

UBCO Heat (M) (1-4) -vs- Fraser Valley Cascades (M) (1-2)
11/15/19 at Envision Athletic Centre

Date: 11/15/19

Time: 8:00 pm

Attendance: 150

Site: Envision Athletic Centre

Referees: Frank Delaire, Rolland Calapriz, Peter Langford

Score By Period	1	2	3	4	Total
UBCO Heat (M)	13	22	25	16	76
Fraser Valley Cascades (M)	20	20	17	32	89

UBCO Heat (M) 76

#	Player	GS	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
06	Thomas, Spencer	*	35	7-12	2-2	0-2	1-2	3	1	0	1	0	0	16
01	Okanlawon, Philip	*	34	4-9	4-7	0-0	1-4	5	3	0	2	0	0	12
00	Jean-Charles, Sebago	*	38	3-14	0-7	4-5	1-7	8	2	1	1	0	1	10
05	Moallin, Hafith	*	19	3-9	2-7	0-0	2-5	7	5	1	4	1	2	8
14	Keyes, Owen	*	23	3-11	0-0	0-0	2-2	4	1	3	1	0	0	6
10	Matice, Samuel		15	3-9	0-0	0-0	2-1	3	2	0	1	0	1	6
08	Souster, Keaton		12	2-2	0-0	2-4	2-2	4	3	1	0	0	0	6
02	Bajwa, Simar		13	2-3	1-1	0-0	0-1	1	1	0	0	0	0	5
11	Goerzen, Gus		2	1-1	1-1	1-2	0-0	0	0	0	0	0	0	4
13	Ibrahim, Imoudu		7	1-4	0-1	1-2	1-2	3	0	0	1	0	0	3
15	Omar, Mahamed		2	0-0	0-0	0-0	0-0	0	0	0	1	0	0	0
TM	TEAM		0	0-0	0-0	0-0	5-3	8	0	0	0	0	0	0
Totals		-	200	29-74	10-26	8-15	17-29	46	18	6	12	1	4	76

Team Summary	FG		3PT		FT	
1st Quarter	5-20	25.00 %	1-6	16.67 %	2-4	50.00 %
2nd Quarter	8-17	47.06 %	3-8	37.50 %	3-4	75.00 %
3rd Quarter	10-22	45.45 %	4-7	57.14 %	1-2	50.00 %
4th Quarter	6-15	40.00 %	2-5	40.00 %	2-5	40.00 %
Total	29-74	39.2 %	10-26	38.5 %	8-15	53.3 %

Technical Fouls: none
Second Chance Points: 13
Scores Tied: 4 times(s)
Points in the Paint: 36
Fast Break Points: 8
Lead Changed: 6 times(s)
Points off Turnovers: 7
Bench Points: 24
Largest Lead: 0 0

Fraser Valley Cascades (M) 89

#	Player	GS	MIN	FG	3PT	FT	ORB-DRB	REB	PF	A	TO	BLK	STL	PTS
03	Bains, Parm	*	36	11-22	8-13	2-2	1-1	2	0	0	3	0	0	32
05	Bains, Sukhjot	*	34	8-14	4-6	2-2	2-13	15	1	2	4	0	2	22
07	Hadzovic, Kenan	*	35	3-9	1-4	4-8	0-5	5	2	2	0	3	2	11
11	Adediran, Daniel	*	14	2-5	0-0	2-3	1-3	4	1	0	0	0	0	6
04	Cooley, Matt	*	20	2-6	0-0	0-0	1-3	4	5	5	2	0	2	4
09	Mihaila, Vlad		20	2-5	1-1	1-2	1-0	1	2	1	1	0	0	6
10	Bhogal, Dhivaan		9	2-2	0-0	1-2	0-2	2	3	0	1	1	0	5
02	Toor, Vick		4	1-1	0-0	1-3	0-1	1	1	1	0	0	0	3
06	Sekhon, Jordyn		16	0-0	0-0	0-0	1-2	3	1	1	0	1	0	0
14	Bains, Sukhraj		11	0-0	0-0	0-0	0-2	2	1	0	0	0	0	0
13	Pandher, Joban		1	0-0	0-0	0-0	0-0	0	0	0	1	0	0	0
TM	TEAM		0	0-0	0-0	0-0	3-0	3	0	0	0	0	0	0
Totals		-	200	31-64	14-24	13-22	10-32	42	17	12	12	5	6	89

Team Summary	FG		3PT		FT	
1st Quarter	5-14	35.71 %	1-5	20.00 %	9-11	81.82 %
2nd Quarter	8-19	42.11 %	3-5	60.00 %	1-2	50.00 %
3rd Quarter	6-15	40.00 %	4-6	66.67 %	1-4	25.00 %
4th Quarter	12-16	75.00 %	6-8	75.00 %	2-5	40.00 %
Total	31-64	48.4 %	14-24	58.3 %	13-22	59.1 %

