

# PROVIDENCE<sup>TM</sup>



# 2020-21

**CROSS COUNTRY & TRACK MEDIA GUIDE**




**ROBERT G. DRISCOLL, JR. • ATHLETICS DIRECTOR**

Having completed his 19th season as Providence College's Vice President and Athletics Director, Bob Driscoll has transformed and reinvigorated Providence College's athletics program. He has established a vision of student-athlete success in the classroom and in the community while competing for championships. Driscoll maintains focus on leading, fostering and mentoring one of the nation's most respected athletic programs. Over the past seven years, Driscoll has been the architect of one of the most successful eras in the history of Providence College athletics. The Friars continued their success during 2019-20, with the men's soccer team advancing to the NCAA Third Round after posting a 16-7 overall record. It was the program's fourth NCAA Tournament bid in eight seasons under head coach Craig Stewart. The Men's basketball team concluded the season as one of the hottest teams in the NCAA, winning its final six games with three coming against top-20 opponents. Abbey Wheeler of the women's track and field team was named the USTFCCA Northeast Region Women's Indoor Track and Field Athlete of the Year after winning the 3,000 and 5,000-meter events at the BIG EAST Championships. Her mark in the 5,000-meter event qualified for the NCAA Championships.

Over the course of the last decade, Providence College has enjoyed sustained success in addition to capturing multiple championships beginning with the 2013 women's cross country team claiming the College's second NCAA title. It continued with the men's basketball team winning the 2014 BIG EAST Tournament title and advancing to the NCAA Tournament in five-consecutive seasons from 2014-18. The men's hockey team made two Frozen Four appearances and six-consecutive NCAA Tournaments, including its first NCAA Championship with a dramatic, come-from-behind win over Boston University on April 11, 2015 at the TD Garden. It marked the College's third NCAA team title and its first in a men's sport.

In 2020, Driscoll was recognized with the Division I-AAA Athletics Directors Association Builders' Award. For the second time in his tenure, Driscoll was recognized as the Under Armour I-AAA Athletics Director of the Year at the 51st Annual National Association of Collegiate Directors of Athletics (NACDA) convention in June 2016. In June 2008, Driscoll also was named the 2007-08 Astro Turf Athletics Director of the Year for the Division I Northeast Region at the 43rd National Association of Collegiate Directors of Athletics Annual Convention.

The Friars also have excelled in the classroom, with Providence's student-athletes combining for an average GPA of 3.37. After a school-record six Providence College athletic programs received Public Recognition Awards in 2014 as part of the NCAA Academic Progress Rate (APR) program, three Friar teams earned the honor in 2015 and two teams, women's swimming & diving and women's tennis, earned recognition awards in 2016 and 2017. In 2018 and 2019, five programs earned recognition awards. Multiple Friar teams have been honored in each of the 15 years the NCAA has given out the Public Recognition Awards. Aside from excelling in the classroom and competing for championships, Driscoll's student-athletes are very active in the local community. Last year alone, Friar student-athletes combined for 3,245 hours of community service at 145 events serving 33 organizations. The economic impact of those hours totaled \$82,525. Providence was named a runner-up for the 2018 NACDA Community Service Award, earning \$5,000 to donate to local charities. The Friars recently finished fifth overall in the NCAA Division I Team Works Community Service competition in 2020, with the volleyball, softball and lacrosse programs each finishing among the top-10 among their Division I counterparts in the sport specific standings.

One of the biggest impacts Driscoll has had on the Providence College Athletics Department, and the College

as a whole, has been with facility development, construction and renovation. Construction of Chapey Field at Anderson Stadium was completed in 2015, where the men's and women's soccer and men's lacrosse programs play. The college also built a new softball complex, known as Glay Field, in addition to building six tennis courts adjacent to Anderson Stadium. He also oversaw the 2013 renovation of Schneider Arena – home of the Friar men's and women's hockey teams.

In August 2018, construction was completed on the \$35 million Ruane Friar Development Center — a men's basketball training and recruiting facility. The 58,218 square foot Friar Ruane Development Center also houses the athletic department's Innovation Lab – a state-of-the-art facility that is available to each of our 350+ NCAA Division I student-athletes. The lab is part of the overall Sports Medicine Department, with a primary focus on rest and recovery.

Kicking off Driscoll's vision for the improved athletic facilities footprint at Providence College, the Concannon Fitness Center, opened in August of 2007, adjacent to Lennon Family Field (Astroturf facility), which was completed in August 2005. A new Astroturf surface was installed on Lennon Family Field in the summer of 2017 in addition to a new videoboard in the summer of 2018.

Other facility upgrades that have highlighted Driscoll's tenure include an \$80-million renovation of the Dunkin' Donuts Center, which serves as the home venue for Friars men's basketball. The project was the result of Driscoll working strategically with lead officials in the City of Providence and the State of Rhode Island. The renovations enhanced the game-day experience by adding 20 luxury boxes, new seats, a video scoreboard,







sound system, updated restaurant and concession stands, team store, locker rooms and new weight training/fitness areas. These renovations have enabled Providence College to serve as host for the First and Second Rounds of the 2010, 2016, and the future 2021 NCAA Men's Basketball Championship.

Driscoll established the athletic fundraising philosophy and the Friars Athletic Fund, led by its fundraising and development staff, has been instrumental in making program upgrades possible. The athletic department has exceeded fundraising goals on a yearly basis, reaching \$7-million in cash donations during the 2019-20 fiscal calendar. The additional revenue remains critical to building and supporting

championship programs and providing the best opportunities to Providence College's student-athletes. The funds Driscoll and his staff raise help directly support each of the College's 19 NCAA Division I programs, the Friars Forever Fund and capital projects.

In 2019, he was named as the AD Representative for the BIG EAST Diversity and Inclusion Working Group. This group is tasked to review policies, initiatives and best practices among BIG EAST member institutions and other athletics conferences and develop strategies designed to enhance the athletics-related D&I efforts already underway on BIG EAST campuses. In collaboration with the Office of Institutional Diversity, Equity and Inclusion, Driscoll helped create a position on campus: "Director of Training and Education for Diversity, Equity and Inclusion." This goal of this position is to strengthen and build upon the College's efforts to cultivate policies, practices and structures that ensure an inclusive, equitable and hospitable environment for students, student-athletes, staff, trainers and coaches.

In the past, Driscoll has served as the President of the Division I-AAA Athletics Directors Association. He also has served as First Vice President and Second Vice President for the organization. Driscoll previously served on the NCAA Division I Management Council, the NCAA Ice Hockey Championship Committee (Chair 2010-11) and was the Chair of the BIG EAST Athletic Directors in 2011-12. Driscoll also was an NCAA Fellows Programs Executive Mentor. Currently, Driscoll serves on the BIG EAST Finance Committee with the league's other presidents and also is a Chair for the Hockey East Board of Directors. Additionally, Driscoll represents the BIG EAST's athletic directors on the Student-Athlete Advisory Council, serves as a mentor for the Division I-AAA mentoring program and serves on the Hockey East Television Negotiations and Marketing Committees.

Driscoll joined the Providence community after 14½ years in athletic administration at the University of California, Berkeley, culminating in serving as the Acting Executive Director for Intercollegiate Athletics and Recreational Sports.

Driscoll was hired at Cal as the Associate Athletic Director for Student Services, a position he held for five years. He then assumed the position of Executive Associate Athletic Director, at which point he was responsible for the administration of 27 varsity sports, a staff of 250 and a \$36 million budget. Prior to coming to Providence, he served as the Acting Executive Director for Intercollegiate Athletics and Recreational Sports. During his tenure, Cal won over 20 national championships and competed in the Citrus, Copper, Alamo and Aloha Bowls. The Bears also finished as high as 12th in the NACDA Directors' Cup.

Before arriving at Cal, Driscoll served six years (1981-87) as the Athletic Director and Chair of the Department of Physical Education, Recreation and Intramural Sports at Mills College in Oakland, Calif. Prior to Mills, Driscoll was Assistant Athletic Director and Head Baseball and Hockey Coach at Union College in Schenectady, N.Y. from 1977-81. Driscoll played hockey, where he was captain and team MVP for three-consecutive years, and baseball at Ithaca College (N.Y.). He received a Bachelor of Science degree in physical education in 1974 and his Master of Science in physical education/psychology of sports from Ithaca in 1975.

A native of West Concord, Mass., Driscoll was inducted into the inaugural class of Concord-Carlisle High School's Athletic Hall of Fame (football, ice hockey and baseball) in 1993. He was also inducted into the 50th Anniversary Class of Ithaca College Athletic Hall of Fame in 2019. He and his wife Cathy have three grown children.





# COACHING

2020-21

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# RAY TREACY

*DIRECTOR OF XC/TRACK & FIELD*

**36TH  
SEASON AT  
PROVIDENCE**

**DIRECTOR  
OF XC AND  
TRACK & FIELD**

One of the nation's most successful coaches, Ray Treacy embarks on his 36th season as Director of Cross Country and Track at Providence College. In his 35 years at Providence, Treacy has coached 66 All-Americans, who have received a total of 178 All-America accolades, seven NCAA individual champions, who have captured 15 NCAA titles overall, 45 BIG EAST individual champions, who have captured 120 BIG EAST titles, and 11 Olympians. In addition, his women's teams have captured two NCAA Cross Country Championships (1995 and 2013), 15 NCAA Northeast Regional Cross Country Championships, 22 BIG EAST Cross Country titles and 20 New England Championships.

Treacy's road to success began when he was a student-athlete at Providence College. The brother of 1984 Olympic silver medalist, John Treacy '78, Ray's collegiate list of accomplishments and accolades is lengthy. He was the Friar team captain during his junior and senior seasons and collected All-America honors on three occasions. He was a two-time New England Cross Country Champion and won the indoor 5,000 meters at the BIG EAST Championships three times. The talented distance runner also was the IC4A Champion in the 10,000 and 5,000 meters during the 1981 and 1982 seasons, respectively.

A 1982 graduate of the College, Treacy is committed to the success of PC's cross country and track programs. Since he took over as head coach in 1984, Treacy's knowledge of conditioning and training has moved the Providence's cross country and track programs into national prominence. The men's cross country program has advanced to NCAA Championships in 19 of the last 22 seasons, while the women's team has landed a record 27 out of 28 seasons.

While qualifying for the NCAA Cross Country Championships is an achievement within itself, the program under Treacy is highlighted by their success in 1990, 1995, 2003, 2004, 2012, 2013, and 2015. These seven teams each finished on the podium, top four in the country, at the NCAA Cross Country Championships. The 1990 team featured Sinead Delahunty, Geraldine Hendricken, and Anita Philpot earning All-American honors to lead the Friars to a second place finish. This was the first team to finish on the podium in Friar history. The 1995 team achieved the most successful season in program history as they captured the Friars' first NCAA team title. The Friars won all seven meets, including their first BIG EAST and ECAC titles, they competed in and had Marie McMahon, Marie McCambridge, Moira Harrington, and Susan Murnane achieve All-American status. For his efforts, Treacy was named NCAA Division I Women's National Coach of the Year, BIG EAST Men's and Women's Coach of the Year, Rhode Island Words Unlimited Women's Coach of the Year and NCAA District I Women's Cross Country Coach of the Year.

In 2003 and 2004, the Friars women worked their way back onto the podium. The 2003 season featured Kim Smith and Mary Cullen finishing second and fifth, respectively. With two runners in the top five, the Friars were able to outperform their eighth place ranking and finish third. The next year, the women won every meet leading up to the NCAA Cross Country Championships. Kim Smith again led the team by capturing the programs first individual NCAA Cross Country title. Smith's performance, paired with a seventh place finish by Fiona Crombie, helped the Friars finish third for the second consecutive year.

The most recent Friar success began in 2012. After finishing third at the BIG EAST Championships, the Friars won the Northeast Regional. Sarah Collins, Emily Sisson, and Laura Nagel all finished in the top 35 to earn All-American status and led the Friars to a second place finish at the NCAA Championships. The 2013 returned with the goal of capturing the program's second title. Leading up to the championships, the team won the BIG EAST and Northeast regional titles. Three Friars, Emily Sisson, Laura Nagel, and Sarah Collins, earned All-American status helping the team win its second NCAA Cross Country Team Title. After the season, Treacy was named the USFCCCA National Coach of the Year, the Northeast Women's Cross Country Coach of the Year and the Rhode Island Words Unlimited Coach of the Year. The Friars found the podium again in 2015. The Friars dominated the BIG EAST Championships, taking the top three spots, and captured the Northeast Regional title again. Sarah Collins and Catarina Rocha both earned All-American status, leading the Friars to a fourth place finish. This was the third time in four years that the Friars achieved a podium finish.

Treacy has also had strong Men's teams during his time at Providence. The program has won 15 BIG EAST titles and finished on the podium twice, once in 1992 and once in 2000. In 1992, the Friars captured their third straight BIG EAST title and second consecutive IC4A title on their way to the NCAA Cross Country championships. Mark Carroll finished fourth and Chris Teague finished 18th, leading the Friars to a third place finish. Perhaps the most success Men's team coached by Treacy was when the team finished third in 2000. The Friars won every meet, including BIG EAST and Northeast Regional titles, leading up to the NCAA Cross Country Championships. At NCAA's, Keith Kelly led the team by capturing the programs first NCAA Individual Cross Country title. Kelly paired with Hamish Thorpe and Dermot Galvin achieving All-American status, the Friars finished third.

Treacy has also coached many athletes to success on the track as well. Throughout his career, Treacy has coached nine athletes to individual NCAA track titles in events ranging from 1,500 to 10,000 meters and coached a team to setting the world record in the 4x1500 meter relay at the Penn Relays in 1991. One of Treacy's most successful individual athletes was Kim Smith. During the 2004 track season, Smith won NCAA titles in the Indoor 3,000 meters, Indoor 5,000 meters, and outdoor 5,000 meters and set NCAA records in all three events as well. Smith was the first athlete to win both the 3,000 and 5,000 at the NCAA Indoor Track and Field Championships. Other NCAA Champions include, Andy Keith (Indoor Mile, 1992), Mark Carroll (Indoor 5,000 meters, 1995), Geraldine Hendricken (Indoor 3,000 meters, 1992), Amy Rudolph (Indoor Mile and Outdoor

## PROVIDENCE COLLEGE CROSS COUNTRY/TRACK COACHES THROUGH THE YEARS

Harry Coates .....	1950-61
Ray Hanlon .....	1961-69
Rob Amato .....	1969-84
<b>Ray Treacy .....</b>	<b>1984-Present</b>





1,500 meters, 1994), Marie McMahon (Indoor 5,000 meters, 1996), Mary Cullen (Outdoor 5,000 meters, 2006), Danette Doetzel (Outdoor 10,000 meters, 2009) and Emily Sisson (Indoor and Outdoor 5,000 meters, 2015).

Treacy has continued to coach athletes to success in recent years. In 2013, Emily Sisson and Laura Nagel each won BIG EAST individual titles. Sisson won the 10,000 meters, breaking Kim Smith's BIG EAST meet record in a time of 33:02.80 while Nagel won the 5,000 meter title. The Providence women closed the season with Sisson, Nagel and Shelby Greany earning All-American status at the 2013 NCAA Outdoor Track and Field Championships. Sisson and Nagel finished sixth and 12th in the 5,000 meters, respectively, and Greany finished 11th in the 3,000-meter steeplechase final.

The 2014 indoor season saw two BIG EAST individual titles. Sisson won the 5,000 meters and Nagel won the 3,000 meters. Sisson and Nagel both went on to earn First Team All-America honors in the 5,000 meters and Second Team All-America honors in the 3,000 meters, respectively, at the NCAA Indoor Championships.

During the 2014 outdoor season, Sarah Collins posted the second-fastest time by a Providence College female runner in the 5,000 meters (15:31.03) at the Stanford Invitational. At the 2014 BIG EAST Outdoor Championships, Collins then went on to claim her first BIG EAST title in the 10,000 meters while Nagel defended her 5,000-meter title. Both women finished the season at the NCAA Outdoor Track and Field Championships, earning Second-Team All-America honors in the 5,000 meters. On the men's side, Julian Oakley '15 became the eighth Friar under Treacy to break the sub-four-minute mile mark, running a time of 3:58.89 for third place at the Adrien Martinez Classic on June 6.

During the 2015 season, under Treacy's guidance, Emily Sisson broke Smith's NCAA indoor 5,000-meter record (15:12.22) at the BIG EAST Indoor Championships. This marked the beginning of Sisson's standout final year at Providence College. She went on to win her first NCAA title in the 5,000 meters indoors in dominating fashion and she then grabbed a second title in the 5,000 meters at the NCAA Outdoor Championship. Sisson won both the Indoor and Outdoor BIG EAST 5,000 meter titles to raise her total to seven titles. Sisson also finished her career tied for first in total All-America honors as a Friar with 10.

During the 2016 Indoor track season, both Julian and Sarah Collins qualified for the NCAA Championships. Oakley finished seventh in the mile, earning First Team All-America honors, and Collins finished 12th in the 5,000 meters, earning Second Team All-America honors.

The 2016 Outdoor season saw two BIG EAST individual titles. Catarina Rocha and Brianna Ilarda both captured their first individual titles, in the 5,000 meters and 3,000-meter Steeplechase respectfully. Ilarda went on to qualify for the NCAA Outdoor Championships, where she finished 10th in the 3,000 meter Steeplechase, earning Second Team All-America honors. Graduate Student Jordan Mann became the first man to qualify for the NCAA championships for Providence since 2011. Mann finished 16th in the 3,000-meter Steeplechase earning Second Team All-America honors.

2016-17 was another successful season for Treacy's athletes. During the Cross Country season, the women captured their third BIG EAST title in four years and their fourth Northeast Regional Cross Country title in five years. Millie Paladino had a historic season for the Friars during the Indoor season. Paladino ran the third fastest time in Providence history, became the first woman to win the mile at the BIG EAST Indoor Championships since 2002, and earned First Team All-America honors in the mile at the NCAA Championships. Brianna Ilarda also earned First Team All-America honors for her seventh place finish in the 5,000 meters. Both Ilarda and Paladino continued their success into the outdoor season. Ilarda would go on to set the BIG EAST meet record on her way to her second consecutive title in the 3,000-meter Steeplechase while Paladino would run the second fastest 1,500-meter time in Providence history. Both would qualify for the NCAA Outdoor Championships, where Ilarda would finish eighth and Paladino would finish 21st to earn First Team All-America honors and Honorable Mention, respectfully. Julian Oakley also qualified for the NCAA Outdoor Championships in the 5,000 meters. He would go on to finish 17th in the event and earn Honorable Mention All-America honors.

The 2017-18 year followed along the trend of Treacy's recent success. He coached Catarina Rocha to individual BIG EAST titles in cross country, the indoor 5,000 meters and the outdoor 10,000 meters. Millie Paladino picked up right where she left off on the track as she ran the second fastest mile time and sixth fastest 3,000 meter time in Providence history indoors, won the BIG EAST title in the 3,000 meters and finished sixth in the mile at the NCAA Indoor Championships to earn First Team All-America honors. Outdoors, Treacy coached Abbey Wheeler to a 19th place finish in the 5,000 meters at the NCAA Outdoor Championships to earn Honorable Mention All-America honors.

Runners continued to thrive under Treacy during the 2018-2019 season. After winning the 5,000 meter and placing second in the 3,000 meter, Brianna Ilarda was named the BIG EAST Most Outstanding Track Performer during the Indoor Track season. For outdoor, Ilarda also was a BIG EAST champion in the 3,000 meter steeplechase and named second-team All-America honors, marking the fourth of her career to conclude her career. Fellow Friar, Millie Paladino claimed BIG EAST champion in the 3,000 meter, first-team All-America honors for the mile after placing fourth and was named Northeast Region Female Athlete of the Year. Paladino finished her outdoor track career as an honorable mention All-America honor in the 1,500 meter. Abbey Wheeler claimed second-team All-America honors after claiming 14th in the 1,500 meter race.

Although cut-short due to the COVID-19 pandemic, the 2019-20 season featured three Indoor BIG EAST Championships. Four rookies (Tessa Hunt, Niamh Gowing, Lilly Tuck and Alex O'Neill) took first in the DMR. After winning the 3,000 and 5,000 meter events at the Indoor BIG EAST Championship, Abbey Wheeler was named BIG EAST Most Outstanding Track Performer. Wheeler was also named USTFCCA Northeast Region Women's Indoor Track Athlete of the Year.

In addition to his success at the College level, Treacy coaches a contingent of successful professional runners. Recently at the U.S. national level, three of the top-5 athletes in the women's 10,000 meters at the USA World Championship Trials were coached by Treacy. In addition to Sisson holding the NCAA 5,000-meter indoor record, three of his other professional athletes hold their respective countries' records in different events, including Molly Huddle with the U.S. women's 10,000-meter record, Smith with the New Zealand records in the 3,000 meters, 5,000 meters, 10,000 meters, half marathon and marathon, and Roisin McGettigan '03 with the Irish 3,000-meter steeplechase record.

Several of Treacy's student-athletes have gone on to leave their mark internationally. In 1996, three athletes, who trained under Treacy's guidance at Providence, became PC's first female track stars to compete in the Olympics. Sinead Delahunty '93 (1,500 meters), Marie McMahon '96 (5,000 meters) and Amy Rudolph '95 (5,000 meters) all competed in Atlanta, Ga. Treacy had three former Friars compete in the 2000 Olympics in Sydney, as well, with Delahunty (1,500 meters), Rudolph (5,000 meters) and Mark Carroll '95 (5,000 meters) all running in the 2000 Games. Kim Smith, McMahon, Carroll and Maria McCambridge '98 competed in the 2004 Games in Athens, Greece. At the 2008 Beijing Olympics, Smith (10,000 meters), McGettigan (3,000 meter steeplechase) and Martin Fagan (Marathon) all competed. At the 2012 London Olympics, Kim Smith (Marathon), Dylan Wykes '05 (Marathon) and Stephanie Reilly '01 (3,000 meter Steeplechase) all competed. At the 2016 Rio de Janeiro Olympics, Julian Matthews '12 (1,500 meters) competed.

A former Irish national junior champion and a past member of the Irish National Cross Country Team, Treacy currently resides in Warwick, R.I. with his wife, Lisa. They have two sons, Michael and Liam.





# TIM BROCK

**HEAD MEN'S TRACK,  
ASSISTANT XC &  
WOMEN'S TRACK**

**SEVENTH SEASON**

Tim Brock enters his seventh season at Providence College as the Head Men's Track Coach, as well as the assistant coach for women's track and the men's and women's cross country teams.

During his first year he helped both the men's and women's cross country teams to 13th-place finishes at the NCAA Championships, including three All-America honors (Shane Quinn, Benjamin Connor and Catarina Rocha). In addition, he coached Phil Reid to a runner-up finish in the heptathlon at the BIG EAST Indoor Championship and in the decathlon at the BIG EAST Outdoor Championship, as well as assisting Emily Sisson to two NCAA titles.

Brock continued his coaching success into his second season with the Friars. He assisted the women's cross country team to a fourth place finish at the 2015 NCAA Cross Country Championships and two athletes to All-America honors (Sarah Collins and Catarina Rocha). Brock also helped Julian Oakley, Jordan Mann and Brianna Ilarda achieve All-American status during the track seasons.

During his third year at Providence, Brock helped the women's cross country team capture another BIG EAST title while assisting the men in qualifying for the NCAA Championships after having missed out in 2015. Three athletes earned All-America honors (Brianna Ilarda, Julian Oakley and Millie Paladino) as well as three BIG EAST individual titles were earned (Paladino in the indoor mile, Ilarda in the outdoor 3,000-meter steeplechase and Stephen Robertson in the 10,000 meters.)

The fourth season saw Brock help guide the men's track team to its highest BIG EAST Outdoor finish since 2016 as well as the development off the track and field teams to include scorers in the javelin (Chris Shanahan), high jump (Michael Bittner) and 400m Hurdles (Dan Rooney). Brock was also integral in helping the 4x800 meter team run one of the fastest times in school history at the 2018 Raleigh Relays.

Brock spent the 2013-14 season as the assistant coach for the women's cross country and track & field programs at the University of Delaware. At Delaware, he assisted the women's cross country team to a third place finish at the 2013 CAA Championships, a fourth place finish at the 2013 ECAC Championships and an individual qualifier for the 2013 NCAA Championships. During the outdoor season, he helped coach Lindsay Prettyman to the NCAA First Round in the 1,500 meters.

At Delaware, he assisted the women's cross country team to a third place finish at the 2013 CAA Championships, a fourth place finish at the 2013 ECAC Championships and an individual qualifier for the 2013 NCAA Championships. During the outdoor season, he helped coach Lindsay Prettyman to the NCAA East Preliminary Round in the 1,500 meters.

Prior to Delaware, Brock spent three seasons at North Carolina State as an assistant coach. At NC State he assisted the Wolfpack to five NCAA Championship berths, 14 All-America honors, nine ACC individual champions and an ACC cross country team title.

Before North Carolina State, Brock was an assistant coach at Tatnall School in Wilmington, Del. At Tatnall he helped coach both boys and girls teams to a combined 10 state titles. The girls team also appeared at the NXN National Championships three years in a row (2006-08), including a third place finish in 2008.

A 2008 graduate of the University of Delaware, Brock earned 10 letters, four in cross country and three each in indoor and outdoor track. He captained the team for three seasons and competed at the Penn Relays and CAA cross country championships. Brock received a bachelor's degree in health and physical education with a minor in coaching sciences.





# THE FRIAR MEN



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# THE 2020-21 ROSTER

## NAME

Tom Arbeiter  
Liam Back  
Jack Carleo  
Shane Coffey  
AJ Ernst  
Ryan Gallagher  
Allen Garnes\*  
Jacob Hefe  
Ryan Jendzejec  
Sam Lagan\*  
Matthew Lepine  
Sean Meehan  
Kevin Quinn  
Marcelo Rocha  
Daniel Rooney\*  
David Rosas  
Ian Russ  
Chris Shanahan\*  
Pat Thygesen  
Connor Visnic  
Angus White

## CLASS

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## HOMETOWN

Ellington, Conn.  
New Plymouth, New Zealand  
Newburyport, Mass.  
Naas, Ireland  
Marblehead, Mass.  
Briarcliff Manor, N.Y.  
Liverpool, N.Y.  
Danbury, Conn.  
Chappaqua, N.Y.  
Natick, Mass.  
Red Bank, N.J.  
East Greenwich, R.I.  
Needham, Mass.  
Peabody, Mass.  
Rochester, N.Y.  
Chestnut Ridge, N.Y.  
East Aurora, N.Y.  
Westwood, Mass.  
Brisbane, Australia  
Orange, Conn.  
New Plymouth, New Zealand

\* Denotes track and field only





# AJ ERNST

GRADUATE STUDENT • XC/MILE  
MARBLEHEAD, MASS.



## PERSONAL RECORDS

Mile.....3:59.88  
3,000 meters.....8:05.31

### AT THE UNIVERSITY OF VIRGINIA

**2019-20 Cross Country:** Finished top 20 at four races... Led Virginia at the Nuttycombe Wisconsin Invitational... Placed 20th at the ACC Championships... **Earned All-ACC honors...** Placed 11th at the NCAA Southeast Regional Championships... **Earned USTFCCA All-Southeast Region honors...** Recorded a 10k time of 30:17.8 at the NCAA Cross Country Championships... **Indoor Track:** Finished first in the DMR at the Virginia Tech Invitational... **Won the mile at the Navy Invitational...** Placed sixth in the mile at the David Hemery Valentine Invitational (3:59.88)... Finished second in the mile at the ACC Championships (4:02.39)... **Earned All-ACC Honors...** **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Finished eighth at the Penn State National Open... Placed 35th at the ACC Championships... Finished 13th at the NCAA Southeast Regional Championships (30:21.2)... **Earned All-Southeast Region Honors...** Named to the All-ACC Academic Team... **Indoor Track:** Placed 15th at the Iowa State Classic... Finished fourth in the 3,000 meter at the Dr. Sander Columbia Challenge.. **Outdoor Track:** Competed at the Raleigh Relays in the 5,000 meter... Recognized on the ACC Academic Honor.

**2017-18 Cross Country:** Did not compete... **Indoor Track:** Finished first in the 3,000 meter at the Liberty Kickoff (8:22.46)... Placed 36th in the mile at the ACC Championships... **Outdoor Track:** Did not compete.

**2016-17 Cross Country:** Placed 83rd at the ACC Championships... Finished 224th at the NCAA Southeast Regional Championships... **Indoor Track:** Placed second in the 800 meter at the Liberty Elite Invitational... Finished ninth with the DMR at the ACC Championships... Placed 23rd in the mile at the ACC Championships... **Outdoor Track:** Finished 21st in the 1,500 meter at the ACC Championships.





# JACK CARLEO

SENIOR • XC/DISTANCE  
NEWBURYPORT, MASS



## PERSONAL RECORDS

800 meters .....	1:50.98
1,000 meters .....	2:28.42
1,500 meters .....	3:52.67

**2019-20 Indoor Track:** Won the 800-meter event at the Boston University Multi-Team Meet on Jan. 18... Finished eighth in the 800-meter at the John Thomas Terrier Classic on Jan. 24-25 (1:51.58)... Was a part of the 4x800-meter relay that placed fourth at the BIG EAST Championships on Mar. 1-2 (7:33.71)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed 22nd at the University of New Hampshire Dual Meet in a time of 15:55.7 on Sept. 1... Placed second at the 16th Annual CCSU Mini Meet Open Race (15:34.1) on Oct. 19... Finished 43rd at the BIG EAST Championships (26:10.5) on Oct. 27... **Indoor Track:** Placed second in the mile (4:19.96) setting a personal best and was a member of the 4x400 meter relay that placed fourth (3:34.15) at the 33rd Brown University Alden Invitational on Dec. 1... Finished fifth at the URI Tribute to Bill Falk in the 1,000 meters (2:30.79) on Feb. 9... Won the 800 meters (1:56.96) at the Brown University Invitational on Feb. 16... Was a member of the Distance Medley Relay team that placed third (9:54.29) and a member of the 4x800 meter relay team that placed second (7:32.54) at the BIG EAST Championships on Feb. 22-23... Was a member of the Distance Medley Relay team that finished sixth (9:57.33) in the prelims at the IC4A Championships... Was also a member of the Distance Medley Relay team that won (9:57.33) the final at the IC4A Championships... **Outdoor Track:** Placed fourth in the 800 meters (1:52.44) at the Black and Gold Challenge on Mar. 15-16... Finished ninth at Raleigh Relays (Mar. 29-30) in the 800 meters (1:51.48)... Was a member of the Distance Medley Relay that placed 11th (10:04.06) in the unseeded section at the 125th Penn Relays on Apr. 26... Won the 800 meters at the Brown Springtime Invitational (Apr. 28) in a time of 1:53.03... Placed seventh in the 800 meter prelims at the BIG EAST Championships (May 10-11) setting a new personal best of 1:50.98 and receiving a time qualifier for the finals... Placed sixth in the 800 meter finals (1:51.73) and was a member of the 4x800 meter relay team that finished third (7:31.10) at the BIG EAST Championships on May 10-11.

**2017-18 Cross Country:** Finished eighth at the UNH Dual Meet (15:58.51) on Sept. 2... Finished 36th at CCSU Mini Meet (15:48.8) on Oct. 20... Finished 33rd at the BIG EAST Championships (25:55.5) on Oct. 28... **Indoor Track:** Won the 800 with a time of 1:59.49 at the Fordham Season Opener on Dec. 1... Finished second in the 800 meters (1:56.89) at the URI Sorlien Invitational on Jan. 20... Finished eighth in the 1,000 meters (2:28.42) at the BU Terrier Invitational on Jan. 26... Finished 21st in the 800 meters (1:52.11) at the BU Valentine Invitational on Feb. 10... Was a member of the Distance Medley Relay team that finished third (9:57.94) at the BIG EAST Championships on Feb 23-24... Was also a member of the 4x800 meter relay team that finished third (7:36.72) at the BIG EAST Championships... Earned All-BIG EAST honors for being a member of both relay teams... Was a member of the Distance Medley Relay team that won the IC4A Championships (9:46.17) on March 4... **Outdoor Track:** Finished 48th in the 1,500 meters (3:52.67) and ran a leg of the 4x800 meter team that won (7:31.62) at the Raleigh Relays on March 30-31... Finished fifth in the 800 meters (1:53.31) at the Ocean State Invitational on April 13... Finished fourth in the finals of the 800 meters (1:52.98) and was also a member of the 4x800 meter team that placed fourth (7:43.38) at the BIG EAST Championships on May 11-12...



**Prior to Providence:** Attended Newburyport High School (2013-17)... Won the MIAA All State Division 2 Cross Country Championships... Finished second in the mile at the 2016 MIAA Indoor All State Championships... Finished fourth at the 2017 Millrose Games High School Mile.





# RYAN GALLAGHER

SENIOR ■ XC/DISTANCE  
BRIARCLIFF MANOR, N.Y.



