



News Release

For Immediate Release

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MEAC ANNOUNCES 2013 FOOTBALL ALL-MEAC AWARDS

*Howard's McGhee, SCSU's Thomas and Bellamy, N.C. A&T's Cohen Earn Top Conference Honors;
B-CU's Jenkins Selected as Coach of the Year*

NORFOLK, Va., November 29, 2013 – **Howard** quarterback **Greg McGhee** was selected as the Mid-Eastern Athletic Conference's (MEAC) Offensive Player of the Year and **Joe Thomas** of **South Carolina State** earned the Defensive Player of the Year honors, as voted on by the MEAC's head football coaches and sports information directors.

North Carolina A&T's Tarik Cohen earned the Rookie of the Year award and **Tristan Bellamy**, of **S.C. State**, was selected as Offensive Lineman of the Year.

Fourth-year head coach **Brian Jenkins** of **Bethune-Cookman** was selected for his third Coach of the Year honor. Jenkins led the Wildcats to a 7-1 MEAC mark and a 10-2 overall record. The Wildcats defeated Florida A&M, 29-10, to clinch a share of the conference's regular season title and secure the MEAC's automatic berth to the NCAA Division I (FCS) Championships. The Wildcats are currently ranked 12th in both the Sports Network's FCS and FCS Coaches Poll. He has led Bethune-Cookman to three MEAC titles in four years and fell just one game shy of back-to-back undefeated MEAC finishes.

Junior **Greg McGhee** led the MEAC in total offense (272.9 avg./g) and ranked second in passing yards per game (198.2 avg./g). He completed 228 passes on 385 attempts (59%) with 16 touchdowns in 12 games this season. He also finished the season ranked third in the MEAC in rushing with 896 yards (74.7 avg./g), on 157 attempts, and three touchdowns. McGhee ranks 19th in the nation in total offense and 31st in completions per game (19). He earned conference Offensive Player of the Week accolades twice this season. McGhee is the tenth Bison to earn the conference's Offensive Player of the Year honor and first since Ted White in 1996.

Joe Thomas recorded 116 total tackles, 84 solo, with a conference-best 19 tackles for a loss during the 2013 campaign. Thomas collected 7.5 sacks, sixth in the MEAC, with one interception, five breakups, five hurries, one forced fumble and one fumble recovery to help the Bulldogs finish as the nation's No. 1 rushing defense (80.5 avg./g) and No. 2 scoring defense (14.0 avg./g). Thomas earned Defensive Player of the Week honors once this season and is currently listed on the Sports Network's Buck Buchanan Award watch list, which recognizes the nation's top Football Championship Subdivision (FCS) defensive player. Thomas becomes the 13th Bulldog to earn the conference's top defensive award, however he is only the second to have been selected in more than 10 years (David Erby 2010).

As a freshman, North Carolina A&T's **Tarik Cohen** led the MEAC in rushing, averaging 104.4 yards per game (,) on 195 attempts with eight touchdowns. He earned the conference's Offensive Player of the Week accolades three times and Rookie of the Week honors twice this season. A native of Bunn, North Carolina, Cohen became the first freshman in North Carolina A&T State history to rush for over 1,000 yards in a season. Cohen is currently listed on the Sports Network's Jerry Rice Award watch list, which recognizes the nation's top FCS freshman. Cohen is just the second Aggie to be named Rookie of the Year. He joins the school's all-time rushing leader, Mike Mayhew, who earned the honor in 2009.

Tristan Bellamy aided a dominating Bulldog offense that accounted for 4,101 yards of total offense, including 2,000 yards on the ground. Behind Bellamy's blocking S.C. State finished second in the MEAC in scoring offense (29.6 ppg), and third in total offense (341.1 avg./g). Bellamy earned the conference's Offensive Lineman of the Week honor twice this season. Bellamy is the sixth Bulldog to earn Offensive Lineman of the Year accolades.

