

Findlay Athletics

Summer Programming

"The time will come when Winter will ask what you were doing all summer." – Henry Clay

"Championships are won in the off-season"

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Cheerleading:

Tryouts: Grades 9-12 (incoming freshman)

Date: May 27, 28, and 29

Time: 10am - Noon

Location: Glenwood Middle School, 1715 North Main Street

Cross Country

Head Coach: Mark Gleason

Email: mgleason@fcs.org

Summer Break: June 27-July 6

Summer Programming: [w 2026 Cross Country Handbook.docx](#)

Join Parent Square: <https://www.parentsquare.com/groups/join/vrrfja9klj>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Football:

Head Coach: Stefan Adams

Email: sadams@fcs.org

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W, TH - 8am -9:30am Main Weight Room

Summer Calendar Link: <https://www.parentsquare.com/schools/46299/groups/2467949/feeds>

Join Parent Square: <https://www.parentsquare.com/groups/join/vck6od6eiw>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Boys Golf:

Head Coach: Ryan Grose

Email: rgrose@fcs.org

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W - 7:15am - 8:00am Upstairs Gym Weight Room

Summer Calendar Link: <https://www.parentsquare.com/groups/2467978/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/0yus0vhqmq>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Girls Golf:

Head Coach: Suzanne Neiling

Email: ssuzieq578@aol.com

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W - 7:15am - 8:00am Upstairs Gym Weight Room

Summer Calendar Link: <https://www.parentsquare.com/groups/2524792/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/iuqzje36ew>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Girls Soccer:

Head Coach: Mike Aubry

Email: maubry@fcs.org

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W, F - 7am - 8am Main Weight Room

Summer Calendar Link: <https://www.parentsquare.com/groups/2468019/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/ne26upy0tm>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Boys Soccer:

Head Coach: Kevin Shenise

Email: kshenise@fcs.org

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W, TH: 6:30pm - 7:15pm Main Weight Room

Summer Calendar Link: <https://www.parentsquare.com/groups/2468009/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/25bsoccer>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Girls Tennis:

Head Coach: Kendra Spears

Email: sigmakappacc@gmail.com

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W 10 am - 11:00 am

Summer Calendar Link: <https://www.parentsquare.com/groups/2468016/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/fw3bl16a34>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Volleyball:

Head Coach: Mackenzie Ruhlen

Email: makenzi.ruhlen@yahoo.com

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W, F - 7 am - 8 am

Summer Calendar Link: Volleyball [Schedule](#)

Join Parent Square: <https://www.parentsquare.com/groups/join/cavlcfsle1>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Girls' Basketball

Head Coach: Brian Rosendale

Email: brosendale@fcs.org

Summer Break: June 27-July 6

Summer Weight Room Schedule through June: M, W 6:00 - 6:45, TH, 9:30am - 10am

Summer Calendar Link: Girls Basketball [Schedule](#)

Join Parent Square: <https://www.parentsquare.com/groups/join/grluhufg10>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Swimming

Email: jd wobser@yahoo.com

Summer Break: June 27-July 6

Summer Weight Room Schedule through June:

Summer Calendar Link: <https://www.parentsquare.com/groups/2467962/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/plbh9dsnrh>

Trojan Swim & Dive Clinic: July 27-30 at Riverside pool

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Boys Basketball:

Head Coach: Ryan Grose

Email: rgrose@fcs.org

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W, TH - 8am -9:30am

Summer Calendar Link: <https://www.parentsquare.com/groups/2467981/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/nb6lf6rm05>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Hockey:

Head Coach: Ben Patey

Email: pateyben@yahoo.com

Summer Break: June 27-July 6

Summer Calendar Link: Hockey Summer [Schedule](#)

Join Parent Square: <https://www.parentsquare.com/groups/join/kkbruucimq>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Wrestling

Head Coach: Ben Kirian

Email: bkirian@fcs.org

Summer Break: June 27-July 6

Join Parent Square: <https://www.parentsquare.com/groups/join/fhswrestle>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Gymnastics

Head Coach: Traci Dunn

Email: josephdunn@sbcglobal.net

Summer Break: June 27-July 6

Join Parent Square: <https://www.parentsquare.com/groups/join/tkgbiojof>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Girls Lacrosse:

Head Coach: Stefan Adams

Email: sadams@fcs.org

Summer Break: June 27-July 6

Summer Weight Schedule through June: M, W, TH - 7am - 8am Main Weight Room

Summer Calendar Link: <https://www.parentsquare.com/districts/4078/groups/2467954/feeds>

Join Parent Square: <https://www.parentsquare.com/groups/join/6owuf3f58d>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms

Boys Lacrosse:

Head Coach: Scott Miller

Email: smiller@fcs.org

Summer Break: June 27-July 6

Summer Calendar Link: <https://www.parentsquare.com/groups/2467987/calendars>

Join Parent Square: <https://www.parentsquare.com/groups/join/lpt4j9zcb>

Physicals must be completed prior to the first day of Tryouts/First Official Day - Physical forms can be found in Final Forms