more than 350 SEC Academic Honor Roll selections and more than 900 All-American honors.

Troy has tutored over 75 Olympians and has coached athletes to more than 155 U.S. and international records. He served as the 2012 USA Men's Olympic Swim Team head coach in London. That same year he was inducted into the American Swimming Coaches Association Hall of Fame

#### **FOLLOW THE GATORS**

Gator fans can get inside access to behind-thescenes pictures and footage from the Florida swim team by following us via social media: Twitter: @ GatorsSwimDV

Facebook: www.facebook.com/GatorsSwimDv Instagram: GatorsSwimDV



#### 2015-16 BROADCAST SHEET



**Arthur Frayler** Senior Free Fort Washington, Pa.

# **Career Top Times**

100 Free: 47.27 200 Free: 1:38.11 500 Free: 4:16.04 1,000 Free: 8:58.53 1,650 Free: 14:38.06

400 IM: 3:46.62

# **Career Highlights**

Three-time All-American 2015 Second Team All-SEC 2014 SEC Champion 1,650 Free 2014 First Team All-SEC

2013 All-SEC Freshman Honoree



**Corey Main** Senior Free / Back **Auckland, New Zealand** 

# **Career Top Times**

50 Free: 18.94 100 Free: 42.08 200 Free: 1:33.61 500 Free: 4:39.26 100 Back: 46.21

# **Career Highlights**

12-time All-American 2016 SEC 200 MR Champion 2016 SEC 400 MR Champion 2016 SEC 200 FR Champion 2015 Second Team All-SEC



**Austin Manganiello Redshirt Senior IM / Free** Miami, Fla.

# **Career Top Times**

500 Free: 4:17.94 1.650 Free: 16:00.86 100 Back: 48.53 200 Back: 1:42.94 100 Fly: 51.59 200 Fly: 1:42.96

# **Career Highlights**

2015 SEC Academic Honor Roll 2014 SEC Academic Honor Roll 2013 SEC Academic Honor Roll



**Pawel Werner** Senior Free Wroclaw, Poland

# **Career Top Times**

50 Free: 19.48 100 Free: 43.42 200 Free: 1:33.23 500 Free: 4:13.31 100 Fly: 48.98

# **Career Highlights**

2013 NCAA Champion (800 FR) Six-Time All-American 2015 First Team All-SEC 2015 SEC Academic Honor Roll 2014 Second Team All-SEC 2014 SEC Academic Honor Roll



**Jack Blyzinskyi Junior Back / Free** Weston, Mass.

# **Career Top Times**

50 Free: 20.18 100 Free: 43.75 100 Back: 45.41 200 Back: 1:41.96 100 Fly: 46.23

# **Career Highlights**

2016 SEC 200 MR Champion 2016 SEC 400 MR Champion 2016 SEC 200 FR Champion Four-time NCAA All-American 2015 Second Team All-SEC 2014 Second Team All-SEC



Mitch D'Arrigo **Junior** Free Rome, Italy

# **Career Top Times**

50 Free: 21.80 100 Free: 45.17 200 Free: 1:33.30 500 Free: 4:10.77 1.000 Free: 9:05.91 1,650 Free: 14:39.90

# **Career Highlights**

Eight-time All-American 2015 SEC Champ (500 Free, 800 FR) 2015 First Team All-SEC 2014 Second Team All-SEC 2014 SEC Fr. Swimmer of the Year



Jan Switkowski **Redshirt Sophomore** Free / IM **Lublin, Poland** 

# **Top Times at UF**

200 Free: 1:34.81 500 Free: 4:15.43 100 Fly: 46.14 200 Fly: 1:41.96 200 IM: 1:42.55

# **Career Highlights**

2016 SEC 200 MR Champion 2016 SEC 400 MR Champion 2016 SEC 800 FR Champion Poland National 200 IM Champion 2014 4x1 finalist at Euro Championships Competed at 2014 NCAAs with VT

#### **2015-16 BROADCAST SHEET**



Caeleb Dressel
Sophomore
Free / Fly
Green Cove Springs, Fla.

# **Career Top Times**

50 Free: 18.23 100 Free: 41.07 200 Free: 1:33.95 100 Fly: 44.80 100 Breast: 51.88 200 Breast: 2:06.56

# **Career Highlights**

2015 NCAA Champion
7-Time All-American Selection
6-Time 2016 SEC Champion
2015 SEC Champion (100 Fly)
2015 SEC Freshman SOY
2015 First Team All-SEC



Benjamin Lawless Sophomore Free Owings, Md.

# **Career Top Times**

50 Free: 22.97 100 Free: 46.95 200 Free: 1:37.79 500 Free: 4:21.09 1,000 Free: 9:05.22 1,650 Free: 14:56.19

# **Career Highlights**

14th in 500 Free at 2016 SECs 32nd in 200 Free at 2016 SECs 9th in 1,650 Free at 2016 SECs



Blake Manganiello Sophomore Free / Back Miami, Fla.

# **Career Top Times**

50 Free: 23.07 200 Free: 1:44.04 500 Free: 4:21.17 1,000 Free: 9:01.95 1,650 Free: 15:00.11 200 Fly: 1:59.01

# **Career Highlights**

2015 SEC Academic Honor Roll 2013-14 SEC Academic Honor Roll 6th in1,650 Free at 2016 SECs 2016 500 Free 'C' finalist at SECs



Mark Szaranek Sophomore Back / Free Glenrothe, Scotland

# **Career Top Times**

50 Free: 20.48 100 Free: 42.91 200 Free: 1:35.89 100 Fly: 47.43 200 Fly: 1:42.83 100 Breast: 54.80

# **Career Highlights**

Three-Time All-American 2016 SEC 200 FR Champion 2016 SEC 800 FR Champion 2015 Second Team All-SEC 2015 SEC All-Freshman Team



Brennan Balogh Freshman Free Lincoln, Neb.

# **Career Top Times**

400 IM: 3:44.96 100 Back: 47.44 200 Back: 1:43.07 200 Fly: 1:46.35

# **Career Highlights**

3-Time USA Swimming Scolastic AA 2014 Midwestern Swimmer of the Year 2014 Student-Athlete of the Year



Alex Lebed
Freshman
IM
Fort Washington, Pa.

# **Career Top Times**

200 IM: 1:45.70 400 IM: 3:44.69

# **Career Highlights**

2016 U.S. Olympics Trials-Qualifier 2012 U.S. Olympics Trials-Qualifier Finished 11th in 200 IM at 2016 SECs



Sam Smith
Freshman
Diver
Knoxville, Tenn.

# **Career Top Dives**

1-Meter (358.88) 3-Meter (392.70) Platform (366.23)

# **Career Highlights**

2012 U.S. Olympic Trials Finalist Top-10 Finisher on all boards at SECs

			2015-16	VICTORY CHART				
	MEN'S SW	IMMING			WOMEN	S SWIMMI	NG	
	INDIVIDUAL	RELAY	TOTAL	NAME	INDIVIDUAL	. REL	AY	TOTAL
Nicholas Alexiou	-	-	-	Hannah Burns	6	2		8
Brennan Balough	-	-	-	Autumn Finke	2	1		3
Jack Blyzinskyj	8	15	23	Natalie Hinds	24	16		40
Andrew Brady	-	-	-	Georgia Hohmann	11	4		15
Max Bungert	-	-	-		= =	-		
Quinn Cassidy Mitch D'Arrigo	3	3	6	Morgan Kaisrlik	-	-		-
Alex Dehner	-	-	-	Taylor Katz	8	1		9
Caeleb Dressel	22	18	40	Sierra Kuhn	1	-		1
Arthur Frayler	6	-	6	Chelsea Lawson	_	_		_
Emiro Goosen	-	1	1	Ashlee Linn	9	13		22
Harrison Haines	-	-	-	Georgia Marris	-	- 15		-
Grady Heath	-	-	-		-			
Eric Kahr	-	-	-	Tyla Martin	-	-		-
Justin Kaisrlik	1	-	1	Amelia Maughan	3	7		10
Alex Katz	-	-	-	Lindsey McKnight	4	-		4
Ben Kennedy	-	-	-	Shelby McLean	-	_		-
Ben Lawless	-	-	-	Theresa Michalak	_	_		_
Alex Lebed	1	-	1	Elisavet Panti	1	5		6
Bayley Main	1	-	1		•	-		
Corey Main	9	18	27	Mollie Pulte	1	7		8
Austin Manganiello	-	-	-	Paige Scheriger	3	2		5
Blake Manganiello	-	-	-	Sydney Sell	3	-		3
Christopher Margotti Enzo Martinez-Scarpe	-	-	2	Jessica Thielmann	8	1		9
Mel Nash	-	2	<u> </u>	Alyssa Yambor-Maul	3	6		9
Ross Palazzo	-	-	-	,	3	· ·		
Colin Rockwell	_	_	_					
Jan Switkowski	9	12	21					
Jack Szaranek	-	-	-					
Mark Szaranek	8	11	19					
Luke Torres	-	-	-					
Pawel Werner	10	9	19					
Stanley Wu	-	-	-					
	MEN'S D	IVING				WOMEN'S	DIVING	
1-M	ETER 3-MET	ER PLATFORM	TOTAL	NAME	1-METER	3-METER	<b>PLATFORM</b>	TOTAL
l. c				Delaney Dye	_	_	_	_
		-	-	Brianna Felegi	_	_	-	-
a cit i i ci i i a i a ci	 3 1	- 1	- 5	Miranda Goss	-	_	_	_
amuel Smith	5 I	I	Э	Abigail Howell	-	-	-	_
				Lexi Martorana		-	_	-
				Emily Mosher	1	-	-	1
				Teya Syskakis	-	-	-	-
				Kahlia Warner	8	10	1	19

