



# SCHEDULE OF EVENTS

## Saturday, April 18, 2026

7:30 a.m. Half Marathon/10K Drake Road Races  
7:45 a.m. 5K Drake Road Races

## Monday, April 20, 2026

6:00 p.m. Pole Vault Jordan Creek Mall

## Tuesday, April 21, 2026

5:45 p.m. Grand Blue Mile Downtown  
6:40 p.m. USATF Masters Championships  
7:20 p.m. USATF 1-Mile Championships

## Wednesday, April 22, 2026

11:30 a.m. Decathlon Men, Day 1  
12:30 p.m. Heptathlon Women, Day 1  
6:00 p.m. Men's World Shot Put Series

## Thursday, April 23, 2026

10:00 a.m. Decathlon Men, Day 2  
11:00 a.m. Heptathlon Women, Day 2

## Distance Carnival

4:30 p.m. 4x800m CD, Women, Final  
4:44 p.m. 4x800m CD, Men, Final  
4:58 p.m. 1500m (Unseeded) UD/CD, Women, Final  
5:10 p.m. 1500m (Unseeded) UD/CD, Men, Final  
5:22 p.m. 240 Yard Shuttle ES, Youth, Final  
5:38 p.m. 800m (Unseeded) UD/CD, Women, Final  
5:47 p.m. 800m (Unseeded) UD/CD, Men, Final  
5:56 p.m. 3200m HS, Boys, Final  
6:11 p.m. 3000m HS, Girls, Final  
6:28 p.m. 3000m Steeple Open, Women, Final  
6:52 p.m. 3000m Steeple Open, Men, Final  
7:16 p.m. 5000m (Unseeded) Open, Women, Final  
7:36 p.m. 5000m (Seeded) Open, Women, Final  
7:56 p.m. 5000m (Unseeded) Open, Men, Final  
8:15 p.m. 5000m (Seeded) Open, Men, Final  
8:33 p.m. 10000m Invite, Women, Final  
9:13 p.m. 10000m Invite, Men, Final

## Session Ends- Clear the Stadium

### Field Events

2:30 p.m. Discus HS, Boys, Final  
4:30 p.m. High Jump HS, Boys, Final  
**5:00 p.m. Special Event Final**  
5:00 p.m. Shot Put HS, Girls, Final  
**5:15 p.m. Special Event Final**  
6:00 p.m. Long Jump HS, Girls, Final  
**6:30 p.m. Special Event Final**  
**6:45 p.m. Special Event Final**

## Friday, April 24, 2026

8:35 a.m. 100mH HS, Girls, Prelim  
8:49 a.m. 110mH HS, Boys, Prelim  
9:03 a.m. 100m HS, Girls, Prelim  
9:13 a.m. 100m HS, Boys, Prelim  
9:23 a.m. 4x100m CD, Women, Prelim  
9:37 a.m. 4x100m CD, Men, Prelim  
**9:50 a.m. 800m Medley HS, Girls, Final**  
**10:04 a.m. 1600m Medley HS, Boys, Final**  
10:23 a.m. 800m Masters, CoEd, Final  
10:34 a.m. 100mH HS, Girls, Final  
10:39 a.m. 110mH HS, Boys, Final

## 10:44 a.m. Officials Break

11:35 a.m. 400m Wheelchair HS, Coed, Final  
11:40 a.m. 400m Wheelchair Paralympic Women, Final  
11:45 a.m. 4x1600m UD/CD, Women, Final  
12:01 p.m. 4x1600m UD/CD, Men, Final  
12:19 p.m. 100mH UD/CD, Women, Prelim  
12:33 p.m. 110mH UD/CD, Men, Prelim  
12:47 p.m. 4x200m HS, Girls, Final  
1:00 p.m. 4x200m HS, Boys, Final  
1:13 p.m. 4x100m UD, Women, Prelim  
1:22 p.m. 4x100m UD, Men, Prelim  
1:31 p.m. 4x100m Special Olympics

