

AT LE TO

#SPORTTOGETHER

A social sports platform that connects everyday athletes on campus

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atletosports.com

ABOUT

Dominican University of California is committed to increasing students' knowledge about fitness, exercise and personal well-being.

Rec Sports provides students with the opportunity to meet and form new friendships, laugh and bond, and show their competitive side. All students at all sporting levels are welcome to participate.

QUESTIONS? CONTACT:

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REC SPORTS SCHEDULE

FALL 2025



DOMINICAN
UNIVERSITY
of CALIFORNIA



OFF CAMPUS ACTIVITIES

*Indoor Rock Climbing

7-8:30pm **At Gravity Vault Marin**
9/23, 10/7, 10/21, 11/4, 11/18

STARTS: 9/23

*Golf Range **STARTS: 9/26**

Fridays - 7pm-9pm **At McInnis**



ON CAMPUS ACTIVITIES

MONDAYS

STARTS: 9/22

Basketball

9-10:45 PM - Main Gym

TUESDAYS

STARTS: 9/23

Yoga

1:30-2:30 PM

Edgehill
Mansion
Porch

WEDNESDAYS

STARTS: 9/24

Zumba

5:00-6:00 PM - MPR

Volleyball + Spikeball

9 -10:45 PM- Main Gym

* Effortless Tennis

4-5:30 PM - Tennis Courts

**SCAN TO
SEE REC RENTALS!**

Sports equipment,
camping gear, gaming
consoles, and more!



REC ACTIVITIES START **9/22**



REC PROMOS



SOULCYCLE



Sports
Basement

MIKE'S
BIKES

