



What is the Green Bandana Project?

The Green Bandana Project, started by UW-Madison in 2017, is an initiative designed to reduce stigma, spread awareness, and increase accesses to resources for mental health. Students have the opportunity to go through a mental health training and put a green bandana on their backpack to indicate that they support mental health, are a safe person to approach with mental health concerns, and can direct students to the campus and local mental health resources.

Green Bandana at DU

The SAAC mental health subcommittee aims to grow the Green Bandana Project across all areas of the DU campus as the goal of the subcommittee is to raise awareness, teach, and reduce the stigma around mental health issues. SAAC has partnered with DU Health Promotions to offer a 90-minute interactive suicide prevention training 3x per quarter. All SAAC representatives are required to receive this training, and the goal is to get all student-athletes trained and given the option to put a green bandana on their backpack by the end of the 2022 academic year.

SAAC is committed to connecting the University of Denver family and making an impact on the broader community, and in efforts to do so, will partner with Undergraduate Student Government (USG) to offer the 90-minute suicide prevention training to USG members and student orgs, with a vision of spreading the Green Bandana project to all students so that everyone who walks the University of Denver campus knows what it means to see a green bandana on someone's backpack.

Plan of Action

- Schedule 3 suicide prevention trainings for fall quarter 2021 and send dates out to Student-athletes, USG, and RA's. Contact: Kimberly Liao: Kimberly.Liao@du.edu
- Order Green Bandanas and print resource cards using the SAAC pride fund budget
- Create a Green Bandana website to help inform students about the project & goals

References

Resource Cards



Mental Health Resources

Help is always available.
Mental health resources for students, university health services
Free, confidential mental health care.
(303) 871-2205 - DU Health and Counseling Center



Mental Health Resources

National Suicide Prevention Lifeline - Available 24/7
(800) 273-8255

Colorado Crisis Services
(844) 493-8255

Crisis Text Line
text "HOME" to 741741

for life threatening emergencies call 911 or campus safety
(303) 871-3000