

UNIVERSITY OF ILLINOIS

# 2014 MEN'S CROSS COUNTRY

## ILLINOIS QUICK FACTS

Location	Urbana-Champaign, Ill.
Founded	1867
Enrollment	44,492
Nickname	Fighting Illini
Colors	Orange and Blue
Conference	Big Ten
Home Course	U of I Arboretum
President	Robert Easter
Chancellor	Phyllis Wise
Director of Athletics	Mike Thomas
Executive Senior Assoc. Athletics Director	Jason Lener
Senior Assoc. Athletics Director	Paul Kowalczyk

## ILLINOIS COACHING AND SUPPORT STAFF

Cross Country Coach: Jake Stewart	Third Season
Alma Mater	Iona, '05
Office Phone	(217) 244-0385
Office Fax	(217) 244-9758
Volunteer Assistant Coach: Dan Barry	First Season
Alma Mater	UMass Amherst, '11
Head Track and Field Coach: Mike Turk	Fourth Season
Alma Mater	Augustana, '85
Office Phone	(217) 333-2957
Athletic Trainer: Randy Ballard	12th Season
Alma Mater	Kansas State, '99
Office Phone	(217) 244-9160

## TEAM QUICK FACTS

2013 Big Ten Championships	.5th
Top Individual: Jannis Toepfer (6th)	
2013 NCAA Midwest Regional Championships	.7th
Top Individual: Jannis Toepfer (3rd)	
Letterwinners Returning/Lost	7/0

## 2014 MEET SCHEDULE

<u>Date</u>	<u>Meet</u>	<u>Location</u>
Aug. 29	Illini Challenge	Urbana, Ill.
Sept. 6	at Portland	Kelson, Wash.
Sept. 27	Roy Griak Invite	Minneapolis, Minn.
Oct. 4	Greater Louisville Classic	Louisville, Ky.
Oct. 17	adidas Invite	Madison, Wis.
	Bradley 'Pink' Classic	Peoria, Ill.
Oct. 24	Illini Open	Urbana, Ill.
Nov. 2	Big Ten Championships	Iowa City, Iowa
Nov. 14	NCAA Midwest Regional	Peoria, Ill.
Nov. 22	NCAA Championships	Terre Haute, Ind.

## TABLE OF CONTENTS

<b>MEDIA INFORMATION</b>	
2014 Team Roster	2
2014 Season Outlook	3
<b>COACHING STAFF</b>	
Cross Country Coach: Jake Stewart	4
Volunteer Assistant Coach: Dan Barry	4
Head Track and Field Coach: Mike Turk	5
<b>THE FIGHTING ILLINI</b>	
Jereme Atchison / Ian Barnett	6
Bryce Basting/ Will Brewster / Ryan Burgoon	7
Joe Cowlin / Angel Estrada/ Alex Gold	8
Dylan Lafond / Dan Lathrop / Garrett Lee	9
Billy Magnesen / Liam Markham / Brendan McDonnell	10
Alex Notton / Luke Schroer / Zack Smith	11
Jannis Toepfer	12
Paul Zeman	13
<b>HISTORY AND RECORDS</b>	
2013 Season In Review	14
2013 Results	15
Big Ten History	16
Big Ten Accolades	17
NCAA Regional Championships / NCAA Championships History	18
Illinois School Records	19
Letterwinners	20

## ATHLETIC COMMUNICATIONS



<b>Men's Cross Country Contact</b>	Paul Hurd
<b>Email</b>	phurd@illinois.edu
<b>Cell Phone</b>	563-571-0118
<b>Sports Information Director</b>	Kent Brown
<b>Associate Director</b>	Derrick Burson
<b>Assistant Directors</b>	Marla Glasser, Derek Neal, Ben Taylor, Matt Wille
<b>Graduate Assistants/Interns</b>	Dan Longo, Jessica Leifheit
<b>Office Manager</b>	Jennifer Fisher
<b>New Media/Creative Services</b>	Heidi Rivers
<b>Sports Info Phone</b>	(217) 333-1391
<b>Sports Info Fax</b>	(217) 333-5540
<b>Websites</b>	www.fightingillini.com / www.illinimenstrack.com
<b>Twitter</b>	www.twitter.com/illinitrackxc
<b>Facebook</b>	www.facebook.com/illinimenstrackxc
<b>Mailing Address</b>	Athletic Public Relations
	1700 S. Fourth Street
	Champaign, IL 61820

# 2014 FIGHTING ILLINI ROSTER

<b>Name</b>	<b>Year</b>	<b>Hometown/Last School</b>
Jereme Atchison	Jr.	Arlington Heights, Ill./Buffalo Grove
Ian Barnett	R-Jr.	Palos Heights, Ill./Fenwick
Bryce Basting	Sr.	Carlock, Ill./Eastern Illinois University
Will Brewster	R-So.	Grayslake, Ill./Grayslake Central
Ryan Burgoon	So.	Barrington, Ill./Barrington
Joe Cowlin	R-Fr.	Crystal Lake, Ill./Prairie Ridge
Angel Estrada	Fr.	Highwood, Ill./Highland Ranch
Alex Gold	R-Fr.	Deerfield, Ill./Deerfield
Dylan Lafond	Jr.	Manchester, N.H./University of Mt. Olive
Dan Lathrop	Fr.	Plainfield, Ill./Plainfield South
Garrett Lee	R-Fr.	Belvidere, Ill./Belvidere North
Billy Magnesen	Fr.	Hinsdale, Ill./Hinsdale Central
Liam Markham	Jr.	Limerick, Ireland/St. Flannans
Brendan McDonnell	Sr.	Palos Heights, Ill./Stagg
Alex Notton	R-Fr.	Mason, Ohio/Mason
Luke Schroer	Fr.	Wheaton, Ill./Wheaton Warrenville South
Zack Smith	Fr.	Downers Grove, Ill./Downers Grove North
Jannis Toepfer	Gr.	Bochum, Germany/Graf Engelbert/MICDS
Paul Zeman	R-Jr.	Belvidere, Ill./Belvidere North

**Cross Country Coach:** Jake Stewart (3rd season)  
**Volunteer Assistant Coach:** Dan Barry (1st season)

**PRONUNCIATION GUIDE**  
 Jannis Toepfer . . . . . YAH-nis Toe-FER

## ROSTER BREAKDOWN

<b>GRADUATE</b>	<b>JUNIORS</b>	<b>SOPHOMORES</b>	<b>FRESHMAN</b>
Jannis Toepfer	Jereme Atchison	Will Brewster	Joe Cowlin
	Ian Barnett	Ryan Burgoon	Angel Estrada
<b>SENIORS</b>	Dylan Lafond		Alex Gold
Bryce Basting	Liam Markham		Dan Lathrop
Brendan McDonnell	Paul Zeman		Garrett Lee
			Billy Magnesen
			Alex Notton
			Luke Schroer
			Zack Smith

## 2014 FIGHTING ILLINI SEASON OUTLOOK

The 2014 Illini men's cross country team will be guided by third-year head coach Jake Stewart, who has seen the program make great strides in his time at the helm. Last season, the Orange and Blue placed fifth at the Big Ten Championships and recorded a seventh-place finish NCAA Midwest Regional.

"I think the biggest thing that I am looking forward to is the makeup of the roster and the fact we have so many guys returning," Stewart said. "Very rarely in the sport do you get a group coming back and don't lose as few as we did. Now being in year three, the guys know what the approach is, what the expectations are and how we go about things."

The Illini return all seven letterwinners from last season's squad, including Jannis Toepfer who qualified for the NCAA National Championships for the second time. Add six newcomers, including a pair of transfers, to the strong nucleus of returnees and you can clearly understand the reason for the optimism surrounding the team.

"I would be lying if I said we are not optimistic," Stewart said. "I think everyone was a little disappointed about how last year ended but to have a group coming back with really no one graduating, there is a lot of motivation there that is intrinsic. They all want to come back and have a better year than last year. It's very fun coming to practice with this group and the experience that we have."



Joining Toepfer on the list of returning runners are a slew of upperclassmen. Senior Brendan McDonnell and juniors Ian Barnett, Liam Markham, Tommy King and Paul Zeman will provide leadership on an otherwise young team. Sophomore Will Brewster is also back from last year's NCAA Regional squad.

Illinois begins the season at home on August 29 with the Illini Challenge, where the team will look to capture the meet title for the 10th straight year. The following weekend the Orange and Blue will travel to Kelso, Washington for a dual with national power Portland.

"Opening up the year with two dual meets will be a challenging way to open the fall," Stewart said. "The idea of getting in these types of races early on with small field sizes and quality competition will test whatever lineups we put on the starting line at each race."

The Illini will return to the Midwest for the Bradley Intercollegiate Invite on September 12. Following a week without competition, Illinois will head to Minneapolis, Minnesota for the Roy Griak Invite on September 27, rounding out a very busy early-season schedule.

"Our biggest change to the schedule this fall will be heading to the Roy Griak Invite at the University of Minnesota," announced Stewart. "It'll be the toughest course of the fall and a quality field."

The Illini have a busy October, competing at the Greater Louisville Classic, Wisconsin's adidas Invite and Bradley's 'Pink' Invite, before wrapping up the regular season at home with the Illini Open.

"The adidas Invite has become one of the best meets during the regular season in the country," Stewart said. "We've gone up there and raced well the last two years and our guys will look for that trend to continue."

November marks the beginning of postseason competition, with the Big Ten Championships kicking things off on November 2 in Iowa City, Iowa. Less than two weeks later, on November 14, the Orange and Blue travel to Peoria, Illinois for the NCAA Midwest Regional Championships. The top two teams at regionals will automatically advance to the NCAA Championships in Terre Haute, Ind.

"Everything for the program builds towards November," proclaimed Stewart. "We've got a lot of experience coming back that has run at both the Big Ten and Midwest Regional Championships. We want to improve our placing at both meets from last year and we feel in putting together the schedule we did, we will have done everything we needed to have done to prepare to make those improvements."



## JAKE STEWART

### HEAD CROSS COUNTRY COACH

#### THIRD SEASON

In 2013, Stewart led the men's cross country team to a fifth-place finish at the Big Ten Championships, with Jannis Toepfer placing sixth to earn All-Big Ten honors. Toepfer also qualified for the NCAA Championships, marking the third consecutive year that at least one Illini has qualified for the national meet. During the 2014

indoor track season, the distance medley relay team of Luke Carroll, Joe McAsey, Stephon Pamilton and Liam Markham recorded the second-fastest time in school history, while eight individual Illini entered Illinois' all-time top-10 lists. In addition, the Illini scored points in the 5,000m at the Big Ten Championships for the first time since 2009. Outdoors, the distance crew racked up 21 points at the Big Ten Championships, led by Big Ten Champion Joe McAsey (800m). McAsey also earned second-team All-America honors after placing 14th at the NCAA Outdoor Championships.

Stewart finished his first year as the head men's cross country coach/assistant track coach and saw a very successful year, including five new school records and 12 additions to the All-Time Top 10 lists. Stewart guided the Illini to a fourth place finish at the Big Ten Championships, which was the best performance in 16 years. For the second consecutive year, the squad sent two runners to the NCAA Championships as senior's Hunter Mickow and Jannis Topfer ran in the national meet for the first time in their career. During the track season, the distance medley relay placed seventh at the NCAA Indoor Championships to earned All-America honors, while Hunter Mickow earned second-team All-America honors in the 10,000m at the outdoor championships. Stewart coached two All-Americans, two All-Midwest Regional athletes, three All-Big Ten athletes, and 10 NCAA qualifiers.

During his time at Purdue, he had success on the cross country course and on the track. In the fall, he led the men's cross country team to its best finish since the 2008 season. Stewart also had two athletes qualify for the NCAA Division I East Preliminary Round of Championship (800, 5,000m) while also coaching an athlete who's performance placed them into the top five all-time in the school record books. In addition, Stewart had a USATF Junior All-American and recruited the first Foot Locker All-American recruit in school history.

Before coaching at Purdue, Stewart spent three years at Lamar University where he was the assistant track coach and cross country coach. At Lamar, he was named the Southland Conference Coach of the Year in 2009 and in 2010 after the men won four of their five invitationals including a top finish at the 12-team conference championships. The men were also back-to-back cross country conference champions in 2009 and 2010. Individually, he coached 3 All-Americans in indoor and outdoor track, 17 Southland Conference champions, 39 All-Conference performers, 10 NCAA qualifiers, and one World Cross Country Championship athlete. Stewart helped the Cardinals set 10 new school records and coached 53 conference point scorers in both indoor and outdoor track.

Prior to his tenure at Lamar, Stewart was the assistant coach for the Iona College men's and women's cross country and track and field teams for three seasons. In his time with the Gaels, the men's cross country team finished third in 2006 and runner-up in 2007 and 2008, the highest finish of any program in school history. The men's team was also honored for its scholastic achievements as it was named the NCAA Division I All-Academic Team of the Year in 2006 and 2007. In addition, he coached the first women's cross country team to qualify for the 2006 national championships.

During his time as an undergrad at Iona, Stewart helped the Gaels win four MAAC championships and finish in the top 10 each year. In addition, he was the captain of the squad in 2005, becoming the first walk-on in program history to achieve the feat.

Stewart earned his Masters degree in Sports Administration from Concordia University, Irvine California and his Bachelor of Science in English from Iona College in 2005. He resides in Champaign and he and his wife, Brandi, welcomed their first child, Griffin, in November.



## DAN BARRY

### VOLUNTEER ASSISTANT COACH

#### FIRST SEASON

Dan Barry begins his first season as a volunteer assistant coach for the men's cross country program. Barry came to the Illinois from the University of Oklahoma where he served in a similar role.

At Oklahoma, Barry worked with the middle distance and distance runners in the men's and women's cross country and track & field programs. He coached two All-Americans and six NCAA West Regional qualifiers in his one season in Norman, Okla.