# 2016 DIVISION I MEN'S SWIMMING & DIVING QUALIFYING STANDARDS

	25-YARD COURSE	
EVENT	"A STANDARD"	"B" STANDARD
50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 1,650 Freestyle 100 Butterfly 200 Buttefly 100 Backstroke 200 Backstroke 100 Breaststroke 200 Breaststroke 200 Individual Medley 400 Individual Medley	:19.18 :42.37 1:33.34 4:13.60 14:46.04 :45.85 1:42.43 :45.44 1:40.33 :52.08 1:53.07 1:42.51 3:41.15	:20.19 :44.29 1:37.99 4:24.99 15:30.39 :48.29 1:47.99 :48.49 1:46.39 :55.39 1:59.79 1:49.09 3:54.49
200 Freestyle Relay 400 Freestyle Relay 800 Freestyle Relay 200 Medley Relay 400 Medley Relay	1:17.85 2:52.82 6:21.54 1:25.30 3:08.33	1:18.49 2:54.20 6:25.06 1:26.13 3:10.16

#### **MEN'S DIVING STANDARDS**

\*QUALIFYING POINT TOTAL IN ANY 6 DIVE LIST WITH STANDARD DD

EVENT	POINTS
1-Meter Diving	300*
3-Meter Diving	320*
Platform Diving	300*

# 2016 DIVISION I WOMEN'S SWIMMING & DIVING QUALIFYING STANDARDS

25-YARD COURSE				
EVENT	"A STANDARD"	"B" STANDARD		
50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 1,650 Freestyle 100 Butterfly 200 Butterfly 100 Backstroke 200 Backstroke 100 Breaststroke 200 Breaststroke 200 Individual Medley 400 Individual Medley	:21.86 :47.79 1:43.82 4:36.30 15:53.50 :51.56 1:54.22 :51.51 1:51.95 :59.04 2:07.42 1:55.35 4:05.37	:22.99 :49.99 1:47.99 4:47.79 16:30.59 :54.49 1:59.59 :55.09 1:59.19 1:02.49 2:15.99 2:01.59 4:19.39		
200 Freestyle Relay 400 Freestyle Relay 800 Freestyle Relay 200 Medley Relay 400 Medley Relay	1:29.16 3:16.15 7:06.77 1:37.46 3:33.89	1:29.90 3:17.59 7:09.96 1:37.96 3:35.31		

#### **WOMEN'S DIVING STANDARDS**

\*QUALIFYING POINT TOTAL IN ANY 6 DIVE LIST WITH STANDARD DD
\*\*QUALIFYING POINT TOTAL IN ANY 5 DIVE LIST WITH STANDARD DD

EVENT	POINTS
1-Meter Diving	265*
3-Meter Diving	280*
Platform Diving	225**

## 2016 U.S. OLYMPIC TRIAL-QUALIFYING STANDARDS



# FLORIDA GATOR.

# **CONVERSIONS**

To convert a metric time achieved in a 25-meter racing course to an equivalent time for a 25-yard racing course: (a) transform the achieved metric time into seconds; (b) carrying the calculation out to five decimal places, multiply the transformed time in seconds by the appropriate following conversion factor; (c) drop, without rounding, all units smaller than a hundredth of a second; and (d) finally, transform the resultant value in seconds back into minutes and seconds to obtain the converted time.

# SHORT-COURSE CONVERSION FACTORS MEN & WOMEN

EVENT	FACTOR
400 meters >> 500 yards	1.153
800 meters >> 1,000 yards	1.153
1,500 meters >> 1,650 yards	1.013
All other events	0.906

Please note that the conversion table above does not reflect what is included in the NCAA Swimming and Diving Rules Book. The information above reflects what will be used for selection to and seeding at the 2015 Division I swimming and diving championships.

All time standards, consideration standards and optional-entry standards may be achieved only in 25-yard or 25-meter racing courses. No times achieved in 50-meter courses will be eligible for selection.