South Carolina State led all schools with 13 student-athletes recognized on the three MEAC post-season teams. The Bulldogs have five student-athletes earn first-team honors, in addition to two-of-four top awards.

Bethune-Cookman finished close behind with 12 student-athletes to earn post-season honors, in addition to five first-team selections.

-2013 All-MEAC Team Attached-



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Mid-Eastern Athletic Conference (MEAC) - 2013 Football All-Conference Teams

Offensive Player of the Year: Greg McGhee, Howard

Defensive Player of the Year: Joe Thomas, South Carolina State

Offensive Lineman of the Year: Tristan Bellamy, South Carolina State

Rookie of the Year: Tarik Cohen, North Carolina A&T

Coach of the Year: Brian Jenkins, Bethune-Cookman

First Team

Pos.	Name	Cl.	School	Hometown
QB	Greg McGhee	Jr.	Howard	Pittsburgh, Pa.
RB	Tarik Cohen	Fr.	North Carolina A&T	Bunn, N.C.
RB	Rolandan Finch	Grad.	Norfolk State	New Albany, Ind.
WR	Tyler McDonald	Sr.	South Carolina State	Summerville, S.C.
WR	Milton Williams III	Jr.	Delaware State	Upper Marlboro, Md.
TE	Joseph Hawkins	r-Sr.	Norfolk State	Chicago, Ill.
C	Andrew Edourad	Jr.	Bethune-Cookman	Philadelphia, Pa.
OL	Karim Barton	Sr.	Morgan State	Los Angeles, Calif.
OL	Alex Monroe	Sr.	Bethune-Cookman	Jacksonville, Fla.
OL	Domanic Wilson	r-So.	South Carolina State	Lake City, S.C.
OL	Rashard Brown	Sr.	Bethune-Cookman	Kissimmee, Fla.

DEFENSE

Pos.	Name	Cl.	School	Hometown
DL	Miles Groom	So.	Hampton	Richmond, Va.
DL	Andrew Carter	r-Jr.	South Carolina State	Hamlet, N.C.
DL	Alex Glover	Jr.	South Carolina State	Charlotte, N.C.
DL	Rodney Gunter	Jr.	Delaware State	Haines, Fla.
LB	Lynden Trail	r-Jr.	Norfolk State	Miami, Fla.
LB	Jarkevis Fields	Sr.	Bethune-Cookman	Samford, Fla.
LB	Joe Thomas	r-Sr.	South Carolina State	Blackville, S.C.
DB	Nick Addison	Jr.	Bethune-Cookman	Tampa, Fla.
DB	Darrin Marrow	r-Jr.	Norfolk State	Virginia Beach, Va.
DB	Justin Blake	r-Sr.	Hampton	Piscataway, N.J.
DB	Ademola Olatunji	Jr.	Howard	Riverdale, Md.
P	Lawrence Forbes	r-Fr.	Morgan State	Upper Marlboro, Md.
PK	Anthony Prevost	Fr.	Hampton	Chesterfield, Va.
RS	Adrian Wilkins	r-So.	North Carolina Central	Forest City, N.C.

Second Team

Pos.	Name	Cl.	School	Hometown
QB	Cory Murphy	Sr.	Delaware State	Sunnyvale, Calif.
RB	Isidore Jackson	Sr.	Bethune-Cookman	Mossy Head, Fla.
RB	Anthony Philyaw	Fr.	Howard	Redondo Beach, Calif.
WR	Eddie Poole	Grad.	Bethune-Cookman	Belle Glade, Fla.
WR	Simon Heyward	Sr.	Savannah State	Savannah, Ga.
TE	Kris Drummond	Jr.	Savannah State	Washington, D.C.
C	Tristan Bellamy	r-Sr.	South Carolina State	Johnston, S.C.
OL	William Robinson	r-Jr.	North Carolina A&T	Clinton, Md.
OL	Nathan Isles	Sr.	North Carolina A&T	Atlanta, Ga.
OL	Darren Pinnock	Jr.	Morgan State	Miami, Fla.
OL	Kory Alpichi	Jr.	Hampton	Winchester, Calif.