## PERSONAL RECORDS

3,000 meters.....8:07.50  
5,000 meters..... 14:18.09

**2019-20 Cross Country:** Placed third at the UNH Tri Meet on Aug. 31 (15:19.12)... Finished 83rd at the Coast-to-Coast Battle in Beantown on Sept. 20 (25:47)... Placed fourth at the CCSU Mini Meet on Oct. 25 (15:01.1)... Finished 30th at the BIG EAST Championships on Nov. 2 (26:58.4)... Placed 64th at the NCAA Northeast Regional Meet on Nov. 15 (30:07.3)... Finished third at the ECAC/IC4A Championships on Nov. 23 (25:03)... **Indoor Track:** Placed second in the 5,000-meter at the Boston University Multi-Team Meet on Jan. 18 (14:31.57)... Finished 26th in the 3,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (8:17.73)... Placed 40th in the 3,000-meter at the David Hemery Valentine Invitational on Feb. 14-15 (8:07.50)... Finished fifth in the 5,000-meter at the BIG EAST Championships on Mar. 1-2 (14:18.09)... Placed 11th in the 3,000-meter at the IC4A/ECAC Championships on Mar. 7-8 (8:21.56)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed fifth at the University of New Hampshire Dual Meet in a time of 15:14.77 on Sept. 1... Finished 209th at the Nuttycombe Wisconsin Invitational (25:45.4) on Sept. 28... Placed second at the 16th Annual CCSU Mini Meet (14:53.6) on Oct. 19... Finished 18th at the BIG EAST Championships (25:15.8) on Oct. 27... Placed 56th at the NCAA Division I Northeast Region Championships (34:24.1) on Nov. 9... **Indoor Track:** Placed third in the 3,000 meters (8:41.07) at the Brown University Invitational on Feb. 16... Finished 13th in the 3,000 meters at the BIG EAST Championships on Feb. 22-23, setting a new personal best of 8:29.65... **Outdoor Track:** Finished fourth in the 3,000 meters (8:42.37) at the Black and Gold Challenge on Mar. 15-16... Ran a personal best in the 5,000 meters (14:28.28) and placed 67th at Raleigh Relays on Mar. 29-30... Finished 86th in the 5,000 meters (15:20.84) at the 125th Penn Relays on Apr. 25... Finished 14th at the BIG EAST Championships (May 10-11) in the 5,000 meters (15:24.12).

**2017-18 Cross Country:** Finished fifth at the Nassaney Invitational (25:45.0) on Sept. 9... Finished 11th at the Battle-In-Beantown Open Race (16:12) on Sept. 22... Finished 64th at CCSU Mini Meet Open Race (16:23.4) on Oct. 20... **Indoor Track:** Did not compete. **Outdoor Track:** Did not compete.

**Prior to Providence:** Attended Briarcliff Manor High School (2013-17)... Won the 2016 NYSPHSAA Class C Cross Country Championships... Finished second at the NYSPHSAA Indoor State Championships in the 3,200 meters... Finished second at the NYSPHSAA Outdoor State Championships in the 3,200 meters.





# RYAN JENDZEJEC

SENIOR ■ XC/MID-DISTANCE  
CHAPPAQUA, N.Y.



## PERSONAL RECORDS

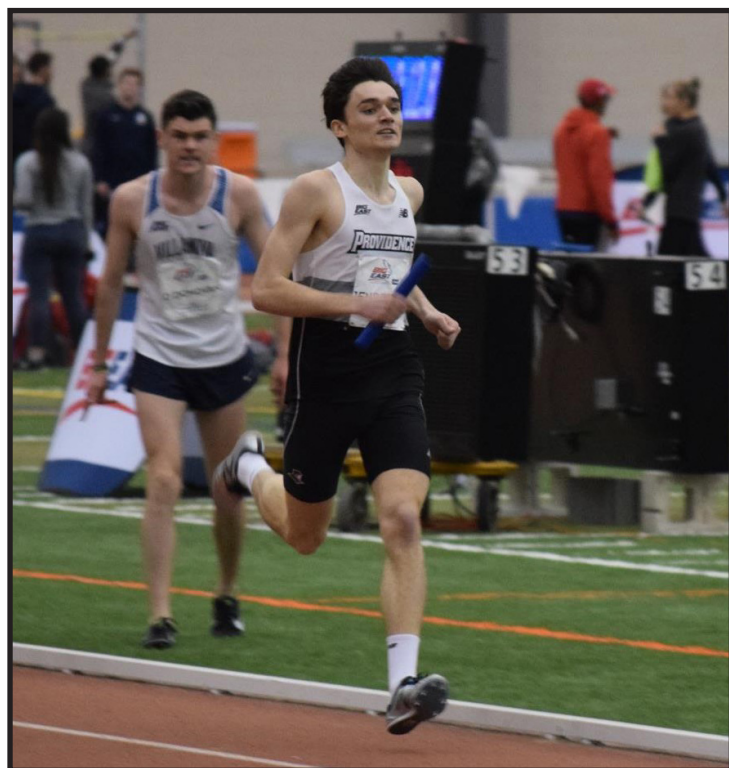
400 meters.....	50.43
800 meters.....	1:52.17
1,000 meters.....	2:27.14

**2019-20 Cross Country:** Finished 39th at UNH Tri Meet on Aug. 31 (16:46.72)... Placed 35 at the Coast-to-Coast Battle in Beantown on Sept. 20 (16:30)... Finished seventh at the CCSU Mini Meet sub-varsity race on Oct. 25 (15:51.6)... Indoor Track: Placed seventh in the mile (4:14.85) and was a part of the 4x400-meter relay that finished fourth (3:25.82) at the Boston University Multi-Team Meet on Jan. 18... Finished 10th in the 1,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (2:28.04)... Placed third in the 800-meter at the URI Coaches Tribute Meet on Feb. 8 (1:57.20)... **Was a part of the 4x400-meter relay that placed first at the Brown University Invitational on Feb. 22 (3:43.81)...** Was a part of the 4x400-meter relay that finished fourth (3:25.54), 4x800-meter relay that finished fourth (7:33.81) and DMR that finished fourth (9:49.41) at the BIG EAST Championship on Mar. 1-2... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed 39th at the University of New Hampshire Dual Meet in a time of 16:50.81 on Sept. 1... Finished 53rd at the Coast-to-Coast Battle in Beantown Mixed Race (16:50.1) on Sept. 21... **Indoor Track:** Was the runner-up in the 1,000 meters (2:33.41) and was a member of the 4x400 meter relay team that placed fourth (3:34.15) at the 33rd Brown University Alden Invitational (Dec. 1)... Finished 15th in the 800 meters (1:57.01) at the Penn 8-Team Select on Jan. 19... Finished 18th in the 1,000 meters (2:28.39) and was a member of the 4x400 meter relay team that placed 24th (3:25.20) at the Boston University John Thomas Terrier Classic (Jan. 25-26)... Placed fifth in the 800 meters (1:58.73) at the URI Tribute to Bill Falk on Feb. 9... Placed third and ran a personal best in the 500 meters (1:06.92) at the Brown University Invitational on Feb. 16... Ran a time of 1:54.69 in the prelims of the 800 meters, was a member of the 4x800 meter relay team that placed second (7:32.54) and was also a member of the 4x400 meter team that finished seventh (3:25.60) at the BIG EAST Championships on Feb. 22-23... Placed eighth in the 1,000 meter prelims (2:27.14) at the IC4A Track & Field Championships (Mar. 1-3) setting a new personal best and automatically qualifying for the finals... Finished eighth in the 1,000 meter finals (2:27.33) at the IC4A Track & Field Championships (Mar. 1-3)... **Outdoor Track:** Finished 12th in the 800 meters (1:55.06) and was a member of the 4x400 meter relay team that placed fourth (3:24.58) at the Black and Gold Challenge (Mar. 15-16)... Finished 18th in the 800 meters (1:53.46) at Raleigh Relays on Mar. 29-30... Finished 15th in the 800 meters (1:54.27) at the Ocean State Invitational on Apr. 12-13... Was a member of the Distance Medley Relay that placed 11th (10:04.06) at the 125th Penn Relays (Apr. 25-27)... Finished fifth in the 800 meters (1:56.65) at the Brown Springtime Invitational on Apr. 28... Ran a time of 1:53.79 in the prelims of the 800 meters, was a member of the 4x800 meter relay team that placed third (7:31.10) and was also a member of the 4x400 meter team that finished seventh (3:21.64) at the BIG EAST Championships on May 10-11...

**2017-18 Indoor Track:** Finished second in the 800 meters (2:00.21) at the Fordham Season Opener on Dec. 1... Finished fifth in the 800 meters (1:58.35) at the URI Sorlien Invitational on Jan. 20... Finished 21st in the 1,000 meters (2:30.70) at the BU Terrier Invitational on Jan. 26... Finished 83rd in the 800 meters (1:56.03) at the BU Valentine Invitational on Feb. 10... Won the 1,000 meters at the Brown Invitational (2:34.99) on Feb. 17... Ran a time of 1:55.15 in the prelims of the 800 meters and was a member of the 4x800 team that finished third (7:36.72) at the BIG EAST Championships on Feb. 23-24... **Outdoor Track:** Finished 91st in the 1,500 meters (3:58.88) and ran a leg of the 4x800 meter team that won (7:31.62) at the Raleigh Relays on March 30-31... Finished third in the 800 meters (1:52.85) at the Ocean State Invitational on April 13... Ran a time of 1:54.58 in the prelims of the 800 meters and was a member of the 4x800 meter relay team that finished fourth (7:43.38) at the BIG EAST Championships on May 11-12... Placed sixth in the 800 meters (1:54.47) at the USATF Junior National Championships on June 16...

**Prior to Providence:** Attended Horace Greeley High School (2013-17)... Won the 2016 NYSPHSAA Outdoor Section 1 State Qualifier in the 800 meters.







# MARCELO ROCHA

SENIOR ■ XC/DISTANCE  
PEABODY, MASS.



## PERSONAL RECORDS

Mile.....4:18.79  
3,000 meters .....8:21.87  
5,000 meters ..... 14:17.19

**2019-20 Cross Country: Won the UNH Tri Meet on Aug. 31 (15:03.12)...** Named BIG EAST Male Athlete of the Week on Sept. 4... Placed fifth at the New England Championships on Oct. 20 (24:54)... Finished 23rd at the BIG EAST Championships on Nov. 2 (26:46.0)... Placed 25th at the NCAA Northeast Regional Meet on Nov. 15 (29:29.4)... Received All-Region Honors on Nov. 15... **Indoor Track: Won the 5,000-meter at the Boston University Multi-Team Meet on Jan. 18 (14:19.89)...** Placed 36th in the 3,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (8:21.87)... Finished 14th in the 5,000-meter at the BIG EAST Championships on Mar. 1-2 (14:54.61)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed second at the University of New Hampshire Dual Meet in a time of 15:08.23 on Sept. 1... Finished 219th at the Nuttycombe Wisconsin Invitational (27:20.7) on Sept. 28... Placed 19th at the 16th Annual CCSU Mini Meet (15:25.5) on Oct. 19... Finished 35th at the BIG EAST Championships (25:54.5) on Oct. 27... Placed 118th at the NCAA Division I Northeast Region Championships (35:19.7) on Nov. 9... **Indoor Track:** Finished 24th in the 3,000 meters (8:23.93) at the Boston University John Thomas Terrier Classic on Jan. 25-26.. Was the runner-up at the URI Tribute to Bill Falk (Feb. 9) in the 3,000 meters, running a time of 8:36.20... Placed fifth in the 5,000 meters (14:29.90) at the BIG EAST Championships on Feb. 22-23... Finished 19th in the in the 3,000 meters at the IC4A Championships (Mar. 1-3) posting a personal best of 8:22.18... **Outdoor Track:** Won the 3,000 meters at the Black and Gold Challenge (Mar. 15-16) in a time of 8:26.12... Finished 51st in the 5,000 meters (14:22.17) at Raleigh relays on Mar. 29-30... Finished 24th and posted a personal best in the mile (4:18.79) at the Ocean State Invitational on Apr. 12-13... Finished 13th in the 5,000 meters (14:17.19) at the 125th Penn Relays on Apr. 25-27, setting a new personal best... Placed fourth in the 5,000 meters at the BIG EAST Championships (May 10-11) in a time of 14:29.51.

**2017-18 Cross Country:** Did not compete. **Indoor Track:** Did not compete. **Outdoor Track:** Did not compete.

**Prior to Providence:** Attended Peabody Veterans Memorial High School (2013-2017) ... Won the 2016 Massachusetts All-State Cross Country Championships... Qualified for the 2015 Footlocker Cross Country National Championships... Named 2016 Massachusetts Gatorade Cross Country Runner of the Year.





# DANIEL ROONEY

SENIOR ■ HURDLES  
ROCHESTER, N.Y.



## PERSONAL RECORDS

60 meter hurdles.....	8.68
200 meters.....	24.22
400 meters.....	50.79
400 meter hurdles.....	55.61

**2019-20 Indoor Track:** Placed sixth in the 60-meter hurdles (8.71) and was a part of the 4x400 relay that finished fourth (3:25.82) at the Boston University Multi-Team Meet on Jan. 18... Finished second in the 60-meter hurdles at the John Thomas Terrier Classic on Jan. 24-25 (8.73)... Finished fourth in the 60-meter hurdles (8.80) and was a part of the 4x400-meter relay that placed first at the Brown University Invitational on Feb. 22 (3:43.81)... Placed ninth in the 50-meter hurdles (8.78) and was a part of the 4x400 relay that finished sixth (3:25.54) at the BIG EAST Championships on Mar. 1-2... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Indoor Track:** Finished 13th in the 60 meter hurdles (9.32) and was a member of the 4x400 meter relay team that placed fourth (3:34.15) at the 33rd Brown University Alden Invitational (Dec. 1)... Finished 11th in the 60 meter hurdles (9.04) at the Penn 8- Team Select on Jan. 19... Placed eighth in the 60 meter hurdles (8.99) and was a member of the 4x400 meter relay team that finished 24th (3:25.20) at the Boston University John Thomas Terrier Classic on Jan. 25-26... Finished 13th in the 60 meter hurdles (9.13) at the URI Tribute to Bill Falk on Feb. 9... Placed fifth in the 60 meter hurdles prelims (8.89) and finished fifth in finals (8.93) at the Brown University Invitational on Feb. 16... Placed eighth and ran a personal best (8.68) in the 60 meter hurdles and was a member of the 4x400 meter relay team that placed seventh (3:25.60) at the BIG EAST Indoor Track & Field Championships on Feb. 22-23... **Outdoor Track:** Placed eighth in the 400 meters hurdles (56.73) and was a member of the 4x400 meter relay (3:24.58) that finished fourth at the Black and Gold Challenge on Mar. 15-16... Finished 30th in the 400 meter hurdles (57.61) at Raleigh Relays on Mar. 29-30... Placed 10th in the 400 meter hurdles (57.64) and was a member of the 4x100 meter relay that placed fourth (45.49) at the Ocean State Invitational on April 12-13th... Placed fourth in the 400 meter hurdles (57.67) at the Brown Springtime Invitational on Apr. 28... Ran the 400 meter hurdle prelims finishing 13th overall (57.98), was a member of the 4x100 meter relay team that placed fifth (44.70) and was a member of the 4x400 meter relay team that placed seventh (3:21.64) at the BIG EAST Outdoor Track & Field Championships on May 10-11...

**2017-18 Indoor Track:** Placed 24th in the 200 meters (24.22), setting a new personal record at the URI Sorlien Memorial Invitational on Jan. 20... Finished 63rd in the 400 meters (51.50) at the Boston University Terrier Invitational on Jan. 26-27... Was a member of the 4x400 meter relay team (3:25.14) that placed 40th at the BU Valentine Invitational on Feb. 9-10... Finished third in the 400 meters (52.26) at the Brown University Invitational on Feb. 17... Was a member of the Distance Medley Relay that placed third (9:57.94) and was a member of the 4x400 meter relay team that placed sixth (3:25.12) at the BIG EAST Indoor Track & Field Championships on Feb. 23-24... **Outdoor Track:** Finished 19th in the 400 meters hurdles (57.52) and was a member of the 4x400 meter relay (3:29.71) that finished 14th at Raleigh Relays on Mar. 30-31... Placed fourth in the 400 meter hurdles (50.85) at the Ocean State Invitational on April 13-14th... Finished 6th in the 400 meters (50.79), setting a new personal record at the Holy Cross Invitational on Apr. 21... Finished first in the 400 meter hurdles (56.28) at the Brown vs. Providence College Meet (Apr. 22)... Placed third in the 400 meter hurdles (56.28) at the Brown Springtime Invitational on Apr. 29... Finished fifth in the 400 meter hurdles (55.61), setting a new personal record, was a member of the 4x100 meter relay team that placed fifth (44.55) and was a member of the 4x400 meter relay team that placed sixth (3:24.64) at the BIG EAST Outdoor Track & Field Championships on May 11...

**Prior to Providence:** Attended McQuaid Jesuit High School (2013-17)... School record holder in the 400m Hurdles... Finished second at the New York State Outdoor Track and Field Championships in the 400m Hurdles.







# CHRIS SHANAHAN

SENIOR • SHOT PUT/JAVELIN  
WESTWOOD, MASS.



## SCHOOL RECORD HOLDER IN JAVELIN PERSONAL RECORDS

Javelin ..... 61.64m

**2019-20 Indoor Track:** Did not compete... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Indoor Track:** Placed 21st in the shot put (9.41m) at the 33rd Brown University Alden Invitational on Dec. 1... **Outdoor Track:** Placed eighth in the javelin (52.41m) at Black and Gold Challenge on Mar. 15-16... Finished fifth in the javelin (61.64m) at Raleigh Relays on Mar. 29-30 ... **Besting his own school record in the javelin when he placed fifth at Raleigh Relays (61.64m).**

**2017-18 Indoor Track:** Placed 23rd in the shot put (9.53m) at the URI Sorlien Invitational on Jan. 20... Placed ninth in the shot put (9.7m) at the Brown Invitational on Feb. 17... **Outdoor Track:** Placed fifth in the javelin (51.13m) at the Ocean State Invitational on April 14... Finished second in the javelin (55.50m) at the Holy Cross Invitational on April 21... **Set the school record in the javelin when he won the Providence vs. Brown Dual Meet with a throw of 60.36m on April 22... Was named BIG EAST Field Athlete of the Week on April 23...** Finished third at the Brown Springtime Invitational in the javelin (55.01m) on April 29... Finished third in the javelin (58.29m) at the BIG EAST Championships on May 11... Placed eighth in the javelin (58.20m) at the USATF Junior National Championships on June 15.

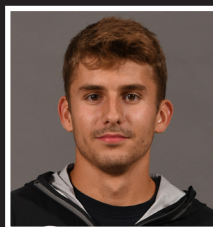
**Prior to Providence:** Attended Xaverian High School (2014-17)... Was a two time qualifier at the Massachusetts Outdoor All State Championships in the Javelin.





# DAVID ROSAS

SENIOR • XC/DISTANCE  
CHESTNUT RIDGE, N.Y.



## PERSONAL RECORDS

1,500 meters.....	4:01.99
3,000 meters.....	8:29.27
5,000 meters.....	14:38.95

**2019-20 Cross Country:** Finished seventh at the UNH Tri Meet on Aug. 31 (15:36.67) . . . Placed 24th at the Coast-to-Coast Battle in Beantown on Sept. 20 (24:53) . . . Named BIG EAST Male Athlete of the Week on Sept. 25 . . . Finished sixth at the New England Championships on Oct. 20 (24:55) . . . Placed 43rd at the BIG EAST Championships on Nov. 2 (27:31.3) . . . Finished 110th at the NCAA Northeast Regional Meet on Nov. 15 (30:49.6) . . . Placed 11th at the ECAC/IC4A Championships on Nov. 23 (25:39) . . . **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed third at the University of New Hampshire Dual Meet in a time of 15:08.71 on Sept. 1 . . . Finished 31st at the Coast-to-Coast Battle in Beantown (24:51.9) on Sept. 21 . . . Finished 167th at the Nuttycombe Wisconsin Invitational (25:02.0) on Sept. 28 . . . Placed 10th at the 16th Annual CCSU Mini Meet (15:06.4) on Oct. 19 . . . Finished 30th at the BIG EAST Championships (25:47.3) on Oct. 27 . . . Placed 139th at the NCAA Division I Northeast Region Championships (35:39.4) on Nov. 9 . . . **Indoor Track:** Finished 14th in the 3,000 meters (8:38.95) at the Penn 8-Team Select on Jan. 19 . . . Finished 22nd in the 5,000 meters (14:49.10) at the Boston University John Thomas Classic on Jan. 25-26 . . . Placed third at the URI Tribute to Bill Falk (Feb. 9) in the 3,000 meters (8:40.78) . . . Placed eighth at the BIG EAST Championships (Feb. 22-23) in 5,000 meters, running a personal best of 14:38.95 . . . **Outdoor Track:** Won the 5,000 meters (14:53.35) at the Black and Gold Challenge on Mar. 15-16 . . . Finished 31st and ran a personal best in the 10,000 meters (31:13.02) at Raleigh Relays on Mar. 29-30 . . . Finished 35th in the mile (4:20.55) at the Ocean State Invitational on Apr. 12-13 . . . Was the runner-up at the Brown Springtime Invitational (Apr. 28) in the 3,000 meters (8:33.91) . . . Placed eighth in the 5,000 meters (14:46.02) at the BIG EAST Championships on May 10-11.

**2017-18 Cross Country:** Finished fifth at the UNH Dual Meet (15:42.14) on Sept. 2 . . . Finished 72nd at the Battle-In-Beantown Invitational (25:40) on Sept. 22 . . . Finished 205th at the Nuttycombe Wisconsin Invitational (25:41.0) on Oct. 13 . . . **Indoor Track:** Did not compete. **Outdoor Track:** Finished 81st in the 5,000 meters (14:48.82) at the Raleigh Relays on March 30-31 . . . Finished seventh in the 5,000 meters (14:45.24) at the Ocean State Invitational on April 13 . . . Placed seventh in the 1,500 meters (4:04.06) at the Holy Cross Invitational on April 21 . . . Finished second in the 3,000 meters (8:29.27) at the Providence vs. Brown Dual Meet on April 22 . . . Took fourth place in the 1,500 meters (4:01.99) at the Brown Springtime Invitational on April 29 . . . Placed sixth in the 5,000 meters (14:39.65) at the BIG EAST Championships on May 12.

**Prior to Providence:** Attended Don Bosco Preparatory High School (2013-2017) . . . Qualified for the 2016 Nike Cross Country National Meet . . . Finished fifth at the NJ Cross Country Meet of Champions . . . Won both the 1,600 meters and the 3,200 meters at the NJ Non-Public A Group State Championships.







# ANGUS WHITE

SENIOR • XC/DISTANCE  
NEW PLYMOUTH, NEW ZEALAND



## PERSONAL RECORDS

1,500 meters.....	3:46.64
Mile .....	4:06.08
3,000 meters .....	8:20.52

**2019-20 Cross Country:** Finished 11th at the UNH Tri Meet on Aug. 31 (15:46.81) . . . Won the New England Championships sub-varsity race on Oct. 20 (25:25) . . . Placed 40th at the BIG EAST Championships on Nov. 2 (27:29.6) . . . **Indoor Track:** Finished 77th in the mile at the David Hemery Valentine Invitational on Feb. 14-15 (4:10.90) . . . Was a part of the 4x800 relay that finished fourth (7:33.71) and DMR that placed fourth (9:49.41) at the BIG EAST Championships on Mar. 1-2... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed 11th at the University of New Hampshire Dual Meet in a time of 15:34.72 on Sept. 1 . . . Finished 131st at the Coast-to-Coast Battle in Beantown (26:01.4) on Sept. 21 . . . Placed third at the 16th Annual CCSU Mini Meet (14:57.6) on Oct. 19 . . . Finished 27th at the BIG EAST Championships (25:38.6) on Oct. 27 . . . Placed 181st at the NCAA Division I Northeast Region Championships (36:48.9) on Nov. 9 . . . **Indoor Track:** Placed fifth at the Penn 8-Team Select (Jan. 19) in the mile (4:10.65) . . . Finished 19th in the 3,000 meters (8:20.52) at the Boston University John Thomas Terrier Classic on Jan. 25-26, setting a new personal best . . . Won the mile (4:19.58) at the Brown University Invitational on Feb. 16 . . . Placed sixth in the prelims of the mile (4:06.08) qualifying on time for the finals and set a personal best, finished 12th in the mile finals (4:18.81) at the BIG EAST Championships on Feb. 22-23 . . . Finished 23rd in the 3,000 meters (8:37.62) at the IC4A Indoor Track & Field Championships on Mar. 1-3 . . . **Outdoor Track:** Placed fourth in the 1,500 meters (3:54.83) at the Black and Gold Challenge on Mar. 15-16 . . . Finished 11th at Raleigh Relays (Mar. 29-30) in the 1,500 meters in a time of 3:46.64, setting a new personal best . . . Was also a member of the 4x800 meter relay team that finished seventh (7:37.63) at Raleigh Relays . . . Placed sixth at the Ocean State Invitational (Apr. 12-13) in the mile (4:08.79) . . . Was the runner-up in the 1,500 meters (3:49.56) at the Brown Springtime Invitational on Apr. 28 . . . Placed ninth in the prelims of the 1,500 meters (3:53.40) qualifying on time for the finals and then finished 12th in the finals (4:03.92) at the BIG EAST Championships on May 10-11 . . . Was also a member of 4x800 meter relay that finished third (7:31.10) at the BIG EAST Championships on May 10-11 . . .

**2017-18 Cross Country:** Finished seventh at the Nassaney Invitational (26:04.8) on Sept. 9 . . . Finished third overall with a time of 15:52 at the Battle-in-Beantown Open Race on Sept. 22 . . . Finished 72nd at the Nuttycombe Wisconsin Invitational Open Race (26:18.9) on Oct. 13 . . . Finished 16th at CCSU Mini Meet (15:30.0) on Oct. 20 . . . Finished 25th at the BIG EAST Championships (25:40.2) on Oct. 28 . . . Finished 71st at the NCAA Northeast Regional Championships (33:40.4) on Nov. 10 . . . **Indoor Track:** Did not compete. **Outdoor Track:** Finished 53rd in the 1,500 meters (3:53.07) at the Raleigh Relays on March 30-31 . . . Finished 10th in the mile (4:10.79) at the Ocean State Invitational on April 13 . . . Won the 3,000 meters with a time of 8:24.89 at the Providence vs. Brown Dual Meet on April 22 . . . Ran a time of 4:00.56 in the prelims of the 1,500 meters at the BIG EAST Championships and was also a member of the 4x800 meter team that placed fourth (7:43.38) at the BIG EAST Championships on May 11-12 . . .

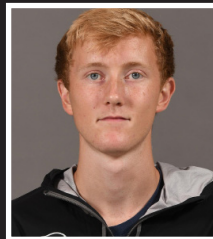


**Prior to Providence:** Attended New Plymouth Boys High School (2012-2016) . . . Finished 26th at the 2016 World Secondary Schools Cross Country Championships in Budapest . . . Finished second at the 2016 New Zealand Secondary Schools Senior Boys Cross Country Championships . . . Won both the U18 1,500 meters and 3,000 meters at the 2015 Athletics New Zealand Championships . . .



# SEAN MEEHAN

JUNIOR • XC/DISTANCE  
EAST GREENWICH, R.I.



## PERSONAL RECORDS

Mile..... 4:23.94  
3,000 meters..... 8:23.81  
5,000 meters..... 14:48.97

**2019-20 Cross Country:** Placed tenth at the UNH Tri Meet on Aug. 31 (15:43.85) . . . Finished 57th at the Coast-to-Coast Battle in Beantown on Sept. 20 (25:24) . . . Placed 13th at the New England Championships on Oct. 20 (25:10) . . . Finished 42nd at the BIG EAST Championships on Nov. 2 (27:30.6) . . . Placed 101st at the NCAA Northeast Regional Meet on Nov. 15 (30:44.3) . . . Finished 12th at the ECAC/IC4A Championships on Nov. 23 (25:40) . . . **Indoor Track:** Placed third in the 5,000-meter at the Boston University Multi-Team Meet on Jan. 18 (14:48.97) . . . Finished 60th in the 3,000-meter at the John Thomas Terrier Classic on Jan. 24-25 . . . Placed 16th in the 5,000-meter at the BIG EAST Championship on Mar. 1-2 . . . Finished 15th in the 3,000-meter at the IC4A/ECAC Championships on Mar. 7-8 (8:23.81) . . . **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed 20th at the University of New Hampshire Dual Meet in a time of 15:49.39 on Sept. 1 . . . Finished seventh at the Coast-to-Coast Battle in Beantown Mixed Race (15:52.6) on Sept. 21 . . . Won the 16th Annual CCSU Mini Meet Open Race (15:33.2) on Oct. 19 . . . Finished 62nd at the BIG EAST Championships (27:05.4) on Oct. 27 . . . **Indoor Track:** Placed fifth in the mile (4:29.21) at the 33rd Brown University Alden Invitational on Dec. 1 . . . Finished 18th in the 3,000 meters (8:53.16) at the Penn 8-Team Select on Jan. 19 . . . Placed seventh in the 3,000 meters (8:47.87) at the URI Tribute to Bill Falk on Feb. 9 . . . Finished fifth in the mile at the Brown University Invitational (Feb. 16) in a time of 4:26.25 . . . Finished 16th in the prelims of the mile 4:24.77 at the BIG EAST Championships on Feb. 22-23 . . . **Outdoor Track:** Placed fifth in the 3,000 meters at the Black and Gold Challenge (May 15-16), running a personal best of 8:47.51 . . . Finished 121st in the 5,000 meters (14:57.72) at Raleigh Relays (Mar. 29) running a personal best . . . Finished 40th in the mile (4:23.94) at the Ocean State Invitational on Apr. 12 . . .

**Prior to Providence:** Attended Bishop Hendricken High School (2014-2018). Placed 1st at the outdoor Rhode Island State Championships in the 3,000 meters (8:34.21) . . . Qualified for New Balance Nationals Outdoor in the 5,000 meters.

# LIAM BACK

FRESHMAN • XC/DISTANCE  
NEW PLYMOUTH, NEW ZEALAND



## PERSONAL RECORDS

800 meters..... 1:51.25  
1,500 meters..... 3:55.63  
3,000 meters..... 8:32.26

**Prior to Providence:** Attended Whanganui Collegiate School . . . Won the New Zealand under-18 championship in three races (cross-country, 800-meters and 1,500-meters) . . . Holds the Wellington Schools Cross-Country relays course record . . . Represented New Zealand at the World School's Cross-Country race, Australian Cross-Country Championships and Australian Track and Field Championships.





# SHANE COFFEY

FRESHMAN • XC/DISTANCE  
NAAS, IRELAND

## PERSONAL RECORD

3,000 meters..... 8:25.49

**Prior to Providence:** Attended CBS Secondary School... Won the 3,000-meter National Championship (2019)... Was apart of the cross country team that was silver medalists at the Celtic games (2018, 2019)... Named CBS Secondary School Cross-Country Athlete of the Year on four occasions (2016, 2017, 2018, 2019).

# PAT THYGESEN

FRESHMAN • XC/DISTANCE  
BRISBANE, AUSTRALIA



## PERSONAL RECORD

3,000 meters..... 8:28.08

3,000 meter steeplechase ..... 9:08.87

**Prior to Providence:** Attended Brisbane Boys' College... Won the 2,000-meter steeplechase at the Under-18 Australian Track and Field Championships (2018)... Won the 2,000-meter steeplechase at the Melanesian Championships (2018)... Holds the Queensland records in the under-16 and under-18 2,000-meter steeplechase... Named Queensland Runner of the Year four-times (2015, 2016, 2017, 2019)...



# THE FRIAR WOMEN

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# THE 2020-21 ROSTER

NAME	CLASS	HOMETOWN
Halle Atkinson	SO	Franklin, Mass.
Nicole Borowiec*	SO	Denville, N.J.
Nicola Calabrese*	JR	North Babylon, N.Y.
Danielle Casavant*	JR	Falmouth, Maine
Maria Coffin	SR	Annapolis, Md.
Emme Conan*	FR	Skaneateles, N.Y.
Olivia Dickinson*	SR	South Burlington, Vt.
Caroline Fischer	FR	Merrimack, N.H.
Shannon Flockhart	FR	Longstanton, England
Ashley Foley	SO	Beverly, Mass.
Ashley Gigon*	JR	Spring Lake, N.J.
Niamh Gowing*	SO	Dublin, Ireland
Hawa Grear*	FR	Providence, R.I.
Abigail Harrington*	SR	Wakefield, Mass.
Liddy Houghton*	FR	Manchester, N.H.
Meg Hughes*	FR	Rochester, Mass.
Tessa Hunt	SO	Wellington, New Zealand
Hanna Johnston	SR	Thunder Bay, Ontario
Dana Lowney	SR	Easton, Mass.
Delaney Mick*	FR	Hopkinton, Mass.
Bridget Mitchell	JR	Milton, Mass.
Laura Mooney	FR	Cappincur, Ireland
Taylor Newman*	SO	Old Tappan, N.J.
Orla O'Connor	SO	Waterford, Ireland
Alexandra O'Neill	SO	Ennis, Ireland
Abigail Post	SR	Wantage, N.J.
Eve Rodriguez*	FR	Norton, Mass.
Megan Stenberg*	SR	Lebanon, N.J.
Catherine Stolbof*	SO	Red Bank, N.J.
Lilly Tuck	SO	Sunderland, Ontario
Abbey Wheeler	GR	Elmira, N.Y.

\* Denotes track and field only



# ABBEY WHEELER

GRADUATE STUDENT ■ XC/DISTANCE  
ELMIRA, N.Y.



