

# Drake RELAYS

PRESENTED BY



## 2022 DRAKE RELAYS APRIL 27-30 DES MOINES, IA

### Sunday, April 24, 2022

7:30 a.m. Half Marathon/10K Drake Road Races  
7:45 a.m. 5K Drake Road Races

### Tuesday, April 26, 2022

6:00 p.m. Grand Blue Mile Downtown  
7:15 p.m. USATF 1-Mile Championships

### Wednesday, April 27, 2022

11:30 a.m. Decathlon Men, Day 1  
12:30 p.m. Heptathlon Women, Day 1

### Thursday, April 28, 2022

10:00 a.m. Decathlon Men, Day 2  
11:00 a.m. Heptathlon Women, Day 2

### Distance Carnival

5:00 p.m. 800m (Unseeded) UD/CD, Women, Final  
5:08 p.m. 800m (Unseeded) UD/CD, Men, Final  
5:16 p.m. 1500m (Unseeded) UD/CD, Women, Final  
5:28 p.m. 1500m (Unseeded) UD/CD, Men, Final  
5:42 p.m. 240 Yard Shuttle ES, Youth, Final  
5:55 p.m. 3200m HS, Boys, Final  
6:10 p.m. 3000m HS, Girls, Final  
6:27 p.m. 3000m Steeple Open, Women, Final  
6:37 p.m. 3000m Steeple Open, Men, Final  
6:49 p.m. 5000m (Unseeded) Open, Women, Final  
7:11 p.m. 5000m (Seeded) Open, Women, Final  
7:33 p.m. 5000m (Unseeded) Open, Men, Final  
7:55 p.m. 5000m (Seeded) Open, Men, Final  
8:17 p.m. 10000m Open, Women, Final  
8:57 p.m. 10000m Open, Men, Final

### Field Events

4:00 p.m. Discus HS, Boys, Final  
4:30 p.m. High Jump HS, Girls, Final  
4:30 p.m. Shot Put HS, Girls, Final  
5:00 p.m. Long Jump HS, Boys, Final

### Friday, April 29, 2022

8:00 a.m. 100mH HS, Girls, Prelim  
8:15 a.m. 110mH HS, Boys, Prelim  
8:30 a.m. 100m HS, Girls, Prelim  
8:40 a.m. 100m HS, Boys, Prelim  
8:50 a.m. 4x800m CD, Women, Final  
9:04 a.m. 4x800m CD, Men, Final  
9:18 a.m. 4x100m CD, Women, Prelim  
9:33 a.m. 4x100m CD, Men, Prelim  
9:48 a.m. 800m Medley HS, Girls, Final  
10:02 a.m. 1600m Medley HS, Boys, Final  
10:21 a.m. 800m Masters, Men/Women, Final  
10:31 a.m. 100mH HS, Girls, Final  
10:36 a.m. 110mH HS, Boys, Final  
10:42 a.m. 4x1600m UD/CD, Women, Final  
11:00 a.m. Officials Break  
11:44 a.m. 4x1600m UD/CD, Men, Final  
12:04 p.m. 100mH UD/CD, Women, Prelim  
12:19 p.m. 110mH UD/CD, Men, Prelim  
12:34 p.m. 400m Wheelchair HS, Coed, Final  
12:39 p.m. 400m Wheelchair Paralympic, Women, Final  
12:44 p.m. 400m Wheelchair Paralympic, Men, Final  
12:49 p.m. 4x200m HS, Girls, Final  
1:02 p.m. 4x200m HS, Boys, Final  
1:15 p.m. 4x100m Special Olympics, Coed, Final  
1:22 p.m. 4x100m UD, Women, Prelim  
1:31 p.m. 4x100m UD, Men, Prelim  
1:40 p.m. 800m HS, Girls, Final  
1:47 p.m. 800m HS, Boys, Final  
1:54 p.m. 800m UD/CD, Women, Final

2:00 p.m. 800m UD/CD, Men, Final  
2:08 p.m. 400mH UD/CD, Women, Final  
2:21 p.m. 400mH UD/CS, Men, Final  
2:34 p.m. 100m HS, Girls, Final  
2:39 p.m. 100m HS, Boys, Final  
2:44 p.m. 100m UD/CD, Women, Prelim  
2:54 p.m. 100m UD/CD, Men, Prelim  
3:04 p.m. 4x400m CD, Women, Prelim  
3:25 p.m. 4x400m CD, Men, Prelim  
3:46 p.m. Session Ends- Clear the Stadium

### Field Events

9:00 a.m. Discus HS, Girls, Final  
9:30 a.m. Shot Put HS, Boys, Final  
9:30 a.m. Long Jump HS, Girls, Final  
10:00 a.m. High Jump HS, Boys, Final  
11:00 a.m. Javelin UD/CD, Women, Final  
11:30 a.m. Triple Jump UD/CD, Women, Final  
1:00 p.m. Discus UD/CD, Women, Final  
1:00 p.m. Pole Vault UD/CD, Women, Final  
1:15 p.m. High Jump UD/CD, Women, Final  
1:30 p.m. Javelin UD/CD, Men, Final  
1:45 p.m. Long Jump UD/CD, Men, Final  
1:45 p.m. Shot Put UD/CD, Men, Final