Technical Fouls: none
Second Chance Points: 12
Scores Tied: 4 times(s)
Points in the Paint: 34
Fast Break Points: 8
Lead Changed: 6 times(s)
Points off Turnovers: 18
Bench Points: 14
Largest Lead: 0 0

1st Play By Play

VISITORS: UBCO Heat (M)	Time	Score	Margin	HOME TEAM: Fraser Valley Cascades (M)
	09:46			MISS JUMPER by BAINS,PARM
BLOCK by MOALLIN,HAFITH	09:46			
	--			REBOUND OFF by TEAM
FOUL by OKANLAWON,PHILIP	09:41			
	09:41	0-1	H 1	GOOD FT by BAINS,SUKHJOT
	09:41	0-2	H 2	GOOD FT by BAINS,SUKHJOT
MISS JUMPER by KEYES,OWEN(in the paint)	09:24			
	--			REBOUND DEF by ADEDIRAN,DANIEL
	09:14	0-4	H 4	GOOD JUMPER by HADZOVIC,KENAN(in the paint)
	--			ASSIST by COOLEY,MATT
MISS 3PTR by JEAN-CHARLES,SEBAGO	08:57			
REBOUND OFF by MOALLIN,HAFITH	--			
FOUL by KEYES,OWEN	08:48			
TURNOVER by KEYES,OWEN	08:48			
	08:31	0-6	H 6	GOOD JUMPER by ADEDIRAN,DANIEL(in the paint)
	--			ASSIST by COOLEY,MATT
TURNOVER by MOALLIN,HAFITH	08:12			
	08:12			STEAL by HADZOVIC,KENAN
FOUL by THOMAS,SPENCER	08:05			
SUB OUT by OKANLAWON,PHILIP	08:05			
SUB IN by SOUSTER,KEATON	08:05			
	08:05	0-7	H 7	GOOD FT by HADZOVIC,KENAN(fastbreak)
	08:05			MISS FT by HADZOVIC,KENAN(fastbreak)
REBOUND DEF by MOALLIN,HAFITH	--			
TURNOVER by MOALLIN,HAFITH	07:59			
	07:59			STEAL by COOLEY,MATT
	07:54	0-10	H 10	GOOD 3PTR by BAINS,SUKHJOT
GOOD JUMPER by SOUSTER,KEATON(in the paint)	07:34	2-10	H 8	
ASSIST by JEAN-CHARLES,SEBAGO	--			
	07:15			TURNOVER by BAINS,PARM
MISS JUMPER by KEYES,OWEN(in the paint)	07:00			
REBOUND OFF by TEAM	--			
	06:56			SUB OUT by ADEDIRAN,DANIEL
	06:56			SUB IN by BHOGAL,DHIVAAN
MISS 3PTR by MOALLIN,HAFITH	06:55			
REBOUND OFF by KEYES,OWEN	--			
GOOD JUMPER by KEYES,OWEN(in the paint)	06:46	4-10	H 6	
	06:36			MISS JUMPER by COOLEY,MATT
REBOUND DEF by THOMAS,SPENCER	--			
MISS JUMPER by JEAN-CHARLES,SEBAGO(in the paint)	06:27			
	06:27			BLOCK by BHOGAL,DHIVAAN
	--			REBOUND DEF by BHOGAL,DHIVAAN
	06:22			FOUL by BHOGAL,DHIVAAN
	06:22			SUB OUT by COOLEY,MATT
	06:22			SUB IN by BAINS,SUKHRAJ
SUB OUT by KEYES,OWEN	06:22			
SUB IN by IBRAHIM,IMOUDU	06:22			
SUB OUT by THOMAS,SPENCER	06:22			
SUB IN by MATICE,SAMUEL	06:22			
GOOD FT by SOUSTER,KEATON(fastbreak)	06:22	5-10	H 5	
MISS FT by SOUSTER,KEATON(fastbreak)	06:22			
REBOUND OFF by SOUSTER,KEATON	--			
MISS JUMPER by IBRAHIM,IMOUDU	06:11			
REBOUND OFF by TEAM	--			
MISS JUMPER by IBRAHIM,IMOUDU(in the paint)	06:09			
REBOUND OFF by MATICE,SAMUEL	--			
MISS JUMPER by MATICE,SAMUEL	05:59			
REBOUND OFF by IBRAHIM,IMOUDU	--			

