

Saint Francis (1-4) -vs- Longwood (3-3)
3/13/2022 at Farmville, Va. (Elizabeth Burger Jac)

Date: 3/13/2022
Attendance: 103

Score	1	2	3	4	Total
Saint Francis	1	2	2	0	5
Longwood	6	3	4	4	17

Saint Francis Goals: HEIDT, Amanda (2); RONCARATI, Christina (2); MCHENRY, Autumn (1)

Assists: FISHER, Lizzie (1)

Longwood Goals: LIBBY, Claire (5); ROWLISON, Ainsley (4); CATE SMITH, Emily (4); MOOMAU, Haley (3); FORDYCE, Nicole (1)

Assists: MOOMAU, Haley (3); FORDYCE, Nicole (2); CERRETANI, Lauren (2); CATE SMITH, Emily (1); LIBBY, Claire (1)

Shots	1	2	3	4	Total	Shots	1	2	3	4	Total
Saint Francis	6	4	7	2	19	Saint Francis	2-3	6-7	3-3	1-1	12-14
Longwood	11	8	9	5	33	Longwood	4-4	5-5	2-3	3-3	14-15
Shots On Goal											
Saint Francis	5	3	5	1	14	Saint Francis	3	3	4	1	11
Longwood	10	4	8	4	26	Longwood	3	8	3	5	19
Saves											
Saint Francis	4	1	4	0	9	Saint Francis	2	3	2	2	9
Longwood	4	1	3	1	9	Longwood	6	3	4	2	15
Turnovers											
Saint Francis	3	7	2	3	15	Saint Francis	1	1	0	0	2
Longwood	2	6	3	2	13	Longwood	2	0	1	3	6
Free-Position Shots											
Saint Francis	3	2	4	8	17	Saint Francis	3	2	4	8	17
Longwood	4	1	1	0	6	Longwood	4	1	1	0	6
Fouls											

Stadium: Elizabeth Burger Jac

Penalties: ESPINO, Chyler 2nd/07:55; FISHER, Lizzie 2nd/06:53; COURTER, C.C. 3rd/03:55; COURTER, C.C. 4th/08:23; HERNANDEZ, Kateri 4th/03:54

Officials: Melissa Stephens; Mike Miller; Barb D Arcangelo

Saint Francis 5

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
GK	1	ENRIQUE, Elyssa	0	0	0	0	1	0	0	0	0	0
D	2	ESPINO, Chyler	0	0	0	0	1	2	0	1		1
A	4	HEIDT, Amanda	2	0	2	8	0	8	0	1	1-1	0
A	10	RONCARATI, Christina	2	0	2	3	1	0	1	0		0
M	15	DICKSON, Kelly	0	0	0	0	1	1	2	3		0
A	16	FISHER, Lizzie	0	1	1	0	0	0	0	0		1
M	17	HERNANDEZ, Danielle	0	0	0	2	0	0	0	0		0
A	20	RUSSO, Catherine	0	0	0	1	1	1	0	1		0
D	22	BARNARD, Bella	0	0	0	0	1	1	1	0		2
D	25	COURTER, C.C.	0	0	0	0	1	0	1	0		3
D	29	HERNANDEZ, Kateri	0	0	0	0	2	0	1	0		4
M	32	MCHENRY, Autumn	1	0	1	4	1	2	2	3	0-1	2
	3	MELLIS, Sophia	0	0	0	0	0	0	0	0		1
	11	JONES, Holly	0	0	0	0	0	0	0	0		1
	12	ALDEN, Nancy	0	0	0	1	0	0	0	0		1
	14	KLEIN, Sarah	0	0	0	0	0	0	0	0		1
	45	COUGHLIN, Taylor	0	0	0	0	1	0	0	0		0
Totals			5	1	6	19	11	15	8	9	1-2	17