#### 50-YARD FREESTYLE 200-YARD BACKSTROKE 400-YARD INDIVIDUAL MEDLEY 1. Caeleb Dressel (2016)...... 18.23 2. Brad deBorde (2014) ......18.86 3. Shaune Fraser (2009) ......19.30 3. Rex Tullius (2009) ......1:39.88 4. Corey Main (2015)......19.36 4. Marco Loughran (2011) .....1:40.11 5. Corey Main (2014)...... 1:40.82 6. Chris Kellam (2003) .....1:41.29 7. Carlos Jayme (2003) ......19.70 7. Lucas Salatta (2007) ......1:41.38 8. Nick Borreca (2006) ......19.78 8. Roland Rudolf (2008) .....1:41.49 9. Nathan Summers (2000) ......19.80 9. Matt Cole (2000) ......1:41.76 10. Jack Blyzinskyj (2015).....1:41.96 T10. Pawel Werner (2014) ...... 19.84 T10. Hendrik Odendaal (2002) ......19.84 100-YARD FREESTYLE 100-YARD BREASTSTROKE 200-YARD FREESTYLE RELAY 1. Main, Dressel, Szaranek, Dressel, Blyzinskyj (2016).. 1:16.46 1. Caeleb Dressel (2016)...... 41.07 2. Brad deBorde (2014) .......42.10 3. Shaune Fraser (2009) .....42.41 3. Matthew Elliott (2015)......52.77 4. Brett Fraser (2011) ......42.45 4. Clark Burckle (2009) ......53.27 3. deBorde, Main, Werner, Curby (2014)...... 1:16.88 5. Conor Dwyer (2010) ......42.59 5. Richard Munch (2015).....53.36 4. Dressel, Curby, Main, Werner (2015)....................... 1:17.21 6. Ryan Lochte (2005) ......42.56 6. Alex Lopez (2000) ......53.85 7. Bill Mrazek (2007) .....54.16 6. Fraser (S), Fraser (B), Norton, Gomez (2010) ....... 1:17.64 8. Rodian Davelaar (2011).....54.17 7. Norton, DeBorde, Turner, Curby (2012)...... 1:17.67 9. Mathan Summers (2000) ......43.12 9. Luca De Matteis (2007) ......54.22 8. Turner, Dwyer, Fraser, DeBorde (2011)...... 1:17.90 10. Troy Dalbey (1987) ......43.17 9. Kostowicz, Jayme, Odendaal, Mangabeira (2002) ... 1:17.94 200-YARD FREESTYLE 200-YARD BREASTSTROKE 400-YARD FREESTYLE RELAY 1. Shaune Fraser (2009) .....1:31.70 1. Fraser (B), Gomez, Dwyer, Fraser (S) (2010) ............. 2:49.95 1. Eduardo Solaeche-Gomez (2012).... 1:52.67 2. Conor Dwyer (2011) ......1:31.73 2. Matt Elliott (2012) ......1:52.76 3. Clark Burckle (2009) .....1:53.89 2. Dressel, Szaranek, Werner, Wallace (2015) ............... 2:50.31 3. Brett Fraser (2011) ......1:32.21 3. Rousseau, deBorde, Main, Cieslak (2014) .................. 2:50.51 4. Ryan Lochte (2005) ......1:33.07 4. Bill Mrazek (2007) ......1:55.37 4. Dressel, Main, Szaranek, Wallace (2015) ...... 2:50.63 5. Pawel Werner (2013)..... 1:33.23 5. Dan Wallace (2014) .....1:55.52 5. Lochte, Townsend, Penniman, Sioui (2005) ............ 2:50.68 6. Troy Dalbey (1987) ......1:33.28 7. Andrea D'Arrigo (2015).....1:33.30 6. Bradley Ally (2007) ......1:55.85 6. Fraser (S), Fraser (B), Ally, Raymond (2009) ............ 2:50.76 7. Luca DeMatteis (2007) ......1:56.27 7. deBorde, Rousseau, Cieslak, Curby (2013) ............... 2:50.83 8. deBorde, Main, Cieslak, Curby (2014)..... 8. Sebastien Rousseau (2011) ......1:33.87 9. Caeleb Dressel (2015)...... 1:33.95 9. deBorde, Fraser (B), Rousseau, Sommer (2011) ...... 2:51.93 10. Darian Townsend (2005) ......1:34.05 10. Alex Lopez (2000) ......1:57.14 10. Fraser (S), Fraser (B), Ally, Gomez (2009) .............. 2:52.00 500-YARD FREESTYLE 100-YARD BUTTERFLY 800-YARD FREESTYLE RELAY 1. Dan Wallace (2015) ....... 1. Caeleb Dressel (2016)...... 44.80 1. Werner, Szaranek, D'Arrigo, Switkowski (2016) ....... 6:13.64 2. Andrea D'Arrigo (2015)...... 4:10.77 2. Marcin Cieslak (2013) ......44.87 2. Werner, Alexiou, D'Arrigo, Wallace (2015)...... 6:12.85 3. Conor Dwyer (2011) ......4:11.36 4. **Pawel Werner (2016).....4:13.31** 3. Shaune Fraser (2010) ......45.82 3. Main, Rousseau, Cieslak, Wallace (2014) ...... 6:13.03 4. Werner Rousseau, Cieslak, Wallace (2013)...... 6:13.27 5. Balazs Gercsak (2009) ......4:14.67 5. Dwyer, Fraser (B), Gercsak, Rousseau (2011) ........... 6:13.74 6. Matt Cetlinski (1986) ......4:14.85 T5. Christian-Paul Homer (2015)......46.14 6. Fraser (S), Fraser (B), Raymond, Dywer (2010) ....... 6:14.72 7. Sebastien Rosseau (2013) ......4:15.31 7. Jack Blyzinskyj (2015) ...... 46.23 7. Werner, Rousseau, Solaeche, Cieslak (2013) ............ 6:14.76 8. Jan Switkowski (2015)...... 4:15.43 8. Fraser (S), Fraser (B), Rousseau, Dywer (2010) ....... 6:15.91 9. Jason Taylor (2013)......4:15.69 10. **Arthur Frayler (2015).....4:16.04** 10. Cameron Martin (2011)......46.73 1,650-YARD FREESTYLE 200-YARD BUTTERFLY 200-YARD MEDLEY RELAY 1. Arthur Frayler (2014).....14:38.06 1. Marcin Cieslak (2012) .....1:40.19 1. Blyzinskyj, Dressel, Switkowski, Main (2016) ...... 1:23.69 2. Mitch D'Arrigo (2015). 14:39.90 3. Matt Cetlinski (1986) 14:47.26 4. Ryan Crete (2009) 14:50.29 2. Blyzinskyj, Munch, Dressel, Main (2015) ...... 1:24.14 3. Homer, Cieslak, Solaeche-Gomez, deBorde (2014)... 1:24.53 4. Jan Switkowski (2016)...... 1:41.98 T-4. Loughran, Dwyer, Cieslak, Fraser (B) (2011) ....... 1:24.94 5. Ryan Lochte (2006) .......1:42.39 6. Dan Wallace (2015) ......1:42.48 5. Tobias Work (2005) ......14:51.57 T-4. Pinzon, Burckle, Ally, Fraser (B) (2009) ...... 1:24.94 5. Homer, Solaeche-Gomez, Dressel, Main (2015) ....... 1:24.95 6. Connor Signorin (2011) .....14:52.11 7. Jason Gorrie (1988) ......14:52.34 8. Conor Dwyer (2011) .....14:52.75 6. Lochte, Ratliff, Mangabeira, Penniman (2005) ....... 1:25.03 7. Pinzon, Dwyer, Fraser (S), Gomez (2010) ...... 1:25.10 9. Austin Manganiello (2016) ...... 1:42.96 8. Pinzon, Burckle, Ally, Martinez (2009) ...... 1:25.14 10. Tullius, Burckle, Pinzon, Fraser (B) (2009)...... 1:25.45 10. Cameron Martin (2013).....1:43.04 100-YARD BACKSTROKE 200-YARD INDIVIDUAL MEDLEY 400-YARD MEDLEY RELAY 1. Blyzinskyj, Dressel, Switkowski, Main (2016) .......... 3:03.86 1. Bradley Ally (2009) ......1:40.49 2. Ryan Lochte (2006) ......1:40.55 2. Main, Solaeche-Gomez, Cieslak, deBorde (2014) ..... 3:04.77 3. Marco Loughran (2011) ......45.70 3. Marcin Cieslak (2013) ..... 4. Rex Tullius (2009) ......45.82 4. Eduardo Solaeche-Gomez (2015).... 1:42.05 4. Loughran, Dwyer, Cieslak, Fraser (B) (2011) ............. 3:04.99 5. Sebastien Rousseau (2014) ......1:42.22 5. Blyzinskyj, Solaeche-Gomez, Homer, Dressel (2015) 3:05.09 6. Shaune Fraser (2009) ......1:42.45 6. Main, Elliott, Cieslak, deBorde (2014).................. 3:05.47 7. Corey Main (2014)...... 46.21 7. Jan Switkowski (2016) ...... 1:42.55 7. Blyzinskyj, Elliott, Homer, Dressel (2015)................ 3:05.58 8. Christian-Paul Homer (2015)......46.54 8. Mark Szaranek (2015) ...... 1:42.64 8. Blyzinskyj, Solaeche-Gomez, Cieslak, deBorde (2014)3:05.65 9. Dan Wallace (2013) .......1:43.31 10. Omar Pinzon (2010) .....1:43.43 10. Pinzon, Dwyer, Fraser (S), Fraser (B) (2010) ........... 3:05.88 MEN'S DIVING RECORDS 1M (6-DIVES) Jonathan Wilcox (2007) 377.70 3M (6-DIVES) Jonathan Wilcox (2007) 436.13 PLAT. (6-DIVES)

**ALL-TIME TOP-10 MEN'S TIMES (YARDS)** 

Zach Wilcox (2004)