Prior to his time at Oklahoma, Barry served as a volunteer assistant at University of Massachusetts Amherst. There he helped with on-campus recruiting, travel arrangements and alumni and donor relations.

A graduate of UMass Amherst, Barry also competed as a runner. He was a NCAA Prelim Qualifier in the 1500m in 2011 and was named USATF All-Academic the same season. He was twice awarded membership to the UMass Amherst athletic director's "400 Club" and was inducted into Chi Alpha Sigma, the National College Athlete Honor Society.

Barry graduated from UMass Amherst in 2011 with a bachelor's degree in Business Administration with an emphasis in Finance and Operations Management. He also minored in Spanish. Following graduation, Barry went on to earn his master's degree in Adult and Higher Education from the University of Oklahoma.



## MIKE TURK

### TRACK & FIELD HEAD COACH

#### FOURTH SEASON, NINTH OVERALL

Mike Turk is in his ninth season overall at the University of Illinois coaching the jumps, throws and multi-events. He is well known as one of the top field event coaches in the country and is especially heralded for his development of athletes in the throwing events.

Turk has accumulated over 20 years of coaching experience at the collegiate level, including 18 years at the NCAA Division I level. In his career, Turk has coached All-Americans in nine different events, including the long jump, triple jump, high jump, shot put, weight throw, hammer throw, discus, decathlon and 800m.

In 2014, Turk led the Illini to a runner-up finish at the Big Ten Outdoor Championships, the program's highest finish since 1994, and crowned three conference champions (Vanier Joseph - 110m hurdles, Stephon Pamilton - 400m, Joe McAsey - 800m). The Orange and Blue also captured a share of the HyVee Cup at the prestigious Drake Relays for the second straight year, tying with then-ranked No. 4 Arkansas. After the impressive showing, the Illini earned a No. 14 ranking in the USTFCCCA week four national poll, the highest mid-season ranking in program history. Illinois boasted six NCAA Outdoor Championships qualifiers and earned six second-team All-America honors, as McAsey (800m), Brandon Stryganek (200m) and the 4x400m relay (DJ Zahn, McAsey, Kenneth Allen, Pamilton) placed in the top-16 in the nation. After the successful outdoor season, Turk was named Men's Coach of the Year for the Midwest region by the USTFCCCA. Indoors, the Illini finished fourth at the conference championships, with Pamilton winning the 400m for the second straight year. Two athletes represented Illinois at the NCAA Indoor Championships as Vanier Joseph (60m hurdles) and Davis Fraker (weight throw) earned second-team All-America honors.

During the 2013 season, the Fighting Illini finished runner-up at the Big Ten Indoor Championships. The second place finish was the highest in program history since the 2000 season. Sophomore Brandon Stryganek (60m), junior Stephon Pamilton (400m) won titles in their respective events. At the NCAA Indoor Championships, the school record holding distance medley relay squad earned All-America honor, while the 4x400m relay just missed the distinction. Outdoors, Turk led the squad to winning the first annual HyVee Cup at the Drake Relays. The success continued into the championship season, as the squad finished fourth at the Big Ten meet, as they crowned two individual conference champions (Vanier Joseph - 110m H & Stephon Pamilton - 400m). At the NCAA Outdoor Championships, the 4x400m relay squad captured first team All-America honors after they finished fifth. The 4x100m relay squad earned second team All-America honor after finishing 13th overall, while individually, freshman Juan Paul Green earned the same distinction after he placed 14th in the 400m. Overall, three Illini set school records indoors and 17 notched marks in the school's top-10 outdoors.

In the 2012 season, Turk led the squad to the program's highest finish at the NCAA Outdoor Championships since 1988. The Orange and Blue finished T-11th with 20 points, marking the best finish since the '88 season where they placed seventh. The Illini earned four All-America honors and senior Andrew Riley won NCAA titles in the 100m and 110m hurdles. Riley became the first male athlete in the NCAA to win those two events in the same year. He was named USTFCCCA National Track Athlete of the Year and won Illinois' Dike Eddleman Award. Indoors, the team finished T-13th which was also the highest finish by an Illinois squad since 1995 where they tied for fourth in the nation. Overall, the squad boasted three Big Ten Champions outdoors, with Riley winning the 100m/110m hurdles and the 4x100m relay while Riley also took the 60m and 60m hurdles conference crown indoors. The squad set 14 top-10 indoor times in Illinois record books and 10 times in the outdoor record books.

Turk led the Illini to the program's best finish at the NCAA Outdoor Championships in 23 years during the 2011 season. The Illini tied for 12th overall, marking the highest finish by an Illini squad since placing seventh in 1988. The Illini earned seven first-team All-America honors and one second-team award for their performances at nationals, including a third-place finish by the 4x100m relay, a runner-up showing by Andrew Riley in the 110m hurdles, a sixth-place finish by Stanley Azie in the 100m and an eighth-place effort in the 400m hurdles by Cody Wisslead. The Orange and Blue also boasted three Big Ten Champions, with Riley in the 110m hurdles, Wisslead in the 400m hurdles and the 4x100m relay.

During the 2011 indoor season, the Illini tied for 22nd at nationals, the highest indoor finish by an Illinois squad since 1998 (17th). Riley won his

second career national title, as he raced to victory in the 60m hurdles at the NCAA Indoor Championships. Freshman Davis Fraker, who broke the school record in his first collegiate throw, was the first Illini ever to qualify for nationals in the weight throw and earned second-team All-American honors. Riley also competed a three-peat in the event by winning the 60m-hurdle title at the Big Ten Indoor Championships while Matt Bane captured the Big Ten title in the pole vault.

In his first year as interim head coach in 2010, Turk worked to change the culture of the program and made great strides from the indoor to the outdoor season, which was capped off by a national title in the 110m hurdles by Andrew Riley. Turk's squad qualified 16 athletes to the West Preliminary Round of Championship and advanced in three events to the NCAA Championships, with Riley in the 110m hurdles, junior Cody Wisslead in the 400m hurdles and the 4x100m relay. At the Big Ten Outdoor Championships, the Illini turned in their best conference finish since 2006, as they placed sixth overall. Turk also coached junior Matt McHugh into the record books again, as the Exeter, N.H., native recorded school records during the indoor and outdoor seasons. McHugh smashed the school record in the weight throw with a mark of 63-2 3/4 (19.27m) and broke his own school record in the hammer throw twice, tallying a personal-best mark of 202-10 (61.83m).

During the 2009 season, Turk coached a pair of athletes who altered Illinois records that had stood for 30 years. Junior Greg Shroka placed sixth in the high jump with a personal-best height of 7 feet, 1 1/2 inches (2.17m) at the NCAA Outdoor Championships to become the first Fighting Illini outdoor All-American in the event since Gail Olson took fifth in 1979. McHugh broke Bob Carper's school record of 187-4 set three decades ago when he marked 190-4 (58.02m) in the hammer throw at the Illinois Invitational. Along with those record-setting marks, Turk also guided junior Casey Fonesbeck to a sixth-place finish in the shot put at the Big Ten Outdoor Championships, where he also qualified for the NCAA Mideast Regionals with a personal-best distance of 57-3 3/4.

Fighting Illini field event athletes also achieved a number of milestones in 2008 under Turk, as Shroka became just the third athlete in Illinois history to leap over seven feet in the high jump, marking 7-0 1/4 at the Illinois Twilight. Shroka went on to earn All-Mideast Region honors, narrowly missing a trip to the NCAA Outdoor Championships and scoring at both the Big Ten indoor and outdoor meets. In the throwing events, Fonesbeck earned a trip to regionals and scored at the Big Ten outdoor meet in the shot put with a mark of 57-1 that ranks 10th in Illinois history. McHugh had a standout debut season, marking 59-7 in the weight throw and 183-7 in the hammer throw to rank third and fourth in Illinois history, respectively. In addition, multi-event athlete Andrew Zollner moved up to second on the Illini all-time list in the decathlon, with a personal-best point total of 6,776 points at the Big Ten Championships.

In 2007 under Turk, Nick Brown continued his success at the conference championships by finishing second in the long jump and fourth in the triple jump at the Big Ten Indoor Championships and third in both events at the Big Ten Outdoor Championships. Brown also competed in the long and triple jumps at the NCAA Mideast Regional Championships. Turk helped guide Shroka to a successful rookie campaign, as he scored as a redshirt freshman at the Big Ten Championships and qualified for the regional championships. Zollner also came on strong, taking sixth in the decathlon and ninth in the heptathlon at the conference meets. In addition, Chad Gridley improved his personal-best in the discus by over 20 feet.

Turk made an immediate impact with the Fighting Illini in his first year with the program in 2006. His athletes crashed the record books, with nine all-time top-10 performances in Illini history, with the season highlighted by the outstanding achievements of Brown. Under Turk's leadership, Brown was an NCAA Championships qualifier in both the long and triple jumps during the indoor season and in the triple jump during the outdoor season, earning All-America honors in the long jump indoor and the triple jump outdoor.

Turk is a USATF Level II certified coach in the jumps and throws and as an instructor. He is a part of the USATF Coaches Education Level II staff and helped co-author the USATF Level II Throws curriculum. Turk is a popular clinician and has spoken at numerous clinics throughout the country. He is also a lead instructor at the prestigious Ironwood Throws Development Camp, organized the King of the Ring Throws Clinic and has authored several articles.

As a student-athlete at Augustana College in Rock Island, Ill., Turk received his bachelor's degree in Physical Education in 1985 and competed on the varsity track and field team. He was the 1984 CCIW Conference Champion in the shot put.

Turk and his wife, Lori, reside in Mahomet and have three children, daughters Hannah and Payton and a son, Sam.



## JEREME ATCHISON

JUNIOR // ARLINGTON HEIGHTS, ILL. // BUFFALO GROVE HS

### CROSS COUNTRY

#### 2013 XC - SOPHOMORE

Finished second for the squad and fifth overall at the Illini Open ... Finished 30th overall and sixth for the Illini at the Boilermaker Invitational with an 8K time of 26:11 ... Trimmed nearly a minute off of his 8K time at the Bradley

Classic, finishing third for the Illini and 29th overall with a time of 25:12.

#### 2012 XC - FRESHMAN

Competed at NCAA Midwest Regional, finishing with a 10K time of 34:06 ... Finished 78th overall at Big Ten Championships, coming in sixth for the Illini ... Placed second on the team at the Bradley Classic, finishing with an 8K time of 24:58 ... Ran unattached at the Illinois Intercollegiate, placing 12th overall ... Ran unattached at the Illini Challenge, finishing fifth overall with a 6K time of 18:48.

#### 2014 TRACK AND FIELD

**Outdoor:** Did not compete.

**Indoor:** Competed in four meets ... Placed third in the 5,000m at the Indiana Relays with a personal-best time of 14:59.50 ... Ran in the 3,000m at the Orange & Blue Open and placed ninth.

#### 2013 TRACK AND FIELD

**Outdoor:** Redshirt season

**Indoor:** Redshirt season

#### HIGH SCHOOL

Four-time All-Conference in cross country ... 2011 and 2012 cross country All-State selection ... Two-time All-Conference in track ... Led cross country team to first ever appearance at the state meet, placing fifth individually and as a team.

#### PERSONAL

Son of Frank and Diane Atchison ... Born March 16, 1994 ... Has a brother, Frank and a sister Ashley ... Hobbies include playing basketball, working out and playing xbox ... Majoring in Sport Management.

#### ATCHISON'S PERSONAL BESTS

Cross Country

8K: 24:58 - Bradley Classic (10/12/12)

10K: 34:06 - NCAA Midwest Regional (11/9/12)

Indoor Track

3,000m: 8:50.07 - Illini Classic (1/18/14) >br> 5,000m: 14:59.50 - Indiana Relays (2/1/14)



## IAN BARNETT

R-JUNIOR // GLEN ELLYN, ILL. // FENWICK HS

### CROSS COUNTRY

#### 2013 XC - SOPHOMORE

Competed at the NCAA Midwest Regional, where he set a personal-best 10K time of 31:07 to finish second for the Illini and 28th overall ... Ran at the Big Ten Championships ... Finished third for the squad at the Wisconsin adidas Invitational, where he set a personal-best 8K time of 24:14 ... Set a personal-best 6K time of 19:33 at the Illini Challenge to place fifth overall and

fourth for the Illini.

#### 2012 XC - RS FRESHMAN

Ran at the NCAA Midwest Regionals, finishing the 10K course in a time of 31:42 and placing fifth for the Illini ... Ran a career best 8K time of 24:20 at the Big Ten Championships, finishing 18th overall ... Finished in the top four on the squad in each of the races competed in, including placing first at the Illinois Intercollegiate ... Placed third for the Illini and 123rd overall at the Wisconsin adidas Invitational, setting a time of 24:23 in his first collegiate race of that distance ... Set a personal-best 6K time of 18:46 at the Illini Challenge, finishing fourth overall ... Academic All-Big Ten.

#### 2011 XC - FRESHMAN

Redshirt season...In his collegiate debut, ran unattached but placed 11th overall for the Illini with an 8K time of 26:17 at the Illini Open ... Finished the Sean Earl Lakefront Invitational 8K in a time of 26:38.

#### 2014 TRACK AND FIELD

**Outdoor:** Placed sixth in the 5,000m at the Big Ten Championships to score points for the Illini ... Won the 3,000m at the Illinois Twilight ... Placed second in the 5,000m at the Payton Jordan Invitational ... Academic All-Big Ten.

**Indoor:** Clocked the sixth-fastest 3,000m time in school history (8:08.10) at the Big Ten Championships to place ninth ... Won the 3,000m at the Orange & Blue Open ... Ran the 3,000m at the Indiana Relays and placed sixth.