#	Goalkeepers	Minutes	GA	Saves	Dec
1	ENRIQUE, Elyssa	41:52	10	6	L
45	COUGHLIN, Taylor	18:08	7	3	

Longwood 17

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
M	1	RUMBAUGH, Ellie	0	0	0	1	2	0	0	0	0	0
M	2	ROWLISON, Ainsley	4	0	4	8	1	2	2	5	2-3	0
A	5	ABRAHAM, Rachel	0	0	0	0	1	1	1	0		1
D	10	FLYNN, Molly	0	0	0	0	0	0	0	0		0
A	14	FORDYCE, Nicole	1	2	3	3	0	1	0	0		0
M	16	KOENIG, Julia	0	0	0	0	1	0	1	0		0
M	17	TIRRELL, Hannah	0	0	0	0	3	0	2	0		2
A	18	CATE SMITH, Emily	4	1	5	6	1	0	0	0	0-1	0
M	19	LIBBY, Claire	5	1	6	6	2	3	0	4	1-1	1
M	28	CERRETANI, Lauren	0	2	2	3	2	3	2	6	0-1	2
M	34	MOOMAU, Haley	3	3	6	4	1	1	1	0		0
GK	73	CARLILE, Amelia	0	0	0	0	1	0	0	0		0
	8	HAARHOFF, Keelyn	0	0	0	0	1	0	1	0		0
	11	CALL, Katie	0	0	0	0	1	0	0	0		0
	20	CAHILL, Kylie	0	0	0	0	0	0	1	0		0
	25	MELTON, Harper	0	0	0	1	1	1	0	0		0
	26	HELPENBEIN, Miranda	0	0	0	1	1	1	0	0		0
Totals			17	9	26	33	19	13	11	15	3-6	6

#	Goalkeepers	Minutes	GA	Saves	Dec
73	CARLILE, Amelia	60:00	5	9	W

Scoring Summary

Period	Time	Scored By	Assisted By	SFU	LWU
1st	14:08	CATE SMITH, Emily	CERRETANI, Lauren	0	1
1st	12:46	LIBBY, Claire	Unassisted	0	2
1st	09:07	LIBBY, Claire	MOOMAU, Haley	0	3
1st	06:17	ROWLISON, Ainsley	Unassisted	0	4
1st	03:38	ROWLISON, Ainsley	Unassisted	0	5
1st	00:53	CATE SMITH, Emily	FORDYCE, Nicole	0	6
1st	00:21	MCHENRY, Autumn	Unassisted	1	6
2nd	11:46	RONCARATI, Christina	Unassisted	2	6
2nd	09:37	FORDYCE, Nicole	LIBBY, Claire	2	7
2nd	07:44	ROWLISON, Ainsley	Unassisted	2	8
2nd	03:34	HEIDT, Amanda	Unassisted	3	8
2nd	02:03	MOOMAU, Haley	CERRETANI, Lauren	3	9
3rd	10:00	RONCARATI, Christina	Unassisted	4	9
3rd	09:25	CATE SMITH, Emily	Unassisted	4	10
3rd	09:25	LIBBY, Claire	MOOMAU, Haley	4	11
3rd	08:00	HEIDT, Amanda	FISHER, Lizzie	5	11
3rd	06:00	MOOMAU, Haley	CATE SMITH, Emily	5	12
3rd	02:41	MOOMAU, Haley	Unassisted	5	13
4th	14:22	LIBBY, Claire	Unassisted	5	14
4th	12:31	LIBBY, Claire	FORDYCE, Nicole	5	15
4th	07:26	ROWLISON, Ainsley	Unassisted	5	16
4th	00:00	CATE SMITH, Emily	MOOMAU, Haley	5	17

Penalty Summary

Period	Time	Team	Player	Type
2nd	07:55	SFU	ESPINO, Chyler	GREEN CARD
2nd	06:53	SFU	FISHER, Lizzie	YELLOW CARD
3rd	03:55	SFU	COURTER, C.C.	YELLOW CARD
4th	08:23	SFU	COURTER, C.C.	YELLOW CARD
4th	03:54	SFU	HERNANDEZ, Kateri	YELLOW CARD

Play By Play

Time	Team	Play
15:00	SFU	ENRIQUE, Elyssa at goalie for SFU.
15:00	LWU	CARLILE, Amelia at goalie for LWU.
--	SFU	Draw control by SFU MCHENRY, Autumn.
14:40	SFU	Shot by SFU HEIDT, Amanda, SAVE CARLILE, Amelia.
14:15	LWU	Clear attempt by LWU good.
14:08	LWU	GOAL by LWU CATE SMITH, Emily (FIRST GOAL), Assist by CERRETANI, Lauren.

