

The Miller Sports Construction Blue Jay High School Invitational Saturday 4/20/24

Email falkb@etown.edu to secure entry for your team.



*The lightning-shortened 2023 Blue Jay Invite was, nonetheless, our most competitive to date. Ten meet records were set or tied in 10 of the 30 events contested. **Miller Sports Construction**, installer of our lightning-fast Mondo 720 Super-X surface, will again serve as title sponsor in 2024.*

DATE: Saturday 4/20/24

DIRECTIONS: Google maps link: <http://tinyurl.com/etown-track> . The track is next to Thompson Gym.

ENTRY FEE: \$225 per gender/\$450 total OR...\$25 per individual athlete entered & \$50 per relay.

PAYMENT: *Payment is due on meet day. Make checks payable to "Elizabethtown College."*

Mail to...

Brian Falk- Director of TF/XC

Elizabethtown College

1 Alpha Dr

Elizabethtown PA 17022

TIMING: Fully automatic timing provided by 2L Race Services (<https://www.2lraceservices.com/>).

ENTRY INFORMATION:

- Email falkb@etown.edu to reserve a spot in the meet.
- Entries close Wednesday 4/17/24 at 11pm; we will use Athletic.net.
- Individual track events: up to three entries per school.
- Relay events: one entry per school.
- Field events are capped at top 24 athletes. Be prepared to verify entry seeds. Schools accepted by 3/1/24 are guaranteed one entry; remaining slots will be filled by seeding. A rank-order "on-call" list will be created from entries. If necessary, field event officials will add athletes in seed order to create 24-athlete fields. **On-call athletes must be present at check-in to be added to an event.**
- Use only 2024 performances for seeding. Email falkb@etown.edu before the entry deadline if extenuating circumstances affect entry/seeding.
- No changes on meet day. You may scratch, but not add to any event.

AWARDS:

- Championship plaque will be awarded to the winning boys and girls teams.
- Individual event top-3 will be awarded medals.

SOUVENIR SHIRTS: Blue Jay Invite shirts will be for sale.

PARKING: Information will be provided with final meet info.

RESTROOMS/LOCKER ROOMS: PORTABLE TOILETS WILL BE AVAILABLE. ADDITIONAL RESTROOMS LOCATED IN THOMPSON GYM, NEXT TO THE TRACK. LOCKER ROOMS WILL NOT BE AVAILABLE. NO SPIKES IN THE BUILDING.

SCHEDULE

TRACK EVENTS			TRACK EVENTS (cont.)		
9:30am	3200 (top 15-18)	boys	3:15	200m	girls
9:45	3200 (top 15-18)	girls	3:30	2k Steeplechase	boys
10:00	3200m unseeded	boys	3:45	2k Steeplechase	girls
10:15	3200m unseeded	girls	4:00	1600m relay	boys
10:30	3200m relay	boys	4:15	1600m relay	girls
10:45	3200m relay	girls	THROWS		
11:00	110H	boys	9:15am	discus	boys
11:15	100H	girls	9:15am	shot put	girls
11:30	100m	boys	Following boys discus & girls shot	discus	girls
11:45	100m	girls	Following girls shot & boys discus	shot put	boys
15 MINS	Officials break				
12:30pm	1600m	boys	Following girls discus	javelin	girls
12:45	1600m	girls	Following girls javelin	javelin	boys
1:00	400m relay	boys	JUMPS		
1:15	400m relay	girls	9:15am, pit 1- (finish line end)	Long jump	girls
1:30	400m	boys	9:15am, pit 2- (near 100m start)	Long jump	boys
1:45	400m	girls	10:00am	Pole vault	boys
2:00	300H	boys	10:30am	High jump	girls
2:15	300H	girls	After boys LJ ends- pit 2	Triple jump	girls
2:30	800m	boys	After girls HJ ends	High jump	boys
2:45	800m	girls	After boys PV ends	Pole vault	girls
3:00	200m	boys	After girls TJ ends- pit 1	Triple jump	boys

NOTES:

1. Blocks will be supplied.
2. All running events are finals based on time; sections will run FAST to SLOW.
3. Top 9 advance to field event finals, seeded worst to best.
4. 1/4" PYRAMID spikes only! No needle spikes.
5. We will determine starting heights in the jumps after entries are received.
6. Our triple-jump boards are at 28' and 36'. We will apply tape to create 24' board for girls TJ.
7. **Unsafe behavior in the 2k steeplechase will not be tolerated.** Officials will remove the athlete from the race and disqualify them from the meet.