### Friday Night at the Drake Relays

5:00 p.m. 1600m Medley MS, Girls, Final  
5:07 p.m. 1600m Medley MS, Boys, Final  
5:14 p.m. 400m HS, Girls, Final  
5:20 p.m. 400m HS, Boys, Final  
5:26 p.m. 200m UD/CD, Women, Final  
5:31 p.m. 200m UD/CD, Men, Final  
5:38 p.m. 4x100m MS, Girls, Final  
5:50 p.m. 4x100m MS, Boys, Final  
6:02 p.m. 400m UD/CD, Women, Final  
6:12 p.m. 400m UD/CD, Men, Final  
6:22 p.m. Sprint Medley CD, Women, Final  
6:41 p.m. Sprint Medley CD, Men, Final  
7:00 p.m. 4x800m UD, Women, Final  
7:10 p.m. 4x800m UD, Men, Final  
7:22 p.m. 1500m UD/CD, Women, Final  
7:29 p.m. 1500m UD/CD, Men, Final  
7:36 p.m. 100m Paralympic, Women, Final  
7:41 p.m. 100m Paralympic, Men, Final  
7:48 p.m. 4x200m UD/CD, Women, Final  
7:58 p.m. 4x200m UD/CD, Men, Final  
8:08 p.m. 4x400m HS, Girls, Prelim  
8:25 p.m. 4x400m HS, Boys, Prelim

### Field Events

5:15 p.m. Pole Vault UD/CD, Men, Final  
5:30 p.m. Shot Put UD/CD, Women, Final  
6:00 p.m. High Jump UD/CD, Men, Final  
6:15 p.m. Long Jump UD/CD, Women, Final

### Saturday, April 30, 2022

8:00 a.m. Shuttle Hurdle HS, Girls, Prelim  
8:15 a.m. Shuttle Hurdle HS, Boys, Prelim  
8:30 a.m. Distance Medley Iowa CD, Women, Final  
8:45 a.m. Distance Medley Iowa CD, Men, Final  
9:00 a.m. Distance Medley CD, Women, Final  
9:15 a.m. Distance Medley CD, Men, Final  
9:30 a.m. 4x100m HS, Girls, Prelim  
9:50 a.m. 4x100m HS, Boys, Prelim  
10:10 a.m. 4x800m HS, Girls, Final  
10:25 a.m. 4x800m HS, Boys, Final  
10:40 a.m. Officials Break

11:30 a.m. Shuttle Hurdle HS, Girls, Final  
11:35 a.m. Shuttle Hurdle HS, Boys, Final  
11:40 a.m. Shuttle Hurdle UD/CD, Women, Final  
11:55 a.m. Shuttle Hurdle UD/CD, Men, Final  
12:14 p.m. Distance Medley UD, Women, Final  
12:28 p.m. Distance Medley UD, Men, Final  
12:40 p.m. Sprint Medley UD, Women, Final  
12:55 p.m. Sprint Medley UD, Men, Final  
1:08 p.m. 400mH Invitational, Women, Final  
1:13 p.m. 400mH Invitational, Men, Final  
1:19 p.m. Elite Special Invitational, Men, Final  
1:26 p.m. 100m UD/CD, Women, Final  
1:31 p.m. 100m UD/CD, Men, Final  
1:38 p.m. 100mH UD/CD, Women, Final  
1:43 p.m. 100mH Invitational, Women, Final  
1:48 p.m. 110mH UD/CD, Men, Final  
1:53 p.m. 110mH Invitational, Men, Final  
2:00 p.m. Elite Special Invitational, Women, Final  
2:10 p.m. 4x100m UD, Women, Final  
2:15 p.m. 4x100m UD, Men, Final  
2:20 p.m. Elite Special Invitational, Men, Final  
2:30 p.m. Elite Special Invitational, Women, Final  
2:37 p.m. Invitational 4x400m UD, Women, Final  
2:44 p.m. Invitational 4x400m UD, Men, Final  
2:51 p.m. 4x400m UD, Women, Final  
2:58 p.m. 4x400m UD, Men, Final  
3:07 p.m. 400mH HS, Girls, Final  
3:14 p.m. 400mH HS, Boys, Final  
3:21 p.m. 4x100m CD, Women, Final  
3:26 p.m. 4x100m CD, Men, Final  
3:31 p.m. 4x100m HS, Girls, Final  
3:36 p.m. 4x100m HS, Boys, Final  
3:41 p.m. 200m Paralympic, Women, Final  
3:46 p.m. 200m Paralympic, Men, Final  
3:51 p.m. 1500m HS, Girls, Final  
3:59 p.m. 1600m HS, Boys, Final  
4:07 p.m. 800m Wheelchair Paralympic, Women, Final  
4:17 p.m. 800m Wheelchair Paralympic, Men, Final  
4:27 p.m. 4x400m CD, Women, Final  
4:34 p.m. 4x400m CD, Men, Final  
4:41 p.m. 4x400m HS, Girls, Final  
4:48 p.m. 4x400m HS, Boys, Final  
4:55 p.m. 2022 Drake Relays End

### Field Events

11:30 a.m. Discus UD/CD, Men, Final  
11:30 a.m. Hammer UD/CD, Women, Final  
12:15 p.m. Elite Special Invitational, Women, Final  
12:30 p.m. Elite Special Invitational, Women, Final  
12:45 p.m. Pole Vault Invitational, Men, Final  
1:45 p.m. Shot Put Invitational, Men, Final  
2:30 p.m. Triple Jump UD/CD, Men, Final  
2:30 p.m. Hammer UD/CD, Men, Final  
3:00 p.m. Shot Put Masters, Men/Women, Final

### Relays Cup Events | Xtream Sprint Series

ES – Elementary School | MS – Middle School  
HS – High School | CD – College | UD – University  
Elite - Invitational | Masters - Age 40+