2x All-American (2018 Outdoor 5,000 Meters, 2019 Outdoor 5,000 Meters)  
2x BIG EAST Champion (2020 3,000 Meters, 2020 5,000 Meters)  
2020 USTFCCA Northeast Region Women's Indoor Track Athlete of the Year  
2x ECAC Champion (2018 Indoor 3,000 Meters, 2020 Cross Country)

## PERSONAL RECORDS

Mile.....	4:46.96
3,000 meters.....	9:08.17
5,000 meters.....	15:40.67

**2019-20 Cross Country:** Won the UNH Tri Meet on Aug. 30 for the second consecutive year (17:31.02)... Won the Coast-to-Coast Battle in Beantown on Sept. 20 for the second consecutive year (17:03)... Named BIG EAST Female Athlete of the Week twice (9/25, 10/22)... Finished 26th at the Nuttycombe Wisconsin Invitational on Oct. 18 (20:28.1)... Placed seventh at the BIG EAST Championships on Nov. 2 (22:09.3)... Earned All-BIG EAST honors on Nov. 2... Finished 15th at the NCAA Northeast Regional Meet on Nov. 15 (19:55.6)... Named to the All-Region Team on Nov. 15... Won the ECAC/IC4A Championships on Nov. 23 (17:29)... **Indoor Track:** Placed second in the mile at the Boston University Multi-Team Meet on Jan. 18 (4:47.33)... Finished fifth in the 3,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (9:22.88)... Placed 11th in the 3,000-meter at the David Hemery Valentine Invitational on Feb. 14-15... Won the 3,000-meter (9:25.32) and 5,000-meter (15:49.65) at the BIG EAST Championships on Mar. 1-2... Named Co-Most Outstanding Track Performer at the BIG EAST Championships... Was the lone female BIG EAST athlete to qualify for the NCAA Championship... Named USTFCCA Northeast Region Women's Indoor Track Athlete of the Year... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed first at the University of New Hampshire Dual Meet in a time of 17:21.37 on Sept. 1... Won the Coast-to-Coast Battle in Beantown (17:09.7) on Sept. 21... Finished 37th at the Nuttycombe Wisconsin Invitational (20:30.8) on Sept. 28... Placed second at the 16th Annual CCSU Mini Meet (9:48.9) on Oct. 19... Finished fourth at the BIG EAST Championships (20:35.3) on Oct. 27... Placed 33rd at the NCAA Division I Northeast Region Championships (22:37.9) on Nov. 9... **Indoor Track:** Did not compete... **Outdoor Track:** Won the 3,000 meters at the Black and Gold Challenge (Mar. 15-16) in a time of 9:39.38... Placed third in the mile (4:46.96), setting a new personal best, at the Ocean State Invitational on Apr. 12-13... Ran the 5,000 meters at the 125th Penn Relays (Apr. 25-27) in a time of 16:07.01... Was the runner-up in the 5,000 meters (16:11.87) at the BIG EAST Outdoor Track & Field Championships on May 10-11... Finished ninth overall in the 5,000 meters (16:19.03) to automatically qualify for the NCAA Championships at the First Round of the NCAA Championships on May 23-25... Finished 14th in the 5,000 meters with a time of 16:23.42 at the NCAA Outdoor Championships to earn Second-Team All-America Honors.

**2017-18 Cross Country:** Finished second at the Nassaney Invitational (17:28.5) on Sept. 9... Finished sixth overall with a time of 17:21 at the Battle-in-Beantown Invitational on Sept. 22... Finished 67th at the Nuttycombe Wisconsin Invitational (20:56.3) on Oct. 13... Earned All-BIG EAST First Team honors with a 10th place finish (20:53.7) at the BIG EAST Championships on Oct. 28... Earned All-Northeast Regional Honors by finishing 15th at the NCAA Northeast Regional Championships (22:19.1) on Nov. 10... Finished 101st at the NCAA Cross Country Championships (20:43.9) on Nov. 17. **Indoor Track:** Finished fifth in the 3,000 meters (9:18.86) at the BU Terrier Invitational on Jan. 26... Finished 24th in the 3,000 meters (9:36.41) at the BU Valentine Invitational on Feb. 9... Finished second in the 5,000 meters (16:07.39) at the BIG EAST Championships on Feb. 23-24... Won the 3,000 meters with a time of 9:28.07 at the ECAC Championships on March 4... **Outdoor Track:** Finished 6th in the 5,000 meters (15:57.18) at the Raleigh Relays on March 30-31... Finished eighth in the mile (4:51.72) at the Ocean State Invitational on April 13... Finished sixth in the 3,000 meters (9:26.00) at the Penn Relays on April 26... Placed third in the 5,000 meters (16:35.95) at the BIG EAST Championships on May 12... Finished fourth in her heat of the 5,000 meters (16:16.74) to automatically qualify for the NCAA Championships at the First Round of the NCAA Championships on May 26... Finished 19th in the 5,000 meters with a time of 16:06.69 at the NCAA Outdoor Championships to earn Honorable Mention All-America honors.

**2016-17 Cross Country:** Placed third at the University of New Hampshire Tri-Meet in a time of 17:31.85 on Sept. 3... Placed sixth at the Coast-to-Coast Battle in Beantown with a time of 17:25 on Sept. 16... Finished 28th at the Joe Piane Notre Dame Invitational (16:51.6) on Sept. 30... Finished 52nd at the Nuttycombe Wisconsin Invitational (20:59.3) on Oct. 14... Finished eighth at the BIG EAST Championships with a time of 21:24.4 on Oct. 28... Placed 16th at the NCAA Northeast Regional Meet on Nov. 11 with a time of 20:55.50... Finished 148th at the NCAA Cross Country Championships (21:03.7)... **Indoor Track:** Won the Mile with a time of 4:58.36 and was a member of the 4x800 meter relay (9:29.54) at the URI Sorlien Invitational on Jan. 21... Finished third in the 3,000 meters with a time of 9:33.61 at the BU Terrier Invitational on Jan. 27... Finished 28th in the Mile (4:51.15) at the BU Valentine Invitational on Feb. 10... Finished sixth in the 3,000 meters (9:39.15) and was a member of the Distance Medley Relay that finished second (11:37.65) on Feb. 24-25... Finished fifth in the 3,000 meters (9:36.39) at the ECAC Championships on March 5. **Outdoor Track:** Finished in fifth place in the third heat of the 5,000 meters at the Stanford Invitational (16:10.70) on March 31... Finished fourth in the 5,000 meters (18:01.45) at the BIG EAST Outdoor Championships on May 12-13... Finished 32nd in the 5,000 meters (17:07.41) at the East Preliminary of the NCAA Championships – First Round on May 27.

**Prior to Providence:** Attended Elmira High School from 2012-16... Placed 10th at the 2015 Nike Cross Nationals... Finished third in the two mile run at the 2016 New Balance Outdoor Nationals with the third fastest two-mile time in New York state history (10:08.64)... Holds the New York Section IV 1,000 meter record (2:51.82).







# MARIA COFFIN

SENIOR ■ XC/DISTANCE  
ANNAPOLIS, MD.



## PERSONAL RECORDS

Mile.....	4:56.67
3,000 meters.....	9:27.80
5,000 meters.....	16:36.37

**2019-20 Cross Country:** Finished second at the UNH Tri Meet on Aug. 30 (17:52.39)... Placed 12th at the Coast-to-Coast Battle in Beantown on Sept. 20 (17:40)... Finished 60th at the Nuttycombe Wisconsin Invitational on Oct. 18 (20:53.5)... Placed fourth at the BIG EAST Championships on Nov. 2 (21:56.5)... **Earned All-BIG EAST honors on Nov. 2...** Finished 32nd at the NCAA Northeast Regional Meet on Nov. 15 (20:22.5)... Placed second at the ECAC/IC4A Championships on Nov. 23 (17:34)... **Indoor Track: Won the 3,000-meter at the Boston University Multi-Team Meet on Jan. 18 (9:35.01)...** Placed sixth in the 5,000-meter at the John Thomas Terrier Classic on Jan. 24-25... Finished 27th in the 3,000-meter at the David Hemery Valentine Invitational on Feb. 14-15 (9:27.80)... Placed fifth in the 3,000-meter (9:34.67) and 5,000-meter (16:36.37) at the BIG EAST Championships on Mar. 1-2... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed second at the University of New Hampshire Dual Meet in a time of 17:21.45 on Sept. 1... Finished 28th at the Coast-to-Coast Battle in Beantown (17:52.1) on Sept. 21... Finished 74th at the Nuttycombe Wisconsin Invitational (20:59.5) on Sept. 28... Placed fourth at the 16th Annual CCSU Mini Meet (10:08.5) on Oct. 19... Finished 24th at the BIG EAST Championships (21:50.2) on Oct. 27... Placed 65th at the NCAA Division I Northeast Region Championships (23:13.3) on Nov. 9... **Indoor Track:** Was the runner-up in the 3,000 meters (9:56.06) at the Penn 8-Team Select on Jan. 19... Placed sixth in the 5,000 meters (16:46.94) at Boston University John Thomas Terrier Classic on Jan. 25-26... Won the mile in a time of 5:07.20 at the Brown University Invitational (Feb. 16)... Was a member of the Distance Medley Relay that placed third (11:46.97) at the BIG EAST Indoor Track & Field Championships on Feb. 22-23... **Outdoor Track:** Did not compete.

**2017-18 Cross Country:** Finished fourth at the UNH Dual Meet (18:17.50) on Sept. 2... Finished 46th at the Battle-In-Beantown Invitational (18:13) on Sept. 22... Finished 114th at the Nuttycombe Wisconsin Invitational (21:25.6) on Oct. 13... Finished 37th at the BIG EAST Championships (21:58.0) on Oct. 28... Finished 125th at the NCAA Northeast Regional Championships (23:39.5) on Nov. 10... Finished 245th at the NCAA Cross Country Championships (22:36.9) on Nov. 17. **Indoor Track:** Finished second in the mile (5:03.69) at the URI Sorlien Invitational on Jan. 20... Finished 24th in the 3,000 meters (9:58.28) at the BU Terrier Invitational on Jan. 26... Finished 48th in the 3,000 meters (9:51.42) at the BU Valentine Invitational on Feb. 9... Was a member of the 4x800 meter relay team that finished fifth (9:12.52) and a member of the distance medley relay team that finished third (11:40.86) at the BIG EAST Championships on Feb. 23-24... Finished 15th in the 3,000 meters at the ECAC Championships (9:54.08) on March 3-4... **Outdoor Track:** Finished 46th in the 5,000 meters (17:04.33) at the Raleigh Relays on March 30-31... Placed 14th in the mile (4:56.67) at the Ocean State Invitational on April 13... Placed 11th in the 5,000 meters (16:44.40) at the Penn Relays on April 26... Finished sixth in the 5,000 meters (16:47.34) at the BIG EAST Championships on May 12... Placed fifth in the 5,000 meters (17:09.7) at the USATF Junior National Championships on June 16.

**Prior to Providence:** Attended Annapolis Senior High School (2013-17)... Was named Gatorade State Player of the Year three times (Track 2015, Cross Country 2015 and 2016)... Seven time Maryland State Champion... Twice qualified for Footlocker Cross Country Championships, finishing 10th in 2016.





# DANA LOWNEY

SENIOR ■ XC/DISTANCE  
EASTON, MASS.



## PERSONAL RECORDS

400 meters.....	1:01.79
800 meters.....	2:14.48
1,000 meters.....	2:57.91

**2019-20 Indoor Track:** Placed sixth in the 800-meter at the Boston University Multi-Team Meet on Jan. 18 (2:17.62)... Finished 53rd in the 1,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (3:05.84)... Placed fifth in the 500-meter at the URI Coaches Tribute Meet on Feb. 8 (1:21.48)... Finished 33rd in the 1,000-meter at the David Hemery Valentine Invitational on Feb. 14-15 (2:57.91)... Was a part of the 4x800-meter relay that finished fourth at the BIG EAST Championships on Mar. 1-2 (8:59.79)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**2018-19 Cross Country:** Placed 37th at the University of New Hampshire Dual Meet in a time of 20:03.89 on Sept. 1... Finished 20th at the 16th Annual CCSU Mini Meet Open Race (11:32.8) on Oct. 19... **Indoor Track:** Placed sixth in the 500 meters (1:24.00) and was a member of the 4x400 meter relay team that placed fifth (4:21.87) at the 33rd Brown University Alden Invitational (Dec. 1)... Finished 24th in the 800 meters (2:20.46) at the Penn 8-Team Select on Jan. 19... Finished 23rd in the 1,000 meters (2:59.25), setting a new personal best at the Boston University John Thomas Terrier Classic on Jan. 25-26... Placed fourth in the 800 meters (2:23.22) at the URI Tribute to Bill Falk on Feb. 9... Was the runner-up at the Brown University Invitational (Feb. 16) in the 1,000 meters (3:07.19)... Ran the prelims of the 800 meters placing 12th overall (2:16.62), setting a new personal best and was a member of the 4x800 meter relay team (9:31.36) that placed seventh at the BIG EAST Indoor Track & Field Championships on Feb. 22-23... **Outdoor Track:** Placed eighth in the 800 meters (2:18.91) at the Black and Gold Challenge on Mar. 15-16... Finished 22nd in the 800 meters (2:18.78) at the Ocean State Invitational on Apr. 12-13... Placed third in the 800 meters (2:18.18) at Brown Springtime Invitational on Apr. 28... Ran the prelims of the 800 meters placing 16th overall (2:17.17) and was a member of the 4x800 meter relay team (9:00.37) that placed fourth at the BIG EAST Outdoor Track & Field Championships on May 10-11.

**2017-18 Indoor Track:** Placed fifth in the 800 meters (2:25.94) at the Fordham Season Opener on Dec. 1... Finished fifth in the 1,000 meters (3:07.86) at the URI Sorlien Invitational on Jan. 20... Finished 26th in the 1,000 meters (3:02.82) at the BU Terrier Invitational on Jan. 26... Finished 78th in the 800 meters (2:18.99) at the BU Valentine Invitational on Feb. 9... Was a member of the 4x800 meter relay team that finished fifth (9:12.52) at the BIG EAST Championships on Feb. 23-24... **Outdoor Track:** Finished 16th in the 800 meters (2:24.26) at the Holy Cross Invitational on April 21... Finished 14th in the 800 meters (2:20.25) at the Brown Springtime Invitational on April 29... Ran a time of 2:19.95 in the 800 meter prelims and was a member of the 4x800 meter relay team that finished eighth (9:34.48) at the BIG EAST Championships on May 11-12.







# NIAMH GOWING

JUNIOR • SPRINTS  
DUBLIN, IRELAND



BIG EAST Champion (2020 Indoor DMR)

## PERSONAL RECORDS

300 meters.....	40.92
400 meters.....	57.35

**2019-20 Indoor Track:** Placed sixth in the 300-meter at the Boston University Multi-Team Meet on Jan. 18 (40.92) . . . Finished 41st in the 400-meter at the John Thomas Terrier Classic on Jan. 24-25 (58.57) . . . Placed ninth in the 500-meter at the URI Coaches Tribute Meet on Feb. 8 (1:22.91) . . . Finished 41st in the 400-meter at the David Hemery Valentine Invitational on Feb. 14-15 (57.35) . . . Won the 400-meter at the Brown University Invitational on Feb. 22 (59.95) . . . Was a part of the DMR team that placed first at the BIG EAST Championships on Mar. 1-2 . . . Was a part of the 4x400-meter relay that finished seventh at the BIG EAST Championships on Mar. 1-2 (3:59.11)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**Prior to Providence:** Transferred from University College Dublin and will have four years of eligibility to compete for the Friars... Attended Mount Anville Secondary School and played six years of varsity field hockey and track and field (2012-2018), as well as five years of tennis (2012-2017) and a single year of basketball and cricket (2012)...Served as captain for field hockey from 2017 to 2018...Member of the Irish U21 Development Squad...Won the 2018 Leinster Division 1 Championship with the Muckcross Hockey Club team....Also earned a the Bronze Gaisce Award (2016)... Will also compete for the Providence College track program, having represented Ireland at the European Junior Championships on the 4x400 relay team (2017), Ireland Junior relay squad in the 4x400 (2018) and the Ireland U23 Relay Squad in the 4x400 (2019).

# BRIDGET MITCHELL

JUNIOR • XC/DISTANCE  
MILTON, MASS.



## PERSONAL RECORDS

800 meters.....	2:18.93
1,000 meters.....	2:52.90
1,500 meters.....	4:44.64
Mile.....	4:50.64

**2019-20 Cross Country:** Finished 19th at the UNH Tri Meet on Aug. 30th (19:47.84) . . . Placed 143rd at the Coast-to-Coast Battle in Beantown on Sept. 20 (19:36) . . . Finished 241st at the Nuttycombe Wisconsin Invitational on Oct. 18 (23:29.7) . . . Placed 41st at the BIG EAST Championships on Nov. 2 (23:39.3) . . . Finished 135th at the NCAA Northeast Regional Meet on Nov. 15 (21:50.1) . . . **Indoor Track:** Placed second in the 1,000-meter at the Boston University Multi-Team Meet on Jan. 18 (2:52.90) . . . Finished 15th in the mile at the John Thomas Terrier Classic on Jan. 24-25 (4:53.38) . . . Won the 800-meter at the URI Coaches Tribute Meet on Feb. 8 (2:18.93) . . . Placed 47th in the mile at the David Hemery Valentine Invitational on Feb. 14-15 (4:53.42) . . . Finished ninth in the mile at the BIG EAST Championship on Mar. 1-2 (5:01.50) . . . Was a part of the 4x800-meter relay that finished fourth at the BIG EAST Championship on Mar. 1-2 (8:59.79) . . . Placed fourth in the mile at the IC4A/ECAC Championships on Mar. 7-8 (4:50.64)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

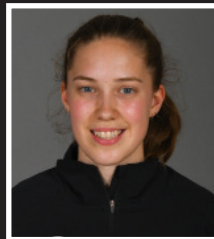
**2018-19 Cross Country:** Did not compete... **Indoor Track:** Did not compete. . . **Outdoor Track:** Placed ninth in the 1,500 meters (4:48.77) at the Black and Gold Challenge on Mar. 15-16. . . Finished 124th in the 1,500 meters (4:44.64), setting a new personal best at the Raleigh Relays on Mar. 29-30. . . Finished 27th in the 800 meters (2:20.49) at the Ocean State Invitational on Apr. 12-13.

**Prior to Providence:** Attended Milton High School (2014-18) . . . Was named Boston Globe Cross Country Athlete of the Year in 2016. . . Won the MIAA All-State D2 Cross Country Championships in 2016. . . Won the 1,000 meters at the 2017 MIAA Indoor All-State Championships. . . Finished second in the 4xMile and fourth in the Distance Medley Relay at the 2017 New Balance Indoor Nationals, earning All-American honors in both.



# TESSA HUNT

SOPHOMORE • XC/DISTANCE  
WELLINGTON, NEW ZEALAND



BIG EAST Champion (2020 Indoor DMR)

## PERSONAL RECORDS

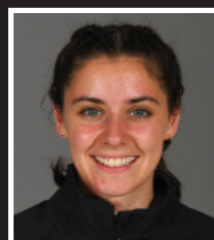
800 meters.....	2:13.08
1,000 meters.....	2:49.93
1,500 meters.....	4:37.32

**2019-20 Cross Country:** Placed 39th at the BIG EAST Championships on Nov. 2 (23:35.8)... Finished 81st at the NCAA Northeast Regional Meet on Nov. 15 (21:07.8)... Placed 11th at the ECAC/IC4A Championships on Nov. 23 (18:33)... **Indoor Track:** Finished fifth in the 1,000-meter at the Boston University Multi-Team Meet on Jan. 18 (2:56.43)... Placed 17th in the 1,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (2:56.26)... Finished second in the mile at the URI Coaches Tribute Meet on Feb. 8 (5:05.74)... Placed 16th in the 1,000-meter at the David Hemery Valentine Invitational on Feb. 14-15 (2:52.55)... **Was a part of the DMR team that placed first at the BIG EAST Championships on Mar. 1-2 (11:41.69)**... Was a part of the 4x800-meter relay that placed fourth at the BIG EAST Championships on Mar. 1-2 (8:59.79)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**Prior to Providence:** Attended Wellington East Girls College (2014-2018)... Awarded College Sport Wellington Athlete of the Year (2018)... Placed first in the 800m and 1500m at the New Zealand Championship (2017)... Finished 11th in the Oceania Cross Country Championship Sunshine Coast (2018)... Competed in the ISF World Cross Country Championship in Paris and finished in 40th place (2018)... Ran in the IAAF World Cross Country Championship in Denmark (2019).

# ORLA O'CONNOR

SOPHOMORE • XC/DISTANCE  
WATERFORD, IRELAND



## PERSONAL RECORDS

3,000 meters.....	9:52.98
5,000 meters.....	16:51.4

**2019-20 Cross Country:** Finished tenth at the UNH Tri Meet on Aug. 30 (18:57.91)... Placed 93rd at the Coast-to-Coast Battle in Beantown on Sept. 20 (19:04)... Finished 217th at the Nuttycombe Wisconsin Invitational on Oct. 18 (22:22.8)... Placed 35th at the BIG EAST Championships on Nov. 2 (23:29.1)... Finished 143rd at the NCAA Northeast Regional Meet on Nov. 15 (22:00.6)... Placed 24th at the ECAC/IC4A Championships on Nov. 23 (18:55)... **Indoor Track:** Finished third in the 3,000-meter at the Boston University Multi-Team Meet on Jan. 18 (10:16.37)... Placed 44th in the 3,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (10:10.06)... Finished tenth in the 5,000-meter at the BIG EAST Championships on Mar. 1-2 (17:08.48)... Placed 17th in the 3,000-meter at the IC4A/ECAC Championships on Mar. 7-8 (9:52.98)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**Prior to Providence:** Attended Waterpark College (2012-2018)... Awarded Monster Cross Country Athlete of the Year (2018)... Set the Irish under-20 record in the 10,000 meter race walk at the European under 20 Championships (2018)... Competed for Waterford Athletic Club since 2004.





# ALEXANDRA O'NEILL

SOPHOMORE ■ XC/DISTANCE  
ENNIS, IRELAND



BIG EAST Champion (2020 Indoor DMR)

## PERSONAL RECORDS

500 meters.....	1:20.78
800 meters.....	2:16.73
1,000 meters.....	2:50.13

**2019-20 Indoor Track:** Placed third in the 500-meter at the URI Coaches Tribute Meet on Feb. 8 (1:20.78) . . . Finished 90th in the 800-meter at David Hemery Valentine Invitational on Feb. 14-15 (2:16.73) . . . Was a part of the DMR team that placed first at the BIG EAST Championships on Mar. 1-2 (11:41.69) . . . Was a part of the 4x800-meter relay that finished fourth at the BIG EAST Championship on Mar. 1-2 (8:59.79)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**Prior to Providence:** Attended Rice College (2012-2019) . . . Made the U20 European Championships at the age of 16 . . . Set the U16 national record in 800 meters (2015) . . . Organized 'Orange Day' at Rice College to raise mental health awareness.

# LILLY TUCK

SOPHOMORE ■ XC/DISTANCE  
SUNDERLAND, ONTARIO



BIG EAST Champion (2020 Indoor DMR)

## PERSONAL RECORDS

Mile.....	4:51.56
3,000 meters.....	9:29.84

**2019-20 Cross Country:** Finished 45th at the Coast-to-Coast Battle in Beantown on Sept. 20 (18:21) . . . Placed 88th at the Nuttycombe Wisconsin Invitational on Oct. 18 (21:14.9) . . . Finished 11th at the BIG EAST Championships on Nov. 2 (22:19.0) . . . **Earned All-BIG EAST honors on Nov. 2 . . .** Placed 23rd at the NCAA Northeast Regional Meet on Nov. 15 (20:12.7) . . . **Named to the All-Region Team on Nov. 15 . . .** Finished third at the ECAC/IC4A Championships on Nov. 23 (18:01) . . . **Indoor Track:** Placed third in the mile at the Boston University Multi-Team Meet on Jan. 18 (4:51.66) . . . Finished 10th in the 3,000-meter at the John Thomas Terrier Classic on Jan. 24-25 (9:33.32) . . . Placed second in the 3,000-meter at the BIG EAST Championships on Mar. 1-2 (9:32.78) . . . **Was a part of the DMR team that placed first at the BIG EAST Championships on Mar. 1-2 (11:41.69) . . .** Finished fifth in the 3,000-meter at the IC4A/ECAC Championships on Mar. 7-8 (9:29.84)... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**Prior to Providence:** Attended Port Perry High School (2015-2019) . . . Awarded four OFSAA track medals (2016-2019) . . . Placed third in 3000m at Canadian Track and Field Championships (2018) and sixth at cross country nationals (2016) . . . Finished 10th as an individual and helped guide her team to a first-place finish at NACAC (2018) . . . Competed on the Greater Uxbridge team that won at LOSSA (2018) . . . Named LOSSA Outstanding Track Athlete (2019) . . .



# HALLE ATKINSON

SOPHOMORE ■ XC/MID-DISTANCE  
FRANKLIN, MASS.



## PERSONAL RECORDS

500 meters.....	1:17.03
800 meters.....	2:11.80
1,000 meters.....	2:56.71

**2019-20 Indoor Track:** Placed fourth in the 800-meter at the Boston University Multi-Team Meet on Jan. 18 (2:15.15) ... Finished 18th in the 500-meter at the John Thomas Terrier Classic on Jan. 24-25 (1:17.03) ... **Won the 1,000-meter at the URI Coaches Tribute Meet on Feb. 8 (2:56.71)** ... Placed 45th in the 800-meter at the David Hemery Valentine Invitational on Feb. 14-15 (2:13.65) ... Finished fourth in the 800-meter (2:12.83) and was a part of the 4x400 relay team that finished seventh (3:59.11) at the BIG EAST Championships on Mar. 1-2... **Outdoor Track:** Did not compete due to COVID-19 pandemic.

**Prior to Providence:** Attended Franklin High School (2015-2019) ... Was a four-time Hockomock League All-Star (2015-2019) ... Won the DI Massachusetts State Championship in the 300m and the 4x200 relay ... Finished sixth overall in the SMR relay at New Balance Nationals (2018) ... Holds Franklin's record in the 300m and the 4x200 relay ... Qualified for New Balance Nationals three times ...

# CAROLINE FISCHER

FRESHMAN ■ XC/DISTANCE  
MERRIMACK, N.H.



## PERSONAL RECORDS

1,600 meters.....	4:54.67
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**Prior to Providence:** Attended Bishop Guertin High School ... Was named 2019 New Hampshire Cross-Country Gatorade Player of the Year ... Was an eight-time New Hampshire Division I State Champion in cross-country and track and field ... Was a part of the 4x800 team that holds the New Hampshire Division I record ... Was a part of the 2018 New Hampshire Division I Indoor Track and Field Championship team.





# SHANNON FLOCKHART

FRESHMAN ■ XC/DISTANCE  
LONGSTANTON, ENGLAND

## PERSONAL RECORDS

800 meters..... 2:10.76  
1,500 meters..... 4:34.83

**Prior to Providence:** Attended Hills Road Sixth Form College... Won the Rotselaar Cross Cup Race in Belgium... Represented England when she won Youth Nations Cup in Dublin in the 3,000-meter.

# LAURA MOONEY

FRESHMAN ■ XC/DISTANCE  
CAPPINCUR, IRELAND

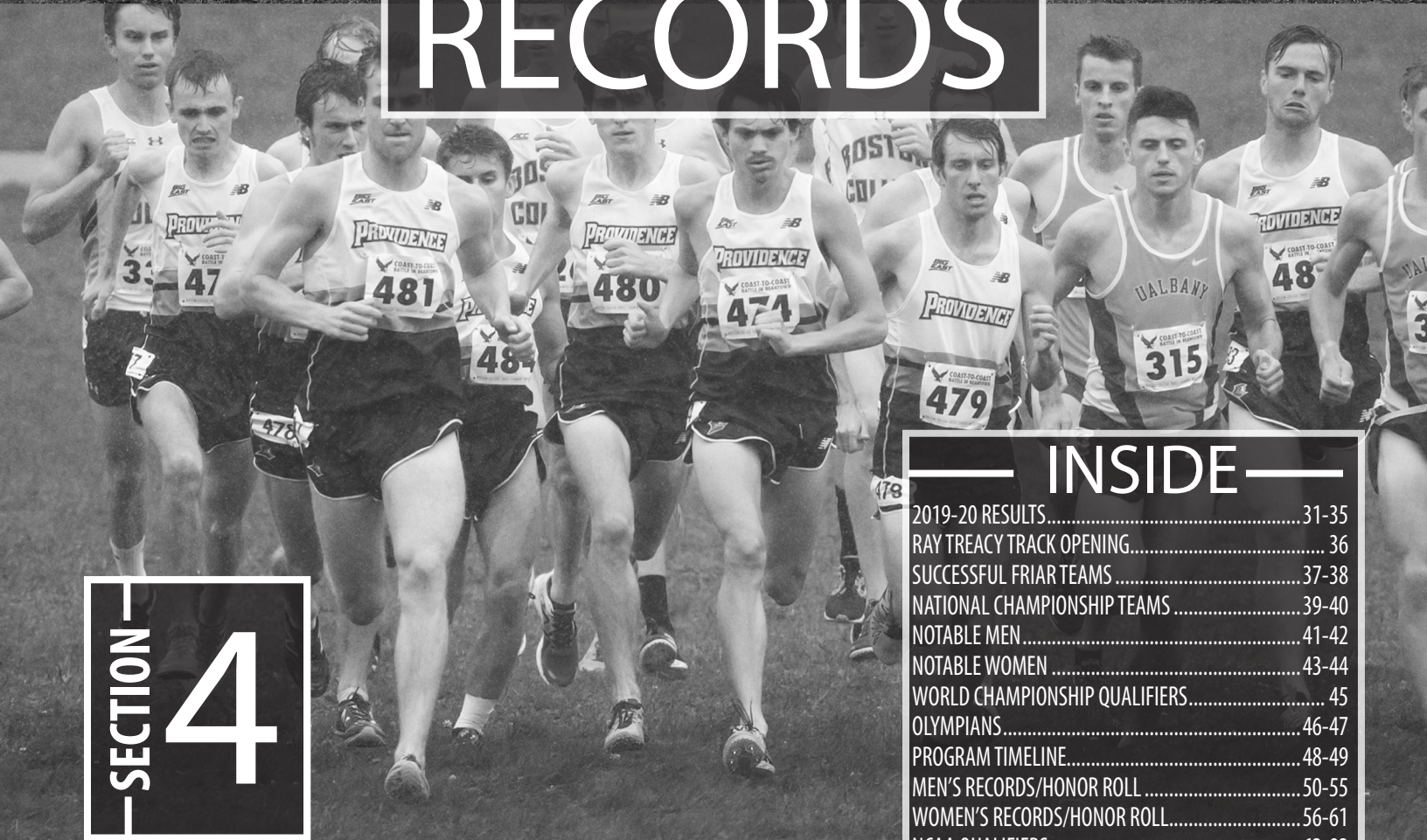
## PERSONAL RECORDS

5,000 meters..... 16:46  
10,000 meters..... 34:41

**Prior to Providence:** Attended Sacred Heart Secondary School... Was a two-time Leinster Division A Champion and Division A All-Ireland Champion...



# HISTORY AND RECORDS



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## MEN'S CROSS COUNTRY RESULTS

## UNH Tri Meet (5K)

@Durham, N.H.

Saturday, August 31, 2019

Team Scores: 1st of 3 (19 points)

Place	Athlete	Time
1	Marcelo Rocha	15:03.12
3	Ryan Gallagher	15:19.12
4	Marcus Kemp	15:24.04
5	Peter Rindfuss	15:35.76
6	Marcus Karamanolis	15:35.80
7	David Rosas	15:36.67
8	Nick Carleo	15:38.97
9	Matthew Lepine	15:40.80
10	Sean Meehan	15:43.85
11	Angus White	15:46.81
23	Owen Curran	16:07.64
27	Thomas Arbeiter	16:12.34
29	Kevin Quinn	16:15.49
32	Nick Braz	16:19.81
38	Connor Visnic	16:42.15
39	Ryan Jendzejec	16:46.72

## Coast-to-Coast Battle in Beantown (8K)

@Boston, Mass.

Friday, September 20, 2019

Team Scores: 12th of 21 (320 points)

Place	Athlete	Time
24	David Rosas	24:53
57	Sean Meehan	25:24
67	Peter Rindfuss	25:32
83	Ryan Gallagher	25:47
95	Marcus Kemp	25:59
123	Nick Carleo	26:28
169	Liam Harris	27:40
171	Michael O'Leary	28:05

## Open Race (5K)

Place	Athlete	Time
10	Nick Braz	16:02
24	Owen Curran	16:20
27	Kevin Quinn	16:2
29	Thomas Arbeiter	16:25
33	Matthew Lepine	16:29
35	Ryan Jendzejec	16:30
62	McGrath Bissailon	17:15

## New England Championships (8K)

@Boston, Mass.

Saturday, October 20, 2019

Team Scores: 1st of 25 (42 points)

Place	Athlete	Time
4	Michael O'Leary	24:50
5	Marcelo Rocha	24:54
6	David Rosas	24:55
13	Sean Meehan	25:10
14	Marcus Karamanolis	25:19
19	Peter Rindfuss	25:28
45	Liam Harris	25:57

## Sub-Varsity Race (8K)

Place	Athlete	Time
1	Angus White	25:25
3	Nick Braz	25:39
4	Owen Curran	25:54
9	Matthew Lepine	26:16
14	Connor Visnic	26:40
17	Thomas Arbeiter	26:45
21	Kevin Quinn	27:02
23	McGrath Bissailon	

27:07

## CCSU Mini Meet (5K)

@New Britain, Conn.