GOOD JUMPER by IBRAHIM,IMOUDU(in the paint)	05:55	7-10	H 3	
	05:42			MISS 3PTR by BAINS,SUKHJOT
REBOUND DEF by IBRAHIM,IMOUDU	--			
MISS JUMPER by MATICE,SAMUEL(in the paint)	05:29			
MISS FT by IBRAHIM,IMOUDU	05:27			
	--			REBOUND DEF by BAINS,SUKHJOT
	--			REBOUND DEF by BAINS,SUKHJOT
	05:19			TURNOVER by BAINS,PARM
STEAL by MATICE,SAMUEL	05:19			
	05:11			SUB OUT by HADZOVIC,KENAN
	05:11			SUB IN by COOLEY,MATT
	05:11			SUB OUT by BHOGAL,DHIVAAN
	05:11			SUB IN by SEKHON,JORDYN
	05:11			SUB OUT by BAINS,SUKHRAJ
	05:11			SUB IN by ADEDIRAN,DANIEL
	04:46			MISS JUMPER by ADEDIRAN,DANIEL
	04:43			FOUL by ADEDIRAN,DANIEL
REBOUND DEF by MOALLIN,HAFITH	--			
GOOD FT by IBRAHIM,IMOUDU	04:35	8-10	H 2	
GOOD JUMPER by SOUSTER,KEATON	04:14	10-10		
	04:06			MISS JUMPER by ADEDIRAN,DANIEL(in the paint)
REBOUND DEF by MATICE,SAMUEL	--			
	04:06			FOUL by SEKHON,JORDYN
GOOD 3PTR by MOALLIN,HAFITH	03:51	13-10	V 3	
	03:36			TURNOVER by COOLEY,MATT
MISS JUMPER by MATICE,SAMUEL(in the paint)	03:13			
	--			REBOUND DEF by BAINS,SUKHJOT
	03:06	13-12	V 1	GOOD JUMPER by ADEDIRAN,DANIEL(fastbreak)(in the paint)
	--			ASSIST by COOLEY,MATT
FOUL by MOALLIN,HAFITH	03:06			
	03:06	13-13		GOOD FT by ADEDIRAN,DANIEL(fastbreak)
MISS 3PTR by IBRAHIM,IMOUDU	03:00			
	--			REBOUND DEF by SEKHON,JORDYN
	02:40			MISS JUMPER by COOLEY,MATT(in the paint)
REBOUND DEF by SOUSTER,KEATON	--			
MISS 3PTR by JEAN-CHARLES,SEBAGO	02:30			
	--			REBOUND DEF by SEKHON,JORDYN
	02:16			MISS 3PTR by BAINS,PARM
	--			REBOUND OFF by BAINS,PARM
	02:10			MISS 3PTR by BAINS,SUKHJOT
REBOUND DEF by MOALLIN,HAFITH	--			
MISS 3PTR by MOALLIN,HAFITH	02:03			
	--			REBOUND DEF by COOLEY,MATT
	01:50			SUB OUT by BAINS,SUKHJOT
	01:50			SUB IN by MIHAILA,VLAD
	01:50			SUB OUT by COOLEY,MATT
	01:50			SUB IN by BAINS,SUKHRAJ
FOUL by MOALLIN,HAFITH	01:50			
	01:50	13-14	H 1	GOOD FT by BAINS,PARM
	01:50	13-15	H 2	GOOD FT by BAINS,PARM
SUB OUT by SOUSTER,KEATON	01:49			
SUB IN by OMAR,MAHAMED	01:49			
SUB OUT by IBRAHIM,IMOUDU	01:49			
SUB IN by BAJWA,SIMAR	01:49			
SUB OUT by MOALLIN,HAFITH	01:49			
SUB IN by OKANLAWON,PHILIP	01:49			
SUB OUT by JEAN-CHARLES,SEBAGO	01:49			
SUB IN by THOMAS,SPENCER	01:49			
TURNOVER by OMAR,MAHAMED	01:28			
	00:56			SUB OUT by BAINS,SUKHRAJ
	00:56			SUB IN by HADZOVIC,KENAN
FOUL by MATICE,SAMUEL	00:56			

	00:56	13-16	H 3	GOOD FT by HADZOVIC,KENAN
	00:56	13-17	H 4	GOOD FT by HADZOVIC,KENAN
MISS JUMPER by BAJWA,SIMAR(in the paint)	00:53			
	00:53			BLOCK by HADZOVIC,KENAN
	--			REBOUND DEF by HADZOVIC,KENAN
FOUL by BAJWA,SIMAR	00:39			
	00:39			MISS FT by MIHAILA,VLAD
	--			REBOUND DEADB by TEAM
	00:39	13-18	H 5	GOOD FT by MIHAILA,VLAD
MISS JUMPER by OKANLAWON,PHILIP	00:16			
	--			REBOUND DEF by ADEDIRAN,DANIEL
	00:01			MISS 3PTR by HADZOVIC,KENAN
	00:01	13-20	H 7	GOOD JUMPER by MIHAILA,VLAD(in the paint)
	--			REBOUND OFF by ADEDIRAN,DANIEL