#### 2013 TRACK AND FIELD

**Outdoor:** Qualified for the NCAA West Preliminary Round of Championships in the 5,000m ... Placed fourth at the Big Ten Championships in the 5K ... Ran the fifth fastest 5,000m time in Orange and Blue history to win the Auburn Tiger Classic with a time of 13:58.79.

**Indoor:** Redshirt season.

#### 2012 TRACK AND FIELD

**Outdoor:** Redshirt season.

**Indoor:** Had a season best in the 3,000m at the Big Ten Championships with a time of 8:20.83 ... Placed third in the mile with a time of 4:15.99 at the Orange and Blue Open ... Ran a time of 8:24.81 in the 3,000m at the Mark Colligan Memorial placing fifth.

#### HIGH SCHOOL

Captured All-State honors in 2011 ... Placed fifth in the 1600m at the 2011 indoor state championships ... Was the 2011 1600m outdoor conference champion and 2010 champion in the indoor event ... All-Region and state qualifier in 2010 ... All-Conference in 2009 and 2010 in cross country.

#### PERSONAL

Son of David and Paula Barnett ... Born August 27, 1992 ... Has one sister, Elizabeth, and one brother, Patrick ... Hobbies include wake boarding, snowboarding and playing soccer ... Majoring in accounting.

#### BARNETT'S PERSONAL BESTS

Cross Country

6K: 19:33 - Illini Challenge (8/30/13)

8K: 24:14 - Wisconsin Adidas Invitational (10/19/13)

10K: 31:07 - NCAA Midwest Regional (11/15/13)

5 Miles: 24:49 - Notre Dame Invitational (9/28/12)

Track

Indoor

Mile: 4:15.99 - Orange and Blue Open (2/4/12)

3,000m: 8:08.10 - Big Ten Championships (2/28/14)

Outdoor

1,500m: 3:59.82 - Lenny Lyles/Clark Wood Invitational (3/29/14)

3,000m: 8:19.18 - Illinois Twilight (4/12/14)

5,000m: 13:58.79 - Tiger Track Classic (4/6/13)



## BRYCE BASTING

SENIOR// CARLOCK, ILL. // EASTERN ILLINOIS UNIVERSITY

### AT EASTERN ILLINOIS

Ten time OVC All-Conference...1500 meter champion...Two time Ohio Valley Conference team championships...Earned varsity letters in track (three) and cross country (three)... Academic All-American 2013.

### HIGH SCHOOL

Attended Normal Community West High School...Two time IHSA All-State cross country... Four time Big 12 All-Conference cross country...Four time Big 12 All-Conference track and field...Coached by Steve Destri.

### PERSONAL

Son of Grant and Catherine Basting...Born November 17, 1992...Majoring in advertising... Favorite athlete is Larry Bird because Bird is one of the most clutch players of all time... Hobbies include music production and horseback riding...Plans to work as a brand strategist for an advertising agency after graduating.



## WILL BREWSTER

R-SOPHOMORE // GRAYSLAKE, ILL. // GRAYSLAKE CENTRAL HS

### CROSS COUNTRY

#### 2013 XC - RS FRESHMAN

Scored points for the Illini in four of the five meets he competed in ... Finished fourth on the squad at the NCAA Midwest Regionals ... Placed 48th overall and fifth for the Illini at the Big Ten Championships ... Set a personal-best 8K time of 24:48 at the Wisconsin adidas Invitational ...

Finished fourth for the squad at the Notre Dame Invitational ... Made his Illini debut at the Boilermaker Invitational, where he placed 16th overall and finished fourth for the Illini ... Academic All-Big Ten.

### 2012 XC - RS FRESHMAN

Redshirt season ... Made season debut at the Illini challenge, running unattached with a 6K time of 19:02 ... At the Bradley Classic, finished in 25:07 ... Set a personal-best time of 24:55 at the Illinois Intercollegiate ... Running unattached, finished first overall at the Illinois Open.

### 2014 TRACK AND FIELD

Outdoor: Did not compete ... Academic All-Big Ten.

**INDOOR:** Competed in the 3,000m at the Big Ten Championships and placed 13th with the 10th-fastest time in school history (8:11.43) ... Recorded two sixth-place finishes in the mile.

### 2013 TRACK AND FIELD

Outdoor: Set a meet record time of 8:30.30 in the 3,000m to win the Lee Calhoun Invitational ... Finished third in the 3,000m at the Big Ten/SEC Challenge ... Ran the 1,500m at the Bill Cornell Spring Classic and the LSU Alumni Gold Meet.

**INDOOR:** Redshirt Season ... Ran unattached at the Illini Open, finishing second in the mile with a time of 4:17.88 ... Ran unattached at the Illini Classic, placing third in the 3,000m with a time of 8:23.50 ... 2013 USATF Junior All-American after finishing 10th at the US Junior National Cross Country Championships.

### HIGH SCHOOL

2012 sectional champion in the 1,600m and 3,200m ... 2012 indoor state champion in 3,200m ... 2012 state runner-up in 1,600m and 3,200m ... 2008 AAU cross country national champion ... Two time All-State in track ... Garnered All-State in cross country in 2011 ... 2011 regional cross country champion. ... Holds school record in five events.

### PERSONAL

Son of Bill and Jodi Brewster ... Born April 12, 1994 ... Has one sister, Meghan, and two brother, Peter and Matthew ... Hobbies include skiing, golfing, swimming and watching movies ... Majoring in bioengineering.

### BREWSTER'S PERSONAL BESTS

#### Cross Country

6K: 19:02 - Illini Challenge (8/31/12)

8K: 24:48 - Wisconsin adidas Invitational (10/19/13)

10K: 31:42 - NCAA Midwest Regional (11/15/13)

5 Miles: 25:47 - Notre Dame Invitational (10/4/13)

#### Track

##### Outdoor

1,500m: 3:58.30 - Lee Calhoun Invite (4/13/13)

3,000m: 8:29.08 - Big Ten/SEC Challenge (3/23/13)

5,000m: 15:11.39 - Drake Relays (4/25/13)

##### Indoor

Mile: 4:10.67 - Husker Invitational (2/8/14)

3,000m: 8:11.43 - Big Ten Championships (2/28/14)



## RYAN BURGOON

SOPHOMORE // BARRINGTON, ILL. // BARRINGTON HS

### CROSS COUNTRY

#### 2013 XC - FRESHMAN

Made his collegiate debut at the Illini Challenge, where he placed seventh overall and fifth for the Illini ... Placed 36th at the Boilermaker Invitational ... Shaved over 45 seconds off of his 8K time to run a personal-best 25:44 at the Bradley Classic and finish fourth for the Illini ... Finished third for the squad and eighth overall at the Illini Open.

### 2014 TRACK AND FIELD

Outdoor: Did not compete.

**INDOOR:** Competed unattached at two meets ... Placed eighth in the 3,000m at the Orange & Blue Open ... Clocked a personal-best 3,000m time of 8:47.81 at the Illini Open.

### HIGH SCHOOL

Two-time All-State in cross country ... Two-time state qualifier in track ... Team captain in 2012.

### PERSONAL

Son of Steve and Christine Burgoon ... Born Dec. 14, 1994 ... Has one brother, Steven, and three sisters, Dani, Ali, and Jacquie ... Hobbies include running, traveling, playing and watching hockey, and playing the drums ... Board member for the nonprofit organization 'Go Beyond Barrington' ... Majoring in business.

### BURGOON'S PERSONAL BESTS

#### Cross Country

6K: 19:49 - Illini Challenge (8/30/13)

8K: 25:44 - Bradley Classic (10/18/13)

#### Track

##### Indoor

3,000m: 8:47.81 - Illini Open (1/11/14)



## JOE COWLIN

R- FRESHMAN // CRYSTAL LAKE, ILL. // PRAIRIE RIDGE HS

### CROSS COUNTRY

#### 2013 XC - RS FRESHMAN

Redshirt season ... Ran unattached in three meets ... Placed 32nd at the Boilermaker Invitational with an 8K time of 26:14 ... Clocked a 25:27 to place 48th at the Bradley Classic ... Set a personal-best 8K time of 25:24 to place third at the Illini Open.

### 2014 TRACK AND FIELD

**Outdoor:** Competed unattached at the Illinois Twilight and placed fourth in the 5,000m.

**Indoor:** Competed unattached at two meets ... Ran the 3,000m at the Illini Open and clocked a time of 8:43.71 ... Competed in the mile at the Illini Classic.

### HIGH SCHOOL

Four-time state qualifier ... Placed fourth at IHSA cross country championships in 2012 ... School record holder in the 3200 meter run.

### PERSONAL

Son of Jim and Lynn Cowlin ... Born Oct. 12, 1994 ... Has one sister, Kathryn, and one brother, Patrick ... Hobbies include fishing, traveling, and cooking ... Graduated near the top of his class at Prairie Ridge HS.

### COWLIN'S PERSONAL BESTS

Cross Country

8K: 25:27 - Bradley Classic (10/18/13)

Track

Outdoor

5,000m: 15:01.71 - Illinois Twilight (4/12/14)

Indoor

Mile: 4:20.31 - Illini Classic (1/18/14)

3,000m: 8:37.35 - Indiana Relays (2/1/14)



## ALEX GOLD

R-FRESHMAN // DEERFIELD, ILL. // DEERFIELD HS

### CROSS COUNTRY

#### 2013 XC - RS FRESHMAN

Redshirt season ... Ran unattached in four meets ... Placed 13th in his collegiate debut, clocking a 6K time of 20:21 at the Illini Challenge ... Placed 31st at the Boilermaker Invitational ... Set a personal-best 8K time of 25:16 at the Bradley Classic ... Placed fourth at the Illini Open.

### 2014 TRACK AND FIELD

**Outdoor:** Did not compete.

**Indoor:** Competed unattached at three meets ... Finished first in the open 3,000m at the Indiana Relays with a personal-best time of 8:18.93.

### HIGH SCHOOL

All-Conference six times ... All-State in coss country ... Varsity letter award winner ... Two-time state qualifier in cross country.

### PERSONAL

Son of Michael and Laura Gold ... Born on Nov. 8, 1994 ... Has two brothers, Danny and Matthew ... Hobbies include playing basketball and baseball, watching sports, and watching movies ... Majoring in engineering ... National Honors Society member ... Booster Club Scholarship Award winner.

### GOLD'S PERSONAL BESTS

Cross Country

6K: 20:21 - Illini Challenge (8/30/13)

8K: 25:16 - Bradley Classic (10/18/13)

Track

Indoor

Mile: 4:19.11 - Illini Classic (1/18/14)

3,000m: 8:18.93 - Indiana Relays (2/1/14)



## ANGEL ESTRADA

FRESHMAN // HIGHWOOD, ILL. // HIGHLAND PARK HS

### HIGH SCHOOL

Two-time All-Conference in cross country... Two-time All-Conference in track... All-Regional in cross country... All-State in cross country... All-Sectional in cross country.

### PERSONAL

Son of Daniel and Rosa Doyle... Born February 8, 1996...

Three siblings: Soledad, Daniel, Damian... Chose Illinois

because it has a great business school and campus life... Hobbies include watching movies, archery, and playing various sports... Majoring in Accounting.



## DYLAN LAFOND

**JUNIOR // MANCHESTER, N.H. // UNIVERSITY OF MOUNT OLIVE**

### AT UNIVERSITY OF MOUNT OLIVE

2013 Southeast Conference Cross Country Champion... Earned varsity letters in cross country (two) and indoor and outdoor track and field (two in each)...Eleven collective individual Southeast Conference titles in cross country and track and field...Five Southeast Conference

team titles...National Athlete of the Week...Holds nine school records in cross country and track and field.

### HIGH SCHOOL

Attended Manchester Central High School...Earned varsity letters in cross country (three) and basketball (two)...All-State cross country 2010-11...All-State indoor and outdoor track and field 2011-12...2011 All-New England cross country...2012 All-New England outdoor track and field.

### PERSONAL

Son of Jerry Lafond...Born March 18, 1993...Majoring in Sports Management...Lists Kevin Garnett as his favorite athlete for Garnett's passion and work ethic...Chose Illinois because it gave him the opportunity to compete at the Division I level as well as receive a degree from a great public institution.



## DAN LATHROP

**FRESHMAN // PLAINFIELD, ILL. // PLAINFIELD SOUTH HS**

### HIGH SCHOOL

State qualifier in 4x800... Qualified for indoor and outdoor nationals in the two mile... Three-time All-Conference in cross country... Three-time All-Sectional in cross country... Two-time state qualifier in track... All-State in cross country... High Honor Roll... Inducted into NHS... Inducted into Spanish NHS... Graduated in

top 10 percent of class... Athlete of the year senior year.

### PERSONAL

Son of Robert and Karen Lathrop... Born March 29, 1996... Two siblings; Bradley and William... Hobbies include playing various sports and reading... Chose Illinois because he has always been an Illini fan and Illinois has a great engineering program... Majoring in General Engineering.



## GARRETT LEE

**R-FRESHMAN // BELVIDERE, ILL. // BELVIDERE NORTH HS**

### CROSS COUNTRY

2013 XC - RS FRESHMAN

Redshirt season ... Ran unattached in three meets ... Made his collegiate debut at the Illini Challenge where he placed 10th overall ... Placed 28th at the Boilermaker Invitational with an 8K time of 26:07 ... Shaved over a minute off of his 8K time at the Bradley Classic, clocking a 25:00 to place 20th.

### 2014 TRACK AND FIELD

**Outdoor:** Competed in the 1,500m at the Big Ten Championships ... Placed third in the 1,500m at the Lenny Lyles/Clark Wood Invite ... Clocking a personal-best 1,500m time of 3:51.03 at the Illinois Twilight.