Saint Francis 0, Longwood 1

--	LWU	Draw control by LWU CERRETANI, Lauren.
13:30	LWU	Ground ball pickup by LWU CERRETANI, Lauren.
13:25	LWU	Shot by LWU ROWLISON, Ainsley WIDE.
12:46	LWU	GOAL by LWU LIBBY, Claire.

Saint Francis 0, Longwood 2

--	LWU	Draw control by LWU ROWLISON, Ainsley.
12:19	LWU	Shot by LWU LIBBY, Claire, SAVE ENRIQUE, Elyssa.
12:01	LWU	Ground ball pickup by LWU LIBBY, Claire.
11:23	LWU	Turnover by LWU ROWLISON, Ainsley.
11:13	SFU	Ground ball pickup by SFU ENRIQUE, Elyssa.
10:52	SFU	Clear attempt by SFU failed.
10:43	SFU	Turnover by SFU BARNARD, Bella (caused by MOOMAU, Haley).
10:22	LWU	Turnover by LWU ROWLISON, Ainsley (caused by DICKSON, Kelly).
09:30	SFU	Turnover by SFU HEIDT, Amanda.
09:15	LWU	Clear attempt by LWU good.
09:07	LWU	GOAL by LWU LIBBY, Claire, Assist by MOOMAU, Haley.

Saint Francis 0, Longwood 3

--	LWU	Draw control by LWU LIBBY, Claire.
--	SFU	Foul on SFU HERNANDEZ, Kateri.
08:15	LWU	Free position attempt for LWU.
08:11	LWU	Shot by LWU CERRETANI, Lauren, SAVE ENRIQUE, Elyssa {free position shot}.
07:57	SFU	Ground ball pickup by SFU BARNARD, Bella.
07:53	SFU	Clear attempt by SFU good.
--	LWU	Foul on LWU TIRRELL, Hannah.
07:18	SFU	Free position attempt for SFU.
07:18	SFU	Shot by SFU MCHENRY, Autumn, SAVE CARLILE, Amelia {free position shot}.
07:06	LWU	Clear attempt by LWU good.
06:17	LWU	GOAL by LWU ROWLISON, Ainsley.

Saint Francis 0, Longwood 4

06:17	SFU	Timeout by SFU.
--	LWU	Draw control by LWU LIBBY, Claire.
05:40	LWU	Shot by LWU RUMBAUGH, Ellie, SAVE ENRIQUE, Elyssa.
--	LWU	Foul on LWU ABRAHAM, Rachel.
05:12	SFU	Clear attempt by SFU good.
--	LWU	Foul on LWU TIRRELL, Hannah.
04:01	SFU	Free position attempt for SFU.
03:53	SFU	Shot by SFU HEIDT, Amanda, SAVE CARLILE, Amelia.
03:53	SFU	Turnover by SFU HEIDT, Amanda.
03:53	LWU	Clear attempt by LWU good.
--	SFU	Foul on SFU HERNANDEZ, Kateri.
03:53	LWU	Free position attempt for LWU.
03:38	LWU	GOAL by LWU ROWLISON, Ainsley (FPGOAL) {free position shot}.

Saint Francis 0, Longwood 5

03:14	SFU	SFU substitution: COUGHLIN, Taylor for ENRIQUE, Elyssa.
03:08	SFU	COUGHLIN, Taylor at goalie for SFU.
--	LWU	Draw control by LWU CERRETANI, Lauren.
02:54	LWU	Shot by LWU HELFENBEIN, Miranda, SAVE COUGHLIN, Taylor.
02:47	LWU	Ground ball pickup by LWU CATE SMITH, Emily.
--	SFU	Foul on SFU HERNANDEZ, Kateri.
01:39	LWU	Free position attempt for LWU.
00:53	LWU	GOAL by LWU CATE SMITH, Emily, Assist by FORDYCE, Nicole.

Saint Francis 0, Longwood 6

-- SFU Draw control by SFU MCHENRY, Autumn.
-- LWU Foul on LWU CERRETANI, Lauren.
00:31 SFU Free position attempt for SFU.
00:31 SFU Shot by SFU HERNANDEZ, Danielle WIDE.
00:31 SFU Ground ball pickup by SFU RUSSO, Catherine.
00:31 SFU Shot by SFU RUSSO, Catherine, SAVE CARLILE, Amelia.
00:21 SFU GOAL by SFU MCHENRY, Autumn.

