

# MEN'S OUTDOOR TRACK AND FIELD RECORDS

<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
100-meter	Kevon Pierre	10.19 seconds	2005
110-meter hurdles	Ronald Forbes	13.63 seconds	2008
200-meter	Kevon Pierre	20.82 seconds	2005
400-meter	Sean Roach	47.15 seconds	1999
800-meter	Rob Thompson	1:49.02	1996
1,500-meter	Rob Thompson	3:48.84	1996
3,000-meter SC	Gabriel Rodriguez	9:07.04	2000
5,000-meter	Jim Sellet	14:23.10	1997
10,000-meter	David Lewis	30:43.70	1997
400-meter relay	Blash, Pierre, Alphonse, Wims	39.65 seconds	2005
1,600-meter relay	Cherry, Corbett, Davis, Nembhard	3:11.33	1998
3,200-meter relay	Metayer, Thompson, Laing, Walkins	7:25.90	1995
Sprint medley relay (SMR)	Gonzalez, Seaton, Jackson, Ballard	3:25.02	2015
Distance medley relay (DMR)	Walkins, Metayer, Thompson, Masleter	9:54.51	1994
High jump	3 tied at	2.10 meters	last: 2008
Long jump	Aubrey Smith	7.80 meters	2014
Triple jump	Tony Reddick	15.51 meters	2000
Pole vault	Seaton Young	4.90 meters	2006
Shot put	Luka Mustafic	17.98 meters	2015
Discus throw	Micahel Montero	51.33 meters	2011
Hammer	Michael Letterlough	56.30 meters	2006
Javelin throw	Kevin Bateman	71.54 meters	2000
Decathlon	Chris Sullivan	6,551 points	2015

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<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
55-meter	Kevon Pierre	6.28 seconds	2005
55-meter hurdles	Ronald Forbes	7.28 seconds	2008
60-meter	Dennison Long	6.78 seconds	2011
60-meter hurdles	Ronald Forbes	7.58 seconds	2008
200-meter	Kevon Pierre	21.42 seconds	2005
400-meter	Alonzo Phillips	48.31 seconds	2006
800-meter	Rob Thompson	1:50.02	1997
Mile	Rob Thompson	4:12.45	1997
3,000-meter	Gabriel Rodriguez	8:26.56	2000
5,000-meter	Gabriel Rodriguez	14:28.27	2000
1,600-meter relay	Cherry, Corbett, Davis, Nembhard	3:14.96	1998
Distance medley relay (DMR)	Walkins, Williams, Masetler, Thompson	10:01.00	1994
High jump	Yandiel Muniz	2.08 meters	2006
Long jump	Kevone Fair	7.63 meters	2001
Triple jump	Richard Curry	15.82 meters	1997
Pole vault	Sean Young	4.75 meters	2006
Shot put	Luka Mustafic	18.01 meters	2015
Weight throw	Michael Letterlough	17.10 meters	2006
Heptathlon	Pablo Espitia	4,708 points	2015

# MEN'S CROSS COUNTRY TOP 20

<b>8K</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
1.	Gaby Rodriguez	24:38	1998
2.	Dave Barbash	24:45	1983
3.	Julio Valdes	24:46	1986
4.	Alvin Charles	24:50.96	2006
5.	Dennis Keller	24:52.56	2006
6.	D.J. Lewis	25:09	1996
7.	Luis Prestes	25:10	2001
8.	Ronny Greenup	25:11.7	2014
9.	Eric Alvarez	25:14	1986
10.	Jimmy Sellers	25:17	1996
11.	Calvin Whitaker	25:18	1992
T12.	Erik Montavlo	25:19	1996
T12.	Moises Sztyleman	25:19	1982
14.	Pat Topp	25:25	1983
15.	Ruben Rodriguez	25:34	1983
16.	Harry Garcia	25:46	1983
17.	Doug Buckley	25:48	1982
18.	Joe Maselter	25:49	1993
19.	Alex Shaw	25:50	2001
20.	Joey Pinto	25:55	1981

# WOMEN'S OUTDOOR TRACK AND FIELD RECORDS

<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
100-meter	Tanya Lawrence	11.21 seconds	1998
100-meter hurdles	Carla Mills	13.71 seconds	2011
200-meter	Sheri-Ann Brooks	22.74 seconds	2005
400-meter	Anita Edwards	52.99 seconds	2001
400-meter hurdles	Main Yisrael	56.98 seconds	2007
1,500-meter	Christine Masson	4:26.02	1996
3,000-meter	Ena Guevara-More	9:29.20	1983
3,000-meter SC	Paola Reategui	11:08.43	2007
5,000-meter	Daniella Espino	17:12.24	2013
4x100-meter relay	McElveen, Kelley, Mills, Dumoy	44.56 seconds	2012
4x400-meter relay	Edwards, Dean, Wilson, McBride	3:36.25	2003
Sprint medley relay	Wilson, Edwards, Dean, Borrell	3:49.59	2001
Distance medley relay	Moya, Wynter, Heninger, Odermatt	11:53.45	1998
High jump	Linda Louissaint	1.80 meters	2005
Long jump	Shonda Swift	6.50 meters	1996
Triple jump	Shonda Swift	13.82 meters	1997
Pole vault	Michelle Lennox	3.95 meters	2003
Discus throw	Jean Jadotte	52.36 meters	2007
Hammer	Benia Gregorie	55.05 meters	2012
Shot put	Raquorra Ishmar	15.90 meters	2014
Heptathlon	Lauranie Louissaint	4,886 points	2009