Friday, October 25, 2019

Team Scores: 1st of 12 (29 points)

Place	Athlete	Time
2	Nick Braz	14:56.8
4	Ryan Gallagher	15:01.1
5	Nick Carleo	15:01.8
15	Liam Harris	15:13.6
18	Owen Curran	15:18.9
32	Matthew Lepine	15:33.2

## Sub-Varsity Race (5K)

Place	Athlete	Time
1	Connor Visnic	15:26.5
4	Kevin Quinn	15:42.5
5	Thomas Arbeiter	15:46.1
7	Ryan Jendzejec	15:51.6
18	Samuel Walker	16:14.2
19	McGrath Bissailon	16:16.0

## BIG EAST Championships (8K)

@Kenosha, Wis.

Saturday, November 2, 2019

Team Scores: 5th of 9 (146 points)

Place	Athlete	Time
23	Marcelo Rocha	26:46.0
30	Ryan Gallagher	26:58.4
33	Nick Carleo	27:10.0
38	Peter Rindfuss	27:16.7
39	Marcus Karamanolis	27:26.4
40	Angus White	27:29.6
42	Sean Meehan	27:30.6
43	David Rosas	27:31.3
53	Nick Braz	27:51.3
72	Michael O'Leary	28:45.5

## NCAA Northeast Regional Meet (10K)

@Buffalo, N.Y.

Friday, November 15, 2019

Team Scores: 13th of 37 (394 points)

Place	Athlete	Time
25	Marcelo Rocha	29:29.4
64	Ryan Gallagher	30:07.3
97	Marcus Karamanolis	30:39.8
101	Sean Meehan	30:44.3
107	Peter Rindfuss	30:47.5
110	David Rosas	30:49.6

## ECAC/IC4A Championships (8K)

@Bronx, N.Y.

Saturday, November 23, 2019

Team Scores: 1st of 15 (37 points)

Place	Athlete	Time
3	Ryan Gallagher	25:03
7	Peter Rindfuss	25:25
8	Michael O'Leary	25:29
11	David Rosas	25:39
12	Sean Meehan	25:40
22	Marcus Karamanolis	25:54
40	Owen Curran	26:18

## WOMEN'S CROSS COUNTRY RESULTS

## NCAA Northeast Regional Meet (6K)

@Buffalo, N.Y.

Friday, November 15, 2019

Team Scores: 10th of 37 (276 points)

Place	Athlete	Time
15	Abbey Wheeler	19:55.6
23	Lilly Tuck	20:12.7
32	Maria Coffin	20:22.5
81	Tessa Hunt	21:07.8
128	Ashley Foley	21:46.9
135	Bridget Mitchell	21:50.1
143	Orla O'Connor	22:00.6

## ECAC/IC4A Championships (5K)

@Bronx, N.Y.

Saturday, November 23, 2019

Team Scores: 1st of 18 (39 points)

Place	Athlete	Time
1	Abbey Wheeler	17:29
2	Maria Coffin	17:34
3	Lilly Tuck	18:01
11	Tessa Hunt	18:33
24	Orla O'Connor	18:55
40	Ashley Foley	19:15

## UNH Dual Meet (5K)

@Durham, N.H.

Saturday, August 30, 2019

Team Scores: 3rd of 3 (45 points)

Place	Athlete	Time
1	Abbey Wheeler	17:31.02
2	Maria Coffin	17:52.39
10	Orla O'Connor	18:57.91
13	Hannah McReavy	19:17.46
19	Bridget Mitchell	19:47.84
36	Abigail Post	21:01.40

## Coast-to-Coast Battle in Beantown (5K)

@Boston, Mass.

Friday, September 20, 2019

Team Scores: 8th of 22 (245 points)

Place	Athlete	Time
1	Abbey Wheeler	17:03
12	Maria Coffin	17:40
45	Lilly Tuck	18:21
93	Orla O'Connor	19:04
115	Hannah McReavy	19:17
117	Ashley Foley	19:18
143	Bridget Mitchell	19:36
177	Abigail Post	20:25

## Nuttyscombe Wisconsin Invitational (6K)

@Madison, Wis.

Friday, October 18, 2019

Team Scores: 26 of 34 (627 points)

Place	Athlete	Time
26	Abbey Wheeler	20:28.1
60	Maria Coffin	20:53.5
88	Lilly Tuck	21:14.9
217	Orla O'Connor	22:22.8
236	Hannah McReavy	23:05.1
241	Bridget Mitchell	23:29.7
243	Ashley Foley	23:46.4

## BIG EAST Championships

@Kenosha, Wis.

Saturday, November 2, 2019

Team Scores: 4th of 10 (92 points)

Place	Athlete	Time
4	Maria Coffin	21:56.5
7	Abbey Wheeler	22:09.3
11	Lilly Tuck	22:19.0
35	Orla O'Connor	23:29.1
39	Tessa Hunt	23:35.8
41	Bridget Mitchell	23:39.3
42	Ashley Foley	23:42.2
51	Hannah McReavy	24:05.8
67	Abigail Post	24:37.7



## MEN'S INDOOR TRACK

**Boston University Multi Team Meet  
@Boston, Mass.**

**January 18, 2020**

**Team Scores:** Individual Results

Event	Place	Athlete	Result
300 Meters	7	Jared Grossi	35.59
400 Meters	12	Doug DeGolyer	56.99
500 Meters	7	Allen Barnes	1:10.65
800 Meters	1	Jack Carleo	1:52.20
1,000 Meters	2	Nick Carleo	2:27.39
	10	Samuel Walker	2:33.97
Mile	7	Ryan Jendzejec	4:14.85
	26	Thomas Arbeiter	4:27.07
	30	Connor Visnic	4:30.14
3,000 Meters	1	Michael O'Leary	8:23.85
	2	Nick Braz	8:34.80
	6	Kevin Quinn	9:00.50
	11	McGrath Bissailon	9:29.48
5,000 Meters	1	Marcelo Rocha	14:19.89
	2	Ryan Gallagher	14:31.57
	3	Sean Meehan	14:48.97
	4	Matthew Lepine	14:58.53
	5	Owen Curran	15:15.04
60 Meter Hurdles	Prelims (8)	Daniel Rooney	9.09
	Finals (6)	Daniel Rooney	8.71
4x400 Meter Relay	4	Jared Grossi	3:25.82
		Daniel Rooney	
		Jack Carleo	
		Ryan Jendzejec	

**John Thomas Terrier Classic**

**@Boston, Mass.**

**January 24-25, 2020**

**Team Scores:** Individual Results

Event	Place	Athlete	Result
400 Meters	60	Jared Grossi	50.59
800 Meters	8	Jack Carleo	1:51.58
1000 Meters	10	Ryan Jendzejec	2:28.04
Mile	75	Thomas Arbeiter	4:19.44
	91	Nick Braz	4:21.74
	95	Samuel Walker	4:22.67
3,000 Meters	26	Ryan Gallagher	8:17.73
	36	Marcelo Rocha	8:21.87
	60	Sean Meehan	8:31.16
	88	Matthew Lepine	8:41.96
	91	Owen Curran	8:44.17
	99	Peter Rindfuss	8:47.60
	125	Kevin Quinn	8:55.72
	140	Connor Visnic	9:02.00
60 Meter Hurdles	2	Daniel Rooney	8.73

**URI Coaches Tribute Meet**

**@Kingston, R.I.**

**February 8, 2020**

**Team Scores:** Individual Results

Event	Place	Athlete	Result
400 Meters	6	Jared Grossi	52.16
	34	Joseph Hurton	52.16
800 Meters	1	Nick Carleo	1:55.37
	3	Ryan Jendzejec	1:57.20
1000 Meters	4	Michael O'Leary	2:31.48
	8	Samuel Walker	2:36.92
Mile	8	Kevin Quinn	4:24.53
	12	Connor Visnic	4:26.60
	14	Owen Curran	4:27.36
	15	Nick Braz	4:28.26
	16	Matthew Lepine	4:28.60
	28	McGrath Bissailon	4:38.54
3,000 Meters	2	Peter Rindfuss	8:50.17
	5	Thomas Arbeiter	8:55.42
60M Hurdles	Prelims (12)	Daniel Rooney	8.9

**David Hemery Valentine Invitational**

**@Boston, Mass.**

**February 14-15, 2020**

**Team Scores:** Individual Results

Event	Place	Athlete	Result
400 Meters	102	Jared Grossi	50.31
Mile	47	Michael O'Leary	4:06.20
	52	Nick Carleo	4:06.42
	77	Angus White	4:10.90
	127	Ryan Jendzejec	4:16.18
	144	Thomas Arbeiter	4:17.81
	204	Peter Rindfuss	4:22.65
	246	Samuel Walker	4:26.04
	293	Nick Braz	4:29.83
3,000 Meters	40	Ryan Gallagher	8:07.50
	126	Sean Meehan	8:26.39
3,000 Meters Unseeded	9	Matthew Lepine	8:34.94
	24	Kevin Quinn	8:40.81
	27	Owen Curran	8:40.98
	71	Connor Visnic	8:51.15
	61	Austin Scola	8:44.15
60 Meter Hurdles	34	Daniel Rooney	9.14

**Brown University Invitational**

**@Providence, R.I.**

**February 22, 2020**

**Team Scores:** Individual Results

Event	Place	Athlete	Result
400 Meters	3	Jared Grossi	51.72
	7	Douglas DeGolyer	54.40
	8	Allen Barnes	55.85
1,000 Meters	2	Samuel Walker	2:38.69
Mile	1	Connor Visnic	4:24.12
3,000 Meter	1	Nick Braz	8:44.63
	5	McGrath Bissailon	9:26.22
60 Meter Hurdles	4	Daniel Rooney	8.80
4x400 Relay	1	Jared Grossi	3:43.81
		Daniel Rooney	
		Ryan Jendzejec	
		Sam Lagan	



## MEN'S INDOOR TRACK

**BIG EAST Championships****@Geneva, Ohio****March 1-2, 2020****Team Scores:** 6th of 7 (27 points)

<b>Event</b>	<b>Place</b>	<b>Athlete</b>	<b>Result</b>
Mile	Prelims (3)	Nick Carleo	4:15.58
	Prelims (13)	Connor Visnic	4:19.48
	Prelims (14)	Kevin Quinn	4:19.89
	Prelims (16)	Thomas Arbeiter	4:23.58
	Finals (7)	Nick Carleo	4:23.24
3,000 Meters	2	Michael O'Leary	8:16.18
	13	Peter Rindfuss	8:36.23
	18	Nick Braz	8:42.62
	22	Matthew Lepine	8:59.11
5,000 Meters	5	Ryan Gallagher	14:18.09
	14	Marcelo Rocha	14:54.61
	16	Sean Meehan	15:03.98
	19	Owen Curran	15:16.53
50 Meter Hurdles	9	Daniel Rooney	8.78
4x400 Relay	6	Jared Grossi	3:25.54
		Ryan Jendzejec	
		Daniel Rooney	
		Douglas DeGolyer	
4x800 Relay	4	Jack Carleo	7:33.71
		Ryan Jendzejec	
		Connor Visnic	
		Angus White	
Distance Medley Relay	4	Angus White	9:49.41
		Jared Grossi	
		Ryan Jendzejec	
		Michael O'Leary	

**IC4A / ECAC Championships****@Boston, Mass.****March 7-8, 2020****Team Scores:** Individual Results

<b>Event</b>	<b>Place</b>	<b>Athlete</b>	<b>Result</b>
800 Meters	Prelims (9)	Jack Carleo	1:52.41
Mile	Prelims (20)	Ryan Jendzejec	4:11.42
	Prelims (25)	Angus White	4:16.81
3,000 Meters	4	Michael O'Leary	8:10.10
	11	Ryan Gallagher	8:21.56
	15	Sean Meehan	8:23.81





## WOMEN'S INDOOR TRACK

**Boston University Multi Team Meet**  
**@Boston, Mass.**  
**January 18, 2020**

Team Scores: Individual Results

Event	Place	Athlete	Result
60 Meters	10	Taylor Newman	8.06
	21	Nicola Calabrese	8.48
	28	Danielle Casavant	8.67
	31	Ashley Gigon	9.08
200 Meters	14	Taylor Newman	27.11
	19	Megan Stenberg	27.81
	26	Ashley Gigon	30.45
300 Meters	6	Niamh Gowing	40.92
	10	Nicola Calabrese	44.58
400 Meter	11	Olivia Dickinson	1:03.21
	13	Madelaine Baker	1:04.62
500 Meters	9	Mariah O'Gara	1:23.71
800 Meters	4	Halle Atkinson	2:15.15
	6	Dana Lowney	2:17.62
	17	Abigail Harrington	2:30.15
1,000 Meters	2	Bridget Mitchell	2:52.90
	5	Tessa Hunt	2:56.43
	8	Ashley Foley	3:00.53
Mile	2	Abbey Wheeler	4:47.33
	3	Lilly Tuck	4:51.66
3,000 Meters	1	Maria Coffin	9:35.01
	3	Orla O'Connor	10:16.37
	8	Hannah McReavy	11:01.40
	9	Abigail Post	11:03.27
60 Meter Hurdles	12	Megan Stenberg	9.62
	18	Nicole Borowiec	11.64

**John Thomas Terrier Classic**  
**@Boston, Mass.**  
**January 24-25, 2020**

Team Scores: Individual Results

Event	Place	Athlete	Result
200 Meters	114	Taylor Newman	26.97
	137	Nicola Calabrese	27.43
	143	Megan Stenberg	27.60
400 Meters	41	Niamh Gowing	58.57
	91	Mariah O'Gara	1:01.43
	107	Olivia Dickinson	1:02.42
	115	Abigail Harrington	1:03.25
500 Meters	18	Halle Atkinson	1:17.03
1,000 Meters	17	Tessa Hunt	2:56.26
	34	Ashley Foley	3:00.03
	53	Dana Lowney	3:05.84
Mile	15	Bridget Mitchell	4:53.38
	5	Abbey Wheeler	9:22.88
3,000 Meters	10	Lilly Tuck	9:33.32
	44	Orla O'Connor	10:10.06
	119	Hannah McReavy	11:02.48
5,000 Meters	6	Maria Coffin	16:44.23

**URI Coaches Tribute Meet**  
**@Kingston, R.I.**

February 8, 2020

Team Scores: Individual Results

Event	Place	Athlete	Result
60 Meters	Prelims (21)	Mariah O'Gara	8.41
	Prelims (21)	Nicola Calabrese	8.41
	Prelims (34)	Danielle Casavant	8.59
	Prelims (38)	Olivia Dickinson	8.63
	Prelims (40)	Ashley Gigon	8.85
	Prelims (42)	Tishay Davis	8.94
200 Meters	18	Mariah O'Gara	27.52
	32	Nicola Calabrese	28.47
	34	Nicole Borowiec	28.49
	37	Olivia Dickinson	28.64
	41	Megan Stenberg	28.90
	43	Tishay Davis	29.61
400 Meters	44	Ashley Gigon	29.77
	10	Taylor Newman	1:02.50
	15	Catherine Stolbof	1:03.55
	23	Madelaine Baker	1:06.18
500 Meters	3	Alex O'Neill	1:20.78
	5	Dana Lowney	1:21.48
	7	Abigail Harrington	1:22.73
	9	Niamh Gowing	1:22.91
800 Meters	1	Bridget Mitchell	2:18.93
	5	Ashley Foley	2:21.86
1,000 Meters	1	Halle Atkinson	2:56.71
	9	Abigail Post	3:11.66
Mile	2	Tessa Hunt	5:05.74
60 Meter Hurdles	Prelims (8)	Megan Stenberg	9.41
	Prelims (10)	Nicole Borowiec	9.48
	Finals (7)	Megan Stenberg	9.41

**David Hemery Valentine Invitational**  
**@Boston, Mass.**

February 14-15, 2020

Team Scores: Individual Results

Event	Place	Athlete	Result
200 Meters	196	Taylor Newman	26.82
	257	Nicola Calabrese	27.62
400 Meters	41	Niamh Gowing	57.35
	142	Mariah O'Gara	1:01.12
	151	Abigail Harrington	1:01.40
	180	Olivia Dickinson	1:02.54
800 Meters	45	Halle Atkinson	2:13.65
	90	Alex O'Neill	2:16.73
1,000 Meters	16	Tessa Hunt	2:52.55
	33	Dana Lowney	2:57.91
	82	Abigail Post	3:09.84
Mile	47	Bridget Mitchell	4:53.42
	106	Ashley Foley	5:04.10
	27	Abbey Wheeler	9:08.17
3,000 Meters	11	Maria Coffin	9:27.80
3,000 Meters Unseeded	14	Orla O'Connor	9:54.56
	22	Megan Stenberg	9.42
	47	Nicole Borowiec	9.76



## WOMEN'S INDOOR TRACK

**Brown University Invitational**  
**@Providence, R.I.**  
**February 22, 2020**  
**Team Scores:** Individual Results

Event	Place	Athlete	Result
60 Meters	Prelims (4)	Taylor Newman	8.08
	Prelims (6)	Nicola Calabrese	8.30
	Prelims (7)	Mariah O'Gara	8.34
	Prelims (9)	Olivia Dickinson	8.49
	Prelims (10)	Danielle Casavant	8.60
	Prelims (11)	Ashley Gigon	8.68
	Prelims (12)	Tishay Davis	8.77
	Final (5)	Taylor Newman	8.12
200 Meters	Final (6)	Nicola Calabrese	8.33
	8	Mariah O'Gara	8.37
	2	Nicola Calabrese	27.70
	3	Catherine Stolbof	27.74
	4	Megan Stenberg	27.89
	5	Madelaine Baker	28.22
	6	Olivia Dickinson	28.29
	7	Tishay Davis	28.57
400 Meters	8	Ashley Gigon	29.04
	1	Niamh Gowing	59.95
800 Meters	3	Abigail Harrington	2:25.41
Mile	2	Abigail Post	5:15.15
	7	Hannah McReavy	5:35.52
60 Meter Hurdles	1	Megan Stenberg	9.34
	2	Nicole Borowiec	9.42

**BIG EAST Championships**  
**@Geneva, Ohio**  
**March 1-2, 2020**  
**Team Scores:** 7th of 8 (58 points)

Event	Place	Athlete	Result
200 Meters	Prelims (16)	Taylor Newman	26.84
	Prelims (18)	Mariah O'Gara	27.34
	Prelims (19)	Olivia Dickinson	27.67
400 Meters	Prelims (15)	Abigail Harrington	1:01.16
800 Meters	Prelims (4)	Halle Atkinson	2:11.80
	Prelims (11)	Dana Lowney	2:14.48
	Finals (4)	Halle Atkinson	2:12.83
	Prelims (9)	Bridget Mitchell	4:57.40
Mile	Prelims (15)	Ashley Foley	5:11.94
	Finals (9)	Bridget Mitchell	5:01.50
	1	Abbey Wheeler	9:25.32
3,000 Meters	2	Lilly Tuck	9:32.78
	5	Maria Coffin	9:34.67
	1	Abbey Wheeler	15:49.65
5,000 Meters	5	Maria Coffin	16:36.37
	10	Orla O'Connor	17:08.48
60 Meter Hurdles	Prelims (9)	Megan Stenberg	9.15
4x400 Meter Relay	7	Mariah O'Gara	3:59.11
		Niamh Gowing	
		Taylor Newman	
		Halle Atkinson	
4x800 Meter Relay	4	Tessa Hunt	8:59.79
		Bridget Mitchell	
		Alex O'Neill	
		Dana Lowney	
Distance Medley Relay	1	Tessa Hunt	11:41.69
		Niamh Gowing	
		Alex O'Neill	
		Lilly Tuck	

**IC4A / ECAC Championships**  
**@Boston, Mass.**  
**March 7-8, 2020**  
**Team Scores:** Individual Results

Event	Place	Athlete	Result
800 Meters	Prelims (10)	Halle Atkinson	2:12.06
	Prelims (23)	Dana Lowney	2:14.95
1,000 Meters	Prelims (4)	Tessa Hunt	2:51.86
	Prelims (16)	Alex O'Neill	3:01.60
	Finals (3)	Tessa Hunt	2:49.93
Mile	Prelims (5)	Bridget Mitchell	4:52.69
	Finals (4)	Bridget Mitchell	4:50.64
3,000 Meters	5	Lilly Tuck	9:29.84
	17	Orla O'Connor	9:52.98



# THE RAY TREACY TRACK

On April 11, 2014 Ray Treacy and members of the Providence College cross country/track community celebrated the opening of The Ray Treacy Track. The facility was completed in the Fall of 2013 and held its first Friar Invitational on April 12, 2014.

The facility serves as the home of the Providence College men's and women's cross country and track & field teams. The complex has a six-lane track with eight-lane straighaways, which encompasses a turf field used for soccer, rugby and other intramural sports. It also has seating for more than 300 fans, a press box and a scoreboard.

"The new track and field complex is an important addition to your program," Providence College Director of Track and Cross Country Ray Treacy said. "Not only will it benefit the track and field team, but the entire Providence College community has use of this great facility. This track will allow us to continue competing at the highest level of NCAA competition."







## SUCCESSFUL FRIAR TEAMS



### THE 1975 MEN'S CROSS COUNTRY TEAM

1975 marked the Friars breakout season on a national level. Providence had three athletes finish within the top 30 to finish third behind UTEP and Washington State at the NCAA Championships at State College, Pa. Mick O'Shea (19th), John Treacy (21st) and Arnold Stetson (27th) earned All-America honors. John P. Savoie (87th) and Dan Dillon (111th) also scored for the Friars. PC posted a perfect 10-0 record on the season for dual meets to extend their winning streak to 26. The team also captured the New England title.



### THE 1981 MEN'S CROSS COUNTRY TEAM

Led by three runners in the top-25, the Friar harriers completed one of their greatest seasons ever by finishing second behind UTEP at the NCAA Championship at Wichita, Kan. Ray Treacy (11th), Steve Binns (15th) and Brendan Quinn (22nd) all earned All-America honors. Richard Mulligan (48th) and Richard O'Flynn (55th) also scored for the Friars. PC posted an 8-0 record for the season in dual meets. The Friars also captured the BIG EAST, IC4A and New England titles.



(L-R) Brendan Quinn, Paul Moloney, Ray Treacy, and Rich O'Flynn finish together in 1981.





## SUCCESSFUL FRIAR TEAMS



### THE 1982 MEN'S CROSS COUNTRY TEAM

PC followed up its incredible second-place finish at the 1981 NCAA Championship with another second-place finish in 1982. Three Friars finished in the top-20. Brendan Quinn (11th), Steve Binns (15th) and Richard O'Flynn (17th) all earned All-America accolades. Charlie Breagy (61st) and Jimmy Fallon (85th) also scored for PC. Providence recorded a 10-0 mark for the season. PC also won its fourth consecutive BIG EAST title, its 13th consecutive New England crown and its second consecutive IC4A title.



### THE 1992 MEN'S CROSS COUNTRY TEAM

The Friars won four of five meets leading up to a third place finish at the NCAA meet, their highest finish since finishing second in 1982. On their way to NAAs, the Friars captured their third straight BIG EAST title and retained their IC4A title. The Friars had two runners in the top-20 with Mark Carroll finishing third overall and Chris Teague finishing 18th. Mark Burdis (31st), Andy Keith (46th) and Nick Jackson (55th) also scored at the NCAA meet.



### THE 2000 MEN'S CROSS COUNTRY TEAM

The Friars had one of the best seasons in Providence history. The Friars won every meet leading up to the NCAA Championships, including the Roy Griak Invitational, the New England Championships, the BIG EAST Championships and the Northeast Regional meet. At NCAA's, Keith Kelly led the team by capturing the programs first individual title. Hamish Thorpe (11th place) and Dermot Galvin (16th place) also earned All-American status. Adam Sutton (45th place) and Paul Reilly (48th place) also scored. The Friars finished third behind Arkansas and Colorado.



Keith Kelly closing in on a national title in 2000.





## NATIONAL CHAMPIONSHIP TEAMS



### THE 1995 WOMEN'S CROSS COUNTRY TEAM

... captured Providence College's first NCAA team title on November 20, 1995 in Ames, Iowa. Moira Harrington '96, Maria McCambridge '98, Marie McMahon '97 and Susan Murnane '97 earned All-America honors. The team won all seven of its meets that season, including the BIG EAST and ECAC Championships.



### THE 2013 WOMEN'S CROSS COUNTRY TEAM

... had one of the most successful seasons in Friar history, winning seven of eight races, defending their 2012 Northeast Regional title and capturing their sixth BIG EAST title on the journey to taking the ultimate crown. The Championship marked the second title in program history with three All-Americans, including Emily Sisson '14, Laura Nagel '14 and Sarah Collins '16.



# NATIONAL CHAMPIONSHIP TEAMS



## THE 1990 WOMEN'S CROSS COUNTRY TEAM

With three runners in the top-20, the Friars placed second at the 1990 NCAA Cross Country Championships in Knoxville, Tenn. Other than the team's 1995 and 2013 NCAA titles, the 1990 squad's second-place finish is one of the top accomplishments for a women's team at Providence College. Sinead Delahunty (10th), Geraldine Hendricken (13th) and Anita Philpot (19th) all earned All-America accolades for PC. Mary Mullane (75th) and Bridget Bowers (109th), two walk-ons, were the fourth and fifth scorers for the Friars. During the season, the squad placed second at the BIG EAST Championship, third at the ECAC Championship and won the New England's.



## THE 2003 WOMEN'S CROSS COUNTRY TEAM

The Friars placed two runners in the top 10 on their way to a third place finish at the NCAA Cross Country championships. Led by a second place finish by Kim Smith and a fifth place finish by Mary Cullen, the Friars outperformed their eighth place ranking and achieved their highest finish since winning the team title in 1995. During the season the women placed second at the BIG EAST Championships and won the Northeast Regional meet.



## THE 2004 WOMEN'S CROSS COUNTRY TEAM

The Friars achieved one of their most successful seasons in program history in 2004, as they finished third for the second year in a row. Mirroring the 2000 Men's team, the Friars won every meet during the season leading up to NCAA's, including Roy Griak Invitational, Penn State Invitational, the BIG EAST Championships, and the Northeast Regional meet. At the NCAA Cross Country Championships, Kim Smith led the team by winning the programs first individual cross country title. Fiona Crombie also earned All-American status by finishing seventh.



## THE 2012 WOMEN'S CROSS COUNTRY TEAM

... finished second, the highest place finish since 1995, at the NCAA Championships in Louisville, Ky. on November 17, 2012. Sarah Collins '16, Emily Sisson '14 and Laura Nagel '14 earned All-America honors. The team won the Northeast Regional and placed third at the BIG EAST Championships.



## THE 2015 WOMEN'S CROSS COUNTRY TEAM

The Friars continued their recent success by winning five of their seven races. The women displayed their dominance at the BIG EAST Championships by placing all of their scorers in the top 15, including taking the first, second and third places. At the NCAA Cross Country Championships, the Friars were led with All-American finishes by Sarah Collins (19th place) and Catarina Rocha (39th place) to finish fourth. This was the third time in the prior four years that the Friars had finished on the podium.



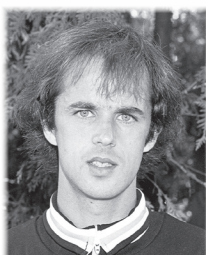
# NOTABLE MEN



**Bob Amato '63** was one of the most successful coaches in the history of Providence College. A former Friar runner, Amato coached the PC cross country and track programs for 15 years (1969-85). He is credited with starting the flow of world-class runners from Ireland and England to Smith Hill. Beginning with Michael O'Shea in 1973, Amato brought in other greats such as John Treacy, Geoff Smith, Steve Binns, Ray Treacy and Brendan Quinn. He established Providence College as one of the most dominant cross country and track programs in the country. During his tenure, the Friars finished second at the NCAA Cross Country Championship in 1981 and 1982 and placed in the top-10 seven times. The Friars captured five of the first six BIG EAST Cross Country titles under Amato and recorded an unbeaten streak of 118 dual meets under his guidance. A 10-time New England Cross Country Coach of the Year, Amato compiled a career record of 162-14-1 in cross country. Inducted into the Providence College Athletic Hall of Fame in 2009.



**John Treacy '78** is the greatest runner in the history of Providence College. A five-time All-American, Treacy won the 1978 NCAA Indoor 3 mile title. He competed in four Olympic Games, including the 1984 Olympics where he won a silver medal in the marathon. He won the World Cross Country Championships in 1978 and 1979.



**Ray Treacy '82** has been a key ingredient to the highly successful cross country and track programs at PC. One of only four men to ever serve as head coach of the prestigious Friar program, Treacy began his career as a three-time All-American and three-time BIG EAST champion runner for the Friars. Since 1984, Treacy has coached 177 All-Americans at Providence. He has instructed a number of individual NCAA and BIG EAST Champions. He also has led the men's and women's cross country teams to 23 BIG EAST cross country titles. In 1995 and 2013, he guided the women's cross country team to the NCAA team title.



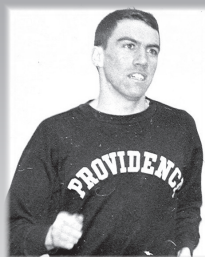
**Dan Dillon '80** was one of the top U.S. runners to ever compete for the Friars. A two-time All-American in cross country (1977 and 1978), he participated in four NCAA Cross Country Championships in his career at Providence. In 1997, Dillon was inducted into the Providence College Athletic Hall of Fame. A two-time New England Champion in track (1977 outdoor six-mile run) and cross country (1978 champion), he captured the 1980 BIG EAST indoor title in the 3,000 meters. Dillon competed for the U.S. in two World Cross Country Championships and posted a 13th-place finish in 1980 in Paris, France.



**John Doherty** only competed one year with the Friars (1982-83), but he went on to have a very productive career in track. Doherty competed in two Olympic Games. In 1988, Doherty was a finalist in the 5,000 meters. He also competed in the 5,000 at the 1992 Olympics.



**Brendan Quinn '83** was one of the athletes that helped put PC in the forefront of distance running in the 80's. He was a five-time BIG EAST Champion. In 1981, he was the New England Cross Country and the IC4A champion in 1982. Quinn earned All-America honors in cross country in 1981 and 1982. He was a member of three BIG EAST cross country championship teams and helped the Friars to four NCAA Cross Country Championship appearances with second-place finishes in 1981 and 1982. In 1988, he represented Ireland in the Olympic Games in the 3,000 meter steeplechase. Quinn, who holds the PC record in the steeplechase (8:28.95), was inducted into the PC Athletic Hall of Fame in 1997.



**Barry Brown '67** earned All-America honors in cross country in 1965. It marked the first All-America accolade at Providence College for a member of the cross country/track team.



**Michael O'Shea '77** was the first Irish athlete to compete at Providence College. O'Shea captured PC's first ever IC4A title. He won the 1976 outdoor IC4A 5,000 meter title. O'Shea earned two All-America accolades in cross country in 1974 and 1976 as a Friar. O'Shea was a member of the 4 x mile relay team that established the Providence College record of 16:20.90 in 1977. He is in the Providence College Athletic Hall of Fame. A native of Limerick, Ireland, O'Shea competed for Ireland in the 1980 Olympics in the 5,000 meters.



**Mick Byrne '78** has achieved success as a student-athlete and a coach. The Dublin, Ireland native ran for the Friars in the 1970s and was one of Bob Amato's early recruits. In April of 1977, he was part of the Friar 4 x mile relay team that established a school record of 16:20.90 that still exists today. After his time at Providence College, Byrne became head coach of the Iona Gaels from 1989-2008. In 2008, he became head coach at the University of Wisconsin, leading the badgers to a fourth place finish at the NCAAs and a National Championship title in 2011.



**Gerry Deegan** is one of five Friars to ever win a NCAA title. In 1978, Deegan captured the NCAA Indoor two-mile run. He earned All-America honors in cross country in 1977 after finishing third at the NCAA Championship. He also received All-America accolades during the 1978 indoor season (2 mile run) and the outdoor season where he placed second in the 5,000 meters at the NCAA Championship.



**Steve Binns '85** is a native of West Yorkshire, England, competed in the 10,000 meters at the 1988 Olympic Games. While at Providence College, Binns earned three All-America honors. He was an All-American in cross country (1981 and 1982) and indoor track (1982). Binns was a member of the cross country team that finished second at the NCAA Championship in 1981 and 1982. He won BIG EAST titles in indoor track (3,000 meters, 1982) and outdoor track (5,000 meters, 1983). Binns also captured the 1981 IC4A Cross Country title.



**John Evans '89** holds five records at Providence College. Evans established the 600 yard, 880 yard, 1,000 yard, 4 x 800 meter relay and distance medley relay records at Providence. In 1990, he earned All-America accolades in the outdoor 1,500 meters. Evans captured three BIG EAST titles (800 meters and 1,000 meters) and two IC4A crowns (800 meters). After graduation, Evans served as an assistant coach for the Friars for two seasons. Member of the Providence College Athletic Hall of Fame.





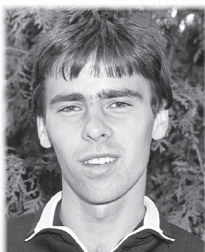
# NOTABLE MEN



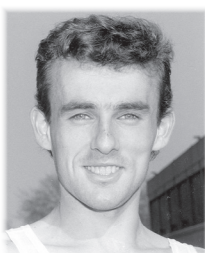
**Geoff Smith '84** is one of the most widely recognized runners in the history of Providence College. A native of Liverpool, England, he captured two Boston Marathons titles (1984 and 1985) and finished second in the New York City Marathon in 1983 as a student-athlete at Providence. He earned All-America accolades in indoor track in 1982. In 1981, Smith established the Providence indoor 5,000 meter record with a pace of 13:22.1 at the Millrose Games, which was just 1.5 seconds off a world record at the time. The two-time BIG EAST Champion competed in two Olympic Games. In 1980, he ran the 10,000 meters and he also competed in the 1984 Olympic Games (marathon). Smith was inducted into the PC Athletic Hall of Fame in 2003.



