

FROSTBURG STATE CROSS COUNTRY

TOP 10 ALL-TIME RESULTS

MEN

6K Race

1.	Brian Leiter	19:32.00	2008
2.	Ryan Connelly	19:33.30	2023
3.	Kaleb Berhanu	19:54.00	2022
4.	Justus LePrevost	19:58.80	2022
5.	Ed May	20:00.00	2005
6.	Austin Comeaux	20:11.20	2023
7.	Haben Tesfay	20:11.50	2023
8.	Curt Ruble	20:13.00	2005
9.	Patrick Mead	20:19.00	2010
10.	Andy Watson	20:21.50	2006

8K Race

1.	Barry Holder	24:31.50	1983
2.	John Arias	24:49.70	1983
3.	Michael Taye	24:53.70	1998
4.	Rich Hoffman	24:54.50	1980
5.	Bob Rimkis	24:58.50	1980
6.	Dan Quinn	24:59.50	1980
7.	Matt Larmore	25:01.50	1991
8.	Mike Spinnier	25:15.50	1980
9.	John Herring	25:21.50	1983
10.	Justus LePrevost	25:23.80	2023

10K Race

1.	Rich Hoffman	31:06.50	1982
2.	Tim Gavin	31:12.50	1978
3.	John Arias	31:42.50	1983
4.	Justus LePrevost	31:46.70	2023
5.	Dan Quinn	31:48.50	1978
6.	Barry Holder	32:02.50	1983
7.	Austin Comeaux	32:16.40	2023
8.	Gage Osborne	32:24.20	2024
9.	John Kiley	32:33.50	1982
10.	Ryan Connelly	32:53.30	2024

WOMEN

4K Race

1.	Bonnie Axman	14:40.50	2005
2.	Gwen Massey	15:37.50	2009
3.	Anne Patron	15:44.50	2009
4.	Alana Dyce-Giraud	15:58.60	2022
5.	Paige Etnoyer	15:58.80	2023
6.	Hannah Schauman	16:01.70	2023
7.	Jennifer Patton	16:12.50	2008
8.	Casey Columbus	16:28.50	2014
9.	Alexis DeVault	16:41.50	2014
10.	Kara Wastler	16:57.50	2006

5K Race

1.	Karen Carpenter	17:48.91	1997
2.	Chandra Merrill	17:54.50	1996
3.	Sharon Webb	18:15.40	1990
4.	Tracy Wrenn	18:39.50	1989
5.	Vanessa Sikora	18:47.50	1991
6.	Megan McNew	19:02.50	1999
7.	Nancy Schellhammer	19:12.06	1997
8.	Inga Olsen	19:21.50	2000
9.	Shannon Hugg	19:28.11	1995
10.	Donyale Thomas	19:32.50	1987

6K Race

1.	Bonnie Axman	21:42.50	2005
2.	Anne Patron	22:23.50	2009
3.	Gwen Massey	22:31.50	2009
4.	Alana Dyce-Giraud	22:34.60	2023
5.	Emily Wishart	22:47.00	2024
6.	Paige Etnoyer	22:57.40	2024
7.	Sara Valenta	23:29.19	2002
8.	Jennifer Patton	23:30.35	2008
9.	Hannah Muir	23:31.80	2022
10.	Hannah Schauman	23:32.10	2024