# WOMEN'S INDOOR TRACK AND FIELD RECORDS

<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
55-meter	Sherri-Ann Brooks	6.75 seconds	2005
55-meter hurdles	Carla Mills	7.99 seconds	2011
60-meter	Tanya Lawrence	7.21 seconds	1999
60-meter hurdles	Carla Mills	8.62 seconds	2011
200-meter	Tanya Lawrence	23.18 seconds	1999
400-meter	Anita Edwards	54.35 seconds	2001
800-meter	Liz Borrell	2:11.24	2001
Mile	Christine Masson	4:54.50	1996
3,000-meter	Paola Reategui	9:58.63	2008
5,000-meter	Daniela Espino	17:25.00	2012
1,600-meter relay	Wynter, Lawrence, Gilland, King	3:41.94	1999
Distance medley relay	Spann, Stringer, Crader, Masson	12:00.62	1996
High jump	Farah Jean-Pierre	1.83 meters	2001
Long jump	Elisa Dieme-Erich	6.31 meters	2006
Triple jump	Shonda Swift	13.36 meters	1997
Pole vault	Michelle Lennox	3.81 meters	2003
Shot put	Raqrura Ishmar	15.46 meters	2015
Weight throw	Benia Gregorie	20.77 meters	2015
Pentathlon	Lauranie Louissaint	3,518 points	2009

# WOMEN'S CROSS COUNTRY TOP 20

<b>5K</b>	<b>NAME</b>	<b>RECORD</b>	<b>YEAR</b>
1.	Deidra Witherspoon	17:48.27	2006
2.	Vibeke Nilsen	17:53	1998
3.	Vivian Hernandez	17:54	1991
4.	Raquel Guzman	18:00	1993
5.	Paola Reategui	18:00.86	2007
6.	Shelly Gornick	18:04	1982
7.	Liz Borrell	18:06	1999
8.	Kathy Kelly	18:09	1983
9.	Rebecca Rodriguez	18:10	2001
10.	Ingrid Odermatt	18:16	1997
11.	Isel Ramos	18:16.97	2006
T12.	Caroline Reiser	18:18	2013
T12.	Danielle Heath	18:18	1982
T12.	Colleen Napolitano	18:18	1981
15.	Liz Lewis	18:24	1987
16.	Amanda Howard	18:30.48	2004
17.	Crrie Cowen	18:31	982
18.	Brenda Alfaro	18:34	1996
19.	Didi Hernandez	18:38	1996
20.	Dalia Clarke	18:38.79	2005

# PROGRAM ALL-AMERICANS

## **ENA GUEVARA-MORA**

### **THREE-TIME DIVISION II ALL-AMERICAN**

**3000 M (1984, OUTDOOR), 5000 M (1984, OUTDOOR), 10,000 M (1984, OUTDOOR)**

Guevara-Mora became FIU's track and field All-American, earning the honor three times at the 1984 NCAA Division II National Championships. A native of Chile, Guevara-Mora placed third in the 10,000 meters in a school-record time of 34:37.95 and finished fifth in the 3,000 meters and seventh in the 5,000 meters. She still holds records in all three events. Guevara-Mora concluded her amateur career competing in the inaugural women's marathon at the 1984 Los Angeles Olympic Games, placing 35th.

## **SHONDA SWIFT**

### **FIVE-TIME DIVISION I ALL-AMERICAN**

**TRIPLE JUMP (1996, INDOOR AND OUTDOOR; 1997, INDOOR AND OUTDOOR), LONG JUMP (1997, OUTDOOR)**

The multi-talented Swift earned All-America honors five times in two years, and holds four school records. After struggling with injuries during her first two years at FIU, Swift came on strong as a junior, placing eighth at indoors and ninth at outdoors (but among the top-eight All-Americans) in the triple jump to earn her first All-America nod. As a senior, she finished fifth indoor in the triple and long jumps in her final collegiate outdoor season.

## **TANYA LAWRENCE**

### **FIVE-TIME DIVISION I ALL-AMERICAN**

**55 M (1999, INDOOR), 100 M (1998, OUTDOOR), 200 M (1998, INDOOR AND OUTDOOR; 1999, INDOOR)**

Five-time All-American Lawrence remains FIU's most decorated track and field athlete. A gold medalist at the 2004 Athens Olympic Games and a two-time medalist in Sydney in 2000, Lawrence automatically qualified for the NCAA Championships in three events as a junior. As a senior, she earned All-America honors twice as an indoor athlete, and then was forced to withdraw from the NCAA Outdoor Championships after sustaining a back injury. She holds three individual school records and is part of one relay record.