**Andy Ronan '86** has experienced success at every level. A four-time BIG EAST Champion and two-time cross country All-American (1984 and 1986), Ronan also served as an assistant coach of the Friar cross country and track programs for six years (1994-00). In 1995, he helped guide the women's cross country squad to its first NCAA title. Currently, Ronan is the head coach at Stony Brook. After graduating from Providence in 1986, he began a successful running career, which included a third-place finish in the Boston Marathon (1991) and a fourth-place finish in the Twin Cities Marathon (1989). A native of Wexford, Ireland, Ronan represented his country in the marathon in the 1992 Olympic Games. He was inducted into the PC Athletic Hall of Fame in 1999.



**Richard O'Flynn '85** was a three-time All-American, a three-time BIG EAST champion and a three-time IC4A champion during his career at Providence. A 1999 inductee into the Providence College Athletic Hall of Fame, O'Flynn earned his three All-America honors in cross country in 1982, 1983 and 1984. He captured his BIG EAST titles in cross country (1984) and in the indoor 3,000 meters (1984 and 1985). O'Flynn was an IC4A champion in cross country (1983 and 1984) and in the indoor 5,000 meters (1985). He helped the 1981 and 1982 cross country teams to consecutive second-place finishes at the NCAA Championship. In 1984, O'Flynn placed second at the NCAA Cross Country Championship.



**Frank Conway '90** was one of the top milers to ever compete at Providence. In 1988, he ran a time of 3:58.32 to become the first New England collegian to run a sub-four minute indoor mile in New England. In his junior year, he improved on his mile time as he ran a 3:56.60 at Harvard University. Conway earned two All-America honors in the indoor mile (1988 and 1989). He was a four-time BIG EAST champion and won one IC4A title as a Friar. He established two school records (outdoor 4 x 800 meter relay and outdoor distance medley relay) at Providence.



**Andy Keith '94** won the 1992 NCAA Indoor mile. He captured the 3,000 meters in 7:49.83 at the Mobil Grand Prix in Fairfax, Va., and ran a 3:56.29 mile at the Commonwealth Invitational in 1994. He earned six All-America honors as a Friar and was a six-time BIG EAST champion (1,000 meters, 1,500 meters, distance medley relay and 4 x 800 meters). He was inducted into the Providence College Athletic Hall of Fame in 2008.



**Mark Carroll '95** won the NCAA Indoor 5,000 meter title on March 11, 1995 in Indianapolis, Ind. Carroll, a six-time All-American, has competed in the Olympic Games (2000, 2004). He won seven BIG EAST titles (cross country, 1,000 meters, 1,500 meters, 3,000 meters, distance medley relay and 4 x 800 meters). In 1998, Carroll won the European Indoor 3,000 meter title. In 2008, Carroll was inducted into the Providence College Athletic Hall of Fame.



**Mike Donnelly '97** became the first walk-on to earn All-America accolades for the PC track team. A native of Somerset, Mass., Donnelly earned his first All-America honor after placing fifth in the 5,000 meters at the 1997 NCAA Indoor Championship. He captured his second All-America accolade by placing 10th in the 10,000 meters at the 1997 NCAA Outdoor Championships. He helped the cross country team make two appearances in the NCAA Championship, and capture BIG EAST titles in 1995 and 1996. He concluded his senior year as PC's Male Athlete of the Year.



**Keith Kelly '01** captured the Friars' first men's NCAA cross country title on November 20, 2000 in Ames, Iowa. Kelly, a five-time All-American, is one of the most decorated PC runners. He also won seven BIG EAST titles (cross country, distance medley relay, 3,000 meters, 5,000 meters and 10,000 meters) and two IC4A titles in the 10,000 meters.



**Martin Fagan '07** was a four-time All-American during his four years at Providence College. He earned the honor in back-to-back seasons for cross country (2005, 2006) and also was recognized as an All-American in outdoor track (10,000 meters) and indoor track (3,000 meters). In 2006, Fagan captured his second-straight BIG EAST cross country title on October 27 at Franklin Park in Boston, Mass. He finished the championship 22-seconds ahead of the field, setting a championship course record with a time of 23:09. Fagan also captured the NCAA Northeast Regional title in 2006 after finishing the 10K course at Van Cortlandt Park 45-seconds ahead of the field with a time of 30:40.7. Fagan went on to finish among the top-5 individual finishers at the NCAA Cross Country Championships in 2006 with a fifth-place showing (31:01). Fagan competed in the Marathon for Ireland at the 2008 Beijing Olympics.



**Julian Matthews '12** was a three-time All-American, two in the indoor mile and one in the 1,500 meters outdoors, during his four years at Providence College. Matthews also captured two BIG EAST titles, including the 2013 indoor 1,000 meters and was a member of the distance medley relay team that won the 2012 BIG EAST Indoor Champs. Matthews then went on to compete for New Zealand at the 2014 Commonwealth Games in Glasgow, Scotland, finishing ninth in the 1,500 meter final. Matthews competed in the 1,500 meters at the 2016 Olympics in Rio de Janeiro, Brazil.



**Julian Oakley '16** was a three-time All-American, two in the indoor mile and one in the 5,000 meters outdoors, during his five years at Providence College. Oakley is the only Friar to break four minutes in the mile six times during his career at Providence College. Oakley ran sub-four minutes at the BU David Hemery Valentine Invitation in 2015 (3:57.22), the NYRR Millrose Games in 2016 (3:58.34), the New Balance Games in 2017 (3:59.04), the BU Last Chance Meet in 2017 (3:58) and twice at the Adrian Martinez Classic in 2014 & 2015 (3:58.89, 3:59.33). Oakley then went on to compete for New Zealand at the 2018 IAAF World Indoor Championships in Birmingham, United Kingdom, finishing ninth in the 3,000 meter final.





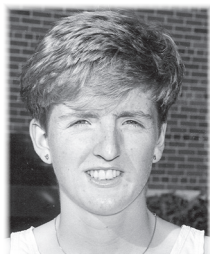
# NOTABLE WOMEN



**Tina Moloney '89** earned the first women's All-America honor for the Providence cross country and track squads. In 1988, she placed eighth at the NCAA Cross Country Championship to earn the All-America accolade. Also during her career, she captured six BIG EAST titles and the program's first ECAC title when she won the 1989 outdoor 5,000 meter championship. A native of Waterford, Ireland, Moloney was named Providence College Female Athlete of the Year in 1989. In 2008, she was inducted into the Providence College Athletic Hall of Fame.



**Maria McCambridge '98** is a four-time All-American. In 1995, she finished sixth overall at the NCAA Cross Country Championships, helping Providence to the national title. She also earned cross country All-America accolades in 1996 and two track honors. In 2004, McCambridge (5,000 meters) was selected to the Irish Olympic team to compete in Athens Olympics.



**Siobhan Gallagher '90** holds four school records at Providence College. A native of Donegal, Ireland, Gallagher helped establish the PC record in the indoor and outdoor 4 x 800 meter relay and the two-mile relay. She also was a member of the Friar distance medley team that established a NCAA indoor record of 11:04.45 at the ECAC Championship in 1990. A two-time All-American (mile and 1,500 meters), Gallagher captured three BIG EAST titles and one ECAC crown as a Friar. She was the first female Academic All-American for the cross country/track programs. Member of the Providence College Athletic Hall of Fame.



**Marie McMahon '98** finished her career at Providence as one of the most prolific runners in Friar history. She was a 10-time All-American, led the 1995 Friar cross country team to its first national championship and competed in the Olympic Games in 1996 and 2004. During her career, she captured eight BIG EAST titles (cross country, 3,000 meters, 5,000 meters and 10,000 meters) and won the 1996 NCAA 5,000 meter Indoor Championship. McMahon won three Penn Relays titles in the 5,000 meters. She was inducted into the Providence College Athletic Hall of Fame in 2009.



**Anita Philpott '91** was a two-time All-American in cross country and outdoor track and a two-time BIG EAST Relay Champion. She helped the 1990 women's cross country team to a second-place finish at the NCAA Championships in Knoxville, Tenn. with a top-20 finish (19th). In addition, she was also a member of the 4x1,500 meter relay team that established a world record at the 1991 Penn Relays.



**Sarah Dupre '99** was the first Canadian runner to earn All-America honors at Providence. In her final two years at PC, she received four All-America accolades. Dupre was a three-time ECAC Champion (indoor and outdoor 5,000 meters) and a two-time BIG EAST Champion (cross country and indoor 3,000 meters). Dupre helped the women's cross country team capture the 1995 NCAA title and make four appearances at the NCAA Cross Country Championship. She also was instrumental in leading the squad to three BIG EAST cross country titles (1995, 1996 and 1997). She was named PC Female Athlete of the Year in 1999. Dupre has competed on a number of Canadian National Cross Country Teams. In 2001, she captured the Canadian Cross Country Championship.



**Geraldine Hendricken '92** won the 1992 NCAA Indoor 3,000 meters. She earned seven All-America honors and won three BIG EAST titles (1,000 meters and 3,000 meters) at Providence College. Hendricken finished second in the 3,000 meters at the NCAA Outdoor Championship in 1991. She anchored the team to a victory at the Penn Relays in the 4 x 1,500 meter relay (1991) and the distance medley relay (1992). She was inducted into the Providence College Athletic Hall of Fame in 2003.



**Gladys Ganiel '99** defined student-athlete. She graduated from PC with a 3.98 cumulative grade point average and a bachelor's degree in political science. The six-time Academic All-American and four-time BIG EAST Scholar Athlete, earned the prestigious NCAA Walter Byers Award her senior year. She also was named 1999 NCAA Rhode Island Woman of the Year and a Rhode Island finalist for a Rhodes Scholarship. Her freshman year, she helped the women's cross country squad capture the 1995 NCAA title. A native of Harrington, Maine, Ganiel also helped the women's cross country team to four consecutive NCAA appearances, three BIG EAST titles (1995, 1996 and 1997) and three New England crowns (1996, 1997 and 1998). The two-time ECAC outdoor 10,000 meter champion, competed in the 10,000 at the 1998 NCAA Outdoor Championship.



**Sinead Delahunty '93** earned six All-America honors at Providence College. At PC, she established a school record in the indoor 1,000 meters and helped set the indoor and outdoor 4 x 800 meter relay mark and the outdoor distance medley relay record. In her junior year, Delahunty was second in the mile at the NCAA Indoor Championship. She captured one BIG EAST title as a member of the 1990 4 x 800 meter relay team. In 1993, she was named PC Female Athlete of the Year. A native of Kilkenny, Ireland, Delahunty competed in the 1,500 meters at the 1996 and 2000 Olympics. She was inducted into the Providence College Athletic Hall of Fame in 2009.



**Roisin McGettigan '03** earned four All-America honors at Providence College. She also was a five-time BIG EAST Champion (steeplechase, mile, 1,000 meters). McGettigan, a native of Wicklow, Ireland, set two school records including the indoor 800 meters (2:05.91) and the 3,000 meter steeplechase (9:50.12). Her time in the steeplechase (9:50.12) is the fastest ever run by an Irish woman. McGettigan competed for Ireland in the 2008 Beijing Olympics in the 3,000 meter Steeplechase, it was her first Olympic Games.



**Amy Rudolph '95** is one of the top runners ever at Providence College. A 10-time All-American, Rudolph won two NCAA titles in 1994 (indoor mile, outdoor 1,500 meters). She captured five BIG EAST titles (cross country, 3,000 meters, mile and 10,000 meters) in her four years as a Friar. Rudolph has competed in multiple Olympic Games. In 1996, she established the American record in the 5,000 meters (14:56). She was inducted into the Providence College Athletic Hall of Fame in 2008.



**Kim Smith '05** is the only Friar to capture four NCAA titles. She ended her career at Providence by winning the 2004 NCAA Cross Country individual title. At the 2004 NCAA Indoor Track Championship, Smith captured the 5,000 meters (15:14.18) and the 3,000 meters (8:49.18), setting NCAA records in both events. She became the first Providence College athlete to ever capture two NCAA titles in the same meet. Smith also won the 5,000 meters at the 2004 NCAA Outdoor Track Championships. In addition, she set the outdoor 5,000-meter collegiate record at the Mount Sac Relays. She competed in the 5,000 meters at the 2004 Athens Olympic Games. In 2008 she competed in her second Olympic Games in Beijing, China in the 10,000 meter event and in 2012 she competed in her third Olympic Games in London, England in the Marathon.



# NOTABLE WOMEN



**Mary Cullen '06** became the fifth PC female athlete to win an NCAA individual title when she captured the 5,000 meters at the 2006 NCAA Outdoor Track Championships. Cullen also was a six-time All-American (two cross country, four track) and was a three-time BIG EAST Champion.



**Aine Hoban (Graduate Student) '07** spent just two seasons with the Providence cross country and track teams as a graduate student. During her two-year career as a Friar she earned All-America honors in cross country (2006), the indoor track 3,000 meters (2007) and the outdoor 10,000 meters (2007). Hoban also captured the BIG EAST and ECAC individual championship in the 5,000 meters (indoor) during 2007. During her final cross country season in 2006, Hoban placed second at the BIG EAST Championship on 10/27, third at the NCAA Northeast Regionals on 11/11 and seventh at the NCAA Championship on 11/20.



**Danette Doetzel '09** claimed five All-America honors and three BIG EAST titles. She claimed the 10,000 meter BIG EAST title twice (2008, 2009) and the 3,000 meter indoor title in 2009. Doetzel became the sixth PC female athlete to win an NCAA individual title when she captured the 10,000 meters at the 2009 NCAA Outdoor Track Championships. Doetzel became the first Providence College Track athlete to win an NCAA title in the 10,000 meters.



**Emily Sisson '14** became the third Friar to earn multiple NCAA titles in the same year. Sisson claimed the NCAA Indoor and Outdoor 5,000 meter title in her fifth year at Providence. On her journey to becoming a two-time NCAA Champion she also broke Kim Smith's NCAA Indoor 5,000 meter record (15:12.22) with a solo-effort at the 2015 BIG EAST Indoor Championship. Sisson also co-captained the 2013 NCAA Championship cross country team to the program's second NCAA title. Over the course of her career at Providence, Sisson claimed 10 All-America honors and seven BIG EAST titles.



**Laura Nagel '14** earned six All-America honors at Providence College and was a three-time BIG EAST Champion. She claimed the BIG EAST Outdoor 5,000 meter title twice and the 3,000 meter indoor title in 2014. Nagel also co-captained the 2013 NCAA Championship team to the program's second NCAA title.



**Sarah Collins '16** earned five All-America honors at Providence College and was a two-time BIG EAST Champion. She claimed the BIG EAST Outdoor 10,000 meter title as well as the BIG EAST Cross Country individual title in her junior year. Collins was an instrumental part of the 2013 NCAA Championship team, finishing 39th overall. During her time at Providence, the Friars captured three BIG EAST Cross Country titles, four NCAA Northeast Regional Titles, and finished in the top four at the NCAA Cross Country Championships three times. (2nd in 2012, 1st in 2013, 4th in 2015).



**Catarina Rocha '16** was a two-time cross-country All-American, and four-time BIG EAST Champion at Providence College. The Peabody, Mass. native was the fourth Friar to cross the finish line for the 2013 National Championship team. Rocha was an individual BIG EAST Champion in cross-country (2017), indoor track (2018) and outdoor track (2016, 2018).



**Millie Paladino '18** earned three BIG EAST Championships, five All-America honors, and was named the Northeast Region Female Athlete of the Year (2018-2019) during her three year stint at Providence College. She claimed two BIG EAST Championships in the 3,000 meter race (2017-2018 and 2018-2019) and another in the mile (2016). The Morgantown, West Virginia native claimed three first-team All-America honors in the mile run including a third-place finish (2016, 2017-2018 and 2018-2019) and two more honorable mentions in the 1,500 meter (2017 and 2019). Paladino set the Providence record in the 1,000 meter at the Boston University John Thomas Terrier Classic with a time of 2:42.13, beating the past record by over five seconds.

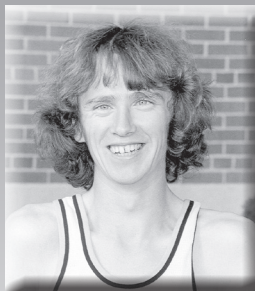


**Brianna Ilarda '18** claimed four All-America honors, four BIG EAST championships, and three Penn Relay championships during her time at Providence College. The Perth, Australia native captured three (one first-team, two second-team) All-America honors in the 3,000 meter steeplechase and one (first-team) All-American honor in the 5,000 meter race. Ilarda won three BIG EAST 3,000 meter steeplechase championships (2016, 2017 and 2019) and named BIG EAST Most Outstanding Track Performer in 2018-2019 after winning the 5,000 meter along with placing second in 3,000 meter race in Indoor Track.





# WORLD CHAMPIONSHIPS QUALIFIERS



**JOHN TREACY**

1983 - HELSINKI - 10,000 METERS  
1987 - ROME - 10,000 METERS



**STEVE BINNS**

1983 - HELSINKI - 10,000 METERS  
1987 - ROME - 10,000 METERS



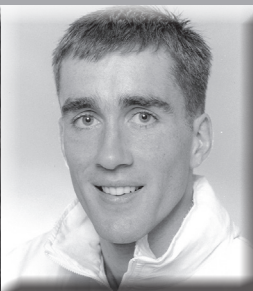
**BRENDAN QUINN**

1983 - HELSINKI - 3,000 METER  
STEEPLECHASE



**GEOFF SMITH**

1987 - ROME - MARATHON



**MARK CARROLL**

1995 - GÖTEBORG - 5,000 METERS  
1997 - ATHENS - 5,000 METERS  
1999 - SEVILLE - 5,000 METERS  
2001 - EDMONTON - 5,000 METERS



**AMY RUDOLPH**

1997 - ATHENS - 5,000 METERS  
1999 - SEVILLE - 5,000 METERS  
2001 - EDMONTON - 5,000 METERS  
2005 - HELSINKI - 5,000 METERS



**MARIA MCCAMBRIDGE**

2001 - EDMONTON - 5,000 METERS  
2005 - HELSINKI - 5,000 METERS



**MARIE MCMAHON**

2003 - PARIS - 10,000 METERS  
2005 - HELSINKI - 10,000 METERS



**KIM SMITH**

2005 - HELSINKI - 10,000 METERS  
2007 - OSAKA - 10,000 METERS  
2009 - BERLIN - 10,000 METERS



**ROISIN MCGETTIGAN**

2005 - HELSINKI - 3,000 METER STEEPLECHASE  
2007 - OSAKA - 3,000 METER STEEPLECHASE  
2009 - BERLIN - 3,000 METER STEEPLECHASE



**MARY CULLEN**

2007 - OSAKA - 5,000 METERS



**MARTIN FAGAN**

2009 - BERLIN - 10,000 METERS



**DEIRDRE BYRNE**

2009 - BERLIN - 1,500 METERS



**STEPH REILLY**

2011 - DAEGU - 3,000 METER STEEPLECHASE



**JULIAN MATTHEWS**

2015 - BEIJING - 1,500 METERS



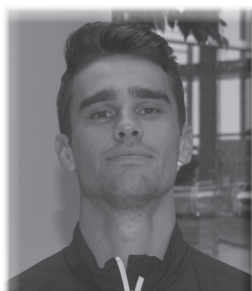
**EMILY SISSON**

2017 - LONDON - 10,000 METERS  
2019 - DOHA - 10,000 METERS



**HARVEY DIXON**

2017 - LONDON - 1,500 METERS



**JULIAN OAKLEY**

2018 - BIRMINGHAM - 3,000 METERS



**BEN CONNOR**

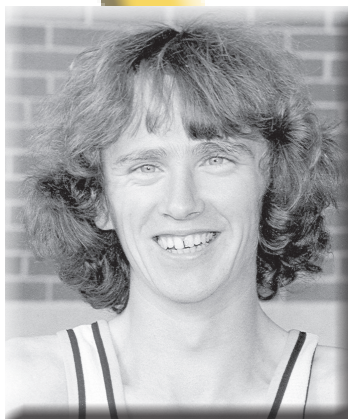
2019 - DOHA - 5,000 METERS





**MICHAEL O'SHEA**

1980 MOSCOW OLYMPICS,  
5,000 METERS



**JOHN TREACY**

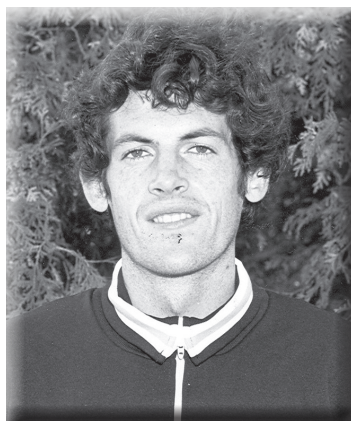
*SILVER MEDALIST 1984*

1980 MOSCOW OLYMPICS, 5,000/10,000 METERS  
1984 LA OLYMPICS, 10,000 METERS/MARATHON  
1988 SEOUL OLYMPICS, MARATHON  
1992 BARCELONA OLYMPICS, MARATHON



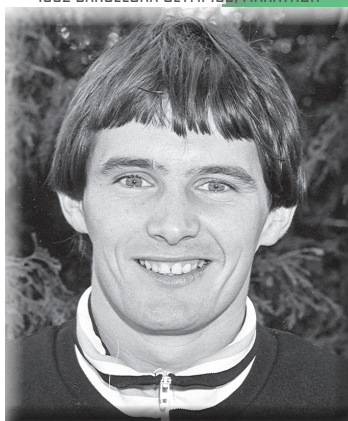
**GEOFF SMITH**

1980 MOSCOW OLYMPICS, 10,000 METERS  
1984 LA OLYMPICS, MARATHON



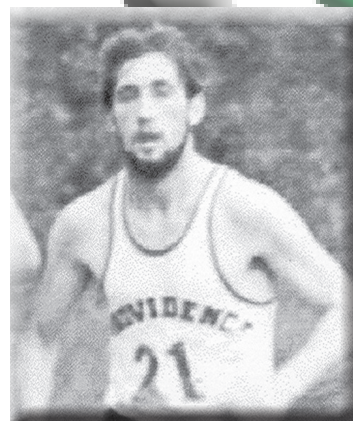
**BRENDAN QUINN**

1988 SEOUL OLYMPICS,  
3,000 METER STEEPLECHASE



**STEVE BINNS**

1988 SEOUL OLYMPICS,  
10,000 METERS



**JOHN DOHERTY**

1988 SEOUL OLYMPICS, 5,000 METERS  
1992 BARCELONA OLYMPICS, 5,000 METERS



**ANDY RONAN**

1992 BARCELONA OLYMPICS,  
MARATHON



**SINEAD DELAHUNTY**

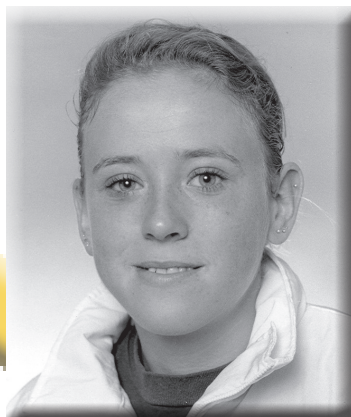
1996 ATLANTA OLYMPICS, 1,500 METERS  
2000 SYDNEY OLYMPICS, 1,500 METERS



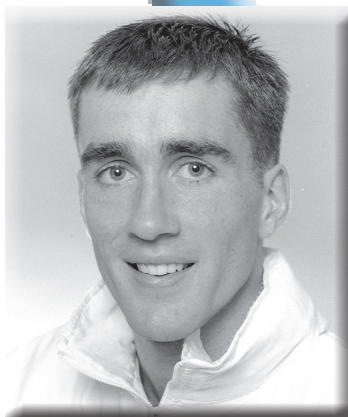
**AMY RUDOLPH**

1996 ATLANTA OLYMPICS, 5,000 METERS  
2000 SYDNEY OLYMPICS, 5,000 METERS



**MARIE MCMAHON**

1996 ATLANTA OLYMPICS, 5,000 METERS  
2004 ATHENS OLYMPICS, 10,000 METERS

**MARK CARROLL**

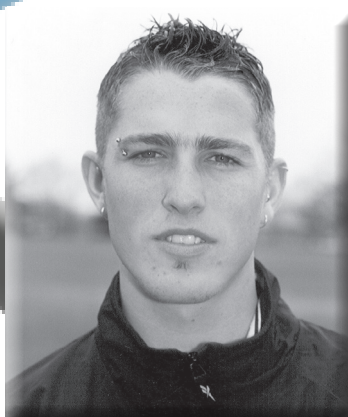
2000 SYDNEY OLYMPICS, 5,000 METERS  
2004 ATHENS OLYMPICS, 10,000 METERS

**MARIA MCCAMBRIDGE**

2004 ATHENS OLYMPICS, 5,000 METERS

**ROISIN MCGETTIGAN**

2008 BEIJING OLYMPICS,  
3,000 METER STEEPLECHASE

**MARTIN FAGAN**

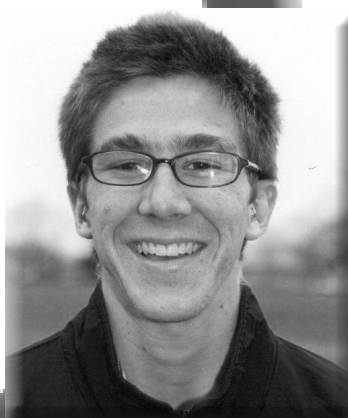
2008 BEIJING OLYMPICS,  
MARATHON

**KIM SMITH**

2004 ATHENS OLYMPICS, 5,000 METERS  
2008 BEIJING OLYMPICS, 10,000 METERS  
2012 LONDON OLYMPICS, MARATHON

**STEPHANIE REILLY**

2012 LONDON OLYMPICS,  
3,000 METER STEEPLECHASE

**DYLAN WYKES**

2012 LONDON OLYMPICS,  
MARATHON

**JULIAN MATTHEWS**

2016 RIO DE JANEIRO OLYMPICS,  
1,500 METERS



# Key Events in Program History

November 22, 1965	Barry Brown finishes 44th at the NCAA Cross Country Championships earning All-American status. Brown is the first Providence College Cross Country All-American
1969	Robert Amato is hired as Providence College Head Cross Country/Track and Field Coach.
1973	Robert Amato recruits Mick O'Shea to run for Providence. O'Shea, a native of Ireland, begins the Irish connection that eventually brings over John and Ray Treacy.
November 24, 1975	Men's Cross Country finishes third at the NCAA Cross Country Championships.
November 21, 1977	Men's Cross Country finishes fourth at the NCAA Cross Country Championships.
March 10, 1978	John Treacy wins the Men's Track and Field's first individual NCAA title in the indoor three mile run in Detroit, Mich.
March 11, 1978	Gerry Degan wins NCAA title in Indoor Two Mile in Detroit, Mich.
March 25, 1978	Providence College Cross Country senior John Treacy wins World Cross Country title in Glasgow, Scotland.
March 25, 1979	Providence College graduate student John Treacy wins second consecutive World Cross Country title in Limerick, Ireland.
October 1979	The Men's Cross Country team wins first BIG EAST Championship
July 1980	Former Friars John Treacy (5,000 and 10,000 meters), Mick O'Shea (5,000 meters) and Geoff Smith (10,000 meters) compete at the Moscow Olympics.
October 1980	The Men's Cross Country team wins the BIG EAST Championship
October 1981	The Men's Cross Country team wins the BIG EAST Championship
November 23, 1981	Men's Cross Country finishes second at the NCAA Cross Country Championships.
October 1982	The Men's Cross Country team wins the BIG EAST Championship
November 22, 1982	Men's Cross Country finishes second at the NCAA Cross Country Championships for the second straight year.
July- August 1984	Former Friar John Treacy competes in 10,000 meters and wins the silver medal in the Marathon at the Los Angeles Olympics. Former Friar Geoff Smith also competes in the marathon.
October 1984	The Men's Cross Country team wins the BIG EAST Championship
April 16, 1984	Former Friar Geoff Smith wins the Boston Marathon.
January 10, 1985	Ray Treacy is hired as the Providence College Men and Women's Cross Country/Track and Field Head Coach.
April 15, 1985	Former Friar Geoff Smith wins the Boston Marathon for the second consecutive year.
October 1985	The Men's Cross Country team wins the BIG EAST Championship
Sept.-Oct. 1988	Former Friars John Treacy (marathon), Brendan Quinn (3,000 meter Steeplechase), Steve Binns (10,000 meters) and John Doherty (5,000 meters) compete at the Seoul Olympics.
October 22, 1988	The Men's Cross Country team wins the BIG EAST Championship
October 20, 1990	The Men's Cross Country team wins the BIG EAST Championship
November 19, 1990	Women's Cross Country finishes second at the NCAA Cross Country Championships
April 15, 1991	Former Friar Andy Ronan finishes third in the Boston Marathon.
April 26, 1991	Providence College Track set the world record in the 4x1,500 meter relay at the Penn Relays with Geraldine Nolan, Natalie Davey, Geraldine Hendricken and Anita Philpott
October 26, 1991	The Men's Cross Country team wins the BIG EAST Championship
March 14, 1992	Andy Keith wins NCAA title in the Indoor Mile.
March 14, 1992	Geraldine Hendricken wins NCAA title in the Indoor 3,000 meters and along with Sinead Delahunty (second in mile) and 4x 800-meter (fifth) leads Women's Track team to fourth place finish at NCAA Championships.
July-August 1992	Former Friars John Treacy (marathon), in his fourth Olympics, John Doherty (5,000 meters), and Andy Ronan (marathon) compete at the Barcelona Olympics.
October 24, 1992	The Men's Cross Country team wins the BIG EAST Championship
November 23, 1992	Men's Cross Country finishes third at the NCAA Cross Country Championships.



March 12, 1994	Amy Rudolph wins NCAA title in the Indoor Mile.
June 3, 1994	Amy Rudolph wins NCAA title in the Outdoor 1,500 meters.
March 10, 1995	Mark Carroll wins NCAA title in the Indoor 5,000 meters.
October 28, 1995	The Men's and Women's Cross Country teams win the BIG EAST Championship
November 20, 1995	Women's Cross Country wins programs first NCAA Cross Country Championship. It is the first NCAA team title in the history of Providence College.
March 8, 1996	Marie McMahon wins NCAA title in the Indoor 5,000 meters.
July-August 1996	Former Friars Sinead Delahunty (1,500 meters) and Amy Rudolph (5,000 meters) and Marie McMahon (5,000 meters), a junior at Providence College, compete at the Atlanta Olympics.
November 1, 1996	The Men's and Women's Cross Country teams win the BIG EAST Championship
October 31, 1997	The Women's Cross Country team wins the BIG EAST Championship
October 30, 1998	The Men's Cross Country team wins the BIG EAST Championship
September – October 2000	Former Friars Sinead Delahunty (1,500 meters), Amy Rudolph (5,000 meters), and Mark Carroll (5,000 meters) compete at the Sydney Olympics.
October 27, 2000	The Men's Cross Country team wins the BIG EAST Championship
November 20, 2000	Keith Kelly wins Individual NCAA Cross Country title to lead the men's team to a third place finish at the NCAA Cross Country Championships.
November 24, 2003	Women's Cross Country finishes third at the NCAA Cross Country Championships.
March 12, 2004	Kim Smith wins NCAA title in the Indoor 5,000 meters, setting the NCAA record in the process.
March 13, 2004	Kim Smith wins NCAA title in the Indoor 3,000 meters, setting the NCAA record in the process.
June 11, 2004	Kim Smith wins the NCAA title in the Outdoor 5,000 meters.
August 2004	Former Friars Marie McMahon 10,000 meters, Mark Carroll (10,000 meters), Marie McCambridge (5,000 meters), and Kim Smith (5,000 meters), a senior at Providence at the time, compete at the Athens Olympics.
October 29, 2004	The Women's Cross Country team wins the BIG EAST Championship
November 23, 2004	Kim Smith wins Individual NCAA Cross Country title to lead Women's Cross Country to a third place finish at the NCAA Cross Country Championships.
June 9, 2006	Mary Cullen wins the NCAA title in the Outdoor 5,000 meters.
October 27, 2006	The Men and Women's Cross Country teams wins the BIG EAST Championship
August 2008	Former Friars Rosin McGettigan (3,000 meter Steeplechase), Kim Smith (10,000 meters) and Martin Fagan (marathon) competes at the Beijing Olympics.
June 11, 2009	Providence Track's Danette Doetzel wins the NCAA title in the Outdoor 10,000 meters.
July-August 2012	Former Friars Kim Smith (marathon), Stephanie Reilly (3,000 meter Steeplechase), and Dylan Wykes (marathon) competes at the London Olympics.
November 17, 2012	Women's Cross Country finishes second at the NCAA Cross Country Championships.
November 2, 2013	The Women's Cross Country team wins the BIG EAST Championship
November 23, 2013	Women's Cross Country wins the NCAA Cross Country Championships.
February 28, 2015	Emily Sisson wins BIG EAST title in Indoor 5,000 meters and breaks Former Friar Kim Smith's NCAA record in the process.
March 13, 2015	Emily Sisson wins NCAA title in the Indoors 5,000 meters.
June 12, 2015	Emily Sisson wins NCAA title in the Outdoor 5,000 meters.
October 31, 2015	The Women's Cross Country team wins the BIG EAST Championship.
November 21, 2015	Women's Cross Country finishes fourth at the NCAA Cross Country Championships.
August 2016	Former Friar Julian Matthews competes in the 1,500 meters at the Rio de Janeiro Olympics.
October 28, 2016	Women's Cross Country wins the BIG EAST Championship.
August 5, 2017	Emily Sisson finished ninth at the World Outdoor Championship in the 10,000 meters.
March 4, 2018	Former Friar Julian Oakley finishes ninth at the IAAF World Indoor Championships in the United Kingdom in the 3,000 meters.
August 2019	Emily Sisson finishes tenth at the IAAF World Outdoor Championships in the 10,000 meter.