445.40

# **ALL-TIME TOP-10 WOMEN'S TIMES (YARDS)**

	ALL-TIME TOP-TO WOMEN 3 TI	NES (IANOS)
50-YARD FREESTYLE	100-YARD BACKSTROKE	200-YARD MEDLEY RELAY
1. Natalie Hinds(2015) 21.66	1. Gemma Spofforth (2010)50.91	1. Russell, Luthersdottir, Zalewski, Hinds (2014) 1:35.42
2. Sarah Bateman (2012)21.89	2. Sinead Russell (2013)51.46	2. Spofforth, Rogers, Lago, Napier (2009) 1:36.22
3. Ellese Zalewski (2013)22.04	3. Elizabeth Beisel (2013)52.36	3. Stafford, Spofforth, Napier, Bateman (2010) 1:37.01
4. Shara Stafford (2011)22.16	4. Sarah Peterson (2009)52.81	4. Michalak, McKnight, Batchelor, Hinds (2015)1:37.12
5. Stephanie Napier (2009)22.17	5. Georgia-Mae Hohmann (2015) 53.06	5. Spofforth, Burckle, Healy, Napier (2008) 1:37.23
6. Dara Torres (1988)	6. Lily Ramirez (2009)53.18	6. Spofforth, Rogers, Lowe, Napier (2009) 1:37.28
7. Sinead Russell (2014)22.51	7. Natalie Hinds (2015) 53.36	7. Beisel, Luthersdottir, Zalewski, Bateman (2012)
8. Nicole Haislett (1993)22.56	8. Alana Pazevic (2011)53.39	8. Pazevic, Luthersdottir, Zalewski, Bateman (2011) 1:37.40
9. Leah Martindale (2001)22.58	9. Ashlee Linn (2015) 53.40	9. Spofforth, Rogers, Lago, Napier (2009) 1:37.64
10. Ashley Tappin (1994)22.60	10. Janie Wagstaff (1994)53.48	
100-YARD FREESTYLE	200-YARD BACKSTROKE	400-YARD MEDLEY RELAY
1. Natalie Hinds (2015) 47.19	1. Gemma Spofforth (2009)1:48.34	1. Russell, Luthersdottir, Zalewski, Hinds (2014)
	2. Elizabeth Beisel (2012)1:49.82	
2. Shara Stafford (2010)		2. Beisel, Luthersdottir, Zalewski, Hinds (2014)
3. Ellese Zalewski (2013)47.99	3. Sinead Russell (2013)1:50.84	3. Spofforth, Rogers, Lowe, Stafford (2009)
4. Nicole Haislett (1992)48.23	4. Teresa Crippen (2010)1:50.99	4. Beisel, Luthersdottir, Crippen, Bateman (2012) 3:32.93
T5. Dara Torres (1988)48.26	5. Stephanie Proud (2009)1:51.81	5. Beisel, Luthersdottir, Hinds, Bohunicky (2013)
T5. Caroline Burckle (2007)48.26	6. Ashlee Linn (2015)1:52.01	6. Beisel, Luthersdottir, Hinds, Russell (2013)
7. Sarah Bateman (2012)48.49	7. Georgia-Mae Hohmann (2015)1:53.61	7. Spofforth, Rogers, Lowe, Kemp (2010)
		7. Spoilortii, nogers, Lowe, Nerrip (2010)
8. Sinead Russell (2013)	8. Leah Retrum (2007)1:54.06	8. Beisel, Luthersdottir, Bateman, Stafford (2011) 3:34.02
9. Maureen Farrell (2005)48.82	9. Jamie Reid (2003)1:54.54	9. Beisel, Luthersdottir, Bateman, Bohunicky (2012) 3:34.02
10. Elizabeth Kemp (2009)48.85	10. Maureen Farrell (2004)1:54.80	10. Spofforth, Burckle, Healy, Pike (2008)
200-YARD FREESTYLE	100-YARD BREASTSTROKE	200-YARD FREESTYLE RELAY
1. Caroline Burckle (2008)1:43.10	1. Hilda Luthersdottir (2013)59.55	
		1. Zalewski, Russell, Hinds, Linn (2014)
2. Nicole Haislett (1992)1:43.28	2. Theresa Michalak (2015)59.94	2. Stafford, Spofforth, Napier, Bateman (2010) 1:27.79
3. <b>Natalie Hinds (2015)1:43.96</b>	3. Vipa Bernhardt (2005)1:00.11	3. Zalewski, Russell, McKnight, Hinds (2013) 1:27.98
4. Shara Stafford (2010)1:44.00	4. Lindsay Rogers (2009)1:01.20	4. Napier, Spofforth, Stafford, Bateman (2009) 1:28.15
5. Elles Zalewski (2013)1:44.19	5. Sarah Lajnef (2011)1:01.22	5. Bateman, Stafford, Zalewski, Bohunicky (2011)1:28.56
6. Sinead Russell (2013)1:44.46	6. Caroline Burckle (2007)1:01.27	
		6. Stafford, Spofforth, Bateman, Napier (2010)1:28.71
7. Jamie Bohunicky (2013)1:44.57	7. Lindsey McKnight (2014)1:01.33	7. Zalewski, Hinds, Russell, McKnight (2013)1:28.77
8. Amelia Maughn (2015)1:44.68	T8. Tracy Caulkins (1984)1:01.37	8. Napier, Spofforth, Kemp, Bateman (2009) 1:28.80
9. Whitney Hedgepeth (1990)1:45.21	T8. Stephanie Zunich (1990)1:01.37	9. Russell, McKnight, Hinds, Linn (2015)1:28.94
10. Tami Bruce (1988)1:45.40	10. Shannon Price (1992)1:01.56	10. Bateman, Bohunicky, Frehling, Crippen (2012)
	· · · · · · · · · · · · · · · · · · ·	10. Duternan, Donainer, Terming, Crippen (2012)
500-YARD FREESTYLE	200-YARD BREASTSTROKE	400 VADD EDEFCTVI F DELAV
		400-YARD FREESTYLE RELAY
1. Caroline Burckle (2008)4:33.60	1. Hilda Luthersdottir (2013)2:08.37	1. Zalewski, Russell, Hinds, Linn (2014) 3:12.44
2. Elizabeth Beisel (2013)4:34.54	2. Vipa Bernhardt (2003)2:09.13	2. Zalewski, Russell, Beisel, Hinds (2013)
3. Jessica Thielmann (2013)4:36.62	3. Sarra Lajnef (2011)2:10.66	3. Russell, Hinds, Zalewski, Beisel (2013)
4. Janelle Atkinson (2001)4:37.93	4. Kirsten Smith (2011)2:12.09	4. Kemp, Stafford, Spofforth, Bohunicky (2010)
5. Tami Bruce (1988)4:38.03	5. Caroline Burckle (2008)2:12.49	
		5. Russell, Hinds, Linn, Beisel (2014)
6. Whitney Hedgepeth (1990)4:38.80	6. Rebecca Rainer (2012)2:12.52	6. Hinds, Linn, Maughan, McKnight (2015)
7. Danielle Valley (2014)4:39.00	7. Cindy Ounpuu (1986)2:12.73	7. Kemp, Spofforth, Stafford, Napier (2009)
8.Laurabeth Guenthner (2009)4:39.16	8. Amanda Hartley (2008)2:12.95	8. Kemp, Stafford, Spofforth, Bateman (2010)
9. Sara McLarty (2003)4:39.42	9. Kirsten Smith (2009)2:13.08	9. Bateman, Bohunicky, Frehling, Crippen (2012)
10. Melani Costa-Schmid (2010)4:39.66	10. Denise Merk (1998)2:13.71	7. Dateman, bondincky, Hemmig, Crippen (2012)
10. Metatii Costa-Schilliu (2010)4.37.00	10. Define Werk (1990)2.13.71	
4 CEA VARR ERFECTIVE	200 VARR INDIVIDUAL MERLEY	
1,650-YARD FREESTYLE	200-YARD INDIVIDUAL MEDLEY	800-YARD FREESTYLE RELAY
1. Alicia Mathieu (2013)15:46.17	1. Elizabeth Beisel (2014)1:54.26	1. Zalewski, Russell, Bohunicky, Beisel (2013) 6:56.63
2. Jessica Thielmann (2015)15:46.68	2. Gemma Spofforth (2009)1:54.73	2. Stafford, Bohunicky, Crippen, Beisel (2011) 6:59.10
3. Tami Bruce (1988)15:50.86	3. Theresa Michalak (2015) 1:56.09	3. Zalewski, Beisel, McKnight, Russell (2014)
4. Elizabeth Beisel (2013)15:53.22	4. Lindsey McKnight (2015)1:56.16	T4. Farrell, Burckle, Uhle, Retrum (2005)
5. Danielle Valley (2014)	5. Ashlee Linn (2015)1:56.40	T4. McKnight, Thielmann, Maughan, Linn (2015)7:00.25
6. Laurabeth Guenthner (2009)15:56.44	6. Tracy Caulkins (1984)1:57.06	6.Bohunicky, Beisel, Crippen, Fung (2012)7:00.32
7. Mimosa McNerney (1995)15:59.71	7. Nicole Haislett (1993)1:57.15	7. Stafford, Bohunicky, Crippen, Costa-Schmid (2010) 7:01.53
8. Janelle Atkinson (2002)16:01.01	8. Shara Stafford (2011)1:57.20	8. Stafford, Proud, Crippen, Costa-Schmid (2009)
9. Melani Costa-Schmid (2010) 16:01.72	9. Jennifer Hommert (1999)1:57.57	9. Zalewski, Russell, Bohunicky, Beisel (2013)
10. Corrine Schlowater (2011)16:02.36	10. Sinead Russell (2013)1:57.68	
10. COTTITIC SCHOWALCE (2011)10.02.30	10. Jineau nussell (2013)1.37.00	10. Linn, hinds, Thielmann, Maughan (2016)
100 VARR RUTTERELY		Ì
100-YARD BUTTERFLY	400-YARD INDIVIDUAL MEDLEY	MANAGENIC BINING DECARDS
1. Ellese Zalewski (2013)51.13	1. Elizabeth Beisel (2012) 3:58.35	WOMEN'S DIVING RECORDS
2. Natalie Hinds (2015) 51.30		1M (6-DIVES)
3. Jemma Lowe (2009)51.65	2. Teresa Crippen (2010)4:02.91	Kahlia Warner (2016) 346.10
4. Julianne Lago (2009)52.17	3. Jessica Thielmann (2015)4:06.72	
	4. Stephanie Proud (2009)4:07.00	1M (10-DIVES)
5. Sarah Bateman (2011)52.20		Heather Lawrence (1998) 445.00
6. Sinead Russell (2014)52.55	5. Tracy Caulkins (1984) 4:07.75	3M (6-DIVES)
7. Candace Weiman (2006)52.67	6. Sara McLarty (2003) 4:07.84	Kahlia Warner (2016) 387.20
8. Dara Torres (1988)52.95	7. Leah Retrum (2005)	3M (11-DIVES)
9. Renate duPlessis (2003)53.02		Megan Neyer (1982) 541.95
10. Shara Stafford (2011)53.13	8. Kirsten Smith (2009)	
10. Jilala Janiora (2011)	9. Allison Wagner (1995) 4:09.04	PLAT. (5-DIVES)
200 VARR RUTTERELY	10. Hannah Burns (2015)4:09.22	Kahlia Warner (2015) 326.45
200-YARD BUTTERFLY	,	PLAT. (9-DIVES)
1. Jemma Lowe (2009)1:52.53		Robyn Grimes (2000)422.65
2. Teresa Crippen (2010)1:53.90		, , , , , , , , , , , , , , , , , , , ,
3. Taylor Katz (2015)1:54.44		Ì
4. Elizabeth Beisel (2014)1:54.60		Ì
		Ì
5. Tracy Caulkins (1984)1:55.55		
6. Rebecca Harper (2002)1:55.66		Ì
7. Theresa Michalak (2015)1:55.69		Ì
8. Julia Gorman (1988)1:56.08		Ì
9. Julianne Lago (2009)1:56.09	ı	T .
10. Amelia Maughan (2016)1:56.10		
10. AIIICIIA MAUGIIAII (2010)1:30.10		

# 2016 NCAA CHAMPIONSHIP COMPETITION SCHEDULE | QUALIFIERS

# Wednesday, March 23

Finals - 6 p.m.

