

2021 DRAKE RELAYS APRIL 22-24 DES MOINES, IOWA

Thursday Morning, April 22, 2021

9:00 a.m.	800m Medley	HS, Girls, Final
9:13 a.m.	3000m Run	HS, Girls, Final
9:28 a.m.	3200m Run	HS, Boys, Final
9:43 a.m.	4 X 100m	HS, Girls, Prelims
10:01 a.m.	4 X 100m	HS, Boys, Prelims
10:19 a.m.	4 X 800m	HS, Girls, Final
10:33 a.m.	4 X 800m	HS, Boys, Final
10:47 a.m.	Shuttle Hurdle	HS, Girls, Final
11:02 a.m.	Shuttle Hurdle	HS, Boys, Final
11:17 a.m.	100m	HS, Girls, Final
11:27 a.m.	100m	HS, Boys, Final
11:37 a.m.	1600m Medley	HS, Boys, Final
11:56 a.m.	400m	HS, Girls, Final
12:02 p.m.	400m	HS, Boys, Final
12:07 p.m.	OFFICIALS BREAK	
	Field Events	
9:30 a.m.	High Jump	HS, Girls, Final
9:30 a.m.	Discus	HS, Girls, Final
10:00 a.m.	Shot Put	HS, Boys, Final
10:00 a.m.	Long Jump	HS , Boys, Final

Thursday Afternoon, April 22, 2021

1:00 p.m.	400m Wheelchair	HS, Coed, Final	
1:05 p.m.	4 x 200m	HS, Girls, Final	
1:18 p.m.	4 x 200m	HS, Boys, Final	
1:31 p.m.	100m Hurdles	HS, Girls, Final	
1:46 p.m.	110m Hurdles	HS, Boys, Final	
2:01 p.m.	800m	HS, Girls, Final	
2:08 p.m.	800m	HS, Boys, Final	
2:14 p.m.	400m Hurdles	HS, Girls, Final	
2:21 p.m.	400m Hurdles	HS, Boys, Final	
2:27 p.m.	1500m	HS, Girls, Final	
2:33 p.m.	1600m	HS, Boys, Final	
2:39 p.m.	4 X 100m	HS, Girls, Final	
2:44 p.m.	4 X 100m	HS, Boys, Final	
2:49 p.m.	4 X 400m	HS, Girls, Final	
3:07 p.m.	4 X 400m	HS, Boys, Final	
3:23 p.m.	4 X 100m	MS, Girls, Final	
3:40 p.m.	4 X 100m	MS, Boys, Final	
3:58 p.m.	HIGH SCHOOL EVEN	TS CONCLUDE*	
Field Events			
1:00 p.m.	Hlgh Jump	HS, Boys, Final	
1:00 p.m.	Discus	HS, Boys, Final	
1:30 p.m.	Shot Put	HS, Girls, Final	

* Ticketed session continues with the University/College Distance Carnival at 6 p.m.

Long Jump



1:30 p.m.

HS, Girls, Final



2021 DRAKE RELAYS APRIL 22-24 DES MOINES, IOWA

Outludy, April 10, 2021	April 18, 202	nday, A	Su
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7:00 a.m. Drake Road Races

Wednesday, April 21, 2021

7 p.m. USATF Road 1-Mile Championship

Thursday, April 22, 2021 - Distance Carnival

6:00 p.m.	800m (Unseeded)	UD, Women, Final
6:08 p.m.	800m (Unseeded)	UD, Men, Final
6:16 p.m.	1500m (Unseeded)	UD, Women, Final
6:28 p.m.	1500m (Unseeded)	UD, Men, Final
6:38 p.m.	3000m Steeplechase	UD, Women, Final
6:52 p.m.	3000m Steeplechase	UD, Men, Final
7:03 p.m.	5000m (Unseeded)	UD, Women, Final
7:25 p.m.	5000m (Seeded)	UD, Women, Final
7:45 p.m.	5000m (Unseeded)	UD, Men, Final
8:05 p.m.	5000m (Seeded)	UD, Men, Final
8:22 p.m.	10,000m	UD, Women, Final
9:02 p.m.	10,000m	UD, Men, Final
9:37 p.m.	SESSION ENDS	,

