



SCHEDULE OF EVENTS

Saturday, April 18, 2026

7:30 a.m. Half Marathon/10K Drake Road Races
7:45 a.m. 5K Drake Road Races

Monday, April 20, 2026

6:00 p.m. Pole Vault Jordan Creek Mall

Tuesday, April 21, 2026

5:45 p.m. Grand Blue Mile Downtown
6:40 p.m. USATF Masters Championships
7:20 p.m. USATF 1-Mile Championships

Wednesday, April 22, 2026

11:30 a.m. Decathlon Men, Day 1
12:30 p.m. Heptathlon Women, Day 1
6:00 p.m. Men's World Shot Put Series

Thursday, April 23, 2026

10:00 a.m. Decathlon Men, Day 2
11:00 a.m. Heptathlon Women, Day 2

Distance Carnival

2:00 p.m. 4x800m Masters, CoEd, Final
2:15 p.m. 4x800m CD, Women, Final
2:29 p.m. 4x800m CD, Men, Final
2:43 p.m. 1500m (Unseeded) UD/CD, Women, Final
2:55 p.m. 1500m (Unseeded) UD/CD, Men, Final
3:07 p.m. 800m (Unseeded) UD/CD, Women, Final
3:16 p.m. 800m (Unseeded) UD/CD, Men, Final
3:27 p.m. 3000m Steeple Open, Women, Final
3:51 p.m. 3000m Steeple Open, Men, Final
4:15 p.m. 5000m (Unseeded) Open, Women, Final
4:35 p.m. 5000m (Seeded) Open, Women, Final
4:55 p.m. 5000m (Unseeded) Open, Men, Final
5:14 p.m. 5000m (Seeded) Open, Men, Final
5:32 p.m. 240 Yard Shuttle ES, Youth, Final
5:48 p.m. 3200m HS, Boys, Final
6:03 p.m. 3000m HS, Girls, Final
6:18 p.m. 10000m Invite, Women, Final

Session Ends - Clear the Stadium

Field Events

3:00 p.m. Hammer WACT, Men, Final
3:15 p.m. Javelin WACT, Women, Final
4:30 p.m. Hammer WACT, Women, Final
4:30 p.m. High Jump HS, Boys, Final
4:45 p.m. Javelin WACT, Men, Final
5:00 p.m. Shot Put HS, Girls, Final
5:00 p.m. Long Jump HS, Girls, Final

Friday, April 24, 2026

8:35 a.m. 100mH HS, Girls, Prelim
8:49 a.m. 110mH HS, Boys, Prelim
9:03 a.m. 100m HS, Girls, Prelim
9:13 a.m. 100m HS, Boys, Prelim
9:23 a.m. 4x100m CD, Women, Prelim
9:37 a.m. 4x100m CD, Men, Prelim
9:50 a.m. 800m Medley HS, Girls, Final
10:04 a.m. 1600m Medley HS, Boys, Final

10:23 a.m. 800m Masters, CoEd, Final
10:34 a.m. 100mH HS, Girls, Final
10:39 a.m. 110mH HS, Boys, Final

Officials Break

11:35 a.m. 400m Wheelchair HS, Coed, Final
11:40 a.m. 400m Wheelchair Paralympic Women, Final
11:45 a.m. 4x1600m UD/CD, Women, Final
12:01 p.m. 4x1600m UD/CD, Men, Final
12:19 p.m. 100mH UD/CD, Women, Prelim
12:33 p.m. 110mH UD/CD, Men, Prelim
12:47 p.m. 4x200m HS, Girls, Final
1:00 p.m. 4x200m HS, Boys, Final
1:13 p.m. 4x100m UD, Women, Prelim
1:22 p.m. 4x100m UD, Men, Prelim
1:31 p.m. 4x100m Special Olympics
1:38 p.m. 800m UD/CD, Women, Final

1:44 p.m. 800m HS, Girls, Final
1:51 p.m. 800m UD/CD, Men, Final
1:57 p.m. 800m HS, Boys, Final
2:04 p.m. 100m UD/CD, Women, Prelim
2:15 p.m. 100m UD/CD, Men, Prelim
2:28 p.m. 400mH UD/CD, Women, Final
2:41 p.m. 400mH UD/CD, Men, Final
2:54 p.m. 100m Special Olympics
3:02 p.m. 100m HS, Girls, Final
3:07 p.m. 100m HS, Boys, Final
3:12 p.m. 4x400m CD, Women, Prelim
3:35 p.m. 4x400m CD, Men, Prelim

Session Ends - Clear the Stadium

Field Events

8:30 a.m. Discus HS, Girls, Final
8:30 a.m. Long Jump HS, Boys, Final
9:00 a.m. Shot Put HS, Boys, Final
9:30 a.m. High Jump HS, Girls, Final
10:00 a.m. Triple Jump UD/CD, Women, Final
11:00 a.m. Pole Vault UD/CD, Women, Final
11:00 a.m. Pole Vault UD/CD, Men, Final
11:00 a.m. Discus UD/CD, Women, Final
11:15 a.m. Shot Put UD/CD, Men, Final
12:00 p.m. Triple Jump UD/CD, Men, Final
1:30 p.m. High Jump UD/CD, Men, Final
1:45 p.m. Discus UD/CD, Men, Final
1:45 p.m. Shot Put UD/CD, Women, Final
2:00 p.m. Triple Jump Champ, Men, Final
3:00 p.m. Triple Jump Champ, Women, Final