800 Freestyle Relay: Florida

# **Thursday, March 24**

Prelims - 10 a.m. | Finals - 6 p.m.

1-Meter Diving Smith

200 Freestyle Relay Florida

500 Free Werner, D'Arrigo, Frayler, A. Manganiello, Lawless, B. Manganiello

200 IM Switkowski, M. Szaranek, Balogh, Lebed,

50 Free Dressel, Main,

400 Medley Relay Florida

# Friday, March 25

Prelims - 10 a.m. | Finals - 6 p.m.

3-Meter Diving

400 IM Szaranek, Lebed, Balogh, Frayler

100 Butterfly Dressel, Blyzinskyj

200 Free Werner, D'Arrigo, Switkowski, Main, A. Manganiello, Lawless

100 Breaststroke

100 Backstroke Blyzinskyj200 Medley Relay Florida

# Saturday, March 26

Prelims - 10 a.m. | Finals - 6 p.m.
Platform Diving Smith

1,650 Freestyle Frayler, D'Arrigo, Lawless, B. Manganiello

200 Back Main, Blyzinskyj, Balogh, Lebed

100 Free Dressel, Werner

200 Breast

200 Butterfly Switkowski, Szaranek, A. Manganiello

400 Free Relay Florida

#### 2015-16 U.S. OLYMPIC TIME TRIAL-QUALIFYING TIMES

Name	Event	Country	Time
Jack Blyzinskyj	200 Backstroke	USA	2:02.98
	100 Backstroke	USA	57.15
Andrew Brady	400 Freestyle	U.S.A.	3:58.15
Caeleb Dressel	50 Freestyle	U.S.A.	22.49
	100 Freestyle	USA	49.99
	100 Butterfly	USA	53.99
Arthur Frayler	1,500 Freestyle	U.S.A.	15:49.53
Alex Lebed	200 IM	U.S.A.	2:03.68
Corey Main	100 Backstroke	New Zealand	56.44
	200 Backstroke	New Zealand	2:00.58
Austin Manganiello	400 Freestyle	U.S.A.	3:57.05
Blake Manganiello	200 Backstroke	USA	2:03.69
Mark Szaranek	400 IM	Scotland	4:26.68
Jan Switkowski	400 Freestyle	Poland	3:57.91
	100 Butterfly	Poland	53.94
	200 Freestyle	Poland	1:51.85
	200 Butterfly	Poland	1:57.03
Pawel Werner	400 Freestyle	Poland	3:57.91
Hannah Burns	400 IM	USA	4:53.94
Natalie Hinds	50 Freestyle	USA	26.10
	100 Freestyle	USA	55.47
Georgia Hohmann	100 Backstroke	Great Britain	1:02.72
	200 Backstroke	Great Britain	2:11.80
Chelsea Lawson	200 Backstroke	Scotland	2:16.05
Faylor Katz	200 Butterfly	USA	2:14.34
Ashlee Linn	200 Backstroke	USA	2:15.58
Amelia Maughan	100 Freestyle	Great Britain	55.98
	200 Freestyle	Great Britain	2:00.54
	400 Freestyle	Great Britain	4:14.20
Sydney Sell	100 Backstroke	USA	1:02.98
	200 Backstroke	USA	2:16.31
Jessica Thielmann	400 Freestyle	Great Britain	4:17.94
	400 IM	Great Britain	4:54.68
Alyssa Yambor-Maul	200 Backstroke	USA	2:16.24



NOTE\* - Only U.S. Swimmers qualify for trials based off the U.S. time standards. Other countries have comparable standards, but swimming to an American-qualifying time is only good for U.S. Swimmers.



#### **ALL FLORIDA INVITATIONAL | SEPT. 18-20**

**GAINESVILLE, Fla.** -- Both the men's and women's swimming and diving teams captured their sixth straight Pinch A Penny All Florida Invite titles Sunday night inside the Stephen C. O'Connell Center Natatorium in Gainesville, Florida. Following three days of championship format competition, the men's team finished with 1,080 points, respectively, while the women tallied 1,056.

The Florida women shined early, taking the top two spots in the opening 1,650 freestyle. Senior Jessica Thielmann won the event, swimming to a time of 16:47.09, while junior Autumn Finke finished runner up (16:47.610). The Gator women finished Sunday's competition taking first place in 6-of-6 events while posting a pair NCAA 'B' cuts in the process.

On the men's side, the Gators took first in three individual events and one relay. Mitch D'Arrigo won the 1,650 freestyle to open Sunday's action (15:31.03), Jack Blyzinskyj won the 200 backstroke (1:45.81), and Caeleb Dressel took home the 100 freestyle with a time of 43.17. Three members of the Orange and Blue registered three NCAA 'B' cut times throughout Day Three competition.

The Gators will be back in action Thursday, Oct. 8, when the women's team travels to Nashville, Tennessee, for a head-to-head dual meet against Vanderbilt. The men's team will be back in the water on Saturday, Oct. 10, squaring off in a men's and women's non-conference dual meet against Minnesota on the road

#### **Associate Head Coach Anthony Nesty:**

#### On this weekend's competition as a whole:

"I thought our athletes swam really well as a whole. It was a busy week for all of them as they swam a large number of events. Of course this is a starting point and we'll see where we can improve from this point in the season."

#### On the freshmen class:

"I thought our newcomers swam fantastic this weekend. It's always nerve-racking during your first day of competition and they hung in there and only got better throughout the weekend."

#### On the upper classmen:

"Performances were fantastic and our captains continued to lead the under classmen.

At this point, we just need to go back to work and continue improving."

#### **Final Men's Results: Final Women's Results:** 1. Florida 1,080 1. Florida 1,056 2. Florida State 829.50 2. Florida State 779 3. Towson 684.50 3. Florida Gulf Coast 602.50 4. Nova Southeastern 590 4. Towson 578.50 5. Miami 509 6. Nova Southeastern

## **WOMEN AT VANDERBILT | OCT. 8**

NASHVILLE, Tenn. -- The top-ranked University of Florida women's swim team scored a 193-69 victory over Vanderbilt on Thursday night inside the Centennial Sports Complex Natatorium in Nashville, Tennessee. The Gators (1-0 overall, 1-0 SEC) took 13-of-16 events to secure the top position in the SEC-opening dual.

The quartet of redshirt sophomores Georgia-Mae Hohmann and Paige Scheriger, junior Alyssa Yambor-Maul, and senior Natalie Hinds jumped out to a quick lead in the opening 400 medley relay. The group took first place with a time of 3:45.20.

Hinds shined throughout the night, scoring 40 total points off two individual wins and pair of relay victories. The Midland, Texas, native swam a time of 1:49.56 in her 200 freestyle, while touching out at the 54.93 mark in the 100 fly to secure both individual victories. She teamed up with Yambor-Maul, freshman Mollie Pulte, and sophomore Amelia Maughan in the 200 free relay to finish the night. The foursome combined for a first-place-finishing time of 1:35.06.

Pulte, a newcomer to the program, stepped up in the 100 freestyle, gathering the top finish after touching the wall at 51.75. The Troy, Michigan, native also posted a runner-up finish in the 50 freestyle (24.17).

No divers were present in Thursday's tilt with Vanderbilt as the Commodores do not have a diving program.

With the win, the Gators will travel to seventh-ranked Minnesota on Saturday with an unblemished record. The women are set to join the divers along with the men's team for an 11 a.m. ET non-conference dual at the Jean K. Freeman Aquatic Center in Minneapolis.

# **FLORIDA VS. MINNESOTA | OCT. 10**

MINNEAPOLIS -- The University of Florida men's and women's swimming and diving teams added three swimmers to their list of NCAA Division I "B" standard qualifiers, and four divers posted new qualifying standards in a dual meet at Minnesota on Saturday afternoon.

Those marks helped the No. 1 Gator men to a 174.50-125.50 victory over the Golden Gophers, while the top-ranked Florida women settled for an extremely rare 150-150 tie

For the men, sophomore Caleb Dressel hit the "B" cut in the 100-yard backstroke, clocking a time of 47.83, only finishing behind teammate Jack Blyzinskyj, who already owns a "B" cut time from earlier this season.

Freshman diver Samuel Smith won the men's 1-meter diving completion with a qualifying standard score of 351.60. Redshirt senior Zach Hernandez's score of 304.28 was just over the qualifying standard as well, and good enough for sixth place in the event.