1:38 p.m. 800m UD/CD, Women, Final  
1:44 p.m. 800m HS, Girls, Final  
1:51 p.m. 800m UD/CD, Men, Final  
1:57 p.m. 800m HS, Boys, Final  
2:04 p.m. 100m UD/CD, Women, Prelim  
2:15 p.m. 100m UD/CD, Men, Prelim  
2:28 p.m. 400mH UD/CD, Women, Final  
2:41 p.m. 400mH UD/CD, Men, Final  
2:54 p.m. 100m Special Olympics  
3:02 p.m. 100m HS, Girls, Final  
3:07 p.m. 100m HS, Boys, Final  
3:12 p.m. 4x400m CD, Women, Prelim  
3:35 p.m. 4x400m CD, Men, Prelim  
3:58 p.m.

## Session Ends- Clear the Stadium

### Field Events

8:30 a.m. Discus HS, Girls, Final  
8:30 a.m. Long Jump HS, Boys, Final  
9:00 a.m. Shot Put HS, Boys, Final  
9:30 a.m. High Jump HS, Girls, Final  
10:00 a.m. Triple Jump UD/CD, Women, Final  
11:00 a.m. Pole Vault UD/CD, Women, Final  
11:00 a.m. Pole Vault UD/CD, Men, Final  
11:00 a.m. Discus UD/CD, Women, Final  
11:15 a.m. Shot Put UD/CD, Men, Final  
11:45 p.m. Triple Jump UD/CD, Men, Final  
1:30 p.m. Triple Jump Champ, Men, Final  
1:30 p.m. High Jump UD/CD, Men, Final  
1:45 p.m. Discus UD/CD, Men, Final  
1:45 p.m. Shot Put UD/CD, Women, Final  
2:45 p.m. Triple Jump Champ, Women, Final

## Friday Night at the Drake Relays

5:02 p.m. 1600m Medley MS, Girls, Final  
5:09 p.m. 1600m Medley MS, Boys, Final  
5:16 p.m. 400m UD/CD, Women, Final  
5:28 p.m. 400m HS, Girls, Final  
5:34 p.m. 400m UD/CD, Men, Final  
5:46 p.m. 400m HS, Boys, Final  
5:54 p.m. 4x100m MS, Girls, Final  
6:07 p.m. 4x100m MS, Boys, Final  
6:20 p.m. Sprint Medley CD, Women, Final  
6:35 p.m. Sprint Medley CD, Men, Final  
6:50 p.m. 1500m UD/CD, Women, Final  
6:56 p.m. 1500m UD/CD, Men, Final  
7:04 p.m. Polk County Mixed 4x400 MS, Final  
**7:38 p.m. 4x800m UD, Women, Final**  
**7:48 p.m. 4x800m UD, Men, Final**  
7:58 p.m. 4x200m UD/CD Women, Final  
8:10 p.m. 4x200m UD/CD Men, Final  
**8:24 p.m. Special Event Final**  
**8:49 p.m. Special Event Final**  
**8:56 p.m. Special Event Final**  
9:02 p.m. 4x400m HS, Girls, Prelim  
9:19 p.m. 4x400m HS, Boys, Prelim

## Session Ends - Fireworks Show

### Field Events

5:00 p.m. Discus Champ, Women, Final  
5:00 p.m. Long Jump UD/CD, Women, Final  
5:05 p.m. Pole Vault Champ, Women, Final  
5:05 p.m. Pole Vault Champ, Men, Final  
5:15 p.m. Shot Put Champ, Men, Final  
6:00 p.m. High Jump Champ, Men, Final  
6:30 p.m. Discus Champ, Men, Final  
6:30 p.m. Shot Put Champ, Women, Final  
7:00 p.m. Long Jump Champ, Women, Final

## Saturday, April 25, 2026

8:10 a.m. Shuttle Hurdle HS, Girls, Prelim  
8:25 a.m. Shuttle Hurdle HS, Boys, Prelim  
8:40 a.m. Distance Medley Iowa CD, Women, Final