Friday Night at the Drake Relays

5:02 p.m. 1600m Medley MS, Girls, Final
5:09 p.m. 1600m Medley MS, Boys, Final
5:16 p.m. 400m UD/CD, Women, Final
5:28 p.m. 400m HS, Girls, Final
5:34 p.m. 400m UD/CD, Men, Final
5:46 p.m. 400m HS, Boys, Final
5:54 p.m. 4x100m MS, Girls, Final
6:07 p.m. 4x100m MS, Boys, Final
6:20 p.m. Sprint Medley CD, Women, Final
6:35 p.m. Sprint Medley CD, Men, Final
6:50 p.m. 1500m UD/CD, Women, Final
6:56 p.m. 1500m UD/CD, Men, Final
7:02 p.m. Polk County Mixed 4x400 MS, Final
7:38 p.m. 4x800m UD, Women, Final
7:48 p.m. 4x800m UD, Men, Final
7:58 p.m. 4x200m UD/CD Women, Final
8:10 p.m. 4x200m UD/CD Men, Final
8:24 p.m. 3000m Steeple WACT, Final, Women
8:49 p.m. 4x400m HS, Girls, Prelim
9:06 p.m. 4x400m HS, Boys, Prelim
9:23 p.m. 10000m Invite, Men, Final
10:03 p.m. Session Ends - Fireworks Show

Field Events

5:00 p.m. Discus Champ, Women, Final
5:00 p.m. Long Jump UD/CD, Women, Final
5:05 p.m. Pole Vault Champ, Women, Final
5:05 p.m. Pole Vault Champ, Men, Final
5:15 p.m. Shot Put Champ, Men, Final
6:00 p.m. High Jump Champ, Men, Final
6:30 p.m. Discus Champ, Men, Final
6:30 p.m. Shot Put Champ, Women, Final
7:00 p.m. Long Jump Champ, Women, Final

Saturday, April 25, 2026

8:10 a.m. Shuttle Hurdle HS, Girls, Prelim
8:25 a.m. Shuttle Hurdle HS, Boys, Prelim
8:40 a.m. Distance Medley Iowa CD, Women, Final
8:55 a.m. Distance Medley Iowa CD, Men, Final
9:10 a.m. Distance Medley CD, Women, Final

9:25 a.m. Distance Medley CD, Men, Final
9:40 a.m. 4x100m HS, Girls, Prelim
10:12 a.m. 4x100m HS, Boys, Prelim
10:44 a.m. 4x800m HS, Girls, Final
10:59 a.m. 4x800m HS, Boys, Final

Officials Break

11:14 a.m. Shuttle Hurdle HS, Girls, Final
11:50 p.m. Shuttle Hurdle UD/CD, Women, Final
11:55 p.m. Shuttle Hurdle HS, Boys, Final
12:10 p.m. Shuttle Hurdle UD/CD, Men, Final
12:15 p.m. Distance Medley UD, Women, Final
12:44 p.m. Distance Medley UD, Men, Final
12:58 p.m. 100m UD/CD, Women, Final
1:04 p.m. 100m UD/CD, Men, Final

1:10 p.m. 100m Wheelchair Paralympic Women, Final
1:15 p.m. 100mH UD/CD, Women, Final
1:22 p.m. 110mH UD/CD, Men, Final

Elite Mile HS, Girls, Final

Sprint Medley UD, Women, Final

Sprint Medley UD, Men, Final

100mH WACT, Women, Final

110mH WACT, Men, Final

1500m WACT, Men, Final

4x100m UD, Women, Final

4x100m HS, Girls, Final

4x100m UD, Men, Final

4x100m HS, Boys, Final

400mH WACT, Women, Final

400mH HS, Girls, Final

400mH WACT, Men, Final

400mH HS, Boys, Final

400mH WACT, Women, Final

400mH HS, Boys, Final

Elite Mile HS, Boys, Final

Mile WACT, Women, Final

Invitational 4x400m UD, Women, Final

Invitational 4x400m UD, Men, Final

4x400m UD, Women, Final

4x400m UD, Men, Final

4x100m CD, Women, Final

4x100m CD, Men, Final

1500m HS, Girls, Final

1600m HS, Boys, Final

4x400m CD, Women, Final

4x400m CD, Men, Final

4x400m HS, Girls, Final

4x400m HS, Boys, Final

Session Ends - Clear the Stadium

Field Events

8:00 a.m. Discus HS, Boys, Final
10:00 a.m. Hammer UD/CD, Men, Final
10:00 a.m. High Jump Masters, CoEd, Final
10:15 a.m. Javelin UD/CD, Women, Final
11:00 a.m. Long Jump UD/CD, Men, Final
12:00 p.m. High Jump UD/CD, Women, Final
12:15 p.m. Hammer Champ, Men, Final

12:30 p.m. Pole Vault WACT, Women, Final

Javelin Champ, Women, Final

Hammer Champ, Women, Final

1:45 p.m. Javelin Champ, Men, Final

1:50 p.m. Javelin Champ, Men, Final

2:00 p.m. Long Jump Champ, Men, Final

2:30 p.m. Pole Vault WACT, Men, Final

2:35 p.m. Shot Put WACT, Men, Final

3:00 p.m. High Jump Champ, Women, Final

3:15 p.m. Javelin UC/CD, Men, Final

3:15 p.m. Hammer UC/CD, Women, Final

Relays Cup Events | ES - Elementary School | MS - Middle School

HS - High School | CD - College | UD - University

WACT - World Athletics Continental Tour | Masters - Age 40+