Hernandez (347.55) and Smith (392.70) also bettered their previous 3-meter diving standards to take sixth and second, respectively.

On the women's side, senior Natalie Hinds hit the "B" cut in the 50-yard freestyle, touching in 22.85 seconds to collect a victory for the Gators. Redshirt sophomore Georgia Hohmann posted a "B" cut time of 1:58.17 to lead Florida's sweep of the top four spots in the 200-yard backstroke race.

Senior Emily Mosher became the fourth Gator diver with a qualifying standard this year, as she took fifth in the 3-meter dive competition with a score of 310.80. Mosher also nabbed a 1-meter diving qualifying standard, scoring 281.33 in a sixthplace finish.

In addition to Mosher's performance in the 3-meter dive, senior Kahlia Warner (340.35) and freshman Teya Syskakis (313.35) better their original qualifying standards

en route to third- and fourth-place finishes.

Florida's men and women will return to action next Friday (Oct. 16) and Saturday (Oct. 17), when they compete against Texas and Indiana in Austin, Texas.

#### Final Men's Results:

- 1. Florida 174.50
- 2. Minnesota 125.50

#### **Final Women's Results:**

- T-1. Florida 150
- T-1. Minnesota 150

## FLORIDA VS. TEXAS, INDIANA | OCT. 17

AUSTIN, Tex. -- The University of Florida men's and women's swimming and diving teams wrapped up Day Two competition at the Lee & Joe Jamail Texas Swimming Center in Austin, Texas. Today's competition was swum in a short course format.

The Gator men wrapped up Day Two competition with a series-sweeping win over Indiana while falling to the defending National Champion Texas Longhorns. Caeleb Dressel highlighted the weekend by taking down former club teammate and defending NCAA 100 Yard butterfly champion, Joseph Schooling, on Friday night, in just one of his three wins on the weekend.

While swimming a number of strong races, NCAA 'B' cuts, and season-best times, the Florida women surrendered a pair of losses to Texas and Indiana in their final day of competition, falling to Texas, 155-105, and Indiana, 142-120.

Jack Blyzinskyj posted UF's first win during Saturday's competition, coming in the 100 backstroke (47.04). Caeleb Dressel added to the wins column with a first-place finish in the 50 free -- touching out with a time 19.36. Later in the 100 free, Dressel gathered a runner-up finish in the 100 free, coming in at the 43.70 mark.

In the 200 medley relay, the quartet of Blyzinskyj, Dressel, Mark Szaranek, and Corey Main posted a second-place finish, coming in with a time of 1:29.00. Szaranek added on in the 400 IM -- finishing second overall with a time of 3:50.60.

Arther Frayler, Pawel Werner, and Main also posted a runner-up finishes throughout the day. Frayler finished second in the 1,000 free (9:07.21), Werner in the 200 freestyle (1:37.08), and Main in the 200 backstroke (1:44.79).

On the women's side, Natalie Hinds gathered UF's first win of the day, touching out with a first-place time of 22.90 in the 50 freestyle. In the ensuing race, Hinds posted her second win on the day in the 100 freestyle (49.32).

Jessica Thielmann, Ashlee Linn, and Hannah Burns each gathered runner-up finishes. Thielmann came in second in the 1,000 free (9:55.24), Linn in the 200 free (1:48.49) the 100 back (55.31), and the 200 back (1:57.13), and Burns in the 400 IM (4:18.97).

The Gator women ended on a strong note, gathering the top finish in the 400 freestyle relay. The foursome of Linn, Mollie Pulte, Georgia-Mae Hohmann, and Hinds teamed up on 3:23.35 first-place finish.

The Orange and Blue will return to action on Friday, October 30, when they host SEC-rival Georgia inside the Stephen C. O'Connell Center in Gainesville, Florida.

# GEORGIA (LCM) | OCT. 30

**GAINESVILLE, Fla.** — Four members from the University of Florida men's and women's swimming and diving teams swam to U.S. Olympic Trial-qualifying times in Friday's matchup with the Georgia Bulldogs inside the Stephen C. O'Connell Center in Gainesville, Florida. The Bulldogs came away with wins on both ends, but the Gators didn't go away easy --swimming to four U.S. Olympic Trial-qualifying times, 12 wins, and seven career-best performances

Friday's competition opened up in the diving well where the Gators took 3-of-4 boards. Senior Kahlia Warner nearly rewrote the record books at UF with a dominating performance off the three-meter. Warner posted a career-best six-dive mark of 373.28, just missing Monica Dodson's mark of 373.85 from 2011. Warner, a Queensland, Australia, native, also posted a runner up finish off the one-meter (290.70).

On the men's side, newcomer Sam Smith -- who's already met his NCAA Diving Standards on all three boards -- swept the one and three-meter diving events ahead of Georgia's Ian Forlini. Smith dove to a score of 345.44 off the one-meter and later took gold off the three-meter with a score of 381.30.

In the pool, senior Natalie Hinds led the UF women with three individual wins and one as a member of UF's 400-meter freestyle relay victory. Wills and one as a interfiber of 0.5 400-meter freestyle relay victory.

Hinds' individual performances came in the 50-meter freestyle (26.61),

100-meter freestyle (57.72), and 100-meter butterfly (1:02.41) while the

Midland, Texas, native, teamed up with freshman Mollie Pulte, sophomore

Elisayet Panti, and senior Ashlee Linn to win the 400-meter freestyle relay (3:54.09)

Linn also had a strong showing in the 100-meter backstroke, swimming to a first-place finish with a time of 1:03.43

On the men's side, the Gators were led by sophomore Caeleb Dressel, who swam to a pair of wins and a third place finish. Dressel's individual events opened in the 50-meter freestyle race, where he met a U.S. Olympic Trial-qualifying time of 22.73. The Green Cove Springs, Florida, native, also came through with a first-place time in the 100-meter freestyle, tackbing out of the 51.61 meters and place Trial Michael by 1.2 touching out at the 51.61 mark, edging second-place Trice Michael by 1.3

Other notable wins were had by senior Corey Main in the 100-meter backstroke, where he and Jack Blyzinskyj had a 1-2 showing -- and both touched the wall with U.S. Olympic Trial-qualifying time standards. Main came in first with a time of 56.90 while Blyzinskyj followed close behind (57.15).

Freshman Jan Switkowski gathered UF's final U.S. Olympic Trial-qualifying time in the 200-meter butterfly, swimming to a first-place time of 2:01.08.

#### **BUCKEYE INVITE | NOV. 20-22**

COLUMBUS, Ohio — The University of Florida men's and women's swimming and diving teams ended the Buckeye Invitational on a high note Sunday night, sweeping the competition field for a pair of wins inside the McCorkle Aquatic Pavilion on Columbus, Ohio. Throughout Day Three competition, the Gators accounted for 13 wins, 13 US Olympic Trial-qualifying times, three NCAA 'A' cuts, and 26 'B' cuts.

Senior Natalie Hinds and sophomore Jan Switkowski each punched their tickets to the 2016 NCAA Championships with a pair of 'A' cut and event-winning times to highlight their individual swims on Sunday. Hinds earned hers in the 100 freestyle (47.75) while Switkowski's came in the 200 butterfly (1:42.08). The Orange and Blue accounted for wins in 8-of-14 events in tonight's finals session, which was swum in short course yards.

Seniors Jessica Thielmann and Arthur Frayler put together a pair of first-place swims in the 1,650 freestyle. Thielmann touched out with a time of 15:56.32 while Frayler came in at the 14:52.12 mark. Both times currently lead the country.

Junior Jack Blyzinskyj kept things rolling in the 200 backstroke for the men's squad, swimming to a first-place time of 1:41.96  $\,$ 

Sophomore Caeleb Dressel also gave the Orange and Blue a solid effort -- this one coming in the 200 butterfly where the Green Cove Springs, Florida, native posted the nation's top time and brought home a first-place finish with a time of 42.54.

During Sunday's preliminary session, the Gators posted wins in 5-of-8 events while registering 13 US Olympic Trial-qualifying times (complete chart below). Florida's first-place times came from Dressel (100 free) and Switkowski (200 butterly), junior Georgia Hohmann (200 back), and seniors Corey Main (200 back) and Hinds (100 free).

Gator Relays:
The men's 400 freestyle relay group of Dressel, Switkowski, and seniors Pawel Werner and Main guaranteed themselves a spot at the 2016 NCAA Championships with an 'A' cut time of 2:50.45 in the 400 freestyle relay. Their first-place mark currently leads the country and ranks third all-time in UF history.

The women's quartet of freshman Mollie Pulte, sophomore Elisavet Panti, and seniors Ashlee Linn and Hinds nearly hit an NCAA 'A' cut in the 400 freestyle relay. The foursome touched out with a time of 3:16.46, hardly missing the 'A' cut standard of 3:16.15. Despite missing the 'A' cut, the group's finish leads all collegiate times in 2015.

