



FLORIDA ATLANTIC UNIVERSITY

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TRACK & FIELD / CROSS COUNTRY

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Florida Atlantic University Women's Track & Field and Cross-Country Athletic Standards for Scholarship and Walk-on Consideration:

We would like to thank you for your interest in Florida Atlantic University Track & Field and Cross Country program. Please take your time exploring our website (www.fausports.com) for information about the university, athletic department and our program. Our scholarship and walk-on standards can be found below. Please review them prior to contacting our coaching staff.

As a reminder please be aware of NCAA recruiting rules which prohibit us from talking to prospective student athletes until after July 1 before their junior year. In addition, please note that due to the volume of inquiries we are not able to answer every email.

Thank you very much for your inquire,

Go OWLS!!

Walk-On Standards:		Scholarship Standards:	
55m/60m	7.10/7.70 (FAT only)	55m/60m	7.04/7.50 (FAT only)
100m	11.99 (FAT only)	100m	11.70 (FAT only)
200m	24.50 (FAT only)	200m	24.00 (FAT only)
400m	55.99 (FAT only)	400m	54.80 (FAT only)
100H	14.30 (FAT only)	100H	14.00 (FAT only)
300H	43.50 (FAT only)	300H	42.00 (FAT only)
400H	61.00 (FAT only)	400H	59.90 (FAT only)
800m	2:16.00	800m	2:13.00
1500m	4:50.00	1500m	4:38.00
1600m	5:12.00	1600m	5:00.00
3000m	10:30.00	3000m	10:10.00
3200m	11:20.00	3200m	10:50.00
XC	**See below	3000m SC	10:45.00
LJ	18-05ft (currently not recruiting for the event)	XC	**See below
TJ	39-00ft (currently not recruiting for the event)	LJ	19-02ft (currently not recruiting for the event)
HJ	5-06ft (currently not recruiting for the event)	TJ	40-00ft (12.20m) (currently not recruiting for the event)
Shot Put	40ft (currently not recruiting for the event)	HJ	5-08ft (currently not recruiting for the event)
Discus	135ft (currently not recruiting for the event)	Shot Put	45ft (currently not recruiting for the event)
Pole Vault	11-06ft (currently not recruiting for the event)	Discus	155ft (currently not recruiting for the event)
		Pole Vault	12-06ft (currently not recruiting for the event)

*Subject to change, and Coaches discretion

**Student Athletes interested in Cross-Country will be evaluated on their track times, placing at State Championships & Foot Locker and/or Nike Regional and National competitions.

By reaching the standards listed above a student athlete is not guaranteed an athletic scholarship or a spot on the team. A multitude of other factors will be considered. SAT and/or ACT scores, scholarship availability and team needs. It is also important to note that scholarships can range in value from 1% to 100%.

Scholarships are divided among Track & Field and Cross Country. It is important to remember that in addition to domestic high school student athletes, we also consider junior college graduate, transfers, international students and current team members. We encourage anyone who has met the standards listed above to contact us.

Boca Raton · Fort Lauderdale · Dania Beach · Davie · Palm Beach Gardens · Port St. Lucie

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