## **ROD DAVIS**

### **ONE-TIME DIVISION I ALL-AMERICAN**

**400 M HURDLES (1998, OUTDOOR)**

Davis became the first FIU male track and field athlete to earn All-American honors after finishing eighth in the 400-meter hurdles at the 1998 NCAA Outdoor Championships. That season, he also set the school record of 50.86 seconds in the event. Additionally, he holds school records as part of the 4x400-meter relay (indoor and outdoor) and sprint medley (outdoor).

## **KEVIN BATEMAN**

### **ONE-TIME DIVISION I ALL-AMERICAN**

**JAVELIN (2000, OUTDOOR)**

An all-around athlete that came to FIU on a men's soccer scholarship, Bateman qualified for the NCAA Outdoor Championships with a school and Sun Belt Conference record-setting 234-foot, 8-inch performance at the Georgia Tech Last Chance Meet. At the NCAA Championships, he placed seventh with a mark of 219 feet, 4 inches. He went on to compete at the 2000 Olympic Trials, finishing 13th and just missed qualifying for the finals.

## **FARAH JEAN-PIERRE**

### **ONE-TIME DIVISION I ALL-AMERICAN**

**HIGH JUMP (2001, INDOOR)**

Jean-Pierre made an immediate impact for the Golden Panthers, winning the high jump at the Sun Belt Outdoor Championships and finishing runner-up at indoors as a freshman. That year, she also provisionally qualified for NCAAs. As a sophomore, she advanced to the NCAA Indoor Championships, tying her personal-best and setting an FIU indoor record by finishing third in the high jump with a 6-foot mark.

## **VRONIQUE WILSON**

### **ONE-TIME DIVISION I ALL-AMERICAN**

**200 M HURDLES (2002, OUTDOOR)**

As a junior, Wilson finished among the top eight Americans in the 200 meters in a season-best 23.21 seconds at the 2002 NCAA Outdoor Championships. That season, she also earned all-conference honors. At the Sun Belt Conference Indoor Championships, Wilson was selected Most Outstanding Track Performer after winning the 55 and 200 meters. She helped set two relay records.

## **SHERI-ANN BROOKS**

### **ONE-TIME DIVISION I NATIONAL CHAMPION**

### **TWO-TIME DIVISION I ALL-AMERICAN**

**60 M (2005, INDOOR), 200 M (2005, OUTDOOR)**

As a senior, Brooks won the NCAA title in the women's 200-meter dash in 22.85 seconds at the 2005 NCAA Outdoor National Championships. It was FIU's first individual national title in any sport and her second All-American honor. Brooks has already set the school record in the event, finishing in a personal- and program-best 22.74 seconds to win FIU's first NCAA East Regional Championship title. She earned her first All-America honor with a seventh-place finish in the 60 meters in 7.32 seconds at the 2005 NCAA Indoor Championships. In two years at FIU, the nine-time All-Sun Belt honoree broke two school records, won five Sun Belt titles and earned back-to-back Sun Belt Conference Women's Outstanding Track Performer recognition as a senior.

**NAIM YISRAEL****ONE-TIME DIVISION I ALL-AMERICAN****400 M HURDLES (2007, OUTDOOR)**

As a junior, Yisrael finished in sixth place in the 400-meter hurdles at the 2007 NCAA Outdoor Championships to garner All-American honors. She broke the school record for the sixth time that season in her final race, clocking in at 56.98 seconds. Yisrael chopped off two-and-a-half seconds from her first school record-breaking time of 59.53 at the Disney Invitational on March 23. Later that season, she broke the record for the third time at the Sun Belt Championships (57.96), twice more at the NCAA East Regionals (57.14 in the finals) and then against in the finals at Nationals.

**RONALD FORBES****ONE-TIME DIVISION I ALL-AMERICAN****60 M HURDLES (2008, INDOOR)**

As a senior, Forbes placed third in a photo-finish in the 60-meter hurdles at the 2008 NCAA Indoor Championships. Forbes, who ran the second-fastest time in the nation entering the NCAA Championships (7.68), ran the seventh-fastest time (7.74) in the prelims before breaking for a 7.58-second race in the finals -- the first time any collegian in the nation ran a sub-7.60 in 2008. It was the fourth time Forbes broke the FIU record in the event, shaving four-tenths of a second from his season-opening 7.98 to tie the old school record. Less than three weeks prior to the NCAA Championships, Forbes clinched the Sun Belt 55-meter hurdles title for the second-straight year.

**PHILLICIA FLUELLEN****ONE-TIME DIVISION I ALL-AMERICAN****LONG JUMP (2015, OUTDOOR)**

Fluellen became FIU track and field's 10th Division I All-American, earning the honor during the 2015 NCAA Men's and Women's Track and Field Championships. A native of Melbourne, Fla., Fluellen placed 14th in the nation in the women's long jump, posting the third-best jump of mid-major schools during the NCAA Championships. She qualified for the NCAA Championships after earning one of 12 berths at the NCAA East Regionals and took third place in the event at the Conference USA Championships.