2nd Play By Play

VISITORS: UBCO Heat (M)	Time	Score	Margin	HOME TEAM: Fraser Valley Cascades (M)
	09:43			SUB OUT by SEKHON,JORDYN
	09:43			SUB IN by COOLEY,MATT
	09:43			SUB OUT by ADEDIRAN,DANIEL
	09:43			SUB IN by BAINS,SUKHJOT
SUB OUT by OMAR,MAHAMED	09:43			
SUB IN by JEAN-CHARLES,SEBAGO	09:43			
	09:39			MISS JUMPER by HADZOVIC,KENAN(in the paint)
	--			REBOUND OFF by COOLEY,MATT
	09:29			MISS 3PTR by BAINS,PARM
	--			REBOUND OFF by TEAM
	09:25			MISS JUMPER by COOLEY,MATT
REBOUND DEF by JEAN-CHARLES,SEBAGO	--			
MISS 3PTR by OKANLAWON,PHILIP	09:16			
REBOUND OFF by JEAN-CHARLES,SEBAGO	--			
MISS 3PTR by JEAN-CHARLES,SEBAGO	09:08			
	--			REBOUND DEF by COOLEY,MATT
	08:51			MISS JUMPER by HADZOVIC,KENAN(in the paint)
REBOUND DEF by THOMAS,SPENCER	--			
GOOD 3PTR by BAJWA,SIMAR	08:39	16-20	H 4	
	08:22			MISS JUMPER by BAINS,SUKHJOT(in the paint)
REBOUND DEF by TEAM	--			
GOOD JUMPER by THOMAS,SPENCER(in the paint)	08:09	18-20	H 2	
	07:54			TURNOVER by MIHAILA,VLAD
SUB OUT by MATICE,SAMUEL	07:54			
SUB IN by KEYES,OWEN	07:54			
TURNOVER by OKANLAWON,PHILIP	07:45			
	07:45			STEAL by HADZOVIC,KENAN
	07:38	18-23	H 5	GOOD 3PTR by BAINS,PARM
GOOD JUMPER by JEAN-CHARLES,SEBAGO(in the paint)	07:24	20-23	H 3	
	07:12	20-25	H 5	GOOD DUNK by COOLEY,MATT(in the paint)
	--			ASSIST by BAINS,SUKHJOT
MISS JUMPER by THOMAS,SPENCER(in the paint)	07:03			
	--			REBOUND DEF by BAINS,SUKHJOT
	06:52	20-28	H 8	GOOD 3PTR by MIHAILA,VLAD
	--			ASSIST by HADZOVIC,KENAN
	06:34			FOUL by COOLEY,MATT
GOOD FT by JEAN-CHARLES,SEBAGO(fastbreak)	06:34	21-28	H 7	
MISS FT by JEAN-CHARLES,SEBAGO(fastbreak)	06:34			
	--			REBOUND DEF by BAINS,SUKHJOT
	06:12			MISS 3PTR by BAINS,PARM
REBOUND DEF by BAJWA,SIMAR	--			
GOOD 3PTR by OKANLAWON,PHILIP	06:03	24-28	H 4	
	05:46	24-30	H 6	GOOD JUMPER by BAINS,PARM(in the paint)