DEFENSE

Pos.	Name	Cl.	School	Hometown
DL	Dyron Dye	Grad.	Bethune-Cookman	Sanford, Fla.
DL	Javon Hargrave	So.	South Carolina State	Salisbury, N.C.
DL	LeBrandon Richardson	Jr.	Bethune-Cookman	Miami, Fla.
DL	Deon King	So.	Norfolk State	Reston, Va.
LB	D'Vonte Grant	Sr.	North Carolina A&T	Charlotte, N.C.



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LB	Delbert Tyler	Sr.	Hampton	Monroeville, Pa.
LB	Tazmon Foster	Sr.	North Carolina Central	Henderson, N.C.
DB	D'Vonte Graham	Sr.	North Carolina A&T	Tallahassee, Fla.
DB	Michael Jones	Fr.	North Carolina Central	Baltimore, Md.
DB	Kimario McFadden	Sr.	South Carolina State	Riverdale, Ga.
DB	Carvin Johnson	Sr.	Hampton	New Orleans, La.
P	Christian Faber-Kinney	r-Fr.	Hampton	Williamsburg, Va.
PK	Nick Belcher	r-Sr.	South Carolina State	Sumter, S.C.
RS*	Tubotein Taylor	Sr.	Morgan State	Anaheim, Calif.
RS*	D'Vonte Graham	Sr.	North Carolina A&T	Tallahassee, Fla.

Third Team

Pos.	Name	Cl.	School	Hometown
QB	Richard Cue	r-Sr.	South Carolina State	Florence, S.C.
RB	Lamont Brown	r-Fr.	Morgan State	Suffolk, Va.
RB	Justin Taylor	r-Sr.	South Carolina State	Atlanta, Ga.
WR	Antwon Chisholm	Sr.	Hampton	Belle Glade, Fla.
WR*	Lenworth Lennon	r-Jr.	Florida A&M	Ft. Lauderdale, Fla.
WR*	Malik Golson	r-Fr.	Delaware State	Smyrna, Del.
TE	Termarrick Hemingway	r-Fr.	South Carolina State	Loris, S.C.
C	Joshua Matthews	Sr.	Howard	Bowman, S.C.
OL	Toree Boyd	Fr.	Howard	Miami, Fla.
OL	Deonta Allen-Wright	r-So.	Howard	Midlothian, Va.
OL	Blake Matthews	r-Sr.	Norfolk State	Manassas, Va.
OL	Anthony Kibler	Jr.	Bethune-Cookman	Belle Glade, Fla.

DEFENSE

Pos.	Name	Cl.	School	Hometown
DL	Tyree Hearn	Sr.	North Carolina A&T	Durham, N.C.
DL	Damon Gresham Chisholm	So.	Howard	Covington, Ga.
DL	George Riddick	Jr.	Norfolk State	Suffolk, Va.
DL	Tevin Toney	Sr.	Bethune-Cookman	Sebring, Fla.
LB	Marquis Smith	So.	Savannah State	Prince Georges County, Md.
LB	Cody Acker	Jr.	Morgan State	Greenbelt, Md.
LB	Ernest Adjei	Sr.	Delaware State	Woodbridge, Ga.
DB	Terrick Colston	So.	Delaware State	Lakeland, Fla.
DB	Travis Crosby	Sr.	North Carolina A&T	Charlotte, N.C.
DB	John Wilson	Sr.	Savannah State	Athens, Ga.
DB*	Tim Burke	Sr.	Bethune-Cookman	Ft. Lauderdale, Fla.
DB*	Patrick Aiken	r-So.	Florida A&M	Miramar, Fla.
P	Oleg Parent	Jr.	North Carolina Central	Lake Forest, Calif.
PK	Cody Jones	Fr.	North Carolina A&T	Gastonia, N.C.
RS	Darius Drummond	Sr.	South Carolina State	Asheville, N.C.

*indicates tie