#### **Platform Competition:**

In the diving well, the Florida women went 5-7 off the platform. Senior Kahlia Warner led the bunch with a season-best mark of 272.63. Senior Delaney Dye (255.83) and freshman Abigail Howell (240.75) also dove to season-best scores off the platform.

Senior Zach Hernandez led the Florida men on the platform, diving to a score of 317.63 and finished sixth overall. Freshman Dalton Goss (296.55) followed behind in seventh.

## **SOUTH CAROLINA | NOV. 6**

**GAINESVILLE, Fla.** -- The University of Florida men's and women's swimming and diving teams picked up a pair of wins over South Carolina on Friday night inside the Stephen C. O'Connell Center in Gainesville, Florida. The UF men extended their win streak against the Gamecocks to eight meets with a 178-115 decision while the women notched a 165.5-126.5 victory to remain a perfect 19-0 in the all-time series between the two schools.

Junior Jack Blyzinskyj had a strong showing for the Orange and Blue early on, taking first in the 100-yard backstroke with a time of 46.21. In addition to improving his NCAA 'B' cut time, the Weston, Massachusetts, native also tied California's Ryan Murphy for the fastest 100-yard backstroke time in the country. Blyzinskyj also swam to top times in the 400 freestyle relay (2:56.67) and 200 medley relay (1:27.46), and a second-place showing in the 100-yard butterfly (48.77).

Newcomer Jan Switkowski also had an impressive night, swimming to first-place times in all four of his races and posting two of the country's top times. The Lublin, Poland, native got things started in the 200 medley relay (1:27.46), before posting the nation's top time in the 200-yard free-style (1:34.81). Switkowski went back-to-back in rewriting the nattional top-times charts after touching out at the 1:45.07 mark in the 200-vard

On the women's side, UF was led by senior Natalie Hinds who gathered a trio of top finishes. The Midland, Texas, native opened the meet by anchoring the first-place 200-yard medley relay team to a win (1:43.74). Hinds then got it done individually with a win in the 200-yard freestyle (1:49.29) before teaming up in a relay format to win the 400-yard freestyle relay (3:23.11).

Freshman Hannah Burns had a strong outing on Friday night, swimming to a pair wins with season-best times in the 100-yard breaststroke (1:04.23) and 500-yard freestyle (4:55.96).

In the diving well, senior Kahlia Warner dove to a pair of wins off both the one and three-meter boards. The Queensland, Australia, native dove to a season-best score of 312.90 off the one-meter to open things up -- nearly matching the UF school record of 328.30. Warner wrapped up on the three-meter with a first-place score of 351.30, besting the second-place finishing easers by each 40 spirate (413.01). finishing score by nearly 40 points (312.01).

On the men's side, newcomer Sam Smith shined again, diving to the top finish on the one-meter with a score of 320.92. Smith also led UF off the three-meter with a runner-up showing (387.61). Senior Zach Hernandez finished third after posting a career-best performance off the three-meter, diving to a mark of 370.95

#### FLORIDA STATE | JAN. 2

GAINESVILLE, Fla. -- The fourth-ranked University of Florida men's and 11th-ranked women's swimming and diving teams swept the Florida State Seminoles on Saturday night inside the Stephen C. O'Connell Center in Gainesville, Florida. The men's team scored a 188-109 win over the 24th-ranked Seminoles while the 11th-ranked Florida women registered a 200-93 victory.

The Orange and Blue had a fast start to the meet, taking wins in their first seven races before allowing a Florida State victory. Those seven wins included a pair of relay crowns in the 400-meter Medley relay, the women's 800-meter freestyle (Jessica Theilmann), the men's 1500-meter freestyle (Arthur Frayler), the men's (Mitch D'Arrigo) and women's (Lindsey McKnight) 200-meter freestyles, and the women's 100-meter backstroke (Georgia-Mae Hohmann).

Tonight's meet was swam in a long course format (50-meter pool) where participants had the opportunity to qualify for their respective country's Olympic Trials. Caeleb Dressel was the lone American to hit a U.S. time standard, respectively, but that didn't stop multiple Gators from hitting the U.S. standards which are still comparable to their own home country's standards.

Hohmann in both the100-meter (1:02.72) and 200-meter (2:13.06) backstrokes, Jan Switkowski in the 200-meter butterfly (2:01.30), Caeleb Dressel in the 100-meter butterfly (54.18), and Mark Szaranek in the 200-meter IM (2:05.92).

Outside of the time trials, the Gator women were led by Hohmann and Natalie Hinds who each won all four of their events. The Florida men received a four-win performance from newcomer Jan Switkowski who gathered top finishes in all four of his respective races. Caeleb Dressel also had a strong outing, taking wins in three of his four events.

In the diving well, Senior Kahlia Warner led the way with a pair of wins off the 1-Meter (318.00) and 3-Meter (348.98) while Delaney Dye and Emily Mosher finished 2-3 off both boards behind her.

Dalton Goss took fourth in the men's 1-meter event, pacing the Florida divers with a score of 299.70. Sam Smith was Florida's top finisher off the 3-Meter after diving to a second-place mark of 376.80. Zach Hernandez finished close behind in third (346.28).

Associate Head Coach Martin Wilby on the Day: "It's always hard when you come back after break so tonight was a good evaluation point and we were able to evaluate everyone tonight so it was a good opportunity.

"A lot of our swimmers were able to go home for break and take a few days to clear their minds from swimming. We'll be back for Auburn and the SEC Championships in just a few weeks here so they're ready to be back in the swing of things.

"Beating a rival is always exciting and good for the fans, but from a coaching standpoint we took this win ultimately as an opportunity to see where we're at and what we need to improve on as we approach the postseason."

# AUBURN (LCM) | JAN. 23

GAINESVILLE, Fla. -- In a battle among four of the top teams in College Swimming, the fourth-ranked University of Florida men's swimming and diving team and 11th-ranked women's squad split a head-to-head dual against SEC-rival Auburn on Saturday afternoon inside the Stephen C. O'Connell Center in Gainesville, Florida. The Gator women upset the 10th-ranked Tigers, 192-108, while the men came up just nine points short in a close fall to the seventh-ranked Auburn men's team, 154.5-

The Gator women tallied wins in 13-of-16 events while the men's team registered seven throughout the day. In addition to the wins, seven Gators posted U.S. Olympic Trial-qualifying times in nine separate long-course events (complete list below).

Senior Natalie Hinds was responsible for one of those Olympic Trial-qualifying times on the women's end after taking first place in the 50-meter freestyle (26.10). It was only fitting that Hinds, on Senior Day, would go on to win all four of her respective events as she closed out her career in the 0'Dome. The Midland, Texas, native posted additional top finishes in the 100-Meter freestyle (52.03), 100-Meter butterfly (1:02.96), and her last as a member of the 100-Meter freestyle relay team (3:54.03). last as a member of the 400-Meter freestyle relay team (3:54.03).

Seniors Jessica Thielmann and Ashlee Linn also left the O'Dome on a high note following Senior Day. Thielmann gathered wins in the 800-Meter freestyle (8:50.26) and 400-Meter freestyle (4:21.96), while Linn was victorious in the 200-Meter IM (2:20.50) 400-Meter relay quartet alongside

On the Men's side, the Gators jumped out to a fast start in the individual events with a strong showing in the 1,500-Meter freestyle from senior Arthur Frayler. The Fort Washington, Pennsylvania, native clocked a season-best time of 15:49.53.

Sophomore Caeleb Dressel and senior Corey Main helped keep the Gators in contention, teaming up for five wins on the day. Main took top finishes in the 100-Meter backstroke (56.54) and 400-Meter freestyle relay with a time of 3:24.01. Dressel, who was also on the 400-Meter relay quartet, added first-place showings in the 100-Meter (50.49) and 50-Meter freestyle with a season best mark of 22.49.

In the diving well, the Florida women took the spotlight with a 1-2 finish off the 1-meter in addition to the Top-3 spots off the 3-Meter. Seniors Emily Mosher and Kahlia Warner went 1-2 off the 1-meter and traded places on the 3-Meter. Delaney Dye had a strong showing off the 3-Meter, finishing third overall.

Senior Zach Hernandez (361.95) posted a runner-up finish off the men's 3-Meter springboard while redshirt-sophomore Dalton Goss dove to a personal best off the 1-Meter (310.95) to highlight the men's side.

#### **SECC CHAMPIONSHIPS | FEB 16-20**

COLUMBIA, Mo. -- The University of Florida men's swimming and diving team brought home their fourth consecutive and 37th overall Southeastern Conference Championship on Saturday night behind four individual and four relay crowns throughout the week. The program's 37 SEC Championship titles rank second amongst all sports in the history of the SEC (Kentucky Men's Basketball, 45).

