



## **EMPORIA STATE RELAYS AND COMBINED EVENTS**

**Thursday-Saturday, March 27-29, 2025 | Fran Welch Stadium | Emporia, KS**

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### **Entry Procedure**

Team entries must be done online. Entries will be accepted beginning Monday, March 10<sup>th</sup>, 2025 and will **close at 6:00 p.m. Tuesday, March 25<sup>th</sup>**. Entries are final at this time. A scratch period will be conducted until 12:00 p.m. on Thursday, March 26<sup>th</sup>. Please scratch individuals by this time to avoid being drawn into heats or flights by emailing [jhill11@emporia.edu](mailto:jhill11@emporia.edu).

When entering, please use marks that were achieved during the '23-'24 and current season only or realistic marks for athletes with no valid performances at this time. Entries must meet the qualification standards to compete. Athletes can be entered online at [www.directathletics.com](http://www.directathletics.com).

If needed, accepted entries will be limited to keep the competition schedule manageable. Teams will be notified in advance if entries are limited.

### **Entry Fee**

Entry fees are \$300.00 per team (men and women are separate). Individual unattached entries are \$30. All entry fees must be paid in full on DirectAthletics before the close of entries. It is important to note that entries cannot be altered once entry fees are paid. Please wait to complete the payment process until all entries are entered online. Once entry fees are paid, no refunds can be given.

### **Admission**

Spectators will be charged \$5, 5 & under and ESU students with a valid student ID are free.

### **Implement Inspection**

Throwing implements will be inspected and weighed in under the East stands on Thursday at 11:00 a.m. to 12:00 p.m. and on Friday from 1:00 p.m. till 2:00 p.m. and on Saturday from 9:00 a.m. till 10:00 a.m. Please bring all implements at one time and make sure all implements are marked with the school name.

### **Team Camps**

Team camps may be set up in either the Northwest stands or East stands. There will be no team camps on the football field.

### **Warm-Ups**

Athletes will be permitted to warm-up on the football field and may bring hurdles from track to the field for warm-ups. Meet management asks that athletes return the hurdles to the spot they took them from when they are done using them.

<b>Running Events</b>	<p>Please make all scratches as soon as possible for all events. To do this ahead of the meet, please email <a href="mailto:jhill11@emporia.edu">jhill11@emporia.edu</a>. We appreciate you making these scratches as soon as possible.</p> <p>Athletes are responsible themselves for checking their heat/lane assignments and for obtaining hip numbers. Heat sheets and hip numbers will be located in the South endzone.</p>
<b>Field Events</b>	Field event athletes should check in with the official at the field event site NO later than 20 minutes before.
<b>Facilities</b>	The Zola Witten Track is an A.T.G. Olympic polyurethane surface with eight 42" lanes. Jumping and javelin areas are all polyurethane; throwing areas are concrete. Spikes must be 1/8" or 1/4" pyramids.
<b>Scoring</b>	<p>All attached individual entries will have the ability to score. Only one relay per school will be scored.</p> <p>10-8-6-5-4-3-2-1</p>
<b>Awards</b>	Winning relay teams will receive a baton.
<b>Results</b>	<p>Live results will be available at <a href="http://www.blacksquirreltiming.com">http://www.blacksquirreltiming.com</a>. Results can also be attained online at <a href="http://www.esuhornets.com">http://www.esuhornets.com</a> at the conclusion of the meet.</p>
<b>Trainers</b>	Trainers will be available during the meet to administer first aid. Please bring your own athletic tape and other necessary supplies. For any questions regarding treatment please email Leigha Limbach at <a href="mailto:llimbach@emporia.edu">llimbach@emporia.edu</a>
<b>Questions</b>	For any further questions, please contact Justin Hill at <a href="mailto:jhill11@emporia.edu">jhill11@emporia.edu</a> or 913-593-1346.



# HORNET TRACK & FIELD

## EMPORIA STATE RELAYS AND COMBINED EVENTS

Thurs-Sat., March 27-29, 2025

*Tentative Schedule*

### Thursday, March 27

#### *Combined Events*

Time	Event	Gender
1:00 p.m.	Hep 100-Meter Hurdles	Women
1:30 p.m.	Dec 100-Meter Dash	Men
*1:55 p.m.	Hep High Jump	Women
*2:15 p.m.	Dec Long Jump	Men
*3:20 p.m.	Dec Shot Put	Men
*4:15 p.m.	Hep Shot Put	Women
*4:25 p.m.	Dec High Jump	Men
*5:20 p.m.	Hep 200-Meter Dash	Women
*6:15 p.m.	Dec 400-Meter Run	Men