Friday Morning, April 23, 2021

	i maay morning,	7 (0111 20) 2021
9:00 a.m.	5000m	CD, Women, Final
9:18 a.m.	5000m	CD, Men, Final
9:34 a.m.	4 X 800m	CD, Women, Final
9:48 a.m.	4 X 800m	CD, Men, Final
9:59 a.m.	1500m	CD, Women, Final
10:11 a.m.	1500m	CD, Men, Final
10:23 a.m.	100m	CD, Women, Prelim
10:33 a.m.	100m	CD, Men, Prelim
10:43 a.m.	100m Hurdles	CD, Women, Prelim
10:55 a.m.	110m Hurdles	CD, Men, Prelim
11:07 a.m.	400m	CD, Women, Final
11:16 a.m.	400m	CD, Men, Final
11:24 a.m.	Sprint Medley	CD, Women, Final
11:43 a.m.	Sprint Medley	CD, Men, Final
11:59 a.m.	4 X 100m	CD, Women, Prelim
12:14 p.m.	4 X 100m	CD, Men, Prelim
12:29 p.m.	Officials Break	

Field Events

8:30 a.m.	Javelin	CD, Men, Fina
8:30 a.m.	Discus	CD, Women, Fina
8:30 a.m.	Long Jump	CD, Men, Fina
9:30 a.m.	Pole Vault	CD, Women, Fina
10:00 a.m.	High Jump	CD, Men, Final
10:15 a.m.	Long Jump	CD, Women, Fina
10:15 a.m.	Javelin	CD, Women, Fina
10:15 a.m.	Discus	CD, Men, Fina

Friday Afternoon, April 23, 2021

2:00 p.m.	200m	UD, Women, Final
2:09 p.m.	200m	UD, Men, Final
2:18 p.m.	Sprint Medley	UD, Women, Final
2:28 p.m.	Sprint Medley	UD, Men, Final
2:34 p.m.	4 x 1600m	UD, Women, Final
2:57 p.m.	4 x 1600m	UD, Men, Final
3:20 p.m.	100m Hurdles	UD, Women, Prelim
3:32 p.m.	110m Hurdles	UD, Men, Prelim

3:44 p.m.	110m Hurdles Jour	rney to Gold, Men, Prelim
3:50 p.m.	4 X 100m	UD, Women, Prelim
4:01 p.m.	4 X 100m	UD, Men, Prelim
4:15 p.m.	400m Hurdles	UD, Women, Final
4:26 p.m.	400m Hurdles	UD, Men, Final
4:40 p.m.	Paralympic 100m	Ambulatory, Men, Final
4:45 p.m.	100m	UD, Women, Prelim
4:56 p.m.	100m	UD, Men, Prelim
5:07 p.m.	4 X 200m	UD, Women, Final
5:17 p.m.	4 X 200m	UD, Men, Final
5:27 p.m.	400m	UD, Women, Final
5:37 p.m.	400m	UD, Men, Final
5:47 p.m.	4 X 800m	UD, Women, Final
5:58 p.m.	4 X 800m	UD, Men, Final
6:10 p.m.	1500m	UD, Women, Final
6:19 p.m.	1500m	UD, Men, Final
6:27 p.m.	3000m Steeple Jo	urney to Gold, Women, Final
6:40 p.m.	5000m Jo	urney to Gold, Men, Final
6:55 p.m.	SESSION ENDS	

Field Events

1:30 p.m.	Triple Jump	UD, Women, Final
1:45 p.m.	Pole Vault	UD, Men, Final
1:45 p.m.	Shot Put	UD, Men, Final
2:00 p.m.	Discus	UD, Women, Final
2:15 p.m.	High Jump	UD, Women, Final
3:00 p.m.	Javelin	UD, Men, Final
3:30 p.m.	Long Jump	UD, Men, Final
4:00 p.m.	Discus	UD, Men, Final
4:15 p.m.	Pole Vault	UD, Women, Final
5:00 p.m.	Shot Put	UD, Women, Final
5:30 p.m.	Long Jump	UD, Women, Finall