**Indoor:** Competed unattached at three meets ... Placed fourth in the 3,000m at the Orange & Blue Open.

### HIGH SCHOOL

Was part of the 4x800m state champion relay team in 2011 ... Finished runner-up at the 2013 ISHA state championships in the 1600m ... Placed fifth in the 1600m at the 2012 IHSA state championships ... All-State in cross country all four years ... Named NIC-10 Conference Athlete of the Year in 2013 ... Conference champion in the 1600m in track ... Team won state in 2009, 2010, and 2011, and placed second in 2012.

### PERSONAL

Son of Wallace and Carolyn Lee ... Born Nov. 12, 1994 ... Has two sisters, Callie and Danielle ... Hobbies include playing golf and basketball ... Majoring in Recreation, Sport, and Tourism with a concentration in Sports Management.

### LEE'S PERSONAL BESTS

Cross Country

6K: 20:07 - Illini Challenge (8/30/13)

8K: 25:00 - Bradley Classic (10/18/13)

Track

Outdoor

1,500m: 3:51.03 - Illinois Twilight (4/12/14)

Indoor

600m: 1:22.42 - Illini Open (1/11/14)

Mile: 4:12.00 - Illini Classic (1/18/14)

3,000m: 8:43.90 - Orange & Blue Open (2/22/14)



## BILLY MAGNESEN

FRESHMAN// HINSDALE, ILL. // HINSDALE CENTRAL HS

### HIGH SCHOOL

Member of 2013 cross country state championship team... Two-time All-Conference in cross country and track... Two-time All-sectional in cross country and track... Two-time All-State in cross country and track... Cross country team captain in 2013... Nike Cross Nationals team qualifier... Academic All-Conference... Deans List... NHS member.

### PERSONAL

Son of Mark and Sarah Magnesen... Born September 11, 1995... Two siblings; Connor and Kate... Favorite athlete is Russell Wilson... Hobbies include running, watching TV and playing basketball... Majoring in Business.



## LIAM MARKHAM

JUNIOR // LIMERICK, IRELAND // ST. FLANNANS COLLEGE ENNIS HS

### CROSS COUNTRY

#### 2013 XC - SOPHOMORE

Finished second for the Illini in all but one meet ... Competed at the NCAA Midwest Regional where he finished third for the squad with a 10K time of 31:28 ... Placed 17th at the Big Ten Championships ... Set a personal-best 8K time of 24:08 at the Wisconsin adidas Invitational ... Placed 26th at the Notre Dame

Invitational ... Finished second overall at the Illini Challenge ... Academic All-Big Ten.

#### 2012 XC - FRESHMAN

Ran unattached at Bradley Classic, finishing with an 8K time of 24:46.

### 2014 TRACK AND FIELD

**Outdoor:** Qualified for the NCAA West Preliminary Round in the 1,500m ... Placed sixth in the 1,500m at the Big Ten Championships to score points for the Illini ... Won the 1,500m at the Illinois Twilight ... Clocked the fifth-fastest 1,500m time in school history (3:42.33) to place fourth at the Bryan Clay Invitational ... Academic All-Big Ten ... USTFCCA All-Academic.

**Indoor:** Placed fifth in the mile at the Big Ten Championships to score points for the Illini ... Member of the distance medley relay team that placed fourth at the Big Ten Championships ... Placed second in the mile at the Illini Classic ... Clocked the eighth-fastest mile time in school history (4:02.37) to place fourth at the Indiana Relays... Member of the distance medley relay team that clocked the second-fastest time in school history at the Alex Wilson Invitational.

### 2013 TRACK AND FIELD

**Outdoor:** Placed fifth in the 800m at the Bill Cornell Classic ... Recorded a fourth-place finish at the Big Ten/SEC Challenge ... Set a personal-best 1,500m time of 3:46.94 to finish third at the Tiger Track Classic ... Placed 11th at the Big Ten Championships.

**Indoor:** Finished second at the EIU Friday Night Special.

### HIGH SCHOOL

Was the number one Irish 1,500m under-20 year old runner in 2011 ... Number two Irish youth (under 18) in 2009 and competed in the IAAF World Junior Championships ... Won one gold, three silvers and two bronze medals competing in the 800m and 1,500m ... Qualified for the European Junior Championships in Estonia ... Was the cross country and track team captain for three years.

### PERSONAL

Son of Gerard and Joan Markham ... Born January 1, 1992... Has two siblings, Brian and Niamh ... Hobbies include watching sports, surfing, golfing, playing darts and going to the movies ... Majoring in accounting.

### MARKHAM'S PERSONAL BESTS

Cross Country

6K: 19:05 - Illini Challenge (8/30/13)

8K: 24:08 - Wisconsin Adidas Invitational (10/19/13)

10K: 31:28 - NCAA Midwest Regional (11/15/13)

5 Miles: 24:55 - Notre Dame Invitational (10/4/13)

Track

Outdoor

800m: 1:52.75 - Bill Cornell Classic (3/30/13)

1,500m: 3:42.33 - Bryan Clay Invitational (4/19/14)

Indoor

Mile: 4:02.37 - Indiana Relays (1/31/14)

3,000m: 8:13.89 - Rod McCravy Memorial (1/25/14)



## BRENDAN MCDONNELL

SENIOR// PALOS HEIGHTS, ILL. // STAGG HS

### CROSS COUNTRY

#### 2013 XC - JUNIOR

Joined the team after placing third at the Illini Challenge ... Scored points for the Illini at the NCAA Midwest Regionals ... Finished third for squad at the Big Ten Championships ... Finished fourth for the Illini with a personal-best 8K time of 24:37 at the Wisconsin adidas Invitational ... Made his Illini debut at the Boilermaker Invitational where he led the Illini and placed ninth overall ... Academic All-Big Ten.

### 2014 TRACK AND FIELD

**Outdoor:** Won the 5,000m at the Illinois Twilight ... Clocked a personal-best 10,000m time of 30:38.38 at the Drake Relays ... Academic All-Big Ten.

**Indoor:** Placed fifth in the 3,000m at the Orange & Blue Open with a personal-best time of 8:45.67 ... Placed fourth in the 5,000m at the Indiana Relays with a personal-best time of 14:59.69.

### HIGH SCHOOL

State qualifier in cross country in 2009 ... Earned All-Region honors in 2010.

### PERSONAL

Son of John and Margaret McDonnell ... Born Feb. 6, 1992 ... Majoring in mechanical engineering.

### MCDONNELL'S PERSONAL BESTS

Cross Country

6K: 19:22 - Illini Challenge (8/30/13)

8K: 24:37 - Wisconsin Adidas Invitational (10/19/13)

10K: 30:43 - NCAA Midwest Regional (11/15/13)

5 Miles: 25:45 - Notre Dame Invitational (10/4/13)

Track

Outdoor

5,000m: 14:50.50 - Kentucky Relays (4/19/14)

10,000m: 30:38.38 - Drake Relays (4/24/14)

Indoor

3,000m: 8:45.67 - Orange & Blue Open (2/22/14)

5,000m: 14:59.69 - Indiana Relays (2/1/14)



## ALEX NOTTON

R-FRESHMAN // MASON, OHIO // MASON HS

### CROSS COUNTRY

#### 2013 XC - RS FRESHMAN

Redshirt season ... Ran unattached in three meets ... Made his collegiate debut at the Illini Challenge, where he placed 24th ... Placed 13th at the Illini Open.

#### 2014 TRACK AND FIELD

**Outdoor:** Competed unattached in both the 800m and 1,500m at the Illinois Twilight.

**Indoor:** Competed unattached at three meets ... Placed third in the mile at the Orange & Blue Open.

### HIGH SCHOOL

Three-time All-State in track ... Was part of the state runner-up 4x800 relay team ... Member of state runner-up cross country team ... Three time Academic All-State in track ... Three-time Academic All-State in cross country.

### PERSONAL

Son of David and Jennifer Notton ... Born on April 18, 1995 ... Has one sister, Annie ... Hobbies include playing guitar and listening to music ... Majoring in mechanical engineering.

### NOTTON'S PERSONAL BESTS

#### CROSS COUNTRY

6K: 21:50 - ILLINI CHALLENGE (8/30/13)

8K: 26:00 - BRADLEY CLASSIC (10/18/13)

#### TRACK

#### OUTDOOR

800M: 1:54.48 - ILLINOIS TWILIGHT (4/12/14)

1,500M: 4:03.17 - ILLINOIS TWILIGHT (4/12/14)

#### INDOOR

MILE: 4:20.95 - ORANGE & BLUE OPEN (2/22/14)



## LUKE SCHROER

FRESHMAN // WHEATON, ILL. // WHEATON WARRENVILLE SOUTH HS

### HIGH SCHOOL

Five-time All-Conference in cross country and track... Track Captain 2014... Two-time conference champion in 1600m... All-State in cross country... Conference cross country champion in 2011... Two-time conference champion in track... Four-time academic all-conference.

### PERSONAL

Son of Bob and Jeanette Schroer... Born March 3, 1995... Two siblings; Emma and Hannah... Hobbies include reading, speaking French and Spanish, playing soccer, and listening to music... Chose Illinois because of the incredible academics and athletics... Majoring in Theatre and French.



## ZACK SMITH

FRESHMAN // DOWNERS GROVE, ILL. // DOWNERS GROVE NORTH HS

### HIGH SCHOOL

Two-time All-conference in cross country... Two-time conference champion in the mile... Two-time All-State in cross country and track... High Honor Roll.

### PERSONAL

Son of Todd and Paula Smith... Born April 16, 1996... One brother; Josh... Favorite athlete is Tiger Woods... Hobbies include golfing, watching sports, watching Arrow and playing frisbee... Chose Illinois because of the business program, specifically accounting, and the closeness of the team and coaching staff... Majoring in Business.



## JANNIS TOEPFER

GRAD STUDENT // BOCHUM, GERMANY // GRAF ENGELBERT/MICDS HS

### CROSS COUNTRY

#### 2013 XC - SENIOR

Led the Illini in every meet he competed in ... Qualified for the NCAA Championships after placing third at the NCAA Midwest Regional and earning All-Region Honors ... Placed sixth at the Big Ten Championships to earn first-team All-Big Ten honors ... Clocked a personal-best 8K time of 23:50 at the Wisconsin adidas Invitational,

which is tied for the fourth-fastest 8K time in school history ... Placed sixth at the Notre Dame Invitational ... Won the Illini Challenge with a personal-best 6K time of 18:58 ... Academic All-Big Ten.

#### 2012 XC - SENIOR

Qualified for the NCAA Championships, where he finished 64th and set a personal-best 10K time of 30:27 ... Earned All-Region honors after finishing 13th overall at the NCAA Midwest Regional, recording a 10K time of 30:40 ... Finished first for the Illini at the Big Ten Championships with a personal best 8K time of 24:06 ... Received second-team All-Big Ten honors for ninth place finish at Big Ten Championships ... His time at the Big Ten Championships is 10th fastest 8K finish in school history ... In his Illinois debut, finished in the top-27 at the Notre Dame Invitational and second on the team with a five-mile time of 24:17 ... Finished runner-up on the squad at the Wisconsin adidas Invitational, setting a career-best 8K time of 24:11 ... Scored points for the Illini in each race he's competed in.

#### 2014 TRACK AND FIELD

**Outdoor:** Qualified for the NCAA West Preliminary Round in the 10,000m ... Placed ninth in the 10,000m at the Big Ten Championships ... Clocked the sixth-fastest 10,000m time in school history (29:13.07) to place fifth at the Mt. SAC Relays ... Won the 5,000m at the Tiger Track Classic with the sixth-fastest time in school history (13:59.17) ... Placed first in the 3,000m steeplechase at the Tiger Track Classic ... Academic All-Big Ten ... USTFCCA All-Academic.

**Indoor:** Competed in the 5,000m at the Big Ten Championships and placed sixth to score points for the Illini ... Clocked the third-fastest 5,000m time in school history (14:00.66) at the conference championships ... Recorded three top-three finishes in the 3,000m, including a first-place finish at the Husker Invitational ... Placed second in the mile at the Illini Open.

#### 2013 TRACK AND FIELD

**Outdoor:** Qualified for the NCAA West Preliminary Round in the 3,000m steeplechase ... Scored points for the Illini at the Big Ten Championships, placing fifth ... Broke the 3,000m school record at the Big Ten/SEC Challenge, winning the title with a time of 8:16.71 ... Set the ninth fastest 3,000m steeplechase time in Illinois history at the Auburn Tiger Classic, winning the event with a time of 8:54.48 ... USTFCCA All-Academic.

**Indoor:** Set the eighth fastest 3,000m time in Illini history at the Big Ten Championships, finishing with a time of 8:11.99 to place 13th overall ... Competed in the mile at the Meyo Invitational and the Illini Classic.

#### AT GRAF ENGELBERT HIGH SCHOOL

Placed second in the 3,000m steeplechase at the German Under-23 Championships in 2009 ... In 2006, was runner-up in the 2,000m steeplechase at the German Youth Championships ... Finished third in 2010 at the German Under-23 Championships in the 10,000m

#### AT MARY INSTITUTE AND ST. LOUIS COUNTRY DAY SCHOOL (MICDS)

Finished third in the 3,200m at the Missouri State Championships in 2007 ... Placed fourth in 2007 at the Missouri State Championships in the 1,600m.

#### PERSONAL

Son of Harald and Berit Modler ... Has two siblings, Mayu and Moritz ... Received his bachelor degree in Aerospace Engineering and will be pursuing his masters degree at the University of Illinois ... Hobbies include playing sports, traveling and reading.