### Friday, March 28

#### *Combined Events*

Time	Event	Gender
10:00 a.m.	Dec 110-Meter Hurdles	Men
10:30 a.m.	Hep Long Jump	Women
*11:15 a.m.	Dec Discus	Men
*11:45 a.m.	Hep Javelin	Women
*12:45 p.m.	Dec Pole Vault	Men
*1:00 p.m.	Hep 800-Meter Run	Women
*3:15 p.m.	Dec Javelin	Men
*4:30 p.m.	Dec 1,500-Meter Run	Men

#### *Field Events*

Time	Event	Gender
3:00 p.m.	Hammer Throw	Women
3:00 p.m.	Discus	Men
3:00 p.m.	Pole Vault (Open)	Men
To follow M	Pole Vault (Open)	Women
3:00 p.m.	High Jump (Open)	Women
To follow W	High Jump (Open)	Men

#### *Track Events*

5:00 p.m.	200-Meter Dash	Women
5:30 p.m.	200-Meter Dash	Men
6:00 p.m.	1,500-Meter Run	Women
6:30 p.m.	1,500-Meter Run	Men
7:00 p.m.	10,000-Meter Run	Women
7:45 p.m.	10,000-Meter Run	Men

### Saturday, March 29

#### *Field Events*

Time	Event	Gender
11:00 a.m.	Discus	Women
11:00 a.m.	Hammer Throw	Men
11:00 a.m.	Long Jump	Women
11:00 a.m.	Long Jump	Men
11:00 a.m.	Pole Vault (Invite)	Women
11:00 a.m.	Pole Vault (Invite)	Men
11:00 a.m.	High Jump (Invite)	Women
11:00 a.m.	High Jump (Invite)	Men
11:00 a.m.	Javelin	Men
11:00 a.m.	Javelin	Women
Following LJ	Triple Jump	Men
Following HT/D	Triple Jump	Women
Following HT/D	Shot Put	Women
Following HT/D	Shot Put	Men

#### *Track Events*

12:00 p.m.	4x100-Meter Relay	Women
12:15 p.m.	4x100-Meter Relay	Men
12:30 p.m.	3,000-Meter Steeplechase	Women
12:45 p.m.	3,000-Meter Steeplechase	Men
1:05 p.m.	100-Meter Hurdles	Women
1:20 p.m.	110-Meter Hurdles	Men
1:35 p.m.	4x200-Meter Relay	Women
1:45 p.m.	4x200-Meter Relay	Men
1:55 p.m.	400-Meter Run	Women
2:10 p.m.	400-Meter Run	Men
2:30 p.m.	100-Meter Dash	Women
2:50 p.m.	100-Meter Dash	Men
3:10 p.m.	800-Meter Run	Women
3:20 p.m.	800-Meter Run	Men
3:40 p.m.	400-Meter Hurdles	Women
3:55 p.m.	400-Meter Hurdles	Men
6:15 p.m.	5,000-Meter Run	Women
6:40 p.m.	5,000-Meter Run	Men
5:25 p.m.	4x400-Meter Relay	Women
5:40 p.m.	4x400-Meter Relay	Men

MERCHANT ST EXIT  
EXIT 130

# **HORNET TRACK & FIELD**

NORTH

HIGHLAND ST

NORTH RING

WEST RING

EAST RING

Recreation Fields

MEMORIAL  
TO FALLEN  
EDUCATORS

ONE ROOM  
SCHOOL

16th AVE

KOSOVER  
TENNIS  
COMPLEX

STUDENT  
RECREATION  
CENTER

HPER  
BUILDING

SHOT PUT

WELCH  
STADIUM

WEST RUNWAY

EAST RUNWAY

HIGH JUMP

JAVELIN



IMPLEMENT  
CERTIFICATION  
(under the stadium)

WILSON PARK  
SHELTER

ART  
ANNEX

16th AVE

PROPHET  
AQUATIC  
RESEARCH  
& OUTREACH  
CENTER

KING LAKE

VISSER  
HALL

BUTCHER  
EDUCATION  
CENTER

15th AVE

15th AVE

15th AVE

CREMER  
HALL

ABIGAIL  
COMPLEX

WOOSTER  
LAKE

SCIENCE  
HALL

MORRE  
COMPLEX

POWER  
PLANT

STONARD  
UNIVERSITY

16th AVE

15th AVE

14th AVE

MEMORIAL UNION

PLUMB HALL

KING HALL

13th AVE

12th AVE

W.A. WIFE  
LEGACY

KELLOGG  
CIRCLE

ROOSEVELT  
HALL

BEACH  
MUSIC  
HALL

SCALLEN  
HALL

MERCHANT ST / K-59

COMMERCIAL ST

MARKET ST

HIGHLAND ST

## Legend

-  Drop Off area
-  Implement Certification
-  Bus Parking area
-  Spectator Parking area
-  Free Parking area
-  Team Camps