Saturday Morning, April 24, 2021

	Saturday Morning, April	24, 202
8:00 a.m.	Distance Medley	CD, Women, Final
8:15 a.m.	Distance Medley	CD, Men, Final
8:30 a.m.	3000m Steeplechase	CD, Women, Final
8:44 a.m.	3000m Steeplechase	CD, Men, Final
8:55 a.m.	400m Hurdles	CD, Women, Final
9:02 a.m.	400m Hurdles	CD, Men, Final
9:11 a.m.	800m	CD, Women, Final
9:21 a.m.	800m	CD, Men, Final
9:31 a.m.	100m Hurdles	CD, Women, Final
9:37 a.m.	110m Hurdles	CD, Men, Final
9:43 a.m.	200m	CD, Women, Final
9:53 a.m.	200m	CD, Men, Final
10:03 a.m.	100m	CD, Women, Final
10:07 a.m.	100m	CD, Men, Final
10:13 a.m.	Shuttle Hurdle	CD, Women, Final
10:21 a.m.	Shuttle Hurdle	CD, Men, Final
10:31 a.m.	4 X 100m	CD, Women, Final
10:37 a.m.	4 X 100m	CD, Men, Final
10:42 a.m.	4 X 400m	CD, Women, Final
10:59 a.m.	4 X 400m	CD, Men, Final
11:19 a.m.	Officials Break	

Field Events

8:00 a.m.	Hammer Throw	CD, Men, Final
8:00 a.m.	Shot Put	CD, Women, Final
8:30 a.m.	Triple Jump	CD, Men, Final

9:30 a.m.	Pole Vault	CD, Men, Final
9:45 a.m.	Triple Jump	CD, Women, Final
9:45 a.m.	Hammer Throw	CD, Women, Final
9:45 a.m.	Shot Put	CD, Men, Final
10:00 a.m.	High Jump	CD, Women, Final

Saturday Afternoon, April 24, 2021

Outurday Artornoon, April 24, 2021			
1:15 p.m.	Distance Medley UD, Women, F	inal	
1:31 p.m.	Distance Medley UD, Men, F	inal	
1:46 p.m.	Shuttle Hurdle UD, Women, F	inal	
1:54 p.m.	Shuttle Hurdle UD, Men, F	inal	
2:02 p.m.	100m UD, Women, F	inal	
2:07 p.m.	100m UD,Men, F	inal	
2:12 p.m.	Paralympic 200m Ambulatory, Men, F	inal	
2:15 p.m.	800m UD, Women, F	inal	
2:21 p.m.	1500m Journey to Gold, Women, F	inal	
2:27 p.m.	800m UD, Men, F	inal	
2:33 p.m.	4 X 100m UD, Women, F	inal	
2:40 p.m.	4 X 100m UD, Men, F	inal	
2:49 p.m.	400m Hurdles Journey to Gold, Women, I	Final	
2:56 p.m.	400m Hurdles Journey to Gold, Men, F	inal	
3:04 p.m.	1500m Journey to Gold, Men, F	inal	
3:13 p.m.	100m Hurdles UD, Women, F	inal	
3:19 p.m.	100m Hurdles Journey to Gold, Women, I	Final	
3:26 p.m.	110m Hurdles Journey to Gold, Men, F	inal	
3:30 p.m.	110m Hurdles UD, Men, F	inal	
3:38 p.m.	Invitational 4 X 400m UD, Women, F	inal	
3:50 p.m.	Invitational 4 X 400m UD, Men, F	inal	
3:56 p.m.	Unseeded 4 X 400m UD, Women, F	inal	
4:08 p.m.	Unseeded 4 X 400m UD, Men, F	inal	
4:20 p.m.	SESSION ENDS		

Field Events

I ICIA EVEITIS				
12:30 p.m.	Pole Vault	Journey to Gold, Men, Final		
12:45 p.m.	Hammer Thro	ow UD, Women, Final		
12:45 p.m.	Long Jump J	ourney to Gold, Women, Final		
1:15 p.m.	Long Jump	Masters, Coed, Final		
1:30 p.m.	Pole Vault J	ourney to Gold, Women, Final		
1:45 p.m.	High Jump	UD, Men, Final		
2:30 p.m.	Javelin	UD, Women, Final		
2:30 p.m.	Triple Jump	UD, Men, Final		
2:45 p.m.	Hammer Thro	ow UD, Men, Final		
3:00 n m	Shot Put	Journey to Gold Men Final		

Relays Cup Events in Red

Journey To Gold Events In Blue
MS – Middle School | HS – High School
CD – College | UD – University
Masters - Age 40+