**MEN'S NCAA RESULTS****MEN'S CROSS COUNTRY****AT THE NCAA CHAMPIONSHIP**

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	-	2003	24th	1987	20th	1971	27th
2018	-	2002	13th	1986	22nd	1970	-
2017	-	2001	10th	1985	-		
2016	24th	2000	3rd	1984	6th		
2015	-	1999	19th	1983	7th		
2014	13th	1998	10th	1982	2nd		
2013	16th	1997	16th	1981	2nd		
2012	-	1996	22nd	1980	16th		
2011	22nd	1995	8th (tied)	1979	12th		
2010	22nd	1994	-	1978	12th		
2009	20th	1993	-	1977	4th		
2008	20th	1992	3rd	1976	9th		
2007	27th	1991	13th	1975	3rd		
2006	9th	1990	-	1974	5th		
2005	-	1989	-	1973	-		
2004	21st	1988	13th	1972	-		

**MEN'S INDOOR TRACK****AT THE NCAA CHAMPIONSHIP**

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2020	-	2007	51st (tied)	1994	13th (tied)	1981	-
2019	-	2006	47th (tied)	1993	24th (tied)	1980	-
2018	-	2005	-	1992	13th		
2017	-	2004	66th (tied)	1991	-		
2016	58th (tied)	2003	-	1990	-		
2015	-	2002	-	1989	-		
2014	-	2001	38th	1988	44th		
2013	-	2000	-	1987	-		
2012	-	1999	-	1986	-		
2011	64th	1998	-	1985	-		
2010	-	1997	43rd	1984	-		
2009	27th (tied)	1996	57th	1983	-		
2008	-	1995	21st (tied)	1982	36th (tied)		

**MEN'S OUTDOOR TRACK****AT THE NCAA CHAMPIONSHIP**

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	-	2006	16th (tied)	1993	18th (tied)
2018	-	2005	-	1992	-
2017	-	2004	-	1991	-
2016	-	2003	-	1990	20th (tied)
2015	-	2002	-	1989	-
2014	-	2001	64th	1988	-
2013	-	2000	-	1987	-
2012	-	1999	-	1986	-
2011	-	1998	-	1985	-
2010	-	1997	-	1984	-
2009	-	1996	-	1983	85th (tied)
2008	-	1995	28th (tied)	1982	-
2007	62nd (tied)	1994	-		



## MEN'S BIG EAST RESULTS

## MEN'S CROSS COUNTRY

## AT THE BIG EAST CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	5th	2003	4th	1987	2nd
2018	5th	2002	2nd	1986	2nd
2017	4th	2001	3rd	1985	1st
2016	2nd	2000	1st	1984	1st
2015	3rd	1999	4th	1983	3rd
2014	3rd	1998	1st	1982	1st
2013	2nd	1997	2nd	1981	1st
2012	4th	1996	1st	1980	1st
2011	5th	1995	1st	1979	1st
2010	3rd	1994	7th		
2009	5th	1993	6th		
2008	4th	1992	1st		
2007	3rd	1991	1st		
2006	1st	1990	1st		
2005	3rd	1989	2nd		
2004	3rd	1988	1st		

## MEN'S INDOOR TRACK

## AT THE BIG EAST CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2020	7th	2007	9th	1994	8th	1981	8th
2019	6th	2006	11th	1993	7th	1980	7th
2018	7th	2005	8th	1992	5th		
2017	7th	2004	8th	1991	8th		
2016	6th	2003	10th	1990	7th		
2015	6th	2002	13th	1989	6th		
2014	5th	2001	11th	1988	7th		
2013	9th	2000	7th	1987	9th		
2012	10th	1999	11th	1986	9th		
2011	10th	1998	13th	1985	9th		
2010	13th	1997	13th	1984	7th		
2009	9th	1996	12th	1983	7th		
2008	12th	1995	10th	1982	5th		

## MEN'S OUTDOOR TRACK

## AT THE BIG EAST CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	6th	2006	13th	1993	10th	1980	7th
2018	6th	2005	9th	1992	9th		
2017	7th	2004	8th	1991	9th		
2016	7th	2003	12th	1990	8th		
2015	6th	2002	11th	1989	5th		
2014	6th	2001	11th	1988	9th		
2013	13th	2000	12th	1987	7th		
2012	13th	1999	13th	1986	9th		
2011	12th	1998	13th	1985	8th		
2010	13th	1997	13th	1984	8th		
2009	12th	1996	13th	1983	6th		
2008	13th	1995	9th	1982	7th		
2007	14th	1994	9th	1981	7th		





## MEN'S TRACK RECORDS

EVENT	NAME	TIME	MEET/LOCATION	YEAR	EVENT	NAME	TIME	MEET/LOCATION	YEAR
<b>200 Meters</b> (Outdoors)	Robert Dugas	21.8		1951	<b>4 x 800 Meter Relay</b> (Indoors)	Nick Berluti Chris McDermott James Lourenco Charles Dewey John Duggan Frank Conway Sean Keohane John Evans	7:28.60	BIG EAST Champ.	2/08
<b>400 Meters</b> (Indoors) (Outdoors)	Charles Dewey Austin King	48.47 48.37	Boston, Mass. BIG EAST Champ.	1/07 5/14					
<b>500 Meters</b> (Indoors)	James Lourenco	1:03.43	Boston, Mass.	2/08	(Outdoors)		7:29.12	Villanova	5/88
<b>600 Yards</b> (Indoors)	John Evans	1:11.51	Greater Boston Inv.	1/88	<b>Distance Medley</b> (Indoors)	Brian Stannard Charles Dewey Dominic Channon David McCarthy Max Smith Charlie Dewey Richard Jones Martin Fagan	9:36.25	IC4A Champ.	3/09
<b>800 Meters</b> (Indoors) (Outdoors)	Andy Keith Andy Keith	1:48.66 1:47.56	New England Champ. IC4A'S	2/88 5/92	(Outdoors)		9:36.56	Penn Relays	4/06
<b>880 Yards</b> (Indoors)	John Evans	1:51.0	Boston	1/86	<b>4x1,500 Meters</b> (Outdoors)	Nick Jackson Mark Carroll Mark Burdis Andy Keith	15:02.63	Penn Relays	4/93
<b>1,000 Yards</b> (Indoors)	John Evans	2:09.60	Boston	1/86	<b>4 Mile Relay</b> (Outdoors)	Michael Byrne John Savoie Peter Crooke Mick O'Shea	16:20.90	Des Moines, Iowa	4/77
<b>1,000 Meters</b> (Indoors)	Andy Keith	2:20.05	Terrier Classic	1/94	<b>FIELD</b> High Jump	Don Fernandez	6' - 9"	Yale University	1/92
<b>1,500 Meters</b> (Indoors) (Outdoors)	Andy Keith Mark Carroll	3:40.02 3:36.52	New England Champ.- N.E. College Record Hectel, Belgium	3/92 6/95	Long Jump	Armond Hodge	6.64 m	Fordham	12/06
<b>Mile Run</b> (Indoors) (Outdoors)	David McCarthy Max Smith	3:55.75 3:56.46	Terrior Invitational - N.E. College Record Brasschaat, Belgium	1/12 7/07	Triple Jump	John Olayiwola	13.46 m	BIG EAST Champ.	2/16
<b>3,000 Meters</b> (Indoors) (Outdoors)	Andy Keith John Treacy	7:49.83 7:48.60	Mobil One Grand Prix Los Angeles	2/94 5/78	Javelin	Chris Shanahan	61.64m	Raleigh Relays	3/19
<b>3,000 Meter Steeplechase</b> (Outdoors)	Brendan Quinn	8:28.95	Dublin, Ireland	6/83	Heptathlon	Phil Reid	4323 pts	BIG EAST Champ.	3/15
<b>Two Mile Run</b> (Indoors)	John Treacy	8:30.60	Boston	2/78	Decathlon	Phil Reid	5835 pts	BIG EAST Champ.	5/15
<b>5,000 Meters</b> (Indoors) (Outdoors)	Geoff Smith Mark Carroll	13:23.60 13:13.94	New York Lille, France	2/81 6/95					
<b>10,000 Meters</b> (Outdoors)	John Treacy	27:55.20	Penn Relays Penn Relays Record	4/78					
<b>RELAYS</b> <b>4 x 400</b> (Indoors)	Brian Stannard Charles Dewey Issiah Davis Alan Pandiani	3:20.53	New England's	2/09					
(Outdoors)	Alan Pandiani Thomas Manglaviti Charles Dewey Brian Stannard	3:15.82	New England's	5/09					



## MEN'S HONOR ROLL

## BIG EAST CHAMPIONS

YEAR	NAME	SEASON	EVENT			
				1999	David Healy	Indoor Track 3,000 Meters
					Ben Noad	Cross Country
					Keith Kelly	Outdoor Track 10,000 Meters
1980	Brendan Quinn	Cross Country			Keith Kelly	Indoor Track 3,000 Meters
	Ray Treacy	Indoor Track	5,000 Meters	2000	Keith Kelly	Indoor Track 5,000 Meters
	Dan Dillon	Indoor Track	3,000 Meters		Larry Morrissey	Indoor Track Distance Medley
1981	Ray Treacy	Indoor Track	5,000 Meters		Chris Livesey	Indoor Track Distance Medley
	Brendan Quinn	Outdoor Track	3,000 Meter Steeple.		Kevin Cashman	Indoor Track Distance Medley
	Geoff Smith	Outdoor Track	5,000 Meters		Paul Reilly	Indoor Track Distance Medley
1982	Brendan Quinn	Cross Country		2001	Keith Kelly	Cross Country
	Steve Binns	Indoor Track	3,000 Meters		Keith Kelly	Indoor Track 3,000 Meters
	Ray Treacy	Indoor Track	5,000 Meters		Keith Kelly	Outdoor Track 5,000 Meters
	Brendan Quinn	Outdoor Track	3,000 Meter Steeple.		Hamish Thorpe	Indoor Track Distance Medley
1983	Jimmy Fallon	Indoor Track	3,000 Meters		Kevin Cashman	Indoor Track Distance Medley
	Brendan Quinn	Outdoor Track	3,000 Meter Steeple.		Larry Morrissey	Indoor Track Distance Medley
	Steve Binns	Outdoor Track	5,000 Meters		Keith Kelly	Indoor Track Distance Medley
	Geoff Smith	Outdoor Track	10,000 Meters	2002	Adam Sutton	Cross Country
1984	Richard O'Flynn	Cross Country		2004	Adam Sutton	Indoor Track 5,000 Meters
	Richard O'Flynn	Indoor Track	3,000 Meters		Dylan Wykes	Indoor Track 3,000 Meters
	Andy Ronan	Indoor Track	5,000 Meters	2005	Liam Reale	Indoor Track 1,000 Meters
	Richard Mulligan	Outdoor Track	10,000 Meters	2005	Martin Fagan	Cross Country
1985	Richard O'Flynn	Indoor Track	3,000 Meters	2006	Martin Fagan	Indoor Track 3,000 Meters
	Andy Ronan	Outdoor Track	10,000 Meters		Martin Fagan	Indoor Track 5,000 Meters
1986	John Evans	Indoor Track	800 Meters		Martin Fagan	Outdoor Track 5,000 Meters
	Andy Ronan	Indoor Track	5,000 Meters		Max Smith	Indoor Track Mile
	Andy Ronan	Outdoor Track	10,000 Meters		Martin Fagan	Cross Country
1987	Mark Keller	Outdoor Track	10,000 Meters	2007	Max Smith	Indoor Track Mile
1988	John Evans	Indoor Track	1,000 Meters		Martin Fagan	Indoor Track 3,000 Meters
	Frank Conway	Indoor Track	3,000 Meters		Max Smith	Outdoor Track 1,500 Meters
	Frank Conway	Outdoor Track	3,000 Meter Steeple.	2009	David McCarthy	Indoor Track 3,000 Meters
	Mark Keller	Outdoor Track	10,000 Meters		Hayden McLaren	Indoor Track 1,000 Meters
1989	Frank Conway	Indoor Track	1,000 Meters		David McCarthy	Indoor Track Distance Medley
	Mike Scanlon	Indoor Track	3,000 Meters		Nick Berluti	Indoor Track Distance Medley
	Frank Conway	Outdoor Track	1,500 Meters		Brian Stannard	Indoor Track Distance Medley
	John Duggan	Outdoor Track	5,000 Meters		Charles Dewey	Indoor Track Distance Medley
1990	John Evans	Indoor Track	1,000 Meters	2010	Lee Carey	Cross Country
1992	Andy Keith	Indoor Track	1,000 Meters	2012	David McCarthy	Indoor Track 3,000 Meters
	Chris Teague	Indoor Track	3,000 Meters		David McCarthy	Indoor Track Distance Medley
	Andy Keith	Indoor Track	4 X 800 Meters		Julian Matthews	Indoor Track Distance Medley
	Chris Teague	Indoor Track	4 X 800 Meters		Shane Quinn	Indoor Track Distance Medley
	Mark Carroll	Indoor Track	4 X 800 Meters		Nik Andrews	Indoor Track Distance Medley
	Jack Davidson	Indoor Track	4 X 800 Meters	2013	Julian Matthews	Indoor Track 1,000 Meters
	Paul Logan	Outdoor Track	10,000 Meters		Shane Quinn	Indoor Track 5,000 Meters
1993	Mark Carroll	Cross Country		2017	Stephen Robertson	Outdoor Track 10,000 Meters
	Andy Keith	Indoor Track	1,000 Meters			
	Mark Burdis	Indoor Track	5,000 Meters			
	Mark Burdis	Indoor Track	3,000 Meters			
	Mark Burdis	Outdoor Track	3,000 Meter Steeple.			
1994	Andy Keith	Indoor Track	1,000 Meters			
	Mark Carroll	Indoor Track	3,000 Meters			
	David Healy	Indoor Track	Distance Medley			
	Jason Martin	Indoor Track	Distance Medley			
	Andy Keith	Outdoor Track	Distance Medley			
	Mark Carroll	Indoor Track	Distance Medley			
	Andy Keith	Outdoor Track	1,500 Meters			
1995	Mark Carroll	Indoor Track	3,000 Meters			
	Mark Carroll	Outdoor Track	1,500 Meters			
	David Healy	Outdoor Track	5,000 Meters			
1996	Mark Carroll	Cross Country				





## MEN'S HONOR ROLL

## IC4A CHAMPIONS

YEAR	NAME	SEASON	EVENT
1976	Michael O'Shea	Outdoor Track	5,000 Meters
1977	John Treacy	Indoor Track	3 Mile Run
1981	Steve Binns	Cross Country	
	Ray Treacy	Outdoor Track	10,000 Meters
1982	Brendan Quinn	Cross Country	
	Ray Treacy	Indoor Track	5,000 Meters
1983	Richard O'Flynn	Cross Country	
	Brendan Quinn	Outdoor Track	3,000 Meter Steeple.
1984	Richard O'Flynn	Cross Country	
1985	Richard O'Flynn	Indoor Track	5,000 Meters
1986	John Evans	Indoor Track	800 Meters
1988	John Evans	Outdoor Track	800 Meters
1989	Frank Conway	Outdoor Track	1,500 Meters
1990	John Evans	Outdoor Track	800 Meters
	Bill Mullaney	Outdoor Track	1,500 Meters
1993	Andy Keith	Indoor Track	1,000 Meters
			***MEET RECORD***
1995	Mark Carroll		Cross Country
1997	Steve Myers	Indoor Track	Mile
1998	Keith Kelly	Outdoor Track	10,000 Meters
1999	Keith Kelly	Outdoor Track	10,000 Meters
2000	Keith Kelly	Indoor Track	5,000 Meters
2001	Paul Reilly	Indoor Track	3,000 Meters
	Dermot Galvin	Outdoor Track	10,000 Meters
2002	Hamish Thorpe	Indoor Track	Mile
	Adam Sutton	Outdoor Track	5,000 Meters
2004	Adam Sutton	Indoor Track	5,000 Meters
2004	Liam Reale	Indoor Track	Distance Medley
	Dan Robb	Indoor Track	Distance Medley
	Richard Jones	Indoor Track	Distance Medley
	Martin Fagan	Indoor Track	Distance Medley
2007	Hayden McLaren	Indoor Track	1,000 Meters
2008	Ahmed Haji	Indoor Track	5,000 Meters
2009	Hayden McLaren	Indoor Track	Distance Medley
	Brian Stannard	Indoor Track	Distance Medley
	Charles Dewey	Indoor Track	Distance Medley
	Dominic Channon	Indoor Track	Distance Medley
			***MEET RECORD***
2014	Benjamin Connor	Indoor Track	5,000 Meters
2015	Harvey Dixon	Indoor Track	Mile
2018	Michael O'Leary	Indoor Track	Distance Medley
	Joseph Hurton	Indoor Track	
	Jack Carleo	Indoor Track	
	Nick Carleo	Indoor Track	
2019	Nick Carleo	Indoor Track	Distance Medley
	Jack Carleo		
	Jared Grossi		
	Michael Wyman		

## ALL-AMERICANS

YEAR	NAME	SEASON	EVENT
1965	Barry Brown	Cross Country	
1974	Michael O'Shea	Cross Country	
1976	Michael O'Shea	Cross Country	
	John Treacy	Cross Country	
	Stetson Arnold	Cross Country	
1977	John Treacy	Cross Country	
1978	John Treacy	Cross Country	
	Gerry Deegan	Cross Country	
	Danny Dillon	Cross Country	
	John Treacy	Indoor Track	3 Mile Run
	Gerry Deegan	Indoor Track	2 Mile Run
	John Treacy	Outdoor Track	
	Gerry Deegan	Outdoor Track	
1979	Ray Treacy	Cross Country	
	Danny Dillon	Cross Country	
1981	Ray Treacy	Cross Country	
1982	Ray Treacy	Cross Country	
	Steve Binns	Cross Country	
	Brendan Quinn	Cross Country	
	Geoff Smith	Indoor Track	
	Steve Binns	Indoor Track	
1983	Brendan Quinn	Cross Country	
	Richard O'Flynn	Cross Country	
	Steve Binns	Cross Country	
1984	Richard O'Flynn	Cross Country	
	Andy Ronan	Cross Country	
1985	Richard O'Flynn	Cross Country	
1986	Andy Ronan	Cross Country	
1988	Frank Conway	Indoor Track	Mile Run
1989	Frank Conway	Indoor Track	Mile Run
1990	John Evans	Outdoor Track	1,500 Meters
	Bill Mullaney	Outdoor Track	1,500 Meters
1992	Paul Logan	Cross Country	
	Chris Teague	Indoor Track	3,000 Meters
	Andy Keith	Indoor Track	Mile Run
1993	Mark Carroll	Cross Country	
	Chris Teague	Cross Country	
	Mark Carroll	Outdoor Track	1,500 Meters
	Andy Keith	Indoor Track	Mile Run
	Andy Keith	Outdoor Track	1,500 Meters
1994	Andy Keith	Cross Country	
	Mark Carroll	Indoor Track	3,000 Meters
	Andy Keith	Indoor Track	Mile Run
1995	Mark Carroll	Indoor Track	5,000 Meters
	Mark Carroll	Outdoor Track	5,000 Meters
1996	Mark Carroll	Cross Country	
	David Healy	Indoor Track	3,000 Meters
1997	Mike Donnelly	Indoor Track	5,000 Meters
	Mike Donnelly	Outdoor Track	10,000 Meters
1998	Ben Noad	Cross Country	
1999	Ben Noad	Cross Country	
	Keith Kelly	Cross Country	
2000	Keith Kelly	Cross Country	
2001	Dermot Galvin	Cross Country	
	Hamish Thorpe	Cross Country	
	Keith Kelly	Cross Country	



## MEN'S HONOR ROLL

## PROVIDENCE COLLEGE OUTDOOR WORLD CHAMPIONSHIPS QUALIFIERS

YEAR	NAME	SITE	EVENT
1983	John Treacy	Helsinki	10,000 Meters
	Steve Binns	Helsinki	10,000 Meters
	Brendan Quinn	Helsinki	3,000 Meter Steeplechase
1987	John Treacy	Rome	5,000/ 10,000 Meters
	Steve Binns	Rome	10,000 Meters
	Geoff Smith	Rome	Marathon
1995	Mark Carroll	Goteborg	5,000 Meters
1997	Mark Carroll	Athens	5,000 Meters
1999	Mark Carroll	Seville	5,000 Meters
2001	Mark Carroll	Edmonton	5,000 Meters
2009	Martin Fagan	Berlin	10,000 Meters
2015	Julian Matthews	Beijing	1,500 Meters
2017	Harvey Dixon	London	1,500 Meters
2019	Ben Connor	Doha	5,000 Meters

## PROVIDENCE COLLEGE OLYMPIANS

YEAR	NAME	SITE	EVENT
1980	John Treacy	Moscow Olympics	5,000/10,000 Meters
	Geoff Smith	Moscow Olympics	10,000 Meters
	Michael O'Shea	Moscow Olympics	5,000 Meters
1984	John Treacy	Los Angeles Olym.	10,000 M./Marathon
***SILVER MEDALIST IN THE MARATHON***			
	Geoff Smith	Los Angeles Olym.	Marathon
1988	John Treacy	Seoul Olympics	Marathon
	Steve Binns	Seoul Olympics	10,000 Meters
	Brendan Quinn	Seoul Olympics	3,000 Meter Steeplechase
	John Doherty	Seoul Olympics	5,000 Meters
1992	John Treacy	Barcelona Olym.	Marathon
	Andy Ronan	Barcelona Olym.	Marathon
	John Doherty	Barcelona Olym.	5,000 Meters
2000	Mark Carroll	Sydney Olympics	5,000 Meters
2004	Mark Carroll	Athens Olympics	5,000 Meters
2008	Martin Fagan	Beijing Olympics	Marathon
2012	Dylan Wykes	London Olympics	Marathon
2016	Julian Matthews	Rio Olympics	1,500 Meters

	Keith Kelly	Indoor Track	5,000 Meters
	Keith Kelly	Outdoor Track	10,000 Meters
2002	Adam Sutton	Cross Country	
	Hamish Thorpe	Cross Country	
2003	Adam Sutton	Cross Country	
2004	Adam Sutton	Indoor Track	5,000 meters
2005	Martin Fagan	Cross Country	
2006	Martin Fagan	Cross Country	
	Martin Fagan	Outdoor Track	10,000 Meters
	Max Smith	Indoor Track	Mile Run
	Max Smith	Outdoor Track	1,500 Meters
2007	Martin Fagan	Indoor Track	3,000 Meters
	Max Smith	Outdoor Track	1,500 Meters
	Ahmed Haji	Cross Country	
2008	David McCarthy	Cross Country	
2009	David McCarthy	Indoor Track	Mile Run
	Hayden McLaren	Indoor Track	Mile Run
2010	Lee Carey	Cross Country	
2011	David McCarthy	Indoor Track	3,000 Meters
	Julian Matthews	Indoor Track	Mile
	Julian Matthews	Outdoor Track	1,500 Meters
2012	David McCarthy	Indoor Track	Mile
2013	Julian Matthews	Indoor Track	Mile
2014	Shane Quinn	Cross Country	
	Benjamin Connor	Cross Country	
2015	Julian Oakley	Indoor Track	Mile
2016	Julian Oakley	Indoor Track	Mile
	Jordan Mann	Outdoor Track	3,000 m Steeple
2017	Julian Oakley	Outdoor Track	5,000 Meters

## NCAA CHAMPIONS

YEAR	NAME	SEASON	EVENT
1978	John Treacy	Indoor Track	3 Mile Run
	Gerry Deegan	Indoor Track	2 Mile Run
1992	Andy Keith	Indoor Track	Mile Run
1995	Mark Carroll	Indoor Track	5,000 Meters
2000	Keith Kelly	Cross Country	





## WOMEN'S NCAA RESULTS

CROSS COUNTRY  
AT THE NCAA CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	-	2006	7th	1993	5th
2018	-	2005	16th	1992	5th
2017	16th	2004	3rd	1991	9th
2016	13th	2003	3rd	1990	2nd
2015	4th	2002	6th	1989	10th
2014	13th	2001	10th	1988	-
2013	1st	2000	9th	1987	-
2012	2nd	1999	10th	1986	-
2011	-	1998	14th	1985	-
2010	9th	1997	6th	1984	-
2009	11th	1996	7th	1983	-
2008	13th	1995	1st	1982	-
2007	26th	1994	5th	1981	-

INDOOR TRACK  
AT THE NCAA CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2020	-	2007	50th (tied)	1994	12th (tied)
2019	35th	2006	26th (tied)	1993	-
2018	45th (tied)	2005	-	1992	4th (tied)
2017	41st	2004	9th	1991	-
2016	-	2003	32nd (tied)	1990	12th (tied)
2015	11th	2002	37th (tied)	1989	33rd (tied)
2014	55th (tied)	2001	-	1988	-
2013	-	2000	-	1987	-
2012	-	1999	38th	1986	-
2011	-	1998	14th	1985	-
2010	-	1997	-	1984	-
2009	45th (tied)	1996	18th	1983	-
2008	-	1995	25th (tied)		

OUTDOOR TRACK  
AT THE NCAA CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	-	2006	16th (tied)	1993	36th (tied)
2018	-	2005	29th	1992	4th (tied)
2017	72nd	2004	22nd	1991	15th (tied)
2016	-	2003	27th	1990	56th (tied)
2015	20th (tied)	2002	64th (tied)	1989	-
2014	-	2001	-	1988	-
2013	49th (tied)	2000	-	1987	-
2012	47th (tied)	1999	67th	1986	-
2011	-	1998	-	1985	-
2010	49th (tied)	1997	52nd (tied)	1984	-
2009	29th (tied)	1996	31st (tied)	1983	-
2008	31st (tied)	1995	12th (tied)		
2007	41st (tied)	1994	19th		



## WOMEN'S BIG EAST RESULTS

CROSS COUNTRY  
AT THE BIG EAST CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	4th	2006	1st	1992	3rd
2018	3rd	2005	2nd	1993	3rd
2017	2nd	2004	1st	1991	2nd
2016	1st	2003	2nd	1990	2nd
2015	1st	2002	4th	1989	3rd
2014	2nd	2001	3rd	1988	2nd
2013	1st	2000	2nd	1987	2nd
2012	3rd	1999	2nd	1986	4th
2011	2nd	1998	3rd	1985	4th
2010	4th	1997	1st	1984	7th
2009	5th	1996	1st	1983	6th
2008	4th	1995	1st	1982	7th
2007	2nd	1994	2nd		

INDOOR TRACK  
AT THE BIG EAST CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2020	7th	2007	7th	1994	7th
2019	7th	2006	11th	1993	9th
2018	6th	2005	12th	1992	5th
2017	7th	2004	8th	1991	8th
2016	6th	2003	9th	1990	6th
2015	7th	2002	10th	1989	7th
2014	6th	2001	13th	1988	6th
2013	11th	2000	13th	1987	4th
2012	12th	1999	11th	1986	8th
2011	12th	1998	8th	1985	9th
2010	16th	1997	12th	1984	8th
2009	10th	1996	7th	1983	8th
2008	13th	1995	7th		

OUTDOOR TRACK  
AT THE BIG EAST CHAMPIONSHIP

YEAR	FINISH	YEAR	FINISH	YEAR	FINISH
2019	7th	2006	14th	1993	7th
2018	7th	2005	11th	1992	9th
2017	T-6th	2004	10th	1991	8th
2016	6th	2003	12th	1990	5th
2015	6th	2002	11th	1989	7th
2014	7th	2001	13th	1988	8th
2013	11th	2000	13th	1987	4th
2012	12th	1999	12th	1986	8th
2011	15th (tied)	1998	10th	1985	9th
2010	15th	1997	11th	1984	7th
2009	15th (tied)	1996	11th	1983	7th
2008	14th	1995	9th		
2007	13th	1994	10th		





## WOMEN'S TRACK RECORDS

EVENT	NAME	TIME	MEET	YEAR	EVENT	NAME	TIME	MEET	YEAR
<b>100 Meters</b> (Outdoors)	Helen Jessie	12.53	BIG EAST Champ.	5/87	<b>RELAYS</b>				
<b>200 Meters</b> (Indoors) (Outdoors)	Jacqui Stokes Dionne Wilson	25.06 24.79	Boston Univ. West Point Inv.	1/87 4/90	<b>4 X 100 Meters</b> (Outdoors)	Carolanne Byrne Crystal Jones Helen Jessie Jacqui Stokes	48.06	BIG EAST Champ.	5/87
<b>400 Meters</b> (Indoors) (Outdoors)	Dionne Wilson Dionne Wilson	55.86 54.20	Boston Univ. BIG EAST Champ.	3/92 5/91	<b>4 X 400 Meters</b> (Indoors)	Kara Corridon Jacqui Stokes Siobhan Gallagher Geraldine Hendricken	3:53.70	New England Champ.	2/90
<b>500 Meters</b> (Indoors)	Dionne Wilson	1:13.11	BIG EAST Champ.	2/92	(Outdoors)	Kara Corridon Jacqui Stokes Dionne Wilson Siobhan Gallagher	3:47.80	BIG EAST Champ.	5/90
<b>600 Yards</b> (Indoors)	Kara Corridon	1:23.86	New England Champ.	3/89					
<b>800 Meters</b> (Indoors) (Outdoors)	Roisin McGettigan Geraldine Nolan	2:05.91 2:06.98	Boston Univ. Athens, Greece	2/03 6/90	<b>4x800 Meters</b> (Indoors)	Geraldine Hendricken Sinead Delahunty Siobhan Gallagher Geraldine Nolan	8:38.10	BIG EAST Champ.	2/90
<b>1,000 Meters</b> (Indoors)	Millie Paladino	2:42.13	Terrier Classic	3/19	(Outdoors)	Natalie Davey Geraldine Nolan Sinead Delahunty Geraldine Hendricken	8:42.03	BIG EAST Champ.	5/91
<b>1,500 Meters</b> (Outdoors)	Amy Rudolph	4:11.18	U.S.T.F. Champ.	6/95					
<b>Mile</b> (Indoors) (Outdoors)	Kim Smith Sinead Delahunty	4:30.61 4:34.38	Boston Univ. Cork, Ireland	2/04 7/91	<b>Distance Medley</b> (Indoors)	Geraldine Nolan Jacqui Stokes Siobhan Gallagher Geraldine Hendricken	11:04.45	ECAC Champ.	3/90
<b>3,000 Meters</b> (Indoors)	Kim Smith	8:49.18	NCAA Champ.	3/04	(Outdoors)	Sinead Delahunty Dionne Wilson Geraldine Nolan Geraldine Hendricken	11:00.67	Penn Relays	4/92
(Outdoors)	Geraldine Hendricken	9:02.33	NCAA Champ.	6/91					
<b>3,000 Meter Steeplechase</b> (Outdoors)	Roisin McGettigan	9:50.12	NCAA Champ.	6/03					
<b>5,000 Meters</b> (Indoors)	Emily Sisson	15:12.22	BIG EAST Champ.	2/15	<b>4x1,500 Meters</b> (Outdoors)	Anita Philpott Geraldine Nolan Natalie Davey Geraldine Hendricken	17:22.30	Penn Relays	4/91
(Outdoors)	Kim Smith	15:09.72	Mount Sac Relays	4/04			***WORLD RECORD***		
		***NCAA RECORD***							
<b>10,000 Meters</b> Outdoors	Emily Sisson	31:38.03	Payton Jordan Inv.	4/15					
<b>FIELD</b>									
<b>Long Jump</b> (Indoors) (Outdoor)	Jacqui Stokes Jacqui Stokes	19'2" 19'0"	Greater Boston Inv. Villanova	1/87 5/88					
<b>High Jump</b> (Indoors) (Outdoors)	Jacqui Stokes Jacqui Stokes	5'6" 5'6"	Syracuse BIG EAST Champ.	2/89 5/88					
<b>Javelin</b> (Outdoors)	Brooke Freeburg	50.02	Penn Relays	4/02					