8:55 a.m. Distance Medley Iowa CD, Men, Final  
9:10 a.m. Distance Medley CD, Women, Final  
9:25 a.m. Distance Medley CD, Men, Final  
9:40 a.m. 4x100m HS, Girls, Prelim  
10:12 a.m. 4x100m HS, Boys, Prelim  
**10:44 a.m. 4x800m HS, Girls, Final**  
**10:59 a.m. 4x800m HS, Boys, Final**  
11:14 a.m. **Officials Break**  
11:57 p.m. Shuttle Hurdle HS, Girls, Final  
12:02 p.m. Shuttle Hurdle UD/CD, Women, Final  
12:17 p.m. Shuttle Hurdle HS, Boys, Final  
12:22 p.m. Shuttle Hurdle UD/CD, Men, Final  
**12:37 p.m. Distance Medley UD, Women, Final**  
**12:51 p.m. Distance Medley UD, Men, Final**  
1:05 p.m. 100m UD/CD, Women, Final  
1:11 p.m. 100m UD/CD, Men, Final  
1:17 p.m. 100m Wheelchair Paralympic Women, Final  
1:22 p.m. 100mH UD/CD, Women, Final  
1:29 p.m. 110mH UD/CD, Men, Final

**1:36 p.m. Sprint Medley UD, Women, Final**  
**1:49 p.m. Sprint Medley UD, Men, Final**  
2:02 p.m. 400mH HS, Boys, Final  
**2:09 p.m. Special Event Final**  
2:15 p.m. 400mH HS, Girls, Final  
**2:21 p.m. Special Event Final**  
**2:28 p.m. Special Event Final**  
**2:38 p.m. 4x100m UD, Women, Final**  
2:43 p.m. 4x100m CD, Women, Final  
**2:47 p.m. 4x100m HS, Girls, Final**  
**2:51 p.m. 4x100m UD, Men, Final**  
2:56 p.m. 4x100m CD, Men, Final  
**3:00 p.m. 4x100m HS, Boys, Final**  
**3:06 p.m. Special Event Final**  
**3:12 p.m. Special Event Final**  
**3:19 p.m. Special Event Final**  
**3:29 p.m. Invitational 4x400m UD, Women, Final**  
**3:36 p.m. Invitational 4x400m UD, Men, Final**  
3:49 p.m. 4x400m UD, Women, Final  
3:56 p.m. 4x400m UD, Men, Final  
4:03 p.m. 1500m HS, Girls, Final  
4:11 p.m. 1600m HS, Boys, Final  
4:19 p.m. 4x400m CD, Women, Final  
4:26 p.m. 4x400m CD, Men, Final  
**4:33 p.m. 4x400m HS, Girls, Final**  
**4:40 p.m. 4x400m HS, Boys, Final**

## Session Ends - Clear the Stadium

### Field Events

10:00 a.m. Hammer UD/CD, Men, Final  
10:00 a.m. High Jump Masters, CoEd, Final  
10:15 a.m. Javelin UD/CD, Women, Final  
11:00 a.m. Long Jump UD/CD, Men, Final  
12:00 a.m. High Jump UD/CD, Women, Final  
12:15 p.m. Hammer Champ, Men, Final  
**12:30 p.m. Special Event Final**  
12:30 p.m. Javelin Champ, Women, Final  
1:45 p.m. Hammer UD/CD, Women, Final  
1:50 p.m. Javelin UD/CD, Men, Final  
2:00 p.m. Long Jump Champ, Men, Final  
**2:30 p.m. Special Event Final**  
**2:30 p.m. Special Event Final**  
3:00 p.m. High Jump Champ, Women, Final  
4:00 p.m. Javelin Champ, Men, Final  
4:00 p.m. Hammer Champ, Women, Final  
**Relays Cup Events** | ES – Elementary School | MS – Middle School  
HS – High School | CD – College | UD – University  
**WACT - World Athletics Continental Tour** | Masters - Age 40+

