EASTERN MICHIGAN UNIVERSITY ATHLETIC MEDIA RELATIONS OFFICE

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EMU FALL CLASSIC 2016 INFORMATION

Friday, October 21, 2016

LOCATION: Hudson Mills Metropark (8801 N. Territorial Road, Dexter, Mich. 48130)

SCHEDULE: 4:30 p.m. - Women's Race | 5:00 p.m. - Men's Race | 1966 NAIA National Champions Celebration upon completion of the men's race

ENTRY PROCEDURE: Open to university runners, unattached collegians, and post-collegiate athletes. No high school athletes will be allowed to enter. Unlimited team entries.

Direct Athletics will be used for the entry procedure, and the event can be found by searching 'EMU Fall Classic.' The entry fee is \$10 per athlete, and checks can be made payable to 'EMU Cross Country.' Entry fees may be paid at the meet. There is also a \$10 parking fee.

COURSE: The event will be a 5,000-meter race primarily on grass field with a forest dirt trail, in addition to a few rolling hills.

SPORTS MEDICINE: EMU sports medicine will be on site. There will be water coolers near the finish line, and no modalities will be available.

FACILITY: There are no showers located at the park. Public restrooms will be available for use.

QUESTIONS: Men's Side: John Goodridge | jgoodridg@emich.edu | 734.487.2245

Women's Side: Sue Parks | sparks6@emich.edu | 734.487.0262