#### TOEPFER'S PERSONAL BESTS

##### Cross Country

6K: 18:58 - Illini Challenge (8/30/13)

8K: 23:50 - Wisconsin Adidas Invitational (10/19/13)

10K: 30:27 - NCAA Championships (11/17/12)

5 Miles: 24:17 - Notre Dame Invitational (9/28/12)

##### Track

##### Outdoor

1,500m: 3:57.39 - Lenny Lyles/Clark Wood Invitational (3/29/14)

3,000m: 8:16.71 - Big Ten/SEC Challenge (3/24/13)

3,000m Steeple: 8:54.48 - Auburn Tiger Classic (4/6/13)

5,000m: 13:59.17 - Tiger Track Classic (4/4/14)

10,000m: 29:13.07 - Mt. SAC Relays (4/17/14)

##### Indoor

Mile: 4:12.79 - Meyo Invitational (2/2/13)

3,000m: 8:08.85 - Rod McCravy Memorial (1/25/14)

5,000m: 14:00.66 - Big Ten Championships (3/1/14)



Jannis Toepfer earned first-team All-Big Ten honors in 2013. He also qualified for the NCAA Championships after placing third at the NCAA Midwest Regional meet.



# PAUL ZEMAN

R-JUNIOR // BELVIDERE, ILL. // BELVIDERE NORTH HS

## CROSS COUNTRY

### 2013 XC - SOPHOMORE

Competed at the NCAA Midwest Regional, where he finished seventh for the Illini with a 10K time of 32:31 ... Finished 53rd overall and sixth for the squad at the Big Ten Championships ... Set a personal-best 8K time of 25:06 at the Wisconsin adidas Invitational ... Placed 14th overall and finished third for the Illini at the Boilermaker Invitational ... Academic All-Big Ten.

### 2012 XC - FRESHMAN

Finished 11th overall and second on the team at the Illinois Intercollegiate, setting a personal-best 8K time of 25:15 ... Scored points for the Illini in three of the four meets this season.

### 2011 XC - RS FRESHMAN

Ran unattached in all three races ... Placed fifth overall with a 6K time of 19:02 at the Illini Challenge ... Placed seventh overall with an 8K time of 25:55 at the Illini Open ... Finished 61st overall with a 8K time of 26:17 at the Sean Earl Lakefront Invite.

## 2014 TRACK AND FIELD

**Outdoor:** Placed third in the 5,000m at the Illinois Twilight ... Clocked a personal-best 5,000m time of 14:53.97 at the Drake Relays ... Academic All-Big Ten.

**Indoor:** Recorded two top-10 finishes in the 5,000m, including a fourth-place finish at the Rod McCravy Memorial ... Placed second in the 3,000m at the Orange & Blue Open.

## 2013 TRACK AND FIELD

**Outdoor:** Finished second in the 3,000m at the Lee Calhoun Memorial Invite with a time of 8:33.39... Ran the 1,500m at the Bill Cornell Spring Classic with a time of 3:56.33.

**Indoor:** Was part of the Big Ten Championship squad, running in the 5,000m ... Finished with a lifetime best mile time of 4:15.61 at the Illini Classic ... Ran a career best 5,000m time of 14:32.19 at the Spire Invite.

## 2012 TRACK AND FIELD

**Indoor/Outdoor:** Redshirt season.

## HIGH SCHOOL

Ran anchor leg of IHSA state champion 4X800 relay as a senior ... Was state champion in the 1600m in 2011 ... Was a part of two cross country state championships (2009, 2010) ... Three-time cross country, one-time track MVP at Belvidere North High School.

## PERSONAL

Son of RaNae and David Zeman... Born October 26, 1992... Has one sister, Klea ... Hobbies include playing basketball ... Majoring in Sports Management.

## ZEMAN'S PERSONAL BESTS

### Cross Country

6K: 18:58 - Illini Challenge (8/31/12)

8K: 25:06 - Wisconsin Adidas Invitational (10/19/13)

10K: 32:31 - NCAA Midwest Regional (11/15/13)

5 Miles: 25:26 - Notre Dame Invitational (9/28/12)

### Track

#### Outdoor

1,500m: 3:56.33 - Bill Cornell Spring Classic (3/30/13)

3,000m: 8:33/39 - Lee Calhoun Memorial Invitational (4/13/13)

5,000m: 14:53.97 - Drake Relays (4/24/14)

#### Indoor

Mile: 4:13.37 - Illini Classic (1/18/14)

3,000m: 8:30.64 - Orange & Blue Open (2/22/14)

5,000m: 14:30.60 - Rod McCravy Memorial (1/24/14)

## 2013 SEASON IN REVIEW

---

After a successful 2012 season, the Fighting Illini men's cross country team had high expectations for 2013. In his first year at Illinois, head coach Jake Stewart led the program to its highest Big Ten Championships finish in 16 years, and the highest NCAA Midwest Regionals finish since 2002. Even with the loss of two letterwinners from last year's squad, including NCAA Championship participant Hunter Mickow, Stewart believed the young team could build upon last year's success.

The Illini opened the season with their ninth consecutive Illini Challenge title. Six Illini placed in the top-10, including individual champion Jannis Toepfer. Liam Markham, Tommy King, and Ian Barnett rounded out the top five for the squad.

Two weeks later, another group of runners made their season debuts at the Boilermaker Invitational. Newcomer Brendan McDonnell placed ninth overall in his varsity debut, while Sam Telfer, Paul Zeman, Will Brewster, and Luke Carroll placed in the top-25 to lead the Illini to a fourth place finish.

After two strong showings to begin the season, the Illini entered the USTFCCCA national rankings for the first time in over 15 years, holding the No. 30 spot for two straight weeks.

The squad then traveled to South Bend, Ind. to compete at the Notre Dame Invitational, the squad's only five-mile race of the season. The Illini faced 10 nationally ranked teams to finish 12th among the 27-team field, while Toepfer led the way with a sixth-place finish.

After a brief break, the Fighting Illini were back at it for a pair of meets Oct. 18-19. One group competed at the Bradley Classic in Peoria, Ill., while the other traveled to Madison, Wis. for the Wisconsin adidas Invitational. In Madison, the Illini faced their toughest competition of the regular season, with 20 nationally ranked opponents among the 35-team field. The Illini finished ahead of No. 21 UCLA, No. 22 Minnesota, No. 24 Georgetown, No. 26 Florida, No. 27 Dartmouth, and No. 30 Arizona State to place 19th. Six members of the team set personal best times at the 8K distance, including Toepfer, who led the Illini with a 28th place finish and ran the fourth-fastest 8K time in school history. At the Bradley Classic, Luke Carroll clocked a personal-best to lead the Illini with an 11th place finish.

In the last meet of the regular season, three runners represented the Orange and Blue at the Illini Open. Sam Telfer earned Big Ten Cross Country Athlete of the Week honors after placing second overall to lead the Illini.

Illinois began the championship portion of the season on Nov. 3 at the Big Ten Championships in West Lafayette, Ind. The Illini finished in fifth place, with Toepfer, Markham, McDonnell, King, and Brewster scoring points for the squad. Toepfer led the way for the Illini, earning All-Big Ten honors after placing sixth overall.

Two weeks later, the Illini traveled to Ames, Iowa for the NCAA Midwest Regional Championships. Illinois finished in seventh place, with Toepfer, Barnett, Markham, Brewster, and McDonnell scoring points for the squad. Toepfer earned All-Region honors and qualified for the NCAA Championships for the second time in his career. His third place finish was the highest for an Illini since Trent Hoerr won the individual crown in 2007.

Toepfer represented the Illini at the NCAA National Championships, marking the third consecutive year that at least one individual from the squad has qualified for the national meet. The Bochum, Germany native ran the 10K race against 253 other competitors and finished 115th with a time of 31:25.5.

With only two seniors graduating from this year's squad, the Illini will return eight runners with postseason experience. Ian Barnett, Liam Markham, Will Brewster, Brendan McDonnell, Tommy King, and Paul Zeman all competed at regionals this season, while Sam Telfer and Jereme Atchison competed at the 2012 NCAA Midwest Regionals.

## 2013 RESULTS

**ILLINI CHALLENGE // URBANA, ILL. // AUG. 30, 2013****6K // 1ST OF 4 // 19 POINTS**

1. Jannis Toepfer	18:58
2. Liam Markham	19:05
4. Tommy King	19:31
5. Ian Barnett	19:33
7. Ryan Burgoon	19:49
10. Garrett Lee (u)	20:07
13. Alex Gold (u)	20:21
22. Jon Vaccaro	21:10
24. Alex Notton (u)	21:50

**BOILERMAKER INVITATIONAL // WEST LAFAYETTE, IND. // SEPT. 13, 2013****8K // 4TH OF 4 // 76 POINTS**

9. Brendan McDonnell	25:12
13. Sam Telfer	25:23
14. Paul Zeman	25:24
16. Will Brewster	25:28
25. Luke Carroll	25:52
28. Garrett Lee (u)	26:07
30. Jereme Atchison	26:11
31. Alex Gold (u)	26:11
46. Jon Vaccaro	27:09

**NOTRE DAME INVITATIONAL // SOUTH BEND, IND. // OCT. 4, 2013****5 MILE // 12TH OF 27 // 333 POINTS**

6. Jannis Toepfer	24:36
26. Liam Markham	24:55
95. Brendan McDonnell	25:45
100. Will Brewster	25:47
106. Tommy King	25:51
107. Paul Zeman	25:51
148. Sam Telfer	26:20

**BRADLEY CLASSIC // PEORIA, ILL. // OCT. 18, 2013****8K // 8TH OF 22 // 209 POINTS**

1. Jordan Heber (u)	24:07
11. Luke Carroll	24:48
20. Garrett Lee (u)	25:00
25. Sam Telfer	25:05
29. Jereme Atchison	25:12
37. Alex Gold (u)	25:16
48. Joe Cowlin (u)	25:27
75. Ryan Burgoon	25:44
102. Alex Notton (u)	26:00
119. Trevor Kuehr (u)	26:14
130. Jon Vaccaro	26:19
174. Anthony Manfrin	27:05
200. Joe McAsey	28:03

**WISCONSIN ADIDAS INVITATIONAL // MADISON, WIS. // OCT. 19, 2013****8K // 19TH OF 35 // 481 POINTS**

28. Jannis Toepfer	23:50
62. Liam Markham	24:08
81. Ian Barnett	24:14
152. Brendan McDonnell	24:37
170. Tommy King	24:42
179. Will Brewster	24:48
219. Paul Zeman	25:06
259. Graham Morris	25:43

**ILLINOIS OPEN // URBANA, ILL. // OCT. 25, 2013****8K // NA // NA**

1. Jordan Hebert (u)	24:57
2. Sam Telfer	25:19
3. Joe Cowlin (u)	25:24
4. Alex Gold (u)	25:31
5. Jereme Atchison	25:37
8. Ryan Burgoon	25:57
13. Alex Notton	26:16
18. Trevor Kuehr	26:33

**BIG TEN CHAMPIONSHIPS // WEST LAFAYETTE, IND. // NOV. 3, 2013****8K // 5TH OF 11 // 140 POINTS**

6. Jannis Toepfer	24:31
17. Liam Markham	24:47
29. Brendan McDonnell	25:08
46. Tommy King	25:24
48. Will Brewster	25:25
53. Paul Zeman	25:29
66. Luke Carroll	25:42
69. Ian Barnett	25:45
70. Graham Morris	25:46

**NCAA MIDWEST REGIONAL // AMES, IOWA // NOV. 15, 2013****10K // 7TH OF 29 // 198 POINTS**

3. Jannis Toepfer	30:31
28. Ian Barnett	31:07
52. Liam Markham	31:28
63. Will Brewster	31:42
63. Brendan McDonnell	31:43
72. Tommy King	31:59
107. Paul Zeman	31:31