Saint Francis 1, Longwood 6

-- LWU Draw control by LWU CERRETANI, Lauren.
15:00 0
-- LWU Draw control by LWU LIBBY, Claire.
13:47 LWU Ground ball pickup by LWU LIBBY, Claire.
13:26 LWU Shot by LWU CERRETANI, Lauren WIDE.
13:15 LWU Turnover by LWU CERRETANI, Lauren.
12:56 SFU Clear attempt by SFU failed.
12:51 SFU Turnover by SFU DICKSON, Kelly.
12:21 LWU Ground ball pickup by LWU ABRAHAM, Rachel.
12:16 LWU Shot by LWU ROWLISON, Ainsley, SAVE COUGHLIN, Taylor.
12:05 SFU Ground ball pickup by SFU HERNANDEZ, Kateri.
11:52 SFU Clear attempt by SFU good.
11:46 SFU GOAL by SFU RONCARATI, Christina.

Saint Francis 2, Longwood 6

-- SFU Draw control by SFU ESPINO, Chyler.
11:32 SFU Turnover by SFU ESPINO, Chyler (caused by ROWLISON, Ainsley).
11:21 LWU Ground ball pickup by LWU ROWLISON, Ainsley.
10:52 LWU Turnover by LWU HELFENBEIN, Miranda (caused by HERNANDEZ, Kateri).
10:40 SFU Ground ball pickup by SFU HERNANDEZ, Kateri.
10:33 SFU Clear attempt by SFU good.
10:20 SFU Turnover by SFU HEIDT, Amanda.
10:09 LWU Clear attempt by LWU good.
09:37 LWU GOAL by LWU FORDYCE, Nicole, Assist by LIBBY, Claire.

Saint Francis 2, Longwood 7

-- SFU Draw control by SFU MCHENRY, Autumn.
08:39 SFU Shot by SFU MCHENRY, Autumn, SAVE CARLILE, Amelia.
08:26 LWU Clear attempt by LWU good.
07:44 LWU GOAL by LWU ROWLISON, Ainsley.

Saint Francis 2, Longwood 8

-- LWU Draw control by LWU ROWLISON, Ainsley.
-- SFU Foul on SFU ESPINO, Chyler.
-- SFU Green card on SFU ESPINO, Chyler.
-- SFU Foul on SFU FISHER, Lizzie.
-- SFU Yellow card on SFU FISHER, Lizzie.
06:53 LWU Turnover by LWU CERRETANI, Lauren (caused by MCHENRY, Autumn).
06:46 SFU Clear attempt by SFU good.
05:44 SFU Turnover by SFU HEIDT, Amanda (caused by CAHILL, Kylie).
05:30 LWU Ground ball pickup by LWU CERRETANI, Lauren.
05:13 LWU Clear attempt by LWU good.
05:04 LWU Shot by LWU ROWLISON, Ainsley WIDE.
04:33 LWU Shot by LWU CERRETANI, Lauren WIDE.
04:17 SFU Turnover by SFU HEIDT, Amanda (caused by CERRETANI, Lauren).
03:59 LWU Turnover by LWU CERRETANI, Lauren.
03:51 SFU Clear attempt by SFU good.
-- LWU Foul on LWU CERRETANI, Lauren.
03:40 SFU Free position attempt for SFU.
03:34 SFU GOAL by SFU HEIDT, Amanda (FPGOAL) {free position shot}.

Saint Francis 3, Longwood 8

-- SFU Draw control by SFU DICKSON, Kelly.
03:09 LWU Clear attempt by LWU good.
03:01 LWU Ground ball pickup by LWU RUMBAUGH, Ellie.
02:43 LWU Shot by LWU MELTON, Harper HIT POST.

02:32 SFU Turnover by SFU ESPINO, Chyler (caused by ROWLISON, Ainsley).
02:24 LWU Ground ball pickup by LWU MELTON, Harper.
02:03 LWU GOAL by LWU MOOMAU, Haley, Assist by CERRETANI, Lauren.