	--			ASSIST by COOLEY,MATT
TURNOVER by JEAN-CHARLES,SEBAGO	05:36			
	05:36			STEAL by BAINS,SUKHJOT
	05:28			MISS JUMPER by MIHAILA,VLAD(in the paint)
REBOUND DEF by KEYES,OWEN	--			
	05:24			SUB OUT by MIHAILA,VLAD
	05:24			SUB IN by SEKHON,JORDYN
SUB OUT by BAJWA,SIMAR	05:24			
SUB IN by SOUSTER,KEATON	05:24			
	05:20			FOUL by COOLEY,MATT
MISS 3PTR by OKANLAWON,PHILIP	05:12			
REBOUND OFF by SOUSTER,KEATON	--			
GOOD JUMPER by THOMAS,SPENCER(in the paint)	05:06	26-30	H 4	
ASSIST by KEYES,OWEN	--			
	04:48			MISS JUMPER by HADZOVIC,KENAN(in the paint)
	--			REBOUND OFF by BAINS,SUKHJOT
	04:43	26-32	H 6	GOOD JUMPER by COOLEY,MATT(in the paint)
GOOD JUMPER by KEYES,OWEN(in the paint)	04:33	28-32	H 4	
ASSIST by SOUSTER,KEATON	--			
FOUL by SOUSTER,KEATON	04:17			
	04:17			SUB OUT by COOLEY,MATT
	04:17			SUB IN by BHOGAL,DHIVAAN
	04:09			MISS JUMPER by BAINS,PARM
REBOUND DEF by JEAN-CHARLES,SEBAGO	--			
GOOD 3PTR by OKANLAWON,PHILIP	03:54	31-32	H 1	
ASSIST by KEYES,OWEN	--			
	03:42	31-34	H 3	GOOD JUMPER by BAINS,SUKHJOT(in the paint)
MISS JUMPER by JEAN-CHARLES,SEBAGO	03:25			
REBOUND OFF by OKANLAWON,PHILIP	--			
TURNOVER by OKANLAWON,PHILIP	03:22			
	03:22			TIMEOUT TEAM by TEAM
	03:22			SUB OUT by SEKHON,JORDYN
	03:22			SUB IN by MIHAILA,VLAD
FOUL by SOUSTER,KEATON	03:11			
SUB OUT by SOUSTER,KEATON	03:11			
SUB IN by MOALLIN,HAFITH	03:11			
	03:11	31-35	H 4	GOOD FT by BHOGAL,DHIVAAN
	03:11			MISS FT by BHOGAL,DHIVAAN
REBOUND DEF by KEYES,OWEN	--			
MISS JUMPER by THOMAS,SPENCER(in the paint)	02:57			
	--			REBOUND DEF by BAINS,SUKHJOT
	02:52			TURNOVER by BAINS,SUKHJOT
STEAL by JEAN-CHARLES,SEBAGO	02:52			
MISS JUMPER by MOALLIN,HAFITH(in the paint)	02:38			
	--			REBOUND DEF by BHOGAL,DHIVAAN
	02:25			MISS JUMPER by MIHAILA,VLAD(in the paint)
REBOUND DEF by MOALLIN,HAFITH	--			
MISS 3PTR by MOALLIN,HAFITH	02:03			
REBOUND OFF by TEAM	--			
	02:02			FOUL by MIHAILA,VLAD
GOOD JUMPER by KEYES,OWEN(in the paint)	02:02	33-35	H 2	
	01:36			FOUL by BHOGAL,DHIVAAN
	01:36			TURNOVER by BHOGAL,DHIVAAN
SUB OUT by KEYES,OWEN	01:36			
SUB IN by IBRAHIM,IMOUDU	01:36			
TURNOVER by IBRAHIM,IMOUDU	01:17			
	01:17			STEAL by BAINS,SUKHJOT
	00:57	33-37	H 4	GOOD JUMPER by BAINS,PARM(in the paint)
MISS 3PTR by JEAN-CHARLES,SEBAGO	00:39			
	--			REBOUND DEF by BAINS,SUKHJOT
	00:19			MISS JUMPER by BAINS,PARM(in the paint)
REBOUND DEF by IBRAHIM,IMOUDU	--			

	00:12	FOUL	by BAINS,SUKHJOT
SUB OUT by MOALLIN,HAFITH	00:12		
SUB IN by SOUSTER,KEATON	00:12		
GOOD FT by JEAN-CHARLES,SEBAGO(fastbreak)	00:12	34-37	H 3
GOOD FT by JEAN-CHARLES,SEBAGO(fastbreak)	00:12	35-37	H 2
	00:04	35-40	H 5
	--		GOOD 3PTR by BAINS,PARM(fastbreak)
	--		ASSIST by HADZOVIC,KENAN