**NCAA CHAMPIONSHIPS // TERRE HAUTE, IND. // NOV. 23, 2013****10K // N/A // N/A**

115. Jannis Toepfer	31:25
---------------------	-------

## BIG TEN HISTORY

<u>Year</u>	<u>Champion (Pts.)</u>	<u>Illinois Finish (Pts.)</u>	<u>Top Illini (Finish, Time)</u>	<u>Year</u>	<u>Champion (Pts.)</u>	<u>Illinois Finish (Pts.)</u>	<u>Top Illini (Finish, Time)</u>
1912	Wisconsin (61)	7th (145)	R.T. Welsh (8th)	1971	Michigan St. (74)	5th (109)	Rick Gross (2nd, 30:01)
1913	Wisconsin (72)	2nd (83)	H.B. Bolander (8th)	1972	Indiana (39)	8th (204)	Mike Durkin (28th, 32:15)
1914	Minnesota (45)	3rd (98)	N/A	1973	Indiana (49)	4th (100)	<b>Craig Virgin (1st, 28:30.8)</b>
1915	Wisconsin (38)	5th (120)	A.H. Mason (2nd)	1974	Michigan (42)	3rd (75)	<b>Craig Virgin (1st, 30:11.0)</b>
1916	Purdue (56)	Did not compete	N/A	1975	Michigan (41)	4th (78)	<b>Craig Virgin (1st, 23:04.5)</b>
1917	No Championship Held			1976	Michigan (67)	2nd (78)	<b>Craig Virgin (1st, 23:16.7)</b>
1918	No Championship Held			1977	Wisconsin (52)	T-2nd (75)	Harold Winship (9th, 25:00)
1919	Iowa State (38)	7th (144)	J.C. Allman (5th)	1978	Wisconsin (24)	5th (109)	Jim Eicken (7th, 24:44)
1920	Iowa State (32)	2nd (53)	J.C. Allman (5th)	1979	Wisconsin (56)	4th (98)	Walter Duffy (11th, 24:09)
1921	<b>Illinois (46)</b>	<b>1st (46)</b>	G.F. McGinnis	1980	Indiana (44)	3rd (70)	Kerry Dickson (3rd, 24:23)
1922	Michigan (41)	4th (72)	Russell Scott (3rd)	1981	Wisconsin (27)	2nd (60)	Kerry Dickson (2nd, 24:07.4)
1923	Ohio State (55)	2nd (92)	E.C. Miehler (4th)	1982	Wisconsin (29)	4th (114)	Greg Domanty (11th, 25:06)
1924	Wisconsin (52)	5th (136)	E.C. Miehler (4th)	1983	Wisconsin (19)	4th (88)	Jeff Jacobs (6th, 23:57)
1925	Wisconsin (39)	3rd (78)	R. Dickenson (6th)	1984	<b>Illinois (58)</b>	<b>1st (58)</b>	Ty Wolf (3rd, 30:25)
1926	Wisconsin (34)	4th (94)	E. McElwee (6th)	1985	Wisconsin (26)	5th (139)	Paul Kivela (10th, 25:31)
1927	Wisconsin (51)	2nd (57)	D. Fairfield (2nd)	1986	Wisconsin (48)	2nd (70)	Dave Halle (6th, 24:26)
1928	Indiana (72)	7th (131)	<b>Abbott (1st)</b>	1987	Wisconsin (41)	2nd (73)	Dave Halle (3rd, 24:46)
1929	Indiana (36)	9th (201)	S. Makeever (25th)	1988	Wisconsin (30)	4th (129)	Andy Homoly (18th, 25:04)
1930	Indiana (51)	3rd (67)	W.C. Gould (8th, 27:21)	1989	Wisconsin (40)	2nd (82)	Len Sitko (4th, 24:33)
1931	Indiana (38)	4th (91)	D. Woolsey (11th, N/A)	1990	Wisconsin (53)	4th (91)	Len Sitko (2nd, 24:41.7)
1932	Indiana (42)	2nd (68)	<b>D. Woolsey (1st, 21:03)</b>	1991	Wisconsin (25)	5th (143)	Andy Homoly (16th, 25:38.4)
1933-39	No Championship Held			1992	Wisconsin (31)	4th (140)	Bill West (17th, 25:02)
1940	Indiana (31)	N/A	P. Brown (12th, 23:07.0)	1993	Michigan (50)	8th (201)	Dan Nolan (35th, 25:46.02)
1941	Purdue (33)	4th (78)	C. Dunn (4th, 20:52)	1994	Wisconsin (42)	4th (101)	Eric Henson (9th, 25:05.1)
1942	Indiana (34)	2nd (69)	C. Dunn (3rd, 21:54)	1995	Wisconsin (37)	4th (127)	Marko Koers (9th, 25:14.2)
1944	Wisconsin (38)	5th (99)	P. Steinberg (10th, 22:26)	1996	Wisconsin (55)	4th (106)	Barry Pearman (6th, 25:10.6)
1945	Wisconsin (43)	4th (83)	V. Twomey (1st, 21:28.9)	1997	Michigan (29)	9th (217)	Rob Winfield (32nd, 25:32)
1946	Wisc/Ind. (48)	3rd (65)	J. Twomey (3rd, 21:12)	1998	Michigan (50)	8th (192)	S. McClellan (22nd, 25:30)
1947	<b>Illinois (47)</b>	<b>1st (47)</b>	J. Twomey (2nd, 20:49)	1999	Wisconsin (38)	8th (187)	Mike Lucchesi (27th, 26:26.3)
1948	Wisconsin (44)	2nd (66)	V. Twomey (2nd, 20:40)	2000	Wisconsin (45)	10th (239)	Ryan Eason, (36th, 25:20)
1949	Wisconsin (49)	2nd (55)	V. Twomey (7th, 21:26)	2001	Wisconsin (28)	10th (231)	John Kronforst, (7th, 24:13.2)
1950	Wisconsin (56)	6th (137)	George Lynch (6th, 20:33)	2002	Wisconsin (25)	8th (201)	Jason Bill (21st, 24:48.2)
1954	Michigan (55)	3rd (81)	V. Sheuring (5th, 20:40)	2003	Wisconsin (40)	9th (233)	Jason Bill (40th, 25:22.0)
1955	Michigan St. (36)	2nd (57)	Karl Jonsson (3rd, 19:50)	2004	Wisconsin (23)	8th (162)	Trent Hoerr (17th, 24:46)
1956	Michigan St. (21)	2nd (88)	Karl Jonsson (3rd, 20:53)	2005	Wisconsin (16)	10th (241)	Dan Stock (33rd, 25:28)
1957	Michigan St. (43)	3rd (83)	Karl Jonsson (6th, 21:50)	2006	Wisconsin (27)	8th (188)	Jason Bill (20th, 25:13)
1958	Michigan St. (43)	4th (77)	Jim Bowers (4th, 20:46)	2007	Wisconsin (33)	6th (152)	Trent Hoerr (3rd, 23:49)
1959	Michigan St. (56)	N/A	Jim Bowers (6th, 20:40)	2008	Wisconsin (40)	9th (252)	Jeremy Stevens (38th, 25:32)
1960	Michigan St. (30)	7th (137)	Ken Brown (4th, 19:47)	2009	Wisconsin (26)	7th (166)	Colin Mickow (25th, 26:04)
1961	Michigan St. (51)	N/A	Jim McElwee (14th, 20:48)	2010	Wisconsin (28)	6th (150)	Jim Riddle (20th, 24:17)
1962	Michigan St. (39)	4th (104)	<b>Allen Carius (1st, 19:45.2)</b>	2011	Wisconsin (17)	7th (181)	Jordan Hebert (22nd, 24:26)
1963	Michigan St. (39)	5th (106)	<b>Allen Carius (1st, 19:39.4)</b>	2012	Wisconsin (33)	4th (86)	Jannis Toepfer (9th, 24:06)
1965	Northwestern (40)	7th (154)	Dennis Krause (24th, 21:29)	2013	Indiana (51)	5th (140)	Jannis Toepfer (6th, 24:31)
1966	Iowa (41)	8th (200)	John Lamoreux (17th, 19:58)				
1967	Indiana (56)	10th (251)	John Lamoreux (38th, 26:11)				
1968	Michigan St. (70)	6th (120)	Ken Howse (9th, 25:33)				
1969	Minnesota (40)	2nd (73)	Ken Howse (4th, 26:11)				
1970	Michigan St. (42)	4th (82)	Rick Gross (3rd, 24:49)				

## BIG TEN ACCOLADES

## TOP-10 BIG TEN INDIVIDUAL FINISHES

Runner	Place	Time	Year
*Craig Virgin	1st	23:16.7	1976
*Craig Virgin	1st	23:04.5	1975
*Craig Virgin	1st	30:11.0	1974
*Craig Virgin	1st	28:30.8	1973
Allen Carius	1st	19:39.4	1963
Allen Carius	1st	19:45.2	1962
Vic Twomey	1st	21:28.9	1945
D. Woolsey	1st	21:00.3	1932
David Abbott	1st	26:42	1928
Len Sitko	2nd	24:41.7	1990
Kerry Dickson	2nd	24:07.4	1981
Rick Gross	2nd	30:01	1971
V. Twomey	2nd	20:40	1948
J. Twomey	2nd	20:49	1947
Trent Hoerr	3rd	23:49	2007
David Halle	3rd	24:26	1987
Ty Wolf	3rd	30:25	1984
Kerry Dickson	3rd	24:23	1980
Mike Durkin	3rd	28:53	1973
Rick Gross	3rd	24:49	1970
Karl Jonsson	3rd	20:53	1956
Karl Jonsson	3rd	19:50	1955
J. Twomey	3rd	21:12	1946
C. Dunn	3rd	21:54	1942
Len Sitko	4th	24:33	1989
Ken Howse	4th	26:11	1969
Ken Brown	4th	19:47	1960
Jim Bowers	4th	20:46	1958
C. Dunn	4th	20:52	1941
Jason Zieren	5th	25:11.2	1996
V. Sheuring	5th	20:40	1954
Jannis Toepfer	6th	24:31	2013
Barry Pearman	6th	25:10.6	1996
Dave Halle	6th	24:26	1986
Jeff Jacobs	6th	23:57	1983
Jim Bowers	6th	20:40	1959
Karl Jonsson	6th	21:50	1957
George Lynch	6th	20:33	1950
John Kronforst	7th	24:13.2	2001
Jim Eicken	7th	24:44	1978
V. Twomey	7th	21:26	1949
W.C. Gould	8th	27:21	1930
Jannis Toepfer	9th	24:06	2012
Marko Koers	9th	25:14.2	1995
Eric Henson	9th	25:05.1	1994
Harold Winship	9th	25:00	1977
Ken Howse	9th	25:33	1968
Hunter Mickow	10th	24:07	2012
Paul Kivela	10th	25:31	1985
Phil Steinberg	10th	22:26	1944

\*First four-time champion in Big Ten history.

## FIRST TEAM ALL-BIG TEN PERFORMERS (SINCE 1984)

Runner	Place	Time	Year
Ty Wolf	3rd	30:25	1984
David Halle	6th	24:26	1986
David Halle	3rd	24:46	1987
Len Sitko	4th	24:33	1989
Len Sitko	2nd	24:41.7	1990
Barry Pearman	5th	25:10.6	1996
Jason Zieren	6th	25:11.2	1996
John Kronforst	7th	24:13.2	2001
Trent Hoerr	3rd	23:49	2007
Jannis Toepfer	6th	24:31	2013

## ALL TIME BIG TEN ATHLETE OF THE WEEK / MONTH (SINCE 1990)

Date	Runner
Sept. 1990	Len Sitko
Sept. 10, 2003	Jason Bill
Sept. 18, 2007	Trent Hoerr
Sept. 23, 2008	Jeremy Stevens
Sept. 21, 2010	Colin Mickow
Oct. 26, 2010	Chris DeSilva
Oct. 25, 2011	Mark Donohue
Oct. 29, 2013	Sam Telfer

## ACADEMIC ALL-BIG TEN

<b>1986:</b> Paul Kivela
<b>1987:</b> David Halle, John Jacobson
<b>1989:</b> Andy Homoly, Mark Scheirer
<b>1990:</b> Jim DeBeers, Andy Homoly, Mark Scheirer
<b>1991:</b> Marc Dickison, David Eckburg, Andy Homoly, Mark Scheirer
<b>1992:</b> David Eckburg, Dan Mazur, Paul Talbot, Prosper Wang
<b>1993:</b> Eric Henson, Paul Talbot, Mike Uchanski
<b>1994:</b> Joe Alexander, Eric Henson, Mike Smadris
<b>1995:</b> Eric Henson, Marko Koers, Jason Zieren
<b>1996:</b> Brett Siglin, Rob Winfield, Jason Zieren
<b>1997:</b> Matt Hanley, Scott McClennan, Rob Winfield, Matt Yesko, Jason Zieren
<b>1998:</b> Chas Berckman, Ryan Eason, Dan Horyn, Scott McClennan
<b>1999:</b> Ryan Eason, Caleb Grinter, Dan Horyn, John Kronforst, Scott McClennan, Justin Mitchell
<b>2000:</b> Ryan Eason, Caleb Grinter, Dan Horyn, Andrew Kurtz, Justin Mitchell, Aaron Wahls
<b>2001:</b> John Kronforst, Rich Lin, Justin Mitchell, Tim Seiwert, Aaron Wahls
<b>2002:</b> John Kronforst, Justin Mitchell, Bob Pligge, Aaron Wahls
<b>2003:</b> Jason Bill, Kris Cunningham, Brent Pfeiffer
<b>2004:</b> Jason Bill, Kris Cunningham, Eric Wallor
<b>2005:</b> Justin Aronson, Ian Clausen, Matt Flaherty, Mike Kelley, Dan Stock, Eric Wallor
<b>2006:</b> Justin Aronson, Jason Bill, Matt Flaherty, Alister Ross, Dan Stock
<b>2007:</b> Justin Aronson, Mike Kelley, Tim Maier, Michael Murray, Jacob Nachel, Jeremy Stevens
<b>2008:</b> Ryne Beeson, Michael Murray, Jeremy Stevens
<b>2009:</b> Tom Achtien, Nathan Bohne, Chris DeSilva, Kyle Engnell, Dan Kreamske, Colin Mickow, Michael Murray, Phil Pompei, Nate Troester
<b>2010:</b> Nathan Bohne, Chris DeSilva, Kyle Engnell, Dan Kreamske, Colin Mickow, Mike Murray, Phil Pompei, Jeremy Stevens, Nate Troester
<b>2011:</b> Tom Achtien, Chris DeSilva, Mark Donohue, Kyle Engnell, Graham Farnsworth, Dan Kreamske, Hunter Mickow, Phil Pompei, Nate Troester
<b>2012:</b> Ian Barnett, Tommy King, Hunter Mickow, Sam Telfer
<b>2013:</b> Will Brewster, Tommy King, Liam Markham, Brendan McDonnell, Jannis Toepfer, Paul Zeman