Saint Francis 3, Longwood 9

-- LWU Draw control by LWU CERRETANI, Lauren.
01:05 LWU Turnover by LWU FORDYCE, Nicole (caused by MCHENRY, Autumn).
00:54 SFU Clear attempt by SFU good.
00:48 SFU Turnover by SFU HEIDT, Amanda (caused by HAARHOFF, Keelyn).
00:41 LWU Ground ball pickup by LWU CALL, Katie.
00:34 LWU Clear attempt by LWU good.
00:23 LWU Turnover by LWU LIBBY, Claire (caused by COURTER, C.C.).
00:14 SFU Ground ball pickup by SFU COURTER, C.C..
00:08 SFU Clear attempt by SFU good.
00:02 SFU Shot by SFU HEIDT, Amanda WIDE.
00:01 LWU Ground ball pickup by LWU TIRRELL, Hannah.
15:00 0
-- LWU Draw control by LWU CERRETANI, Lauren.
14:02 LWU Shot by LWU FORDYCE, Nicole, SAVE COUGHLIN, Taylor.
13:55 SFU Ground ball pickup by SFU COUGHLIN, Taylor.
13:25 SFU Clear attempt by SFU good.
13:08 SFU Shot by SFU HERNANDEZ, Danielle WIDE.
12:56 SFU Ground ball pickup by SFU MCHENRY, Autumn.
12:25 SFU Shot by SFU HEIDT, Amanda WIDE.
10:00 SFU GOAL by SFU RONCARATI, Christina.

Saint Francis 4, Longwood 9

09:25 LWU GOAL by LWU CATE SMITH, Emily.

Saint Francis 4, Longwood 10

-- LWU Draw control by LWU CERRETANI, Lauren.
09:25 LWU GOAL by LWU LIBBY, Claire, Assist by MOOMAU, Haley.

Saint Francis 4, Longwood 11

-- SFU Draw control by SFU DICKSON, Kelly.
08:45 SFU Shot by SFU MCHENRY, Autumn, SAVE CARLILE, Amelia.
08:37 LWU Ground ball pickup by LWU TIRRELL, Hannah.
08:33 LWU Clear attempt by LWU failed.
08:27 LWU Turnover by LWU ABRAHAM, Rachel (caused by RONCARATI, Christina).
08:17 SFU Ground ball pickup by SFU RONCARATI, Christina.
08:10 SFU Clear attempt by SFU good.
-- LWU Foul on LWU LIBBY, Claire.
08:00 SFU Free position attempt for SFU.
08:00 SFU GOAL by SFU HEIDT, Amanda, Assist by FISHER, Lizzie.

Saint Francis 5, Longwood 11

-- LWU Draw control by LWU ROWLISON, Ainsley.
07:19 LWU Turnover by LWU LIBBY, Claire (caused by BARNARD, Bella).
06:31 SFU Shot by SFU RONCARATI, Christina, SAVE CARLILE, Amelia.
06:25 LWU Ground ball pickup by LWU TIRRELL, Hannah.
06:24 LWU Clear attempt by LWU good.
06:00 LWU Shot by LWU MOOMAU, Haley WIDE.
06:00 LWU GOAL by LWU MOOMAU, Haley, Assist by CATE SMITH, Emily.

Saint Francis 5, Longwood 12

04:51 SFU Timeout by SFU.
15:00 SFU ENRIQUE, Elyssa at goalie for SFU.
-- LWU Draw control by LWU ROWLISON, Ainsley.
04:20 SFU SFU substitution: ENRIQUE, Elyssa for COUGHLIN, Taylor.
04:07 LWU Shot by LWU FORDYCE, Nicole, SAVE ENRIQUE, Elyssa.
04:07 SFU Turnover by SFU RUSSO, Catherine (caused by ABRAHAM, Rachel).
-- SFU Foul on SFU COURTER, C.C..
04:07 LWU Free position attempt for LWU.
-- SFU Yellow card on SFU COURTER, C.C..
03:40 LWU Free position attempt for LWU.
02:41 LWU GOAL by LWU MOOMAU, Haley.