3rd Play By Play

VISITORS: UBCO Heat (M)	Time	Score	Margin	HOME TEAM: Fraser Valley Cascades (M)
	10:00			SUB OUT by BHOGAL,DHIVAAN
	10:00			SUB IN by COOLEY,MATT
	10:00			SUB OUT by MIHAILA,VLAD
	10:00			SUB IN by ADEDIRAN,DANIEL
SUB OUT by SOUSTER,KEATON	10:00			
SUB IN by MATICE,SAMUEL	10:00			
SUB OUT by IBRAHIM,IMOUDU	10:00			
SUB IN by MOALLIN,HAFITH	10:00			
	09:47			FOUL by COOLEY,MATT
MISS JUMPER by MATICE,SAMUEL(in the paint)	09:41			
	--			REBOUND DEF by BAINS,SUKHJOT
	09:20			MISS JUMPER by BAINS,SUKHJOT(in the paint)
REBOUND DEF by JEAN-CHARLES,SEBAGO	--			
GOOD JUMPER by THOMAS,SPENCER(in the paint)	09:06	37-40	H 3	
	08:54			MISS 3PTR by BAINS,PARM
REBOUND DEF by MOALLIN,HAFITH	--			
GOOD 3PTR by OKANLAWON,PHILIP	08:41	40-40		
	08:32			TURNOVER by COOLEY,MATT
TURNOVER by MOALLIN,HAFITH	08:25			
	08:25			STEAL by COOLEY,MATT
	08:13			MISS JUMPER by BAINS,SUKHJOT(in the paint)
REBOUND DEF by OKANLAWON,PHILIP	--			
GOOD 3PTR by OKANLAWON,PHILIP	08:04	43-40	V 3	
	07:43			MISS JUMPER by ADEDIRAN,DANIEL(in the paint)
REBOUND DEF by TEAM	--			
MISS JUMPER by MATICE,SAMUEL(in the paint)	07:21			
	--			REBOUND DEF by ADEDIRAN,DANIEL
	07:05			MISS JUMPER by COOLEY,MATT(in the paint)
REBOUND DEF by JEAN-CHARLES,SEBAGO	--			
GOOD JUMPER by MATICE,SAMUEL(in the paint)	06:51	45-40	V 5	
ASSIST by MOALLIN,HAFITH	--			
	06:35			MISS 3PTR by HADZOVIC,KENAN
REBOUND DEF by OKANLAWON,PHILIP	--			
MISS 3PTR by MOALLIN,HAFITH	06:21			
	--			REBOUND DEF by COOLEY,MATT
	06:13			TURNOVER by BAINS,SUKHJOT
STEAL by MOALLIN,HAFITH	06:13			
GOOD JUMPER by JEAN-CHARLES,SEBAGO(fastbreak)(in the paint)	06:07	47-40	V 7	
	06:07			TIMEOUT TEAM by TEAM
	06:07			SUB OUT by COOLEY,MATT
	06:07			SUB IN by BAINS,SUKHRAJ
SUB OUT by MATICE,SAMUEL	06:07			
SUB IN by KEYES,OWEN	06:07			
	05:56			MISS JUMPER by BAINS,PARM(in the paint)
REBOUND DEF by OKANLAWON,PHILIP	--			
MISS JUMPER by JEAN-CHARLES,SEBAGO(in the paint)	05:34			
	05:34			BLOCK by HADZOVIC,KENAN
GOOD 3PTR by MOALLIN,HAFITH	05:28	50-40	V 10	
REBOUND OFF by TEAM	--			

	05:25			SUB OUT by ADEDIRAN,DANIEL
	05:25			SUB IN by SEKHON,JORDYN
	05:13	50-43	V 7	GOOD 3PTR by BAINS,SUKHJOT
MISS JUMPER by THOMAS,SPENCER(in the paint)	04:59			
	04:59			BLOCK by HADZOVIC,KENAN
	--			REBOUND DEF by HADZOVIC,KENAN
	04:48	50-46	V 4	GOOD 3PTR by BAINS,SUKHJOT
MISS JUMPER by KEYES,OWEN(in the paint)	04:34			
	--			REBOUND DEF by BAINS,SUKHJOT
	04:25	50-49	V 1	GOOD 3PTR by BAINS,SUKHJOT
MISS 3PTR by JEAN-CHARLES,SEBAGO	04:02			
	04:02			BLOCK by SEKHON,JORDYN
	--			REBOUND DEF by BAINS,SUKHJOT
	03:53			TURNOVER by BAINS,SUKHJOT
	03:53			FOUL by BAINS,SUKHRAJ
	03:40			SUB OUT by BAINS,SUKHJOT
	03:40			SUB IN by MIHAILA,VLAD
MISS 3PTR by MOALLIN,HAFITH	03:38			
REBOUND OFF by MOALLIN,HAFITH	--			
GOOD JUMPER by MOALLIN,HAFITH(in the paint)	03:33	52-49	V 3	
	03:24			TURNOVER by BAINS,PARM
MISS JUMPER by KEYES,OWEN(in the paint)	03:11			
	--			REBOUND DEF by BAINS,SUKHRAJ
FOUL by MOALLIN,HAFITH	02:57			
SUB OUT by MOALLIN,HAFITH	02:57			
SUB IN by SOUSTER,KEATON	02:57			
	02:57	52-50	V 2	GOOD FT by HADZOVIC,KENAN
	02:57			MISS FT by HADZOVIC,KENAN
REBOUND DEF by SOUSTER,KEATON	--			
	02:38			FOUL by HADZOVIC,KENAN
MISS JUMPER by KEYES,OWEN	02:30			
	--			REBOUND DEF by BAINS,SUKHRAJ
	02:15			MISS JUMPER by MIHAILA,VLAD(in the paint)
	--			REBOUND OFF by TEAM
	02:15			SUB OUT by BAINS,PARM
	02:15			SUB IN by TOOR,VICK
FOUL by JEAN-CHARLES,SEBAGO	02:15			
	02:13	52-53	H 1	GOOD 3PTR by HADZOVIC,KENAN
	--			ASSIST by TOOR,VICK
GOOD 3PTR by THOMAS,SPENCER	02:00	55-53	V 2	
	01:41			SUB OUT by MIHAILA,VLAD
	01:41			SUB IN by BAINS,SUKHJOT
	01:41	55-55		GOOD JUMPER by HADZOVIC,KENAN(in the paint)
FOUL by SOUSTER,KEATON	01:41			
	01:41			MISS FT by HADZOVIC,KENAN
	--			REBOUND DEADB by TEAM
	01:41			MISS FT by HADZOVIC,KENAN
REBOUND DEF by JEAN-CHARLES,SEBAGO	--			
SUB OUT by KEYES,OWEN	01:40			
SUB IN by MATICE,SAMUEL	01:40			
GOOD JUMPER by MATICE,SAMUEL(in the paint)	01:40	57-55	V 2	
	01:40			MISS JUMPER by BAINS,SUKHJOT(in the paint)
	--			REBOUND OFF by BAINS,SUKHJOT
MISS JUMPER by JEAN-CHARLES,SEBAGO	01:40			
REBOUND OFF by TEAM	--			
	00:33			SUB OUT by BAINS,SUKHRAJ
	00:33			SUB IN by BHOGAL,DHIVAAN
MISS JUMPER by MATICE,SAMUEL(in the paint)	00:25			
GOOD LAYUP by MATICE,SAMUEL(in the paint)	00:15	59-55	V 4	
REBOUND OFF by MATICE,SAMUEL	--			
	00:06	59-57	V 2	GOOD JUMPER by TOOR,VICK(in the paint)
	00:00			FOUL by TOOR,VICK