## ILLINOIS CROSS COUNTRY HISTORY

## NCAA REGIONAL CHAMPIONSHIPS RESULTS

Year	Champion (Pts)	UI Finish (Pts)	Top Illini (Finish, Time)
1973	Eastern Michigan (81)	9th (223)	Craig Virgin (3rd, 29:22)
1974	Eastern Michigan (33)	6th (176)	<b>Craig Virgin (1st, 28:42.8)</b>
1975	Wisconsin (58)	4th (94)	<b>Craig Virgin (1st, 23:05.5)</b>
1976	<b>Illinois (47)</b>	<b>1st (47)</b>	<b>Craig Virgin (1st, 29:04.4)</b>
1977	Wisconsin (85)	3rd (97)	Jim Eicken (6th, 31:40)
1978	Wisconsin (46)	6th (187)	Jim Eicken (5th, 30:32.8)
1979	Indiana (84)	8th (190)	Walter Duffy (16th, 32:51)
1980	Indiana (57)	3rd (80)	Pete Fritch (11th, 30:31)
1981	Wisconsin (60)	3rd (129)	Walter Duffy (8th, 30:34)
1982	Wisconsin (32)	8th (236)	Greg Domantay (5th, 30:03.9)
1983	Wisconsin (36)	4th (147)	Kerry Dickson (13th, 30:48)
1984	Wisconsin (57)	2nd (100)	Ty Wolf (6th, 29:55.0)
1985	Wisconsin (35)	8th (218)	David Halle (6th, 31:58.1)
1986	Wisconsin (59)	2nd (91)	J. Leuchtmann (10th, 30:09.6)
1987	Wisconsin (66)	5th (134)	David Halle (12th, 30:44)
1988	Wisconsin (64)	8th (129)	Len Sitko (35th, 32:34.2)
1989	Central Michigan (80)	8th (242)	Neal Gassmann (30th, 32:12.7)
1990	Notre Dame (70)	4th (131)	Len Sitko (4th, 31:01.9)
1991	Wisconsin (61)	6th (185)	Andy Homoly (18th, 31:46)
1992	Wisconsin (52)	6th (222)	Jason West (17th, 32:42.1)
1993	Notre Dame (55)	12th (339)	Dan Mazur (48th, 33:55.9)
1994	Wisconsin (33)	4th (114)	Eric Henson (17th, 25:05.1)
1995	Wisconsin (52)	5th (228)	Marko Koers (7th, 31:27)
1996	Notre Dame (60)	6th (188)	Barry Pearman (3rd, 30:39)
1997	Oklahoma State (86)	10th (269)	Scott McClennan (14th, 33:15)
1998	Oklahoma State (42)	5th (221)	Scott McClennan (22nd, 31:47)
1999	Minnesota (56)	4th (155)	Scott McClennan (14th, 31:17)
2000	Oklahoma State (68)	10th (284)	Mike Lucchesi (31st, 31:21)
2001	Minnesota (78)	7th (185)	John Kronforst (9th, 31:02)
2002	Iowa (79)	3rd (153)	Jason Bill (7th, 31:37.0)
2003	Oklahoma State (78)	8th (189)	Jason Bill (15th, 31:37.0)
2004	Minnesota (73)	5th (134)	Jason Bill (4th, 32:25.0)
2005	Oklahoma State (49)	7th (198)	Dan Stock (19th, 31:30)
2006	Oklahoma State (72)	7h (148)	Jason Bill (3rd, 30:48.3)
2007	Oklahoma State (47)	6th (175)	<b>Trent Hoerr (1st, 29:56)</b>
2008	Oklahoma State (42)	9th (270)	Nate Troester (33rd, 32:14.20)
2009	Oklahoma State (50)	10th (278)	Colin Mickow (18th, 31:18)
2010	Oklahoma (43)	5th (140)	Jim Riddle (17th, 30:22)
2011	Oklahoma State (42)	5th (157)	Jim Riddle (12th, 31:34.79)
2012	Oklahoma (45)	4th (154)	Hunter Mickow (6th, 30:29.27)
2013	Oklahoma State (45)	7th (210)	Jannis Toepfer (3rd, 30:31)

## NCAA CHAMPIONSHIPS RESULTS

Year	Champion (Pts)	UI Finish (Pts)	Top Illini (Finish, Time)
1941	Rhode Island (83)	10th (202)	Robert Rehberg (15th, 21:30)
1942	Indiana (57)	5th (134)	Clarence Dunn (6th, 21:11)
	Pennsylvania State (57)		
1949	Michigan State (59)	8th	Vic Twomey (15th)
1956	Michigan State (28)	4th (128)	Frank Hedgcock (9th, 20:36)
1969	Texas - El Paso (74)	5th (203)	Kenneth Howse (37th, 30:25)
1970	Villanova (85)	25th (586)	Kenneth Howse (109th, 29:55)
1975	Texas - El Paso (88)	10th (312)	<b>Craig Virgin (1st, 28:23.3)</b>
1976	Texas - El Paso (62)	5th (227)	Craig Virgin (3rd, 28:26.53)
1977	Oregon (100)	22nd (485)	David Walters (43rd, 30:04.4)
1980	Texas - El Paso (58)	21st (484)	Kerry Dickson (91st, 30:50.7)
1981	Texas - El Paso (17)	10th (305)	Kerry Dickson (30th, 30:04.5)
1983	Texas - El Paso (108)	9th (273)	Kerry Dickson (37th, 30:46.4)
1984	Arkansas (101)	14th (349)	Ty Wolf (16th, 30:21.6)
1986	Arkansas (69)	7th (231)	Joe Leuchtmann (20th, 31:26.86)

^ The Division I championship race has been run at different distances. From 1938 to 1964 the race was four miles; from 1965 to 1975, six miles; and from 1976 to the present the race has been 10,000 meters (6.21 miles).

## TOP 10 ILLINOIS PERFORMERS BY DISTANCE

## 8,000 Meters

Name	Time	Date	Meet
1. Trent Hoerr	23:39.0	10/13/07	Pre-Nationals
2. Ty Wolf	23:43.0*	11/10/84	NCAA District IV Meet
3. Jeff Jacobs	23:44.0	9/24/83	SIU/Wisconsin
T4. Jannis Toepfer	23:50.0	10/19/13	Wisconsin adidas Invite
T4. Jacob Nachel	23:50.0	10/13/07	Pre-Nationals
6. Hunter Mickow	23:58.0	10/12/12	Wisconsin Invite
T7. Kerry Dickson	23:59.0*	10/1/83	Illinois Invitational
T7. Mike Patton	23:59.0*	10/1/83	Illinois Invitational
9. Jason Bill	23:59.4	10/16/04	Pre-Nationals
10. Dan Kremseke	24:02.0	10/2/10	Wisconsin adidas Invitational

\*on way to a longer distance

## 10,000 Meters

Name	Time	Date	Meet
1. Craig Virgin	28:26.6	11/22/76	NCAA Championships
2. Dave Walters	29:44.0	11/13/76	NCAA District IV Meet
3. Jim Eicken	29:48.0	11/22/76	NCAA Championships
4. Mark Avery	29:51.0	11/22/76	NCAA Championships
5. Ty Wolf	29:55.0	11/10/84	NCAA District IV Meet
6. Trent Hoerr	29:56.0	11/10/07	NCAA Midwest Regional
7. Len Sitko	29:58.0	11/19/90	NCAA Championships
T8. Greg Domantay	30:03.9	11/13/82	NCAA District IV Meet
T8. Mike Patton	30:03.9	10/01/83	Illinois Invitational
10. Kerry Dickson	30:04.5	11/23/81	NCAA Championships

## ILLINOIS ALL-AMERICANS

Year	Name	Finish	Time
1941	Robert Rehberg	15th	21:30
1942	Clarence Dunn	6th	21:11.0
1946	John Twomey	13th	21:19.3
1949	Vic Twomey	15th	N/A
1956	Frank Hedgcock	9th	20:36
1959	James Bowers	6th	21:26
1962	Allen Carius	12th	20:01.5
1971	Rick Gross	9th	30:01
1973	Craig Virgin	10th	28:47.8
	Mike Durkin	18th	29:06.2
1974	Craig Virgin	12th	30:15.8
1975	Craig Virgin	1st	28:23.3
1976	Craig Virgin	3rd	28:26
1977	Dave Walters	43rd (24th)	30:04.4
1978	Jim Eicken	27th (N/A)	30:15
1981	Kerry Dickson	30th (9th)	30:04.5
	Pete Fritch	52nd (25th)	30:21.5
1982	Greg Domantay	41st (24th)	31:12.3
1983	Kerry Dickson	37th (18th)	30:46.4
	Mike Patton	44th (21st)	30:55.5
	Jeff Jacobs	46th (23rd)	30:58.3
1984	Ty Wolf	25th	30:21.6
1986	Joe Leuchtmann	20th	31:26.8
1990	Len Sitko	22nd	29:58.0
2007	Trent Hoerr	16th	30:07.1

\* U.S.-born finish in parentheses when necessary

^ Criteria to earn All-America status throughout history

1938-1967 - Top 15 finishers at the NCAA Championships

1968-1974 - Top 25 finishers at the NCAA Championships

1975-1997 - Top 25 men's finishers at the NCAA Championships, including the top 25 U.S.-born

1998-2004 - Top 30 finishers at the NCAA Championships, including the top 30 U.S.-born

2005-2007 - Top 30 men's and women's finishers at the NCAA Championships, to include the top

30 U.S.-born finishers; must be from USTFCCA member programs

2008-present - Top 40 men's and women's finishers at the NCAA Championships; must be from USTFCCA member programs

# ILLINOIS CROSS COUNTRY HISTORY

The University of Illinois has had a strong and successful program since the early 1900s. Several great runners have made significant contributions throughout the years. Most recently, Trent Hoerr owned the spotlight. Hoerr finished third at the 2007 Big Ten Championships and went on to earn All-America honors with a 16th-place finish at the NCAA meet. In addition, the Morton, Ill., native was named the 2007 Midwest Regional Athlete of the Year by the U.S. Track & Field and Cross Country Coaches Association. He also set a new Illinois 8K record with a time of 23:39 at Pre-Nationals.

In the 1980s, UI won one Big Ten crown and finished second on four other occasions. The premier runners of the decade were All-Americans Kerry Dickson, Jeff Jacobs, Greg Domantay, Ty Wolf and Joe Leuchtmann.

The '70s were dominated by great individual performances. In 1971, Rick Gross finished second in the Big Ten and ninth in the nation. Jim Eicken earned All-America honors in 1978, and Mike Durkin finished third in the conference and 18th in the nation in 1973.

Craig Virgin was synonymous with success in the 1970s. He was the first runner in Big Ten history to become a four-time cross country champion, winning the crown from 1973-76. Virgin also won the 1975 NCAA individual title and went on to win the cross country world championship in 1980 and '81.

Preceding Virgin in the 1960's were All-Americans Ken Brown, Allen Carius and Ken Howse. In 1960, Brown finished fourth in both the Big Ten and the nation. Howse garnered All-American status in 1969 after a fourth-place finish in the Big Ten and 37th nationally. The dominant Fighting Illini runner in the '60s was Allen Carius. In 1962 and 63, Carius repeated as the Big Ten champion. In 1962, he placed 12th at the NCAA National Championships and earned All-American status.

Each year, most of these former athletes, along with dozens of other Illinois cross country alumni and their families from all decades return to Champaign-Urbana one weekend during the fall to keep the Fighting Illini tradition alive.

# ILLINOIS CROSS COUNTRY RECORDS

## ANNUAL RECORDS

Year	Big Ten	Region	NCAA	Year	Big Ten	Region	NCAA	Year	Big Ten	Region	NCAA
<b>Coach: Harry Gill</b>				<b>Coach: Leo Johnson</b>				<b>Coach: Paul Pilkington</b>			
1912	7th	---	---	1945	4th	---	---	1978	5th	6th	---
1913	2nd	---	---	1946	3rd	---	---	1979	4th	8th	---
1915	5th	---	---	1947	1st	---	---	1980	3rd	3rd	21st
1919	7th	---	---	1948	2nd	---	---	1981	2nd	3rd	10th
1920	2nd	---	---	1949	2nd	---	8th	1982	4th	8th	---
1921	1st	---	---	1950	6th	---	---	1983	4th	4th	9th
1922	3rd	---	---	<b>Coach: Ed Berneauer</b>				1984	1st	2nd	14th
1923	2nd	---	---	1954	4th	---	---	1985	5th	8th	---
1924	5th	---	---	1955	2nd	---	---	1986	2nd	2nd	7th
1925	3rd	---	---	1956	2nd	---	4th	1987	2nd	5th	---
1926	4th	---	---	1957	3rd	---	---	1988	4th	8th	---
1927	2nd	---	---	<b>Coach: Leo Johnson</b>				1989	2nd	8th	---
1928	7th	---	---	1958	4th	---	---	1990	4th	4th	---
1929	9th	---	---	1959	6th	---	---	1991	5th	6th	---
1930	3rd	---	---	1960	7th	---	---	1992	4th	6th	---
1931	4th	---	---	<b>Coach: Ed Berneauer</b>				1993	8th	12th	---
<b>Coach: C.D. Werner</b>				<b>Coach: Phil Coleman</b>				1994	4th	4th	---
1932	2nd	---	---	1962	4th	---	---	1995	4th	5th	---
<b>Coach: Don Seaton</b>				<b>Coach: Robert Wright</b>				1996	4th	6th	---
1933	1st	---	---	1965	7th	---	---	1997	9th	10th	---
1934	---	---	---	1966	8th	---	---	1998	8th	5th	---
1935	---	---	---	<b>Coach: Gary Wieneke</b>				1999	8th	4th	---
1936	---	---	---	1967	10th	---	---	2000	10th	10th	---
<b>Coach: Harry Gill</b>				<b>Coach: Robert Wright</b>				2001	10th	7th	---
1937	---	---	---	1968	6th	---	---	2002	8th	3rd	---
<b>Coach: Harry Gill and Leo Johnson</b>				<b>Coach: Gary Wieneke</b>				<b>Coach: Paul Pilkington</b>			
1938	5th	---	---	1969	2nd	---	5th	2003	9th	8th	---
<b>Coach: Harold Osborn</b>				<b>Coach: Gary Wieneke</b>				2004	8th	5th	---
1940	---	---	---	1970	4th	---	25th	<b>Coach: Wendel McRaven</b>			
1941	4th	---	10th	1971	5th	---	---	2005	10th	7th	---
1942	2nd	---	5th	1972	8th	---	---	2006	8th	7th	---
1944	5th	---	---	1973	4th	9th	---	2007	6th	6th	---
				1974	3rd	6th	---	2008	9th	9th	---
				1975	4th	4th	10th	2009	7th	10th	---
				1976	2nd	1st	5th	2010	6th	5th	---
				1977	T-2nd	3rd	22nd	<b>Coach: Gavin Kennedy</b>			
								2011	7th	5th	---
								<b>Coach: Jake Stewart</b>			
								2012	4th	4th	---
								2013	5th	7th	---