## WOMEN'S HONOR ROLL

## BIG EAST CHAMPIONS

YEAR	NAME	SEASON	EVENT				
				2006	Mary Cullen	Indoor Track	3,000 Meters
					Mary Cullen	Indoor Track	5,000 Meters
1983	Julie McCorie	Outdoor Track	10,000 Meters	2007	Aine Hoban	Indoor Track	5,000 Meters
1987	Tina Moloney	Indoor Track	5,000 Meters	2008	Danette Doetzel	Outdoor Track	10,000 Meters
1988	Tina Moloney	Cross Country		2009	Danette Doetzel	Indoor Track	3,000 Meters
	Tina Moloney	Indoor Track	5,000 Meters		Danette Doetzel	Outdoor Track	10,000 Meters
	Anita Philpott	Indoor Track	Distance Med.	2010	Shelby Greany	Outdoor Track	3,000m Steeple
	Jacqui Stokes	Indoor Track	Distance Med.	2012	Shelby Greany	Outdoor Track	3,000m Steeple
	Tina Moloney	Indoor Track	Distance Med.		Emily Sisson	Outdoor Track	5,000 Meters
	Siobhan Gallagher	Indoor Track	Distance Med.	2013	Emily Sisson	Indoor Track	3,000 Meters
1989	Geraldine Hendricken	Indoor Track	1,000 Meters		Emily Sisson	Outdoor Track	10,000 Meters
	Tina Moloney	Indoor Track	5,000 Meters		Laura Nagel	Outdoor Track	5,000 Meters
	Tina Moloney	Indoor Track	Distance Med.		Emily Sisson	Cross Country	
	Kara Corridon	Indoor Track	Distance Med.	2014	Emily Sisson	Indoor Track	5,000 Meters
	Christine Crowley	Indoor Track	Distance Med.		Laura Nagel	Indoor Track	3,000 Meters
	Patricia Logan	Indoor Track	Distance Med.		Sarah Collins	Outdoor Track	10,000 Meters
	Tina Moloney	Outdoor Track	5,000 Meters		Laura Nagel	Outdoor Track	5,000 Meters
1990	Siobhan Gallagher	Indoor Track	Mile Run	2015	Emily Sisson	Indoor Track	5,000 Meters
	Anita Philpott	Outdoor Track	4 X 800 Meters		Emily Sisson	Outdoor Track	5,000 Meters
	Geraldine Nolan	Outdoor Track	4 X 800 Meters		Sarah Collins	Cross Country	
	Sinead Delahunty	Outdoor Track	4 X 800 Meters	2016	Catarina Rocha	Outdoor Track	5,000 Meters
	Siobhan Gallagher	Outdoor Track	4 X 800 Meters		Brianna Ilarda	Outdoor Track	3,000m Steeple
1992	Geraldine Hendricken	Indoor Track	1,000 Meters	2017	Millie Paladino	Indoor Track	Mile
	Geraldine Hendricken	Indoor Track	3,000 Meters		Brianna Ilarda	Outdoor Track	3,000m Steeple
	Geraldine Nolan	Outdoor Track	1,500 Meters		Catarina Rocha	Cross Country	
	Leanne Burke	Outdoor Track	4 X 800 Meters	2018	Catarina Rocha	Indoor Track	5,000 Meters
	Dionne Wilson	Outdoor Track	4 X 800 Meters		Millie Paladino	Indoor Track	3,000 Meters
	Jeanne Hughes	Outdoor Track	4 X 800 Meters		Catarina Rocha	Outdoor Track	10,000 Meters
	Geraldine Nolan	Outdoor Track	4 X 800 Meters	2019	Brianna Ilarda	Indoor Track	5,000 Meters
1993	Amy Rudolph	Outdoor Track	3,000 Meters		Millie Paladino	Indoor Track	3,000 Meters
1994	Amy Rudolph	Cross Country			Brianna Ilarda	Outdoor Track	3,000m Steeple
	Amy Rudolph	Indoor Track	Mile Run	2020	Abbey Wheeler	Indoor Track	3,000 Meters
	Amy Rudolph	Outdoor Track	3,000 Meters		Abbey Wheeler	Indoor Track	5,000 Meters
1995	Amy Rudolph	Indoor Track	3,000 Meters		Tessa Hunt	Indoor Track	Distance Med.
	Marie McMahon	Outdoor Track	10,000 Meters		Lilly Tuck	Indoor Track	Distance Med.
1996	Marie McMahon	Cross Country			Alex O'Neill	Indoor Track	Distance Med.
1997	Marie McMahon	Cross Country			Niamh Gowing	Indoor Track	Distance Med.
	Marie McMahon	Outdoor Track	5,000 Meters				
1998	Marie McMahon	Indoor Track	3,000 Meters				
	Marie McMahon	Indoor Track	5,000 Meters				
	Marie McMahon	Outdoor Track	3,000 Meters				
	Marie McMahon	Outdoor Track	5,000 Meters				
1999	Sarah Dupre	Cross Country					
	Sarah Dupre	Indoor Track	3,000 Meters				
2001	Brooke Freeburg	Outdoor Track	Javelin				
	Roisin McGettigan	Outdoor Track	3,000m Steeple				
2002	Roisin McGettigan	Indoor Track	Mile				
	Roisin McGettigan	Outdoor Track	3,000m Steeple				
2003	Roisin McGettigan	Indoor Track	1,000 Meters				
	Roisin McGettigan	Outdoor Track	3,000 m Steeple				
	Brooke Freeburg	Outdoor Track	Javelin				
2003	Kim Smith	Cross Country					
2004	Kim Smith	Indoor Track	3,000 Meters				
	Kim Smith	Indoor Track	4 X 800 Meters				
	Deirdre Byrne	Indoor Track	4 X 800 Meters				
	Fiona Crombie	Indoor Track	4 X 800 Meters				
	Jane Nalder	Indoor Track	4 X 800 Meters				
	Kim Smith	Outdoor Track	10,000 Meters				
2005	Fiona Crombie	Cross Country					



## WOMEN'S HONOR ROLL

## ECAC CHAMPIONS

YEAR	NAME	SEASON	EVENT
1989	Tina Moloney	Outdoor Track	5,000 Meters
1990	Jacqui Stokes	Indoor Track	Distance Med.
	Geraldine Nolan	Indoor Track	Distance Med.
	Geraldine Hendricks	Indoor Track	Distance Med.
	Siobhan Gallagher	Indoor Track	Distance Med.
1991	Dionne Wilson	Indoor Track	500 Meters
1992	Dionne Wilson	Indoor Track	4 X 800 Meters
	Leanne Burke	Indoor Track	4 X 800 Meters
	Amy Rudolph	Indoor Track	4 X 800 Meters
	Geraldine Nolan	Indoor Track	4 X 800 Meters
1993	Amy Rudolph	Outdoor Track	1,500 Meters
1994	Amy Rudolph	Outdoor Track	1,500 Meters
1996	Maria McCambridge	Outdoor Track	3,000 Meters
1997	Sarah Dupre	Indoor Track	5,000 Meters
	Marie McMahon	Outdoor Track	3,000 Meters
1998	Marie McMahon	Outdoor Track	3,000 Meters
	Sarah Dupre	Outdoor Track	5,000 Meters
	Gladys Ganiel	Outdoor Track	10,000 Meters
1999	Sarah Dupre	Outdoor Track	5,000 Meters
	Gladys Ganiel	Outdoor Track	10,000 Meters
2003	Fiona Crombie	Indoor Track	Mile
	Roisin McGettigan	Indoor Track	Distance Med.
	Roisin Quinn	Indoor Track	Distance Med.
	Deirdre Byrne	Indoor Track	Distance Med.
	Mary Cullen	Indoor Track	Distance Med.
2006	Aine Hoban	Indoor Track	5,000 Meters
2008	Danette Doetzel	Indoor Track	5,000 Meters
	Katie DiCamillo	Outdoor Track	5,000 Meters
2010	Katie DiCamillo	Outdoor Track	5,000 Meters
2015	Lauren Mullins	Indoor Track	3,000 Meters
2016	Lauren Mullins	Indoor Track	3,000 Meters
	Catarina Rocha	Indoor Track	5,000 Meters
2018	Abbey Wheeler	Indoor Track	3,000 Meters

## ALL-AMERICANS

YEAR	NAME	SEASON	EVENT
1989	Tina Moloney	Cross Country	
	Geraldine Hendricks	Indoor Track	Mile Run
1990	Geraldine Hendricks	Cross Country	
	Geraldine Hendricks	Indoor Track	Mile Run
	Siobhan Gallagher	Indoor Track	Mile Run
	Siobhan Gallagher	Outdoor Track	1,500 Meters
1991	Geraldine Hendricks	Cross Country	
	Sinead Delahunty	Cross Country	
	Anita Philpott	Cross Country	
	Geraldine Hendricks	Outdoor Track	3,000 Meters
	Anita Philpott	Outdoor Track	3,000 Meters
	Natalie Davey	Outdoor Track	1,500 Meters
1992	Geraldine Hendricks	Cross Country	
	Sinead Delahunty	Cross Country	
	Geraldine Hendricks	Indoor Track	3,000 Meters
	Amy Rudolph	Indoor Track	4 X 800 Meters
	Leanne Burke	Indoor Track	4 X 800 Meters
	Geraldine Nolan	Indoor Track	4 X 800 Meters
	Dionne Wilson	Indoor Track	4 X 800 Meters
	Sinead Delahunty	Outdoor Track	1,500 Meters

1993	Sinead Delahunty	Cross Country	
	Jean Hughes	Cross Country	
	Amy Rudolph	Cross Country	
	Amy Rudolph	Outdoor Track	1,500 Meters
1994	Amy Rudolph	Cross Country	
	Natalie Davey	Cross Country	
	Krissy Haacke	Indoor Track	Distance Med.
	Marie McMahon	Indoor Track	Distance Med.
	Susan Murnane	Indoor Track	Distance Med.
	Amy Rudolph	Indoor Track	Distance Med.
	Amy Rudolph	Indoor Track	Mile Run
	Amy Rudolph	Outdoor Track	1,500 Meters
	Natalie Davey	Outdoor Track	3,000 Meters
1995	Marie McMahon	Cross Country	
	Amy Rudolph	Cross Country	
	Amy Rudolph	Indoor Track	Mile Run
	Marie McMahon	Indoor Track	5,000 Meters
	Natalie Davey	Outdoor Track	3,000 Meters
	Marie McMahon	Outdoor Track	5,000 Meters
	Amy Rudolph	Outdoor Track	1,500 Meters
1996	Marie McMahon	Cross Country	
	Moirra Harrington	Cross Country	
	Maria McCambridge	Cross Country	
	Susan Murnane	Cross Country	
	Marie McMahon	Indoor Track	5,000 Meters
	Marie McMahon	Indoor Track	Distance Med.
	Moirra Harrington	Indoor Track	3,000 Meters
	Moirra Harrington	Indoor Track	Distance Med.
	Erin Murphy	Indoor Track	Distance Med.
	Maria McCambridge	Indoor Track	Distance Med.
	Maria McCambridge	Outdoor Track	3,000 Meters
	Moirra Harrington	Outdoor Track	5,000 Meters
1997	Maria McCambridge	Cross Country	
	Marie McMahon	Cross Country	
	Marie McMahon	Outdoor Track	5,000 Meters
1998	Sarah Dupre	Cross Country	
	Sarah Dupre	Indoor Track	5,000 Meters
	Marie McMahon	Indoor Track	5,000 Meters
1999	Rachel Hixson	Cross Country	
	Sarah Dupre	Indoor Track	5,000 Meters
	Sarah Dupre	Outdoor Track	3,000 Meters
2000	Heather Cappello	Cross Country	
2001	Brooke Freeburg	Outdoor Track	Javelin
2002	Claire Shearman	Cross Country	
	Roisin McGettigan	Indoor Track	Mile
	Roisin McGettigan	Outdoor Track	3,000 m Steeple
2003	Mary Cullen	Cross Country	
	Roisin McGettigan	Indoor Track	Mile
	Mary Cullen	Outdoor Track	5,000 Meters
	Roisin McGettigan	Outdoor Track	3,000 m Steeple
2004	Mary Cullen	Cross Country	
	Kim Smith	Cross Country	
	Kim Smith	Indoor Track	5,000 Meters
	Kim Smith	Indoor Track	3,000 Meters
	Kim Smith	Outdoor Track	5,000 Meters
2005	Kim Smith	Cross Country	
	Fiona Crombie	Cross Country	
	Mary Cullen	Outdoor Track	10,000 Meters





	Fiona Crombie	Outdoor Track	3,000 m Steeple	<b>NCAA CHAMPIONS</b>			
2006	Aine Hoban	Cross Country		<b>YEAR</b>	<b>NAME</b>	<b>SEASON</b>	<b>EVENT</b>
	Mary Cullen	Indoor Track	3,000 Meters	1992	Geraldine Hendricken	Indoor Track	3,000 Meters
	Mary Cullen	Outdoor Track	5,000 Meters	1994	Amy Rudolph	Indoor Track	Mile Run
2007	Aine Hoban	Indoor Track	5,000 Meters	1994	Amy Rudolph	Outdoor Track	1,500 Meters
	Aine Hoban	Outdoor Track	10,000 Meters	1995	Cross Country Team		
	Danette Doetzel	Cross Country		1996	Marie McMahon	Indoor Track	5,000 Meters
2008	Danette Doetzel	Outdoor Track	10,000 Meters	2004	Kim Smith	Indoor Track	5,000 Meters
	Danette Doetzel	Cross Country		2004	Kim Smith	Indoor Track	3,000 Meters
2009	Danette Doetzel	Indoor Track	5,000 Meters	2004	Kim Smith	Outdoor Track	5,000 Meters
	Danette Doetzel	Outdoor Track	10,000 Meters	2004	Kim Smith	Cross Country	
	Hannah Davidson	Cross Country		2006	Mary Cullen	Outdoor Track	5,000 Meters
2010	Shelby Greany	Outdoor Track	3,000 m Steeple	2009	Danette Doetzel	Outdoor Track	10,000 Meters
	Shelby Greany	Cross Country		2013	Cross Country Team		
2011	Shelby Greany	Indoor Track	3,000 Meters	2015	Emily Sisson	Indoor Track	5,000 Meters
	Hannah Davidson	Indoor Track	3,000 Meters	2015	Emily Sisson	Outdoor Track	5,000 Meters
2012	Emily Sisson	Indoor Track	3,000 Meters	<b>PROVIDENCE COLLEGE WORLD CHAMPIONSHIP QUALIFIERS</b>			
	Emily Sisson	Outdoor Track	5,000 Meters	<b>YEAR</b>	<b>NAME</b>	<b>SITE</b>	<b>EVENT</b>
	Shelby Greany	Outdoor Track	3,000 m Steeple				
	Sarah M Collins	Cross Country		1997	Amy Rudolph	Athens	5,000 Meters
	Emily Sisson	Cross Country		1999	Amy Rudolph	Seville	5,000 Meters
	Laura Nagel	Cross Country		2001	Amy Rudolph	Edmonton	5,000 Meters
2013	Emily Sisson	Indoor Track	5,000 Meters		Maria McCambridge	Edmonton	5,000 Meters
	Emily Sisson	Outdoor Track	5,000 Meters	2003	Marie McMahon	Paris	10,000 Meters
	Laura Nagel	Outdoor Track	5,000 Meters	2005	Amy Rudolph	Helsinki	5,000 Meters
	Shelby Greany	Outdoor Track	3,000 m Steeple		Marie McCambridge	Helsinki	5,000 Meters
	Emily Sisson	Cross Country			Kim Smith	Helsinki	10,000 Meters
	Laura Nagel	Cross Country			Marie McMahon	Helsinki	10,000 Meters
	Sarah M Collins	Cross Country			Roisin McGettigan	Helsinki	3,000 Meter Steeplechase
2014	Emily Sisson	Indoor Track	5,000 Meters	2007	Mary Cullen	Osaka	5,000 Meters
	Laura Nagel	Indoor Track	3,000 Meters		Kim Smith	Osaka	10,000 Meters
	Laura Nagel	Outdoor Track	5,000 Meters		Roisin McGettigan	Osaka	3,000 Meter Steeplechase
	Sarah M Collins	Outdoor Track	5,000 Meters	2009	Deirdre Bryne	Berlin	1,500 Meters
	Catarina Rocha	Cross Country			Kim Smith	Berlin	10,000 Meters
2015	Emily Sisson	Indoor Track	5,000 Meters		Roisin McGettigan	Berlin	3,000 Meter Steeplechase
	Emily Sisson	Indoor Track	3,000 Meters	2011	Steph Reilly	Daegu	3,000 Meter Steeplechase
	Emily Sisson	Outdoor Track	5,000 Meters	2017	Emily Sisson	London	10,000 Meters
	Laura Nagel	Outdoor Track	10,000 Meters	2019	Emily Sisson	Doha	10,000 Meters
	Sarah Collins	Cross Country		<b>PROVIDENCE COLLEGE OLYMPIANS</b>			
	Catarina Rocha	Cross Country		<b>YEAR</b>	<b>NAME</b>	<b>SITE</b>	<b>EVENT</b>
2016	Sarah Collins	Indoor Track	5,000 Meters				
	Brianna Ilarda	Outdoor Track	3,000 m Steeple	1996	Sinead Delahunty	Atlanta Olympics	1,500 Meters
2017	Millie Paladino	Indoor Track	Mile	1996	Marie McMahon	Atlanta Olympics	5,000 Meters
	Brianna Ilarda	Indoor Track	5,000 Meters	1996	Amy Rudolph	Atlanta Olympics	5,000 Meters
	Millie Paladino	Outdoor Track	1,500 Meters	2000	Sinead Delahunty	Sydney Olympics	1,500 Meters
	Brianna Ilarda	Outdoor Track	3,000m Steeple	2000	Amy Rudolph	Sydney Olympics	5,000 Meters
2018	Millie Paladino	Indoor Track	Mile	2004	Kim Smith	Athens Olympics	10,000 Meters
	Abbey Wheeler	Outdoor Track	5,000 Meters	2004	Marie McMahon	Athens Olympics	10,000 Meters
2019	Millie Paladino	Indoor Track	Mile	2004	Maria McCambridge	Athens Olympics	5,000 Meters
	Brianna Ilarda	Outdoor Track	3,000m Steeple	2008	Roisin McGettigan	Beijing Olympics	Steeplechase
	Abbey Wheeler	Outdoor Track	5,000 Meters	2008	Kim Smith	Beijing Olympics	10,000 Meters
	Millie Paladino	Outdoor Track	1,500 Meter	2012	Kim Smith	London Olympics	Marathon
				2012	Stephanie Reilly	London Olympics	Steeplechase

# Men's Cross Country NCAA Qualifiers

PROVIDENCE FRIARS

Year	Athlete	Place	Time	All American
1963	Barry Brown '66	54	20:59	
1963	Robert Fusco '66	88	21:25	
1963	Jerome Riordan '66	112	21:42	
1963	John Hamilton	124	21:52	
1963	William Lavigne '64	130	21:59	
1963	James Harlow	132	22:08	
1963	Donald Shanahan '64	154	22:43	
1964	Barry Brown '66	14	20:37	All-American
1964	Jerome Riordan '66	75	21:30	
1964	Robert Fusco '66	88	21:41	
1964	Paul Harris '67	93	21:44	
1964	Albert Campbell '67	117	22:01	
1964	Robert Powers '67	125	22:07	
1964	Raymond Van Epps '69	128	22:08	
1965	Barry Brown '66	44	31:25	
1965	Paul Harris '67	76	32:14	
1965	Jerome Riordan '66	100	31:49	
1965	Albert Campbell '67	104	33:01	
1965	Robert Fusco '66	120	33:24	
1966	Paul Harris '67	36	31:17	
1966	Robert Powers '67	100	32:48	
1966	Albert Campbell '67	115	32:51	
1966	Larry Olson	145	33:45	
1966	Robert Crooke '69	162	34:34	
1968	Robert Crooke '69	65	30:56	
1968	Martin Robb '70	134	31:59	
1968	Thomas Malloy '70	171	32:39	
1968	Thomas Dunn '70	181	32:55	
1968	Raymond Labonte '70	186	33:02	
1968	Ronald Loughlin '71	194	34:15	
1968	Chris Schultz '71	209	34:18	
1969	Martin Robb '70	65	31:17	
1969	Raymond Labonte '70	97	31:39	
1969	William Speck '72	108	31:47	
1969	Thomas Aman '72	146	32:28	
1969	Thomas Malloy '70	202	33:25	
1969	Thomas Calabrese	226	33:49	
1969	Thomas Dunn '70	237	34:00	
1971	Thomas Smith '75	168	32:15	
1971	Dennis Swart '74	191	32:31	
1971	Brian Farley '75	210	32:42	

## Men's Cross Country NCAA Qualifiers

1971	Chickery Kasouf '75	214	32:44	
1971	Richard O'Connor '75	246	33:25	
1971	Mark Harrison	253	33:35	
1971	Thomas Aman '72	284	36:40	
1973	Michael O'Shea '77	109	30:24.4	
1974	Michael O'Shea '77	7	30:03.9	All-American
1974	John Treacy '78	45	30:54.5	
1974	Arnold Stetson '78	56	31:06.3	
1974	Thomas Smith '75	79	31:23.1	
1974	John Savoie '77	122	31:50.3	
1974	Gerard Redmond	198	32:37.4	
1974	Michael Koster '75	210	32:53.5	
1975	Michael O'Shea '77	19	29:17.7	All-American
1975	John Treacy '78	21	29:19.0	All-American
1975	Arnold Stetson	27	29:28.0	All-American
1975	John Savoie '77	87	30:12.3	
1975	Daniel Dillon '80	111	30:25.3	
1975	Peter Crooke '80	172	30:53.6	
1975	Edward Hartnett '79	239	31:46.3	
1976	John Treacy '78	5	28:34.84	All-American
1976	Michael O'Shea '77	39	29:27.61	
1976	John Savoie '77	67	29:49.01	
1976	Lawrence Reed '80	173	30:39.25	
1976	Daniel Dillon '80	259	31:54.86	
1976	Peter Crooke '80	260	31:57.03	
1976	Edward Hartnett '79	276	32:22.75	
1977	John Treacy '78	2	28:51.0	All-American
1977	Gerard Deegan	3	28:56.9	All-American
1977	Daniel Dillon '80	13	29:33.6	All-American
1977	Edward Hartnett '79	118	30:55.7	
1977	Michael Byrne '78	153	31:19.7	
1977	Peter Crooke '80	154	31:21.6	
1977	Lawrence Reed '80	180	31:41.4	
1978	Daniel Dillon '80	19	30:03.0	All-American
1978	Ray Treacy '82	23	30:07.4	All-American
1978	David Ball '81	130	31:28.2	
1978	Brendan Quinn '83	143	31:34.4	
1978	Lawrence Reed '80	149	31:38.3	
1978	Brian Dillon '81	155	31:41.4	
1978	Edward Hartnett '79	201	32:28.4	
1979	Ray Treacy '82	37	30:01.4	
1979	Jim Fallon '83	78	30:46.8	



# Men's Cross Country NCAA Qualifiers

1979	David Ball '81	137	31:26.2	
1979	Peter Crooke '80	141	31:28.8	
1979	Lawrence Reed '80	149	31:31.6	
1979	Paul Maloney '83	185	32:05.0	
1979	Brian Dillon '81	207	32:44.9	
1980	Ray Treacy '82	19	29:54.6	All-American
1980	Brendan Quinn '83	63	30:32.1	
1980	Charlie Breagy '84	120	31:08.9	
1980	Jim Fallon '83	133	31:19.2	
1980	Brian Dillon '81	188	31:49.0	
1980	Paul Maloney '83	238	33:46.3	
1981	Ray Treacy '82	11	29:37.7	All-American
1981	Stephen Binns '85	15	29:44.2	All-American
1981	Brendan Quinn '83	22	29:56.2	All-American
1981	Richard Mulligan '85	48	30:19.2	
1981	Richard O'Flynn '85	55	30:22.2	
1981	Charlie Breagy '84	88	30:55.5	
1981	Paul Maloney '83	162	32:15.6	
1982	Brendan Quinn '83	12	30:33.7	All-American
1982	Stephen Binns '85 '83	15	30:37.2	All-American
1982	Richard O'Flynn '85	17	30:43.3	All-American
1982	Charlie Breagy '84	61	31:34.7	
1982	Jim Fallon '83	85	31:48.0	
1982	Michael Capper '86	106	32:08.9	
1982	Paul Maloney '83	DQ		
1983	Richard O'Flynn '85	6	29:56.1	All-American
1983	Andy Ronan '86	23	30:28.3	All-American
1983	Richard Mulligan '85	40	30:50.8	
1983	Michael Capper '86	115	31:49.7	
1983	Brian Jaeger '87	142	32:23.3	
1983	Michael Arpin '84	180	34:27.0	
1984	Richard O'Flynn '85	2	29:35.5	All-American
1984	Andy Ronan '86	30	30:29.4	
1984	Edward Hanratty '88	76	31:07.4	
1984	Michael Capper '86	82	31:11.7	
1984	Keiron Tumbleton '88	102	31:31.6	
1984	Richard Mulligan '85	161	32:52.4	
1984	James Zimmerly '86	DNF		
1985	Andy Ronan '86	25	30:27.15	All-American
1986	Mark Keller '88	110	32:56.23	
1986	Edward Hanratty '88	120	33:09.50	
1986	Bill Mullaney '90	128	33:18.99	

## Men's Cross Country NCAA Qualifiers

1986	John Duggan '90	142	33:38.34	
1986	Keiron Tumbleton '88	161	34:39.14	
1986	John Evans '89	166	35:15.15	
1986	Frank Conway '90	DNF		
1987	Keiron Tumbleton '88	63	30:35.17	
1987	Mark Keller '88	80	30:48.62	
1987	Frank Conway '90	103	31:09.22	
1987	John Duggan '90	148	32:00.19	
1987	Sean Keohane '89	164	32:24.10	
1987	Mike Scanlon '90	177	33:32.41	
1988	Frank Conway '90	62	30:38	
1988	Bill Mullaney '90	67	30:42	
1988	John Duggan '90	73	30:49	
1988	David Burke '89	95	31:11	
1988	Niall Murphy '92	100	31:13	
1988	John Allen '89	135	31:46	
1988	Mike Scanlon '90	160	32:22	
1989	David Burke '89	26	30:31	
1990	Chris Teague '93	100	31:11	
1991	Paul Logan '93	13	30:55.5	All-American
1991	Andy Keith '94	63	32:00.3	
1991	Chris Teague '93	67	32:01.9	
1991	Scott Cody '93	105	32:40.7	
1991	Niall Murphy '92	133	33:10.3	
1991	Mark Burdis '94	168	34:41.1	
1992	Mark Carroll '94	3	31:00.3	All-American
1992	Chris Teague '93	18	31:29.6	All-American
1992	Mark Burdis '94	31	31:46.5	
1992	Andy Keith '94	46	32:04.7	
1992	Nick Jackson '95	55	32:16.4	
1992	Scott Cody '93	138	33:38.7	
1992	Andy Wedlake '96	141	33:45.9	
1993	Andy Keith '94	11	29:54.0	All-American
1995	Mark Carroll '94	2	30:45	All-American
1995	Andy Wedlake '96	59	32:14	
1995	David Healy '97	62	32:16	
1995	Ben Noad '99	68	32:40	
1995	Nick Kent '97	107	33:00	
1995	Mike Donnelly '97	111	33:04	
1995	Steve Myers '97	114	33:07	
1996	Mike Donnelly '97	87	32:45	
1996	David Healy '97	121	33:24	

# Men's Cross Country NCAA Qualifiers

1996	Paul McNamara '98	124	33:26	
1996	Zack Ventress '99	129	33:29	
1996	Nick Kent '97	137	33:48	
1996	Steve Myers '97	172	38:31	
1997	Ben Noad '99	18	30:02	All-American
1997	Zack Ventress '99	90	31:16	
1997	Paul McNamara '98	107	31:33	
1997	Rick Bush '99	118	31:38	
1997	Carl Mauro '99	137	31:58	
1997	Keith Kelly '01	154	32:25	
1997	Larry Morrissey '00	166	32:56	
1998	Ben Noad '99	12	30:37	All-American
1998	Keith Kelly '01	14	30:45	All-American
1998	Paul Reilly '02	78	31:50	
1998	Larry Morrissey '00	137	32:34	
1998	Zack Ventress '99	176	33:04	
1998	Rick Bush '99	191	33:20	
1998	Ciaran Lynch '01	231	34:23	
1999	Keith Kelly '01	9	30:42.9	All-American
1999	Dermot Galvin '02	98	32:04.2	
1999	Ciaran Lynch '01	110	32:08.9	
1999	Adam Sutton '03	164	32:54.9	
1999	Tim Curran '03	192	33:18.7	
1999	Tyler McCabe '03	218	33:45.6	
1999	Chris Livesey '03	226	34:03.4	
<b>2000</b>	<b>Keith Kelly '01</b>	<b>1</b>	<b>30:14.5</b>	<b>All-American</b>
2000	Hamish Thorpe '02	12	30:43.8	All-American
2000	Dermot Galvin '02	20	30:52.3	All-American
2000	Adam Sutton '03	60	31:23.9	
2000	Paul Reilly '02	64	31:26.1	
2000	Larry Morrissey '00	100	31:46.1	
2000	Chris Livesey '03	117	31:53.1	
2001	Adam Sutton '03	24	30:00	All-American
2001	Hamish Thorpe '02	29	30:03	
2001	Dermot Galvin '02	33	30:05	
2001	Patrick Guidera '05	128	31:15	
2001	Tyler McCabe '03	141	31:25	
2001	Patrick Moulton '05	179	31:50	
2001	Dylan Wykes '05	219	32:38	
2002	Adam Sutton '03	27	30:22.6	All-American
2002	Tyler McCabe '03	72	30:54.8	
2002	Dylan Wykes '05	109	31:11.2	



## Men's Cross Country NCAA Qualifiers

2002	Patrick Moulton '05	154	31:36.7	
2002	Patrick Guidera '05	158	31:40.3	
2002	Joe Dionne '06	236	33:13.0	
2002	Martin Fagan '06	241	33:26.7	
2003	Dylan Wykes '05	49	30:22.8	
2003	Patrick Moulton '05	111	30:58.0	
2003	Tim Curran '03	140	31:08.7	
2003	Joe Dionne '06	194	31:41.9	
2003	Jamie Carmichael '04	200	31:47.4	
2003	Darren Brown '04	241	33:02.9	
2003	Patrick Guidera '05	DNF		
2004	Martin Fagan '06	46	31:58.7	
2004	Patrick Moulton '05	94	32:31.4	
2004	Mike Decoste '04	149	33:05.6	
2004	Ahmed Haji '08	163	33:15.5	
2004	Patrick Guidera '05	185	33:28.3	
2004	Dylan Wykes '05	196	33:36.6	
2005	Martin Fagan '06	16	30:00.0	All-American
2005	Max Smith '08	71	30:44.5	
2005	Ahmed Haji '08	235	32:33.0	
2006	Martin Fagan '06	5	31:01.0	All-American
2006	Ahmed Haji '08	72	32:14.3	
2006	Max Smith '08	84	32:25.5	
2006	Richard Yeates '09	107	32:40.7	
2006	Nick Weidman '07	140	32:58.4	
2006	Hayden McLaren '10	161	33:10.1	
2006	Matt Kinback '07	218	34:04.5	
2007	Ahmed Haji '08	49	30:41.7	
2007	David McCarthy '12	84	31:00.6	
2007	Richard Yeates '09	177	31:43.3	
2007	Hayden McLaren '10	209	32:21.0	
2007	Tom Webb '10	219	32:36.2	
2007	Michael Anderson '10	233	32:57.5	
2007	Max Smith '08	239	33:10.5	
2008	David McCarthy '12	19	29:55.1	All-American
2008	Hayden McLaren '10	91	30:50.6	
2008	Lee Carey '13	111	31:00.3	
2008	Richard Yeates '09	168	31:26.0	
2008	Dominic Channon '13	187	31:34.9	
2008	Michael Anderson '10	235	32:28.1	
2008	Stephen Hankinson '11	249	33:20.6	
2009	Lee Carey '13	52	30:29.7	

# Men's Cross Country NCAA Qualifiers

2009	Dominic Channon '13	66	30:36.6	
2009	David McCarthy '12	84	30:47.6	
2009	Julian Matthews '12	176	31:38.6	
2009	Michael Anderson '10	206	32:05.0	
2009	Matt Terry '12	225	32:41.8	
2010	Lee Carey '13	24	30:19.9	All-American
2010	Dominic Channon '13	55	30:29.2	
2010	Julian Matthews '12	130	31:27.2	
2010	Eric Malnatti '13	174	31:54.0	
2010	Matt Terry '12	229	32:57.1	
2010	Ahmed Ali '13	232	32:59.7	
2010	Francis Hernandez '14	243	33:01.1	
2011	David McCarthy '12	41	30:15	
2011	Dominic Channon '13	72	30:35	
2011	Julian Matthews '12	120	30:58	
2011	Ben Connor '15	212	31:57	
2011	Ahmed Ali '13	214	32:00	
2011	Eric Malnatti '13	249	32:54	
2011	Shane Quinn '15	DNF		
2012	Shane Quinn '15	T-69	30:30.2	
2013	Shane Quinn '15	42	30:47.8	
2013	Ben Connor '15	44	30:51.4	
2013	Julian Saad '15	70	31:02.5	
2013	Harvey Dixon '16	164	31:55.0	
2013	Brian Doyle '15	173	32:01.1	
2013	Julian Oakley '16	222	32:34.5	
2013	Liam Hillery '15	238	33:13.9	
2014	Shane Quinn '15	26	30:45.1	All-American
2014	Ben Connor '15	30	30:48.6	All-American
2014	Julian Oakley '16	123	31:44.6	
2014	Harvey Dixon '16	147	31:55.7	
2014	Brian Doyle '15	149	31:56.7	
2014	Trevor Crawley '17	173	32:09.2	
2014	Liam Hillery '15	219	32:57.8	
2016	Hugh Armstrong '17	75	30:43.7	
2016	Julian Oakley '16	119	31:02.2	
2016	Stephen Robertson '16	182	31:28.9	
2016	Thomas O'Neill '18	183	31:30.3	
2016	Trevor Crawley '17	187	31:32.1	
2016	Nick Carleo '19	200	31:41.5	
2016	Aaron Hanlon '18	238	32:43.8	