BOYS TEAM CHAMPIONS	year	GIRLS TEAM CHAMPIONS
Milton Hershey (142.5)	2016	Milton Hershey (98)
Manheim Township (135)	2017	Hershey (159)
Milton Hershey (126.5)	2018	Central Dauphin (127)
Susquehanna Township (121)	2019	Hershey (166.5)
Hershey (125)	2022	Hershey (151.5)
Hershey (104- 14 events completed)	2023	Manheim Township (110.5- 16 events completed)

GIRLS MEET RECORDS

EVENT	NAME	SCHOOL	PERFORMANCE	YEAR
100M	Soleil Morrison	Hershey	12.42	2023
200M	Jessica Ollis	Kennard-Dale	25.88	2018
400M	Jessica Ollis	Kennard-Dale	58.84	2018
800M	Ella Bahn	Spring Grove	2:16.52	2023
1600M	Makenna Krebs	Central Dauphin East	5:05.26	2018
3200M	Brin Strouse	Urbana (MD)	11:16.36	2018
100H	Ella Bahn	Spring Grove	15.03	2023
300H	Rory Klingensmith	Lower Dauphin	46.71	2016
2K Steeple	Alexandra Gobran	Episcopal Academy	7:42.86	2022
4X100 RELAY	Disla-Castro, A. Johnson, N. Johnson, McDonald	Milton Hershey	50.36	2016
4X400 RELAY	Chodos, Flanagan, Groves, Epler	Hershey	4:08.25	2016
4X800 RELAY	Mason, Wilk, Newman, Side	Manheim Township	9:34.41	2016
LONG JUMP	Anika Krasnai	Manheim Township	17'11.75"	2023
HIGH JUMP	Ella Bahn	Spring Grove	5'4"	2023
TRIPLE JUMP	Tesia Thomas	West York	38'9"	2019
POLE VAULT	Nathalie Elliott	Spring Grove	11'6"	2016
SHOT PUT	Ericka Jackson	Harrisburg	37'1.75"	2022
DISCUS	Ericka Jackson	Harrisburg	137'2"	2022
JAVELIN	Ericka Jackson	Harrisburg	129'1"	2022

BOYS MEET RECORDS

EVENT	NAME	SCHOOL	PERFORMANCE	YEAR
100M	Lex Cyrus	Susquehanna Township	10.65	2023
200M	Shawn Brown	Central Dauphin East	21.82	2018
400M	Kean Tanyi-Tang	Urbana (MD)	49.94	2023
800M	Austin Padmore	Milton Hershey	1:57.62	2016
1600M	Sam Signor	East Pennsboro	4:17.90	2016
3200M	Garrett Quinan	Kennard-Dale	9:34.38	2022
110H	Demaris Waters	Harrisburg	14.30	2022
300H	Demaris Waters	Harrisburg	38.54	2022
2K Steeple	Nathan Davis	Urbana (MD)	6:15.70	2018
4X100 RELAY	R. McClain, A. Mustapha, S. Oliseh, L. Cyrus	Susquehanna Township	42.40	2023
4X400 RELAY	Carrigan, Maurer, Velozwong, Antonacci	Manheim Township	3:25.87	2018
4X800 RELAY	Shue, Foster, Morales, Lefever	Ephrata	7:56.98	2017
LONG JUMP	Akeem Mustapha	Susquehanna Township	22'4.5"	2023
HIGH JUMP	Andrew LaManna	West York	6'2"	2018
	Nyzier Arango	Susquehanna Township		2019
	Aryan Sandhu	Milton Hershey		2023
TRIPLE JUMP	Hassan Kamara	Milton Hershey	46'7"	2019
POLE VAULT	Justin Rogers	Hershey	16'7"	2022
SHOT PUT	Ben Viau	Manheim Township	53'1"	2016
DISCUS	Ben Viau	Manheim Township	170'11"	2017
JAVELIN	Mark Suminski	Hershey	177'8"	2018