# ILLINOIS LETTERWINNERS

## - A -

Achtien, Tom ..... 2009  
 Adams, Paul ..... 1975  
 Alexander, Joe ..... 1993, 94, 95, 96  
 Allen, Bill ..... 1972, 73  
 Allman, John ..... 1920  
 Aronson, Justin ..... 2005, 06, 07  
 Atchison, Jerome ..... 2012  
 Avery, Mark ..... 1974, 75, 76, 77

## - B -

Babb, Dick ..... 1970  
 Barnett, Ian ..... 2012, 13  
 Bauer, Craig ..... 1981, 82, 83, 84  
 Baughman, Lynn ..... 1934  
 Berckman, Chas ..... 1998  
 Bill, Jason ..... 2002, 03, 04, 06  
 Bilsbury, Norman ..... 1988, 89  
 Bissell, Lonnie ..... 1979  
 Bohne, Nathan ..... 2009  
 Bolander, Harold ..... 1913  
 Bowe, Christopher ..... 1985  
 Bowers, James ..... 1957, 58, 59  
 Brenneman, Bruce ..... 1946  
 Brewster, Will ..... 2013  
 Bridges, Jan ..... 1963  
 Bridges, Mike ..... 1972, 73, 74  
 Brooks, Dave ..... 1971, 72, 73  
 Brooks, Rich ..... 1973, 74, 75  
 Brown, John ..... 1958  
 Brown, Ken ..... 1960  
 Brown, Park ..... 1938, 39, 40  
 Burgoon, David ..... 1915

## - C -

Calvario, Rich ..... 2003  
 Campbell, Robert ..... 1942  
 Capelle, Mark ..... 1981  
 Carius, Allen ..... 1962, 63  
 Cepulis, Wade ..... 1983, 84, 85  
 Cherot, Tony ..... 1968  
 Clausen, Ian ..... 2005  
 Cleveland, Clarence ..... 1937  
 Cline, Dick ..... 1954  
 Close, Tim ..... 1977, 78  
 Cobb, Larry ..... 1969, 70, 71  
 Cope, Walter ..... 1912  
 Cox, Jeff ..... 1975  
 Cullen, Joe ..... 1980  
 Cunningham, Kris ..... 2002, 03

## - D -

DeBeers, Jim ..... 1990, 91  
 DeSilva, Christopher ..... 2008, 09, 10, 11  
 Dickenson, Roger ..... 1925  
 Dickson, Marc ..... 1991, 92, 93  
 Dickson, Kerry ..... 1979, 80, 81, 82  
 Diettrich, Henry ..... 1941  
 Dintleman, Bob ..... 1955, 56  
 Domantay, Greg ..... 1982  
 Donahue, Mark ..... 2012  
 Downs, Robert ..... 1947, 48, 49  
 Duffy, Walter ..... 1979, 80, 81  
 Dufresne, Jacques ..... 1932, 33, 34  
 Dunn, Clarence ..... 1941, 42, 46  
 Durkin, Mike ..... 1971, 72, 73, 74  
 Dusenberry, Paul ..... 1921  
 Dykstra, Greg ..... 1967, 68, 69

## - E -

Eason, Ryan ..... 1997, 98, 99, 00  
 Eckburg, David ..... 1990, 92, 93, 94  
 Eicken, Jim ..... 1975, 76, 77, 78  
 Engelhorn, Rich ..... 1966  
 Engnell, Kyle ..... 2009, 10, 11  
 Evans, Paul ..... 1929, 30

## - F -

Fairfield, David ..... 1925, 26, 27  
 Fash, Dan ..... 1997

Ffitch, Pete ..... 1980, 81  
 Finney, Bruce ..... 1971  
 Fisher, Ralph ..... 1933  
 Flaherty, Matthew ..... 2004, 05, 06  
 Flannery, Jim ..... 1979  
 Francissen, Vern ..... 1980  
 Frazier, Scott ..... 1982  
 Fritz, Bill ..... 1974, 75, 77

## - G -

Gaines, Harry ..... 1935  
 Galland, Michael ..... 1933, 34, 35  
 Gardner, Rob ..... 1969  
 Gassmann, N. .... 1985, 86, 88, 89  
 Gilbert, Dwight ..... 1986, 87, 88  
 Gladding, Donald ..... 1942  
 Gould, William ..... 1930  
 Gow, Nick ..... 2000  
 Gray, Dan ..... 1985  
 Grinter, Caleb ..... 1999, 2000  
 Gross, Rick ..... 1969, 70, 71

## - H -

Hall, Dick ..... 1967, 68  
 Hall, Melvin ..... 1923  
 Halle, Dave ..... 1984, 85, 86, 87  
 Hamer, Paul ..... 1944  
 Harris, Harold ..... 1957, 58  
 Hartman, Bill ..... 1963  
 Hebert, Jordan ..... 2010, 11, 12  
 Hedgcock, Frank ..... 1956, 57  
 Henson, Eric ..... 1992, 93, 94, 95  
 Herning, Lance ..... 1962  
 Hill, Greg ..... 1984  
 Hiserote, Kim ..... 1971  
 Hobbs, Tim ..... 2002, 03  
 Hoerr, Trent ..... 2003, 04, 06, 07  
 Homoly, Andy ..... 1988, 89, 91  
 Horyn, Dan ..... 1997, 98, 2000  
 Houseworth, Jon ..... 2002, 03, 04, 06  
 Howse, Ken ..... 1968, 69, 70  
 Hughes, Eric ..... 1945  
 Huston, Paul ..... 1947, 48

## - I -

Inch, Chris ..... 1987, 88

## - J -

Jacobs, Jeff ..... 1982, 83, 84, 86  
 Jacobson, John ..... 1986, 87  
 Jellema, Paul ..... 2002  
 Jewsbury, Walter ..... 1948, 49  
 Jirele, Jeff ..... 1975, 76  
 Johannmeier, Eric ..... 2007  
 Johnston, Charles ..... 1925  
 Jonsson, Karl ..... 1955, 56, 57

## - K -

Karkow, Waldemar ..... 1947  
 Kelley, Michael ..... 2005, 06, 07  
 Kelly, Tim ..... 2005  
 Kelly, John ..... 1968, 69, 70  
 King, Tommy ..... 2012, 13  
 Kivela, Paul ..... 1982, 84, 85, 86  
 Koers, Marko ..... 1991, 92, 95  
 Krause, Dennis ..... 1965  
 Kremske, Daniel ..... 2008, 09, 10, 11  
 Kronforst, John ..... 1999, 01, 02  
 Kurtz, Andrew ..... 1998

## - L -

LaBadie, Lee ..... 1969, 70, 71  
 Lally, Rick ..... 1962  
 Lamb, Courtney ..... 1995, 96, 97, 98  
 Lamb, Lawton ..... 1949  
 Lamoreux, John ..... 1966, 67, 68  
 Landmeier, Verne ..... 1933  
 Leuchtmann, Joe ..... 1986, 87  
 Line, H.E. .... 1930, 31, 32  
 Lin, Richard ..... 2000, 01

Lucchesi, Mike ..... 1997, 98, 99, 00  
 Luker, Tom ..... 1954, 55, 56  
 Lynch, George ..... 1950

## - M -

Maddux, Scott ..... 1989, 90, 91, 92  
 Maddux, Troy ..... 1990  
 Maier, Timothy ..... 2005, 07  
 Makeever, Sam ..... 1923, 24, 25, 26  
 Markham, Liam ..... 2013  
 Marzulo, Sam ..... 1923  
 Mason, Arthur ..... 1913  
 Mazur, Dan ..... 1991, 92, 93  
 McClennan, Scott ..... 1996, 97, 98, 99  
 McClowry, Sean ..... 1996  
 McDonnell, Brendan ..... 2013  
 McElwee, Ermel ..... 1925, 26, 27  
 McElwee, Jim ..... 1960, 61  
 McGinnis, Gordon ..... 1921  
 Meier, Mike ..... 1972  
 Mickow, Colin ..... 2008, 09, 10, 11  
 Mickow, Hunter ..... 2008, 12  
 Mieher, Edward ..... 1922, 23, 24  
 Miller, Harold ..... 1924  
 Mitchell, Justin ..... 1999, 01, 02  
 Moran, Tim ..... 1999, 01  
 Mumaw, Gary ..... 1975, 76  
 Munnis, James ..... 1931  
 Murray, Michael ..... 2007, 08, 09  
 Myers, Les ..... 1976

## - N -

Nachel, Jacob ..... 2006, 07  
 Nauta, Mike ..... 1963  
 Nolan, Dan ..... 1990, 91, 92, 93  
 Novack, Joseph ..... 1926, 27

## - O -

O'Connell, John ..... 1935  
 Olszewski, John ..... 1978, 79, 80

## - P -

Painter, David ..... 1979, 80  
 Palumbo, Adam ..... 2001, 02, 03  
 Patterson, Bruce ..... 1921  
 Patton, Mike ..... 1981, 82, 83, 84  
 Pearman, Barry ..... 1993, 94, 95, 96  
 Petefish, William ..... 1930  
 Peterson, Jim ..... 1961  
 Pfeiffer, Brent ..... 2000, 01, 03  
 Pompei, Phil ..... 2008, 09, 10, 11  
 Ponsonby, Charles ..... 1966  
 Ponzer, Howard ..... 1927  
 Powers, John ..... 1985, 87, 88, 89  
 Pykosz, Rob ..... 2006

## - R -

Reasoner, Melton ..... 1930  
 Rehberg, Robert ..... 1941  
 Reynolds, Greg ..... 1981  
 Richardson, Jared ..... 2007, 08, 09  
 Riddle, James ..... 2008, 09, 10, 11  
 Rideout, Blaine ..... 1935  
 Rideout, Wayne ..... 1935  
 Ripskis, Stan ..... 1962  
 Russell, Jon ..... 1997, 98, 99

## - S -

Saarima, Matt ..... 1997  
 Saunders, Chris ..... 1994  
 Scheirer, Mark ..... 1988, 89, 90, 91  
 Schmidt, Jon ..... 1979, 80, 81  
 Scott, Russell ..... 1921, 22  
 Seib, Robert ..... 1941, 42  
 Seiwert, Tim ..... 2000, 01  
 Seldon, John ..... 1928  
 Sheuring, Verland ..... 1954, 55, 56  
 Siegel, Bill ..... 1969  
 Siglin, Brett ..... 1993, 94, 95, 96  
 Sitko, Len ..... 1987, 88, 89, 90

Smadris, Mike ..... 1993, 94, 95  
 Sneberger, James ..... 1937  
 Sniegorski, Maciej ..... 2004, 05, 06  
 Steinberg, Philip ..... 1944  
 Stellner, Frank ..... 1925  
 Stevens, Jeremy ..... 2006, 07, 08  
 Stevens, Tom ..... 1980, 81, 82  
 Stine, Francis ..... 1927, 28  
 Stock, Dan ..... 2004, 05, 06  
 Swanson, Reuben ..... 1921

## - T -

Talbot, Paul ..... 1993  
 Telfer, Sam ..... 2012  
 Thanos, Jon ..... 1984, 85, 86, 87  
 Tietz, Eric ..... 2003  
 Toepfer, Jannis ..... 2012, 13  
 Topper, Martin ..... 1922  
 Troester, Nathan ..... 2008, 09, 10, 11  
 Twomey, John ..... 1946, 47  
 Twomey, Victor ..... 1945, 47, 48, 49

## - U -

Ummel, Gregg ..... 1989, 90, 91

## - V -

VanSwol, Jason ..... 1998, 99  
 Virgin, Craig ..... 1973, 74, 75, 76

## - W -

Wahls, Aaron ..... 1999, 00, 01, 02  
 Walker, George ..... 1966, 67  
 Wallor, Eric ..... 2005  
 Walters, Dave ..... 1974, 1976, 77, 78  
 Weaver, Garrett ..... 2008  
 Wells, Edwin ..... 1922  
 Welsh, Roger ..... 1912  
 Welyki, Joseph ..... 1946  
 West, Jason ..... 1991, 92  
 West, William ..... 1931, 32, 33  
 Wharton, Russell ..... 1921  
 White, Charlie ..... 1975, 76, 77, 78  
 White, Harold ..... 1925  
 Whitlow, Jamey ..... 1993  
 Wieneke, Mark ..... 1985  
 Wilson, Richard ..... 1978  
 Winfield, Robert ..... 1995, 96, 97  
 Winship, Harold ..... 1977  
 Wolf, Ty ..... 1983, 84  
 Wood, Arthur ..... 1940, 41, 42  
 Woolsey, Robert ..... 1930, 31, 32

## - Y -

Yarcho, Wayne ..... 1938

## - Z -

Zeman, Paul ..... 2013  
 Zieren, Jason ..... 1994, 95, 96, 97  
 Zimmer, David ..... 1988

### ILLINOIS COACHING HISTORY

Coach (Seasons)	Years
Harry Gill (19)	1905, 1912-15, 1919-31, 1937-38
C.D. Werner (1)	1932
Don Seaton (4)	1933-36
Leo Johnson and Harry Gill (1)	1938
Harold Osborn (4)	1940-42, 44
Leo Johnson (9)	1945-50, 1958-60
Ed Berneauer (4)	1954-57, 1961
Phil Coleman (3)	1962-64
Robert Wright (2)	1965-66
Gary Wieneke (36)	1967-2002
Paul Pilkington (2)	2003-04
Wendel McRaven (6)	2005-2010
Gavin Kennedy (1)	2011
Jake Stewart (2)	2012-13