Outlasting second-place Auburn (1,223) and third place Georgia (1010), the Gators registered (1,275) team points. Caeleb Dressel, who shattered UF, SEC, and American records throughout the week, led all scorers with 96 individual points in addition to his 248 as a member of UF's relay teams.

It wasn't only Dressel that got it done this week for the Gators though. Florida was strong in all events, capturing individual victories in the 50 and 500-Yard Freestyle and the 100-Yard Butterfly. In addition, the Orange and Blue won four relay titles this week, taking wins in the 200 and 400-Yard Medley relays, and the 200, and 800-Yard Freestyle relay events.

On the women's side, the Gators ended their conference championship week in sixth place, with a team score of 754 points UF's women won three SEC titles throughout the week, as Kahlia Warner dove to gold-medal finishes on the one and 3-Meter, and Natalie Hinds swam to a first-place finish in the 100-Yard Freestyle (47.35).

Overall, Florida won 11 SEC championships, broke eight school records and registered 11 NCAA 'A' Cuts as each team will now prepare for next month's NCAA Championships in Atlanta, Georgia.

Florida Head Coach Gregg Troy on the Men's Fourth Straight SEC Title:
"I'm really proud of the way our men and women competed this week. They've show tremendous efforts all-season long and they deserve every bit of success we achieved

"I'd also like to give a special thanks to our coaching staff, trainers, and managers. We wouldn't be able to carry on this success without all of their help.

"It feels good to have another SEC Championship Title but now it's time to gear our minds toward the NCAA meet which we're looking forward to.

# TENNESSEE | JAN. 30

KNOXVILLE, Tenn. -- The University of Florida men's and women's swimming and diving teams had a strong finish to the 2016 regular season as the No. 3 men and No. 9 women each posted wins over a pair of ranked Tennessee squads on Saturday inside the Allen Jones Aquatic Center. The Florida men took a 185-115 decision over UT's 12th-ranked men's lineup while the Florida women came away with a 170-130 decision over the 13th-rankeed Lady Vols.

The Gator men (6-4, 2-2 SEC) opened their day with the 200-yard medley relay, which turned into a close race as the Orange and Blue edged the Volunteers by .04 seconds. The quartet of junior Jack Blyzinskyj and sophomores Mark Szaranek, Jan Switkowski, and Caeleb Dressel touched out with a time

Dressel continued to shine throughout the meet as he paced the Florida men and finished with four wins. The Green Cove Springs, Fla. Native added top finishes in the 100-yard breaststroke (53.07), 50-yard freestyle (19.41), and 200-yard IM (1:46.40).

Mitch D'Arrigo kept the lead with a first-place showing in the 1,000-yard free-style, posting a time of 9:04.77, which currently ranks 12th nationally. Arthur Frayler finished shortly behind in second-place (9:04.88).

The Florida men, who now own an eight-year winning-streak over the Vols and a 23-20 lead in the all-time series, would finish the afternoon taking wins in 11-of-14 swimming events.

On the women's side, the Gators (5-5-1, 4-1 SEC) found their groove early, taking wins in three straight races following a close second-place finish in the opening 200-yard medley relay.

Senior Jessica Thielmann found success in those early wins, posting the 11th-fastest national time in the 1,000-yard freestyle this season (9:47.50). The Newcastle, England, native also posted an additional win in the 500-yard freestyle (4:49.53) later on.

Senior Natalie Hinds, the returning SEC Swimmer of the Week, had a strong showing on Saturday, swimming to a pair of wins in addition to a runner-up finish. The Midland, Texas, native took her first victory by .01 seconds in the 50-yard freestyle over Tennessee's Faith Johnson, edging Johnson with a time of 22.48. Hinds later went on to win the 100-yard freestyle, touching out at the 48.72 mark -- just .15 seconds ahead of Johnson.

The Orange and Blue wrapped up Saturday's competition with wins in 10-of-14 swimming events while lengthening their all-time dual lead over Tennessee

In the diving well, the Gators were led by Senior Kahlia Warner who won both the one and 3-meter events with scores of 344.40 (3-meter) and 292.88 (1-Meter). Newcomer Samuel Smith had a pair of top-3 finishes, of third off the 3-meter (310.50) and second off the 1-meter (358.88)

#### **ZONE DIVING CHAMPIONSHIPS MARCH 7-9**

ATLANTA -- Senior Kahlia Warner and freshman Sam Smith dove their way to the NCAA Championships as the University of Florida diving team capped the third and final day at the 2016 NCAA Zone B Diving Championships in Atlanta. Today's competition was dove from the platform event inside the McAuley Aquatic Center on Georgia Tech's Campus.

Warner led the Florida women with an NCAA-qualifying performance for the third-straight day. The Queensland, Australia, native posted a prelims score of 254.45 in her first five dives and bettered the mark in the finals with a 267.90 to finish sixth overall (522.35).

Senior Delaney Dye dove her final collegiate meet this afternoon and finished on a high note, placing 17th overall in the finals with a 10-dive total of 442.15.

Newcomer Abigail Howell rounded out the divers on the women's end and nearly made the finals cut in just her first go-around at the Zone Diving Championships. The Clermont, Florida, native finished 19th overall among the field of 30, posting a five-dive score of

On the men's side, all three Florida men had a strong preliminary showing and qualified for the platform finals. Smith, who qualified for the NCAA meet on the 1-Meter on Tuesday, led the pack. The Knoxville, Tennessee, native ranked third in the prelims (352.90) and finished sixth overall in the finals (677.05).

Senior Zach Hernandez capped his collegiate career with a strong showing in today's finals. His mark of 288.45 in the prelims ranked 13th among the 23-man field. Later in the finals, he posted a six-dive score of 309.7 to hold a 13th-place position with a 12-dive score of 598.15.

Redshirt sophomore Dalton Goss held a 15th-place position through the prelims (287.55) and totaled a score of 564.35 through 12 dives in the finals to finish 17th overall.

Florida Diving Head Coach Dale Schultz on the Afternoon:
"I couldn't be prouder of this group of seniors than I am right now. They've worked so incredibly hard and overcame adversity to finish out their careers on a high note. Each one of them had the opportunity to compete at a high level and qualify for the finals this week and Kahlia Warner in particular was fortunate enough to qualify on all three boards as we approach the NCAA Tournament.

"I'm really proud of Zach [Hernandez], Emily [Mosher], Delaney [Dye], and Kahlia [Warner] with the effort they showed all year and in their ability to lead by example.

"Kahlia and Sam each had outstanding days today and each will be moving on to the NCAA Tournament. We're looking forward to their dives throughout the week. It's been a long week for everyone and right now we need to rest up a bit and then we'll get back

# **WOMEN'S NCAA CHAMPIONSHIPS | MAR. 16-19**

**ATLANTA** -- The University of Florida women's swimming and diving team saved it's best for last on Saturday in the fourth and final day of competition at the 2016 NCAA Championships. The Gators sent five swimmers into tonight's finals and generated 28 points, which in turn, propelled the Orange and Blue to a 19th-place finish as they finalized the 2015-16 season.

Overall, eight Florida women will be leaving Atlanta with All-America Honors. In addition, the Gators registered seven season-best times while renewing one school record.

Senior diver, Kahlia Warner, had key contributions to UF's success with a pair of All-American finishes which brought in 29 team points. The Queensland, Australia, native dove to a sixth-place finish off the 1-Meter on Thursday night and followed up on Friday with a third-place showing on the 3-Meter. In doing so, she reset Florida's all-time 3-Meter record with a score of 387.20.

In the pool, senior Natalie Hinds had just as strong of a week, swimming to two All-America Honors on Thursday (50-Yard Freestyle) and Saturday night (100-Yard Freestyle). The Midland, Texas, native played a vital role in UF's accomplishments this week as she was active in seven races and helped total 25.5 team points.

Senior Jessica Thielmann and Junior Taylor Katz also contributed to Saturday's scoring effort with a pair of All-America finishes. Thielmann swam an 11th-place finish in the 1,650 Freestyle (16:03.11) while Katz competed in the 200-Yard Butterfly event, touching out with a 14th-place time of 1:56.54.

The Gators final points came in the 400-Yard Freestyle Relay event, where the quartet of sophomore Amelia Maughan and seniors Hinds, Ashlee Linn, and Lindsey McKnight posted a time of 3:15.07. The relay finished 14th overall and generated six points.

Florida Head Coach Gregg Troy

"We had a good day today. We started off a little slow this week but we continued to improve each day. We raced tough today and swam a fantastic relay event. Natalie Hinds came up a little short of where she would have liked to finish but it was a tremendous race.

"We also had some good mile times out of our girls -- Jessica Thielmann swam an exceptional race. We certainly got better as the days went.

"I'm going to miss this group of seniors, they're a good group of girls. They've shown a lot of comradery and a lot of focus over the years. I'm proud of what they've done - they've been great Gators for four years."