MISS FT by SOUSTER,KEATON(fastbreak)	00:00		
REBOUND DEADB by TEAM	--		
GOOD FT by SOUSTER,KEATON(fastbreak)	00:00	60-57	V 3

4th Play By Play

VISITORS: UBCO Heat (M)	Time	Score	Margin	HOME TEAM: Fraser Valley Cascades (M)
	10:00			SUB OUT by BHOGAL,DHIVAAN
	10:00			SUB IN by ADEDIRAN,DANIEL
	10:00			SUB OUT by TOOR,VICK
	10:00			SUB IN by BAINS,PARM
FOUL by MATICE,SAMUEL	09:46			
	09:46	60-58	V 2	GOOD FT by ADEDIRAN,DANIEL
	09:46			MISS FT by ADEDIRAN,DANIEL
	--			REBOUND OFF by SEKHON,JORDYN
	09:40	60-61	H 1	GOOD 3PTR by BAINS,PARM
	--			ASSIST by SEKHON,JORDYN
MISS JUMPER by THOMAS,SPENCER(in the paint)	09:23			
	--			REBOUND DEF by BAINS,PARM
	09:07	60-64	H 4	GOOD 3PTR by BAINS,PARM
TURNOVER by MATICE,SAMUEL	08:53			
	08:53			SUB OUT by SEKHON,JORDYN
	08:53			SUB IN by COOLEY,MATT
SUB OUT by MATICE,SAMUEL	08:53			
SUB IN by KEYES,OWEN	08:53			
SUB OUT by SOUSTER,KEATON	08:53			
SUB IN by MOALLIN,HAFITH	08:53			
	08:31			SUB OUT by ADEDIRAN,DANIEL
	08:31			SUB IN by SEKHON,JORDYN
	08:29	60-66	H 6	GOOD JUMPER by BAINS,SUKHJOT(in the paint)
TIMEOUT TEAM by TEAM	08:13			
FOUL by JEAN-CHARLES,SEBAGO	08:13			
	08:02	60-68	H 8	GOOD JUMPER by BAINS,SUKHJOT(in the paint)
FOUL by MOALLIN,HAFITH	07:54			
	07:54			SUB OUT by SEKHON,JORDYN
	07:54			SUB IN by MIHAILA,VLAD
	07:39			TURNOVER by BAINS,SUKHJOT
STEAL by MOALLIN,HAFITH	07:39			
TURNOVER by MOALLIN,HAFITH	07:33			
FOUL by MOALLIN,HAFITH	07:25			
SUB OUT by MOALLIN,HAFITH	07:25			
SUB IN by BAJWA,SIMAR	07:25			
	07:22			MISS 3PTR by BAINS,PARM
REBOUND DEF by JEAN-CHARLES,SEBAGO	--			
MISS JUMPER by KEYES,OWEN(in the paint)	07:12			
	--			REBOUND DEF by HADZOVIC,KENAN
	06:56			MISS 3PTR by HADZOVIC,KENAN
	--			REBOUND OFF by MIHAILA,VLAD
	06:55			FOUL by COOLEY,MATT
GOOD JUMPER by JEAN-CHARLES,SEBAGO(in the paint)	06:42	62-68	H 6	
	06:42			FOUL by MIHAILA,VLAD
GOOD FT by JEAN-CHARLES,SEBAGO	06:42	63-68	H 5	
	06:19	63-71	H 8	GOOD 3PTR by BAINS,PARM
	--			ASSIST by COOLEY,MATT
MISS 3PTR by OKANLAWON,PHILIP	06:06			
	--			REBOUND DEF by BAINS,SUKHJOT
	05:43			MISS JUMPER by BAINS,PARM(in the paint)
REBOUND DEF by TEAM	--			
	05:43			FOUL by COOLEY,MATT
	05:43			SUB OUT by COOLEY,MATT
	05:43			SUB IN by BAINS,SUKHRAJ