Saint Francis 5, Longwood 13

-- SFU Draw control by SFU DICKSON, Kelly.
02:41 SFU Turnover by SFU HEIDT, Amanda (caused by KOENIG, Julia).
-- SFU Foul on SFU MCHENRY, Autumn.
01:45 LWU Clear attempt by LWU good.
-- SFU Foul on SFU BARNARD, Bella.
01:28 LWU Free position attempt for LWU.
01:25 LWU Shot by LWU CATE SMITH, Emily, SAVE ENRIQUE, Elyssa.
-- SFU Foul on SFU BARNARD, Bella.
01:25 LWU Free position attempt for LWU.
01:25 LWU Shot by LWU ROWLISON, Ainsley, SAVE ENRIQUE, Elyssa {free position shot}.
01:25 SFU Ground ball pickup by SFU DICKSON, Kelly.
00:14 SFU Clear attempt by SFU good.
00:00 SFU Shot by SFU ALDEN, Nancy, SAVE CARLILE, Amelia.
00:00 LWU Ground ball pickup by LWU HAARHOFF, Keelyn.
00:00 LWU Turnover by LWU LIBBY, Claire.
15:00 0
-- LWU Draw control by LWU ROWLISON, Ainsley.
-- SFU Foul on SFU MCHENRY, Autumn.
14:22 LWU Free position attempt for LWU.
14:22 LWU GOAL by LWU LIBBY, Claire (FPGOAL) {free position shot}.

Saint Francis 5, Longwood 14

-- LWU Draw control by LWU LIBBY, Claire.
13:25 LWU Turnover by LWU MOOMAU, Haley (caused by DICKSON, Kelly).
13:13 SFU Turnover by SFU HEIDT, Amanda (caused by TIRRELL, Hannah).
13:05 LWU Ground ball pickup by LWU RUMBAUGH, Ellie.
12:57 LWU Timeout by LWU.
12:31 LWU GOAL by LWU LIBBY, Claire, Assist by FORDYCE, Nicole.

Saint Francis 5, Longwood 15

-- SFU Draw control by SFU RUSSO, Catherine.
10:55 SFU Shot by SFU HEIDT, Amanda, SAVE CARLILE, Amelia.
10:49 LWU Ground ball pickup by LWU CARLILE, Amelia.
10:39 LWU Clear attempt by LWU good.
-- SFU Foul on SFU MELLIS, Sophia.
09:52 LWU Free position attempt for LWU.
-- SFU Foul on SFU COURTER, C.C..
09:39 LWU Free position attempt for LWU.
09:18 LWU Shot by LWU CATE SMITH, Emily WIDE {free position shot}.
-- SFU Foul on SFU COURTER, C.C..
-- SFU Yellow card on SFU COURTER, C.C..
07:50 LWU Free position attempt for LWU.
07:53 LWU Ground ball pickup by LWU HELFENBEIN, Miranda.
-- SFU Foul on SFU ALDEN, Nancy.
07:31 LWU Free position attempt for LWU.
07:26 LWU GOAL by LWU ROWLISON, Ainsley (FPGOAL) {free position shot}.

Saint Francis 5, Longwood 16

-- SFU Draw control by SFU HEIDT, Amanda.
05:16 SFU Turnover by SFU MCHENRY, Autumn (caused by TIRRELL, Hannah).
05:09 LWU Ground ball pickup by LWU KOENIG, Julia.
05:04 LWU Clear attempt by LWU good.
-- SFU Foul on SFU JONES, Holly.
04:34 LWU Free position attempt for LWU.
-- SFU Foul on SFU HERNANDEZ, Kateri.
-- SFU Yellow card on SFU HERNANDEZ, Kateri.
03:54 LWU Free position attempt for LWU.
03:18 LWU Turnover by LWU MELTON, Harper.
03:12 SFU Ground ball pickup by SFU ESPINO, Chyler.
03:07 SFU Clear attempt by SFU good.
02:05 SFU Shot by SFU HEIDT, Amanda WIDE.
01:54 SFU Turnover by SFU MCHENRY, Autumn (caused by CERRETANI, Lauren).
01:45 LWU Ground ball pickup by LWU MOOMAU, Haley.
01:42 LWU Clear attempt by LWU good.
-- SFU Foul on SFU KLEIN, Sarah.

00:56 LWU

Free position attempt for LWU.

00:00 LWU

GOAL by LWU CATE SMITH, Emily, Assist by MOOMAU, Haley.

Saint Francis 5, Longwood 17