## Men's Indoor Track NCAA Qualifiers

Year	Athlete	Event	Time	Place	Status
1965	Barry Brown '66	Two Mile	8:58.2	2	All-American
1978	<b>Gerry Deegan</b>	<b>Two Mile</b>	<b>8:41.39</b>	<b>1</b>	<b>All-American</b>
	<b>John Treacy '78</b>	<b>Three Mile</b>	<b>13:10.20</b>	<b>1</b>	<b>All-American</b>
1982	Geoff Smith '84	Three Mile	13:12.21	4	All-American
	Steve Binns '85	Three Mile	13:27.67	6	All-American
1985	Richard O'Flynn '85	3,000 Meters	8:05.19	Heats	
1986	John Evans '89	1,000 Meters	2:23.3	Heats	
	John Evans '89	1,000 Meters	2:23.7	8	
1988	Frank Conway '90	Mile	4:02.16	5	All-American
1989	Frank Conway '90	Mile	4:03.01	Heats	
	Frank Conway '90	Mile	3:59.42	4	All-American
	Bill Mullaney '90	Mile	4:03.68	Heats	
	Bill Mullaney '90	Mile	4:07.35	9	
	Mike Scanlan '90	Mile	4:09.00	Heats	
	John Evans '89	Mile	4:03.95	Heats	
	John Evans '89	Mile	4:12.11	10	
1991	Andy Keith '94	Mile	4:01.21	Heats	
	Andy Keith '94	Mile	4:08.71	10	
1992	<b>Andy Keith '94</b>	<b>Mile</b>	<b>4:02.39</b>	<b>1</b>	<b>All-American</b>
	Chris Teague '93	3,000 Meters	8:03.74	4	All-American
1993	Andy Keith '94	Mile	4:00.27	2	All-American
	Scott Cody '93	5,000 Meters	14:46.23	10	
1994	Andy Keith '94	Mile	4:00.55	2	All-American
	Mark Carroll '94	3,000 Meters	7:54.31	3	All-American
	Andy Wedlake '96	3,000 Meters	8:17.9	12	
1995	<b>Mark Carroll '94</b>	<b>5,000 Meters</b>	<b>13:55.15</b>	<b>1</b>	<b>All-American</b>
1996	David Healy '97	3,000 Meters	8:04.10	8	
	Andy Wedlake '96	3,000 Meters	8:27.73	12	
1997	David Healy '97	3,000 Meters	8:22.42	Heats	
	Mike Donnelly '97	5,000 Meters	14:10.88	8	All-American
2000	Keith Kelly '01	5,000 Meters	14:45	17	
2001	Hamish Thorpe '02	3,000 Meters	8:13.16	10	
	Keith Kelly '01	5,000 Meters	13:50.44	3	All-American
2002	Hamish Thorpe '02	3,000 Meters	8:08.78	13	
2004	Dylan Wykes '05	3,000 Meters	8:26.80	15	
	Adam Sutton '03	5,000 Meters	14:03.47	8	All-American
2006	Max Smith '08	Mile	4:03.12	Heats	
	Max Smith '08	Mile	4:14.83	8	All-American
2007	Martin Fagan '06	3,000 Meters	7:57.88	6	All-American
	Max Smith '08	3,000 Meters	DNF		
	Max Smith '08	DMR	DNF		



## Men's Indoor Track NCAA Qualifiers

	Charlie Dewey '09				
	Hayden McLaren '10				
	Martin Fagan '06				
2008	Hayden McLaren '10	Mile	4:08.27	12	
2009	Hayden McLaren '10	Mile	4:01.36	Heats	
	David McCarthy '12	Mile	4:04.72	Heats	
	David McCarthy '12	Mile	4:02.24	4	All-American
	Hayden McLaren '10	Mile	4:02.51	5	All-American
2011	Julian Matthews '12	Mile	4:01.55	Heats (13)	
	David McCarthy '12	3,000 Meters	8:06.01	8	All-American
2012	David McCarthy '12	Mile	4:06.66	Heats	
	David McCarthy '12	Mile	4:04.05	9	All-American
2013	Julian Matthews '12	Mile	4:12.57	Heats (16)	All-American
2015	Julian Oakley '16	Mile	4:00.25	Heats (11)	All-American
2016	Julian Oakley '16	Mile	4:08.32	Heats	
	Julian Oakley '16	Mile	4:07.75	7	All-American

## Men's Outdoor Track NCAA Qualifiers

Year	Athlete	Event	Time	Place	Status
1970	Martin Robb '70	3 Mile	14:07.3	6	
1976	John Treacy '78	6 Mile	29:31.94	14	
	Mick O'Shea '77	1,500 Meters	3:45.17	Heats	
1977	John Treacy '78	10,000 Meters	28:41.37	5	All-American
1978	John Treacy '78	10,000 Meters	28:32.32	2	All-American
	Gerry Deegan	5,000 Meters	13:40.14	2	All-American
1979	Brendan Quinn '83	3,000 Meter Steeplechase	8:42.49	Heats	
	Ray Treacy '82	5,000 Meters	13:59.92	Heats	
	Dan Dillon '80	10,000 Meters	DNF		
1983	Brendan Quinn '83	3,000 Meter Steeplechase	8:32.59	Heats	
	Brendan Quinn '83	3,000 Meter Steeplechase	8:40.82	10	
1984	Richard O'Flynn '85	10,000 Meters	29:35.6	14	
1985	Andy Ronan '86	5,000 Meters	DNF		
1989	Frank Conway '90	1,500 Meters	3:47.71	Heats	
	Frank Conway '90	1,500 Meters	3:47.36	9	
	Bill Mullaney '90	1,500 Meters	DQ		
1990	John Evans '89	1,500 Meters	3:46.26	Heats	
	John Evans '89	1,500 Meters	3:41.28	4	All-American
	Bill Mullaney '90	1,500 Meters	3:41.39	Heats	
	Bill Mullaney '90	1,500 Meters	3:40.59	2	All-American
1992	Andy Keith '94	1,500 Meters	3:41.84	Heats	
	Andy Keith '94	1,500 Meters	3:41.17	9	
1993	Andy Keith '94	1,500 Meters	3:41.01	Heats	
	Andy Keith '94	1,500 Meters	3:39.06	2	All-American
	Mark Carroll '94	1,500 Meters	3:43.08	Heats	
	Mark Carroll '94	1,500 Meters	3:39.67	3	All-American
1994	Andy Keith '94	1,500 Meters	3:45.50	Heats	
	Andy Keith '94	1,500 Meters	3:50.43	12	
1995	Mark Carroll '94	5,000 Meters	14:37.08	2	All-American
1997	Mike Donnelly '97	10,000 Meters	29:59.14	10	All-American
2001	Paul Reilly '02	5,000 Meters	DNF		
	Keith Kelly '01	10,000 Meters	29:51.75	7	All-American
	Adam Sutton '03	10,000 Meters	30:02.59	11	
2005	Martin Fagan '06	5,000 Meters	14:27.71	Heats(22)	
	Max Smith '08	1,500 Meters	3:49.59	Heats(18)	
	Liam Reale '06	1,500 Meters	3:47.02	Heats(14)	
2006	Max Smith '08	1,500 Meters	3:42.37	Heats	
	Max Smith '08	1,500 Meters	3:44.42	3	All-American
	Martin Fagan '06	10,000 Meters	28:41.41	2	All-American
2007	Max Smith '08	1,500 Meters	3:44.54	Heats	
	Max Smith '08	1,500 Meters	3:39.93	6	All-American

## Men's Outdoor Track NCAA Qualifiers

2008	Ahmed Haji '08	5,000 Meters	14:41.48	20	
2009	David McCarthy '12	1,500 Meters	3:41.71	Heats	
	David McCarthy '12	1,500 Meters	3:44.55	12	
2010	Julian Matthews '12	1,500 Meters	3:50.63	Heats (9)	
2011	Julian Matthews '12	1,500 Meters	3:49.24	Heats	
	Julian Matthews '12	1,500 Meters	3:47.95	12	All-American
2016	Jordan Mann G17	3,000 Meter Steeple	8:48.05	Heats (16)	All-American
2017	Julian Oakley '16	5,000 Meters	14:45.63	17	Honorable Mention



# Women's Cross Country NCAA Qualifiers

Year	Athlete	Place	Time	All-American
1986	Sionhan Gallagher '90	53	18:12.25	
1987	Tina Moloney '89	30	16:58.72	
1987	Siobhan Gallagher '90	96	17:51.69	
1988	Tina Moloney '89	8	16:49	All-American
1988	Geraldine Hendricken '92	77	17:44	
1989	Geraldine Hendricken '92	11	17:00.67	All-American
1989	Christine Crowley '90	59	17:51.24	
1989	Siobhan Gallagher '90	98	18:14.74	
1989	Sinead Delahunty '93	105	18:19.63	
1989	Mary Mullane '92	112	18:21.36	
1989	Bridget Bowers '92	125	18:28.34	
1989	Geraldine Nolan '92	175	19:38.12	
1990	Sinead Delahunty '93	10	16:41	All-American
1990	Geraldine Hendricken '92	13	16:44	All-American
1990	Anita Philpott '91	19	16:53	All-American
1990	Mary Mullane '92	75	17:32	
1990	Bridget Bowers '92	109	17:48	
1990	Jean Hughes '93	120	18:01	
1990	Geraldine Nolan '92	131	18:11	
1991	Geraldine Hendricken '92	7	16:58.0	All-American
1991	Sinead Delahunty '93	18	17:12	All-American
1991	Anita Philpott '91	81	18:11.3	
1991	Vanessa Molloy '94	85	18:12.4	
1991	Amy Rudolph '95	102	18:24.2	
1991	Leanne Burke '95	118	18:37.2	
1991	Geraldine Nolan '92	161	19:29.8	
1992	Sinead Delahunty '93	6	17:33	All-American
1992	Amy Rudolph '95	10	17:37	All-American
1992	Jean Hughes '93	16	17:48	All-American
1992	Natalie Davey '95	89	18:32	
1992	Meghan McCarthy '96	96	18:35	
1992	Vanessa Molloy '94	114	18:50	
1992	Leanne Burke '95	116	18:52	
1993	Amy Rudolph '95	5	16:51.8	All-American
1993	Natalie Davey '95	25	17:13.2	
1993	Vanessa Molloy '94	49	17:32.0	
1993	Meghan McCarthy '96	82	17:53.2	
1993	Marie McMahon '98	124	18:18.2	
1993	Cesarine Santana '95	136	18:29.7	
1993	Laura Perucci '96	174	19:35.1	
1994	Amy Rudolph '95	2	16:44.8	All-American
1994	Marie McMahon '98	20	17:30.3	All-American

# Women's Cross Country NCAA Qualifiers

1994	Marie McCambridge '98	40	17:51.7	
1994	Natalie Davey '95	71	18:13.4	
1994	Susan Murnane '97	78	18:18.3	
1994	Krissy Haacke '97	80	18:19.2	
1994	Meghan McCarthy '96	114	18:37.0	
1995	Marie McMahan '98	4	17:09	All-American
1995	Maria McCambridge '98	6	17:22	All-American
1995	Susan Murnane '97	13	17:34	All-American
1995	Moirra Harrington '95	28	17:53	All-American
1995	Krissy Haacke '97	44	18:04	
1995	Meghan McCarthy '96	88	18:27	
1995	Gladys Ganiel '99	97	18:31	
1996	Marie McMahan '98	2	17:20	All-American
1996	Maria McCambridge '98	19	18:06	All-American
1996	Sarah Dupre '99	35	18:23	
1996	Heather Couture '97	103	19:11	
1996	Dana Ostrander '00	130	19:37	
1996	Krissy Haacke '97	166	20:44	
1997	Sarah Dupre '99	12	17:00	All-American
1997	Rachel Hixon '01	44	17:30	
1997	Maria McCambridge '98	54	17:37	
1997	Gladys Ganiel '99	93	17:55	
1997	Dana Ostrander '00	106	18:03	
1997	Stphanie O'Reilly '01	142	18:33	
1997	Yvonne O'Donnel '98	172	19:17	
1998	Rachel Hixon '01	15	17:20	All-American
1998	Sarah Dupre '99	37	17:40	
1998	Gladys Ganiel '99	121	18:27	
1998	Heather Cappello '02	154	18:41	
1998	Francine Darroch '01	164	18:48	
1998	Dana Ostrander '00	212	19:18	
1998	Stephanie O'Reilly '01	DNF		
1999	Heather Cappello '02	40	17:31.5	All-American
1999	Rachel Hixon '01	48	17:34.9	
1999	Claire Shearman '02	89	17:57.3	
1999	Roisin McGettigan '03	139	18:15.7	
1999	Kathryn Casserly '02	163	18:23.4	
1999	Dana Ostrander '00	206	18:50.4	
1999	Emily Tallen '03	234	18:50.4	
2000	Rachel Hixon '01	35	21:25.0	
2000	Francine Darroch '01	66	21:40.4	
2000	Kathryn Casserly '02	81	21:51.1	

# Women's Cross Country NCAA Qualifiers

2000	Emily Tallen '03	102	21:59.0	
2000	Claire Shearman '02	144	22:21.0	
2000	Roisin McGettigan '03	145	22:21.6	
2000	Lisa Cappello '04	180	22:43.1	
2001	Claire Shearman '02	33	21:21	All-American
2001	Roisin McGettigan '03	53	21:43	
2001	Kathryn Casserly '02	66	21:49	
2001	Deirdre Bryne '05	114	22:16	
2001	Emer O'Shea '03	157	22:36	
2001	Lisa Cappello '04	196	23:02	
2001	Mary Cullen '06	214	23:15	
2002	Mary Cullen '06	28	20:26.8	All-American
2002	Roisin McGettigan '03	42	20:36.9	
2002	Heather Cappello '02	61	20:56.5	
2002	Deirdre Byrne '05	71	21:01.6	
2002	Emer O'Shea '03	114	21:23.5	
2002	Lisa Cappello '04	176	21:53.9	
2002	Roisin Quinn '05	249	23:23.0	
2003	Kim Smith '05	2	19:42.7	All-American
2003	Mary Cullen '06	5	19:53.0	All-American
2003	Deirdre Byrne '05	54	20:55.2	
2003	Fiona Crombie '06	72	21:04.9	
2003	Lisa Cappello '04	154	21:34.5	
2003	Katie Twarog '05	199	22:02.4	
2003	Ashley Jensen '06	241	22:49.0	
2004	<b>Kim Smith '05</b>	<b>1</b>	<b>20:08.5</b>	<b>All-American</b>
2004	Fiona Crombie '06	10	20:45.9	All-American
2004	Deirdre Byrne '05	42	21:15.7	
2004	Mary Cullen '06	71	21:40.2	
2004	Katie Twarog '05	110	22:02.8	
2004	Jane Nalder '04	120	22:10.4	
2004	Roisin Quinn '05	245	24:25.0	
2005	Fiona Crombie '06	18	20:17.1	All-American
2005	Meghan Owen '10	88	21:02.0	
2005	Aine Hoban '07	108	21:12.6	
2005	Katie DiCamillo '09	143	21:30.3	
2005	Katie Twarog '05	180	21:52.5	
2005	Ashley Jensen '06	227	22:36.5	
2005	Michelle Childs '08	232	22:40.5	
2006	Aine Hoban '07	7	21:04.3	All-American
2006	Krystal Douglas '10	80	21:55.5	
2006	Breffini Twohig '10	93	22:05.8	



# Women's Cross Country NCAA Qualifiers

2006	Katie DiCamillo '09	96	22:07.3	
2006	Meghan Owen '10	112	22:13.9	
2006	Dannette Doetzel '09	116	22:16.9	
2006	Nelle Trefz '07	249	24:30.2	
2007	Dannette Doetzel '09	26	20:51.1	All-American
2007	Katie DiCamillo '09	96	21:32.0	
2007	Michelle Childs '08	162	22:00.3	
2007	Krystal Douglas '10	166	22:03.1	
2007	Breffini Twonig '10	182	22:13.6	
2007	Sarah Morgan '09	243	23:23.9	
2007	Emma Perron '11	252	24:09.5	
2008	Dannette Doetzel '09	31	20:36.3	All-American
2008	Katie DiCamillo '09	70	20:57.7	
2008	Krystal Douglas '10	97	21:10.8	
2008	Mary Kate Champagne '12	99	21:11.4	
2008	Hannah Davidson '12	136	21:29.0	
2008	Sarah Morgan '09	182	21:49.8	
2008	Breffini Twonig '10	201	21:59.2	
2009	Hannah Davidson '12	37	20:42.8	All-American
2009	Breffini Twonig '10	64	21:03.3	
2009	Shelby Greany '14	89	21:12.9	
2009	Mary Kate Champagne '12	105	21:20.3	
2009	Emma Perron '11	133	21:32.1	
2009	Samantha Roecker '13	181	21:53.8	
2009	Krystal Douglas '10	227	22:30.9	
2010	Shelby Greany '14	12	20:27.2	All-American
2010	Mary Kate Champagne '12	51	21:00.2	
2010	Hannah Davidson '12	103	21:21.1	
2010	Charlotte FfrenchO'Carroll '12	115	21:28.4	
2010	Emma Perron '11	170	21:56.2	
2010	Samantha Roecker '13	181	22:05.8	
2010	Amie Schumacher '10	245	23:27.1	
2012	Sarah Mary Collins '16	10	19:50.7	All-American
2012	Emily Sisson '14	15	20:00.1	All-American
2012	Laura Nagel '14	35	20:12.5	All-American
2012	Shelby Greany '14	60	20:28.3	
2012	Samanta Roecker '13	134	21:01.5	
2012	Grace Thek '14	167	21:14.8	
2012	Molly Keating '16	218	21:40.5	
2013	Emily Sisson '14	7	20:17.5	All-American
2013	Laura Nagel '14	27	20:38.8	All-American
2013	Sarah Mary Collins '16	39	20:44.9	All-American

## Women's Cross Country NCAA Qualifiers

2013	Catarina Rocha '17	62	20:59.9	
2013	Grace Thek '14	76	21:08.0	
2013	Molly Keating '16	224	22:21.4	
2013	Erin Murphy '14	DNF		
2014	Catarina Rocha '17	33	20:38.4	All-American
2014	Lauren Mullins '16	67	20:59.2	
2014	Katie Lembo '18	70	21:01.3	
2014	Brianna Ilarda '18	153	21:35.5	
2014	Mackenzie Barry '18	194	21:53.9	
2014	Molly Keating '16	218	22:09.2	
2014	Katelyn Sischo '16	234	22:38.6	
2015	Sarah Mary Collins '16	20	20:11.2	All-American
2015	Catarina Rocha '17	39	20:26.8	All-American
2015	Lauren Mullins '16	62	20:37.5	
2015	Katie Lembo '18	101	20:50.3	
2015	Brianna Ilarda '18	114	20:56.8	
2015	Molly Keating '16	133	21:03.4	
2015	Emily Bushey '17	179	21:25.0	
2016	Millie Paladino '18	55	20:34.3	
2016	Brianna Ilarda '18	68	20:40.7	
2016	Sarah Mary Collins '16	94	20:49.2	
2016	Katie Lembo '18	138	20:59.5	
2016	Abbey Wheeler '20	148	21:03.8	
2016	Mackenzie Barry '18	200	21:27.7	
2016	Keelin Hollowood '17	224	22:00.8	
2017	Catarina Rocha '17	61	20:25.5	
2017	Millie Paladino '18	68	20:29.1	
2017	Brianna Ilarda '18	92	20:38.9	
2017	Abbey Wheeler '20	101	20:43.9	
2017	Mackenzie Barry '18	202	21:38.5	
2017	Maria Coffin '21	245	22:36.9	
2017	Alexandra DeCicco '20	248	22:52.4	

# Women's Indoor Track NCAA Qualifiers

PROVIDENCE FRIARS

Year	Athlete	Event	Time	Place	Status
1989	Geraldine Henricken '92	Mile	4:41.95	5	All-American
	Siobhan Gallagher '90	Mile	4:58.00	Heats	
	Tina Moloney '89	5,000 Meters	16:52.00	10	
1990	Geraldine Hendricken '92	Mile	4:39.02	2	All-American
	Siobhan Gallagher '90	Mile	4:40.69	5	All-American
	Geraldine Nolan '92	Mile	4:44.83	10	
1991	Geraldine Hendricken '92	3,000 Meters	9:26.4	10	
	Sinead Delahunty '93	3,000 Meters	9:20.27	8	
	Geraldine Nolan '92	Mile	4:54.0	Heats	
	Anita Philpott '91	Mile	4:46.8	Heats	
	Natalie Davey '95	Mile	4:43.22	Heats	
	Natalie Davey '95	Mile	4:42.44	9	
1992	Sinead Delahunty '93	Mile	4:37.39	2	All-American
	Anita Philpott '91	Mile	4:44.82	8	
	<b>Geraldine Hendricken '92</b>	<b>3,000 Meters</b>	<b>9:14.57</b>	<b>1</b>	<b>All-American</b>
	Dionne Wilson '93	4x8	8:40.74	5	All-American
	Leanne Burke '95				All-American
	Amy Rudolph '95				All-American
	Geraldine Nolan '92				All-American
1994	<b>Amy Rudolph '95</b>	<b>Mile</b>	<b>4:37.64</b>	<b>1</b>	<b>All-American</b>
	Krissy Haacke '97	DMR	11:22.55	4	All-American
	Susan Murnane '97				All-American
	Marie McMahon '98				All-American
	Amy Rudolph '95				All-American
1995	Marie McMahon '98	5,000 Meters	15:44.53	2	All-American
1996	Moirra Harrington '95	3,000 Meters	9:26.03	7	All-American
	<b>Marie McMahon '98</b>	<b>5,000 Meters</b>	<b>15:42.71</b>	<b>1</b>	<b>All-American</b>
	Maria McCambridge '98	DMR	11:34.34	8	All-American
	Erin Murphy '99				All-American
	Moirra Harrington '95				All-American
	Marie McMahon '98				All-American
1998	Maria McCambridge '98	3,000 Meters	10:12.27	17	
	Marie McMahon '98	5,000 Meters	16:11.77	2	All-American
	Sarah Dupre '99	5,000 Meters	16:19.12	3	All-American
1999	Rachel Hixon '01	3,000 Meters	DNF		
	Sarah Dupre '99	5,000 Meters	16:07.34	4	All-American
2002	Roisin McGettigan '03	Mile	4:45.02q	Heats	
	Roisin McGettigan '03	Mile	4:42.95	5	All-American
2003	Deirdre Byrne '05	Mile	4:46.41	Heats	
	Roisin McGettigan '03	Mile	4:42.49Q	Heats	
	Roisin McGettigan '03	Mile	4:42.06	4	All-American



# Women's Indoor Track NCAA Qualifiers

	Mary Cullen '00	3,000 Meters	9:26.16	11	
	Fiona Crombie '06	DMR	11:39.44	13	
	Erin Murphy '99				
	Deirdre Byrne '05				
	Heather Cappello '02				
2004	Fiona Crombie '06	Mile	4:45.36	12	
	<b>Kim Smith '05</b>	<b>3,000 Meters</b>	<b>8:49.18</b>	<b>1</b>	<b>All-American</b>
	<b>Kim Smith '05</b>	<b>5,000 Meters</b>	<b>15:14.18</b>	<b>1</b>	<b>All-American</b>
2006	Meghan Owen '10	Mile	5:06.14	17	
	Mary Cullen '00	3,000 Meters	9:10.22	2	All-American
	Mary Cullen '00	5,000 Meters	DNF		
2007	Aine Hoban '07	5,000 Meters	15:53.42	5	All-American
	Katie DiCamillo '09	5,000 Meters	16:23.28	14	
2008	Danette Doetzel '09	5,000 Meters	16:36.04	13	
2009	Danette Doetzel '09	5,000 Meters	16:00.45	5	All-American
2011	Shelby Greany '14	3,000 Meters	9:22.51	9	All-American
	Hannah Davidson '12	3,000 Meters	9:27.53	14	All-American
2012	Emily Sisson '14	3,000 Meters	9:25.13	12	All-American
2013	Emily Sisson '14	5,000 Meters	15:54.73	9	All-American
2014	Laura Nagel '14	3,000 Meters	9:37.84	13	All-American
	Emily Sisson '14	5,000 Meters	16:34.18	8	All-American
2015	Emily Sisson '14	3,000 Meters	9:01.16	3	All-American
	<b>Emily Sisson '14</b>	<b>5,000 Meters</b>	<b>15:32.15</b>	<b>1</b>	<b>All-American</b>
2016	Sarah Mary Collins '06	5,000 Meters	16:33.96	12	All-American
2017	Millie Paladino '18	Mile	4:35.52	Heats	
	Millie Paladino '18	Mile	4:34.62	7	All-American
	Brianna Ilarda '18	5,000 Meters	15:46.13	7	All-American
2018	Millie Paladino '18	Mile	4:40.28Q	Heats	
	Millie Paladino '18	Mile	4:34.93	6	All-American
2019	Millie Paladino '18	Mile	4:38.44	3	All-American
2020	Abbey Wheeler '19	5,000 Meters			

# Women's Outdoor Track NCAA Qualifiers

PROVIDENCE FRIARS

Year	Athlete	Event	Time	Place	Status
1987	Siobhan Gallagher '90	1,500 Meters	4:21.85	Heats	
1989	Siobhan Gallagher '90	1,500 Meters	4:25.14	Heats	
	Siobhan Gallagher '90	1,500 Meters	4:32.7	10	
	Geraldine Hendricken '92	1,500 Meters	4:28.80	Heats	
	Geraldine Hendricken '92	1,500 Meters	4:33.8	12	
	Tina Moloney '89	5,000 Meters	17:27.8	12	
1990	Geraldine Hendricken '92	1,500 Meters	4:21.67	Heats	
	Geraldine Nolan '92	1,500 Meters	4:15.69	Heats	
	Geraldine Nolan '92	1,500 Meters	4:19.5	11	
	Siobhan Gallagher '90	1,500 Meters	4:17.91	Heats	
	Siobhan Gallagher '90	1,500 Meters	4:14.19	7	All-American
1991	Geraldine Hendricken '92	3,000 Meters	9:28.38	Heats	
	Geraldine Hendricken '92	3,000 Meters	9:02.33	2	All-American
	Anita Philpott '91	3,000 Meters	9:28.59	Heats	
	Anita Philpott '91	3,000 Meters	9:19.52	5	All-American
	Natalie Davey '95	1,500 Meters	4:21.30	Heats	
	Natalie Davey '95	1,500 Meters	4:20.77	8	All-American
	Geraldine Nolan '92	1,500 Meters	4:21.89	Heats	
	Sinead Delahunty '93	1,500 Meters	4:25.30	Heats	
1992	Geraldine Hendricken '92	3,000 Meters	9:42.17	Heats	
	Geraldine Hendricken '92	3,000 Meters	10:03.90	12	
	Geraldine Nolan '92	1,500 Meters	4:24.98	Heats	
	Geraldine Nolan '92	1,500 Meters	4:34.59	12	
	Sinead Delahunty '93	1,500 Meters	4:26.45	Heats	
	Sinead Delahunty '93	1,500 Meters	4:24.05	8	All-American
1993	Vanessa Molloy '94	3,000 Meters	9:56.54	Heats	
	Amy Rudolph '95	1,500 Meters	4:25.47	Heats	
	Amy Rudolph '95	1,500 Meters	4:22.13	5	All-American
	Natalie Davey '95	1,500 Meters	4:22.62	Heats	
	Natalie Davey '95	1,500 Meters	4:24.61	10	
1994	Amy Rudolph '95	1,500 Meters	4:24.53	Heats	
	<b>Amy Rudolph '95</b>	<b>1,500 Meters</b>	<b>4:17.99</b>	<b>1</b>	<b>All-American</b>
	Natalie Davey '95	3,000 Meters	9:33.97	Heats	
	Natalie Davey '95	3,000 Meters	9:28.49	7	All-American
1995	Amy Rudolph '95	1,500 Meters	4:15.73	2	All-American
	Maria McCambridge '98	1,500 Meters	4:39.52	Heats	
	Natalie Davey '95	3,000 Meters	9:28.59	7	All-American
	Marie McMahon '98	5,000 Meters	16:15.06	2	All-American
	Krissy Haacke '97	5,000 Meters	17:30.50	Heats	
1996	Maria McCambridge '98	3,000 Meters	9:22.31	5	All-American
	Moirra Harrington '95	5,000 Meters	16:30.05	7	All-American

# Women's Outdoor Track NCAA Qualifiers

1997	Marie McMahon '98	5,000 Meters	16:12.54	6	All-American
	Sarah Dupre '99	5,000 Meters	17:13.64	Heats	
	Heather Couture '97	10,000 Meters	35:34.36	12	
1998	Rachel Hixon '01	3,000 Meters	9:36.64	Heats	
	Marie McMahon '98	5,000 Meters	16:18.12	10	
	Sarah Dupre '99	5,000 Meters	16:32.09	11	
	Gladys Ganiel '99	10,000 Meters	35:02.31	13	
1999	Sarah Dupre '99	3,000 Meters	9:46.18	8	All-American
2000	Claire Shearman '02	5,000 Meters	17:03.51	17	
2001	Roisin McGettigan '03	3,000 Meters Steeple	10:54.37	Heats	
	Brooke Freeburg '03	Javeline	43.91m	14	All-American
2002	Roisin McGettigan '03	3,000 Meters Steeple	10:11.23	Heats (4)	
	Roisin McGettigan '03	3,000 Meters Steeple	10:08.24	8	All-American
	Brooke Freeburg '03	Javeline	44.00m	19	
2003	Roisin McGettigan '03	3,000 Meters Steeple	10:06.86	Heats	
	Roisin McGettigan '03	3,000 Meters Steeple	9:50.12	3	All-American
	Mary Cullen '00	5,000 Meters	16:19.01	Heats	
	Mary Cullen '00	5,000 Meters	15:58.47	5	All-American
	Brooke Freeburg '03	Javeline	43.52m	21	
<b>2004</b>	<b>Kim Smith '05</b>	<b>5,000 Meters</b>	<b>15:48.86</b>	<b>1</b>	<b>All-American</b>
	Brooke Freeburg '03	Javeline	45.11	13	
2005	Fiona Crombie '06	3,000 Meters Steeple	10:08.64	Heats	
	Fiona Crombie '06	3,000 Meters Steeple	10:08.36	6	All-American
	Deirdre Byrne '05	1,500 Meters	4:20.69	Heats (18)	
	Mary Cullen '00	10,000 Meters	33:12.32	3	All-American
2006	Mary Cullen '00	5,000 Meters	16:05.12	Heats	
	<b>Mary Cullen '00</b>	<b>5,000 Meters</b>	<b>16:01.39</b>	<b>1</b>	<b>All-American</b>
	Aine Hoban '07	10,000 Meters	DNF		
2007	Katie DiCamillo '09	5,000 Meters	16:26.13	Heats(18)	
	Danette Doetzel '09	5,000 Meters	16:14.57	Heats	
	Danette Doetzel '09	5,000 Meters	16:27.67	12	
	Aine Hoban '07	10,000 Meters	33:04.32	3	All-American
2008	Katie DiCamillo '09	5,000 Meters	17:54.05	Heats (26)	
	Danette Doetzel '09	10,000 Meters	33:44.23	2	All-American
<b>2009</b>	<b>Danette Doetzel '09</b>	<b>10,000 Meters</b>	<b>33:25.71</b>	<b>1</b>	<b>All-American</b>
	Hannah Davidson '12	3,000 Meters Steeple	10:24.83	Heats (19)	
2010	Katie DiCamillo '09	10,000 Meters	33:53.61	18	
	Shelby Greany '14	3,000 Meters Steeple	10:04.88	Heats	
	Shelby Greany '14	3,000 Meters Steeple	10:00.88	6	All-American
2012	Emily Sisson '14	5,000 Meters	16:18.24	4	All-American
	Charlotte FfrenchO'Carrol '12	5,000 Meters	17:19.04	20	
	Shelby Greany '14	3,000 Meters Steeple	10:05.35	Heats	
	Shelby Greany '14	3,000 Meters Steeple	10:19.54	11	All-American



# Women's Outdoor Track NCAA Qualifiers

2013	Emily Sisson '14	5,000 Meters	15:58.40	6	All-American
	Laura Nagel '14	5,000 Meters	16:15.08	12	All-American
	Shelby Greany '14	3,000 Meters Steeple	10:02.49	Heats	
	Shelby Greany '14	3,000 Meters Steeple	10:10.76	11	All-American
2014	Laura Nagel '14	5,000 Meters	16:09.98	11	All-American
	Sarah Mary Collins '06	5,000 Meters	16:25.97	16	All-American
<b>2015</b>	<b>Emily Sisson '14</b>	<b>5,000 Meters</b>	<b>15:34.10</b>	<b>1</b>	<b>All-American</b>
	Laura Nagel '14	10,000 Meters	34:31.08	16	All-American
2016	Brianna Ilarda '18	3,000 Meters Steeple	10:00.02	Heats	
	Brianna Ilarda '18	3,000 Meters Steeple	10:07.80	10	All-American
2017	Millie Paladino '18	1,500 Meter	4:22.44	Heats	All-American
	Brianna Ilarda '18	3,000 Meter Steeple	9:57.04Q	Heats	
	Brianna Ilarda '18	3,000 Meter Steeple	10:02.83	8	All-American
2018	Abbey Wheeler '20	5,000 Meters	16:06.69	19	All-American
2019	Brianna Ilarda '18	3,000 Meter Steeple	10:00.39	Heats	
	Brianna Ilarda '18	3,000 Meter Steeple	10:11.63	10	All-American
	Abbey Wheeler '20	5,000 Meters	16:23.42	14	All-American
	Millie Paladino '18	1,500 Meters	4:14.84	Heats	All-American