GOOD LAYUP by BAJWA,SIMAR(in the paint)	05:33	65-71	H 6	
	05:23	65-74	H 9	GOOD 3PTR by BAINS,PARM
	04:50	65-77	H 12	GOOD 3PTR by BAINS,PARM
MISS 3PTR by JEAN-CHARLES,SEBAGO	04:41			
	--			REBOUND DEF by TEAM
MISS JUMPER by KEYES,OWEN(in the paint)	04:30			
	--			REBOUND DEF by BAINS,SUKHJOT
	04:15	65-80	H 15	GOOD 3PTR by BAINS,SUKHJOT
MISS 3PTR by JEAN-CHARLES,SEBAGO	04:02			
REBOUND OFF by KEYES,OWEN	--			
	03:52			FOUL by HADZOVIC,KENAN
	03:52			TIMEOUT TEAM by TEAM
MISS FT by THOMAS,SPENCER	03:52			
REBOUND DEADB by TEAM	--			
MISS FT by THOMAS,SPENCER	03:52			
	--			REBOUND DEF by HADZOVIC,KENAN
	03:32			MISS JUMPER by BAINS,PARM(in the paint)
REBOUND DEF by JEAN-CHARLES,SEBAGO	--			
MISS JUMPER by KEYES,OWEN(in the paint)	03:09			
REBOUND OFF by THOMAS,SPENCER	--			
TURNOVER by THOMAS,SPENCER	03:03			
	02:40	65-82	H 17	GOOD JUMPER by BAINS,PARM(in the paint)
	--			ASSIST by BAINS,SUKHJOT
MISS JUMPER by THOMAS,SPENCER(in the paint)	02:27			
	--			REBOUND DEF by BAINS,SUKHJOT
	02:05	65-84	H 19	GOOD JUMPER by BAINS,PARM
TIMEOUT TEAM by TEAM	02:04			
	01:53			SUB OUT by BAINS,PARM
	01:53			SUB IN by SEKHON,JORDYN
	01:53			SUB OUT by BAINS,SUKHJOT
	01:53			SUB IN by PANDHER,JOBAN
	01:53			SUB OUT by HADZOVIC,KENAN
	01:53			SUB IN by TOOR,VICK
	01:53			SUB OUT by BAINS,SUKHRAJ
	01:53			SUB IN by ADEDIRAN,DANIEL
SUB OUT by JEAN-CHARLES,SEBAGO	01:53			
SUB IN by GOERZEN,GUS	01:53			
SUB OUT by BAJWA,SIMAR	01:52			
SUB IN by JEAN-CHARLES,SEBAGO	01:52			
	01:52			SUB OUT by ADEDIRAN,DANIEL
	01:52			SUB IN by BHOGAL,DHIVAAN
	01:52			FOUL by BHOGAL,DHIVAAN
MISS FT by GOERZEN,GUS(fastbreak)	01:52			
REBOUND DEADB by TEAM	--			
GOOD FT by GOERZEN,GUS(fastbreak)	01:52	66-84	H 18	
GOOD 3PTR by THOMAS,SPENCER	01:52	69-84	H 15	
GOOD JUMPER by THOMAS,SPENCER(in the paint)	01:11	71-84	H 13	
	01:03			TURNOVER by PANDHER,JOBAN
	01:03			SUB OUT by PANDHER,JOBAN
	01:03			SUB IN by HADZOVIC,KENAN
TIMEOUT TEAM by TEAM	01:03			
MISS JUMPER by OKANLAWON,PHILIP	00:52			
	--			REBOUND DEF by TOOR,VICK
FOUL by OKANLAWON,PHILIP	00:49			
	00:49			MISS FT by TOOR,VICK(fastbreak)
	00:49	71-85	H 14	GOOD FT by TOOR,VICK(fastbreak)
	--			REBOUND DEADB by TEAM
	00:38	71-87	H 16	GOOD JUMPER by BHOGAL,DHIVAAN(in the paint)
GOOD 3PTR by GOERZEN,GUS	00:26	74-87	H 13	
ASSIST by KEYES,OWEN	--			
	00:11	74-89	H 15	GOOD JUMPER by BHOGAL,DHIVAAN(in the paint)
	--			ASSIST by MIHAILA,VLAD

FOUL by OKANLAWON,PHILIP	00:11	
	00:10	MISS FT by TOOR,VICK
REBOUND DEF by OKANLAWON,PHILIP	--	
GOOD JUMPER by THOMAS,SPENCER(in the paint)	00:05	76-89 H 13